

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MIGUEL FERRÁS	A.D.Amarante	1168	1	01:08:00.877	00:00:00.000
NORBERTO LOUREIRO	Individual	1025	2	01:11:07.133	00:03:06.256
PEDRO GILVAZ	Individual	1176	3	01:11:07.633	00:03:06.756
RUI FERNANDES	Clube Atletismo Fafe	1092	4	01:13:52.137	00:05:51.260
RUI SOUSA	Mss Contabilidade Trail Team	1105	5	01:16:42.393	00:08:41.516
AGOSTINHO SOUSA	Fridão Sem Limites	1205	6	01:17:24.893	00:09:24.016
FÁBIO NUNES	Fridão Sem Limites	1052	7	01:17:37.643	00:09:36.766
RICARDO COSTA	Garagem.Rc Trail Team	1077	8	01:18:30.647	00:10:29.770
SAMUEL SILVA	A.D.Amarante	1165	9	01:18:44.150	00:10:43.273
FERNANDO MOREIRA	Mesão Frio	1009	10	01:19:45.397	00:11:44.520
LUÍS MAGALHÃES	Individual	1075	11	01:20:03.650	00:12:02.773
ALEX PINTO	Fridão Sem Limites	1053	12	01:20:53.153	00:12:52.276
HUGO CARVALHO	Art Magrelos	1135	13	01:20:57.153	00:12:56.276
PEDRO MAGALHÃES	Individual	1069	14	01:21:37.650	00:13:36.773
WILSON VIDAL	Art Magrelos	1131	15	01:22:29.157	00:14:28.280
DIOGO GUIMARÃES	Art Magrelos	1130	16	01:22:29.403	00:14:28.526
VITOR FERREIRA	Nova Linha Trail Runners	1036	17	01:24:28.157	00:16:27.280
FÁBIO BRITES	Individual	1222	18	01:24:52.417	00:16:51.540
OMER SOUSA	Individual	1223	19	01:24:58.160	00:16:57.283
JOSÉ SÁ	Trail Team Bifase	648	20	01:25:04.157	00:17:03.280
FILIPE CARRIL	Eletrocarril	1005	21	01:25:34.907	00:17:34.030
FILIPE PINHEIRO	Individual	1063	22	01:25:35.660	00:17:34.783
RAUL COELHO	Parjovem	1074	23	01:26:47.413	00:18:46.536
JOÃO PINTO	Bouça Alta	1128	24	01:27:30.660	00:19:29.783
LUÍS MAGALHÃES	Emna Runners	1029	25	01:28:09.163	00:20:08.286
RUI CARRIL	Individual	1186	26	01:28:40.917	00:20:40.040
MARCO ABREU	Fojo Trail Team	1050	27	01:29:39.167	00:21:38.290
ARTUR COELHO	Art Magrelos	1138	28	01:29:43.917	00:21:43.040
CARINA PEREIRA	A.D.Amarante	1197	29	01:29:44.673	00:21:43.796
MARIO BRANCO	Mss Contabilidade Trail Team	1106	30	01:32:06.173	00:24:05.296
DIOGO LOUÇÃO	Art Magrelos	1134	31	01:33:23.673	00:25:22.796
TIAGO COSTA	Garagem.Rc Trail Team	1078	32	01:34:14.687	00:26:13.810
RUI PINTO	Mesão Frio	1010	33	01:34:18.927	00:26:18.050
JOSÉ GONÇALVES	Fojo Trail Team	1234	34	01:35:59.177	00:27:58.300
MARCOS SOUSA	Nova Linha Trail Runners	1072	35	01:36:10.177	00:28:09.300
HORÁCIO PINTO	Individual	1031	36	01:37:54.680	00:29:53.803
RUI CORREIA	Mss Contabilidade Trail Team	1174	37	01:38:19.180	00:30:18.303
DANIEL BARBOSA	Btt Alegria // Tubani	1200	38	01:38:49.933	00:30:49.056
EDUARDO RODRIGUES	Art Magrelos	1133	39	01:39:26.183	00:31:25.306
MÁRCIO TEIXEIRA	A.D.Amarante	1114	40	01:39:46.433	00:31:45.556
PATRICIA CARVALHO	A.D.Amarante	1115	41	01:39:46.433	00:31:45.556
JOAQUIM COELHO	Patrol	1042	42	01:40:18.480	00:32:17.603
TIAGO SOARES	Fojo Trail Team	1046	43	01:41:26.220	00:33:25.343
CARLOS REIS	Individual	1159	44	01:42:06.187	00:34:05.310

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
FATIMA HERDEIRO	Individual	1158	45	01:42:07.437	00:34:06.560
ELIANA TEIXEIRA	Fridão Sem Limites	1220	46	01:42:54.720	00:34:53.843
FILIPE MARINHO	Fojo Trail Team	1086	47	01:42:55.187	00:34:54.310
PAULO AZEVEDO	Karaté Gouveia	1023	48	01:43:28.440	00:35:27.563
RICARDO TEIXEIRA	A.D.Amarante	1180	49	01:43:47.190	00:35:46.313
LINO RIBEIRO	Individual	1195	50	01:44:12.943	00:36:12.066
JOSE LEITE	Amarante	1156	51	01:44:13.940	00:36:13.063
ANTÓNIO CORREIA	Bouça Alta	1129	52	01:44:36.690	00:36:35.813
FRANCISCO BARROS	Karaté Gouveia	1088	53	01:45:04.943	00:37:04.066
CÂNDIDA MOREIRA	Karaté Gouveia	1024	54	01:45:08.443	00:37:07.566
ALEXANDRA AZEVEDO	Clínica Médica Da Foz	1020	55	01:45:30.943	00:37:30.066
CRISTIANO SILVA	Patrol	1040	56	01:45:54.193	00:37:53.316
DANIEL CORREIRA	A.D.Amarante	1090	57	01:46:03.447	00:38:02.570
JOSÉ FREIRE	Mirandela A Correr	1101	58	01:46:04.443	00:38:03.566
CIDÁLIA TEIXEIRA	Individual	1218	59	01:46:13.200	00:38:12.323
RUI CUNHA	Mss Contabilidade Trail Team	1206	60	01:46:39.200	00:38:38.323
DIOGO BALDAIA	Patrol	1041	61	01:47:25.197	00:39:24.320
BEATRIZ PAIVA	Art Magrelos	1137	62	01:49:00.697	00:40:59.820
ANDRÉ BOTAS	Art Magrelos	1136	63	01:49:03.700	00:41:02.823
ANGELO PAIVA	Réccua Runners	1068	64	01:49:14.947	00:41:14.070
FERNANDINA RIBEIRO	Fisioperformance Running	1219	65	01:49:35.947	00:41:35.070
SONIA GILVAZ	Individual	1177	66	01:49:51.697	00:41:50.820
LILIANA TEIXEIRA	Lesmas&Caracóis	1018	67	01:49:55.950	00:41:55.073
PEDRO RAMIRES	Mirandela A Correr	1107	68	01:50:18.700	00:42:17.823
CARLA LUIS	Nova Linha Trail Runners	1035	69	01:50:53.703	00:42:52.826
FILOMENA NETO	A.D.Amarante	1099	70	01:51:03.453	00:43:02.576
MARISA PINTO	A.D.Amarante	1100	71	01:51:03.953	00:43:03.076
MARGARIDA CUNHA	A.D.Amarante	1169	72	01:51:04.203	00:43:03.326
ARTUR MORAIS	Pinturas Charrão	1032	73	01:52:49.457	00:44:48.580
MARIA FREITAS	Nova Linha Trail Runners	1043	74	01:52:52.453	00:44:51.576
LUIS RASQUINHO	Individual	1120	75	01:53:00.207	00:44:59.330
HUGO PINTO	Réccua Runners	1067	76	01:53:54.707	00:45:53.830
JOAQUIM SANTOS	Individual	1082	77	01:54:02.960	00:46:02.083
LÚCIA LEITE	A.D.Amarante	1089	78	01:54:19.457	00:46:18.580
AGOSTINHO COUTO	Bouça Alta	1153	79	01:55:34.463	00:47:33.586
SÉRGIO MAGAHÃES	Boxtraining	1142	80	01:55:48.710	00:47:47.833
VITOR QUEIRÓS	A. D. Marco 09	1162	81	01:57:13.210	00:49:12.333
LUÍS JORGE	Individual	1030	82	01:57:21.210	00:49:20.333
ANTÓNIO PEREIRA	A.D.Amarante	1189	83	01:57:32.963	00:49:32.086
CLAUDIO MACEDO	Individual	1215	84	01:58:56.213	00:50:55.336
FRANCISCO TUNICO	Individual	1155	85	01:59:08.213	00:51:07.336
PEDRO ALMEIDA	Outlaw Runners	1161	86	02:01:37.217	00:53:36.340
CARLA COSTA	Lesmas&Caracois	1045	87	02:01:41.217	00:53:40.340
ANA PINTO	Individual	1187	88	02:01:42.970	00:53:42.093

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ROSA SOARES	Fridão Sem Limites	1055	89	02:02:00.470	00:53:59.593
VI PEREIRA	Royal Wellness Center	1124	90	02:02:59.473	00:54:58.596
JÚLIA GOUVEIA	Individual	1003	91	02:03:02.220	00:55:01.343
NUNO FERREIRA	Royal Wellness Center	1123	92	02:03:06.223	00:55:05.346
RICARDO PEREIRA	Individual	1081	93	02:03:06.973	00:55:06.096
ANDRE BELINHA	Individual	1185	94	02:03:07.223	00:55:06.346
VITOR PEREIRA	Bouça Alta	1152	95	02:03:11.220	00:55:10.343
SANDRA OLIVEIRA	Individual	1015	96	02:04:37.227	00:56:36.350
JOÃO MAIA	Art Magrelos	1139	97	02:04:37.723	00:56:36.846
JORGE OLIVEIRA	Individual	1016	98	02:04:43.223	00:56:42.346
CARLA SILVA	Desousacs	1071	99	02:05:56.723	00:57:55.846
RUI SEIXAS	Fojo Trail Team	1048	100	02:06:05.973	00:58:05.096
RICARDO MEIRELES	Mountain Runneres	1148	101	02:06:39.477	00:58:38.600
SUZETE SOUSA	Fridão Sem Limites	1054	102	02:07:12.227	00:59:11.350
JORGE MENDES	Porto	1013	103	02:11:03.233	01:03:02.356
RICARDO SILVEIRA	A.D.Amarante	1191	104	02:11:48.487	01:03:47.610
MANUEL ALVARENGA	Individual	1167	105	02:11:49.237	01:03:48.360
STERLING BOLIVAR	Outlaw Runners	1027	106	02:12:00.233	01:03:59.356
MARGARIDA DAMAS	Art Magrelos	1132	107	02:14:08.993	01:06:08.116
SONIA SILVA	Mountain Runneres	1006	108	02:15:19.737	01:07:18.860
FERNANDO SAMPAIO	Fridão Sem Limites	1058	109	02:15:24.737	01:07:23.860
JORGE OLIVEIRA	Outlaw Runners	1070	110	02:16:10.487	01:08:09.610
SUSANA PEREIRA	#Atéchoras	1193	111	02:16:43.490	01:08:42.613
LILIANA PINTO	Nova Linha Trail Runners	1157	112	02:17:26.990	01:09:26.113
LEANDRO SOARES	Bouça Alta	1126	113	02:17:31.740	01:09:30.863
PEDRO CARDOSO	Bouça Alta	1125	114	02:17:33.740	01:09:32.863
VÂNIA PEREIRA	Individual	1080	115	02:17:38.277	01:09:37.400
DAVID SILVA	Opraticante.Pt	1190	116	02:18:06.743	01:10:05.866
MARIA FERNANDES	Mirandela A Correr	1103	117	02:18:56.497	01:10:55.620
LUZIA COUTINHO	Mirandela A Correr	1104	118	02:19:07.993	01:11:07.116
ANABELA BARATA	Individual	1017	119	02:20:57.247	01:12:56.370
CLÁUDIA DIAS	Outlaw Runners	1004	120	02:22:06.997	01:14:06.120
VERONICA SAMPAIO	Outlaw Runners	1028	121	02:22:39.003	01:14:38.126
MARTA LOPES	Mindas Power	1119	122	02:23:55.250	01:15:54.373
RENATO PRESA	Mindas Power	1150	123	02:23:55.997	01:15:55.120
VANIA ALVITANO	Douroconta - Gabinete De Apoio E Contabilidade	1039	124	02:23:59.007	01:15:58.130
CRISTINA RAMIRES	Mirandela A Correr	1112	125	02:25:07.753	01:17:06.876
OLEMA GONÇALVES	Mirandela A Correr	1111	126	02:25:08.017	01:17:07.140
CLAUDIA SOUSA	Mountain Runneres	1160	127	02:29:27.757	01:21:26.880
ANA BARROS	Amarante	1051	128	02:29:28.510	01:21:27.633
ALBANO ROCHA	Bouça Alta	1166	129	02:29:33.507	01:21:32.630
SARA PINTO	Opticalia Amarante	1172	130	02:33:05.013	01:25:04.136
JOÃO MAIA	Individual	1173	131	02:33:05.270	01:25:04.393
JOANA AZEVEDO	Opticalia	1171	132	02:33:05.513	01:25:04.636

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ANA VASCONCELOS	Individual	1085	133	02:33:25.263	01:25:24.386
CARLA CALDEIRA	Individual	1000	134	02:33:25.267	01:25:24.390
MARIA TEIXEIRA	Individual	1022	135	02:34:34.517	01:26:33.640
AVELINO TEIXEIRA	Individual	1021	136	02:34:34.767	01:26:33.890
FERNANDA SANTOS	Gansos	1073	137	02:40:53.290	01:32:52.413
ANA MOREIRA	Os Turbomula	1149	138	02:46:17.780	01:38:16.903
ERIKA JESUS	Outlaw Runners	1026	139	02:46:26.030	01:38:25.153
SÍLVIA FERRAZ	Individual	1065	140	02:47:04.030	01:39:03.153
PAULA COELHO	A.D.Amarante	1079	141	02:48:21.290	01:40:20.413
ISABEL CORREIA	Individual	1110	142	02:49:49.537	01:41:48.660
MILA LAGO	Mirandela A Correr	1113	143	02:51:22.087	01:43:21.210
ROSA MONTEIRO	Individual	1066	144	02:52:22.290	01:44:21.413
NATHALIE PINHEIRO	Individual	1064	145	02:52:25.040	01:44:24.163
PAULO SOUSA	#Atéchoras	1196	146	02:52:28.287	01:44:27.410
MARIA VILAÇA	Arc Vale S. Cosme	1179	147	03:00:19.300	01:52:18.423
LARA MONTEIRO	Douroconta - Gabinete De Apoio E Contabilidade	1008	148	03:04:04.053	01:56:03.176
MARIA MONTEIRO	Douroconta - Gabinete De Apoio E Contabilidade	1007	149	03:04:06.307	01:56:05.430
VITOR MOREIRA	Bouça Alta	1154	150	03:04:06.807	01:56:05.930
JOÃO GONÇALVES	Individual	1141	151	03:04:07.803	01:56:06.926
MANUELA MOREIRA	Perafita	1182	152	03:30:08.083	02:22:07.206
BRUNA MAGALHÃES	Individual	1140	153	03:34:39.340	02:26:38.463
MARGARIDA MAGALHÃES	Individual	1116	154	03:34:41.840	02:26:40.963
VITOR MAGALHÃES	Individual	1117	155	03:35:16.590	02:27:15.713
CÉLIA CARDINAL	#Atéchoras	1192	156	03:43:52.097	02:35:51.220
ISABEL CERQUEIRA	Individual	1147	157	03:50:43.613	02:42:42.736
JOANA TEIXEIRA	Individual	1146	158	03:50:44.107	02:42:43.230
CARLOS AMOR	Individual	1145	159	03:50:44.857	02:42:43.980
INÊS MONTEIRO	Individual	1151	160	03:50:46.610	02:42:45.733