

Class.	Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
1	1	361	Belmiro FERREIRA	G.D. LEÃES DA GUARDA	VET II MASC	M	00:42:06
2	1	380	Jorge NETO	NBA BARROSAS	SENIOR MASC	M	00:43:33
3	2	386	MÃ¡rcio PINTO	Tog AssociaÃ§Ã£o Running Team	SENIOR MASC	M	00:43:36
4	3	365	Fabien ROSIER	Individual	SENIOR MASC	M	00:44:16
5	2	379	FlÃ¡vio FERNANDES	NBA BARROSAS	VET II MASC	M	00:44:43
6	4	321	Helder RODRIGUES	Clube Zupper	SENIOR MASC	M	00:44:58
7	1	400	JoÃ£o SEIXAS	Individual	VET I MASC	M	00:45:16
8	5	339	Pedro GAUDÂNCIO	NBA BARROSAS	SENIOR MASC	M	00:45:38
9	6	323	AndrÃ© COSTA	Befitness Runners	SENIOR MASC	M	00:48:50
10	1	399	Diana SOUSA	Individual	SENIOR FEM	F	00:49:09
11	1	315	Paula BARBOSA	Oralklass-amigos do trail	VET I FEM	F	00:49:46
12	7	343	Joao OLIVEIRA	Facort Running Team	SENIOR MASC	M	00:52:14
13	2	338	Cardoso LINO	NBA BARROSAS	VET I MASC	M	00:52:46
14	8	336	VÃ¡tor MENDES	Befitness Runners	SENIOR MASC	M	00:54:15
15	9	381	Miguel PACHECO	NBA BARROSAS	SENIOR MASC	M	00:54:49
16	10	398	RogÃ©rio PACHECO	Individual	SENIOR MASC	M	00:55:57
17	2	349	CÃ©line GOMES	CDCR CTT PORTO	SENIOR FEM	F	00:56:52
18	2	382	Zeza CARVALHO	NBA BARROSAS	VET I FEM	F	00:57:41
19	3	378	Filipe MACHADO	NBA BARROSAS	VET I MASC	M	00:57:42
20	4	377	Marco VAZ	NBA BARROSAS	VET I MASC	M	00:57:52
21	3	366	JosÃ© MESQUITA	Individual	VET II MASC	M	00:58:05
22	5	367	AntÃ³nio GOMES	Individual	VET I MASC	M	00:58:31
23	1	308	Fernando FERREIRA	Individual	VET III MASC	M	00:58:40
24	6	345	Joao PINHEIRO	Porto Sentido Runners	VET I MASC	M	01:00:11
25	3	322	Helena CASTRO	Befitness Runners	SENIOR FEM	F	01:00:40
26	4	407	Carlos MARTINS	Porto Sentido Runners	VET II MASC	M	01:01:22
27	3	348	GraÃ§a FERNANDES	Individual	VET I FEM	F	01:01:24
28	11	301	Pedro VIEIRA	C.C.Recreativo de SÃ£o Martinho	SENIOR MASC	M	01:01:52
29	7	358	Hugo PEREIRA	Individual	VET I MASC	M	01:01:58
30	12	375	Marco GUIMARÃES	Individual	SENIOR MASC	M	01:02:10
31	8	395	Fernando FERREIRA	Tog AssociaÃ§Ã£o Running Team	VET I MASC	M	01:02:22
32	9	394	Paulo SANTOS	Tog AssociaÃ§Ã£o Running Team	VET I MASC	M	01:02:25
33	13	369	Dani RODRIGUES	Individual	SENIOR MASC	M	01:02:33
34	5	312	JosÃ© PEREIRA	Equipa A	VET II MASC	M	01:02:44
35	4	347	Sandra SILVA	Befitness Runners	SENIOR FEM	F	01:02:52
36	10	405	Renato SOUSA	Individual	VET I MASC	M	01:03:36
37	2	397	Manuel BARROS	Tog AssociaÃ§Ã£o Running Team	VET III MASC	M	01:03:55
38	3	305	Humberto PINHO	Porto Sentido Runners	VET III MASC	M	01:04:01
39	14	409	Bruno TEIXERIA	Individual	SENIOR MASC	M	01:05:01
40	15	364	Bruno GUEDES	Porto Sentido Runners	SENIOR MASC	M	01:05:26
41	16	372	Pedro RODRIGUES	Clube Zupper	SENIOR MASC	M	01:05:54
42	11	371	Pedro LOPES	Clube Zupper	VET I MASC	M	01:05:54
43	12	402	JosÃ© ANTUNES	Tog AssociaÃ§Ã£o Running Team	VET I MASC	M	01:06:25
44	13	384	Ricardo ARRUDA	Individual	VET I MASC	M	01:06:26

Class.	Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
45	17	344	Andre RAPOSO	Individual	SENIOR MASC	M	01:06:51
46	6	393	Ant�nio LIMA	Tog Associa�o Running Team	VET II MASC	M	01:07:18
47	4	357	Serafim FONSECA	amigos s.pedro da cova	VET III MASC	M	01:07:26
48	14	334	Ricardo ROCHA	FAST AO KM	VET I MASC	M	01:07:59
49	5	335	Manuel ROCHA	FAST AO KM	VET III MASC	M	01:07:59
50	7	311	Antonio SILVA	Individual	VET II MASC	M	01:08:29
51	18	340	Alcino SILVA	Amigos 100 Limites	SENIOR MASC	M	01:08:53
52	19	341	Pedro AMORIM	Individual	SENIOR MASC	M	01:09:15
53	8	352	Marcelo FERREIRA	Individual	VET II MASC	M	01:09:32
54	9	351	Adriano PEREIRA	Ermesinde	VET II MASC	M	01:09:33
55	20	356	Jo�o FONSECA	amigos s.pedro da cova	SENIOR MASC	M	01:09:46
56	21	325	Tiago SANTOS	Individual	SENIOR MASC	M	01:11:24
57	5	326	Ligia PINHEIRO	Individual	SENIOR FEM	F	01:11:24
58	22	368	Pedro VASCONCELOS	Os chocolates	SENIOR MASC	M	01:12:15
59	10	404	Armando TEIXEIRA	Individual	VET II MASC	M	01:13:24
60	4	346	Berta FERREIRA	Porto Sentido Runners	VET I FEM	F	01:13:29
61	23	303	Bruno RIBEIRO	Individual	SENIOR MASC	M	01:14:19
62	5	324	Carla MAGALH�ES	Salgueiros Running	VET I FEM	F	01:14:24
63	24	353	Hugo ALVES	Individual	SENIOR MASC	M	01:15:17
64	25	403	Rui ROCHA	Tog Associa�o Running Team	SENIOR MASC	M	01:17:30
65	6	319	Marta REGUENGO	Individual	SENIOR FEM	F	01:17:30
66	26	309	Tiago ROCHA	Salgueiros Running	SENIOR MASC	M	01:17:52
67	7	310	Margarida BRITO	Salgueiros Running	SENIOR FEM	F	01:18:31
68	6	391	Estela MARQUES	Tog Associa�o Running Team	VET I FEM	F	01:18:51
69	8	359	Helena ALVARENGA	Gansos	SENIOR FEM	F	01:18:52
70	6	342	L�nio MARINHO	Salgueiros Running	VET III MASC	M	01:21:59
71	9	389	Liliana PEREIRA	Tog Associa�o Running Team	SENIOR FEM	F	01:22:06
72	10	408	In�s PIRES	Porto Sentido Runners	SENIOR FEM	F	01:23:37
73	7	316	Teresa LOUREN�O	Porto Sentido Runners	VET I FEM	F	01:23:38
74	8	406	Elizabete LOUREIRO	Porto Sentido Runners	VET I FEM	F	01:23:38
75	9	360	Ana ARAUJO	Individual	VET I FEM	F	01:23:44
76	15	314	Cesar LEITE	Estorninho	VET I MASC	M	01:23:45
77	27	354	Igor SANTOS	GDCT Unicre	SENIOR MASC	M	01:23:59
78	11	390	Joana SILVA	Tog Associa�o Running Team	SENIOR FEM	F	01:25:20
79	12	304	Paula CARDOSO	Factor X / S4L / Medense FC	SENIOR FEM	F	01:26:09
80	13	401	Rita MORAIS	Tog Associa�o Running Team	SENIOR FEM	F	01:26:30
81	14	317	Claudia VIANA	Individual	SENIOR FEM	F	01:26:44
82	10	374	Marta MOTA	Os TurboMula	VET I FEM	F	01:26:55
83	15	337	Andreia PELICANO	Befitness Runners	SENIOR FEM	F	01:27:01
84	28	318	Pedro AFONSO	Pedro	SENIOR MASC	M	01:29:13
85	11	313	Jos� FREITAS	RollingAventura	VET II MASC	M	01:30:19
86	11	363	Lu�sa NOGUEIRA	Individual	VET I FEM	F	01:30:21
87	29	302	Fernando SANTOS	Individual	SENIOR MASC	M	01:30:22
88	16	350	Gary QUINTAL	Individual	VET I MASC	M	01:31:49

Class.	Cat.	Dorsal	Nome	Equipa	Categoria	Sexo	Tempo
89	17	385	Carlos CONDE	Tog AssociaÃ§Ã£o Running Team	VET I MASC	M	01:32:34
90	1	396	Deolinda CAMPANHA	Tog AssociaÃ§Ã£o Running Team	VET II FEM	F	01:32:35
91	2	376	Maria GUIMARÃES	Invicta Runners Team	VET II FEM	F	01:33:30
92	16	355	Bruna PEIXOTO	GDCT Unicre	SENIOR FEM	F	01:33:31
93	30	383	Ramiro RIBEIRO	NBA BARROSAS	SENIOR MASC	M	01:37:10
94	31	306	Pedro GONÃALVES	Individual	SENIOR MASC	M	01:37:24
95	17	307	Catarina GONÃALVES	Individual	SENIOR FEM	F	01:37:25
96	18	329	PatrÃ-cia MIGUEL	Meninas/os do Trail	SENIOR FEM	F	01:47:07
97	19	333	Ana FERREIRA	Meninas/os do Trail	SENIOR FEM	F	01:47:08
98	32	332	HÃ©lder FERREIRA	Meninas/os do Trail	SENIOR MASC	M	01:48:32
99	20	331	CÃtia LEONARDO	Meninas/os do Trail	SENIOR FEM	F	01:50:19
100	33	330	Daniel MIGUEL	Meninas/os do Trail	SENIOR MASC	M	01:50:19