

TRAIL LONGO - STAGE 1

40 KM

[illegible][illegible]

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:30	17°C	93%
End	19:25	20°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	592	Luís Pedro Ferreira de Sousa Martins	gtt - armazém do caffè	Senior Masculino	04:13:40		06:21
2	587	Sérgio Sá	gtt - armazém do caffè	Senior Masculino	04:20:59	+07:19	06:31
3	804	António Ferreira	runner's do demo	Veterano M40	04:21:32	+07:52	06:32
4	673	Abílio Ribeiro	individual	Veterano M40	04:29:40	+16:00	06:45
5	810	César Barros	satecnosoloutdoor/lasportiva	Senior Masculino	04:32:14	+18:34	06:48
6	558	Helder Rocha	douroconta trail team	Senior Masculino	04:37:35	+23:55	06:56
7	513	Manuel Barbosa	amigo trail run	Veterano M40	04:37:39	+23:59	06:56
8	661	Tiago Aragão	ctad-trilhos de cinfaes	Senior Masculino	04:40:30	+26:50	07:01
9	567	Carlos Rodrigues	figueira kayak clube	Veterano M50	04:49:30	+35:50	07:14
10	591	HUGO ARAUJO	gtt - armazém do caffè	Senior Masculino	04:49:41	+36:01	07:15
11	765	Adelino Paulo Carvalho	monsanto running team	Veterano M40	04:52:30	+38:50	07:19
12	557	Sérgio Carneiro	descola	Senior Masculino	04:53:19	+39:39	07:20
13	805	José Costa	runner's do demo	Veterano M40	04:53:22	+39:42	07:20
14	768	Nelson vaz	nelson	Senior Masculino	04:56:46	+43:06	07:25
15	615	Verónica Moreira	individual	Senior Feminino	04:58:19	+44:39	07:27
16	643	Miguel Lopes	individual	Senior Masculino	04:58:26	+44:46	07:28
17	620	António Dos Reis Maia	individual	Senior Masculino	04:58:41	+45:00	07:28
18	559	Marisa Alexandra da Rocha Vieira	dr.merino/4moove	Senior Feminino	04:58:41	+45:01	07:28
19	824	Toni Marco Leitão Costa	trutas do mau - gdr granja	Senior Masculino	05:00:20	+46:40	07:31
20	686	Francisco Pinheiro	individual	Veterano M40	05:03:09	+49:29	07:35
21	574	Nelson Rodrigues	galhardos runners	Senior Masculino	05:06:57	+53:17	07:40
22	42	Vitor André da Silva Cardoso	ctad-trilhos de cinfaes	Senior Masculino	05:09:23	+55:43	07:44
23	594	Sérgio André da Silva Coelho	gtt - armazém do caffè	Senior Masculino	05:09:42	+56:02	07:45
24	831	luis miguel da cunha santos	vimarunners	Senior Masculino	05:13:00	+59:20	07:50
25	541	Nelson Teixeira	crocodilos / misterpc	Senior Masculino	05:13:58	+01:00:18	07:51
26	517	Paulo Jorge Freitas Ferreira	associação desportiva de cabroelo	Veterano M40	05:14:44	+01:01:04	07:52
27	612	LAURA GONZALEZ GOCE	individual	Senior Feminino	05:16:52	+01:03:12	07:55
28	639	LUIS ENRIQUE MARTINEZ COMESAÑA	individual	Senior Masculino	05:16:53	+01:03:13	07:55
29	654	Pedro Osório	individual	Senior Masculino	05:21:54	+01:08:14	08:03
30	842	Clara Oliveira	viseu 360	Senior Feminino	05:21:55	+01:08:15	08:03
31	767	Pedro Vieira	mountain runners	Senior Masculino	05:25:30	+01:11:50	08:08
32	716	Henrique Faria	individual	Veterano M50	05:27:04	+01:13:24	08:11
33	808	marco silva	salamandrecos	Senior Masculino	05:27:04	+01:13:24	08:11
34	506	Sérgio Almeida	afrikanrunners	Senior Masculino	05:27:44	+01:14:04	08:12
35	739	Raquel Clemente Pedro	juventude vidigalense	Veterana F40	05:27:58	+01:14:18	08:12
36	807	Nuno Miranda	runner's do demo	Veterano M40	05:28:20	+01:14:40	08:13
37	509	Fernando Oliveira	aliança de gandra	Veterano M40	05:29:00	+01:15:20	08:14
38	45	Nuno Teixeira	edv-viana trail	Senior Masculino	05:29:02	+01:15:22	08:14
39	687	Hugo Brito	individual	Veterano M40	05:32:48	+01:19:08	08:19
40	659	Rúben Alves	individual	Senior Masculino	05:33:16	+01:19:36	08:20

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	667	Fátima Manuela Gomes Alendouro	juventude vidigalense	Veterana F40	05:33:35	+01:19:54	08:20
42	681	David Alves	individual	Veterano M40	05:34:11	+01:20:31	08:21
43	762	António Pinto	mocidade sangemil ac	Senior Masculino	05:34:55	+01:21:15	08:22
44	543	Ricardo Dantas	crocodilos / misterpc	Senior Masculino	05:35:24	+01:21:44	08:23
45	714	alfredo costa	individual	Veterano M50	05:35:47	+01:22:07	08:24
46	524	Gonçalo Pinheiro Torres	cães d'avenida	Veterano M40	05:36:56	+01:23:16	08:25
47	638	José Miguel Pinto	individual	Senior Masculino	05:37:34	+01:23:54	08:26
48	578	JOAQUIM SILVA	gdp - grupo desportivo da pesqueira	Veterano M40	05:37:44	+01:24:04	08:27
49	657	Ricardo Sousa	individual	Senior Masculino	05:38:28	+01:24:48	08:28
50	775	Fernando Jorge da Costa Pereira	os lobos do saibro	Senior Masculino	05:38:54	+01:25:14	08:28
51	792	João Narciso	pés troikados - cscs	Senior Masculino	05:39:03	+01:25:23	08:29
52	734	Rui Miguel baeta Nogueira	juventude cortegacense	Senior Masculino	05:40:34	+01:26:54	08:31
53	823	Rafael Almeida	trt	Senior Masculino	05:40:58	+01:27:18	08:31
54	822	Bruno ricardo Dias	trt	Senior Masculino	05:40:59	+01:27:19	08:31
55	676	André Figueiredo	individual	Veterano M40	05:41:24	+01:27:44	08:32
56	777	Norberto Fernandes	os lobos do saibro	Senior Masculino	05:41:35	+01:27:55	08:32
57	547	Paulo Pelicano	crocodilos / misterpc	Veterano M40	05:43:02	+01:29:21	08:35
58	540	Marco Marques	crocodilos / misterpc	Senior Masculino	05:43:02	+01:29:22	08:35
59	637	Bruno Cardoso Araújo	kemedo team	Veterano M40	05:43:08	+01:29:28	08:35
60	504	Ricardo Filipe Tavares Fernandes	adcfelgueira	Senior Masculino	05:43:55	+01:30:15	08:36
61	738	Bárbara de Carvalho Fernandes	juventude vidigalense	Senior Feminino	05:44:28	+01:30:48	08:37
62	656	Ricardo Sampaio	individual	Senior Masculino	05:44:30	+01:30:50	08:37
63	54	Emanuel da Costa	gtt - armazém do caffè	Senior Masculino	05:45:02	+01:31:21	08:38
64	645	Nuno Garcia	individual	Senior Masculino	05:46:10	+01:32:30	08:39
65	774	Bruno Cunha	os lobos do saibro	Senior Masculino	05:47:19	+01:33:39	08:41
66	707	Pedro Mouro	individual	Veterano M40	05:47:47	+01:34:06	08:42
67	588	CARLOS RIBEIRO	gtt - armazém do caffè	Senior Masculino	05:48:39	+01:34:59	08:43
68	552	Luís Miguel Azevedo da Silva	ctad-trilhos de cinfães	Senior Masculino	05:48:40	+01:34:59	08:43
69	568	JOÃO AGOSTINHO	fisiofute trail runing	Veterano M40	05:49:08	+01:35:28	08:44
70	649	Nuno Sobral	individual	Senior Masculino	05:50:06	+01:36:26	08:45
71	597	FERNANDO AREZES	gtt - armazém do caffè	Veterano M50	05:51:06	+01:37:26	08:47
72	679	César Sousa	individual	Veterano M40	05:51:26	+01:37:46	08:47
73	508	rui pinho	akuafit	Senior Masculino	05:52:18	+01:38:38	08:48
74	736	Joao Oliveira	juventude cortegacense	Veterano M40	05:52:52	+01:39:12	08:49
75	548	Rui Andrade	crocodilos / misterpc	Veterano M40	05:53:33	+01:39:52	08:50
76	651	Paulo Jorge	individual	Senior Masculino	05:53:35	+01:39:55	08:50
77	706	Pedro Guimaraes	individual	Veterano M40	05:55:35	+01:41:54	08:53
78	806	José Manuel Gomes Nunes	runner's do demo	Veterano M40	05:56:24	+01:42:44	08:55
79	821	juliana rodrigues	trt	Senior Feminino	05:59:07	+01:45:27	08:59
80	586	Paulo Crespo	gteam	Veterano M40	05:59:54	+01:46:14	09:00
81	715	António José Machado Loureiro	individual	Veterano M50	05:59:55	+01:46:14	09:00
82	689	João Martinho de Azevedo Sousa	individual	Veterano M40	06:00:06	+01:46:26	09:00

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40 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
83	663	Tomé pinto	individual	Senior Masculino	06:00:07	+01:46:27	09:00
84	820	Jaime Couto	stpeters	Veterano M40	06:00:23	+01:46:43	09:01
85	755	Júlio Marques	montanha clube trail running/efapel	Veterano M50	06:03:08	+01:49:28	09:05
86	756	Renato Barros	montanha clube trail running/efapel	Veterano M50	06:03:08	+01:49:28	09:05
87	802	Paulo Polónio	runner's do demo	Senior Masculino	06:03:45	+01:50:05	09:06
88	655	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	06:05:54	+01:52:14	09:09
89	772	Susana Bernardo	opraticante.pt	Senior Feminino	06:09:00	+01:55:20	09:14
90	832	Catarina Fernandes	viriahtvs runners viseu	Senior Feminino	06:10:12	+01:56:31	09:15
91	590	Helder Silva	gtt - armazém do caffè	Senior Masculino	06:11:32	+01:57:52	09:17
92	701	Nuno Sérgio de Vasconcelos Ferreira	individual	Veterano M40	06:12:54	+01:59:14	09:19
93	749	Rui da Silva Santos	liketomove	Senior Masculino	06:12:54	+01:59:14	09:19
94	670	Alexandra Fernandes	individual	Veterana F50	06:14:19	+02:00:39	09:21
95	581	Andreia Amorim	gondomar futsal clube	Senior Feminino	06:14:19	+02:00:39	09:21
96	610	Estela Martins	individual	Senior Feminino	06:14:19	+02:00:39	09:21
97	731	Pedro santos	j&p running	Senior Masculino	06:15:00	+02:01:20	09:23
98	799	Andreia Oliveira	runner's do demo	Senior Feminino	06:15:10	+02:01:30	09:23
99	801	Nuno Oliveira	runner's do demo	Senior Masculino	06:15:10	+02:01:30	09:23
100	565	Pedro Santos	factor x/s4l/medensefc	Senior Masculino	06:16:01	+02:02:21	09:24
101	712	Viriato Gil Tavares Almeida	individual	Veterano M40	06:16:32	+02:02:52	09:25
102	769	Pedro Pisco	nice runners	Veterano M40	06:16:48	+02:03:08	09:25
103	135	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	06:16:49	+02:03:09	09:25
104	632	Helder Parracho	individual	Senior Masculino	06:17:08	+02:03:28	09:26
105	786	Nelson Duarte	outsiders trail team	Veterano M40	06:18:44	+02:05:04	09:28
106	814	Joao Barbosa	ss montepio	Senior Masculino	06:20:20	+02:06:40	09:31
107	718	José Carlos Rodrigues de Carvalho	individual	Veterano M50	06:20:20	+02:06:40	09:31
108	759	filipe ferreira	marco trail	Senior Masculino	06:20:51	+02:07:11	09:31
109	850	Álvaro Nunes	individual	Veterano M40	06:20:54	+02:07:14	09:31
110	758	dionisio ferreira	marco trail	Senior Masculino	06:21:16	+02:07:36	09:32
111	572	António Carlos	fridão sem limites	Veterano M50	06:21:23	+02:07:43	09:32
112	522	Sérgio Miguel Batista Couto	budeguita runners	Veterano M40	06:22:28	+02:08:48	09:34
113	569	Michel Almeida	fisiofute trail runing	Veterano M40	06:22:29	+02:08:49	09:34
114	596	Albino Campos	gtt - armazém do caffè	Veterano M50	06:23:14	+02:09:34	09:35
115	733	José Miguel Freitas Teixeira	josé miguel	Senior Masculino	06:23:19	+02:09:39	09:35
116	763	Luisa cruz	moinhos run-adrm	Senior Feminino	06:23:49	+02:10:09	09:36
117	811	Emidio Santos	sigmarunners	Veterano M50	06:24:07	+02:10:27	09:36
118	680	David Almeida Assis	individual	Veterano M40	06:24:11	+02:10:31	09:36
119	575	Rui Viegas	galhardos runners	Senior Masculino	06:25:19	+02:11:38	09:38
120	789	Bruno Julião	pés troikados - cscs	Senior Masculino	06:26:30	+02:12:50	09:40
121	685	Flavio monteiro	individual	Veterano M40	06:26:55	+02:13:15	09:40
122	538	João Moutinho	crocodilos / misterpc	Senior Masculino	06:28:36	+02:14:56	09:43
123	683	Emanuel Gomes da Costa	individual	Veterano M40	06:28:48	+02:15:08	09:43
124	510	José Madureira	amigo trail run	Senior Masculino	06:28:55	+02:15:15	09:43
125	753	Paulo Brás	lion runners - g. d. leões da guarda	Veterano M40	06:28:59	+02:15:19	09:43
126	664	Vitor Teixeira	individual	Senior Masculino	06:29:42	+02:16:02	09:45
127	584	Telmo Mendonça	gondomar futsal clube	Senior Masculino	06:30:22	+02:16:41	09:46

TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	613	Mafalda Luís	individual	Senior Feminino	06:30:24	+02:16:43	09:46
129	585	Pedro Matos	gondomar futsal clube	Veterano M40	06:30:25	+02:16:45	09:46
130	674	Almeida Artur	individual	Veterano M40	06:30:48	+02:17:08	09:46
131	542	Pedro Santos	crocodilos / misterpc	Senior Masculino	06:30:58	+02:17:18	09:46
132	785	Adriano Rocha	outsiders trail team	Veterano M40	06:32:44	+02:19:04	09:49
133	564	Gil Ferreira da Silva	eu+ run	Senior Masculino	06:33:15	+02:19:35	09:50
134	748	Stephane Jorge	les big mecs	Veterano M40	06:34:23	+02:20:43	09:52
135	747	Nuno Filipe Toipa Neves	les big mecs	Senior Masculino	06:34:25	+02:20:44	09:52
136	740	Carlos Leal	kemedo team	Senior Masculino	06:34:43	+02:21:03	09:52
137	503	Helder Domingos	a20km	Senior Masculino	06:35:35	+02:21:55	09:53
138	502	Francisco Cachulo	a20km	Senior Masculino	06:35:36	+02:21:56	09:53
139	797	Humberto Pinho	piratas running team	Veterano M50	06:35:40	+02:21:59	09:54
140	725	David Sousa	invicta runners team	Veterano M40	06:38:21	+02:24:41	09:58
141	595	Luis Miguel Lucas	glt - armazém do caffè	Veterano M40	06:38:50	+02:25:10	09:58
142	593	MARCELO TELES	glt - armazém do caffè	Senior Masculino	06:38:50	+02:25:10	09:58
143	520	Hendrik Wielinga	budeguita runners	Veterano M40	06:39:46	+02:26:05	10:00
144	699	Nuno José Fonseca Freitas	individual	Veterano M40	06:40:01	+02:26:21	10:00
145	691	Jorge Nunes	individual	Veterano M40	06:40:58	+02:27:17	10:01
146	815	Joao Cardoso	ss montepio	Veterano M40	06:42:23	+02:28:43	10:04
147	535	Daniel Pinto	comdor runners	Senior Masculino	06:42:24	+02:28:44	10:04
148	536	Paula Silva	comdor runners	Veterana F40	06:42:24	+02:28:44	10:04
149	744	Jorge Domingues	lebres minhotas	Veterano M40	06:44:02	+02:30:22	10:06
150	678	Antonio Fonseca	individual	Veterano M40	06:44:51	+02:31:11	10:07
151	617	André Duarte Bento	individual	Senior Masculino	06:45:42	+02:32:02	10:09
152	577	Fausto Neves	gdp - grupo desportivo da pesca	Veterano M40	06:46:56	+02:33:16	10:10
153	713	vit0r santos	individual	Veterano M40	06:46:56	+02:33:16	10:10
154	648	Nuno Silva	individual	Senior Masculino	06:47:00	+02:33:20	10:11
155	781	Paulo Sousa	os tolinhos	Veterano M40	06:50:18	+02:36:38	10:15
156	780	Paulo Henrique Febra Andrino Pereira	os tolinhos	Veterano M40	06:50:18	+02:36:38	10:15
157	782	António Pereira Ferreira	os tolinhos	Veterano M50	06:50:19	+02:36:39	10:15
158	580	EDUARDO MEDEIROS	ginásio clube de bragança	Veterano M60	06:50:27	+02:36:47	10:16
159	784	José António Gomes de Lemos	os tolinhos	Veterano M50	06:50:59	+02:37:19	10:16
160	579	Paulo Alves	gdp - grupo desportivo da pesca	Veterano M40	06:51:01	+02:37:21	10:17
161	757	Rita Fernandes	lt	Veterana F40	06:51:02	+02:37:22	10:17
162	798	Vitor Fernandes	piratas running team	Veterano M50	06:53:21	+02:39:40	10:20
163	576	Luis Oliveira	gd santander totta	Veterano M40	06:56:15	+02:42:35	10:24
164	724	Nuno Teixeira	invicta runners team	Senior Masculino	06:56:15	+02:42:35	10:24
165	634	Hugo	individual	Senior Masculino	06:57:54	+02:44:14	10:27
166	625	Carlos Silva	individual	Senior Masculino	06:57:54	+02:44:14	10:27
167	589	Dimitri Matos	glt - armazém do caffè	Senior Masculino	06:57:59	+02:44:19	10:27
168	770	Rui Jorge Freitas	nice runners	Veterano M40	06:58:16	+02:44:36	10:27
169	830	Pedro Cunha	vidaativarunners	Senior Masculino	06:58:17	+02:44:37	10:27
170	838	Luís Bernardo	viriahtvs runners viseu	Veterano M40	06:58:44	+02:45:04	10:28
171	766	fernando jose nunes dos santos	motoclube de mangualde runners	Veterano M50	06:59:07	+02:45:27	10:29
172	537	Bruno Gomes	crocodilos / misterpc	Senior Masculino	06:59:23	+02:45:43	10:29

TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	546	João Teixeira	crocodilos / misterpc	Veterano M40	06:59:24	+02:45:43	10:29
174	708	Pedro Quadrio	individual	Veterano M40	06:59:51	+02:46:11	10:30
175	647	Nuno Santos	individual	Senior Masculino	07:02:36	+02:48:56	10:34
176	616	Adriano Jorge Oliveira Reis	individual	Senior Masculino	07:02:39	+02:48:59	10:34
177	828	Alcino Santos	vertical navis	Veterano M50	07:02:54	+02:49:14	10:34
178	829	Miguel Barnabé	vertical navis	Veterano M50	07:02:55	+02:49:15	10:34
179	751	Diogo Ramalhão	lion runners - g. d. leões da guarda	Senior Masculino	07:03:01	+02:49:21	10:35
180	630	Gonçalo Loureiro de Goes Pinheiro	individual	Senior Masculino	07:03:05	+02:49:25	10:35
181	501	Amílcar Teixeira	100meta	Senior Masculino	07:03:23	+02:49:43	10:35
182	624	Bruno Filipe Ribeiro Ferreira	individual	Senior Masculino	07:04:49	+02:51:09	10:37
183	646	Nuno Jesus	individual	Senior Masculino	07:07:48	+02:54:08	10:42
184	636	João Pedro Pinto Fonseca	individual	Senior Masculino	07:08:28	+02:54:48	10:43
185	790	Daniel Taborda	pés troikados - cscs	Senior Masculino	07:08:51	+02:55:11	10:43
186	800	Eduardo Ferreira	runner's do demo	Senior Masculino	07:09:10	+02:55:30	10:44
187	710	Rui Martins	individual	Veterano M40	07:09:12	+02:55:32	10:44
188	783	Francisco Ferreira	os tolinhos	Veterano M50	07:12:15	+02:58:35	10:48
189	700	Nuno Ribeiro	individual	Veterano M40	07:12:58	+02:59:18	10:49
190	720	jose rodrigues costa	individual	Veterano M50	07:18:00	+03:04:20	10:57
191	530	Zé Luis	casa benfica santo tirso	Senior Masculino	07:21:08	+03:07:28	11:02
192	682	David Paulo Vieira Costa	individual	Veterano M40	07:21:11	+03:07:31	11:02
193	702	Paolo Pozzan	individual	Veterano M40	07:21:11	+03:07:31	11:02
194	857	atleta 857	individual	Senior Masculino	07:21:42	+03:08:02	11:03
195	677	Antero Cunha	individual	Veterano M40	07:21:54	+03:08:13	11:03
196	605	Ana Bernardo	individual	Senior Feminino	07:22:10	+03:08:30	11:03
197	743	AGOSTINHO SOUSA	kunalama runners	Veterano M60	07:24:21	+03:10:41	11:07
198	623	Bruno César Rentes Guerra	individual	Senior Masculino	07:24:24	+03:10:44	11:07
199	527	Luís Barata da Rocha	cães d'avenida	Veterano M40	07:24:25	+03:10:45	11:07
200	523	Francisco Gonçalves	cães d'avenida	Veterano M40	07:24:25	+03:10:45	11:07
201	525	João Lelis	cães d'avenida	Veterano M40	07:24:26	+03:10:46	11:07
202	851	Sérgio Cardoso	individual	Veterano M40	07:26:01	+03:12:21	11:09
203	604	Pedro Mata	hustle	Veterano M50	07:27:22	+03:13:42	11:11
204	705	Paulo Viana	individual	Veterano M40	07:28:05	+03:14:24	11:12
205	737	Jorge Coelho	juventude cortegacense	Veterano M40	07:28:43	+03:15:03	11:13
206	600	PEDRO BARROS	happyrun	Veterano M40	07:28:59	+03:15:18	11:13
207	837	José Santos	viriahtvs runners viseu	Veterano M40	07:31:36	+03:17:56	11:17
208	841	Sergio Ferreira Rodrigues	viriahtvs runners viseu	Veterano M50	07:31:36	+03:17:56	11:17
209	746	Miguel Ribeiro	les big mecs	Senior Masculino	07:33:02	+03:19:22	11:20
210	741	Rui Manuel Ribeiro Mesquita	ko trail running	Senior Masculino	07:33:02	+03:19:22	11:20
211	730	António Santos Pereira	invicta runners team	Veterano M60	07:33:53	+03:20:13	11:21
212	779	Sónia Almeida Filipe	os tolinhos	Senior Feminino	07:36:02	+03:22:22	11:24
213	611	Eva Steinkuhle	individual	Senior Feminino	07:36:13	+03:22:33	11:24
214	835	Maria Vale	viriahtvs runners viseu	Veterana F40	07:37:06	+03:23:26	11:26
215	833	Catarina Regalo	viriahtvs runners viseu	Senior Feminino	07:37:07	+03:23:26	11:26
216	603	Celso Alexandre Baptista Fernandes	hustle	Veterano M40	07:40:34	+03:26:54	11:31
217	515	José Amaro	aminhacorrida/myprotein	Veterano M40	07:43:46	+03:30:06	11:36

TRAIL LONGO - STAGE 1

40 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	514	Ana Amaro	aminhacorrida/myprotein	Veterana F40	07:43:46	+03:30:06	11:36
219	771	Filipe Barbosa	nocturnos de paredes	Senior Masculino	07:43:52	+03:30:12	11:36
220	598	Liliana Neto	halp	Senior Feminino	07:44:46	+03:31:06	11:37
221	633	Henrique Matos	individual	Senior Masculino	07:44:47	+03:31:06	11:37
222	599	Pedro Marques	halp	Senior Masculino	07:44:47	+03:31:07	11:37
223	629	Eduardo Castro	individual	Senior Masculino	07:45:46	+03:32:06	11:39
224	622	Antonio Santos	individual	Senior Masculino	07:46:30	+03:32:50	11:40
225	521	Nuno Rodrigues	budeguita runners	Veterano M40	07:46:34	+03:32:54	11:40
226	554	Carlos Manuel Magalhães	deixem passar os coxos	Veterano M50	07:51:09	+03:37:29	11:47
227	675	Amadeu Carvalho	individual	Veterano M40	07:51:57	+03:38:16	11:48
228	834	Dinis Martins	casa do benfica em cinfães	Veterano M40	07:52:53	+03:39:12	11:49
229	709	ROMÁN SÁNCHEZ HERNÁNDEZ	individual	Veterano M40	07:53:52	+03:40:11	11:51
230	695	José Pedro Pinto Silva	individual	Veterano M40	07:54:14	+03:40:33	11:51
231	666	Cristina Maria Fundevila Teixeira	individual	Veterana F40	07:54:14	+03:40:34	11:51
232	752	Maria Ricardo	lion runners - g. d. leões da guarda	Veterana F50	07:54:28	+03:40:48	11:52
233	754	Mário Soares	lion runners - g. d. leões da guarda	Veterano M50	07:54:28	+03:40:48	11:52
234	631	Helder José da rocha Oliveira	individual	Senior Masculino	08:00:00	+03:46:20	12:00
235	795	Carlos Passos	piratas running team	Veterano M40	08:00:49	+03:47:09	12:01
236	796	Celio Pereira	piratas running team	Veterano M40	08:00:50	+03:47:10	12:01
237	794	José Mario Pereira	piratas running team	Senior Masculino	08:01:08	+03:47:28	12:02
238	717	Joao Carlos Oliveira Barroso	individual	Veterano M50	08:02:45	+03:49:05	12:04
239	826	Patricia Madeira	vertical navis	Veterana F40	08:02:54	+03:49:14	12:04
240	827	Valdemar Cardoso	vertical navis	Veterano M40	08:02:56	+03:49:16	12:04
241	534	Rui Santos	blackbulls	Veterano M40	08:04:32	+03:50:52	12:07
242	839	Miguel Batista	viriatvhs runners viseu	Veterano M40	08:16:42	+04:03:01	12:25
243	840	Viriato Coelho	viriatvhs runners viseu	Veterano M40	08:16:42	+04:03:02	12:25
244	836	José Dias	viriatvhs runners viseu	Veterano M40	08:16:43	+04:03:03	12:25
245	732	Ricardo Ferreira	jorsat runners	Senior Masculino	08:20:47	+04:07:07	12:31
246	516	Nídia Valadares	associação de atletismo lebres do sado	Senior Feminino	08:20:48	+04:07:08	12:31
247	668	Malika SAYAD	individual	Veterana F40	08:21:04	+04:07:23	12:32
248	556	Anselmo Vieira	descola	Senior Masculino	08:24:47	+04:11:07	12:37
249	711	Sergio Silva	individual	Veterano M40	08:27:06	+04:13:26	12:41
250	519	Sandra Oliveira	budeguita runners	Veterana F40	08:27:07	+04:13:27	12:41
251	518	Bruno Espadeiro	be energy	Senior Masculino	08:27:38	+04:13:58	12:41
252	665	Carla Moreira	individual	Veterana F40	08:34:06	+04:20:26	12:51
253	727	Paulo Jorge Ferreira Ribeiro	invicta runners team	Veterano M40	08:35:37	+04:21:57	12:53
254	607	Carla Sofia Gonçalves Pinto	individual	Senior Feminino	08:36:38	+04:22:58	12:55
255	726	Fernando Jorge	invicta runners team	Veterano M40	08:38:21	+04:24:41	12:58
256	608	Cátia Santos	individual	Senior Feminino	08:40:41	+04:27:01	13:01
257	684	Estefânio da Silva Pinto	individual	Veterano M40	08:41:21	+04:27:41	13:02
258	669	Sónia Pereira	individual	Veterana F40	08:47:15	+04:33:35	13:11
259	619	André Silveira	individual	Senior Masculino	08:47:15	+04:33:35	13:11
260	760	Geraldo Gomes	marco trail	Veterano M50	08:54:33	+04:40:53	13:22
261	641	Márcio Ferreira	individual	Senior Masculino	08:55:59	+04:42:19	13:24
262	549	Sérgio Marques	crocodilos / misterpc	Veterano M40	08:59:43	+04:46:03	13:30

TRAIL LONGO - STAGE 1

40 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	582	Filipe Leitão	gondomar futsal clube	Senior Masculino	09:01:17	+04:47:37	13:32
264	672	Ienita lemos	individual	Veterana F50	09:06:08	+04:52:28	13:39
265	533	cândida vilas-boas	clube zipper	Veterana F40	09:08:45	+04:55:05	13:43
266	846	Ana Rodrigues	venividivici	Senior Feminino	09:10:35	+04:56:55	13:46
267	845	José Ribeiro	venividivici	Veterano M40	09:10:36	+04:56:56	13:46
268	570	hugo carvalho	formobike btt & trail running	Senior Masculino	09:11:36	+04:57:56	13:47
269	573	Sandra Matos	fruta da 5ª	Senior Feminino	09:11:50	+04:58:10	13:48
270	539	Lano Valente	crocodilos / misterpc	Senior Masculino	09:12:15	+04:58:35	13:48
271	532	MANUEL PEDRO SANTOS PEREIRA	clube millennium bcp	Veterano M50	09:13:45	+05:00:05	13:51
272	531	PAULA ISABEL ROSA BATALHA	clube millennium bcp	Veterana F50	09:13:45	+05:00:05	13:51
273	761	Joana Silva	metralhas runners	Senior Feminino	09:14:16	+05:00:36	13:51
274	116	Tiago Vidal Leal	individual	Veterano M40	09:15:30	+05:01:50	13:53
275	602	Bruno Palma	hustle	Senior Masculino	09:25:45	+05:12:05	14:09
276	728	Vitor Silva	invicta runners team	Veterano M40	09:35:36	+05:21:56	14:23
277	601	André Chanoca	hustle	Senior Masculino	09:52:36	+05:38:56	14:49
278	818	Diogo Simão	stpeters	Senior Masculino	10:54:13	+06:40:33	16:21

Trail Longo

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40 KM

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:30	17°C	93%
End	19:25	20°C	82%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	615	Verónica Moreira	Individual	Senior Feminino	04:58:19	+44:39	07:27:19
2	559	Marisa Alexandra da Rocha Vieira	Dr.merino/4moove	Senior Feminino	04:58:41	+45:01	07:28:19
3	612	LAURA GONZALEZ GOCE	Individual	Senior Feminino	05:16:52	+01:03:12	07:55:19
4	842	Clara Oliveira	Viseu 360	Senior Feminino	05:21:55	+01:08:15	08:03:19
5	738	Bárbara de Carvalho Fernandes	Juventude Vidigalense	Senior Feminino	05:44:28	+01:30:48	08:37:19
6	821	juliana rodrigues	TRT	Senior Feminino	05:59:07	+01:45:27	08:59:19
7	772	Susana Bernardo	opraticante.pt	Senior Feminino	06:09:00	+01:55:20	09:14:19
8	832	Catarina Fernandes	Viriathvs Runners Viseu	Senior Feminino	06:10:12	+01:56:31	09:15:19
9	581	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	06:14:19	+02:00:39	09:21:19
10	610	Estela Martins	Individual	Senior Feminino	06:14:19	+02:00:39	09:21:19
11	799	Andreia Oliveira	RUNNER'S do DEMO	Senior Feminino	06:15:10	+02:01:30	09:23:19
12	763	Luisa cruz	Moinhos Run-ADRM	Senior Feminino	06:23:49	+02:10:09	09:36:19
13	613	Mafalda Luís	Individual	Senior Feminino	06:30:24	+02:16:43	09:46:19
14	605	Ana Bernardo	Individual	Senior Feminino	07:22:10	+03:08:30	11:03:19
15	779	Sónia Almeida Filipe	Os Tolinhos	Senior Feminino	07:36:02	+03:22:22	11:24:19
16	611	Eva Steinkuhle	Individual	Senior Feminino	07:36:13	+03:22:33	11:24:19
17	833	Catarina Regalo	Viriathvs Runners Viseu	Senior Feminino	07:37:07	+03:23:26	11:26:19
18	598	Liliana Neto	HALP	Senior Feminino	07:44:46	+03:31:06	11:37:19
19	516	Nídia Valadares	Associação de atletismo Lebres do sado	Senior Feminino	08:20:48	+04:07:08	12:31:19
20	607	Carla Sofia Gonçalves Pinto	Individual	Senior Feminino	08:36:38	+04:22:58	12:55:19
21	608	Cátia Santos	Individual	Senior Feminino	08:40:41	+04:27:01	13:01:19
22	846	Ana Rodrigues	VeniVidiVici	Senior Feminino	09:10:35	+04:56:55	13:46:19
23	573	Sandra Matos	Fruta da 5ª	Senior Feminino	09:11:50	+04:58:10	13:48:19
24	761	Joana Silva	Metralhas Runners	Senior Feminino	09:14:16	+05:00:36	13:51:19

Senior Masculino

1	592	Luís Pedro Ferreira de Sousa Martins	GTT - Armazém do Caffè	Senior Masculino	04:13:40	06:21:40
2	587	Sérgio Sá	GTT - Armazém do Caffè	Senior Masculino	04:20:59	+07:19 06:31:40
3	810	César Barros	SatecnosolOutdoor/Lasportiva	Senior Masculino	04:32:14	+18:34 06:48:54
4	558	Helder Rocha	DOUROCONTA TRAIL TEAM	Senior Masculino	04:37:35	+23:55 06:56:09
5	661	Tiago Aragão	CTAD-Trilhos de Cinfães	Senior Masculino	04:40:30	+26:50 07:01:30
6	591	HUGO ARAUJO	GTT - Armazém do Caffè	Senior Masculino	04:49:41	+36:01 07:15:41
7	557	Sérgio Carneiro	Descola	Senior Masculino	04:53:19	+39:39 07:20:00
8	768	Nelson vaz	Nelson	Senior Masculino	04:56:46	+43:06 07:25:06
9	643	Miguel Lopes	Individual	Senior Masculino	04:58:26	+44:46 07:28:52
10	620	António Dos Reis Maia	Individual	Senior Masculino	04:58:41	+45:00 07:28:52
11	824	Toni Marco Leitão Costa	Trutas do Mau - GDR Granja	Senior Masculino	05:00:20	+46:40 07:31:32

Trail Longo

40 KM

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OFFICIAL RESULT

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12	574	Nelson Rodrigues	GALHARDOS RUNNERS	Senior Masculino	05:06:57	+53:17	07:40
13	42	Vitor André da Silva Cardoso	CTAD-Trilhos de Cinfães	Senior Masculino	05:09:23	+55:43	07:44
14	594	Sérgio André da Silva Coelho	GTT - Armazém do Caffè	Senior Masculino	05:09:42	+56:02	07:45
15	831	luis miguel da cunha santos	vimarunners	Senior Masculino	05:13:00	+59:20	07:50
16	541	Nelson Teixeira	CROCODILOS / MISTERPC	Senior Masculino	05:13:58	+01:00:18	07:51
17	639	LUIS ENRIQUE MARTINEZ COMESAÑA	Individual	Senior Masculino	05:16:53	+01:03:13	07:55
18	654	Pedro Osório	Individual	Senior Masculino	05:21:54	+01:08:14	08:03
19	767	Pedro Vieira	Mountain Runners	Senior Masculino	05:25:30	+01:11:50	08:08
20	808	marco silva	Salamandrecos	Senior Masculino	05:27:04	+01:13:24	08:11
21	506	Sérgio Almeida	AfrikanRunners	Senior Masculino	05:27:44	+01:14:04	08:12
22	45	Nuno Teixeira	EDV-VIANA TRAIL	Senior Masculino	05:29:02	+01:15:22	08:14
23	659	Rúben Alves	Individual	Senior Masculino	05:33:16	+01:19:36	08:20
24	762	António Pinto	Mocidade Sangemil AC	Senior Masculino	05:34:55	+01:21:15	08:22
25	543	Ricardo Dantas	CROCODILOS / MISTERPC	Senior Masculino	05:35:24	+01:21:44	08:23
26	638	José Miguel Pinto	Individual	Senior Masculino	05:37:34	+01:23:54	08:26
27	657	Ricardo Sousa	Individual	Senior Masculino	05:38:28	+01:24:48	08:28
28	775	Fernando Jorge da Costa Pereira	Os Lobos do Saibro	Senior Masculino	05:38:54	+01:25:14	08:28
29	792	João Narciso	PÉS TROIKADOS - CSCS	Senior Masculino	05:39:03	+01:25:23	08:29
30	734	Rui Miguel baeta Nogueira	Juventude Cortegacense	Senior Masculino	05:40:34	+01:26:54	08:31
31	823	Rafael Almeida	TRT	Senior Masculino	05:40:58	+01:27:18	08:31
32	822	Bruno ricardo Dias	TRT	Senior Masculino	05:40:59	+01:27:19	08:31
33	777	Norberto Fernandes	Os Lobos do Saibro	Senior Masculino	05:41:35	+01:27:55	08:32
34	540	Marco Marques	CROCODILOS / MISTERPC	Senior Masculino	05:43:02	+01:29:22	08:35
35	504	Ricardo Filipe Tavares Fernandes	ADCFelgueira	Senior Masculino	05:43:55	+01:30:15	08:36
36	656	Ricardo Sampaio	Individual	Senior Masculino	05:44:30	+01:30:50	08:37
37	54	Emanuel da Costa	GTT - Armazém do Caffè	Senior Masculino	05:45:02	+01:31:21	08:38
38	645	Nuno Garcia	Individual	Senior Masculino	05:46:10	+01:32:30	08:39
39	774	Bruno Cunha	Os Lobos do Saibro	Senior Masculino	05:47:19	+01:33:39	08:41
40	588	CARLOS RIBEIRO	GTT - Armazém do Caffè	Senior Masculino	05:48:39	+01:34:59	08:43
41	552	Luís Miguel Azevedo da Silva	CTAD-Trilhos de Cinfães	Senior Masculino	05:48:40	+01:34:59	08:43
42	649	Nuno Sobral	Individual	Senior Masculino	05:50:06	+01:36:26	08:45
43	508	rui pinho	Akuafit	Senior Masculino	05:52:18	+01:38:38	08:48
44	651	Paulo Jorge	Individual	Senior Masculino	05:53:35	+01:39:55	08:50
45	663	Tomé pinto	Individual	Senior Masculino	06:00:07	+01:46:27	09:00
46	802	Paulo Polónio	RUNNER'S do DEMO	Senior Masculino	06:03:45	+01:50:05	09:06
47	655	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	06:05:54	+01:52:14	09:09
48	590	Helder Silva	GTT - Armazém do Caffè	Senior Masculino	06:11:32	+01:57:52	09:17
49	749	Rui da Silva Santos	liketomove	Senior Masculino	06:12:54	+01:59:14	09:19
50	731	Pedro santos	J&P Running	Senior Masculino	06:15:00	+02:01:20	09:23
51	801	Nuno Oliveira	RUNNER'S do DEMO	Senior Masculino	06:15:10	+02:01:30	09:23
52	565	Pedro Santos	Factor x/S4L/MedenseFc	Senior Masculino	06:16:01	+02:02:21	09:24
53	135	Bruno Monteiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	06:16:49	+02:03:09	09:25
54	632	Helder Parracho	Individual	Senior Masculino	06:17:08	+02:03:28	09:26
55	814	Joao Barbosa	SS MONTEPIO	Senior Masculino	06:20:20	+02:06:40	09:31
56	759	filipe ferreira	MARCO TRAIL	Senior Masculino	06:20:51	+02:07:11	09:33

Trail Longo

40 KM

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OFFICIAL RESULT

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57	758	dionisio ferreira	MARCO TRAIL	Senior Masculino	06:21:16	+02:07:36	09:32
58	733	José Miguel Freitas Teixeira	José Miguel	Senior Masculino	06:23:19	+02:09:39	09:35
59	575	Rui Viegas	GALHARDOS RUNNERS	Senior Masculino	06:25:19	+02:11:38	09:38
60	789	Bruno Julião	PÉS TROIKADOS - CSCS	Senior Masculino	06:26:30	+02:12:50	09:40
61	538	João Moutinho	CROCODILOS / MISTERPC	Senior Masculino	06:28:36	+02:14:56	09:43
62	510	José Madureira	AMIGO Trail Run	Senior Masculino	06:28:55	+02:15:15	09:43
63	664	Vitor Teixeira	Individual	Senior Masculino	06:29:42	+02:16:02	09:45
64	584	Telmo Mendonça	GONDOMAR FUTSAL CLUBE	Senior Masculino	06:30:22	+02:16:41	09:46
65	542	Pedro Santos	CROCODILOS / MISTERPC	Senior Masculino	06:30:58	+02:17:18	09:46
66	564	Gil Ferreira da Silva	EU+ Run	Senior Masculino	06:33:15	+02:19:35	09:50
67	747	Nuno Filipe Toipa Neves	LES BIG MECS	Senior Masculino	06:34:25	+02:20:44	09:52
68	740	Carlos Leal	KeMedo Team	Senior Masculino	06:34:43	+02:21:03	09:52
69	503	Helder Domingos	A20KM	Senior Masculino	06:35:35	+02:21:55	09:53
70	502	Francisco Cachulo	A20KM	Senior Masculino	06:35:36	+02:21:56	09:53
71	593	MARCELO TELES	GTT - Armazém do Caffè	Senior Masculino	06:38:50	+02:25:10	09:58
72	535	Daniel Pinto	ComDor Runners	Senior Masculino	06:42:24	+02:28:44	10:04
73	617	André Duarte Bento	Individual	Senior Masculino	06:45:42	+02:32:02	10:09
74	648	Nuno Silva	Individual	Senior Masculino	06:47:00	+02:33:20	10:11
75	724	Nuno Teixeira	Invicta Runners Team	Senior Masculino	06:56:15	+02:42:35	10:24
76	634	Hugo	Individual	Senior Masculino	06:57:54	+02:44:14	10:27
77	625	Carlos Silva	Individual	Senior Masculino	06:57:54	+02:44:14	10:27
78	589	Dimitri Matos	GTT - Armazém do Caffè	Senior Masculino	06:57:59	+02:44:19	10:27
79	830	Pedro Cunha	VIDAATIVARUNNERS	Senior Masculino	06:58:17	+02:44:37	10:27
80	537	Bruno Gomes	CROCODILOS / MISTERPC	Senior Masculino	06:59:23	+02:45:43	10:29
81	647	Nuno Santos	Individual	Senior Masculino	07:02:36	+02:48:56	10:34
82	616	Adriano Jorge Oliveira Reis	Individual	Senior Masculino	07:02:39	+02:48:59	10:34
83	751	Diogo Ramalhão	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	07:03:01	+02:49:21	10:35
84	630	Gonçalo Loureiro de Goes Pinheiro	Individual	Senior Masculino	07:03:05	+02:49:25	10:35
85	501	Amílcar Teixeira	100meta	Senior Masculino	07:03:23	+02:49:43	10:35
86	624	Bruno Filipe Ribeiro Ferreira	Individual	Senior Masculino	07:04:49	+02:51:09	10:37
87	646	Nuno Jesus	Individual	Senior Masculino	07:07:48	+02:54:08	10:42
88	636	João Pedro Pinto Fonseca	Individual	Senior Masculino	07:08:28	+02:54:48	10:43
89	790	Daniel Taborda	PÉS TROIKADOS - CSCS	Senior Masculino	07:08:51	+02:55:11	10:43
90	800	Eduardo Ferreira	RUNNER'S do DEMO	Senior Masculino	07:09:10	+02:55:30	10:44
91	530	Zé Luis	Casa Benfica Santo Tirso	Senior Masculino	07:21:08	+03:07:28	11:02
92	857	atleta 857	Individual	Senior Masculino	07:21:42	+03:08:02	11:03
93	623	Bruno César Rentes Guerra	Individual	Senior Masculino	07:24:24	+03:10:44	11:07
94	746	Miguel Ribeiro	LES BIG MECS	Senior Masculino	07:33:02	+03:19:22	11:20
95	741	Rui Manuel Ribeiro Mesquita	KO TRAIL RUNNING	Senior Masculino	07:33:02	+03:19:22	11:20
96	771	Filipe Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	07:43:52	+03:30:12	11:36
97	633	Henrique Matos	Individual	Senior Masculino	07:44:47	+03:31:06	11:37
98	599	Pedro Marques	HALP	Senior Masculino	07:44:47	+03:31:07	11:37
99	629	Eduardo Castro	Individual	Senior Masculino	07:45:46	+03:32:06	11:39
100	622	Antonio Santos	Individual	Senior Masculino	07:46:30	+03:32:50	11:40
101	631	Helder José da rocha Oliveira	Individual	Senior Masculino	08:00:00	+03:46:20	12:00
102	794	José Mario Pereira	Piratas Running Team	Senior Masculino	08:01:08	+03:47:28	12:02

Official Timekeeper: Lap2Go	3 / 7	generate 14-Jul-2017 14:54
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Trail Longo

40 KM

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OFFICIAL RESULT

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103	732	Ricardo Ferreira	Jorsat Runners	Senior Masculino	08:20:47	+04:07:07	12:31
104	556	Anselmo Vieira	Descola	Senior Masculino	08:24:47	+04:11:07	12:37
105	518	Bruno Espadeiro	BE ENERGY	Senior Masculino	08:27:38	+04:13:58	12:41
106	619	André Silveira	Individual	Senior Masculino	08:47:15	+04:33:35	13:11
107	641	Márcio Ferreira	Individual	Senior Masculino	08:55:59	+04:42:19	13:24
108	582	Filipe Leitão	GONDOMAR FUTSAL CLUBE	Senior Masculino	09:01:17	+04:47:37	13:32
109	570	hugo carvalho	FormoBike Btt & Trail Running	Senior Masculino	09:11:36	+04:57:56	13:47
110	539	Lano Valente	CROCODILOS / MISTERPC	Senior Masculino	09:12:15	+04:58:35	13:48
111	602	Bruno Palma	Hustle	Senior Masculino	09:25:45	+05:12:05	14:09
112	601	André Chanoca	Hustle	Senior Masculino	09:52:36	+05:38:56	14:49
113	818	Diogo Simão	STPETERS	Senior Masculino	10:54:13	+06:40:33	16:21

Veterana F40

1	739	Raquel Clemente Pedro	Juventude Vidigalense	Veterana F40	05:27:58	+01:14:18	08:12
2	667	Fátima Manuela Gomes Alendouro	Juventude Vidigalense	Veterana F40	05:33:35	+01:19:54	08:20
3	536	Paula Silva	ComDor Runners	Veterana F40	06:42:24	+02:28:44	10:04
4	757	Rita Fernandes	LT	Veterana F40	06:51:02	+02:37:22	10:17
5	835	Maria Vale	Viriathvs Runners Viseu	Veterana F40	07:37:06	+03:23:26	11:26
6	514	Ana Amaro	Aminhacorrida/Myprotein	Veterana F40	07:43:46	+03:30:06	11:36
7	666	Cristina Maria Fundevila Teixeira	Individual	Veterana F40	07:54:14	+03:40:34	11:51
8	826	Patricia Madeira	Vertical Navis	Veterana F40	08:02:54	+03:49:14	12:04
9	668	Malika SAYAD	Individual	Veterana F40	08:21:04	+04:07:23	12:32
10	519	Sandra Oliveira	BUDEGUITA RUNNERS	Veterana F40	08:27:07	+04:13:27	12:41
11	665	Carla Moreira	Individual	Veterana F40	08:34:06	+04:20:26	12:51
12	669	Sónia Pereira	Individual	Veterana F40	08:47:15	+04:33:35	13:11
13	533	cândida vilas-boas	Clube Zupper	Veterana F40	09:08:45	+04:55:05	13:43

Veterana F50

1	670	Alexandra Fernandes	Individual	Veterana F50	06:14:19	+02:00:39	09:21
2	752	Maria Ricardo	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F50	07:54:28	+03:40:48	11:52
3	672	Ienita lemos	Individual	Veterana F50	09:06:08	+04:52:28	13:39
4	531	PAULA ISABEL ROSA BATALHA	Clube Millennium BCP	Veterana F50	09:13:45	+05:00:05	13:51

Veterano M40

1	804	António Ferreira	RUNNER'S do DEMO	Veterano M40	04:21:32	+07:52	06:32
2	673	Abílio Ribeiro	Individual	Veterano M40	04:29:40	+16:00	06:45
3	513	Manuel Barbosa	AMIGO Trail Run	Veterano M40	04:37:39	+23:59	06:56
4	765	Adelino Paulo Carvalho	Monsanto Running Team	Veterano M40	04:52:30	+38:50	07:19
5	805	José Costa	RUNNER'S do DEMO	Veterano M40	04:53:22	+39:42	07:20
6	686	Francisco Pinheiro	Individual	Veterano M40	05:03:09	+49:29	07:35
7	517	Paulo Jorge Freitas Ferreira	Associação Desportiva de Cabroelo	Veterano M40	05:14:44	+01:01:04	07:52

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Trail Longo

40 KM

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OFFICIAL RESULT

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REVISED

8	807	Nuno Miranda	RUNNER'S do DEMO	Veterano M40	05:28:20	+01:14:40	08:13
9	509	Fernando Oliveira	ALIANÇA DE GANDRA	Veterano M40	05:29:00	+01:15:20	08:14
10	687	Hugo Brito	Individual	Veterano M40	05:32:48	+01:19:08	08:19
11	681	David Alves	Individual	Veterano M40	05:34:11	+01:20:31	08:21
12	524	Gonçalo Pinheiro Torres	Cães d'Avenida	Veterano M40	05:36:56	+01:23:16	08:25
13	578	JOAQUIM SILVA	GDP - Grupo Desportivo da Pesqueira	Veterano M40	05:37:44	+01:24:04	08:27
14	676	André Figueiredo	Individual	Veterano M40	05:41:24	+01:27:44	08:32
15	547	Paulo Pelicano	CROCODILOS / MISTERPC	Veterano M40	05:43:02	+01:29:21	08:35
16	637	Bruno Cardoso Araújo	KeMedo Team	Veterano M40	05:43:08	+01:29:28	08:35
17	707	Pedro Mouro	Individual	Veterano M40	05:47:47	+01:34:06	08:42
18	568	JOÃO AGOSTINHO	FISIOFUTE TRAIL RUNING	Veterano M40	05:49:08	+01:35:28	08:44
19	679	César Sousa	Individual	Veterano M40	05:51:26	+01:37:46	08:47
20	736	Joao Oliveira	Juventude Cortegacense	Veterano M40	05:52:52	+01:39:12	08:49
21	548	Rui Andrade	CROCODILOS / MISTERPC	Veterano M40	05:53:33	+01:39:52	08:50
22	706	Pedro Guimaraes	Individual	Veterano M40	05:55:35	+01:41:54	08:53
23	806	José Manuel Gomes Nunes	RUNNER'S do DEMO	Veterano M40	05:56:24	+01:42:44	08:55
24	586	Paulo Crespo	GTeam	Veterano M40	05:59:54	+01:46:14	09:00
25	689	João Martinho de Azevedo Sousa	Individual	Veterano M40	06:00:06	+01:46:26	09:00
26	820	Jaime Couto	STPETERS	Veterano M40	06:00:23	+01:46:43	09:01
27	701	Nuno Sérgio de Vasconcelos Ferreira	Individual	Veterano M40	06:12:54	+01:59:14	09:19
28	712	Viriato Gil Tavares Almeida	Individual	Veterano M40	06:16:32	+02:02:52	09:25
29	769	Pedro Pisco	Nice Runners	Veterano M40	06:16:48	+02:03:08	09:25
30	786	Nelson Duarte	Outsiders trail team	Veterano M40	06:18:44	+02:05:04	09:28
31	850	Álvaro Nunes	Individual	Veterano M40	06:20:54	+02:07:14	09:31
32	522	Sérgio Miguel Batista Couto	BUDEGUITA RUNNERS	Veterano M40	06:22:28	+02:08:48	09:34
33	569	Michel Almeida	FISIOFUTE TRAIL RUNING	Veterano M40	06:22:29	+02:08:49	09:34
34	680	David Almeida Assis	Individual	Veterano M40	06:24:11	+02:10:31	09:36
35	685	Flavio monteiro	Individual	Veterano M40	06:26:55	+02:13:15	09:40
36	683	Emanuel Gomes da Costa	Individual	Veterano M40	06:28:48	+02:15:08	09:43
37	753	Paulo Brás	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	06:28:59	+02:15:19	09:43
38	585	Pedro Matos	GONDOMAR FUTSAL CLUBE	Veterano M40	06:30:25	+02:16:45	09:46
39	674	Almeida Artur	Individual	Veterano M40	06:30:48	+02:17:08	09:46
40	785	Adriano Rocha	Outsiders trail team	Veterano M40	06:32:44	+02:19:04	09:49
41	748	Stephane Jorge	LES BIG MECS	Veterano M40	06:34:23	+02:20:43	09:52
42	725	David Sousa	Invicta Runners Team	Veterano M40	06:38:21	+02:24:41	09:58
43	595	Luis Miguel Lucas	GTT - Armazém do Caffè	Veterano M40	06:38:50	+02:25:10	09:58
44	520	Hendrik Wielinga	BUDEGUITA RUNNERS	Veterano M40	06:39:46	+02:26:05	10:00
45	699	Nuno José Fonseca Freitas	Individual	Veterano M40	06:40:01	+02:26:21	10:00
46	691	Jorge Nunes	Individual	Veterano M40	06:40:58	+02:27:17	10:01
47	815	Joao Cardoso	SS MONTEPIO	Veterano M40	06:42:23	+02:28:43	10:04
48	744	Jorge Domingues	LEBRES MINHOTAS	Veterano M40	06:44:02	+02:30:22	10:06
49	678	Antonio Fonseca	Individual	Veterano M40	06:44:51	+02:31:11	10:07
50	577	Fausto Neves	GDP - Grupo Desportivo da Pesqueira	Veterano M40	06:46:56	+02:33:16	10:10
51	713	vit0r santos	Individual	Veterano M40	06:46:56	+02:33:16	10:10

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Trail Longo

40 KM

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52	781	Paulo Sousa	Os Tolinhos	Veterano M40	06:50:18	+02:36:38	10:15
53	780	Paulo Henrique Febra Andrino Pereira	Os Tolinhos	Veterano M40	06:50:18	+02:36:38	10:15
54	579	Paulo Alves	GDP - Grupo Desportivo da Pesequeira	Veterano M40	06:51:01	+02:37:21	10:17
55	576	Luis Oliveira	GD santander totta	Veterano M40	06:56:15	+02:42:35	10:24
56	770	Rui Jorge Freitas	Nice Runners	Veterano M40	06:58:16	+02:44:36	10:27
57	838	Luís Bernardo	Viriathvs Runners Viseu	Veterano M40	06:58:44	+02:45:04	10:28
58	546	João Teixeira	CROCODILOS / MISTERPC	Veterano M40	06:59:24	+02:45:43	10:29
59	708	Pedro Quadrio	Individual	Veterano M40	06:59:51	+02:46:11	10:30
60	710	Rui Martins	Individual	Veterano M40	07:09:12	+02:55:32	10:44
61	700	Nuno Ribeiro	Individual	Veterano M40	07:12:58	+02:59:18	10:49
62	682	David Paulo Vieira Costa	Individual	Veterano M40	07:21:11	+03:07:31	11:02
63	702	Paolo Pozzan	Individual	Veterano M40	07:21:11	+03:07:31	11:02
64	677	Antero Cunha	Individual	Veterano M40	07:21:54	+03:08:13	11:03
65	527	Luís Barata da Rocha	Cães d'Avenida	Veterano M40	07:24:25	+03:10:45	11:07
66	523	Francisco Gonçalves	Cães d'Avenida	Veterano M40	07:24:25	+03:10:45	11:07
67	525	João Lelis	Cães d'Avenida	Veterano M40	07:24:26	+03:10:46	11:07
68	851	Sérgio Cardoso	Individual	Veterano M40	07:26:01	+03:12:21	11:09
69	705	Paulo Viana	Individual	Veterano M40	07:28:05	+03:14:24	11:12
70	737	Jorge Coelho	Juventude Cortegacense	Veterano M40	07:28:43	+03:15:03	11:13
71	600	PEDRO BARROS	HappyRun	Veterano M40	07:28:59	+03:15:18	11:13
72	837	José Santos	Viriathvs Runners Viseu	Veterano M40	07:31:36	+03:17:56	11:17
73	603	Celso Alexandre Baptista Fernandes	Hustle	Veterano M40	07:40:34	+03:26:54	11:31
74	515	José Amaro	Aminhacorrida/Myprotein	Veterano M40	07:43:46	+03:30:06	11:36
75	521	Nuno Rodrigues	BUDEGUITA RUNNERS	Veterano M40	07:46:34	+03:32:54	11:40
76	675	Amadeu Carvalho	Individual	Veterano M40	07:51:57	+03:38:16	11:48
77	834	Dinis Martins	Casa do Benfica em Cinfães	Veterano M40	07:52:53	+03:39:12	11:49
78	709	ROMÁN SÁNCHEZ HERNÁNDEZ	Individual	Veterano M40	07:53:52	+03:40:11	11:51
79	695	José Pedro Pinto Silva	Individual	Veterano M40	07:54:14	+03:40:33	11:51
80	795	Carlos Passos	Piratas Running Team	Veterano M40	08:00:49	+03:47:09	12:0
81	796	Celio Pereira	Piratas Running Team	Veterano M40	08:00:50	+03:47:10	12:01
82	827	Valdemar Cardoso	Vertical Navis	Veterano M40	08:02:56	+03:49:16	12:04
83	534	Rui Santos	Blackbulls	Veterano M40	08:04:32	+03:50:52	12:07
84	839	Miguel Batista	Viriathvs Runners Viseu	Veterano M40	08:16:42	+04:03:01	12:25
85	840	Viriato Coelho	Viriathvs Runners Viseu	Veterano M40	08:16:42	+04:03:02	12:25
86	836	José Dias	Viriathvs Runners Viseu	Veterano M40	08:16:43	+04:03:03	12:25
87	711	Sergio Silva	Individual	Veterano M40	08:27:06	+04:13:26	12:41
88	727	Paulo Jorge Ferreira Ribeiro	Invicta Runners Team	Veterano M40	08:35:37	+04:21:57	12:53
89	726	Fernando Jorge	Invicta Runners Team	Veterano M40	08:38:21	+04:24:41	12:58
90	684	Estefânio da Silva Pinto	Individual	Veterano M40	08:41:21	+04:27:41	13:02
91	549	Sérgio Marques	CROCODILOS / MISTERPC	Veterano M40	08:59:43	+04:46:03	13:30
92	845	José Ribeiro	VeniVidiVici	Veterano M40	09:10:36	+04:56:56	13:46
93	116	Tiago Vidal Leal	Individual	Veterano M40	09:15:30	+05:01:50	13:53
94	728	Vítor Silva	Invicta Runners Team	Veterano M40	09:35:36	+05:21:56	14:23

Trail Longo

40 KM

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OFFICIAL RESULT

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Veterano M50

1	567	Carlos Rodrigues	Figueira Kayak Clube	Veterano M50	04:49:30	+35:50	07:14
2	716	Henrique Faria	Individual	Veterano M50	05:27:04	+01:13:24	08:11
3	714	alfredo costa	Individual	Veterano M50	05:35:47	+01:22:07	08:24
4	597	FERNANDO AREZES	GTT - Armazém do Caffè	Veterano M50	05:51:06	+01:37:26	08:47
5	715	António José Machado Loureiro	Individual	Veterano M50	05:59:55	+01:46:14	09:00
6	755	Júlio Marques	Montanha Clube Trail Running/Efapel	Veterano M50	06:03:08	+01:49:28	09:05
7	756	Renato Barros	Montanha Clube Trail Running/Efapel	Veterano M50	06:03:08	+01:49:28	09:05
8	718	José Carlos Rodrigues de Carvalho	Individual	Veterano M50	06:20:20	+02:06:40	09:31
9	572	António Carlos	Fridão Sem Limites	Veterano M50	06:21:23	+02:07:43	09:32
10	596	Albino Campos	GTT - Armazém do Caffè	Veterano M50	06:23:14	+02:09:34	09:35
11	811	Emidio Santos	Sigmarunners	Veterano M50	06:24:07	+02:10:27	09:36
12	797	Humberto Pinho	Piratas Running Team	Veterano M50	06:35:40	+02:21:59	09:54
13	782	António Pereira Ferreira	Os Tolinhos	Veterano M50	06:50:19	+02:36:39	10:15
14	784	José António Gomes de Lemos	Os Tolinhos	Veterano M50	06:50:59	+02:37:19	10:16
15	798	Vitor Fernandes	Piratas Running Team	Veterano M50	06:53:21	+02:39:40	10:20
16	766	fernando jose nunes dos santos	motoclube de mangualde runners	Veterano M50	06:59:07	+02:45:27	10:29
17	828	Alcino Santos	Vertical Navis	Veterano M50	07:02:54	+02:49:14	10:34
18	829	Miguel Barnabé	Vertical Navis	Veterano M50	07:02:55	+02:49:15	10:34
19	783	Francisco Ferreira	Os Tolinhos	Veterano M50	07:12:15	+02:58:35	10:48
20	720	jose rodrigues costa	Individual	Veterano M50	07:18:00	+03:04:20	10:57
21	604	Pedro Mata	Hustle	Veterano M50	07:27:22	+03:13:42	11:11
22	841	Sergio Ferreira Rodrigues	Viriathvs Runners Viseu	Veterano M50	07:31:36	+03:17:56	11:17
23	554	Carlos Manuel Magalhães	Deixem Passar os Coxos	Veterano M50	07:51:09	+03:37:29	11:47
24	754	Mário Soares	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	07:54:28	+03:40:48	11:52
25	717	Joao Carlos Oliveira Barroso	Individual	Veterano M50	08:02:45	+03:49:05	12:04
26	760	Geraldo Gomes	MARCO TRAIL	Veterano M50	08:54:33	+04:40:53	13:22
27	532	MANUEL PEDRO SANTOS PEREIRA	Clube Millennium BCP	Veterano M50	09:13:45	+05:00:05	13:51

Veterano M60

1	580	EDUARDO MEDEIROS	GINÁSIO CLUBE DE BRAGANÇA	Veterano M60	06:50:27	+02:36:47	10:16:14
2	743	AGOSTINHO SOUSA	Kunalama runners	Veterano M60	07:24:21	+03:10:41	11:07:12
3	730	António Santos Pereira	Invicta Runners Team	Veterano M60	07:33:53	+03:20:13	11:21:06

COLETIVO - TRAIL LONGO

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RANK	TEAM	DESCRIPTION	POINTS
1	GTT - Armazém do Caffè	13:24:20 [1 + 2 + 10]	0
2	RUNNER'S do DEMO	14:43:15 [3 + 13 + 36]	0
3	CTAD-Trilhos de Cinfães	15:38:33 [8 + 22 + 68]	0
4	CROCODILOS / MISTERPC	16:32:25 [25 + 44 + 57]	0
5	Juventude Vidigalense	16:46:02 [35 + 41 + 61]	0
6	Os Lobos do Saibro	17:07:48 [50 + 56 + 65]	0
7	TRT	17:21:05 [53 + 54 + 79]	0
8	Juventude Cortegacense	19:02:10 [52 + 74 + 205]	0
9	PÉS TROIKADOS - CSCS	19:14:25 [51 + 120 + 185]	0
10	GONDOMAR FUTSAL CLUBE	19:15:07 [95 + 127 + 129]	0
11	GDP - Grupo Desportivo da Pesqueira	19:15:42 [48 + 152 + 160]	0
12	LION RUNNERS - G. D. LEÕES DA GUARDA	19:48:49 [103 + 125 + 179]	0
13	Cães d'Avenida	20:25:48 [46 + 199 + 200]	0
14	Os Tolinhos	20:30:56 [155 + 156 + 157]	0
15	Viriathvs Runners Viseu	20:40:33 [90 + 170 + 207]	0
16	LES BIG MECS	20:41:50 [134 + 135 + 209]	0
17	BUDEGUITA RUNNERS	20:48:49 [112 + 143 + 225]	0
18	Invicta Runners Team	21:08:30 [140 + 164 + 211]	0
19	Piratas Running Team	21:29:50 [139 + 162 + 235]	0
20	MARCO TRAIL	21:36:42 [108 + 110 + 260]	0
21	Vertical Navis	22:08:44 [177 + 178 + 239]	0
22	Hustle	24:33:42 [203 + 216 + 275]	0