

WE RUN 2014 - 29/06/2014

Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
1	91	HELIO FUMO	M	34		00:32:03	JOMA
2	351	LUIS SILVA	M	19		00:33:31	CGRUN
3	288	LUIS RAÇOES	M	38		00:33:53	CA ODIMARQ
4	133	CARLOS ALPOIM	M	31		00:34:58	CP RTP
5	142	LUIS OLIVEIRA	M	27		00:35:48	BENFAS TEAM
6	10	ANDRÉ CARTA	M	23		00:36:23	CLUBE XISTARCA
7	357	CARLOS FREITAS	M	43		00:36:25	JOMA
8	153	NUNO A M SOARES	M	32		00:37:29	CORRER LISBOA B
9	418	JOSÉ M. CORREIA	M	47		00:37:29	INDIVIDUAL
10	356	JOSÉ P V COSTA	M	20		00:37:43	WSE BRAGA
11	358	ERCILIA MACHADO	F	27		00:37:54	SPORTING CP
12	246	DANIEL S BAPTISTA	M	30		00:38:43	INDIVIDUAL
13	348	PEDRO J B F CUNHA	M	54		00:38:47	INDIVIDUAL
14	283	SAMUEL GALVEIA	M	33		00:38:56	AA LEBRES SADO
15	319	RICARDO M ALMEIDA	M	34		00:39:02	O MUNDO DA CORRIDA
16	274	PAULO CHAINHO	M	50		00:39:20	GDR S FRANCISCO SERRA
17	148	ANTÓNIO M P RIBEIRO	M	51		00:39:32	WSE PAIVAS
18	412	HUGO BARROSO	M	35		00:39:35	INDIVIDUAL
19	202	JOÃO C GOMES	M	44		00:39:46	CP EDP LISBOA
20	185	HUGO MONTEIRO	M	38		00:39:59	WSE CARCAVELOS
21	286	MARTINHO AMARO	M	35		00:40:07	TRANSFORMIGAS
22	89	LUCILIA SOARES	F	52		00:40:08	SL BENFICA
23	352	ROMÃO PEDROSO	M	27		00:40:09	OS AMIGOS DA KIKA
24	406	PEDRO CARDOSO	M	32		00:40:25	CORRER LISBOA
25	81	JOAO CALDAS	M	48		00:40:34	ND AUTOCCOPE
26	129	ABILIO FERNANDES	M	43		00:40:35	INDIVIDUAL
27	90	JOSE SILVA	M	50		00:40:56	CA ODIMARQ
28	302	ALBERTO A SANTOS	M	52		00:40:57	WSE LEIRIA
29	278	NELSON MENDES	M	24		00:41:26	CGRUN
30	333	TIAGO MACHADO	M	28		00:41:28	INDIVIDUAL
31	293	ALEXANDRA ALVES	F	31		00:41:40	AÇOREANA CLUBE BANIF
32	408	JOAO P M PEREIRA	M	27		00:41:41	INDIVIDUAL
33	367	NELSON DIAS	M	53		00:41:47	INDIVIDUAL
34	107	GONÇALO FERREIRA	M	40		00:41:52	INDIVIDUAL
35	195	PEDRO REIS	M	41		00:42:03	BIOENERGIA
36	84	TIAGO TELES	M	30		00:42:10	ND AUTOCCOPE
37	341	LUIS REBELO	M	50		00:42:17	REBELOS
38	79	ANTONIO ALMEIDA	M	50		00:42:20	ND AUTOCCOPE
39	273	SADIQ M KASSAMO	M	40		00:42:22	PORTUGAL RUNNING

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
40	249	MÁRIO SANTANA	M	43		00:42:24	C MATA ESCAROUPIM
41	407	SANDRA PROTASIO	F	24		00:42:26	INDIVIDUAL
42	247	ISIDRO DUARTE	M	46		00:42:29	RB RUNNING
43	284	LUIS SANTOS	M	32		00:42:39	
44	121	EUCLIDES J M SOARES	M	25		00:42:52	INDIVIDUAL
45	99	SERGIO SANTOS	M	42		00:42:54	INDIVIDUAL
46	127	ALEXANDRA LAMAS	F	42		00:42:57	CA GALINHEIRAS
47	196	CARLOS M G MARQUES	M	42		00:43:37	INDIVIDUAL
48	349	JOSE L D PEREIRA	M	39		00:43:40	INDIVIDUAL
49	42	LICÍNIO SANTOS	M	32		00:43:45	COFIDIS
50	414	NUNO CORREIA	M	47		00:43:53	C.G.INE
51	396	FERNANDO ANACLETO	M	62		00:44:17	INDIVIDUAL
52	310	JOÃO BORRALHO	M	38		00:44:45	ACLIS LIBERTY SEGUROS
53	308	HELDER ASSUNÇÃO	M	54		00:44:51	PERI TEAM
54	305	NELSON M B ISIDORO	M	32		00:45:20	WSE ALVERCA
55	346	JOÃO M B RIBEIRO	M	37		00:45:22	INDIVIDUAL
56	380	RICARDO J SANTOS	M	37		00:45:25	INDIVIDUAL
57	125	ADMILSON VARELA	M	26		00:45:28	BENFAS TEAM
58	193	PEDRO GUEDES	M	40		00:45:28	INDIVIDUAL
59	12	ATLETA NÃO CADASTRADO	M	0		00:45:45	
60	365	ANDRÉ A BARROS	M	34		00:46:00	INDIVIDUAL
61	224	DIOGO MIGUEIS	M	22		00:46:05	WSE VILA REAL
62	22	ROGÉRIO MACHADO	M	33		00:46:10	
63	140	ANDRÉ GUERREIRO	M	22		00:46:14	INDIVIDUAL
64	237	RUI PEREIRA	M	39		00:46:15	C MATA ESCAROUPIM
65	229	RITA GOMES	F	21		00:46:15	WSE CARCAVELOS
66	277	BRUNO OUTERELO	M	35		00:46:16	INDIVIDUAL
67	361	HUGO M T S BORGES	M	30		00:46:26	INDIVIDUAL
68	255	PEDRO CAPELA	M	21		00:46:29	GONDORUNNERS
69	299	FERNANDO CELESTINO	M	55		00:46:32	AÇOREANA CLUBE BANIF
70	311	GIL SOUSA	M	40		00:46:50	INDIVIDUAL
71	322	NUNO VIEIRA	M	31		00:47:05	WSE AVEIRO
72	86	JUVENAL MOREIRA	M	50		00:47:05	ND AUTOCCOPE
73	339	PEDRO R B M MENDONÇA	M	39		00:47:12	INDIVIDUAL
74	146	RICARDO B LOPES	M	20		00:47:21	TEAM SALDANHA
75	209	PEDRO M. C. VIEIRA	M	34		00:47:24	INDIVIDUAL
76	419	JEREMIAS J. CARDOSO	M	49		00:47:25	
77	294	NÉLSON MOTA	M	44		00:47:27	AÇOREANA CLUBE BANIF
78	395	IDALECIO BARROS	M	59		00:47:34	INDIVIDUAL

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
79	320	ABIGAIL SANTANA	F	23		00:47:41	INDIVIDUAL
80	317	MANUEL F L FRANCISCO	M	55		00:47:52	WSE LEIRIA
81	67	ARNAUD LEGALL	M	39		00:47:56	COFIDIS
82	78	ALEXANDRE PAIS	M	28		00:48:03	COFIDIS
83	111	JOÃO ALVES	M	38		00:48:12	INDIVIDUAL
84	137	JOSÉ C V AMARAL	M	41		00:48:12	INDIVIDUAL
85	383	HUGO S NOGUEIRA	M	37		00:48:20	INDIVIDUAL
86	25	BRIGITTE SOUSA	F	31		00:48:30	CORRER LISBOA
87	279	RÚBEN M SOUSA	M	24		00:48:37	RZ RACING TEAM
88	138	RILDO G SOARES	M	44		00:48:39	FAMÍLIA MARIANO SOARES
89	295	TAM AFONSO	M	61		00:48:45	AÇOREANA CLUBE BANIF
90	147	ALMERINDO SILVA	M	55		00:48:51	ADC CATUJAL
91	369	FERNANDO ANDRÉ	M	57		00:49:01	INDIVIDUAL
92	238	HELDER MARQUES	M	23		00:49:18	WSE BRAGA
93	149	ALEXANDRE MATEUS	M	38		00:49:28	INDIVIDUAL
94	301	RAQUEL BARBOSA	F	26		00:49:30	INDIVIDUAL
95	259	MARCOS PINTO	M	37		00:49:45	ALMARUN
96	173	RUI MONTEIRO	M	43		00:49:48	WSE CARCAVELOS
97	204	PEDRO M SILVA	M	37		00:49:58	INDIVIDUAL
98	392	RUI M GASPAR	M	57		00:50:01	INDIVIDUAL
99	46	BRUNO NEVES	M	31		00:50:10	COFIDIS
100	250	SÓNIA LOBO	F	38		00:50:14	C MATA ESCAROUPIM
101	303	NUNO M B MARTINS	M	42		00:50:15	INDIVIDUAL
102	119	FERNANDO OLIVEIRA	M	46		00:50:23	INDIVIDUAL
103	80	CARLOS FERREIRA	M	57		00:50:26	ND AUTOCCOPE
104	95	BRUNO MARTINS	M	31		00:50:29	WSE ALVERCA
105	340	PEDRO H C BARROSO	M	33		00:50:38	INDIVIDUAL
106	88	ALBERTO ARAUJO	M	41		00:50:44	RB RUNNING
107	216	AMARO J R P MAGALHÃES	M	48		00:50:50	WSE COVILHÃ
108	157	FÁBIO P CARVALHO	M	29		00:50:55	INDIVIDUAL
109	96	HELIO GODINHO	M	64		00:50:57	INDIVIDUAL
110	364	RUI BARROS	M	45		00:51:15	INDIVIDUAL
111	29	LUIS F PIRES	M	31		00:51:30	TEAM SALDANHA
112	252	CLÁUDIA S S VIEIRA	F	28		00:51:41	INDIVIDUAL
113	248	NUNO M. B. MARTINS	M	42		00:51:42	INDIVIDUAL
114	100	FERNANDO LOURENÇO	M	34		00:51:42	FERNANDO E CLAUDIA
115	76	MARCO COSTA	M	25		00:51:51	COFIDIS
116	161	JOÃO GOMES	M	37		00:51:51	INDIVIDUAL
117	258	NUNO CHARRUA	M	37		00:51:52	INDIVIDUAL

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
118	324	PEDRO ALMEIDA	M	33		00:51:56	TREINO EM CASA
119	163	CARLOS M R COSTA	M	45		00:51:57	INDIVIDUAL
120	115	EDMAR OLIVEIRA	M	28		00:52:06	INDIVIDUAL
121	405	JOAQUIM M D PALMA	M	60		00:52:12	TEAM SALDANHA
122	124	RUI SALES	M	47		00:52:19	INDIVIDUAL
123	331	RUI VALSUMO	M	39		00:52:24	INDIVIDUAL
124	225	VASCO ARMES	M	42		00:52:32	PERI TEAM
125	330	MARCO R F RUIVO	M	31		00:52:32	INDIVIDUAL
126	313	MIGUEL OLIVEIRA	M	40		00:52:34	INDIVIDUAL
127	92	GILBERTO GONÇALVES	M	65		00:52:42	CAA BELEM
128	167	RUI SILVA	M	50		00:52:48	WSE LINDA A VELHA
129	381	LINO M B MARTINS	M	37		00:52:51	INDIVIDUAL
130	328	ANA C LOPES	F	40		00:52:57	PINGUINS
131	410	PAULO J O SIMOES	M	35		00:53:08	INDIVIDUAL
132	400	SERGIO SALVADO	M	38		00:53:10	INDIVIDUAL
133	97	ANTONIO LIMA	M	51		00:53:12	INDIVIDUAL
134	48	MARTA G DUARTE	F	34		00:53:30	COFIDIS
135	164	NUNO V R MENDES	M	35		00:53:41	TORRES VEDRAS
136	359	JOÃO FORTE	M	43		00:53:55	WSE PAIVAS
137	268	ISABEL F G MONTEIRO	F	27		00:53:56	INDIVIDUAL
138	28	JOAO ROSA	M	38		00:53:58	INDIVIDUAL
139	260	FERNANDO VENDA	M	56		00:53:59	WSE COIMBRA
140	316	EMANUEL J BERNARDES	M	34		00:54:02	WSE LEIRIA
141	77	JOÃO FERREIRA	M	25		00:54:10	COFIDIS
142	85	SERGIO BORGES	M	41		00:54:16	ND AUTOCCOPE
143	82	JOSE DIAS	M	56		00:54:16	ND AUTOCCOPE
144	271	NUNO M M SANTOS	M	32		00:54:22	WSE COIMBRA
145	382	JOSE R RAMOS	M	52		00:54:28	INDIVIDUAL
146	57	Mª JOÃO CARVALHO	F	35		00:54:30	COFIDIS
147	197	HELENA SANTOS	F	37		00:54:34	INDIVIDUAL
148	366	JOSE NEVES	M	43		00:54:40	INDIVIDUAL
149	34	RODRIGO SILVA	M	39		00:54:44	TEAM SALDANHA
150	374	ANA ANTUNES	F	35		00:54:50	INDIVIDUAL
151	385	TIAGO FERREIRA	M	32		00:54:55	INDIVIDUAL
152	205	MARCOS PESSOA	M	28		00:55:11	BENFAS TEAM
153	155	ANDRÉ F F CABAÇO	M	21		00:55:34	INDIVIDUAL
154	251	CATARINA FERREIRA	F	25		00:55:49	INDIVIDUAL
155	198	BOGDAN SANDU	M	21		00:55:53	TEAM S
156	350	RODRIGO RAMA	M	19		00:55:55	CGRUN

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
157	321	JORGE A S GUERREIRO	M	45		00:55:58	INDIVIDUAL
158	105	OSCAR RODRIGUES	M	44		00:56:00	GIN RUNNING
159	190	ANDRÉ CARTAXO	M	16		00:56:04	TORRES VEDRAS
160	257	MIGUEL FONTES	M	20		00:56:08	GONDORUNNERS
161	158	SANDRA VICENTE	F	32		00:56:12	INDIVIDUAL
162	267	BRUNA B SANTOS	F	23		00:56:16	INDIVIDUAL
163	403	ANDRE M A PALMA	M	30		00:56:22	TEAM SALDANHA
164	354	INÊS CARAPINHA	F	26		00:56:26	OS AMIGOS DA KIKA
165	110	DÉCIO M P SIMÕES	M	29		00:56:26	INDIVIDUAL
166	106	PEDRO BAPTISTA	M	41		00:56:27	GIN RUNNING
167	203	MARIA SILVA	F	45		00:56:33	INDIVIDUAL
168	370	SOFIA MANSO	F	27		00:56:41	OS AMIGOS DA KIKA
169	201	JORGE LOPES	M	47		00:56:42	INDIVIDUAL
170	411	TIAGO CARTAXO	M	18		00:57:01	TORRES VEDRAS
171	112	PEDRO RODRIGUES	M	22		00:57:03	TEAM SALDANHA
172	208	JESSICA B TEIXEIRA	F	25		00:57:08	EQUIPA INVESTWOOD
173	329	JORGE A GONÇALVES	M	42		00:57:16	PINGUINS
174	45	SANDRO LAVADO	M	32		00:57:20	COFIDIS
175	103	FRANCISCO L RIBEIRO	M	66		00:57:22	INDIVIDUAL
176	168	DINO SILA	M	29		00:57:26	INDIVIDUAL
177	232	PEDRO AFONSO	M	24		00:57:26	INDIVIDUAL
178	368	FLÁVIA GODJA	F	24		00:57:28	WSE BOAVISTA
179	336	ATILIO VAZ	M	33		00:57:32	BENFAS TEAM
180	335	CLAUDINEIA VAZ	F	29		00:57:32	BENFAS TEAM
181	220	PEDRO V S C TORRES	M	39		00:57:41	WSE LEIRIA
182	141	JOSÉ MARQUES	M	64		00:57:47	INDIVIDUAL
183	323	CARINA S VICENTE	F	22		00:57:55	WSE CALDAS RAINHA
184	332	NUNO C P SIMOES	M	39		00:57:55	INDIVIDUAL
185	413	ALFREDO PINHAL	M	62		00:58:01	INDIVIDUAL
186	375	LUIS NEVES	M	41		00:58:10	INDIVIDUAL
187	362	CARLOS VARELA	M	44		00:58:19	INDIVIDUAL
188	264	JOSÉ P G BOUZAS	M	35		00:58:22	INDIVIDUAL
189	292	MERCEDES FONSECA	F	58		00:58:26	OS SUPER
190	254	TIAGO NOGUEIRA	M	22		00:58:44	GONDORUNNERS
191	338	CASIMIRO CRISTO	M	60		00:58:44	INDIVIDUAL
192	139	GUIOMAR S M SOARES	F	43		00:58:46	FAMÍLIA MARIANO SOARES
193	226	NUNO ALMEIDA	M	40		00:58:50	PERI TEAM
194	217	Mª GRAÇA E C MAGALHÃES	F	47		00:58:56	WSE COVILHÃ
195	210	VASCO E T SILVA	M	29		00:58:57	EQUIPA INVESTWOOD

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
196	56	RICARDO R FERNANDES	M	27		00:59:00	COFIDIS
197	298	NELSON CABAÇO	M	39		00:59:05	AÇOREANA CLUBE BANIF
198	108	HUGO M R COLAÇO	M	36		00:59:07	INDIVIDUAL
199	363	LEONIA CEBAN	F	49		00:59:20	INDIVIDUAL
200	276	ALEXANDRE FELÍCIO	M	23		00:59:21	INDIVIDUAL
201	275	JOANA FERNANDES	F	24		00:59:21	INDIVIDUAL
202	234	DIOGO JORDÃO	M	24		00:59:27	INDIVIDUAL
203	162	LUIS ANDRADE	M	21		00:59:29	INDIVIDUAL
204	93	JOAO GUERREIRO	M	27		00:59:40	WSE ALVERCA
205	344	JOÃO P CARVALHO	M	62		00:59:49	MONTEIRINHOS
206	417	ANTÓNIO CASAS NOVAS	M	36		00:59:51	INDIVIDUAL
207	73	RICARDO RODRIGUES	M	32		00:59:53	COFIDIS
208	243	FERNANDO MATEUS	M	46		00:59:55	TORRES VEDRAS
209	53	RICARDO NOGUEIRA	M	33		00:59:59	COFIDIS
210	399	CRISTINA ROCHA	F	32		01:00:22	INDIVIDUAL
211	24	ALEXANDRE JANICAS	M	28		01:00:29	INDIVIDUAL
212	23	MARIANA SILVA	F	24		01:00:32	INDIVIDUAL
213	182	JOÃO BRAGA	M	52		01:00:37	WSE CARCAVELOS
214	166	DIOGO CARDOSO	M	28		01:00:45	WSE LINDA A VELHA
215	314	MIGUEL OLIVEIRA	M	41		01:01:07	INDIVIDUAL
216	272	TIAGO VELOSO	M	25		01:01:26	WSE COIMBRA
217	26	RICARDO OLIVEIRA	M	18		01:01:35	TEAM SALDANHA
218	372	JOAQUIM A D CAPUCHO	M	63		01:01:50	INDIVIDUAL
219	343	ANTÓNIO J S G MONTEIRO	M	55		01:02:18	MONTEIRINHOS
220	104	TERESA SANTOS	F	30		01:02:22	FERNANDO E CLAUDIA
221	376	PAULO RODRIGUES	M	34		01:02:29	INDIVIDUAL
222	353	RITA PEDROSO	F	27		01:02:31	OS AMIGOS DA KIKA
223	373	SANDRA NEVES	F	43		01:02:35	INDIVIDUAL
224	402	LUIS FERNANDES	M	38		01:02:40	CGRUN
225	233	FRANCISCO ROCHA	M	24		01:02:58	INDIVIDUAL
226	304	JOÃO GRANJA	M	35		01:03:13	INDIVIDUAL
227	38	ANA M G MARTINS	F	34		01:03:20	INDIVIDUAL
228	312	ANA MONTEIRO	F	33		01:03:33	INDIVIDUAL
229	151	LUIS ARAUJO	M	27		01:03:50	BENFAS TEAM
230	169	CATIA NOGUEIRA	F	36		01:03:54	WSE ALVERCA
231	172	RITA PEDROSO	F	43		01:04:03	WSE CARCAVELOS
232	183	NUNO PEDROSO	M	43		01:04:03	WSE CARCAVELOS
233	327	CLÁUDIA MATOS	F	39		01:04:04	TREINO EM CASA
234	199	CRISTIAN SANDU	M	17		01:04:04	TEAM S

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Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
235	291	JOAQUIM FONSECA	M	58		01:04:38	OS SUPER
236	83	JOAO GRAÇA	M	74		01:04:40	ND AUTOCCOPE
237	420	CARLA M. S. CARDOSO	F	47		01:04:41	INDIVIDUAL
238	409	GONÇALO C PEREIRA	M	27		01:04:50	INDIVIDUAL
239	326	FILIPA MATOS	F	34		01:04:56	TREINO EM CASA
240	206	DIOGO LEITÃO	M	30		01:04:57	INDIVIDUAL
241	355	Mª HELENA L COSTA	F	26		01:05:26	INDIVIDUAL
242	280	DUARTE L SIMÕES	M	20		01:05:32	INDIVIDUAL
243	384	TIAGO NÓBREGA	M	28		01:05:45	WSE VILA REAL
244	347	TERESA P MORAIS	F	39		01:05:46	INDIVIDUAL
245	194	ANA P PEREIRA	F	36		01:06:02	WSE AVEIRO
246	101	CLÁUDIA PIRES	F	30		01:06:10	FERNANDO E CLAUDIA
247	318	RUI T GERALDO	M	29		01:06:21	INDIVIDUAL
248	75	NUNO PINTO	M	45		01:06:30	COFIDIS
249	404	CLAUDIA S S LEAL	F	27		01:06:32	TEAM SALDANHA
250	72	RICARDO COSTA	M	34		01:06:40	COFIDIS
251	212	FILIPE CUNHA	M	38		01:06:42	
252	213	MICHAEL VAZ	M	28		01:06:46	WSE VILA REAL
253	177	RITA ROMERO	F	38		01:07:01	WSE CARCAVELOS
254	325	CARLA ALMEIDA	F	31		01:07:02	TREINO EM CASA
255	74	RICARDO GARRETE	M	30		01:07:10	COFIDIS
256	200	DORU SANDU	M	44		01:07:13	TEAM S
257	342	ANA C M M CANAVEIRA	F	47		01:07:17	AÇOREANA CLUBE BANIF
258	134	CESAR F GUERRA	M	44		01:07:26	CTJI
259	296	VIRGILIO MADEIRA	M	55		01:07:53	AÇOREANA CLUBE BANIF
260	287	CRISTINA CRUZ	F	33		01:08:07	INDIVIDUAL
261	215	MIGUEL GUERRA	M	20		01:08:38	TORRES VEDRAS
262	214	DIOGO FRANCO	M	19		01:08:38	TORRES VEDRAS
263	123	SERGIO VIEGAS	M	35		01:08:53	INDIVIDUAL
264	11	IVO ROSA	M	30		01:09:30	INDIVIDUAL
265	416	PAULA GRANJA	F	37		01:10:08	INDIVIDUAL
266	59	SÓNIA GONÇALVES	F	38		01:10:08	COFIDIS
267	337	JOÃO T S R DIAS	M	16		01:10:09	WSE AVEIRO
268	66	ALICE COSTA	F	32		01:10:15	COFIDIS
269	60	RAQUEL COUTINHO	F	31		01:10:30	COFIDIS
270	47	RITA LOURENÇO	F	27		01:10:42	COFIDIS
271	109	RUI M F D PEDRO	M	42		01:10:46	INDIVIDUAL
272	41	MARINA N SILVA	F	47		01:10:50	INDIVIDUAL
273	14	MIGUEL VENTURA	M	37		01:10:59	INDIVIDUAL

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
274	187	CRISTINA C LOPES	F	31		01:11:36	TORRES VEDRAS
275	263	CARLOS VIEIRA	M	45		01:11:36	INDIVIDUAL
276	386	JOÃO LEITE	M	26		01:11:40	INDIVIDUAL
277	122	JOÃO CA G BRANCO	M	46		01:11:42	PAPA MILHAS 2
278	235	Mª FATIMA M ALVES	F	27		01:12:14	INDIVIDUAL
279	136	JOÃO SILVA	M	26		01:12:25	INDIVIDUAL
280	387	PEDRO MACÁRIO	M	26		01:12:37	INDIVIDUAL
281	156	HUGO F G SANTOS	M	26		01:12:42	INDIVIDUAL
282	415	FERNANDO RODRIGUES	M	72		01:12:55	INDIVIDUAL
283	49	PEDRO SILVA	M	33		01:13:05	COFIDIS
284	152	JOANA D D SANTOS	F	25		01:13:37	INDIVIDUAL
285	35	PAULA C TREPEDO	F	43		01:14:35	WSE PAIVAS
286	281	ANTÓNIO MARQUES	M	67		01:15:01	INDIVIDUAL
287	50	NÁDIA TAPADAS	F	24		01:15:01	COFIDIS
288	207	PAULO SOMA	M	41		01:15:02	WSE COIMBRA
289	27	AUGUSTO FARIA	M	47		01:15:35	TEAM SALDANHA
290	228	SÍLVIA LUÍS	F	21		01:16:25	WSE CARCAVELOS
291	131	ANDRÉ SANTOS	M	38		01:18:16	INDIVIDUAL
292	165	VASCO VALDEZ	M	65		01:20:40	WSE LINDA A VELHA
293	388	VÍTOR RENATO	M	34		01:20:59	TORRES VEDRAS
294	126	PATRÍCIA A BAPTISTA	F	30		01:21:01	TORRES VEDRAS
295	54	MARIA GUERREIRO	F	22		01:22:10	COFIDIS
296	227	ANA SOFIA CORTÊZ	F	32		01:22:37	SETÚBAL
297	360	MARTA F CARVALHO	F	29		01:22:37	SETÚBAL
298	36	ISABEL ASSUNÇÃO	F	45		01:23:05	WSE PAIVAS
299	31	DANIEL LUFF	M	48		01:24:08	TEAM SALDANHA
300	266	IVO MARCELINO	M	9		01:24:47	TORRES VEDRAS
301	239	LUIS MARCELINO	M	35		01:24:47	TORRES VEDRAS
302	52	SANDRA NEVES	F	32		01:25:03	COFIDIS
303	170	LEILA MORAIS	F	30		01:25:58	WSE CARCAVELOS
304	256	MIGUEL A C G ROSADO	M	22		01:26:10	TORRES VEDRAS
305	236	Mª HELENA M ALVES	F	27		01:26:12	INDIVIDUAL
306	154	RICARDO M M SANTOS	M	26		01:30:36	INDIVIDUAL
307	245	TIAGO SOARES	M	25		01:32:21	TORRES VEDRAS
308	244	CÁTIA VERÍSSIMO	F	25		01:32:22	TORRES VEDRAS
309	231	MANUEL RODRIGUES	M	48		01:33:02	INDIVIDUAL
310	145	BERNARDO F R LOPES	M	19		01:33:16	INDIVIDUAL
311	118	LUIS SEIXAS	M	66		01:34:26	INDIVIDUAL
312	289	DANIELA LUÍS	F	22		01:35:52	TORRES VEDRAS

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Relatório Masculino e Feminino Geral

Class	Num	Nome	Sx	Idd	Cat	T. Bruto	Equipe
313	188	LÚCIA M CARTAXO	F	44		01:35:53	TORRES VEDRAS
314	242	ANA RITA VERÍSSIMO	F	18		01:35:59	TORRES VEDRAS
315	192	JOSÉ ALMEIDA	M	54		01:36:27	TORRES VEDRAS
316	191	ROSA BAPTISTA	F	57		01:36:28	TORRES VEDRAS
317	389	ANA A SILVA	F	42		01:36:28	TORRES VEDRAS
318	43	NEILA ABUBACAR	F	35		01:36:28	COFIDIS
319	44	SÓNIA P FERREIRA	F	31		01:36:28	COFIDIS

Total de registros: 319

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	358	ERCILIA MACHADO	F	27	00:37:54	SPORTING CP
2	293	ALEXANDRA ALVES	F	31	00:41:40	AÇOREANA CLUBE BANIF
3	407	SANDRA PROTASIO	F	24	00:42:26	INDIVIDUAL
4	229	RITA GOMES	F	21	00:46:15	WSE CARCAVELOS
5	320	ABIGAIL SANTANA	F	23	00:47:41	INDIVIDUAL
6	25	BRIGITTE SOUSA	F	31	00:48:30	CORRER LISBOA
7	301	RAQUEL BARBOSA	F	26	00:49:30	INDIVIDUAL
8	252	CLÁUDIA S S VIEIRA	F	28	00:51:41	INDIVIDUAL
9	48	MARTA G DUARTE	F	34	00:53:30	COFIDIS
10	268	ISABEL F G MONTEIRO	F	27	00:53:56	INDIVIDUAL
11	251	CATARINA FERREIRA	F	25	00:55:49	INDIVIDUAL
12	158	SANDRA VICENTE	F	32	00:56:12	INDIVIDUAL
13	267	BRUNA B SANTOS	F	23	00:56:16	INDIVIDUAL
14	354	INÊS CARAPINHA	F	26	00:56:26	OS AMIGOS DA KIKA
15	370	SOFIA MANSO	F	27	00:56:41	OS AMIGOS DA KIKA
16	208	JESSICA B TEIXEIRA	F	25	00:57:08	EQUIPA INVESTWOOD
17	368	FLÁVIA GODJA	F	24	00:57:28	WSE BOAVISTA
18	335	CLAUDINEIA VAZ	F	29	00:57:32	BENFAS TEAM
19	323	CARINA S VICENTE	F	22	00:57:55	WSE CALDAS RAINHA
20	275	JOANA FERNANDES	F	24	00:59:21	INDIVIDUAL
21	399	CRISTINA ROCHA	F	32	01:00:22	INDIVIDUAL
22	23	MARIANA SILVA	F	24	01:00:32	INDIVIDUAL
23	104	TERESA SANTOS	F	30	01:02:22	FERNANDO E CLAUDIA
24	353	RITA PEDROSO	F	27	01:02:31	OS AMIGOS DA KIKA
25	38	ANA M G MARTINS	F	34	01:03:20	INDIVIDUAL
26	312	ANA MONTEIRO	F	33	01:03:33	INDIVIDUAL
27	326	FILIPA MATOS	F	34	01:04:56	TREINO EM CASA
28	355	Mª HELENA L COSTA	F	26	01:05:26	INDIVIDUAL
29	101	CLÁUDIA PIRES	F	30	01:06:10	FERNANDO E CLAUDIA
30	404	CLAUDIA S S LEAL	F	27	01:06:32	TEAM SALDANHA
31	325	CARLA ALMEIDA	F	31	01:07:02	TREINO EM CASA
32	287	CRISTINA CRUZ	F	33	01:08:07	INDIVIDUAL
33	66	ALICE COSTA	F	32	01:10:15	COFIDIS
34	60	RAQUEL COUTINHO	F	31	01:10:30	COFIDIS
35	47	RITA LOURENÇO	F	27	01:10:42	COFIDIS
36	187	CRISTINA C LOPES	F	31	01:11:36	TORRES VEDRAS
37	235	Mª FATIMA M ALVES	F	27	01:12:14	INDIVIDUAL
38	152	JOANA D D SANTOS	F	25	01:13:37	INDIVIDUAL
39	50	NÁDIA TAPADAS	F	24	01:15:01	COFIDIS
40	228	SÍLVIA LUÍS	F	21	01:16:25	WSE CARCAVELOS

F0034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	126	PATRÍCIA A BAPTISTA	F	30	01:21:01	TORRES VEDRAS
42	54	MARIA GUERREIRO	F	22	01:22:10	COFIDIS
43	227	ANA SOFIA CORTÊZ	F	32	01:22:37	SETÚBAL
44	360	MARTA F CARVALHO	F	29	01:22:37	SETÚBAL
45	52	SANDRA NEVES	F	32	01:25:03	COFIDIS
46	170	LEILA MORAIS	F	30	01:25:58	WSE CARCAVELOS
47	236	M ^a HELENA M ALVES	F	27	01:26:12	INDIVIDUAL
48	244	CÁTIA VERÍSSIMO	F	25	01:32:22	TORRES VEDRAS
49	289	DANIELA LUÍS	F	22	01:35:52	TORRES VEDRAS
50	242	ANA RITA VERÍSSIMO	F	18	01:35:59	TORRES VEDRAS
51	44	SÓNIA P FERREIRA	F	31	01:36:28	COFIDIS

F3544

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	127	ALEXANDRA LAMAS	F	42	00:42:57	CA GALINHEIRAS
2	250	SÓNIA LOBO	F	38	00:50:14	C MATA ESCAROUPIM
3	328	ANA C LOPES	F	40	00:52:57	PINGUINS
4	57	Mª JOÃO CARVALHO	F	35	00:54:30	COFIDIS
5	197	HELENA SANTOS	F	37	00:54:34	INDIVIDUAL
6	374	ANA ANTUNES	F	35	00:54:50	INDIVIDUAL
7	139	GUIOMAR S M SOARES	F	43	00:58:46	FAMÍLIA MARIANO SOARES
8	373	SANDRA NEVES	F	43	01:02:35	INDIVIDUAL
9	169	CATIA NOGUEIRA	F	36	01:03:54	WSE ALVERCA
10	172	RITA PEDROSO	F	43	01:04:03	WSE CARCAVELOS
11	327	CLÁUDIA MATOS	F	39	01:04:04	TREINO EM CASA
12	347	TERESA P MORAIS	F	39	01:05:46	INDIVIDUAL
13	194	ANA P PEREIRA	F	36	01:06:02	WSE AVEIRO
14	177	RITA ROMERO	F	38	01:07:01	WSE CARCAVELOS
15	416	PAULA GRANJA	F	37	01:10:08	INDIVIDUAL
16	59	SÓNIA GONÇALVES	F	38	01:10:08	COFIDIS
17	35	PAULA C TREPEDO	F	43	01:14:35	WSE PAIVAS
18	188	LÚCIA M CARTAXO	F	44	01:35:53	TORRES VEDRAS
19	389	ANA A SILVA	F	42	01:36:28	TORRES VEDRAS
20	43	NEILA ABUBACAR	F	35	01:36:28	COFIDIS

F4599

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	89	LUCILIA SOARES	F	52	00:40:08	SL BENFICA
2	203	MARIA SILVA	F	45	00:56:33	INDIVIDUAL
3	292	MERCEDES FONSECA	F	58	00:58:26	OS SUPER
4	217	M ^a GRAÇA E C MAGALHÃES	F	47	00:58:56	WSE COVILHÃ
5	363	LEONIA CEBAN	F	49	00:59:20	INDIVIDUAL
6	420	CARLA M. S. CARDOSO	F	47	01:04:41	INDIVIDUAL
7	342	ANA C M M CANAVEIRA	F	47	01:07:17	AÇOREANA CLUBE BANIF
8	41	MARINA N SILVA	F	47	01:10:50	INDIVIDUAL
9	36	ISABEL ASSUNÇÃO	F	45	01:23:05	WSE PAIVAS
10	191	ROSA BAPTISTA	F	57	01:36:28	TORRES VEDRAS

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	91	HELIO FUMO	M	34	00:32:03	JOMA
2	351	LUIS SILVA	M	19	00:33:31	CGRUN
3	133	CARLOS ALPOIM	M	31	00:34:58	CP RTP
4	142	LUIS OLIVEIRA	M	27	00:35:48	BENFAS TEAM
5	10	ANDRÉ CARTA	M	23	00:36:23	CLUBE XISTARCA
6	153	NUNO A M SOARES	M	32	00:37:29	CORRER LISBOA B
7	356	JOSÉ P V COSTA	M	20	00:37:43	WSE BRAGA
8	246	DANIEL S BAPTISTA	M	30	00:38:43	INDIVIDUAL
9	283	SAMUEL GALVEIA	M	33	00:38:56	AA LEBRES SADO
10	319	RICARDO M ALMEIDA	M	34	00:39:02	O MUNDO DA CORRIDA
11	352	ROMÃO PEDROSO	M	27	00:40:09	OS AMIGOS DA KIKA
12	406	PEDRO CARDOSO	M	32	00:40:25	CORRER LISBOA
13	278	NELSON MENDES	M	24	00:41:26	CGRUN
14	333	TIAGO MACHADO	M	28	00:41:28	INDIVIDUAL
15	408	JOAO P M PEREIRA	M	27	00:41:41	INDIVIDUAL
16	84	TIAGO TELES	M	30	00:42:10	ND AUTOCCOPE
17	284	LUIS SANTOS	M	32	00:42:39	
18	121	EUCLIDES J M SOARES	M	25	00:42:52	INDIVIDUAL
19	42	LICÍNIO SANTOS	M	32	00:43:45	COFIDIS
20	305	NELSON M B ISIDORO	M	32	00:45:20	WSE ALVERCA
21	125	ADMILSON VARELA	M	26	00:45:28	BENFAS TEAM
22	12	ATLETA NÃO CADASTRADO	M	0	00:45:45	
23	365	ANDRÉ A BARROS	M	34	00:46:00	INDIVIDUAL
24	224	DIOGO MIGUEIS	M	22	00:46:05	WSE VILA REAL
25	22	ROGÉRIO MACHADO	M	33	00:46:10	
26	140	ANDRÉ GUERREIRO	M	22	00:46:14	INDIVIDUAL
27	361	HUGO M T S BORGES	M	30	00:46:26	INDIVIDUAL
28	255	PEDRO CAPELA	M	21	00:46:29	GONDORUNNERS
29	322	NUNO VIEIRA	M	31	00:47:05	WSE AVEIRO
30	146	RICARDO B LOPES	M	20	00:47:21	TEAM SALDANHA
31	209	PEDRO M. C. VIEIRA	M	34	00:47:24	INDIVIDUAL
32	78	ALEXANDRE PAIS	M	28	00:48:03	COFIDIS
33	279	RÚBEN M SOUSA	M	24	00:48:37	RZ RACING TEAM
34	238	HELDER MARQUES	M	23	00:49:18	WSE BRAGA
35	46	BRUNO NEVES	M	31	00:50:10	COFIDIS
36	95	BRUNO MARTINS	M	31	00:50:29	WSE ALVERCA
37	340	PEDRO H C BARROSO	M	33	00:50:38	INDIVIDUAL
38	157	FÁBIO P CARVALHO	M	29	00:50:55	INDIVIDUAL
39	29	LUIS F PIRES	M	31	00:51:30	TEAM SALDANHA
40	100	FERNANDO LOURENÇO	M	34	00:51:42	FERNANDO E CLAUDIA

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
41	76	MARCO COSTA	M	25	00:51:51	COFIDIS
42	324	PEDRO ALMEIDA	M	33	00:51:56	TREINO EM CASA
43	115	EDMAR OLIVEIRA	M	28	00:52:06	INDIVIDUAL
44	330	MARCO R F RUIVO	M	31	00:52:32	INDIVIDUAL
45	316	EMANUEL J BERNARDES	M	34	00:54:02	WSE LEIRIA
46	77	JOÃO FERREIRA	M	25	00:54:10	COFIDIS
47	271	NUNO M M SANTOS	M	32	00:54:22	WSE COIMBRA
48	385	TIAGO FERREIRA	M	32	00:54:55	INDIVIDUAL
49	205	MARCOS PESSOA	M	28	00:55:11	BENFAS TEAM
50	155	ANDRÉ F F CABAÇO	M	21	00:55:34	INDIVIDUAL
51	198	BOGDAN SANDU	M	21	00:55:53	TEAM S
52	350	RODRIGO RAMA	M	19	00:55:55	CGRUN
53	190	ANDRÉ CARTAXO	M	16	00:56:04	TORRES VEDRAS
54	257	MIGUEL FONTES	M	20	00:56:08	GONDORUNNERS
55	403	ANDRE M A PALMA	M	30	00:56:22	TEAM SALDANHA
56	110	DÉCIO M P SIMÕES	M	29	00:56:26	INDIVIDUAL
57	411	TIAGO CARTAXO	M	18	00:57:01	TORRES VEDRAS
58	112	PEDRO RODRIGUES	M	22	00:57:03	TEAM SALDANHA
59	45	SANDRO LAVADO	M	32	00:57:20	COFIDIS
60	168	DINO SILA	M	29	00:57:26	INDIVIDUAL
61	232	PEDRO AFONSO	M	24	00:57:26	INDIVIDUAL
62	336	ATILIO VAZ	M	33	00:57:32	BENFAS TEAM
63	254	TIAGO NOGUEIRA	M	22	00:58:44	GONDORUNNERS
64	210	VASCO E T SILVA	M	29	00:58:57	EQUIPA INVESTWOOD
65	56	RICARDO R FERNANDES	M	27	00:59:00	COFIDIS
66	276	ALEXANDRE FELÍCIO	M	23	00:59:21	INDIVIDUAL
67	234	DIOGO JORDÃO	M	24	00:59:27	INDIVIDUAL
68	162	LUIS ANDRADE	M	21	00:59:29	INDIVIDUAL
69	93	JOAO GUERREIRO	M	27	00:59:40	WSE ALVERCA
70	73	RICARDO RODRIGUES	M	32	00:59:53	COFIDIS
71	53	RICARDO NOGUEIRA	M	33	00:59:59	COFIDIS
72	24	ALEXANDRE JANICAS	M	28	01:00:29	INDIVIDUAL
73	166	DIOGO CARDOSO	M	28	01:00:45	WSE LINDA A VELHA
74	272	TIAGO VELOSO	M	25	01:01:26	WSE COIMBRA
75	26	RICARDO OLIVEIRA	M	18	01:01:35	TEAM SALDANHA
76	376	PAULO RODRIGUES	M	34	01:02:29	INDIVIDUAL
77	233	FRANCISCO ROCHA	M	24	01:02:58	INDIVIDUAL
78	151	LUIS ARAUJO	M	27	01:03:50	BENFAS TEAM
79	199	CRISTIAN SANDU	M	17	01:04:04	TEAM S
80	409	GONÇALO C PEREIRA	M	27	01:04:50	INDIVIDUAL

M0034

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
81	206	DIOGO LEITÃO	M	30	01:04:57	INDIVIDUAL
82	280	DUARTE L SIMÕES	M	20	01:05:32	INDIVIDUAL
83	384	TIAGO NÓBREGA	M	28	01:05:45	WSE VILA REAL
84	318	RUI T GERALDO	M	29	01:06:21	INDIVIDUAL
85	72	RICARDO COSTA	M	34	01:06:40	COFIDIS
86	213	MICHAEL VAZ	M	28	01:06:46	WSE VILA REAL
87	74	RICARDO GARRETE	M	30	01:07:10	COFIDIS
88	215	MIGUEL GUERRA	M	20	01:08:38	TORRES VEDRAS
89	214	DIOGO FRANCO	M	19	01:08:38	TORRES VEDRAS
90	11	IVO ROSA	M	30	01:09:30	INDIVIDUAL
91	337	JOÃO T S R DIAS	M	16	01:10:09	WSE AVEIRO
92	386	JOÃO LEITE	M	26	01:11:40	INDIVIDUAL
93	136	JOÃO SILVA	M	26	01:12:25	INDIVIDUAL
94	387	PEDRO MACÁRIO	M	26	01:12:37	INDIVIDUAL
95	156	HUGO F G SANTOS	M	26	01:12:42	INDIVIDUAL
96	49	PEDRO SILVA	M	33	01:13:05	COFIDIS
97	388	VÍTOR RENATO	M	34	01:20:59	TORRES VEDRAS
98	266	IVO MARCELINO	M	9	01:24:47	TORRES VEDRAS
99	256	MIGUEL A C G ROSADO	M	22	01:26:10	TORRES VEDRAS
100	154	RICARDO M M SANTOS	M	26	01:30:36	INDIVIDUAL
101	245	TIAGO SOARES	M	25	01:32:21	TORRES VEDRAS
102	145	BERNARDO F R LOPES	M	19	01:33:16	INDIVIDUAL

M3539

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	288	LUIS RAÇOES	M	38	00:33:53	CA ODIMARQ
2	412	HUGO BARROSO	M	35	00:39:35	INDIVIDUAL
3	185	HUGO MONTEIRO	M	38	00:39:59	WSE CARCAVELOS
4	286	MARTINHO AMARO	M	35	00:40:07	TRANSFORMIGAS
5	349	JOSE L D PEREIRA	M	39	00:43:40	INDIVIDUAL
6	310	JOÃO BORRALHO	M	38	00:44:45	ACLIS LIBERTY SEGUROS
7	346	JOÃO M B RIBEIRO	M	37	00:45:22	INDIVIDUAL
8	380	RICARDO J SANTOS	M	37	00:45:25	INDIVIDUAL
9	237	RUI PEREIRA	M	39	00:46:15	C MATA ESCAROUPIM
10	277	BRUNO OUTERELO	M	35	00:46:16	INDIVIDUAL
11	339	PEDRO R B M MENDONÇA	M	39	00:47:12	INDIVIDUAL
12	67	ARNAUD LEGALL	M	39	00:47:56	COFIDIS
13	111	JOÃO ALVES	M	38	00:48:12	INDIVIDUAL
14	383	HUGO S NOGUEIRA	M	37	00:48:20	INDIVIDUAL
15	149	ALEXANDRE MATEUS	M	38	00:49:28	INDIVIDUAL
16	259	MARCOS PINTO	M	37	00:49:45	ALMARUN
17	204	PEDRO M SILVA	M	37	00:49:58	INDIVIDUAL
18	161	JOÃO GOMES	M	37	00:51:51	INDIVIDUAL
19	258	NUNO CHARRUA	M	37	00:51:52	INDIVIDUAL
20	331	RUI VALSUMO	M	39	00:52:24	INDIVIDUAL
21	381	LINO M B MARTINS	M	37	00:52:51	INDIVIDUAL
22	410	PAULO J O SIMOES	M	35	00:53:08	INDIVIDUAL
23	400	SERGIO SALVADO	M	38	00:53:10	INDIVIDUAL
24	164	NUNO V R MENDES	M	35	00:53:41	TORRES VEDRAS
25	28	JOAO ROSA	M	38	00:53:58	INDIVIDUAL
26	34	RODRIGO SILVA	M	39	00:54:44	TEAM SALDANHA
27	220	PEDRO V S C TORRES	M	39	00:57:41	WSE LEIRIA
28	332	NUNO C P SIMOES	M	39	00:57:55	INDIVIDUAL
29	264	JOSÉ P G BOUZAS	M	35	00:58:22	INDIVIDUAL
30	298	NELSON CABAÇO	M	39	00:59:05	AÇOREANA CLUBE BANIF
31	108	HUGO M R COLAÇO	M	36	00:59:07	INDIVIDUAL
32	417	ANTÓNIO CASAS NOVAS	M	36	00:59:51	INDIVIDUAL
33	402	LUIS FERNANDES	M	38	01:02:40	CGRUN
34	304	JOÃO GRANJA	M	35	01:03:13	INDIVIDUAL
35	212	FILIPPE CUNHA	M	38	01:06:42	
36	123	SERGIO VIEGAS	M	35	01:08:53	INDIVIDUAL
37	14	MIGUEL VENTURA	M	37	01:10:59	INDIVIDUAL
38	131	ANDRÉ SANTOS	M	38	01:18:16	INDIVIDUAL
39	239	LUIS MARCELINO	M	35	01:24:47	TORRES VEDRAS

M4044

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	357	CARLOS FREITAS	M	43	00:36:25	JOMA
2	202	JOÃO C GOMES	M	44	00:39:46	CP EDP LISBOA
3	129	ABILIO FERNANDES	M	43	00:40:35	INDIVIDUAL
4	107	GONÇALO FERREIRA	M	40	00:41:52	INDIVIDUAL
5	195	PEDRO REIS	M	41	00:42:03	BIOENERGIA
6	273	SADIQ M KASSAMO	M	40	00:42:22	PORTUGAL RUNNING
7	249	MÁRIO SANTANA	M	43	00:42:24	C MATA ESCAROUPIM
8	99	SERGIO SANTOS	M	42	00:42:54	INDIVIDUAL
9	196	CARLOS M G MARQUES	M	42	00:43:37	INDIVIDUAL
10	193	PEDRO GUEDES	M	40	00:45:28	INDIVIDUAL
11	311	GIL SOUSA	M	40	00:46:50	INDIVIDUAL
12	294	NÉLSON MOTA	M	44	00:47:27	AÇOREANA CLUBE BANIF
13	137	JOSÉ C V AMARAL	M	41	00:48:12	INDIVIDUAL
14	138	RILDO G SOARES	M	44	00:48:39	FAMÍLIA MARIANO SOARES
15	173	RUI MONTEIRO	M	43	00:49:48	WSE CARCAVELOS
16	303	NUNO M B MARTINS	M	42	00:50:15	INDIVIDUAL
17	88	ALBERTO ARAUJO	M	41	00:50:44	RB RUNNING
18	248	NUNO M. B. MARTINS	M	42	00:51:42	INDIVIDUAL
19	225	VASCO ARMES	M	42	00:52:32	PERI TEAM
20	313	MIGUEL OLIVEIRA	M	40	00:52:34	INDIVIDUAL
21	359	JOÃO FORTE	M	43	00:53:55	WSE PAIVAS
22	85	SERGIO BORGES	M	41	00:54:16	ND AUTOCCOPE
23	366	JOSE NEVES	M	43	00:54:40	INDIVIDUAL
24	105	OSCAR RODRIGUES	M	44	00:56:00	GIN RUNNING
25	106	PEDRO BAPTISTA	M	41	00:56:27	GIN RUNNING
26	329	JORGE A GONÇALVES	M	42	00:57:16	PINGUINS
27	375	LUIS NEVES	M	41	00:58:10	INDIVIDUAL
28	362	CARLOS VARELA	M	44	00:58:19	INDIVIDUAL
29	226	NUNO ALMEIDA	M	40	00:58:50	PERI TEAM
30	314	MIGUEL OLIVEIRA	M	41	01:01:07	INDIVIDUAL
31	183	NUNO PEDROSO	M	43	01:04:03	WSE CARCAVELOS
32	200	DORU SANDU	M	44	01:07:13	TEAM S
33	134	CESAR F GUERRA	M	44	01:07:26	CTJI
34	109	RUI M F D PEDRO	M	42	01:10:46	INDIVIDUAL
35	207	PAULO SOMA	M	41	01:15:02	WSE COIMBRA

M4549

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	418	JOSÉ M. CORREIA	M	47	00:37:29	INDIVIDUAL
2	81	JOAO CALDAS	M	48	00:40:34	ND AUTOCCOPE
3	247	ISIDRO DUARTE	M	46	00:42:29	RB RUNNING
4	414	NUNO CORREIA	M	47	00:43:53	C.G.INE
5	419	JEREMIAS J. CARDOSO	M	49	00:47:25	
6	119	FERNANDO OLIVEIRA	M	46	00:50:23	INDIVIDUAL
7	216	AMARO J R P MAGALHÃES	M	48	00:50:50	WSE COVILHÃ
8	364	RUI BARROS	M	45	00:51:15	INDIVIDUAL
9	163	CARLOS M R COSTA	M	45	00:51:57	INDIVIDUAL
10	124	RUI SALES	M	47	00:52:19	INDIVIDUAL
11	321	JORGE A S GUERREIRO	M	45	00:55:58	INDIVIDUAL
12	201	JORGE LOPES	M	47	00:56:42	INDIVIDUAL
13	243	FERNANDO MATEUS	M	46	00:59:55	TORRES VEDRAS
14	75	NUNO PINTO	M	45	01:06:30	COFIDIS
15	263	CARLOS VIEIRA	M	45	01:11:36	INDIVIDUAL
16	122	JOÃO CA G BRANCO	M	46	01:11:42	PAPA MILHAS 2
17	27	AUGUSTO FARIA	M	47	01:15:35	TEAM SALDANHA
18	31	DANIEL LUFF	M	48	01:24:08	TEAM SALDANHA
19	231	MANUEL RODRIGUES	M	48	01:33:02	INDIVIDUAL

M5054

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	348	PEDRO J B F CUNHA	M	54	00:38:47	INDIVIDUAL
2	274	PAULO CHAINHO	M	50	00:39:20	GDR S FRANCISCO SERRA
3	148	ANTÓNIO M P RIBEIRO	M	51	00:39:32	WSE PAIVAS
4	90	JOSE SILVA	M	50	00:40:56	CA ODIMARQ
5	302	ALBERTO A SANTOS	M	52	00:40:57	WSE LEIRIA
6	367	NELSON DIAS	M	53	00:41:47	INDIVIDUAL
7	341	LUIS REBELO	M	50	00:42:17	REBELOS
8	79	ANTONIO ALMEIDA	M	50	00:42:20	ND AUTOCCOPE
9	308	HELDER ASSUNÇÃO	M	54	00:44:51	PERI TEAM
10	86	JUVENAL MOREIRA	M	50	00:47:05	ND AUTOCCOPE
11	167	RUI SILVA	M	50	00:52:48	WSE LINDA A VELHA
12	97	ANTONIO LIMA	M	51	00:53:12	INDIVIDUAL
13	382	JOSE R RAMOS	M	52	00:54:28	INDIVIDUAL
14	182	JOÃO BRAGA	M	52	01:00:37	WSE CARCAVELOS
15	192	JOSÉ ALMEIDA	M	54	01:36:27	TORRES VEDRAS

M5559

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	299	FERNANDO CELESTINO	M	55	00:46:32	AÇOREANA CLUBE BANIF
2	395	IDALECIO BARROS	M	59	00:47:34	INDIVIDUAL
3	317	MANUEL F L FRANCISCO	M	55	00:47:52	WSE LEIRIA
4	147	ALMERINDO SILVA	M	55	00:48:51	ADC CATUJAL
5	369	FERNANDO ANDRÉ	M	57	00:49:01	INDIVIDUAL
6	392	RUI M GASPAR	M	57	00:50:01	INDIVIDUAL
7	80	CARLOS FERREIRA	M	57	00:50:26	ND AUTOCCOPE
8	260	FERNANDO VENDA	M	56	00:53:59	WSE COIMBRA
9	82	JOSE DIAS	M	56	00:54:16	ND AUTOCCOPE
10	343	ANTÓNIO J S G MONTEIRO	M	55	01:02:18	MONTEIRINHOS
11	291	JOAQUIM FONSECA	M	58	01:04:38	OS SUPER
12	296	VIRGILIO MADEIRA	M	55	01:07:53	AÇOREANA CLUBE BANIF

M6099

Class	Num	Nome	Sx	Idd	T. Bruto	Equipe
1	396	FERNANDO ANACLETO	M	62	00:44:17	INDIVIDUAL
2	295	TAM AFONSO	M	61	00:48:45	AÇOREANA CLUBE BANIF
3	96	HELIO GODINHO	M	64	00:50:57	INDIVIDUAL
4	405	JOAQUIM M D PALMA	M	60	00:52:12	TEAM SALDANHA
5	92	GILBERTO GONÇALVES	M	65	00:52:42	CAA BELEM
6	103	FRANCISCO L RIBEIRO	M	66	00:57:22	INDIVIDUAL
7	141	JOSÉ MARQUES	M	64	00:57:47	INDIVIDUAL
8	413	ALFREDO PINHAL	M	62	00:58:01	INDIVIDUAL
9	338	CASIMIRO CRISTO	M	60	00:58:44	INDIVIDUAL
10	344	JOÃO P CARVALHO	M	62	00:59:49	MONTEIRINHOS
11	372	JOAQUIM A D CAPUCHO	M	63	01:01:50	INDIVIDUAL
12	83	JOAO GRAÇA	M	74	01:04:40	ND AUTOCCOPE
13	415	FERNANDO RODRIGUES	M	72	01:12:55	INDIVIDUAL
14	281	ANTÓNIO MARQUES	M	67	01:15:01	INDIVIDUAL
15	165	VASCO VALDEZ	M	65	01:20:40	WSE LINDA A VELHA
16	118	LUIS SEIXAS	M	66	01:34:26	INDIVIDUAL