

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
DIOGO GOMES Abutres Trail Running School	3054	1	01:14:46.953	00:00:00.000
NUNO GONCALVES Runcrosstrail	3267	2	01:18:04.757	00:03:17.804
SANDRO GRASSO Run & Fun Genk	3007	3	01:18:31.803	00:03:44.850
DIOGO PIMENTA Dci/Ccdrp - Mealhada	3003	4	01:20:11.993	00:05:25.040
PEDRO SIMÕES Arsm - Associação Recreativa De São Miguel	3177	5	01:20:39.503	00:05:52.550
PEDRO PONTES Clube Desportivo Da Póvoa	3036	6	01:21:36.077	00:06:49.124
JORGE PIMENTA Dci/Ccdrp - Mealhada	3270	7	01:25:18.707	00:10:31.754
FERNANDO FREIRE Dá-Lhe Gás Team	3125	8	01:25:41.827	00:10:54.874
JORGE FILIPE Individual	3198	9	01:26:42.163	00:11:55.210
JORGE SOARES Abutres Trail Running School	3050	10	01:26:47.040	00:12:00.087
MANUEL DIAS Gafanhori	3249	11	01:27:54.250	00:13:07.297
PEDRO MOREIRA Escola De Atletismo De Coimbra / Jpaiva	3098	12	01:28:50.680	00:14:03.727
FILIPE RODRIGUES Individual	3081	13	01:29:26.753	00:14:39.800
TOMÁS ESTEVÃES Ca Barreira	3194	14	01:29:41.430	00:14:54.477
MARÇIO CRUZ Ozxtream/Rda	3118	15	01:30:24.303	00:15:37.350
PEDRO SEQUEIRA Montanha Clube Trail Running / Efapel	3097	16	01:30:35.153	00:15:48.200
TIAGO RODRIGUES Montanha Clube Trail Running / Runners	3274	17	01:31:05.947	00:16:18.994
ANTÓNIO AIRES Individual	3271	18	01:31:46.060	00:16:59.107
DIOGO SACRAMENTO Montanha Clube Trail Running / Efapel	3085	19	01:32:42.317	00:17:55.364
ANDRÉ FERNANDES Gau	3106	20	01:33:43.337	00:18:56.384
TIAGO COSTA Formobike Btt & Trail Running	3226	21	01:33:43.473	00:18:56.520
ANTÓNIO GOMES Slow Runners Pombal	3105	22	01:33:43.603	00:18:56.650
NELSON BRANCO Follow Me	3248	23	01:35:17.417	00:20:30.464
IDALECIO FARIA Vitoria Sport Clube	3217	24	01:35:32.447	00:20:45.494
VITOR GRAZINA Fanan'S Running Team	3242	25	01:35:55.487	00:21:08.534
RAUL ALVES Associação Porto Da Cruz Trail Team	3013	26	01:36:02.367	00:21:15.414
NUNO TOMÉ Individual	3123	27	01:36:05.737	00:21:18.784
PEDRO JESUS Dá-Lhe Gás Team	3071	28	01:36:35.487	00:21:48.534
BRUNO ALEXANDRE Individual	3253	29	01:36:42.807	00:21:55.854
DINIS FALCÃO	3061	30	01:36:45.413	00:21:58.460

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Abutres Trail Running School				
DENISE PEREIRA	3268	31	01:36:56.167	00:22:09.214
Runcrosstrail				
FILIPPE SILVA	3232	32	01:37:21.467	00:22:34.514
Porto De Mós A Correr				
RAFAEL RODRIGUES	3053	33	01:37:55.367	00:23:08.414
Abutres Trail Running School				
HORÁCIO FERREIRA	3215	34	01:38:02.997	00:23:16.044
Arsm - Associação Recreativa De São Miguel				
CARLA REIS	3002	35	01:39:56.607	00:25:09.654
Arsm - Associação Recreativa De São Miguel				
FÁBIO ROXO	3075	36	01:39:57.940	00:25:10.987
Dá-Lhe Gás Team				
SABINA MARQUES	3008	37	01:40:05.163	00:25:18.210
Clube De Montanha Alto Trilho (Javalis)				
PEDRO BARROS	3196	38	01:40:12.737	00:25:25.784
Os Tolinhas				
NUNO SOUSA	3060	39	01:40:44.367	00:25:57.414
Abutres Trail Running School				
MARCO FONSECA	3035	40	01:40:53.897	00:26:06.944
Rodas Voantes				
NUNO PARREIRA	3052	41	01:41:29.430	00:26:42.477
Abutres Trail Running School				
LILIANA OLIVEIRA	3229	42	01:42:05.203	00:27:18.250
Lontras À Solta				
RICARDO HENRIQUES	3073	43	01:42:54.753	00:28:07.800
Dá-Lhe Gás Team				
JOÃO COSTA	3126	44	01:42:55.660	00:28:08.707
Dá-Lhe Gás Team				
JOSÉ DIAS	3065	45	01:43:16.247	00:28:29.294
Dá-Lhe Gás Team				
ANTONIO SOARES	3179	46	01:44:35.003	00:29:48.050
O Praticante.Pt				
LUIS REIS	3266	47	01:45:58.100	00:31:11.147
Ca Óbidos				
LILIANA RIBEIRO	3034	48	01:46:33.157	00:31:46.204
Crossfit Aveiro				
FILIPPE NUNES	3199	49	01:46:33.317	00:31:46.364
Cfa				
FÁBIO MORGADO	3228	50	01:48:05.840	00:33:18.887
Lontras À Solta				
FÉLIX CASTANHEIRA	3082	51	01:48:35.460	00:33:48.507
Montanha Clube Trail Running / Efapel				
PEDRO SIMÕES	3078	52	01:51:51.410	00:37:04.457
Montanha Clube Trail Running / Efapel				
FERNANDO LOPES	3070	53	01:52:54.230	00:38:07.277
Dá-Lhe Gás Team				
TIAGO RODRIGUES	3077	54	01:52:56.483	00:38:09.530
Individual				
NELSON RODRIGUES	3265	55	01:52:57.710	00:38:10.757
Individual				
JOÃO SANTOS	3058	56	01:53:13.213	00:38:26.260
Abutres Trail Running School				
EDUARDO NOBRE	3059	57	01:53:14.367	00:38:27.414
Abutres Trail Running School				
NUNO MANSO	3246	58	01:53:55.273	00:39:08.320
Crosstrail				
FRANCISCO MATEUS	3010	59	01:53:57.657	00:39:10.704
Cmm Escaravelhos Team				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
PAULA CRUZ	3192	60	01:54:09.077	00:39:22.124
Individual				
RUI OLIVEIRA	3243	61	01:54:59.823	00:40:12.870
Individual				
FRANCISCO CALHINDRO	3186	62	01:55:03.857	00:40:16.904
Metarun				
PEDRO PEREIRA	3138	63	01:55:08.107	00:40:21.154
Individual				
GONÇALO DEUS	3120	64	01:56:20.670	00:41:33.717
Individual				
JOAQUIM BRANQUINHO	3230	65	01:56:42.347	00:41:55.394
Arsm - Associação Recreativa De São Miguel				
ANA SALSAS	3121	66	01:56:43.133	00:41:56.180
Individual				
DANIELA RODRIGUES	3259	67	01:57:11.073	00:42:24.120
Montanha Clube Trail Running / Efapel				
SUSANA GOMES	3033	68	01:57:22.567	00:42:35.614
Dá-Lhe Gás Team				
FÁBIO MENDES	3273	69	01:57:23.277	00:42:36.324
Individual				
PEDRO SANTOS	3180	70	01:57:47.060	00:43:00.107
Individual				
RICARDO SANTA	3263	71	01:58:06.613	00:43:19.660
Individual				
JOÃO CRUZ	3076	72	01:58:16.300	00:43:29.347
Aergóis Trail Running				
EDGAR SEMEDO	3116	73	01:58:19.453	00:43:32.500
Coimbra Trail Running				
TOME FERNANDES	3108	74	01:58:31.703	00:43:44.750
Individual				
JOÃO RODRIGUES	3212	75	01:58:40.137	00:43:53.184
Individual				
DANIEL RODRIGUES	3210	76	01:58:42.290	00:43:55.337
Individual				
WILSON BASTOS	3231	77	01:58:57.593	00:44:10.640
Individual				
RUI GIL	3139	78	01:59:10.870	00:44:23.917
Individual				
ALEXANDRA NEVES	3132	79	01:59:40.213	00:44:53.260
Individual				
RUI SANTOS	3136	80	01:59:41.287	00:44:54.334
Blackbulls Cycling Team				
CARLOS CASTANHEIRA	3112	81	02:00:15.490	00:45:28.537
Aergóis Trail Running				
CÁTIA VIEIRA	3012	82	02:00:35.253	00:45:48.300
Associação Porto Da Cruz Trail Team				
ANDRÉ DIAS	3062	83	02:00:37.290	00:45:50.337
Abutres Trail Running School				
ANA FAÍSCA	3166	84	02:01:06.923	00:46:19.970
Os Regueifas				
ANA GOMES	3221	85	02:01:30.343	00:46:43.390
Individual				
ANGELO MARQUES	3168	86	02:01:42.220	00:46:55.267
Individual				
PEDRO VERÍSSIMO	3156	87	02:02:04.540	00:47:17.587
Individual				
RUI VENÂNCIO	3064	88	02:02:20.527	00:47:33.574
Dá-Lhe Gás Team				
CARLA NEVES	3153	89	02:02:31.393	00:47:44.440

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Individual				
LILIANA FREITAS	3023	90	02:02:46.423	00:47:59.470
A.D.Galomar				
VITOR TAVARES	3063	91	02:02:49.130	00:48:02.177
Espaço Saude				
NATASCHA SPATHMANN	3006	92	02:02:58.993	00:48:12.040
Individual				
SUSANA RODRIGUES	3250	93	02:04:50.430	00:50:03.477
Espaço Saude				
JOSÉ ALMEIDA	3009	94	02:06:00.403	00:51:13.450
Individual				
DULCE ALMEIDA	3133	95	02:06:18.950	00:51:31.997
Cfa				
RICARDO OLIVEIRA	3200	96	02:06:21.837	00:51:34.884
Cfa				
HELDER PAIS	3213	97	02:06:23.307	00:51:36.354
Run Forest Run				
JORGE ACÚRCIO	3209	98	02:06:24.140	00:51:37.187
Run Forest Run				
CARLA DIAS	3165	99	02:06:35.840	00:51:48.887
Individual				
MARINA CARVALHO	3004	100	02:06:46.510	00:51:59.557
Arsm - Associação Recreativa De São Miguel				
PAULO PEREIRA	3117	101	02:07:15.047	00:52:28.094
Individual				
LUÍS HILÁRIO	3124	102	02:07:45.027	00:52:58.074
O Aventureiro Da Bicicleta				
FILIPE DOMINGUES	3134	103	02:07:53.917	00:53:06.964
Cfa				
NUNO CARDEIAS	3107	104	02:08:22.727	00:53:35.774
Siemens				
PEDRO RODRIGUES	3211	105	02:08:25.543	00:53:38.590
Individual				
PEDRO BELO	3102	106	02:10:31.587	00:55:44.634
Crp - Ribafria				
JOSÉ MENDONÇA	3011	107	02:10:51.793	00:56:04.840
Associação Porto Da Cruz Trail Team				
CÉU PARDANA	3154	108	02:11:57.577	00:57:10.624
Individual				
LUIS MATOS	3193	109	02:11:58.803	00:57:11.850
Individual				
PEDRO LEMOS	3272	110	02:12:01.110	00:57:14.157
Tiba Running Team				
PEDRO ALMEIDA	3103	111	02:13:15.877	00:58:28.924
Coimbra Trail Running				
RUI FRANCISCO	3159	112	02:15:39.767	01:00:52.814
Team Ibéria				
CÉSAR MACHADO	3160	113	02:15:40.690	01:00:53.737
Team Ibéria				
GLORIA VIEIRA	3237	114	02:16:50.480	01:02:03.527
Individual				
HELENA SANTOS	3111	115	02:16:59.927	01:02:12.974
Individual				
PATRÍCIA LOURENÇO	3037	116	02:17:03.187	01:02:16.234
Individual				
JOÃO GÓIS	3225	117	02:17:29.103	01:02:42.150
Formobike Btt & Trail Running				
OLGA FELAMINO	3170	118	02:18:08.363	01:03:21.410
Moinhos Da Gândara Trail				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
LUÍS GASPAS	3171	119	02:18:09.503	01:03:22.550
Moinhos Da Gândara Trail				
VITOR NUNES	3150	120	02:19:09.893	01:04:22.940
Lb8				
PEDRO RODRIGUES	3151	121	02:19:17.853	01:04:30.900
Gondomar Futsal Clube				
NATÁLIA JESUS	3072	122	02:22:11.097	01:07:24.144
Dá-Lhe Gás Team				
CARLA TRINDADE	3144	123	02:22:22.080	01:07:35.127
Georunners				
LUIS AFONSO	3145	124	02:22:23.103	01:07:36.150
Georunners				
ALEXANDRE MOREIRA	3137	125	02:22:50.103	01:08:03.150
Os Primos				
SIMÃO NUNO	3109	126	02:22:56.277	01:08:09.324
Matilha Da Atalaia				
ARMANDO LUIS	3227	127	02:23:02.297	01:08:15.344
Individual				
PATRÍCIA RAMALHEIRO	3091	128	02:23:36.970	01:08:50.017
Bora Lá Team				
CRISTINA LAGE	3088	129	02:23:37.787	01:08:50.834
Bora Lá Team				
DUARTE CORREIA	3142	130	02:24:02.483	01:09:15.530
Ut Runners				
EDUARDA AMARAL	3238	131	02:24:10.997	01:09:24.044
Individual				
PAULA ANDRADE	3176	132	02:24:57.057	01:10:10.104
Vikings Trail Runners / Ccr Alcabideque				
RICARDO GONÇALVES	3141	133	02:25:33.930	01:10:46.977
Ut Runners				
CATARINA MARQUES	3101	134	02:26:39.580	01:11:52.627
Crp - Ribafria				
ANA FERREIRA	3127	135	02:27:18.650	01:12:31.697
Individual				
JOÃO ROVIRA	3169	136	02:27:26.617	01:12:39.664
Lb9				
ANA CARDOSO	3188	137	02:28:16.740	01:13:29.787
Individual				
LILIANA SERRA	3087	138	02:28:17.533	01:13:30.580
Bora Lá Team				
LUIS SOUSA	3191	139	02:28:24.850	01:13:37.897
Free Runners				
JOSÉ SANTOS	3204	140	02:29:14.457	01:14:27.504
Out2run				
VICTOR SILVA	3018	141	02:29:15.573	01:14:28.620
Out2run				
RICARDO LOBO	3175	142	02:31:16.967	01:16:30.014
Individual				
NUNO GAITO	3080	143	02:31:18.433	01:16:31.480
Individual				
VERA SIMÕES	3155	144	02:31:22.697	01:16:35.744
Individual				
LUÍSA CARDOSO	3152	145	02:31:23.347	01:16:36.394
Individual				
ISMAEL CARVALHO	3131	146	02:33:45.653	01:18:58.700
#Agarrateacamisola/Cd Pedrolhense				
RICARDO GIRAO	3130	147	02:33:46.487	01:18:59.534
#Agarrateacamisola/Cd Pedrulhense				
PAULA NUNES	3147	148	02:33:54.737	01:19:07.784

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
Arcd Venda Da Luisa				
FILIPPE COELHO	3128	149	02:38:47.173	01:24:00.220
Fit Gaia Trail				
ELDA MARTINS	3129	150	02:38:47.337	01:24:00.384
Fit Gaia Trail				
BRUNO SIMOES	3207	151	02:39:05.820	01:24:18.867
Trail Bela Bela				
MERCEDES REIS	3208	152	02:39:16.197	01:24:29.244
Trail Bela Bela				
PEDRO TAVARES	3255	153	02:39:31.290	01:24:44.337
Los Manos				
DANIELA MARTINS	3256	154	02:39:32.330	01:24:45.377
Los Manos				
DORA SANTOS	3182	155	02:39:36.690	01:24:49.737
Individual				
NATÁLIA MENDES	3135	156	02:40:12.773	01:25:25.820
Slow Runners Pombal				
FATIMA CASTRO	3239	157	02:41:05.363	01:26:18.410
Individual				
MARTA SANTOS	3181	158	02:41:16.313	01:26:29.360
Individual				
SANDRA AGRA	3184	159	02:42:51.010	01:28:04.057
Vikings Trail Runners / Ccr Alcabideque				
SANDRA BRITO	3185	160	02:42:51.370	01:28:04.417
Vikings Trail Runners / Ccr Alcabideque				
MARIA MATEUS	3099	161	02:42:56.310	01:28:09.357
Vila Seca Run Team				
MARINA CAETANO	3115	162	02:42:57.180	01:28:10.227
Abutres				
HELOISE RODRIGUES	3219	163	02:43:45.327	01:28:58.374
Cf Runners				
GRAÇA SIMÕES	3119	164	02:43:45.887	01:28:58.934
Individual				
NUNO MONTEIRO	3026	165	02:44:23.293	01:29:36.340
Individual				
LUCIANA JUNIOR	3038	166	02:44:23.607	01:29:36.654
Individual				
PEDRO NUNES	3039	167	02:44:24.103	01:29:37.150
Individual				
ANA ROSA	3047	168	02:44:24.897	01:29:37.944
Individual				
JORGE SANTOS	3014	169	02:44:41.907	01:29:54.954
Matilha Da Atalaia				
SANDRA RIBEIRO	3197	170	02:44:59.253	01:30:12.300
Out2run				
MARINA MATEUS	3041	171	02:45:01.647	01:30:14.694
Individual				
FERNANDO BENTO	3042	172	02:45:02.007	01:30:15.054
Individual				
SÍLVIA PEDRO	3205	173	02:45:04.857	01:30:17.904
Out2run				
CRISTIANO COSTA	3190	174	02:45:29.470	01:30:42.517
Free Runners				
INÊS SANTOS	3079	175	02:45:30.880	01:30:43.927
Free Runners				
JORGE SIMÕES	3149	176	02:45:38.297	01:30:51.344
Lb7				
LUISA GOMES	3040	177	02:49:53.347	01:35:06.394
Trepatrihos Trail Team				

Nome/Equipa	Dorsal	Lugar	Tempo	Diferença
MARIO SANTIAGO A.R.M.Ceira	3201	178	02:49:54.560	01:35:07.607
MARIO FERREIRA Pinéus	3096	179	02:55:00.137	01:40:13.184
MIGUEL HENRIQUES Individual	3233	180	02:55:03.043	01:40:16.090
BRANCA ASSUNÇÃO Grupo Desportivo Santander Totta	3104	181	02:55:40.120	01:40:53.167
ANA RAMALHO Moisés Lourenço Personal Trainer	3251	182	02:55:46.293	01:40:59.340
VICTOR PONTE Moisés Lourenço Personal Trainer	3252	183	02:55:46.867	01:40:59.914
DINA FERREIRA Individual	3174	184	02:56:12.793	01:41:25.840
VERÓNICA SIMÕES Individual	3049	185	02:56:32.260	01:41:45.307
TIAGO BRANDÃO Individual	3206	186	02:56:55.087	01:42:08.134
ANA ROSINHA Dá-Lhe Gás Team	3074	187	02:59:43.237	01:44:56.284
JOANA SANTOS Team Ibéria	3162	188	03:01:01.527	01:46:14.574
CARMEN SCHNEIDER Puxa Por Ti	3048	189	03:01:35.507	01:46:48.554
DORA SARAIVA Individual	3046	190	03:07:42.233	01:52:55.280
MÁRIO SANTIAGO Kaninos	3261	191	03:12:00.390	01:57:13.437
MARIA CONDEÇO Kaninos	3260	192	03:12:02.573	01:57:15.620
GERALDINE SILVEIRA Individual	3030	193	03:21:54.323	02:07:07.370
CARLA ALVES Individual	3044	194	03:25:32.817	02:10:45.864
VERA MOREIRA Os Primos	3114	195	03:25:36.917	02:10:49.964
SÉRGIO MOREIRA Os Primos	3113	196	03:25:38.367	02:10:51.414
VICTOR SECO Team Ibéria	3161	197	03:29:40.263	02:14:53.310