

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
NORBERTO LOUREIRO	Individual	644	1	01:04:24.633	00:00:00.000
AGOSTINHO SOUSA	Fridão Sem Limites	710	2	01:06:18.770	00:01:54.137
BRUNO AZEVEDO	Fridão Sem Limites	634	3	01:06:41.023	00:02:16.390
JOSÉ SILVA	Serafão 4Fun	757	4	01:10:04.527	00:05:39.894
LUÍS MAGALHÃES	Emna Runners	629	5	01:12:55.260	00:08:30.627
FILIPPE CARRIL	Individual	781	6	01:13:01.780	00:08:37.147
MANUEL TEIXEIRA	Fridão Sem Limites	780	7	01:13:42.030	00:09:17.397
PAULO COELHO	Clube Atletismo Fafe	747	8	01:14:22.040	00:09:57.407
GILBERTO TEIXEIRA	Individual	722	9	01:16:52.787	00:12:28.154
MANUEL GONÇALVES	Individual	691	10	01:17:00.790	00:12:36.157
ALBERTINA SANTOS	Nocturnos De Paredes	766	11	01:19:49.540	00:15:24.907
FRANCISCO ARAUJO	Serafão 4Fun	756	12	01:19:59.040	00:15:34.407
LUÍS TEIXEIRA	Sportarc.Running	689	13	01:20:09.790	00:15:45.157
VITOR FERREIRA	Individual	662	14	01:20:10.293	00:15:45.660
MARCO AMADOR	Sportarc.Running	732	15	01:20:11.507	00:15:46.874
MARCELO TEIXEIRA	Individual	615	16	01:20:11.543	00:15:46.910
JORGE MOREIRA	Prosel Team	651	17	01:20:33.543	00:16:08.910
PAULO RIBEIRO	Os Corajosos	680	18	01:21:05.790	00:16:41.157
RICARDO PEREIRA	#Atechoras	702	19	01:21:06.060	00:16:41.427
MANUEL SOUSA	Ótica Sousa	751	20	01:22:06.043	00:17:41.410
CLÁUDIA SILVA	Sportarc.Running	687	21	01:22:15.293	00:17:50.660
JAIME SOUSA	Individual	779	22	01:22:21.300	00:17:56.667
TIAGO MOREIRA	Mountain Runners	693	23	01:22:30.297	00:18:05.664
FÁBIO NUNES	Fridão Sem Limites	635	24	01:22:47.230	00:18:22.597
CARLOS PINTO	Fridão Sem Limites	676	25	01:23:42.293	00:19:17.660
RUI SOUSA	Mountain Runners	743	26	01:23:49.547	00:19:24.914
ALEXANDRE SAMEIRO	Serafão 4Fun	754	27	01:24:17.797	00:19:53.164
SANDRA CUNHA	Individual	744	28	01:25:22.800	00:20:58.167
FERNANDO SOUSA	Individual	685	29	01:25:39.957	00:21:15.324
HELDER FONSECA	Individual	640	30	01:25:48.297	00:21:23.664
JOAO ESPERANÇO	Alb Lamego Bike	742	31	01:26:21.797	00:21:57.164
PAULO MARTINS	Individual	606	32	01:26:32.307	00:22:07.674
NELSON SILVA	Individual	666	33	01:27:02.800	00:22:38.167
AGOSTINHO SILVA	Osfazconta	717	34	01:27:19.550	00:22:54.917
DIOGO ALVES	Individual	775	35	01:27:57.810	00:23:33.177
RUI CARRIL	Eletrocarril	607	36	01:29:15.060	00:24:50.427
RUBENS SOARES	Sportarc.Running	734	37	01:29:58.087	00:25:33.454
PEDRO SILVEIRA	Amigos Das Sapatilhas	704	38	01:30:51.057	00:26:26.424
GERALDO GOMES	Marco Trail	658	39	01:31:02.560	00:26:37.927
ANTÓNIO QUADROS	Geadas Running	707	40	01:31:22.307	00:26:57.674
FILIPPE MARINHO	Individual	684	41	01:31:29.307	00:27:04.674
FLÁVIO PINTO	Individual	690	42	01:31:32.840	00:27:08.207
SÉRGIO MAGALHÃES	Individual	657	43	01:31:44.670	00:27:20.037
NATÁLIA PINTO	Serafão 4Fun	659	44	01:31:48.807	00:27:24.174
PEDRO OLIVEIRA	A.D. Amarante Trail Running	665	45	01:32:04.807	00:27:40.174
ANTONIO FERRAZ	Individual	728	46	01:33:09.563	00:28:44.930
RUI SILVA	Bttmcn	646	47	01:34:12.813	00:29:48.180
MARIA TEIXEIRA	Btt Alegria // Tubani	770	48	01:36:12.310	00:31:47.677
IVO BRAS	Individual	712	49	01:36:50.560	00:32:25.927
MANUEL GOMES	Mss Contabilidade Trail Team	767	50	01:37:19.583	00:32:54.950
ANTÓNIO ALVES	Fridão Sem Limites	631	51	01:37:27.063	00:33:02.430
LAURA GOMES	Sportarc.Running	723	52	01:37:51.063	00:33:26.430
CARLA LUIS	Individual	663	53	01:38:08.313	00:33:43.680
ANTONIO TEIXEIRA	Fridão Sem Limites	638	54	01:38:34.577	00:34:09.944
DANIEL CORREIA	A.D. Amarante Trail Running	603	55	01:39:26.813	00:35:02.180
DIANA DIAS	Clube Trilheiros & Amigos	746	56	01:42:22.837	00:37:58.204
RICARDO AIRES	Fridão Sem Limites	674	57	01:42:23.323	00:37:58.690

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOÃO SILVA	Individual	673	58	01:42:27.080	00:38:02.447
RAFAEL SILVA	Serafão 4Fun	755	59	01:42:28.320	00:38:03.687
ELSA MOREIRA	Clube Trilheiros & Amigos	706	60	01:43:45.570	00:39:20.937
RAQUEL EUSEBIO	Associação Clube De Atletismo De Fafe	645	61	01:44:03.820	00:39:39.187
PAULO FERREIRA	Serafão 4Fun	711	62	01:44:39.077	00:40:14.444
FERNANDA OLIVEIRA	A.D. Amarante Trail Running	762	63	01:44:41.327	00:40:16.694
LILIANA MARTINS	Barc	791	64	01:45:01.323	00:40:36.690
FRANCISCO SANTOS	Oficina Das Medalhas	794	65	01:45:01.323	00:40:36.690
SANDRA AMORIM	Individual	683	66	01:45:35.320	00:41:10.687
CARLA TEIXEIRA	Fridão Sem Limites	633	67	01:45:54.323	00:41:29.690
ELISABETE NOGUEIRA	Fridão Sem Limites	637	68	01:45:54.823	00:41:30.190
VITOR OSORIO	#Atechoras	758	69	01:45:59.073	00:41:34.440
LUCIA LEITE	A.D. Amarante Trail Running	602	70	01:47:09.323	00:42:44.690
JOSÉ FONSECA	Bva	768	71	01:47:46.323	00:43:21.690
CARLOS MOREIRA	A.D. Amarante Trail Running	647	72	01:49:21.833	00:44:57.200
RICARDO SILVA	Mountain Runners	692	73	01:50:05.583	00:45:40.950
MARIA NOGUEIRA	Lesmas & Caracóis	749	74	01:51:12.327	00:46:47.694
JAIME RIBEIRO	Individual	771	75	01:51:12.997	00:46:48.364
JOSÉ MENDES	Individual	727	76	01:51:13.330	00:46:48.697
NUNO MAIO	#Atechoras	701	77	01:51:41.830	00:47:17.197
ALVARO PEREIRA	#Atechoras	703	78	01:51:42.983	00:47:18.350
SÓNIA MARTINS	Barc	793	79	01:52:01.827	00:47:37.194
ANA PINTO	Eletrocarril	608	80	01:52:36.830	00:48:12.197
JAIME TEIXEIRA	Individual	772	81	01:54:23.227	00:49:58.594
MIGUEL MADEIRA	Individual	698	82	01:54:44.713	00:50:20.080
MIGUEL ROCHA	Individual	750	83	01:54:47.830	00:50:23.197
FERNANDO SAMPAIO	Individual	787	84	01:56:32.957	00:52:08.324
ALEXANDRA BESSA	Team Aguenta Aí	764	85	01:56:37.333	00:52:12.700
ROSA SOARES	Fridão Sem Limites	636	86	01:56:53.087	00:52:28.454
PATRICIA CARVALHO	A.D. Amarante Trail Running	726	87	01:57:33.333	00:53:08.700
ANA VASCONCELOS	Individual	605	88	01:58:17.343	00:53:52.710
VERA CARVALHO	Individual	604	89	01:58:20.090	00:53:55.457
ARMANDO SILVA	Sportarc.Running	688	90	01:58:43.677	00:54:19.044
MANUEL SILVA	Team Aguenta Aí	763	91	01:58:52.593	00:54:27.960
PAULA PINHO	Sportarc.Running	725	92	01:59:24.837	00:55:00.204
LILIANA FIGUEIREDO	A.D. Amarante Trail Running	761	93	01:59:41.337	00:55:16.704
FABIOLA MARTINS	Par De Jarras	621	94	02:01:17.587	00:56:52.954
JOANA ROCHA	Individual	678	95	02:01:23.590	00:56:58.957
FÁBIO CARNEIRO	Individual	677	96	02:01:24.397	00:56:59.764
SANDRO MARTINS	Par De Jarras	622	97	02:01:26.597	00:57:01.964
CARLA RODRIGUES	Turminha	738	98	02:05:35.090	01:01:10.457
SONIA SILVA	Mountain Runners	656	99	02:07:43.853	01:03:19.220
SANDRA CARVALHO	Mountain Runners	653	100	02:07:44.107	01:03:19.474
BRUNO PEREIRA	Individual	620	101	02:07:45.593	01:03:20.960
HUGO CARVALHO	Individual	720	102	02:07:47.853	01:03:23.220
JOSÉ ALMEIDA	Individual	721	103	02:07:48.853	01:03:24.220
ISABEL SANTOS	Barc	792	104	02:09:29.603	01:05:04.970
MÓNICA SANTOS	Individual	788	105	02:09:44.597	01:05:19.964
VERA PEREIRA	Lesmas & Caracóis	630	106	02:10:27.597	01:06:02.964
MÁRCIA ALMEIDA	Lesmas & Caracóis	783	107	02:10:28.847	01:06:04.214
CARLA COSTA	Lesmas & Caracóis	639	108	02:10:29.847	01:06:05.214
EMANUEL SILVA	Mountain Runners	694	109	02:13:51.600	01:09:26.967
SILVIA PINTO	A.D. Amarante Trail Running	669	110	02:14:25.353	01:10:00.720
MARIA SILVA	Individual	735	111	02:15:49.967	01:11:25.334
VIRGÍNIA VIEIRA	Kunalama Runners	661	112	02:17:17.357	01:12:52.724
FATIMA FREITAS	Individual	778	113	02:17:51.857	01:13:27.224
CARMINDA GONÇALVES	Individual	776	114	02:17:53.857	01:13:29.224

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
HELDER COSTA	Individual	777	115	02:17:55.353	01:13:30.720
SUSANA FERREIRA	Turminha	737	116	02:18:12.610	01:13:47.977
FATIMA RIBEIRO	Turminha	740	117	02:18:14.607	01:13:49.974
NUNO GOMES	Osfazconta	718	118	02:18:33.103	01:14:08.470
ADRIANA DUARTE	Osfazconta	714	119	02:19:39.857	01:15:15.224
BRIGIDA DUARTE	Osfazconta	715	120	02:19:39.857	01:15:15.224
LUÍS PINTO	Bravos Amt	614	121	02:24:05.360	01:19:40.727
LUÍS LIMA	Bravos Amt	613	122	02:24:05.610	01:19:40.977
ENGRÁCIA FERREIRA	A.D. Amarante Trail Running	760	123	02:25:47.610	01:21:22.977
ANA CARVALHO	Temoskserfortes	623	124	02:26:07.360	01:21:42.727
CRISTIANA CARVALHO	Temoskserfortes	625	125	02:26:07.707	01:21:43.074
ELISABETE SILVA	Bravos Amt	611	126	02:27:10.113	01:22:45.480
ANTÓNIO MIRANDA	Bravos Amt	610	127	02:27:10.860	01:22:46.227
MARIA TEIXEIRA	Temoskserfortes	624	128	02:27:28.363	01:23:03.730
CLAUDIA TEIXEIRA	Lesmas & Caracóis	660	129	02:34:07.123	01:29:42.490
ANA SILVA	Lesmas & Caracóis	627	130	02:34:07.640	01:29:43.007
LUCINDA SILVA	Sportarc.Running	719	131	02:37:30.377	01:33:05.744
HELENA RIBEIRO	Individual	774	132	02:44:45.383	01:40:20.750
JOANA AMOR	Individual	731	133	02:44:45.873	01:40:21.240
CARLOS AMOR	Individual	730	134	02:44:50.263	01:40:25.630
VANDA CAMPOCHAO	Mourebtt	697	135	02:52:59.383	01:48:34.750
RICARDO CARDOSO	Mourebtt	696	136	02:52:59.630	01:48:34.997
MICHEL AZEVEDO	Mourebtt	745	137	02:53:00.433	01:48:35.800
JORGE SILVA	Osfazconta	713	138	02:55:58.633	01:51:34.000
ANDREIA PEIXE	Strong Team	784	139	02:56:19.407	01:51:54.774
JOANA FARIA	Strong Team	785	140	02:56:27.133	01:52:02.500
ROSALINA PEREIRA	Somos Nós Team	671	141	02:56:36.133	01:52:11.500
VENÂNCIO CUNHA	Amigos Do Pedal Trailagares	648	142	03:08:03.890	02:03:39.257
PAULA SOUSA	Amigos Do Pedal Trailagares	649	143	03:08:04.140	02:03:39.507
VERONICA PINHEIRO	Csg	618	144	03:12:31.143	02:08:06.510
NÁTALIA AZEVEDO	Mourebtt	601	145	03:12:31.897	02:08:07.264
ÁLVARO RIBEIRO	Mourebtt	600	146	03:13:32.893	02:09:08.260
CLAUDIA MIRANDA	Csg	616	147	03:13:33.897	02:09:09.264
SUZETE SOUSA	Fridão Sem Limites	632	148	03:23:08.910	02:18:44.277