

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	9.1°C	93%
End	14:02	11.7°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	676	Nelson Loureiro	individual	Senior Masculino	01:20:46		04:29
2	634	Roberto Martinez	edv-viana trail	Senior Masculino	01:21:39	+00:52	04:32
3	626	Tiago Pinto	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:23:05	+02:19	04:37
4	728	Nuno Alves	oralklass-amigos do trail	Senior Masculino	01:24:51	+04:04	04:43
5	519	Andre Machado	adosa	Senior Masculino	01:25:43	+04:56	04:46
6	611	Joaquim Duarte	dá-lhe gás trail team fisioduo	Senior Masculino	01:26:27	+05:40	04:48
7	516	Ruben veloso	academia desportiva arcos de valdevez	Senior Masculino	01:27:22	+06:35	04:51
8	711	Fábio Mendes	montanha clube trail running/efapel	Senior Masculino	01:27:53	+07:06	04:53
9	549	Marco Barbosa	boavista trail	Senior Masculino	01:28:48	+08:01	04:56
10	823	Mauro Martiins	viking trail runners / ccr alcabideque	Senior Masculino	01:30:18	+09:31	05:01
11	726	António Dias	oralklass-amigos do trail	Senior Masculino	01:30:22	+09:35	05:01
12	727	Gilberto Pimenta	oralklass-amigos do trail	Senior Masculino	01:30:25	+09:38	05:01
13	587	Rui Lacerda	coimbra trail running	Senior Masculino	01:30:40	+09:53	05:02
14	614	Abilio Almeida	dá-lhe gás trail team fisioduo	Veterano M40	01:30:48	+10:01	05:03
15	631	Joel Simplício	dr. runner's team	Senior Masculino	01:32:07	+11:20	05:07
16	610	Carlos Prudêncio	dá-lhe gás trail team fisioduo	Senior Masculino	01:32:34	+11:47	05:09
17	612	José Dias	dá-lhe gás trail team fisioduo	Senior Masculino	01:32:34	+11:47	05:09
18	568	Adriano Mendes	brabus runners	Senior Masculino	01:32:48	+12:01	05:09
19	839	José Jaques	olímpico vianense trail	Senior Masculino	01:33:34	+12:47	05:12
20	573	Ruben Barbosa	caac	Senior Masculino	01:34:32	+13:45	05:15
21	833	carlos vizela	individual	Veterano M40	01:34:41	+13:54	05:16
22	515	Hugo Sequeira	ac portalegre/utsm	Senior Masculino	01:35:33	+14:46	05:19
23	623	Bruno Santos	douroconta - gabinete de apoio e contabilidade	Senior Masculino	01:35:57	+15:11	05:20
24	647	David Gonçalves	factor x / s4l / medense fc	Senior Masculino	01:36:12	+15:25	05:21
25	588	Vasco Morais de Sousa	coimbra trail running	Veterano M50	01:36:21	+15:34	05:21
26	730	José Luís Ferreira Carvalho	outdoor clube de setúbal - strenure running team	Senior Masculino	01:36:22	+15:35	05:21
27	536	João Moita	associação beat your limit!	Senior Masculino	01:36:34	+15:47	05:22
28	510	Jose Teixeira	a.d.amarante	Veterano M40	01:36:34	+15:47	05:22
29	552	Ricardo Ferreira	boavista trail	Senior Masculino	01:36:44	+15:57	05:22
30	571	Vítor Alves	brabus runners	Senior Masculino	01:36:45	+15:58	05:23
31	636	Paulo Alexandre Fonseca	edv-viana trail	Veterano M40	01:38:29	+17:42	05:28
32	534	Helder Lopes	asrm associação recreativa de s.miguel	Senior Masculino	01:38:54	+18:07	05:30
33	669	Henrique Loureiro	individual	Senior Masculino	01:39:06	+18:19	05:30
34	607	José Carlos Dias	ctad - consumo zero	Veterano M50	01:39:11	+18:24	05:31
35	699	Sergio Lourenço	individual	Veterano M40	01:39:11	+18:25	05:31
36	514	Bruno Neves	ac portalegre/utsm	Senior Masculino	01:40:39	+19:52	05:36
37	548	Luís Magalhães	boavista trail	Senior Masculino	01:40:44	+19:57	05:36
38	693	José Manuel Rodrigues Costa José Costa	palmeira runners	Veterano M40	01:41:01	+20:14	05:37
39	628	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade	Veterano M50	01:41:11	+20:24	05:37

Official Timekeeper: Lap2Go	1 / 8	generate 08-Apr-2019 10:10
-----------------------------	-------	----------------------------

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
40	554	Vitor Caldeira	boavista trail	Senior Masculino	01:41:11	+20:24	05:37
41	813	Pedro Granadas	turres trail team	Veterano M40	01:42:01	+21:14	05:40
42	753	David Jesus	pace.makers	Veterano M50	01:42:28	+21:41	05:42
43	673	Licinio Macário	individual	Senior Masculino	01:42:41	+21:55	05:42
44	553	Ricardo Sousa	boavista trail	Senior Masculino	01:42:47	+22:00	05:43
45	562	Pedro Jorge Ferreira Dias	boavista trail	Veterano M40	01:43:08	+22:21	05:44
46	613	Vitor Nuno	dá-lhe gás trail team fisioduo	Senior Masculino	01:43:17	+22:31	05:44
47	811	Jorge Sousa	turbo kings 2.0	Senior Masculino	01:43:29	+22:43	05:45
48	670	HUGO SILVA	individual	Senior Masculino	01:43:31	+22:44	05:45
49	757	Rui Sousa	palmeira runners	Sub 23 Masculino	01:43:36	+22:49	05:45
50	718	Nuno Salgado	nocturnos de paredes	Veterano M40	01:43:48	+23:02	05:46
51	760	Domingos Peixoto	palmeira runners	Veterano M40	01:44:13	+23:26	05:47
52	714	Tiago Moreira	nocturnos de paredes	Senior Masculino	01:44:25	+23:39	05:48
53	725	Adriana Dias	oralklass-amigos do trail	Senior Feminino	01:44:56	+24:09	05:50
54	635	José Carlos Alcobia	edv-viana trail	Veterano M40	01:45:01	+24:14	05:50
55	716	CARMINDO GOMES	nocturnos de paredes	Veterano M40	01:45:05	+24:19	05:50
56	710	Joaquim Ferreira	melres trail running ordem para arrear	Veterano M50	01:45:35	+24:48	05:52
57	615	Paulo Silva	dá-lhe gás trail team fisioduo	Veterano M40	01:45:38	+24:51	05:52
58	779	Victor Rodrigues	ribeitrail	Veterano M40	01:46:38	+25:52	05:55
59	752	Sérgio Oliveira	pace.makers	Veterano M40	01:46:49	+26:02	05:56
60	561	Nuno Teixeira	boavista trail	Veterano M40	01:47:00	+26:13	05:57
61	582	Ana Botelho	cinfaes a correr	Senior Feminino	01:47:27	+26:41	05:58
62	540	Pedro Gomes	blackbulls - equipa de condeixa	Veterano M40	01:48:28	+27:41	06:02
63	697	Paulo Costa	individual	Veterano M40	01:48:34	+27:48	06:02
64	643	Helder Silva	equipa a	Senior Masculino	01:48:37	+27:50	06:02
65	619	Filipe Alves	desnível positivo	Veterano M40	01:48:45	+27:58	06:03
66	827	Paulo Milheiro	viriahtvs runners vielpeças trail	Senior Masculino	01:48:53	+28:06	06:03
67	517	António Serra Jorge	acdrs quinhendros	Veterano M40	01:48:54	+28:07	06:03
68	663	Silvia Santos	individual	Senior Feminino	01:48:56	+28:09	06:03
69	812	Nuno Granadas	turres trail team	Senior Masculino	01:49:00	+28:13	06:03
70	620	Antonino Gonçalves	desnível positivo	Veterano M50	01:49:29	+28:42	06:05
71	717	José Correia	nocturnos de paredes	Veterano M40	01:49:30	+28:44	06:05
72	580	Diogo Barros	cb run	Veterano M40	01:49:31	+28:44	06:05
73	721	Marco Lopes	ocr norte/donro donro	Veterano M40	01:49:34	+28:47	06:05
74	525	GONÇALO FREITAS	amc trail	Sub 23 Masculino	01:50:07	+29:20	06:07
75	785	Marco Amador	sportarc.running	Senior Masculino	01:50:10	+29:23	06:07
76	586	Sofia Areias	coimbra trail running	Senior Feminino	01:50:12	+29:25	06:07
77	544	Vera Barbosa	boavista trail	Senior Feminino	01:50:24	+29:37	06:08
78	784	Rui Bessa	sob efeito trail	Senior Masculino	01:50:28	+29:41	06:08
79	606	Jorge rodrigues	ctad - consumo zero	Veterano M40	01:50:52	+30:05	06:10
80	608	Pedro Ribeiro	ctad - consumo zero	Veterano M50	01:50:59	+30:12	06:10
81	829	Jorge Correia	viriahtvs runners vielpeças trail	Veterano M40	01:51:00	+30:13	06:10
82	747	José Lourenço	pace.makers	Veterano M40	01:51:01	+30:14	06:10
83	731	Rui Sameiro	outdoor clube de setúbal - strendure running team	Senior Masculino	01:51:05	+30:18	06:10
84	769	Paulo Oliveira	pés de chumbo runners	Veterano M40	01:51:06	+30:19	06:10

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	798	Luís Batista	tálenitos team	Veterano M50	01:51:51	+31:04	06:13
86	616	José Dias	dá-lhe gás trail team fisioduo	Veterano M50	01:51:55	+31:08	06:13
87	529	Tiago Lopes	ansibikers	Senior Masculino	01:52:27	+31:40	06:15
88	570	Miguel Silva	brabus runners	Senior Masculino	01:52:31	+31:44	06:15
89	539	Nuno Ferreira	blackbulls - equipa de condeixa	Veterano M40	01:52:37	+31:51	06:15
90	691	Artur Fernandes	individual	Veterano M40	01:52:54	+32:07	06:16
91	522	Pedro Costa	alexandra carvalho team	Senior Masculino	01:52:58	+32:12	06:17
92	506	Roberto Garcês	100 meta	Senior Masculino	01:53:06	+32:19	06:17
93	518	Álvaro Vale	ade trail running	Senior Masculino	01:53:22	+32:35	06:18
94	831	Rui Rodrigues	viriahtvs runners vielpeças trail	Veterano M50	01:53:48	+33:01	06:19
95	591	Ricardo Pimenta	correr leça	Senior Masculino	01:54:10	+33:23	06:21
96	550	Pedro Lourenço	boavista trail	Senior Masculino	01:54:11	+33:24	06:21
97	778	Nuno Moreira	retorta - quinta das arcas	Senior Masculino	01:54:12	+33:25	06:21
98	715	ANTONIO TEIXEIRA	nocturnos de paredes	Veterano M40	01:54:21	+33:34	06:21
99	585	Luisa Mesquita	coimbra trail running	Senior Feminino	01:54:55	+34:08	06:23
100	555	Marta Silva	boavista trail	Veterana F40	01:55:18	+34:32	06:24
101	720	Rodolfo Silva	o praticante.pt/boavista trail	Veterano M40	01:55:50	+35:03	06:26
102	816	Manu cruz	vaiatéondeosteuspéstelevar	Veterano M50	01:56:14	+35:27	06:27
103	537	Pedro Conde	associação beat your limit!	Veterano M40	01:56:34	+35:47	06:29
104	535	Ivo Morais	associação beat your limit!	Veterano M40	01:56:34	+35:47	06:29
105	674	Michel Silva	individual	Senior Masculino	01:56:43	+35:56	06:29
106	828	Rui Moura	viriahtvs runners vielpeças trail	Senior Masculino	01:56:58	+36:11	06:30
107	638	Bruno Pereira	endovelico	Senior Masculino	01:56:58	+36:11	06:30
108	746	César Gomes	pace.makers	Veterano M40	01:58:20	+37:33	06:34
109	702	Rui Pereira	individual	Veterano M50	01:58:21	+37:34	06:35
110	569	Cesário Leite	brabus runners	Senior Masculino	01:58:27	+37:40	06:35
111	547	José Barbosa	boavista trail	Senior Masculino	01:58:36	+37:49	06:35
112	768	Arsénio Batata	pés de chumbo runners	Veterano M40	01:58:51	+38:04	06:36
113	565	PAULO FERREIRA	boavista trail	Veterano M50	01:59:07	+38:20	06:37
114	837	Leticia Gonçalves	individual	Senior Feminino	01:59:18	+38:31	06:38
115	836	César Machado	individual	Veterano M40	01:59:19	+38:32	06:38
116	814	Bruno Silva	vaiatéondeosteuspéstelevar	Veterano M40	01:59:23	+38:36	06:38
117	713	Tânia Filipa Barbosa	nast	Senior Feminino	01:59:23	+38:36	06:38
118	596	Orlando Costa	correr leça	Veterano M50	02:00:44	+39:57	06:42
119	701	Jose Pinto	individual	Veterano M50	02:00:48	+40:01	06:43
120	679	João Santos	individual	Sub 23 Masculino	02:00:51	+40:05	06:43
121	559	Filipe Augusto Ferreira Alves Abreu	boavista trail	Veterano M40	02:01:29	+40:42	06:45
122	574	Artur José Gonçalves Ferreira	cabeceiras bike team	Senior Masculino	02:01:39	+40:52	06:46
123	800	Jose Raposo	tálenitos team	Veterano M60	02:01:48	+41:01	06:46
124	528	Sandra Cunha	amigos do pedal trailagares	Senior Feminino	02:01:53	+41:07	06:46
125	808	Marco Costa	trofa	Senior Masculino	02:01:59	+41:12	06:47
126	749	Mário Cunha	pace.makers	Veterano M40	02:01:59	+41:12	06:47
127	584	Alexandra Soares	coimbra trail running	Senior Feminino	02:02:07	+41:20	06:47
128	810	Vitor Gonçalves	trogloditas runners	Senior Masculino	02:02:08	+41:21	06:47
129	809	Elisabete Alves	trogloditas runners	Senior Feminino	02:02:09	+41:22	06:47

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	807	Jorge Cardoso	trofa	Senior Masculino	02:02:10	+41:23	06:47
131	521	Joaquim Caeiro	alenminho	Veterano M50	02:02:45	+41:59	06:49
132	545	Bruno Gonçalves	boavista trail	Senior Masculino	02:03:03	+42:16	06:50
133	668	Fernando Costa	individual	Senior Masculino	02:03:04	+42:17	06:50
134	797	Fernando Nascimento	tálenos team	Veterano M50	02:03:08	+42:21	06:50
135	644	Alexandre Pereira	equipa a	Veterano M40	02:03:12	+42:25	06:51
136	703	Jorge Vieira Lobo	individual	Veterano M60	02:03:24	+42:38	06:51
137	622	Paulo Ribeiro	dive into the mountains	Veterano M40	02:03:38	+42:51	06:52
138	729	Lino Moreira	os turbomula	Veterano M60	02:03:45	+42:58	06:53
139	751	Rui Marçal	pace.makers	Veterano M40	02:03:58	+43:11	06:53
140	556	Sílvia Teixeira	boavista trail	Veterana F40	02:04:01	+43:14	06:53
141	709	Francisco Esteves	melgaço alvarinho trail team	Senior Masculino	02:04:29	+43:42	06:55
142	649	João Ferreira	fonte nova runners	Senior Masculino	02:04:43	+43:56	06:56
143	780	Andre Daniel Moreira	royal wellness center	Sub 23 Masculino	02:04:54	+44:07	06:56
144	637	Paulo Vilaverde	edv-viana trail	Veterano M50	02:04:54	+44:07	06:56
145	526	Leandro Freitas	amc trail	Veterano M50	02:04:59	+44:12	06:57
146	504	José Sousa	100 espaço trail team	Veterano M50	02:05:49	+45:02	06:59
147	629	Carlos Bento	douroconta - gabinete de apoio e contabilidade	Veterano M60	02:05:55	+45:08	07:00
148	801	Luís Ferraz	team caracoletas	Senior Masculino	02:06:16	+45:29	07:01
149	830	Victor Figueiredo	viríathvs runners vielpeças trail	Veterano M40	02:06:25	+45:38	07:01
150	523	Vítor Martins	alexandra carvalho team	Veterano M40	02:06:33	+45:47	07:02
151	564	Tiago Moreira	boavista trail	Veterano M40	02:06:41	+45:54	07:02
152	642	Paulo Marques	enege team	Senior Masculino	02:07:43	+46:56	07:06
153	761	José Ferreira	palmeira runners	Veterano M40	02:07:52	+47:05	07:06
154	672	José Gonçalves	individual	Senior Masculino	02:08:02	+47:15	07:07
155	667	David Teixeira	individual	Senior Masculino	02:08:32	+47:45	07:08
156	530	Joao Faria	as verdadeiras	Senior Masculino	02:09:40	+48:53	07:12
157	531	Miguel Matos	as verdadeiras	Senior Masculino	02:09:42	+48:55	07:12
158	815	José Fernandes	vaiatéondeosteuspéstelevar	Veterano M50	02:09:52	+49:06	07:13
159	563	Rui Teixeira	boavista trail	Veterano M40	02:09:53	+49:06	07:13
160	698	Pedro Santos	individual	Veterano M40	02:09:53	+49:06	07:13
161	597	Manuel Rodrigues	correr leça	Veterano M60	02:09:54	+49:07	07:13
162	832	Wanderson Oliveira	ycone pvl	Senior Masculino	02:09:58	+49:11	07:13
163	639	Pedro Serra	endovelico	Senior Masculino	02:10:46	+49:59	07:16
164	640	Jon Ponce	endovelico	Veterano M40	02:10:46	+49:59	07:16
165	712	João Luis Esteves	município de amares	Veterano M40	02:10:48	+50:01	07:16
166	783	Pedro Oliveira	sob efeito trail	Senior Masculino	02:10:48	+50:01	07:16
167	601	Marieta Branco	ctad - consumo zero	Veterana F40	02:10:52	+50:05	07:16
168	641	Diogo Pereira	enege team	Senior Masculino	02:10:55	+50:08	07:16
169	627	António Azevedo	douroconta - gabinete de apoio e contabilidade	Veterano M50	02:11:41	+50:54	07:19
170	750	Pedro Gouveia	pace.makers	Veterano M40	02:11:49	+51:02	07:19
171	734	Nelson Faria	pace.makers	Senior Masculino	02:11:49	+51:02	07:19
172	735	Osvaldo Cipriano	pace.makers	Senior Masculino	02:11:49	+51:02	07:19
173	651	Paulo Lara	gondomar	Veterano M40	02:11:53	+51:07	07:20
174	802	Tiago Dias	team lantermil	Senior Masculino	02:11:59	+51:12	07:20

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	677	Nuno Louro	individual	Senior Masculino	02:12:40	+51:53	07:22
176	681	Celia Sousa	individual	Veterana F40	02:12:49	+52:02	07:23
177	692	Joao Azevedo	individual	Veterano M40	02:12:51	+52:05	07:23
178	609	Susana Gomes	dá-lhe gás team	Senior Feminino	02:13:05	+52:18	07:24
179	541	Rui Santos	blackbulls - equipa de condeixa	Veterano M40	02:13:05	+52:19	07:24
180	542	José Francisco Roque Leitão	blackbulls - equipa de condeixa	Veterano M50	02:13:05	+52:19	07:24
181	762	Jose Peixoto	palmeira runners	Veterano M40	02:13:12	+52:25	07:24
182	577	TELMO EDGAR OLIVEIRA	cabeceiras bike team	Senior Masculino	02:14:01	+53:14	07:27
183	653	Joel Jacinto	grvilaverdense	Veterano M40	02:15:29	+54:43	07:32
184	745	Vanda Fernandes	pace.makers	Veterana F40	02:15:39	+54:53	07:32
185	583	Luis Gonçalves	clube amador de mirandela (camir)	Veterano M40	02:15:50	+55:04	07:33
186	695	Luís Filipe P. Rodrigues	individual	Veterano M40	02:16:24	+55:37	07:35
187	743	Sónia Marçal	pace.makers	Veterana F40	02:17:07	+56:21	07:37
188	650	Paulo Vilarinho	gaia running	Veterano M40	02:17:12	+56:25	07:37
189	665	Tânia Machado	individual	Senior Feminino	02:17:16	+56:30	07:38
190	796	Nuno Lucas	tálenos team	Veterano M40	02:17:17	+56:30	07:38
191	705	Valdemar Almeida	invicta runners team	Veterano M50	02:17:33	+56:47	07:39
192	777	Rui Carvalho	r10k	Veterano M40	02:17:47	+57:00	07:39
193	776	Pedro Carvalho	r10k	Veterano M40	02:17:47	+57:00	07:39
194	775	André Cruz	r10k	Senior Masculino	02:17:47	+57:00	07:39
195	567	Humberto Carvalho	bora lá correr	Veterano M40	02:17:58	+57:11	07:40
196	566	Ana Luísa Oliveira	bora lá correr	Veterana F40	02:17:58	+57:11	07:40
197	575	NUNO GONÇALVES	cabeceiras bike team	Senior Masculino	02:18:39	+57:52	07:42
198	576	PEDRO TEIXEIRA	cabeceiras bike team	Senior Masculino	02:18:39	+57:53	07:42
199	781	Pedro Silva	runners do demo	Veterano M40	02:18:50	+58:03	07:43
200	646	Bruno Camara	equipa a	Veterano M40	02:18:51	+58:04	07:43
201	645	António Vasconcelos	equipa a	Veterano M40	02:18:51	+58:04	07:43
202	592	Rui Santos	correr leça	Senior Masculino	02:19:40	+58:53	07:46
203	803	Luis Gomes	team lantermil	Veterano M40	02:19:48	+59:01	07:46
204	794	Bruno Monteiro	tálenos team	Veterano M40	02:20:35	+59:48	07:49
205	503	José Fonseca	100 espaço trail team	Veterano M50	02:20:36	+59:49	07:49
206	756	António Pereira	pace.makers	Veterano M60	02:20:57	+01:00:10	07:50
207	820	Patrícia Simões	viking trail runners / ccr alcabideque	Senior Feminino	02:21:02	+01:00:15	07:50
208	763	Fernando Pimentel	palmeira runners	Veterano M50	02:21:40	+01:00:54	07:52
209	538	Sandro Silva	atr - algarve trail running	Veterano M40	02:21:42	+01:00:55	07:52
210	666	Carlos Gonçalves	individual	Senior Masculino	02:22:09	+01:01:22	07:54
211	788	Dora Reis	tálenos team	Veterana F40	02:22:12	+01:01:25	07:54
212	661	Joana Alves	individual	Senior Feminino	02:23:23	+01:02:37	07:58
213	593	Carla Ferreira	correr leça	Veterana F40	02:25:23	+01:04:37	08:05
214	664	Sílvia Vieira	individual	Senior Feminino	02:25:25	+01:04:38	08:05
215	696	Manuel Matos	individual	Veterano M40	02:25:32	+01:04:45	08:05
216	527	AMELIA MOREIRA	amigos da montanha	Veterana F50	02:25:56	+01:05:10	08:06
217	765	CARLOS FORTE	palmeira-braga	Senior Masculino	02:26:00	+01:05:13	08:07
218	513	Mariana Leirinha	ac portalegre/utsm	Senior Feminino	02:26:06	+01:05:19	08:07
219	581	Ernesto De Freitas	cb run	Veterano M40	02:26:28	+01:05:42	08:08
220	822	Daniel Marcos	viking trail runners / ccr alcabideque	Senior Masculino	02:26:33	+01:05:46	08:09

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
221	821	Sandra Agra	viking trail runners / ccr alcabideque	Senior Feminino	02:26:33	+01:05:46	08:09
222	572	Vitor Cunha	brabus runners	Veterano M50	02:26:43	+01:05:56	08:09
223	502	António Ferreira	100 espaço trail team	Veterano M40	02:26:45	+01:05:58	08:09
224	501	Ricardo Batista	100 espaço trail team	Senior Masculino	02:26:45	+01:05:58	08:09
225	590	João Pedro Rocha	correr leça	Senior Masculino	02:27:30	+01:06:43	08:12
226	595	João Rocha	correr leça	Veterano M50	02:27:30	+01:06:44	08:12
227	617	Elisia Ggonçalves	desnível positivo	Veterana F40	02:28:06	+01:07:19	08:14
228	694	Lourenço d'Orey	individual	Veterano M40	02:28:18	+01:07:31	08:14
229	655	Juliana Correia	homem da lenha runners	Senior Feminino	02:28:33	+01:07:46	08:15
230	819	Inês Santos	viking trail runners / ccr alcabideque	Senior Feminino	02:28:33	+01:07:46	08:15
231	656	Pedro Bogas	homem da lenha runners	Veterano M40	02:28:33	+01:07:46	08:15
232	659	Filipa Cruz	individual	Senior Feminino	02:29:27	+01:08:40	08:18
233	658	Claudia Moura	individual	Senior Feminino	02:29:32	+01:08:45	08:18
234	621	Renata Almeida	dive into the mountains	Senior Feminino	02:31:24	+01:10:38	08:25
235	825	Vitor rodrigues	vila nova de famalicão	Senior Masculino	02:31:37	+01:10:50	08:25
236	675	Miguel Carvalho	individual	Senior Masculino	02:31:37	+01:10:51	08:25
237	648	Rui Sà	fit gaia trail	Veterano M50	02:32:32	+01:11:46	08:29
238	834	Joaquim sampaio	individual	Veterano M60	02:32:41	+01:11:55	08:29
239	706	Monica Domingues	lebres minhotas	Senior Feminino	02:32:45	+01:11:58	08:29
240	700	Vitor Manuel Fonseca	individual	Veterano M40	02:32:51	+01:12:05	08:30
241	618	Fernanda Esteves	desnível positivo	Veterana F60	02:34:34	+01:13:47	08:35
242	589	Editte Gonçalves	correr leça	Senior Feminino	02:35:25	+01:14:38	08:38
243	512	Paulo Gonçalves	abutres	Veterano M40	02:35:57	+01:15:10	08:40
244	835	Lino Sousa	individual	Veterano M50	02:35:58	+01:15:11	08:40
245	805	Patrícia Silva	tog associação running team	Senior Feminino	02:36:24	+01:15:37	08:41
246	772	Sónia Garcês	powerrunners	Veterana F40	02:37:06	+01:16:19	08:44
247	690	Alexandre Monteiro	individual	Veterano M40	02:37:08	+01:16:21	08:44
248	579	Marcela Fernandes	cb run	Senior Feminino	02:37:10	+01:16:23	08:44
249	594	Valter Silva	correr leça	Veterano M40	02:37:11	+01:16:24	08:44
250	838	sandra Ferreira	arcorun	Veterana F40	02:37:26	+01:16:39	08:45
251	741	Mafalda Santos	pace.makers	Veterana F40	02:38:06	+01:17:19	08:47
252	630	Andreia Ferreira	dr. runner's team	Senior Feminino	02:38:24	+01:17:37	08:48
253	782	Claudia Sardinha	s s montepio	Veterana F40	02:38:48	+01:18:01	08:49
254	680	Aida Linhares	individual	Veterana F40	02:38:48	+01:18:01	08:49
255	654	Cátia Salgado	gtt armazém do caffè	Senior Feminino	02:38:49	+01:18:03	08:49
256	755	Zé Paulo	pace.makers	Veterano M50	02:41:19	+01:20:32	08:58
257	543	Neuza Caridade	boavista trail	Senior Feminino	02:44:35	+01:23:48	09:09
258	792	Cremilde Raposo	tálenitos team	Veterana F50	02:44:35	+01:23:49	09:09
259	766	Beatriz Loureiro	pernetas	Senior Feminino	02:45:00	+01:24:13	09:10
260	767	Miguel Barros	pernetas	Senior Masculino	02:45:00	+01:24:13	09:10
261	707	Isabel Domingues	lebres minhotas	Veterana F40	02:45:06	+01:24:19	09:10
262	754	Maria J. Jesus	pace.makers	Veterana F50	02:45:29	+01:24:42	09:12
263	738	Cláudia Simão	pace.makers	Veterana F40	02:45:29	+01:24:43	09:12
264	786	Irene Martins	sportarc.running	Veterana F40	02:47:42	+01:26:55	09:19
265	685	Paula Cristina Pinho	individual	Veterana F40	02:47:42	+01:26:56	09:19
266	759	Ema Guerra	palmeira runners	Veterana F40	02:48:07	+01:27:21	09:20

TRAIL 18KM - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	732	Carla Dias	pace.makers	Senior Feminino	02:48:26	+01:27:39	09:21
268	551	Pedro Rodrigues	boavista trail	Senior Masculino	02:50:07	+01:29:20	09:27
269	789	Elisabete Azougado	tálenos team	Veterana F40	02:50:47	+01:30:00	09:29
270	799	Paulo Nunes	tálenos team	Veterano M50	02:51:20	+01:30:33	09:31
271	736	Anabela Santos	pace.makers	Veterana F40	02:51:51	+01:31:04	09:33
272	790	Elisabete Lourenço	tálenos team	Veterana F40	02:52:06	+01:31:19	09:34
273	532	Pedro Bonito	as verdadeiras	Senior Masculino	02:53:01	+01:32:14	09:37
274	533	Francisco Van Zeller	as verdadeiras	Veterano M40	02:53:01	+01:32:14	09:37
275	742	Paula S. Santos	pace.makers	Veterana F40	02:55:31	+01:34:44	09:45
276	662	João Lobato	individual	Senior Masculino	02:58:16	+01:37:29	09:54
277	682	Diana Cancela	individual	Veterana F40	02:58:17	+01:37:30	09:54
278	704	Joaquina Martins	invicta runners team	Veterana F60	02:58:17	+01:37:30	09:54
279	817	João Rocha	veteranos porto	Senior Masculino	03:00:15	+01:39:28	10:01
280	818	Paulo de Castro Rocha	veteranos porto	Veterano M60	03:00:15	+01:39:28	10:01
281	684	Isabel Agostinho	individual	Veterana F40	03:01:13	+01:40:27	10:04
282	708	Albertina Gonçalves	lousada runners	Senior Feminino	03:01:13	+01:40:27	10:04
283	724	Vitor Marçal	oh faxabor!	Senior Masculino	03:01:40	+01:40:53	10:06
284	722	Bruna Silva	oh faxabor!	Senior Feminino	03:01:41	+01:40:55	10:06
285	737	Catarina Marcelino	pace.makers	Veterana F40	03:01:44	+01:40:58	10:06
286	758	Carmo Ferreira	palmeira runners	Veterana F40	03:01:57	+01:41:10	10:07
287	660	Jamille Silva	individual	Senior Feminino	03:02:09	+01:41:22	10:07
288	826	Susana Pereira	viriahtvs runners vielpeças trail	Senior Feminino	03:03:54	+01:43:07	10:13
289	771	Pedro Ferreira	porto sentido runners	Senior Masculino	03:06:17	+01:45:30	10:21
290	770	Mariana Oliveira	porto sentido runners	Senior Feminino	03:06:17	+01:45:30	10:21
291	744	Susana Vieira	pace.makers	Veterana F40	03:06:29	+01:45:42	10:22
292	806	Emília Galinha	trilho perdido eventos / imporlux	Veterana F50	03:06:35	+01:45:48	10:22
293	578	Luis Miguel Custodio Pereira Neves	caminhososte	Veterano M40	03:06:45	+01:45:58	10:23
294	719	Andreia Ribeiro	o praticante.pt/boavista trail	Veterana F40	03:07:27	+01:46:41	10:25
295	733	Carla Jesus	pace.makers	Senior Feminino	03:11:59	+01:51:12	10:40
296	774	Ricardo Freitas	r&r team	Senior Masculino	03:12:39	+01:51:53	10:42
297	773	Raquel Pereira	r&r team	Senior Feminino	03:12:39	+01:51:53	10:42
298	657	Carla Sofia Lopes	individual	Senior Feminino	03:12:40	+01:51:53	10:42
299	683	Elisabete Santos	individual	Veterana F40	03:12:40	+01:51:53	10:42
300	787	Célia Sobral	tálenos team	Veterana F40	03:16:07	+01:55:20	10:54
301	793	Isabel Nunes	tálenos team	Veterana F50	03:16:07	+01:55:20	10:54
302	791	Maria Fernandes	tálenos team	Veterana F40	03:16:07	+01:55:20	10:54
303	671	João Ricardo Freitas	individual	Senior Masculino	03:19:03	+01:58:16	11:04
304	686	Sandra Isabel Freitas	individual	Veterana F40	03:19:03	+01:58:16	11:04
305	689	Diamantina Bastos	individual	Veterana F60	03:23:54	+02:03:07	11:20
306	520	Maria Cândida Caeiro	alenminho	Veterana F50	03:23:54	+02:03:07	11:20
307	557	Susana Rito	boavista trail	Veterana F40	03:35:01	+02:14:14	11:57
308	688	Justina Almeida Ferreira Ferreira	individual	Veterana F50	03:37:29	+02:16:42	12:05
309	739	Dora Garcia	pace.makers	Veterana F40	03:41:02	+02:20:16	12:17
310	740	Inês Pequeno	pace.makers	Veterana F40	03:41:03	+02:20:16	12:17
311	604	Lurdes Monteiro	ctad - consumo zero	Veterana F50	03:51:04	+02:30:17	12:50



18 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	599	Ana Luísa Ramos	ctad - consumo zero	Veterana F40	03:51:07	+02:30:20	12:50

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	10:00	9.1°C	93%
End	14:02	11.7°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	725	Adriana Dias	Oraklass-Amigos do Trail	Senior Feminino	01:44:56	+24:09	05:50
2	582	Ana Botelho	Cinfães a Correr	Senior Feminino	01:47:27	+26:41	05:58
3	663	Silvia Santos	Individual	Senior Feminino	01:48:56	+28:09	06:03
4	586	Sofia Areias	Coimbra Trail Running	Senior Feminino	01:50:12	+29:25	06:07
5	544	Vera Barbosa	Boavista Trail	Senior Feminino	01:50:24	+29:37	06:08
6	585	Luisa Mesquita	Coimbra Trail Running	Senior Feminino	01:54:55	+34:08	06:23
7	837	Leticia Gonçalves	Individual	Senior Feminino	01:59:18	+38:31	06:38
8	713	Tânia Filipa Barbosa	NAST	Senior Feminino	01:59:23	+38:36	06:38
9	528	Sandra Cunha	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	02:01:53	+41:07	06:46
10	584	Alexandra Soares	Coimbra Trail Running	Senior Feminino	02:02:07	+41:20	06:47
11	809	Elisabete Alves	Trogloditas runners	Senior Feminino	02:02:09	+41:22	06:47
12	609	Susana Gomes	Dá-lhe Gás team	Senior Feminino	02:13:05	+52:18	07:24
13	665	Tânia Machado	Individual	Senior Feminino	02:17:16	+56:30	07:38
14	820	Patrícia Simões	VIKING TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	02:21:02	+01:00:15	07:50
15	661	Joana Alves	Individual	Senior Feminino	02:23:23	+01:02:37	07:58
16	664	Silvia Vieira	Individual	Senior Feminino	02:25:25	+01:04:38	08:05
17	513	Mariana Leirinha	AC Portalegre/UTSM	Senior Feminino	02:26:06	+01:05:19	08:07
18	821	Sandra Agra	VIKING TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	02:26:33	+01:05:46	08:09
19	655	Juliana Correia	Homem da Lenha Runners	Senior Feminino	02:28:33	+01:07:46	08:15
20	819	Inês Santos	VIKING TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Feminino	02:28:33	+01:07:46	08:15
21	659	Filipa Cruz	Individual	Senior Feminino	02:29:27	+01:08:40	08:18
22	658	Claudia Moura	Individual	Senior Feminino	02:29:32	+01:08:45	08:18
23	621	Renata Almeida	DiVE Into the Mountains	Senior Feminino	02:31:24	+01:10:38	08:25
24	706	Monica Domingues	LEBRES MINHOTAS	Senior Feminino	02:32:45	+01:11:58	08:29
25	589	Edite Gonçalves	CORRER LEÇA	Senior Feminino	02:35:25	+01:14:38	08:38
26	805	Patrícia Silva	Tog Associação Running Team	Senior Feminino	02:36:24	+01:15:37	08:41
27	579	Marcela Fernandes	CB RUN	Senior Feminino	02:37:10	+01:16:23	08:44
28	630	Andreia Ferreira	Dr. Runner's Team	Senior Feminino	02:38:24	+01:17:37	08:48
29	654	Cátia Salgado	GTT Armazém do caffè	Senior Feminino	02:38:49	+01:18:03	08:49
30	543	Neuza Caridade	Boavista Trail	Senior Feminino	02:44:35	+01:23:48	09:09
31	766	Beatriz Loureiro	Pernetas	Senior Feminino	02:45:00	+01:24:13	09:10
32	732	Carla Dias	Pace.Makers	Senior Feminino	02:48:26	+01:27:39	09:21
33	708	Albertina Gonçalves	LOUSADA RUNNERS	Senior Feminino	03:01:13	+01:40:27	10:04
34	722	Bruna Silva	Oh Faxabor!	Senior Feminino	03:01:41	+01:40:55	10:06
35	660	Jamille Silva	Individual	Senior Feminino	03:02:09	+01:41:22	10:07
36	826	Susana Pereira	Viriathvs Runners Vielpeças Trail	Senior Feminino	03:03:54	+01:43:07	10:13
37	770	Mariana Oliveira	PORTO SENTIDO RUNNERS	Senior Feminino	03:06:17	+01:45:30	10:21

Official Timekeeper: Lap2Go	1 / 8	generate 08-Apr-2019 10:11
-----------------------------	-------	----------------------------

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

38	733	Carla Jesus	Pace.Makers	Senior Feminino	03:11:59	+01:51:12	10:40
39	773	Raquel Pereira	R&R Team	Senior Feminino	03:12:39	+01:51:53	10:42
40	657	Carla Sofia Lopes	Individual	Senior Feminino	03:12:40	+01:51:53	10:42

Senior Masculino

1	676	Nelson Loureiro	Individual	Senior Masculino	01:20:46		04:29
2	634	Roberto Martinez	EDV-VIANA TRAIL	Senior Masculino	01:21:39	+00:52	04:32
3	626	Tiago Pinto	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:23:05	+02:19	04:37
4	728	Nuno Alves	Oralklass-Amigos do Trail	Senior Masculino	01:24:51	+04:04	04:43
5	519	Andre Machado	ADOSA	Senior Masculino	01:25:43	+04:56	04:46
6	611	Joaquim Duarte	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	01:26:27	+05:40	04:48
7	516	Ruben veloso	Academia desportiva arcos de Valdevez	Senior Masculino	01:27:22	+06:35	04:51
8	711	Fábio Mendes	Montanha Clube Trail Running/Efapel	Senior Masculino	01:27:53	+07:06	04:53
9	549	Marco Barbosa	Boavista Trail	Senior Masculino	01:28:48	+08:01	04:56
10	823	Mauro Martiins	VIKING TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	01:30:18	+09:31	05:01
11	726	António Dias	Oralklass-Amigos do Trail	Senior Masculino	01:30:22	+09:35	05:01
12	727	Gilberto Pimenta	Oralklass-Amigos do Trail	Senior Masculino	01:30:25	+09:38	05:01
13	587	Rui Lacerda	Coimbra Trail Running	Senior Masculino	01:30:40	+09:53	05:02
14	631	Joel Simpício	Dr. Runner's Team	Senior Masculino	01:32:07	+11:20	05:07
15	610	Carlos Prudêncio	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	01:32:34	+11:47	05:09
16	612	José Dias	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	01:32:34	+11:47	05:09
17	568	Adriano Mendes	Brabus Runners	Senior Masculino	01:32:48	+12:01	05:09
18	839	José Jaques	OLÍMPICO VIANENSE TRAIL	Senior Masculino	01:33:34	+12:47	05:12
19	573	Ruben Barbosa	CAAC	Senior Masculino	01:34:32	+13:45	05:15
20	515	Hugo Sequeira	AC Portalegre/UTSM	Senior Masculino	01:35:33	+14:46	05:19
21	623	Bruno Santos	Douroconta - Gabinete de Apoio e Contabilidade	Senior Masculino	01:35:57	+15:11	05:20
22	647	David Gonçalves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	01:36:12	+15:25	05:21
23	730	José Luís Ferreira Carvalho	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	01:36:22	+15:35	05:21
24	536	João Moita	Associação Beat Your Limit!	Senior Masculino	01:36:34	+15:47	05:22
25	552	Ricardo Ferreira	Boavista Trail	Senior Masculino	01:36:44	+15:57	05:22
26	571	Vítor Alves	Brabus Runners	Senior Masculino	01:36:45	+15:58	05:23
27	534	Helder Lopes	ASRM Associação recreativa de S.Miguel	Senior Masculino	01:38:54	+18:07	05:30
28	669	Henrique Loureiro	Individual	Senior Masculino	01:39:06	+18:19	05:30
29	514	Bruno Neves	AC Portalegre/UTSM	Senior Masculino	01:40:39	+19:52	05:36
30	548	Luís Magalhães	Boavista Trail	Senior Masculino	01:40:44	+19:57	05:36
31	554	Vítor Caldeira	Boavista Trail	Senior Masculino	01:41:11	+20:24	05:37
32	673	Licínio Macário	Individual	Senior Masculino	01:42:41	+21:55	05:42
33	553	Ricardo Sousa	Boavista Trail	Senior Masculino	01:42:47	+22:00	05:43
34	613	Vítor Nuno	Dá-lhe Gás Trail Team Fisioduo	Senior Masculino	01:43:17	+22:31	05:44
35	811	Jorge Sousa	Turbo Kings 2.0	Senior Masculino	01:43:29	+22:43	05:45

Official Timekeeper: Lap2Go	2 / 8	generate 08-Apr-2019 10:11
-----------------------------	-------	----------------------------

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

36	670	HUGO SILVA	Individual	Senior Masculino	01:43:31	+22:44	05:45
37	714	Tiago Moreira	NOCTURNOS DE PAREDES	Senior Masculino	01:44:25	+23:39	05:48
38	643	Helder Silva	Equipa A	Senior Masculino	01:48:37	+27:50	06:02
39	827	Paulo Milheiro	Viriathvs Runners Vielpeças Trail	Senior Masculino	01:48:53	+28:06	06:03
40	812	Nuno Granadas	Turres Trail Team	Senior Masculino	01:49:00	+28:13	06:03
41	785	Marco Amador	Sportarc.Running	Senior Masculino	01:50:10	+29:23	06:07
42	784	Rui Bessa	Sob Efeito Trail	Senior Masculino	01:50:28	+29:41	06:08
43	731	Rui Sameiro	Outdoor Clube de Setúbal - Strendure Running Team	Senior Masculino	01:51:05	+30:18	06:10
44	529	Tiago Lopes	Ansibikers	Senior Masculino	01:52:27	+31:40	06:15
45	570	Miguel Silva	Brabus Runners	Senior Masculino	01:52:31	+31:44	06:15
46	522	Pedro Costa	Alexandra Carvalho Team	Senior Masculino	01:52:58	+32:12	06:17
47	506	Roberto Garcês	100 Meta	Senior Masculino	01:53:06	+32:19	06:17
48	518	Álvaro Vale	ADE Trail Running	Senior Masculino	01:53:22	+32:35	06:18
49	591	Ricardo Pimenta	CORRER LEÇA	Senior Masculino	01:54:10	+33:23	06:21
50	550	Pedro Lourenço	Boavista Trail	Senior Masculino	01:54:11	+33:24	06:21
51	778	Nuno Moreira	Retorta - Quinta das Arcas	Senior Masculino	01:54:12	+33:25	06:21
52	674	Michel Silva	Individual	Senior Masculino	01:56:43	+35:56	06:29
53	828	Rui Moura	Viriathvs Runners Vielpeças Trail	Senior Masculino	01:56:58	+36:11	06:30
54	638	Bruno Pereira	Endovelico	Senior Masculino	01:56:58	+36:11	06:30
55	569	Cesário Leite	Brabus Runners	Senior Masculino	01:58:27	+37:40	06:35
56	547	José Barbosa	Boavista Trail	Senior Masculino	01:58:36	+37:49	06:35
57	574	Artur José Gonçalves Ferreira	Cabeceiras Bike Team	Senior Masculino	02:01:39	+40:52	06:46
58	808	Marco Costa	Trofa	Senior Masculino	02:01:59	+41:12	06:47
59	810	Vítor Gonçalves	Trogloditas runners	Senior Masculino	02:02:08	+41:21	06:47
60	807	Jorge Cardoso	Trofa	Senior Masculino	02:02:10	+41:23	06:47
61	545	Bruno Gonçalves	Boavista Trail	Senior Masculino	02:03:03	+42:16	06:50
62	668	Fernando Costa	Individual	Senior Masculino	02:03:04	+42:17	06:50
63	709	Francisco Esteves	Melgaço Alvarinho Trail Team	Senior Masculino	02:04:29	+43:42	06:55
64	649	João Ferreira	Fonte Nova Runners	Senior Masculino	02:04:43	+43:56	06:56
65	801	Luís Ferraz	TEAM CARACOLETAS	Senior Masculino	02:06:16	+45:29	07:01
66	642	Paulo Marques	ENEGE TEAM	Senior Masculino	02:07:43	+46:56	07:06
67	672	José Gonçalves	Individual	Senior Masculino	02:08:02	+47:15	07:07
68	667	David Teixeira	Individual	Senior Masculino	02:08:32	+47:45	07:08
69	530	Joao Faria	As verdadeiras	Senior Masculino	02:09:40	+48:53	07:12
70	531	Miguel Matos	As verdadeiras	Senior Masculino	02:09:42	+48:55	07:12
71	832	Wanderson Oliveira	Ycone Pvl	Senior Masculino	02:09:58	+49:11	07:13
72	639	Pedro Serra	Endovelico	Senior Masculino	02:10:46	+49:59	07:16
73	783	Pedro Oliveira	Sob Efeito Trail	Senior Masculino	02:10:48	+50:01	07:16
74	641	Diogo Pereira	ENEGE TEAM	Senior Masculino	02:10:55	+50:08	07:16
75	734	Nelson Faria	Pace.Makers	Senior Masculino	02:11:49	+51:02	07:19
76	735	Oswaldo Cipriano	Pace.Makers	Senior Masculino	02:11:49	+51:02	07:19
77	802	Tiago Dias	TEAM LANTEMIL	Senior Masculino	02:11:59	+51:12	07:20
78	677	Nuno Louro	Individual	Senior Masculino	02:12:40	+51:53	07:22
79	577	TELMO EDGAR OLIVEIRA	Cabeceiras Bike Team	Senior Masculino	02:14:01	+53:14	07:27
80	775	André Cruz	R10K	Senior Masculino	02:17:47	+57:00	07:39
81	575	NUNO GONÇALVES	Cabeceiras Bike Team	Senior Masculino	02:18:39	+57:52	07:42

Official Timekeeper: Lap2Go	3 / 8	generate 08-Apr-2019 10:11
-----------------------------	-------	----------------------------

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

82	576	PEDRO TEIXEIRA	Cabeceiras Bike Team	Senior Masculino	02:18:39	+57:53	07:42
83	592	Rui Santos	CORRER LEÇA	Senior Masculino	02:19:40	+58:53	07:46
84	666	Carlos Gonçalves	Individual	Senior Masculino	02:22:09	+01:01:22	07:54
85	765	CARLOS FORTE	PALMEIRA-BRAGA	Senior Masculino	02:26:00	+01:05:13	08:07
86	822	Daniel Marcos	VIKING TRAIL RUNNERS / CCR ALCABIDEQUE	Senior Masculino	02:26:33	+01:05:46	08:09
87	501	Ricardo Batista	100 Espaço Trail Team	Senior Masculino	02:26:45	+01:05:58	08:09
88	590	João Pedro Rocha	CORRER LEÇA	Senior Masculino	02:27:30	+01:06:43	08:12
89	825	Vitor rodrigues	Vila Nova De Famalicão	Senior Masculino	02:31:37	+01:10:50	08:25
90	675	Miguel Carvalho	Individual	Senior Masculino	02:31:37	+01:10:51	08:25
91	767	Miguel Barros	Pernetas	Senior Masculino	02:45:00	+01:24:13	09:10
92	551	Pedro Rodrigues	Boavista Trail	Senior Masculino	02:50:07	+01:29:20	09:27
93	532	Pedro Bonito	As verdadeiras	Senior Masculino	02:53:01	+01:32:14	09:37
94	662	João Lobato	Individual	Senior Masculino	02:58:16	+01:37:29	09:54
95	817	João Rocha	Veteranos Porto	Senior Masculino	03:00:15	+01:39:28	10:01
96	724	Vitor Marçal	Oh Faxabor!	Senior Masculino	03:01:40	+01:40:53	10:06
97	771	Pedro Ferreira	PORTO SENTIDO RUNNERS	Senior Masculino	03:06:17	+01:45:30	10:21
98	774	Ricardo Freitas	R&R Team	Senior Masculino	03:12:39	+01:51:53	10:42
99	671	João Ricardo Freitas	Individual	Senior Masculino	03:19:03	+01:58:16	11:04

Sub 23 Masculino

1	757	Rui Sousa	Palmeira Runners	Sub 23 Masculino	01:43:36	+22:49	05:45
2	525	GONÇALO FREITAS	AMC TRAIL	Sub 23 Masculino	01:50:07	+29:20	06:07
3	679	João Santos	Individual	Sub 23 Masculino	02:00:51	+40:05	06:43
4	780	Andre Daniel Moreira	Royal Wellness Center	Sub 23 Masculino	02:04:54	+44:07	06:56

Veterana F40

1	555	Marta Silva	Boavista Trail	Veterana F40	01:55:18	+34:32	06:24
2	556	Sílvia Teixeira	Boavista Trail	Veterana F40	02:04:01	+43:14	06:53
3	601	Marieta Branco	CTAD - Consumo Zero	Veterana F40	02:10:52	+50:05	07:16
4	681	Celia Sousa	Individual	Veterana F40	02:12:49	+52:02	07:23
5	745	Vanda Fernandes	Pace.Makers	Veterana F40	02:15:39	+54:53	07:32
6	743	Sónia Marçal	Pace.Makers	Veterana F40	02:17:07	+56:21	07:37
7	566	Ana Luísa Oliveira	Bora lá correr	Veterana F40	02:17:58	+57:11	07:40
8	788	Dora Reis	Tálenos Team	Veterana F40	02:22:12	+01:01:25	07:54
9	593	Carla Ferreira	CORRER LEÇA	Veterana F40	02:25:23	+01:04:37	08:05
10	617	Elisia Ggonçalves	Desnível Positivo	Veterana F40	02:28:06	+01:07:19	08:14
11	772	Sónia Garcês	PoweRunners	Veterana F40	02:37:06	+01:16:19	08:44
12	838	sandra Ferreira	ArcoRun	Veterana F40	02:37:26	+01:16:39	08:45
13	741	Mafalda Santos	Pace.Makers	Veterana F40	02:38:06	+01:17:19	08:47
14	782	Claudia Sardinha	S S Montepio	Veterana F40	02:38:48	+01:18:01	08:49
15	680	Aida Linhares	Individual	Veterana F40	02:38:48	+01:18:01	08:49
16	707	Isabel Domingues	LEBRES MINHOTAS	Veterana F40	02:45:06	+01:24:19	09:10
17	738	Cláudia Simão	Pace.Makers	Veterana F40	02:45:29	+01:24:43	09:12

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

18	786	Irene Martins	Sportarc.Running	Veterana F40	02:47:42	+01:26:55	09:19
19	685	Paula Cristina Pinho	Individual	Veterana F40	02:47:42	+01:26:56	09:19
20	759	Ema Guerra	Palmeira Runners	Veterana F40	02:48:07	+01:27:21	09:20
21	789	Elisabete Azougado	Tálenos Team	Veterana F40	02:50:47	+01:30:00	09:29
22	736	Anabela Santos	Pace.Makers	Veterana F40	02:51:51	+01:31:04	09:33
23	790	Elisabete Lourenço	Tálenos Team	Veterana F40	02:52:06	+01:31:19	09:34
24	742	Paula S. Santos	Pace.Makers	Veterana F40	02:55:31	+01:34:44	09:45
25	682	Diana Cancela	Individual	Veterana F40	02:58:17	+01:37:30	09:54
26	684	Isabel Agostinho	Individual	Veterana F40	03:01:13	+01:40:27	10:04
27	737	Catarina Marcelino	Pace.Makers	Veterana F40	03:01:44	+01:40:58	10:06
28	758	Carmo Ferreira	Palmeira Runners	Veterana F40	03:01:57	+01:41:10	10:07
29	744	Susana Vieira	Pace.Makers	Veterana F40	03:06:29	+01:45:42	10:22
30	719	Andreia Ribeiro	O Praticante.pt/Boavista Trail	Veterana F40	03:07:27	+01:46:41	10:25
31	683	Elisabete Santos	Individual	Veterana F40	03:12:40	+01:51:53	10:42
32	787	Célia Sobral	Tálenos Team	Veterana F40	03:16:07	+01:55:20	10:54
33	791	Maria Fernandes	Tálenos Team	Veterana F40	03:16:07	+01:55:20	10:54
34	686	Sandra Isabel Freitas	Individual	Veterana F40	03:19:03	+01:58:16	11:04
35	557	Susana Rito	Boavista Trail	Veterana F40	03:35:01	+02:14:14	11:57
36	739	Dora Garcia	Pace.Makers	Veterana F40	03:41:02	+02:20:16	12:17
37	740	Inês Pequeno	Pace.Makers	Veterana F40	03:41:03	+02:20:16	12:17
38	599	Ana Luísa Ramos	CTAD - Consumo Zero	Veterana F40	03:51:07	+02:30:20	12:50

Veterana F50

1	527	AMELIA MOREIRA	Amigos da Montanha	Veterana F50	02:25:56	+01:05:10	08:06
2	792	Cremilde Raposo	Tálenos Team	Veterana F50	02:44:35	+01:23:49	09:09
3	754	Maria J. Jesus	Pace.Makers	Veterana F50	02:45:29	+01:24:42	09:12
4	806	Emilia Galinha	Trilho Perdido Eventos / Importlux	Veterana F50	03:06:35	+01:45:48	10:22
5	793	Isabel Nunes	Tálenos Team	Veterana F50	03:16:07	+01:55:20	10:54
6	520	Maria Cândida Caeiro	AlenMinho	Veterana F50	03:23:54	+02:03:07	11:20
7	688	Justina Almeida Ferreira Ferreira	Individual	Veterana F50	03:37:29	+02:16:42	12:05
8	604	Lurdes Monteiro	CTAD - Consumo Zero	Veterana F50	03:51:04	+02:30:17	12:50

Veterana F60

1	618	Fernanda Esteves	Desnível Positivo	Veterana F60	02:34:34	+01:13:47	08:35
2	704	Joaquina Martins	Invicta Runners Team	Veterana F60	02:58:17	+01:37:30	09:54
3	689	Diamantina Bastos	Individual	Veterana F60	03:23:54	+02:03:07	11:20

Veterano M40

1	614	Abilio Almeida	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	01:30:48	+10:01	05:03
2	833	carlos vizela	Individual	Veterano M40	01:34:41	+13:54	05:16
3	510	Jose Teixeira	A.D.Amarante	Veterano M40	01:36:34	+15:47	05:22
4	636	Paulo Alexandre Fonseca	EDV-VIANA TRAIL	Veterano M40	01:38:29	+17:42	05:28

Official Timekeeper: Lap2Go	5 / 8	generate 08-Apr-2019 10:11
-----------------------------	-------	----------------------------

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

5	699	Sergio Lourenço	Individual	Veterano M40	01:39:11	+18:25	05:31
6	693	José Manuel Rodrigues Costa José Costa	Palmeira Runners	Veterano M40	01:41:01	+20:14	05:37
7	813	Pedro Granadas	Turres Trail Team	Veterano M40	01:42:01	+21:14	05:40
8	562	Pedro Jorge Ferreira Dias	Boavista Trail	Veterano M40	01:43:08	+22:21	05:44
9	718	Nuno Salgado	NOCTURNOS DE PAREDES	Veterano M40	01:43:48	+23:02	05:46
10	760	Domingos Peixoto	Palmeira Runners	Veterano M40	01:44:13	+23:26	05:47
11	635	José Carlos Alcobia	EDV-VIANA TRAIL	Veterano M40	01:45:01	+24:14	05:50
12	716	CARMINDO GOMES	NOCTURNOS DE PAREDES	Veterano M40	01:45:05	+24:19	05:50
13	615	Paulo Silva	Dá-lhe Gás Trail Team Fisioduo	Veterano M40	01:45:38	+24:51	05:52
14	779	Victor Rodrigues	RIBEITRAIL	Veterano M40	01:46:38	+25:52	05:55
15	752	Sérgio Oliveira	Pace.Makers	Veterano M40	01:46:49	+26:02	05:56
16	561	Nuno Teixeira	Boavista Trail	Veterano M40	01:47:00	+26:13	05:57
17	540	Pedro Gomes	BlackBulls - Equipa de Condeixa	Veterano M40	01:48:28	+27:41	06:02
18	697	Paulo Costa	Individual	Veterano M40	01:48:34	+27:48	06:02
19	619	Filipe Alves	Desnível Positivo	Veterano M40	01:48:45	+27:58	06:03
20	517	António Serra Jorge	ACDRS QUINHENDROS	Veterano M40	01:48:54	+28:07	06:03
21	717	José Correia	NOCTURNOS DE PAREDES	Veterano M40	01:49:30	+28:44	06:05
22	580	Diogo Barros	CB RUN	Veterano M40	01:49:31	+28:44	06:05
23	721	Marco Lopes	Ocr norte/donro donro	Veterano M40	01:49:34	+28:47	06:05
24	606	Jorge rodrigues	CTAD - Consumo Zero	Veterano M40	01:50:52	+30:05	06:10
25	829	Jorge Correia	Viriathvs Runners Vielpeças Trail	Veterano M40	01:51:00	+30:13	06:10
26	747	José Lourenço	Pace.Makers	Veterano M40	01:51:01	+30:14	06:10
27	769	Paulo Oliveira	Pés de Chumbo Runners	Veterano M40	01:51:06	+30:19	06:10
28	539	Nuno Ferreira	BlackBulls - Equipa de Condeixa	Veterano M40	01:52:37	+31:51	06:15
29	691	Artur Fernandes	Individual	Veterano M40	01:52:54	+32:07	06:16
30	715	ANTONIO TEIXEIRA	NOCTURNOS DE PAREDES	Veterano M40	01:54:21	+33:34	06:21
31	720	Rodolfo Silva	O Praticante.pt/Boavista Trail	Veterano M40	01:55:50	+35:03	06:26
32	537	Pedro Conde	Associação Beat Your Limit!	Veterano M40	01:56:34	+35:47	06:29
33	535	Ivo Morais	Associação Beat Your Limit!	Veterano M40	01:56:34	+35:47	06:29
34	746	César Gomes	Pace.Makers	Veterano M40	01:58:20	+37:33	06:34
35	768	Arsénio Batata	Pés de Chumbo Runners	Veterano M40	01:58:51	+38:04	06:36
36	836	César Machado	Individual	Veterano M40	01:59:19	+38:32	06:38
37	814	Bruno Silva	Vaiatéondeosteuspéstelevar	Veterano M40	01:59:23	+38:36	06:38
38	559	Filipe Augusto Ferreira Alves Abreu	Boavista Trail	Veterano M40	02:01:29	+40:42	06:45
39	749	Mário Cunha	Pace.Makers	Veterano M40	02:01:59	+41:12	06:47
40	644	Alexandre Pereira	Equipa A	Veterano M40	02:03:12	+42:25	06:51
41	622	Paulo Ribeiro	DiVE Into the Mountains	Veterano M40	02:03:38	+42:51	06:52
42	751	Rui Marçal	Pace.Makers	Veterano M40	02:03:58	+43:11	06:53
43	830	Victor Figueiredo	Viriathvs Runners Vielpeças Trail	Veterano M40	02:06:25	+45:38	07:01
44	523	Vítor Martins	Alexandra Carvalho Team	Veterano M40	02:06:33	+45:47	07:02
45	564	Tiago Moreira	Boavista Trail	Veterano M40	02:06:41	+45:54	07:02
46	761	José Ferreira	Palmeira Runners	Veterano M40	02:07:52	+47:05	07:06
47	563	Rui Teixeira	Boavista Trail	Veterano M40	02:09:53	+49:06	07:13
48	698	Pedro Santos	Individual	Veterano M40	02:09:53	+49:06	07:13
49	640	Jon Ponce	Endovelico	Veterano M40	02:10:46	+49:59	07:16
50	712	João Luis Esteves	Município de Amares	Veterano M40	02:10:48	+50:01	07:16

Official Timekeeper: Lap2Go	6 / 8	generate 08-Apr-2019 10:11
-----------------------------	-------	----------------------------

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

51	750	Pedro Gouveia	Pace.Makers	Veterano M40	02:11:49	+51:02	07:19
52	651	Paulo Lara	Gondomar	Veterano M40	02:11:53	+51:07	07:20
53	692	Joao Azevedo	Individual	Veterano M40	02:12:51	+52:05	07:23
54	541	Rui Santos	BlackBulls - Equipa de Condeixa	Veterano M40	02:13:05	+52:19	07:24
55	762	Jose Peixoto	Palmeira Runners	Veterano M40	02:13:12	+52:25	07:24
56	653	Joel Jacinto	GRVilaverdense	Veterano M40	02:15:29	+54:43	07:32
57	583	Luis Gonçalves	Clube Amador de Mirandela (CAMIR)	Veterano M40	02:15:50	+55:04	07:33
58	695	Luís Filipe P. Rodrigues	Individual	Veterano M40	02:16:24	+55:37	07:35
59	650	Paulo Vilarinho	Gaia Running	Veterano M40	02:17:12	+56:25	07:37
60	796	Nuno Lucas	Tálenos Team	Veterano M40	02:17:17	+56:30	07:38
61	777	Rui Carvalho	R10K	Veterano M40	02:17:47	+57:00	07:39
62	776	Pedro Carvalho	R10K	Veterano M40	02:17:47	+57:00	07:39
63	567	Humberto Carvalho	Bora lá correr	Veterano M40	02:17:58	+57:11	07:40
64	781	Pedro Silva	Runners do Demo	Veterano M40	02:18:50	+58:03	07:43
65	646	Bruno Camara	Equipa A	Veterano M40	02:18:51	+58:04	07:43
66	645	António Vasconcelos	Equipa A	Veterano M40	02:18:51	+58:04	07:43
67	803	Luis Gomes	TEAM LANTEMIL	Veterano M40	02:19:48	+59:01	07:46
68	794	Bruno Monteiro	Tálenos Team	Veterano M40	02:20:35	+59:48	07:49
69	538	Sandro Silva	ATR - Algarve Trail Running	Veterano M40	02:21:42	+01:00:55	07:52
70	696	Manuel Matos	Individual	Veterano M40	02:25:32	+01:04:45	08:05
71	581	Ernesto De Freitas	CB RUN	Veterano M40	02:26:28	+01:05:42	08:08
72	502	António Ferreira	100 Espaço Trail Team	Veterano M40	02:26:45	+01:05:58	08:09
73	694	Lourenço d'Orey	Individual	Veterano M40	02:28:18	+01:07:31	08:14
74	656	Pedro Bogas	Homem da Lenha Runners	Veterano M40	02:28:33	+01:07:46	08:15
75	700	Vitor Manuel Fonseca	Individual	Veterano M40	02:32:51	+01:12:05	08:30
76	512	Paulo Gonçalves	Abutres	Veterano M40	02:35:57	+01:15:10	08:40
77	690	Alexandre Monteiro	Individual	Veterano M40	02:37:08	+01:16:21	08:44
78	594	Valter Silva	CORRER LEÇA	Veterano M40	02:37:11	+01:16:24	08:44
79	533	Francisco Van Zeller	As verdadeiras	Veterano M40	02:53:01	+01:32:14	09:37
80	578	Luis Miguel Custodio Pereira Neves	caminhosoeste	Veterano M40	03:06:45	+01:45:58	10:23

Veterano M50

1	588	Vasco Morais de Sousa	Coimbra Trail Running	Veterano M50	01:36:21	+15:34	05:21
2	607	José Carlos Dias	CTAD - Consumo Zero	Veterano M50	01:39:11	+18:24	05:31
3	628	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	01:41:11	+20:24	05:37
4	753	David Jesus	Pace.Makers	Veterano M50	01:42:28	+21:41	05:42
5	710	Joaquim Ferreira	Melres Trail Running ordem para arrear	Veterano M50	01:45:35	+24:48	05:52
6	620	Antonino Gonçalves	Desnível Positivo	Veterano M50	01:49:29	+28:42	06:05
7	608	Pedro Ribeiro	CTAD - Consumo Zero	Veterano M50	01:50:59	+30:12	06:10
8	798	Luís Batista	Tálenos Team	Veterano M50	01:51:51	+31:04	06:13
9	616	José Dias	Dá-lhe Gás Trail Team Fisioduo	Veterano M50	01:51:55	+31:08	06:13
10	831	Rui Rodrigues	Viriathvs Runners Vielpeças Trail	Veterano M50	01:53:48	+33:01	06:19
11	816	Manu cruz	Vaiatéondeosteuspéstelevar	Veterano M50	01:56:14	+35:27	06:27

Official Timekeeper: Lap2Go	7 / 8	generate 08-Apr-2019 10:11
-----------------------------	-------	----------------------------

Trail 18KM

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

12	702	Rui Pereira	Individual	Veterano M50	01:58:21	+37:34	06:35
13	565	PAULO FERREIRA	Boavista Trail	Veterano M50	01:59:07	+38:20	06:37
14	596	Orlando Costa	CORRER LEÇA	Veterano M50	02:00:44	+39:57	06:42
15	701	Jose Pinto	Individual	Veterano M50	02:00:48	+40:01	06:43
16	521	Joaquim Caeiro	AlenMinho	Veterano M50	02:02:45	+41:59	06:49
17	797	Fernando Nascimento	Tálenos Team	Veterano M50	02:03:08	+42:21	06:50
18	637	Paulo Vilaverde	EDV-VIANA TRAIL	Veterano M50	02:04:54	+44:07	06:56
19	526	Leandro Freitas	AMC TRAIL	Veterano M50	02:04:59	+44:12	06:57
20	504	José Sousa	100 Espaço Trail Team	Veterano M50	02:05:49	+45:02	06:59
21	815	José Fernandes	Vaiatéondeosteuspéstelevar	Veterano M50	02:09:52	+49:06	07:13
22	627	António Azevedo	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	02:11:41	+50:54	07:19
23	542	José Francisco Roque Leitão	BlackBulls - Equipa de Condeixa	Veterano M50	02:13:05	+52:19	07:24
24	705	Valdemar Almeida	Invicta Runners Team	Veterano M50	02:17:33	+56:47	07:39
25	503	José Fonseca	100 Espaço Trail Team	Veterano M50	02:20:36	+59:49	07:49
26	763	Fernando Pimentel	Palmeira Runners	Veterano M50	02:21:40	+01:00:54	07:52
27	572	Vitor Cunha	Brabus Runners	Veterano M50	02:26:43	+01:05:56	08:09
28	595	João Rocha	CORRER LEÇA	Veterano M50	02:27:30	+01:06:44	08:12
29	648	Rui Sà	FIT GAIA TRAIL	Veterano M50	02:32:32	+01:11:46	08:29
30	835	Lino Sousa	Individual	Veterano M50	02:35:58	+01:15:11	08:40
31	755	Zé Paulo	Pace.Makers	Veterano M50	02:41:19	+01:20:32	08:58
32	799	Paulo Nunes	Tálenos Team	Veterano M50	02:51:20	+01:30:33	09:31

Veterano M60

1	800	Jose Raposo	Tálenos Team	Veterano M60	02:01:48	+41:01	06:46
2	703	Jorge Vieira Lobo	Individual	Veterano M60	02:03:24	+42:38	06:51
3	729	Lino Moreira	Os TurboMula	Veterano M60	02:03:45	+42:58	06:53
4	629	Carlos Bento	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M60	02:05:55	+45:08	07:00
5	597	Manuel Rodrigues	CORRER LEÇA	Veterano M60	02:09:54	+49:07	07:13
6	756	António Pereira	Pace.Makers	Veterano M60	02:20:57	+01:00:10	07:50
7	834	Joaquim sampaio	Individual	Veterano M60	02:32:41	+01:11:55	08:29
8	818	Paulo de Castro Rocha	Veteranos Porto	Veterano M60	03:00:15	+01:39:28	10:01

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 07-Apr-2019 17:29
-----------------------------	-------	----------------------------