

| Lugar | Esc | Dorsal | Nome                                 | Sexo | Chip     | Tempo    | Equipa                        |
|-------|-----|--------|--------------------------------------|------|----------|----------|-------------------------------|
| 1     | 1   | 1304   | HÉLIO FUMO                           | M    | 00:43:59 | 00:43:59 |                               |
| 2     | 2   | 1201   | TIAGO MIGUEL LOUSA                   | M    | 00:44:26 | 00:44:26 |                               |
| 3     | 3   | 1189   | JOÃO LÁZARO SANTOS                   | M    | 00:44:35 | 00:44:36 |                               |
| 4     | 4   | 1146   | ION IAPARA                           | M    | 00:44:54 | 00:44:56 |                               |
| 5     | 5   | 1353   | RUI RODRIGUES                        | M    | 00:45:06 | 00:45:06 |                               |
| 6     | 6   | 1253   | VASCO MENDES AZENHA SANTOS PEREIRA   | M    | 00:48:16 | 00:48:16 |                               |
| 7     | 7   | 1177   | MÁRIO TEIXEIRA                       | M    | 00:49:04 | 00:49:04 | ARC-ESC ATLETISMO DE COIMBRA  |
| 8     | 8   | 1153   | LINO EMANUEL SILVA PINTO             | M    | 00:49:14 | 00:49:15 | HORÁCIO 13                    |
| 9     | 9   | 1229   | GONÇALO FILIPE TIAGO SILVA           | M    | 00:49:13 | 00:49:15 | HORÁCIO 13                    |
| 10    | 10  | 1148   | JOÃO PEREIRA                         | M    | 00:49:16 | 00:49:17 |                               |
| 11    | 11  | 1174   | NUNO CORTESÃO                        | M    | 00:49:18 | 00:49:20 | ARC-ESC ATLETISMO DE COIMBRA  |
| 12    | 12  | 1309   | ORLANDO PIRES                        | M    | 00:49:36 | 00:49:37 | ARSM - ASSO. REC. S. MIGUEL   |
| 13    | 13  | 1277   | DANIEL HENRIQUES                     | M    | 00:49:39 | 00:49:40 | LOJA DO ATLETA AGUEDA         |
| 14    | 14  | 1218   | RICARDO GASPAR                       | M    | 00:49:55 | 00:49:55 |                               |
| 15    | 15  | 1198   | JOSÉ ANTÓNIO RODRIGUES SEQUEIRA      | M    | 00:50:05 | 00:50:05 |                               |
| 16    | 16  | 1176   | EMANUEL CORREIA                      | M    | 00:50:41 | 00:50:41 | ARC-ESC ATLETISMO DE COIMBRA  |
| 17    | 17  | 1401   | PAULO MARREIROS                      | M    | 00:50:58 | 00:51:01 | COIMBRA TRAIL RUNNING         |
| 18    | 18  | 1083   | NUNO FILIPE GOMES ANDRADE DOMINGOS   | M    | 00:51:18 | 00:51:20 | FORMOBIKE BTT E TRAIL RUNNING |
| 19    | 19  | 1057   | JORGE SIMÃO                          | M    | 00:51:37 | 00:51:40 | COIMBRA TRAIL RUNNING         |
| 20    | 20  | 1375   | DAVID GOUVEIA                        | M    | 00:51:43 | 00:51:43 | ESCARAVELHOS TEAM-CMMOURONHO  |
| 21    | 21  | 1385   | JOÃO PINTO                           | M    | 00:51:46 | 00:51:46 | ORALKLASS - AMIGOS DO TRAIL   |
| 22    | 1   | 1307   | INES MARQUES                         | F    | 00:51:49 | 00:51:51 |                               |
| 23    | 22  | 1386   | RUI DANIEL DINIS DE MELO             | M    | 00:51:50 | 00:51:51 | CNI                           |
| 24    | 23  | 1340   | LUIS CAVALEIRO                       | M    | 00:51:53 | 00:51:57 | RUN@FIGUEIRA                  |
| 25    | 24  | 1200   | FILIPE MANUEL CARVALHO ANTUNES       | M    | 00:51:59 | 00:52:00 | HORÁCIO 13                    |
| 26    | 25  | 1028   | DAVID CUNHA DA SILVA                 | M    | 00:51:52 | 00:52:02 | FARMÁCIA LUCIANO E MATOS      |
| 27    | 26  | 1310   | RICARDO JOSÉ FREITAS JORDÃO          | M    | 00:52:39 | 00:52:40 | JOGGING LOVERS COIMBRA        |
| 28    | 27  | 1190   | FRANCISCO LÁZARO SANTOS              | M    | 00:52:47 | 00:52:48 |                               |
| 29    | 28  | 1379   | ANTÓNIO FIGUEIREDO1379               | M    | 00:52:57 | 00:52:58 | COIMBRA TRAIL RUNNING         |
| 30    | 29  | 1154   | MARCO PAULO COSTA TAVARES            | M    | 00:53:17 | 00:53:19 | HORÁCIO 13                    |
| 31    | 30  | 1358   | FERNANDO SANTOS                      | M    | 00:54:44 | 00:54:44 | ESCARAVELHOS TEAM-CMMOURONHO  |
| 32    | 31  | 1305   | JOÃO NETO                            | M    | 00:55:07 | 00:55:08 | COIMBRA TRAIL RUNNING         |
| 33    | 32  | 1159   | ESTÊVÃO GONÇALVES                    | M    | 00:55:20 | 00:55:24 |                               |
| 34    | 33  | 1525   | PEDRO OLIVEIRA                       | M    | 00:55:20 | 00:55:24 | RUN@FIGUEIRA                  |
| 35    | 34  | 1241   | PEDRO MIGUEL CASTANHEIRA LONGUINHO   | M    | 00:55:24 | 00:55:26 | RED CROSS COIMBRA TEAM        |
| 36    | 35  | 1188   | JOÃO LÁZARO                          | M    | 00:55:46 | 00:55:48 |                               |
| 37    | 36  | 1540   | CARLOS BARROCAS                      | M    | 00:55:54 | 00:56:01 | OS DOMINGUEIROS               |
| 38    | 37  | 1030   | GONÇALO DANIEL NUNES RELVÃO LOURENÇO | M    | 00:56:00 | 00:56:10 | FARMÁCIA LUCIANO E MATOS      |
| 39    | 38  | 1334   | JORGE FERNANDES                      | M    | 00:56:42 | 00:56:48 |                               |
| 40    | 39  | 1501   | VITOR SARMENTO                       | M    | 00:56:42 | 00:56:50 |                               |
| 41    | 40  | 1173   | FREDERICO CRASTO                     | M    | 00:57:10 | 00:57:13 |                               |
| 42    | 41  | 1362   | JOÃO TOSCANO                         | M    | 00:57:32 | 00:57:42 |                               |
| 43    | 42  | 1314   | ARNALDO OLIVEIRA FERREIRA            | M    | 00:57:49 | 00:57:51 | FALSOS LENTOS                 |
| 44    | 43  | 1138   | PEDRO MIGUEL ALEXANDRE MARTINS       | M    | 00:58:10 | 00:58:22 | JOGGING LOVERS COIMBRA        |
| 45    | 44  | 1186   | VITOR MANUEL RODRIGUES NUNES         | M    | 00:58:38 | 00:58:45 | CNI                           |

| Lugar | Esc | Dorsal | Nome                                | Sexo | Chip     | Tempo    | Equipa                       |
|-------|-----|--------|-------------------------------------|------|----------|----------|------------------------------|
| 46    | 45  | 1226   | ARTUR JORGE HENRIQUES GANDARA       | M    | 00:58:39 | 00:58:45 | CNI                          |
| 47    | 46  | 1319   | PEDRO TIAGO LOPES                   | M    | 00:58:38 | 00:58:56 | CELAS RUNNER                 |
| 48    | 47  | 1204   | PAULO J. CARVALHO                   | M    | 00:58:55 | 00:59:00 | COIMBRA TRAIL RUNNING        |
| 49    | 48  | 1339   | JORGE ALVES                         | M    | 00:59:00 | 00:59:06 | RUN@FIGUEIRA                 |
| 50    | 49  | 1228   | PEDRO SEQUEIRA                      | M    | 00:59:23 | 00:59:23 |                              |
| 51    | 50  | 1549   | ANTÓNIO LUÍS CORDEIRO GOMES         | M    | 00:59:10 | 00:59:27 |                              |
| 52    | 51  | 1376   | FRANCISCO MATEUS1376                | M    | 00:59:33 | 00:59:37 | ESCARAVELHOS TEAM-CMMOURONHO |
| 53    | 52  | 1107   | BRUNO CASIMIRO                      | M    | 00:59:35 | 00:59:41 | COIMBRA TRAIL RUNNING        |
| 54    | 53  | 1370   | LUIS MIGUEL TORRES                  | M    | 00:59:32 | 00:59:42 | FAST AND FUN                 |
| 55    | 54  | 1175   | ANDRÉ FERNANDES                     | M    | 00:59:57 | 00:59:59 | ARC-ESC ATLETISMO DE COIMBRA |
| 56    | 55  | 1313   | ACÍLIO SANTOS FRANCO RODRIGUES NORO | M    | 01:00:24 | 01:00:27 | FALSOS LENTOS                |
| 57    | 56  | 1135   | JOSÉ NETO                           | M    | 01:00:06 | 01:00:28 | MONDEGOPEÇAS                 |
| 58    | 57  | 1404   | PEDRO MIGUEL NEVES ALVES            | M    | 01:00:26 | 01:00:29 | RED CROSS COIMBRA TEAM       |
| 59    | 58  | 1399   | RUI FIGUEIREDO                      | M    | 01:00:26 | 01:00:34 | ARSM - ASSO. REC. S. MIGUEL  |
| 60    | 59  | 1044   | NUNO RODRIGUES                      | M    | 01:00:23 | 01:00:35 | DEIXA PASSAR                 |
| 61    | 60  | 1521   | GILBERTO RIBEIRO                    | M    | 01:00:19 | 01:00:38 | OS DOMINGUEIROS              |
| 62    | 61  | 1384   | RICARDO DELGADINHO                  | M    | 01:00:37 | 01:00:41 | COIMBRA TRAIL RUNNING        |
| 63    | 62  | 1271   | JOÃO DOMINGUES                      | M    | 01:00:41 | 01:00:43 | LOJA DO ATLETA AGUEDA        |
| 64    | 63  | 1113   | CÉLIO DUARTE                        | M    | 01:00:32 | 01:00:44 | DEIXA PASSAR                 |
| 65    | 64  | 1149   | AFONSO NUNO LOUREIRO TAVARES        | M    | 01:00:45 | 01:00:47 |                              |
| 66    | 65  | 1089   | HÉLDER PIEDADE                      | M    | 01:00:34 | 01:00:52 | CELAS RUNNER                 |
| 67    | 66  | 1108   | LUÍS ALMEIDA                        | M    | 01:00:49 | 01:00:56 |                              |
| 68    | 67  | 1316   | JOAO MIGUEL GOMES SOARES PIRES      | M    | 01:00:49 | 01:00:56 |                              |
| 69    | 68  | 1116   | JOÃO SILVA                          | M    | 01:00:38 | 01:00:57 |                              |
| 70    | 69  | 1290   | ANDRÉ MIRANDA                       | M    | 01:00:58 | 01:00:58 | MOTORATOS & FRIENDS          |
| 71    | 70  | 1276   | JOÃO PEDRO REIS                     | M    | 01:00:52 | 01:01:02 | JOGGING LOVERS COIMBRA       |
| 72    | 2   | 1202   | ANA NOKAS ALBERTO                   | F    | 01:01:07 | 01:01:08 |                              |
| 73    | 71  | 1222   | NUNO SANTOS                         | M    | 01:00:58 | 01:01:12 | 4ANY1                        |
| 74    | 72  | 1071   | HORÁCIO FERREIRA                    | M    | 01:01:07 | 01:01:16 | ARSM - ASSO. REC. S. MIGUEL  |
| 75    | 73  | 1187   | CESAR DIOGO MATEUS RAMALHO          | M    | 01:01:09 | 01:01:16 | CNI                          |
| 76    | 74  | 1515   | FILIPPE SANTOS                      | M    | 01:01:24 | 01:01:28 | COIMBRA TRAIL RUNNING        |
| 77    | 75  | 1337   | JOSÉ MARTINS                        | M    | 01:01:26 | 01:01:31 | RUN@FIGUEIRA                 |
| 78    | 76  | 1282   | DAVID FELIZARDO                     | M    | 01:01:37 | 01:01:43 | LOJA DO ATLETA AGUEDA        |
| 79    | 77  | 1367   | CARLOS GONÇALVES                    | M    | 01:01:44 | 01:01:45 | ORALKLASS - AMIGOS DO TRAIL  |
| 80    | 78  | 1389   | EMANUEL ALMEIDA                     | M    | 01:01:37 | 01:01:48 | FAST AND FUN                 |
| 81    | 3   | 1273   | CATARINA MARTINS                    | F    | 01:02:09 | 01:02:24 | LOJA DO ATLETA AGUEDA        |
| 82    | 79  | 1127   | FERNANDO ALHAU                      | M    | 01:02:25 | 01:02:27 |                              |
| 83    | 80  | 1278   | OSCAR RAMALHO                       | M    | 01:02:21 | 01:02:36 | LOJA DO ATLETA AGUEDA        |
| 84    | 81  | 1368   | DAVID MORAIS                        | M    | 01:02:38 | 01:02:36 | ORALKLASS - AMIGOS DO TRAIL  |
| 85    | 82  | 1545   | MANUEL LOPES                        | M    | 01:02:41 | 01:02:47 |                              |
| 86    | 83  | 1312   | PEDRO MIGUEL BERNARDES FERREIRA     | M    | 01:02:52 | 01:02:55 | FALSOS LENTOS                |
| 87    | 84  | 1157   | ALEXANDRE PINTO                     | M    | 01:02:50 | 01:03:00 |                              |
| 88    | 85  | 1406   | RICARDO FERNANDES                   | M    | 01:02:57 | 01:03:01 | COIMBRA TRAIL RUNNING        |
| 89    | 86  | 1233   | NUNO MIGUEL MOURA CACHULO           | M    | 01:02:56 | 01:03:10 |                              |
| 90    | 87  | 1196   | MARCOS DANIEL RIBEIRO DIAS          | M    | 01:03:06 | 01:03:13 | CNI                          |

| Lugar | Esc | Dorsal | Nome                               | Sexo | Chip     | Tempo    | Equipa                       |
|-------|-----|--------|------------------------------------|------|----------|----------|------------------------------|
| 91    | 88  | 1261   | LUIS CARLOS FERREIRA CAMPOS LOBO   | M    | 01:03:00 | 01:03:13 | ALL-TITUDES TRAIL TEAM       |
| 92    | 89  | 1114   | JOAQUIM BALTAZAR                   | M    | 01:03:11 | 01:03:16 |                              |
| 93    | 90  | 1225   | BRUNO EMANUEL CONCEIÇÃO GOMES      | M    | 01:03:11 | 01:03:19 | CNI                          |
| 94    | 91  | 1269   | ANDRÉ OLIVEIRA                     | M    | 01:03:18 | 01:03:20 | LOJA DO ATLETA AGUEDA        |
| 95    | 92  | 1356   | PEDRO CRUZ                         | M    | 01:03:15 | 01:03:20 | LOJA DO ATLETA AGUEDA        |
| 96    | 4   | 1227   | CARLA ISABEL CORREIA SOUSA SANTOS  | F    | 01:03:23 | 01:03:23 |                              |
| 97    | 93  | 1054   | RUI FONSECA                        | M    | 01:03:20 | 01:03:25 |                              |
| 98    | 94  | 1109   | NUNO CALISTO                       | M    | 01:03:25 | 01:03:40 |                              |
| 99    | 95  | 1285   | MANUEL MARIA FÉLIX                 | M    | 01:03:32 | 01:03:41 | MOTORATOS & FRIENDS          |
| 100   | 96  | 1062   | PEDRO SILVA                        | M    | 01:03:33 | 01:03:44 | COIMBRA TRAIL RUNNING        |
| 101   | 97  | 1246   | PAULO CORREIA                      | M    | 01:03:39 | 01:03:44 | COIMBRA TRAIL RUNNING        |
| 102   | 98  | 1528   | RICARDO MARQUES                    | M    | 01:03:20 | 01:03:49 |                              |
| 103   | 99  | 1335   | MÁRIO FERNANDES                    | M    | 01:03:44 | 01:03:51 |                              |
| 104   | 100 | 1281   | PEDRO ISABEL                       | M    | 01:03:55 | 01:04:00 | LOJA DO ATLETA AGUEDA        |
| 105   | 101 | 1145   | RICARDO MONTEIRO                   | M    | 01:03:47 | 01:04:07 |                              |
| 106   | 102 | 1036   | PAULO CAVALEIRO                    | M    | 01:04:05 | 01:04:10 |                              |
| 107   | 103 | 1216   | JOSE MIGUEL NUNES                  | M    | 01:04:19 | 01:04:19 | ESCARAVELHOS TEAM-CMMOURONHO |
| 108   | 104 | 1288   | RICARDO JESUS                      | M    | 01:04:11 | 01:04:22 | COIMBRA TRAIL RUNNING        |
| 109   | 105 | 1197   | JOÃO MANUEL SEIÇA                  | M    | 01:04:15 | 01:04:23 | CNI                          |
| 110   | 106 | 1328   | HELDER MACHADO                     | M    | 01:04:24 | 01:04:27 | TEAM TARRAFAL                |
| 111   | 107 | 1330   | MARCIO SILVA                       | M    | 01:04:23 | 01:04:27 | TEAM TARRAFAL                |
| 112   | 108 | 1011   | RUBEN FILIPE MACHADO OLIVEIRA NOVO | M    | 01:04:19 | 01:04:30 |                              |
| 113   | 109 | 1102   | JOSÉ PEDRO FERNANDES               | M    | 01:04:33 | 01:04:33 |                              |
| 114   | 110 | 1207   | HELDER ARAÚJO                      | M    | 01:04:35 | 01:04:37 | GINÁSIO FIT & FUN CBR AVR    |
| 115   | 111 | 1530   | RAMIRO COSTA                       | M    | 01:04:11 | 01:04:39 |                              |
| 116   | 112 | 1171   | HELDER DOMINGOS                    | M    | 01:04:18 | 01:04:40 | A VOLTINHA DO DOMINGO        |
| 117   | 113 | 1122   | MARCELO COUTINHO                   | M    | 01:04:56 | 01:04:56 | GEAR UP                      |
| 118   | 114 | 1193   | TELMO ESTRELA                      | M    | 01:04:48 | 01:04:59 | VAGALUMES                    |
| 119   | 115 | 1291   | JOÃO DIAS                          | M    | 01:04:59 | 01:05:08 | MOTORATOS & FRIENDS          |
| 120   | 116 | 1543   | JOSÉ MANUEL QUINTEIRA FERNANDES    | M    | 01:04:59 | 01:05:09 |                              |
| 121   | 5   | 1242   | DINA ROCHA                         | F    | 01:05:06 | 01:05:10 | COIMBRA TRAIL RUNNING        |
| 122   | 117 | 1331   | PAULO FIDALGO                      | M    | 01:05:06 | 01:05:10 |                              |
| 123   | 118 | 1289   | LUÍS CARREIRA                      | M    | 01:05:03 | 01:05:12 | MOTORATOS & FRIENDS          |
| 124   | 119 | 1409   | RUI CASALEIRO                      | M    | 01:04:45 | 01:05:14 |                              |
| 125   | 120 | 1397   | JOÃO CARVALHO                      | M    | 01:05:09 | 01:05:16 |                              |
| 126   | 121 | 1383   | PEDRO SEIXAS                       | M    | 01:05:16 | 01:05:18 | ORALKLASS - AMIGOS DO TRAIL  |
| 127   | 122 | 1231   | BRUNO BRANCO DUARTE                | M    | 01:04:56 | 01:05:20 |                              |
| 128   | 123 | 1232   | TIAGO ANDRÉ REBOCHO MORAIS         | M    | 01:04:55 | 01:05:20 |                              |
| 129   | 124 | 1347   | AUGUSTO REIS                       | M    | 01:05:10 | 01:05:22 | GINÁSIO FIT & FUN CBR AVR    |
| 130   | 125 | 1118   | PEDRO ELIAS                        | M    | 01:05:15 | 01:05:28 | JOGGING LOVERS COIMBRA       |
| 131   | 126 | 1165   | JORGE LOPES                        | M    | 01:05:17 | 01:05:38 | MONDEGOPEÇAS                 |
| 132   | 127 | 1120   | PAULO RIBEIRO                      | M    | 01:05:31 | 01:05:41 |                              |
| 133   | 128 | 1208   | JOEL ARAÚJO                        | M    | 01:05:36 | 01:05:54 |                              |
| 134   | 129 | 1322   | RUI FILIPE GONÇALVES RAMOS         | M    | 01:05:55 | 01:05:57 | FALSOS LENTOS                |
| 135   | 130 | 1043   | LUÍS BRAGANÇA                      | M    | 01:05:47 | 01:05:59 | DEIXA PASSAR                 |

| Lugar | Esc | Dorsal | Nome                              | Sexo | Chip     | Tempo    | Equipa                        |
|-------|-----|--------|-----------------------------------|------|----------|----------|-------------------------------|
| 136   | 131 | 1199   | CARLOS MANUEL ANTUNES DOS SANTOS  | M    | 01:05:56 | 01:06:00 | JOGGING LOVERS COIMBRA        |
| 137   | 132 | 1520   | TIAGO BENTO                       | M    | 01:05:45 | 01:06:02 |                               |
| 138   | 133 | 1248   | PEDRO RICARDO COELHO GONÇALVES    | M    | 01:06:23 | 01:06:27 |                               |
| 139   | 134 | 1088   | CARLOS GOMES CORREIA              | M    | 01:06:17 | 01:06:36 | CELAS RUNNER                  |
| 140   | 135 | 1117   | JOEL ALMEIDA MARTINHO             | M    | 01:06:48 | 01:06:52 | COIMBRA TRAIL RUNNING         |
| 141   | 136 | 1016   | SERGIO PAULO PIRES FREITAS        | M    | 01:06:43 | 01:06:59 |                               |
| 142   | 137 | 1517   | RODRIGO SANTOS                    | M    | 01:07:04 | 01:07:07 | COIMBRA TRAIL RUNNING         |
| 143   | 138 | 1272   | BRUNO MIGUEL LEITÃO               | M    | 01:06:42 | 01:07:08 |                               |
| 144   | 139 | 1506   | VÍTOR CRICAS                      | M    | 01:07:05 | 01:07:08 | COIMBRA TRAIL RUNNING         |
| 145   | 140 | 1209   | PEDRO FONSECA                     | M    | 01:07:06 | 01:07:12 |                               |
| 146   | 141 | 1084   | LUÍS MIGUEL BALUBA GIRÃO          | M    | 01:07:43 | 01:07:46 | FORMOBIKE BTT E TRAIL RUNNING |
| 147   | 142 | 1350   | PEDRO JORGE L. FARINHA            | M    | 01:07:27 | 01:07:47 | KOTAS & COMPANHIA             |
| 148   | 143 | 1364   | PEDRO BORGES                      | M    | 01:07:29 | 01:07:48 | JOGGING LOVERS COIMBRA        |
| 149   | 144 | 1366   | HUGO DUARTE                       | M    | 01:07:57 | 01:08:12 | FAST AND FUN                  |
| 150   | 145 | 1211   | DIOGO OLIVEIRA                    | M    | 01:08:29 | 01:08:40 | COIMBRA TRAIL RUNNING         |
| 151   | 146 | 1308   | CARLOS VILA NOVA                  | M    | 01:08:21 | 01:08:42 |                               |
| 152   | 147 | 1299   | BRUNO SILVA                       | M    | 01:08:31 | 01:08:44 | FLECHAS HUMANAS               |
| 153   | 148 | 1178   | NUNO ANDRÉ LIBÓRIO CARDEAS        | M    | 01:08:43 | 01:08:56 | JOGGING LOVERS COIMBRA        |
| 154   | 149 | 1516   | CARLOS ALBERTO DA SILVA PIRES     | M    | 01:08:46 | 01:08:56 | GAVICAR                       |
| 155   | 150 | 1396   | JOSÉ FILIPE DA COSTA              | M    | 01:08:48 | 01:08:57 |                               |
| 156   | 151 | 1099   | HENRIQUE SERRANO                  | M    | 01:08:32 | 01:09:01 |                               |
| 157   | 152 | 1323   | JOSÉ MANUEL M. FIGUEIREDO         | M    | 01:09:03 | 01:09:06 | FALSOS LENTOS                 |
| 158   | 153 | 1167   | FERNANDO VENDA                    | M    | 01:09:06 | 01:09:09 | COIMBRA TRAIL RUNNING         |
| 159   | 154 | 1315   | DANIEL MENDES                     | M    | 01:09:11 | 01:09:17 | RUN@FIGUEIRA                  |
| 160   | 6   | 1317   | SUSANA SALVATERRA                 | F    | 01:09:11 | 01:09:17 | RUN@FIGUEIRA                  |
| 161   | 155 | 1327   | HÉLDER FERREIRA                   | M    | 01:09:20 | 01:09:20 | CELAS RUNNER                  |
| 162   | 156 | 1031   | ANTÓNIO MARQUES                   | M    | 01:09:17 | 01:09:22 |                               |
| 163   | 157 | 1007   | VIRGÍLIO NETO                     | M    | 01:09:17 | 01:09:23 |                               |
| 164   | 7   | 1402   | PATRICIA LOURENÇO                 | F    | 01:09:17 | 01:09:24 |                               |
| 165   | 158 | 1510   | PAULO JORGE DE OLIVEIRA SIMÕES    | M    | 01:09:18 | 01:09:25 |                               |
| 166   | 159 | 1509   | RUI MATOS                         | M    | 01:09:23 | 01:09:30 | RUN@FIGUEIRA                  |
| 167   | 160 | 1010   | TIAGO BRANQUINHO JORGE            | M    | 01:09:20 | 01:09:31 |                               |
| 168   | 161 | 1533   | DANIEL FILIPE MENDES MOREIRA      | M    | 01:08:34 | 01:09:52 | PUTOS DA MANGUEIRA            |
| 169   | 8   | 1296   | ANA MATOS                         | F    | 01:09:47 | 01:10:00 | FLECHAS HUMANAS               |
| 170   | 162 | 1311   | ADRIANO GONÇALVES GALANTE         | M    | 01:09:58 | 01:10:01 | FALSOS LENTOS                 |
| 171   | 9   | 1408   | TÂNIA FERREIRA - CABRITOS DO MATO | F    | 01:09:55 | 01:10:02 |                               |
| 172   | 163 | 1206   | HÉLDER MOREIRA                    | M    | 01:09:55 | 01:10:23 |                               |
| 173   | 164 | 1042   | JOÃO FERNANDES                    | M    | 01:10:17 | 01:10:26 |                               |
| 174   | 165 | 1537   | JOÃO FILIPE RODRIGUES GASPAR      | M    | 01:09:36 | 01:10:37 | COIMBRA TRAIL RUNNING         |
| 175   | 166 | 1156   | MARCO ALEXANDRE CRAVO GOMES       | M    | 01:10:56 | 01:10:59 |                               |
| 176   | 167 | 1332   | MÁRIO ANTÓNIO DOS SANTOS CARVALHO | M    | 01:10:38 | 01:11:03 |                               |
| 177   | 168 | 1325   | VASCO DINIS GONÇALVES VICENTE     | M    | 01:11:05 | 01:11:30 | FANFARRÕES                    |
| 178   | 169 | 1219   | RUI FERREIRA                      | M    | 01:11:21 | 01:11:37 |                               |
| 179   | 10  | 1268   | CATIA FERNANDES                   | F    | 01:11:26 | 01:11:40 | LOJA DO ATLETA AGUEDA         |
| 180   | 170 | 1345   | CARLOS CUNHA                      | M    | 01:11:28 | 01:11:40 | GINÁSIO FIT & FUN CBR AVR     |

| Lugar | Esc | Dorsal | Nome                           | Sexo | Chip     | Tempo    | Equipa                         |
|-------|-----|--------|--------------------------------|------|----------|----------|--------------------------------|
| 181   | 171 | 1073   | JOSÉ ABRANTES                  | M    | 01:11:28 | 01:11:41 | JOGGING LOVERS COIMBRA         |
| 182   | 172 | 1344   | BRUNO GODINHO                  | M    | 01:11:28 | 01:11:41 | FLECHAS HUMANAS                |
| 183   | 173 | 1058   | JOÃO PAULO LOPES ROSA          | M    | 01:11:19 | 01:11:42 | JOGGING LOVERS COIMBRA         |
| 184   | 174 | 1365   | RUI CÉSAR                      | M    | 01:11:33 | 01:11:50 | FAST AND FUN                   |
| 185   | 175 | 1377   | RICARDO MADUREIRA              | M    | 01:11:41 | 01:11:59 | JOGGING LOVERS COIMBRA         |
| 186   | 176 | 1550   | RUI PEDRO MARQUES GÉNIO        | M    | 01:11:36 | 01:11:59 |                                |
| 187   | 11  | 1144   | DORA MARIA MARQUES             | F    | 01:11:56 | 01:12:00 | COIMBRA TRAIL RUNNING          |
| 188   | 12  | 1181   | SÓNIA DIAS                     | F    | 01:11:56 | 01:12:02 | TRIBO NR                       |
| 189   | 13  | 1098   | JULIANA SANTOS                 | F    | 01:11:38 | 01:12:04 |                                |
| 190   | 177 | 1040   | JOÃO VENDA                     | M    | 01:12:01 | 01:12:07 | COIMBRA TRAIL RUNNING          |
| 191   | 178 | 1009   | JOÃO PINHO                     | M    | 01:12:01 | 01:12:10 | COIMBRA TRAIL RUNNING          |
| 192   | 179 | 1546   | MÁRIO ALBERTO DA SILVA AMARO   | M    | 01:11:51 | 01:12:10 | CMMC TÁBUA                     |
| 193   | 180 | 1363   | NUNO ALMEIDA                   | M    | 01:12:03 | 01:12:12 |                                |
| 194   | 181 | 1405   | JOÃO SALUSTIANO                | M    | 01:11:52 | 01:12:18 |                                |
| 195   | 182 | 1529   | JOAO PESTANA GUERRA            | M    | 01:11:01 | 01:12:18 | PUTOS DA MANGUEIRA             |
| 196   | 183 | 1531   | RICARDO JORGE CALACO DEUS      | M    | 01:11:01 | 01:12:18 | PUTOS DA MANGUEIRA             |
| 197   | 14  | 1532   | ANDREIA ASCENSO SOUSA          | F    | 01:11:01 | 01:12:18 | PUTOS DA MANGUEIRA             |
| 198   | 184 | 1255   | MANUEL JOAQUIM MENEZES TAVARES | M    | 01:12:02 | 01:12:19 |                                |
| 199   | 185 | 1320   | NUNO MIGUEL SEQUEIRA FONTES    | M    | 01:12:07 | 01:12:32 | FANFARRÕES                     |
| 200   | 186 | 1076   | JOSÉ CAVACO                    | M    | 01:12:30 | 01:12:38 | GINÁSIO FIT & FUN CBR AVR      |
| 201   | 187 | 1059   | NUNO DIAS                      | M    | 01:12:30 | 01:12:51 | JOGGING LOVERS COIMBRA         |
| 202   | 188 | 1060   | FREDERICO FONSECA              | M    | 01:12:31 | 01:12:51 | JOGGING LOVERS COIMBRA         |
| 203   | 189 | 1522   | ANSELMO MARQUES                | M    | 01:12:33 | 01:12:52 | OS DOMINGUEIROS                |
| 204   | 190 | 1121   | ROMEU AZEVEDO                  | M    | 01:12:30 | 01:12:53 | GEAR UP                        |
| 205   | 15  | 1274   | CATARINA TEIXEIRA              | F    | 01:12:32 | 01:12:55 |                                |
| 206   | 191 | 1037   | GUILHERME MARTINS              | M    | 01:12:46 | 01:12:58 |                                |
| 207   | 192 | 1046   | PAULO FERREIRA                 | M    | 01:12:59 | 01:13:06 | PORTUGUESE UNITED TRAINING ASS |
| 208   | 16  | 1258   | RAQUEL LOBÃO                   | F    | 01:12:53 | 01:13:08 | PUTOS DA MANGUEIRA             |
| 209   | 193 | 1504   | NELSON COSTA                   | M    | 01:12:58 | 01:13:12 |                                |
| 210   | 194 | 1119   | ANDRÉ LUZ SILVA                | M    | 01:12:55 | 01:13:13 | DUROS DO MONDEGO               |
| 211   | 17  | 1079   | CRISTIANA PINTO                | F    | 01:12:59 | 01:13:22 | GEAR UP                        |
| 212   | 195 | 1235   | DAVID NOGUEIRA                 | M    | 01:13:11 | 01:13:28 | JOGGING LOVERS COIMBRA         |
| 213   | 196 | 1275   | FILIPPE RODRIGUES              | M    | 01:13:09 | 01:13:32 |                                |
| 214   | 197 | 1123   | MIGUEL ALBUQUERQUE             | M    | 01:13:17 | 01:13:40 | GEAR UP                        |
| 215   | 198 | 1124   | FRANCISCO SÁ                   | M    | 01:13:17 | 01:13:40 | GEAR UP                        |
| 216   | 199 | 1195   | JOÃO MENDES                    | M    | 01:13:57 | 01:14:10 | VAGALUMES                      |
| 217   | 200 | 1244   | MÁRIO FERREIRA                 | M    | 01:14:31 | 01:14:37 | TRIBO NR                       |
| 218   | 201 | 1014   | ANDRÉ ALHO                     | M    | 01:14:19 | 01:14:40 | OS ENTREVADOS                  |
| 219   | 202 | 1064   | FRANCISCO MATIAS               | M    | 01:14:18 | 01:14:40 | OS ENTREVADOS                  |
| 220   | 203 | 1111   | ALEXANDRE OLIVEIRA             | M    | 01:14:19 | 01:14:47 |                                |
| 221   | 204 | 1086   | HUGO DANIEL GONÇALVES CARVALHO | M    | 01:14:47 | 01:14:49 | FORMOBIKE BTT E TRAIL RUNNING  |
| 222   | 205 | 1101   | JOÃO MODESTO                   | M    | 01:14:33 | 01:14:52 | CELAS RUNNER                   |
| 223   | 206 | 1292   | RODRIGO VIEIRA                 | M    | 01:14:52 | 01:15:01 | MOTORATOS & FRIENDS            |
| 224   | 207 | 1234   | PAULO ALEXANDRE TAVARES        | M    | 01:14:41 | 01:15:07 | JOGGING LOVERS COIMBRA         |
| 225   | 208 | 1239   | RENATO SILVA                   | M    | 01:14:53 | 01:15:08 |                                |

| Lugar | Esc | Dorsal | Nome                          | Sexo | Chip     | Tempo    | Equipa                    |
|-------|-----|--------|-------------------------------|------|----------|----------|---------------------------|
| 226   | 18  | 1326   | VITÓRIA JOANA SOUSA SILVA     | F    | 01:14:44 | 01:15:10 | FANFARRÕES                |
| 227   | 209 | 1518   | FRANCISCO JOSE ALVES DA SILVA | M    | 01:15:00 | 01:15:10 | GAVICAR                   |
| 228   | 19  | 1106   | DINA BARROCA                  | F    | 01:15:16 | 01:15:22 |                           |
| 229   | 210 | 1095   | FILIFE MARTINS                | M    | 01:15:51 | 01:15:52 |                           |
| 230   | 211 | 1502   | DIOGO PEREIRA                 | M    | 01:15:43 | 01:15:52 |                           |
| 231   | 212 | 1519   | ANTONIO JOSE GIL HENRIQUES    | M    | 01:15:44 | 01:15:53 | GAVICAR                   |
| 232   | 213 | 1151   | ANTHONY SILVA RODRIGUES       | M    | 01:15:29 | 01:15:55 | JOGGING LOVERS COIMBRA    |
| 233   | 214 | 1082   | CARLOS RAMOS                  | M    | 01:15:57 | 01:16:02 | TRIBO NR                  |
| 234   | 215 | 1017   | NUNO MENDES                   | M    | 01:15:49 | 01:16:03 | JOGGING LOVERS COIMBRA    |
| 235   | 20  | 1027   | MÉLANIE DUARTE                | F    | 01:15:41 | 01:16:05 | FARMÁCIA LUCIANO E MATOS  |
| 236   | 216 | 1104   | FAUSTO CARVALHO               | M    | 01:15:48 | 01:16:05 |                           |
| 237   | 21  | 1164   | ALICE VENTURA                 | F    | 01:16:01 | 01:16:06 | COIMBRA TRAIL RUNNING     |
| 238   | 22  | 1371   | SANDRA PINA                   | F    | 01:15:58 | 01:16:08 | FAST AND FUN              |
| 239   | 217 | 1035   | CARLOS MANUEL N.V.FREITAS     | M    | 01:15:48 | 01:16:16 |                           |
| 240   | 218 | 1039   | PEDRO NETO                    | M    | 01:16:04 | 01:16:16 | DEIXA PASSAR              |
| 241   | 219 | 1395   | RUI MANUEL DE MELO LOPES      | M    | 01:15:58 | 01:16:16 |                           |
| 242   | 220 | 1087   | AMÉRICO PESSOA                | M    | 01:15:54 | 01:16:20 |                           |
| 243   | 221 | 1252   | JOÃO RIBEIRO                  | M    | 01:16:20 | 01:16:20 |                           |
| 244   | 23  | 1260   | CÉLIA SOUSA                   | F    | 01:15:57 | 01:16:20 |                           |
| 245   | 222 | 1387   | CARLOS BARROSO                | M    | 01:16:19 | 01:16:24 |                           |
| 246   | 223 | 1093   | PEDRO CRAVEIRO                | M    | 01:16:07 | 01:16:27 | CELAS RUNNER              |
| 247   | 224 | 1097   | ARSÉNIO ALVES GAMA            | M    | 01:16:14 | 01:16:32 | GINÁSIO FIT & FUN CBR AVR |
| 248   | 225 | 1382   | BRUNO ALMEIDA                 | M    | 01:16:20 | 01:16:36 | FAST AND FUN              |
| 249   | 226 | 1163   | JOÃO RUI SOUSA                | M    | 01:16:35 | 01:16:40 | COIMBRA TRAIL RUNNING     |
| 250   | 227 | 1270   | PEDRO BORGES                  | M    | 01:16:32 | 01:16:41 |                           |
| 251   | 228 | 1380   | SÉRGIO MENDES                 | M    | 01:16:26 | 01:16:42 | FAST AND FUN              |
| 252   | 229 | 1381   | DIOGO SANTOS                  | M    | 01:16:29 | 01:16:44 | FAST AND FUN              |
| 253   | 24  | 1267   | CARLA CARDOSO                 | F    | 01:16:30 | 01:16:45 | LOJA DO ATLETA AGUEDA     |
| 254   | 230 | 1191   | ANDRÉ NUNO GANDARÃO DIAS      | M    | 01:16:45 | 01:16:59 | JOGGING LOVERS COIMBRA    |
| 255   | 25  | 1400   | CLAUDIA FIGUEIREDO            | F    | 01:16:43 | 01:17:01 |                           |
| 256   | 26  | 1100   | CLÁUDIA ISIDORO               | F    | 01:16:54 | 01:17:03 | COIMBRA TRAIL RUNNING     |
| 257   | 231 | 1065   | PAULO SÉRGIO MARQUES CARDOSO  | M    | 01:16:55 | 01:17:12 |                           |
| 258   | 232 | 1514   | DIOGO FILIFE ALVES            | M    | 01:16:47 | 01:17:13 |                           |
| 259   | 233 | 1180   | PEDRO JACINTO                 | M    | 01:16:55 | 01:17:21 | HOLMESPLACECOIMBRA        |
| 260   | 234 | 1513   | TIAGO JOSÉ FERREIRA MATIAS    | M    | 01:17:04 | 01:17:32 |                           |
| 261   | 235 | 1155   | JOSÉ CARLOS LOPES             | M    | 01:17:17 | 01:17:37 | CELAS RUNNER              |
| 262   | 236 | 1511   | RUBEN DANIEL SILVA DIAS       | M    | 01:17:18 | 01:17:46 |                           |
| 263   | 237 | 1508   | ZÉ LUÍS PINTO                 | M    | 01:17:36 | 01:17:56 | COIMBRA TRAIL RUNNING     |
| 264   | 27  | 1507   | PATRÍCIA NETO                 | F    | 01:17:37 | 01:17:57 | COIMBRA TRAIL RUNNING     |
| 265   | 238 | 1220   | GONÇALO CARVALHEIRO           | M    | 01:17:33 | 01:17:59 | TT RUNNERS                |
| 266   | 28  | 1072   | SUSANA MESQUITA               | F    | 01:17:45 | 01:18:06 |                           |
| 267   | 29  | 1091   | RITA PAULO FONSECA            | F    | 01:17:46 | 01:18:07 |                           |
| 268   | 30  | 1067   | CARLA CARVALHO                | F    | 01:18:02 | 01:18:10 |                           |
| 269   | 239 | 1066   | FILIFE CARVALHO               | M    | 01:18:03 | 01:18:12 |                           |
| 270   | 240 | 1217   | ATLETA NÃO CADASTRADO         | M    | 01:14:30 | 01:18:12 |                           |

| Lugar | Esc | Dorsal | Nome                             | Sexo | Chip     | Tempo    | Equipa                         |
|-------|-----|--------|----------------------------------|------|----------|----------|--------------------------------|
| 271   | 241 | 1068   | MANUEL FREITAS BALHAU JORGE      | M    | 01:17:52 | 01:18:16 | FARMÁCIA LUCIANO E MATOS       |
| 272   | 242 | 1523   | VITOR HENRIQUES                  | M    | 01:18:08 | 01:18:29 |                                |
| 273   | 243 | 1524   | PAULO AZAMBUJO                   | M    | 01:18:09 | 01:18:30 |                                |
| 274   | 244 | 1128   | RENATO CARDOSO                   | M    | 01:18:11 | 01:18:32 | PÉ DE ATLETA                   |
| 275   | 31  | 1295   | ALICE CONDE                      | F    | 01:18:20 | 01:18:36 |                                |
| 276   | 32  | 1249   | ANA CAROLINA TORRES              | F    | 01:18:24 | 01:18:39 | PUTOS DA MANGUEIRA             |
| 277   | 245 | 1115   | NUNO MARINHO                     | M    | 01:18:50 | 01:19:05 |                                |
| 278   | 246 | 1236   | HUMBERTO JOÃO FARINHA ALVES      | M    | 01:19:09 | 01:19:14 | TRIBO NR                       |
| 279   | 33  | 1158   | CATARINA MOURAZ                  | F    | 01:19:16 | 01:19:26 | JOGGING LOVERS COIMBRA         |
| 280   | 247 | 1548   | JOSÉ CARLOS FERREIRA DE OLIVEIRA | M    | 01:19:16 | 01:19:35 | CMMC TÁBUA                     |
| 281   | 248 | 1361   | FILIPPE ROSA                     | M    | 01:19:39 | 01:19:42 | COIMBRA TRAIL RUNNING          |
| 282   | 34  | 1360   | ANA BOYÉ SOUSA                   | F    | 01:19:46 | 01:19:49 | RED CROSS COIMBRA TEAM         |
| 283   | 249 | 1048   | OLINTO VIEIRA                    | M    | 01:19:46 | 01:19:54 | PORTUGUESE UNITED TRAINING ASS |
| 284   | 250 | 1125   | BRUNO COUTINHO                   | M    | 01:19:39 | 01:20:03 | GEAR UP                        |
| 285   | 35  | 1432   | CLÁUDIA OLIVEIRA                 | F    | 01:19:45 | 01:20:07 |                                |
| 286   | 251 | 1544   | VITOR MONTEIRO                   | M    | 01:20:38 | 01:20:43 |                                |
| 287   | 252 | 1132   | JOÃO VILHENA PEDRO               | M    | 01:20:38 | 01:20:51 | JOGGING LOVERS COIMBRA         |
| 288   | 253 | 1051   | PEDRO VILA NOVA                  | M    | 01:20:50 | 01:20:57 | PORTUGUESE UNITED TRAINING ASS |
| 289   | 36  | 1203   | ISABEL PRIMO                     | F    | 01:20:56 | 01:21:06 | COIMBRA TRAIL RUNNING          |
| 290   | 254 | 1254   | PEDRO MANUEL FERREIRA ROQUE      | M    | 01:21:05 | 01:21:22 |                                |
| 291   | 37  | 1354   | FILOMENA RODRIGUES               | F    | 01:21:07 | 01:21:22 |                                |
| 292   | 38  | 1355   | CARLA SERGIO                     | F    | 01:21:07 | 01:21:22 |                                |
| 293   | 39  | 1140   | ALEXANDRA SOARES                 | F    | 01:21:31 | 01:21:40 | COIMBRA TRAIL RUNNING          |
| 294   | 40  | 1185   | ANA MARGARIDA PASCOAL DOURADO    | F    | 01:21:31 | 01:21:40 | COIMBRA TRAIL RUNNING          |
| 295   | 255 | 1263   | CARLOS MANUEL GUEDES             | M    | 01:21:31 | 01:21:49 | ALL-TITUDES TRAIL TEAM         |
| 296   | 256 | 1182   | ARMANDO RODRIGUES                | M    | 01:21:25 | 01:21:52 |                                |
| 297   | 41  | 1238   | CATARINA LAPA                    | F    | 01:21:47 | 01:21:57 | COIMBRA TRAIL RUNNING          |
| 298   | 257 | 1070   | RICARDO COSTA                    | M    | 01:21:48 | 01:22:05 |                                |
| 299   | 42  | 1018   | SANDRA LUCIANA MENDES            | F    | 01:21:53 | 01:22:07 | JOGGING LOVERS COIMBRA         |
| 300   | 43  | 1348   | RAQUEL NOGUEIRA                  | F    | 01:22:00 | 01:22:09 | DUROS DO MONDEGO               |
| 301   | 258 | 1336   | JOSÉ MANUEL RODRIGUES            | M    | 01:22:07 | 01:22:20 | JOGGING LOVERS COIMBRA         |
| 302   | 259 | 1547   | VITOR MANUEL MARRAFAS SIMÕES     | M    | 01:22:09 | 01:22:20 | CMMC TÁBUA                     |
| 303   | 260 | 1388   | NUNO ALMEIDA                     | M    | 01:22:12 | 01:22:21 | FAST AND FUN                   |
| 304   | 261 | 1131   | RICARDO FAGULHA                  | M    | 01:22:12 | 01:22:22 | FAST AND FUN                   |
| 305   | 44  | 1168   | BIANCA DIAS                      | F    | 01:22:17 | 01:22:22 | TRIBO NR                       |
| 306   | 45  | 1527   | MARIA SANTOS                     | F    | 01:22:10 | 01:22:25 | RUN@FIGUEIRA                   |
| 307   | 46  | 1338   | LARA AZAMBUJO                    | F    | 01:22:11 | 01:22:27 | RUN@FIGUEIRA                   |
| 308   | 47  | 1318   | ISABEL PEGO                      | F    | 01:22:17 | 01:22:32 | RUN@FIGUEIRA                   |
| 309   | 262 | 1069   | NELSON OLIVÉRIO DA SILVA LOPES   | M    | 01:22:20 | 01:22:37 |                                |
| 310   | 263 | 1535   | ANTONIO MANUEL FERREIRA BATISTA  | M    | 01:22:28 | 01:22:38 | GAVICAR                        |
| 311   | 264 | 1092   | NUNO ISIDORO                     | M    | 01:22:42 | 01:22:51 | COIMBRA TRAIL RUNNING          |
| 312   | 265 | 1321   | HUGO BRANCO                      | M    | 01:22:50 | 01:22:54 | TEAM TARRAFAL                  |
| 313   | 48  | 1133   | SÓNIA NETO                       | F    | 01:22:35 | 01:22:57 | MONDEGOPEÇAS                   |
| 314   | 266 | 1294   | MARCO DIAS                       | M    | 01:22:37 | 01:22:59 | BANDULHA                       |
| 315   | 49  | 1373   | CELESTE DIAS                     | F    | 01:22:37 | 01:22:59 | BANDULHA                       |

| Lugar | Esc | Dorsal | Nome                               | Sexo | Chip     | Tempo    | Equipa                         |
|-------|-----|--------|------------------------------------|------|----------|----------|--------------------------------|
| 316   | 267 | 1293   | PAULO VIANA                        | M    | 01:22:40 | 01:23:01 | BANDULHA                       |
| 317   | 50  | 1374   | ANABELA MACHADO                    | F    | 01:22:41 | 01:23:02 | BANDULHA                       |
| 318   | 268 | 1094   | SALVADOR TIAGO                     | M    | 01:23:03 | 01:23:03 | COIMBRA TRAIL RUNNING          |
| 319   | 269 | 1038   | FILIFE NETO                        | M    | 01:22:53 | 01:23:06 | DEIXA PASSAR                   |
| 320   | 270 | 1324   | BRUNO RODRIGUES                    | M    | 01:22:52 | 01:23:18 |                                |
| 321   | 51  | 1378   | MARIANA OLIVEIRA MAIA SERRA        | F    | 01:22:53 | 01:23:18 |                                |
| 322   | 52  | 1341   | MARIA FÁTIMA CARVALHO SANTOS       | F    | 01:23:43 | 01:23:43 |                                |
| 323   | 53  | 1279   | VERA LIMA                          | F    | 01:23:42 | 01:23:50 | ARSM - ASSO. REC. S. MIGUEL    |
| 324   | 271 | 1329   | DANIEL BRANCO                      | M    | 01:23:48 | 01:23:51 | TEAM TARRAFAL                  |
| 325   | 54  | 1012   | ANA SANTOS                         | F    | 01:23:42 | 01:24:04 | OS ENTREVADOS                  |
| 326   | 55  | 1013   | ÁUREA MATIAS                       | F    | 01:23:42 | 01:24:04 | OS ENTREVADOS                  |
| 327   | 56  | 1359   | DÉBORA CRUZ FERREIRA               | F    | 01:24:01 | 01:24:04 | ESCARAVELHOS TEAM-CMMOURONHO   |
| 328   | 57  | 1160   | JACQUELINE DIAS                    | F    | 01:24:12 | 01:24:17 | TRIBO NR                       |
| 329   | 58  | 1212   | HELENA SOFIA LOPES                 | F    | 01:24:07 | 01:24:20 |                                |
| 330   | 272 | 1032   | NUNO LIMA                          | M    | 01:24:17 | 01:24:30 |                                |
| 331   | 273 | 1077   | RUI MENESES                        | M    | 01:24:11 | 01:24:34 | GEAR UP                        |
| 332   | 274 | 1505   | PEDRO CABRAL                       | M    | 01:25:25 | 01:25:45 |                                |
| 333   | 275 | 1541   | BRUNO LAUREANO                     | M    | 01:25:26 | 01:25:45 | OS DOMINGUEIROS                |
| 334   | 59  | 1172   | HELENA INÁCIO                      | F    | 01:26:02 | 01:26:26 | A VOLTINHA DO DOMINGO          |
| 335   | 276 | 1110   | PEDRO FREITAS                      | M    | 01:26:03 | 01:26:27 | A VOLTINHA DO DOMINGO          |
| 336   | 277 | 1105   | DAVID DEVEZA                       | M    | 01:27:00 | 01:27:12 | DEIXA PASSAR                   |
| 337   | 60  | 1052   | CILA BICAS                         | F    | 01:27:05 | 01:27:13 | PORTUGUESE UNITED TRAINING ASS |
| 338   | 278 | 1050   | PAULO ALBUQUERQUE                  | M    | 01:27:05 | 01:27:14 | PORTUGUESE UNITED TRAINING ASS |
| 339   | 279 | 1280   | RICARDO JORGE DE ALVES RODRIGUES   | M    | 01:27:08 | 01:27:25 |                                |
| 340   | 61  | 1403   | ANA CATARINA VAZ DE SOUSA          | F    | 01:27:31 | 01:27:33 | RED CROSS COIMBRA TEAM         |
| 341   | 62  | 1298   | VERA GODINHO                       | F    | 01:27:49 | 01:28:03 | FLECHAS HUMANAS                |
| 342   | 280 | 1512   | HUGO ANDRÉ OLIVEIRA SANTOS         | M    | 01:27:46 | 01:28:13 |                                |
| 343   | 63  | 1346   | SILVIA CUNHA                       | F    | 01:28:08 | 01:28:19 | GINÁSIO FIT & FUN CBR AVR      |
| 344   | 281 | 1045   | PEDRO NASCIMENTO                   | M    | 01:28:19 | 01:28:26 | PORTUGUESE UNITED TRAINING ASS |
| 345   | 64  | 1245   | PATRÍCIA HENRIQUES                 | F    | 01:28:14 | 01:28:38 | TT RUNNERS                     |
| 346   | 282 | 1256   | SAMUEL MARTINHO                    | M    | 01:28:14 | 01:28:39 | TT RUNNERS                     |
| 347   | 65  | 1287   | CÉLIA SOUSA                        | F    | 01:28:36 | 01:29:00 |                                |
| 348   | 283 | 1041   | ATLETA NÃO CADASTRADO              | M    | 01:27:37 | 01:29:03 |                                |
| 349   | 66  | 1210   | SANDRA MACHADO                     | F    | 01:28:46 | 01:29:03 |                                |
| 350   | 67  | 1075   | ANA BAETA                          | F    | 01:28:53 | 01:29:09 |                                |
| 351   | 68  | 1074   | SÓNIA FARIAS                       | F    | 01:28:54 | 01:29:10 |                                |
| 352   | 69  | 1237   | SARA RODRIGUES                     | F    | 01:29:05 | 01:29:15 | COIMBRA TRAIL RUNNING          |
| 353   | 70  | 1147   | MÓNICA MADEIRA                     | F    | 01:29:40 | 01:29:52 |                                |
| 354   | 71  | 1096   | RITA CARVALHO                      | F    | 01:29:37 | 01:29:53 |                                |
| 355   | 284 | 1129   | ATLETA NÃO CADASTRADO              | M    | 01:29:41 | 01:29:57 |                                |
| 356   | 285 | 1243   | DAVID AMARAL                       | M    | 01:29:48 | 01:30:05 | COIMBRA TRAIL RUNNING          |
| 357   | 286 | 1407   | RUI MANUEL COSTA                   | M    | 01:30:59 | 01:31:25 |                                |
| 358   | 287 | 1251   | MARCO ANTÓNIO RIBEIRO DA SILVA     | M    | 01:31:11 | 01:31:29 | VALHA-NOS SANTA BÁRBARA        |
| 359   | 288 | 1183   | RUI SILVA                          | M    | 01:31:13 | 01:31:42 |                                |
| 360   | 289 | 1262   | ANGELO FILIFE FERREIRA CAMPOS LOBO | M    | 01:31:31 | 01:31:42 | ALL-TITUDES TRAIL TEAM         |

| Lugar | Esc | Dorsal | Nome                                           | Sexo | Chip     | Tempo    | Equipa                         |
|-------|-----|--------|------------------------------------------------|------|----------|----------|--------------------------------|
| 361   | 72  | 1184   | PATRICIA MOITA                                 | F    | 01:31:14 | 01:31:43 |                                |
| 362   | 290 | 1047   | MIGUEL FONSECA                                 | M    | 01:31:53 | 01:32:00 | PORTUGUESE UNITED TRAINING ASS |
| 363   | 73  | 1169   | CRISTINA DANIEL                                | F    | 01:31:59 | 01:32:04 | TRIBO NR                       |
| 364   | 291 | 1372   | MARCO PEREIRA                                  | M    | 01:32:00 | 01:32:11 | FAST AND FUN                   |
| 365   | 74  | 1303   | MERLE LAUBINGER                                | F    | 01:32:26 | 01:32:47 |                                |
| 366   | 75  | 1215   | DINA ISABEL DOS SANTOS PERFEITO                | F    | 01:32:38 | 01:32:56 | VALHA-NOS SANTA BÁRBARA        |
| 367   | 76  | 1194   | PATRÍCIA CARVALHO                              | F    | 01:32:54 | 01:33:06 | VAGALUMES                      |
| 368   | 77  | 1542   | MARA MARINHA                                   | F    | 01:33:36 | 01:33:36 |                                |
| 369   | 78  | 1551   | SARA MARINHA                                   | F    | 01:33:36 | 01:33:36 |                                |
| 370   | 292 | 1224   | ANDRÉ JORGE FÉLIX PINTO                        | M    | 01:33:15 | 01:33:41 | FANFARRÕES                     |
| 371   | 293 | 1265   | PEDRO FARO                                     | M    | 01:33:44 | 01:33:58 | COIMBRA TRAIL RUNNING          |
| 372   | 79  | 1264   | ANA MOREIRA                                    | F    | 01:34:01 | 01:34:13 | COIMBRA TRAIL RUNNING          |
| 373   | 294 | 1431   | ANDRÉ HÉLIO FONSECA CORREIA                    | M    | 01:34:11 | 01:34:30 | CMMC TÁBUA                     |
| 374   | 80  | 1301   | EVA STANGE                                     | F    | 01:34:10 | 01:34:31 |                                |
| 375   | 81  | 1152   | MARIA ALMEIDA                                  | F    | 01:35:08 | 01:35:32 | A VOLTINHA DO DOMINGO          |
| 376   | 82  | 1170   | ANA SÉRIO                                      | F    | 01:35:09 | 01:35:33 | A VOLTINHA DO DOMINGO          |
| 377   | 83  | 1302   | MALIN MICHNIK                                  | F    | 01:36:05 | 01:36:26 |                                |
| 378   | 295 | 1214   | LUÍS ANTÓNIO CARDOSO DE CARVALHO GOUVEIA LOPES | M    | 01:36:28 | 01:36:47 | VALHA-NOS SANTA BÁRBARA        |
| 379   | 84  | 1259   | MARIA AUGUSTA COSME                            | F    | 01:36:30 | 01:36:47 | VALHA-NOS SANTA BÁRBARA        |
| 380   | 296 | 1266   | ANDRÉ MATIAS                                   | M    | 01:39:17 | 01:39:31 | COIMBRA TRAIL RUNNING          |
| 381   | 297 | 1333   | ÓSCAR RODRIGO TRINDADE GOMES                   | M    | 01:41:27 | 01:41:34 |                                |
| 382   | 85  | 1430   | MARIA MARGARIDA DINIS SANTOS                   | F    | 01:42:15 | 01:42:33 | CMMC TÁBUA                     |
| 383   | 298 | 1161   | MARCOS ANTÓNIO ALVES                           | M    | 01:42:29 | 01:42:35 | TRIBO NR                       |
| 384   | 299 | 1286   | CARLOS MIGUEL FERREIRA VALENTE                 | M    | 01:43:32 | 01:43:32 |                                |
| 385   | 86  | 1357   | CRISTIANA PINTO DE OLIVEIRA                    | F    | 01:43:32 | 01:43:32 |                                |
| 386   | 300 | 1056   | MARCO COSTA                                    | M    | 01:43:25 | 01:43:36 | JOY RUNNING                    |
| 387   | 87  | 1005   | ELISABETE CANHOLAS                             | F    | 01:43:25 | 01:43:37 | JOY RUNNING                    |
| 388   | 88  | 1006   | RITA SILVA                                     | F    | 01:43:25 | 01:43:37 | JOY RUNNING                    |
| 389   | 301 | 1166   | MIGUEL GONÇALVES                               | M    | 01:43:24 | 01:43:37 | JOY RUNNING                    |
| 390   | 89  | 1008   | ANDRÉ FERNANDO FERREIRA                        | F    | 01:45:48 | 01:45:48 | JOGGING LOVERS COIMBRA         |
| 391   | 302 | 1284   | JOSÉ ALBERTO COELHO SOARES ERMIDA MEIRELES     | M    | 01:45:48 | 01:45:48 |                                |
| 392   | 90  | 1283   | CLARA MARIA PINTO OLIVEIRA                     | F    | 01:45:49 | 01:45:49 |                                |
| 393   | 91  | 1369   | CÁTIA LOPES                                    | F    | 01:46:16 | 01:46:16 | NULL                           |
| 394   | 303 | 1034   | ANTONIO JOSE SIMÕES JUSTO BAPTISTA VIEIRA      | M    | 01:45:31 | 01:46:37 |                                |