

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	1366	Luis Semedo	Ac Portalegre/Utsm	02:14:56.893	00:00:00.000
2	1410	Bruno Ribeiro	Águias De Alvelos	02:18:19.647	00:03:22.754
3	1107	Nelson Loureiro	Individual	02:19:28.403	00:04:31.510
4	1151	Paulo Pinto	Aztrail/Mercentro	02:35:47.430	00:20:50.537
5	1156	Fábio Mendes	Montanha Clube Trail Running/Efapel	02:40:17.190	00:25:20.297
6	1161	José Machado	Viseu Running Team	02:43:08.950	00:28:12.057
7	1027	David Gouveia	Cmmouronho-Escaravelhos	02:47:03.200	00:32:06.307
8	1249	Rui Azevedo	Fridão Sem Limites	02:47:07.200	00:32:10.307
9	1053	Bruno Azevedo	Fridão Sem Limites	02:47:27.200	00:32:30.307
10	1376	André Almeida	Factor X / S4I / Medense Fc	02:47:47.450	00:32:50.557
11	1078	Vítor Gateira	Évoranightrunners	02:49:36.703	00:34:39.810
12	1147	Fernando Santos	Cmmouronho-Escaravelhos	02:51:58.707	00:37:01.814
13	1146	Valentim Henriques	Clube Desportivo Asas Do Milénium	02:52:08.460	00:37:11.567
14	1270	Tiago Duarte	Atletismo Clube Da Tocha	02:52:23.710	00:37:26.817
15	1116	Hélder Franco	Lethes Trail Team	02:53:05.960	00:38:09.067
16	1044	Telmo Reis	Lousada Runners	02:54:41.720	00:39:44.827
17	1207	Joel Simplicio	Dr. Runner'S Team	02:54:59.713	00:40:02.820
18	1352	Fábio Reis	Vale Dos Duros	02:55:44.967	00:40:48.074
19	1384	Alfredo Gaspar	Grvilaverdense	02:57:19.223	00:42:22.330
20	1071	Ruben Barbosa	Caac	02:57:22.223	00:42:25.330
21	1272	Vasco Sousa	Coimbra Trail Running	02:57:34.217	00:42:37.324
22	1350	Alberto Almeida	Individual	02:58:26.970	00:43:30.077
23	1133	João Nepomuceno	Dá-Lhe Gás Team	03:01:44.227	00:46:47.334
24	1144	Bruno Serra	Ninja Runners By Decathlon	03:03:21.977	00:48:25.084
25	1154	Frederico Carvalho	Aztrail/Mercentro	03:03:59.730	00:49:02.837
26	1163	Pedro Osório	Viseu 360	03:04:40.230	00:49:43.337
27	1168	Luis Coimbra	Viseu 360	03:04:41.477	00:49:44.584
28	1030	João Santos	Turres Trail Team	03:05:13.980	00:50:17.087
29	1221	Ismael Costa	Blackbulls / Clube De Condeixa	03:05:19.763	00:50:22.870
30	1377	Adão Monteiro	Fridão Sem Limites	03:06:27.733	00:51:30.840
31	1177	Pedro Viana	Factor X / S4I / Medense Fc	03:06:41.983	00:51:45.090
32	1103	Filipe Meneses	Ker Sport Trail Running	03:07:55.233	00:52:58.340
33	1236	Emanuel Costa	Ss Montepio	03:08:23.733	00:53:26.840
34	1378	Pedro Bôto	Individual	03:08:30.737	00:53:33.844
35	1334	Nelson Graça	Team Goldnutrition Runners.Pt	03:09:09.483	00:54:12.590
36	1345	Vitor Mota	Blackbulls/ Clube Condeixa	03:10:07.240	00:55:10.347
37	1093	João Valente	Juventude Cortegacense	03:10:09.737	00:55:12.844
38	1390	Alberto Freitas	Ad Marco 09	03:11:52.487	00:56:55.594
39	1192	Manuel Fernandes	Viseu 360	03:11:55.490	00:56:58.597
40	1178	Carlos Ferreira	Viseu 360	03:11:59.490	00:57:02.597
41	1010	Ricardo Mendonça	Shfit Trail Team	03:13:16.243	00:58:19.350
42	1274	João Moreira	Shfit Trail Team	03:13:16.517	00:58:19.624
43	1243	João Meira	Padela Natural Team - Fisiofreixo	03:13:59.993	00:59:03.100
44	1019	Jorge Lopes	Equipa A	03:14:42.500	00:59:45.607

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
45	1055	Vítor Gonçalves	Trogloditas Runners	03:15:06.993	01:00:10.100
46	1241	António Cordeiro	Blackbulls/ Clube Condeixa	03:16:13.747	01:01:16.854
47	1200	Hilário Lopes	Individual	03:16:50.000	01:01:53.107
48	1248	Marta Silva	Boavista Trail	03:17:28.247	01:02:31.354
49	1205	Rodrigo Vieira	Dá-Lhe Gás Team	03:17:32.250	01:02:35.357
50	1199	Filipe Rodrigues	Ozxtreme / Adcrpereira	03:17:33.000	01:02:36.107
51	1187	Cláudio Piedade	Inijovem	03:17:36.497	01:02:39.604
52	1287	Francisco Aguiar	Viseu 360	03:18:12.750	01:03:15.857
53	1080	Pedro Domingues	Individual	03:18:19.003	01:03:22.110
54	1002	Pedro Guimaraes	A	03:18:31.250	01:03:34.357
55	1166	Igor Paiva	Factor X / S4I / Medense Fc	03:18:48.250	01:03:51.357
56	1251	Vera Barbosa	Boavista Trail	03:19:19.260	01:04:22.367
57	1159	Vitor Maximino	HI Runners Club	03:20:02.750	01:05:05.857
58	1271	José Nogueira	Coronado Runners	03:20:33.003	01:05:36.110
59	1149	Carlos Fernandes	Aztrail/Mercentro	03:20:38.503	01:05:41.610
60	1301	Nélio Oliveira	Atletismo Clube Da Tocha	03:20:51.003	01:05:54.110
61	1082	David Madeira	Atletismo Clube Da Tocha	03:20:52.007	01:05:55.114
62	1347	Nelson Castro	Compressport Portugal	03:21:03.253	01:06:06.360
63	1047	Cecílio Ferreira	Juventude Cortegacense	03:22:54.507	01:07:57.614
64	1295	Miguel Barnabé	Vertical Navis	03:23:25.007	01:08:28.114
65	1054	Paulo Costa	Individual	03:23:36.760	01:08:39.867
66	1138	Armando Moreira	Ribeiras Trail	03:23:56.260	01:08:59.367
67	1108	Henrique Loureiro	Individual	03:24:32.760	01:09:35.867
68	1306	Gina Domingues	Blackbulls / Clube De Condeixa	03:25:11.263	01:10:14.370
69	1395	José Ferreira	Melres Trail Running Ordem Para Arrear	03:25:45.763	01:10:48.870
70	1110	Pedro PatriCio	Inijovem	03:26:23.517	01:11:26.624
71	1229	Márcio Silva	S.S. Montepio	03:26:24.013	01:11:27.120
72	1223	António Batista	Viriathvs Runners Vilepeças Trail	03:26:30.763	01:11:33.870
73	1286	Luis Teixeira	Sportarc	03:26:55.517	01:11:58.624
74	1032	Domingos Faria	Lion Runners - G. D. Leões Da Guarda	03:27:36.767	01:12:39.874
75	1094	Alexandre Leite	Juventude Cortegacense	03:27:48.513	01:12:51.620
76	1016	Nuno Marques	Santana Futebol Clube-Trail Team	03:28:40.517	01:13:43.624
77	1045	Hugo Brito	Beapt	03:28:53.767	01:13:56.874
78	1155	Andreia Correia	Ac Training	03:28:59.517	01:14:02.624
79	1102	Marco Inês	Ker Sport Trail Running	03:29:04.437	01:14:07.544
80	1074	Paulo Reis	Running Esmoriz	03:29:05.267	01:14:08.374
81	1247	Pedro Lourenço	Boavista Trail	03:29:18.517	01:14:21.624
82	1026	Nuno Sendao	Lethes Trail Team	03:30:46.270	01:15:49.377
83	1092	Ricardo Fernandes	Team Trail Bem Viver	03:31:05.270	01:16:08.377
84	1157	Vitor Rito	Running Espinho	03:32:16.020	01:17:19.127
85	1131	André Pereira	Ama(Dores) Trail Team /Acrú	03:32:36.277	01:17:39.384
86	1111	Paulo Soares	Lethes Trail Team	03:33:30.273	01:18:33.380
87	1282	Miguel Aguiar	Viseu 360	03:33:50.027	01:18:53.134
88	1015	Bárbara Sá	Santana Futebol Clube-Trail Team	03:33:56.773	01:18:59.880

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
89	1314	Henrique Borges	Individual	03:33:58.773	01:19:01.880
90	1237	Sandrina Cardoso	Viseu 360	03:34:18.287	01:19:21.394
91	1370	Nuno Cardoso	Viseu 360	03:34:18.773	01:19:21.880
92	1311	José Cardinho	Incapazes	03:34:38.027	01:19:41.134
93	1315	Carlos Dinis	Individual	03:34:49.280	01:19:52.387
94	1402	Helder Campos	Beapt	03:36:09.027	01:21:12.134
95	1171	Joana Dionísio	Soure Mov	03:36:46.277	01:21:49.384
96	1172	Andreia Brás	Soure Mov	03:37:00.027	01:22:03.134
97	1001	Paulo Cerqueira	Amc Trail	03:37:05.780	01:22:08.887
98	1409	Nuno Silva	Individual	03:37:41.627	01:22:44.734
99	1276	Catarina Serrazina	Crp Ribafria	03:37:42.040	01:22:45.147
100	1024	Sandrina Gomes	Lethes Trail Team	03:37:54.027	01:22:57.134
101	1408	Helder Gomes	Kemedo Team	03:38:15.280	01:23:18.387
102	1265	Paulo Ferreira	Boavista Trail	03:38:28.360	01:23:31.467
103	1294	Dmitrii Sakhapov	Individual	03:39:11.287	01:24:14.394
104	1059	Celia Sousa	Individual	03:39:39.780	01:24:42.887
105	1038	Daniel Terra	Factor X / S4I / Medense Fc	03:40:01.787	01:25:04.894
106	1129	Antonio Martins	Pes Chumbo Runners	03:40:36.283	01:25:39.390
107	1050	Olga Branquinho	Equipa A	03:43:14.537	01:28:17.644
108	1256	Eduardo Lopes	Vertical Navis	03:43:59.287	01:29:02.394
109	1388	André Santa	Individual	03:44:00.290	01:29:03.397
110	1351	Mário Alberto	Não Fazemos Nem Mais Um... Km	03:44:49.290	01:29:52.397
111	1194	Sergio Oliveira	Juventude Cortegacense	03:45:11.290	01:30:14.397
112	1195	Joel Sequeira	Juventude Cortegacense	03:45:12.070	01:30:15.177
113	1148	Gabriela Veiga	Running Espinho	03:45:12.073	01:30:15.180
114	1112	Adelino Inês	Alverca Urban Runners	03:45:23.540	01:30:26.647
115	1173	Marisa Bregieiro	Soure Mov	03:45:54.293	01:30:57.400
116	1293	Fabio Silva	Nast - Núcleo Associativo De Santo Tirso	03:45:55.293	01:30:58.400
117	1089	Filipe Gomes	Individual	03:46:17.547	01:31:20.654
118	1083	Paulo Mesquita	Equipa A	03:47:01.797	01:32:04.904
119	1197	Rui Ferreira	Viseu 360	03:48:07.047	01:33:10.154
120	1139	Francisco Rebelo	Ab Cansado Trail	03:48:22.047	01:33:25.154
121	1134	Jorge Pinheiro	Ribeiras Trail	03:48:32.047	01:33:35.154
122	1254	Patricia Madeira	Vertical Navis	03:48:56.297	01:33:59.404
123	1255	Valdemar Cardoso	Vertical Navis	03:48:57.047	01:34:00.154
124	1328	Claudia Carcau	Lion Runners - G. D. Leões Da Guarda	03:49:07.053	01:34:10.160
125	1005	Stephanie Illingworth	Individual	03:49:21.797	01:34:24.904
126	1326	Rui Sameiro	Outdoor Clube De Setubal - Strendure Running Team	03:49:36.547	01:34:39.654
127	1051	Pedro Sendão	Lethes Trail Team	03:49:59.797	01:35:02.904
128	1028	José Mendes	Gondomar Futsal Clube	03:50:45.550	01:35:48.657
129	1203	Luis Hilario	Individual	03:50:52.550	01:35:55.657
130	1193	César Sousa	Sce Atletismo/António Leitão Trail Team	03:51:02.803	01:36:05.910
131	1332	Marco Nicolau	Phoenix-Evorun	03:51:03.300	01:36:06.407
132	1337	Armindo Moreira	Phoenix Evorun	03:51:03.547	01:36:06.654

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
133	1183	Miguel Morais	#Cabrasdomonte	03:51:52.803	01:36:55.910
134	1303	José Melo	Individual	03:52:08.053	01:37:11.160
135	1060	Joao Ribeiro	Individual	03:52:12.050	01:37:15.157
136	1381	Ricardo Gírio	Casa Do Benfica De Arganil	03:52:42.303	01:37:45.410
137	1065	Rolando Paulo	Trail Running Clube Btt Sanguedo	03:52:55.053	01:37:58.160
138	1127	Lisete Antunes	Dá-Lhe Gás Team	03:53:05.800	01:38:08.907
139	1020	Edgar Melo	Individual	03:54:10.057	01:39:13.164
140	1333	Eliseu Leite	Laundostrail	03:54:20.057	01:39:23.164
141	1335	Paula Almeida	Individual	03:55:58.307	01:41:01.414
142	1122	Pedro Lopes	Viriathvs Runners Viseu	03:56:40.307	01:41:43.414
143	1339	Claudia Pereira	F C Penafiel	03:56:47.807	01:41:50.914
144	1202	Rui Correia	Individual	03:57:12.560	01:42:15.667
145	1288	Nuno Almeida	Individual	03:57:32.310	01:42:35.417
146	1031	Nuno Pina	Equipa João Ferreira	03:58:00.060	01:43:03.167
147	1284	Rubens Soares	Sportarc	03:58:11.060	01:43:14.167
148	1250	Paulo Elias	Individual	03:59:04.813	01:44:07.920
149	1169	Luis Oliveira	Portocargo Runners	03:59:08.310	01:44:11.417
150	1170	Ricardo Pereira	Portocargo Runners	03:59:09.313	01:44:12.420
151	1246	Rui Faria	Individual	03:59:26.313	01:44:29.420
152	1069	Pedro Marques	Factor X / S4I / Medense Fc	03:59:32.313	01:44:35.420
153	1167	Paulo Freitas	Factor X / S4I / Medense Fc	03:59:32.567	01:44:35.674
154	1075	Ana Faísca	Outdoor Clube De Setubal - Strendure Running Team	03:59:42.813	01:44:45.920
155	1109	Luis Rodrigues	Runners Do Demo	03:59:52.563	01:44:55.670
156	1011	Filipe Domingues	Pinhal Total Oleiros Aventura	04:00:00.313	01:45:03.420
157	1387	Ricardo Santa	Individual	04:00:15.313	01:45:18.420
158	1283	Carla Semedo	Ac Portalegre/Utsm	04:00:15.563	01:45:18.670
159	1234	Ricardo Resende	S.S. Montepio	04:00:26.813	01:45:29.920
160	1137	Sérgio Moreira	Blue O	04:01:01.563	01:46:04.670
161	1217	João Ribeiro	Firerunners	04:01:02.563	01:46:05.670
162	1258	Angelo Lourenço	Viseu 360	04:02:26.817	01:47:29.924
163	1346	Gonçalo Freitas	Blackbulls / Clube De Condeixa	04:03:01.817	01:48:04.924
164	1324	Nuno Santos	Lion Runners - G. D. Leões Da Guarda	04:03:17.820	01:48:20.927
165	1046	Bruno Carvalho	Monsanto Running Team	04:03:39.067	01:48:42.174
166	1290	Adriano Tabanez	Atletismo Clube Da Tocha	04:04:31.570	01:49:34.677
167	1269	Eduardo Ferreira	Atletismo Clube Da Tocha	04:04:31.570	01:49:34.677
168	1233	Fernando Carvalho	S.S. Montepio	04:04:55.070	01:49:58.177
169	1152	Alexandre Roussau	Aztrail/Mercentro	04:05:43.070	01:50:46.177
170	1124	Artur Soares	Individual	04:06:08.607	01:51:11.714
171	1341	Fidel Conde	Individual	04:06:59.073	01:52:02.180
172	1090	Francisco Zenha	Individual	04:07:37.323	01:52:40.430
173	1281	José Rodrigues	Mirandela A Correr	04:07:41.327	01:52:44.434
174	1398	Valter Lima	Juventude Cortegacense	04:07:59.823	01:53:02.930
175	1361	Roni Gomes	Vale Dos Duros	04:08:52.093	01:53:55.200
176	1386	Márcia Pinho	Vale Dos Duros	04:08:52.327	01:53:55.434

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
177	1338	Ricardo Osório	Unidos À Fresca	04:08:59.830	01:54:02.937
178	1336	Paulo Osorio	Unidos À Fresca	04:08:59.830	01:54:02.937
179	1355	Antonio Alves	Clube Millennium Bcp	04:09:51.327	01:54:54.434
180	1394	João Carvalho	Casa Do Benfica De Arganil	04:09:53.327	01:54:56.434
181	1310	João Rodrigues	Individual	04:09:53.577	01:54:56.684
182	1081	Ricardo Pato	Outdoor Clube De Setubal - Strendure Running Team	04:10:03.327	01:55:06.434
183	1013	Tiago Cruz	Adc São Jacinto	04:10:18.077	01:55:21.184
184	1261	Pedro Gasparcebol	Individual	04:10:37.827	01:55:40.934
185	1113	Álvaro Amorim	Ker Sport Trail Running	04:10:42.577	01:55:45.684
186	1117	Artur Silva	Lion Runners - G. D. Leões Da Guarda	04:10:55.580	01:55:58.687
187	1330	Paulo Ferreira	Iniciados	04:10:55.583	01:55:58.690
188	1325	Lucinda Gomes	Lion Runners - G. D. Leões Da Guarda	04:11:15.580	01:56:18.687
189	1022	Paulo Genesio	Individual	04:11:42.580	01:56:45.687
190	1181	Tiago Lopes	#Cabrasdomonte	04:12:32.340	01:57:35.447
191	1003	Rogério Fernandes	Sóbe - Só Bim Eu	04:12:47.377	01:57:50.484
192	1262	Mi Couto	Boavista Trail	04:13:09.583	01:58:12.690
193	1291	Paulo Nunes	Individual	04:13:39.083	01:58:42.190
194	1264	Bruno Graça	Individual	04:13:42.833	01:58:45.940
195	1391	Helder Ribeiro	Focoteam24	04:14:32.583	01:59:35.690
196	1406	Rosa Gama	Ribeiras Trail	04:14:41.587	01:59:44.694
197	1132	Carlos Correia	Individual	04:14:42.833	01:59:45.940
198	1298	Sandra Monteiro	Clube De Montanha Alto Trilho - Javalis	04:16:01.590	02:01:04.697
199	1299	Nuno Oliveira	Clube De Montanha Alto Trilho - Javalis	04:16:01.590	02:01:04.697
200	1182	Susana Castro	Trail Runners Family	04:16:05.340	02:01:08.447
201	1091	Fernando Marques	Trail Runners Family	04:16:05.340	02:01:08.447
202	1372	Mauricio Pinto	Epic Runners	04:16:06.587	02:01:09.694
203	1142	Silvio Ferreira	Mocidade Sangemil	04:16:13.087	02:01:16.194
204	1018	José Cardoso	Mss Contabilidade Trail Team	04:16:28.337	02:01:31.444
205	1033	Vitor Viana	Clube Zupper	04:17:21.337	02:02:24.444
206	1403	Paulo Ferreira	Clube Futebol De Sassoeiros	04:17:54.093	02:02:57.200
207	1404	José Guimarães	Clube Futebol De Sassoeiros	04:17:54.337	02:02:57.444
208	1329	Paulo Silva	Iniciados	04:18:11.340	02:03:14.447
209	1077	Rui Santos	Blackbulls / Clube De Condeixa	04:18:40.590	02:03:43.697
210	1160	Mário Santiago	Individual	04:19:01.100	02:04:04.207
211	1130	José Ribeiro	Pes Chumbo Runners	04:19:56.847	02:04:59.954
212	1158	Susana Gomes	Dá-Lhe Gás Team	04:19:58.353	02:05:01.460
213	1004	Artur Gil	Pes Chumbo Runners	04:19:58.843	02:05:01.950
214	1407	Rogério Oliveira	Pés De Chumbo Runners	04:19:58.847	02:05:01.954
215	1140	Rui Ferreira	Monte Dos Amigos	04:20:04.847	02:05:07.954
216	1242	Ricardo Sousa	Os Barriguitas	04:20:13.093	02:05:16.200
217	1008	Tiago Borges	Team Shark	04:20:49.593	02:05:52.700
218	1012	Ana Sousa	Adc S. Jacinto	04:20:50.593	02:05:53.700
219	1399	António Gonçalves	Individual	04:21:08.347	02:06:11.454
220	1232	Rui Carvalho	S.S. Montepio	04:21:39.097	02:06:42.204

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
221	1009	Rogério Palmeiro	Shfit Trail Team	04:21:49.350	02:06:52.457
222	1057	António Pinto	Individual	04:21:50.097	02:06:53.204
223	1210	Rui Dinis	Individual	04:21:57.097	02:07:00.204
224	1175	Daniel Fernandes	Vimarunners	04:22:06.597	02:07:09.704
225	1165	Ana Filipa	Individual	04:22:06.597	02:07:09.704
226	1105	Paulo Correia	A.D. Sebolido Trail Boneca Douro	04:22:26.597	02:07:29.704
227	1185	João Sousa	#Cabrasdomonte	04:24:49.850	02:09:52.957
228	1357	Mario Vilaca	Clube Millennium Bcp	04:25:52.603	02:10:55.710
229	1358	Bruno Vasconcelos	Clube Millennium Bcp	04:25:54.103	02:10:57.210
230	1307	Américo Santos	Taylors	04:26:25.353	02:11:28.460
231	1308	Miguel Moura	Taylors	04:26:25.607	02:11:28.714
232	1215	Pedro Castro	Firerunners	04:26:57.103	02:12:00.210
233	1188	Nuno Prada	Individual	04:28:05.857	02:13:08.964
234	1356	Maria Nobre	Clube Millennium Bcp	04:28:18.857	02:13:21.964
235	1136	Nuno Almeida	Ribeiras Trail	04:28:32.607	02:13:35.714
236	1235	Graça Rodrigues	Individual	04:28:40.607	02:13:43.714
237	1098	Carla Silva	Ker Sport Trail Running	04:28:41.857	02:13:44.964
238	1322	Isabel Soares	Sportarc	04:29:15.107	02:14:18.214
239	1153	Filipe Cunha	Aztrail/Mercentro	04:29:51.863	02:14:54.970
240	1150	Júlio Terra	Aztrail/Mercentro	04:29:52.433	02:14:55.540
241	1348	Silvia Faria	Budeguita Runners	04:31:04.360	02:16:07.467
242	1268	Antonio Antonio	Casa Do Trabalhador Águas Do Porto	04:31:49.110	02:16:52.217
243	1097	José Carvalheira	Linces De Montemor	04:32:01.860	02:17:04.967
244	1164	Luis Cruz	Individual	04:32:48.863	02:17:51.970
245	1066	Carina Bártole	Bártole Saúde - Fisiosátão	04:33:37.127	02:18:40.234
246	1392	Maria Simoes	Bio Team Run	04:33:37.367	02:18:40.474
247	1312	Luis Espada	Individual	04:34:06.613	02:19:09.720
248	1263	Luisa Mota	Individual	04:34:26.113	02:19:29.220
249	1257	Valdemar Almeida	Invicta Runners Team	04:34:38.113	02:19:41.220
250	1245	Joao Campos	Ss Montepio	04:35:15.367	02:20:18.474
251	1226	Filipe Soares	S.S. Montepio	04:35:16.363	02:20:19.470
252	1373	Joaquim Campino	Gin. Qta Do Valbom - Aaalcochete	04:35:45.863	02:20:48.970
253	1096	Liliana Carvalho	Pimentinhas	04:36:21.117	02:21:24.224
254	1021	Pedro Aguiar	Run2it	04:36:33.617	02:21:36.724
255	1186	Nuno Santos	Individual	04:36:39.117	02:21:42.224
256	1365	Rui Carmo	Individual	04:37:00.867	02:22:03.974
257	1319	Bruno Moreira	Catr - Correio De Albergaria Trail Running	04:37:17.877	02:22:20.984
258	1285	Sara Quinta	Catr - Correio De Albergaria Trail Running	04:37:18.370	02:22:21.477
259	1317	Iolanda Babo	Catr - Correio De Albergaria Trail Running	04:37:18.627	02:22:21.734
260	1073	João Antunes	Cnb - Clube Naturalmente Benfeita	04:37:29.117	02:22:32.224
261	1342	Maria Luisa	Individual	04:38:18.873	02:23:21.980
262	1212	Hugo Rochas	Nortrail	04:38:37.870	02:23:40.977
263	1253	Claudia Vicente	Vertical Navis	04:41:00.877	02:26:03.984
264	1007	Paulo Lima	Porto Run Team	04:41:37.377	02:26:40.484

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
265	1041	Mara Freitas	Reumático Trail Team	04:41:46.383	02:26:49.490
266	1023	Rui Rodrigues	Mss Contabilidade Trail Team	04:42:04.623	02:27:07.730
267	1318	Marta Almeida	Vertical Navis	04:42:53.660	02:27:56.767
268	1400	Rodrigo Costa	Individual	04:43:12.627	02:28:15.734
269	1068	Carlos Batista	Individual	04:43:30.877	02:28:33.984
270	1063	Silvia Gomes	Correr Por Prazer A 2/Catr	04:44:09.663	02:29:12.770
271	1085	Pedro Lopes	Correr Por Prazer A 2/Catr	04:44:09.663	02:29:12.770
272	1036	Nuno Fortunato	Shfit Trail Team	04:45:36.130	02:30:39.237
273	1141	Nelson Franco	Individual	04:47:09.387	02:32:12.494
274	1189	Diana Dias	Clube Trilheiros E Amigos	04:47:54.130	02:32:57.237
275	1191	José Silva	Clube Trilheiros E Amigos	04:47:55.133	02:32:58.240
276	1208	Andreia Ferreira	Dr. Runner'S Team	04:48:35.883	02:33:38.990
277	1135	Vitor Costa	Ribeiras Trail	04:50:06.387	02:35:09.494
278	1043	Carlos Almeida	Individual	04:50:47.890	02:35:50.997
279	1042	Sophie Duarte	Individual	04:50:48.140	02:35:51.247
280	1034	Vanessa Dias	Equipa A	04:50:48.653	02:35:51.760
281	1201	Nuno Couto	Cerveira Team Running	04:52:59.643	02:38:02.750
282	1228	Francisco Moreira	S.S. Montepio	04:55:07.897	02:40:11.004
283	1360	Silvia Vilar	Ginasio Fit4fun	04:57:16.397	02:42:19.504
284	1320	Paulo Correia	Ginasio Fit4fun	04:57:17.397	02:42:20.504
285	1029	Daniel Machado	Individual	04:58:47.900	02:43:51.007
286	1206	José Freitas	Individual	05:00:02.407	02:45:05.514
287	1198	Joao Antunes	Individual	05:00:02.653	02:45:05.760
288	1190	Rui S?	Fit Gaia Trail	05:00:11.903	02:45:15.010
289	1344	Gonçalo Duarte	Individual	05:00:40.903	02:45:44.010
290	1076	Nelson Ruivo	Individual	05:00:41.150	02:45:44.257
291	1327	Sandra Fernandes	Fridão Sem Limites	05:01:50.903	02:46:54.010
292	1225	Sandra Raimundo	Individual	05:01:51.153	02:46:54.260
293	1368	Pedro Sequeira	Evelx	05:02:55.657	02:47:58.764
294	1275	Pedro André	Individual	05:03:41.407	02:48:44.514
295	1300	Francisco Lopes	"Grupo 46 ""Lavra Run"""	05:04:21.407	02:49:24.514
296	1289	Paulo Ferreira	"Grupo 46 ""Lavra Run"""	05:04:21.917	02:49:25.024
297	1039	Humberto Barros	Kaninos	05:06:03.410	02:51:06.517
298	1119	Paula Capela	Kaninos	05:06:03.410	02:51:06.517
299	1176	Paulo Martins	Individual	05:06:19.160	02:51:22.267
300	1240	Claudia Sardinha	S.S. Montepio	05:07:08.660	02:52:11.767
301	1393	Ana Baldeante	Não Fazemos Nem Mais Um... Km	05:07:54.413	02:52:57.520
302	1385	Ricardo Leal	Compressport Portugal	05:08:14.913	02:53:18.020
303	1214	Filipe Costa	Casa Do Benfica De Arganil	05:08:28.417	02:53:31.524
304	1179	Sara Rocha	Btt Alegria // Tubani	05:10:14.917	02:55:18.024
305	1209	Rui Oliveira	Comdor Runners	05:10:36.667	02:55:39.774
306	1224	Rita Moreira	Nast	05:11:09.167	02:56:12.274
307	1101	Filipa Pimenta	Individual	05:11:10.167	02:56:13.274
308	1128	Nuno Medeiros	Individual	05:13:27.170	02:58:30.277

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
309	1061	Ivete Alves	Solopisadas	05:19:29.930	03:04:33.037
310	1343	Tiago Moreira	Boavista Trail	05:22:00.933	03:07:04.040
311	1218	Adélia Moreira	Firerunners	05:23:08.187	03:08:11.294
312	1220	Antonio Santos	Firerunners	05:23:08.933	03:08:12.040
313	1375	Artur Moreira	Estafermos	05:23:11.437	03:08:14.544
314	1369	Mariana Pereira	Evelx	05:23:57.937	03:09:01.044
315	1035	Bruno Marques	Bombeiros Brasfemes-Trail E Btt	05:24:47.437	03:09:50.544
316	1072	Pedro Rodrigues	Boavista Trail	05:27:02.693	03:12:05.800
317	1353	Graça Silva	Clube Millennium Bcp	05:30:01.943	03:15:05.050
318	1174	Joana Silva	Individual	05:30:02.197	03:15:05.304
319	1088	Jimmy Baup	Déterminés	05:30:35.707	03:15:38.814
320	1087	Alexandrine Fernandes	Déterminés	05:30:36.197	03:15:39.304
321	1049	Mário Atilho	Santana Futebol Clube-Trail Team	05:30:43.697	03:15:46.804
322	1296	Christine Wilman	Individual	05:31:59.947	03:17:03.054
323	1396	Oriana Moreira	Individual	05:32:44.450	03:17:47.557
324	1397	Georgina Santos	Individual	05:32:44.450	03:17:47.557
325	1316	Tomasia Apolo	Vertical Navis	05:33:23.950	03:18:27.057
326	1277	Pedro Custodio	Crp Ribafria	05:34:24.203	03:19:27.310
327	1227	Júlio Santos	S.S. Montepio	05:35:03.200	03:20:06.307
328	1222	Ilda Cardadeiro	Individual	05:35:39.703	03:20:42.810
329	1048	Carla Atilho	Santana Futebol Clube-Trail Team	05:39:39.720	03:24:42.827
330	1017	Sofia Atilho	Santana Futebol Clube-Trail Team	05:39:39.993	03:24:43.100
331	1079	António Gonçalves	Santana Futebol Clube-Trail Team	05:39:40.460	03:24:43.567
332	1120	Sara Franco	Lethes Trail Team	05:40:45.210	03:25:48.317
333	1297	François Wilman	Individual	05:40:48.727	03:25:51.834
334	1379	Jose Leal	Compressport Portugal	05:43:27.463	03:28:30.570
335	1184	Ricardo Pereira	#Cabrasdomonte	05:46:52.220	03:31:55.327
336	1309	Luís Carvalho	#Cabrasdomonte	05:46:52.477	03:31:55.584
337	1211	Nuno Maravilha	#Cabrasdomonte	05:46:53.217	03:31:56.324
338	1070	Rui Barroso	Powerrunners1000pecadosparedes	05:47:39.220	03:32:42.327
339	1383	Andreia Ribeiro	Boavista Trail	05:52:57.977	03:38:01.084
340	1252	José Araújo	Amigos Da Montanha	06:08:32.497	03:53:35.604
341	1114	Paulo Costa	Júlio Teixeira Sa	06:17:59.757	04:03:02.864
342	1115	Teresa Macedo	Júlio Teixeira Sa	06:18:00.013	04:03:03.120
343	1145	Susana Pereira	#Atéchoras!	06:28:13.020	04:13:16.127
344	1100	Liliana Silva	#Atéchoras!	06:28:13.520	04:13:16.627
345	1095	Ricardo Pereira	#Atéchoras!	06:28:14.523	04:13:17.630
346	1099	Vitor Osório	#Atéchoras!	06:28:14.770	04:13:17.877
347	1219	Joao Santos	Firerunners	06:28:38.020	04:13:41.127
348	1064	Ricardo Santos	Cabritos Da Montanha	06:43:58.287	04:29:01.394
349	1126	Ilze Bieze	No Team	06:56:58.810	04:42:01.917
350	1084	Armindo Ferreira	Mirandela A Correr	07:18:31.090	05:03:34.197
351	1340	Magda Carlos	Individual	08:30:50.453	06:15:53.560