

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	3°C	69%
End	14:44	3°C	69%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1123	RICARDO SILVA	edv-viana trail	Senior Masculino	01:53:42		04:22
2	1207	Sergio Sa	gtt - armazém do caffè	Senior Masculino	02:02:53	+09:12	04:44
3	1125	PAULO PINTO	energia ginasio	Senior Masculino	02:05:03	+11:21	04:49
4	1085	RUI ROMÃO	clube atletismo ovar	Veterano M40	02:07:36	+13:55	04:54
5	1	MANUEL FERREIRA	jobra	Veterano M50	02:08:45	+15:03	04:57
6	1335	Fernando Taborda	oralklass-amigos do trail	Veterano M40	02:09:15	+15:33	04:58
7	1205	NUNO FIGUEIREDO	gtt - amazém do caffè	Senior Masculino	02:09:34	+15:53	04:59
8	1009	Ricardo Oliveira	acrd/psp viseu runners	Veterano M40	02:09:37	+15:56	04:59
9	3117	Pedro Rocha	gondomar futsal clube	Senior Masculino	02:09:59	+16:18	05:00
10	1211	Carlos Cardoso	gtt - armazém do caffè	Veterano M40	02:10:26	+16:45	05:01
11	1290	Milton César Miranda dos Santos	individual	Senior Masculino	02:11:02	+17:20	05:02
12	1417	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	02:12:08	+18:27	05:05
13	1343	Luis Miguel Cunha	individual	Veterano M40	02:12:32	+18:51	05:06
14	1341	José Paulo Pereira Ribeiro	individual	Veterano M40	02:13:20	+19:38	05:08
15	1021	Manuel Barbosa	amigo trail run	Veterano M40	02:13:33	+19:52	05:08
16	1306	Vitor Cavadas	individual	Senior Masculino	02:14:02	+20:20	05:09
17	1471	Jorge Rodrigues	naza - núcleo de atletismo da zona da abóboda	Veterano M50	02:15:11	+21:29	05:12
18	1307	Vitor Francisco	individual	Senior Masculino	02:16:12	+22:31	05:14
19	1445	Adriano Paulo Oliveira	lusitanos	Veterano M45	02:17:39	+23:58	05:18
20	1007	João Valério	acrd/psp viseu runners	Veterano M40	02:17:45	+24:03	05:18
21	1013	Nuno Faria	adccjclark's	Senior Masculino	02:17:46	+24:05	05:18
22	1031	Jorge Gomes	arcorun	Senior Masculino	02:18:02	+24:20	05:19
23	1119	Nelson Teixeira	crocodilos / misterpc	Senior Masculino	02:18:40	+24:58	05:20
24	1025	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M45	02:18:50	+25:08	05:20
25	173	Tiago Santos	sport clube beira-mar	Senior Masculino	02:19:01	+25:20	05:21
26	1351	Paulo Azevedo	individual	Veterano M40	02:19:04	+25:22	05:21
27	1198	Emanuel Moreira da Costa	gtt - amazém do caffè	Senior Masculino	02:19:42	+26:01	05:22
28	1501	Jose Mario Cordeiro	pé na pinha	Veterano M50	02:21:18	+27:36	05:26
29	1208	TIAGO SAMPAIO	gtt - amazém do caffè	Senior Masculino	02:22:06	+28:25	05:28
30	1394	Tiago Padrela Ferreira da silva	juventude cortegacense	Senior Masculino	02:22:06	+28:25	05:28
31	1206	RICARDO MIRANDA	gtt - amazém do caffè	Senior Masculino	02:22:08	+28:26	05:28
32	1340	José Paulo Ferreira	individual	Veterano M40	02:22:08	+28:26	05:28
33	1483	António Amador	oriestarreja	Veterano M45	02:22:08	+28:27	05:28
34	1493	ARMÉNIO RODRIGUES	os falta d'ar	Veterano M45	02:22:20	+28:38	05:28
35	1046	Antonio Manuel Esteves Oliveira Silva	bosch	Veterano M40	02:22:20	+28:39	05:28
36	1037	Carlos Fernandes	as belas e eles	Veterano M40	02:22:22	+28:41	05:29
37	1373	Nelson Santos	individual	Veterano M45	02:22:42	+29:00	05:29
38	1291	Nélson Sousa	individual	Senior Masculino	02:23:32	+29:50	05:31
39	1474	João Ribeiro	núcleo de montanha de espinho	Senior Masculino	02:24:37	+30:55	05:34
40	1513	Hugo Ventura	puzzle-centro de explicações	Senior Masculino	02:25:12	+31:31	05:35
41	1247	André Ribeiro Almeida	individual	Senior Masculino	02:25:20	+31:38	05:35

Official Timekeeper: Lap2Go	1 / 12	generate 08-Jan-2017 17:19
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TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1008	Ramiro Oliveira	acrd/psp viseu runners	Veterano M40	02:25:29	+31:48	05:36
43	1167	Ricardo Miguel Magalhães Nunes	fridão sem limites	Senior Masculino	02:25:50	+32:09	05:37
44	1508	Raul Silva	profisio team	Veterano M40	02:26:01	+32:19	05:37
45	1038	PAULA SOFIA COUTINHO SOARES	autistic runners	Senior Feminino	02:26:27	+32:46	05:38
46	1482	Francisco Figueiredo	oralklass-amigos do trail	Senior Masculino	02:26:30	+32:48	05:38
47	1481	DANIELA RUSSO	oralklass-amigos do trail	Senior Feminino	02:26:30	+32:49	05:38
48	1461	Leandro Pacheco	monte dos amigos /juventude ribeiras	Veterano M40	02:26:31	+32:49	05:38
49	1204	MARCO FERNANDES	gtt - armazém do caffè	Senior Masculino	02:26:36	+32:54	05:38
50	1287	MÁRIO GALHANO	individual	Senior Masculino	02:26:44	+33:02	05:39
51	1121	Paula Lage	dr. merino/4moove	Veterana F40	02:27:58	+34:16	05:41
52	1310	Williams da Conceição Rodriguez	individual	Senior Masculino	02:28:47	+35:06	05:43
53	1527	Hugo Pinto da Costa	spotcriativo viseu running team	Senior Masculino	02:28:50	+35:08	05:43
54	1298	Ricardo Pereira	individual	Senior Masculino	02:29:04	+35:22	05:44
55	1165	Paulo Sarmento	ffit gaia trail	Senior Masculino	02:29:43	+36:02	05:46
56	1283	Leandro Costa	individual	Senior Masculino	02:29:46	+36:04	05:46
57	1030	FRANCISCO JOSÉ BARBOSA GOMES	apúlia a correr	Senior Masculino	02:29:47	+36:06	05:46
58	1094	Paulo Silva	clube zipper	Senior Masculino	02:30:05	+36:23	05:46
59	1507	Sandra Mendes	profisio team	Veterana F40	02:30:12	+36:30	05:47
60	1509	Narciso Machado	profisio team	Veterano M50	02:30:12	+36:31	05:47
61	1047	Adriano Fernando lopes Mendes	brabus runners	Senior Masculino	02:30:40	+36:59	05:48
62	1075	FERNANDO LOPES	cdc são martinho da gândara	Veterano M40	02:30:42	+37:01	05:48
63	1214	Rui Conde Franco	gtt - armazém do caffè	Veterano M40	02:31:44	+38:02	05:50
64	1443	Paulo Manuel Dias da Silva Azevedo	lusitanos	Veterano M45	02:32:56	+39:14	05:53
65	1109	Pedro Guimaraes	correio de albergaria	Veterano M45	02:33:10	+39:29	05:53
66	1490	MARCO BOTELHO	os falta d'ar	Veterano M40	02:33:13	+39:32	05:54
67	1368	Joaquim Pereira	individual	Veterano M45	02:33:20	+39:39	05:54
68	1329	Antonio Jose Abreu Teixeira	individual	Veterano M40	02:33:21	+39:39	05:54
69	1272	Helder Filipe Silva Campos	individual	Senior Masculino	02:33:45	+40:03	05:55
70	1217	José Lopes	gtt - armazém do caffè	Veterano M45	02:34:09	+40:28	05:56
71	1370	Luis Artur Gonçalves	individual	Veterano M45	02:34:23	+40:42	05:56
72	1084	ANTONIO PALAVRA	clube atletismo ovar	Veterano M40	02:34:24	+40:42	05:56
73	1325	Abilio Malheiro	individual	Veterano M40	02:34:25	+40:43	05:56
74	1147	NUNO ALVES	fama runners	Senior Masculino	02:35:32	+41:51	05:59
75	1062	Pedro Gabriel	c.a. amigos parque da paz	Veterano M40	02:35:38	+41:56	05:59
76	1197	Paulo Pelicano	crocodilos / mister pc	Veterano M45	02:35:41	+42:00	05:59
77	12	Paulo Jorge Filipe	apúlia a correr	Senior Masculino	02:35:45	+42:04	05:59
78	1505	Jorge Pereira	profisio team	Senior Masculino	02:36:02	+42:21	06:00
79	1149	PEDRO SANTOS	fama runners	Senior Masculino	02:36:17	+42:36	06:01
80	1216	FERNANDO AREZES	gtt - armazém do caffè	Veterano M45	02:36:20	+42:39	06:01
81	1218	ADELINO FERNANDES	gtt - armazém do caffè	Veterano M50	02:37:08	+43:27	06:03
82	1124	Rodolfo Silva	edv-viana trail	Senior Masculino	02:37:26	+43:44	06:03
83	1446	Jorge mota	lusitanos corsica	Veterano M40	02:37:26	+43:45	06:03
84	1131	Ricardo Fernandes	espaço saúde	Senior Masculino	02:37:32	+43:50	06:04
85	1184	José Mendes	gondomar futsal clube	Veterano M50	02:37:43	+44:01	06:04

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1348	Nuno Seabra	individual	Veterano M40	02:37:43	+44:02	06:04
87	1269	Francisco Fernandes	individual	Senior Masculino	02:37:44	+44:02	06:04
88	1327	André Figueiredo	individual	Veterano M40	02:38:22	+44:41	06:05
89	1118	Fernando Gonçalves	correria	Veterano M50	02:38:28	+44:47	06:06
90	1087	ROLANDO PAULO	clube btt sanguedo	Veterano M40	02:38:35	+44:54	06:06
91	1539	Elisabete Santos	team lanthemil	Veterana F40	02:38:39	+44:57	06:06
92	1479	Miguel Leitão Marques	online team	Veterano M40	02:38:39	+44:57	06:06
93	1048	Cesário Leite	brabus runners	Senior Masculino	02:39:09	+45:28	06:07
94	1357	Rui Manuel Azevedo Araújo	individual	Veterano M40	02:39:14	+45:32	06:07
95	1098	Paulo Neta	clube zipper	Veterano M40	02:39:18	+45:36	06:08
96	1018	Paula Penedo	amcf - arrábida trail team	Senior Feminino	02:39:41	+46:00	06:09
97	1146	JOSE COSTA	fama runners	Senior Masculino	02:39:44	+46:03	06:09
98	1203	Marcelo Teles	gtt - armazém do caffè	Senior Masculino	02:39:45	+46:04	06:09
99	1213	Pedro Costa	gtt - armazém do caffè	Veterano M40	02:39:45	+46:04	06:09
100	1355	Ricardo Rocha Pereira	individual	Veterano M40	02:39:50	+46:09	06:09
101	1486	ROMEU ROCHA	os falta d'ar	Senior Masculino	02:40:20	+46:38	06:10
102	1110	Joaquim Jorge Coelho	correio de albergaria	Veterano M50	02:40:25	+46:44	06:10
103	1529	Ana Nascimento	spotcriativo viseu running team	Veterana F40	02:40:32	+46:51	06:10
104	1433	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M45	02:40:35	+46:53	06:11
105	1324	Abel Ricardo Correia	individual	Veterano M40	02:40:44	+47:03	06:11
106	1308	Vitor Simão Machado Pedroso	individual	Senior Masculino	02:40:53	+47:11	06:11
107	1333	Delfim Nunes	individual	Veterano M40	02:41:04	+47:22	06:12
108	1089	ANTONIO NOGUEIRA	clube btt sanguedo	Veterano M50	02:41:10	+47:29	06:12
109	1466	RAQUEL ANDRADE	nascidos para correr	Senior Feminino	02:41:14	+47:32	06:12
110	78	jorge oliveira	individual	Senior Masculino	02:41:55	+48:13	06:14
111	1384	Vitor Araujo	individual	Veterano M50	02:41:57	+48:16	06:14
112	1222	Filipe Oliveyra	imperadores	Senior Masculino	02:42:05	+48:24	06:14
113	1398	Joao Paulo Costa Oliveira	juventude cortegacense	Veterano M40	02:42:15	+48:33	06:14
114	1301	Rui Miguel Gomes Figueiredo	individual	Senior Masculino	02:42:27	+48:45	06:15
115	1033	CARLOS COUTO	arcorun	Veterano M40	02:43:43	+50:02	06:18
116	1107	carlos Cachulo	correio de albergaria	Veterano M40	02:43:54	+50:13	06:18
117	1401	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M45	02:43:54	+50:13	06:18
118	1551	FERNANDO RIBEIRO	team shark	Veterano M50	02:44:04	+50:23	06:19
119	1545	HELDER RODRIGUES	team shark	Senior Masculino	02:44:05	+50:24	06:19
120	1480	Simão Dias	online team	Veterano M45	02:44:12	+50:31	06:19
121	1183	Pedro Matos	gondomar futsal clube	Veterano M40	02:44:16	+50:35	06:19
122	1181	Bruno Macieira	gondomar futsal clube	Senior Masculino	02:44:16	+50:35	06:19
123	1354	Pedro Sousa	individual	Veterano M40	02:44:30	+50:48	06:20
124	1460	Jorge Pinheiro	monte dos amigos /juventude ribeiras	Veterano M40	02:44:36	+50:55	06:20
125	1462	Valter Guedes	monte dos amigos /juventude ribeiras	Veterano M40	02:44:37	+50:56	06:20
126	1467	BRUNO MOURA	nascidos para correr	Senior Masculino	02:45:15	+51:34	06:21
127	1281	José Pereira	individual	Senior Masculino	02:46:00	+52:19	06:23
128	1367	henrique borges	individual	Veterano M45	02:46:02	+52:20	06:23
129	1515	José Loureiro	quinta de paramos - atletismo	Veterano M40	02:46:13	+52:32	06:24
130	1139	Pedro dos Santos Ferreira	factor x / s4l / medense fc	Veterano M40	02:46:14	+52:33	06:24
131	1015	PEDRO FERNANDES	adrulsm-hospital santa maria porto	Senior Masculino	02:46:18	+52:36	06:24

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	1016	PAULO FREITAS	adrulsm-hospital santa maria porto	Veterano M45	02:46:18	+52:36	06:24
133	1050	Ricardo Sampaio	brabus runners	Senior Masculino	02:46:29	+52:47	06:24
134	1266	Fernando Simões	individual	Senior Masculino	02:46:35	+52:53	06:24
135	1034	Vitor Folgado	arcorun	Veterano M40	02:46:56	+53:14	06:25
136	1132	Andre Pinto	factor x / s4l / medense	Senior Masculino	02:47:14	+53:33	06:26
137	1576	Avelino Sa	individual	Senior Masculino	02:47:15	+53:33	06:26
138	1058	Isabel Lima	budeguita runners	Veterana F40	02:47:50	+54:09	06:27
139	1270	Hélder Costa	individual	Senior Masculino	02:48:10	+54:28	06:28
140	1036	Ricardo Magalhães	as belas e eles	Senior Masculino	02:48:29	+54:48	06:29
141	1358	sergio paulo pires freitas	individual	Veterano M40	02:48:33	+54:52	06:29
142	1523	RAQUEL CAMPOS	shotts	Senior Feminino	02:48:39	+54:57	06:29
143	1469	ALEXANDRA FERNANDES	nascidos para correr	Veterana F45	02:48:39	+54:57	06:29
144	124	Tiago Vidal Leal	individual	Veterano M45	02:48:39	+54:57	06:29
145	1229	ESTELA MARTINS	individual	Senior Feminino	02:48:39	+54:57	06:29
146	1548	GRACA SILVA	team shark	Veterana F50	02:48:40	+54:59	06:29
147	1173	CARLOS MAGALHAES	ginasio fit4fun	Senior Masculino	02:48:54	+55:13	06:30
148	1162	Ricardo Santos	farroncos papa km	Senior Masculino	02:49:20	+55:39	06:31
149	1020	Goreti Correia	amigo trail run	Veterana F40	02:49:42	+56:01	06:32
150	1448	Gil Bastos	marcapasso trail team	Senior Masculino	02:50:22	+56:40	06:33
151	1564	Antonio Rocha	trincametas	Senior Masculino	02:50:35	+56:54	06:34
152	1565	Ricardo Boucinha	trincametas	Senior Masculino	02:50:35	+56:54	06:34
153	1430	Pedro Gaio	lion runners - g. d. leões da guarda	Veterano M40	02:50:54	+57:12	06:34
154	1439	Serafim Ramos	lion runners - g. d. leões da guarda	Veterano M50	02:50:54	+57:12	06:34
155	1076	PAULO SILVA	cdc são martinho da gândara	Veterano M40	02:50:56	+57:15	06:34
156	1556	JOSE PORTUGAL	trepá trilhos	Veterano M40	02:51:01	+57:19	06:35
157	1264	Fábio Bruno Ferreira de Almeida	individual	Senior Masculino	02:51:15	+57:33	06:35
158	1223	Adélia Pedrosa	individual	Senior Feminino	02:51:21	+57:39	06:35
159	1010	José Silva	acrd/psp viseu runners	Veterano M50	02:51:25	+57:44	06:36
160	1447	Paulo silva	lusitanos corsica	Veterano M40	02:51:28	+57:47	06:36
161	1319	Suzana Andrade	individual	Veterana F40	02:51:29	+57:48	06:36
162	1500	Manuel Barbosa	paredes running	Senior Masculino	02:52:27	+58:45	06:38
163	1137	Hugo Miguel Pinho	factor x / s4l / medense fc	Sub 23 Masculino	02:52:43	+59:01	06:39
164	1252	Bruno Filipe Ribeiro Ferreira	individual	Senior Masculino	02:52:46	+59:05	06:39
165	1265	Fernando Duarte	individual	Senior Masculino	02:52:59	+59:18	06:39
166	1003	Sandra Rocha	acrd/psp viseu runners	Senior Feminino	02:53:23	+59:41	06:40
167	1257	Cunha Filipe	individual	Senior Masculino	02:53:23	+59:41	06:40
168	1254	Bruno Neves	individual	Senior Masculino	02:53:44	+01:00:03	06:41
169	1171	Paulo Manuel Melanda Açafraão	gesinserde team	Veterano M50	02:53:53	+01:00:11	06:41
170	1383	Manuel Faria Sampaio	individual	Veterano M50	02:54:11	+01:00:29	06:42
171	1468	NUNO RIBEIRO	nascidos para correr	Senior Masculino	02:54:11	+01:00:30	06:42
172	1286	Marcos Silva	individual	Senior Masculino	02:54:14	+01:00:32	06:42
173	1546	RENATO LOURENCO	team shark	Senior Masculino	02:54:34	+01:00:52	06:43
174	1393	Manuel Valente	juventude cortegacense	Senior Masculino	02:54:58	+01:01:16	06:44
175	1151	Jorge Ribeiro	fama runners	Veterano M40	02:55:00	+01:01:19	06:44
176	1337	Jeronimo Silva	individual	Veterano M40	02:55:09	+01:01:28	06:44
177	1155	bruno andret ribeiro da silva	farroncos papa km	Senior Masculino	02:55:11	+01:01:30	06:44

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
178	1377	antonio ildefonso piedade santos	individual	Veterano M50	02:55:12	+01:01:31	06:44
179	1032	NUNO FILIPE	arcorun	Senior Masculino	02:55:29	+01:01:48	06:45
180	1390	Antonio Pais de Oliveira	juventude cortegacense	Senior Masculino	02:55:35	+01:01:53	06:45
181	1522	Daniel Alves	salta poçinhas	Veterano M40	02:55:36	+01:01:54	06:45
182	1525	Ana Cristina Matos Rodrigues Costa	spotcriativo viseu running team	Senior Feminino	02:55:36	+01:01:54	06:45
183	1104	Silvia Gomes	correio de albergaria	Senior Feminino	02:55:37	+01:01:55	06:45
184	1563	Fernando Vieira Lopes	trepatrihos trail team	Veterano M50	02:55:38	+01:01:57	06:45
185	1284	Lorenzo Soares	individual	Senior Masculino	02:56:42	+01:03:01	06:48
186	1199	HUGO PALMEIRA	gtt - armazém do caffè	Senior Masculino	02:56:46	+01:03:04	06:48
187	1200	Jorge Borges	gtt - armazém do caffè	Senior Masculino	02:56:46	+01:03:05	06:48
188	1534	António Dinis Carvalho	spotcriativo viseu running team	Veterano M50	02:57:16	+01:03:34	06:49
189	1579	Atleta 1579	individual	Senior Masculino	02:57:37	+01:03:56	06:50
190	1164	Sofia Coelho	farroncos papa km	Veterana F40	02:57:45	+01:04:03	06:50
191	1428	DOMINGOS MARTINS	lion runners - g. d. leões da guarda	Veterano M40	02:57:47	+01:04:06	06:50
192	1374	Paulo Costa	individual	Veterano M45	02:57:48	+01:04:07	06:50
193	1346	Manuel Castanheira Almeida Jacinto	individual	Veterano M40	02:58:03	+01:04:21	06:51
194	1400	Jorge Fernando Silva Marques Coelho	juventude cortegacense	Veterano M45	02:58:03	+01:04:22	06:51
195	1392	Joel Sequeira	juventude cortegacense	Senior Masculino	02:58:03	+01:04:22	06:51
196	1562	Ricardo Jorge Lopes da Mota	trepatrihos trail team	Veterano M40	02:58:17	+01:04:35	06:51
197	1245	André Costa	individual	Senior Masculino	02:58:19	+01:04:37	06:52
198	1331	Armando Rocha	individual	Veterano M40	02:58:19	+01:04:38	06:52
199	1375	Paulo Silva	individual	Veterano M45	02:58:24	+01:04:43	06:52
200	1347	Nuno Carneiro	individual	Veterano M40	02:58:27	+01:04:46	06:52
201	1268	Filipe marques oliveira	individual	Senior Masculino	02:58:28	+01:04:47	06:52
202	1459	Joaquim Pinto	monte dos amigos /juventude ribeiras	Veterano M40	02:58:30	+01:04:49	06:52
203	1435	Ernesto Martins	lion runners - g. d. leões da guarda	Veterano M50	02:58:38	+01:04:57	06:52
204	1065	manuel couto	caldas s.jorge	Veterano M50	02:58:58	+01:05:17	06:53
205	1064	martinho santos	caldas s.jorge	Veterano M45	02:58:58	+01:05:17	06:53
206	1385	Pedro santos	j&p running	Senior Masculino	02:59:08	+01:05:26	06:53
207	1169	Vera Lúcia Martins Nogueira	gesinserde team	Senior Feminino	02:59:10	+01:05:29	06:53
208	1170	Mário Cesar Branco Felgueiras	gesinserde team	Veterano M40	02:59:11	+01:05:29	06:54
209	1334	Eliana Conde	individual	Veterano M40	02:59:11	+01:05:30	06:54
210	1209	Anabela Keta Batista	gtt - armazém do caffè	Veterana F40	02:59:24	+01:05:43	06:54
211	1389	Andre Marques	juventude cortegacense	Senior Masculino	02:59:29	+01:05:47	06:54
212	1248	António Carlos Tavares de Paiva	individual	Senior Masculino	02:59:40	+01:05:58	06:55
213	1345	Luis Ramos	individual	Veterano M40	02:59:41	+01:06:00	06:55
214	1397	Cecilio Maunel Silva Ferreira	juventude cortegacense	Veterano M40	02:59:46	+01:06:05	06:55
215	1304	Tiago Almeida	individual	Senior Masculino	02:59:49	+01:06:08	06:55
216	1210	CONCEIÇÃO QUEIROZ	gtt - armazém do caffè	Veterana F50	03:00:03	+01:06:21	06:56
217	1262	Edmundo Cunha Rilho	individual	Senior Masculino	03:00:05	+01:06:24	06:56
218	1344	Luís Moreira	individual	Veterano M40	03:00:22	+01:06:40	06:56
219	1372	Luis Silva	individual	Veterano M45	03:00:22	+01:06:41	06:56
220	1039	CARLOS SILVA FERREIRA	autistic runners	Veterano M45	03:00:30	+01:06:48	06:57
221	1549	Eduardo Pinto	team shark	Veterano M40	03:00:39	+01:06:58	06:57

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
222	1521	Rogério Rocha	salta poçinhas	Senior Masculino	03:00:45	+01:07:03	06:57
223	1271	Helder Filipe da Silva Pinto	individual	Senior Masculino	03:00:46	+01:07:04	06:57
224	1140	Pedro Marques	factor x / s4l / medense fc	Veterano M40	03:00:46	+01:07:04	06:57
225	1017	Paulo Leite	all about	Veterano M50	03:00:48	+01:07:07	06:57
226	1249	Antonio Freitas	individual	Senior Masculino	03:00:49	+01:07:08	06:57
227	1312	Carla Pereira	individual	Veterana F40	03:01:31	+01:07:50	06:59
228	1504	Joaquim Mesquita 2	profisio team	Senior Masculino	03:02:07	+01:08:26	07:00
229	1450	Pedro Mota	marcapasso trail team	Senior Masculino	03:02:07	+01:08:26	07:00
230	1451	Tiago Gomes Mota	marcapasso trail team	Senior Masculino	03:02:08	+01:08:26	07:00
231	1004	Fernando Marques	acrd/psp viseu runners	Senior Masculino	03:02:54	+01:09:13	07:02
232	1338	Joaquim Vidal	individual	Veterano M40	03:02:55	+01:09:14	07:02
233	1116	Rui Manuel de Jesus Seaba	correria	Sub 23 Masculino	03:02:58	+01:09:16	07:02
234	1163	Sérgio Leal	farroncos papa km	Senior Masculino	03:03:09	+01:09:27	07:03
235	1077	João Oliveira	centro municipal de marcha e corrida de vale de cambra	Senior Masculino	03:03:15	+01:09:34	07:03
236	1177	Luís Almeida	ginasio fit4fun	Veterano M45	03:03:15	+01:09:34	07:03
237	1178	Andreia Amorim	gondomar futsal clube	Senior Feminino	03:03:28	+01:09:46	07:03
238	1224	ANA MIRANDA	individual	Senior Feminino	03:03:28	+01:09:46	07:03
239	1053	Ana Sousa	budeguita runners	Senior Feminino	03:03:28	+01:09:46	07:03
240	61	LUCIA LOURENÇO	individual	Senior Feminino	03:03:28	+01:09:46	07:03
241	1288	Mario Vieira	individual	Senior Masculino	03:03:29	+01:09:48	07:03
242	1086	ROSA FERREIRA	clube btt sanguedo	Veterana F45	03:04:15	+01:10:33	07:05
243	1088	QUINTINO AMORIM	clube btt sanguedo	Veterano M45	03:04:16	+01:10:34	07:05
244	1154	Amaury Pinho	farroncos papa km	Senior Masculino	03:04:37	+01:10:55	07:06
245	1069	Bruno Gomes	caminhantes	Senior Masculino	03:04:47	+01:11:06	07:06
246	1067	Silvia vilar	caminhantes	Senior Feminino	03:04:48	+01:11:06	07:06
247	1079	Miguel Rego	clube atletico chibinha	Veterano M40	03:05:08	+01:11:27	07:07
248	1230	GABRIELA MADEIRA	individual	Senior Feminino	03:05:16	+01:11:35	07:08
249	1364	Carlos Ferreira	individual	Veterano M45	03:05:46	+01:12:04	07:09
250	1379	José Ferreira	individual	Veterano M50	03:06:01	+01:12:19	07:09
251	1489	JORGE GUERRA	os falta d'ar	Veterano M40	03:06:05	+01:12:23	07:09
252	1492	RUI TEIXEIRA	os falta d'ar	Veterano M40	03:06:05	+01:12:23	07:09
253	1532	José Manuel Ferreira	spotcriativo viseu running team	Veterano M40	03:06:06	+01:12:24	07:09
254	1060	Nuno Rodrigues	budeguita runners	Veterano M40	03:06:28	+01:12:46	07:10
255	1371	Luis Costa	individual	Veterano M45	03:06:28	+01:12:47	07:10
256	1196	DIMITRI MATOS	gtt - armazém do caffè	Senior Masculino	03:06:31	+01:12:50	07:10
257	1195	Ondina Salgado	gtt - armazém do caffè	Senior Feminino	03:06:31	+01:12:50	07:10
258	1362	Antonio Matias	individual	Veterano M45	03:06:54	+01:13:13	07:11
259	1078	António Brandão	cgd - ovar	Veterano M50	03:06:54	+01:13:13	07:11
260	1339	José António Almeida	individual	Veterano M40	03:06:55	+01:13:14	07:11
261	1201	JOSÉ PEREIRA	gtt - armazém do caffè	Senior Masculino	03:06:55	+01:13:14	07:11
262	1202	LUIS VAZ	gtt - armazém do caffè	Senior Masculino	03:06:56	+01:13:14	07:11
263	1114	Luisa Mota	correria	Senior Feminino	03:07:03	+01:13:22	07:12
264	1353	Pedro lima	individual	Veterano M40	03:07:11	+01:13:29	07:12
265	1176	Conceição Ferreira	ginasio fit4fun	Veterana F50	03:07:12	+01:13:30	07:12
266	1456	Vigário	metralhas runners	Senior Masculino	03:07:25	+01:13:43	07:13

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	1570	Carlos Moreira	unidos ao pó	Senior Masculino	03:07:33	+01:13:52	07:13
268	1571	Vitor santos	unidos ao pó	Veterano M40	03:07:34	+01:13:52	07:13
269	1220	RICARDO RODRIGUES	guimaraes trail	Veterano M40	03:07:42	+01:14:00	07:13
270	1442	Rui Fernando Rosas de Oliveira	lusitanos	Senior Masculino	03:07:48	+01:14:07	07:13
271	1361	Alcídio	individual	Veterano M45	03:08:11	+01:14:30	07:14
272	1023	Maria José Pereira Leão	amigos do pedal trailagares	Senior Feminino	03:08:42	+01:15:01	07:15
273	1115	Rui Barros	correria	Senior Masculino	03:08:49	+01:15:07	07:16
274	1256	Carlos Neves	individual	Senior Masculino	03:09:08	+01:15:26	07:16
275	1024	Fernando Ismael Oliveira Nogueira	amigos do pedal trailagares	Senior Masculino	03:09:16	+01:15:34	07:17
276	1193	Rui Fernandes	grupo de corrida de argoncilhe	Veterano M45	03:09:22	+01:15:41	07:17
277	1366	Fernando Ferreira	individual	Veterano M45	03:09:43	+01:16:02	07:18
278	1528	Nuno Ribeiro	spotcriativo viseu running team	Sub 23 Masculino	03:09:54	+01:16:12	07:18
279	1542	MONICA BARBOSA	team shark	Senior Feminino	03:10:01	+01:16:19	07:19
280	1108	Nelson Santiago	correio de albergaria	Veterano M40	03:10:17	+01:16:36	07:19
281	1277	Ivo Daniel Azevedo Sampaio	individual	Senior Masculino	03:10:26	+01:16:44	07:19
282	1305	Valério Saleiro	individual	Senior Masculino	03:10:47	+01:17:05	07:20
283	1516	Bruno Miguel Lopes Silva	rexemingas team	Senior Masculino	03:10:53	+01:17:11	07:21
284	1055	João Monteiro	budeguita runners	Senior Masculino	03:10:56	+01:17:15	07:21
285	1006	Vítor Marques	acrd/psp viseu runners	Senior Masculino	03:11:00	+01:17:19	07:21
286	1166	Andreia Ribeiro Almeida	fridão sem limites	Senior Feminino	03:11:12	+01:17:30	07:21
287	1295	Renato Castro Freitas	individual	Senior Masculino	03:11:47	+01:18:05	07:23
288	1511	Patricia Ventura	puzzle-centro de explicações	Senior Feminino	03:12:13	+01:18:32	07:24
289	1506	Nelson Vaz	profisio team	Senior Masculino	03:12:18	+01:18:37	07:24
290	1093	Hélder Vieira	clube zipper	Senior Masculino	03:12:19	+01:18:37	07:24
291	1083	AMERICO GOMES	clube atletismo lamas	Veterano M45	03:12:21	+01:18:40	07:24
292	1072	Carlos Miguel Simões Morais	carlos morais	Senior Masculino	03:12:26	+01:18:45	07:24
293	1073	Duarte Miguel Pereira da Costa	carlos morais	Sub 23 Masculino	03:12:26	+01:18:45	07:24
294	1454	Hélder Moreira	mata elefantes	Senior Masculino	03:12:49	+01:19:08	07:25
295	1330	António Lourenço	individual	Veterano M40	03:12:51	+01:19:10	07:25
296	1158	João Matos	farroncos papa km	Senior Masculino	03:12:52	+01:19:11	07:25
297	1494	JOAQUIM NETO	os falta d'ar	Veterano M45	03:12:59	+01:19:18	07:25
298	1402	Domingos Fernando Oliveira Camboa	juventude cortegacense	Veterano M50	03:12:59	+01:19:18	07:25
299	1231	Juliana Rodrigues	individual	Senior Feminino	03:13:00	+01:19:18	07:25
300	1543	OLGA ALMEIDA	team shark	Senior Feminino	03:13:00	+01:19:18	07:25
301	1043	Graça Martins	barcelos runners	Veterana F40	03:13:00	+01:19:19	07:25
302	1221	Pedro Samuel Silva Pereira	guimarunning moscada	Senior Masculino	03:13:04	+01:19:23	07:26
303	1453	Lúcio Ribeiro	marcapasso trail team	Veterano M40	03:13:12	+01:19:30	07:26
304	1253	Bruno Manuel Sousa Ferreira	individual	Senior Masculino	03:13:29	+01:19:47	07:27
305	1263	eurico mateus	individual	Senior Masculino	03:14:24	+01:20:43	07:29
306	1045	António Pinheiro	bora l' andar	Veterano M45	03:14:25	+01:20:44	07:29
307	1215	Vitor Campos	gtt - armazém do caffè	Veterano M40	03:14:33	+01:20:52	07:29
308	1342	José Pedro Silva	individual	Veterano M40	03:14:41	+01:21:00	07:29
309	1320	Cristina Fundevila	individual	Veterana F45	03:14:51	+01:21:09	07:30
310	1212	David Ribeiro	gtt - armazém do caffè	Veterano M40	03:15:08	+01:21:26	07:30
311	1557	JOSE OLIVEIRA	trepa trilhos	Veterano M45	03:15:29	+01:21:47	07:31

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	1558	FERNANDO PEREIRA	trepá trilhos	Veterano M50	03:15:48	+01:22:06	07:32
313	1092	Carlos Martins	clube nortada - murtosa night runners	Veterano M40	03:16:24	+01:22:43	07:33
314	1260	Diogo Miguel Silva Melo	individual	Senior Masculino	03:16:28	+01:22:47	07:33
315	1376	Rogério Falcao	individual	Veterano M45	03:16:45	+01:23:03	07:34
316	1052	Francisco Silva	btt alegria / tubani	Veterano M40	03:17:07	+01:23:26	07:35
317	1051	Daniel Barbosa	btt alegria / tubani	Senior Masculino	03:17:08	+01:23:26	07:35
318	1236	Marlene de Castro soares	individual	Senior Feminino	03:17:13	+01:23:31	07:35
319	1292	Nuno Abreu	individual	Senior Masculino	03:18:21	+01:24:39	07:38
320	1444	Jorge Silva	lusitanos	Veterano M40	03:18:36	+01:24:54	07:38
321	1510	Marisa Marques	puzzle-centro de explicações	Senior Feminino	03:19:18	+01:25:36	07:40
322	1512	Emanuel Magalhães	puzzle-centro de explicações	Senior Masculino	03:19:18	+01:25:36	07:40
323	1578	Atleta 1578	individual	Senior Masculino	03:19:29	+01:25:48	07:40
324	1040	Rodrigo pinheiro Aguiar	autistic runners	Veterano M45	03:19:56	+01:26:14	07:41
325	1520	Renato Martins	salta poçinhas	Senior Masculino	03:20:03	+01:26:21	07:42
326	1396	Marcia Castro Costa	juventude cortegacense	Veterana F40	03:20:07	+01:26:25	07:42
327	1470	MANUEL COSTA	nascidos para correr	Veterano M50	03:20:26	+01:26:45	07:43
328	1537	luisa Almeida	tartarugas do asfalto	Veterana F50	03:20:28	+01:26:46	07:43
329	1194	LILIANA ARAUJO	glt - armazém do caffè	Senior Feminino	03:20:29	+01:26:48	07:43
330	1294	Raul Xavier Leandro Pereira	individual	Senior Masculino	03:20:38	+01:26:56	07:43
331	1299	Roberto Dias	individual	Senior Masculino	03:20:39	+01:26:57	07:43
332	1275	Hugo Homem Rocha	individual	Senior Masculino	03:20:39	+01:26:58	07:43
333	1276	HUGO RICARDO SOARES DE PINHO LIMA	individual	Senior Masculino	03:20:40	+01:26:59	07:43
334	1070	Jorge Ferreira	caminhantes	Senior Masculino	03:21:02	+01:27:20	07:44
335	1297	Ricardo Jorge Tavares Correia	individual	Senior Masculino	03:21:08	+01:27:27	07:44
336	1280	JOSE MOREIRA	individual	Senior Masculino	03:21:14	+01:27:33	07:44
337	1148	PAULO CARVALHO	fama runners	Senior Masculino	03:21:33	+01:27:52	07:45
338	1144	DANIEL VIEIRA	fama runners	Senior Masculino	03:21:34	+01:27:52	07:45
339	1499	Helder Barros	paredes running	Senior Masculino	03:21:49	+01:28:07	07:46
340	1524	Rubens Brandão Soares	sportarcunning	Veterano M40	03:21:50	+01:28:08	07:46
341	1566	Daniela Soares	unidos à fresca	Senior Feminino	03:22:20	+01:28:38	07:47
342	1568	Nélson Machado	unidos à fresca	Veterano M40	03:22:20	+01:28:38	07:47
343	1332	ARTUR RICARDO GASPAR FERREIRA	individual	Veterano M40	03:22:21	+01:28:39	07:47
344	1190	Tiago Oliveira	grupo de corrida de argoncilhe	Senior Masculino	03:22:27	+01:28:46	07:47
345	1274	Hugo Cláudio Campos Pacheco	individual	Senior Masculino	03:23:09	+01:29:28	07:49
346	1120	Filipe nunes	crossfit aveiro	Senior Masculino	03:24:08	+01:30:26	07:51
347	1258	Daniel Moreira	individual	Senior Masculino	03:24:08	+01:30:26	07:51
348	1560	Susana Maria Gomes de Sousa	trepatrihos trail team	Veterana F40	03:24:08	+01:30:26	07:51
349	1452	Tiago Pereia e Silva	marcapasso trail team	Senior Masculino	03:24:22	+01:30:40	07:52
350	1403	Margarida Nobre Nunes	juventude vidigalense	Veterana F40	03:24:37	+01:30:56	07:52
351	1071	Pedro Ferreira	caminhantes	Senior Masculino	03:24:55	+01:31:14	07:53
352	1282	José Vitor campos costa	individual	Senior Masculino	03:25:01	+01:31:20	07:53
353	1322	PAULA COSTA	individual	Veterana F45	03:25:21	+01:31:40	07:54
354	1475	Nuno Raposo	núcleo de montanha de espinho	Senior Masculino	03:25:44	+01:32:03	07:55
355	1168	Ana Gomes	gaia-running	Senior Feminino	03:25:45	+01:32:03	07:55
356	1472	Carla Sofia Neves Monteiro	núcleo de montanha de espinho	Senior Feminino	03:25:45	+01:32:03	07:55

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
357	1042	Julio Terra	aztrail	Veterano M50	03:26:07	+01:32:26	07:56
358	1056	Ana Dias	budeguita runners	Veterana F40	03:26:11	+01:32:29	07:56
359	1057	Helena Dias	budeguita runners	Veterana F40	03:26:11	+01:32:30	07:56
360	1519	André Vasconcelos	salta poçinhas	Senior Masculino	03:26:21	+01:32:40	07:56
361	1575	Sofia Guerra	velocidade furiosa	Veterana F40	03:26:27	+01:32:46	07:56
362	1574	Jorge Miguel de Bastos Loureiro	velocidade furiosa	Senior Masculino	03:26:27	+01:32:46	07:56
363	1463	Vitor Alves	monte dos amigos /juventude ribeiras	Veterano M40	03:26:51	+01:33:09	07:57
364	1113	Carlos Alberto Rodrigues	correr são bernardo	Veterano M50	03:27:15	+01:33:33	07:58
365	1317	Patrícia Nunes	individual	Veterana F40	03:28:03	+01:34:21	08:00
366	1239	Sílvia Soares	individual	Senior Feminino	03:28:03	+01:34:22	08:00
367	1352	Pedro Jorge Ribeiro Pinto	individual	Veterano M40	03:29:07	+01:35:25	08:03
368	1174	Pézinhos	ginasio fit4fun	Senior Masculino	03:29:07	+01:35:26	08:03
369	1080	BRUNO PINHO	clube atletismo lamas	Senior Masculino	03:29:15	+01:35:33	08:03
370	1533	Sérgio Paulo da Silva Pereira	spotcriativo viseu running team	Veterano M45	03:30:17	+01:36:36	08:05
371	1303	Rui Pedro Dias Botelho	individual	Senior Masculino	03:30:18	+01:36:37	08:05
372	1569	Paulo Vilas Boas	unidos à fresca	Veterano M40	03:30:45	+01:37:03	08:06
373	1567	Pedro Taveira Marques	unidos à fresca	Senior Masculino	03:30:45	+01:37:04	08:06
374	1192	Paulo Vaz	grupo de corrida de argoncilhe	Veterano M40	03:31:10	+01:37:29	08:07
375	1112	Pedro Marques	correr são bernardo	Veterano M40	03:32:35	+01:38:53	08:11
376	1117	Lígia Casimiro	correria	Veterana F40	03:32:36	+01:38:54	08:11
377	1289	Mauro Daniel Ferreira Sousa	individual	Senior Masculino	03:32:39	+01:38:57	08:11
378	1127	PAULO DUARTE	energia ginasio	Veterano M45	03:32:45	+01:39:03	08:11
379	1421	Carmen Magalhães	lion runners - g. d. leões da guarda	Veterana F40	03:32:51	+01:39:09	08:11
380	1431	José Manuel Patarata	lion runners - g. d. leões da guarda	Veterano M45	03:32:51	+01:39:10	08:11
381	1438	Raul Ferreira	lion runners - g. d. leões da guarda	Veterano M50	03:32:51	+01:39:10	08:11
382	1420	Miguel Mendes	lion runners - g. d. leões da guarda	Senior Masculino	03:32:52	+01:39:10	08:11
383	1418	Filipe Pereira	lion runners - g. d. leões da guarda	Senior Masculino	03:32:52	+01:39:10	08:11
384	1419	JOAO SOARES	lion runners - g. d. leões da guarda	Senior Masculino	03:32:52	+01:39:11	08:11
385	1285	Márcio Gomes Costa	individual	Senior Masculino	03:33:40	+01:39:58	08:13
386	1027	Carlos Martins	aprocred	Veterano M50	03:33:49	+01:40:07	08:13
387	1395	Anabela dos Santos Marques	juventude cortegacense	Veterana F40	03:34:10	+01:40:29	08:14
388	1369	JOSE RODRIGUES COSTA	individual	Veterano M45	03:34:13	+01:40:31	08:14
389	1035	PEDRO MELO	arcorun	Veterano M50	03:34:33	+01:40:52	08:15
390	1002	Eduardo Rodrigues	30over30.org	Veterano M40	03:34:40	+01:40:59	08:15
391	1001	André Rodrigues	30over30.org	Senior Masculino	03:34:41	+01:40:59	08:15
392	1318	Susana Luís	individual	Veterana F40	03:34:49	+01:41:07	08:16
393	1233	Márcia Junqueira	individual	Senior Feminino	03:35:21	+01:41:39	08:17
394	1172	CARINA PINHO	ginasio fit4fun	Senior Feminino	03:35:21	+01:41:40	08:17
395	1175	Ana Cláudia Pissarra	ginasio fit4fun	Veterana F40	03:35:21	+01:41:40	08:17
396	1440	Ana Silva	los fófuxos	Senior Feminino	03:35:28	+01:41:46	08:17
397	1441	Ricardo Teixeira	los fófuxos	Veterano M40	03:35:28	+01:41:46	08:17
398	1541	Carla Marina Moreira Pereira	team shark	Senior Feminino	03:36:20	+01:42:39	08:19
399	1041	Vera Nogueira	aztrail	Senior Feminino	03:36:34	+01:42:52	08:20
400	1129	Iolanda Tomaz	espaço saúde	Senior Feminino	03:36:39	+01:42:58	08:20
401	1536	Helena cerqueda	tartaruga rapida	Senior Feminino	03:36:47	+01:43:06	08:20
402	1382	Justino Gonçalves	individual	Veterano M50	03:36:50	+01:43:09	08:20

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
403	1554	Rogério Rocha	tiago cadete - living / armazém do fitness	Veterano M40	03:36:52	+01:43:11	08:20
404	1044	Lindolfo Sol	bora l' andar	Veterano M40	03:37:17	+01:43:36	08:21
405	1538	António Pinheiro	team duas faces	Senior Masculino	03:37:54	+01:44:13	08:23
406	1547	SANDRA MATOS	team shark	Veterana F40	03:38:15	+01:44:33	08:24
407	1553	Rui Sá	team shark	Veterano M50	03:38:15	+01:44:34	08:24
408	1011	Susana Sousa	adccjclark's	Senior Feminino	03:38:42	+01:45:00	08:25
409	1464	Liliana Magalhães	mountain runners	Senior Feminino	03:38:48	+01:45:06	08:25
410	1465	Rui Rodrigues	mountain runners	Senior Masculino	03:38:48	+01:45:07	08:25
411	1156	Francisco Matos	farroncos papa km	Senior Masculino	03:38:53	+01:45:11	08:25
412	1160	Pedro Correia	farroncos papa km	Senior Masculino	03:38:55	+01:45:13	08:25
413	1161	Pedro Familiar	farroncos papa km	Senior Masculino	03:38:55	+01:45:13	08:25
414	1225	Carina silva	individual	Senior Feminino	03:39:28	+01:45:47	08:26
415	1099	Vítor Viana	clube zipper	Veterano M45	03:39:34	+01:45:53	08:27
416	1096	Estefânia Matias	clube zipper	Veterana F45	03:39:35	+01:45:53	08:27
417	1314	Diana Cancela	individual	Veterana F40	03:40:20	+01:46:39	08:28
418	1502	Pedro José Oliveira da Silva	primus	Veterano M40	03:41:41	+01:47:59	08:32
419	1432	Miguel Beirão	lion runners - g. d. leões da guarda	Veterano M45	03:42:41	+01:48:59	08:34
420	1429	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	03:42:41	+01:49:00	08:34
421	1427	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	03:42:41	+01:49:00	08:34
422	1437	Mário Soares	lion runners - g. d. leões da guarda	Veterano M50	03:42:41	+01:49:00	08:34
423	1302	Rui Miguel Oliveira Valente	individual	Senior Masculino	03:42:42	+01:49:01	08:34
424	1436	Luis Almeida	lion runners - g. d. leões da guarda	Veterano M50	03:42:53	+01:49:11	08:34
425	1228	Cristina Oliveira	individual	Senior Feminino	03:42:53	+01:49:12	08:34
426	1434	Ricardo Beirão	lion runners - g. d. leões da guarda	Veterano M45	03:42:53	+01:49:12	08:34
427	1535	Sérgio Amaral	sscgd	Veterano M40	03:43:23	+01:49:42	08:36
428	1561	Elisa de Sousa Alves Lopes	trepatrilhos trail team	Veterana F50	03:43:40	+01:49:59	08:36
429	1159	Luis Cardoso	farroncos papa km	Senior Masculino	03:44:55	+01:51:14	08:39
430	1399	Sandro Rilho	juventude cortegacense	Veterano M40	03:44:58	+01:51:16	08:39
431	1410	JOSE LEITE	limitless	Veterano M45	03:45:47	+01:52:05	08:41
432	1142	NATALIA SANTOS	fama runners	Senior Feminino	03:45:49	+01:52:08	08:41
433	1150	ANA SIMOES	fama runners	Veterana F50	03:45:49	+01:52:08	08:41
434	1278	João António Vieira Miranda	individual	Senior Masculino	03:46:08	+01:52:26	08:42
435	1059	Minna Sillankorva	budeguita runners	Veterana F40	03:46:41	+01:53:00	08:43
436	1014	SUSANA PINTO	adrulsm-hospital santa maria porto	Senior Feminino	03:46:42	+01:53:00	08:43
437	1136	Pedro Santos	factor x / s4l / medense fc	Senior Masculino	03:48:40	+01:54:59	08:48
438	1141	Rui Mota	factor x / s4l / medense fc	Veterano M40	03:48:41	+01:54:59	08:48
439	1243	Vania Amaral	individual	Senior Feminino	03:48:53	+01:55:11	08:48
440	1152	Diana Ribeiro	farroncos papa km	Senior Feminino	03:50:04	+01:56:22	08:51
441	1550	ARTUR SILVA	team shark	Veterano M50	03:50:07	+01:56:25	08:51
442	1022	Isabel Martins	amigos da montanha	Veterana F50	03:50:13	+01:56:32	08:51
443	1279	Joni Pandeirada Rocha	individual	Senior Masculino	03:50:38	+01:56:57	08:52
444	1234	Maria José Silva	individual	Senior Feminino	03:51:19	+01:57:38	08:54
445	1360	Virgílio marques de Sousa	individual	Veterano M40	03:51:19	+01:57:38	08:54
446	1316	Fernanda Rocha	individual	Veterana F40	03:51:19	+01:57:38	08:54
447	1157	Gil Vieira	farroncos papa km	Senior Masculino	03:53:32	+01:59:51	08:59
448	1095	Cândida Vilas Boas	clube zipper	Veterana F40	03:54:03	+02:00:21	09:00

TRAIL MEDIEVAL LONGO 26K - STAGE 1

26 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
449	1097	Fátima Ribeiro	clube zipper	Veterana F45	03:54:03	+02:00:22	09:00
450	1404	Rita Garcia Dias	juventude vidigalense	Veterana F40	03:54:36	+02:00:54	09:01
451	1407	ROGEORIO HENRIQUES	limitless	Senior Masculino	03:54:42	+02:01:00	09:02
452	1321	Ivete Alves	individual	Veterana F45	03:55:09	+02:01:27	09:03
453	93	David Alves	individual	Veterano M40	03:55:09	+02:01:28	09:03
454	1455	Joaninha	metralhas runners	Senior Feminino	03:55:22	+02:01:40	09:03
455	1179	Patrícia Pereira	gondomar futsal clube	Senior Feminino	03:55:45	+02:02:04	09:04
456	1381	JOSE OLIVEIRA	individual	Veterano M50	03:56:22	+02:02:40	09:05
457	1517	Sílvia Couto	runrun	Senior Feminino	03:57:25	+02:03:44	09:08
458	1485	NELSON FERREIRA	os falta d'ar	Senior Masculino	03:57:30	+02:03:48	09:08
459	161	RUI TEIXEIRA PINTO	os falta d'ar	Senior Masculino	03:57:30	+02:03:48	09:08
460	1259	Diogo Leonel Azevedo Sampaio	individual	Senior Masculino	03:57:31	+02:03:49	09:08
461	1106	Teresa Malheiro	correio de albergaria	Veterana F50	03:57:39	+02:03:57	09:08
462	1105	Suzana Ribeiro	correio de albergaria	Senior Feminino	03:57:40	+02:03:58	09:08
463	1133	Mónica Sofia	factor x / s4l / medense fc	Senior Feminino	03:57:57	+02:04:15	09:09
464	1135	João Pedro Sousa	factor x / s4l / medense fc	Senior Masculino	03:57:57	+02:04:16	09:09
465	1458	Tiago Neiva	monte dos amigos /juventude ribeiras	Senior Masculino	03:58:30	+02:04:48	09:10
466	1555	PAULA PEREIRA	trepá trilhos	Veterana F50	03:58:49	+02:05:07	09:11
467	1068	Anna Nemesh	caminhantes	Senior Masculino	03:58:57	+02:05:16	09:11
468	1386	HUGO COSTA	jpvmtteam	Senior Masculino	03:59:03	+02:05:22	09:12
469	1066	Anabela Moreira	caminhantes	Senior Feminino	03:59:04	+02:05:23	09:12
470	1101	Catarina Silva	correio de albergaria	Senior Feminino	03:59:33	+02:05:51	09:13
471	1388	LEANDRO MATOS	jpvmtteam	Veterano M40	03:59:37	+02:05:56	09:13
472	1387	PEDRO SILVA	jpvmtteam	Senior Masculino	03:59:38	+02:05:56	09:13
473	1323	Isaura de Almeida	individual	Veterana F50	03:59:53	+02:06:11	09:14
474	1365	Diamantino Jorge de Oliveira Valquaresma	individual	Veterano M45	03:59:53	+02:06:12	09:14
475	1477	Paula Duarte	núcleo de montanha de espinho	Veterana F40	04:02:30	+02:08:48	09:20
476	1577	Atleta 1577	individual	Senior Masculino	04:03:29	+02:09:48	09:22
477	1315	Fátima Nunes	individual	Veterana F40	04:04:28	+02:10:46	09:24
478	1232	Liliana Maria Correia Sousa Barros	individual	Senior Feminino	04:04:31	+02:10:49	09:24
479	1267	Fernando Varanda	individual	Senior Masculino	04:04:34	+02:10:52	09:24
480	1526	catarina alexandra vaz esteves cardoso	spotcriativo viseu running team	Senior Feminino	04:04:55	+02:11:14	09:25
481	1530	Elisabete Tavares Carreira	spotcriativo viseu running team	Veterana F40	04:04:56	+02:11:14	09:25
482	1255	Bruno Rodrigues	individual	Senior Masculino	04:04:59	+02:11:18	09:25
483	1414	Daniela Silva	lion runners - g. d. leões da guarda	Senior Feminino	04:05:30	+02:11:49	09:27
484	1423	Joana Martins	lion runners - g. d. leões da guarda	Veterana F40	04:05:31	+02:11:49	09:27
485	1411	Ana Oliveira	lion runners - g. d. leões da guarda	Senior Feminino	04:05:31	+02:11:49	09:27
486	1416	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	04:05:31	+02:11:49	09:27
487	1145	JOAO PINHEIRO	fama runners	Senior Masculino	04:08:59	+02:15:18	09:35
488	1090	Ana Sousa	clube nortada - murtosa night runners	Senior Feminino	04:11:37	+02:17:55	09:41
489	1091	Susana Pereira	clube nortada - murtosa night runners	Senior Feminino	04:11:37	+02:17:55	09:41
490	1273	HUGO CARVALHO	individual	Senior Masculino	04:11:37	+02:17:56	09:41
491	1426	Dina Gonçalves	lion runners - g. d. leões da guarda	Veterana F45	04:15:56	+02:22:14	09:51
492	1238	Sara Brandao	individual	Senior Feminino	04:16:00	+02:22:19	09:51
493	1250	Artur Fonseca	individual	Senior Masculino	04:16:14	+02:22:33	09:51

26 KM

[illegible]

Official Timekeeper: Lap2Go	12 / 12	generate 08-Jan-2017 17:19
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Trail Medieval Longo 26K

26 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	09:45	3°C	69%
End	14:44	3°C	69%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1038	PAULA SOFIA COUTINHO SOARES	Autistic Runners	Senior Feminino	02:26:27	05:38
2	1481	DANIELA RUSSO	Oralklass-Amigos do Trail	Senior Feminino	02:26:30	+00:03 05:38
3	1018	Paula Penedo	AMCF - Arrábida Trail Team	Senior Feminino	02:39:41	+13:14 06:09
4	1466	RAQUEL ANDRADE	Nascidos para Correr	Senior Feminino	02:41:14	+14:46 06:12
5	1523	RAQUEL CAMPOS	SHOTTS	Senior Feminino	02:48:39	+22:11 06:29
6	1229	ESTELA MARTINS	Individual	Senior Feminino	02:48:39	+22:11 06:29
7	1223	Adélia Pedrosa	Individual	Senior Feminino	02:51:21	+24:53 06:35
8	1003	Sandra Rocha	ACRD/PSP Viseu Runners	Senior Feminino	02:53:23	+26:55 06:40
9	1525	Ana Cristina Matos Rodrigues Costa	Spotcriativo Viseu Running Team	Senior Feminino	02:55:36	+29:08 06:45
10	1104	Silvia Gomes	CORREIO DE ALBERGARIA	Senior Feminino	02:55:37	+29:09 06:45
11	1169	Vera Lúcia Martins Nogueira	Gesinserde team	Senior Feminino	02:59:10	+32:43 06:53
12	1178	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:03:28	+37:00 07:03
13	1224	ANA MIRANDA	Individual	Senior Feminino	03:03:28	+37:00 07:03
14	1053	Ana Sousa	BUDEGUITA RUNNERS	Senior Feminino	03:03:28	+37:00 07:03
15	61	LUCIA LOURENÇO	Individual	Senior Feminino	03:03:28	+37:00 07:03
16	1067	Silvia vilar	Caminhantes	Senior Feminino	03:04:48	+38:20 07:06
17	1230	GABRIELA MADEIRA	Individual	Senior Feminino	03:05:16	+38:49 07:08
18	1195	Ondina Salgado	GTT - Armazém do Caffè	Senior Feminino	03:06:31	+40:04 07:10
19	1114	Luisa Mota	CorreRia	Senior Feminino	03:07:03	+40:36 07:12
20	1023	Maria José Pereira Leão	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	03:08:42	+42:15 07:15
21	1542	MONICA BARBOSA	TEAM SHARK	Senior Feminino	03:10:01	+43:33 07:19
22	1166	Andreia Ribeiro Almeida	Fridão Sem Limites	Senior Feminino	03:11:12	+44:44 07:21
23	1511	Patricia Ventura	PUZZLE-CENTRO DE EXPLICAÇÕES	Senior Feminino	03:12:13	+45:46 07:24
24	1231	Juliana Rodrigues	Individual	Senior Feminino	03:13:00	+46:32 07:25
25	1543	OLGA ALMEIDA	TEAM SHARK	Senior Feminino	03:13:00	+46:32 07:25
26	1236	Marlene de Castro soares	Individual	Senior Feminino	03:17:13	+50:45 07:35
27	1510	Marisa Marques	PUZZLE-CENTRO DE EXPLICAÇÕES	Senior Feminino	03:19:18	+52:50 07:40
28	1194	LILIANA ARAUJO	GTT - Armazém do Caffè	Senior Feminino	03:20:29	+54:02 07:43
29	1566	Daniela Soares	UNIDOS À FRESCA	Senior Feminino	03:22:20	+55:52 07:47
30	1168	Ana Gomes	GAIA-RUNNING	Senior Feminino	03:25:45	+59:17 07:55
31	1472	Carla Sofia Neves Monteiro	Núcleo de Montanha de Espinho	Senior Feminino	03:25:45	+59:17 07:55
32	1239	Silvia Soares	Individual	Senior Feminino	03:28:03	+01:01:36 08:00
33	1233	Márcia Junqueira	Individual	Senior Feminino	03:35:21	+01:08:53 08:17
34	1172	CARINA PINHO	Ginasio Fit4Fun	Senior Feminino	03:35:21	+01:08:54 08:17
35	1440	Ana Silva	Los Fófuxos	Senior Feminino	03:35:28	+01:09:00 08:17
36	1541	Carla Marina Moreira Pereira	TEAM SHARK	Senior Feminino	03:36:20	+01:09:53 08:19
37	1041	Vera Nogueira	AZTrail	Senior Feminino	03:36:34	+01:10:06 08:20

Official Timekeeper: Lap2Go	1 / 13	generate 08-Jan-2017 17:20
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Trail Medieval Longo 26K

26 KM

[illegible]

OFFICIAL RESULT

38	1129	Iolanda Tomaz	ESPAÇO SAÚDE	Senior Feminino	03:36:39	+01:10:12	08:20
39	1536	Helena cerqueda	Tartaruga rapida	Senior Feminino	03:36:47	+01:10:20	08:20
40	1011	Susana Sousa	ADCCJCLARK'S	Senior Feminino	03:38:42	+01:12:14	08:25
41	1464	Liliana Magalhães	Mountain Runners	Senior Feminino	03:38:48	+01:12:20	08:25
42	1225	Carina silva	Individual	Senior Feminino	03:39:28	+01:13:01	08:26
43	1228	Cristina Oliveira	Individual	Senior Feminino	03:42:53	+01:16:26	08:34
44	1142	NATALIA SANTOS	FAMA RUNNERS	Senior Feminino	03:45:49	+01:19:22	08:4
45	1014	SUSANA PINTO	ADRULSM-HOSPITAL SANTA MARIA PORTO	Senior Feminino	03:46:42	+01:20:14	08:43
46	1243	Vania Amaral	Individual	Senior Feminino	03:48:53	+01:22:25	08:48
47	1152	Diana Ribeiro	Farroncos Papa KM	Senior Feminino	03:50:04	+01:23:36	08:51
48	1234	Maria José Silva	Individual	Senior Feminino	03:51:19	+01:24:52	08:54
49	1455	Joaninha	Metralhas Runners	Senior Feminino	03:55:22	+01:28:54	09:03
50	1179	Patrícia Pereira	GONDOMAR FUTSAL CLUBE	Senior Feminino	03:55:45	+01:29:18	09:04
51	1517	Sílvia Couto	RunRun	Senior Feminino	03:57:25	+01:30:58	09:08
52	1105	Suzana Ribeiro	CORREIO DE ALBERGARIA	Senior Feminino	03:57:40	+01:31:12	09:08
53	1133	Mónica Sofia	FACTOR X / S4L / MEDENSE FC	Senior Feminino	03:57:57	+01:31:29	09:09
54	1066	Anabela Moreira	Caminhantes	Senior Feminino	03:59:04	+01:32:37	09:12
55	1101	Catarina Silva	CORREIO DE ALBERGARIA	Senior Feminino	03:59:33	+01:33:05	09:13
56	1232	Liliana Maria Correia Sousa Barros	Individual	Senior Feminino	04:04:31	+01:38:03	09:24
57	1526	catarina alexandra vaz esteves cardoso	Spotcriativo Viseu Running Team	Senior Feminino	04:04:55	+01:38:28	09:25
58	1414	Daniela Silva	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:05:30	+01:39:03	09:27
59	1411	Ana Oliveira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:05:31	+01:39:03	09:27
60	1416	Susana Faria	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:05:31	+01:39:03	09:27
61	1090	Ana Sousa	Clube Nortada - Murtosa Night Runners	Senior Feminino	04:11:37	+01:45:09	09:41
62	1091	Susana Pereira	Clube Nortada - Murtosa Night Runners	Senior Feminino	04:11:37	+01:45:09	09:41
63	1238	Sara Brandao	Individual	Senior Feminino	04:16:00	+01:49:33	09:51
64	1185	Grace Kelly Pinto	Good Vibes Girls	Senior Feminino	04:33:30	+02:07:03	10:31
65	1415	Raquel Santos	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:44:52	+02:18:25	10:57
66	1413	Cristina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	04:44:52	+02:18:25	10:57
67	1186	Raquel Carvalho	Good Vibes Girls	Senior Feminino	04:52:47	+02:26:20	11:16
68	1188	Sonia Pinheiro	Good Vibes Girls	Senior Feminino	04:52:47	+02:26:20	11:16

Senior Masculino

1	1123	RICARDO SILVA	EDV-VIANA TRAIL	Senior Masculino	01:53:42	04:22
2	1207	Sergio Sa	GTT - Armazém do Caffè	Senior Masculino	02:02:53	+09:12 04:44
3	1125	PAULO PINTO	ENERGIA GINASIO	Senior Masculino	02:05:03	+11:21 04:49
4	1205	NUNO FIGUEIREDO	GTT - Armazém do Caffè	Senior Masculino	02:09:34	+15:53 04:59
5	3117	Pedro Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:09:59	+16:18 05:00
6	1290	Milton César Miranda dos Santos	Individual	Senior Masculino	02:11:02	+17:20 05:02

Trail Medieval Longo 26K

26 KM

[illegible]

OFFICIAL RESULT

7	1417	Celso Oliveira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:12:08	+18:27	05:05
8	1306	Vitor Cavadas	Individual	Senior Masculino	02:14:02	+20:20	05:09
9	1307	Vitor Francisco	Individual	Senior Masculino	02:16:12	+22:31	05:14
10	1013	Nuno Faria	ADCCJCLARK'S	Senior Masculino	02:17:46	+24:05	05:18
11	1031	Jorge Gomes	ARCORUN	Senior Masculino	02:18:02	+24:20	05:19
12	1119	Nelson Teixeira	CROCODILOS / MISTERPC	Senior Masculino	02:18:40	+24:58	05:20
13	173	Tiago Santos	Sport Clube Beira-Mar	Senior Masculino	02:19:01	+25:20	05:21
14	1198	Emanuel Moreira da Costa	GTT - Armazém do Caffè	Senior Masculino	02:19:42	+26:01	05:22
15	1208	TIAGO SAMPAIO	GTT - Armazém do Caffè	Senior Masculino	02:22:06	+28:25	05:28
16	1394	Tiago Padrela Ferreira da Silva	Juventude Cortegacense	Senior Masculino	02:22:06	+28:25	05:28
17	1206	RICARDO MIRANDA	GTT - Armazém do Caffè	Senior Masculino	02:22:08	+28:26	05:28
18	1291	Nélson Sousa	Individual	Senior Masculino	02:23:32	+29:50	05:31
19	1474	João Ribeiro	Núcleo de Montanha de Espinho	Senior Masculino	02:24:37	+30:55	05:34
20	1513	Hugo Ventura	PUZZLE-CENTRO DE EXPLICAÇÕES	Senior Masculino	02:25:12	+31:31	05:35
21	1247	André Ribeiro Almeida	Individual	Senior Masculino	02:25:20	+31:38	05:35
22	1167	Ricardo Miguel Magalhães Nunes	Fridão Sem Limites	Senior Masculino	02:25:50	+32:09	05:37
23	1482	Francisco Figueiredo	Oralklass-Amigos do Trail	Senior Masculino	02:26:30	+32:48	05:38
24	1204	MARCO FERNANDES	GTT - Armazém do Caffè	Senior Masculino	02:26:36	+32:54	05:38
25	1287	MÁRIO GALHANO	Individual	Senior Masculino	02:26:44	+33:02	05:39
26	1310	Williams da Conceição Rodriguez	Individual	Senior Masculino	02:28:47	+35:06	05:43
27	1527	Hugo Pinto da Costa	Spotcriativo Viseu Running Team	Senior Masculino	02:28:50	+35:08	05:43
28	1298	Ricardo Pereira	Individual	Senior Masculino	02:29:04	+35:22	05:44
29	1165	Paulo Sarmento	FFit Gaia Trail	Senior Masculino	02:29:43	+36:02	05:46
30	1283	Leandro Costa	Individual	Senior Masculino	02:29:46	+36:04	05:46
31	1030	FRANCISCO JOSÉ BARBOSA GOMES	Apúlia a Correr	Senior Masculino	02:29:47	+36:06	05:46
32	1094	Paulo Silva	Clube Zupper	Senior Masculino	02:30:05	+36:23	05:46
33	1047	Adriano Fernando lopes Mendes	Brabus Runners	Senior Masculino	02:30:40	+36:59	05:48
34	1272	Helder Filipe Silva Campos	Individual	Senior Masculino	02:33:45	+40:03	05:55
35	1147	NUNO ALVES	FAMA RUNNERS	Senior Masculino	02:35:32	+41:51	05:59
36	12	Paulo Jorge Filipe	Apúlia a Correr	Senior Masculino	02:35:45	+42:04	05:59
37	1505	Jorge Pereira	Profisio Team	Senior Masculino	02:36:02	+42:21	06:00
38	1149	PEDRO SANTOS	FAMA RUNNERS	Senior Masculino	02:36:17	+42:36	06:01
39	1124	Rodolfo Silva	EDV-VIANA TRAIL	Senior Masculino	02:37:26	+43:44	06:03
40	1131	Ricardo Fernandes	ESPAÇO SAÚDE	Senior Masculino	02:37:32	+43:50	06:04
41	1269	Francisco Fernandes	Individual	Senior Masculino	02:37:44	+44:02	06:04
42	1048	Cesário Leite	Brabus Runners	Senior Masculino	02:39:09	+45:28	06:07
43	1146	JOSE COSTA	FAMA RUNNERS	Senior Masculino	02:39:44	+46:03	06:09
44	1203	Marcelo Teles	GTT - Armazém do Caffè	Senior Masculino	02:39:45	+46:04	06:09
45	1486	ROMEU ROCHA	Os Falta D'Ar	Senior Masculino	02:40:20	+46:38	06:10
46	1308	Vitor Simão Machado Pedroso	Individual	Senior Masculino	02:40:53	+47:11	06:11
47	78	jorge oliveira	Individual	Senior Masculino	02:41:55	+48:13	06:14
48	1222	Filipe Oliveyra	Imperadores	Senior Masculino	02:42:05	+48:24	06:14
49	1301	Rui Miguel Gomes Figueiredo	Individual	Senior Masculino	02:42:27	+48:45	06:15
50	1545	HELDER RODRIGUES	TEAM SHARK	Senior Masculino	02:44:05	+50:24	06:19

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Trail Medieval Longo 26K

26 KM

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OFFICIAL RESULT

51	1181	Bruno Macieira	GONDOMAR FUTSAL CLUBE	Senior Masculino	02:44:16	+50:35	06:19
52	1467	BRUNO MOURA	Nascidos para Correr	Senior Masculino	02:45:15	+51:34	06:21
53	1281	José Pereira	Individual	Senior Masculino	02:46:00	+52:19	06:23
54	1015	PEDRO FERNANDES	ADRULSM-HOSPITAL SANTA MARIA PORTO	Senior Masculino	02:46:18	+52:36	06:24
55	1050	Ricardo Sampaio	Brabus Runners	Senior Masculino	02:46:29	+52:47	06:24
56	1266	Fernando Simões	Individual	Senior Masculino	02:46:35	+52:53	06:24
57	1132	Andre Pinto	Factor X / S4L / Medense	Senior Masculino	02:47:14	+53:33	06:26
58	1576	Avelino Sa	Individual	Senior Masculino	02:47:15	+53:33	06:26
59	1270	Hélder Costa	Individual	Senior Masculino	02:48:10	+54:28	06:28
60	1036	Ricardo Magalhães	As Belas e Eles	Senior Masculino	02:48:29	+54:48	06:29
61	1173	CARLOS MAGALHAES	Ginasio Fit4Fun	Senior Masculino	02:48:54	+55:13	06:30
62	1162	Ricardo Santos	Farroncos Papa KM	Senior Masculino	02:49:20	+55:39	06:31
63	1448	Gil Bastos	Marcapasso trail team	Senior Masculino	02:50:22	+56:40	06:33
64	1564	Antonio Rocha	TRINCAMETAS	Senior Masculino	02:50:35	+56:54	06:34
65	1565	Ricardo Boucinha	TRINCAMETAS	Senior Masculino	02:50:35	+56:54	06:34
66	1264	Fábio Bruno Ferreira de Almeida	Individual	Senior Masculino	02:51:15	+57:33	06:35
67	1500	Manuel Barbosa	Paredes Running	Senior Masculino	02:52:27	+58:45	06:38
68	1252	Bruno Filipe Ribeiro Ferreira	Individual	Senior Masculino	02:52:46	+59:05	06:39
69	1265	Fernando Duarte	Individual	Senior Masculino	02:52:59	+59:18	06:39
70	1257	Cunha Filipe	Individual	Senior Masculino	02:53:23	+59:41	06:40
71	1254	Bruno Neves	Individual	Senior Masculino	02:53:44	+01:00:03	06:41
72	1468	NUNO RIBEIRO	Nascidos para Correr	Senior Masculino	02:54:11	+01:00:30	06:42
73	1286	Marcos Silva	Individual	Senior Masculino	02:54:14	+01:00:32	06:42
74	1546	RENATO LOURENCO	TEAM SHARK	Senior Masculino	02:54:34	+01:00:52	06:43
75	1393	Manuel Valente	Juventude Cortegacense	Senior Masculino	02:54:58	+01:01:16	06:44
76	1155	bruno andret ribeiro da silva	Farroncos Papa KM	Senior Masculino	02:55:11	+01:01:30	06:44
77	1032	NUNO FILIPE	ARCORUN	Senior Masculino	02:55:29	+01:01:48	06:45
78	1390	Antonio Pais de Oliveira	Juventude Cortegacense	Senior Masculino	02:55:35	+01:01:53	06:45
79	1284	Lorenzo Soares	Individual	Senior Masculino	02:56:42	+01:03:01	06:48
80	1199	HUGO PALMEIRA	GTT - Armazém do Caffè	Senior Masculino	02:56:46	+01:03:04	06:48
81	1200	Jorge Borges	GTT - Armazém do Caffè	Senior Masculino	02:56:46	+01:03:05	06:48
82	1579	Atleta 1579	Individual	Senior Masculino	02:57:37	+01:03:56	06:50
83	1392	Joel Sequeira	Juventude Cortegacense	Senior Masculino	02:58:03	+01:04:22	06:51
84	1245	André Costa	Individual	Senior Masculino	02:58:19	+01:04:37	06:52
85	1268	Filipe marques oliveira	Individual	Senior Masculino	02:58:28	+01:04:47	06:52
86	1385	Pedro santos	J&P running	Senior Masculino	02:59:08	+01:05:26	06:53
87	1389	Andre Marques	Juventude Cortegacense	Senior Masculino	02:59:29	+01:05:47	06:54
88	1248	António Carlos Tavares de Paiva	Individual	Senior Masculino	02:59:40	+01:05:58	06:55
89	1304	Tiago Almeida	Individual	Senior Masculino	02:59:49	+01:06:08	06:55
90	1262	Edmundo Cunha Rilho	Individual	Senior Masculino	03:00:05	+01:06:24	06:56
91	1521	Rogério Rocha	Salta poçinhas	Senior Masculino	03:00:45	+01:07:03	06:57
92	1271	Helder Filipe da Silva Pinto	Individual	Senior Masculino	03:00:46	+01:07:04	06:57
93	1249	Antonio Freitas	Individual	Senior Masculino	03:00:49	+01:07:08	06:57
94	1504	Joaquim Mesquita 2	Profisio Team	Senior Masculino	03:02:07	+01:08:26	07:00
95	1450	Pedro Mota	Marcapasso trail team	Senior Masculino	03:02:07	+01:08:26	07:00
96	1451	Tiago Gomes Mota	Marcapasso trail team	Senior Masculino	03:02:08	+01:08:26	07:00

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Trail Medieval Longo 26K

26 KM

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97	1004	Fernando Marques	ACRD/PSP Viseu Runners	Senior Masculino	03:02:54	+01:09:13	07:02
98	1163	Sérgio Leal	Farroncos Papa KM	Senior Masculino	03:03:09	+01:09:27	07:03
99	1077	João Oliveira	Centro Municipal de Marcha e Corrida de Vale de Cambra	Senior Masculino	03:03:15	+01:09:34	07:03
100	1288	Mario Vieira	Individual	Senior Masculino	03:03:29	+01:09:48	07:03
101	1154	Amaury Pinho	Farroncos Papa KM	Senior Masculino	03:04:37	+01:10:55	07:06
102	1069	Bruno Gomes	Caminhantes	Senior Masculino	03:04:47	+01:11:06	07:06
103	1196	DIMITRI MATOS	GTT - Armazém do Caffè	Senior Masculino	03:06:31	+01:12:50	07:10
104	1201	JOSÉ PEREIRA	GTT - Armazém do Caffè	Senior Masculino	03:06:55	+01:13:14	07:11
105	1202	LUIS VAZ	GTT - Armazém do Caffè	Senior Masculino	03:06:56	+01:13:14	07:11
106	1456	Vigário	Metralhas Runners	Senior Masculino	03:07:25	+01:13:43	07:13
107	1570	Carlos Moreira	Unidos ao pó	Senior Masculino	03:07:33	+01:13:52	07:13
108	1442	Rui Fernando Rosas de Oliveira	Lusitanos	Senior Masculino	03:07:48	+01:14:07	07:13
109	1115	Rui Barros	CorreRia	Senior Masculino	03:08:49	+01:15:07	07:16
110	1256	Carlos Neves	Individual	Senior Masculino	03:09:08	+01:15:26	07:16
111	1024	Fernando Ismael Oliveira Nogueira	AMIGOS DO PEDAL TRILAGARES	Senior Masculino	03:09:16	+01:15:34	07:17
112	1277	Ivo Daniel Azevedo Sampaio	Individual	Senior Masculino	03:10:26	+01:16:44	07:19
113	1305	Valério Saleiro	Individual	Senior Masculino	03:10:47	+01:17:05	07:20
114	1516	Bruno Miguel Lopes Silva	Rexemingas Team	Senior Masculino	03:10:53	+01:17:11	07:21
115	1055	João Monteiro	BUDEGUITA RUNNERS	Senior Masculino	03:10:56	+01:17:15	07:21
116	1006	Vítor Marques	ACRD/PSP Viseu Runners	Senior Masculino	03:11:00	+01:17:19	07:21
117	1295	Renato Castro Freitas	Individual	Senior Masculino	03:11:47	+01:18:05	07:23
118	1506	Nelson Vaz	Profisio Team	Senior Masculino	03:12:18	+01:18:37	07:24
119	1093	Hélder Vieira	Clube Zupper	Senior Masculino	03:12:19	+01:18:37	07:24
120	1072	Carlos Miguel Simões Morais	Carlos Morais	Senior Masculino	03:12:26	+01:18:45	07:24
121	1454	Hélder Moreira	Mata elefantes	Senior Masculino	03:12:49	+01:19:08	07:25
122	1158	João Matos	Farroncos Papa KM	Senior Masculino	03:12:52	+01:19:11	07:25
123	1221	Pedro Samuel Silva Pereira	Guimarunning Moscada	Senior Masculino	03:13:04	+01:19:23	07:26
124	1253	Bruno Manuel Sousa Ferreira	Individual	Senior Masculino	03:13:29	+01:19:47	07:27
125	1263	eurico mateus	Individual	Senior Masculino	03:14:24	+01:20:43	07:29
126	1260	Diogo Miguel Silva Melo	Individual	Senior Masculino	03:16:28	+01:22:47	07:33
127	1051	Daniel Barbosa	BTT Alegria / TUBANI	Senior Masculino	03:17:08	+01:23:26	07:35
128	1292	Nuno Abreu	Individual	Senior Masculino	03:18:21	+01:24:39	07:38
129	1512	Emanuel Magalhães	PUZZLE-CENTRO DE EXPLICAÇÕES	Senior Masculino	03:19:18	+01:25:36	07:40
130	1578	Atleta 1578	Individual	Senior Masculino	03:19:29	+01:25:48	07:40
131	1520	Renato Martins	Salta poçinhas	Senior Masculino	03:20:03	+01:26:21	07:42
132	1294	Raul Xavier Leandro Pereira	Individual	Senior Masculino	03:20:38	+01:26:56	07:43
133	1299	Roberto Dias	Individual	Senior Masculino	03:20:39	+01:26:57	07:43
134	1275	Hugo Homem Rocha	Individual	Senior Masculino	03:20:39	+01:26:58	07:43
135	1276	HUGO RICARDO SOARES DE PINHO LIMA	Individual	Senior Masculino	03:20:40	+01:26:59	07:43
136	1070	Jorge Ferreira	Caminhantes	Senior Masculino	03:21:02	+01:27:20	07:44
137	1297	Ricardo Jorge Tavares Correia	Individual	Senior Masculino	03:21:08	+01:27:27	07:44
138	1280	JOSE MOREIRA	Individual	Senior Masculino	03:21:14	+01:27:33	07:44
139	1148	PAULO CARVALHO	FAMA RUNNERS	Senior Masculino	03:21:33	+01:27:52	07:45
140	1144	DANIEL VIEIRA	FAMA RUNNERS	Senior Masculino	03:21:34	+01:27:52	07:45

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Trail Medieval Longo 26K

26 KM

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OFFICIAL RESULT

141	1499	Helder Barros	Paredes Running	Senior Masculino	03:21:49	+01:28:07	07:46
142	1190	Tiago Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	03:22:27	+01:28:46	07:47
143	1274	Hugo Cláudio Campos Pacheco	Individual	Senior Masculino	03:23:09	+01:29:28	07:49
144	1120	Filipe nunes	CrossFit Aveiro	Senior Masculino	03:24:08	+01:30:26	07:51
145	1258	Daniel Moreira	Individual	Senior Masculino	03:24:08	+01:30:26	07:51
146	1452	Tiago Pereira e Silva	Marcapasso trail team	Senior Masculino	03:24:22	+01:30:40	07:52
147	1071	Pedro Ferreira	Caminhantes	Senior Masculino	03:24:55	+01:31:14	07:53
148	1282	José Vitor campos costa	Individual	Senior Masculino	03:25:01	+01:31:20	07:53
149	1475	Nuno Raposo	Núcleo de Montanha de Espinho	Senior Masculino	03:25:44	+01:32:03	07:55
150	1519	André Vasconcelos	Salta poçinhas	Senior Masculino	03:26:21	+01:32:40	07:56
151	1574	Jorge Miguel de Bastos Loureiro	VELOCIDADE FURIOSA	Senior Masculino	03:26:27	+01:32:46	07:56
152	1174	Pézinhos	Ginasio Fit4Fun	Senior Masculino	03:29:07	+01:35:26	08:03
153	1080	BRUNO PINHO	CLUBE ATLETISMO LAMAS	Senior Masculino	03:29:15	+01:35:33	08:03
154	1303	Rui Pedro Dias Botelho	Individual	Senior Masculino	03:30:18	+01:36:37	08:05
155	1567	Pedro Taveira Marques	UNIDOS À FRESCA	Senior Masculino	03:30:45	+01:37:04	08:06
156	1289	Mauro Daniel Ferreira Sousa	Individual	Senior Masculino	03:32:39	+01:38:57	08:11
157	1420	Miguel Mendes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:32:52	+01:39:10	08:11
158	1418	Filipe Pereira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:32:52	+01:39:10	08:11
159	1419	JOAO SOARES	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	03:32:52	+01:39:11	08:11
160	1285	Márcio Gomes Costa	Individual	Senior Masculino	03:33:40	+01:39:58	08:13
161	1001	André Rodrigues	30OVER30.ORG	Senior Masculino	03:34:41	+01:40:59	08:15
162	1538	António Pinheiro	Team DUAS FACES	Senior Masculino	03:37:54	+01:44:13	08:23
163	1465	Rui Rodrigues	Mountain Runners	Senior Masculino	03:38:48	+01:45:07	08:25
164	1156	Francisco Matos	Farroncos Papa KM	Senior Masculino	03:38:53	+01:45:11	08:25
165	1160	Pedro Correia	Farroncos Papa KM	Senior Masculino	03:38:55	+01:45:13	08:25
166	1161	Pedro Familiar	Farroncos Papa KM	Senior Masculino	03:38:55	+01:45:13	08:25
167	1302	Rui Miguel Oliveira Valente	Individual	Senior Masculino	03:42:42	+01:49:01	08:34
168	1159	Luis Cardoso	Farroncos Papa KM	Senior Masculino	03:44:55	+01:51:14	08:39
169	1278	João António Vieira Miranda	Individual	Senior Masculino	03:46:08	+01:52:26	08:42
170	1136	Pedro Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:48:40	+01:54:59	08:48
171	1279	Joni Pandeirada Rocha	Individual	Senior Masculino	03:50:38	+01:56:57	08:52
172	1157	Gil Vieira	Farroncos Papa KM	Senior Masculino	03:53:32	+01:59:51	08:59
173	1407	ROGEORIO HENRIQUES	Limitless	Senior Masculino	03:54:42	+02:01:00	09:02
174	1485	NELSON FERREIRA	Os Falta D'Ar	Senior Masculino	03:57:30	+02:03:48	09:08
175	161	RUI TEIXEIRA PINTO	Os Falta D'Ar	Senior Masculino	03:57:30	+02:03:48	09:08
176	1259	Diogo Leonel Azevedo Sampaio	Individual	Senior Masculino	03:57:31	+02:03:49	09:08
177	1135	João Pedro Sousa	FACTOR X / S4L / MEDENSE FC	Senior Masculino	03:57:57	+02:04:16	09:09
178	1458	Tiago Neiva	Monte dos Amigos /Juventude Ribeiras	Senior Masculino	03:58:30	+02:04:48	09:10
179	1068	Anna Nemesh	Caminhantes	Senior Masculino	03:58:57	+02:05:16	09:11
180	1386	HUGO COSTA	JPVMTEAM	Senior Masculino	03:59:03	+02:05:22	09:12
181	1387	PEDRO SILVA	JPVMTEAM	Senior Masculino	03:59:38	+02:05:56	09:13
182	1577	Atleta 1577	Individual	Senior Masculino	04:03:29	+02:09:48	09:22
183	1267	Fernando Varanda	Individual	Senior Masculino	04:04:34	+02:10:52	09:24
184	1255	Bruno Rodrigues	Individual	Senior Masculino	04:04:59	+02:11:18	09:25

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Trail Medieval Longo 26K

26 KM

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OFFICIAL RESULT

185	1145	JOAO PINHEIRO	FAMA RUNNERS	Senior Masculino	04:08:59	+02:15:18	09:35
186	1273	HUGO CARVALHO	Individual	Senior Masculino	04:11:37	+02:17:56	09:41
187	1250	Artur Fonseca	Individual	Senior Masculino	04:16:14	+02:22:33	09:51

Sub 23 Masculino

1	1137	Hugo Miguel Pinho	FACTOR X / S4L / MEDENSE FC	Sub 23 Masculino	02:52:43	06:39
2	1116	Rui Manuel de Jesus Seaba	CorreRia	Sub 23 Masculino	03:02:58	+10:15 07:02
3	1528	Nuno Ribeiro	Spotcriativo Viseu Running Team	Sub 23 Masculino	03:09:54	+17:11 07:18
4	1073	Duarte Miquel Pereira da Costa	Carlos Morais	Sub 23 Masculino	03:12:26	+19:44 07:24

Veterana F40

1	1121	Paula Lage	Dr. Merino/4moove	Veterana F40	02:27:58		05:41
2	1507	Sandra Mendes	Profisio Team	Veterana F40	02:30:12	+02:14	05:47
3	1539	Elisabete Santos	TEAM LANTEMIL	Veterana F40	02:38:39	+10:41	06:06
4	1529	Ana Nascimento	Spotcriativo Viseu Running Team	Veterana F40	02:40:32	+12:35	06:10
5	1058	Isabel Lima	BUDEGUITA RUNNERS	Veterana F40	02:47:50	+19:53	06:27
6	1020	Goreti Correia	AMIGO TRAIL RUN	Veterana F40	02:49:42	+21:45	06:3
7	1319	Suzana Andrade	Individual	Veterana F40	02:51:29	+23:32	06:36
8	1164	Sofia Coelho	Farroncos Papa KM	Veterana F40	02:57:45	+29:47	06:50
9	1209	Anabela Keta Batista	GTT - Armazém do Caffè	Veterana F40	02:59:24	+31:27	06:54
10	1312	Carla Pereira	Individual	Veterana F40	03:01:31	+33:34	06:59
11	1043	Graça Martins	BARCELOS RUNNERS	Veterana F40	03:13:00	+45:03	07:25
12	1396	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	03:20:07	+52:09	07:42
13	1560	Susana Maria Gomes de Sousa	TrepaTrilhos Trail Team	Veterana F40	03:24:08	+56:10	07:51
14	1403	Margarida Nobre Nunes	Juventude Vidigalense	Veterana F40	03:24:37	+56:40	07:52
15	1056	Ana Dias	BUDEGUITA RUNNERS	Veterana F40	03:26:11	+58:13	07:56
16	1057	Helena Dias	BUDEGUITA RUNNERS	Veterana F40	03:26:11	+58:14	07:56
17	1575	Sofia Guerra	VELOCIDADE FURIOSA	Veterana F40	03:26:27	+58:30	07:56
18	1317	Patrícia Nunes	Individual	Veterana F40	03:28:03	+01:00:05	08:00
19	1117	Lígia Casimiro	CorreRia	Veterana F40	03:32:36	+01:04:38	08:11
20	1421	Carmen Magalhães	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	03:32:51	+01:04:53	08:11
21	1395	Anabela dos Santos Marques	Juventude Cortegacense	Veterana F40	03:34:10	+01:06:13	08:14
22	1318	Susana Luís	Individual	Veterana F40	03:34:49	+01:06:51	08:16
23	1175	Ana Cláudia Pissarra	Ginasio Fit4Fun	Veterana F40	03:35:21	+01:07:24	08:17
24	1547	SANDRA MATOS	TEAM SHARK	Veterana F40	03:38:15	+01:10:17	08:24
25	1314	Diana Cancela	Individual	Veterana F40	03:40:20	+01:12:23	08:28
26	1059	Minna Sillankorva	BUDEGUITA RUNNERS	Veterana F40	03:46:41	+01:18:44	08:43
27	1316	Fernanda Rocha	Individual	Veterana F40	03:51:19	+01:23:22	08:54
28	1095	Cândida Vilas Boas	Clube Zupper	Veterana F40	03:54:03	+01:26:05	09:00
29	1404	Rita Garcia Dias	Juventude Vidigalense	Veterana F40	03:54:36	+01:26:38	09:01
30	1477	Paula Duarte	Núcleo de Montanha de Espinho	Veterana F40	04:02:30	+01:34:32	09:20
31	1315	Fátima Nunes	Individual	Veterana F40	04:04:28	+01:36:30	09:24
32	1530	Elisabete Tavares Carreira	Spotcriativo Viseu Running Team	Veterana F40	04:04:56	+01:36:58	09:25

Trail Medieval Longo 26K

26 KM

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OFFICIAL RESULT

33	1423	Joana Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	04:05:31	+01:37:33	09:27
34	1424	Sandra Cristina Coelho da Rocha Pereira	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	04:48:06	+02:20:09	11:05
35	1476	Claudia Sofia Magalhaes	Núcleo de Montanha de Espinho	Veterana F40	04:50:35	+02:22:37	11:11

Veterana F45

1	1469	ALEXANDRA FERNANDES	Nascidos para Correr	Veterana F45	02:48:39	06:29
2	1086	ROSA FERREIRA	CLUBE BTT SANGUEDO	Veterana F45	03:04:15	+15:36 07:05
3	1320	Cristina Fundevila	Individual	Veterana F45	03:14:51	+26:12 07:30
4	1322	PAULA COSTA	Individual	Veterana F45	03:25:21	+36:43 07:54
5	1096	Estefânia Matias	Clube Zupper	Veterana F45	03:39:35	+50:56 08:27
6	1097	Fátima Ribeiro	Clube Zupper	Veterana F45	03:54:03	+01:05:25 09:00
7	1321	Ivete Alves	Individual	Veterana F45	03:55:09	+01:06:30 09:03
8	1426	Dina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F45	04:15:56	+01:27:17 09:51
9	1425	Bi Lima	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F45	04:48:06	+01:59:28 11:05
10	1478	Diolinda Tavares	Núcleo de Montanha de Espinho	Veterana F45	04:50:39	+02:02:01 11:11

Veterana F50

1	1548	GRACA SILVA	TEAM SHARK	Veterana F50	02:48:40	06:29
2	1210	CONCEIÇÃO QUEIROZ	GTT - Armazém do Caffè	Veterana F50	03:00:03	+11:22 06:56
3	1176	Conceição Ferreira	Ginasio Fit4Fun	Veterana F50	03:07:12	+18:31 07:12
4	1537	luisa Almeida	Tartarugas do Asfalto	Veterana F50	03:20:28	+31:47 07:43
5	1427	Maria Ricardo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	03:42:41	+54:01 08:34
6	1561	Elisa de Sousa Alves Lopes	TrepaTrilhos Trail Team	Veterana F50	03:43:40	+55:00 08:36
7	1150	ANA SIMOES	FAMA RUNNERS	Veterana F50	03:45:49	+57:09 08:41
8	1022	Isabel Martins	Amigos da Montanha	Veterana F50	03:50:13	+01:01:33 08:51
9	1106	Teresa Malheiro	CORREIO DE ALBERGARIA	Veterana F50	03:57:39	+01:08:58 09:08
10	1555	PAULA PEREIRA	TREPA TRILHOS	Veterana F50	03:58:49	+01:10:08 09:11
11	1323	Isaura de Almeida	Individual	Veterana F50	03:59:53	+01:11:12 09:14

Veterano M40

1	1085	RUI ROMÃO	CLUBE ATLETISMO OVAR	Veterano M40	02:07:36	04:54
2	1335	Fernando Taborda	Oralklass-Amigos do Trail	Veterano M40	02:09:15	+01:38 04:58
3	1009	Ricardo Oliveira	ACRD/PSP Viseu Runners	Veterano M40	02:09:37	+02:01 04:59
4	1211	Carlos Cardoso	GTT - Armazém do Caffè	Veterano M40	02:10:26	+02:50 05:01
5	1343	Luis Miguel Cunha	Individual	Veterano M40	02:12:32	+04:56 05:06
6	1341	José Paulo Pereira Ribeiro	Individual	Veterano M40	02:13:20	+05:43 05:08
7	1021	Manuel Barbosa	AMIGO TRAIL RUN	Veterano M40	02:13:33	+05:57 05:08
8	1007	João Valério	ACRD/PSP Viseu Runners	Veterano M40	02:17:45	+10:08 05:18
9	1351	Paulo Azevedo	Individual	Veterano M40	02:19:04	+11:27 05:21

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Trail Medieval Longo 26K

26 KM

[illegible]

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10	1340	José Paulo Ferreira	Individual	Veterano M40	02:22:08	+14:31	05:28
11	1046	Antonio Manuel Esteves Oliveira Silva	Bosch	Veterano M40	02:22:20	+14:44	05:28
12	1037	Carlos Fernandes	As Belas e Eles	Veterano M40	02:22:22	+14:46	05:29
13	1008	Ramiro Oliveira	ACRD/PSP Viseu Runners	Veterano M40	02:25:29	+17:53	05:36
14	1508	Raul Silva	Profisio Team	Veterano M40	02:26:01	+18:24	05:37
15	1461	Leandro Pacheco	Monte dos Amigos /Juventude Ribeiras	Veterano M40	02:26:31	+18:54	05:38
16	1075	FERNANDO LOPES	CDC SÃO MARTINHO DA GÂNDARA	Veterano M40	02:30:42	+23:06	05:48
17	1214	Rui Conde Franco	GTT - Armazém do Caffè	Veterano M40	02:31:44	+24:07	05:50
18	1490	MARCO BOTELHO	Os Falta D'Ar	Veterano M40	02:33:13	+25:37	05:54
19	1329	Antonio Jose Abreu Teixeira	Individual	Veterano M40	02:33:21	+25:44	05:54
20	1084	ANTONIO PALAVRA	CLUBE ATLETISMO OVAR	Veterano M40	02:34:24	+26:47	05:56
21	1325	Abilio Malheiro	Individual	Veterano M40	02:34:25	+26:48	05:56
22	1062	Pedro Gabriel	C.A. Amigos Parque da Paz	Veterano M40	02:35:38	+28:01	05:59
23	1446	Jorge mota	Lusitanos corsica	Veterano M40	02:37:26	+29:50	06:03
24	1348	Nuno Seabra	Individual	Veterano M40	02:37:43	+30:07	06:04
25	1327	André Figueiredo	Individual	Veterano M40	02:38:22	+30:46	06:05
26	1087	ROLANDO PAULO	CLUBE BTT SANGUEDO	Veterano M40	02:38:35	+30:59	06:06
27	1479	Miguel Leitão Marques	Online Team	Veterano M40	02:38:39	+31:02	06:06
28	1357	Rui Manuel Azevedo Araújo	Individual	Veterano M40	02:39:14	+31:37	06:07
29	1098	Paulo Neta	Clube Zupper	Veterano M40	02:39:18	+31:41	06:08
30	1213	Pedro Costa	GTT - Armazém do Caffè	Veterano M40	02:39:45	+32:09	06:09
31	1355	Ricardo Rocha Pereira	Individual	Veterano M40	02:39:50	+32:14	06:09
32	1324	Abel Ricardo Correia	Individual	Veterano M40	02:40:44	+33:08	06:11
33	1333	Delfim Nunes	Individual	Veterano M40	02:41:04	+33:27	06:12
34	1398	Joao Paulo Costa Oliveira	Juventude Cortegacense	Veterano M40	02:42:15	+34:38	06:14
35	1033	CARLOS COUTO	ARCORUN	Veterano M40	02:43:43	+36:07	06:18
36	1107	carlos Cachulo	CORREIO DE ALBERGARIA	Veterano M40	02:43:54	+36:18	06:18
37	1183	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	02:44:16	+36:40	06:19
38	1354	Pedro Sousa	Individual	Veterano M40	02:44:30	+36:53	06:20
39	1460	Jorge Pinheiro	Monte dos Amigos /Juventude Ribeiras	Veterano M40	02:44:36	+37:00	06:20
40	1462	Valter Guedes	Monte dos Amigos /Juventude Ribeiras	Veterano M40	02:44:37	+37:01	06:20
41	1515	José Loureiro	Quinta de Paramos - Atletismo	Veterano M40	02:46:13	+38:37	06:24
42	1139	Pedro dos Santos Ferreira	FACTOR X / S4L / MEDENSE FC	Veterano M40	02:46:14	+38:38	06:24
43	1034	Vitor Folgado	ARCORUN	Veterano M40	02:46:56	+39:19	06:25
44	1358	sergio paulo pires freitas	Individual	Veterano M40	02:48:33	+40:57	06:29
45	1430	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:50:54	+43:17	06:34
46	1076	PAULO SILVA	CDC SÃO MARTINHO DA GÂNDARA	Veterano M40	02:50:56	+43:20	06:34
47	1556	JOSE PORTUGAL	TREPA TRILHOS	Veterano M40	02:51:01	+43:24	06:35
48	1447	Paulo silva	Lusitanos corsica	Veterano M40	02:51:28	+43:52	06:36
49	1151	Jorge Ribeiro	FAMA RUNNERS	Veterano M40	02:55:00	+47:24	06:44
50	1337	Jeronimo Silva	Individual	Veterano M40	02:55:09	+47:33	06:44
51	1522	Daniel Alves	Salta poçinhas	Veterano M40	02:55:36	+47:59	06:45

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26 KM

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52	1428	DOMINGOS MARTINS	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	02:57:47	+50:11	06:50
53	1346	Manuel Castanheira Almeida Jacinto	Individual	Veterano M40	02:58:03	+50:26	06:51
54	1562	Ricardo Jorge Lopes da Mota	TrepaTrilhos Trail Team	Veterano M40	02:58:17	+50:40	06:51
55	1331	Armando Rocha	Individual	Veterano M40	02:58:19	+50:43	06:52
56	1347	Nuno Carneiro	Individual	Veterano M40	02:58:27	+50:51	06:52
57	1459	Joaquim Pinto	Monte dos Amigos /Juventude Ribeiras	Veterano M40	02:58:30	+50:54	06:52
58	1170	Mário Cesar Branco Felgueiras	Gesinserde team	Veterano M40	02:59:11	+51:34	06:54
59	1334	Eliana Conde	Individual	Veterano M40	02:59:11	+51:35	06:54
60	1345	Luis Ramos	Individual	Veterano M40	02:59:41	+52:05	06:55
61	1397	Cecilio Maunel Silva Ferreira	Juventude Cortegacense	Veterano M40	02:59:46	+52:10	06:55
62	1344	Luís Moreira	Individual	Veterano M40	03:00:22	+52:45	06:56
63	1549	Eduardo Pinto	TEAM SHARK	Veterano M40	03:00:39	+53:03	06:57
64	1140	Pedro Marques	FACTOR X / S4L / MEDENSE FC	Veterano M40	03:00:46	+53:09	06:57
65	1338	Joaquim Vidal	Individual	Veterano M40	03:02:55	+55:19	07:02
66	1079	Miguel Rego	Clube Atletico Chibinha	Veterano M40	03:05:08	+57:32	07:07
67	1489	JORGE GUERRA	Os Falta D'Ar	Veterano M40	03:06:05	+58:28	07:09
68	1492	RUI TEIXEIRA	Os Falta D'Ar	Veterano M40	03:06:05	+58:28	07:09
69	1532	José Manuel Ferreira	Spotcriativo Viseu Running Team	Veterano M40	03:06:06	+58:29	07:09
70	1060	Nuno Rodrigues	BUDEGUITA RUNNERS	Veterano M40	03:06:28	+58:51	07:10
71	1339	José António Almeida	Individual	Veterano M40	03:06:55	+59:19	07:11
72	1353	Pedro lima	Individual	Veterano M40	03:07:11	+59:34	07:12
73	1571	Vitor santos	Unidos ao pó	Veterano M40	03:07:34	+59:57	07:13
74	1220	RICARDO RODRIGUES	GUIMARAES TRAIL	Veterano M40	03:07:42	+01:00:05	07:13
75	1108	Nelson Santiago	CORREIO DE ALBERGARIA	Veterano M40	03:10:17	+01:02:41	07:19
76	1330	António Lourenço	Individual	Veterano M40	03:12:51	+01:05:15	07:25
77	1453	Lúcio Ribeiro	Marcapasso trail team	Veterano M40	03:13:12	+01:05:35	07:26
78	1215	Vitor Campos	GTT - Armazém do Caffè	Veterano M40	03:14:33	+01:06:57	07:29
79	1342	José Pedro Silva	Individual	Veterano M40	03:14:41	+01:07:05	07:29
80	1212	David Ribeiro	GTT - Armazém do Caffè	Veterano M40	03:15:08	+01:07:31	07:30
81	1092	Carlos Martins	Clube Nortada - Murtosa Night Runners	Veterano M40	03:16:24	+01:08:48	07:33
82	1052	Francisco Silva	BTT Alegria / TUBANI	Veterano M40	03:17:07	+01:09:31	07:35
83	1444	Jorge Silva	Lusitanos	Veterano M40	03:18:36	+01:10:59	07:38
84	1524	Rubens Brandão Soares	SportarcRunning	Veterano M40	03:21:50	+01:14:13	07:46
85	1568	Nélson Machado	UNIDOS À FRESCA	Veterano M40	03:22:20	+01:14:43	07:47
86	1332	ARTUR RICARDO GASPAR FERREIRA	Individual	Veterano M40	03:22:21	+01:14:44	07:47
87	1463	Vitor Alves	Monte dos Amigos /Juventude Ribeiras	Veterano M40	03:26:51	+01:19:14	07:57
88	1352	Pedro Jorge Ribeiro Pinto	Individual	Veterano M40	03:29:07	+01:21:30	08:03
89	1569	Paulo Vilas Boas	UNIDOS À FRESCA	Veterano M40	03:30:45	+01:23:08	08:06
90	1192	Paulo Vaz	Grupo de Corrida de Argoncilhe	Veterano M40	03:31:10	+01:23:34	08:07
91	1112	Pedro Marques	Correr São Bernardo	Veterano M40	03:32:35	+01:24:58	08:11
92	1002	Eduardo Rodrigues	30OVER30.ORG	Veterano M40	03:34:40	+01:27:04	08:15
93	1441	Ricardo Teixeira	Los Fófuxos	Veterano M40	03:35:28	+01:27:51	08:17

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26 KM

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OFFICIAL RESULT

94	1554	Rogério Rocha	Tiago Cadete - Living / Armazém do Fitness	Veterano M40	03:36:52	+01:29:16	08:20
95	1044	Lindolfo Sol	Bora L' Andar	Veterano M40	03:37:17	+01:29:41	08:21
96	1502	Pedro José Oliveira da Silva	Primus	Veterano M40	03:41:41	+01:34:04	08:32
97	1429	Miguel Fonseca	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	03:42:41	+01:35:05	08:34
98	1535	Sérgio Amaral	SSCGD	Veterano M40	03:43:23	+01:35:47	08:36
99	1399	Sandro Rilho	Juventude Cortegacense	Veterano M40	03:44:58	+01:37:21	08:39
100	1141	Rui Mota	FACTOR X / S4L / MEDENSE FC	Veterano M40	03:48:41	+01:41:04	08:48
101	1360	Virgílio marques de Sousa	Individual	Veterano M40	03:51:19	+01:43:43	08:54
102	93	David Alves	Individual	Veterano M40	03:55:09	+01:47:33	09:03
103	1388	LEANDRO MATOS	JPVMTEAM	Veterano M40	03:59:37	+01:52:01	09:13

Veterano M45

1	1445	Adriano Paulo Oliveira	Lusitanos	Veterano M45	02:17:39		05:18
2	1025	Jorge Manuel Barbosa Moreira	AMIGOS DO PEDAL TRILAGARES	Veterano M45	02:18:50	+01:10	05:20
3	1483	António Amador	OriEstarreja	Veterano M45	02:22:08	+04:29	05:28
4	1493	ARMÉNIO RODRIGUES	Os Falta D'Ar	Veterano M45	02:22:20	+04:40	05:28
5	1373	Nelson Santos	Individual	Veterano M45	02:22:42	+05:02	05:29
6	1443	Paulo Manuel Dias da Silva Azevedo	Lusitanos	Veterano M45	02:32:56	+15:16	05:53
7	1109	Pedro Guimaraes	CORREIO DE ALBERGARIA	Veterano M45	02:33:10	+15:31	05:53
8	1368	Joaquim Pereira	Individual	Veterano M45	02:33:20	+15:41	05:54
9	1217	José Lopes	GTT - Armazém do Caffè	Veterano M45	02:34:09	+16:30	05:56
10	1370	Luis Artur Gonçalves	Individual	Veterano M45	02:34:23	+16:44	05:56
11	1197	Paulo Pelicano	Crocodilos / Mister PC	Veterano M45	02:35:41	+18:02	05:59
12	1216	FERNANDO AREZES	GTT - Armazém do Caffè	Veterano M45	02:36:20	+18:41	06:01
13	1433	Paulo Brás	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M45	02:40:35	+22:55	06:11
14	1401	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M45	02:43:54	+26:15	06:18
15	1480	Simão Dias	Online Team	Veterano M45	02:44:12	+26:33	06:19
16	1367	henrique borges	Individual	Veterano M45	02:46:02	+28:22	06:23
17	1016	PAULO FREITAS	ADRULSM-HOSPITAL SANTA MARIA PORTO	Veterano M45	02:46:18	+28:38	06:24
18	124	Tiago Vidal Leal	Individual	Veterano M45	02:48:39	+30:59	06:29
19	1374	Paulo Costa	Individual	Veterano M45	02:57:48	+40:09	06:50
20	1400	Jorge Fernando Silva Marques Coelho	Juventude Cortegacense	Veterano M45	02:58:03	+40:24	06:51
21	1375	Paulo Silva	Individual	Veterano M45	02:58:24	+40:45	06:52
22	1064	martinho santos	Caldas S.Jorge	Veterano M45	02:58:58	+41:19	06:53
23	1372	Luis Silva	Individual	Veterano M45	03:00:22	+42:43	06:56
24	1039	CARLOS SILVA FERREIRA	Autistic Runners	Veterano M45	03:00:30	+42:50	06:57
25	1177	Luís Almeida	Ginasio Fit4Fun	Veterano M45	03:03:15	+45:36	07:03
26	1088	QUINTINO AMORIM	CLUBE BTT SANGUEDO	Veterano M45	03:04:16	+46:36	07:05
27	1364	Carlos Ferreira	Individual	Veterano M45	03:05:46	+48:06	07:09
28	1371	Luis Costa	Individual	Veterano M45	03:06:28	+48:49	07:10
29	1362	Antonio Matias	Individual	Veterano M45	03:06:54	+49:15	07:11
30	1361	Alcidio	Individual	Veterano M45	03:08:11	+50:32	07:14

Trail Medieval Longo 26K

26 KM

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OFFICIAL RESULT

31	1193	Rui Fernandes	Grupo de Corrida de Argoncilhe	Veterano M45	03:09:22	+51:43	07:17
32	1366	Fernando Ferreira	Individual	Veterano M45	03:09:43	+52:04	07:18
33	1083	AMERICO GOMES	CLUBE ATLETISMO LAMAS	Veterano M45	03:12:21	+54:42	07:24
34	1494	JOAQUIM NETO	Os Falta D'Ar	Veterano M45	03:12:59	+55:20	07:25
35	1045	António Pinheiro	Bora L' Andar	Veterano M45	03:14:25	+56:46	07:29
36	1557	JOSE OLIVEIRA	TREPA TRILHOS	Veterano M45	03:15:29	+57:49	07:31
37	1376	Rogério Falcao	Individual	Veterano M45	03:16:45	+59:05	07:34
38	1040	Rodrigo pinheiro Aguiar	Autistic Runners	Veterano M45	03:19:56	+01:02:16	07:41
39	1533	Sérgio Paulo da Silva Pereira	Spotcriativo Viseu Running Team	Veterano M45	03:30:17	+01:12:38	08:05
40	1127	PAULO DUARTE	ENERGIA GINASIO	Veterano M45	03:32:45	+01:15:05	08:11
41	1431	José Manuel Patarata	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M45	03:32:51	+01:15:12	08:11
42	1369	JOSE RODRIGUES COSTA	Individual	Veterano M45	03:34:13	+01:16:33	08:14
43	1099	Vítor Viana	Clube Zupper	Veterano M45	03:39:34	+01:21:55	08:27
44	1432	Miguel Beirão	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M45	03:42:41	+01:25:01	08:34
45	1434	Ricardo Beirão	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M45	03:42:53	+01:25:14	08:34
46	1410	JOSE LEITE	Limitless	Veterano M45	03:45:47	+01:28:07	08:41
47	1365	Diamantino Jorge de Oliveira Valquaesma	Individual	Veterano M45	03:59:53	+01:42:14	09:14

Veterano M50

1	1	MANUEL FERREIRA	JOBRA	Veterano M50	02:08:45	04:57
2	1471	Jorge Rodrigues	NAZA - Núcleo de Atletismo da Zona da Abóboda	Veterano M50	02:15:11	+06:26 05:12
3	1501	Jose Mario Cordeiro	Pé na Pinha	Veterano M50	02:21:18	+12:33 05:26
4	1509	Narciso Machado	Profisio Team	Veterano M50	02:30:12	+21:28 05:47
5	1218	ADELINO FERNANDES	GTT - Armazém do Caffè	Veterano M50	02:37:08	+28:24 06:03
6	1184	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M50	02:37:43	+28:58 06:04
7	1118	Fernando Gonçalves	CorreRia	Veterano M50	02:38:28	+29:44 06:06
8	1110	Joaquim Jorge Coelho	CORREIO DE ALBERGARIA	Veterano M50	02:40:25	+31:41 06:10
9	1089	ANTONIO NOGUEIRA	CLUBE BTT SANGUEDO	Veterano M50	02:41:10	+32:26 06:12
10	1384	Vitor Araujo	Individual	Veterano M50	02:41:57	+33:13 06:14
11	1551	FERNANDO RIBEIRO	TEAM SHARK	Veterano M50	02:44:04	+35:20 06:19
12	1439	Serafim Ramos	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:50:54	+42:09 06:34
13	1010	José Silva	ACRD/PSP Viseu Runners	Veterano M50	02:51:25	+42:41 06:36
14	1171	Paulo Manuel Melanda Açafrão	Gesinserde team	Veterano M50	02:53:53	+45:08 06:41
15	1383	Manuel Faria Sampaio	Individual	Veterano M50	02:54:11	+45:26 06:42
16	1377	antonio ildefonso piedade santos	Individual	Veterano M50	02:55:12	+46:28 06:44
17	1563	Fernando Vieira Lopes	TrepaTrilhos Trail Team	Veterano M50	02:55:38	+46:54 06:45
18	1534	António Dinis Carvalho	Spotcriativo Viseu Running Team	Veterano M50	02:57:16	+48:31 06:49
19	1435	Ernesto Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	02:58:38	+49:54 06:52
20	1065	manuel couto	Caldas S.Jorge	Veterano M50	02:58:58	+50:14 06:53
21	1017	Paulo Leite	All About	Veterano M50	03:00:48	+52:04 06:57

26 KM

OFFICIAL RESULT

22	1379	José Ferreira	Individual	Veterano M50	03:06:01	+57:16	07:09
23	1078	António Brandão	CGD - OVAR	Veterano M50	03:06:54	+58:10	07:11
24	1402	Domingos Fernando Oliveira Camboa	Juventude Cortegacense	Veterano M50	03:12:59	+01:04:15	07:25
25	1558	FERNANDO PEREIRA	TREPA TRILHOS	Veterano M50	03:15:48	+01:07:03	07:32
26	1470	MANUEL COSTA	Nascidos para Correr	Veterano M50	03:20:26	+01:11:42	07:43
27	1042	Julio Terra	AZTrail	Veterano M50	03:26:07	+01:17:23	07:56
28	1113	Carlos Alberto Rodrigues	Correr São Bernardo	Veterano M50	03:27:15	+01:18:30	07:58
29	1438	Raul Ferreira	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	03:32:51	+01:24:07	08:11
30	1027	Carlos Martins	APROCRED	Veterano M50	03:33:49	+01:25:04	08:13
31	1035	PEDRO MELO	ARCORUN	Veterano M50	03:34:33	+01:25:49	08:15
32	1382	Justino Gonçalves	Individual	Veterano M50	03:36:50	+01:28:06	08:20
33	1553	Rui Sá	TEAM SHARK	Veterano M50	03:38:15	+01:29:31	08:24
34	1437	Mário Soares	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	03:42:41	+01:33:57	08:34
35	1436	Luis Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	03:42:53	+01:34:08	08:34
36	1550	ARTUR SILVA	TEAM SHARK	Veterano M50	03:50:07	+01:41:22	08:51
37	1381	JOSE OLIVEIRA	Individual	Veterano M50	03:56:22	+01:47:37	09:05

COLETIVA 26K

RANK	TEAM	DESCRIPTION	POINTS
1	GTT - Armazém do Caffè	2 + 7 + 10	19
2	ACRD/PSP Viseu Runners	8 + 20 + 42	70
3	Oralklass-Amigos do Trail	6 + 46 + 47	99
4	Profisio Team	44 + 59 + 60	163
5	Os Falta D'Ar	34 + 66 + 101	201
6	GONDOMAR FUTSAL CLUBE	9 + 85 + 121	215
7	FAMA RUNNERS	74 + 79 + 97	250
8	Juventude Cortegacense	30 + 113 + 117	260
9	LION RUNNERS - G. D. LEÕES DA GUARDA	12 + 104 + 153	269
10	ARCORUN	22 + 115 + 135	272
11	CORREIO DE ALBERGARIA	65 + 102 + 116	283
12	Brabus Runners	61 + 93 + 133	287
13	Monte dos Amigos /Juventude Ribeiras	48 + 124 + 125	297
14	Spotcriativo Viseu Running Team	53 + 103 + 182	338
15	Lusitanos	19 + 64 + 270	353
16	Nascidos para Correr	109 + 126 + 143	378
17	TEAM SHARK	118 + 119 + 146	383
18	CLUBE BTT SANGUEDO	90 + 108 + 242	440
19	Clube Zupper	58 + 95 + 290	443
20	Farroncos Papa KM	148 + 177 + 190	515
21	FACTOR X / S4L / MEDENSE FC	130 + 163 + 224	517
22	AMIGOS DO PEDAL TRAILAGARES	24 + 272 + 275	571
23	Gesinserde team	169 + 207 + 208	584
24	CorreRia	89 + 233 + 263	585
25	Autistic Runners	45 + 220 + 324	589
26	Marcapasso trail team	150 + 229 + 230	609
27	BUDEGUITA RUNNERS	138 + 239 + 254	631
28	Ginasio Fit4Fun	147 + 236 + 265	648
29	PUZZLE-CENTRO DE EXPLICAÇÕES	40 + 288 + 321	649
30	ADRULSM-HOSPITAL SANTA MARIA PORTO	131 + 132 + 436	699
31	Salta poçinhas	181 + 222 + 325	728
32	TrepaTrilhos Trail Team	184 + 196 + 348	728
33	Núcleo de Montanha de Espinho	39 + 354 + 356	749
34	TREPA TRILHOS	156 + 311 + 312	779
35	Caminhantes	245 + 246 + 334	825
36	Grupo de Corrida de Argoncilhe	276 + 344 + 374	994
37	UNIDOS À FRESCA	341 + 342 + 372	1055
38	Clube Nortada - Murtosa Night Runners	313 + 488 + 489	1290



**Ultra Trail Medieval
Santa Maria da Feira
08-January-2017**

COLETIVA 26K[illegible]

39	JPVMTTEAM	468 + 471 + 472	1411
40	Good Vibes Girls	494 + 501 + 502	1497