

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
BRUNO FERREIRA Águias De Alvelos	1226	1	05:50:54.503	00:00:00.000
LUIS CUNHA Figueira Kayak Clube	1201	2	06:04:52.017	00:13:57.514
RICARDO MIRANDA Individual	1164	3	06:17:15.450	00:26:20.947
ROBERT SERRÃO Acd Jardim Da Serra	1325	4	06:21:57.877	00:31:03.374
RAFAEL CRUZ Melres Trail Running Ordem Para Arrear	1308	5	06:31:27.297	00:40:32.794
NUNO TORRES Amcf - Arrábida Trail Team	1188	6	06:32:23.583	00:41:29.080
BRUNO RIBEIRO Águias De Alvelos	1235	7	06:38:55.237	00:48:00.734
HUGO FERNANDES Individual	1349	8	06:41:34.850	00:50:40.347
DANIEL BENTO Coimbra Trail Running	1189	9	06:43:53.447	00:52:58.944
JOSÉ FERREIRA Painho Trail	1274	10	06:45:39.930	00:54:45.427
FRANCISCO REIS A.C.S.Mamede	1265	11	06:47:02.427	00:56:07.924
SIMÃO SEIÇA Crash&Run	1358	12	06:47:53.163	00:56:58.660
ROMEU FERNANDES Tarahumara	1372	13	06:48:14.160	00:57:19.657
INÊS MARQUES U.F. Comércio E Indústria - Atletismo	1003	14	06:48:36.113	00:57:41.610
JERRY BETTENCOURT Ozxtream/Rda	1398	15	06:48:38.407	00:57:43.904
RODRIGO SILVA Monsanto Running Team	1340	16	06:51:56.627	01:01:02.124
RUBEN ESCORCIO Acd Jardim Da Serra	1143	17	06:52:10.630	01:01:16.127
JOÃO BORGES Xtt	1138	18	06:58:05.633	01:07:11.130
CARLOS SANTOS Monsanto Running Team	1091	19	06:59:55.813	01:09:01.310
TIAGO GASPAR Arsm - Associação Recreativa De São Miguel	1418	20	07:00:53.637	01:09:59.134
PEDRO BARROS Factor X / S4I / Medense Fc	1010	21	07:11:51.023	01:20:56.520
JOANA ESPERANÇO Juventude Vidigalense	1298	22	07:14:15.163	01:23:20.660
RENATO MELO Vikings Trail Runners / Ccr Alcabideque	1052	23	07:17:40.170	01:26:45.667
RICARDO BAPTISTA Individual	1060	24	07:17:42.670	01:26:48.167
FILIPE AFONSO Coimbra Trail Running	1187	25	07:18:09.663	01:27:15.160
CARLOS JOSÉ Figueira Kayak Clube	1225	26	07:21:19.143	01:30:24.640
JOSÉ ORNELAS Acd Jardim Da Serra	1330	27	07:21:52.887	01:30:58.384
LÚCIA FRANCO Associação Desportiva Galomar	1033	28	07:21:58.140	01:31:03.637
NELSON NUNES Individual	1384	29	07:22:10.470	01:31:15.967
ALEX TONDELA	1363	30	07:22:27.637	01:31:33.134

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Sport Clube Beira Mar				
RAQUEL PEDRO	1042	31	07:24:33.190	01:33:38.687
Juventude Vidigalense				
HUGO LIMA	1133	32	07:24:39.110	01:33:44.607
Desnível Positivo				
NUNO VIEIRA	1167	33	07:26:39.357	01:35:44.854
A.D.Galomar				
TIAGO SOUSA	1370	34	07:27:30.447	01:36:35.944
Go! Runners				
HUMBERTO SILVA	1241	35	07:28:08.690	01:37:14.187
Aztrail				
JOSÉ FRANCO	1341	36	07:29:35.817	01:38:41.314
Acd Jardim Da Serra				
NELSON TEIXEIRA	1423	37	07:34:22.753	01:43:28.250
Crocodilos / Misterpc				
PAULO FRANGO	1192	38	07:34:23.450	01:43:28.947
Monsanto Running Team				
PAULO AMARO	1208	39	07:36:42.520	01:45:48.017
Pelaestradafora				
SAMUEL CASTRO	1283	40	07:36:44.760	01:45:50.257
Os Regueifas				
RODRIGO QUINTAL	1195	41	07:41:36.783	01:50:42.280
O Mundo Da Corrida				
ROMEU OUTEIRO	1128	42	07:41:36.977	01:50:42.474
Coimbra Trail Running				
MARCO MELO	1301	43	07:41:59.223	01:51:04.720
Scalabis Night Runners				
BRUNO LOUREIRO	1018	44	07:42:27.743	01:51:33.240
Individual				
PEDRO FERNANDES	1124	45	07:42:35.710	01:51:41.207
Somais1km				
PEDRO FREITAS	1196	46	07:43:06.493	01:52:11.990
Clube De Montanha Do Funchal				
VALTER FERNANDES	1032	47	07:43:43.243	01:52:48.740
Individual				
BRUNO GONÇALVES	1206	48	07:46:51.177	01:55:56.674
Marco Trail				
RUI CARMO	1285	49	07:48:56.660	01:58:02.157
XI&S Trail				
ANTONIO MAIA	1353	50	07:49:59.907	01:59:05.404
Individual				
ANTÓNIO FERNANDES	1419	51	07:50:33.903	01:59:39.400
Montanha Clube Trail Running / Efapel				
ANTÓNIO MADEIRA	1190	52	07:50:35.983	01:59:41.480
Clube De Praças Da Armada				
PEDRO PINTO	1329	53	07:51:09.733	02:00:15.230
Acd Jardim Da Serra				
VASCO MONTEIRO	1307	54	07:53:45.620	02:02:51.117
Vikings Trail Runners / Ccr Alcabideque				
MIGUEL BERTOLO	1335	55	07:54:40.740	02:03:46.237
Sabores Do Paco / Zatopeques				
ANTÓNIO SOARES	1421	56	07:54:59.610	02:04:05.107
Individual				
JOAQUIM CAPELA	1337	57	07:56:55.873	02:06:01.370
Kaninos				
DIOGO SILVA	1343	58	07:57:42.247	02:06:47.744
Norte Vertical				
JOÃO RAMOS	1183	59	07:57:43.757	02:06:49.254
Ade Trail Running				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
PEDRO DOURADO	1073	60	08:00:10.563	02:09:16.060
Águias De Alvelos				
NUNO RIBEIRO	1070	61	08:02:03.503	02:11:09.000
Nascidos Para Correr				
EMÍDIO CORREIA	1311	62	08:02:04.017	02:11:09.514
Individual				
RUI FERNANDES	1148	63	08:02:23.033	02:11:28.530
Individual				
GONÇALO FRANCISCO	1126	64	08:02:25.297	02:11:30.794
Individual				
VICTOR FRANCO	1198	65	08:03:24.290	02:12:29.787
Opraticante.Pt				
FILIPPE PEREIRA	1365	66	08:05:39.787	02:14:45.284
A20km				
IVONE FERREIRA	1072	67	08:05:41.783	02:14:47.280
Tartarugas Solidarias				
BRUNO CARRUDO	1067	68	08:07:00.513	02:16:06.010
Individual				
PEDRO MORGADO	1161	69	08:09:19.020	02:18:24.517
Seifitness Trail Team / Gdcr Lages				
RENATO BARROS	1152	70	08:09:26.520	02:18:32.017
Montanha Clube Trail Running / Efapel				
PEDRO MATIAS	1347	71	08:09:26.990	02:18:32.487
Porto De Mós A Correr				
OLGA MARTINS	1048	72	08:10:12.040	02:19:17.537
Gtt - Armazém Do Caffé				
PEDRO ANJOS	1088	73	08:10:12.773	02:19:18.270
Clac Entroncamento				
JOÃO MAIA	1338	74	08:10:22.273	02:19:27.770
Falcões Selvagens				
HÉLIO DIAS	1210	75	08:10:23.020	02:19:28.517
Opraticante.Pt				
PAULO SAMPAIO	1302	76	08:10:24.480	02:19:29.977
Lousada Runners				
FERNANDO PINTO	1320	77	08:10:48.023	02:19:53.520
Individual				
LUIS BAPTISTA	1040	78	08:12:15.467	02:21:20.964
Individual				
FILIPPE SOUSA	1200	79	08:16:06.283	02:25:11.780
Kemedo Team				
ANTÓNIO FERREIRA	1026	80	08:18:13.787	02:27:19.284
Individual				
HENRIQUE TOMÉ	1168	81	08:18:14.667	02:27:20.164
Monsanto Running Team				
ANTÓNIO GOMES	1166	82	08:20:20.650	02:29:26.147
Águias De Alvelos				
JOÃO VALENTE	1319	83	08:21:10.543	02:30:16.040
Go! Runners				
JOÃO PAIXÃO	1352	84	08:23:23.127	02:32:28.624
Derretebanha				
JORGE MOREIRA	1351	85	08:26:25.850	02:35:31.347
Amigos Do Pedal Trailagares				
FERNANDO LOPES	1186	86	08:26:49.553	02:35:55.050
Trepatrihos Trail Team				
ACÍLIO NORO	1396	87	08:28:10.557	02:37:16.054
Soure Mov				
HUGO COSTA	1239	88	08:28:54.830	02:38:00.327
Spotcriativo Viseu Running Team				
CARLOS FIGUEIREDO	1113	89	08:29:03.807	02:38:09.304

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Morcegos Trail				
RICARDO SILVA	1411	90	08:29:07.330	02:38:12.827
Vila Seca Run Team				
JOHN KELLY	1019	91	08:29:48.583	02:38:54.080
Individual				
MANUEL BARBOSA	1252	92	08:30:53.573	02:39:59.070
Amigo Trail Run				
NUNO LOPES	1377	93	08:31:06.570	02:40:12.067
Hc Runners				
RENATO VAZ	1068	94	08:34:12.067	02:43:17.564
Vespinga Trail				
IVAN ALVES	1386	95	08:35:42.820	02:44:48.317
Ermida Team				
TIAGO COSTA	1044	96	08:35:43.777	02:44:49.274
Ermida Team				
CLAUDIA CÁLIX	1391	97	08:36:07.323	02:45:12.820
Sport Clube Beira Mar				
PEDRO GUIMARAES	1012	98	08:36:35.823	02:45:41.320
Associação Porto Da Cruz Trail Team				
SÓNIA SILVA	1085	99	08:36:37.020	02:45:42.517
Associação Porto Da Cruz Trail Team				
ROGÉRIO CAMACHO	1084	100	08:36:38.517	02:45:44.014
Associação Porto Da Cruz Trail Team				
GUSTAVO PESSA	1289	101	08:36:38.577	02:45:44.074
Puxa Por Ti				
RUI AZEVEDO	1065	102	08:37:06.513	02:46:12.010
Xtt				
DIOGO GAMITO	1142	103	08:37:42.827	02:46:48.324
Salamandrecos				
CUSTÓDIO LOUREIRO	1395	104	08:39:17.330	02:48:22.827
Ccccoimbra				
PEDRO BALDAIA	1136	105	08:39:21.747	02:48:27.244
Clube De Montanhismo Da Guarda				
SIMAO SILVA	1053	106	08:39:22.247	02:48:27.744
Caj Raposa				
MARIA LOUREIRO	1318	107	08:40:42.583	02:49:48.080
Associação Desportiva De Cabroelo				
RUI PAULO	1216	108	08:41:03.583	02:50:09.080
Individual				
RICARDO NETO	1408	109	08:42:18.583	02:51:24.080
Soure Mov				
JOÃO DOMINGUES	1245	110	08:42:18.833	02:51:24.330
Pés Troikados - Cscs				
FILIFE SANTOS	1284	111	08:42:38.220	02:51:43.717
Coimbra Trail Running				
BRUNO COELHO	1345	112	08:43:30.460	02:52:35.957
Adabem Running Team				
DIONISIO FERREIRA	1234	113	08:45:33.090	02:54:38.587
Marco Trail				
FILIFE FERREIRA	1233	114	08:45:33.943	02:54:39.440
Marco Trail				
MIGUEL PIMENTA	1083	115	08:45:43.347	02:54:48.844
Coimbra Trail Running				
ANA VIEIRA	1300	116	08:45:57.840	02:55:03.337
Amigos Do Pedal Trailagares				
JOAO CORTESAO	1260	117	08:46:26.187	02:55:31.684
Individual				
FRANCISCO FERRERO	1005	118	08:47:06.930	02:56:12.427
Intelligent-Interval Instax				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
SANDRA ARRIBANÇA	1205	119	08:47:18.350	02:56:23.847
Individual				
SOFIA COELHO	1199	120	08:47:18.850	02:56:24.347
Individual				
CIDALIA MARTINS	1131	121	08:47:58.347	02:57:03.844
Vendasnovas Trail				
RICARDO FERNANDES	1119	122	08:48:06.347	02:57:11.844
Coimbra Trail Running				
PAULO OLIVEIRA	1207	123	08:48:16.347	02:57:21.844
Pelaestradafora				
GORETI CORREIA	1306	124	08:49:36.847	02:58:42.344
Amigo Trail Run				
HUGO GONÇALVES	1069	125	08:52:21.357	03:01:26.854
Ccd Sertã				
TIAGO BATISTA	1388	126	08:52:22.107	03:01:27.604
Ozxtream/Rda				
FERNANDO RODRIGUES	1041	127	08:53:32.357	03:02:37.854
Individual				
MIGUEL PEDRO	1020	128	08:55:22.110	03:04:27.607
Salamandrecos				
JOAQUIM COELHO	1296	129	08:55:26.363	03:04:31.860
Ei Team Trail				
LEONOR MOTA	1267	130	08:56:01.113	03:05:06.610
A.C.S.Mamede				
JOSÉ MARÇAL	1090	131	08:56:37.363	03:05:42.860
Clac Entroncamento				
ANDRÉ PAIVA	1316	132	08:56:57.603	03:06:03.100
Farmácia Luciano E Matos				
JOEL GINGA	1236	133	08:57:28.863	03:06:34.360
Sport Clube Beira Mar				
JORGE BASTOS	1036	134	08:57:29.867	03:06:35.364
Individual				
CARLA MENDES	1137	135	08:57:38.097	03:06:43.594
Tartarugas Solidarias				
JOSÉ MADUREIRA	1303	136	08:58:46.620	03:07:52.117
Amigo Trail Run				
DAVID SILVA	1086	137	08:59:23.333	03:08:28.830
Correr Lisboa				
MARIO MARTINS	1380	138	08:59:29.120	03:08:34.617
Abutres				
JOSÉ COELHO	1017	139	08:59:29.377	03:08:34.874
Abutres				
PEDRO CAETANO	1426	140	08:59:33.080	03:08:38.577
Abutres				
JORGE FAUSTINO	1280	141	08:59:50.120	03:08:55.617
Foz Côa Trail				
MÁRIO COSTA	1011	142	09:00:29.130	03:09:34.627
Individual				
AIDA PRESA	1394	143	09:00:29.383	03:09:34.880
Individual				
LUIS ALMEIDA	1393	144	09:00:29.583	03:09:35.080
Lion Runners ? G.D. Leões Da Guarda				
SONIA MENDONCA	1151	145	09:00:33.373	03:09:38.870
Madeira Trail Team				
OSCAR CORREIA	1238	146	09:00:35.873	03:09:41.370
Acad Jardim Da Serra				
JOEL MARTINHO	1209	147	09:00:52.130	03:09:57.627
Coimbra Trail Running				
PAULO LOUREIRO	1271	148	09:01:00.083	03:10:05.580

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Fama Runners				
BRUNO JULIÃO	1348	149	09:01:56.123	03:11:01.620
Pés Troikados - Cscs				
RODRIGO GALÃO	1173	150	09:02:20.373	03:11:25.870
Galão				
PAULO ALVES	1029	151	09:02:21.810	03:11:27.307
Individual				
SARA SILVA	1356	152	09:03:29.630	03:12:35.127
Atletismo Clube Da Tocha				
NUNO MAGRO	1323	153	09:05:29.883	03:14:35.380
Starlight Team				
TIAGO GABRIEL	1046	154	09:05:30.133	03:14:35.630
Individual				
NUNO CORREIA	1286	155	09:05:33.633	03:14:39.130
Individual				
ANA DUARTE	1276	156	09:06:51.633	03:15:57.130
Falcões Selvagens				
JOÃO FREIRE	1383	157	09:07:31.017	03:16:36.514
Individual				
JOÃO FERREIRA	1339	158	09:08:24.010	03:17:29.507
Free Runners				
CHARLES CUSTÓDIO	1263	159	09:10:03.417	03:19:08.914
A.C.S.Mamede				
EMANUEL BATISTA	1264	160	09:10:15.243	03:19:20.740
A.C.S.Mamede				
BRUNO REIS	1261	161	09:10:18.140	03:19:23.637
A.C.S.Mamede				
HUGO CARREIRA	1266	162	09:10:19.390	03:19:24.887
A.C.S.Mamede				
MANUEL SILVA	1115	163	09:13:26.717	03:22:32.214
Trepatrihos Trail Team				
PEDRO SILVA	1197	164	09:13:47.907	03:22:53.404
Trepatrihos Trail Team				
ANDRÉ NUNES	1376	165	09:14:24.643	03:23:30.140
Hc Runners				
HILDEBRAND CASTRO	1049	166	09:15:23.453	03:24:28.950
Individual				
PEDRO MONTEIRO	1093	167	09:15:31.403	03:24:36.900
Correio De Albergaria Trail Running				
MIGUEL SÁ	1056	168	09:17:52.157	03:26:57.654
Desnível Positivo				
FRANCISCO DIAS	1013	169	09:19:20.163	03:28:25.660
Stravistas Vp				
JOSÉ AFONSO	1028	170	09:19:20.913	03:28:26.410
Stravistas Vp				
STEPHANE SANTOS	1039	171	09:19:26.660	03:28:32.157
Coimbra Trail Running				
JOSÉ CALISTO	1332	172	09:19:33.920	03:28:39.417
Individual				
JOAO TRALHA	1359	173	09:21:37.420	03:30:42.917
Individual				
ADRIANO ROCHA	1023	174	09:23:56.137	03:33:01.634
Individual				
VASCO ARMES	1310	175	09:23:57.920	03:33:03.417
Runners Da Frente Ribeirinha Da Póvoa De Santa Iria				
LUIS VILELA	1175	176	09:24:39.670	03:33:45.167
Montanha Clube Trail Running / Efapel				
RUI PINTO	1064	177	09:25:22.630	03:34:28.127
Team Lantermil				

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ORLANDO FERREIRA	1344	178	09:27:14.427	03:36:19.924
Tough Trails Alenquer				
EMIDIO SANTOS	1217	179	09:27:55.427	03:37:00.924
Sigmarunners				
JOAQUIM GONÇALVES	1021	180	09:27:55.677	03:37:01.174
Individual				
JOSÉ SANTOS	1357	181	09:28:07.427	03:37:12.924
Individual				
RICARDO FERNANDES	1089	182	09:28:16.847	03:37:22.344
Clac Entroncamento				
PEDRO CARMO	1087	183	09:28:17.857	03:37:23.354
Clac Entroncamento				
RUI FERREIRA	1063	184	09:28:46.597	03:37:52.094
Crp - Ribafria				
ROBERTO CANEIRA	1211	185	09:29:05.430	03:38:10.927
Scd Glória Do Ribatejo				
NÉDIO MONTEIRO	1256	186	09:29:05.687	03:38:11.184
Scd Glória Do Ribatejo				
SÉRGIO NUNES	1121	187	09:29:06.093	03:38:11.590
Scd Glória Do Ribatejo				
PEDRO MARTINS	1402	188	09:29:12.680	03:38:18.177
Arcd Venda Da Luisa				
NUNO SOUSA	1295	189	09:30:12.190	03:39:17.687
Oralklass - Amigos Do Trail				
FÁBIO CARVALHO	1037	190	09:32:58.940	03:42:04.437
Somais1km				
JOÃO CRUZ	1082	191	09:35:29.693	03:44:35.190
Adabem Running Team				
PEDRO CUNHA	1171	192	09:35:46.037	03:44:51.534
Vidaativarunners				
GONZALO AGUADO	1008	193	09:36:13.773	03:45:19.270
Todo Vertical				
RUI ALVES	1278	194	09:36:22.197	03:45:27.694
Individual				
JORGE SOUSA	1045	195	09:36:24.033	03:45:29.530
Individual				
ANA NASCIMENTO	1229	196	09:36:34.447	03:45:39.944
Spotcriativo Viseu Running Team				
HÉLDER CABEÇA	1184	197	09:38:05.027	03:47:10.524
Individual				
RUI LARANJEIRO	1058	198	09:39:40.953	03:48:46.450
C.A.Amigos Parque Da Paz				
MIGUEL CUNHA	1251	199	09:41:21.213	03:50:26.710
Somais1km				
PEDRO XAVIER	1193	200	09:41:21.690	03:50:27.187
Grupo Desportivo Santander Totta				
LEANDRO ANJOS	1022	201	09:43:18.237	03:52:23.734
Individual				
PEDRO POLÓNIO	1237	202	09:43:36.477	03:52:41.974
Sport Clube Beira Mar				
MÁRIO ROSA	1221	203	09:43:39.223	03:52:44.720
O-				
NUNO FERREIRA	1399	204	09:47:01.197	03:56:06.694
Ozxtream/Rda				
JORGE PACHECO	1253	205	09:48:28.447	03:57:33.944
Run Forest Run				
MARIANA MONTEIRO	1314	206	09:51:37.410	04:00:42.907
Individual				
HERMÍNIO AMARAL	1374	207	09:52:40.480	04:01:45.977

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Montanha Clube Trail Running / Efapel				
PAULO FERREIRA	1417	208	09:53:04.407	04:02:09.904
Trail Clube De Futebol De Sassoeiros				
JOSÉ GUIMARÃES	1416	209	09:53:04.650	04:02:10.147
De Sedentário A Maratonista				
MARCO SANTOS	1390	210	10:01:36.000	04:10:41.497
Tarahumara				
ANA MOTA	1116	211	10:02:23.073	04:11:28.570
Individual				
SUSANA NETA	1424	212	10:03:50.753	04:12:56.250
Clube Zupper				
GONÇALO VIEIRA	1262	213	10:05:00.013	04:14:05.510
A.C.S.Mamede				
GONÇALO RAPOSO	1140	214	10:05:10.263	04:14:15.760
Morcegos Trail				
ANTONIO MADEIRA	1077	215	10:06:29.760	04:15:35.257
Pickle Films				
RUI BELO	1288	216	10:07:07.510	04:16:13.007
Correr Soc Rec Da Granja				
MIGUEL QUINTA	1015	217	10:08:24.013	04:17:29.510
Correio De Albergaria Trail Running				
SÉRGIO SIMÕES	1309	218	10:09:12.037	04:18:17.534
Individual				
SOFIA GUERRA	1108	219	10:10:47.507	04:19:53.004
Matilha Da Atalaia				
TERESA FARINHA	1043	220	10:10:47.507	04:19:53.004
Individual				
ALEXANDRE LOPES	1007	221	10:12:13.030	04:21:18.527
A20km				
MÁRIO LOURO	1354	222	10:12:26.023	04:21:31.520
Derretebanha				
LUIS AFONSO	1158	223	10:14:07.480	04:23:12.977
Georunners				
RUI CARVALHO	1146	224	10:14:43.227	04:23:48.724
David Vaz				
RUI GONCALVES	1150	225	10:14:43.727	04:23:49.224
David Vaz				
JULIANA ONUMA	1214	226	10:14:43.977	04:23:49.474
Viana Running				
MARIA MARINHO	1220	227	10:14:44.733	04:23:50.230
Viana Running				
PEDRO PINTO	1279	228	10:14:59.277	04:24:04.774
O Mundo Da Corrida				
PAULO SANTOS	1153	229	10:17:11.457	04:26:16.954
Não Fazemos Nem Mais Um...Km				
RICARDO MOTA	1185	230	10:17:12.207	04:26:17.704
Trepatrihos Trail Team				
PEDRO BANDEIRA	1367	231	10:17:43.007	04:26:48.504
Arsm - Associação Recreativa De São Miguel				
FREDERICO BAPTISTA	1317	232	10:18:10.447	04:27:15.944
Tigres Do Zêzere				
DIOGO ROSÁRIO	1102	233	10:20:59.673	04:30:05.170
Fit&Fun				
MARISA FIGUEIREDO	1400	234	10:21:10.290	04:30:15.787
Associação De Toledo				
SANDRA FARIA	1092	235	10:21:47.790	04:30:53.287
Shots International Runners				
PAULO FERREIRA	1273	236	10:22:20.767	04:31:26.264
Tálenos Team				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
LUÍS CRUZ	1248	237	10:23:31.547	04:32:37.044
Individual				
TOME BARROSA	1035	238	10:23:31.657	04:32:37.154
Individual				
CLÁUDIO FRANCO	1074	239	10:25:19.050	04:34:24.547
Dolce Furadouro				
PAULO PAREDES	1368	240	10:25:19.550	04:34:25.047
Dolce Furadouro				
NELSON DIAS	1174	241	10:25:19.880	04:34:25.377
Dolce Furadouro				
RENATO VEIGA	1172	242	10:25:20.027	04:34:25.524
Individual				
RICARDO FERREIRA	1050	243	10:25:43.890	04:34:49.387
Papamilhas Running Team				
MANUEL LIMA	1109	244	10:27:10.377	04:36:15.874
Experenciari				
LUÍS PEDRO	1016	245	10:27:12.883	04:36:18.380
Stravistas Vp				
CLÁUDIO CASEIRO	1062	246	10:27:46.627	04:36:52.124
Individual				
LUIS NUNES	1112	247	10:29:22.607	04:38:28.104
Individual				
RICARDO JESUS	1415	248	10:30:45.097	04:39:50.594
Individual				
MIGUEL PEDRO	1371	249	10:32:45.317	04:41:50.814
Derretebanha				
BRUNO FIRME	1381	250	10:32:46.567	04:41:52.064
Derretebanha				
DAVID ANTUNES	1117	251	10:33:03.817	04:42:09.314
Desnível Positivo				
PEDRO MOURO	1282	252	10:34:48.063	04:43:53.560
Individual				
EDUARDO MENDES	1051	253	10:36:02.807	04:45:08.304
Somais1km				
DANIEL BORGES	1095	254	10:37:34.077	04:46:39.574
Grupo Desportivo Das Corticeiras Arquivodoc				
TERESA CONCEIÇÃO	1165	255	10:39:05.580	04:48:11.077
Não Fazemos Nem Mais Um...Km				
MARIO BATISTA	1362	256	10:44:01.340	04:53:06.837
Ada Desnivel				
HUGO VITORINO	1191	257	10:48:14.360	04:57:19.857
Individual				
FERNANDO REIS	1204	258	10:48:14.360	04:57:19.857
Individual				
NUNO NEVES	1079	259	10:48:15.463	04:57:20.960
Turres Trail Team				
ANTÓNIO LOPES	1250	260	10:48:47.960	04:57:53.457
Trail Runners Da Ponte				
PAULO AMARAL	1321	261	10:58:53.400	05:07:58.897
O Mundo Da Corrida				
MARIA LEÃO	1299	262	11:03:59.137	05:13:04.634
Amigos Do Pedal Trailagares				
RUBEN GONÇALVES	1181	263	11:05:53.820	05:14:59.317
Ccd Pm Cascais				
RICARDO SILVA	1222	264	11:06:36.313	05:15:41.810
Individual				
ALEXANDRE FONSECA	1218	265	11:07:22.557	05:16:28.054
Scd Glória Do Ribatejo				
FILOMENA MARQUES	1269	266	11:07:22.563	05:16:28.060

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Scd Glória Do Ribatejo				
CLÁUDIA ISIDORO	1101	267	11:07:29.643	05:16:35.140
Coimbra Trail Running				
CARLOS ALEGRE	1401	268	11:08:36.397	05:17:41.894
Associação De Toledo				
SANDRA OLIVEIRA	1223	269	11:12:58.867	05:22:04.364
Clube Praças Armada				
ARTUR BASÍLIO	1422	270	11:12:59.907	05:22:05.404
Individual				
VIVIANA RIBEIRO	1061	271	11:13:22.907	05:22:28.404
Crp - Ribafria				
PAULO CALVINO	1313	272	11:18:45.927	05:27:51.424
Põe-Te A Milhas				
PAULO MÁRTIRES	1099	273	11:18:46.467	05:27:51.964
Individual				
CATARINA TEIXEIRA	1350	274	11:19:10.417	05:28:15.914
Team 33				
HELENA SOUSA	1219	275	11:19:10.920	05:28:16.417
Viana Running				
SARA PINHEIRO	1132	276	11:19:11.247	05:28:16.744
Desliza Team				
CARLOS HENRIQUES	1331	277	11:19:50.920	05:28:56.417
Individual				
FRANCISCO FIGUEIREDO	1127	278	11:25:39.690	05:34:45.187
Correio De Albergaria Trail Running				
PEDRO LONGUINHO	1103	279	11:26:11.187	05:35:16.684
Arcd Venda Da Luisa				
INES PERES	1134	280	11:26:11.920	05:35:17.417
Desliza Team				
RICARDO MATIAS	1038	281	11:26:51.653	05:35:57.150
Somais1km				
CLÁUDIO GONÇALVES	1287	282	11:26:52.157	05:35:57.654
Individual				
JOSÉ MELO	1360	283	11:28:14.140	05:37:19.637
Run 4 Fun				
ANDREIA LEMOS	1066	284	11:28:15.727	05:37:21.224
Individual				
PEDRO CORDAS	1315	285	11:28:16.643	05:37:22.140
Stravistas Vp				
DIOGO RAMALHÃO	1139	286	11:39:17.963	05:48:23.460
Lion Runners ? G.D. Leões Da Guarda				
FERNANDO SOUSA	1259	287	11:39:19.217	05:48:24.714
Stravistas Vp				
LUIS NOBRE	1420	288	11:39:19.423	05:48:24.920
Associação De Toledo				
FILIPPE PAULINO	1030	289	11:39:19.553	05:48:25.050
Trail Runners Da Ponte				
PEDRO FOGUETEIRO	1327	290	11:45:54.007	05:54:59.504
Individual				
JOÃO FARIA	1135	291	11:48:01.237	05:57:06.734
Clube De Montanha Do Funchal				
CARLOS CARDOSO	1180	292	11:55:12.683	06:04:18.180
Individual				
PAULO ALVES	1009	293	11:59:25.287	06:08:30.784
Stravistas Vp				
ISABEL CRUZ	1413	294	12:12:09.803	06:21:15.300
Gafanhor				
TIAGO SILVA	1120	295	12:17:55.303	06:27:00.800
Juventude Cortegacense				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
RICARDO MACHADO	1272	296	12:17:56.257	06:27:01.754
Juventude Cortegacense				
PATRICIA COSTA	1054	297	12:18:39.057	06:27:44.554
Grupo Desportivo Da Parreira				
RICARDO VICENTE	1078	298	12:21:42.560	06:30:48.057
Individual				
JOSÉ NÓBREGA	1246	299	12:25:52.937	06:34:58.434
Venda Do Sócio				
MIGUEL OLIVEIRA	1104	300	12:31:13.893	06:40:19.390
Vale Formoso Futebol Clube				
JOÃO CRUZ	1155	301	12:40:38.703	06:49:44.200
Individual				
CLAUDIA NOBREGA	1034	302	12:45:48.590	06:54:54.087
Individual				
CARLOS ANDRADE	1291	303	12:47:15.243	06:56:20.740
Runners Da Frente Ribeirinha Da Póvoa De Santa Iria				
HELENA MATIAS	1382	304	13:03:55.180	07:13:00.677
Figueira Kayak Clube				
CARLOS HENRIQUE	1055	305	13:09:31.040	07:18:36.537
Grupo Desportivo Santander Totta				
PEDRO FIGUEIRA	1163	306	13:09:34.187	07:18:39.684
David Vaz				
TERESA PIMENTA	1080	307	13:09:34.590	07:18:40.087
Lets Run Azores				
CARLOS LOPES	1404	308	13:15:54.957	07:25:00.454
Associação De Toledo				
CÂNDIDA VILAS-BOAS	1410	309	13:25:23.450	07:34:28.947
Clube Zupper				
ROSA COSTA	1373	310	13:25:28.730	07:34:34.227
Moreira Relax Runners				
ALEXANDRA OLIVEIRA	1361	311	13:25:29.347	07:34:34.844
Running Team Maia				
SÓNIA DIONÍSIO	1170	312	13:38:12.557	07:47:18.054
Microrunner Team				
RICARDO OLIVEIRA	1169	313	13:38:12.810	07:47:18.307
Microrunner Team				
PEDRO JAIME	1228	314	13:38:15.193	07:47:20.690
Salamandreco				
SANDRA ANTUNES	1147	315	13:51:24.403	08:00:29.900
David Vaz				
BIANCA ACCIOLY	1160	316	13:51:24.947	08:00:30.444
David Vaz				
GISELA PADRE	1414	317	14:00:37.977	08:09:43.474
Individual				
SUSANA SANTOS	1281	318	14:00:40.890	08:09:46.387
Individual				