

Lugar	Dorsal	Nome/Equipa	Escalão	Idade	Sexo	Tempo	Diferença
1	38	Vitor SantosCAPenafirme	M 40	42	M	3:44:33.7	-
2	50	Ricardo CasanovaIndividual	Seniores M	39	M	3:56:45.7	+12:12.0
3	59	Miguel Ângelo Duarte da CostaCasa do Benfica de Abrantes	Seniores M	24	M	3:56:47.2	+12:13.5
4	1	Ruben CotrimDirtRunners	Seniores M	28	M	3:58:03.1	+13:29.4
5	3	Márcio MonteiroG.D.M. Trail Team	Seniores M	32	M	3:58:14.0	+13:40.3
6	37	bogdan ninovskyyIndividual	M 40	46	M	3:58:50.9	+14:17.2
7	60	Eduardo LourençoIndividual	M 40	49	M	4:05:52.7	+21:19.0
8	43	António VilelaReal Academia	M 40	49	M	4:06:09.4	+21:35.7
9	25	David AssisIndividual	M 50	50	M	4:07:08.6	+22:34.9
10	7	Paulo PoiaresCorrer So Rec Granja	M 40	42	M	4:09:15.5	+24:41.8
11	31	Luis LobatoCOA - Clube de Orientação e Aventura	M 40	46	M	4:16:34.0	+32:00.3
12	21	Rui PauloIndividual	M 50	53	M	4:27:24.6	+42:50.9
13	20	Jorge GinjaAmigos do Atletismo de Mafra	M 40	45	M	4:29:57.9	+45:24.2
14	17	Cláudia BatalhaAmigos do Atletismo de Mafra	F 40	42	F	4:29:59.3	+45:25.6
15	16	Gonçalo Luz CorreiaAmigos do Atletismo de Mafra	M 40	40	M	4:29:59.5	+45:25.8
16	51	Inês PeixotoBenfica em Forma	Seniores F	39	F	4:30:43.9	+46:10.2
17	52	Paulo GomesBenfica em Forma	Seniores M	38	M	4:30:44.8	+46:11.1
18	27	Francisco DiasStravistas VP	M 40	47	M	4:30:59.9	+46:26.2
19	36	Marta AbrantesABSANT RUNNERS	F 40	41	F	4:32:30.7	+47:57.0
20	4	Sérgio FigueiredoTreinos do Aço	M 40	40	M	4:34:54.2	+50:20.5
21	64	antónio nunesCasa do Pessoal RTP	M 40	46	M	4:35:08.5	+50:34.8
22	39	Paula PenedoAMCF - Arrábida Trail Team	F 40	41	F	4:35:31.3	+50:57.6
23	47	Luis TrindadeAMCF - Arrábida Trail Team	M 40	40	M	4:35:39.4	+51:05.7
24	62	Daniel CostaIndividual	Seniores M	30	M	4:49:29.4	+1:04:55.7
25	55	nuno athaydeIndividual	M 40	44	M	4:51:12.9	+1:06:39.2
26	10	paulo alvesdiario dos meus treinos na arrabida	M 40	48	M	5:00:36.8	+1:16:03.1
27	41	Lúcio Rocha AlvesOs Papatrilhos do CAAL	M 40	47	M	5:01:04.4	+1:16:30.7
28	5	Paulo VenâncioIndividual	Seniores M	39	M	5:01:12.6	+1:16:38.9
29	49	Jose HenriquesAD Real Academia	M 40	47	M	5:01:15.2	+1:16:41.5
30	48	Marília NoroPapa Trilhos do CAAL	Seniores F	34	F	5:01:43.1	+1:17:09.4
31	24	José Costa AlvesIndividual	M 40	49	M	5:03:21.4	+1:18:47.7
32	29	Fernando Morais SantosO MUNDO DA CORRIDA	M 50	56	M	5:07:18.6	+1:22:44.9
33	33	Ricardo José Quintas Grácio SalgueiroCOA - Clube de Orientação e Aventura	Seniores M	30	M	5:10:32.7	+1:25:59.0
34	26	Pedro FernandesIndividual	M 50	52	M	5:10:33.4	+1:25:59.7
35	32	Nádia Alexandra Alves AfonsoCOA - Clube de Orientação e Aventura	Seniores F	33	F	5:10:33.9	+1:26:00.2
36	11	João Pedro SilvaSS CGD	M 50	50	M	5:19:15.4	+1:34:41.7
37	58	João Nuno PereiraAtivo Team Running	M 40	45	M	5:29:44.0	+1:45:10.3
38	56	Júlio RibeiroAtivo Team Running	M 40	49	M	5:29:44.4	+1:45:10.7
39	12	Rita Alexandra Ferreira AfonsoJobrinde - Montes Saloios	Seniores F	32	F	5:33:01.3	+1:48:27.6
40	14	Ana CorreiaTrilho Perdido Eventos / Importlux	F 40	42	F	5:33:02.7	+1:48:29.0
41	13	Douglas FryClube Desportivo de Mafra	M 60	62	M	5:39:40.6	+1:55:06.9
42	6	Tiago DionisioIndividual	M 40	44	M	5:39:43.2	+1:55:09.5
43	28	joao paulo almeidakaninos	M 50	51	M	5:42:14.0	+1:57:40.3
44	30	António Duartekaninos	M 40	43	M	5:42:14.4	+1:57:40.7

Lugar	Dorsal	Nome/Equipa	Escalão	Idade	Sexo	Tempo	Diferença
45	61	Ruben CostaIndividual	M 50	54	M	6:00:57.1	+2:16:23.4
46	23	Pedro RibeiroRUN 4 FUN	Seniores M	39	M	6:00:58.4	+2:16:24.7
47	45	Sandra SimõesRUN 4 FUN	F 40	48	F	6:00:59.5	+2:16:25.8
48	9	Jorge EstevesRUN 4 FUN	M 50	54	M	6:00:59.6	+2:16:25.9
49	8	Teodoro TrindadeRUN 4 FUN	M 50	57	M	6:01:00.7	+2:16:27.0
50	15	Gonçalo Fontes de MeloIndividual	M 50	52	M	6:01:03.2	+2:16:29.5
51	46	Rui Wolverine FariaRUN 4 FUN	M 40	46	M	6:01:41.1	+2:17:07.4
52	54	Mario SilvaIndividual	M 50	55	M	6:02:50.7	+2:18:17.0
-	2	Jorge PedrosoAmigos Atletismo Mafra	M 40	45	M	DSQ	-
-	18	Tiago RealistaAmigos do Atletismo de Mafra	M 40	46	M	DSQ	-
-	19	Francisco RodriguesAmigos do Atletismo de Mafra	M 40	42	M	DSQ	-
-	22	Jaime MauricioRunlovers	M 40	44	M	DSQ	-
-	34	Ricardo LeitãoBolelas team	M 40	42	M	DSQ	-
-	35	Luis M. J. FerreiraBolelas team	M 40	42	M	DSQ	-
-	40	Jorge RodriguesNAZA - N. A. da Zona da Abóboda	M 50	52	M	DSQ	-
-	42	Ricardo ChungStravistas VP	M 40	43	M	DSQ	-
-	57	aIndividual	Seniores M	30	M	DSQ	-
-	63	bIndividual	Seniores M	30	M	DSQ	-