

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:00	17°C	100%
End	18:19	17°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	586	Vitor Cordeiro	edv-viana trail	Veterano M50	04:49:33		07:14
2	567	Tiago Aragão	ctad - trilhos de cinfães	Veterano M40	04:52:25	+02:51	07:19
3	541	Adriano Mendes	brabus runners	Veterano M30	05:00:20	+10:46	07:31
4	576	José Daniel González Domínguez	edv-viana trail	Senior Masculino	05:07:45	+18:12	07:42
5	659	João Filipe Tomás Amândio	individual	Veterano M30	05:09:35	+20:01	07:44
6	593	Marco Guerra	gdazambuja - trail team	Veterano M40	05:09:59	+20:26	07:45
7	661	João Menezes	individual	Veterano M30	05:13:08	+23:35	07:50
8	737	João Teixeira	joão teixeira	Veterano M40	05:15:20	+25:47	07:53
9	566	Vítor André da Silva Cardoso	ctad - trilhos de cinfães	Veterano M30	05:15:55	+26:22	07:54
10	695	Frank Fritsche	individual	Veterano M40	05:16:02	+26:29	07:54
11	585	Victor Correira	edv-viana trail	Veterano M40	05:19:31	+29:58	07:59
12	808	Antônio Amorim	serviços sociais câmara municipal de santa maria feira	Veterano M40	05:21:17	+31:44	08:02
13	644	Bruno Moreira	amigos do pedal traillagares	Veterano M30	05:26:17	+36:43	08:09
14	545	Ricardo Vieira	brabus runners	Veterano M40	05:27:21	+37:47	08:11
15	540	Ricardo Ribeiro	brabus runners	Senior Masculino	05:27:21	+37:47	08:11
16	753	paulo nogueira	montanha clube trail running/efapel	Veterano M40	05:33:34	+44:01	08:20
17	542	Cesário Leite	brabus runners	Veterano M30	05:35:27	+45:53	08:23
18	580	Fernanda Verde	edv-viana trail	Veterana F40	05:35:27	+45:53	08:23
19	26	Susana Simões	edv-viana trail	Veterana F40	05:35:43	+46:10	08:24
20	709	Pedro Costa	individual	Veterano M40	05:36:44	+47:11	08:25
21	827	Clara Oliveira	viseu 360	Senior Feminino	05:38:37	+49:04	08:28
22	568	Cláudio Roças	dão nelas runners	Senior Masculino	05:38:46	+49:13	08:28
23	718	Antonio Antas	individual	Veterano M50	05:39:15	+49:42	08:29
24	505	Sérgio Almeida	afrikanrunners	Veterano M30	05:43:24	+53:51	08:35
25	596	Rui Rodrigues	go!runners/outpro store	Veterano M30	05:43:24	+53:51	08:35
26	548	Bruno Monteiro	c. b. viseu running team	Senior Masculino	05:47:13	+57:39	08:41
27	609	Rogério Vicente	gtt - armazém do caffè	Veterano M40	05:50:23	+01:00:50	08:46
28	698	Iván Torres Marin	individual	Veterano M40	05:51:06	+01:01:33	08:47
29	626	Beatriz Sanchez Alonso	individual	Veterana F30	05:51:11	+01:01:38	08:47
30	752	Diogo Nunes	montanha clube trail running/efapel	Veterano M30	05:52:12	+01:02:38	08:48
31	787	joao valerio	psp viseu runners	Veterano M40	05:52:12	+01:02:39	08:48
32	570	Tony Figueiredo	dão nelas runners	Veterano M30	05:52:46	+01:03:12	08:49
33	761	Jose Gomes	nocturnos de paredes	Veterano M50	05:53:31	+01:03:58	08:50
34	517	Goreti Correia	amigo trail run	Veterana F40	05:55:24	+01:05:50	08:53
35	739	Jorge Domingues	lebres minhotas	Veterano M40	05:57:22	+01:07:49	08:56
36	749	Nuno Nunes	melres trail running - ordem para arrear	Veterano M30	05:59:32	+01:09:58	08:59
37	557	Carlos Gonçalo Costa Fernandes	chitas de alcobaça	Veterano M30	06:00:40	+01:11:06	09:01
38	532	Pedro Simões	arsm - associação recreativa de s. miguel	Veterano M40	06:02:05	+01:12:32	09:03
39	625	Pedro Nunes	individual	Senior Masculino	06:05:27	+01:15:53	09:08
40	696	FREDERIC ESTEVENY	individual	Veterano M40	06:05:40	+01:16:07	09:09

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	597	Tiago Sousa	go!runners/outpro store	Veterano M30	06:06:54	+01:17:21	09:10
42	663	Joel Barbosa	individual	Veterano M30	06:12:11	+01:22:38	09:18
43	784	MANUELA FARIA	portocargo runners	Veterana F40	06:13:33	+01:24:00	09:20
44	502	Riacrdo Filipe Tavares Fernandes	adcfelgueira /freita skyrunning	Veterano M30	06:14:00	+01:24:27	09:21
45	546	Rui Carvalho	bruxos runners	Veterano M40	06:15:10	+01:25:37	09:23
46	1181	Abílio Mina	edv-viana trail	Veterano M40	06:16:11	+01:26:38	09:24
47	606	Olga Martins	gtt - armazém do caffè	Veterana F30	06:16:47	+01:27:13	09:25
48	631	Silvia cunha	individual	Veterana F30	06:16:47	+01:27:13	09:25
49	796	Jose Duarte	rp studio amigos do empeno	Veterano M40	06:18:31	+01:28:57	09:28
50	534	Paulo Ferreira	associação desportiva de cabroelo	Veterano M40	06:21:36	+01:32:02	09:32
51	758	Filipe Andre Barbosa	nocturnos de paredes	Senior Masculino	06:22:23	+01:32:50	09:34
52	619	cesar sousa	hora do lobo trail - cf perosinho atletismo	Veterano M40	06:23:15	+01:33:42	09:35
53	581	Nuno Ribeiro	edv-viana trail	Veterano M30	06:23:15	+01:33:42	09:35
54	611	Ângela Eduarda Gomes da Costa	guimarunning	Veterana F40	06:24:34	+01:35:00	09:37
55	791	Nuno Pinto	ribeiras trail	Veterano M30	06:25:36	+01:36:03	09:38
56	751	Agostinho Sousa	moinhos run adrm	Veterano M60	06:25:50	+01:36:17	09:39
57	530	Paulo Rodrigues	arcd venda da luisa	Veterano M30	06:26:14	+01:36:41	09:39
58	666	Nuno Correia	individual	Veterano M30	06:26:15	+01:36:41	09:39
59	820	Dionísio António marinho Ferreira	team trail bem viver	Veterano M30	06:29:58	+01:40:24	09:45
60	763	Adriano António Lima Ferreira	o que queremos é monte	Veterano M30	06:30:29	+01:40:56	09:46
61	516	José Madureira	amigo trail run	Veterano M30	06:32:19	+01:42:45	09:48
62	562	PAULO PELICANO	crocodilos / mister pc	Veterano M40	06:32:58	+01:43:25	09:49
63	656	Ivo Miguel Santos	individual	Veterano M30	06:32:58	+01:43:25	09:49
64	595	Diogo Sousa	go!runners/outpro store	Veterano M30	06:33:29	+01:43:56	09:50
65	571	Henrique Manuel Dinis Fernandes	dão nelas runners	Veterano M40	06:34:01	+01:44:28	09:51
66	598	Andreia Amorim	gondomar futsal clube	Veterana F30	06:34:50	+01:45:17	09:52
67	726	Paulo Jorge Loureiro	individual	Veterano M50	06:35:29	+01:45:55	09:53
68	615	Helena Gomes	helenas	Veterana F40	06:36:37	+01:47:03	09:55
69	790	Vítor Maia	rachão trail team	Veterano M30	06:37:40	+01:48:06	09:57
70	552	Marco Campos	c. b. viseu running team	Veterano M30	06:38:12	+01:48:38	09:57
71	860	João Nunes	individual	Veterano M40	06:39:03	+01:49:30	09:59
72	574	Juvenal Moreira	deixem passar os coxos	Veterano M50	06:40:02	+01:50:28	10:00
73	569	Paulo Mendes	dão nelas runners	Veterano M30	06:40:23	+01:50:50	10:01
74	786	RENATO OLIVEIRA	portocargo runners	Veterano M40	06:40:28	+01:50:55	10:01
75	859	Nuno Monteiro	individual	Veterano M30	06:41:00	+01:51:27	10:02
76	563	Mariana Figueiredo Delgado	ctad - trilhos de cinfães	Veterana F30	06:41:07	+01:51:34	10:02
77	865	Emanuel Costa	individual	Veterano M40	06:41:09	+01:51:35	10:02
78	654	Helder oliveira	individual	Veterano M30	06:41:15	+01:51:42	10:02
79	729	Zeca Carvalhais	individual	Veterano M50	06:41:42	+01:52:08	10:03
80	826	João Ricardo	vimarunners	Veterano M30	06:42:29	+01:52:55	10:04
81	535	Bruno dias	a-team	Veterano M30	06:44:29	+01:54:56	10:07
82	861	Ricardo Fernandes	afrikanrunners	Veterano M40	06:44:40	+01:55:07	10:07
83	682	Adelino Tindade	individual	Veterano M40	06:45:13	+01:55:40	10:08

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
84	657	João Alves	individual	Veterano M30	06:45:26	+01:55:53	10:08
85	715	Vítor Cancela	individual	Veterano M40	06:45:58	+01:56:25	10:09
86	553	Gaudêncio Lopes	c. b. viseu running team	Veterano M40	06:46:49	+01:57:15	10:10
87	649	Carlos Duarte	individual	Veterano M30	06:48:48	+01:59:14	10:13
88	713	Ricardo Santa	individual	Veterano M40	06:49:08	+01:59:34	10:14
89	672	Paulo Araújo	individual	Veterano M30	06:49:14	+01:59:41	10:14
90	510	Nelson Nunes	afrikanrunners	Veterano M40	06:49:34	+02:00:00	10:14
91	699	João Carlos Assunção dos Santos	individual	Veterano M40	06:53:48	+02:04:14	10:21
92	705	Miguel Marques	individual	Veterano M40	06:56:37	+02:07:04	10:25
93	754	Vera Lúcia da Silva Neto Reis	morcegos trail	Veterana F40	06:56:40	+02:07:07	10:25
94	799	José Centúrio	run4eat	Veterano M40	06:56:40	+02:07:07	10:25
95	528	Joaquim Baltazar	arcd venda da luisa	Veterano M30	06:56:47	+02:07:14	10:25
96	745	Marisa Figueiredo	marisa	Veterana F40	06:57:22	+02:07:48	10:26
97	821	Patrício Afonso	trail running greci gaia	Veterano M40	06:58:25	+02:08:51	10:28
98	677	Renato Silva	individual	Veterano M30	06:59:31	+02:09:57	10:29
99	728	Victor Carvalhais	individual	Veterano M50	06:59:56	+02:10:22	10:30
100	771	Bruno Daneil Teixeira da Cunha	os lobos do saibro	Veterano M30	07:00:35	+02:11:02	10:31
101	603	Hugo Figueiredo	gramidense i f c	Veterano M40	07:00:39	+02:11:06	10:31
102	863	Alicia Estévez Morales	individual	Veterana F40	07:01:58	+02:12:25	10:33
103	755	Paulo Cardoso	motobikerebelos	Veterano M40	07:03:30	+02:13:56	10:35
104	668	Nuno Garcia 22	individual	Veterano M30	07:03:55	+02:14:22	10:36
105	559	MANUEL TEIXEIRA	cmmcp	Veterano M40	07:04:43	+02:15:09	10:37
106	835	Rui Gomes	hora do lobo trail - cf perosinho atletismo	Veterano M30	07:05:08	+02:15:35	10:38
107	629	Daniela Soares	individual	Veterana F30	07:05:12	+02:15:39	10:38
108	578	Mi Couto	edv-viana trail	Veterana F30	07:09:27	+02:19:53	10:44
109	700	João Martinho de Azevedo Sousa	individual	Veterano M40	07:09:29	+02:19:56	10:44
110	547	Ariana Tavares	c. b. viseu running team	Senior Feminino	07:10:38	+02:21:04	10:46
111	536	rafael almeida	a-team	Veterano M30	07:10:39	+02:21:06	10:46
112	792	Jorge Pinheiro	ribeiras trail	Veterano M40	07:11:24	+02:21:51	10:47
113	673	pedro domingues	individual	Veterano M30	07:12:22	+02:22:49	10:49
114	864	Carina Pereira	individual	Veterana F40	07:15:39	+02:26:05	10:53
115	683	Adriano Rocha	individual	Veterano M40	07:16:19	+02:26:46	10:54
116	509	Marco Machado	afrikanrunners	Veterano M40	07:16:32	+02:26:59	10:55
117	837	Maria Fernanda Freitas Ferreira	correr leça	Veterana F40	07:16:39	+02:27:06	10:55
118	829	Mario Manuel da Mota Leite	yazaki runners	Veterano M40	07:16:48	+02:27:14	10:55
119	766	César Lobo	o que queremos é monte	Veterano M40	07:18:52	+02:29:19	10:58
120	722	Henrique Faria	individual	Veterano M50	07:21:57	+02:32:24	11:03
121	691	Cândido Silva	individual	Veterano M40	07:21:57	+02:32:24	11:03
122	858	Bruno Ribeiro	individual	Veterano M30	07:22:02	+02:32:28	11:03
123	747	Henrique Silva	melgaço alvarinho trail	Veterano M30	07:22:16	+02:32:42	11:03
124	554	Jorge Atalaia	casa do benfica em cinfães	Veterano M30	07:22:21	+02:32:47	11:04
125	640	Rita Fernandes	individual	Veterana F40	07:24:14	+02:34:41	11:06

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
126	560	Tiago Fernandes da Silva Montalvão Coelho	correr leça	Veterano M30	07:25:03	+02:35:30	11:08
127	783	Humberto Pinho	porto sentido runners	Veterano M60	07:25:14	+02:35:41	11:08
128	551	João Rasteiro	c. b. viseu running team	Veterano M30	07:28:01	+02:38:27	11:12
129	504	Rufino Freitas	afrikanrunners	Veterano M30	07:28:16	+02:38:42	11:12
130	537	Filipe Martinho Lino	ativo team running	Senior Masculino	07:28:19	+02:38:46	11:12
131	573	Carlos Manuel Ferreira Magalhães	deixem passar os coxos	Veterano M50	07:29:43	+02:40:10	11:15
132	693	David Sousa	individual	Veterano M40	07:32:32	+02:42:58	11:19
133	740	Camila Moura	lion runners - g. d. leões da guarda	Senior Feminino	07:33:31	+02:43:58	11:20
134	523	Liliane Vaz	arcd venda da luisa	Veterana F30	07:33:42	+02:44:09	11:21
135	590	HUGO OLIVEIRA	fugitivos urbanos	Veterano M30	07:33:44	+02:44:11	11:21
136	653	Gilberto Sousa	individual	Veterano M30	07:33:53	+02:44:20	11:21
137	591	SÉRGIO SILVA	fugitivos urbanos	Veterano M30	07:36:27	+02:46:53	11:25
138	507	Emanuel Martins	afrikanrunners	Veterano M40	07:37:02	+02:47:29	11:26
139	634	Carla Santos	individual	Veterana F40	07:37:12	+02:47:39	11:26
140	697	Henrique Bruno Santos	individual	Veterano M40	07:37:14	+02:47:40	11:26
141	614	Jorge Lemos	guimarunning	Veterano M40	07:40:03	+02:50:29	11:30
142	767	rogerio abreu	o que queremos é monte	Veterano M40	07:40:03	+02:50:30	11:30
143	765	Jose vitor campos costa	o que queremos é monte	Veterano M30	07:40:04	+02:50:30	11:30
144	711	Pedro Quadrio	individual	Veterano M40	07:44:10	+02:54:36	11:36
145	714	Rodrigo Pinheiro Aguiar	individual	Veterano M40	07:45:28	+02:55:55	11:38
146	513	Paulo Leite	all about	Veterano M50	07:47:54	+02:58:21	11:42
147	620	Fábio Santos	hsantamariart	Veterano M30	07:48:38	+02:59:04	11:43
148	592	Luis Oliveira	gd santander totta	Veterano M40	07:48:38	+02:59:05	11:43
149	575	Pedro Carvalho	dolce furadouro	Veterano M30	07:52:15	+03:02:42	11:48
150	610	Vitor Campos	gtt - armazém do caffè	Veterano M40	07:53:58	+03:04:25	11:51
151	608	Jorge Borges	gtt - armazém do caffè	Veterano M40	07:53:58	+03:04:25	11:51
152	624	José Carlos Oliveira Costa	individual	Senior Masculino	07:56:47	+03:07:14	11:55
153	836	Sérgio Moura	hora do lobo trail - cf perosinho atletismo	Veterano M30	07:58:09	+03:08:36	11:57
154	701	Jorge Alves	individual	Veterano M40	08:00:53	+03:11:20	12:01
155	627	Cátia Santos	individual	Veterana F30	08:00:53	+03:11:20	12:01
156	732	Nuno Teixeira	invicta runners team	Veterano M30	08:01:32	+03:11:58	12:02
157	804	Vasco Silva	s. s. montepio	Veterano M40	08:02:04	+03:12:31	12:03
158	658	João Carlos Soares Henriques	individual	Veterano M30	08:02:44	+03:13:11	12:04
159	687	António Iria	individual	Veterano M40	08:06:22	+03:16:49	12:10
160	676	Pedro Pereira	individual	Veterano M30	08:07:42	+03:18:09	12:12
161	806	Filipe Daniel Cardoso Almeida	sekapipas	Veterano M30	08:11:53	+03:22:19	12:18
162	807	Rui Manuel Rodrigues Soares Magalhães	sekapipas	Veterano M30	08:12:07	+03:22:34	12:18
163	727	Paulo José Carias Godinho	individual	Veterano M50	08:12:22	+03:22:49	12:19
164	781	PAULO SEABRA	piratas running team	Veterano M40	08:12:44	+03:23:10	12:19
165	550	Ana Rodrigues	c. b. viseu running team	Veterana F30	08:15:36	+03:26:02	12:23
166	670	Nuno Silva	individual	Veterano M30	08:15:39	+03:26:06	12:23
167	772	NELSON DUARTE	outsiders trail team	Veterano M40	08:15:40	+03:26:06	12:24
168	756	Tiago Sequeira	mss contabilidade trail team	Veterano M30	08:16:37	+03:27:04	12:25
169	664	José Pereira	individual	Veterano M30	08:16:47	+03:27:13	12:25

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
170	694	Eric Lorphevre	individual	Veterano M40	08:17:29	+03:27:55	12:26
171	768	Raul Rodrigues	olimpico vianense trail	Veterano M30	08:20:48	+03:31:15	12:31
172	769	RAUL CURVA	olimpico vianense trail	Veterano M40	08:20:48	+03:31:15	12:31
173	710	Pedro Oliveira	individual	Veterano M40	08:21:03	+03:31:30	12:32
174	637	Claudia Saraiva	individual	Veterana F40	08:21:05	+03:31:31	12:32
175	616	Maria Manuela Matos Picarote Franco	hora do lobo trail - cf perosinho atletismo	Veterana F30	08:21:09	+03:31:36	12:32
176	618	Alfredo José Ribeiro da Rocha	hora do lobo trail - cf perosinho atletismo	Veterano M40	08:23:31	+03:33:57	12:35
177	730	António Simões	individual	Veterano M60	08:25:09	+03:35:36	12:38
178	778	MONICA SÁ	piratas running team	Veterana F40	08:28:06	+03:38:32	12:42
179	831	Ana Catarina Pereira das Neves	gnt	Veterana F30	08:28:21	+03:38:47	12:43
180	748	Cristina Freitas	melres trail running - ordem para arrear	Veterana F40	08:30:58	+03:41:25	12:46
181	813	Nuno Costa	sucupira f.c	Veterano M40	08:32:53	+03:43:20	12:49
182	815	Sérgio Cunha	sucupira f.c	Veterano M40	08:33:42	+03:44:09	12:51
183	746	Rui Menas	matilha running	Veterano M40	08:35:01	+03:45:28	12:53
184	514	João Augusto	always run for smile	Veterano M40	08:35:46	+03:46:12	12:54
185	777	ELISABETE ARAUJO	piratas running team	Veterana F30	08:37:13	+03:47:39	12:56
186	779	NUNO FONSECA	piratas running team	Veterano M30	08:37:13	+03:47:40	12:56
187	717	ANTERO CUNHA	individual	Veterano M50	08:37:51	+03:48:18	12:57
188	538	Sara Sousa	atr/algarve trail running	Veterana F30	08:38:08	+03:48:35	12:57
189	526	Célia Santos	arcd venda da luisa	Veterana F40	08:38:09	+03:48:35	12:57
190	520	André Antunes	arcd venda da luisa	Senior Masculino	08:38:10	+03:48:37	12:57
191	531	Luis Martins	arcd venda da luisa	Veterano M40	08:38:11	+03:48:37	12:57
192	529	Nelson Correia	arcd venda da luisa	Veterano M30	08:38:11	+03:48:37	12:57
193	660	joao firmo serra	individual	Veterano M30	08:39:43	+03:50:10	13:00
194	572	Luisa Ferreira	deixem passar os coxos	Veterana F40	08:41:40	+03:52:07	13:03
195	810	Hélder castro	sucupira f.c	Veterano M40	08:42:29	+03:52:56	13:04
196	811	Hélder Monteiro	sucupira f.c	Veterano M40	08:42:35	+03:53:01	13:04
197	812	Henrique Barbedo	sucupira f.c	Veterano M40	08:42:35	+03:53:02	13:04
198	809	Maria Lurdes Barbedo	sucupira f.c	Veterana F40	08:42:35	+03:53:02	13:04
199	527	Sandra Simões	arcd venda da luisa	Veterana F40	08:45:21	+03:55:48	13:08
200	605	João Renato Macedo Peixoto Pereira	gtt - armazém do caffè	Senior Masculino	08:47:51	+03:58:17	13:12
201	636	Cláudia Pinto	individual	Veterana F40	08:49:37	+04:00:04	13:14
202	734	António Pereira	invicta runners team	Veterano M60	08:51:05	+04:01:31	13:17
203	501	PEIXINHO RM	abrevalas	Veterano M40	08:51:38	+04:02:04	13:17
204	679	Silvio Freitas	individual	Veterano M30	08:51:38	+04:02:05	13:17
205	832	RUI SÁ	vassoura utdp 2018	Veterano M50	08:52:04	+04:02:30	13:18
206	680	Tiago Moreira	individual	Veterano M30	08:53:35	+04:04:01	13:20
207	798	João Ferreira	run4eat	Veterano M40	08:54:34	+04:05:00	13:22
208	797	Susete Marques	run4eat	Veterana F40	08:54:34	+04:05:01	13:22
209	643	Maria José Colaço	individual	Veterana F50	08:54:34	+04:05:01	13:22
210	825	Miguel Barnabé	vertical navis	Veterano M50	08:54:35	+04:05:02	13:22
211	800	Paulo Osório	run4eat	Veterano M40	08:54:36	+04:05:02	13:22
212	762	Luis Calheiros	o mundo da corrida	Veterano M40	08:55:13	+04:05:40	13:23
213	642	Lenita Lemos	individual	Veterana F50	08:56:41	+04:07:08	13:25

TRAIL LONGO - STAGE 1

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
214	720	Carlos Rodrigues	individual	Veterano M50	08:59:30	+04:09:56	13:29
215	678	Rui Diogo da Silva Neves	individual	Veterano M30	09:02:38	+04:13:04	13:34
216	549	Micael Marques	c. b. viseu running team	Senior Masculino	09:03:21	+04:13:48	13:35
217	515	Oliveira Amaro	always run for smile	Veterano M40	09:07:49	+04:18:16	13:42
218	604	Liliana Costa	grupo fontes running team	Veterana F30	09:07:50	+04:18:17	13:42
219	828	João Neto	viseu 360	Veterano M30	09:11:51	+04:22:17	13:48
220	525	Carla Romeiro	arcd venda da luisa	Veterana F40	09:19:58	+04:30:25	14:00
221	674	Pedro Neves	individual	Veterano M30	09:27:10	+04:37:36	14:11
222	512	António Kirsh	all about	Veterano M50	09:32:03	+04:42:30	14:18
223	774	José David Fernandes	oxxtreme/adcrpereira	Veterano M30	09:32:12	+04:42:38	14:18
224	524	Sara Carvalho	arcd venda da luisa	Veterana F30	09:38:08	+04:48:35	14:27
225	733	Vítor Silva	invicta runners team	Veterano M40	09:39:00	+04:49:26	14:29
226	703	Marco Dias	individual	Veterano M40	09:39:23	+04:49:50	14:29
227	635	Celeste Dias	individual	Veterana F40	09:39:24	+04:49:50	14:29
228	788	Anabela da Silva Machado	quenianos	Veterana F40	09:39:24	+04:49:51	14:29
229	789	Paulo Daniel Correia Viana	quenianos	Veterano M40	09:39:25	+04:49:51	14:29
230	785	PAULO FERREIRA	portocargo runners	Veterano M40	09:43:35	+04:54:02	14:35
231	617	Bruno Miguel Magalhães Pereira	hora do lobo trail - cf perosinho atletismo	Veterano M30	09:43:45	+04:54:11	14:36
232	681	VIGANO	individual	Veterano M30	09:45:37	+04:56:04	14:38
233	735	Iracema Braun	iracema	Veterana F40	09:45:52	+04:56:18	14:39
234	757	Francisco Silva	mss contabilidade trail team	Veterano M40	09:52:23	+05:02:49	14:49
235	830	Pedro Mucha	yazaki runners	Veterano M40	09:52:23	+05:02:49	14:49
236	708	Paulo Jorge Ferreira Ribeiro	individual	Veterano M40	09:56:08	+05:06:35	14:54
237	816	Elsa Marta Silva	tartarugas do asfalto	Veterana F40	09:57:09	+05:07:36	14:56
238	817	Filipe Pires	tartarugas do asfalto	Veterano M40	09:57:10	+05:07:37	14:56
239	822	Paulo Sarmento	utdp vassoura	Veterano M30	09:57:18	+05:07:45	14:56
240	824	Sérgio Santos	utdp vassoura	Veterano M40	09:57:19	+05:07:45	14:56
241	556	Paulo Alves	centro municipal de marcha e corrida s.j.pesqueira	Veterano M40	10:19:24	+05:29:50	15:29

Trail Longo

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:00	17°C	100%
End	18:19	17°C	100%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	827	Clara Oliveira	Viseu 360	Senior Feminino	05:38:37	+49:04	08:28:04
2	547	Ariana Tavares	C. B. Viseu Running Team	Senior Feminino	07:10:38	+02:21:04	10:46:04
3	740	Camila Moura	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	07:33:31	+02:43:58	11:20:04

Senior Masculino

1	576	José Daniel González Domínguez	EDV-VIANA TRAIL	Senior Masculino	05:07:45	+18:12	07:42:12
2	540	Ricardo Ribeiro	Brabus Runners	Senior Masculino	05:27:21	+37:47	08:11:08
3	568	Cláudio Roças	Dão Nelas Runners	Senior Masculino	05:38:46	+49:13	08:28:09
4	548	Bruno Monteiro	C. B. Viseu Running Team	Senior Masculino	05:47:13	+57:39	08:41:02
5	625	Pedro Nunes	Individual	Senior Masculino	06:05:27	+01:15:53	09:08:00
6	758	Filipe Andre Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	06:22:23	+01:32:50	09:34:03
7	537	Filipe Martinho Lino	Ativo Team running	Senior Masculino	07:28:19	+02:38:46	11:12:05
8	624	José Carlos Oliveira Costa	Individual	Senior Masculino	07:56:47	+03:07:14	11:55:01
9	520	André Antunes	ARCD Venda da Luisa	Senior Masculino	08:38:10	+03:48:37	12:57:07
10	605	João Renato Macedo Peixoto Pereira	GTT - Armazém do Caffè	Senior Masculino	08:47:51	+03:58:17	13:12:08
11	549	Micael Marques	C. B. Viseu Running Team	Senior Masculino	09:03:21	+04:13:48	13:35:09

Veterana F30

1	626	Beatriz Sanchez Alonso	Individual	Veterana F30	05:51:11	+01:01:38	08:47:49
2	606	Olga Martins	GTT - Armazém do Caffè	Veterana F30	06:16:47	+01:27:13	09:25:00
3	631	Silvia cunha	Individual	Veterana F30	06:16:47	+01:27:13	09:25:00
4	598	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Veterana F30	06:34:50	+01:45:17	09:52:00
5	563	Mariana Figueiredo Delgado	CTAD - Trilhos de Cinfães	Veterana F30	06:41:07	+01:51:34	10:02:00
6	629	Daniela Soares	Individual	Veterana F30	07:05:12	+02:15:39	10:38:00
7	578	Mi Couto	EDV-VIANA TRAIL	Veterana F30	07:09:27	+02:19:53	10:44:00
8	523	Liliane Vaz	ARCD Venda da Luisa	Veterana F30	07:33:42	+02:44:09	11:21:00
9	627	Cátia Santos	Individual	Veterana F30	08:00:53	+03:11:20	12:01:00
10	550	Ana Rodrigues	C. B. Viseu Running Team	Veterana F30	08:15:36	+03:26:02	12:23:00
11	616	Maria Manuela Matos Picarote Franco	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F30	08:21:09	+03:31:36	12:32:00
12	831	Ana Catarina Pereira das Neves	GNT	Veterana F30	08:28:21	+03:38:47	12:43:00
13	777	ELISABETE ARAUJO	Piratas Running Team	Veterana F30	08:37:13	+03:47:39	12:56:00
14	538	Sara Sousa	ATR/ALGARVE TRAIL RUNNING	Veterana F30	08:38:08	+03:48:35	12:57:00
15	604	Liliana Costa	Grupo Fontes Running Team	Veterana F30	09:07:50	+04:18:17	13:42:00
16	524	Sara Carvalho	ARCD Venda da Luisa	Veterana F30	09:38:08	+04:48:35	14:27:00

Official Timekeeper: Lap2Go	1 / 7	generate 08-Jul-2018 19:09
-----------------------------	-------	----------------------------

Trail Longo

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

Veterana F40

1	580	Fernanda Verde	EDV-VIANA TRAIL	Veterana F40	05:35:27	+45:53	08:23
2	26	Susana Simões	EDV-VIANA TRAIL	Veterana F40	05:35:43	+46:10	08:24
3	517	Goreti Correia	AMIGO Trail Run	Veterana F40	05:55:24	+01:05:50	08:53
4	784	MANUELA FARIA	PORTOCARGO RUNNERS	Veterana F40	06:13:33	+01:24:00	09:20
5	611	Ângela Eduarda Gomes da Costa	GUIMARUNNING	Veterana F40	06:24:34	+01:35:00	09:33
6	615	Helena Gomes	Helena	Veterana F40	06:36:37	+01:47:03	09:55
7	754	Vera Lúcia da Silva Neto Reis	Morcegos Trail	Veterana F40	06:56:40	+02:07:07	10:25
8	745	Marisa Figueiredo	Marisa	Veterana F40	06:57:22	+02:07:48	10:26
9	863	Alicia Estévez Morales	Individual	Veterana F40	07:01:58	+02:12:25	10:33
10	864	Carina Pereira	Individual	Veterana F40	07:15:39	+02:26:05	10:53
11	837	Maria Fernanda Freitas Ferreira	CORRER LEÇA	Veterana F40	07:16:39	+02:27:06	10:55
12	640	Rita Fernandes	Individual	Veterana F40	07:24:14	+02:34:41	11:06
13	634	Carla Santos	Individual	Veterana F40	07:37:12	+02:47:39	11:26
14	637	Claudia Saraiva	Individual	Veterana F40	08:21:05	+03:31:31	12:32
15	778	MONICA SÁ	Piratas Running Team	Veterana F40	08:28:06	+03:38:32	12:42
16	748	Cristina Freitas	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterana F40	08:30:58	+03:41:25	12:46
17	526	Célia Santos	ARCD Venda da Luisa	Veterana F40	08:38:09	+03:48:35	12:57
18	572	Luisa Ferreira	Deixem Passar os Coxos	Veterana F40	08:41:40	+03:52:07	13:03
19	809	Maria Lurdes Barbedo	Sucupira F.c	Veterana F40	08:42:35	+03:53:02	13:04
20	527	Sandra Simões	ARCD Venda da Luisa	Veterana F40	08:45:21	+03:55:48	13:08
21	636	Cláudia Pinto	Individual	Veterana F40	08:49:37	+04:00:04	13:14
22	797	Susete Marques	RUN4EAT	Veterana F40	08:54:34	+04:05:01	13:22
23	525	Carla Romeiro	ARCD Venda da Luisa	Veterana F40	09:19:58	+04:30:25	14:00
24	635	Celeste Dias	Individual	Veterana F40	09:39:24	+04:49:50	14:29
25	788	Anabela da Silva Machado	Quenianos	Veterana F40	09:39:24	+04:49:51	14:29
26	735	Iracema Braun	Iracema	Veterana F40	09:45:52	+04:56:18	14:39
27	816	Elsa Marta Silva	Tartarugas do Asfalto	Veterana F40	09:57:09	+05:07:36	14:56

Veterana F50

1	643	Maria José Colaço	Individual	Veterana F50	08:54:34	+04:05:01	13:22
2	642	Lenita Lemos	Individual	Veterana F50	08:56:41	+04:07:08	13:25

Veterano M30

1	541	Adriano Mendes	Brabus Runners	Veterano M30	05:00:20	+10:46	07:31
2	659	João Filipe Tomás Amândio	Individual	Veterano M30	05:09:35	+20:01	07:44
3	661	João Menezes	Individual	Veterano M30	05:13:08	+23:35	07:50
4	566	Vítor André da Silva Cardoso	CTAD - Trilhos de Cinfães	Veterano M30	05:15:55	+26:22	07:54
5	644	Bruno Moreira	Amigos do Pedal TrailLagares	Veterano M30	05:26:17	+36:43	08:09
6	542	Cesário Leite	Brabus Runners	Veterano M30	05:35:27	+45:53	08:23
7	505	Sérgio Almeida	AfrikanRunners	Veterano M30	05:43:24	+53:51	08:35
8	596	Rui Rodrigues	GO!Runners/Outpro Store	Veterano M30	05:43:24	+53:51	08:35

Official Timekeeper: Lap2Go	2 / 7	generate 08-Jul-2018 19:09
-----------------------------	-------	----------------------------

Trail Longo

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

9	752	Diogo Nunes	Montanha Clube Trail Running/Efapel	Veterano M30	05:52:12	+01:02:38	08:48
10	570	Tony Figueiredo	Dão Nelas Runners	Veterano M30	05:52:46	+01:03:12	08:49
11	749	Nuno Nunes	MELRES TRAIL RUNNING - ORDEM PARA ARREAR	Veterano M30	05:59:32	+01:09:58	08:59
12	557	Carlos Gonçalo Costa Fernandes	Chitas de Alcobaça	Veterano M30	06:00:40	+01:11:06	09:01
13	597	Tiago Sousa	GO!Runners/Outpro Store	Veterano M30	06:06:54	+01:17:21	09:10
14	663	Joel Barbosa	Individual	Veterano M30	06:12:11	+01:22:38	09:18
15	502	Riacrdo Filipe Tavares Fernandes	ADCFelgueira /Freita Skyrunning	Veterano M30	06:14:00	+01:24:27	09:29
16	581	Nuno Ribeiro	EDV-VIANA TRAIL	Veterano M30	06:23:15	+01:33:42	09:35
17	791	Nuno Pinto	Ribeiras Trail	Veterano M30	06:25:36	+01:36:03	09:38
18	530	Paulo Rodrigues	ARCD Venda da Luisa	Veterano M30	06:26:14	+01:36:41	09:39
19	666	Nuno Correia	Individual	Veterano M30	06:26:15	+01:36:41	09:39
20	820	Dionísio António marinho Ferreira	Team Trail Bem Viver	Veterano M30	06:29:58	+01:40:24	09:45
21	763	Adriano António Lima Ferreira	O que queremos é monte	Veterano M30	06:30:29	+01:40:56	09:46
22	516	José Madureira	AMIGO Trail Run	Veterano M30	06:32:19	+01:42:45	09:48
23	656	Ivo Miguel Santos	Individual	Veterano M30	06:32:58	+01:43:25	09:49
24	595	Diogo Sousa	GO!Runners/Outpro Store	Veterano M30	06:33:29	+01:43:56	09:50
25	790	Vítor Maia	Rachão Trail Team	Veterano M30	06:37:40	+01:48:06	09:57
26	552	Marco Campos	C. B. Viseu Running Team	Veterano M30	06:38:12	+01:48:38	09:57
27	569	Paulo Mendes	Dão Nelas Runners	Veterano M30	06:40:23	+01:50:50	10:01
28	859	Nuno Monteiro	Individual	Veterano M30	06:41:00	+01:51:27	10:02
29	654	Helder oliveira	Individual	Veterano M30	06:41:15	+01:51:42	10:02
30	826	João Ricardo	vimarunners	Veterano M30	06:42:29	+01:52:55	10:04
31	535	Bruno dias	A-Team	Veterano M30	06:44:29	+01:54:56	10:07
32	657	João Alves	Individual	Veterano M30	06:45:26	+01:55:53	10:08
33	649	Carlos Duarte	Individual	Veterano M30	06:48:48	+01:59:14	10:13
34	672	Paulo Araújo	Individual	Veterano M30	06:49:14	+01:59:41	10:14
35	528	Joaquim Baltazar	ARCD Venda da Luisa	Veterano M30	06:56:47	+02:07:14	10:25
36	677	Renato Silva	Individual	Veterano M30	06:59:31	+02:09:57	10:29
37	771	Bruno Daneil Teixeira da Cunha	Os Lobos do Saibro	Veterano M30	07:00:35	+02:11:02	10:31
38	668	Nuno Garcia 22	Individual	Veterano M30	07:03:55	+02:14:22	10:36
39	835	Rui Gomes	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M30	07:05:08	+02:15:35	10:38
40	536	rafael almeida	A-Team	Veterano M30	07:10:39	+02:21:06	10:46
41	673	pedro domingues	Individual	Veterano M30	07:12:22	+02:22:49	10:49
42	858	Bruno Ribeiro	Individual	Veterano M30	07:22:02	+02:32:28	11:03
43	747	Henrique Silva	MELGAÇO ALVARINHO TRAIL	Veterano M30	07:22:16	+02:32:42	11:03
44	554	Jorge Atalaia	Casa do Benfica em Cinfães	Veterano M30	07:22:21	+02:32:47	11:04
45	560	Tiago Fernandes da Silva Montalvão Coelho	CORRER LEÇA	Veterano M30	07:25:03	+02:35:30	11:08
46	551	João Rasteiro	C. B. Viseu Running Team	Veterano M30	07:28:01	+02:38:27	11:12
47	504	Rufino Freitas	AfrikanRunners	Veterano M30	07:28:16	+02:38:42	11:12
48	590	HUGO OLIVEIRA	Fugitivos Urbanos	Veterano M30	07:33:44	+02:44:11	11:21
49	653	Gilberto Sousa	Individual	Veterano M30	07:33:53	+02:44:20	11:21
50	591	SÉRGIO SILVA	Fugitivos Urbanos	Veterano M30	07:36:27	+02:46:53	11:25
51	765	Jose vitor campos costa	O que queremos é monte	Veterano M30	07:40:04	+02:50:30	11:30
52	620	Fábio Santos	HSantaMariaRT	Veterano M30	07:48:38	+02:59:04	11:43

Official Timekeeper: Lap2Go	3 / 7	generate 08-Jul-2018 19:09
-----------------------------	-------	----------------------------

Trail Longo

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

53	575	Pedro Carvalho	Dolce Furadouro	Veterano M30	07:52:15	+03:02:42	11:48
54	836	Sérgio Moura	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M30	07:58:09	+03:08:36	11:57
55	732	Nuno Teixeira	Invicta Runners Team	Veterano M30	08:01:32	+03:11:58	12:02
56	658	João Carlos Soares Henriques	Individual	Veterano M30	08:02:44	+03:13:11	12:04
57	676	Pedro Pereira	Individual	Veterano M30	08:07:42	+03:18:09	12:12
58	806	Filipe Daniel Cardoso Almeida	Sekapipas	Veterano M30	08:11:53	+03:22:19	12:18
59	807	Rui Manuel Rodrigues Soares Magalhães	Sekapipas	Veterano M30	08:12:07	+03:22:34	12:18
60	670	Nuno Silva	Individual	Veterano M30	08:15:39	+03:26:06	12:23
61	756	Tiago Sequeira	MSS CONTABILIDADE TRAIL TEAM	Veterano M30	08:16:37	+03:27:04	12:25
62	664	José Pereira	Individual	Veterano M30	08:16:47	+03:27:13	12:25
63	768	Raul Rodrigues	OLIMPICO VIANENSE TRAIL	Veterano M30	08:20:48	+03:31:15	12:31
64	779	NUNO FONSECA	Piratas Running Team	Veterano M30	08:37:13	+03:47:40	12:56
65	529	Nelson Correia	ARCD Venda da Luisa	Veterano M30	08:38:11	+03:48:37	12:57
66	660	joao firmo serra	Individual	Veterano M30	08:39:43	+03:50:10	13:00
67	679	Silvio Freitas	Individual	Veterano M30	08:51:38	+04:02:05	13:17
68	680	Tiago Moreira	Individual	Veterano M30	08:53:35	+04:04:01	13:20
69	678	Rui Diogo da Silva Neves	Individual	Veterano M30	09:02:38	+04:13:04	13:34
70	828	João Neto	Viseu 360	Veterano M30	09:11:51	+04:22:17	13:48
71	674	Pedro Neves	Individual	Veterano M30	09:27:10	+04:37:36	14:11
72	774	José David Fernandes	Ozxtreme/ADCRPereira	Veterano M30	09:32:12	+04:42:38	14:18
73	617	Bruno Miguel Magalhães Pereira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M30	09:43:45	+04:54:11	14:36
74	681	VIGANO	Individual	Veterano M30	09:45:37	+04:56:04	14:38
75	822	Paulo Sarmento	UTDP VASSOURA	Veterano M30	09:57:18	+05:07:45	14:56

Veterano M40

1	567	Tiago Aragão	CTAD - Trilhos de Cinfães	Veterano M40	04:52:25	+02:51	07:19
2	593	Marco Guerra	GDazambuja - Trail Team	Veterano M40	05:09:59	+20:26	07:45
3	737	João Teixeira	João Teixeira	Veterano M40	05:15:20	+25:47	07:53
4	695	Frank Fritsche	Individual	Veterano M40	05:16:02	+26:29	07:54
5	585	Victor Correira	EDV-VIANA TRAIL	Veterano M40	05:19:31	+29:58	07:59
6	808	Antônio Amorim	Serviços Sociais Câmara Municipal de Santa Maria Feira	Veterano M40	05:21:17	+31:44	08:02
7	545	Ricardo Vieira	Brabus Runners	Veterano M40	05:27:21	+37:47	08:11
8	753	paulo nogueira	Montanha Clube Trail Running/Efapel	Veterano M40	05:33:34	+44:01	08:20
9	709	Pedro Costa	Individual	Veterano M40	05:36:44	+47:11	08:25
10	609	Rogério Vicente	GTT - Armazém do Caffè	Veterano M40	05:50:23	+01:00:50	08:46
11	698	Iván Torres Marin	Individual	Veterano M40	05:51:06	+01:01:33	08:47
12	787	joao valerio	PSP VISEU RUNNERS	Veterano M40	05:52:12	+01:02:39	08:48
13	739	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	05:57:22	+01:07:49	08:56
14	532	Pedro Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M40	06:02:05	+01:12:32	09:03
15	696	FREDERIC ESTEVENY	Individual	Veterano M40	06:05:40	+01:16:07	09:09

Official Timekeeper: Lap2Go	4 / 7	generate 08-Jul-2018 19:09
-----------------------------	-------	----------------------------

Trail Longo

40 KM

[illegible]

OFFICIAL RESULT

[illegible]

16	546	Rui Carvalho	Bruxos Runners	Veterano M40	06:15:10	+01:25:37	09:23
17	1181	Abílio Mina	EDV-VIANA TRAIL	Veterano M40	06:16:11	+01:26:38	09:24
18	796	Jose Duarte	RP studio Amigos do Empeno	Veterano M40	06:18:31	+01:28:57	09:28
19	534	Paulo Ferreira	Associação Desportiva de Cabroelo	Veterano M40	06:21:36	+01:32:02	09:32
20	619	cesar souza	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	06:23:15	+01:33:42	09:35
21	562	PAULO PELICANO	Crocodilos / Mister PC	Veterano M40	06:32:58	+01:43:25	09:49
22	571	Henrique Manuel Dinis Fernandes	Dão Nelas Runners	Veterano M40	06:34:01	+01:44:28	09:5
23	860	João Nunes	Individual	Veterano M40	06:39:03	+01:49:30	09:59
24	786	RENATO OLIVEIRA	PORTOCARGO RUNNERS	Veterano M40	06:40:28	+01:50:55	10:01
25	865	Emanuel Costa	Individual	Veterano M40	06:41:09	+01:51:35	10:02
26	861	Ricardo Fernandes	AfrikanRunners	Veterano M40	06:44:40	+01:55:07	10:07
27	682	Adelino Tindade	Individual	Veterano M40	06:45:13	+01:55:40	10:08
28	715	Vítor Cancela	Individual	Veterano M40	06:45:58	+01:56:25	10:09
29	553	Gaudêncio Lopes	C. B. Viseu Running Team	Veterano M40	06:46:49	+01:57:15	10:10
30	713	Ricardo Santa	Individual	Veterano M40	06:49:08	+01:59:34	10:14
31	510	Nelson Nunes	AfrikanRunners	Veterano M40	06:49:34	+02:00:00	10:14
32	699	João Carlos Assunção dos Santos	Individual	Veterano M40	06:53:48	+02:04:14	10:21
33	705	Miguel Marques	Individual	Veterano M40	06:56:37	+02:07:04	10:25
34	799	José Centúrio	RUN4EAT	Veterano M40	06:56:40	+02:07:07	10:25
35	821	Patrício Afonso	Trail Running Greci Gaia	Veterano M40	06:58:25	+02:08:51	10:28
36	603	Hugo Figueiredo	Gramidense I F C	Veterano M40	07:00:39	+02:11:06	10:31
37	755	Paulo Cardoso	MOTOBIKEREBELOS	Veterano M40	07:03:30	+02:13:56	10:35
38	559	MANUEL TEIXEIRA	cmmcp	Veterano M40	07:04:43	+02:15:09	10:37
39	700	João Martinho de Azevedo Sousa	Individual	Veterano M40	07:09:29	+02:19:56	10:44
40	792	Jorge Pinheiro	Ribeiras Trail	Veterano M40	07:11:24	+02:21:51	10:47
41	683	Adriano Rocha	Individual	Veterano M40	07:16:19	+02:26:46	10:54
42	509	Marco Machado	AfrikanRunners	Veterano M40	07:16:32	+02:26:59	10:55
43	829	Mario Manuel da Mota Leite	Yazaki Runners	Veterano M40	07:16:48	+02:27:14	10:55
44	766	César Lobo	O que queremos é monte	Veterano M40	07:18:52	+02:29:19	10:58
45	691	Cândido Silva	Individual	Veterano M40	07:21:57	+02:32:24	11:03
46	693	David Sousa	Individual	Veterano M40	07:32:32	+02:42:58	11:19
47	507	Emanuel Martins	AfrikanRunners	Veterano M40	07:37:02	+02:47:29	11:26
48	697	Henrique Bruno Santos	Individual	Veterano M40	07:37:14	+02:47:40	11:26
49	614	Jorge Lemos	GUIMARUNNING	Veterano M40	07:40:03	+02:50:29	11:30
50	767	rogerio abreu	o que queremos é monte	Veterano M40	07:40:03	+02:50:30	11:30
51	711	Pedro Quadrio	Individual	Veterano M40	07:44:10	+02:54:36	11:36
52	714	Rodrigo Pinheiro Aguiar	Individual	Veterano M40	07:45:28	+02:55:55	11:38
53	592	Luis Oliveira	GD santander totta	Veterano M40	07:48:38	+02:59:05	11:43
54	610	Vítor Campos	GTT - Armazém do Caffè	Veterano M40	07:53:58	+03:04:25	11:51
55	608	Jorge Borges	GTT - Armazém do Caffè	Veterano M40	07:53:58	+03:04:25	11:51
56	701	Jorge Alves	Individual	Veterano M40	08:00:53	+03:11:20	12:01
57	804	Vasco Silva	S. S. Montepio	Veterano M40	08:02:04	+03:12:31	12:03
58	687	António Iria	Individual	Veterano M40	08:06:22	+03:16:49	12:10
59	781	PAULO SEABRA	Piratas Running Team	Veterano M40	08:12:44	+03:23:10	12:19
60	772	NELSON DUARTE	Outsiders trail team	Veterano M40	08:15:40	+03:26:06	12:24

Official Timekeeper: Lap2Go	5 / 7	generate 08-Jul-2018 19:09
-----------------------------	-------	----------------------------

Trail Longo

40 KM

[illegible]

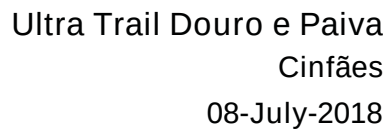
OFFICIAL RESULT

[illegible]

61	694	Eric Lorphevre	Individual	Veterano M40	08:17:29	+03:27:55	12:26
62	769	RAUL CURVA	OLIMPICO VIANENSE TRAIL	Veterano M40	08:20:48	+03:31:15	12:31
63	710	Pedro Oliveira	Individual	Veterano M40	08:21:03	+03:31:30	12:32
64	618	Alfredo José Ribeiro da Rocha	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	08:23:31	+03:33:57	12:35
65	813	Nuno Costa	Sucupira F.c	Veterano M40	08:32:53	+03:43:20	12:49
66	815	Sérgio Cunha	Sucupira F.c	Veterano M40	08:33:42	+03:44:09	12:51
67	746	Rui Menas	Matilha Running	Veterano M40	08:35:01	+03:45:28	12:53
68	514	João Augusto	always run for smile	Veterano M40	08:35:46	+03:46:12	12:54
69	531	Luis Martins	ARCD Venda da Luisa	Veterano M40	08:38:11	+03:48:37	12:57
70	810	Hélder castro	Sucupira F.c	Veterano M40	08:42:29	+03:52:56	13:04
71	811	Hélder Monteiro	Sucupira F.c	Veterano M40	08:42:35	+03:53:01	13:04
72	812	Henrique Barbedo	Sucupira F.c	Veterano M40	08:42:35	+03:53:02	13:04
73	501	PEIXINHO RM	abrevaes	Veterano M40	08:51:38	+04:02:04	13:17
74	798	João Ferreira	RUN4EAT	Veterano M40	08:54:34	+04:05:00	13:22
75	800	Paulo Osório	RUN4EAT	Veterano M40	08:54:36	+04:05:02	13:22
76	762	Luis Calheiros	O Mundo da Corrida	Veterano M40	08:55:13	+04:05:40	13:23
77	515	Oliveira Amaro	always run for smile	Veterano M40	09:07:49	+04:18:16	13:42
78	733	Vítor Silva	Invicta Runners Team	Veterano M40	09:39:00	+04:49:26	14:29
79	703	Marco Dias	Individual	Veterano M40	09:39:23	+04:49:50	14:29
80	789	Paulo Daniel Correia Viana	Quenianos	Veterano M40	09:39:25	+04:49:51	14:29
81	785	PAULO FERREIRA	PORTOCARGO RUNNERS	Veterano M40	09:43:35	+04:54:02	14:35
82	757	Francisco Silva	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	09:52:23	+05:02:49	14:49
83	830	Pedro Mucha	Yazaki Runners	Veterano M40	09:52:23	+05:02:49	14:49
84	708	Paulo Jorge Ferreira Ribeiro	Individual	Veterano M40	09:56:08	+05:06:35	14:54
85	817	Filipe Pires	Tartarugas do Asfalto	Veterano M40	09:57:10	+05:07:37	14:56
86	824	Sérgio Santos	UTDP VASSOURA	Veterano M40	09:57:19	+05:07:45	14:56
87	556	Paulo Alves	Centro Municipal de Marcha e Corrida S.J.Pesqueira	Veterano M40	10:19:24	+05:29:50	15:29

Veterano M50

1	586	Vitor Cordeiro	EDV-VIANA TRAIL	Veterano M50	04:49:33	07:14
2	718	Antonio Antas	Individual	Veterano M50	05:39:15	+49:42 08:29
3	761	Jose Gomes	NOCTURNOS DE PAREDES	Veterano M50	05:53:31	+01:03:58 08:50
4	726	Paulo Jorge Loureiro	Individual	Veterano M50	06:35:29	+01:45:55 09:53
5	574	Juvenal Moreira	Deixem Passar os Coxos	Veterano M50	06:40:02	+01:50:28 10:00
6	729	Zeca Carvalhais	Individual	Veterano M50	06:41:42	+01:52:08 10:03
7	728	Victor Carvalhais	Individual	Veterano M50	06:59:56	+02:10:22 10:30
8	722	Henrique Faria	Individual	Veterano M50	07:21:57	+02:32:24 11:03
9	573	Carlos Manuel Ferreira Magalhães	Deixem Passar os Coxos	Veterano M50	07:29:43	+02:40:10 11:15
10	513	Paulo Leite	All About	Veterano M50	07:47:54	+02:58:21 11:42
11	727	Paulo José Carias Godinho	Individual	Veterano M50	08:12:22	+03:22:49 12:19
12	717	ANTERO CUNHA	Individual	Veterano M50	08:37:51	+03:48:18 12:57
13	832	RUI SÁ	VASSOURA UTDP 2018	Veterano M50	08:52:04	+04:02:30 13:18
14	825	Miguel Barnabé	Vertical Navis	Veterano M50	08:54:35	+04:05:02 13:22



40 KM

OFFICIAL RESULT

15	720	Carlos Rodrigues	Individual	Veterano M50	08:59:30	+04:09:56	13:29
16	512	António Kirsh	All About	Veterano M50	09:32:03	+04:42:30	14:18

1	751	Agostinho Sousa	Moinhos Run ADRM	Veterano M60	06:25:50	+01:36:17	09:39
2	783	Humberto Pinho	PORTO SENTIDO RUNNERS	Veterano M60	07:25:14	+02:35:41	11:08
3	730	António Simões	Individual	Veterano M60	08:25:09	+03:35:36	12:38
4	734	António Pereira	Invicta Runners Team	Veterano M60	08:51:05	+04:01:31	13:17

[illegible]

Official Timekeeper: Lap2Go	1 / 1	generate 08-Jul-2018 19:10
-----------------------------	-------	----------------------------