

44KM - STAGE 1

44 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	16.6°C	100%
End	18:44	16.6°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1046	Nelson Santos	dão nelas runners	Veterano M40	04:28:14		06:06
2	1110	Nuno nunes	individual	Veterano M30	04:43:36	+15:22	06:27
3	1184	António Amorim	sc espinho - atletismo / antónio leitão	Veterano M40	04:55:18	+27:04	06:43
4	1173	Luís Pedro Martins	oralklass - amigos do trail	Veterano M40	04:56:00	+27:45	06:44
5	1121	Carlos Ferreira	btt alegria // tubani	Veterano M40	04:58:33	+30:19	06:47
6	1147	Tiago	individual	Veterano M40	05:01:57	+33:42	06:52
7	1005	Carlos Vieira	adsebolido trail boneca douro	Veterano M30	05:05:51	+37:37	06:57
8	1135	Lino Pinto	btt alegria // tubani	Veterano M40	05:07:27	+39:13	06:59
9	1151	Humberto Vara	individual	Veterano M50	05:13:27	+45:13	07:07
10	1128	Frank Fritsche	individual	Veterano M40	05:16:06	+47:51	07:11
11	1076	Pedro Nunes	individual	Senior Masculino	05:18:27	+50:12	07:14
12	1078	Tiago Manuel Ferreira	individual	Senior Masculino	05:26:43	+58:28	07:26
13	1053	Pedro Costa	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	05:31:36	+01:03:22	07:32
14	1035	Joaquim Silva	capital douro	Veterano M40	05:35:11	+01:06:56	07:37
15	1163	Tiago Soares	moinhos run-adrm	Veterano M30	05:35:58	+01:07:44	07:38
16	1170	Fernando Carvalho	nós acreditamos	Veterano M40	05:40:10	+01:11:55	07:44
17	1115	Sérgio Filipe Carvalho Almeida	individual	Veterano M30	05:40:59	+01:12:44	07:45
18	1101	João Oliveira	individual	Veterano M30	05:41:59	+01:13:45	07:46
19	1077	Pedro Silva	individual	Senior Masculino	05:42:14	+01:14:00	07:47
20	1130	Hilário Louro	individual	Veterano M40	05:43:44	+01:15:30	07:49
21	1043	Cláudio Roças	dão nelas runners	Senior Masculino	05:43:53	+01:15:38	07:49
22	1157	Jorge Domingues	lebres minhotas	Veterano M40	05:45:35	+01:17:21	07:51
23	1137	Miguel de Oliveira	individual	Veterano M40	05:49:42	+01:21:27	07:57
24	1029	João Ferreira	brabus runners	Veterano M30	05:51:29	+01:23:15	07:59
25	1031	Marco André Sousa Pinto	brabus runners	Veterano M30	05:51:50	+01:23:36	08:00
26	1191	Nuno Moreira	team tt	Veterano M30	05:52:16	+01:24:01	08:00
27	1028	Fernando Jorge da Costa Pereira	brabus runners	Veterano M30	05:56:12	+01:27:58	08:06
28	1040	José Duarte	coronado runners	Veterano M40	06:00:14	+01:31:59	08:11
29	1027	Bruno Cunha	brabus runners	Veterano M30	06:02:17	+01:34:02	08:14
30	1074	Miguel Ângelo Oliveira Soares	guimarunning	Veterano M40	06:04:32	+01:36:18	08:17
31	1196	Jairo Hernández Pérez	ultra trail de gredos	Veterano M30	06:07:20	+01:39:06	08:21
32	1038	Henrique Faria	clube spiridon de gaia	Veterano M50	06:10:01	+01:41:46	08:25
33	1018	Nuno lombaa	apúlia a correr	Veterano M30	06:10:06	+01:41:51	08:25
34	1164	António Pinto	monte dos amigos	Veterano M30	06:13:21	+01:45:06	08:29
35	1060	Daniel Terra	factor x / s4l / medense fc	Veterano M30	06:13:54	+01:45:39	08:30
36	1033	Filipe Pinto	btt alegria // tubani	Veterano M30	06:16:00	+01:47:45	08:33
37	1017	Jorge Manuel Barbosa Moreira	amigos do pedal trailagares	Veterano M50	06:17:38	+01:49:24	08:35
38	1098	João Filipe dos Reis Alves	individual	Veterano M30	06:19:43	+01:51:29	08:38
39	1036	António Morgado	chitas de alcobaça	Veterano M50	06:20:24	+01:52:10	08:39
40	1071	Ângela Eduarda Gomes da Costa	guimarunning	Veterana F40	06:21:57	+01:53:43	08:41

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1093	Filipe Braga	individual	Veterano M30	06:22:01	+01:53:47	08:41
42	1199	João Ricardo	vimarunners	Veterano M30	06:23:04	+01:54:50	08:42
43	1145	Rúben Miguel Mendes Alves	individual	Veterano M40	06:28:31	+02:00:16	08:50
44	1003	Fábio Silva	acbatalha	Veterano M30	06:29:01	+02:00:47	08:50
45	1180	Artur Gil	pés de chumbo runners	Veterano M40	06:29:32	+02:01:17	08:51
46	1023	Bruno Ricardo Gomes de Pinho	boavista trail	Veterano M30	06:30:18	+02:02:03	08:52
47	1105	JOSE MANUEL RODRIGUEZ GONZALEZ	individual	Veterano M30	06:31:17	+02:03:03	08:54
48	1049	Gonçalo Manuel Reis Carregueiro	dolcefuradouro	Veterano M30	06:33:30	+02:05:16	08:57
49	1155	Ricardo Pimenta	ker sport trail running	Veterano M40	06:35:06	+02:06:51	08:59
50	1026	Vítor Manuel Dias Alves	brabus runners	Senior Masculino	06:35:59	+02:07:44	09:00
51	1039	Simão Castro	coimbra trail running	Veterano M30	06:37:56	+02:09:41	09:03
52	1020	Bruno Dias	a-team	Veterano M30	06:38:50	+02:10:35	09:04
53	1153	Pedro Ribeiro	individual	Veterano M50	06:38:54	+02:10:39	09:04
54	1059	EDUARDO PINTO	espinho trail	Veterano M40	06:40:50	+02:12:35	09:07
55	1058	FILIPE COUTO	espinho trail	Veterano M30	06:40:51	+02:12:36	09:07
56	1133	José Organista	individual	Veterano M40	06:41:07	+02:12:52	09:07
57	1021	Rafael Almeida	a-team	Veterano M30	06:42:51	+02:14:37	09:09
58	1112	pedro mendes	individual	Veterano M30	06:43:21	+02:15:07	09:10
59	1045	Henrique Manuel Dinis Fernandes	dão nelas runners	Veterano M40	06:44:35	+02:16:20	09:12
60	1041	Adriana Sousa	cr candoso	Veterana F30	06:44:40	+02:16:25	09:12
61	1063	João Oliveira	gansos	Senior Masculino	06:45:25	+02:17:10	09:13
62	1034	Luis Mesquita	bustos runners	Veterano M40	06:46:35	+02:18:21	09:14
63	1120	Carlos Duarte	individual	Veterano M40	06:48:56	+02:20:42	09:18
64	1166	José Valente	nac trail	Veterano M30	06:53:48	+02:25:34	09:24
65	1175	José Lemos	os tolinhos	Veterano M50	06:54:39	+02:26:24	09:25
66	1103	João santos	individual	Veterano M30	06:54:39	+02:26:24	09:25
67	1113	Renato Silva	individual	Veterano M30	07:00:22	+02:32:08	09:33
68	1194	José Neves	trailistas"eu é que sei!"	Veterano M40	07:01:03	+02:32:49	09:34
69	1165	Manuel Paulo Couto Cardoso	motobikerebelos	Veterano M40	07:04:44	+02:36:29	09:39
70	1097	Helder Parracho	individual	Veterano M30	07:06:05	+02:37:50	09:41
71	1192	João André Oliveira	toneca&cookie	Veterano M30	07:07:04	+02:38:49	09:42
72	1044	Paulo Mendes	dão nelas runners	Veterano M30	07:07:37	+02:39:23	09:43
73	1056	ANA MIRANDA	edl trail	Veterana F40	07:09:40	+02:41:25	09:46
74	1042	Tomás Pereira	cr candoso	Veterano M50	07:09:47	+02:41:33	09:46
75	1148	VITOR CANCELA	individual	Veterano M40	07:09:57	+02:41:43	09:46
76	1123	César Sousa	sc espinho - atletismo / antónio leitão	Veterano M40	07:10:13	+02:41:58	09:47
77	1181	José Alberto Ribeiro	pés de chumbo runners	Veterano M40	07:14:26	+02:46:12	09:52
78	1096	Helder	individual	Veterano M30	07:17:40	+02:49:25	09:57
79	1092	Daniel Carvalho	individual	Veterano M30	07:17:40	+02:49:26	09:57
80	1139	Nuno	individual	Veterano M40	07:17:49	+02:49:34	09:57
81	1104	Jose Diogo Resende	individual	Veterano M30	07:18:07	+02:49:53	09:57
82	1009	Marco Machado	afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
83	1010	Nelson Nunes	afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	1008	Emanuel Martins	afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
85	1007	Domingos Gonçalves	afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
86	1011	Ricardo Fernandes	afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
87	1016	David Ferreira	amigos do empeno trail running	Veterano M30	07:20:38	+02:52:24	10:01
88	1204	Humberto Pinho	porto sentido runners	Veterano M60	07:20:41	+02:52:26	10:01
89	1143	Pedro Quadrio	individual	Veterano M40	07:21:16	+02:53:02	10:02
90	1037	David Camelo	cinfaes a correr	Veterano M30	07:21:36	+02:53:22	10:02
91	1070	Albino Campos	gtt - armazém do caffè	Veterano M50	07:24:23	+02:56:09	10:06
92	1091	António Cruz	individual	Veterano M30	07:24:56	+02:56:41	10:07
93	1051	Renato Veiga	dolcefuradouro	Veterano M40	07:28:50	+03:00:35	10:12
94	1171	Jorge Atalaia	o mundo da corrida	Veterano M30	07:31:17	+03:03:02	10:15
95	1066	Artur Bonfim	gtt - armazém do caffè	Veterano M40	07:32:49	+03:04:35	10:17
96	1069	Manu pinto	gtt - armazém do caffè	Veterano M40	07:32:49	+03:04:35	10:17
97	1013	Rui Pinho	akuafit	Veterano M40	07:32:58	+03:04:44	10:18
98	1012	Carlos Rodrigues	akuafit	Veterano M40	07:32:58	+03:04:44	10:18
99	1047	Maria Sá	dive into the mountains	Veterana F50	07:33:28	+03:05:14	10:18
100	1119	Bruno Guerra	individual	Veterano M40	07:33:28	+03:05:14	10:18
101	1117	Antonio Fonseca	individual	Veterano M40	07:36:29	+03:08:14	10:22
102	1125	Duarte Sousa	individual	Veterano M40	07:42:01	+03:13:46	10:30
103	1079	Tony Lopes	individual	Senior Masculino	07:43:23	+03:15:09	10:32
104	1050	Nelson Dias	dolcefuradouro	Veterano M30	07:46:37	+03:18:22	10:36
105	1174	Samuel Nunes	os tolinhos	Veterano M40	07:47:57	+03:19:42	10:38
106	1082	Paula Almeida	individual	Veterana F30	07:49:07	+03:20:52	10:40
107	1015	Patrícia Carvalho	amigos do empeno trail running	Veterana F30	07:52:35	+03:24:20	10:44
108	1014	Pedro Rafael Pinheiro Fernandes	amigos do empeno trail running	Senior Masculino	07:52:35	+03:24:20	10:44
109	1182	Rogério Oliveira	pés de chumbo runners	Veterano M40	07:55:10	+03:26:56	10:48
110	1138	Miguel Lopes	individual	Veterano M40	07:55:11	+03:26:56	10:48
111	1116	André Nuno Gandarão Dias	individual	Veterano M40	07:55:15	+03:27:01	10:48
112	1024	Tiago Moreira	boavista trail	Veterano M40	07:59:53	+03:31:39	10:54
113	1158	Ivan rocha	limitless	Veterano M30	08:00:07	+03:31:52	10:55
114	1154	Rui Monteiro	individual	Veterano M50	08:00:07	+03:31:53	10:55
115	1111	Paulo Sérgio Lopes Fernandes	individual	Veterano M30	08:01:10	+03:32:55	10:56
116	1197	Sergio Felipe González Rodríguez	ultra trail de gredos	Veterano M40	08:02:22	+03:34:07	10:58
117	1118	Antonio Santos	individual	Veterano M40	08:04:07	+03:35:53	11:00
118	1172	Luis Calheiros	o mundo da corrida	Veterano M40	08:06:24	+03:38:09	11:03
119	1136	manuel Candeias	individual	Veterano M40	08:08:40	+03:40:25	11:06
120	1067	Dimitri Matos	gtt - armazém do caffè	Veterano M40	08:15:08	+03:46:53	11:15
121	1150	Antero Cunha	individual	Veterano M50	08:16:30	+03:48:16	11:17
122	1025	Diva Jardim	bordal - bordadod da madeira	Veterana F50	08:18:44	+03:50:30	11:20
123	1022	Nuno Pimpão	barrancos f.c/biogado	Veterano M30	08:20:47	+03:52:32	11:23
124	1084	Ana Martins	individual	Veterana F40	08:20:47	+03:52:33	11:23
125	1159	Antonio folgado	liz runners	Veterano M50	08:25:38	+03:57:24	11:30
126	1048	João Paulo	dive into the mountains	Veterano M40	08:28:21	+04:00:07	11:33
127	1089	Cristina Saraiva	individual	Veterana F50	08:30:21	+04:02:07	11:36
128	1179	Arsénio Santos	pascoalitos ad barcouço	Veterano M50	08:30:28	+04:02:13	11:36

44KM - STAGE 1

44 KM

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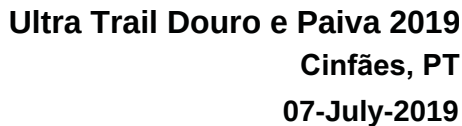
OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
129	1178	David Jesus	pascoalitos ad barcouço	Veterano M30	08:30:28	+04:02:13	11:36
130	1202	Jose Antonio Perez Fernandez	individual	Veterano M60	08:32:59	+04:04:44	11:40
131	1203	Pedro Moreira	no tomorrow running team	Veterano M40	08:36:01	+04:07:46	11:44
132	1054	Iracema Braun	ecospirit	Veterana F40	08:36:09	+04:07:54	11:44
133	1126	Eric Lorphèvre	individual	Veterano M40	08:36:56	+04:08:42	11:45
134	1144	Pedro Ruano de Castro	individual	Veterano M40	08:38:00	+04:09:45	11:46
135	1065	Liliana Costa	grupo fontes running team	Veterana F30	09:01:17	+04:33:03	12:18
136	1075	Frederico Santos	individual	Senior Masculino	09:01:18	+04:33:03	12:18
137	1055	Andreas Slabik	ecospirit	Veterano M50	09:07:58	+04:39:43	12:27
138	1185	M. Lurdes Barbedo	sucupiraf.c / runriver- escola de atletismo de rio tinto	Veterana F40	09:12:33	+04:44:19	12:33
139	1187	Hélder Monteiro	sucupiraf.c / runriver- escola de atletismo de rio tinto	Veterano M40	09:12:33	+04:44:19	12:33
140	1188	Henrique Barbedo	sucupiraf.c / runriver- escola de atletismo de rio tinto	Veterano M40	09:12:34	+04:44:19	12:34
141	1186	Helder Castro	sucupiraf.c / runriver- escola de atletismo de rio tinto	Veterano M40	09:12:34	+04:44:20	12:34
142	1149	Amadeu Carvalho	individual	Veterano M50	09:13:24	+04:45:09	12:35
143	1086	Isabel Santos	individual	Veterana F40	09:20:45	+04:52:30	12:45
144	1195	Ana Correia	trilho perdido eventos / imporlux	Veterana F40	09:20:45	+04:52:30	12:45
145	1083	Rita Afonso	individual	Veterana F30	09:20:45	+04:52:31	12:45
146	1088	BARBARA SILVEIRA	individual	Veterana F50	09:20:45	+04:52:31	12:45
147	1167	Ana Barroso	no tomorrow running team	Veterana F40	09:32:31	+05:04:17	13:01
148	1168	Paula Lopes	no tomorrow running team	Veterana F40	09:32:32	+05:04:17	13:01
149	1081	Joana Carolina Teixeira Da Silva	individual	Veterana F30	10:00:06	+05:31:52	13:38
150	1140	Paulo Martins	individual	Veterano M40	10:00:06	+05:31:52	13:38
151	1142	Pedro Mucha	individual	Veterano M40	10:05:41	+05:37:26	13:46
152	1189	Ricardo Maia	sucupiraf.c / runriver- escola de atletismo de rio tinto	Veterano M40	10:09:04	+05:40:50	13:51
153	1061	Flávio Silva	fruta da 5.ª	Senior Masculino	10:11:21	+05:43:06	13:54
154	1176	Tania Ferreira	out 2 run/miro	Veterana F30	10:11:21	+05:43:06	13:54

Obs

BIB	NOTE	NAME	TEAM	CAT
1085	DQ	Carina Pereira	Individual	Veterana F40
1002	DNF	Leandro Anjos	A.D.Amarante trail running	Veterano M30
1006	DNF	Nelson Freitas	Afrikanrunners	Veterano M30
1052	DNF	Liliana Felgueiras	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterana F30
1073	DNF	Nuno Almeida	Guimarunning	Veterano M30
1080	DNF	Andreia Sofia Santos Mota	Individual	Veterana F30
1087	DNF	Paula Santos	Individual	Veterana F40
1095	DNF	Gilberto Sousa	Individual	Veterano M30
1099	DNF	João Menezes	Individual	Veterano M30
1106	DNF	Leonardo Maia	Individual	Veterano M30
1109	DNF	Nuno Correia	Individual	Veterano M30
1122	DNF	Carlos Passos	Individual	Veterano M40
1124	DNF	Domingos Faria	Individual	Veterano M40



44 KM

OFFICIAL RESULT

[illegible]

Official Timekeeper: Lap2Go	5 / 5	generate 07-Jul-2019 18:51
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44KM

[illegible]

44 KM

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:30	16.6°C	100%
End	18:44	16.6°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Masculino

1	1076	Pedro Nunes	Individual	Senior Masculino	05:18:27	+50:12	07:14:41
2	1078	Tiago Manuel Ferreira	Individual	Senior Masculino	05:26:43	+58:28	07:26:41
3	1077	Pedro Silva	Individual	Senior Masculino	05:42:14	+01:14:00	07:47:14
4	1043	Cláudio Roças	Dão Nelas Runners	Senior Masculino	05:43:53	+01:15:38	07:49:31
5	1026	Vítor Manuel Dias Alves	Brabus Runners	Senior Masculino	06:35:59	+02:07:44	09:00:43
6	1063	João Oliveira	Gansos	Senior Masculino	06:45:25	+02:17:10	09:13:35
7	1079	Tony Lopes	Individual	Senior Masculino	07:43:23	+03:15:09	10:32:32
8	1014	Pedro Rafael Pinheiro Fernandes	Amigos do Empeno Trail Running	Senior Masculino	07:52:35	+03:24:20	10:44:55
9	1075	Frederico Santos	Individual	Senior Masculino	09:01:18	+04:33:03	12:18:21
10	1061	Flávio Silva	Fruta da 5.ª	Senior Masculino	10:11:21	+05:43:06	13:54:27

Veterana F30

1	1041	Adriana Sousa	CR CANDOSO	Veterana F30	06:44:40	+02:16:25	09:12:45
2	1082	Paula Almeida	Individual	Veterana F30	07:49:07	+03:20:52	10:40:59
3	1015	Patrícia Carvalho	Amigos do Empeno Trail Running	Veterana F30	07:52:35	+03:24:20	10:44:55
4	1065	Liliana Costa	GRUPO FONTES RUNNING TEAM	Veterana F30	09:01:17	+04:33:03	12:18:20
5	1083	Rita Afonso	Individual	Veterana F30	09:20:45	+04:52:31	12:45:16
6	1081	Joana Carolina Teixeira Da Silva	Individual	Veterana F30	10:00:06	+05:31:52	13:38:29
7	1176	Tania Ferreira	out 2 run/Miro	Veterana F30	10:11:21	+05:43:06	13:54:27

Veterana F40

1	1071	Ângela Eduarda Gomes da Costa	Guimarunning	Veterana F40	06:21:57	+01:53:43	08:41:50
2	1056	ANA MIRANDA	EDL Trail	Veterana F40	07:09:40	+02:41:25	09:46:05
3	1084	Ana Martins	Individual	Veterana F40	08:20:47	+03:52:33	11:23:20
4	1054	Iracema Braun	EcoSpirit	Veterana F40	08:36:09	+04:07:54	11:44:03
5	1185	M. Lurdes Barbedo	SucupiraF.c / RunRiver- Escola de atletismo de Rio Tinto	Veterana F40	09:12:33	+04:44:19	12:33:12
6	1086	Isabel Santos	Individual	Veterana F40	09:20:45	+04:52:30	12:45:15
7	1195	Ana Correia	Trilho Perdido Eventos / Importlux	Veterana F40	09:20:45	+04:52:30	12:45:15
8	1167	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	09:32:31	+05:04:17	13:01:12
9	1168	Paula Lopes	NO TOMORROW RUNNING TEAM	Veterana F40	09:32:32	+05:04:17	13:01:13

44KM

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44 KM

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[illegible]

Veterana F50

1	1047	Maria Sá	Dive Into the Mountains	Veterana F50	07:33:28	+03:05:14	10:18:42
2	1025	Diva Jardim	BORDAL - BORDADOD DA MADEIRA	Veterana F50	08:18:44	+03:50:30	11:20:04
3	1089	Cristina Saraiva	Individual	Veterana F50	08:30:21	+04:02:07	11:36:28
4	1088	BARBARA SILVEIRA	Individual	Veterana F50	09:20:45	+04:52:31	12:45:16

Veterano M30

1	1110	Nuno nunes	Individual	Veterano M30	04:43:36	+15:22	06:27:58
2	1005	Carlos Vieira	ADSebolido Trail Boneca Douro	Veterano M30	05:05:51	+37:37	06:57:28
3	1163	Tiago Soares	Moinhos Run-ADRM	Veterano M30	05:35:58	+01:07:44	07:38:42
4	1115	Sérgio Filipe Carvalho Almeida	Individual	Veterano M30	05:40:59	+01:12:44	07:45:53
5	1101	João Oliveira	Individual	Veterano M30	05:41:59	+01:13:45	07:46:54
6	1029	João Ferreira	Brabus Runners	Veterano M30	05:51:29	+01:23:15	07:59:53
7	1031	Marco André Sousa Pinto	Brabus Runners	Veterano M30	05:51:50	+01:23:36	08:00:02
8	1191	Nuno Moreira	TEAM TT	Veterano M30	05:52:16	+01:24:01	08:00:07
9	1028	Fernando Jorge da Costa Pereira	Brabus Runners	Veterano M30	05:56:12	+01:27:58	08:06:10
10	1027	Bruno Cunha	Brabus Runners	Veterano M30	06:02:17	+01:34:02	08:14:29
11	1196	Jairo Hernández Pérez	Ultra Trail de Gredos	Veterano M30	06:07:20	+01:39:06	08:21:36
12	1018	Nuno Iomba	Apúlia a Correr	Veterano M30	06:10:06	+01:41:51	08:25:57
13	1164	António Pinto	MONTE DOS AMIGOS	Veterano M30	06:13:21	+01:45:06	08:29:27
14	1060	Daniel Terra	Factor X / S4L / Medense FC	Veterano M30	06:13:54	+01:45:39	08:30:13
15	1033	Filipe Pinto	BTT Alegria // TUBANI	Veterano M30	06:16:00	+01:47:45	08:33:25
16	1098	João Filipe dos Reis Alves	Individual	Veterano M30	06:19:43	+01:51:29	08:38:52
17	1093	Filipe Braga	Individual	Veterano M30	06:22:01	+01:53:47	08:41:28
18	1199	João Ricardo	vimarunners	Veterano M30	06:23:04	+01:54:50	08:42:38
19	1003	Fábio Silva	ACBatalha	Veterano M30	06:29:01	+02:00:47	08:50:28
20	1023	Bruno Ricardo Gomes de Pinho	Boavista Trail	Veterano M30	06:30:18	+02:02:03	08:52:21
21	1105	JOSE MANUEL RODRIGUEZ GONZALEZ	Individual	Veterano M30	06:31:17	+02:03:03	08:54:20
22	1049	Gonçalo Manuel Reis Carregueiro	Dolcefuradouro	Veterano M30	06:33:30	+02:05:16	08:57:36
23	1039	Simão Castro	Coimbra Trail Running	Veterano M30	06:37:56	+02:09:41	09:03:27
24	1020	Bruno Dias	A-Team	Veterano M30	06:38:50	+02:10:35	09:04:25
25	1058	FILIPPE COUTO	ESPINHO TRAIL	Veterano M30	06:40:51	+02:12:36	09:07:37
26	1021	Rafael Almeida	A-Team	Veterano M30	06:42:51	+02:14:37	09:09:28
27	1112	pedro mendes	Individual	Veterano M30	06:43:21	+02:15:07	09:10:18
28	1166	José Valente	Nac Trail	Veterano M30	06:53:48	+02:25:34	09:24:22
29	1103	João santos	Individual	Veterano M30	06:54:39	+02:26:24	09:25:13
30	1113	Renato Silva	Individual	Veterano M30	07:00:22	+02:32:08	09:33:23
31	1097	Helder Parracho	Individual	Veterano M30	07:06:05	+02:37:50	09:41:30
32	1192	João André Oliveira	Toneca&cookie	Veterano M30	07:07:04	+02:38:49	09:42:33
33	1044	Paulo Mendes	Dão Nelas Runners	Veterano M30	07:07:37	+02:39:23	09:43:30
34	1096	Helder	Individual	Veterano M30	07:17:40	+02:49:25	09:57:25
35	1092	Daniel Carvalho	Individual	Veterano M30	07:17:40	+02:49:26	09:57:26

44KM

44 KM

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[illegible]

36	1104	Jose Diogo Resende	Individual	Veterano M30	07:18:07	+02:49:53	09:57
37	1016	David Ferreira	Amigos do Empeno Trail Running	Veterano M30	07:20:38	+02:52:24	10:01
38	1037	David Camelo	Cinfães a Correr	Veterano M30	07:21:36	+02:53:22	10:02
39	1091	António Cruz	Individual	Veterano M30	07:24:56	+02:56:41	10:07
40	1171	Jorge Atalaia	O Mundo da Corrida	Veterano M30	07:31:17	+03:03:02	10:15
41	1050	Nelson Dias	Dolcefuradouro	Veterano M30	07:46:37	+03:18:22	10:36
42	1158	Ivan rocha	Limitless	Veterano M30	08:00:07	+03:31:52	10:55
43	1111	Paulo Sérgio Lopes Fernandes	Individual	Veterano M30	08:01:10	+03:32:55	10:56
44	1022	Nuno Pimpão	Barrancos F.C/Biogado	Veterano M30	08:20:47	+03:52:32	11:23
45	1178	David Jesus	Pascoalitos AD Barcouço	Veterano M30	08:30:28	+04:02:13	11:36

Veterano M40

1	1046	Nelson Santos	Dão Nelas Runners	Veterano M40	04:28:14		06:06
2	1184	António Amorim	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Veterano M40	04:55:18	+27:04	06:43
3	1173	Luís Pedro Martins	Oralklass - Amigos Do Trail	Veterano M40	04:56:00	+27:45	06:44
4	1121	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	04:58:33	+30:19	06:47
5	1147	Tiago	Individual	Veterano M40	05:01:57	+33:42	06:52
6	1135	Lino Pinto	BTT Alegria // TUBANI	Veterano M40	05:07:27	+39:13	06:59
7	1128	Frank Fritsche	Individual	Veterano M40	05:16:06	+47:51	07:11
8	1053	Pedro Costa	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	05:31:36	+01:03:22	07:32
9	1035	Joaquim Silva	Capital Douro	Veterano M40	05:35:11	+01:06:56	07:37
10	1170	Fernando Carvalho	Nós Acreditamos	Veterano M40	05:40:10	+01:11:55	07:44
11	1130	Hilário Louro	Individual	Veterano M40	05:43:44	+01:15:30	07:49
12	1157	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	05:45:35	+01:17:21	07:51
13	1137	Miguel de Oliveira	Individual	Veterano M40	05:49:42	+01:21:27	07:57
14	1040	José Duarte	Coronado Runners	Veterano M40	06:00:14	+01:31:59	08:11
15	1074	Miguel Ângelo Oliveira Soares	Guimarunning	Veterano M40	06:04:32	+01:36:18	08:17
16	1145	Rúben Miguel Mendes Alves	Individual	Veterano M40	06:28:31	+02:00:16	08:50
17	1180	Artur Gil	Pés de Chumbo Runners	Veterano M40	06:29:32	+02:01:17	08:51
18	1155	Ricardo Pimenta	Ker Sport Trail Running	Veterano M40	06:35:06	+02:06:51	08:59
19	1059	EDUARDO PINTO	ESPINHO TRAIL	Veterano M40	06:40:50	+02:12:35	09:07
20	1133	José Organista	Individual	Veterano M40	06:41:07	+02:12:52	09:07
21	1045	Henrique Manuel Dinis Fernandes	Dão Nelas Runners	Veterano M40	06:44:35	+02:16:20	09:12
22	1034	Luis Mesquita	Bustos Runners	Veterano M40	06:46:35	+02:18:21	09:14
23	1120	Carlos Duarte	Individual	Veterano M40	06:48:56	+02:20:42	09:18
24	1194	José Neves	Trailistas"eu é que sei!"	Veterano M40	07:01:03	+02:32:49	09:34
25	1165	Manuel Paulo Couto Cardoso	Motobikerebelos	Veterano M40	07:04:44	+02:36:29	09:39
26	1148	VITOR CANCELA	Individual	Veterano M40	07:09:57	+02:41:43	09:46
27	1123	César Sousa	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Veterano M40	07:10:13	+02:41:58	09:47
28	1181	José Alberto Ribeiro	Pés de Chumbo Runners	Veterano M40	07:14:26	+02:46:12	09:52
29	1139	Nuno	Individual	Veterano M40	07:17:49	+02:49:34	09:57
30	1009	Marco Machado	Afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
31	1010	Nelson Nunes	Afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01

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44KM

44 KM

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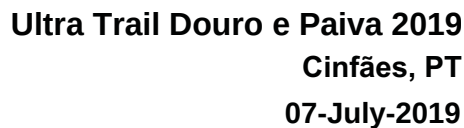
[illegible]

32	1008	Emanuel Martins	Afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
33	1007	Domingos Gonçalves	Afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
34	1011	Ricardo Fernandes	Afrikanrunners	Veterano M40	07:20:37	+02:52:23	10:01
35	1143	Pedro Quadrio	Individual	Veterano M40	07:21:16	+02:53:02	10:02
36	1051	Renato Veiga	Dolcefuradouro	Veterano M40	07:28:50	+03:00:35	10:12
37	1066	Artur Bonfim	GTT - ARMAZÉM DO CAFFÈ	Veterano M40	07:32:49	+03:04:35	10:17
38	1069	Manu pinto	GTT - ARMAZÉM DO CAFFÈ	Veterano M40	07:32:49	+03:04:35	10:17
39	1013	Rui Pinho	AkuaFit	Veterano M40	07:32:58	+03:04:44	10:18
40	1012	Carlos Rodrigues	AkuaFit	Veterano M40	07:32:58	+03:04:44	10:18
41	1119	Bruno Guerra	Individual	Veterano M40	07:33:28	+03:05:14	10:18
42	1117	Antonio Fonseca	Individual	Veterano M40	07:36:29	+03:08:14	10:22
43	1125	Duarte Sousa	Individual	Veterano M40	07:42:01	+03:13:46	10:30
44	1174	Samuel Nunes	Os Tolinhos	Veterano M40	07:47:57	+03:19:42	10:38
45	1182	Rogério Oliveira	Pés de Chumbo Runners	Veterano M40	07:55:10	+03:26:56	10:48
46	1138	Miguel Lopes	Individual	Veterano M40	07:55:11	+03:26:56	10:48
47	1116	André Nuno Gandarão Dias	Individual	Veterano M40	07:55:15	+03:27:01	10:48
48	1024	Tiago Moreira	Boavista Trail	Veterano M40	07:59:53	+03:31:39	10:54
49	1197	Sergio Felipe González Rodríguez	Ultra Trail de Gredos	Veterano M40	08:02:22	+03:34:07	10:58
50	1118	Antonio Santos	Individual	Veterano M40	08:04:07	+03:35:53	11:00
51	1172	Luis Calheiros	O Mundo da Corrida	Veterano M40	08:06:24	+03:38:09	11:03
52	1136	manuel Candeias	Individual	Veterano M40	08:08:40	+03:40:25	11:06
53	1067	Dimitri Matos	GTT - ARMAZÉM DO CAFFÈ	Veterano M40	08:15:08	+03:46:53	11:15
54	1048	João Paulo	Dive Into the Mountains	Veterano M40	08:28:21	+04:00:07	11:33
55	1203	Pedro Moreira	NO TOMORROW RUNNING TEAM	Veterano M40	08:36:01	+04:07:46	11:44
56	1126	Eric Lorphèvre	Individual	Veterano M40	08:36:56	+04:08:42	11:45
57	1144	Pedro Ruano de Castro	Individual	Veterano M40	08:38:00	+04:09:45	11:46
58	1187	Hélder Monteiro	SucupiraF.c / RunRiver- Escola de atletismo de Rio Tinto	Veterano M40	09:12:33	+04:44:19	12:33
59	1188	Henrique Barbedo	SucupiraF.c / RunRiver- Escola de atletismo de Rio Tinto	Veterano M40	09:12:34	+04:44:19	12:34
60	1186	Helder Castro	SucupiraF.c / RunRiver- Escola de atletismo de Rio Tinto	Veterano M40	09:12:34	+04:44:20	12:34
61	1140	Paulo Martins	Individual	Veterano M40	10:00:06	+05:31:52	13:38
62	1142	Pedro Mucha	Individual	Veterano M40	10:05:41	+05:37:26	13:46
63	1189	Ricardo Maia	SucupiraF.c / RunRiver- Escola de atletismo de Rio Tinto	Veterano M40	10:09:04	+05:40:50	13:51

Veterano M50

1	1151	Humberto Vara	Individual	Veterano M50	05:13:27	+45:13	07:07
2	1038	Henrique Faria	Clube Spiridon de Gaia	Veterano M50	06:10:01	+01:41:46	08:23
3	1017	Jorge Manuel Barbosa Moreira	Amigos do Pedal TrailLagares	Veterano M50	06:17:38	+01:49:24	08:35
4	1036	António Morgado	Chitas de Alcobaça	Veterano M50	06:20:24	+01:52:10	08:39
5	1153	Pedro Ribeiro	Individual	Veterano M50	06:38:54	+02:10:39	09:04
6	1175	José Lemos	Os Tolinhos	Veterano M50	06:54:39	+02:26:24	09:25
7	1042	Tomás Pereira	CR CANDOSO	Veterano M50	07:09:47	+02:41:33	09:46
8	1070	Albino Campos	GTT - ARMAZÉM DO CAFFÈ	Veterano M50	07:24:23	+02:56:09	10:06

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44 KM

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9	1154	Rui Monteiro	Individual	Veterano M50	08:00:07	+03:31:53	10:55
10	1150	Antero Cunha	Individual	Veterano M50	08:16:30	+03:48:16	11:17
11	1159	Antonio folgado	LIZ RUNNERS	Veterano M50	08:25:38	+03:57:24	11:30
12	1179	Arsénio Santos	Pascoalitos AD Barcouço	Veterano M50	08:30:28	+04:02:13	11:36
13	1055	Andreas Slabik	EcoSpirit	Veterano M50	09:07:58	+04:39:43	12:27
14	1149	Amadeu Carvalho	Individual	Veterano M50	09:13:24	+04:45:09	12:35

1	1204	Humberto Pinho	Porto Sentido Runners	Veterano M60	07:20:41	+02:52:26	10:01
2	1202	Jose Antonio Perez Fernandez	Individual	Veterano M60	08:32:59	+04:04:44	11:40

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