

TRAIL LONGO - STAGE 1

28 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:00	4°C	86%
End	15:21	10.5°C	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1165	Márcio Castro	adrap	Senior Masculino	02:28:43		05:19
2	1093	CARLOS FERREIRA	dr. merino/4moove	Senior Masculino	02:30:13	+01:30	05:22
3	1176	paulo pinto	individual	Senior Masculino	02:32:00	+03:17	05:26
4	1075	Renato Silva	cmf	Veterano M45	02:33:13	+04:30	05:28
5	1448	José Ferreira	viseu 360	Senior Masculino	02:36:58	+08:15	05:36
6	1022	Pedro Rocha	aztrail mercentro	Senior Masculino	02:40:38	+11:55	05:44
7	1090	Tiago Aragão	ctad - trilhos de cinfães	Senior Masculino	02:40:43	+12:00	05:44
8	1429	Nelson Teixeira	tua saúde	Senior Masculino	02:40:58	+12:15	05:45
9	1281	Orlando Valente	individual	Veterano M50	02:43:37	+14:54	05:51
10	1009	Rui Araújo	águias de alvelos	Sub 23 Masculino	02:47:13	+18:30	05:58
11	1003	Helder Rodrigues	acrd/psp viseu runners	Senior Masculino	02:48:04	+19:21	06:00
12	1220	Frank Fritsche	individual	Veterano M40	02:48:41	+19:58	06:01
13	1089	Luís Silva	ctad - trilhos de cinfães	Senior Masculino	02:49:52	+21:09	06:04
14	1450	Pedro Osório	viseu 360	Senior Masculino	02:50:06	+21:23	06:05
15	1315	Francisco Figueiredo	oralklass-amigos do trail	Senior Masculino	02:50:44	+22:01	06:06
16	1280	Nuno Paiva	individual	Veterano M50	02:51:03	+22:19	06:07
17	1063	Alexandre Manuel Teixeira Santos	clube de montanha alto trilho - javalis	Senior Masculino	02:51:12	+22:28	06:07
18	1064	Marco Paulo Rodrigues Pereira da Silva	clube de montanha alto trilho - javalis	Senior Masculino	02:51:12	+22:29	06:07
19	1411	Carlos Coelho	trail me	Senior Masculino	02:51:18	+22:35	06:07
20	1042	Marco André de Sousa Pinto	brabus runners	Senior Masculino	02:51:45	+23:02	06:08
21	1091	Paulo César Ferreira	ctad - trilhos de cinfães	Veterano M40	02:52:21	+23:38	06:09
22	1337	Filipe Saraiva Fernandes	palmeira runners	Senior Masculino	02:52:22	+23:39	06:09
23	1020	Carlos Fernandes	as belas e eles	Veterano M40	02:52:24	+23:41	06:09
24	1372	Daniel Fonseca	runners do demo	Senior Masculino	02:52:27	+23:43	06:10
25	1005	Ricardo Oliveira	acrd/psp viseu runners	Veterano M40	02:52:39	+23:56	06:10
26	1034	MANUEL FERREIRA	aztrail mercentro	Veterano M50	02:53:15	+24:32	06:11
27	1171	Nuno Oliveira	individual	Senior Masculino	02:53:23	+24:40	06:12
28	1168	Nuno Guimarães	individual	Senior Masculino	02:53:58	+25:15	06:13
29	1286	Sergio da costa moreira	individual	Veterano M50	02:54:28	+25:45	06:14
30	1193	Toni Leitão	runners do demo	Senior Masculino	02:54:55	+26:12	06:15
31	1032	Fernando Baltazar	aztrail mercentro	Veterano M50	02:55:26	+26:43	06:16
32	1436	Rudolfo Marques	viriahtvs runners viseu	Senior Masculino	02:55:27	+26:44	06:16
33	1430	Catarina Fernandes	viriahtvs runners viseu	Senior Feminino	02:55:55	+27:11	06:17
34	1393	JOEL ARAUJO	shots international runners	Senior Masculino	02:56:18	+27:34	06:18
35	1184	Ricardo Sousa	individual	Senior Masculino	02:56:31	+27:48	06:18
36	1417	Sergio Rodrigues	trinca orelhas de gato	Senior Masculino	02:56:56	+28:13	06:19
37	1141	Alcides Barbosa	individual	Senior Masculino	02:57:19	+28:35	06:20
38	1053	Fernando Coelho	caracóis do monte	Veterano M40	02:57:32	+28:49	06:20
39	1047	Filipe Fontes	c a l	Veterano M45	02:58:03	+29:20	06:22
40	1180	Ricardo Pereira	individual	Senior Masculino	02:58:03	+29:20	06:22

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1016	Antonio fernandes	amigos do trail	Veterano M40	02:59:04	+30:21	06:24
42	1051	Manuel Grilo	caldas s. jorge sport clube	Veterano M50	02:59:09	+30:26	06:24
43	1375	Augusto Manuel Rua Trindade	runners do demo	Veterano M40	02:59:14	+30:31	06:24
44	1462	Pedro Sa	individual	Senior Masculino	02:59:17	+30:34	06:24
45	1314	Daniela Russo	oralklass-amigos do trail	Senior Feminino	02:59:33	+30:49	06:25
46	1368	Pedro Pinto	remax spirit-market	Veterano M40	03:00:15	+31:32	06:26
47	1416	João Oliveira	trinca orelhas de gato	Senior Masculino	03:00:52	+32:08	06:28
48	1293	Ernesto Marques Alves	juventude cortegacense	Veterano M45	03:01:07	+32:24	06:28
49	1278	Manuel Ferreira	individual	Veterano M50	03:01:20	+32:37	06:29
50	1043	Ricardo Sampaio	brabus runners	Senior Masculino	03:02:18	+33:35	06:31
51	1320	Marco Botelho	os falta d'ar	Veterano M40	03:02:31	+33:48	06:31
52	1259	Miguel Sá	individual	Veterano M45	03:04:03	+35:20	06:34
53	1232	Óscar Magolo	individual	Veterano M40	03:04:16	+35:33	06:35
54	1068	Vitor Ferreira	clube de montanha alto trilho - javalis	Veterano M40	03:04:40	+35:57	06:36
55	1235	Paulo Nunes Freire	individual	Veterano M40	03:05:02	+36:19	06:37
56	1442	Jorge Correia	viriathvs runners viseu	Veterano M45	03:05:22	+36:39	06:37
57	1166	Márcio FONSECA	individual	Senior Masculino	03:06:21	+37:37	06:39
58	1387	Alcino Gouveia	sentir escariz	Veterano M45	03:07:16	+38:33	06:41
59	1316	José costa	oralklass-amigos do trail	Veterano M40	03:07:20	+38:37	06:41
60	1434	Marco Silva	viriathvs runners viseu	Senior Masculino	03:07:21	+38:38	06:41
61	1080	Ricardo Salgueiro	coa - clube de orientação e aventura	Senior Masculino	03:07:36	+38:53	06:42
62	1004	João Valerio	acrd/psp viseu runners	Veterano M40	03:07:40	+38:57	06:42
63	1376	Moisés Rodrigues	runners do demo	Veterano M40	03:07:42	+38:59	06:42
64	1185	Rui André Martins	individual	Senior Masculino	03:07:47	+39:03	06:42
65	1399	Fernando Correia	sportarc.running	Senior Masculino	03:07:55	+39:11	06:43
66	1106	Francisco Oliveira	gaiarunning	Veterano M40	03:07:57	+39:14	06:43
67	1390	RAQUEL CAMPOS	shots international runners	Senior Feminino	03:07:58	+39:14	06:43
68	1385	José Armando Duarte do Rosário	sc santacruzense	Senior Masculino	03:08:05	+39:22	06:43
69	1374	Ricardo Gonçalves	runners do demo	Sub 23 Masculino	03:08:06	+39:22	06:43
70	1373	Luís Manuel de Almeida Pedro	runners do demo	Senior Masculino	03:08:52	+40:09	06:45
71	1296	Delfim António Ferreira Nunes	kemedo team	Veterano M40	03:08:54	+40:11	06:45
72	1257	Luis Artur Gonçalves	individual	Veterano M45	03:09:18	+40:35	06:46
73	1426	Valter Barreirinhas	trolls	Senior Masculino	03:09:26	+40:43	06:46
74	1377	Luís Filipe Martinho Salvador	runners do demo	Veterano M50	03:10:05	+41:22	06:47
75	1273	jorge oliveira	individual	Veterano M50	03:10:23	+41:40	06:48
76	32	Bruno Loureiro	dr. merino/4moove	Senior Masculino	03:10:28	+41:45	06:48
77	1186	Rui LOBO	individual	Senior Masculino	03:10:29	+41:46	06:48
78	1102	Cesar sousa	fiaes running	Veterano M40	03:10:33	+41:50	06:48
79	1197	Tiago Costa	individual	Sub 23 Masculino	03:10:50	+42:06	06:49
80	1144	António Ferreira	individual	Senior Masculino	03:11:49	+43:06	06:51
81	16	Jorge Brites	aztrail mercentro	Veterano M45	03:11:57	+43:14	06:51
82	1006	Bruno Pereira	adeca associação desportiva de castelões	Senior Masculino	03:13:19	+44:36	06:54
83	1096	Paulo Jorge Gomes Santos	escapães acrde	Veterano M45	03:13:38	+44:54	06:55
84	1419	Sergio Gomes	trinca orelhas de gato	Veterano M40	03:14:36	+45:52	06:57
85	1290	RUI FIGUEIREDO	juventude cortegacense	Senior Masculino	03:15:50	+47:07	07:00

TRAIL LONGO - STAGE 1

28 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1039	Fernando Manuel Ferreira dos Santos	bossrunners team	Sub 23 Masculino	03:15:59	+47:15	07:00
87	1410	Bruno Cardoso	trail bela bela	Senior Masculino	03:16:19	+47:36	07:01
88	1424	Cristóvão Ginja	trolls	Senior Masculino	03:16:37	+47:54	07:01
89	1415	Carlos Silva	trinca orelhas de gato	Senior Masculino	03:16:57	+48:14	07:02
90	1310	Jose Gomes	nocturnos de paredes	Veterano M50	03:17:05	+48:22	07:02
91	1177	Paulo Santos	individual	Senior Masculino	03:17:38	+48:54	07:04
92	1092	jose lopes	dive into the mountains	Veterano M45	03:18:05	+49:22	07:04
93	1386	Filipe Daniel Cardoso Almeida	sekapipas	Senior Masculino	03:18:19	+49:36	07:05
94	1384	Daniel Martins Pereira	sc santacruzense	Senior Masculino	03:18:58	+50:15	07:06
95	1262	Ricardo Pimenta	individual	Veterano M45	03:19:49	+51:06	07:08
96	1224	José Manuel da Silva Soares	individual	Veterano M40	03:19:51	+51:08	07:08
97	1258	Luis Carlos Campos Lobo	individual	Veterano M45	03:20:16	+51:33	07:09
98	1334	Hugo Casal	padela natural team - fisiofreixo	Veterano M40	03:20:16	+51:33	07:09
99	1162	Jorge Oliveira	individual	Senior Masculino	03:20:18	+51:35	07:09
100	42	Antonio Neves	individual	Senior Masculino	03:20:43	+52:00	07:10
101	1163	Luis Filipe Rodrigues Azevedo	individual	Senior Masculino	03:20:53	+52:10	07:10
102	1084	Liliana Ribeiro	crossfit feira	Senior Feminino	03:21:03	+52:20	07:11
103	1367	José Loureiro	remax spirit-market	Veterano M40	03:22:27	+53:44	07:14
104	1365	Ricardo Reis	remax spirit-market	Senior Masculino	03:22:27	+53:44	07:14
105	1318	Romeu Rocha	os falta d'ar	Senior Masculino	03:22:28	+53:44	07:14
106	1423	Cristiano Ginja	trolls	Senior Masculino	03:22:50	+54:06	07:15
107	1270	HENRIQUE BORGES	individual	Veterano M50	03:23:02	+54:19	07:15
108	1233	Patricio Marques Afonso	individual	Veterano M40	03:23:20	+54:37	07:16
109	1413	Miguel Araújo	trail me	Veterano M45	03:24:09	+55:26	07:17
110	1196	Pedro silva	individual	Sub 23 Masculino	03:24:17	+55:34	07:18
111	1148	Bruno Rafael	individual	Senior Masculino	03:24:45	+56:01	07:19
112	1147	Bruno Loureiro	individual	Senior Masculino	03:24:53	+56:10	07:19
113	1019	Ricardo Magalhães	as belas e eles	Senior Masculino	03:25:28	+56:44	07:20
114	1277	Luís Mota	individual	Veterano M50	03:25:37	+56:54	07:21
115	1388	José Oliveira	sentir escariz	Veterano M45	03:26:00	+57:17	07:21
116	1254	João Ribeiro	individual	Veterano M45	03:26:23	+57:40	07:22
117	1292	Joao Oliveira	juventude cortegacense	Veterano M40	03:26:23	+57:40	07:22
118	1301	Francisco Cerqueira	maratonistas do minho	Veterano M45	03:26:51	+58:07	07:23
119	1192	Tiago Miguel rodrigues capela	clube amador de mirandela	Senior Masculino	03:26:56	+58:13	07:23
120	1340	António Manuel Martins	pé na rota...	Senior Masculino	03:27:15	+58:32	07:24
121	1203	Lucia Costa	individual	Veterana F40	03:27:51	+59:08	07:25
122	1256	jose domingos duarte nogueira	individual	Veterano M45	03:27:55	+59:12	07:26
123	1023	Renato Costa	aztrail mercentro	Senior Masculino	03:28:30	+59:47	07:27
124	1155	HUGO FARDILHA	individual	Senior Masculino	03:28:34	+59:51	07:27
125	1245	sérgio oliveira	individual	Veterano M40	03:28:36	+59:53	07:27
126	1066	Rogério Nicole Ferreira Soares	clube de montanha alto trilho - javalis	Senior Masculino	03:28:41	+59:58	07:27
127	1418	Vicente Sousa	trinca orelhas de gato	Senior Masculino	03:29:25	+01:00:42	07:29
128	1420	Victor Cardoso	trinca orelhas de gato	Veterano M40	03:29:26	+01:00:43	07:29
129	1160	Jacinto Sousa	individual	Senior Masculino	03:29:54	+01:01:11	07:30
130	1394	MARIO OLIVEIRA	shots international runners	Senior Masculino	03:30:23	+01:01:39	07:31

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
131	1396	PEDRO NOGUEIRA	shots international runners	Senior Masculino	03:30:23	+01:01:40	07:31
132	1342	Avelino Sá	piscinas municipais de smf	Senior Masculino	03:30:24	+01:01:41	07:31
133	1454	Helder Ferreira	piscinas municipais de smf	Senior Masculino	03:30:24	+01:01:41	07:31
134	1149	Bruno Ricardo Gomes de Pinho	individual	Senior Masculino	03:31:07	+01:02:23	07:32
135	1065	Ricardo Jorge Carvalho Ferreira	clube de montanha alto trilho - javalis	Senior Masculino	03:31:08	+01:02:25	07:32
136	1008	Joao Ferreira	afis/ovar	Veterano M40	03:31:11	+01:02:28	07:33
137	1219	Fernando Jorge	individual	Veterano M40	03:31:15	+01:02:32	07:33
138	1267	Avelino Faria	individual	Veterano M50	03:31:55	+01:03:12	07:34
139	1028	Mario Fonseca	aztrail mercentro	Veterano M40	03:32:15	+01:03:32	07:35
140	1159	Jacinto Manuel Rodrigues Oliveira	individual	Senior Masculino	03:32:19	+01:03:35	07:35
141	1447	Angelo Lourenço	viseu 360	Senior Masculino	03:32:29	+01:03:46	07:35
142	1288	Alexandre Brandão Andrade Leite	juventude cortegacense	Senior Masculino	03:33:57	+01:05:14	07:38
143	1107	Jose Cruz	galhardosrunners	Senior Masculino	03:34:05	+01:05:21	07:39
144	1359	José Rodrigues	pupilos do zé tó	Veterano M45	03:34:07	+01:05:24	07:39
145	1351	Daniel Costa	pupilos do zé tó	Senior Masculino	03:34:08	+01:05:24	07:39
146	1355	Pedro Pinho	pupilos do zé tó	Veterano M40	03:34:08	+01:05:24	07:39
147	1124	Carlos Castanheira	habcarpintaria	Senior Masculino	03:34:37	+01:05:53	07:40
148	1129	HUGO RIBEIRO	hugo	Senior Masculino	03:34:54	+01:06:11	07:41
149	1173	Nuno Sá	individual	Senior Masculino	03:35:01	+01:06:17	07:41
150	1048	Ariana Rafaela Silva Tavares	c. b. viseu running team	Sub 23 Feminino	03:35:09	+01:06:25	07:41
151	1049	Oriana Tavares Marques	c. b. viseu running team	Sub 23 Feminino	03:35:15	+01:06:32	07:41
152	1205	Susana Andrade	jobra	Veterana F40	03:36:10	+01:07:26	07:43
153	1322	Joaquim Neto	os falta d'ar	Veterano M45	03:36:11	+01:07:27	07:43
154	1378	Paulo Reis	running esmoriz	Senior Masculino	03:36:39	+01:07:55	07:44
155	1360	Luis Ferreira	pupilos do zé tó	Veterano M45	03:36:57	+01:08:14	07:45
156	1234	Paulo Carvalho	individual	Veterano M40	03:37:20	+01:08:37	07:46
157	1118	ANGELO PINHO	ginasio fit4fun	Veterano M40	03:37:37	+01:08:54	07:46
158	1214	Maria Gerardo	individual	Veterana F50	03:38:28	+01:09:45	07:48
159	1284	Paulo Silva	individual	Veterano M50	03:38:46	+01:10:03	07:49
160	1461	João Figueiredo	individual	Senior Masculino	03:38:46	+01:10:03	07:49
161	1305	Armando Rocha	movol	Veterano M40	03:38:47	+01:10:04	07:49
162	1452	João Cardoso	piscinas municipais de smf	Veterano M40	03:39:04	+01:10:20	07:49
163	1130	Ana Maria Silva	fire runners	Senior Feminino	03:39:11	+01:10:28	07:50
164	1328	Sara Meira	padela natural team - fisiofreixo	Senior Feminino	03:39:25	+01:10:42	07:50
165	1347	MANUELA FARIA	portocargo	Veterana F45	03:39:25	+01:10:42	07:50
166	1348	MARCO OLIVEIRA	portocargo	Veterano M40	03:39:25	+01:10:42	07:50
167	1226	Luis Ribeiro	individual	Veterano M40	03:39:25	+01:10:42	07:50
168	1329	João Sobreiro	padela natural team - fisiofreixo	Senior Masculino	03:39:25	+01:10:42	07:50
169	1058	Adelino Silva	ccd - siemens	Veterano M45	03:39:41	+01:10:58	07:51
170	1395	MIGUEL SECA	shots international runners	Senior Masculino	03:39:59	+01:11:16	07:51
171	1038	João Pedro Lourenço Calado	bossrunners team	Senior Masculino	03:40:07	+01:11:24	07:52
172	1326	Agnelo André Pinto e Silva	ozxtreme adcrpereira	Senior Masculino	03:40:08	+01:11:25	07:52
173	1306	José Carlos Cardoso	mss contabilidade trail team	Veterano M40	03:40:27	+01:11:44	07:52

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
174	1397	NELSON SILVA	shots international runners	Veterano M40	03:40:32	+01:11:49	07:53
175	1175	Paulo borges	individual	Senior Masculino	03:40:35	+01:11:51	07:53
176	1010	Rui Tavares	alive runners	Veterano M40	03:41:45	+01:13:02	07:55
177	1303	Alcídio Moreira	mata elefantes	Veterano M45	03:41:51	+01:13:08	07:55
178	1195	Feranando Pereira Mendes	individual	Sub 23 Masculino	03:42:00	+01:13:17	07:56
179	1253	Fernando Pinheiro Mendes	individual	Veterano M45	03:42:01	+01:13:18	07:56
180	1190	Sandro Jordão	individual	Senior Masculino	03:42:03	+01:13:20	07:56
181	1097	Pedro Alves	factor x / s4l / medense fc	Senior Masculino	03:42:27	+01:13:44	07:57
182	1119	CARLOS FERREIRA	ginasio fit4fun	Veterano M50	03:42:28	+01:13:45	07:57
183	1181	Ricardo Rodrigues	individual	Senior Masculino	03:42:39	+01:13:56	07:57
184	1025	Vitor Martins	aztrail mercentro	Senior Masculino	03:42:43	+01:14:00	07:57
185	1117	CONCEIÇÃO FERREIRA	ginasio fit4fun	Veterana F50	03:42:57	+01:14:13	07:58
186	1279	Miguel Martins	individual	Veterano M50	03:43:48	+01:15:05	08:00
187	1135	LUCIA LOURENÇO	individual	Senior Feminino	03:43:48	+01:15:05	08:00
188	1132	Andreia Amorim	individual	Senior Feminino	03:43:49	+01:15:05	08:00
189	1035	Inês Peixoto	benfica em forma	Senior Feminino	03:43:51	+01:15:08	08:00
190	93	paulo jorge da silva pinto	out 2 run/miro	Veterano M40	03:43:55	+01:15:11	08:00
191	1151	Daniel Moreira	individual	Senior Masculino	03:44:05	+01:15:21	08:00
192	1409	Andre Oliveira	trail bela bela	Senior Masculino	03:44:06	+01:15:22	08:00
193	1408	Felicia Fernandes	trail bela bela	Senior Feminino	03:44:06	+01:15:23	08:00
194	1040	Carlos Miguel Jesus Leitão	bossrunners team	Veterano M40	03:44:10	+01:15:27	08:00
195	1139	Solange Sousa	individual	Senior Feminino	03:44:11	+01:15:28	08:00
196	1078	João Oliveira	cmmc vale de cambra	Senior Masculino	03:44:18	+01:15:35	08:01
197	1341	Luis Miguel Almeida	pé na rota...	Veterano M45	03:44:19	+01:15:35	08:01
198	1077	Márcia Pinho	cmmc vale de cambra	Senior Feminino	03:44:19	+01:15:36	08:01
199	1371	Cristovao chaves	runners do demo	Senior Masculino	03:44:26	+01:15:43	08:01
200	1127	PEDRO FERNANDES	hsantamariart	Senior Masculino	03:44:41	+01:15:58	08:01
201	1128	PAULO FREITAS	hsantamariart	Veterano M45	03:44:41	+01:15:58	08:01
202	1120	DURBALINO FERREIRA	ginasio fit4fun	Veterano M50	03:44:52	+01:16:08	08:02
203	1400	Rubens Brandão Soares	sportarc.running	Veterano M40	03:45:10	+01:16:27	08:03
204	1036	Luis Nunes	benfica em forma	Veterano M40	03:45:25	+01:16:41	08:03
205	1088	Lauro Nunes	crossfit runners	Senior Masculino	03:45:27	+01:16:44	08:03
206	1087	Joao Negrao	crossfit runners	Senior Masculino	03:45:33	+01:16:50	08:03
207	1145	Antonio Pereira	individual	Senior Masculino	03:45:42	+01:16:59	08:04
208	1094	Filipe Escobar	ei team trail	Veterano M40	03:46:01	+01:17:18	08:04
209	1125	Rui Oliveira	habcarpintaria	Senior Masculino	03:46:37	+01:17:53	08:06
210	1422	Patrícia Rodrigues	trolls	Senior Feminino	03:46:40	+01:17:57	08:06
211	2693	Alexandra Padilha	trinca orelhas de gato	Veterana F40	03:47:50	+01:19:06	08:08
212	1201	Célia Sousa	individual	Veterana F40	03:48:05	+01:19:22	08:09
213	1264	Rui Fernandes	individual	Veterano M45	03:48:33	+01:19:49	08:10
214	1218	Eliseu leite	individual	Veterano M40	03:48:46	+01:20:03	08:10
215	1260	Paolo Giacosa	individual	Veterano M45	03:49:56	+01:21:13	08:13
216	1295	Rui Serafim Valente Santos	k2 btt adventure team	Veterano M45	03:49:56	+01:21:13	08:13
217	1109	Marisa Santos	ginasio fit4fun	Senior Feminino	03:50:41	+01:21:58	08:14
218	1114	Rui Fernandes	ginasio fit4fun	Senior Masculino	03:50:42	+01:21:58	08:14

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
219	1073	Susana Gabriela Costa Pinto da Neta	clube zipper	Veterana F40	03:50:56	+01:22:12	08:15
220	1001	Nuno Neves	100meta	Senior Masculino	03:51:09	+01:22:26	08:15
221	1236	Paulo Vaz	individual	Veterano M40	03:51:10	+01:22:27	08:15
222	1361	Manuel Coelho	pupilos do zé tó	Veterano M45	03:51:58	+01:23:14	08:17
223	1283	paulo moreira	individual	Veterano M50	03:52:09	+01:23:25	08:17
224	1431	Catarina Regalo	viriahtvs runners viseu	Senior Feminino	03:53:36	+01:24:53	08:21
225	1143	André Silva	individual	Senior Masculino	03:53:36	+01:24:53	08:21
226	1300	José Pinto	maisfit runners	Veterano M45	03:53:41	+01:24:58	08:21
227	1298	Tiago Bragança	maisfit runners	Senior Masculino	03:53:41	+01:24:58	08:21
228	1299	José Pirata	maisfit runners	Veterano M40	03:53:42	+01:24:59	08:21
229	1079	Marcos Soares	cmmc vale de cambra	Senior Masculino	03:53:50	+01:25:07	08:21
230	1458	Rui Rodrigues	viriahtvs runners viseu	Veterano M45	03:53:56	+01:25:12	08:21
231	2697	Dulce Santos Lopes	trolls	Senior Feminino	03:54:02	+01:25:19	08:22
232	1069	Hélder José Espírito Santo Saraiva Massano	clube de montanha alto trilho - javalis	Veterano M45	03:54:31	+01:25:48	08:23
233	1060	HELDER S G PINTO	ccrd burinhosa	Veterano M40	03:55:28	+01:26:45	08:25
234	1059	Ana Paula Santos	ccrd burinhosa	Veterana F50	03:55:29	+01:26:46	08:25
235	1335	Jorge Malheiro	padela natural team - fisiofreixo	Veterano M45	03:55:34	+01:26:50	08:25
236	1227	Manuel Antonio Bastos Migueis	individual	Veterano M40	03:55:34	+01:26:51	08:25
237	1451	Paulo Lopes	viseu 360	Veterano M40	03:55:42	+01:26:59	08:25
238	1115	SILVIA VILAR	ginasio fit4fun	Veterana F40	03:55:45	+01:27:02	08:25
239	1108	CARINA PINHO	ginasio fit4fun	Senior Feminino	03:55:46	+01:27:02	08:25
240	1095	Ricardo R. Pereira	endure endurance sports	Veterano M45	03:56:02	+01:27:18	08:26
241	1336	Vitor Santos	padela natural team - fisiofreixo	Veterano M45	03:56:43	+01:27:59	08:27
242	1216	Carlos Praça	individual	Veterano M40	03:56:44	+01:28:00	08:27
243	1223	Jorge Nunes	individual	Veterano M40	03:56:44	+01:28:01	08:27
244	1153	FERNANDO MENDES	individual	Senior Masculino	03:56:44	+01:28:01	08:27
245	1055	ANTONIO NUNES	casa do pessoal da rtp	Veterano M45	03:56:45	+01:28:01	08:27
246	1421	Andréia Parreiras	trolls	Senior Feminino	03:57:06	+01:28:22	08:28
247	1030	Antonio Pinheiro	aztrail mercentro	Veterano M45	03:57:06	+01:28:23	08:28
248	1381	Alexandre Cardoso	saudades do sofá team	Senior Masculino	03:57:08	+01:28:25	08:28
249	1313	Xana Quintaneiro	núcleo scp de portel	Senior Feminino	03:57:36	+01:28:52	08:29
250	1312	Sónia Serra	núcleo scp de portel	Senior Feminino	03:57:36	+01:28:53	08:29
251	1209	TRINIDAD PRIETO GONZALEZ	individual	Veterana F45	03:57:37	+01:28:53	08:29
252	1187	Rui Mota	individual	Senior Masculino	03:58:38	+01:29:54	08:31
253	1225	Luís Maltez	individual	Veterano M40	03:58:38	+01:29:54	08:31
254	1435	Paulo Barreiros	viriahtvs runners viseu	Senior Masculino	03:58:51	+01:30:08	08:32
255	1229	MARCO COUTO	individual	Veterano M40	04:00:04	+01:31:21	08:34
256	1074	Sandra Santos	cmf	Senior Feminino	04:00:04	+01:31:21	08:34
257	1041	Eduarda pinto	brabus runners	Senior Feminino	04:00:06	+01:31:23	08:35
258	1231	Miguel Santos	individual	Veterano M40	04:00:09	+01:31:25	08:35
259	1082	Luana Fernandes	correr viseu	Senior Feminino	04:00:09	+01:31:25	08:35
260	1433	Vera Silva	viriahtvs runners viseu	Senior Feminino	04:00:11	+01:31:27	08:35
261	1446	João Correia	viriahtvs runners viseu	Veterano M50	04:00:11	+01:31:27	08:35

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
262	1302	Hélder Moreira	mata elefantes	Senior Masculino	04:00:13	+01:31:30	08:35
263	1323	Nuno Miguel Vieira Teixeira	os flechas - c.c.r. santa eulália	Senior Masculino	04:00:35	+01:31:51	08:36
264	1297	Rui Mesquita	love tiles	Senior Masculino	04:00:56	+01:32:13	08:36
265	1167	Miguel Ribeiro	individual	Senior Masculino	04:01:24	+01:32:41	08:37
266	1191	Simão Matos	individual	Senior Masculino	04:02:50	+01:34:07	08:40
267	1013	Helder Manuel Moreira Teles	amigos do pedal trailagares	Senior Masculino	04:03:04	+01:34:21	08:41
268	1439	Miguel Batista	viriahtvs runners viseu	Veterano M40	04:03:06	+01:34:23	08:41
269	1380	Jose Antonio Silva	running espinho	Veterano M40	04:03:07	+01:34:24	08:41
270	1103	Franck Ferreira	fire runners	Senior Masculino	04:05:00	+01:36:16	08:45
271	1404	Nuno Costa	sucupira f.c	Veterano M40	04:05:04	+01:36:21	08:45
272	1178	Ricardo Araujo	individual	Senior Masculino	04:05:51	+01:37:07	08:47
273	1024	Tiago Silva	aztrail mercentro	Senior Masculino	04:06:24	+01:37:41	08:48
274	1261	Paulo hernani	individual	Veterano M45	04:07:41	+01:38:58	08:51
275	1403	Hélder Monteiro	sucupira f.c	Veterano M40	04:07:42	+01:38:59	08:51
276	1056	Francisco Rebelo	cbrunningteam	Veterano M40	04:08:15	+01:39:32	08:52
277	1249	David Ribeiro	individual	Veterano M45	04:09:35	+01:40:52	08:55
278	1319	Jorge Guerra	os falta d'ar	Veterano M40	04:09:40	+01:40:56	08:55
279	1291	Marcia Costa	juventude cortegacense	Veterana F40	04:09:40	+01:40:57	08:55
280	1272	Joaquim lobato	individual	Veterano M50	04:09:47	+01:41:04	08:55
281	1105	Joaquim de Sousa	fit2labor	Veterano M45	04:09:47	+01:41:04	08:55
282	1116	CLAUDIA PISSARRA	ginasio fit4fun	Veterana F45	04:09:57	+01:41:14	08:56
283	1239	Pedro Manuel de Oliveira Pais	individual	Veterano M40	04:10:16	+01:41:33	08:56
284	1428	Benilde Santos	trolls	Veterana F45	04:10:40	+01:41:57	08:57
285	1354	Jorge Costa	pupilos do zé tó	Veterano M40	04:10:53	+01:42:09	08:58
286	1407	JOAQUIM FIGUEIRA	team 33	Veterano M40	04:11:19	+01:42:36	08:59
287	1338	Pedro Ferreira e Santos	pari passu	Veterano M40	04:11:24	+01:42:41	08:59
288	1339	Paulo Macedo	pari passu	Veterano M50	04:11:24	+01:42:41	08:59
289	1357	Bessa Leite	pupilos do zé tó	Veterano M45	04:11:38	+01:42:55	08:59
290	1133	Daniela Silva	individual	Senior Feminino	04:11:42	+01:42:59	08:59
291	1142	André Ferreira	individual	Senior Masculino	04:11:42	+01:42:59	08:59
292	1172	Nuno Rocha	individual	Senior Masculino	04:11:55	+01:43:12	09:00
293	1356	Rui Pedro Portugal	pupilos do zé tó	Veterano M40	04:12:14	+01:43:31	09:01
294	1382	Nuno Barros	saudades do sofá team	Senior Masculino	04:12:15	+01:43:32	09:01
295	1455	Paulo Moreira	piscinas municipais de smf	Senior Masculino	04:12:49	+01:44:06	09:02
296	1248	carlos pereira	individual	Veterano M45	04:13:59	+01:45:16	09:04
297	1307	Mafalda Valente	never give up	Senior Feminino	04:14:18	+01:45:35	09:05
298	1140	Zélia Carina Monteiro Pereira	individual	Senior Feminino	04:15:04	+01:46:21	09:07
299	1188	Rui Nuno da Silva Rodrigues	fire runners	Senior Masculino	04:15:19	+01:46:35	09:07
300	1113	JOSÉ MELO	ginasio fit4fun	Senior Masculino	04:16:15	+01:47:32	09:09
301	1370	André Ribeiro	runners do demo	Senior Masculino	04:16:20	+01:47:36	09:09
302	1204	Sandra Manuela Costa	individual	Veterana F40	04:16:26	+01:47:43	09:10
303	1083	Manuel Jacinto	correr viseu	Veterano M40	04:16:26	+01:47:43	09:10
304	1152	Emanuel M Faim	individual	Senior Masculino	04:16:36	+01:47:53	09:10
305	1207	Catarina Teixeira	individual	Veterana F45	04:17:08	+01:48:25	09:11
306	1268	Baltazar Ferreira	individual	Veterano M50	04:17:40	+01:48:57	09:12
307	1050	Raquel Mendes	c. b. viseu running team	Veterana F45	04:18:14	+01:49:31	09:13

TRAIL LONGO - STAGE 1

28 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
308	1432	Vania Amaral	viriathvs runners viseu	Senior Feminino	04:18:15	+01:49:31	09:13
309	1282	Paulo genesio	individual	Veterano M50	04:18:16	+01:49:32	09:13
310	1453	Sérgio Marco Medeiros Tavares	correio de albergaria trail e running	Senior Masculino	04:18:38	+01:49:55	09:14
311	1325	Mário Ferreira	ovar	Senior Masculino	04:19:03	+01:50:20	09:15
312	1198	Andreia Costa	individual	Veterana F40	04:19:05	+01:50:21	09:15
313	1072	José Manuel Gonçalves Correia	clube portugal telecom zona norte	Veterano M45	04:19:11	+01:50:28	09:15
314	1067	Nuno Alexandre Carvalho Oliveira	clube de montanha alto trilho - javalis	Veterano M40	04:19:55	+01:51:12	09:17
315	1062	Sandra Patrícia Pereira Monteiro	clube de montanha alto trilho - javalis	Senior Feminino	04:19:55	+01:51:12	09:17
316	1294	Célia Cristina Dias Valente Pereira	k2 btt adventure team	Veterana F45	04:20:05	+01:51:22	09:17
317	1029	Pedro Costa	aztrail mercentro	Veterano M40	04:21:00	+01:52:16	09:19
318	1240	Pedro Santos	individual	Veterano M40	04:21:05	+01:52:22	09:19
319	1194	gabriela monteiro fonseca	individual	Sub 23 Feminino	04:22:00	+01:53:17	09:21
320	1266	antonino pereira	individual	Veterano M50	04:22:00	+01:53:17	09:21
321	1252	Fernando Ferreira	individual	Veterano M45	04:22:15	+01:53:32	09:22
322	1383	Ricardo Ribiro	saudades do sofá team	Veterano M45	04:22:48	+01:54:04	09:23
323	1057	Nuno Ferreira	ccd - siemens	Senior Masculino	04:22:49	+01:54:05	09:23
324	1086	João Malta	crossfit feira	Senior Masculino	04:23:17	+01:54:33	09:24
325	1353	Paulo Oliveira	pupilos do zé tó	Senior Masculino	04:23:23	+01:54:40	09:24
326	1379	José Riba	running esmoriz	Veterano M50	04:23:30	+01:54:46	09:25
327	1321	Rui Teixeira	os falta d'ar	Veterano M40	04:23:30	+01:54:47	09:25
328	1405	Sérgio Cunha	sucupira f.c	Veterano M40	04:23:54	+01:55:11	09:26
329	1402	Helder Castro	sucupira f.c	Veterano M40	04:23:55	+01:55:11	09:26
330	1243	Ricardo Sérgio Godinho	individual	Veterano M40	04:24:58	+01:56:15	09:28
331	1263	Rogério Rocha	individual	Veterano M45	04:24:58	+01:56:15	09:28
332	1230	Miguel Nuno Pinheiro Quaresma	individual	Veterano M40	04:25:55	+01:57:12	09:30
333	1369	Sérgio Almeida	remax spirit-market	Veterano M45	04:26:01	+01:57:18	09:30
334	1222	Henrique Bruno Santos	individual	Veterano M40	04:26:55	+01:58:12	09:32
335	1200	Carla Sofia Santos	individual	Veterana F40	04:26:56	+01:58:13	09:32
336	1274	JOSE GOMEZ CHAN	individual	Veterano M50	04:29:21	+02:00:38	09:37
337	1276	Justino Gonçalves	individual	Veterano M50	04:32:48	+02:04:05	09:45
338	1101	Rui Valente	feel free health club	Senior Masculino	04:33:15	+02:04:32	09:46
339	1150	carlos fardilha	individual	Senior Masculino	04:33:19	+02:04:36	09:46
340	1126	SUSANA PINTO	hsantamariart	Senior Feminino	04:33:20	+02:04:36	09:46
341	1054	Luis Nogueira	caracóis do monte	Veterano M45	04:33:20	+02:04:36	09:46
342	1098	Márcio Pereira	feel free health club	Senior Masculino	04:33:20	+02:04:37	09:46
343	1308	Rui Moreira	never give up	Veterano M40	04:33:42	+02:04:59	09:47
344	1017	Vitor Correia	arrastassolas	Senior Masculino	04:34:31	+02:05:48	09:48
345	1018	Pedro Carvalho	arrastassolas	Veterano M45	04:34:32	+02:05:48	09:48
346	1011	Maria José Pereira Leão	amigos do pedal trailagares	Senior Feminino	04:35:40	+02:06:56	09:51
347	1161	JOÃO ALEIXO	individual	Senior Masculino	04:36:27	+02:07:43	09:52
348	1157	Hugo Pacheco	individual	Senior Masculino	04:37:37	+02:08:54	09:55

TRAIL LONGO - STAGE 1

28 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
349	1174	Paulo Alexandre de Almeida Soares	individual	Senior Masculino	04:38:15	+02:09:32	09:56
350	1309	Ana Barroso	no tomorrow running team	Veterana F40	04:39:02	+02:10:19	09:58
351	1099	Márcio Silva	feel free health club	Senior Masculino	04:40:32	+02:11:49	10:01
352	1215	Artur Fonseca	individual	Veterano M40	04:42:24	+02:13:40	10:05
353	1104	Paula Matos	fire runners	Veterana F40	04:42:49	+02:14:06	10:06
354	1349	PAULO FERREIRA	portocargo	Veterano M45	04:43:00	+02:14:17	10:06
355	1440	Dinis martins	virithvs runners viseu	Veterano M45	04:43:06	+02:14:23	10:07
356	1100	Ricardo Oliveira	feel free health club	Senior Masculino	04:43:15	+02:14:32	10:07
357	1362	Miguel Coelho	pupilos do zé tó	Veterano M45	04:43:33	+02:14:50	10:08
358	1358	João Carvalho	pupilos do zé tó	Veterano M45	04:43:33	+02:14:50	10:08
359	1123	Aida Linhares	glt-armazem do caffe	Veterana F45	04:47:04	+02:18:21	10:15
360	1026	Xavier Brites	aztrail mercentro	Sub 23 Masculino	04:48:36	+02:19:53	10:18
361	1007	Cesar Alves	afis/ovar	Veterano M40	04:49:42	+02:20:58	10:21
362	1137	Sara Brandão	individual	Senior Feminino	04:49:43	+02:21:00	10:21
363	1027	Lindolfo Sol	aztrail mercentro	Veterano M40	04:51:00	+02:22:17	10:24
364	1437	José Dias	virithvs runners viseu	Veterano M40	04:51:43	+02:23:00	10:25
365	1441	Dinis Pereira	virithvs runners viseu	Veterano M45	04:51:43	+02:23:00	10:25
366	1217	Eduardo Lima Santos	individual	Veterano M40	04:52:09	+02:23:26	10:26
367	1131	Anabela Silva	individual	Senior Feminino	04:52:09	+02:23:26	10:26
368	1364	Artur Luís dos Santos Teixeira Moreira	pupis adventure sports team	Veterano M50	04:53:04	+02:24:21	10:28
369	1363	Oriana Moreira	pupis adventure sports team	Senior Feminino	04:53:05	+02:24:21	10:28
370	1202	Diana Cancela	individual	Veterana F40	04:53:30	+02:24:47	10:29
371	1138	Sílvia Vieira	individual	Senior Feminino	04:54:39	+02:25:56	10:31
372	1246	Xavier Santos	individual	Veterano M40	04:54:40	+02:25:57	10:31
373	1208	Rosa Vaz	individual	Veterana F45	04:54:40	+02:25:57	10:31
374	1156	Hugo Oliveira	individual	Senior Masculino	04:58:00	+02:29:17	10:39
375	1389	Sérgio Rodrigues	sérgio	Senior Masculino	04:58:00	+02:29:17	10:39
376	1350	Vera Nogueira	pupilos do zé tó	Senior Feminino	05:06:23	+02:37:40	10:57
377	1255	José Alberto Dias Maritns	individual	Veterano M45	05:15:15	+02:46:32	11:16
378	1110	MONICA SILVA	ginasio fit4fun	Senior Feminino	05:20:33	+02:51:50	11:27
379	1111	ADRIANO	ginasio fit4fun	Senior Masculino	05:20:34	+02:51:50	11:27
380	1311	Sara Grilo	núcleo scp de portel	Senior Feminino	05:29:11	+03:00:28	11:45
381	1317	Henrique Manuel Pereira Da Silva Leite	os caminhantes	Veterano M40	05:29:11	+03:00:28	11:45
382	1211	Angela Pinto	individual	Veterana F50	05:30:17	+03:01:34	11:48
383	1061	Claudia vilarinho	clube amador de mirandela	Senior Feminino	06:20:55	+03:52:12	13:36

Trail Longo

28 KM

LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION

LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION - LAP250 - TIMING SOLUTION

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	09:00	4°C	86%
End	15:21	10.5°C	66%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	1430	Catarina Fernandes	Viriathvs Runners Viseu	Senior Feminino	02:55:55	+27:11	06:17
2	1314	Daniela Russo	Oralklass-Amigos do Trail	Senior Feminino	02:59:33	+30:49	06:25
3	1390	RAQUEL CAMPOS	Shots International Runners	Senior Feminino	03:07:58	+39:14	06:43
4	1084	Liliana Ribeiro	Crossfit Feira	Senior Feminino	03:21:03	+52:20	07:11
5	1130	Ana Maria Silva	Fire runners	Senior Feminino	03:39:11	+01:10:28	07:50
6	1328	Sara Meira	Padela Natural Team - Fisiofreixo	Senior Feminino	03:39:25	+01:10:42	07:50
7	1135	LUCIA LOURENÇO	Individual	Senior Feminino	03:43:48	+01:15:05	08:00
8	1132	Andreia Amorim	Individual	Senior Feminino	03:43:49	+01:15:05	08:00
9	1035	Inês Peixoto	Benfica em Forma	Senior Feminino	03:43:51	+01:15:08	08:00
10	1408	Felicia Fernandes	Trail Bela Bela	Senior Feminino	03:44:06	+01:15:23	08:00
11	1139	Solange Sousa	Individual	Senior Feminino	03:44:11	+01:15:28	08:00
12	1077	Márcia Pinho	CMMC Vale de Cambra	Senior Feminino	03:44:19	+01:15:36	08:01
13	1422	Patrícia Rodrigues	TROLLS	Senior Feminino	03:46:40	+01:17:57	08:06
14	1109	Marisa Santos	Ginasio Fit4Fun	Senior Feminino	03:50:41	+01:21:58	08:14
15	1431	Catarina Regalo	Viriathvs Runners Viseu	Senior Feminino	03:53:36	+01:24:53	08:21
16	2697	Dulce Santos Lopes	TROLLS	Senior Feminino	03:54:02	+01:25:19	08:22
17	1108	CARINA PINHO	Ginasio Fit4Fun	Senior Feminino	03:55:46	+01:27:02	08:25
18	1421	Andréia Parreiras	TROLLS	Senior Feminino	03:57:06	+01:28:22	08:28
19	1313	Xana Quintaneiro	Núcleo SCP de Portel	Senior Feminino	03:57:36	+01:28:52	08:29
20	1312	Sónia Serra	Núcleo SCP de Portel	Senior Feminino	03:57:36	+01:28:53	08:29
21	1074	Sandra Santos	CMF	Senior Feminino	04:00:04	+01:31:21	08:34
22	1041	Eduarda pinto	Brabus Runners	Senior Feminino	04:00:06	+01:31:23	08:35
23	1082	Luana Fernandes	CORRER VISEU	Senior Feminino	04:00:09	+01:31:25	08:35
24	1433	Vera Silva	Viriathvs Runners Viseu	Senior Feminino	04:00:11	+01:31:27	08:35
25	1133	Daniela Silva	Individual	Senior Feminino	04:11:42	+01:42:59	08:59
26	1307	Mafalda Valente	Never Give Up	Senior Feminino	04:14:18	+01:45:35	09:05
27	1140	Zélia Carina Monteiro Pereira	Individual	Senior Feminino	04:15:04	+01:46:21	09:07
28	1432	Vania Amaral	Viriathvs Runners Viseu	Senior Feminino	04:18:15	+01:49:31	09:13
29	1062	Sandra Patrícia Pereira Monteiro	Clube de Montanha Alto trilho - Javalis	Senior Feminino	04:19:55	+01:51:12	09:17
30	1126	SUSANA PINTO	HSantaMariaRT	Senior Feminino	04:33:20	+02:04:36	09:46
31	1011	Maria José Pereira Leão	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	04:35:40	+02:06:56	09:51
32	1137	Sara Brandão	Individual	Senior Feminino	04:49:43	+02:21:00	10:21
33	1131	Anabela Silva	Individual	Senior Feminino	04:52:09	+02:23:26	10:26
34	1363	Oriana Moreira	Pupis Adventure Sports Team	Senior Feminino	04:53:05	+02:24:21	10:28
35	1138	Sílvia Vieira	Individual	Senior Feminino	04:54:39	+02:25:56	10:31
36	1350	Vera Nogueira	Pupilos do Zé Tó	Senior Feminino	05:06:23	+02:37:40	10:57
37	1110	MONICA SILVA	Ginasio Fit4Fun	Senior Feminino	05:20:33	+02:51:50	11:27
38	1311	Sara Grilo	Núcleo SCP de Portel	Senior Feminino	05:29:11	+03:00:28	11:45

Official Timekeeper: Lap2Go	1 / 10	generate 10-Jan-2018 09:57
-----------------------------	--------	----------------------------

Trail Longo

28 KM



OFFICIAL RESULT

39 1061 Claudia vilarinho CLUBE AMADOR DE MIRANDELA Senior Feminino 06:20:55 +03:52:12 13:36

Senior Masculino

1	1165	Márcio Castro	ADRAP	Senior Masculino	02:28:43	05:19
2	1093	CARLOS FERREIRA	Dr. Merino/4moove	Senior Masculino	02:30:13	+01:30 05:22
3	1176	paulo pinto	Individual	Senior Masculino	02:32:00	+03:17 05:26
4	1448	José Ferreira	Viseu 360	Senior Masculino	02:36:58	+08:15 05:36
5	1022	Pedro Rocha	AZTrail Mercentro	Senior Masculino	02:40:38	+11:55 05:44
6	1090	Tiago Aragão	CTAD - Trilhos de Cinfães	Senior Masculino	02:40:43	+12:00 05:44
7	1429	Nelson Teixeira	Tua Saúde	Senior Masculino	02:40:58	+12:15 05:45
8	1003	Helder Rodrigues	ACRD/PSP Viseu Runners	Senior Masculino	02:48:04	+19:21 06:00
9	1089	Luís Silva	CTAD - Trilhos de Cinfães	Senior Masculino	02:49:52	+21:09 06:04
10	1450	Pedro Osório	Viseu 360	Senior Masculino	02:50:06	+21:23 06:05
11	1315	Francisco Figueiredo	Oralklass-Amigos do Trail	Senior Masculino	02:50:44	+22:01 06:06
12	1063	Alexandre Manuel Teixeira Santos	Clube de Montanha Alto trilho - Javalis	Senior Masculino	02:51:12	+22:28 06:07
13	1064	Marco Paulo Rodrigues Pereira da Silva	Clube de Montanha Alto trilho - Javalis	Senior Masculino	02:51:12	+22:29 06:07
14	1411	Carlos Coelho	TRAIL ME	Senior Masculino	02:51:18	+22:35 06:07
15	1042	Marco André de Sousa Pinto	Brabus Runners	Senior Masculino	02:51:45	+23:02 06:08
16	1337	Filipe Saraiva Fernandes	Palmeira Runners	Senior Masculino	02:52:22	+23:39 06:09
17	1372	Daniel Fonseca	Runners do Demo	Senior Masculino	02:52:27	+23:43 06:10
18	1171	Nuno Oliveira	Individual	Senior Masculino	02:53:23	+24:40 06:12
19	1168	Nuno Guimarães	Individual	Senior Masculino	02:53:58	+25:15 06:13
20	1193	Toni Leitão	Runners do Demo	Senior Masculino	02:54:55	+26:12 06:15
21	1436	Rudolfo Marques	Viriathvs Runners Viseu	Senior Masculino	02:55:27	+26:44 06:16
22	1393	JOEL ARAUJO	Shots International Runners	Senior Masculino	02:56:18	+27:34 06:18
23	1184	Ricardo Sousa	Individual	Senior Masculino	02:56:31	+27:48 06:18
24	1417	Sergio Rodrigues	Trinca Orelhas de Gato	Senior Masculino	02:56:56	+28:13 06:19
25	1141	Alcides Barbosa	Individual	Senior Masculino	02:57:19	+28:35 06:20
26	1180	Ricardo Pereira	Individual	Senior Masculino	02:58:03	+29:20 06:22
27	1462	Pedro Sa	Individual	Senior Masculino	02:59:17	+30:34 06:24
28	1416	João Oliveira	Trinca Orelhas de Gato	Senior Masculino	03:00:52	+32:08 06:28
29	1043	Ricardo Sampaio	Brabus Runners	Senior Masculino	03:02:18	+33:35 06:31
30	1166	Márcio FONSECA	Individual	Senior Masculino	03:06:21	+37:37 06:39
31	1434	Marco Silva	Viriathvs Runners Viseu	Senior Masculino	03:07:21	+38:38 06:41
32	1080	Ricardo Salgueiro	COA - Clube de Orientação e Aventura	Senior Masculino	03:07:36	+38:53 06:42
33	1185	Rui André Martins	Individual	Senior Masculino	03:07:47	+39:03 06:42
34	1399	Fernando Correia	Sportarc.Running	Senior Masculino	03:07:55	+39:11 06:43
35	1385	José Armando Duarte do Rosário	SC Santacruzense	Senior Masculino	03:08:05	+39:22 06:43
36	1373	Luís Manuel de Almeida Pedro	Runners do Demo	Senior Masculino	03:08:52	+40:09 06:45
37	1426	Valter Barreirinhas	TROLLS	Senior Masculino	03:09:26	+40:43 06:46
38	32	Bruno Loureiro	Dr. Merino/4moove	Senior Masculino	03:10:28	+41:45 06:48
39	1186	Rui LOBO	Individual	Senior Masculino	03:10:29	+41:46 06:48

Trail Longo

28 KM

R

REVISED

[illegible]

OFFICIAL RESULT

[illegible]

40	1144	António Ferreira	Individual	Senior Masculino	03:11:49	+43:06	06:51
41	1006	Bruno Pereira	ADECA ASSOCIAÇÃO DESPORTIVA DE CASTELÕES	Senior Masculino	03:13:19	+44:36	06:54
42	1290	RUI FIGUEIREDO	Juventude Cortegacense	Senior Masculino	03:15:50	+47:07	07:00
43	1410	Bruno Cardoso	Trail Bela Bela	Senior Masculino	03:16:19	+47:36	07:01
44	1424	Cristóvão Ginja	TROLLS	Senior Masculino	03:16:37	+47:54	07:01
45	1415	Carlos Silva	Trinca Orelhas de Gato	Senior Masculino	03:16:57	+48:14	07:02
46	1177	Paulo Santos	Individual	Senior Masculino	03:17:38	+48:54	07:04
47	1386	Filipe Daniel Cardoso Almeida	Sekapipas	Senior Masculino	03:18:19	+49:36	07:05
48	1384	Daniel Martins Pereira	SC Santacruzense	Senior Masculino	03:18:58	+50:15	07:06
49	1162	Jorge Oliveira	Individual	Senior Masculino	03:20:18	+51:35	07:09
50	42	Antonio Neves	Individual	Senior Masculino	03:20:43	+52:00	07:10
51	1163	Luis Filipe Rodrigues Azevedo	Individual	Senior Masculino	03:20:53	+52:10	07:10
52	1365	Ricardo Reis	REMAX Spirit-Market	Senior Masculino	03:22:27	+53:44	07:14
53	1318	Romeu Rocha	OS FALTA DAR	Senior Masculino	03:22:28	+53:44	07:14
54	1423	Cristiano Ginja	TROLLS	Senior Masculino	03:22:50	+54:06	07:15
55	1148	Bruno Rafael	Individual	Senior Masculino	03:24:45	+56:01	07:19
56	1147	Bruno Loureiro	Individual	Senior Masculino	03:24:53	+56:10	07:19
57	1019	Ricardo Magalhães	As Belas e Eles	Senior Masculino	03:25:28	+56:44	07:20
58	1192	Tiago Miguel rodrigues capela	CLUBE AMADOR DE MIRANDELA	Senior Masculino	03:26:56	+58:13	07:23
59	1340	António Manuel Martins	Pé na Rota...	Senior Masculino	03:27:15	+58:32	07:24
60	1023	Renato Costa	AZTrail Mercentro	Senior Masculino	03:28:30	+59:47	07:27
61	1155	HUGO FARDILHA	Individual	Senior Masculino	03:28:34	+59:51	07:27
62	1066	Rogério Nicole Ferreira Soares	Clube de Montanha Alto trilho - Javalis	Senior Masculino	03:28:41	+59:58	07:27
63	1418	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	03:29:25	+01:00:42	07:29
64	1160	Jacinto Sousa	Individual	Senior Masculino	03:29:54	+01:01:11	07:30
65	1394	MARIO OLIVEIRA	Shots International Runners	Senior Masculino	03:30:23	+01:01:39	07:31
66	1396	PEDRO NOGUEIRA	Shots International Runners	Senior Masculino	03:30:23	+01:01:40	07:31
67	1342	Avelino Sá	Piscinas Municipais de SMF	Senior Masculino	03:30:24	+01:01:41	07:31
68	1454	Helder Ferreira	Piscinas Municipais de SMF	Senior Masculino	03:30:24	+01:01:41	07:31
69	1149	Bruno Ricardo Gomes de Pinho	Individual	Senior Masculino	03:31:07	+01:02:23	07:32
70	1065	Ricardo Jorge Carvalho Ferreira	Clube de Montanha Alto trilho - Javalis	Senior Masculino	03:31:08	+01:02:25	07:32
71	1159	Jacinto Manuel Rodrigues Oliveira	Individual	Senior Masculino	03:32:19	+01:03:35	07:35
72	1447	Angelo Lourenço	Viseu 360	Senior Masculino	03:32:29	+01:03:46	07:35
73	1288	Alexandre Brandão Andrade Leite	Juventude Cortegacense	Senior Masculino	03:33:57	+01:05:14	07:38
74	1107	Jose Cruz	GalhardosRunners	Senior Masculino	03:34:05	+01:05:21	07:39
75	1351	Daniel Costa	Pupilos do Zé Tó	Senior Masculino	03:34:08	+01:05:24	07:39
76	1124	Carlos Castanheira	Habcarpintaria	Senior Masculino	03:34:37	+01:05:53	07:40
77	1129	HUGO RIBEIRO	Hugo	Senior Masculino	03:34:54	+01:06:11	07:41
78	1173	Nuno Sá	Individual	Senior Masculino	03:35:01	+01:06:17	07:41
79	1378	Paulo Reis	Running Esmoriz	Senior Masculino	03:36:39	+01:07:55	07:44
80	1461	João Figueiredo	Individual	Senior Masculino	03:38:46	+01:10:03	07:49
81	1329	João Sobreiro	Padela Natural Team - Fisiofreixo	Senior Masculino	03:39:25	+01:10:42	07:50
82	1395	MIGUEL SECA	Shots International Runners	Senior Masculino	03:39:59	+01:11:16	07:51
83	1038	João Pedro Lourenço Calado	BOSSRUNNERS TEAM	Senior Masculino	03:40:07	+01:11:24	07:52

Official Timekeeper: Lap2Go	3 / 10	generate 10-Jan-2018 09:57
-----------------------------	--------	----------------------------

Trail Longo

28 KM

R

REVISED

[illegible]

84	1326	Agnelo André Pinto e Silva	Ozxtreme Adcrpereira	Senior Masculino	03:40:08	+01:11:25	07:52
85	1175	Paulo borges	Individual	Senior Masculino	03:40:35	+01:11:51	07:53
86	1190	Sandro Jordão	Individual	Senior Masculino	03:42:03	+01:13:20	07:56
87	1097	Pedro Alves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:42:27	+01:13:44	07:57
88	1181	Ricardo Rodrigues	Individual	Senior Masculino	03:42:39	+01:13:56	07:57
89	1025	Vitor Martins	AZTrail Mercentro	Senior Masculino	03:42:43	+01:14:00	07:57
90	1151	Daniel Moreira	Individual	Senior Masculino	03:44:05	+01:15:21	08:00
91	1409	Andre Oliveira	Trail Bela Bela	Senior Masculino	03:44:06	+01:15:22	08:00
92	1078	João Oliveira	CMMC Vale de Cambra	Senior Masculino	03:44:18	+01:15:35	08:00
93	1371	Cristovao chaves	Runners do Demo	Senior Masculino	03:44:26	+01:15:43	08:01
94	1127	PEDRO FERNANDES	HSantaMariaRT	Senior Masculino	03:44:41	+01:15:58	08:01
95	1088	Lauro Nunes	Crossfit Runners	Senior Masculino	03:45:27	+01:16:44	08:03
96	1087	Joao Negrao	Crossfit Runners	Senior Masculino	03:45:33	+01:16:50	08:03
97	1145	Antonio Pereira	Individual	Senior Masculino	03:45:42	+01:16:59	08:04
98	1125	Rui Oliveira	Habcarpintaria	Senior Masculino	03:46:37	+01:17:53	08:06
99	1114	Rui Fernandes	Ginasio Fit4Fun	Senior Masculino	03:50:42	+01:21:58	08:14
100	1001	Nuno Neves	100meta	Senior Masculino	03:51:09	+01:22:26	08:15
101	1143	André Silva	Individual	Senior Masculino	03:53:36	+01:24:53	08:21
102	1298	Tiago Bragança	MAISFIT RUNNERS	Senior Masculino	03:53:41	+01:24:58	08:21
103	1079	Marcos Soares	CMMC Vale de Cambra	Senior Masculino	03:53:50	+01:25:07	08:21
104	1153	FERNANDO MENDES	Individual	Senior Masculino	03:56:44	+01:28:01	08:27
105	1381	Alexandre Cardoso	Saudades do Sofá Team	Senior Masculino	03:57:08	+01:28:25	08:28
106	1187	Rui Mota	Individual	Senior Masculino	03:58:38	+01:29:54	08:31
107	1435	Paulo Barreiros	Viriathvs Runners Viseu	Senior Masculino	03:58:51	+01:30:08	08:32
108	1302	Hélder Moreira	Mata elefantes	Senior Masculino	04:00:13	+01:31:30	08:35
109	1323	Nuno Miguel Vieira Teixeira	Os Flechas - C.C.R. Santa Eulália	Senior Masculino	04:00:35	+01:31:51	08:36
110	1297	Rui Mesquita	LOVE TILES	Senior Masculino	04:00:56	+01:32:13	08:36
111	1167	Miguel Ribeiro	Individual	Senior Masculino	04:01:24	+01:32:41	08:37
112	1191	Simão Matos	Individual	Senior Masculino	04:02:50	+01:34:07	08:40
113	1013	Helder Manuel Moreira Teles	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	04:03:04	+01:34:21	08:41
114	1103	Franck Ferreira	Fire runners	Senior Masculino	04:05:00	+01:36:16	08:45
115	1178	Ricardo Araujo	Individual	Senior Masculino	04:05:51	+01:37:07	08:47
116	1024	Tiago Silva	AZTrail Mercentro	Senior Masculino	04:06:24	+01:37:41	08:48
117	1142	André Ferreira	Individual	Senior Masculino	04:11:42	+01:42:59	08:59
118	1172	Nuno Rocha	Individual	Senior Masculino	04:11:55	+01:43:12	09:00
119	1382	Nuno Barros	Saudades do Sofá Team	Senior Masculino	04:12:15	+01:43:32	09:01
120	1455	Paulo Moreira	Piscinas Municipais de SMF	Senior Masculino	04:12:49	+01:44:06	09:02
121	1188	Rui Nuno da Silva Rodrigues	Fire runners	Senior Masculino	04:15:19	+01:46:35	09:07
122	1113	JOSÉ MELO	Ginasio Fit4Fun	Senior Masculino	04:16:15	+01:47:32	09:09
123	1370	André Ribeiro	Runners do Demo	Senior Masculino	04:16:20	+01:47:36	09:09
124	1152	Emanuel M Faim	Individual	Senior Masculino	04:16:36	+01:47:53	09:10
125	1453	Sérgio Marco Medeiros Tavares	Correio de Albergaria Trail e Running	Senior Masculino	04:18:38	+01:49:55	09:14
126	1325	Mário Ferreira	Ovar	Senior Masculino	04:19:03	+01:50:20	09:15
127	1057	Nuno Ferreira	CCD - SIEMENS	Senior Masculino	04:22:49	+01:54:05	09:23
128	1086	João Malta	Crossfit Feira	Senior Masculino	04:23:17	+01:54:33	09:24

Trail Longo

28 KM



OFFICIAL RESULT

129	1353	Paulo Oliveira	Pupilos do Zé Tó	Senior Masculino	04:23:23	+01:54:40	09:24
130	1101	Rui Valente	Feel Free Health Club	Senior Masculino	04:33:15	+02:04:32	09:46
131	1150	carlos fardilha	Individual	Senior Masculino	04:33:19	+02:04:36	09:46
132	1098	Márcio Pereira	Feel Free Health Club	Senior Masculino	04:33:20	+02:04:37	09:46
133	1017	Vitor Correia	ARRASTASSOLAS	Senior Masculino	04:34:31	+02:05:48	09:48
134	1161	JOÃO ALEIXO	Individual	Senior Masculino	04:36:27	+02:07:43	09:52
135	1157	Hugo Pacheco	Individual	Senior Masculino	04:37:37	+02:08:54	09:55
136	1174	Paulo Alexandre de Almeida Soares	Individual	Senior Masculino	04:38:15	+02:09:32	09:56
137	1099	Márcio Silva	Feel Free Health Club	Senior Masculino	04:40:32	+02:11:49	10:01
138	1100	Ricardo Oliveira	Feel Free Health Club	Senior Masculino	04:43:15	+02:14:32	10:07
139	1156	Hugo Oliveira	Individual	Senior Masculino	04:58:00	+02:29:17	10:39
140	1389	Sérgio Rodrigues	Sérgio	Senior Masculino	04:58:00	+02:29:17	10:39
141	1111	ADRIANO	Ginasio Fit4Fun	Senior Masculino	05:20:34	+02:51:50	11:27

Sub 23 Feminino

1	1048	Ariana Rafaela Silva Tavares	C. B. Viseu Running Team	Sub 23 Feminino	03:35:09	+01:06:25	07:41
2	1049	Oriana Tavares Marques	C. B. Viseu Running Team	Sub 23 Feminino	03:35:15	+01:06:32	07:41
3	1194	gabriela monteiro fonseca	Individual	Sub 23 Feminino	04:22:00	+01:53:17	09:21

Sub 23 Masculino

1	1009	Rui Araújo	ÁGUIAS DE ALVELOS	Sub 23 Masculino	02:47:13	+18:30	05:58
2	1374	Ricardo Gonçalves	Runners do Demo	Sub 23 Masculino	03:08:06	+39:22	06:43
3	1197	Tiago Costa	Individual	Sub 23 Masculino	03:10:50	+42:06	06:49
4	1039	Fernando Manuel Ferreira dos Santos	BOSSRUNNERS TEAM	Sub 23 Masculino	03:15:59	+47:15	07:00
5	1196	Pedro silva	Individual	Sub 23 Masculino	03:24:17	+55:34	07:18
6	1195	Feranando Pereira Mendes	Individual	Sub 23 Masculino	03:42:00	+01:13:17	07:56
7	1026	Xavier Brites	AZTrail Mercentro	Sub 23 Masculino	04:48:36	+02:19:53	10:18

Veterana F40

1	1203	Lucia Costa	Individual	Veterana F40	03:27:51	+59:08	07:25
2	1205	Susana Andrade	JOBRA	Veterana F40	03:36:10	+01:07:26	07:43
3	2693	Alexandra Padilha	Trinca Orelhas de Gato	Veterana F40	03:47:50	+01:19:06	08:08
4	1201	Célia Sousa	Individual	Veterana F40	03:48:05	+01:19:22	08:09
5	1073	Susana Gabriela Costa Pinto da Neta	Clube Zupper	Veterana F40	03:50:56	+01:22:12	08:15
6	1115	SILVIA VILAR	Ginasio Fit4Fun	Veterana F40	03:55:45	+01:27:02	08:25
7	1291	Marcia Costa	Juventude Cortegacense	Veterana F40	04:09:40	+01:40:57	08:55
8	1204	Sandra Manuela Costa	Individual	Veterana F40	04:16:26	+01:47:43	09:10
9	1198	Andreia Costa	Individual	Veterana F40	04:19:05	+01:50:21	09:15
10	1200	Carla Sofia Santos	Individual	Veterana F40	04:26:56	+01:58:13	09:32
11	1309	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	04:39:02	+02:10:19	09:58
12	1104	Paula Matos	Fire runners	Veterana F40	04:42:49	+02:14:06	10:06

Trail Longo

28 KM



OFFICIAL RESULT

13	1202	Diana Cancela	Individual	Veterana F40	04:53:30	+02:24:47	10:29
----	------	---------------	------------	--------------	----------	-----------	-------

Veterana F45

1	1347	MANUELA FARIA	PORTOCARGO	Veterana F45	03:39:25	+01:10:42	07:50
2	1209	TRINIDAD PRIETO GONZALEZ	Individual	Veterana F45	03:57:37	+01:28:53	08:29
3	1116	CLAUDIA PISSARRA	Ginasio Fit4Fun	Veterana F45	04:09:57	+01:41:14	08:56
4	1428	Benilde Santos	TROLLS	Veterana F45	04:10:40	+01:41:57	08:57
5	1207	Catarina Teixeira	Individual	Veterana F45	04:17:08	+01:48:25	09:11
6	1050	Raquel Mendes	C. B. Viseu Running Team	Veterana F45	04:18:14	+01:49:31	09:13
7	1294	Célia Cristina Dias Valente Pereira	K2 Btt Adventure Team	Veterana F45	04:20:05	+01:51:22	09:17
8	1123	Aida Linhares	Gtt-Armazem do Caffe	Veterana F45	04:47:04	+02:18:21	10:15
9	1208	Rosa Vaz	Individual	Veterana F45	04:54:40	+02:25:57	10:31

Veterana F50

1	1214	Maria Gerardo	Individual	Veterana F50	03:38:28	+01:09:45	07:48
2	1117	CONCEIÇÃO FERREIRA	Ginasio Fit4Fun	Veterana F50	03:42:57	+01:14:13	07:58
3	1059	Ana Paula Santos	CCRD Burinhosa	Veterana F50	03:55:29	+01:26:46	08:25
4	1211	Angela Pinto	Individual	Veterana F50	05:30:17	+03:01:34	11:48

Veterano M40

1	1220	Frank Fritsche	Individual	Veterano M40	02:48:41	+19:58	06:01
2	1091	Paulo César Ferreira	CTAD - Trilhos de Cinfães	Veterano M40	02:52:21	+23:38	06:09
3	1020	Carlos Fernandes	As Belas e Eles	Veterano M40	02:52:24	+23:41	06:09
4	1005	Ricardo Oliveira	ACRD/PSP Viseu Runners	Veterano M40	02:52:39	+23:56	06:10
5	1053	Fernando Coelho	Caracóis do Monte	Veterano M40	02:57:32	+28:49	06:20
6	1016	Antonio fernandes	AMIGOS DO TRAIL	Veterano M40	02:59:04	+30:21	06:24
7	1375	Augusto Manuel Rua Trindade	Runners do Demo	Veterano M40	02:59:14	+30:31	06:24
8	1368	Pedro Pinto	REMAX Spirit-Market	Veterano M40	03:00:15	+31:32	06:26
9	1320	Marco Botelho	OS FALTA DAR	Veterano M40	03:02:31	+33:48	06:31
10	1232	Óscar Magolo	Individual	Veterano M40	03:04:16	+35:33	06:35
11	1068	Vitor Ferreira	Clube de Montanha Alto trilho - Javalis	Veterano M40	03:04:40	+35:57	06:36
12	1235	Paulo Nunes Freire	Individual	Veterano M40	03:05:02	+36:19	06:37
13	1316	José costa	Oralklass-Amigos do Trail	Veterano M40	03:07:20	+38:37	06:41
14	1004	João Valerio	ACRD/PSP Viseu Runners	Veterano M40	03:07:40	+38:57	06:42
15	1376	Moisés Rodrigues	Runners do Demo	Veterano M40	03:07:42	+38:59	06:42
16	1106	Francisco Oliveira	GAJARUNNING	Veterano M40	03:07:57	+39:14	06:43
17	1296	Delfim António Ferreira Nunes	KeMedo Team	Veterano M40	03:08:54	+40:11	06:45
18	1102	Cesar sousa	Fiaes running	Veterano M40	03:10:33	+41:50	06:48
19	1419	Sergio Gomes	Trinca Orelhas de Gato	Veterano M40	03:14:36	+45:52	06:57
20	1224	José Manuel da Silva Soares	Individual	Veterano M40	03:19:51	+51:08	07:08

Trail Longo

28 KM

R

REVISED

OFFICIAL RESULT

21	1334	Hugo Casal	Padela Natural Team - Fisiofreixo	Veterano M40	03:20:16	+51:33	07:09
22	1367	José Loureiro	REMAX Spirit-Market	Veterano M40	03:22:27	+53:44	07:14
23	1233	Patricio Marques Afonso	Individual	Veterano M40	03:23:20	+54:37	07:16
24	1292	Joao Oliveira	Juventude Cortegacense	Veterano M40	03:26:23	+57:40	07:22
25	1245	sérgio oliveira	Individual	Veterano M40	03:28:36	+59:53	07:27
26	1420	Victor Cardoso	Trinca Orelhas de Gato	Veterano M40	03:29:26	+01:00:43	07:29
27	1008	Joao Ferreira	AFIS/OVAR	Veterano M40	03:31:11	+01:02:28	07:33
28	1219	Fernando Jorge	Individual	Veterano M40	03:31:15	+01:02:32	07:33
29	1028	Mario Fonseca	AZTrail Mercentro	Veterano M40	03:32:15	+01:03:32	07:35
30	1355	Pedro Pinho	Pupilos do Zé Tó	Veterano M40	03:34:08	+01:05:24	07:39
31	1234	Paulo Carvalho	Individual	Veterano M40	03:37:20	+01:08:37	07:46
32	1118	ANGELO PINHO	Ginasio Fit4Fun	Veterano M40	03:37:37	+01:08:54	07:46
33	1305	Armando Rocha	Movol	Veterano M40	03:38:47	+01:10:04	07:49
34	1452	João Cardoso	Piscinas Municipais de SMF	Veterano M40	03:39:04	+01:10:20	07:49
35	1348	MARCO OLIVEIRA	PORTOCARGO	Veterano M40	03:39:25	+01:10:42	07:50
36	1226	Luis Ribeiro	Individual	Veterano M40	03:39:25	+01:10:42	07:50
37	1306	José Carlos Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:40:27	+01:11:44	07:52
38	1397	NELSON SILVA	Shots International Runners	Veterano M40	03:40:32	+01:11:49	07:53
39	1010	Rui Tavares	Alive Runners	Veterano M40	03:41:45	+01:13:02	07:55
40	93	paulo jorge da silva pinto	out 2 run/Miro	Veterano M40	03:43:55	+01:15:11	08:00
41	1040	Carlos Miguel Jesus Leitão	BOSSRUNNERS TEAM	Veterano M40	03:44:10	+01:15:27	08:00
42	1400	Rubens Brandão Soares	Sportarc.Running	Veterano M40	03:45:10	+01:16:27	08:03
43	1036	Luis Nunes	Benfica em Forma	Veterano M40	03:45:25	+01:16:41	08:03
44	1094	Filipe Escobar	EI Team Trail	Veterano M40	03:46:01	+01:17:18	08:04
45	1218	Eliseu leite	Individual	Veterano M40	03:48:46	+01:20:03	08:10
46	1236	Paulo Vaz	Individual	Veterano M40	03:51:10	+01:22:27	08:15
47	1299	José Pirata	MAISFIT RUNNERS	Veterano M40	03:53:42	+01:24:59	08:21
48	1060	HELDER S G PINTO	CCRD Burinhosa	Veterano M40	03:55:28	+01:26:45	08:25
49	1227	Manuel Antonio Bastos Migueis	Individual	Veterano M40	03:55:34	+01:26:51	08:25
50	1451	Paulo Lopes	Viseu 360	Veterano M40	03:55:42	+01:26:59	08:25
51	1216	Carlos Praça	Individual	Veterano M40	03:56:44	+01:28:00	08:27
52	1223	Jorge Nunes	Individual	Veterano M40	03:56:44	+01:28:01	08:27
53	1225	Luís Maltez	Individual	Veterano M40	03:58:38	+01:29:54	08:31
54	1229	MARCO COUTO	Individual	Veterano M40	04:00:04	+01:31:21	08:34
55	1231	Miguel Santos	Individual	Veterano M40	04:00:09	+01:31:25	08:35
56	1439	Miguel Batista	Viriathvs Runners Viseu	Veterano M40	04:03:06	+01:34:23	08:41
57	1380	Jose Antonio Silva	RUNNING ESPINHO	Veterano M40	04:03:07	+01:34:24	08:41
58	1404	Nuno Costa	Sucupira F.c	Veterano M40	04:05:04	+01:36:21	08:45
59	1403	Hélder Monteiro	Sucupira F.c	Veterano M40	04:07:42	+01:38:59	08:51
60	1056	Francisco Rebelo	CBrunningTeam	Veterano M40	04:08:15	+01:39:32	08:52
61	1319	Jorge Guerra	OS FALTA DAR	Veterano M40	04:09:40	+01:40:56	08:55
62	1239	Pedro Manuel de Oliveira Pais	Individual	Veterano M40	04:10:16	+01:41:33	08:56
63	1354	Jorge Costa	Pupilos do Zé Tó	Veterano M40	04:10:53	+01:42:09	08:58
64	1407	JOAQUIM FIGUEIRA	Team 33	Veterano M40	04:11:19	+01:42:36	08:59
65	1338	Pedro Ferreira e Santos	Pari Passu	Veterano M40	04:11:24	+01:42:41	08:59
66	1356	Rui Pedro Portugal	Pupilos do Zé Tó	Veterano M40	04:12:14	+01:43:31	09:01

Official Timekeeper: Lap2Go	7 / 10	generate 10-Jan-2018 09:57
-----------------------------	--------	----------------------------

Trail Longo

28 KM

R

REVISED

[illegible]

OFFICIAL RESULT

[illegible]

67	1083	Manuel Jacinto	CORRER VISEU	Veterano M40	04:16:26	+01:47:43	09:10
68	1067	Nuno Alexandre Carvalho Oliveira	Clube de Montanha Alto trilho - Javalis	Veterano M40	04:19:55	+01:51:12	09:17
69	1029	Pedro Costa	AZTrail Mercentro	Veterano M40	04:21:00	+01:52:16	09:19
70	1240	Pedro Santos	Individual	Veterano M40	04:21:05	+01:52:22	09:19
71	1321	Rui Teixeira	OS FALTA DAR	Veterano M40	04:23:30	+01:54:47	09:25
72	1405	Sérgio Cunha	Sucupira F.c	Veterano M40	04:23:54	+01:55:11	09:26
73	1402	Helder Castro	Sucupira F.c	Veterano M40	04:23:55	+01:55:11	09:26
74	1243	Ricardo Sérgio Godinho	Individual	Veterano M40	04:24:58	+01:56:15	09:28
75	1230	Miguel Nuno Pinheiro Quaresma	Individual	Veterano M40	04:25:55	+01:57:12	09:30
76	1222	Henrique Bruno Santos	Individual	Veterano M40	04:26:55	+01:58:12	09:32
77	1308	Rui Moreira	Never Give Up	Veterano M40	04:33:42	+02:04:59	09:47
78	1215	Artur Fonseca	Individual	Veterano M40	04:42:24	+02:13:40	10:05
79	1007	Cesar Alves	AFIS/OVAR	Veterano M40	04:49:42	+02:20:58	10:21
80	1027	Lindolfo Sol	AZTrail Mercentro	Veterano M40	04:51:00	+02:22:17	10:24
81	1437	José Dias	Viriathvs Runners Viseu	Veterano M40	04:51:43	+02:23:00	10:25
82	1217	Eduardo Lima Santos	Individual	Veterano M40	04:52:09	+02:23:26	10:26
83	1246	Xavier Santos	Individual	Veterano M40	04:54:40	+02:25:57	10:31
84	1317	Henrique Manuel Pereira Da Silva Leite	Os caminhantes	Veterano M40	05:29:11	+03:00:28	11:45

Veterano M45

1	1075	Renato Silva	CMF	Veterano M45	02:33:13	+04:30	05:28
2	1047	Filipe Fontes	C A L	Veterano M45	02:58:03	+29:20	06:22
3	1293	Ernesto Marques Alves	Juventude Cortegacense	Veterano M45	03:01:07	+32:24	06:28
4	1259	Miguel Sá	Individual	Veterano M45	03:04:03	+35:20	06:34
5	1442	Jorge Correia	Viriathvs Runners Viseu	Veterano M45	03:05:22	+36:39	06:37
6	1387	Alcino Gouveia	Sentir Escariz	Veterano M45	03:07:16	+38:33	06:41
7	1257	Luis Artur Gonçalves	Individual	Veterano M45	03:09:18	+40:35	06:46
8	16	Jorge Brites	AZTrail Mercentro	Veterano M45	03:11:57	+43:14	06:51
9	1096	Paulo Jorge Gomes Santos	escapões acrd	Veterano M45	03:13:38	+44:54	06:55
10	1092	jose lopes	DiVe Into the Mountains	Veterano M45	03:18:05	+49:22	07:04
11	1262	Ricardo Pimenta	Individual	Veterano M45	03:19:49	+51:06	07:08
12	1258	Luis Carlos Campos Lobo	Individual	Veterano M45	03:20:16	+51:33	07:09
13	1413	Miguel Araújo	TRAIL ME	Veterano M45	03:24:09	+55:26	07:17
14	1388	José Oliveira	Sentir Escariz	Veterano M45	03:26:00	+57:17	07:21
15	1254	João Ribeiro	Individual	Veterano M45	03:26:23	+57:40	07:22
16	1301	Francisco Cerqueira	MARATONISTAS DO MINHO	Veterano M45	03:26:51	+58:07	07:23
17	1256	jose domingos duarte nogueira	Individual	Veterano M45	03:27:55	+59:12	07:26
18	1359	José Rodrigues	Pupilos do Zé Tó	Veterano M45	03:34:07	+01:05:24	07:39
19	1322	Joaquim Neto	OS FALTA DAR	Veterano M45	03:36:11	+01:07:27	07:43
20	1360	Luis Ferreira	Pupilos do Zé Tó	Veterano M45	03:36:57	+01:08:14	07:45
21	1058	Adelino Silva	CCD - SIEMENS	Veterano M45	03:39:41	+01:10:58	07:51
22	1303	Alcídio Moreira	Mata elefantes	Veterano M45	03:41:51	+01:13:08	07:55
23	1253	Fernando Pinheiro Mendes	Individual	Veterano M45	03:42:01	+01:13:18	07:56
24	1341	Luis Miguel Almeida	Pé na Rota...	Veterano M45	03:44:19	+01:15:35	08:01

Official Timekeeper: Lap2Go	8 / 10	generate 10-Jan-2018 09:57
-----------------------------	--------	----------------------------

Trail Longo

28 KM

R

REVISED

[illegible]

OFFICIAL RESULT

[illegible]

25	1128	PAULO FREITAS	HSantaMariaRT	Veterano M45	03:44:41	+01:15:58	08:01
26	1264	Rui Fernandes	Individual	Veterano M45	03:48:33	+01:19:49	08:10
27	1260	Paolo Giacosa	Individual	Veterano M45	03:49:56	+01:21:13	08:13
28	1295	Rui Serafim Valente Santos	K2 Btt Adventure Team	Veterano M45	03:49:56	+01:21:13	08:13
29	1361	Manuel Coelho	Pupilos do Zé Tó	Veterano M45	03:51:58	+01:23:14	08:17
30	1300	José Pinto	MAISFIT RUNNERS	Veterano M45	03:53:41	+01:24:58	08:21
31	1458	Rui Rodrigues	Viriathvs Runners Viseu	Veterano M45	03:53:56	+01:25:12	08:21
32	1069	Hélder José Espírito Santo Saraiva Massano	Clube de Montanha Alto trilho - Javalis	Veterano M45	03:54:31	+01:25:48	08:23
33	1335	Jorge Malheiro	Padela Natural Team - Fisiofreixo	Veterano M45	03:55:34	+01:26:50	08:25
34	1095	Ricardo R. Pereira	ENDURE endurance sports	Veterano M45	03:56:02	+01:27:18	08:26
35	1336	Vitor Santos	Padela Natural Team - Fisiofreixo	Veterano M45	03:56:43	+01:27:59	08:27
36	1055	ANTONIO NUNES	CASA DO PESSOAL DA RTP	Veterano M45	03:56:45	+01:28:01	08:27
37	1030	Antonio Pinheiro	AZTrail Mercentro	Veterano M45	03:57:06	+01:28:23	08:28
38	1261	Paulo hernani	Individual	Veterano M45	04:07:41	+01:38:58	08:51
39	1249	David Ribeiro	Individual	Veterano M45	04:09:35	+01:40:52	08:55
40	1105	Joaquim de Sousa	Fit2labor	Veterano M45	04:09:47	+01:41:04	08:55
41	1357	Bessa Leite	Pupilos do Zé Tó	Veterano M45	04:11:38	+01:42:55	08:59
42	1248	carlos pereira	Individual	Veterano M45	04:13:59	+01:45:16	09:04
43	1072	José Manuel Gonçalves Correia	Clube Portugal Telecom Zona Norte	Veterano M45	04:19:11	+01:50:28	09:15
44	1252	Fernando Ferreira	Individual	Veterano M45	04:22:15	+01:53:32	09:22
45	1383	Ricardo Ribiro	Saudades do Sofá Team	Veterano M45	04:22:48	+01:54:04	09:23
46	1263	Rogério Rocha	Individual	Veterano M45	04:24:58	+01:56:15	09:28
47	1369	Sérgio Almeida	REMAX Spirit-Market	Veterano M45	04:26:01	+01:57:18	09:30
48	1054	Luis Nogueira	Caracóis do Monte	Veterano M45	04:33:20	+02:04:36	09:46
49	1018	Pedro Carvalho	ARRASTASSOLAS	Veterano M45	04:34:32	+02:05:48	09:48
50	1349	PAULO FERREIRA	PORTOCARGO	Veterano M45	04:43:00	+02:14:17	10:06
51	1440	Dinis martins	Viriathvs Runners Viseu	Veterano M45	04:43:06	+02:14:23	10:07
52	1362	Miguel Coelho	Pupilos do Zé Tó	Veterano M45	04:43:33	+02:14:50	10:08
53	1358	João Carvalho	Pupilos do Zé Tó	Veterano M45	04:43:33	+02:14:50	10:08
54	1441	Dinis Pereira	Viriathvs Runners Viseu	Veterano M45	04:51:43	+02:23:00	10:25
55	1255	José Alberto Dias Maritns	Individual	Veterano M45	05:15:15	+02:46:32	11:16

Veterano M50

1	1281	Orlando Valente	Individual	Veterano M50	02:43:37	+14:54	05:51
2	1280	Nuno Paiva	Individual	Veterano M50	02:51:03	+22:19	06:07
3	1034	MANUEL FERREIRA	AZTrail Mercentro	Veterano M50	02:53:15	+24:32	06:11
4	1286	Sergio da costa moreira	Individual	Veterano M50	02:54:28	+25:45	06:14
5	1032	Fernando Baltazar	AZTrail Mercentro	Veterano M50	02:55:26	+26:43	06:16
6	1051	Manuel Grilo	Caldas S. Jorge Sport Clube	Veterano M50	02:59:09	+30:26	06:24
7	1278	Manuel Ferreira	Individual	Veterano M50	03:01:20	+32:37	06:29
8	1377	Luís Filipe Martinho Salvador	Runners do Demo	Veterano M50	03:10:05	+41:22	06:47
9	1273	jorge oliveira	Individual	Veterano M50	03:10:23	+41:40	06:48
10	1310	Jose Gomes	NOCTURNOS DE PAREDES	Veterano M50	03:17:05	+48:22	07:02
11	1270	HENRIQUE BORGES	Individual	Veterano M50	03:23:02	+54:19	07:15

Official Timekeeper: Lap2Go	9 / 10	generate 10-Jan-2018 09:57
-----------------------------	--------	----------------------------

Trail Longo

28 KM

R

REVISED

[illegible]

12	1277	Luís Mota	Individual	Veterano M50	03:25:37	+56:54	07:21
13	1267	Avelino Faria	Individual	Veterano M50	03:31:55	+01:03:12	07:34
14	1284	Paulo Silva	Individual	Veterano M50	03:38:46	+01:10:03	07:49
15	1119	CARLOS FERREIRA	Ginasio Fit4Fun	Veterano M50	03:42:28	+01:13:45	07:57
16	1279	Miguel Martins	Individual	Veterano M50	03:43:48	+01:15:05	08:00
17	1120	DURBALINO FERREIRA	Ginasio Fit4Fun	Veterano M50	03:44:52	+01:16:08	08:02
18	1283	paulo moreira	Individual	Veterano M50	03:52:09	+01:23:25	08:17
19	1446	João Correia	Viriathvs Runners Viseu	Veterano M50	04:00:11	+01:31:27	08:35
20	1272	Joaquim lobato	Individual	Veterano M50	04:09:47	+01:41:04	08:55
21	1339	Paulo Macedo	Pari Passu	Veterano M50	04:11:24	+01:42:41	08:59
22	1268	Baltazar Ferreira	Individual	Veterano M50	04:17:40	+01:48:57	09:12
23	1282	Paulo genesio	Individual	Veterano M50	04:18:16	+01:49:32	09:13
24	1266	antonino pereira	Individual	Veterano M50	04:22:00	+01:53:17	09:21
25	1379	José Riba	Running Esmoriz	Veterano M50	04:23:30	+01:54:46	09:25
26	1274	JOSE GOMEZ CHAN	Individual	Veterano M50	04:29:21	+02:00:38	09:37
27	1276	Justino Gonçalves	Individual	Veterano M50	04:32:48	+02:04:05	09:45
28	1364	Artur Luís dos Santos Teixeira Moreira	Pupis Adventure Sports Team	Veterano M50	04:53:04	+02:24:21	10:28

COLETIVO - TRAIL LONGO

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	CTAD - Trilhos de Cinfães	7 + 13 + 21	41
2	AZTrail Mercentro	6 + 26 + 31	63
3	Clube de Montanha Alto trilho - Javalis	17 + 18 + 54	89
4	Runners do Demo	24 + 30 + 43	97
5	ACRD/PSP Viseu Runners	11 + 25 + 62	98
6	Oralklass-Amigos do Trail	15 + 45 + 59	119
7	Viriathvs Runners Viseu	32 + 33 + 56	121
8	Viseu 360	5 + 14 + 141	160
9	Trinca Orelhas de Gato	36 + 47 + 84	167
10	Shots International Runners	34 + 67 + 130	231
11	Juventude Cortegacense	48 + 85 + 117	250
12	REMAX Spirit-Market	46 + 103 + 104	253
13	TROLLS	73 + 88 + 106	267
14	OS FALTA D'AR	51 + 105 + 153	309
15	Brabus Runners	20 + 50 + 256	326
16	Piscinas Municipais de SMF	132 + 133 + 162	427
17	Padela Natural Team - Fisiofreixo	98 + 164 + 168	430
18	Pupilos do Zé Tô	144 + 145 + 146	435
19	BOSSRUNNERS TEAM	86 + 171 + 194	451
20	Trail Bela Bela	87 + 192 + 193	472
21	Ginasio Fit4Fun	157 + 182 + 185	524
22	C. B. Viseu Running Team	150 + 151 + 304	605
23	CMMC Vale de Cambra	196 + 198 + 229	623
24	MAISFIT RUNNERS	226 + 227 + 228	681
25	PORTOCARGO	165 + 166 + 350	681
26	HSantaMariaRT	200 + 201 + 336	737
27	Fire runners	163 + 297 + 349	809
28	Saudades do Sofá Team	247 + 292 + 318	857
29	Sucupira F.c	269 + 273 + 324	866
30	Núcleo SCP de Portel	248 + 249 + 376	873
31	Feel Free Health Club	334 + 338 + 347	1019