

CLASS.	NOME	DORSAL	ESCALÃO	EQUIPA	TEMPO
1	Pedro Pinto Alberto	2144	Seniores M	Individual	01:59:36
2	Romeu Gouveia	2185	Seniores M	Pizzaria Papo-Seco Trail	02:03:31
3	Jorge Serafim Nogueira Amorim	2030	Seniores M	Clube Náutico de Ponte de Lima	02:04:01
4	Rui Casaleiro	2003	Veteranos I	OFFTEL RUNNERS	02:05:27
5	Jorge Andrade	2201	Seniores M	ELETRICISTA-Projetos e Instalações	02:08:33
6	João Plácido	2235	Seniores M	UNIÃO FCI DE TOMAR	02:09:16
7	Gustavo Teixeira Barandas	2158	Seniores M	Pedra Rija	02:10:41
8	Pedro Miguel Costa Leite	2014	Seniores M	Individual	02:10:45
9	Miguel Pires	2146	Seniores M	Quinta da Maia Runners	02:13:38
10	Márcio Sousa	2181	Seniores M	CPR A Do Barbas	02:13:55
11	Gonçalo Manuel Costa Rijo da Silva	2244	Veteranos I		02:13:59
12	Paulo Jorge da Silva Amaral	2136	Seniores M	O MUNDO DA CORRIDA	02:15:12
13	José Manuel Antunes Correia	2038	Veteranos II	Académico da Gandaras	02:16:15
14	Renato Miguel Vaz	2096	Seniores M	OFFTEL RUNNERS	02:16:21
15	André Fonte	2145	Seniores M	Quinta da Maia Runners	02:16:24
16	Fernando Homem	2262	Seniores M	CASPA/GREEN ROC	02:16:36
17	Francisco Reis	2095	Seniores M	OFFTEL RUNNERS	02:17:04
18	André Magalhães	2189	Seniores M	Individual	02:17:45
19	Inês Marques	2017	Seniores F	UrbanEvents	02:19:28
20	Tiago Lobo	2138	Seniores M	Individual	02:19:38
21	Pedro Ribeiro	2166	Seniores M	Individual	02:20:38
22	Sérgio Miguel Lopes Monteiro	2171	Seniores M	Sardonisca Runners	02:25:27
23	Carlos Miguel Gamito Fragoso Gonçalves	2133	Seniores M	Shots International Runners	02:26:07
24	Renato Hernandez	2299	Veteranos I	www.nutrimania.pt	02:28:34
25	Paulo Lourenço	2072	Seniores M	Individual	02:28:35
26	Miguel do Nascimento	2239	Seniores M		02:28:57
27	Pedro Miguel F.H. Simões	2257	Veteranos I	Individual	02:30:32
28	João Queiroz	2076	Veteranos I	CCD Siemens	02:30:51
29	Filipe Ismael Maia Rocha	2220	Seniores M	GDBPI	02:31:06
30	Pedro Sanguino	2188	Seniores M	4@Fundo	02:32:18
31	Bruno Miguel Oliveira Neves	2193	Seniores M	Individual	02:32:59
32	Rafael Coelho	2025	Seniores M	Run2life	02:33:30
33	Nuno Silva	2211	Seniores M	Turbulentos	02:35:52
34	Rafael José Chá-Chá Gomes	2248	Seniores M		02:36:03
35	Rui Andrade	2255	Seniores M	Team DUAS FACES	02:36:32
36	Marta Rosa	2206	Seniores F	Individual	02:36:33
37	Ricardo Miguel Pocinho Silva	2130	Seniores M	Tarahumara	02:37:10
38	João Patricio	2195	Seniores M	Pizzaria Papo-Seco Trail	02:37:28
39	José Carvalho	2113	Veteranos I	Académico das Gândaras	02:37:39
40	Marcelo Silva	2140	Veteranos I	Carapaus de Corrida	02:37:47
41	David Lima	2013	Seniores M	Hellrunners	02:37:57
42	Carla Cristina Pimentel Castro Cunha Leite	2269	Veteranas	NEL	02:38:38
43	Pedro Tomé Silva	2012	Seniores M	Individual	02:39:20
44	Miguel Lopes	2212	Seniores M	Loja Trail Run	02:39:36
45	Pedro Miguel Silvério da Cruz	2099	Seniores M	Individual	02:40:23

CLASS.	NOME	DORSAL	ESCALÃO	EQUIPA	TEMPO
46	João Emanuel Gonçalves dos Santos	2180	Seniores M	Individual	02:40:40
47	Paulo Borges	2069	Seniores M	Associação Desportiva da Efacec	02:41:11
48	Paulo Pelicano	2157	Veteranos I	Corridas de Pernas para o Ar	02:41:31
49	Filipe Primitivo	2091	Seniores M	OFFTEL RUNNERS	02:42:41
50	Pedro Miguel Mendes Tavares	2047	Veteranos I	Individual	02:43:06
51	Pedro Matos	2049	Seniores M	Gondomar Futsal Clube	02:43:06
52	João André Dias	2125	Seniores M	Indústria de Carnes da Gândara	02:43:07
53	Gabriel Farinha Bernardo	2048	Seniores M	Individual	02:43:43
54	Marco Veludo	2184	Seniores M	Pizzaria Papo-Seco Trail	02:43:43
55	Rui Miguel de Almeida Gomes	2124	Seniores M	CRP Ribafria	02:43:50
56	Ruben Gomes	2173	Seniores M	CPR A Do Barbas	02:43:54
57	Paulo Moreira	2213	Veteranos II	Turbulentos	02:44:11
58	Paulo Carvalho	2063	Veteranos I	Tomar Runners	02:44:35
59	Rui Pedro Rodrigues Romão	2276	Seniores M		02:45:03
60	Sílvia Maria Ferreirinha Santos	2275	Seniores F		02:45:04
61	Cátia Nunes	2233	Seniores F	Jobrinde Montes Saloios	02:45:05
62	Jaime Liesa	2167	Seniores M	Individual	02:45:46
63	João Fernandes	2077	Seniores M	CCD Siemens	02:46:34
64	Raquel Pedro	2051	Veteranas	OFFTEL RUNNERS	02:47:02
65	João Frango	2106	Veteranos I	Não fazemos nem mais um...km	02:47:15
66	Daniel Peixoto	2073	Seniores M	Individual	02:47:27
67	Daniel Santos	2241	Seniores M	Nutrysports.com	02:47:44
68	Vasco Camilo Alves	2112	Veteranos I	Individual	02:47:51
69	Ana Maria Amaral	2296	Veteranas	Gondomar Futsal Clube	02:48:08
70	Pedro Serrazina	2155	Seniores M	CRP - Ribafria	02:48:22
71	Alfredo Manuel Rodrigues Ferreira	2055	Veteranos I	Individual	02:48:25
72	Sandra Travessas	2210	Veteranas	Turbulentos	02:48:35
73	Mauro Miguel Moutinho Fernandes	2226	Seniores M	Trail Vilar Perdizes	02:49:26
74	Paulo Vicente	2194	Veteranos I	Individual	02:50:03
75	Mário Coutinho	2192	Seniores M	Individual	02:50:04
76	Joaquim Almeida	2123	Veteranos I	Individual	02:50:47
77	Paulo Azevedo	2222	Veteranos I	Individual	02:50:48
78	Nélson Perpétua	2236	Veteranos I	OFFTELRUNNERS	02:51:23
79	Sandra Dias	2139	Seniores F	Trail Vilar de Perdizes	02:51:28
80	Mário Ferreira	2066	Veteranos I	Associação Desportiva da Efacec	02:51:30
81	Rui Gonçalves	2111	Seniores M	Associação Desportiva da Efacec	02:51:45
82	Cátia Santos	2300	Seniores F	Individual	02:51:46
83	Vitor Fonseca	2042	Seniores M	Coimbra Trail Running	02:52:03
84	Fernando Pereira	2293	Veteranos I	Gondomar Futsal Clube	02:53:07
85	Cátia Marinho	2036	Seniores F	Restaurante Marinho	02:53:34
86	José Fernando Moreira	2102	Veteranos I	Run 4 All	02:53:39
87	Nuno Daniel Fernandes	2115	Veteranos I	Individual	02:53:43
88	Rui Eduardo Oliveira Lopes Fernandes	2281	Seniores M	VIMARUNNERS	02:53:47
89	Nuno Miguel Granja Oliveira	2202	Veteranos I	Individual	02:55:42
90	Francisco Gomes	2254	Seniores M	Shots International Runners	03:00:36

CLASS.	NOME	DORSAL	ESCALÃO	EQUIPA	TEMPO
91	Vera Vaz	2253	Seniores F	Alvitejo	03:00:56
92	António Carvalho	2010	Veteranos I	Individual	03:01:05
93	Vitor Ribeiro	2294	Veteranos II	Gondomar Futsal Clube	03:01:17
94	Flávia Catarina Marques Grilo	2209	Seniores F	Individual	03:01:43
95	Sérgio Miguel Dionísio Jorge	2247	Seniores M	GesinTeam	03:02:12
96	Pedro Boléo-Tomé	2002	Seniores M	Individual	03:02:20
97	Pedro Nogueira	2100	Seniores M	Individual	03:02:29
98	Guilherme Goncalves	2151	Seniores M	Quinta da Maia Runners	03:03:21
99	Carlos Arrimar	2022	Seniores M	Individual	03:03:43
100	César Pereira	2131	Seniores M	Tarahumara Running	03:05:04
101	Ana Luisa Vidal da Silva	2224	Veteranas	Slowdown Trail Runners	03:05:13
102	Daniela Silva	2231	Seniores M	Slowdown Trail Running	03:05:13
103	Diogo Bento Correia	2081	Seniores M	Individual	03:05:23
104	Pedro Ferreira	2058	Veteranos I	Tomar Runners	03:06:34
105	Miguel Pedro	2251	Seniores M	Night Runners Coimbra	03:06:42
106	Hugo Alexandre Faria Ferreira	2303	Seniores M	Individual	03:07:14
107	João Pedro de Almeida Lideral	2054	Veteranos II	Slowdown Trail Runners	03:07:36
108	Manuel Moura	2064	Seniores M	Associação Desportiva da Efacec	03:08:57
109	Marlene Oliveira Barbosa	2008	Seniores F	Squadra de Potenza	03:09:59
110	Cláudia Guerreiro	2225	Seniores F	Algarve Trail Running	03:10:00
111	Bruno Ferreira	2021	Seniores M	Necas Team	03:11:13
112	Ana Favas	2067	Seniores F	Não Fazemos Nem Mais Um...Kilometro	03:11:43
113	Karina Moura	2105	Veteranas	Não fazemos nem mais um...km	03:11:51
114	Pedro Nobre Rodrigues	2204	Seniores M	Pedra-Rija Running Team	03:12:10
115	Carlos Manuel Soares de Carvalho	2128	Seniores M	Individual	03:12:19
116	João Henriques	2009	Seniores M	Individual	03:12:41
117	João Paulo Alcobia	2059	Veteranos I	Tomar Runners	03:12:53
118	Ricardo Baptista	2062	Veteranos I	Tomar Runners	03:12:53
119	Filipe Loureiro	2132	Veteranos I	Viver Em Pleno	03:13:34
120	Ivo Pinto Ferreira Carmo	2122	Seniores M	Papa Trilhos	03:13:56
121	Cláudio Rodrigues	2164	Veteranos I	Carapaus de Corrida	03:13:57
122	Rita Fernandes	2147	Veteranas	Individual	03:15:09
123	António Cavaleiro Martins	2148	Veteranos I	Individual	03:15:11
124	Alberto Santos	2027	Veteranos I	Individual	03:15:13
125	Gonçalo Santos	2029	Seniores M	Individual	03:15:13
126	Otília Leal	2093	Veteranas	CASPA/GREEN ROC	03:15:17
127	Guilherme Gomes	2234	Veteranos I	OFFTELRUNNERS	03:17:26
128	Patrícia dos Santos Lourenço	2007	Seniores F	Individual	03:17:31
129	Nuno Miguel Silva Belo	2256	Veteranos I	SS CGD	03:18:39
130	Filipe Garcia	2040	Seniores M	Electrico Futebol Clube	03:18:41
131	Cristina Figueira	2034	Seniores F	Jobrinde Montes saloios	03:18:53
132	Joana Rodrigues de Sousa	2298	Seniores F	Gondomar Futsal Clube	03:19:05
133	Teresa Ramalho da Conceição	2218	Veteranas	Não Fazemos Nem Mais 1 ... Km	03:19:13
134	Cristina Rosa	2205	Seniores F	Individual	03:19:14
135	André Filipe Gonçalves Borralho	2082	Seniores M	Individual	03:19:19

CLASS.	NOME	DORSAL	ESCALÃO	EQUIPA	TEMPO
136	Ricardo Brito	2089	Seniores M	Individual	03:19:20
137	Ruben Pedro Lobo Fernandes	2217	Seniores M	Individual	03:19:20
138	Tânia Raquel Francisco Cunha	2046	Seniores F	FAST N` FURIOUS	03:19:54
139	Armando Carmo	2237	Seniores M	OFFTEL RUNNERS	03:20:01
140	Edgar Jorge Moniz Serrano	2016	Seniores F	Rompe-tocas	03:20:16
141	Eduardo Falcão	2214	Veteranos I	Individual	03:20:19
142	António João	2215	Veteranos I	Individual	03:20:19
143	Rita Inácio	2092	Seniores F	Casa Benfica Abrantes	03:20:30
144	João Cardoso	2273	Seniores M	Trialeiros do Monte	03:20:44
145	Ricardo Conceição	2274	Seniores M	Trialeiros do Monte	03:20:44
146	Miguel Cruz	2065	Seniores M	Associação Desportiva da Efacec	03:21:19
147	Pedro Ramos	2134	Veteranos I	Shots International Runners	03:23:00
148	Pedro Miguel Serra	2020	Seniores M	Correr Lisboa	03:23:08
149	Ângela Anfilóquio	2126	Seniores F	CRP Ribafria	03:24:00
150	Rui Neto	2137	Seniores M	Free Runners	03:24:11
151	Mariana Ortigoso	2097	Seniores F	OFFTEL RUNNERS	03:24:16
152	Ana Goreti Januário	2259	Seniores F	OFFTEL RUNNERS	03:24:26
153	Carla Lagoa	2258	Seniores F	OFFTEL RUNNERS	03:24:26
154	Miguel Amado	2169	Veteranos I	Individual	03:26:53
155	Bruno Miguel Silva	2170	Seniores M	Individual	03:26:54
156	Bruno Cunha	2070	Seniores M	Associação Desportiva da Efacec	03:27:32
157	João Paulo Costa Guerreiro	2282	Veteranos I		03:27:45
158	Ricardo Miguel Santos Heleno	2088	Seniores M	S&H	03:29:02
159	Ana Rita Estrela da Silva	2087	Seniores F	S&H	03:29:03
160	Cátia Raquel de Sousa Santos	2043	Seniores F	Correr Lisboa	03:29:28
161	Luis Marcelo	2104	Seniores M	Individual	03:30:32
162	Pedro Miguel Dias Alves	2297	Seniores M	Individual	03:30:40
163	Joaquim Alberto Garrancho Campino	2288	Seniores M	Individual	03:31:41
164	Hugo Ricardo Gonçalves Martins	2129	Seniores M	Clube de Montanhismo da Guarda	03:32:10
165	Sofia Serrazina	2107	Seniores F	CRP - Ribafria	03:33:50
166	Odília Maria Fernandes Pereira	2085	Veteranas	Clube Vodafone	03:34:33
167	André Leite	2287	Seniores M	Individual	03:34:39
168	José Palácios	2117	Veteranos I	Individual	03:34:58
169	Manuel Martins da Silva	2041	Veteranos II	lobos	03:35:25
170	Sónia Maria Gonçalves Rocha	2197	Seniores F	NAST	03:35:52
171	Cátia Ferreira da Costa	2284	Seniores F	Individual	03:35:52
172	Hugo Pinto	2301	Seniores M	Associação Desportiva da Efacec	03:36:38
173	Ana Pipa	2149	Seniores F	Montes Saloios	03:36:45
174	Ana Paula Fonseca Marques	2116	Seniores F	Individual	03:36:53
175	Nuno Tomás	2006	Seniores M	Carapaus de Corrida	03:37:51
176	Cristina Barros	2270	Seniores F	OFFTEL RUNNERS	03:38:23
177	Rodolfo Orfão	2271	Seniores M	OFFTEL RUNNERS	03:38:23
178	Sandra Isabel Pereira Freitas	2039	Seniores F	Individual	03:38:36
179	Miguel Duarte Fernandes Morais	2216	Veteranos I	Individual	03:38:41
180	Ana Helena Cardoso Carneiro	2243	Veteranas	Individual	03:38:50

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181	Cristina Maria Pereira da Palma	2032	Seniores F	Individual	03:38:51
182	Gabriela Rodrigues	2050	Seniores F	OFFTEL RUNNERS	03:38:58
183	Cristina Freitas	2018	Seniores F	MelresTrail-Ordem Para Arriar	03:39:31
184	Catarina Ruas Pedrosa	2090	Seniores F	Free Runners	03:41:34
185	Mirian Liliana Faria Fernandes	2238	Seniores F	Shots International Runners	03:42:44
186	Sandra Faria	2033	Seniores F	Shots International Runners	03:43:05
187	Luis Sa	2250	Veteranos I	OFFTEL RUNNERS	03:43:11
188	António Amador	2228	Veteranos I	Individual	03:47:26
189	Manuela Arantes	2229	Veteranas	Individual	03:47:26
190	Eugénia Vale	2037	Veteranas	Portugal Running	03:48:46
191	Lara Simons	2078	Seniores F	CCD Siemens	03:48:47
192	Zina Fernandes	2114	Seniores F	Individual	03:49:30
193	Carlos Sequeira	2121	Veteranos II	Não fazemos nem mais um... Km	03:50:30
194	Frederico Luis Matias Casimiro	2227	Seniores M	Não Fazemos nem mais um...km	03:50:32
195	Rita Sofia Cipriano	2183	Seniores F	Não Fazemos nem mais um...km	03:50:50
196	Sandra Guerreiro	2261	Seniores F	Individual	03:55:07
197	Luis Pedro Fernandes de Oliveira da Silva	2161	Seniores M	Individual	03:55:08
198	Natália Pereira	2196	Seniores F	NAST	03:56:45
199	Bruno César Melo	2177	Seniores M	Run4All	03:59:12
200	Alberto António Magalhães	2178	Seniores M	Run4All	03:59:12
201	Nuno Filipe Sousa	2176	Seniores M	Run4All	03:59:21
202	Maria José Machado	2094	Veteranas	CASPA/GREEN ROC	04:00:26
203	Rafael António Marques	2285	Veteranos I		04:07:00
204	Mónica Esteves	2182	Seniores F	JC&NIKI	04:07:22
205	Sandra Antunes	2266	Veteranas		04:07:22
206	Diana Tavares	2221	Seniores F	PRT/AD QUINTA	04:10:32
207	Dora Almeida	2187	Seniores F	Pizzaria Papo-Seco Trail	04:15:46
208	Maria Santos	2026	Veteranas	Individual	04:20:21
209	Natacha Santos	2028	Seniores F	Individual	04:20:21
210	Helena Gaspar	2019	Seniores F	Electrico Futebol Clube	04:21:38
211	Susana Maria Coelho Correia	2191	Seniores F	papatrilhos	04:25:13
212	Marília Noro	2120	Seniores F	Papa trilhos	04:25:15
213	Vanessa Filipa Leite Ramos Cunha	2119	Seniores F	Papa Trilhos	04:25:17
214	Dulce Pereira	2044	Veteranas	Individual	04:25:28
215	João Pereira	2045	Veteranos I	Individual	04:26:19
216	Sónia Alves	2199	Seniores F	NAST	04:26:43
217	Márcio André Teixeira Mendes	2223	Seniores M	DAR-R.R.AUTOMATIC-FERMAQ	04:27:14
218	Tânia Marisa Teixeira Mendes	2150	Seniores F	DAR-R.R.AUTOMATIC-FERMAQ	04:27:15
219	Anabela Teixeira	2190	Seniores F	DAR-R.R.AUTOMATIC-FERMAQ	04:27:15
220	Mariana Ribeiro	2143	Seniores F	Espaço de Saude	04:28:28
221	Vera Maria de Sá Raposo	2152	Seniores F	Quinta da Maia Runners	04:29:20
222	Rita Tomás	2004	Seniores F	Carapaus de Corrida	04:30:33
223	Miguel Sousa	2005	Seniores M	Carapaus de Corrida	04:30:33
224	Pedro Duque	2110	Seniores M	Individual	04:30:58
225	Dora Sofia Gomes Cordeiro	2118	Seniores F	Individual	04:30:58

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226	Sandra Almendra	2249	Seniores F	Reumáticos do trail	04:31:03
227	Isabel Chung	2086	Veteranas	Individual	04:34:29
228	Marisa Carriço	2200	Seniores F	NAST	04:35:21
229	Paulo Mártires	2023	Seniores M	Individual	04:36:17
230	Filipa Bragança	2024	Seniores F	Individual	04:36:17
231	Rute Montenegro	2219	Seniores F	Individual	04:38:20
232	Natércia Manuela Pereira Martins Correia	2242	Veteranas	Não fazemos nem mais um... Km	04:41:03
233	David Ferreira	2198	Seniores M	Trail Meda de Mouros	04:43:04
234	António Ferreira	2079	Veteranos II	CCD Siemens	04:54:38
235	Anabela Gomes Marques	2109	Veteranas	Individual	04:54:41