



Trail Curto Terras do Sardoal

Data: 20 de Setembro de 2015

Localidade: Sardoal

Organização: Câmara Municipal de Sardoal

Cronometragem: Trilho Perdido Cronometragens

Classificação geral Trail Curto

Pos.	Dorsal	Nome	Clube	Cat.	P. Cat.	Tempo	T/Km.	Dif.
1	330	Albino, Luis	CASA DO BENFICA EM ABRANTES	TC SM	1	1:13:26.59	04:54	
2	180	Evangelista, Nuno	COA	TC SM	2	1:15:54.32	05:04	0:02:27
3	118	Carvalho, Filipe	Grupo Alegre Unido	TC M50	1	1:16:46.73	05:07	0:03:20
4	164	Araújo, António	COA	TC SM	3	1:17:46.27	05:11	0:04:19
5	160	Ascenso, Joel	CASA DO BENFICA EM ABRANTES	TC SM	4	1:17:48.64	05:11	0:04:22
6	126	Teixeira, Carlos	Os Matrecos	TC SM	5	1:18:46.80	05:15	0:05:20
7	124	Esteves, José	Os Matrecos	TC M40	1	1:18:48.55	05:15	0:05:22
8	116	Sousa, João	N.C. SPORTING DE TORRES NOVAS	TC M40	2	1:19:26.05	05:18	0:05:59
9	128	Pereira, Helder	Individual	TC SM	6	1:20:20.18	05:21	0:06:53
10	151	Vital, José	CLAC - Entroncamento	TC M50	2	1:20:54.61	05:24	0:07:28
11	187	Maia, Diogo	UDR ZONA ALTA TORRES NOVAS	TC SM	7	1:20:55.56	05:24	0:07:29
12	179	Emidio, Luis	COA	TC M40	3	1:21:40.40	05:27	0:08:13
13	148	Serradário, Edgar	Individual	TC SM	8	1:23:25.31	05:34	0:09:58
14	181	Silva, Francisco	Individual	TC M40	4	1:23:28.42	05:34	0:10:01
15	104	Sequeira, Hugo	Glassdrive portalegre	TC SM	9	1:24:56.80	05:40	0:11:30
16	113	Tibeiro, Ruben	CASA DO BENFICA EM ABRANTES	TC SM	10	1:24:57.94	05:40	0:11:31
17	125	Guimas, José	Os Matrecos	TC M40	5	1:25:28.12	05:42	0:12:01
18	192	Pereira, Pedro	Furões do Alentejo	TC SM	11	1:25:48.69	05:43	0:12:22
19	138	Fernandes, Luis	cbi	TC M40	6	1:25:53.58	05:44	0:12:27
20	147	Santos, Pedro	sardoaltrail	TC SM	12	1:26:21.71	05:45	0:12:55
21	157	Santos, Philippe	Individual	TC SM	13	1:27:30.42	05:50	0:14:03
22	111	Granadeiro, Michael	"C.D." "Os Águias" "Alpiarça trail/Running"	TC SM	14	1:28:16.91	05:53	0:14:50
23	171	Oliveira, Artur	COA	TC SM	15	1:29:07.32	05:56	0:15:40
24	150	Marques, Rafael	Chão de Codes/BTZ Mação	TC SM	16	1:30:42.17	06:03	0:17:15
25	122	Marques, Nuno	N.C. Sporting de Torres Novas	TC SM	17	1:30:42.82	06:03	0:17:16
26	144	Alegria, Dionisio	Individual	TC M40	7	1:30:58.54	06:04	0:17:32
27	137	Cosma, Paulo	Individual	TC M40	8	1:31:35.20	06:06	0:18:08
28	175	Lopes, Hugo	COA	TC M40	9	1:31:45.23	06:07	0:18:18
29	149	Trigo, António	Individual	TC SM	18	1:32:14.89	06:09	0:18:48
30	102	Mendes, Pedro	Team Oxycet	TC M40	10	1:32:31.00	06:10	0:19:04
31	117	Jorge, Silvia	N. C. SPORTING DE TORRES NOVAS	TC F40	1	1:32:31.84	06:10	0:19:05
32	153	Gameiro, Pedro	União FCI de Tomar	TC SM	19	1:35:43.74	06:23	0:22:17
33	140	Branco, Paulo	Individual	TC SM	20	1:35:46.20	06:23	0:22:19
34	190	Gonçalves, João	CASA DO BENFICA EM ABRANTES	TC SM	21	1:36:41.37	06:27	0:23:14
35	178	Cruz, Júlio	COA	TC SM	22	1:37:57.29	06:32	0:24:30
36	174	Silva, Claudio	COA	TC SM	23	1:37:59.32	06:32	0:24:32
37	114	Calado, Marta	CASA DO BENFICA EM ABRANTES	TC SF	1	1:39:28.44	06:38	0:26:01
38	139	João, Nelson	Individual	TC SM	24	1:40:20.44	06:41	0:26:53
39	155	Silva, Diogo	Individual	TC SM	25	1:40:49.32	06:43	0:27:22
40	132	Marques, Sónia	SardoalTrail	TC SF	2	1:43:14.61	06:53	0:29:48
41	130	Martins, Joaquim	ETTA	TC M40	11	1:43:40.18	06:55	0:30:13
42	108	Coelho, Lígia	Individual	TC F40	2	1:43:40.37	06:55	0:30:13

43	131	Lopes, Rodrigo	SardoalTrail	TC SM	26	1:44:23.59	06:58	0:30:57
44	112	Alves, Miguel	Individual	TC SM	27	1:46:01.69	07:04	0:32:35
45	135	Costa, Cristina	Individual	TC F40	3	1:46:01.85	07:04	0:32:35
46	170	Batista, Andreia	COA	TC SF	3	1:46:54.25	07:08	0:33:27
47	176	Pisco, Rui	COA	TC M40	12	1:47:00.62	07:08	0:33:34
48	127	Almeida, Joana	Os Matrecos	TC SF	4	1:47:48.03	07:11	0:34:21
49	145	Alegria, Daniel	Individual	TC SM	28	1:49:39.97	07:19	0:36:13
50	152	Gracio, Ana	União FCI de Tomar	TC SF	5	1:50:15.40	07:21	0:36:48
51	177	Alves, Joana	COA	TC SF	6	1:52:03.97	07:28	0:38:37
52	158	Costa, Antonio	CASA DO BENFICA EM ABRANTES	TC M50	3	1:53:16.45	07:33	0:39:49
53	103	Beirão, Ricardo	Individual	TC SM	29	1:53:29.97	07:34	0:40:03
54	168	Assunção, Gonçalo	Individual	TC SM	30	1:54:58.96	07:40	0:41:32
55	159	Rosado, João	Individual	TC M50	4	1:55:14.55	07:41	0:41:48
56	146	Calado, Daniel	Individual	TC M40	13	1:55:22.00	07:41	0:41:55
57	141	Lopes, Júlio	Queixoperra	TC SM	31	1:56:06.25	07:44	0:42:39
58	165	Nunes, Madalena	COA	TC SF	7	1:59:02.98	07:56	0:45:36
59	105	Beirão, Jorge	Individual	TC M60	1	1:59:03.88	07:56	0:45:37
60	161	Almeida, Paulo	Saboreia Chá e Café	TC SM	32	1:59:56.96	08:00	0:46:30
61	169	Catela, João	individual	TC M40	14	2:00:48.82	08:03	0:47:22
62	163	Messias, Miguel	Saboreia Chá e Café	TC M40	15	2:00:54.43	08:04	0:47:27
63	162	Silva, Tiago	Saboreia Chá e Café	TC SM	33	2:01:14.46	08:05	0:47:47
64	154	Santos, Bruno	Sardoaltrail	TC SM	34	2:01:34.47	08:06	0:48:07
65	120	Arraias, Sandra	Os Arraias	TC SF	8	2:01:59.32	08:08	0:48:32
66	119	Arraias, Diogo	Os Arraias	TC M60	2	2:01:59.72	08:08	0:48:33
67	195	Morais, Antonio	COA	TC M50	5	2:02:49.80	08:11	0:49:23
68	183	Martins, Luís	Individual	TC SM	35	2:04:22.92	08:18	0:50:56
69	184	António, André	Individual	TC SM	36	2:04:24.43	08:18	0:50:57
70	185	Albuquerque, Carla	Individual	TC SF	9	2:04:26.05	08:18	0:50:59
71	106	Pedroso, Daniel	Individual	TC SM	37	2:04:33.98	08:18	0:51:07
72	123	Machado, Manuel	Os Matrecos	TC M50	6	2:05:41.29	08:23	0:52:14
73	166	Neves, Dinis	Aguias de Alpiarça	TC SM	38	2:06:14.68	08:25	0:52:48
74	182	Martinho, Ana	COA	TC F40	4	2:06:29.66	08:26	0:53:03
75	143	Quinta-Nova, Luís	COBIS	TC M40	16	2:08:44.97	08:35	0:55:18
76	186	Silva, José	Individual	TC SM	39	2:08:50.01	08:35	0:55:23
77	156	Gonçalves, Eduardo	Individual	TC SM	40	2:09:34.36	08:38	0:56:07
78	167	Robalo, Sergio	Individual	TC M40	17	2:10:15.53	08:41	0:56:49
79	136	Alves, Rita	Individual	TC SF	10	2:10:19.36	08:41	0:56:52
80	110	Cabrela, Luis	Lusitanos Seven	TC M40	18	2:11:45.40	08:47	0:58:18
81	189	Calado, João	CASA DO BENFICA EM ABRANTES	TC SM	41	2:16:30.87	09:06	1:03:04
82	129	Coelho, Rita	Grupo Desportivo da Parreira	TC SF	11	2:21:17.82	09:25	1:07:51
83	109	Cebola, António	Individual	TC SM	42	2:21:18.26	09:25	1:07:51
84	194	Pereira, Ricardo	Individual	TC M40	19	2:22:46.30	09:31	1:09:19
85	191	Correia, Maria	Individual	TC F40	5	2:22:46.35	09:31	1:09:19
86	193	Pratas, Fernanda	Individual	TC F50	1	2:23:23.46	09:34	1:09:56
87	133	Carita, Daniel	Branquinhos do Pedal	TC SM	43	2:41:39.80	10:47	1:28:13
88	134	Serras, Margarida	Individual	TC SF	12	2:41:42.98	10:47	1:28:16
89	173	Ribeiro, Carla	COA	TC SF	13	3:19:15.03	13:17	2:05:48