

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:20	5°C	73%
End	12:56	5°C	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	2120	Nuno Carneiro	clube zipper	Senior Masculino	01:01:07		04:04
2	2165	João Magalhães	edom/ .com	Sub 23 Masculino	01:01:32	+00:25	04:06
3	2098	renato silva	caldas s.jorge	Veterano M45	01:01:42	+00:36	04:07
4	2114	IGOR PINHO	clube atletismo ovar	Sub 23 Masculino	01:02:23	+01:16	04:10
5	2649	Abílio Ribeiro	sporting clube espinho	Veterano M45	01:02:25	+01:18	04:10
6	2186	André Almeida	factor x / s4l / medense fc	Senior Masculino	01:04:23	+03:17	04:18
7	2020	jose pereira	airorun	Veterano M45	01:06:36	+05:29	04:22
8	2117	Hugo Freixo	clube zipper	Senior Masculino	01:07:09	+06:03	04:29
9	2113	DAVID MOÇO	clube atletismo ovar	Sub 23 Masculino	01:07:49	+06:42	04:31
10	2046	Ricardo Machado	andatrilhos freamunde	Veterano M50	01:07:58	+06:52	04:32
11	2077	Carlos Silva2	bota&sig	Senior Masculino	01:08:03	+06:57	04:32
12	2496	Paulo Sousa	mountain runners	Veterano M45	01:09:36	+08:29	04:38
13	2172	Ruben Borges	afipre team	Sub 23 Masculino	01:09:43	+08:37	04:39
14	2421	Vasco Morais Pinheiro de Sousa	individual	Veterano M50	01:09:59	+08:52	04:40
15	2196	Pedro Jorge Silva Barros	factor x / s4l / medense fc	Senior Masculino	01:10:19	+09:12	04:41
16	2478	Bruno Simões Rodrigues	montanha clube trail running/efapel	Senior Masculino	01:10:32	+09:25	04:42
17	2073	Domingos Vale	barcelos runners	Veterano M40	01:10:41	+09:34	04:43
18	2650	Manuel Oliveira	sporting clube espinho	Veterano M50	01:10:44	+09:37	04:43
19	2023	Miguel Pinto	amigos do pedal trailagares	Senior Masculino	01:10:48	+09:41	04:43
20	2601	António Borges	porto sentido runners	Veterano M40	01:10:50	+09:43	04:43
21	2026	Rui Pedro Moreira Lopes	amigos do pedal trailagares	Veterano M40	01:11:19	+10:12	04:45
22	2003	Valter Gouveia	10temidos	Senior Masculino	01:11:24	+10:18	04:46
23	2121	Nuno Cunha	clube zipper	Senior Masculino	01:11:29	+10:23	04:46
24	2042	Ricardo Neto	andatrilhos freamunde	Senior Masculino	01:11:32	+10:26	04:46
25	2345	Ricardo Nogueira	individual	Senior Masculino	01:11:50	+10:43	04:47
26	2164	Guilherme Faria	edom/ .com	Sub 23 Masculino	01:12:20	+11:14	04:49
27	2004	Paulo Ribeiro	10temidos	Veterano M40	01:12:48	+11:41	04:51
28	2647	Luís Carlos da Silva Teixeira	sportarcunning	Veterano M40	01:13:01	+11:54	04:52
29	2639	Carlos Manuel Pereira Teixeira	sportarcunning	Senior Masculino	01:13:01	+11:55	04:52
30	2541	Joel Ferreira	os turbomula	Senior Masculino	01:13:03	+11:56	04:52
31	2115	PEDRO COSTA	clube atletismo ovar	Sub 23 Masculino	01:13:31	+12:24	04:54
32	2468	FILIPE ALMEIDA	mc	Veterano M40	01:13:56	+12:50	04:56
33	2433	Bruno Castro	leões de tardariz trail	Senior Masculino	01:14:07	+13:01	04:57
34	2434	Hugo Moreira	leões de tardariz trail	Senior Masculino	01:14:08	+13:02	04:57
35	2422	Vitor Manuel Moutinho Vieira	individual	Veterano M50	01:14:18	+13:11	04:57
36	2377	Cesar Silva	individual	Veterano M40	01:14:28	+13:22	04:58
37	2108	DANIEL SILVA	clube atletismo ovar	Senior Masculino	01:14:29	+13:22	04:58
38	2625	Manuel Alves	queiroz team/nokarol	Veterano M50	01:14:31	+13:24	04:58
39	2617	Armando Santiago	quebra bilhas	Senior Masculino	01:14:33	+13:27	04:58
40	2410	DAVID SILVA	individual	Veterano M50	01:14:37	+13:30	04:58
41	2612	RENATO OLIVEIRA	portocargo	Veterano M40	01:14:46	+13:40	04:59
42	2173	Diego Cruz	espaço saúde	Senior Masculino	01:14:49	+13:43	04:59

Official Timekeeper: Lap2Go	1 / 15	generate 08-Jan-2017 17:17
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TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
43	2197	Pedro Viana	factor x / s4l / medense fc	Senior Masculino	01:15:04	+13:58	05:00
44	2436	Miguel Alves	leões de tardariz trail	Senior Masculino	01:15:13	+14:07	05:01
45	1029	Filipe almeida	apúlia a correr	Senior Masculino	01:15:21	+14:15	05:01
46	1028	Arsénio Almeida	apúlia a correr	Senior Masculino	01:15:21	+14:15	05:01
47	2243	Bruno Fernandes	gondomar futsal clube	Senior Masculino	01:15:24	+14:18	05:02
48	2079	Paulo Gomes	bota&sigla	Senior Masculino	01:15:26	+14:19	05:02
49	1128	ANTONIO SILVA	energia ginasio	Veterano M50	01:15:34	+14:28	05:02
50	2021	casemiro araujo	airorun	Veterano M50	01:15:45	+14:39	05:03
51	2404	Paulo Renato Rodrigues Oliveira	individual	Veterano M45	01:15:48	+14:42	05:03
52	2081	Rui Gomes	bota&sigla	Senior Masculino	01:15:55	+14:48	05:04
53	2188	Fábio Mota	factor x / s4l / medense fc	Senior Masculino	01:15:57	+14:51	05:04
54	2002	Ricardo Silva	10temidos	Senior Masculino	01:16:19	+15:13	05:05
55	2044	Daniel Machado Neto	andatrilhos freamunde	Veterano M40	01:16:29	+15:23	05:06
56	2240	ANTONIO ALBERTO SOUSA	ginasio fit4fun	Veterano M50	01:16:31	+15:25	05:06
57	2646	Elísio de Almeida Brandão	sportarcunning	Veterano M40	01:16:52	+15:46	05:08
58	2015	Nelson Correia	acrd/psp viseu runners	Senior Masculino	01:17:28	+16:21	05:10
59	2590	Jose António Sousa Gaspar	perdidos no trail	Sub 23 Masculino	01:17:55	+16:48	05:12
60	2314	Antonio Carlos Rocha	individual	Senior Masculino	01:17:58	+16:52	05:12
61	2346	Ricardo Oliveira	individual	Senior Masculino	01:18:02	+16:56	05:12
62	2319	César Costa	individual	Senior Masculino	01:18:04	+16:57	05:12
63	2384	Luis Manuel da Silva Medeiros Pereira	individual	Veterano M40	01:18:05	+16:58	05:12
64	2644	Maria de Fátima Ferreira Costa	sportarcunning	Veterana F40	01:18:32	+17:26	05:14
65	2040	Carlos Leal	andatrilhos freamunde	Senior Masculino	01:18:38	+17:32	05:15
66	2341	Nuno josé da cruz	individual	Senior Masculino	01:18:39	+17:33	05:15
67	2621	Rui Limas	quebra bilhas	Senior Masculino	01:18:42	+17:36	05:15
68	2192	Nuno Amorim	factor x / s4l / medense fc	Senior Masculino	01:19:00	+17:53	05:16
69	2033	MIGUEL EDMUNDO	amotinados trail	Veterano M40	01:19:21	+18:15	05:17
70	2190	Júlio André Baptista Sousa	factor x / s4l / medense fc	Senior Masculino	01:19:34	+18:27	05:18
71	2401	Miguel Martins	individual	Veterano M45	01:19:37	+18:31	05:19
72	2159	Leandro Barros	correria	Senior Masculino	01:19:39	+18:33	05:19
73	2129	Paulo Manuel Ribeiro Moreira	clube zipper	Veterano M45	01:19:40	+18:34	05:19
74	2315	António Picotês	individual	Senior Masculino	01:19:44	+18:37	05:19
75	2349	Sidonio Gonçalves	individual	Senior Masculino	01:19:48	+18:42	05:19
76	2565	Luis Lima	ozextreme / rda	Senior Masculino	01:20:06	+19:00	05:20
77	2109	DUARTE SILVA	clube atletismo ovar	Senior Masculino	01:20:09	+19:03	05:21
78	2022	Sérgio Filipe Lopes Silva	amigos do pedal trailagares	Sub 23 Masculino	01:20:09	+19:03	05:21
79	2637	Catarina Caetano	sport clube beira-mar	Sub 23 Feminino	01:20:10	+19:03	05:21
80	2508	ANTONIO FERNANDES	nascidos para correr	Veterano M50	01:20:20	+19:13	05:21
81	2446	Renato ribeiro	limitless	Sub 23 Masculino	01:20:22	+19:16	05:22
82	2444	RUI GUEDES	limitless	Senior Masculino	01:20:22	+19:16	05:22
83	1180	Helder Vieira	gondomar futsal clube	Veterano M40	01:20:25	+19:18	05:22
84	2605	Miguel Silva	porto sentido runners	Veterano M40	01:20:28	+19:22	05:22
85	2200	Vitor Santos	factor x / s4l / medense fc	Senior Masculino	01:20:32	+19:26	05:22
86	2438	Pedro Ferreira	leões de tardariz trail	Veterano M40	01:20:43	+19:37	05:23
87	2671	RUI ROCHA	team shark	Veterano M45	01:20:46	+19:40	05:23

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[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	2347	Ruben Araújo	individual	Senior Masculino	01:20:51	+19:45	05:23
89	2405	Alberto Espinheira	individual	Veterano M50	01:20:57	+19:51	05:24
90	2028	CLAUDIA FERNANDES	amotinados trail	Senior Feminino	01:21:02	+19:55	05:24
91	2169	RICARDO LOPES	energia ginasio	Senior Masculino	01:21:02	+19:56	05:24
92	2381	Jose Domingos Duarte Nogueira	individual	Veterano M40	01:21:03	+19:56	05:24
93	2672	AVELINO SOUSA	team shark	Veterano M50	01:21:24	+20:17	05:26
94	2388	PAULO CRUZ3030	individual	Veterano M40	01:21:24	+20:18	05:26
95	2094	Paulo Lagoa	budeguita runners	Veterano M45	01:21:44	+20:38	05:27
96	2116	Diana Sousa	clube zipper	Senior Feminino	01:21:58	+20:52	05:28
97	2375	ANTONIO JULIO TEIXEIRA PINTO	individual	Veterano M40	01:21:59	+20:52	05:28
98	2440	Joaquim Leite	leões de tardariz trail	Veterano M50	01:22:07	+21:01	05:29
99	2443	Pedro alves	limitless	Senior Masculino	01:22:08	+21:01	05:29
100	1296	Ricardo Jorge Leão Sousa	individual	Senior Masculino	01:22:11	+21:04	05:29
101	2648	Manuel Monteiro Bouça	sportarcunning	Veterano M40	01:22:20	+21:14	05:29
102	2460	Nuno Pedro Rodrigues Dos Santos	lion runners - g. d. leões da guarda	Veterano M40	01:22:25	+21:19	05:30
103	2255	Antonio Prata	grupo de corrida de argoncilhe	Veterano M45	01:22:42	+21:35	05:31
104	2131	José Martins	clube zipper	Veterano M50	01:22:42	+21:35	05:31
105	2019	deolinda faria	airorun	Veterana F45	01:22:50	+21:44	05:31
106	2420	Rogério de Pinho e Silva	individual	Veterano M50	01:23:12	+22:06	05:33
107	2338	Leandro Lavoura	individual	Senior Masculino	01:23:12	+22:06	05:33
108	2083	Eduardo Barbosa	bota&sig	Veterano M40	01:23:14	+22:07	05:33
109	2658	André Gonçalves	team shark	Senior Masculino	01:23:14	+22:08	05:33
110	2143	Tiago Coelho	correr leça	Senior Masculino	01:23:20	+22:13	05:33
111	2204	Rui Freitas	factor x / s4l / medense fc	Veterano M40	01:23:43	+22:37	05:35
112	2181	José Marques	espaço saúde	Veterano M45	01:23:47	+22:40	05:35
113	2640	Ricardo Filipe de Pinho Mendes	sportarcunning	Senior Masculino	01:23:55	+22:49	05:36
114	2170	SALOME OLIVEIRA	energia ginasio	Veterana F50	01:23:59	+22:52	05:36
115	3216	Amilcar Vinagre	individual	Veterano M40	01:24:09	+23:03	05:37
116	2241	Joana Cardoso	gondomar futsal clube	Senior Feminino	01:24:25	+23:18	05:38
117	2141	Pedro Duarte	correr leça	Senior Masculino	01:24:28	+23:22	05:38
118	2110	RICARDO MELINDRA	clube atletismo ovar	Senior Masculino	01:24:30	+23:23	05:38
119	2379	Helder V Rodrigues	individual	Veterano M40	01:24:39	+23:33	05:39
120	2220	Paulo Cardoso	fitmafia	Senior Masculino	01:24:47	+23:40	05:39
121	1191	Vasco Neves	grupo de corrida de argoncilhe	Senior Masculino	01:24:57	+23:51	05:40
122	2095	João Pedro Andrade Silva Lassal	c.c café	Senior Masculino	01:25:10	+24:04	05:41
123	2126	Tiago Ramalho	clube zipper	Senior Masculino	01:25:13	+24:06	05:41
124	2463	JOÃO CONCEIÇÃO	maquinas em movimento	Senior Masculino	01:25:16	+24:10	05:41
125	2638	Cláudia Sofia Nogueira e Silva	sportarcunning	Senior Feminino	01:25:22	+24:16	05:42
126	2645	Paula Maria da silva Pereira Teixeira	sportarcunning	Veterana F45	01:25:27	+24:21	05:42
127	2651	JOAQUIM FIGUEIRA	team 33	Veterano M40	01:25:29	+24:23	05:42
128	2194	Nuno Barros	factor x / s4l / medense fc	Senior Masculino	01:25:31	+24:25	05:42
129	2407	Artur Manuel dos Santos Ferreira	individual	Veterano M50	01:25:37	+24:30	05:42
130	2080	Ricardo Machado	bota&sig	Senior Masculino	01:25:52	+24:45	05:43
131	2043	Pedro Oliveira	andatrilhos freamunde	Sub 23 Masculino	01:25:53	+24:46	05:44
132	2187	Emanuel Vieira	factor x / s4l / medense fc	Senior Masculino	01:25:53	+24:47	05:44

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	2695	Paulo Serra	velocidade furiosa	Veterano M40	01:25:56	+24:50	05:44
134	2544	Pedro Figueiredo	os turbomula	Senior Masculino	01:26:02	+24:56	05:44
135	2074	João Gonçalves	barcelos runners	Veterano M40	01:26:07	+25:01	05:45
136	2075	Joaquim Sá	barcelos runners	Veterano M40	01:26:07	+25:01	05:45
137	2465	MARA CELIA	mc	Senior Feminino	01:26:08	+25:02	05:45
138	2466	ARMANDO LEITE	mc	Senior Masculino	01:26:08	+25:02	05:45
139	2082	Carlos Ribeiro	bota&sig	Veterano M40	01:26:09	+25:03	05:45
140	2641	Isabel Cristina Brandão Soares27	sportarcunning	Veterana F40	01:26:14	+25:08	05:45
141	2127	Susana Neta	clube zipper	Veterana F40	01:26:19	+25:13	05:45
142	2156	João Oliveira	correr são bernardo	Veterano M40	01:26:23	+25:17	05:46
143	2155	Otilia Trindade Pedrosa	correr são bernardo	Senior Feminino	01:26:23	+25:17	05:46
144	2441	Diogo Gomes rodrigues	limitless	Senior Masculino	01:26:25	+25:18	05:46
145	2327	Helder Manuel Moreira Teles	individual	Senior Masculino	01:26:32	+25:26	05:46
146	2604	Miguel Pereira	porto sentido runners	Veterano M40	01:26:35	+25:29	05:46
147	2570	JOAO SALDANHA	papamilhas	Sub 23 Masculino	01:26:37	+25:31	05:47
148	2252	Pedro Castro	grupo de corrida de argoncilhe	Senior Masculino	01:26:54	+25:47	05:48
149	2624	Maria Ribeiro	queiroz team/nokarol	Veterana F45	01:26:57	+25:51	05:48
150	2321	Tiago Baptista	individual	Senior Masculino	01:27:08	+26:01	05:49
151	2607	João Barbosa	porto sentido runners	Veterano M45	01:27:09	+26:02	05:49
152	2531	NUNO TEIXEIRA	os felizes	Veterano M40	01:27:15	+26:08	05:49
153	2532	RUI MIRANDA	os felizes	Veterano M40	01:27:15	+26:08	05:49
154	2310	Abilio Correia	individual	Senior Masculino	01:27:23	+26:17	05:50
155	2467	DANIEL COSTA	mc	Senior Masculino	01:27:41	+26:34	05:51
156	2470	CARLOS FAMILIAR	mc	Veterano M45	01:27:41	+26:34	05:51
157	2469	SERGIO SANTOS	mc	Veterano M40	01:27:41	+26:34	05:51
158	2471	MIGUEL COELHO	mc	Veterano M45	01:27:41	+26:35	05:51
159	2406	ANTONIO AUGUSTO NUNES DE ARAUJO	individual	Veterano M50	01:27:51	+26:44	05:51
160	2442	Marco António feitura silva	limitless	Senior Masculino	01:27:54	+26:47	05:52
161	2182	Vitor Tavares	espaço saúde	Veterano M45	01:27:56	+26:50	05:52
162	2707	Patricia Teixeira	generosos runners	Senior Feminino	01:27:59	+26:52	05:52
163	2112	LILIANA RESENDE	clube atletismo ovar	Sub 23 Feminino	01:28:20	+27:14	05:53
164	2464	RICARDO MARTINS	maquinas em movimento	Senior Masculino	01:28:21	+27:14	05:53
165	2581	António Manuel Resende Martins	pé na rota...	Senior Masculino	01:28:26	+27:20	05:54
166	2548	Lino Moreira	os turbomula	Veterano M50	01:28:42	+27:35	05:55
167	2374	Alberto Silvério	individual	Veterano M40	01:28:51	+27:44	05:55
168	2251	Pedro Sousa	gondomar futsal clube	Veterano M50	01:29:02	+27:55	05:56
169	2175	Pedro Silva	espaço saúde	Senior Masculino	01:29:04	+27:58	05:56
170	2593	Óscar Mendes	pipo	Veterano M40	01:29:16	+28:09	05:57
171	2566	BRUNO SALDANHA	papamilhas	Senior Masculino	01:29:17	+28:10	05:57
172	2039	Carlos Felgueiras	andatrilhos freamunde	Senior Masculino	01:29:19	+28:13	05:57
173	2681	PEDRO SILVA	trep	Veterano M40	01:29:23	+28:17	05:58
174	2332	Joao Jose Varela Pereira Silva	individual	Senior Masculino	01:29:23	+28:17	05:58
175	2603	Miguel Azevedo	porto sentido runners	Veterano M40	01:29:23	+28:17	05:58
176	2622	Vitor Pereira	quebra bilhas	Senior Masculino	01:29:27	+28:20	05:58
177	2096	David Teixeira	c+ runners	Senior Masculino	01:29:28	+28:21	05:58

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	2409	cesar cabral da silva calvo	individual	Veterano M50	01:29:37	+28:31	05:59
179	2067	Xavier Brites	aztrail	Sub 23 Masculino	01:29:46	+28:40	05:59
180	2329	Hugo Miguel de Sousa Machado	individual	Senior Masculino	01:29:48	+28:42	05:59
181	2652	Tiago Dias	team lanthemil	Senior Masculino	01:29:51	+28:44	05:59
182	2383	Julio Tome	individual	Veterano M40	01:30:11	+29:04	06:01
183	2351	Maria Carvalho	individual	Sub 23 Feminino	01:30:15	+29:08	06:01
184	2069	Marlene Costa	barcelos runners	Senior Feminino	01:30:31	+29:25	06:02
185	2071	Isabel Ferreira	barcelos runners	Veterana F40	01:30:32	+29:25	06:02
186	2088	José Amorim Alves Pereira	btt brandoense	Veterano M50	01:30:33	+29:27	06:02
187	2500	Joaquim Pereira	mozelos runners	Veterano M40	01:30:38	+29:31	06:03
188	2014	Lucia Silva	acrd/psp viseu runners	Senior Feminino	01:30:48	+29:42	06:03
189	2606	Eduardo Ribeiro	porto sentido runners	Veterano M45	01:30:51	+29:44	06:03
190	2183	Arsénio Matos	espaço saúde	Veterano M50	01:30:51	+29:45	06:03
191	2340	Mário Jorge Monte Soares	individual	Senior Masculino	01:30:51	+29:45	06:03
192	2271	Gilberto sousa	helder josé da	Senior Masculino	01:30:52	+29:46	06:04
193	2326	Helder José da rocha Oliveira	individual	Senior Masculino	01:30:53	+29:46	06:04
194	2203	Ricardo Jorge da Rocha Sousa	factor x / s4l / medense fc	Veterano M40	01:30:55	+29:49	06:04
195	2577	Nina Silva	paredes running	Veterana F40	01:30:55	+29:49	06:04
196	2178	Susana Rodrigues	espaço saúde	Veterana F40	01:31:05	+29:59	06:04
197	2569	NUNO MONTEIRO	papamilhas	Senior Masculino	01:31:15	+30:09	06:05
198	2205	Vítor Sousa	factor x / s4l / medense fc	Veterano M40	01:31:27	+30:21	06:06
199	2392	Ricardo A. Silva Sousa	individual	Veterano M40	01:31:35	+30:28	06:06
200	2009	José pinho	5ways2run	Senior Masculino	01:31:57	+30:50	06:08
201	2008	André saraiva	5ways2run	Senior Masculino	01:31:57	+30:51	06:08
202	2620	Pedro Trindade	quebra bilhas	Senior Masculino	01:31:58	+30:52	06:08
203	2670	FERNANDO MENDES	team shark	Veterano M45	01:32:06	+30:59	06:08
204	2555	Hugo Magalhães	ou vai ou racha	Senior Masculino	01:32:10	+31:03	06:09
205	2572	MANUEL SANTOS	papamilhas	Veterano M40	01:32:10	+31:04	06:09
206	2448	Carmen Fagundes	lion runners - g. d. leões da guarda	Senior Feminino	01:32:11	+31:04	06:09
207	3297	Miguel martins	papamilhas	Senior Masculino	01:32:11	+31:04	06:09
208	2414	Jorge Serra	individual	Veterano M50	01:32:12	+31:05	06:09
209	2412	Fernando Resende	individual	Veterano M50	01:32:34	+31:28	06:10
210	2568	Hugo Silva	papamilhas	Senior Masculino	01:32:35	+31:28	06:10
211	2567	Celso Fernandes	papamilhas	Senior Masculino	01:32:35	+31:29	06:10
212	2439	Agostinho Cardoso	leões de tardariz trail	Veterano M45	01:32:41	+31:34	06:11
213	2509	Daniela Patricia Soares Ferreir20	nocturnos de paredes	Senior Feminino	01:32:48	+31:41	06:11
214	2057	António Pinho	arrozinhos 8.2	Veterano M40	01:32:48	+31:42	06:11
215	2355	Manuel Pereira	individual	Sub 23 Masculino	01:32:50	+31:43	06:11
216	2228	Liliana Aguiar	gatus trail	Senior Feminino	01:33:00	+31:54	06:12
217	2313	André Cardoso	individual	Senior Masculino	01:33:02	+31:55	06:12
218	2411	Fernando Dias	individual	Veterano M50	01:33:02	+31:55	06:12
219	2078	Davide Silva	bota&sig	Senior Masculino	01:33:02	+31:56	06:12
220	2352	Renata Simões Vinagre	individual	Sub 23 Feminino	01:33:03	+31:56	06:12
221	2674	RUI ALMEIDA	team shark	Veterano M50	01:33:08	+32:01	06:13
222	2047	Toze Silva	antonio	Senior Masculino	01:33:21	+32:14	06:13
223	2573	SANDRA SANTOS	papamilhas	Veterano M40	01:33:26	+32:20	06:14

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	2378	João Lopes	individual	Veterano M40	01:33:27	+32:20	06:14
225	2389	Paulo Nuno Sampaio	individual	Veterano M40	01:33:43	+32:36	06:15
226	2269	José Pinhal	happy run	Veterano M45	01:33:57	+32:50	06:16
227	2359	Celia Sousa	individual	Veterana F40	01:34:00	+32:54	06:16
228	2380	Joao Ribeiro	individual	Veterano M40	01:34:01	+32:54	06:16
229	2119	Luís Rodrigues	clube zipper	Senior Masculino	01:34:05	+32:58	06:16
230	2506	NELSON SILVA	nascidos para correr	Veterano M40	01:34:26	+33:20	06:18
231	2507	RUI MOREIRA	nascidos para correr	Veterano M40	01:34:26	+33:20	06:18
232	2495	Patricia Ribeiro	mountain runners	Senior Feminino	01:34:27	+33:21	06:18
233	2682	PAULO TAVARES	trepá trilhos	Veterano M45	01:34:28	+33:22	06:18
234	2011	Vasco ferreira	5ways2run	Senior Masculino	01:34:30	+33:24	06:18
235	2185	Silvana Pinto	factor x / s4l / medense fc	Senior Feminino	01:34:32	+33:25	06:18
236	2195	Paulo José da Silva Rocha	factor x / s4l / medense fc	Senior Masculino	01:34:32	+33:25	06:18
237	2642	Laura Maria de Pinho Teixeira Gomes	sportarcunning	Veterana F40	01:34:35	+33:29	06:18
238	2128	Carlos Freixo	clube zipper	Veterano M40	01:34:36	+33:29	06:18
239	2153	João Rocha	correr leça	Veterano M50	01:34:41	+33:34	06:19
240	2059	Rosa Magalhães	as belas e eles	Veterana F50	01:34:46	+33:40	06:19
241	2076	Carlos Marques	bdm runners	Veterano M50	01:34:52	+33:45	06:19
242	2659	Manuel Fernando Gomes	team shark	Senior Masculino	01:35:00	+33:53	06:20
243	2365	Catarina Teixeira	individual	Veterana F45	01:35:00	+33:53	06:20
244	2482	Sara Soares	monte dos amigos /juventude ribeiras	Senior Feminino	01:35:03	+33:56	06:20
245	2425	ANTONIO RUELA	jpvmtteam	Veterano M50	01:35:04	+33:57	06:20
246	2350	Wilson Cunha	individual	Sub 23 Masculino	01:35:06	+33:59	06:20
247	2551	José Xavier	os turbomula	Veterano M45	01:35:06	+34:00	06:20
248	2118	João Rodrigues	clube zipper	Senior Masculino	01:35:06	+34:00	06:20
249	2012	Ivo Couto	a20's box crossfit	Senior Masculino	01:35:08	+34:01	06:21
250	2499	António Rodrigues	mozelos runners	Veterano M40	01:35:08	+34:02	06:21
251	2041	Marco Mendes	andatrilhos freamunde	Senior Masculino	01:35:09	+34:02	06:21
252	2431	Nuno Oliveira	la zinco	Senior Masculino	01:35:09	+34:03	06:21
253	2430	Carlos Alves	la zinco	Senior Masculino	01:35:10	+34:03	06:21
254	2429	Bruno Matos	la zinco	Senior Masculino	01:35:11	+34:04	06:21
255	2038	Marta Ribeiro	andatrilhos freamunde	Senior Feminino	01:35:28	+34:22	06:22
256	2576	Lucinda Marques	paredes running	Senior Feminino	01:35:29	+34:23	06:22
257	2224	Fernando Jorge	friends	Veterano M45	01:35:37	+34:30	06:22
258	2216	João vieira	farroncos papa km	Sub 23 Masculino	01:35:39	+34:32	06:23
259	2505	NOEMIA ROLA	nascidos para correr	Veterana F50	01:35:54	+34:47	06:24
260	2158	Sandrine Ferreira	correria	Senior Feminino	01:36:03	+34:56	06:24
261	2611	PAULO FERREIRA	portocargo	Veterano M40	01:36:03	+34:57	06:24
262	1138	Filipe Fonseca	factor x / s4l / medense fc	Veterano M40	01:36:03	+34:57	06:24
263	2677	Margarida Machado	traill running clube btt sanguedo	Veterana F50	01:36:09	+35:03	06:25
264	2097	João Lourenço	c+ runners	Veterano M45	01:36:10	+35:03	06:25
265	2484	Pedro Anjos	monte dos amigos /juventude ribeiras	Senior Masculino	01:36:13	+35:07	06:25
266	2623	Hugo Pires	quebra bilhas	Sub 23 Masculino	01:36:34	+35:28	06:26
267	2536	João Sampaio	os sampaio	Senior Masculino	01:36:34	+35:28	06:26
268	2005	Pedro Sousa	10temidos	Veterano M40	01:36:40	+35:34	06:27

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
269	2709	Atleta 2709	individual	Senior Masculino	01:36:44	+35:38	06:27
270	2571	FLAVIO MARQUES	papamilhas	Veterano M40	01:36:45	+35:38	06:27
271	2050	Patrícia Vilas-Boas	apúlia a correr	Senior Feminino	01:36:50	+35:43	06:27
272	2105	CARLA DIAS	cfa spartans	Veterana F40	01:36:54	+35:47	06:28
273	2048	Paulo Roncon	antonio	Veterano M40	01:36:54	+35:48	06:28
274	2104	RICARDO OLIVEIRA	cfa spartans	Senior Masculino	01:36:55	+35:49	06:28
275	2227	Luis Santo	friends	Veterano M50	01:36:56	+35:50	06:28
276	2564	João Lisboa	ou vai ou racha	Veterano M45	01:36:58	+35:51	06:28
277	2662	MANUELA MONTEIRO	team shark	Veterana F40	01:36:58	+35:52	06:28
278	2608	Carlos Martins	porto sentido runners	Veterano M50	01:37:02	+35:55	06:28
279	2452	JOSE RODRIGUES	lion runners - g. d. leões da guarda	Senior Masculino	01:37:03	+35:56	06:28
280	2609	Humberto Pinho	porto sentido runners	Veterano M50	01:37:10	+36:03	06:29
281	2066	ANTÓNIO JOAQUIM TEIXEIRA MAGALHÃES	autistic runners	Veterano M50	01:37:10	+36:04	06:29
282	2598	Elizabete Loureiro	porto sentido runners	Veterana F40	01:37:13	+36:07	06:29
283	2600	Paula Coutinho	porto sentido runners	Veterana F45	01:37:15	+36:09	06:29
284	2503	PATRICIA FERNANDES	nascidos para correr	Veterana F40	01:37:23	+36:16	06:30
285	2595	Sara Nunes	porto sentido runners	Senior Feminino	01:37:24	+36:18	06:30
286	2091	Ana Moreira	budeguita runners	Veterana F45	01:37:26	+36:19	06:30
287	2683	ANTONIO LOUREIRO	trepá trilhos	Veterano M50	01:37:27	+36:21	06:30
288	2653	CLAUDIA LOPES	team shark	Senior Feminino	01:37:50	+36:44	06:31
289	2631	NELSON VASCO FREITAS CAMPOS	running mates	Veterano M45	01:37:50	+36:44	06:31
290	2312	Álvaro Goncalves	individual	Senior Masculino	01:38:01	+36:55	06:32
291	2376	Carlos Silva	individual	Veterano M40	01:38:01	+36:55	06:32
292	2619	Miguel Marques	quebra bilhas	Senior Masculino	01:38:04	+36:57	06:32
293	2230	Pedro Lopes	gatus trail	Veterano M40	01:38:08	+37:01	06:33
294	2435	José Santos	leões de tardariz trail	Senior Masculino	01:38:08	+37:02	06:33
295	2358	Carla Santos	individual	Veterana F40	01:38:14	+37:07	06:33
296	2274	Ana Catarina Venda da Fonseca	individual	Senior Feminino	01:38:15	+37:09	06:33
297	2250	Ilídio Freitas	gondomar futsal clube	Veterano M50	01:38:16	+37:09	06:33
298	2399	Manuel Firmino Martins Soares	individual	Veterano M45	01:38:18	+37:11	06:33
299	2231	Artur França	gatus trail	Veterano M45	01:38:23	+37:16	06:34
300	1251	Bruno Cavadas	individual	Senior Masculino	01:38:25	+37:19	06:34
301	2344	Ricardo Ferreira 4	individual	Senior Masculino	01:38:26	+37:19	06:34
302	2285	Diana Fernandes	individual	Senior Feminino	01:38:26	+37:19	06:34
303	2225	Miguel Bandeira	friends	Veterano M45	01:38:32	+37:25	06:34
304	2348	Rui Correia	individual	Senior Masculino	01:38:35	+37:28	06:34
305	3199	ISABEL EUSEBIO	individual	Veterana F40	01:38:36	+37:29	06:34
306	2688	Inês Teixeira	velocidade furiosa	Senior Feminino	01:38:48	+37:42	06:35
307	2107	PHILIPPE DOMINGUES	cfa spartans	Veterano M45	01:38:49	+37:43	06:35
308	3116	Catarina Rodrigues	factor x / s4l / medense fc	Senior Feminino	01:39:05	+37:58	06:36
309	2199	Sérgio Sousa	factor x / s4l / medense fc	Senior Masculino	01:39:05	+37:59	06:36
310	2679	HELDER RODRIGUES	trepá trilhos	Senior Masculino	01:39:06	+38:00	06:36
311	2459	JOSÉ BASTOS	lion runners - g. d. leões da guarda	Veterano M40	01:39:08	+38:02	06:37
312	2547	Paula Figueiredo	os turbomula	Veterana F40	01:39:14	+38:08	06:37
313	2687	Ângela Cristina Silva Henriques	velocidade furiosa	Senior Feminino	01:39:18	+38:12	06:37

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
314	2537	Nuno Sampaio	os sampaio	Veterano M45	01:39:18	+38:12	06:37
315	2690	Davide Pereira	velocidade furiosa	Senior Masculino	01:39:21	+38:14	06:37
316	2615	Nelson Machado	profisio team	Senior Masculino	01:39:24	+38:17	06:38
317	2416	José Castro	individual	Veterano M50	01:39:31	+38:24	06:38
318	2403	Paulo Lara	individual	Veterano M45	01:39:31	+38:24	06:38
319	2462	JOSE NEVES	lion runners - g. d. leões da guarda	Veterano M50	01:39:36	+38:29	06:38
320	2582	Paulo Ferreira	pé na rota...	Senior Masculino	01:39:37	+38:31	06:39
321	2007	Bruno Castelo	10temidos	Senior Masculino	01:39:53	+38:46	06:40
322	2668	GONCALO COSTEIRA	team shark	Veterano M40	01:39:54	+38:47	06:40
323	2583	Ricardo Souto	pé na rota...	Senior Masculino	01:39:54	+38:48	06:40
324	2602	Cláudio Cerqueira	porto sentido runners	Veterano M40	01:39:56	+38:50	06:40
325	2024	Carmen Moreira	amigos do pedal trailagares	Veterana F45	01:39:58	+38:51	06:40
326	2632	Pedro Miguel Santos Matos	running mates	Veterano M45	01:40:00	+38:53	06:40
327	2394	Rui Pascoal	individual	Veterano M40	01:40:04	+38:57	06:40
328	2390	Paulo Sérgio Soares de Pinho Lima	individual	Veterano M40	01:40:04	+38:58	06:40
329	2393	Rui Neves	individual	Veterano M40	01:40:05	+38:58	06:40
330	2001	Ana Campanhã	10temidos	Senior Feminino	01:40:06	+38:59	06:40
331	2006	Rui Sá	10temidos	Veterano M40	01:40:06	+39:00	06:40
332	2072	Tânia Campos	barcelos runners	Veterana F40	01:40:12	+39:06	06:41
333	3033	NUNO CAMPOS	barcelos runners	Veterano M40	01:40:13	+39:06	06:41
334	2037	Cristina Machado	andatrilhos freamunde	Senior Feminino	01:40:14	+39:08	06:41
335	2300	Paula Costa	individual	Senior Feminino	01:40:15	+39:09	06:41
336	2597	Vitor Martins	porto sentido runners	Senior Masculino	01:40:17	+39:10	06:41
337	2257	BÁRBARA CRISTINA DA CRUZ TEIXEIRA	gtt - armazém do caffè	Senior Feminino	01:40:17	+39:11	06:41
338	2261	Albino Oliveira	gtt - armazém do caffè	Veterano M50	01:40:18	+39:11	06:41
339	2437	Manuel Alvarino	leões de tardariz trail	Veterano M40	01:40:22	+39:16	06:42
340	2122	Paulo Oliveira	clube zipper	Senior Masculino	01:40:26	+39:20	06:42
341	2526	EDUARDO CASTRO	os felizes	Senior Masculino	01:40:27	+39:20	06:42
342	2497	Joana Machado	mozelos runners	Senior Feminino	01:40:31	+39:25	06:42
343	2591	José Manuel Moreira Carneiro	perdidos no trail	Veterano M40	01:40:33	+39:27	06:42
344	2055	Nuno Andrade	arrozinhos 8.2	Senior Masculino	01:40:39	+39:32	06:43
345	2669	JOSE LUIS LEAL	team shark	Veterano M40	01:40:45	+39:38	06:43
346	2697	Rui pedro correia ramôa 21	velocidade furiosa	Veterano M40	01:40:46	+39:39	06:43
347	2498	Sónia Santiago	mozelos runners	Senior Feminino	01:40:48	+39:41	06:43
348	2254	Manuela Sousa	grupo de corrida de argoncilhe	Veterana F50	01:40:48	+39:42	06:43
349	2522	Fátima Almeida	os felizes	Senior Feminino	01:40:49	+39:42	06:43
350	2253	Lurdes Tavares	grupo de corrida de argoncilhe	Veterana F40	01:40:50	+39:43	06:43
351	2366	Cláudia Ribeiro5	individual	Veterana F45	01:41:10	+40:03	06:45
352	2369	Natália Ribeiro25	individual	Veterana F45	01:41:10	+40:04	06:45
353	2599	Sandra Carvalho	porto sentido runners	Veterana F40	01:41:16	+40:10	06:45
354	2592	Márcia Madeira	pipo	Veterana F45	01:41:33	+40:27	06:46
355	2700	Isabel Pereira	wph team trail	Senior Feminino	01:41:33	+40:27	06:46
356	2594	Rui Madeira	pipo	Veterano M45	01:41:33	+40:27	06:46
357	2701	Bruno Filipe Santos Almeida	wph team trail	Senior Masculino	01:41:33	+40:27	06:46
358	2191	Marco Oliveira	factor x / s4l / medense fc	Senior Masculino	01:41:38	+40:32	06:47

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
359	2106	DULCE ALMEIDA	cfa spartans	Veterana F45	01:41:51	+40:44	06:47
360	2162	Liliana Ribeiro	crossfit aveiro	Senior Feminino	01:41:51	+40:44	06:47
361	2628	Marco Dias	quenianos canelas	Veterano M40	01:41:55	+40:48	06:48
362	2629	Paulo Viana	quenianos canelas	Veterano M40	01:41:55	+40:49	06:48
363	2493	José Moura	monte dos amigos /juventude ribeiras	Veterano M45	01:41:56	+40:50	06:48
364	2306	Sónia Paiva	individual	Senior Feminino	01:42:09	+41:02	06:49
365	2151	nuno morgado	correr leça	Veterano M40	01:42:10	+41:03	06:49
366	2215	Bruno Rocha	farroncos papa km	Senior Masculino	01:42:42	+41:35	06:5
367	2417	José Riba	individual	Veterano M50	01:42:43	+41:36	06:51
368	2134	Samuel Proença	correio de albergaria	Senior Masculino	01:43:13	+42:07	06:53
369	2210	Eva Mendes	farroncos papa km	Senior Feminino	01:43:14	+42:07	06:53
370	2209	Catarina Bastos	farroncos papa km	Senior Feminino	01:43:14	+42:08	06:53
371	2685	Cristina Meireles	umelga runners	Veterana F50	01:43:14	+42:08	06:53
372	2686	Eduardo Meireles	umelga runners	Veterano M50	01:43:15	+42:08	06:53
373	2396	Daniel Gomes	individual	Veterano M45	01:43:19	+42:12	06:53
374	2100	Horácio Ferreira	caminhantes	Senior Masculino	01:43:19	+42:12	06:53
375	2259	Sara Carina Gandra Novais	gtt - amazém do caffè	Sub 23 Feminino	01:43:25	+42:19	06:54
376	1219	carlos	gtt - armazém do caffè	Veterano M50	01:43:25	+42:19	06:54
377	2550	Nelson Montalvão	os turbomula	Veterano M40	01:43:28	+42:22	06:54
378	2589	Diego Luís da Costa Alves	perdidos no trail	Senior Masculino	01:43:30	+42:23	06:54
379	2013	Célia Simões	acrd/psp viseu runners	Senior Feminino	01:43:41	+42:34	06:55
380	2382	José Eduardo Fonseca de Sousa	individual	Veterano M40	01:43:55	+42:48	06:56
381	2193	Nuno André Correia	factor x / s4l / medense fc	Senior Masculino	01:44:00	+42:54	06:56
382	2180	M. Conceição Candeias	espaço saúde	Veterana F45	01:44:10	+43:04	06:57
383	2373	Graça Araújo	individual	Veterana F50	01:44:11	+43:05	06:57
384	2432	Maria Pinto	la zinco	Sub 23 Feminino	01:44:13	+43:06	06:57
385	135	Mariana Oliveira	la zinco	Senior Feminino	01:44:18	+43:11	06:57
386	2494	Claudia Sousa	mountain runners	Senior Feminino	01:44:28	+43:22	06:58
387	2060	Ana Catarina Pinto Santos	as trailers	Senior Feminino	01:44:39	+43:33	06:59
388	2520	António Oliveira	online team	Veterano M50	01:44:41	+43:35	06:59
389	2530	JOSÉ BONIFÁCIO	os felizes	Veterano M40	01:44:43	+43:37	06:59
390	2371	Ana Pula Sousa	individual	Veterana F50	01:44:55	+43:48	07:00
391	2454	NORBERTO AGUIAR	lion runners - g. d. leões da guarda	Senior Masculino	01:45:00	+43:53	07:00
392	2680	NUNO FERNANDES	trepá trilhos	Senior Masculino	01:45:03	+43:57	07:00
393	2678	LIGIA LOPES	trepá trilhos	Senior Feminino	01:45:14	+44:07	07:01
394	2684	MANUEL MOURA	trepá trilhos	Veterano M50	01:45:14	+44:08	07:01
395	1559	Pedro de Sousa Mota	trepá trilhos trail team	Sub 23 Masculino	01:45:15	+44:09	07:01
396	2206	MARGARIDA PINTO	fama runners	Veterana F45	01:45:27	+44:20	07:02
397	2675	Carla Almeida	tiago cadete - living / armazém do fitness	Veterana F40	01:45:27	+44:21	07:02
398	2027	CARLA SUSANA MONTEIRO	amotinados trail	Senior Feminino	01:45:41	+44:34	07:03
399	2154	Manuel Rodrigues	correr leça	Veterano M50	01:46:08	+45:02	07:05
400	2320	Douglas César Oliveira de Pinhol	individual	Senior Masculino	01:46:15	+45:09	07:05
401	2318	CARLOS ALBERTO SOARES MOREIRA	individual	Senior Masculino	01:46:15	+45:09	07:05
402	2157	Rosário Capela	correria	Senior Feminino	01:46:17	+45:10	07:05
403	2661	CLAUDIA LOMA	team shark	Veterana F40	01:46:17	+45:10	07:05

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
404	2223	Rosário Guerra	friends	Veterana F45	01:46:17	+45:11	07:05
405	2415	JORGE SUZANO	individual	Veterano M50	01:46:37	+45:31	07:07
406	2248	Mário Ribeiro	gondomar futsal clube	Veterano M45	01:46:37	+45:31	07:07
407	2413	Joaquim Matos	individual	Veterano M50	01:46:37	+45:31	07:07
408	2579	Luis Santos	paredes running	Veterano M40	01:46:41	+45:34	07:07
409	3311	Marília Silva	paredes running	Veterana F50	01:46:41	+45:35	07:07
410	2212	Paula Ferreira	farroncos papa km	Senior Feminino	01:46:49	+45:43	07:07
411	2481	Rosa Almeida	monte dos amigos /juventude ribeiras	Senior Feminino	01:46:55	+45:48	07:08
412	2487	Eva Ribeiro	monte dos amigos /juventude ribeiras	Veterana F40	01:46:56	+45:50	07:08
413	2070	Cidália Rodrigues	barcelos runners	Veterana F40	01:46:57	+45:50	07:08
414	2068	Belinha Costa	barcelos runners	Senior Feminino	01:46:57	+45:51	07:08
415	2084	Mariana Oliveira	brabus runners	Senior Feminino	01:47:00	+45:53	07:08
416	2699	CATARINA AZEVEDO	vieira	Veterana F40	01:47:05	+45:58	07:08
417	2698	RITA CRUZ	vieira	Senior Feminino	01:47:05	+45:59	07:08
418	2189	Fernando Delindro	factor x / s4l / medense fc	Senior Masculino	01:47:13	+46:06	07:09
419	2665	SUSANA TAVARES	team shark	Veterana F40	01:47:29	+46:22	07:10
420	2125	Ricardo Soares	clube zipper	Senior Masculino	01:47:33	+46:27	07:10
421	2124	Pedro Rodrigues	clube zipper	Senior Masculino	01:47:33	+46:27	07:10
422	2229	Celia Aguiar	gatus trail	Veterana F40	01:47:42	+46:36	07:11
423	2673	LENIO MARINHO	team shark	Veterano M50	01:47:49	+46:42	07:11
424	2689	Raquel sofia pinheiro rodrigues ramôa 21	velocidade furiosa	Senior Feminino	01:47:54	+46:47	07:12
425	2613	MANUEL PEREIRA	portocargo	Veterano M50	01:47:57	+46:51	07:12
426	2150	Jorge Pinheiro	correr leça	Veterano M40	01:47:59	+46:52	07:12
427	2268	Óscar Lopes	happy run	Veterano M40	01:47:59	+46:52	07:12
428	2694	PAULO CESAR LEAL DE PINHO	velocidade furiosa	Veterano M40	01:47:59	+46:53	07:12
429	2634	Maria Manuela Matos P. Franco	sónia isabel maio	Senior Feminino	01:48:00	+46:53	07:12
430	2708	Atleta 2708	individual	Senior Masculino	01:48:00	+46:53	07:12
431	2636	Sónia Isabel Maio Araújo Guimarães	sónia isabel maio	Veterana F40	01:48:00	+46:54	07:12
432	2635	Sérgio Pedro Pereira Guimarães	sónia isabel maio	Senior Masculino	01:48:00	+46:54	07:12
433	2137	Ana Rocha	correr leça	Senior Feminino	01:48:03	+46:57	07:12
434	2423	Sandra Domingos	jpvmtteam	Senior Feminino	01:48:05	+46:59	07:12
435	2424	VERA PINHO	jpvmtteam	Senior Feminino	01:48:06	+46:59	07:12
436	2246	Adelaide Vigário	gondomar futsal clube	Veterana F50	01:48:17	+47:11	07:13
437	2627	Celeste Dias	quenianos canelas	Veterana F40	01:48:21	+47:15	07:13
438	2626	Anabela Machado	quenianos canelas	Veterana F40	01:48:21	+47:15	07:13
439	2616	André Ferreira	quebra bilhas	Senior Masculino	01:48:24	+47:18	07:14
440	2574	Sonia Silva	paredes running	Senior Feminino	01:48:25	+47:18	07:14
441	2035	JOSE FERREIRA	amotinados trail	Veterano M50	01:48:38	+47:32	07:15
442	2034	PAULO JORGE MIRANDA	amotinados trail	Veterano M45	01:48:54	+47:47	07:16
443	2036	TELMO JOEL COSTA	amotinados trail	Veterano M50	01:48:54	+47:48	07:16
444	1122	Elisabete Maria Pinto Faria	edv-viana trail	Senior Feminino	01:48:56	+47:49	07:16
445	2368	Elisabete Maia 12	individual	Veterana F45	01:48:56	+47:49	07:16
446	2517	Fernanda Macedo	online team	Veterana F50	01:48:57	+47:51	07:16
447	2445	Tiago paulo Santos Guimarães	limitless	Senior Masculino	01:49:16	+48:10	07:17
448	2370	Ana paula teixeira	individual	Veterana F50	01:49:18	+48:11	07:17

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
449	2213	Susana Pereira	farroncos papa km	Senior Feminino	01:49:27	+48:21	07:18
450	2058	Lurdes Moreira	as belas e eles	Veterana F40	01:49:32	+48:26	07:18
451	2244	Pedro Rodrigues	gondomar futsal clube	Senior Masculino	01:49:35	+48:29	07:18
452	2447	Rui alves	limitless	Veterano M50	01:49:43	+48:37	07:19
453	2140	Duarte Costa	correr leça	Senior Masculino	01:49:52	+48:45	07:19
454	2232	Claudia Coelho	generosos runners	Senior Feminino	01:49:53	+48:46	07:20
455	2258	Monica Borges	gtt - amazém do caffè	Senior Feminino	01:49:59	+48:53	07:20
456	2480	Paula Guedes	monte dos amigos /juventude ribeiras	Senior Feminino	01:50:24	+49:18	07:22
457	2485	Andreia Dias	monte dos amigos /juventude ribeiras	Veterana F40	01:50:25	+49:18	07:22
458	2490	Sonia Gilvaz	monte dos amigos /juventude ribeiras	Veterana F40	01:50:25	+49:19	07:22
459	2534	Daniel Machado	os fugitivos da crise	Senior Masculino	01:50:50	+49:44	07:23
460	2535	Diana Carneiro	os fugitivos da crise	Veterana F40	01:50:51	+49:45	07:23
461	1350	Paulo António Ribeiro de Sousa	individual	Veterano M40	01:50:55	+49:49	07:24
462	2667	MARIA SILVA	team shark	Veterana F50	01:51:15	+50:08	07:25
463	2211	Marta Pereira	farroncos papa km	Senior Feminino	01:51:18	+50:12	07:25
464	2245	Telmo Mendonça	gondomar futsal clube	Senior Masculino	01:51:23	+50:16	07:26
465	2610	ISABEL VIEIRA	portocargo	Veterana F40	01:51:32	+50:26	07:26
466	2692	LEONEL PEDRO PINHEIRO RODRIGUES	velocidade furiosa	Veterano M40	01:51:43	+50:37	07:27
467	2400	Mario Costa Pereira	individual	Veterano M45	01:52:02	+50:56	07:28
468	2031	HELENA FERREIRA	amotinados trail	Veterana F45	01:52:12	+51:06	07:29
469	2247	Ana Sousa	gondomar futsal clube	Veterana F50	01:52:20	+51:14	07:29
470	2540	Sara Moreira	os turbomula	Senior Feminino	01:52:22	+51:15	07:29
471	2542	Filipe Nogueira	os turbomula	Senior Masculino	01:52:23	+51:16	07:30
472	2676	José Costa	tiago cadete - living / armazém do fitness	Veterano M50	01:52:24	+51:18	07:30
473	2291	Justyna Lenczewska	individual	Senior Feminino	01:52:31	+51:25	07:30
474	2457	Carina Silva	lion runners - g. d. leões da guarda	Veterana F40	01:52:34	+51:28	07:30
475	2086	Tony Mendes	btt alegria / tubani	Veterano M40	01:52:39	+51:32	07:31
476	2085	Cristina Neves	btt alegria / tubani	Senior Feminino	01:52:39	+51:32	07:31
477	2331	Joao Andre da Costa Rosado1	individual	Senior Masculino	01:52:59	+51:52	07:32
478	2093	Ricardo Martins	budeguita runners	Veterano M40	01:52:59	+51:53	07:32
479	2521	ANTÓNIA GUERRA	os felizes	Senior Feminino	01:53:00	+51:54	07:32
480	2527	JORGE CALDAS	os felizes	Senior Masculino	01:53:01	+51:54	07:32
481	2267	Vanessa Santos	happy run	Senior Feminino	01:53:08	+52:01	07:33
482	2272	Adriana Ribeiro	individual	Senior Feminino	01:53:16	+52:10	07:33
483	2099	Verónica Soares	caminhantes	Senior Feminino	01:53:38	+52:32	07:35
484	3128	Durbalino Ferreira	ginasio fit4fun	Veterano M50	01:53:38	+52:32	07:35
485	3127	Sofia Bastos	ginasio fit4fun	Veterana F40	01:53:38	+52:32	07:35
486	2138	Dulce Neves	correr leça	Senior Feminino	01:53:46	+52:39	07:35
487	2148	António Barros	correr leça	Veterano M40	01:53:46	+52:40	07:35
488	2277	Ana Rita Rebelo Tavares Rodrigues	individual	Senior Feminino	01:54:00	+52:53	07:36
489	2282	Carla Sofia Gonçalves Pinto	individual	Senior Feminino	01:54:00	+52:53	07:36
490	3137	Aida Linhares	gtt - armazém do caffè	Veterana F40	01:54:03	+52:56	07:36
491	2294	Maria alexandra Carvalho oliveira	individual	Senior Feminino	01:54:03	+52:57	07:36
492	2461	Paulo Ribeiro	lion runners - g. d. leões da guarda	Veterano M40	01:54:15	+53:08	07:37
493	2323	Fernando Pereira	individual	Senior Masculino	01:54:36	+53:29	07:38

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
494	2299	Patrícia Pereira	individual	Senior Feminino	01:54:36	+53:30	07:38
495	2324	Filipe Sousa	individual	Senior Masculino	01:54:36	+53:30	07:38
496	2270	José Rocha	happy run	Veterano M50	01:55:18	+54:11	07:41
497	2666	MARIA CRUZ	team shark	Veterana F50	01:55:21	+54:15	07:41
498	2354	Luis Filipe Teixeira Da Fonseca	individual	Sub 23 Masculino	01:55:35	+54:28	07:42
499	2016	Susana Castro	acrd/psp viseu runners	Veterana F40	01:55:36	+54:29	07:42
500	2587	Manuel Dias Noites	pé na rota...	Veterano M45	01:55:37	+54:30	07:42
501	2584	Albina Oliveira22	pé na rota...	Veterana F40	01:55:37	+54:31	07:43
502	2586	Duarte Barbosa	pé na rota...	Veterano M40	01:55:37	+54:31	07:43
503	2286	Diana Leite	individual	Senior Feminino	01:55:57	+54:50	07:44
504	2702	Daniela Leite	individual	Senior Feminino	01:55:58	+54:51	07:44
505	2397	João de Sousa Teixeira	individual	Veterano M45	01:56:14	+55:07	07:45
506	2029	SANDRA CRISTINA TOMAS	amotinados trail	Senior Feminino	01:56:25	+55:18	07:46
507	2518	Maria Silva	online team	Veterana F50	01:56:28	+55:22	07:46
508	2386	Nuno Alexandre Alves Vieira	individual	Veterano M40	01:56:35	+55:29	07:46
509	2322	Fernando Carvalho	individual	Senior Masculino	01:56:35	+55:29	07:46
510	2289	Irene Maria valente Gonçalves	individual	Senior Feminino	01:56:35	+55:29	07:46
511	2297	Marta Almeida Pereira	individual	Senior Feminino	01:56:36	+55:29	07:46
512	2283	Catarina Gomes	individual	Senior Feminino	01:56:36	+55:29	07:46
513	2030	GUILHERMINA TEMPORAO	amotinados trail	Veterana F45	01:56:38	+55:32	07:47
514	2372	cristina duarte	individual	Veterana F50	01:56:48	+55:42	07:47
515	2664	MONICA MATOS	team shark	Veterana F40	01:56:54	+55:48	07:48
516	2657	SARA ROCHA	team shark	Senior Feminino	01:56:54	+55:48	07:48
517	2696	Rui Henriques	velocidade furiosa	Veterano M40	01:56:57	+55:51	07:48
518	2102	JESSICA LADEWIG	cfa spartans	Senior Feminino	01:57:18	+56:12	07:49
519	2168	SUSANA REY	energia ginasio	Senior Feminino	01:57:32	+56:25	07:50
520	2166	EMILIA OLIVEIRA	energia ginasio	Senior Feminino	01:57:32	+56:25	07:50
521	2167	M CEU COELHO	energia ginasio	Senior Feminino	01:57:32	+56:25	07:50
522	2545	Sérgio Rodrigues	os turbomula	Senior Masculino	01:57:50	+56:43	07:51
523	2054	Gisela Almeida	arrozinhos 8.2	Senior Feminino	01:57:56	+56:50	07:52
524	2539	Marta Mota	os turbomula	Senior Feminino	01:57:56	+56:50	07:52
525	2367	Cristina Sousa	individual	Veterana F45	01:58:08	+57:02	07:53
526	2395	Álvaro Miguel da Costa Cairrão	individual	Veterano M45	01:58:37	+57:31	07:55
527	2295	Mariana Costa Carregal de Pinho e Costa	individual	Senior Feminino	01:58:38	+57:31	07:55
528	2061	Daniela Gonçalves	as trailers	Senior Feminino	01:58:40	+57:34	07:55
529	2062	Célia Alves	as trailers	Veterana F40	01:59:31	+58:25	07:58
530	2063	Paula Cristina Afonso	as trailers	Veterana F40	01:59:33	+58:26	07:58
531	2064	Paula Cristina Azevedo Santos	as trailers	Veterana F40	01:59:33	+58:27	07:58
532	2065	Sílvia Manuela Reis Azevedo	as trailers	Veterana F40	01:59:33	+58:27	07:58
533	2163	Filipe Moutinho	dragon runners	Veterano M40	01:59:33	+58:27	07:58
534	2660	ZE PEDRO	team shark	Senior Masculino	01:59:35	+58:28	07:58
535	2663	MARIA PORTUGAL	team shark	Veterana F40	01:59:35	+58:29	07:58
536	2654	ISABEL BARROS	team shark	Senior Feminino	01:59:38	+58:31	07:59
537	2703	Ana Silva	individual	Senior Feminino	01:59:38	+58:31	07:59
538	2330	Ivo Andrade	individual	Senior Masculino	01:59:38	+58:32	07:59

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
539	2219	Nuno Lago	fitmafia	Senior Masculino	02:00:06	+58:59	08:00
540	2139	Nelma Oliveira	correr leça	Senior Feminino	02:00:13	+59:06	08:01
541	2149	Jorge Gomes	correr leça	Veterano M40	02:00:13	+59:06	08:01
542	2239	Rodrigo Ferraz	generosos runners	Veterano M45	02:00:15	+59:09	08:01
543	2234	Sofia Tadeu	generosos runners	Senior Feminino	02:00:16	+59:09	08:01
544	2691	PAULA ALEXANDRA DUARTE SANTANA ALVES RODRIGUES	velocidade furiosa	Veterana F40	02:00:17	+59:10	08:01
545	2693	NUNO MIGUEL FERREIRA	velocidade furiosa	Veterano M40	02:00:17	+59:10	08:0
546	2146	Cláudia Castro	correr leça	Veterana F40	02:00:31	+59:24	08:02
547	2147	Patrícia Martins	correr leça	Veterana F40	02:00:31	+59:24	08:02
548	2152	Pedro Justo	correr leça	Veterano M40	02:00:31	+59:25	08:02
549	2543	Maria Castelo	os turbomula	Senior Feminino	02:00:38	+59:32	08:03
550	2426	Maria Elisabete Pinho Pereira Mendonça	juventude cortegacense	Veterana F50	02:00:39	+59:32	08:03
551	2458	Isabel Lopes	lion runners - g. d. leões da guarda	Veterana F50	02:01:00	+59:54	08:04
552	3118	Pedro Torres	factor x / s4l / medense fc	Senior Masculino	02:01:01	+59:55	08:04
553	2184	Anabela Pinho	factor x / s4l / medense fc	Senior Feminino	02:01:04	+59:58	08:04
554	2198	Sérgio Pereira Santos	factor x / s4l / medense fc	Senior Masculino	02:01:06	+59:59	08:04
555	2491	Sonia Silva	monte dos amigos /juventude ribeiras	Veterana F40	02:02:03	+01:00:57	08:08
556	2479	Angela Dias	monte dos amigos /juventude ribeiras	Senior Feminino	02:02:04	+01:00:57	08:08
557	2201	Bárbara Fonseca	factor x / s4l / medense fc	Sub 23 Feminino	02:02:20	+01:01:14	08:09
558	2202	Maria Hermínia	factor x / s4l / medense fc	Veterana F45	02:02:20	+01:01:14	08:09
559	2561	José Gentil Ferreira	ou vai ou racha	Veterano M40	02:03:17	+01:02:11	08:13
560	1026	CAROLINA FILES	andatrilhos freamunde	Senior Feminino	02:03:32	+01:02:25	08:14
561	2136	Ana Duarte	correr leça	Senior Feminino	02:03:33	+01:02:27	08:14
562	2362	Paula Cristina Jesus Rodrigues	individual	Veterana F40	02:03:51	+01:02:44	08:15
563	2307	Susana Isabel Rodrigues Ferreira	individual	Senior Feminino	02:03:51	+01:02:44	08:15
564	2562	Paulo Magalhães	ou vai ou racha	Veterano M40	02:04:21	+01:03:15	08:17
565	2538	Marisa Sousa	os turbomula	Senior Feminino	02:04:48	+01:03:41	08:19
566	2456	RICARDO OLIVEIRA	lion runners - g. d. leões da guarda	Senior Masculino	02:05:30	+01:04:23	08:22
567	2264	Nancy Almeida	happy run	Senior Feminino	02:05:43	+01:04:37	08:23
568	2265	Sara Lúcia	happy run	Senior Feminino	02:05:44	+01:04:37	08:23
569	2451	Susana Mateus	lion runners - g. d. leões da guarda	Senior Feminino	02:06:03	+01:04:57	08:24
570	3014	Guilhermina Maria Vieira Pinto Rocha	amigos do pedal trailagares	Veterana F50	02:06:21	+01:05:14	08:25
571	2293	Marcia Lopes	individual	Senior Feminino	02:06:38	+01:05:32	08:27
572	2145	João Tomé	correr leça	Sub 23 Masculino	02:07:03	+01:05:56	08:28
573	2144	Laura Neves	correr leça	Sub 23 Feminino	02:07:03	+01:05:56	08:28
574	2343	Pedro Jorge Magalhães Leite	individual	Senior Masculino	02:07:05	+01:05:58	08:28
575	2052	Araci Queiroga	apúlia a correr	Sub 23 Feminino	02:07:14	+01:06:08	08:29
576	2275	Ana Cristina Araújo da Cunha	individual	Senior Feminino	02:07:15	+01:06:08	08:29
577	2049	Isabel Queiroga	apúlia a correr	Senior Feminino	02:07:15	+01:06:08	08:29
578	2222	Conceição Pinto	friends	Veterana F45	02:07:39	+01:06:32	08:31
579	2226	Mohammed Moudnib	friends	Veterano M45	02:07:39	+01:06:33	08:31
580	2303	Rita Lei	individual	Senior Feminino	02:07:40	+01:06:34	08:31
581	2233	Atleta 2233	individual	Senior Masculino	02:07:40	+01:06:34	08:31
582	2525	Sara Silva	os felizes	Senior Feminino	02:07:45	+01:06:38	08:31

TRAIL MEDIEVAL CURTO 15K - STAGE 1

15 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
583	2528	VÍTOR GAMA	os felizes	Senior Masculino	02:07:45	+01:06:38	08:31
584	2633	Alexandra Oliveira	running team maia	Senior Feminino	02:07:54	+01:06:48	08:32
585	2260	Ana Varela	gtt - amazém do caffè	Veterana F45	02:08:11	+01:07:05	08:33
586	2578	Luis Ribeiro	paredes running	Veterano M40	02:08:15	+01:07:08	08:33
587	2336	José Faria	individual	Senior Masculino	02:08:59	+01:07:52	08:36
588	2513	Juliana Oliveira	online team	Senior Feminino	02:09:11	+01:08:05	08:37
589	2512	Joana Antunes	online team	Senior Feminino	02:09:14	+01:08:07	08:37
590	2132	Angela Vidal	correio de albergaria	Senior Feminino	02:09:32	+01:08:26	08:38
591	2135	Gaspar Alves Santiago	correio de albergaria	Veterano M50	02:09:32	+01:08:26	08:38
592	2510	Cidalia Campos	online team	Senior Feminino	02:10:10	+01:09:03	08:41
593	2391	Pedro Miguel Cristóvão Próspero	individual	Veterano M40	02:10:22	+01:09:15	08:41
594	2361	Isabel Susana da Silava Moreira Próspero	individual	Veterana F40	02:10:22	+01:09:16	08:42
595	2296	Marlene Faria	individual	Senior Feminino	02:10:49	+01:09:43	08:43
596	2356	Anabela de Castro	individual	Veterana F40	02:10:51	+01:09:45	08:43
597	2249	António José Queiroz	gondomar futsal clube	Veterano M50	02:11:57	+01:10:50	08:48
598	2280	Andreia Machado	individual	Senior Feminino	02:12:14	+01:11:07	08:49
599	2301	Paula Marlene Mendes	individual	Senior Feminino	02:12:14	+01:11:08	08:49
600	2287	Estefania Larez	individual	Senior Feminino	02:12:58	+01:11:52	08:52
601	2309	Abel Machado	individual	Senior Masculino	02:12:59	+01:11:52	08:52
602	2266	Sónia Baptista	happy run	Senior Feminino	02:14:03	+01:12:56	08:56
603	2279	Andreia Ferreira	individual	Senior Feminino	02:14:23	+01:13:16	08:58
604	2298	Patricia Carvalho	individual	Senior Feminino	02:14:58	+01:13:52	09:00
605	3012	deolinda pereira	airorun	Veterana F40	02:14:59	+01:13:52	09:00
606	2449	Helena Lima	lion runners - g. d. leões da guarda	Senior Feminino	02:15:42	+01:14:35	09:03
607	2529	Felicidade Carneiro	os felizes	Veterana F40	02:15:45	+01:14:38	09:03
608	2524	Raquel de Sousa	os felizes	Senior Feminino	02:15:45	+01:14:38	09:03
609	2486	Elsa Fernandes	monte dos amigos /juventude ribeiras	Veterana F40	02:17:28	+01:16:22	09:10
610	2488	Helena Roxo	monte dos amigos /juventude ribeiras	Veterana F40	02:17:28	+01:16:22	09:10
611	3187	Luís Pedro Barbosa Gonçalves	individual	Sub 23 Masculino	02:17:38	+01:16:32	09:11
612	2353	Alexandre Miguel Calisto de Almeida Costa	individual	Sub 23 Masculino	02:17:38	+01:16:32	09:11
613	2398	Joaquim Miguel Almeida Costa	individual	Veterano M45	02:17:38	+01:16:32	09:11
614	2427	Andreia Carvalho	la zinco	Senior Feminino	02:18:09	+01:17:03	09:13
615	2302	Raquel Sanguedo	individual	Senior Feminino	02:19:07	+01:18:00	09:16
616	2428	Paula Silva	la zinco	Senior Feminino	02:19:43	+01:18:36	09:19
617	2472	Sara Vigario	metralhas runners	Senior Feminino	02:20:08	+01:19:02	09:21
618	2474	Maria Carneiro	metralhas runners	Veterana F40	02:20:09	+01:19:02	09:21
619	2450	MARLENE PINTO	lion runners - g. d. leões da guarda	Senior Feminino	02:20:31	+01:19:25	09:22
620	2453	LICINIO SOUSA	lion runners - g. d. leões da guarda	Senior Masculino	02:20:32	+01:19:26	09:22
621	2281	Carla Camarinha	individual	Senior Feminino	02:20:33	+01:19:26	09:22
622	2475	Sônia Sampaio	metralhas runners	Veterana F40	02:20:47	+01:19:41	09:23
623	2273	Ana Catarina Machado	individual	Senior Feminino	02:20:59	+01:19:52	09:24
624	2523	MÓNICA CARVALHO	os felizes	Senior Feminino	02:21:55	+01:20:49	09:28
625	2533	RUI SILVA	os felizes	Veterano M40	02:21:56	+01:20:49	09:28
626	3103	Beatriz Castilho Dias	edom/ .com	Sub 23 Feminino	02:22:35	+01:21:28	09:30
627	2489	Paula Coutinho	monte dos amigos /juventude ribeiras	Veterana F40	02:23:07	+01:22:00	09:32

15 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
628	2492	Paula Almeida	monte dos amigos /juventude ribeiras	Veterana F45	02:23:07	+01:22:00	09:32
629	2563	Antonio Ferreira	ou vai ou racha	Veterano M45	02:25:24	+01:24:17	09:42
630	2552	Catia Braga	ou vai ou racha	Senior Feminino	02:25:25	+01:24:18	09:42
631	2556	Ana Rita Neves	ou vai ou racha	Veterana F40	02:25:25	+01:24:18	09:42
632	2559	Odete Neves	ou vai ou racha	Veterana F45	02:25:28	+01:24:22	09:42
633	2090	Sandra Soares	budeguita runners	Veterana F40	02:25:50	+01:24:44	09:43
634	2089	Ana Martins	budeguita runners	Veterana F40	02:25:50	+01:24:44	09:43
635	3308	Paula Ribeiro	paredes running	Veterana F45	02:26:28	+01:25:21	09:46
636	3306	Lucia Cunha	paredes running	Veterana F45	02:26:28	+01:25:22	09:46
637	2473	Marcia Pinto	metralhas runners	Veterana F40	02:27:16	+01:26:10	09:49
638	2477	Artur Saraiva	metralhas runners	Veterano M50	02:27:17	+01:26:10	09:49
639	2276	ANA RAMALHO	individual	Senior Feminino	02:28:12	+01:27:06	09:53
640	2305	Sandra Manuela da Silva Zeferino	individual	Senior Feminino	02:28:12	+01:27:06	09:53
641	2179	Edna Marques	espaço saúde	Veterana F45	02:29:45	+01:28:38	09:59
642	2553	Claudia Sofia	ou vai ou racha	Senior Feminino	02:36:18	+01:35:12	10:25
643	2557	Fernanda Magalhães	ou vai ou racha	Veterana F40	02:36:19	+01:35:12	10:25
644	2560	Paula Sousa	ou vai ou racha	Veterana F45	02:38:46	+01:37:39	10:35
645	2558	Arminda Maciel	ou vai ou racha	Veterana F45	02:39:17	+01:38:10	10:37

Trail Medieval Curto 15K

15 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:20	5°C	73%
End	12:56	5°C	73%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2028	CLAUDIA FERNANDES	AMOTINADOS TRAIL	Senior Feminino	01:21:02	05:24
2	2116	Diana Sousa	Clube Zupper	Senior Feminino	01:21:58	+00:57 05:28
3	2241	Joana Cardoso	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:24:25	+03:23 05:38
4	2638	Cláudia Sofia Nogueira e Silva	SportarcRunning	Senior Feminino	01:25:22	+04:21 05:42
5	2465	MARA CELIA	MC	Senior Feminino	01:26:08	+05:07 05:45
6	2155	Otilia Trindade Pedrosa	Correr São Bernardo	Senior Feminino	01:26:23	+05:22 05:46
7	2707	Patricia Teixeira	GENEROSOS RUNNERS	Senior Feminino	01:27:59	+06:57 05:52
8	2069	Marlene Costa	BARCELOS RUNNERS	Senior Feminino	01:30:31	+09:30 06:02
9	2014	Lucia Silva	ACRD/PSP Viseu Runners	Senior Feminino	01:30:48	+09:47 06:03
10	2448	Carmen Fagundes	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	01:32:11	+11:09 06:09
11	2509	Daniela Patricia Soares Ferreir20	NOCTURNOS DE PAREDES	Senior Feminino	01:32:48	+11:46 06:11
12	2228	Liliana Aguiar	GATUS TRAIL	Senior Feminino	01:33:00	+11:59 06:12
13	2495	Patricia Ribeiro	Mountain Runners	Senior Feminino	01:34:27	+13:26 06:18
14	2185	Silvana Pinto	FACTOR X / S4L / MEDENSE FC	Senior Feminino	01:34:32	+13:30 06:18
15	2482	Sara Soares	Monte dos Amigos /Juventude Ribeiras	Senior Feminino	01:35:03	+14:01 06:20
16	2038	Marta Ribeiro	Andatrilhos Freamunde	Senior Feminino	01:35:28	+14:27 06:22
17	2576	Lucinda Marques	Paredes Running	Senior Feminino	01:35:29	+14:28 06:22
18	2158	Sandrine Ferreira	CorreRia	Senior Feminino	01:36:03	+15:01 06:24
19	2050	Patrícia Vilas-Boas	Apúlia a Correr	Senior Feminino	01:36:50	+15:48 06:27
20	2595	Sara Nunes	PORTO SENTIDO RUNNERS	Senior Feminino	01:37:24	+16:23 06:30
21	2653	CLAUDIA LOPES	TEAM SHARK	Senior Feminino	01:37:50	+16:49 06:31
22	2274	Ana Catarina Venda da Fonseca	Individual	Senior Feminino	01:38:15	+17:14 06:33
23	2285	Diana Fernandes	Individual	Senior Feminino	01:38:26	+17:24 06:34
24	2688	Inês Teixeira	VELOCIDADE FURIOSA	Senior Feminino	01:38:48	+17:47 06:35
25	3116	Catarina Rodrigues	FACTOR X / S4L / MEDENSE FC	Senior Feminino	01:39:05	+18:03 06:36
26	2687	Ângela Cristina Silva Henriques	VELOCIDADE FURIOSA	Senior Feminino	01:39:18	+18:17 06:37
27	2001	Ana Campanhã	10TEMIDOS	Senior Feminino	01:40:06	+19:04 06:40
28	2037	Cristina Machado	Andatrilhos Freamunde	Senior Feminino	01:40:14	+19:13 06:41
29	2300	Paula Costa	Individual	Senior Feminino	01:40:15	+19:14 06:41
30	2257	BÁRBARA CRISTINA DA CRUZ TEIXEIRA	GTT - Armazém do Caffè	Senior Feminino	01:40:17	+19:16 06:41
31	2497	Joana Machado	Mozelos Runners	Senior Feminino	01:40:31	+19:30 06:42
32	2498	Sónia Santiago	Mozelos Runners	Senior Feminino	01:40:48	+19:46 06:43
33	2522	Fátima Almeida	Os Felizes	Senior Feminino	01:40:49	+19:47 06:43
34	2700	Isabel Pereira	WPH Team Trail	Senior Feminino	01:41:33	+20:32 06:46
35	2162	Liliana Ribeiro	CrossFit Aveiro	Senior Feminino	01:41:51	+20:49 06:47
36	2306	Sónia Paiva	Individual	Senior Feminino	01:42:09	+21:07 06:49
37	2210	Eva Mendes	Farroncos Papa KM	Senior Feminino	01:43:14	+22:12 06:53

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Trail Medieval Curto 15K

15 KM

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OFFICIAL RESULT

38	2209	Catarina Bastos	Farroncos Papa KM	Senior Feminino	01:43:14	+22:13	06:53
39	2013	Célia Simões	ACRD/PSP Viseu Runners	Senior Feminino	01:43:41	+22:39	06:55
40	135	Mariana Oliveira	LA Zinco	Senior Feminino	01:44:18	+23:16	06:57
41	2494	Claudia Sousa	Mountain Runners	Senior Feminino	01:44:28	+23:27	06:58
42	2060	Ana Catarina Pinto Santos	As Trailers	Senior Feminino	01:44:39	+23:38	06:59
43	2678	LIGIA LOPES	TREPA TRILHOS	Senior Feminino	01:45:14	+24:12	07:01
44	2027	CARLA SUSANA MONTEIRO	AMOTINADOS TRAIL	Senior Feminino	01:45:41	+24:39	07:03
45	2157	Rosário Capela	CorreRia	Senior Feminino	01:46:17	+25:15	07:05
46	2212	Paula Ferreira	Farroncos Papa KM	Senior Feminino	01:46:49	+25:48	07:07
47	2481	Rosa Almeida	Monte dos Amigos /Juventude Ribeiras	Senior Feminino	01:46:55	+25:53	07:08
48	2068	Belinha Costa	BARCELOS RUNNERS	Senior Feminino	01:46:57	+25:56	07:08
49	2084	Mariana Oliveira	Brabus Runners	Senior Feminino	01:47:00	+25:58	07:08
50	2698	RITA CRUZ	vieira	Senior Feminino	01:47:05	+26:04	07:08
51	2689	Raquel sofia pinheiro rodrigues ramôa 21	VELOCIDADE FURIOSA	Senior Feminino	01:47:54	+26:52	07:12
52	2634	Maria Manuela Matos P. Franco	Sónia Isabel Maio	Senior Feminino	01:48:00	+26:58	07:12
53	2137	Ana Rocha	CORRER LEÇA	Senior Feminino	01:48:03	+27:02	07:12
54	2423	Sandra Domingos	jpvmteam	Senior Feminino	01:48:05	+27:04	07:12
55	2424	VERA PINHO	JPVMTEAM	Senior Feminino	01:48:06	+27:04	07:12
56	2574	Sonia Silva	Paredes Running	Senior Feminino	01:48:25	+27:23	07:14
57	1122	Elisabete Maria Pinto Faria	EDV-VIANA TRAIL	Senior Feminino	01:48:56	+27:54	07:16
58	2213	Susana Pereira	Farroncos Papa KM	Senior Feminino	01:49:27	+28:26	07:18
59	2232	Claudia Coelho	GENEROSOS RUNNERS	Senior Feminino	01:49:53	+28:51	07:20
60	2258	Monica Borges	GTT - Armazém do Caffè	Senior Feminino	01:49:59	+28:58	07:20
61	2480	Paula Guedes	Monte dos Amigos /Juventude Ribeiras	Senior Feminino	01:50:24	+29:23	07:22
62	2211	Marta Pereira	Farroncos Papa KM	Senior Feminino	01:51:18	+30:17	07:25
63	2540	Sara Moreira	Os TurboMula	Senior Feminino	01:52:22	+31:20	07:29
64	2291	Justyna Lenczewska	Individual	Senior Feminino	01:52:31	+31:30	07:30
65	2085	Cristina Neves	BTT Alegria / TUBANI	Senior Feminino	01:52:39	+31:37	07:31
66	2521	ANTÓNIA GUERRA	Os Felizes	Senior Feminino	01:53:00	+31:59	07:32
67	2267	Vanessa Santos	Happy Run	Senior Feminino	01:53:08	+32:06	07:33
68	2272	Adriana Ribeiro	Individual	Senior Feminino	01:53:16	+32:15	07:33
69	2099	Verónica Soares	Caminhantes	Senior Feminino	01:53:38	+32:37	07:35
70	2138	Dulce Neves	CORRER LEÇA	Senior Feminino	01:53:46	+32:44	07:35
71	2277	Ana Rita Rebelo Tavares Rodrigues	Individual	Senior Feminino	01:54:00	+32:58	07:36
72	2282	Carla Sofia Gonçalves Pinto	Individual	Senior Feminino	01:54:00	+32:58	07:36
73	2294	Maria alexandra Carvalho oliveira	Individual	Senior Feminino	01:54:03	+33:02	07:36
74	2299	Patrícia Pereira	Individual	Senior Feminino	01:54:36	+33:35	07:38
75	2286	Diana Leite	Individual	Senior Feminino	01:55:57	+34:55	07:44
76	2702	Daniela Leite	Individual	Senior Feminino	01:55:58	+34:56	07:44
77	2029	SANDRA CRISTINA TOMAS	AMOTINADOS TRAIL	Senior Feminino	01:56:25	+35:23	07:46
78	2289	Irene Maria valente Gonçalves	Individual	Senior Feminino	01:56:35	+35:34	07:46
79	2297	Marta Almeida Pereira	Individual	Senior Feminino	01:56:36	+35:34	07:46
80	2283	Catarina Gomes	Individual	Senior Feminino	01:56:36	+35:34	07:46
81	2657	SARA ROCHA	TEAM SHARK	Senior Feminino	01:56:54	+35:53	07:48

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15 KM

[illegible]

OFFICIAL RESULT

82	2102	JESSICA LADEWIG	CFA Spartans	Senior Feminino	01:57:18	+36:17	07:49
83	2168	SUSANA REY	ENERGIA GINASIO	Senior Feminino	01:57:32	+36:30	07:50
84	2166	EMILIA OLIVEIRA	ENERGIA GINASIO	Senior Feminino	01:57:32	+36:30	07:50
85	2167	M CEU COELHO	ENERGIA GINASIO	Senior Feminino	01:57:32	+36:30	07:50
86	2054	Gisela Almeida	Arrozinhos 8.2	Senior Feminino	01:57:56	+36:55	07:52
87	2539	Marta Mota	Os TurboMula	Senior Feminino	01:57:56	+36:55	07:52
88	2295	Mariana Costa Carregal de Pinho e Costa	Individual	Senior Feminino	01:58:38	+37:36	07:55
89	2061	Daniela Gonçalves	As Trailers	Senior Feminino	01:58:40	+37:39	07:55
90	2654	ISABEL BARROS	TEAM SHARK	Senior Feminino	01:59:38	+38:36	07:59
91	2703	Ana Silva	Individual	Senior Feminino	01:59:38	+38:36	07:59
92	2139	Nelma Oliveira	CORRER LEÇA	Senior Feminino	02:00:13	+39:11	08:01
93	2234	Sofia Tadeu	GENEROSOS RUNNERS	Senior Feminino	02:00:16	+39:14	08:01
94	2543	Maria Castelo	Os TurboMula	Senior Feminino	02:00:38	+39:37	08:03
95	2184	Anabela Pinho	FACTOR X / S4L / MEDENSE FC	Senior Feminino	02:01:04	+40:03	08:04
96	2479	Angela Dias	Monte dos Amigos /Juventude Ribeiras	Senior Feminino	02:02:04	+41:02	08:08
97	1026	CAROLINA FILES	Andatrilhos Freamunde	Senior Feminino	02:03:32	+42:30	08:14
98	2136	Ana Duarte	CORRER LEÇA	Senior Feminino	02:03:33	+42:32	08:14
99	2307	Susana Isabel Rodrigues Ferreira	Individual	Senior Feminino	02:03:51	+42:49	08:15
100	2538	Marisa Sousa	Os TurboMula	Senior Feminino	02:04:48	+43:46	08:19
101	2264	Nancy Almeida	Happy Run	Senior Feminino	02:05:43	+44:42	08:23
102	2265	Sara Lúcia	Happy Run	Senior Feminino	02:05:44	+44:42	08:23
103	2451	Susana Mateus	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:06:03	+45:02	08:24
104	2293	Marcia Lopes	Individual	Senior Feminino	02:06:38	+45:37	08:27
105	2275	Ana Cristina Araújo da Cunha	Individual	Senior Feminino	02:07:15	+46:13	08:29
106	2049	Isabel Queiroga	Apúlia a Correr	Senior Feminino	02:07:15	+46:13	08:29
107	2303	Rita Lei	Individual	Senior Feminino	02:07:40	+46:39	08:31
108	2525	Sara Silva	Os Felizes	Senior Feminino	02:07:45	+46:43	08:31
109	2633	Alexandra Oliveira	RUNNING TEAM MAIA	Senior Feminino	02:07:54	+46:53	08:32
110	2513	Juliana Oliveira	Online Team	Senior Feminino	02:09:11	+48:10	08:37
111	2512	Joana Antunes	Online Team	Senior Feminino	02:09:14	+48:12	08:37
112	2132	Angela Vidal	CORREIO DE ALBERGARIA	Senior Feminino	02:09:32	+48:31	08:38
113	2510	Cidalia Campos	Online Team	Senior Feminino	02:10:10	+49:08	08:41
114	2296	Marlene Faria	Individual	Senior Feminino	02:10:49	+49:48	08:43
115	2280	Andreia Machado	Individual	Senior Feminino	02:12:14	+51:12	08:49
116	2301	Paula Marlene Mendes	Individual	Senior Feminino	02:12:14	+51:13	08:49
117	2287	Estefania Larez	Individual	Senior Feminino	02:12:58	+51:57	08:52
118	2266	Sónia Baptista	Happy Run	Senior Feminino	02:14:03	+53:01	08:56
119	2279	Andreia Ferreira	Individual	Senior Feminino	02:14:23	+53:21	08:58
120	2298	Patricia Carvalho	Individual	Senior Feminino	02:14:58	+53:57	09:00
121	2449	Helena Lima	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:15:42	+54:40	09:03
122	2524	Raquel de Sousa	Os Felizes	Senior Feminino	02:15:45	+54:43	09:03
123	2427	Andreia Carvalho	LA Zinco	Senior Feminino	02:18:09	+57:08	09:13
124	2302	Raquel Sanguedo	Individual	Senior Feminino	02:19:07	+58:05	09:16
125	2428	Paula Silva	LA Zinco	Senior Feminino	02:19:43	+58:41	09:19

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Trail Medieval Curto 15K

15 KM

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OFFICIAL RESULT

126	2472	Sara Vigarío	Metralhas Runners	Senior Feminino	02:20:08	+59:07	09:21
127	2450	MARLENE PINTO	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	02:20:31	+59:30	09:22
128	2281	Carla Camarinha	Individual	Senior Feminino	02:20:33	+59:31	09:22
129	2273	Ana Catarina Machado	Individual	Senior Feminino	02:20:59	+59:57	09:24
130	2523	MÓNICA CARVALHO	Os Felizes	Senior Feminino	02:21:55	+01:00:54	09:28
131	2552	Catia Braga	Ou vai ou racha	Senior Feminino	02:25:25	+01:04:23	09:42
132	2276	ANA RAMALHO	Individual	Senior Feminino	02:28:12	+01:07:11	09:53
133	2305	Sandra Manuela da Silva Zeferino	Individual	Senior Feminino	02:28:12	+01:07:11	09:53
134	2553	Claudia Sofia	Ou vai ou racha	Senior Feminino	02:36:18	+01:15:17	10:25

Senior Masculino

1	2120	Nuno Carneiro	Clube Zupper	Senior Masculino	01:01:07		04:04
2	2186	André Almeida	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:04:23	+03:17	04:18
3	2117	Hugo Freixo	Clube Zupper	Senior Masculino	01:07:09	+06:03	04:29
4	2077	Carlos Silva2	Bota&Siga	Senior Masculino	01:08:03	+06:57	04:32
5	2196	Pedro Jorge Silva Barros	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:10:19	+09:12	04:41
6	2478	Bruno Simões Rodrigues	Montanha Clube Trail Running/Efapel	Senior Masculino	01:10:32	+09:25	04:42
7	2023	Miguel Pinto	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	01:10:48	+09:41	04:43
8	2003	Valter Gouveia	10TEMIDOS	Senior Masculino	01:11:24	+10:18	04:46
9	2121	Nuno Cunha	Clube Zupper	Senior Masculino	01:11:29	+10:23	04:46
10	2042	Ricardo Neto	Andatrilhos Freamunde	Senior Masculino	01:11:32	+10:26	04:46
11	2345	Ricardo Nogueira	Individual	Senior Masculino	01:11:50	+10:43	04:47
12	2639	Carlos Manuel Pereira Teixeira	SportarcRunning	Senior Masculino	01:13:01	+11:55	04:52
13	2541	Joel Ferreira	Os TurboMula	Senior Masculino	01:13:03	+11:56	04:52
14	2433	Bruno Castro	Leões de Tardariz Trail	Senior Masculino	01:14:07	+13:01	04:57
15	2434	Hugo Moreira	Leões de Tardariz Trail	Senior Masculino	01:14:08	+13:02	04:57
16	2108	DANIEL SILVA	CLUBE ATLETISMO OVAR	Senior Masculino	01:14:29	+13:22	04:58
17	2617	Armando Santiago	Quebra Bilhas	Senior Masculino	01:14:33	+13:27	04:58
18	2173	Diego Cruz	ESPAÇO SAÚDE	Senior Masculino	01:14:49	+13:43	04:59
19	2197	Pedro Viana	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:15:04	+13:58	05:00
20	2436	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	01:15:13	+14:07	05:01
21	1029	Filipe almeida	Apúlia a Correr	Senior Masculino	01:15:21	+14:15	05:01
22	1028	Arsénio Almeida	Apúlia a Correr	Senior Masculino	01:15:21	+14:15	05:01
23	2243	Bruno Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:15:24	+14:18	05:02
24	2079	Paulo Gomes	Bota&Siga	Senior Masculino	01:15:26	+14:19	05:02
25	2081	Rui Gomes	Bota&Siga	Senior Masculino	01:15:55	+14:48	05:04
26	2188	Fábio Mota	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:15:57	+14:51	05:04
27	2002	Ricardo Silva	10TEMIDOS	Senior Masculino	01:16:19	+15:13	05:05
28	2015	Nelson Correia	ACRD/PSP Viseu Runners	Senior Masculino	01:17:28	+16:21	05:10
29	2314	Antonio Carlos Rocha	Individual	Senior Masculino	01:17:58	+16:52	05:12
30	2346	Ricardo Oliveira	Individual	Senior Masculino	01:18:02	+16:56	05:12
31	2319	César Costa	Individual	Senior Masculino	01:18:04	+16:57	05:12
32	2040	Carlos Leal	Andatrilhos Freamunde	Senior Masculino	01:18:38	+17:32	05:15

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Trail Medieval Curto 15K

15 KM

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33	2341	Nuno José da Cruz	Individual	Senior Masculino	01:18:39	+17:33	05:15
34	2621	Rui Limas	Quebra Bilhas	Senior Masculino	01:18:42	+17:36	05:15
35	2192	Nuno Amorim	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:19:00	+17:53	05:16
36	2190	Júlio André Baptista Sousa	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:19:34	+18:27	05:18
37	2159	Leandro Barros	CorreRia	Senior Masculino	01:19:39	+18:33	05:19
38	2315	António Picotês	Individual	Senior Masculino	01:19:44	+18:37	05:19
39	2349	Sidonio Gonçalves	Individual	Senior Masculino	01:19:48	+18:42	05:19
40	2565	Luis Lima	OzExtreme / RDA	Senior Masculino	01:20:06	+19:00	05:20
41	2109	DUARTE SILVA	CLUBE ATLETISMO OVAR	Senior Masculino	01:20:09	+19:03	05:21
42	2444	RUI GUEDES	Limitless	Senior Masculino	01:20:22	+19:16	05:22
43	2200	Vitor Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:20:32	+19:26	05:22
44	2347	Ruben Araújo	Individual	Senior Masculino	01:20:51	+19:45	05:23
45	2169	RICARDO LOPES	ENERGIA GINASIO	Senior Masculino	01:21:02	+19:56	05:24
46	2443	Pedro alves	Limitless	Senior Masculino	01:22:08	+21:01	05:29
47	1296	Ricardo Jorge Leão Sousa	Individual	Senior Masculino	01:22:11	+21:04	05:29
48	2338	Leandro Lavoura	Individual	Senior Masculino	01:23:12	+22:06	05:33
49	2658	André Gonçalves	TEAM SHARK	Senior Masculino	01:23:14	+22:08	05:33
50	2143	Tiago Coelho	CORRER LEÇA	Senior Masculino	01:23:20	+22:13	05:33
51	2640	Ricardo Filipe de Pinho Mendes	SportarcRunning	Senior Masculino	01:23:55	+22:49	05:36
52	2141	Pedro Duarte	CORRER LEÇA	Senior Masculino	01:24:28	+23:22	05:38
53	2110	RICARDO MELINDRA	CLUBE ATLETISMO OVAR	Senior Masculino	01:24:30	+23:23	05:38
54	2220	Paulo Cardoso	FitMafia	Senior Masculino	01:24:47	+23:40	05:39
55	1191	Vasco Neves	Grupo de Corrida de Argoncilhe	Senior Masculino	01:24:57	+23:51	05:40
56	2095	João Pedro Andrade Silva Lassal	C.C café	Senior Masculino	01:25:10	+24:04	05:41
57	2126	Tiago Ramalho	Clube Zupper	Senior Masculino	01:25:13	+24:06	05:41
58	2463	JOÃO CONCEIÇÃO	Maquinas em Movimento	Senior Masculino	01:25:16	+24:10	05:41
59	2194	Nuno Barros	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:25:31	+24:25	05:42
60	2080	Ricardo Machado	Bota&Siga	Senior Masculino	01:25:52	+24:45	05:43
61	2187	Emanuel Vieira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:25:53	+24:47	05:44
62	2544	Pedro Figueiredo	Os TurboMula	Senior Masculino	01:26:02	+24:56	05:44
63	2466	ARMANDO LEITE	MC	Senior Masculino	01:26:08	+25:02	05:45
64	2441	Diogo Gomes rodrigues	Limitless	Senior Masculino	01:26:25	+25:18	05:46
65	2327	Helder Manuel Moreira Teles	Individual	Senior Masculino	01:26:32	+25:26	05:46
66	2252	Pedro Castro	Grupo de Corrida de Argoncilhe	Senior Masculino	01:26:54	+25:47	05:48
67	2321	Tiago Baptista	Individual	Senior Masculino	01:27:08	+26:01	05:49
68	2310	Abilio Correia	Individual	Senior Masculino	01:27:23	+26:17	05:50
69	2467	DANIEL COSTA	MC	Senior Masculino	01:27:41	+26:34	05:51
70	2442	Marco António feitura silva	Limitless	Senior Masculino	01:27:54	+26:47	05:52
71	2464	RICARDO MARTINS	Maquinas em Movimento	Senior Masculino	01:28:21	+27:14	05:53
72	2581	António Manuel Resende Martins	Pé na Rota...	Senior Masculino	01:28:26	+27:20	05:54
73	2175	Pedro Silva	ESPAÇO SAÚDE	Senior Masculino	01:29:04	+27:58	05:56
74	2566	BRUNO SALDANHA	papamilhas	Senior Masculino	01:29:17	+28:10	05:57
75	2039	Carlos Felgueiras	Andatrilhos Freamunde	Senior Masculino	01:29:19	+28:13	05:57
76	2332	Joao Jose Varela Pereira Silva	Individual	Senior Masculino	01:29:23	+28:17	05:58
77	2622	Vitor Pereira	Quebra Bilhas	Senior Masculino	01:29:27	+28:20	05:58
78	2096	David Teixeira	C+ RUNNERS	Senior Masculino	01:29:28	+28:21	05:58

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Trail Medieval Curto 15K

15 KM

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OFFICIAL RESULT

79	2329	Hugo Miguel de Sousa Machado	Individual	Senior Masculino	01:29:48	+28:42	05:59
80	2652	Tiago Dias	TEAM LANTEMIL	Senior Masculino	01:29:51	+28:44	05:59
81	2340	Mário Jorge Monte Soares	Individual	Senior Masculino	01:30:51	+29:45	06:03
82	2271	Gilberto sousa	Helder José da	Senior Masculino	01:30:52	+29:46	06:04
83	2326	Helder José da rocha Oliveira	Individual	Senior Masculino	01:30:53	+29:46	06:04
84	2569	NUNO MONTEIRO	papamilhas	Senior Masculino	01:31:15	+30:09	06:05
85	2009	José pinho	5ways2run	Senior Masculino	01:31:57	+30:50	06:08
86	2008	André saraiva	5ways2run	Senior Masculino	01:31:57	+30:51	06:08
87	2620	Pedro Trindade	Quebra Bilhas	Senior Masculino	01:31:58	+30:52	06:08
88	2555	Hugo Magalhães	Ou vai ou racha	Senior Masculino	01:32:10	+31:03	06:09
89	3297	Miguel martins	papamilhas	Senior Masculino	01:32:11	+31:04	06:09
90	2568	Hugo Silva	papamilhas	Senior Masculino	01:32:35	+31:28	06:10
91	2567	Celso Fernandes	papamilhas	Senior Masculino	01:32:35	+31:29	06:10
92	2313	André Cardoso	Individual	Senior Masculino	01:33:02	+31:55	06:12
93	2078	Davide Silva	Bota&Siga	Senior Masculino	01:33:02	+31:56	06:12
94	2047	Toze Silva	Antonio	Senior Masculino	01:33:21	+32:14	06:13
95	2119	Luís Rodrigues	Clube Zupper	Senior Masculino	01:34:05	+32:58	06:16
96	2011	Vasco ferreira	5ways2run	Senior Masculino	01:34:30	+33:24	06:18
97	2195	Paulo José da Silva Rocha	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:34:32	+33:25	06:18
98	2659	Manuel Fernando Gomes	TEAM SHARK	Senior Masculino	01:35:00	+33:53	06:20
99	2118	João Rodrigues	Clube Zupper	Senior Masculino	01:35:06	+34:00	06:20
100	2012	Ivo Couto	A20's Box Crossfit	Senior Masculino	01:35:08	+34:01	06:21
101	2041	Marco Mendes	Andatrilhos Freamunde	Senior Masculino	01:35:09	+34:02	06:21
102	2431	Nuno Oliveira	LA Zinco	Senior Masculino	01:35:09	+34:03	06:21
103	2430	Carlos Alves	LA Zinco	Senior Masculino	01:35:10	+34:03	06:21
104	2429	Bruno Matos	LA Zinco	Senior Masculino	01:35:11	+34:04	06:21
105	2484	Pedro Anjos	Monte dos Amigos /Juventude Ribeiras	Senior Masculino	01:36:13	+35:07	06:25
106	2536	João Sampaio	Os Sampaio	Senior Masculino	01:36:34	+35:28	06:26
107	2709	Atleta 2709	Individual	Senior Masculino	01:36:44	+35:38	06:27
108	2104	RICARDO OLIVEIRA	CFA Spartans	Senior Masculino	01:36:55	+35:49	06:28
109	2452	JOSE RODRIGUES	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	01:37:03	+35:56	06:28
110	2312	Álvaro Goncalves	Individual	Senior Masculino	01:38:01	+36:55	06:32
111	2619	Miguel Marques	Quebra Bilhas	Senior Masculino	01:38:04	+36:57	06:32
112	2435	José Santos	Leões de Tardariz Trail	Senior Masculino	01:38:08	+37:02	06:33
113	1251	Bruno Cavadas	Individual	Senior Masculino	01:38:25	+37:19	06:34
114	2344	Ricardo Ferreira 4	Individual	Senior Masculino	01:38:26	+37:19	06:34
115	2348	Rui Correia	Individual	Senior Masculino	01:38:35	+37:28	06:34
116	2199	Sérgio Sousa	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:39:05	+37:59	06:36
117	2679	HELDER RODRIGUES	TREPA TRILHOS	Senior Masculino	01:39:06	+38:00	06:36
118	2690	Davide Pereira	VELOCIDADE FURIOSA	Senior Masculino	01:39:21	+38:14	06:37
119	2615	Nelson Machado	Profisio Team	Senior Masculino	01:39:24	+38:17	06:38
120	2582	Paulo Ferreira	Pé na Rota...	Senior Masculino	01:39:37	+38:31	06:39
121	2007	Bruno Castelo	10TEMIDOS	Senior Masculino	01:39:53	+38:46	06:40
122	2583	Ricardo Souto	Pé na Rota...	Senior Masculino	01:39:54	+38:48	06:40
123	2597	Vitor Martins	PORTO SENTIDO RUNNERS	Senior Masculino	01:40:17	+39:10	06:41

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15 KM

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124	2122	Paulo Oliveira	Clube Zupper	Senior Masculino	01:40:26	+39:20	06:42
125	2526	EDUARDO CASTRO	Os Felizes	Senior Masculino	01:40:27	+39:20	06:42
126	2055	Nuno Andrade	Arrozinhos 8.2	Senior Masculino	01:40:39	+39:32	06:43
127	2701	Bruno Filipe Santos Almeida	WPH Team Trail	Senior Masculino	01:41:33	+40:27	06:46
128	2191	Marco Oliveira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:41:38	+40:32	06:47
129	2215	Bruno Rocha	Farroncos Papa KM	Senior Masculino	01:42:42	+41:35	06:51
130	2134	Samuel Proença	CORREIO DE ALBERGARIA	Senior Masculino	01:43:13	+42:07	06:53
131	2100	Horácio Ferreira	Caminhantes	Senior Masculino	01:43:19	+42:12	06:53
132	2589	Diego Luís da Costa Alves	Perdidos no trail	Senior Masculino	01:43:30	+42:23	06:54
133	2193	Nuno André Correia	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:44:00	+42:54	06:56
134	2454	NORBERTO AGUIAR	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	01:45:00	+43:53	07:00
135	2680	NUNO FERNANDES	TREPA TRILHOS	Senior Masculino	01:45:03	+43:57	07:00
136	2320	Douglas César Oliveira de Pinhol	Individual	Senior Masculino	01:46:15	+45:09	07:05
137	2318	CARLOS ALBERTO SOARES MOREIRA	Individual	Senior Masculino	01:46:15	+45:09	07:05
138	2189	Fernando Delindro	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:47:13	+46:06	07:09
139	2125	Ricardo Soares	Clube Zupper	Senior Masculino	01:47:33	+46:27	07:10
140	2124	Pedro Rodrigues	Clube Zupper	Senior Masculino	01:47:33	+46:27	07:10
141	2708	Atleta 2708	Individual	Senior Masculino	01:48:00	+46:53	07:12
142	2635	Sérgio Pedro Pereira Guimarães	Sónia Isabel Maio	Senior Masculino	01:48:00	+46:54	07:12
143	2616	André Ferreira	Quebra Bilhas	Senior Masculino	01:48:24	+47:18	07:14
144	2445	Tiago paulo Santos Guimarães	Limitless	Senior Masculino	01:49:16	+48:10	07:17
145	2244	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:49:35	+48:29	07:18
146	2140	Duarte Costa	CORRER LEÇA	Senior Masculino	01:49:52	+48:45	07:19
147	2534	Daniel Machado	OS FUGITIVOS DA CRISE	Senior Masculino	01:50:50	+49:44	07:23
148	2245	Telmo Mendonça	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:51:23	+50:16	07:26
149	2542	Filipe Nogueira	Os TurboMula	Senior Masculino	01:52:23	+51:16	07:30
150	2331	Joao Andre da Costa Rosado1	Individual	Senior Masculino	01:52:59	+51:52	07:32
151	2527	JORGE CALDAS	Os Felizes	Senior Masculino	01:53:01	+51:54	07:32
152	2323	Fernando Pereira	Individual	Senior Masculino	01:54:36	+53:29	07:38
153	2324	Filipe Sousa	Individual	Senior Masculino	01:54:36	+53:30	07:38
154	2322	Fernando Carvalho	Individual	Senior Masculino	01:56:35	+55:29	07:46
155	2545	Sérgio Rodrigues	Os TurboMula	Senior Masculino	01:57:50	+56:43	07:51
156	2660	ZE PEDRO	TEAM SHARK	Senior Masculino	01:59:35	+58:28	07:58
157	2330	Ivo Andrade	Individual	Senior Masculino	01:59:38	+58:32	07:59
158	2219	Nuno Lago	FitMafia	Senior Masculino	02:00:06	+58:59	08:00
159	3118	Pedro Torres	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:01:01	+59:55	08:04
160	2198	Sérgio Pereira Santos	FACTOR X / S4L / MEDENSE FC	Senior Masculino	02:01:06	+59:59	08:04
161	2456	RICARDO OLIVEIRA	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:05:30	+01:04:23	08:22
162	2343	Pedro Jorge Magalhães Leite	Individual	Senior Masculino	02:07:05	+01:05:58	08:28
163	2233	Atleta 2233	Individual	Senior Masculino	02:07:40	+01:06:34	08:31
164	2528	VÍTOR GAMA	Os Felizes	Senior Masculino	02:07:45	+01:06:38	08:31
165	2336	José Faria	Individual	Senior Masculino	02:08:59	+01:07:52	08:36
166	2309	Abel Machado	Individual	Senior Masculino	02:12:59	+01:11:52	08:52
167	2453	LICINIO SOUSA	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	02:20:32	+01:19:26	09:22

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15 KM

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Sub 23 Feminino

1	2637	Catarina Caetano	Sport Clube Beira-Mar	Sub 23 Feminino	01:20:10	05:21:11
2	2112	LILIANA RESENDE	CLUBE ATLETISMO OVAR	Sub 23 Feminino	01:28:20	+08:11 05:53:11
3	2351	Maria Carvalho	Individual	Sub 23 Feminino	01:30:15	+10:05 06:01:11
4	2352	Renata Simões Vinagre	Individual	Sub 23 Feminino	01:33:03	+12:53 06:12:11
5	2259	Sara Carina Gandra Novais	GTT - Armazém do Caffè	Sub 23 Feminino	01:43:25	+23:16 06:54:11
6	2432	Maria Pinto	LA Zinco	Sub 23 Feminino	01:44:13	+24:03 06:57:11
7	2201	Bárbara Fonseca	FACTOR X / S4L / MEDENSE FC	Sub 23 Feminino	02:02:20	+42:11 08:09:11
8	2144	Laura Neves	CORRER LEÇA	Sub 23 Feminino	02:07:03	+46:53 08:28:11
9	2052	Araci Queiroga	Apúlia a Correr	Sub 23 Feminino	02:07:14	+47:05 08:29:11
10	3103	Beatriz Castilho Dias	EDOM/ .COM	Sub 23 Feminino	02:22:35	+01:02:25 09:30:11

Sub 23 Masculino

1	2165	João Magalhães	EDOM/ .COM	Sub 23 Masculino	01:01:32		04:06
2	2114	IGOR PINHO	CLUBE ATLETISMO OVAR	Sub 23 Masculino	01:02:23	+00:51	04:10
3	2113	DAVID MOÇO	CLUBE ATLETISMO OVAR	Sub 23 Masculino	01:07:49	+06:17	04:31
4	2172	Ruben Borges	AFIPRE Team	Sub 23 Masculino	01:09:43	+08:12	04:39
5	2164	Guilherme Faria	EDOM/ .COM	Sub 23 Masculino	01:12:20	+10:49	04:49
6	2115	PEDRO COSTA	CLUBE ATLETISMO OVAR	Sub 23 Masculino	01:13:31	+11:59	04:54
7	2590	Jose António Sousa Gaspar	Perdidos no trail	Sub 23 Masculino	01:17:55	+16:23	05:12
8	2022	Sérgio Filipe Lopes Silva	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Masculino	01:20:09	+18:38	05:21
9	2446	Renato ribeiro	Limitless	Sub 23 Masculino	01:20:22	+18:51	05:22
10	2043	Pedro Oliveira	Andatrilhos Freamunde	Sub 23 Masculino	01:25:53	+24:21	05:44
11	2570	JOAO SALDANHA	papamilhas	Sub 23 Masculino	01:26:37	+25:06	05:47
12	2067	Xavier Brites	AZTrail	Sub 23 Masculino	01:29:46	+28:15	05:59
13	2355	Manuel Pereira	Individual	Sub 23 Masculino	01:32:50	+31:18	06:11
14	2350	Wilson Cunha	Individual	Sub 23 Masculino	01:35:06	+33:34	06:20
15	2216	João vieira	Farroncos Papa KM	Sub 23 Masculino	01:35:39	+34:07	06:23
16	2623	Hugo Pires	Quebra Bilhas	Sub 23 Masculino	01:36:34	+35:03	06:26
17	1559	Pedro de Sousa Mota	TrepaTrilhos Trail Team	Sub 23 Masculino	01:45:15	+43:44	07:01
18	2354	Luis Filipe Teixeira Da Fonseca	Individual	Sub 23 Masculino	01:55:35	+54:03	07:42
19	2145	João Tomé	CORRER LEÇA	Sub 23 Masculino	02:07:03	+01:05:31	08:28
20	3187	Luís Pedro Barbosa Gonçalves	Individual	Sub 23 Masculino	02:17:38	+01:16:07	09:11
21	2353	Alexandre Miguel Calisto de Almeida Costa	Individual	Sub 23 Masculino	02:17:38	+01:16:07	09:11

Veterana F40

1	2644	Maria de Fátima Ferreira Costa	SportarcRunning	Veterana F40	01:18:32	05:14
2	2641	Isabel Cristina Brandão Soares27	SportarcRunning	Veterana F40	01:26:14	+07:42 05:45
3	2127	Susana Neta	Clube Zupper	Veterana F40	01:26:19	+07:47 05:45
4	2071	Isabel Ferreira	BARCELOS RUNNERS	Veterana F40	01:30:32	+11:59 06:02

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15 KM

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OFFICIAL RESULT

5	2577	Nina Silva	Paredes Running	Veterana F40	01:30:55	+12:23	06:04
6	2178	Susana Rodrigues	ESPAÇO SAÚDE	Veterana F40	01:31:05	+12:33	06:04
7	2359	Celia Sousa	Individual	Veterana F40	01:34:00	+15:28	06:16
8	2642	Laura Maria de Pinho Teixeira Gomes	SportarcRunning	Veterana F40	01:34:35	+16:03	06:18
9	2105	CARLA DIAS	CFA Spartans	Veterana F40	01:36:54	+18:21	06:28
10	2662	MANUELA MONTEIRO	TEAM SHARK	Veterana F40	01:36:58	+18:26	06:28
11	2598	Elizabete Loureiro	PORTO SENTIDO RUNNERS	Veterana F40	01:37:13	+18:41	06:29
12	2503	PATRICIA FERNANDES	Nascidos para Correr	Veterana F40	01:37:23	+18:50	06:30
13	2358	Carla Santos	Individual	Veterana F40	01:38:14	+19:41	06:33
14	3199	ISABEL EUSEBIO	Individual	Veterana F40	01:38:36	+20:03	06:34
15	2547	Paula Figueiredo	Os TurboMula	Veterana F40	01:39:14	+20:42	06:37
16	2072	Tânia Campos	BARCELOS RUNNERS	Veterana F40	01:40:12	+21:40	06:41
17	2253	Lurdes Tavares	Grupo de Corrida de Argoncilhe	Veterana F40	01:40:50	+22:17	06:43
18	2599	Sandra Carvalho	PORTO SENTIDO RUNNERS	Veterana F40	01:41:16	+22:44	06:45
19	2675	Carla Almeida	Tiago Cadete - Living / Armazém do Fitness	Veterana F40	01:45:27	+26:55	07:02
20	2661	CLAUDIA LOMA	TEAM SHARK	Veterana F40	01:46:17	+27:44	07:05
21	2487	Eva Ribeiro	Monte dos Amigos /Juventude Ribeiras	Veterana F40	01:46:56	+28:24	07:08
22	2070	Cidália Rodrigues	BARCELOS RUNNERS	Veterana F40	01:46:57	+28:24	07:08
23	2699	CATARINA AZEVEDO	vieira	Veterana F40	01:47:05	+28:32	07:08
24	2665	SUSANA TAVARES	TEAM SHARK	Veterana F40	01:47:29	+28:56	07:10
25	2229	Celia Aguiar	GATUS TRAIL	Veterana F40	01:47:42	+29:10	07:11
26	2636	Sónia Isabel Maio Araújo Guimarães	Sónia Isabel Maio	Veterana F40	01:48:00	+29:28	07:12
27	2627	Celeste Dias	Quenianos Canelas	Veterana F40	01:48:21	+29:49	07:13
28	2626	Anabela Machado	Quenianos Canelas	Veterana F40	01:48:21	+29:49	07:13
29	2058	Lurdes Moreira	As Belas e Eles	Veterana F40	01:49:32	+31:00	07:18
30	2485	Andreia Dias	Monte dos Amigos /Juventude Ribeiras	Veterana F40	01:50:25	+31:52	07:22
31	2490	Sonia Gilvaz	Monte dos Amigos /Juventude Ribeiras	Veterana F40	01:50:25	+31:53	07:22
32	2535	Diana Carneiro	OS FUGITIVOS DA CRISE	Veterana F40	01:50:51	+32:19	07:23
33	2610	ISABEL VIEIRA	PORTOCARGO	Veterana F40	01:51:32	+33:00	07:26
34	2457	Carina Silva	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	01:52:34	+34:02	07:30
35	3127	Sofia Bastos	Ginasio Fit4Fun	Veterana F40	01:53:38	+35:06	07:35
36	3137	Aida Linhares	GTT - Armazém do Caffè	Veterana F40	01:54:03	+35:30	07:36
37	2016	Susana Castro	ACRD/PSP Viseu Runners	Veterana F40	01:55:36	+37:03	07:42
38	2584	Albina Oliveira22	Pé na Rota...	Veterana F40	01:55:37	+37:05	07:43
39	2664	MONICA MATOS	TEAM SHARK	Veterana F40	01:56:54	+38:22	07:48
40	2062	Célia Alves	As Trailers	Veterana F40	01:59:31	+40:59	07:58
41	2063	Paula Cristina Afonso	As Trailers	Veterana F40	01:59:33	+41:00	07:58
42	2064	Paula Cristina Azevedo Santos	As Trailers	Veterana F40	01:59:33	+41:01	07:58
43	2065	Sílvia Manuela Reis Azevedo	As Trailers	Veterana F40	01:59:33	+41:01	07:58
44	2663	MARIA PORTUGAL	TEAM SHARK	Veterana F40	01:59:35	+41:03	07:58
45	2691	PAULA ALEXANDRA DUARTE SANTANA ALVES RODRIGUES	VELOCIDADE FURIOSA	Veterana F40	02:00:17	+41:44	08:01
46	2146	Cláudia Castro	CORRER LEÇA	Veterana F40	02:00:31	+41:58	08:02

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47	2147	Patrícia Martins	CORRER LEÇA	Veterana F40	02:00:31	+41:58	08:02
48	2491	Sonia Silva	Monte dos Amigos /Juventude Ribeiras	Veterana F40	02:02:03	+43:31	08:08
49	2362	Paula Cristina Jesus Rodrigues	Individual	Veterana F40	02:03:51	+45:18	08:15
50	2361	Isabel Susana da Silava Moreira Próspero	Individual	Veterana F40	02:10:22	+51:50	08:42
51	2356	Anabela de Castro	Individual	Veterana F40	02:10:51	+52:19	08:43
52	3012	deolinda pereira	AIRORUN	Veterana F40	02:14:59	+56:26	09:00
53	2529	Felicidade Carneiro	Os Felizes	Veterana F40	02:15:45	+57:12	09:03
54	2486	Elsa Fernandes	Monte dos Amigos /Juventude Ribeiras	Veterana F40	02:17:28	+58:56	09:10
55	2488	Helena Roxo	Monte dos Amigos /Juventude Ribeiras	Veterana F40	02:17:28	+58:56	09:10
56	2474	Maria Carneiro	Metralhas Runners	Veterana F40	02:20:09	+01:01:36	09:21
57	2475	Sônia Sampaio	Metralhas Runners	Veterana F40	02:20:47	+01:02:15	09:23
58	2489	Paula Coutinho	Monte dos Amigos /Juventude Ribeiras	Veterana F40	02:23:07	+01:04:34	09:32
59	2556	Ana Rita Neves	Ou vai ou racha	Veterana F40	02:25:25	+01:06:52	09:42
60	2090	Sandra Soares	BUDEGUITA RUNNERS	Veterana F40	02:25:50	+01:07:18	09:43
61	2089	Ana Martins	BUDEGUITA RUNNERS	Veterana F40	02:25:50	+01:07:18	09:43
62	2473	Marcia Pinto	Metralhas Runners	Veterana F40	02:27:16	+01:08:44	09:49
63	2557	Fernanda Magalhães	Ou vai ou racha	Veterana F40	02:36:19	+01:17:46	10:25

Veterana F45

1	2019	deolinda faria	AIRORUN	Veterana F45	01:22:50	05:31
2	2645	Paula Maria da silva Pereira Teixeira	SportarcRunning	Veterana F45	01:25:27	+02:37 05:42
3	2624	Maria Ribeiro	Queiroz Team/NOKAROL	Veterana F45	01:26:57	+04:07 05:48
4	2365	Catarina Teixeira	Individual	Veterana F45	01:35:00	+12:09 06:29
5	2600	Paula Coutinho	PORTO SENTIDO RUNNERS	Veterana F45	01:37:15	+14:25 06:29
6	2091	Ana Moreira	BUDEGUITA RUNNERS	Veterana F45	01:37:26	+14:35 06:30
7	2024	Carmen Moreira	AMIGOS DO PEDAL TRAILAGARES	Veterana F45	01:39:58	+17:07 06:40
8	2366	Cláudia Ribeiro5	Individual	Veterana F45	01:41:10	+18:19 06:45
9	2369	Natália Ribeiro25	Individual	Veterana F45	01:41:10	+18:20 06:45
10	2592	Márcia Madeira	PIPO	Veterana F45	01:41:33	+18:43 06:46
11	2106	DULCE ALMEIDA	CFA Spartans	Veterana F45	01:41:51	+19:00 06:47
12	2180	M. Conceição Candeias	ESPAÇO SAÚDE	Veterana F45	01:44:10	+21:20 06:57
13	2206	MARGARIDA PINTO	FAMA RUNNERS	Veterana F45	01:45:27	+22:36 07:02
14	2223	Rosário Guerra	Friends	Veterana F45	01:46:17	+23:27 07:05
15	2368	Elisabete Maia 12	Individual	Veterana F45	01:48:56	+26:05 07:16
16	2031	HELENA FERREIRA	AMOTINADOS TRAIL	Veterana F45	01:52:12	+29:22 07:29
17	2030	GUILHERMINA TEMPORAO	AMOTINADOS TRAIL	Veterana F45	01:56:38	+33:48 07:47
18	2367	Cristina Sousa	Individual	Veterana F45	01:58:08	+35:18 07:53
19	2202	Maria Hermínia	FACTOR X / S4L / MEDENSE FC	Veterana F45	02:02:20	+39:30 08:09
20	2222	Conceição Pinto	Friends	Veterana F45	02:07:39	+44:48 08:31
21	2260	Ana Varela	GTT - Armazém do Caffè	Veterana F45	02:08:11	+45:21 08:33

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22	2492	Paula Almeida	Monte dos Amigos /Juventude Ribeiras	Veterana F45	02:23:07	+01:00:16	09:32
23	2559	Odete Neves	Ou vai ou racha	Veterana F45	02:25:28	+01:02:38	09:42
24	3308	Paula Ribeiro	Paredes Running	Veterana F45	02:26:28	+01:03:37	09:46
25	3306	Lucia Cunha	Paredes Running	Veterana F45	02:26:28	+01:03:38	09:46
26	2179	Edna Marques	ESPAÇO SAÚDE	Veterana F45	02:29:45	+01:06:54	09:59
27	2560	Paula Sousa	Ou vai ou racha	Veterana F45	02:38:46	+01:15:55	10:35
28	2558	Arminda Maciel	Ou vai ou racha	Veterana F45	02:39:17	+01:16:26	10:37

Veterana F50

1	2170	SALOME OLIVEIRA	ENERGIA GINASIO	Veterana F50	01:23:59		05:36
2	2059	Rosa Magalhães	As Belas e Eles	Veterana F50	01:34:46	+10:48	06:19
3	2505	NOEMIA ROLA	Nascidos para Correr	Veterana F50	01:35:54	+11:55	06:24
4	2677	Margarida Machado	Traill Running Clube Btt Sanguedo	Veterana F50	01:36:09	+12:11	06:25
5	2254	Manuela Sousa	Grupo de Corrida de Argoncilhe	Veterana F50	01:40:48	+16:50	06:43
6	2685	Cristina Meireles	Umelga Runners	Veterana F50	01:43:14	+19:16	06:53
7	2373	Graça Araújo	Individual	Veterana F50	01:44:11	+20:13	06:57
8	2371	Ana Pula Sousa	Individual	Veterana F50	01:44:55	+20:56	07:00
9	3311	Marilia Silva	Paredes Running	Veterana F50	01:46:41	+22:43	07:07
10	2246	Adelaide Vigário	GONDOMAR FUTSAL CLUBE	Veterana F50	01:48:17	+24:19	07:13
11	2517	Fernanda Macedo	Online Team	Veterana F50	01:48:57	+24:59	07:16
12	2370	Ana paula teixeira	Individual	Veterana F50	01:49:18	+25:19	07:17
13	2667	MARIA SILVA	TEAM SHARK	Veterana F50	01:51:15	+27:16	07:25
14	2247	Ana Sousa	GONDOMAR FUTSAL CLUBE	Veterana F50	01:52:20	+28:22	07:29
15	2666	MARIA CRUZ	TEAM SHARK	Veterana F50	01:55:21	+31:23	07:41
16	2518	Maria Silva	Online Team	Veterana F50	01:56:28	+32:30	07:46
17	2372	cristina duarte	Individual	Veterana F50	01:56:48	+32:50	07:47
18	2426	Maria Elisabete Pinho Pereira Mendonça	Juventude Cortegacense	Veterana F50	02:00:39	+36:40	08:03
19	2458	Isabel Lopes	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	02:01:00	+37:02	08:04
20	3014	Guilhermina Maria Vieira Pinto Rocha	AMIGOS DO PEDAL TRILAGARES	Veterana F50	02:06:21	+42:22	08:25

Veterano M40

1	2073	Domingos Vale	BARCELOS RUNNERS	Veterano M40	01:10:41	04:43
2	2601	António Borges	PORTO SENTIDO RUNNERS	Veterano M40	01:10:50	+00:09 04:43
3	2026	Rui Pedro Moreira Lopes	AMIGOS DO PEDAL TRILAGARES	Veterano M40	01:11:19	+00:38 04:45
4	2004	Paulo Ribeiro	10TEMIDOS	Veterano M40	01:12:48	+02:07 04:51
5	2647	Luís Carlos da Silva Teixeira	SportarcRunning	Veterano M40	01:13:01	+02:20 04:52
6	2468	FILIPE ALMEIDA	MC	Veterano M40	01:13:56	+03:16 04:56
7	2377	Cesar Silva	Individual	Veterano M40	01:14:28	+03:48 04:58
8	2612	RENATO OLIVEIRA	PORTOCARGO	Veterano M40	01:14:46	+04:06 04:59
9	2044	Daniel Machado Neto	Andatrilhos Freamunde	Veterano M40	01:16:29	+05:49 05:06

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10	2646	Elísio de Almeida Brandão	SportarcRunning	Veterano M40	01:16:52	+06:12	05:08
11	2384	Luis Manuel da Silva Medeiros Pereira	Individual	Veterano M40	01:18:05	+07:24	05:12
12	2033	MIGUEL EDMUNDO	AMOTINADOS TRAIL	Veterano M40	01:19:21	+08:41	05:17
13	1180	Helder Vieira	GONDOMAR FUTSAL CLUBE	Veterano M40	01:20:25	+09:44	05:22
14	2605	Miguel Silva	PORTO SENTIDO RUNNERS	Veterano M40	01:20:28	+09:48	05:22
15	2438	Pedro Ferreira	Leões de Tardariz Trail	Veterano M40	01:20:43	+10:03	05:23
16	2381	Jose Domingos Duarte Nogueira	Individual	Veterano M40	01:21:03	+10:22	05:24
17	2388	PAULO CRUZ3030	Individual	Veterano M40	01:21:24	+10:44	05:26
18	2375	ANTONIO JULIO TEIXEIRA PINTO	Individual	Veterano M40	01:21:59	+11:18	05:28
19	2648	Manuel Monteiro Bouça	SportarcRunning	Veterano M40	01:22:20	+11:40	05:29
20	2460	Nuno Pedro Rodrigues Dos Santos	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	01:22:25	+11:45	05:30
21	2083	Eduardo Barbosa	Bota&Siga	Veterano M40	01:23:14	+12:33	05:33
22	2204	Rui Freitas	FACTOR X / S4L / MEDENSE FC	Veterano M40	01:23:43	+13:03	05:35
23	3216	Amilcar Vinagre	Individual	Veterano M40	01:24:09	+13:29	05:37
24	2379	Helder V Rodrigues	Individual	Veterano M40	01:24:39	+13:59	05:39
25	2651	JOAQUIM FIGUEIRA	Team 33	Veterano M40	01:25:29	+14:49	05:42
26	2695	Paulo Serra	VELOCIDADE FURIOSA	Veterano M40	01:25:56	+15:16	05:44
27	2074	João Gonçalves	BARCELOS RUNNERS	Veterano M40	01:26:07	+15:27	05:45
28	2075	Joaquim Sá	BARCELOS RUNNERS	Veterano M40	01:26:07	+15:27	05:45
29	2082	Carlos Ribeiro	Bota&Siga	Veterano M40	01:26:09	+15:29	05:45
30	2156	João Oliveira	Correr São Bernardo	Veterano M40	01:26:23	+15:43	05:46
31	2604	Miguel Pereira	PORTO SENTIDO RUNNERS	Veterano M40	01:26:35	+15:55	05:46
32	2531	NUNO TEIXEIRA	Os Felizes	Veterano M40	01:27:15	+16:34	05:49
33	2532	RUI MIRANDA	Os Felizes	Veterano M40	01:27:15	+16:34	05:49
34	2469	SERGIO SANTOS	MC	Veterano M40	01:27:41	+17:00	05:51
35	2374	Alberto Silvério	Individual	Veterano M40	01:28:51	+18:10	05:55
36	2593	Óscar Mendes	PIPO	Veterano M40	01:29:16	+18:35	05:57
37	2681	PEDRO SILVA	TREPA TRILHOS	Veterano M40	01:29:23	+18:43	05:58
38	2603	Miguel Azevedo	PORTO SENTIDO RUNNERS	Veterano M40	01:29:23	+18:43	05:58
39	2383	Julio Tome	Individual	Veterano M40	01:30:11	+19:30	06:01
40	2500	Joaquim Pereira	Mozelos Runners	Veterano M40	01:30:38	+19:57	06:03
41	2203	Ricardo Jorge da Rocha Sousa	FACTOR X / S4L / MEDENSE FC	Veterano M40	01:30:55	+20:15	06:04
42	2205	Vítor Sousa	FACTOR X / S4L / MEDENSE FC	Veterano M40	01:31:27	+20:47	06:06
43	2392	Ricardo A. Silva Sousa	Individual	Veterano M40	01:31:35	+20:54	06:06
44	2572	MANUEL SANTOS	papamilhas	Veterano M40	01:32:10	+21:30	06:09
45	2057	António Pinho	Arrozinhos 8.2	Veterano M40	01:32:48	+22:08	06:11
46	2573	SANDRA SANTOS	papamilhas	Veterano M40	01:33:26	+22:46	06:14
47	2378	João Lopes	Individual	Veterano M40	01:33:27	+22:46	06:14
48	2389	Paulo Nuno Sampaio	Individual	Veterano M40	01:33:43	+23:02	06:15
49	2380	Joao Ribeiro	Individual	Veterano M40	01:34:01	+23:20	06:16
50	2506	NELSON SILVA	Nascidos para Correr	Veterano M40	01:34:26	+23:46	06:18
51	2507	RUI MOREIRA	Nascidos para Correr	Veterano M40	01:34:26	+23:46	06:18
52	2128	Carlos Freixo	Clube Zupper	Veterano M40	01:34:36	+23:55	06:18
53	2499	António Rodrigues	Mozelos Runners	Veterano M40	01:35:08	+24:28	06:21
54	2611	PAULO FERREIRA	PORTOCARGO	Veterano M40	01:36:03	+25:23	06:24
55	1138	Filipe Fonseca	FACTOR X / S4L / MEDENSE FC	Veterano M40	01:36:03	+25:23	06:24

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56	2005	Pedro Sousa	10TEMIDOS	Veterano M40	01:36:40	+26:00	06:27
57	2571	FLAVIO MARQUES	papamilhas	Veterano M40	01:36:45	+26:04	06:27
58	2048	Paulo Roncon	Antonio	Veterano M40	01:36:54	+26:14	06:28
59	2376	Carlos Silva	Individual	Veterano M40	01:38:01	+27:21	06:32
60	2230	Pedro Lopes	GATUS TRAIL	Veterano M40	01:38:08	+27:27	06:33
61	2459	JOSÉ BASTOS	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	01:39:08	+28:28	06:37
62	2668	GONCALO COSTEIRA	TEAM SHARK	Veterano M40	01:39:54	+29:13	06:40
63	2602	Cláudio Cerqueira	PORTO SENTIDO RUNNERS	Veterano M40	01:39:56	+29:16	06:40
64	2394	Rui Pascoal	Individual	Veterano M40	01:40:04	+29:23	06:40
65	2390	Paulo Sérgio Soares de Pinho Lima	Individual	Veterano M40	01:40:04	+29:24	06:40
66	2393	Rui Neves	Individual	Veterano M40	01:40:05	+29:24	06:40
67	2006	Rui Sá	10TEMIDOS	Veterano M40	01:40:06	+29:26	06:40
68	3033	NUNO CAMPOS	BARCELOS RUNNERS	Veterano M40	01:40:13	+29:32	06:41
69	2437	Manuel Alvarino	Leões de Tardariz Trail	Veterano M40	01:40:22	+29:42	06:42
70	2591	José Manuel Moreira Carneiro	Perdidos no trail	Veterano M40	01:40:33	+29:53	06:42
71	2669	JOSE LUIS LEAL	TEAM SHARK	Veterano M40	01:40:45	+30:04	06:43
72	2697	Rui pedro correia ramôa 21	VELOCIDADE FURIOSA	Veterano M40	01:40:46	+30:05	06:43
73	2628	Marco Dias	Quenianos Canelas	Veterano M40	01:41:55	+31:14	06:48
74	2629	Paulo Viana	Quenianos Canelas	Veterano M40	01:41:55	+31:15	06:48
75	2151	nuno morgado	CORRER LEÇA	Veterano M40	01:42:10	+31:29	06:49
76	2550	Nelson Montalvão	Os TurboMula	Veterano M40	01:43:28	+32:48	06:54
77	2382	José Eduardo Fonseca de Sousa	Individual	Veterano M40	01:43:55	+33:14	06:56
78	2530	JOSÉ BONIFÁCIO	Os Felizes	Veterano M40	01:44:43	+34:03	06:59
79	2579	Luis Santos	Paredes Running	Veterano M40	01:46:41	+36:00	07:07
80	2150	Jorge Pinheiro	CORRER LEÇA	Veterano M40	01:47:59	+37:18	07:12
81	2268	Óscar Lopes	Happy Run	Veterano M40	01:47:59	+37:18	07:12
82	2694	PAULO CESAR LEAL DE PINHO	VELOCIDADE FURIOSA	Veterano M40	01:47:59	+37:19	07:12
83	1350	Paulo António Ribeiro de Sousa	Individual	Veterano M40	01:50:55	+40:15	07:24
84	2692	LEONEL PEDRO PINHEIRO RODRIGUES	VELOCIDADE FURIOSA	Veterano M40	01:51:43	+41:03	07:27
85	2086	Tony Mendes	BTT Alegria / TUBANI	Veterano M40	01:52:39	+41:58	07:31
86	2093	Ricardo Martins	BUDEGUITA RUNNERS	Veterano M40	01:52:59	+42:19	07:32
87	2148	António Barros	CORRER LEÇA	Veterano M40	01:53:46	+43:06	07:35
88	2461	Paulo Ribeiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	01:54:15	+43:34	07:37
89	2586	Duarte Barbosa	Pé na Rota...	Veterano M40	01:55:37	+44:57	07:43
90	2386	Nuno Alexandre Alves Vieira	Individual	Veterano M40	01:56:35	+45:55	07:46
91	2696	Rui Henriques	VELOCIDADE FURIOSA	Veterano M40	01:56:57	+46:17	07:48
92	2163	Filipe Moutinho	Dragon Runners	Veterano M40	01:59:33	+48:53	07:58
93	2149	Jorge Gomes	CORRER LEÇA	Veterano M40	02:00:13	+49:32	08:01
94	2693	NUNO MIGUEL FERREIRA	VELOCIDADE FURIOSA	Veterano M40	02:00:17	+49:36	08:01
95	2152	Pedro Justo	CORRER LEÇA	Veterano M40	02:00:31	+49:51	08:02
96	2561	José Gentil Ferreira	Ou vai ou racha	Veterano M40	02:03:17	+52:37	08:13
97	2562	Paulo Magalhães	Ou vai ou racha	Veterano M40	02:04:21	+53:41	08:17
98	2578	Luis Ribeiro	Paredes Running	Veterano M40	02:08:15	+57:34	08:33
99	2391	Pedro Miguel Cristóvão Próspero	Individual	Veterano M40	02:10:22	+59:41	08:41

Trail Medieval Curto 15K

15 KM

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OFFICIAL RESULT

100	2533	RUI SILVA	Os Felizes	Veterano M40	02:21:56	+01:11:15	09:28
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Veterano M45

1	2098	renato silva	Caldas S.Jorge	Veterano M45	01:01:42	04:07
2	2649	Abílio Ribeiro	SPORTING CLUBE ESPINHO	Veterano M45	01:02:25	+00:42 04:10
3	2020	jose pereira	AIRORUN	Veterano M45	01:06:36	+04:53 04:26
4	2496	Paulo Sousa	Mountain Runners	Veterano M45	01:09:36	+07:53 04:38
5	2404	Paulo Renato Rodrigues Oliveira	Individual	Veterano M45	01:15:48	+14:06 05:03
6	2401	Miguel Martins	Individual	Veterano M45	01:19:37	+17:55 05:19
7	2129	Paulo Manuel Ribeiro Moreira	Clube Zupper	Veterano M45	01:19:40	+17:58 05:19
8	2671	RUI ROCHA	TEAM SHARK	Veterano M45	01:20:46	+19:04 05:23
9	2094	Paulo Lagoa	BUDEGUITA RUNNERS	Veterano M45	01:21:44	+20:02 05:27
10	2255	Antonio Prata	Grupo de Corrida de Argoncilhe	Veterano M45	01:22:42	+20:59 05:31
11	2181	José Marques	ESPAÇO SAÚDE	Veterano M45	01:23:47	+22:04 05:35
12	2607	João Barbosa	PORTO SENTIDO RUNNERS	Veterano M45	01:27:09	+25:26 05:49
13	2470	CARLOS FAMILIAR	MC	Veterano M45	01:27:41	+25:58 05:51
14	2471	MIGUEL COELHO	MC	Veterano M45	01:27:41	+25:59 05:51
15	2182	Vitor Tavares	ESPAÇO SAÚDE	Veterano M45	01:27:56	+26:14 05:52
16	2606	Eduardo Ribeiro	PORTO SENTIDO RUNNERS	Veterano M45	01:30:51	+29:08 06:03
17	2670	FERNANDO MENDES	TEAM SHARK	Veterano M45	01:32:06	+30:23 06:08
18	2439	Agostinho Cardoso	Leões de Tardariz Trail	Veterano M45	01:32:41	+30:58 06:11
19	2269	José Pinhal	Happy Run	Veterano M45	01:33:57	+32:14 06:16
20	2682	PAULO TAVARES	TREPA TRILHOS	Veterano M45	01:34:28	+32:46 06:18
21	2551	José Xavier	Os TurboMula	Veterano M45	01:35:06	+33:24 06:20
22	2224	Fernando Jorge	Friends	Veterano M45	01:35:37	+33:54 06:22
23	2097	João Lourenço	C+ RUNNERS	Veterano M45	01:36:10	+34:27 06:25
24	2564	João Lisboa	Ou vai ou racha	Veterano M45	01:36:58	+35:15 06:28
25	2631	NELSON VASCO FREITAS CAMPOS	Running Mates	Veterano M45	01:37:50	+36:08 06:31
26	2399	Manuel Firmino Martins Soares	Individual	Veterano M45	01:38:18	+36:35 06:33
27	2231	Artur França	GATUS TRAIL	Veterano M45	01:38:23	+36:40 06:34
28	2225	Miguel Bandeira	Friends	Veterano M45	01:38:32	+36:49 06:34
29	2107	PHILIPPE DOMINGUES	CFA Spartans	Veterano M45	01:38:49	+37:07 06:35
30	2537	Nuno Sampaio	Os Sampaio	Veterano M45	01:39:18	+37:36 06:37
31	2403	Paulo Lara	Individual	Veterano M45	01:39:31	+37:48 06:38
32	2632	Pedro Miguel Santos Matos	Running Mates	Veterano M45	01:40:00	+38:17 06:40
33	2594	Rui Madeira	PIPO	Veterano M45	01:41:33	+39:51 06:46
34	2493	José Moura	Monte dos Amigos /Juventude Ribeiras	Veterano M45	01:41:56	+40:14 06:48
35	2396	Daniel Gomes	Individual	Veterano M45	01:43:19	+41:36 06:53
36	2248	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M45	01:46:37	+44:55 07:07
37	2034	PAULO JORGE MIRANDA	AMOTINADOS TRAIL	Veterano M45	01:48:54	+47:11 07:16
38	2400	Mario Costa Pereira	Individual	Veterano M45	01:52:02	+50:20 07:28
39	2587	Manuel Dias Noites	Pé na Rota...	Veterano M45	01:55:37	+53:54 07:42
40	2397	João de Sousa Teixeira	Individual	Veterano M45	01:56:14	+54:31 07:45

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Trail Medieval Curto 15K

15 KM

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41	2395	Álvaro Miguel da Costa Cairrão	Individual	Veterano M45	01:58:37	+56:55	07:55
42	2239	Rodrigo Ferraz	GENEROSOS RUNNERS	Veterano M45	02:00:15	+58:33	08:01
43	2226	Mohammed Moudnib	Friends	Veterano M45	02:07:39	+01:05:57	08:31
44	2398	Joaquim Miguel Almeida Costa	Individual	Veterano M45	02:17:38	+01:15:56	09:11
45	2563	Antonio Ferreira	Ou vai ou racha	Veterano M45	02:25:24	+01:23:41	09:42

Veterano M50

1	2046	Ricardo Machado	Andatrilhos Freamunde	Veterano M50	01:07:58		04:32
2	2421	Vasco Morais Pinheiro de Sousa	Individual	Veterano M50	01:09:59	+02:00	04:40
3	2650	Manuel Oliveira	SPORTING CLUBE ESPINHO	Veterano M50	01:10:44	+02:45	04:43
4	2422	Vitor Manuel Moutinho Vieira	Individual	Veterano M50	01:14:18	+06:19	04:57
5	2625	Manuel Alves	Queiroz Team/NOKAROL	Veterano M50	01:14:31	+06:32	04:58
6	2410	DAVID SILVA	Individual	Veterano M50	01:14:37	+06:38	04:58
7	1128	ANTONIO SILVA	ENERGIA GINASIO	Veterano M50	01:15:34	+07:36	05:02
8	2021	casemiro araujo	AIRORUN	Veterano M50	01:15:45	+07:47	05:03
9	2240	ANTONIO ALBERTO SOUSA	Ginasio Fit4Fun	Veterano M50	01:16:31	+08:33	05:06
10	2508	ANTONIO FERNANDES	Nascidos para Correr	Veterano M50	01:20:20	+12:21	05:21
11	2405	Alberto Espinheira	Individual	Veterano M50	01:20:57	+12:59	05:24
12	2672	AVELINO SOUSA	TEAM SHARK	Veterano M50	01:21:24	+13:25	05:26
13	2440	Joaquim Leite	Leões de Tardariz Trail	Veterano M50	01:22:07	+14:09	05:29
14	2131	José Martins	Clube Zupper	Veterano M50	01:22:42	+14:43	05:31
15	2420	Rogério de Pinho e Silva	Individual	Veterano M50	01:23:12	+15:14	05:33
16	2407	Artur Manuel dos Santos Ferreira	Individual	Veterano M50	01:25:37	+17:38	05:42
17	2406	ANTONIO AUGUSTO NUNES DE ARAUJO	Individual	Veterano M50	01:27:51	+19:52	05:51
18	2548	Lino Moreira	Os TurboMula	Veterano M50	01:28:42	+20:43	05:55
19	2251	Pedro Sousa	GONDOMAR FUTSAL CLUBE	Veterano M50	01:29:02	+21:03	05:56
20	2409	cesar cabral da silva calvo	Individual	Veterano M50	01:29:37	+21:39	05:59
21	2088	José Amorim Alves Pereira	BTT BRANDOENSE	Veterano M50	01:30:33	+22:35	06:02
22	2183	Arsénio Matos	ESPAÇO SAÚDE	Veterano M50	01:30:51	+22:53	06:03
23	2414	Jorge Serra	Individual	Veterano M50	01:32:12	+24:13	06:09
24	2412	Fernando Resende	Individual	Veterano M50	01:32:34	+24:36	06:10
25	2411	Fernando Dias	Individual	Veterano M50	01:33:02	+25:03	06:12
26	2674	RUI ALMEIDA	TEAM SHARK	Veterano M50	01:33:08	+25:09	06:13
27	2153	João Rocha	CORRER LEÇA	Veterano M50	01:34:41	+26:42	06:19
28	2076	Carlos Marques	BDM Runners	Veterano M50	01:34:52	+26:53	06:19
29	2425	ANTONIO RUELA	JPVMTEAM	Veterano M50	01:35:04	+27:05	06:20
30	2227	Luis Santo	Friends	Veterano M50	01:36:56	+28:58	06:28
31	2608	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	01:37:02	+29:03	06:28
32	2609	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M50	01:37:10	+29:11	06:29
33	2066	ANTÓNIO JOAQUIM TEIXEIRA MAGALHÃES	Autistic Runners	Veterano M50	01:37:10	+29:12	06:29
34	2683	ANTONIO LOUREIRO	TREPA TRILHOS	Veterano M50	01:37:27	+29:29	06:30
35	2250	Ilídio Freitas	GONDOMAR FUTSAL CLUBE	Veterano M50	01:38:16	+30:17	06:33
36	2416	José Castro	Individual	Veterano M50	01:39:31	+31:32	06:38

15 KM

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37	2462	JOSE NEVES	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	01:39:36	+31:37	06:38
38	2261	Albino Oliveira	GTT - Armazém do Caffè	Veterano M50	01:40:18	+32:19	06:41
39	2417	José Riba	Individual	Veterano M50	01:42:43	+34:44	06:51
40	2686	Eduardo Meireles	Umelga Runners	Veterano M50	01:43:15	+35:16	06:53
41	1219	carlos	GTT - Armazém do Caffè	Veterano M50	01:43:25	+35:27	06:54
42	2520	António Oliveira	Online Team	Veterano M50	01:44:41	+36:43	06:59
43	2684	MANUEL MOURA	TREPA TRILHOS	Veterano M50	01:45:14	+37:16	07:01
44	2154	Manuel Rodrigues	CORRER LEÇA	Veterano M50	01:46:08	+38:10	07:05
45	2415	JORGE SUZANO	Individual	Veterano M50	01:46:37	+38:39	07:07
46	2413	Joaquim Matos	Individual	Veterano M50	01:46:37	+38:39	07:07
47	2673	LENIO MARINHO	TEAM SHARK	Veterano M50	01:47:49	+39:50	07:11
48	2613	MANUEL PEREIRA	PORTOCARGO	Veterano M50	01:47:57	+39:59	07:12
49	2035	JOSE FERREIRA	AMOTINADOS TRAIL	Veterano M50	01:48:38	+40:40	07:15
50	2036	TELMO JOEL COSTA	AMOTINADOS TRAIL	Veterano M50	01:48:54	+40:56	07:16
51	2447	Rui alves	Limitless	Veterano M50	01:49:43	+41:45	07:19
52	2676	José Costa	Tiago Cadete - Living / Armazém do Fitness	Veterano M50	01:52:24	+44:26	07:30
53	3128	Durbalino Ferreira	Ginasio Fit4Fun	Veterano M50	01:53:38	+45:40	07:35
54	2270	José Rocha	Happy Run	Veterano M50	01:55:18	+47:19	07:41
55	2135	Gaspar Alves Santiago	CORREIO DE ALBERGARIA	Veterano M50	02:09:32	+01:01:34	08:38
56	2249	António José Queiroz	GONDOMAR FUTSAL CLUBE	Veterano M50	02:11:57	+01:03:58	08:48
57	2477	Artur Saraiva	Metralhas Runners	Veterano M50	02:27:17	+01:19:18	09:49

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