



30-06-2019
Minas da Borralha – Salto – Montalegre
Projeto Raízes



Wolfram Trail - Minas da Borralha 2019

CLASSIFICAÇÃO GERAL - TRAIL CURTO - 18Km



Posição	Dorsal	Nome	Clube	Categoria	P. Categ.	Tempo	Km/h	Dif.
1	253	Franquelim Gonçalves,	Cabeceiras Bike Team	SMTC	1	1:44:24.05	10,34	
2	295	José Meunier,	Nocturnos de Paredes	M40TC	1	1:47:55.37	10,01	0:03:31
3	223	HELDER FRANCO,	LETHES TRAIL TEAM	SMTC	2	1:50:24.72	9,78	0:06:01
4	533	Gualter Freitas,	A norte passa a correr Guimarães	M45TC	1	1:50:58.00	9,73	0:06:34
5	254	António Paulo Carvalho,	Cabeceiras Bike Team	M40TC	2	1:52:26.24	9,61	0:08:02
6	299	Pedro Pereira,	Nocturnos de Paredes	M40TC	3	1:52:58.38	9,56	0:08:34
7	358	Carlos Costa,	ABREVALES	SMTC	3	1:55:40.32	9,34	0:11:16
8	420	Dino Coelho,	DIVE-Into The Mountains	M45TC	2	1:55:57.91	9,31	0:11:34
9	409	Albano Seta,	Sociedade Recreio Cepanense	M45TC	3	1:57:05.07	9,22	0:12:41
10	332	Ricardo Vêda,		SMTC	4	1:58:16.81	9,13	0:13:53
11	281	MANUEL FILIPE FREITAS,	CLUBE ATLETISMO DE BRITO	M40TC	4	1:58:21.33	9,13	0:13:57
12	304	José Oliveira,	Peto Basto	M50TC	1	1:58:30.88	9,11	0:14:07
13	246	Carlos alberto mendes barbosa barbosa,	Running penafiel trail	M40TC	5	2:00:26.21	8,97	0:16:02
14	244	Ribeiro Teixeira,	Vieira a Correr	SMTC	5	2:01:49.07	8,87	0:17:25
15	247	Carlos Vinhas,	Running Penafiel Trail	M50TC	2	2:03:38.38	8,74	0:19:14
16	390	Miguel Faria,	Ipotinga Clube de Espinho/António Leites	SMTC	6	2:04:19.07	8,69	0:19:55
17	374	José Pereira,	Phoenix	SMTC	7	2:04:30.03	8,67	0:20:06
18	342	Francisco Coelho,	Movimento de Juventude de Merelim	M45TC	4	2:05:32.38	8,60	0:21:08
19	320	Abel Rodrigues,	GRC Rossas	SMTC	8	2:06:38.43	8,53	0:22:14
20	298	Nuno Rocha,	Nocturnos de Paredes	M40TC	6	2:07:05.71	8,50	0:22:42
21	360	Avelino Martins,	Petrobaso	M60TC	1	2:07:17.61	8,49	0:22:54
22	919	Alves, Miguel		SMTC	9	2:07:46.75	8,45	0:23:23
23	282	DANIEL FERNANDES,	CLUBE ATLETISMO DE BRITO	M45TC	5	2:08:39.84	8,39	0:24:16
24	918	Silva, Helder		SMTC	10	2:09:36.02	8,33	0:25:12
25	292	Eduardo Vieira,	Nocturnos de Paredes	SMTC	11	2:10:10.34	8,30	0:25:46
26	341	Pedro Coutinho,	Movimento de Juventude de Merelim	SMTC	12	2:11:24.50	8,22	0:27:02
27	227	Sérgio Fernandes,		SMTC	13	2:11:32.65	8,21	0:27:09
28	317	André Machado,		SMTC	14	2:13:36.21	8,08	0:29:12
29	258	Alfredo Ribeiro,	Líncos do Marão	SMTC	15	2:13:52.91	8,07	0:29:29
30	348	José Gonçalves,	DIVE Into The Mountains	M50TC	3	2:14:08.43	8,05	0:29:44
31	352	Mário Lima,	Averrunners	M40TC	7	2:14:58.00	8,00	0:30:34
32	353	Elisabete Santos,		F40TC	1	2:15:31.35	7,97	0:31:07
33	243	Carla Carmina,		SFTC	1	2:16:08.57	7,93	0:31:45
34	218	Isabel Santos,		M45TC	6	2:16:47.86	7,90	0:32:24
35	222	Paulo Soares,	LETHES TRAIL TEAM	M45TC	7	2:17:29.84	7,86	0:33:06
36	362	Rui Vilaça,	MNM'S	SMTC	16	2:17:34.29	7,85	0:33:10
37	270	Helder Costa,	Mami's therapy trail running	SMTC	17	2:18:46.49	7,78	0:34:22
38	273	Rémi Ferreira,	Líncos do Marão	SMTC	18	2:19:32.05	7,74	0:35:08
39	260	Gabriel Facina,	Líncos do Marão	SMTC	19	2:19:33.07	7,74	0:35:09

Wolfram Trail - Minas da Botalha 2019
Classificação Trail Curto

40	396	João Silva,	RIOFIT RUNNING	M40TC	8	2:21:05.61	7.66	0:36:42
41	387	Mamuel Lopes,	RIOFIT RUNNING	M50TC	4	2:21:06.76	7.65	0:36:43
42	412	João Paulo Gomes Leite,		M45TC	8	2:21:24.01	7.64	0:37:00
43	368	Abílio Fomelos,	TROGLODITAS RUNNERS	M40TC	9	2:21:47.10	7.62	0:37:23
44	300	Cidália Ferreira,	Running Penafiel trail	F45TC	1	2:21:47.96	7.62	0:37:24
45	238	Miguel Pereira,	Vieira a correr	SMTTC	20	2:22:53.40	7.56	0:38:29
46	336	Helder Barroso,	Braguinhos Runners	SMTTC	21	2:22:56.63	7.56	0:38:33
47	337	Paulo Fernandes,	Braguinhos Runners	M40TC	10	2:22:57.70	7.56	0:38:34
48	1801	Teixeira, Rui		SMTTC	22	2:24:04.61	7.50	0:39:41
49	289	Agostinho Moreira,	Nocturnos de Paredes	M55TC	1	2:24:12.37	7.49	0:39:48
50	917	Lopes, Rafael		SMTTC	23	2:26:01.40	7.40	0:41:37
51	404	Cristina Teixeira,	Solemates	SFTTC	2	2:28:08.47	7.29	0:43:44
52	405	Gabriel Sousa,		SMTTC	24	2:28:09.84	7.29	0:43:46
53	232	Jorge Guimarães,	Smile for Nature	SMTTC	25	2:29:25.91	7.23	0:45:02
54	329	Fernanda Leão,	Nocturnos de Paredes	F45TC	2	2:31:23.63	7.13	0:47:00
55	276	Jose Carlos Ribeiro Guimarães,		M45TC	9	2:31:25.87	7.13	0:47:02
56	250	Miguel Mendes,	ARC Vale S. Cosme	M45TC	10	2:31:28.13	7.13	0:47:04
57	414	Tiago Matos,		SMTTC	26	2:31:44.49	7.12	0:47:20
58	231	Nuno Cunha,	Smile for Nature	SMTTC	27	2:34:22.86	7.00	0:49:59
59	395	Fernando Luis,	MNM's	SMTTC	28	2:35:02.31	6.97	0:50:38
60	306	João Sousa,	Linces do Marão	SMTTC	29	2:35:44.93	6.93	0:51:21
61	402	miguel ferreira,	BRAVOS	M45TC	11	2:37:21.47	6.86	0:52:57
62	340	Diamantino Ribeiro,	Boca La Comer	M50TC	5	2:37:46.84	6.85	0:53:23
63	413	Hugo Silva,	o Sporting Clube Portugal Vida Nova Fan	M40TC	11	2:38:21.29	6.82	0:53:57
64	916	Peixoto, Paulo		SMTTC	30	2:38:21.47	6.82	0:53:57
65	214	Américo Lopes,	Dumense Xallenge runners	M40TC	12	2:38:23.40	6.82	0:53:59
66	220	Xavier Fernandes,	Vieira a correr	SMTTC	31	2:38:45.16	6.80	0:54:21
67	202	Jose Machado,	Maua	M45TC	12	2:38:57.44	6.79	0:54:33
68	201	Antonio Leal Leal,	Maua	M40TC	13	2:38:59.14	6.79	0:54:35
69	361	João Costa,	MnM's	M45TC	13	2:39:45.84	6.76	0:55:22
70	334	Irene Silva,	TROGLODITAS RUNNERS	F45TC	3	2:40:21.15	6.74	0:55:57
71	371	Leonel Martins,	Sobe e desce	M40TC	14	2:40:29.06	6.73	0:56:05
72	386	Sergio Pereira,	Trilhos Ocultos	SMTTC	32	2:40:33.24	6.73	0:56:09
73	347	Francisco Lopes,	Trilhos Ocultos	M40TC	15	2:40:35.49	6.73	0:56:11
74	310	Américo Imperadouro,	Braguinhos Runners	M45TC	14	2:40:52.61	6.71	0:56:29
75	284	Fernando Guimarães,	Os trepa montes	SMTTC	33	2:41:07.50	6.70	0:56:44
76	285	Vitor Fernandes,	Os trepa montes	SMTTC	34	2:41:10.07	6.70	0:56:46
77	349	Mário Silva,	FSC	SMTTC	35	2:41:17.18	6.70	0:56:53
78	394	Jorge Sousa,	BETRINNERS	M40TC	16	2:41:58.10	6.67	0:57:34
79	291	Cebio Soares,	Nocturnos de Paredes	SMTTC	36	2:42:28.94	6.65	0:58:05
80	237	Helder Rocha,	Juventude Cortegacense	M40TC	17	2:43:09.72	6.62	0:58:46
81	251	Luis Rocha,	Vieira a Correr	M45TC	15	2:43:09.73	6.62	0:58:46
82	328	Daniel Pereira,	Nocturnos de Paredes	M45TC	16	2:43:12.17	6.62	0:58:48
83	277	Basilio Monteiro,		M40TC	18	2:43:45.56	6.60	0:59:22
84	450	Gilberto Monteiro,		SMTTC	37	2:43:47.14	6.59	0:59:23
85	242	Luis Rosa,		M45TC	17	2:43:47.34	6.59	0:59:23
86	283	Vitor Vieira,	Vieira a correr	SMTTC	38	2:45:43.92	6.52	1:01:20
87	279	Pedro João Da Silva Vieira,	Vieira a Correr	SMTTC	39	2:45:44.62	6.52	1:01:21
88	366	Filipe Ribeiro,		SMTTC	40	2:46:34.39	6.48	1:02:10

Wolfram Trail - Minas da Botalha 2019
Classificação Trail Curto

89	301	Ana Luísa Oliveira,	Bota Lá Correr	F45TC	4	2:46:36.44	6,48	1:02:12
90	302	Humberto Carvalho,	Bota Lá Correr	M40TC	19	2:46:37.70	6,48	1:02:14
91	267	Rita Afonso,		SFTC	3	2:47:31.68	6,45	1:03:08
92	385	Miguel Fernandes,	Guimarães Malotas Running Team	SMTTC	41	2:47:35.80	6,44	1:03:12
93	303	Álvaro Oliveira,	Bota Lá Correr	M60TC	2	2:48:17.23	6,42	1:03:53
94	296	José Moura,	Nocturnos de Paredes	M45TC	18	2:48:32.64	6,41	1:04:09
95	293	Eusebio Barbosa,	Nocturnos de Paredes	M45TC	19	2:48:35.50	6,41	1:04:12
96	365	Francisco Freitas,	Guimarães Malotas Running Team	SMTTC	42	2:49:03.23	6,39	1:04:39
97	363	Márcio Pires,	Dumense Runners	SMTTC	43	2:50:04.57	6,35	1:05:41
98	364	António Silva,	Dumense Runners	M60TC	3	2:50:05.73	6,35	1:05:42
99	241	José Pinto,	C C S D T Camara Municipal de Fafe	M55TC	2	2:50:10.33	6,35	1:05:46
100	261	Pedro Sousa,	Linces do Marão	M40TC	20	2:51:52.88	6,28	1:07:29
101	381	António Candeia,	As Tainadas	SMTTC	44	2:52:43.51	6,25	1:08:20
102	403	pedro bastos,	BRAVOS	M40TC	21	2:53:42.42	6,22	1:09:18
103	1800	Oliveira, Daniel		SMTTC	45	2:53:44.18	6,22	1:09:20
104	391	Pedro Dipe,		SMTTC	46	2:53:46.24	6,22	1:09:22
105	268	Alexandre Viana,	Correr Azas à Noite	M40TC	22	2:54:07.11	6,20	1:09:43
106	259	Daniel Carvalho,	Linces do Marão	SMTTC	47	2:55:08.36	6,17	1:10:44
107	351	Eduardo Moreira,	FSC	SMTTC	48	2:55:08.95	6,17	1:10:45
108	236	Tony Soares,	O Monge do Trail Running	M40TC	23	2:55:12.97	6,16	1:10:49
109	234	Filipe Silva,		SMTTC	49	2:55:34.40	6,15	1:11:10
110	252	Nadine Silva,	Cyca	SFTC	4	2:56:48.00	6,11	1:12:24
111	210	Eurico Sousa,	Vieira a Correr	SMTTC	50	2:56:48.80	6,11	1:12:25
112	297	José Teixeira,	Nocturnos de Paredes	M55TC	3	2:57:03.24	6,10	1:12:39
113	398	Anabela Silva,		SFTC	5	2:59:23.74	6,02	1:15:00
114	376	Sérgio Filipe Mendes Gomes,	corre come	M40TC	24	2:59:49.18	6,01	1:15:25
115	323	Carlos Mendes Silva Mendes,		M40TC	25	2:59:50.80	6,01	1:15:27
116	314	Francisco Gomes,	Shots International Runners	M40TC	26	3:00:05.94	6,00	1:15:42
117	322	Nuno Pacheco,		M40TC	27	3:00:08.15	6,00	1:15:44
118	272	José Madureira,		M50TC	6	3:00:13.21	5,99	1:15:49
119	307	José Fonseca,	Braguinhos Runners	M60TC	4	3:00:17.68	5,99	1:15:54
120	308	Elisabete Borges,	Braguinhos Runners	F40TC	2	3:00:17.69	5,99	1:15:54
121	209	Tiago Ribeiro,	Vieira a correr	SMTTC	51	3:01:53.63	5,94	1:17:30
122	249	Mannel Rocha,		M40TC	28	3:01:55.28	5,94	1:17:31
123	350	Vasco Silva,	FSC	SMTTC	52	3:01:56.13	5,94	1:17:32
124	378	Joaquim Oliveira,	corre com	M50TC	7	3:02:24.43	5,92	1:18:00
125	235	Alberto Pinhão,	Clube de Montanhismo de Braga	M60TC	5	3:02:51.89	5,91	1:18:28
126	315	Luís Rodrigues,		M45TC	20	3:03:07.59	5,90	1:18:44
127	257	Artur Mário Carvalho Morais,	PENTURAS CHARRÃO	M55TC	4	3:03:09.96	5,90	1:18:46
128	399	Elisabete Correia,		SFTC	6	3:03:11.44	5,90	1:18:47
129	415	António Silva,	Malotas Guimarães Running Team	SMTTC	53	3:03:23.76	5,89	1:19:00
130	410	Carlos Rocha,	AS TAINADAS	SMTTC	54	3:04:09.65	5,86	1:19:46
131	377	Francisco Mendes,	corre come	SMTTC	55	3:06:06.48	5,80	1:21:42
132	375	Sérgio Oliveira,	Abrevalas	SMTTC	56	3:06:29.44	5,79	1:22:05
133	326	Ana Bento,	Noticias de Colmeias Atletismo	F40TC	3	3:07:15.72	5,77	1:22:52
134	388	Carlos Azevedo,		M40TC	29	3:07:15.72	5,77	1:22:52
135	380	Ricardo Costa,		SMTTC	57	3:07:16.47	5,77	1:22:52
136	240	Miguel Magalhães,	C C S D T Camara Municipal de Fafe	M40TC	30	3:07:33.71	5,76	1:23:10
137	217	Jorge Sousa,	LETHES TRAIL TEAM	M55TC	5	3:08:50.41	5,72	1:24:26

Wolfram Trail - Minas da Botalha 2019
Classificação Trail Curto

138	330	Hugo Neto,	Nocturnos de Paredes	SMTTC	58	3:09:27.68	5,70	1:25:04
139	213	Cristina Machado,	GUIMARUNNING	SFTTC	7	3:10:08.87	5,68	1:25:45
140	207	Sandra Costa,	Guimarunning	SFTTC	8	3:10:09.60	5,68	1:25:46
141	228	Filipe Braga,	GUIMARUNNING	SMTTC	59	3:10:12.63	5,68	1:25:49
142	356	Miguel Madeira,		M45TC	21	3:11:07.02	5,65	1:26:43
143	239	Magda Pereira,	PIPOCAS & BOMBOCAS	SFTTC	9	3:11:21.90	5,64	1:26:58
144	288	PAULO REI,	OS TREPA MONTES	SMTTC	60	3:11:28.05	5,64	1:27:04
145	286	Diogo Bogalhas,	Os trepa montes	SMTTC	61	3:11:36.07	5,64	1:27:12
146	345	Carla Soares,	Movimento de Juventude de Merelim	F45TC	5	3:11:45.44	5,63	1:27:21
147	344	Cristina Silva,	Movimento de Juventude de Merelim	SFTTC	10	3:11:48.95	5,63	1:27:25
148	343	Isabel Alves,	Movimento de Juventude de Merelim	F40TC	4	3:11:50.20	5,63	1:27:26
149	346	Jorge Duarte,	Movimento de Juventude de Merelim	M45TC	22	3:11:51.68	5,63	1:27:28
150	311	Aurora Silva,	Braguinhos Runners	F45TC	6	3:12:24.91	5,61	1:28:01
151	229	Jose Ferreira,	Braguinhos Runners	M50TC	8	3:13:23.14	5,58	1:28:59
152	230	Paula Peixoto,	Braguinhos Runners	F50TC	1	3:13:26.41	5,58	1:29:02
153	389	Maria Branco,		F45TC	7	3:15:06.54	5,54	1:30:43
154	271	Fátima Barros,		F55TC	1	3:15:48.00	5,52	1:31:24
155	416	Manuel Fernandes,	Beatos do TT	SMTTC	62	3:16:10.54	5,51	1:31:47
156	367	Jorge Ribeiro,	Guimardes Malotas Running Team	SMTTC	63	3:17:28.36	5,47	1:33:04
157	379	Rui Fernandes,	Guimardes Malotas Running Team	SMTTC	64	3:17:32.18	5,47	1:33:08
158	263	Ricardo Peixinho,	Abreviados	M40TC	31	3:19:03.61	5,43	1:34:40
159	264	Susana Carneiro,	Abreviados	M40TC	32	3:20:00.97	5,40	1:35:37
160	400	Bruno Vieira,		SMTTC	65	3:20:44.63	5,38	1:36:21
161	401	Lino Pinto,		SMTTC	66	3:20:45.91	5,38	1:36:22
162	275	David Costa,	Mau's Therapy Trail Running	M40TC	33	3:21:17.61	5,37	1:36:54
163	305	Anabela Henriques,	Mau's Therapy Trail Running	F50TC	2	3:21:18.08	5,37	1:36:54
164	914	Regadas, José		M45TC	23	3:22:21.95	5,34	1:37:58
165	913	Sem Nome,		SMTTC	67	3:22:22.46	5,34	1:37:58
166	225	Aurora Cardoso,	Comerías	F45TC	8	3:24:20.21	5,29	1:39:56
167	407	Carla Sousa,	Nocturnos de Paredes	SFTTC	11	3:25:12.34	5,26	1:40:48
168	373	Mónica Gomes,	Nocturnos de Paredes	F40TC	5	3:25:13.83	5,26	1:40:50
169	265	Vera Costa,	Rosa Chiclete	SFTTC	12	3:25:18.52	5,26	1:40:55
170	266	João Martins,		SMTTC	68	3:25:33.84	5,25	1:41:10
171	224	SARA FRANCO,	LETHES TRAIL TEAM	SFTTC	13	3:27:19.05	5,21	1:42:55
172	418	Paulo Ribeiro,		SMTTC	69	3:27:35.90	5,20	1:43:12
173	417	Candido Ribeiro,	Novumdux	M45TC	24	3:27:39.17	5,20	1:43:15
174	313	António Cabral,		M45TC	25	3:28:21.07	5,18	1:43:57
175	312	Marta Saraiva Cabral,		F40TC	6	3:28:22.20	5,18	1:43:58
176	451	Adriana Queirós,		SFTTC	14	3:30:12.52	5,14	1:45:49
177	455	Susana Pinto,		F50TC	3	3:30:14.33	5,14	1:45:50
178	454	Domingos Teixeira,		M45TC	26	3:30:15.47	5,14	1:45:51
179	452	Pedro Pinto,		M45TC	27	3:30:18.87	5,14	1:45:55
180	453	Alexandra Ribeiro,		SFTTC	15	3:30:22.37	5,13	1:45:58
181	278	Fábio Vieira,	Vieira a Correr	SMTTC	70	3:30:27.06	5,13	1:46:03
182	354	Guilherme Fontinha,		M50TC	9	3:33:37.05	5,06	1:49:13
183	355	Palmas Fontinha,		F50TC	4	3:33:38.91	5,06	1:49:15
184	372	Margarida Silva,	Nocturnos de Paredes	SFTTC	16	3:33:43.78	5,05	1:49:20
185	339	Elizabeth Ortiz,	BRAGUINHAS RUNNERS	F45TC	9	3:34:04.70	5,05	1:49:41
186	269	Olga Azevedo,	Correr Atras à Noite	SFTTC	17	3:37:03.59	4,98	1:52:40

Wolfram Trail - Minas da Botralha 2019
Classificação Trail Curto

187	321	Mamela Matias,	Braguinhos Runners	F45TC	10	3:37:20.11	4.97	1:52:56
188	369	Victor Costa,	Braguinhos Runners	M45TC	28	3:37:20.82	4.97	1:52:57
189	370	Cecilia Costa,	Braguinhos Runners	F45TC	11	3:37:23.22	4.97	1:52:59
190	324	Daniela Ferreira,		SFTC	18	3:37:30.87	4.97	1:53:07
191	325	Patrick Oliveira,		SMTTC	71	3:37:31.13	4.97	1:53:07
192	35	José Fernandes,	Braguinhos	M50TC	10	3:37:34.30	4.96	1:53:10
193	316	Beta Fernandes,	Braguinhos	F40TC	7	3:37:35.82	4.96	1:53:12
194	393	Raquel Pereira,	R&R Team	SFTC	19	3:39:02.93	4.93	1:54:39
195	392	Ricardo Freitas,	R&R Team	SMTTC	72	3:39:02.96	4.93	1:54:39
196	208	Alexandra Fernandes,	GUIMARUNNING	F40TC	8	3:39:06.49	4.93	1:54:42
197	206	Luís Araújo,	GUIMARUNNING	SMTTC	73	3:39:07.13	4.93	1:54:43
198	456	Miguel Soares,	GUIMARUNNING	M45TC	29	3:39:07.30	4.93	1:54:43
199	406	artur fernandes,		M45TC	30	3:39:08.38	4.93	1:54:44
200	205	Miguel Carvalho,	GUIMARUNNING	SMTTC	74	3:39:09.18	4.93	1:54:45
201	204	Albertina Gonçalves,	Lousada Runners	SFTC	20	3:52:01.14	4.65	2:07:37
202	357	Vitor Lopes,		M40TC	34	3:56:44.77	4.56	2:12:21
203	382	Sara Gomes,	Clube Atlético Fafe	SFTC	21	3:56:52.69	4.56	2:12:29
204	383	Susana Rodrigues,	Clube Atlético Fafe	SFTC	22	3:56:55.17	4.56	2:12:31
205	411	Sonia Sampaio,	Metralhas Runners	F45TC	12	4:09:49.27	4.32	2:25:25