

Lugar	Dorsal	Atleta	Escalão	Equipa	Tempo	Diferença
1.	410	Tiago Lousa	Senior M	Individual	01:37:12.6	00:00:00.0
2.	397	Joao Domingues Mendona	Senior M	Individual	01:50:58.3	00:13:45.7
3.	382	Luis Pereira Carvalho	M 40	Individual	01:51:29.2	00:14:16.6
4.	418	Antonio Calado Costa	M 40	Individual	01:55:32.7	00:18:20.1
5.	345	Antonio Nunes	M 40	CASA DO PESSOAL DA RTP	01:57:28.9	00:20:16.3
6.	357	Patricio Pereira Patricio	M 40	DurosDeRoer	01:58:33.4	00:21:20.8
7.	305	Joaquim Velhinho	M 40	Individual	02:01:45.8	00:24:33.2
8.	366	Diogo Barbosa	Senior M	TRICAP	02:02:18.8	00:25:06.2
9.	433	Bruno Cunha	Senior M	AB GYM	02:02:49.7	00:25:37.1
10.	423	Nuno Gonçalo	Senior M	Carapaus de Corrida	02:02:57.0	00:25:44.4
11.	367	Carlos Silva	Senior M	Individual	02:03:09.1	00:25:56.5
12.	387	Rui Januario Paulo	M 40	Individual	02:05:33.5	00:28:20.9
13.	421	Pedro Medley Gonçalves	Senior M	Stallone Team	02:06:27.9	00:29:15.3
14.	301	Vera Correia	Senior F	Individual	02:06:38.5	00:29:25.9
15.	354	Filipe Marques	Senior M	Individual	02:06:46.3	00:29:33.7
16.	356	Helder Nunes Monteiro	M 40	Individual	02:06:57.5	00:29:44.9
17.	392	Antnio Miguel Baptista	M 40	Individual	02:07:53.6	00:30:41.0
18.	424	João Vasco Paulino	Senior M	Paulino	02:08:09.2	00:30:56.6
19.	343	Margarida Fernandes	Senior F	Individual	02:09:06.5	00:31:53.9
20.	404	Fabio Vicente	Senior M	Individual	02:10:07.7	00:32:55.1
21.	353	Marco Moutinho	Senior M	Individual	02:10:13.7	00:33:01.1
22.	330	Rui Goncalves	M 40	Individual	02:11:48.6	00:34:36.0
23.	412	Sergio Vicente	Senior M	Individual	02:11:52.3	00:34:39.7
24.	327	Armenio Pontes	Senior M	Individual	02:13:41.6	00:36:29.0
25.	414	Pedro Palma	Senior M	TFM	02:14:49.2	00:37:36.6
26.	403	Carla Cristina	Senior F	Volkswagen Autoeuropa	02:14:52.7	00:37:40.1
27.	402	Joao Cid Alves	M 40	Volkswagen Autoeuropa	02:14:56.0	00:37:43.4
28.	372	Goncalo Melo	M 40	Run 4 Fun	02:15:06.0	00:37:53.4
29.	399	Alfredo Sergio	M 40	Individual	02:15:31.7	00:38:19.1
30.	361	Fernando Jorge Reis	M 40	Individual	02:15:59.3	00:38:46.7
31.	431	Manuel Antonio	M 50	Individual	02:17:48.3	00:40:35.7
32.	336	Paulo Alves	Senior M	Individual	02:18:35.5	00:41:22.9
33.	407	Eurico Conduto	Senior M	Jobrindes Montes Saloios	02:18:52.3	00:41:39.7
34.	420	João Soares Torres	Sub 23	Stallone Team	02:20:54.8	00:43:42.2
35.	419	Antonio Soares Torres	Senior M	Stallone Team	02:21:00.6	00:43:48.0
36.	371	Eduardo Chagas	M 50	Individual	02:21:04.2	00:43:51.6
37.	393	Joao Quintanilha Miranda	Senior M	Individual	02:21:08.5	00:43:55.9
38.	432	Pedro Rodrigues	Senior M	Individual	02:22:03.2	00:44:50.6
39.	428	Antonio Teixeira Duarte	M 60	Clube do Stress	02:25:47.7	00:48:35.1
40.	388	Teodoro Trindade	M 50	Run 4 Fun	02:25:52.2	00:48:39.6
41.	405	Nuno Machado	Senior M	Jobrindes Montes Saloios	02:27:09.7	00:49:57.1
42.	384	Luis Zeferino	M 40	Marco Geodésico	02:28:02.7	00:50:50.1
43.	385	Antonio Batalha	M 40	Marco Geodésico	02:28:06.8	00:50:54.2
44.	386	Rui Loureiro Marques	Senior M	Individual	02:28:16.6	00:51:04.0
45.	310	Rui Manuel Silva	M 40	Individual	02:29:36.1	00:52:23.5
46.	313	Cristina Figueira	Senior F	Jobrindes Montes Saloios	02:29:59.8	00:52:47.2
47.	429	João Afonso Albuquerque	M 40	Individual	02:30:09.8	00:52:57.2
48.	375	Carmen Ferreira	F 40	Colegio da Fonte	02:30:49.3	00:53:36.7
49.	415	Fernando Manuel Barbedo	M 40	Individual	02:33:01.7	00:55:49.1
50.	389	Jorge Esteves	M 50	Run 4 Fun	02:33:12.1	00:55:59.5
51.	417	Carlos Mimoso	M 50	Individual	02:33:50.6	00:56:38.0
52.	307	Pedro Monteiro	M 40	Individual	02:34:18.6	00:57:06.0
53.	369	Ricardo Soares Da Silva	Senior M	Individual	02:34:22.1	00:57:09.5
54.	317	Claudio Franco	Senior M	Correr Torres Vedras	02:34:45.0	00:57:32.4
55.	322	Jorge Loureno	Senior M	Sporting Clube Casainhos	02:35:32.4	00:58:19.8
56.	320	Rui Amaro	M 40	Jobrindes Montes Saloios	02:36:35.7	00:59:23.1
57.	427	Paulo Neves	M 40	Individual	02:36:46.1	00:59:33.5
58.	416	Gonçalo Rita	Senior M	Individual	02:36:55.8	00:59:43.2
59.	430	João Peneda	M 40	Individual	02:37:37.9	01:00:25.3
60.	376	Helena Ferreira	Senior F	Individual	02:38:24.8	01:01:12.2
61.	377	Andre Carvalho	Senior M	Individual	02:38:26.2	01:01:13.6
62.	347	Benjamim Pitacho Mendes	Senior M	SAFIRA Runners	02:40:51.6	01:03:39.0
63.	352	Rui Bagueicho	Senior M	Individual	02:40:56.6	01:03:44.0
64.	396	Joao Felix Da Silva	M 40	Individual	02:41:09.0	01:03:56.4
65.	398	Diogo Alves Miranda	Senior M	Individual	02:41:54.1	01:04:41.5

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66.	328	Dario Prates	M 40	Individual	02:42:31.0	01:05:18.4
67.	363	Silvestre Rosa	M 40	Carapaus de Corrida	02:42:57.5	01:05:44.9
68.	408	Hugo Vitorino	Senior M	Individual	02:44:44.5	01:07:31.9
69.	339	Paulo Trilho	Senior M	Matilha Running	02:44:50.0	01:07:37.4
70.	346	Luis Gomes Pedroso	M 40	Individual	02:45:04.5	01:07:51.9
71.	321	Mario Caneira	M 40	Jobrindes Montes Saloios	02:45:22.2	01:08:09.6
72.	323	Carlos Henriques	M 40	Individual	02:47:27.7	01:10:15.1
73.	324	Pedro Miguel Nunes	M 40	Individual	02:47:46.1	01:10:33.5
74.	378	Nelson Pereira	Senior M	Individual	02:47:52.5	01:10:39.9
75.	401	Pedro Dias	Senior M	Pernas de Pau	02:49:55.1	01:12:42.5
76.	334	Jose Santos	M 50	Santos e Filho	02:50:11.3	01:12:58.7
77.	337	Goncalo Costa Santos	Senior M	Individual	02:52:59.6	01:15:47.0
78.	411	Margarida Leandro	Senior F	Individual	02:53:04.3	01:15:51.7
79.	308	Ana Rute Sousa	Senior F	Papa trilhos	02:53:27.4	01:16:14.8
80.	329	Miguel Oliveira	M 40	Vale Formoso Futebol Clube	02:58:41.8	01:21:29.2
81.	358	Ligia Silva	Senior F	Vitaminados	02:59:05.5	01:21:52.9
82.	359	Luis Marques	Senior M	Vitaminados	02:59:22.2	01:22:09.6
83.	314	Graca Matias Santos	F 40	Correr Torres Vedras	03:00:02.5	01:22:49.9
84.	394	Helder Machado	M 40	Individual	03:00:13.3	01:23:00.7
85.	383	Catia Salvado	Senior F	Individual	03:00:17.1	01:23:04.5
86.	306	Nuno Nepomuceno	Senior M	Individual	03:00:31.9	01:23:19.3
87.	355	Marina Alves	Senior F	Individual	03:01:01.0	01:23:48.4
88.	395	Ana Pereira	Senior M	Individual	03:01:39.5	01:24:26.9
89.	390	Mariana Antunes Dos Santos	Sub 23	P&M	03:02:18.3	01:25:05.7
90.	391	Pedro Horta Guimaraes	Sub 23	P&M	03:02:21.9	01:25:09.3
91.	400	Antonio Gameiro Rosa	M 50	Individual	03:04:33.5	01:27:20.9
92.	364	Vasco Curado Armes	M 40	Carapaus de corrida	03:04:45.7	01:27:33.1
93.	365	Carlos Adriano Rodrigues	Senior M	Carapaus de corrida	03:04:49.2	01:27:36.6
94.	315	Alexandre Jorge	Senior M	Individual	03:10:33.5	01:33:20.9
95.	380	Paulo Gil	Senior M	Individual	03:11:32.6	01:34:20.0
96.	379	Carlos Baptista Duque	Senior M	Individual	03:11:35.8	01:34:23.2
97.	316	Ana Costa	Senior F	Individual	03:12:14.5	01:35:01.9
98.	368	Fernando Bento	M 40	Individual	03:13:11.9	01:35:59.3
99.	325	Maria Helena Nunes	F 40	Individual	03:13:49.9	01:36:37.3
100.	348	Luis Moura	M 50	NA BDF	03:14:17.1	01:37:04.5
101.	340	Vera Correia 1	Senior F	El Duo Escamartilhoso	03:18:22.4	01:41:09.8
102.	362	Magda Sofia Reis	F 40	Individual	03:31:39.7	01:54:27.1
103.	332	Nuno Castelinho Alexandre	Senior M	Individual	03:37:44.1	02:00:31.5
104.	319	Vera Bexiga	Senior F	Individual	03:45:24.9	02:08:12.3
105.	373	Diogo Fontes De Melo	M 40	Colegio da Fonte	03:48:22.6	02:11:10.0
106.	374	Rui Goncalves	M 40	Colegio da Fonte	03:49:12.5	02:11:59.9