

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	35	Nelson Loureiro	Opraticante.Pt	01:11:13.610	00:00:00.000
2	285	Joao Ferreira	Airorun	01:11:20.267	00:00:06.657
3	249	Tiago Pinto	Douroconta Trail Team	01:14:22.107	00:03:08.497
4	239	Ricardo Sousa	Individual	01:16:21.373	00:05:07.763
5	443	Estivel Medina	Objetivo Trail	01:16:45.123	00:05:31.513
6	41	João Coentrão	Individual	01:17:53.377	00:06:39.767
7	466	Antonio Carvalho	Cabeceiras Bike Team	01:18:26.627	00:07:13.017
8	156	Sérgio Silva	Mss Contabilidade Trail Team	01:19:49.883	00:08:36.273
9	123	João Vigário	Furfor Running Project	01:20:21.630	00:09:08.020
10	418	Rui Magalhães	Cabeceiras Bike Team	01:20:23.633	00:09:10.023
11	297	João Borges	Beapt	01:20:27.887	00:09:14.277
12	111	Pedro Gilvaz	Individual	01:20:57.383	00:09:43.773
13	161	Franquelim Gonçalves	Cabeceiras Bike Team	01:21:18.940	00:10:05.330
14	389	Manuel Pereira	Gcra	01:21:51.383	00:10:37.773
15	269	Márcio Melo	Sc Espinho -Atletismo /António Leitao	01:22:02.633	00:10:49.023
16	36	Henrique Loureiro	Opraticante.Pt	01:22:04.633	00:10:51.023
17	455	Ricardo Silva	Sc Espinho -Atletismo /António Leitao	01:22:12.637	00:10:59.027
18	390	Jorge Fontes	Gcra	01:22:13.883	00:11:00.273
19	286	Jose Silva	Airorun	01:22:16.887	00:11:03.277
20	278	Nuno Fernandes	B.T.M.	01:22:20.143	00:11:06.533
21	376	Abílio Fernandes	Opraticante.Pt	01:22:34.637	00:11:21.027
22	107	Armindo Araújo	Núcleo - Sporting Clube Portugal - Famalicão	01:23:05.637	00:11:52.027
23	184	Flavio Fernandes	B.T.M.	01:24:02.887	00:12:49.277
24	231	Vitor Carvalho	Rumo Á Aventura	01:25:49.650	00:14:36.040
25	70	Francisco Gomes	Apúlia A Correr	01:25:58.393	00:14:44.783
26	28	Rui Sousa	Runriver Escola De Atletismo De Rio Tinto	01:26:04.420	00:14:50.810
27	135	Luciano Pereira	Ocr Norte	01:26:27.400	00:15:13.790
28	186	Pedro Pontes	Seri Trail Team	01:26:57.647	00:15:44.037
29	210	Paulo Gonçalves	Cabeceiras Bike Team	01:27:02.897	00:15:49.287
30	264	Paulo Gomes	Cdc Navais	01:27:40.647	00:16:27.037
31	221	Jose Pinto	Nos Acreditamos	01:28:13.647	00:17:00.037
32	100	Luis Costa	Team Sindeq	01:28:57.630	00:17:44.020
33	17	Fernando Neves	Mss Contabilidade Trail Team	01:28:59.630	00:17:46.020
34	343	Hélder Borges	Opraticante.Pt-Afipre Team	01:29:01.150	00:17:47.540
35	79	Bruno Teles	Arrasa Montanhas	01:29:38.150	00:18:24.540
36	321	Paulo Sousa	Nos Acreditamos	01:30:23.403	00:19:09.793
37	32	David Tavares	Runriver Escola De Atletismo De Rio Tinto	01:30:36.357	00:19:22.747
38	63	Manuel Alves	Icarus Running Team	01:30:53.613	00:19:40.003
39	66	César Fernandes	Apúlia A Correr	01:31:25.350	00:20:11.740
40	283	Jose Pereira	Airorun	01:31:48.157	00:20:34.547
41	61	Manuel Joaquim	Acr Roriz	01:32:08.407	00:20:54.797
42	339	João Pimentel	Terminal Coimbra	01:32:40.657	00:21:27.047
43	228	Luis Santos	Vimarunners	01:32:47.840	00:21:34.230
44	76	Cláudio Monteiro	Douroconta Trail Team	01:33:34.163	00:22:20.553
45	222	Francisco Lemos	Nos Acreditamos	01:34:00.590	00:22:46.980
46	369	Tiago Lopes	Opraticante.Pt	01:34:20.920	00:23:07.310
47	459	Nuno Cardoso	Individual	01:34:28.663	00:23:15.053
48	430	Diogo Giroto	Individual	01:34:35.417	00:23:21.807
49	37	Helder Martins	Alma De Primeira	01:34:43.163	00:23:29.553
50	458	Óscar Rodríguez	Objetivo Trail	01:34:52.413	00:23:38.803
51	365	Jonas Faria	Fisioperformance Running	01:35:04.413	00:23:50.803
52	116	Jorge Pinheiro	Dive Into The Mountains	01:35:21.167	00:24:07.557
53	188	Fábio Sousa	Mss Contabilidade Trail Team	01:35:36.667	00:24:23.057
54	189	Ibraim Sousa	Mss Contabilidade Trail Team	01:35:37.077	00:24:23.467
55	439	Carlos Martins	Gilmonde Running	01:35:43.917	00:24:30.307
56	451	Manuel Costa	Team Lantermil	01:35:53.917	00:24:40.307
57	235	Luis Monteiro	Lobos Do Monte Run	01:36:08.077	00:24:54.467
58	51	Jose Lopes	Dive Into The Mountains	01:36:19.167	00:25:05.557
59	405	Toze Ferreira	Individual	01:36:19.917	00:25:06.307
60	362	Ricardo Rocha	Fast Ao Km	01:36:22.667	00:25:09.057
61	185	João Ricardo	Vimarunners	01:36:24.073	00:25:10.463
62	1	Claudia Pereira	Individual	01:36:25.810	00:25:12.200
63	126	Pedro Guimarães	Ctad- Consumo Zero	01:36:43.917	00:25:30.307
64	124	André Afonso	Magnunssens	01:36:44.920	00:25:31.310

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
65	19	Alexandre Veloso	Apúlia A Correr	01:37:03.167	00:25:49.557
66	346	Heitor Ortiga	Opraticante.Pt-Afipre Team	01:37:13.920	00:26:00.310
67	31	Nelson Noval	Individual	01:37:15.920	00:26:02.310
68	328	André Santos	B.T.M.	01:37:18.563	00:26:04.953
69	170	Manuel Oliveira	Terminal Coimbra	01:37:22.067	00:26:08.457
70	361	Raquel Gonzalez	Boavista Trail	01:37:29.670	00:26:16.060
71	267	Paulo Quintas	Nast-Núcleo Associativo De Santo Tirso	01:37:41.173	00:26:27.563
72	155	Victor Azevedo	Mss Contabilidade Trail Team	01:37:48.920	00:26:35.310
73	276	Eduardo Xavier	Devasta Trilhos	01:37:51.170	00:26:37.560
74	435	Vanessa Diéguez	Objetivo Trail	01:38:49.173	00:27:35.563
75	229	Cândido Eusébio	Individual	01:38:55.423	00:27:41.813
76	388	Duarte Fontes	Gcra	01:38:56.673	00:27:43.063
77	10	Ricardo Silva	Individual	01:39:00.923	00:27:47.313
78	46	Paulo Rodrigues	Os Dois	01:39:06.673	00:27:53.063
79	226	João Frasco	Individual	01:39:14.423	00:28:00.813
80	89	Nuno Mendes	Cf 4490 Pvz	01:39:18.290	00:28:04.680
81	314	José Gonçalves	Oada - Os Amigos Da Aventura	01:39:23.423	00:28:09.813
82	230	Pedro Ribeiro	Kalmachines	01:39:24.423	00:28:10.813
83	252	Francisco Silva	C.C Team	01:39:43.430	00:28:29.820
84	412	João Costa	Materialia - Materiais De Construção S.A.	01:39:51.423	00:28:37.813
85	288	Casimiro Araujo	Airorun	01:40:12.423	00:28:58.813
86	323	Leandro Pacheco	Monte Dos Amigos	01:40:19.930	00:29:06.320
87	287	Pedro Sousa	Airorun	01:40:58.537	00:29:44.927
88	141	Carlos Monteiro	Lobos Do Monte Run	01:41:01.277	00:29:47.667
89	248	André Castro	Individual	01:41:10.927	00:29:57.317
90	356	Joaquim Barbosa	Os Isabelinhas	01:41:24.430	00:30:10.820
91	344	António Rodrigues	Opraticante.Pt-Afipre Team	01:41:28.427	00:30:14.817
92	298	Nelson Meira	Individual	01:41:47.177	00:30:33.567
93	83	Paulo Azevedo	Zenit Automóveis	01:41:48.430	00:30:34.820
94	77	Vítor Ribeiro	Los Caribeños	01:41:49.430	00:30:35.820
95	355	Joao Couto	Bora Lá!	01:42:09.447	00:30:55.837
96	391	Nuno Pinheiro	Individual	01:42:18.930	00:31:05.320
97	68	Marco Teixeira	Individual	01:42:32.680	00:31:19.070
98	145	Diana Ferreira	B.T.M.	01:42:37.180	00:31:23.570
99	397	Julio Rodrigues	Movelmoda	01:42:41.930	00:31:28.320
100	110	Rui Azevedo	Individual	01:42:53.180	00:31:39.570
101	9	Fernando Queiroz	Individual	01:42:53.933	00:31:40.323
102	305	Manuel Brito	Lebres Minhotas	01:42:55.430	00:31:41.820
103	154	Ricardo Rocha	B.T.M.	01:43:01.430	00:31:47.820
104	426	Pedro Guerra	Individual	01:43:03.680	00:31:50.070
105	270	António Brás	Individual	01:43:06.933	00:31:53.323
106	440	Helio Costa	Ucha Trail Team	01:43:20.430	00:32:06.820
107	394	Micael Domingues	Evadict By Decathlon	01:43:26.933	00:32:13.323
108	176	Tiago Gonçalves	Adeca	01:43:31.183	00:32:17.573
109	306	Ricardo Loureiro	Individual	01:43:48.933	00:32:35.323
110	59	Pedro Miranda	Akuafit	01:43:52.687	00:32:39.077
111	27	David Ribeiro	Dive Into The Mountains	01:43:55.253	00:32:41.643
112	67	Ivo Ferreira	Los Caribeños	01:43:58.687	00:32:45.077
113	460	Filipe Serra	Gcra	01:44:07.437	00:32:53.827
114	277	Andre Magalhaes	Individual	01:44:14.687	00:33:01.077
115	169	Sara Araújo	B.T.M.	01:44:49.007	00:33:35.397
116	414	Gilberto Fonseca	Lobos Do Monte Run	01:45:12.503	00:33:58.893
117	54	Diogo Guimarães	Art Magrelos	01:45:12.937	00:33:59.327
118	65	Pedro Costa	Individual	01:45:50.937	00:34:37.327
119	247	Paulo Correia	One Leg	01:45:57.440	00:34:43.830
120	289	Marco Mendes	Individual	01:46:45.993	00:35:32.383
121	95	Serafim Ramos	G.D. Leões Da Guarda - Lion Runners	01:46:59.707	00:35:46.097
122	224	Rui Torres	Individual	01:47:04.690	00:35:51.080
123	74	Marlene Miranda	B.T.M.	01:47:14.457	00:36:00.847
124	320	Antonio Pereira	Nos Acreditamos	01:47:17.723	00:36:04.113
125	158	José Costa	Silvacosta	01:47:21.440	00:36:07.830
126	206	Bragaole Hugo	Akuafit	01:47:34.443	00:36:20.833
127	179	Carlos Ribeiro	Trail4fun	01:47:34.693	00:36:21.083
128	105	Hugo Ramos	Magnunssens	01:47:35.690	00:36:22.080

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
129	345	Paulo Abreu	Opraticante.Pt-Afipre Team	01:47:51.190	00:36:37.580
130	371	Francisco Mendes	Individual	01:47:52.690	00:36:39.080
131	24	Elisabete Ministro	Palmeira Runners	01:48:02.943	00:36:49.333
132	199	Paulo Lima	Cdc Navais	01:48:29.947	00:37:16.337
133	409	Bruno Graca	Cdc Navais	01:48:30.193	00:37:16.583
134	400	José Fernandes	Individual	01:48:44.940	00:37:31.330
135	319	Albino Faria	Btt Carreira	01:48:56.493	00:37:42.883
136	417	Rui Pereira	Patos Bravos	01:48:57.943	00:37:44.333
137	232	Ricardo Teles	Akuafit	01:49:01.697	00:37:48.087
138	341	José Ponte	Edv-Viana Trail	01:49:07.193	00:37:53.583
139	96	André Carneiro	Vilarchão Runners	01:49:08.443	00:37:54.833
140	219	Isabel Morim	Individual	01:49:22.697	00:38:09.087
141	220	Filipe Moreira	Individual	01:49:22.970	00:38:09.360
142	120	André Guimarães	Tu, Eu & Pi	01:49:23.947	00:38:10.337
143	327	Adelino Brito	Brito	01:49:30.470	00:38:16.860
144	419	Luís Campos	Wtg	01:49:39.197	00:38:25.587
145	50	Raul Fernandes	Cerveira Team Running	01:50:00.447	00:38:46.837
146	99	Fabio Rodrigues	Team Sindeq	01:50:05.947	00:38:52.337
147	424	David Ferreira	Team Eugénios	01:50:08.447	00:38:54.837
148	153	Eduardo Fonseca	B.T.M.	01:50:13.447	00:38:59.837
149	130	Natália Lima	Brabus Runners	01:50:17.450	00:39:03.840
150	106	Paulo Cruz	Magnunssens	01:50:19.947	00:39:06.337
151	90	Francisco Alves	Cerveira Team Running	01:50:32.947	00:39:19.337
152	385	Vitor Almeida	Gcra	01:50:34.200	00:39:20.590
153	91	Pedro Oliveira	Cerveira Team Running	01:50:49.450	00:39:35.840
154	214	Rui Guia	Trail Team Montaria	01:50:51.950	00:39:38.340
155	407	André Cristiano	Tesos & Mouraria	01:50:54.450	00:39:40.840
156	375	Célia Neto	Opraticante.Pt	01:51:03.700	00:39:50.090
157	183	Sérgio Moreira	Gcra	01:51:05.950	00:39:52.340
158	137	Armando Fontão	Cr Candoso	01:51:05.960	00:39:52.350
159	316	Susana Fernandes	Ff	01:51:06.700	00:39:53.090
160	144	Edgar Oliveira	Cabeceiras Bike Team	01:51:19.700	00:40:06.090
161	438	Nuno Costa	Gtt - Armazém Do Caffè	01:51:29.200	00:40:15.590
162	56	Sergio Junior	Akuafit	01:51:40.693	00:40:27.083
163	387	Paulo Moreira	Gcra	01:51:45.450	00:40:31.840
164	173	Vitor Junqueira	Individual	01:51:50.703	00:40:37.093
165	322	Lino Moreira	All About	01:51:51.450	00:40:37.840
166	386	Paulo Costa	Gcra	01:51:55.453	00:40:41.843
167	284	Deolinda Faria	Airorun	01:52:05.703	00:40:52.093
168	452	José Pinto	Patos Bravos	01:52:14.947	00:41:01.337
169	444	João Gomes	Individual	01:52:16.453	00:41:02.843
170	411	Diamantino Azevedo	Materialia - Materiais De Construção S.A.	01:52:21.953	00:41:08.343
171	85	Isabel Cunha	Cerveira Team Running	01:52:24.950	00:41:11.340
172	125	José Rodrigues	Jcpedrinha	01:52:49.203	00:41:35.593
173	261	Bruno Ferreira	Monte Dos Amigos	01:53:09.180	00:41:55.570
174	84	Diogo Sampaio	Team Tt	01:53:10.677	00:41:57.067
175	132	Hugo Costa	Individual	01:53:22.677	00:42:09.067
176	279	Diogo Ribeiro	Berg Outdoor	01:53:31.207	00:42:17.597
177	468	Helder Cardoso	Individual	01:53:37.937	00:42:24.327
178	467	Sergio Suzano	Oralklass-Amigos Do Trail	01:53:38.177	00:42:24.567
179	190	António Luís	Mss Contabilidade Trail Team	01:53:54.673	00:42:41.063
180	241	Lopes Armindo	Arc Vale S Cosme	01:54:24.207	00:43:10.597
181	171	Artur Ferreira	Cabeceiras Bike Team	01:54:36.427	00:43:22.817
182	404	Jose Vale	Enterrar Na Católica	01:54:39.707	00:43:26.097
183	395	Manuel Pimenta	Akuafit	01:54:52.207	00:43:38.597
184	60	João Rodrigues	Individual	01:55:05.710	00:43:52.100
185	238	David Cardoso	Cansados Team	01:55:06.957	00:43:53.347
186	52	César Navio	Atal	01:55:08.710	00:43:55.100
187	143	Pedro Teixeira	Cabeceiras Bike Team	01:55:44.417	00:44:30.807
188	166	Pedro Faria	Joy4fun	01:55:51.460	00:44:37.850
189	165	Paulo Faria	Individual	01:56:25.713	00:45:12.103
190	352	Ricardo Ribeiro	Clube Trilheiros & Amigos	01:56:40.150	00:45:26.540
191	350	Gilberto Orlando	Clube Trilheiros & Amigos	01:56:40.463	00:45:26.853
192	351	Manuel Teixeira	Clube Trilheiros & Amigos	01:56:40.463	00:45:26.853

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
193	374	Carlos Morais	Opraticante.Pt	01:56:53.463	00:45:39.853
194	38	João Tavares	Alma De Primeira	01:56:58.963	00:45:45.353
195	378	André Pinho	Reumatico Trail Team	01:57:06.410	00:45:52.800
196	262	José Pereira	Individual	01:57:12.713	00:45:59.103
197	441	Rafa Silva	Eramosamigosparacorrer	01:57:15.713	00:46:02.103
198	312	Emanuel Correia	Magnunssens	01:57:27.463	00:46:13.853
199	347	Rosa Vaz	Opraticante.Pt-Afipre Team	01:57:45.963	00:46:32.353
200	26	Sofia Afonso	Individual	01:57:55.403	00:46:41.793
201	25	Vítor Reis	Individual	01:57:55.463	00:46:41.853
202	360	André Vasconcelos	Seri Trail Team	01:58:01.967	00:46:48.357
203	291	Daniel Ribeiro	Individual	01:58:06.713	00:46:53.103
204	465	Fernando Lopes	Cf 4490 Pvz	01:58:17.467	00:47:03.857
205	454	Pedro Loureiro	Vimarunners	01:58:18.400	00:47:04.790
206	315	Vasco Guimarães	Figueiredos Runners & Friends	01:58:27.987	00:47:14.377
207	81	Paulo Santos	Magnunssens	01:58:31.727	00:47:18.117
208	82	João Maia	Magnunssens	01:58:31.967	00:47:18.357
209	436	Pedro Maia	Armazém Do Café	01:59:01.393	00:47:47.783
210	127	Luís Costa	Individual	01:59:08.967	00:47:55.357
211	243	Bruno Correia	Individual	01:59:19.217	00:48:05.607
212	244	António Antunes	Individual	01:59:19.473	00:48:05.863
213	293	Luís Lopes	Individual	01:59:21.723	00:48:08.113
214	313	Henrique Gonçalves	Oada - Os Amigos Da Aventura	01:59:34.467	00:48:20.857
215	159	Alberto Sá	Intratáveis	01:59:50.127	00:48:36.517
216	187	Diogo Lopes	Habcarpintaria	01:59:56.720	00:48:43.110
217	406	Nelo Quim	Tesos & Mouraria	02:00:13.383	00:48:59.773
218	255	Mariana Parente	Capv Clube Atletismo Da Póvoa De Varzim	02:00:13.720	00:49:00.110
219	92	Tiago Bastos	Los Caribeños	02:00:17.970	00:49:04.360
220	429	Vitor Cunha	Brabus Runners	02:00:28.970	00:49:15.360
221	245	Carlos .Macedo	A D Amarante Trail Runing	02:00:35.220	00:49:21.610
222	182	Isaías Boas	Individual	02:00:37.470	00:49:23.860
223	392	Manuel Sampaio	Individual	02:00:46.970	00:49:33.360
224	101	Hernâni Veríssimo	Individual	02:00:53.220	00:49:39.610
225	299	Maria Santos	Individual	02:01:16.223	00:50:02.613
226	136	Osvaldo Azevedo	Individual	02:01:18.470	00:50:04.860
227	450	Joao Remedios	Individual	02:01:24.723	00:50:11.113
228	381	Fernando Vaz	Opraticante.Pt-Afipre Team	02:02:02.473	00:50:48.863
229	33	Rui Carvalho	Individual	02:02:15.473	00:51:01.863
230	446	Rui Fernandes	Individual	02:02:24.723	00:51:11.113
231	191	Tiago Carneiro	Individual	02:02:44.730	00:51:31.120
232	237	Ângelo Carneiro	Individual	02:02:45.227	00:51:31.617
233	469	Mariana Ballester	Individual	02:02:49.227	00:51:35.617
234	453	José Faria	Velha Guarda	02:02:49.977	00:51:36.367
235	266	Luis Boas	Cdc Navais	02:02:54.227	00:51:40.617
236	15	António Pinto	Individual	02:02:55.977	00:51:42.367
237	420	Patricia Araujo	Brothers Trail Team	02:03:04.477	00:51:50.867
238	260	Vitor Silva	Florentinos Running	02:03:27.600	00:52:13.990
239	265	Jose Sousa	Cdc Navais	02:03:42.477	00:52:28.867
240	114	Manuel Lima	Cdc Navais	02:03:52.980	00:52:39.370
241	198	Lucia Rodrigues	Cdc Navais	02:03:53.227	00:52:39.617
242	113	Vitor Eusébio	Gcra	02:03:53.597	00:52:39.987
243	408	Nuno Ricardo	Tesos & Mouraria	02:04:18.980	00:53:05.370
244	399	Excelso Lages	Individual	02:04:29.480	00:53:15.870
245	233	Clara Lopes	B.T.M.	02:04:30.090	00:53:16.480
246	296	Dario Cruz	Amve- Associação Moinho De Vermoim	02:05:00.730	00:53:47.120
247	431	Brian Soares	Enterrar Na Católica	02:05:01.980	00:53:48.370
248	69	Joao Teixeira	Individual	02:05:11.480	00:53:57.870
249	196	Simão Ferreira	Cf 4490 Pvz	02:05:46.733	00:54:33.123
250	415	Conceição Queiroz	Fonix	02:05:55.733	00:54:42.123
251	447	João Gomes	Individual	02:06:11.577	00:54:57.967
252	425	João Alexandre	Individual	02:06:11.987	00:54:58.377
253	280	Zé Araújo	Individual	02:06:12.337	00:54:58.727
254	304	Rui Teixeira	#Atéchoras	02:06:13.733	00:55:00.123
255	303	Vítor Osório	#Atéchoras	02:06:13.837	00:55:00.227
256	437	José Macedo	Ucha Trail Team	02:06:15.233	00:55:01.623

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
257	383	Luis Boa	Wild4sport	02:06:27.483	00:55:13.873
258	48	João Genésio	Pés De Chumbo Runners	02:06:30.733	00:55:17.123
259	317	Jorge Fernandes	Ff	02:06:36.983	00:55:23.373
260	292	Manuel Lopes	Individual	02:07:04.487	00:55:50.877
261	118	Sérgio Quintas	Individual	02:07:11.233	00:55:57.623
262	87	José Lopes	Equipa A	02:07:20.237	00:56:06.627
263	192	Diogo Costa	Individual	02:07:22.830	00:56:09.220
264	403	José Ferreira	Individual	02:07:41.487	00:56:27.877
265	21	José Laranjeira	Individual	02:07:52.987	00:56:39.377
266	342	Maria Oliveira	Opraticante.Pt-Afipre Team	02:07:57.487	00:56:43.877
267	147	Nuno Teixeira	Daproducoes	02:08:35.987	00:57:22.377
268	263	Sofia Pontes	Onesoul Crossfit	02:08:59.490	00:57:45.880
269	14	Jorge Guerra	Os Falta D'Ar	02:09:00.740	00:57:47.130
270	16	Fernanda Almeida	Grupo Cultural E Desportivo De Codal	02:09:01.490	00:57:47.880
271	259	Rodrigo Almeida	Individual	02:09:10.240	00:57:56.630
272	225	José Gonçalves	Individual	02:09:10.490	00:57:56.880
273	307	Mario Vilaca	Individual	02:09:12.323	00:57:58.713
274	80	Cristina Rosa	Beapt	02:09:24.240	00:58:10.630
275	310	Marcelo Alves	Run Forest Run	02:10:12.243	00:58:58.633
276	358	Tiago Martins	Seri Trail Team	02:10:24.743	00:59:11.133
277	157	José Fonseca	Braguinhas Runners	02:10:32.743	00:59:19.133
278	330	Bruno Silva	Team Family	02:10:39.497	00:59:25.887
279	329	Andre Martins	Team Family	02:10:39.837	00:59:26.227
280	93	Margarida Pinto	Arpo	02:11:03.497	00:59:49.887
281	337	Ricardo Fernandes	Travassós Running Fafe	02:11:24.243	01:00:10.633
282	338	Fátima Freitas	Travassós Running Fafe	02:11:29.247	01:00:15.637
283	348	Aurora Silva	Opraticante.Pt-Afipre Team	02:11:44.033	01:00:30.423
284	146	Irma Martins	Individual	02:11:49.243	01:00:35.633
285	112	Agostinho Pedrosa	Individual	02:12:02.530	01:00:48.920
286	167	Elisabete Borges	Braguinhas Runners	02:12:19.290	01:01:05.680
287	201	António Silva	Não Desiste, Persiste	02:12:29.247	01:01:15.637
288	200	Márcio Pires	Não Desiste, Persiste	02:12:29.747	01:01:16.137
289	382	Luis Leite	Individual	02:12:37.997	01:01:24.387
290	367	Adelaide Veludo	Opraticante.Pt-Afipre Team	02:12:45.750	01:01:32.140
291	45	Lurdes Pinheiro	Pantir	02:12:55.497	01:01:41.887
292	119	Susana Vidal	Palmeira Runners	02:12:58.997	01:01:45.387
293	72	Isabel Domingues	Lebres Minhotas	02:12:59.323	01:01:45.713
294	363	Manuel Rocha	Fast Ao Km	02:13:04.247	01:01:50.637
295	461	Susana Eusébio	Gcra	02:13:16.747	01:02:03.137
296	218	Lino Sousa	Lobos Do Monte Run	02:13:27.497	01:02:13.887
297	55	Filipa Oliveira	Akuafit	02:13:45.580	01:02:31.970
298	23	João Ministro	Palmeira Runners	02:14:08.280	01:02:54.670
299	223	Diana Pereira	Ladecasa	02:14:08.777	01:02:55.167
300	163	José Fernandes	Mss Contabilidade Trail Team	02:14:32.250	01:03:18.640
301	268	Maria Loureiro	Correr Leça	02:14:32.270	01:03:18.660
302	115	Elisa Alves	Individual	02:14:57.753	01:03:44.143
303	359	Márcio Teixeira	Seri Trail Team	02:15:01.257	01:03:47.647
304	421	Filipe Ferreira	Materialia - Materiais De Construção S.A.	02:15:17.253	01:04:03.643
305	11	Rui Santos	Os Falta D'Ar	02:16:16.513	01:05:02.903
306	162	Luisa Rodrigues	Cr Candoso	02:16:33.257	01:05:19.647
307	149	Tiago Foz	Só Vim Pela Sandes	02:16:52.260	01:05:38.650
308	148	Mário Viana	Só Vim Pela Sandes	02:16:52.490	01:05:38.880
309	413	Juliana Pinheiral	Ade Trail Running	02:17:16.507	01:06:02.897
310	308	Joana Ferreira	Kalmachines	02:17:25.797	01:06:12.187
311	416	Augusto Cunha	Individual	02:17:32.257	01:06:18.647
312	133	José Teixeira	Monte Xisto	02:17:55.007	01:06:41.397
313	251	Luis Rocha	C.C Team	02:18:10.760	01:06:57.150
314	250	Isabel Silva	C.C Team	02:18:17.010	01:07:03.400
315	254	Eugénia Morim	Capv Clube Atletismo Da Póvoa De Varzim	02:18:32.260	01:07:18.650
316	253	Conceição Rabaldo	Capv Clube Atletismo Da Póvoa De Varzim	02:18:36.260	01:07:22.650
317	20	João Domingues	Individual	02:19:50.230	01:08:36.620
318	18	Vitor Pereira	Individual	02:19:50.263	01:08:36.653
319	160	Nuno Barroso	Individual	02:20:11.013	01:08:57.403
320	53	Marlene Costa	Atal	02:20:15.017	01:09:01.407

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
321	47	Carla Cardoso	Os Dois	02:20:15.477	01:09:01.867
322	142	Daniel Nogueira	Individual	02:21:44.267	01:10:30.657
323	257	Rui Marante	Pastilhas Team	02:21:45.270	01:10:31.660
324	42	Daniel Gomes	Individual	02:22:45.020	01:11:31.410
325	401	Raquel Eusébio	Clube Atletismo Fafe	02:22:47.277	01:11:33.667
326	349	João Teixeira	100 Treino	02:22:47.277	01:11:33.667
327	427	Paulina Soares	Tog	02:23:19.940	01:12:06.330
328	205	Veronica Fernandes	Cf 4490 Pvz	02:23:34.523	01:12:20.913
329	234	Maria Barbosa	B.T.M.	02:23:44.020	01:12:30.410
330	40	Alcídio Figueiredo	Individual	02:23:52.273	01:12:38.663
331	177	Pedro Perpétua	Strong Team	02:23:57.697	01:12:44.087
332	172	Joana Alves	Na Boa	02:24:35.773	01:13:22.163
333	140	Mário Araújo	Equipa A	02:25:02.687	01:13:49.077
334	195	Rui Vilaça	Cf 4490 Pvz	02:25:02.803	01:13:49.193
335	282	Rui Coelho	Individual	02:25:19.277	01:14:05.667
336	281	Eliseo Martínez	Individual	02:25:19.527	01:14:05.917
337	380	Micaela Brito	Devasta Trilhos	02:25:23.187	01:14:09.577
338	456	Constança Brito	Arca Barcelos Runners	02:25:45.183	01:14:31.573
339	227	Carla Amorim	Individual	02:25:51.420	01:14:37.810
340	428	Sérgio Marques	Individual	02:26:03.027	01:14:49.417
341	181	Juliana Boas	Individual	02:26:55.777	01:15:42.167
342	180	Rosa Borges	B.T.M.	02:26:56.280	01:15:42.670
343	71	António Couto	Individual	02:26:58.277	01:15:44.667
344	121	Maria Oliveira	Trogloditas Runners	02:27:00.277	01:15:46.667
345	216	António Barros	Trail Team Montaria	02:27:05.030	01:15:51.420
346	379	José Ribeiro	Adeca	02:27:37.667	01:16:24.057
347	75	André Correia	100 Treino	02:27:51.280	01:16:37.670
348	432	Vitor Ferreira	Os Mancos	02:28:46.533	01:17:32.923
349	433	Vitor Azevedo	Os Mancos	02:28:47.160	01:17:33.550
350	457	Eduardo Sousa	Os Mancos	02:28:47.287	01:17:33.677
351	242	Pedro Justo	"Grupo 46 - ""Lavra Run"""	02:29:12.790	01:17:59.180
352	256	Patricia Martins	"Grupo 46 - ""Lavra Run"""	02:29:13.400	01:17:59.790
353	448	Fernando Vilarinho	Barcelos Runners	02:29:14.283	01:18:00.673
354	150	Ana Sousa	Boavista Trail	02:29:28.653	01:18:15.043
355	57	Filipa Martins	Akuafit	02:29:59.537	01:18:45.927
356	326	Isabel Brito	Brito	02:30:27.883	01:19:14.273
357	366	Nuno Fernandes	Opraticante.Pt-Afipre Team	02:31:14.287	01:20:00.677
358	353	Carla Magalhaes	Lobos Do Monte Run	02:31:22.787	01:20:09.177
359	108	Antonio Barbosa	Temos Pena	02:31:32.047	01:20:18.437
360	29	Rui Novais	Individual	02:31:43.537	01:20:29.927
361	43	Lino Abreu	Dive Into The Mountains	02:32:07.290	01:20:53.680
362	30	Fábio Martins	Individual	02:32:07.543	01:20:53.933
363	294	Carlos Lopes	Individual	02:32:35.543	01:21:21.933
364	203	Cátia Silva	Individual	02:32:38.130	01:21:24.520
365	204	Mário Fonseca	Individual	02:32:38.547	01:21:24.937
366	202	Daniel Oliveira	Individual	02:32:39.553	01:21:25.943
367	258	Mónica Domingues	Lebres Minhotas	02:32:51.040	01:21:37.430
368	273	Paulo Aldeias	Onesoul Crossfit	02:33:14.297	01:22:00.687
369	246	Rita Moreira	Nast-Núcleo Associativo De Santo Tirso	02:33:14.297	01:22:00.687
370	274	Carina Mateus	Onesoul Crossfit	02:33:14.543	01:22:00.933
371	445	Maria Sousa	One Leg	02:33:14.623	01:22:01.013
372	272	Stephanie Abreu	Vimarunners	02:33:20.363	01:22:06.753
373	271	Rui Fernandes	Vimarunners	02:33:20.793	01:22:07.183
374	384	Antonio Boa	Wild4sport	02:33:32.120	01:22:18.510
375	22	António Queirós	.	02:33:56.547	01:22:42.937
376	393	Marina Macaes	Individual	02:34:04.547	01:22:50.937
377	398	Monica Costa	Individual	02:34:04.797	01:22:51.187
378	97	Alzira Pereira	Individual	02:35:28.047	01:24:14.437
379	98	José Rodrigues	Individual	02:37:36.803	01:26:23.193
380	174	Silvia Cunha	Individual	02:37:53.803	01:26:40.193
381	301	Rita Alves	Travassós Running Fafe	02:39:29.317	01:28:15.707
382	300	Ana Oliveira	Adttr Travassós Running Fafe	02:39:29.807	01:28:16.197
383	104	Ivo Silva	Pastilhas Team	02:40:06.807	01:28:53.197
384	364	Andreia Vieira	Boavista Trail	02:40:28.807	01:29:15.197

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
385	309	Tiago Oliveira	Run Forest Run	02:41:35.297	01:30:21.687
386	311	Hugo Fernandes	Run Forest Run	02:41:35.810	01:30:22.200
387	212	Adelaide Morim	Capv Clube Atletismo Da Póvoa De Varzim	02:42:27.063	01:31:13.453
388	49	Norberta Grilo	Individual	02:43:12.563	01:31:58.953
389	134	Daniela Costa	Monte Xisto	02:43:31.043	01:32:17.433
390	207	Ana Ramião	Trail Team Montaria	02:43:50.817	01:32:37.207
391	213	Beta Guia	Trail Team Montaria	02:44:34.067	01:33:20.457
392	275	Paula Veiga	Trail Team Montaria	02:44:36.317	01:33:22.707
393	12	Tânia Luis	Individual	02:47:39.573	01:36:25.963
394	331	Rui Ferreira	Team Family	02:48:37.077	01:37:23.467
395	332	Mário Correia	Team Family	02:48:37.577	01:37:23.967
396	336	Maria Correia	Team Family	02:48:37.743	01:37:24.133
397	13	Joaquina Martins	Invicta Runners Team	02:48:37.743	01:37:24.133
398	370	Helena Santos	Opraticante.Pt	02:48:42.827	01:37:29.217
399	324	Ana Batalha	Unicorns Running Team	02:51:41.333	01:40:27.723
400	325	Nuno Couto	Unicorns Running Team	02:51:43.333	01:40:29.723
401	434	Maria Lima	Individual	02:52:11.333	01:40:57.723
402	128	Ana França	Casal Robusto	02:53:20.587	01:42:06.977
403	131	Vitor Castro	Individual	02:55:06.093	01:43:52.483
404	129	Jorge França	Casal Robusto	02:55:36.590	01:44:22.980
405	422	Ricardo Ramos	Individual	02:55:51.590	01:44:37.980
406	423	Bárbara Silva	Individual	02:55:52.717	01:44:39.107
407	193	Ana Araújo	Cf 4490 Pvz	02:57:39.347	01:46:25.737
408	215	Filipa Barros	Trail Team Montaria	02:58:52.850	01:47:39.240
409	340	Joana Ferreira	Cf 4490 Pvz	03:00:08.603	01:48:54.993
410	217	Joana Pontes	Cf 4490 Pvz	03:00:09.413	01:48:55.803
411	208	Isabel Pires	Individual	03:00:15.350	01:49:01.740
412	442	Bruno Vasconcelos	Eramosamigosparacorrer	03:00:58.933	01:49:45.323
413	373	Ruben Gabones	Individual	03:04:07.360	01:52:53.750
414	377	Andreia Silva	Individual	03:04:08.610	01:52:55.000
415	138	Nelson Barbosa	Individual	03:04:54.113	01:53:40.503
416	139	Joana Vieira	Individual	03:04:54.360	01:53:40.750
417	122	Marisa Ribeiro	Só Nós 2	03:07:14.617	01:56:01.007
418	78	Paulo Martins	Só Nós 2	03:07:14.867	01:56:01.257
419	88	Albertina Lopes	Individual	03:10:47.630	01:59:34.020
420	368	Filomena Soares	Opraticante.Pt-Afipre Team	03:11:48.817	02:00:35.207
421	318	Sandro Silva	Individual	04:29:24.197	03:18:10.587