

TRAIL CURTO - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:40	18°C	93%
End	18:30	18°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1480	José Rocha	leões de tardariz trail	Veterano M30	02:01:36		06:45
2	1515	Igor Moreira	melgaço alvarinho trail	Veterano M40	02:06:53	+05:17	07:03
3	1521	Duarte Cruz	montanha clube trail running/efapel	Senior Masculino	02:11:32	+09:56	07:18
4	1503	Pedro Silva	marco runners	Veterano M30	02:11:33	+09:57	07:19
5	1084	Carlos Ferreira	btt alegria // tubani	Veterano M40	02:11:43	+10:07	07:19
6	1079	Filipe Pinto	btt alegria // tubani	Veterano M30	02:14:37	+13:01	07:29
7	1171	Joel Simplício	doctor runners team	Veterano M30	02:17:31	+15:54	07:38
8	1493	Ivan Silva	limitless	Veterano M30	02:17:33	+15:57	07:39
9	1013	Ciano Ribeiro	a. d. carvalho	Veterano M40	02:17:38	+16:02	07:39
10	1583	hugo ventura	ozxtreme/adcrpereira	Veterano M30	02:17:52	+16:16	07:40
11	1151	Paulo César	ctad - trilhos de cinfães	Veterano M40	02:18:38	+17:02	07:42
12	1615	Pedro Gilvaz	ribeiras trail	Veterano M40	02:19:18	+17:42	07:44
13	1413	Rui Pedro Rodrigues Romão	individual	Veterano M40	02:19:52	+18:16	07:46
14	1223	Hélio Dias	hsantamariart	Senior Masculino	02:20:50	+19:14	07:49
15	1148	Francisco Pinheiro	ctad - trilhos de cinfães	Veterano M40	02:23:04	+21:28	07:57
16	1304	Fabien ROSIER	individual	Veterano M30	02:25:57	+24:21	08:07
17	1153	Sérgio Louenço	ctad - trilhos de cinfães	Veterano M40	02:25:58	+24:22	08:07
18	1462	Ernesto Marques Alves	juventude cortegacense	Veterano M40	02:28:01	+26:25	08:13
19	1209	José Paulo Ribeiro	gondomar futsal clube	Veterano M40	02:28:11	+26:35	08:14
20	1015	Tiago Teles	a.d.amarante trail running	Veterano M30	02:29:40	+28:04	08:19
21	1614	Ângelo Faustino	ribeiras trail	Veterano M40	02:32:00	+30:24	08:27
22	1014	José Rocha	a. d. carvalho	Veterano M40	02:32:32	+30:56	08:28
23	1431	Paulo Baltasar Martins	individual	Veterano M50	02:32:36	+31:00	08:29
24	1600	José Silva	porto sentido runners	Veterano M40	02:33:52	+32:16	08:33
25	1546	Alberto Freitas	nova linha trail runners	Veterano M40	02:34:04	+32:28	08:34
26	1626	Carlos Vinhas	running penafiel trail	Veterano M50	02:34:05	+32:28	08:34
27	1225	Elisabete Maria Soutulho Coelho Alves	individual	Senior Feminino	02:35:08	+33:32	08:37
28	1420	Carlos Cunha	individual	Veterano M50	02:35:44	+34:08	08:39
29	1180	Vítor Manuel Dias Gonçalves	edv-viana trail	Veterano M30	02:37:13	+35:36	08:44
30	1184	António Coelho	falta o2	Veterano M40	02:38:40	+37:04	08:49
31	1102	Fernando Coelho	caracois do monte	Veterano M40	02:38:40	+37:04	08:49
32	1562	António Borges	olimpico vianense trail	Veterano M40	02:38:42	+37:05	08:49
33	1560	RUI LIMA	olimpico vianense trail	Veterano M30	02:38:46	+37:09	08:49
34	1092	José Gomes	c. b. viseu running team	Veterano M40	02:38:58	+37:21	08:50
35	1325	Jorge Resende	individual	Veterano M30	02:39:14	+37:38	08:51
36	1172	Luis Magalhães	doctor runners team	Veterano M30	02:39:20	+37:44	08:51
37	1712	José Lopes	individual	Senior Masculino	02:39:20	+37:44	08:51
38	1047	Jorge Gomes	arcorun	Veterano M30	02:39:20	+37:44	08:51
39	1208	Manuel Silva	gondomar futsal clube	Veterano M30	02:39:25	+37:49	08:51
40	1548	Nuno Castel-Branco	olimpico vianense trail	Senior Masculino	02:40:22	+38:45	08:55
41	1481	Miguel Alves	leões de tardariz trail	Veterano M30	02:40:34	+38:58	08:55

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1491	Nuno Sendao	lethes trail team	Veterano M40	02:42:41	+41:04	09:02
43	1545	Vera Barbosa	nova linha trail runners	Veterana F30	02:43:09	+41:33	09:04
44	1232	João Ribeiro Dias	individual	Senior Masculino	02:43:28	+41:52	09:05
45	1152	Pedro Sousa Guimarães	ctad - trilhos de cinfães	Veterano M40	02:43:41	+42:04	09:06
46	1686	António Batista	gnt	Veterano M30	02:44:13	+42:36	09:07
47	1012	Xavier Amorim	a. d. carvalhal	Veterano M30	02:44:52	+43:16	09:10
48	1143	João Cardoso	ctad - trilhos de cinfães	Veterano M30	02:45:30	+43:53	09:12
49	1559	Rui Faria	olimpico vianense trail	Veterano M30	02:45:40	+44:03	09:12
50	1131	Cristóvão Chaves	cristóvão chaves	Veterano M30	02:45:49	+44:13	09:13
51	1052	Jorge Santos	arcorun	Veterano M50	02:47:14	+45:38	09:17
52	1176	Cláudio Monteiro	douroconta - gabinete de apoio e contabilidade	Veterano M50	02:47:22	+45:46	09:18
53	1648	Ricardo Joaquim Monteiro Fernandes	team trail bem viver	Senior Masculino	02:47:25	+45:49	09:18
54	1580	Joao Pereira	out 2 run/miro	Veterano M40	02:47:37	+46:01	09:19
55	1004	Luís Aires	100 estrilhos	Veterano M40	02:47:55	+46:19	09:20
56	1363	Carlos Chagas	individual	Veterano M40	02:48:05	+46:28	09:20
57	1217	Nelson Leal	gnt - armazém do caffè	Veterano M30	02:48:05	+46:28	09:20
58	1206	Paulo Manuel Dantas Rosa	genereg	Veterano M40	02:48:16	+46:40	09:21
59	1090	Carlos Lopes	c. b. viseu running team	Veterano M30	02:48:46	+47:10	09:23
60	1229	Sandrina Cardoso	individual	Senior Feminino	02:48:47	+47:11	09:23
61	1466	Pedro Rola	juventude cortegacense	Veterano M40	02:49:08	+47:32	09:24
62	1224	Rui Reis	hsantamariart	Veterano M30	02:50:13	+48:36	09:27
63	1376	Joaquim José da Silva Oliveira	individual	Veterano M40	02:50:13	+48:36	09:27
64	1563	HUGO CASAL	olimpico vianense trail	Veterano M40	02:50:47	+49:11	09:29
65	1516	Nuno Nabeiro	melgaço alvarinho trail	Veterano M40	02:50:52	+49:16	09:30
66	1482	Dario Cardoso	leões de tardariz trail	Veterano M40	02:50:59	+49:23	09:30
67	1058	Vitor Reis	aroo	Veterano M40	02:51:12	+49:36	09:31
68	1637	Antero Roque	sporting club santacruzense	Veterano M30	02:53:41	+52:04	09:39
69	1635	Luis Teixeira	sportarc.running	Veterano M40	02:53:51	+52:14	09:40
70	1312	Hélder Filipe da Silva Mendes	individual	Veterano M30	02:53:54	+52:18	09:40
71	1421	Fernando Alberto Silva Ramos	individual	Veterano M50	02:54:05	+52:29	09:40
72	1204	Rui Pereira	gaia-running	Veterano M40	02:55:07	+53:31	09:44
73	1110	Filipe Alves	cerveira team running	Veterano M40	02:55:15	+53:39	09:44
74	1636	Rubens Soares	sportarc.running	Veterano M40	02:55:42	+54:06	09:46
75	1154	Viriato Dias	ctad - trilhos de cinfães	Veterano M40	02:56:24	+54:48	09:48
76	1150	José Carlos Dias	ctad - trilhos de cinfães	Veterano M40	02:56:25	+54:48	09:48
77	1488	Joaquim Leite	leões de tardariz trail	Veterano M50	02:56:56	+55:20	09:50
78	1684	Ruben Marques	trinca orelhas gato	Senior Masculino	02:56:57	+55:20	09:50
79	1032	Francisco Calhindo	arcd venda da luisa	Senior Masculino	02:57:28	+55:52	09:52
80	1095	TOMAS PEREIRA GUIMARÃES	candoso	Veterano M50	02:57:29	+55:53	09:52
81	1094	ADRIANA SOUSA	candoso	Veterana F30	02:57:29	+55:53	09:52
82	1087	Adão Rocha	btt alegria // tubani	Veterano M50	02:57:40	+56:03	09:52
83	1682	Francisco Aguiar	viseu 360	Veterano M50	02:57:53	+56:17	09:53
84	1381	José Organista	individual	Veterano M40	02:57:56	+56:19	09:53
85	1086	Tony Mendes	btt alegria // tubani	Veterano M40	02:59:13	+57:37	09:57

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1191	NUNO FERREIRA	fugitivos urbanos	Veterano M30	02:59:13	+57:37	09:57
87	1568	FERNANDO SOUSA ALVES	olimpico vianense trail	Veterano M50	02:59:15	+57:39	09:58
88	1053	segundo rodrigues	arcorun	Veterano M60	02:59:19	+57:42	09:58
89	1121	PAULO RIBEIRO	cmc-carapaus	Veterano M40	02:59:20	+57:44	09:58
90	1144	Pedro Ferreirinha	ctad - trilhos de cinfães	Veterano M30	02:59:52	+58:15	10:00
91	1383	Luis Mesquita	individual	Veterano M40	03:00:01	+58:25	10:00
92	1139	Marieta Branco	ctad - trilhos de cinfães	Veterana F40	03:00:04	+58:28	10:00
93	1222	Isabel Carvalho	helenas	Veterana F40	03:00:10	+58:33	10:01
94	1324	Jorge Araujo	individual	Veterano M30	03:00:19	+58:42	10:01
95	1507	Diogo Mesquita	matilha running	Senior Masculino	03:01:41	+01:00:04	10:06
96	1091	Pedro Rebelo	c. b. viseu running team	Veterano M30	03:01:55	+01:00:18	10:06
97	1019	Marco António Alves Miranda	alpharunning	Veterano M30	03:02:00	+01:00:24	10:07
98	1145	Ricardo Carvalho	ctad - trilhos de cinfães	Veterano M30	03:02:40	+01:01:04	10:09
99	1137	Anabela Cordeiro	ctad - trilhos de cinfães	Veterana F40	03:02:41	+01:01:04	10:09
100	1467	Sérgio Paulo Ferreira Oliveira	juventude cortegacense	Veterano M40	03:03:19	+01:01:43	10:11
101	1492	Pedro Sendao	lethes trail team	Veterano M40	03:03:29	+01:01:53	10:12
102	1338	Nuno Cruz	individual	Veterano M30	03:03:41	+01:02:05	10:12
103	1550	Daniela Barreto	olimpico vianense trail	Veterana F30	03:03:48	+01:02:12	10:13
104	1561	Sérgio Martins	olimpico vianense trail	Veterano M30	03:03:48	+01:02:12	10:13
105	1048	Nuno Fernandes	arcorun	Veterano M30	03:04:04	+01:02:27	10:14
106	1211	Miguel Teixeira	gramidense i f c	Veterano M40	03:04:07	+01:02:31	10:14
107	1112	Antonino Gonçalves	cerveira team running	Veterano M50	03:04:19	+01:02:43	10:14
108	1356	António Rodrigues	individual	Veterano M40	03:04:23	+01:02:47	10:15
109	1452	Lúcia Campos Costa	juventude cortegacense	Veterana F40	03:04:29	+01:02:52	10:15
110	1465	Julio Paulo Soares da Silva	juventude cortegacense	Veterano M40	03:04:29	+01:02:53	10:15
111	1540	Agostinho Moreira	nocturnos de paredes	Veterano M50	03:04:41	+01:03:04	10:16
112	1638	Marco silva	strendure ranning team	Veterano M30	03:04:53	+01:03:17	10:16
113	1382	Luis Duarte	individual	Veterano M40	03:07:11	+01:05:35	10:24
114	1142	Carlos Silva	ctad - trilhos de cinfães	Veterano M30	03:07:15	+01:05:39	10:24
115	1339	Paulo Ferreira	individual	Veterano M30	03:07:24	+01:05:48	10:25
116	1085	Sergio Coelho	btt alegria // tubani	Veterano M30	03:08:03	+01:06:27	10:27
117	1432	Paulo Dias	individual	Veterano M50	03:09:26	+01:07:49	10:31
118	1051	Vitor Folgado	arcorun	Veterano M40	03:09:27	+01:07:51	10:32
119	1428	Manuel Fernandes	individual	Veterano M50	03:10:13	+01:08:37	10:34
120	1037	Marco Oliveira	arcd venda da luisa	Veterano M30	03:10:19	+01:08:43	10:34
121	1311	Helder Cunha	individual	Veterano M30	03:10:19	+01:08:43	10:34
122	1345	Rui André Ferreira Monteiro	individual	Veterano M30	03:10:54	+01:09:18	10:36
123	1296	Bruno Silva	individual	Veterano M30	03:10:54	+01:09:18	10:36
124	1063	SILVIA PEREIRA	barejo team	Veterana F30	03:11:15	+01:09:39	10:38
125	1364	Carlos Morais	individual	Veterano M40	03:12:55	+01:11:18	10:43
126	1301	Daniel Costa	individual	Veterano M30	03:13:12	+01:11:36	10:44
127	1534	Eduardo Vieira	nocturnos de paredes	Senior Masculino	03:13:12	+01:11:36	10:44
128	1486	Pedro Ferreira	leões de tardariz trail	Veterano M40	03:13:36	+01:11:59	10:45
129	1101	Diogo Resende	caracois do monte	Veterano M30	03:13:43	+01:12:07	10:46
130	1062	Carlos Silva Ferreira	autistic runners	Veterano M40	03:13:55	+01:12:19	10:46
131	1656	Fernando Leite	tnt - trilhos natura team	Veterano M30	03:14:11	+01:12:34	10:47

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	1111	Quim Araujo	cerveira team running	Veterano M40	03:14:18	+01:12:42	10:48
133	1104	Pedro Seixas	centro municipal de marcha e corrida s.j.pesqueira	Veterano M40	03:15:36	+01:14:00	10:52
134	1351	Vitor mansilhas	individual	Veterano M30	03:16:27	+01:14:51	10:55
135	1260	Sandra Araújo	individual	Veterana F30	03:16:27	+01:14:51	10:55
136	1140	Severina almeida	ctad - trilhos de cinfães	Veterana F40	03:16:50	+01:15:14	10:56
137	1205	António Santos	gdazambuja - trail team	Veterano M40	03:17:31	+01:15:55	10:58
138	1343	Ricardo da Silva Ferreira	a. d. carvalhal	Veterano M30	03:17:44	+01:16:08	10:59
139	1149	Humberto Almeida	ctad - trilhos de cinfães	Veterano M40	03:18:01	+01:16:24	11:00
140	1207	Carmo Marinho	gondomar futsal clube	Veterana F50	03:18:40	+01:17:03	11:02
141	1574	Rui Ferreira	os marretas	Veterano M30	03:19:37	+01:18:01	11:05
142	1083	Maria Teixeira	btt alegria // tubani	Veterana F50	03:19:49	+01:18:12	11:06
143	1122	João Manuel Santos Silva	cmc-carapaus	Veterano M50	03:19:51	+01:18:15	11:06
144	1337	Nuno Botelho	individual	Veterano M30	03:20:55	+01:19:18	11:10
145	1694	Wilson Fonseca	hora do lobo trail - cf perosinho atletismo	Veterano M40	03:22:09	+01:20:33	11:14
146	1617	Domingos Vieira	ribeiras trail	Veterano M50	03:22:45	+01:21:09	11:16
147	1702	Júlio André Baptista Sousa	factor x / s4l / medense fc	Veterano M30	03:22:50	+01:21:14	11:16
148	1022	Miguel Almeida	alpharunning	Veterano M40	03:23:15	+01:21:38	11:18
149	1708	Bruno Costa	individual	Veterano M30	03:24:56	+01:23:20	11:23
150	1146	Emerson Falcão	ctad - trilhos de cinfães	Veterano M40	03:25:09	+01:23:33	11:24
151	1683	Paula Gualter	zupper	Veterana F40	03:26:09	+01:24:33	11:27
152	1592	SILVIO FERREIRA	piratas running team	Veterano M40	03:26:10	+01:24:33	11:27
153	1390	Marcos Gandra	individual	Veterano M40	03:26:46	+01:25:10	11:29
154	1500	Frederico Crasto	liz runners	Veterano M40	03:27:36	+01:26:00	11:32
155	1319	João Duarte	individual	Veterano M30	03:27:36	+01:26:00	11:32
156	1604	NUNO TEIXEIRA	portocargo runners	Veterano M40	03:28:43	+01:27:06	11:36
157	1603	MARCO OLIVEIRA	portocargo runners	Veterano M40	03:28:43	+01:27:06	11:36
158	1657	Armando Moreno	trailento	Veterano M50	03:29:07	+01:27:31	11:37
159	1514	Francisco Esteves	melgaço alvarinho trail	Senior Masculino	03:30:09	+01:28:33	11:41
160	1668	Cristóvão Ginja	trolls	Veterano M40	03:30:27	+01:28:51	11:42
161	1687	Mário Almeida	gnt	Veterano M30	03:30:45	+01:29:09	11:43
162	1103	Fausto Neves	centro municipal de marcha e corrida s.j.pesqueira	Veterano M40	03:30:57	+01:29:21	11:43
163	1161	Humberto Ferreira	deixem passar os coxos	Veterano M40	03:31:02	+01:29:26	11:43
164	1025	José Carlos Pereira Gomes	alto relevo - clube de montanhismo	Veterano M60	03:31:43	+01:30:06	11:46
165	1579	Samuel Amaral	out 2 run/miro	Veterano M30	03:31:59	+01:30:23	11:47
166	1581	Victor Silva	out 2 run/miro	Veterano M50	03:31:59	+01:30:23	11:47
167	1049	Carlos Couto	arcorun	Veterano M40	03:32:09	+01:30:33	11:47
168	1473	Luís Vieira	kunalama runners	Veterano M30	03:32:19	+01:30:43	11:48
169	1425	Jorge Esteves	individual	Veterano M50	03:32:24	+01:30:48	11:48
170	1018	Leonel Neves	aliança gandra	Veterano M40	03:32:37	+01:31:01	11:49
171	1138	Isabel Almeida	ctad - trilhos de cinfães	Veterana F40	03:33:16	+01:31:39	11:51
172	1055	Paula Maria Esteves Silva	aroo	Veterana F40	03:33:32	+01:31:56	11:52
173	1718	José Soares	gaia trail	Veterano M30	03:34:19	+01:32:42	11:54
174	1601	Carlos Martins	porto sentido runners	Veterano M50	03:34:40	+01:33:04	11:56
175	1200	Elisabete Repas	gaia-running	Veterana F50	03:34:49	+01:33:13	11:56
176	1525	Alzira Sousa	mss contabilidade trail team	Veterana F40	03:35:17	+01:33:41	11:58

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
177	1317	joao carlos oliveira	individual	Veterano M30	03:35:46	+01:34:10	11:59
178	1665	Victor Cardoso	trinca orelhas gato	Veterano M40	03:35:46	+01:34:10	11:59
179	1196	Catarina Figueiredo	gaia-running	Veterana F30	03:35:47	+01:34:11	11:59
180	1158	Ana Mina	ctr-cerveira team running	Veterana F40	03:36:46	+01:35:10	12:03
181	1186	Ricardo A. Silva Sousa	fit gaia trail	Veterano M40	03:36:48	+01:35:11	12:03
182	1279	Olga	individual	Veterana F40	03:36:51	+01:35:14	12:03
183	1323	Joaquim Teixeira	individual	Veterano M30	03:37:08	+01:35:32	12:04
184	1597	Bruno Guedes	porto sentido runners	Veterano M30	03:38:15	+01:36:39	12:08
185	1650	David Nogueira Moreira	terrores do monte	Senior Masculino	03:39:00	+01:37:24	12:10
186	1711	Luis Rosa	individual	Veterano M40	03:39:05	+01:37:29	12:10
187	1034	Elza Cordeiro	arcd venda da luisa	Veterana F40	03:39:18	+01:37:42	12:11
188	1634	Isabel Cristina Brandão Soares	sportarc.running	Veterana F40	03:39:32	+01:37:55	12:12
189	1198	Orlanda Rego	gaia-running	Veterana F40	03:40:12	+01:38:36	12:14
190	1667	Benilde Santos	trolls	Veterana F40	03:40:56	+01:39:19	12:16
191	1009	Eduardo Rodrigues	30over30marathon	Veterano M40	03:42:26	+01:40:50	12:21
192	1010	Martinho Martins	30over30marathon	Veterano M40	03:42:27	+01:40:50	12:22
193	1645	Américo Santos	taylors	Veterano M40	03:42:40	+01:41:04	12:22
194	1459	Tiago Padrela Ferreira da silva	juventude cortegacense	Veterano M30	03:42:41	+01:41:05	12:22
195	1120	João Miguel Almeida da Silva	cmc-carapaus	Senior Masculino	03:43:03	+01:41:27	12:24
196	1089	Raquel Mendes	c. b. viseu running team	Veterana F50	03:46:51	+01:45:14	12:36
197	1652	Luís Jorge	terrores do monte	Veterano M30	03:46:52	+01:45:16	12:36
198	1474	Marisa Bregieiro	lama solta	Veterana F30	03:47:06	+01:45:30	12:37
199	1237	Rafael Mota	individual	Senior Masculino	03:47:07	+01:45:31	12:37
200	1002	César Rocha	#correratenumdarmais	Veterano M40	03:47:39	+01:46:02	12:39
201	1567	Alberto Cunha	olimpico vianense trail	Veterano M50	03:48:04	+01:46:28	12:40
202	1275	Fátima Videira	individual	Veterana F40	03:48:08	+01:46:32	12:40
203	1088	Sílvia Coelho	c. b. viseu running team	Veterana F40	03:48:09	+01:46:33	12:41
204	1093	José Peres	c. b. viseu running team	Veterano M50	03:48:09	+01:46:33	12:41
205	1307	Filipe José Leal Vicente	individual	Veterano M30	03:48:11	+01:46:35	12:41
206	1178	salome cequeira	edv-viana trail	Veterana F40	03:49:17	+01:47:40	12:44
207	1647	Miguel Moura	taylors	Veterano M40	03:49:25	+01:47:49	12:45
208	1355	António cerejo	individual	Veterano M40	03:50:12	+01:48:36	12:47
209	1430	Paulo	individual	Veterano M50	03:50:27	+01:48:51	12:48
210	1518	José Carlos Pires Rodrigues	mirandela a correr	Veterano M40	03:51:03	+01:49:26	12:50
211	1021	Douglas César Oliveira de Pinho	alpharunning	Veterano M40	03:51:40	+01:50:03	12:52
212	1020	Carlos Alberto Soares Moreira	alpharunning	Veterano M40	03:51:40	+01:50:03	12:52
213	1267	Virgínia Santos	individual	Veterana F30	03:51:41	+01:50:05	12:52
214	1258	Rosalba Leão	individual	Veterana F30	03:51:42	+01:50:06	12:52
215	1298	Carlos Manuel de Carvalho Teixeira	individual	Veterano M30	03:51:43	+01:50:07	12:52
216	1418	António Manuel da Costa pinto	individual	Veterano M50	03:51:50	+01:50:14	12:53
217	1266	Vânia Amaral	individual	Veterana F30	03:52:05	+01:50:29	12:54
218	1251	Gisela Sousa	individual	Veterana F30	03:52:07	+01:50:31	12:54
219	1527	José Carlos Cardoso	mss contabilidade trail team	Veterano M40	03:52:11	+01:50:35	12:54
220	1402	Paulo Monteiro	individual	Veterano M40	03:52:12	+01:50:35	12:54
221	1065	JOSE MENDES	barejo team	Veterano M40	03:52:31	+01:50:54	12:55

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
222	1520	Rui Quinta	moinhos run adrm	Veterano M50	03:53:08	+01:51:31	12:57
223	1278	Margarida Sousa	individual	Veterana F40	03:53:17	+01:51:40	12:58
224	1573	Ana Branco	os marretas	Senior Feminino	03:53:21	+01:51:45	12:58
225	1302	Daniel Pereira	individual	Veterano M30	03:53:39	+01:52:02	12:59
226	1697	nelson domingues	individual	Veterano M40	03:53:54	+01:52:18	13:00
227	1370	Filipe Cunha	individual	Veterano M40	03:54:20	+01:52:44	13:01
228	1607	Sonia Barbosa	psp viseu runners	Veterana F30	03:54:28	+01:52:52	13:02
229	1620	Pedro Ribeiro	rompe trilhos	Veterano M30	03:54:29	+01:52:52	13:02
230	1619	Paulo Moura	rompe trilhos	Veterano M30	03:54:29	+01:52:52	13:02
231	1297	Carlos Filipe Neves dos Santos	individual	Veterano M30	03:55:01	+01:53:25	13:03
232	1398	Nuno Jesus	individual	Veterano M40	03:55:17	+01:53:40	13:04
233	1639	Joni Pandeirada Rocha	tainadas run team	Veterano M30	03:55:17	+01:53:41	13:04
234	1388	Manuel Guedes	individual	Veterano M40	03:55:31	+01:53:55	13:05
235	1453	Marcia Castro Costa	juventude cortegacense	Veterana F40	03:56:01	+01:54:24	13:07
236	1484	Manuel Alvarino	leões de tardariz trail	Veterano M40	03:56:43	+01:55:07	13:09
237	1157	Pedro Sousa Ribeiro	ctad - trilhos de cinfães	Veterano M50	03:57:27	+01:55:51	13:12
238	1367	Emílio Carvalho	individual	Veterano M40	03:57:31	+01:55:54	13:12
239	1170	Andreia Ferreira	doctor runners team	Veterana F30	03:58:12	+01:56:36	13:14
240	1246	Cláudia Gonçalves Marques	individual	Veterana F30	03:58:21	+01:56:44	13:15
241	1284	Carla Gil	individual	Veterana F50	03:58:23	+01:56:46	13:15
242	1664	Paulo Nuno Barbosa Sampaio	trepatrihos trail team	Veterano M40	03:58:53	+01:57:16	13:16
243	1595	Paula Coutinho	porto sentido runners	Veterana F40	03:59:19	+01:57:43	13:18
244	1156	José Mário Pereira	ctad - trilhos de cinfães	Veterano M50	03:59:45	+01:58:09	13:19
245	1663	Tiago Mendonça	traillovers	Veterano M30	03:59:55	+01:58:19	13:20
246	1306	Filipe Alpoim Lopes	individual	Veterano M30	04:00:40	+01:59:03	13:22
247	1098	Diogo Sousa	caracois do monte	Senior Masculino	04:00:52	+01:59:16	13:23
248	1252	Helena Madeira	individual	Veterana F30	04:01:25	+01:59:49	13:25
249	1423	João Manuel Loureiro Bernardo	individual	Veterano M50	04:02:51	+02:01:14	13:30
250	1377	Jorge Manuel Sanches	individual	Veterano M40	04:03:03	+02:01:26	13:30
251	1193	Luís Figueiredo	furacões cl	Veterano M40	04:03:05	+02:01:28	13:30
252	1241	Tiago Faria	individual	Senior Masculino	04:03:21	+02:01:44	13:31
253	1703	Pedro Alves	factor x / s4l / medense fc	Senior Masculino	04:03:21	+02:01:44	13:31
254	743	Fernando Sampaio	lion runners - g. d. leões da guarda	Veterano M40	04:03:38	+02:02:02	13:32
255	1167	Carlos Vale	detrásprafrente running team	Veterano M30	04:03:47	+02:02:11	13:33
256	1199	Sílvia Peralta	gaia-running	Veterana F40	04:03:52	+02:02:16	13:33
257	1434	Alfredo Santos	individual	Veterano M60	04:03:54	+02:02:18	13:33
258	1612	Albina Vieira	ribeiras trail	Veterana F50	04:04:43	+02:03:06	13:36
259	1404	Paulo Sergio correia Costa	individual	Veterano M40	04:06:49	+02:05:13	13:43
260	1651	Horácio Pinto	terrores do monte	Veterano M30	04:07:12	+02:05:35	13:44
261	1384	Luís Ribeiro	individual	Veterano M40	04:07:43	+02:06:07	13:46
262	1417	Amadeu Carvalho	individual	Veterano M50	04:07:49	+02:06:13	13:46
263	1119	Maria Fátima Marques Ribeiro	clube zipper	Veterana F50	04:07:56	+02:06:20	13:46
264	1475	Mónica Domingues	lebres minhotas	Veterana F30	04:08:00	+02:06:23	13:47
265	1445	Fábio Pereira	j a moreira runners	Veterano M30	04:08:02	+02:06:26	13:47
266	1330	LUIS CARLOS MARTINS	individual	Veterano M30	04:08:03	+02:06:26	13:47

TRAIL CURTO - STAGE 1

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
267	1594	Elisabete Loureiro	porto sentido runners	Veterana F40	04:08:11	+02:06:34	13:47
268	1598	Filipe Maria	porto sentido runners	Veterano M30	04:08:11	+02:06:34	13:47
269	1183	Ismael Nogueira	facort running team	Veterano M30	04:08:11	+02:06:35	13:47
270	1654	Hugo Faria	the newbies	Senior Masculino	04:08:27	+02:06:51	13:48
271	1264	Tânia Filipa Barbosa Dias Carneiro	individual	Veterana F30	04:08:57	+02:07:20	13:50
272	1118	Sandra mendes	clube zipper	Veterana F40	04:10:38	+02:09:02	13:55
273	1028	Joaquim Ferreira	amigo trail run	Veterano M50	04:10:39	+02:09:03	13:56
274	1309	Francisco Fernandes	individual	Veterano M30	04:10:46	+02:09:10	13:56
275	1610	Rosa Gama	ribeiras trail	Veterana F40	04:10:51	+02:09:15	13:56
276	1113	Tiago Carneiro	cet	Senior Masculino	04:13:42	+02:12:06	14:06
277	1001	Isabel Dias	#correratenumdarmais	Veterana F40	04:14:00	+02:12:24	14:07
278	1249	Dulce Lopes	individual	Veterana F30	04:14:19	+02:12:43	14:08
279	1666	Patrícia Rodrigues	trolls	Veterana F30	04:14:19	+02:12:43	14:08
280	1463	Hélder Fernandes da Rocha	juventude cortegacense	Veterano M40	04:14:24	+02:12:48	14:08
281	1163	Jorge Moreira	deixem passar os coxos	Veterano M50	04:14:32	+02:12:55	14:08
282	1676	Maria Vale	viriahtvs runners viseu	Veterana F50	04:14:35	+02:12:59	14:09
283	1031	Armindo Lopes	arc vale s. cosme	Veterano M50	04:15:40	+02:14:03	14:12
284	1699	Daniel Terra	factor x / s4l / medense fc	Veterano M30	04:16:06	+02:14:30	14:14
285	1633	Fernando Carvalho	s. s. montepio	Veterano M50	04:16:21	+02:14:44	14:15
286	1332	Luis Miguel Domingues	individual	Veterano M30	04:16:24	+02:14:48	14:15
287	1313	Hugo Machado	individual	Veterano M30	04:16:24	+02:14:48	14:15
288	1292	Antonio Leite	individual	Veterano M30	04:16:24	+02:14:48	14:15
289	1316	Jaime Fernando da Costa Ribeiro	individual	Veterano M30	04:16:25	+02:14:49	14:15
290	1263	Sophie Duarte	individual	Veterana F30	04:16:27	+02:14:51	14:15
291	1419	Carlos Almeida	individual	Veterano M50	04:16:27	+02:14:51	14:15
292	1380	José Ferreira	individual	Veterano M40	04:17:13	+02:15:36	14:17
293	1076	Sara Rocha	btt alegria // tubani	Senior Feminino	04:17:15	+02:15:39	14:18
294	1435	Fernando martins	individual	Veterano M60	04:17:17	+02:15:40	14:18
295	1210	Paulo Henriques	gondomar futsal clube	Veterano M40	04:17:32	+02:15:55	14:18
296	1182	Joao Oliveira	facort running team	Senior Masculino	04:17:46	+02:16:10	14:19
297	1054	Fátima Pacheco do Cruzeiro	aroo	Veterana F40	04:17:47	+02:16:10	14:19
298	1596	Sandra Carvalho	porto sentido runners	Veterana F40	04:18:17	+02:16:41	14:21
299	1713	Márcio Fernando Teixeira da SilvaMeiros	individual	Veterano M30	04:18:17	+02:16:41	14:21
300	1393	Miguel azevedo	individual	Veterano M40	04:18:18	+02:16:41	14:21
301	1310	Frederico Gonçalves dos Reis Neto	individual	Veterano M30	04:18:35	+02:16:58	14:22
302	1659	Paula Pereira	traillovers	Veterana F30	04:18:37	+02:17:01	14:22
303	1036	Paula Palmeira	arcd venda da luisa	Veterana F50	04:18:42	+02:17:05	14:22
304	1609	Rosa Almeida	ribeiras trail	Veterana F40	04:18:50	+02:17:13	14:23
305	1608	Eva Ribeiro	ribeiras trail	Veterana F40	04:18:50	+02:17:13	14:23
306	1451	Anabela Marques	juventude cortegacense	Veterana F40	04:19:20	+02:17:43	14:24
307	1389	Manuel Teixeira	individual	Veterano M40	04:19:20	+02:17:44	14:24
308	1373	Ismael Carvalho	individual	Veterano M40	04:20:14	+02:18:37	14:27
309	1293	Antonio Monteiro	individual	Veterano M30	04:20:14	+02:18:38	14:27

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
310	1169	Nelson Sousa	dirtrunners	Veterano M40	04:21:24	+02:19:48	14:31
311	1321	João Silva	individual	Veterano M30	04:21:43	+02:20:07	14:32
312	1569	Jaime Pereira	olimpico vianense trail	Veterano M50	04:23:50	+02:22:13	14:39
313	1556	Elisabete Pereira	olimpico vianense trail	Veterana F50	04:23:50	+02:22:13	14:39
314	1557	Nuno Manuel Coelho Paredinha	olimpico vianense trail	Veterano M30	04:23:51	+02:22:14	14:40
315	1228	Raquel Filipe	individual	Senior Feminino	04:23:58	+02:22:22	14:40
316	1247	Dalila Teixeira	individual	Veterana F30	04:23:58	+02:22:22	14:40
317	583	Anabela Torres	edv-viana trail	Veterana F40	04:24:07	+02:22:30	14:40
318	1395	Miguel Costa	individual	Veterano M40	04:24:46	+02:23:09	14:43
319	1655	Nuno Silva	the newbies	Veterano M30	04:24:46	+02:23:10	14:43
320	1359	Benigno Azevedo	individual	Veterano M40	04:24:51	+02:23:15	14:43
321	1476	Tânia Gonçalves	leões de tardariz trail	Senior Feminino	04:25:45	+02:24:08	14:46
322	1478	Manuel Fernandes	leões de tardariz trail	Senior Masculino	04:25:45	+02:24:09	14:46
323	1135	Ana Pestana	ctad - trilhos de cinfães	Veterana F40	04:26:02	+02:24:26	14:47
324	1133	Julliane Dias	ctad - trilhos de cinfães	Senior Feminino	04:26:02	+02:24:26	14:47
325	1045	rosina couto	arcorun	Veterana F50	04:26:34	+02:24:58	14:49
326	1487	António Pinto	leões de tardariz trail	Veterano M50	04:26:47	+02:25:11	14:49
327	1136	Ana Sofia Silva	ctad - trilhos de cinfães	Veterana F40	04:27:07	+02:25:31	14:50
328	770	Orlando Nogueira	oralklass-amigos do trail	Veterano M40	04:27:45	+02:26:09	14:53
329	1287	Álvaro Vale	ade trail running	Veterano M30	04:27:45	+02:26:09	14:53
330	1549	Ana Pereira	ade trail running	Veterana F30	04:27:45	+02:26:09	14:53
331	1519	Luisa cruz	moinhos run adrm	Veterana F30	04:27:45	+02:26:09	14:53
332	1611	Sónia Gilvaz	ribeiras trail	Veterana F40	04:28:01	+02:26:25	14:53
333	1613	Tiago Neiva	ribeiras trail	Veterano M30	04:28:01	+02:26:25	14:53
334	1693	Gisela Costa	hora do lobo trail - cf perosinho atletismo	Veterana F30	04:28:05	+02:26:29	14:54
335	1177	Ligia Fernandes	edv-viana trail	Veterana F40	04:28:23	+02:26:47	14:55
336	1127	João Barbosa	copos e trilhos	Veterano M30	04:28:37	+02:27:01	14:55
337	1444	André Madureira	j a moreira runners	Veterano M30	04:29:57	+02:28:21	15:00
338	1165	Inês Peres	desliza team/ ozxtreme	Veterana F30	04:31:03	+02:29:27	15:04
339	1164	Inês Mendonça	desliza team/ ozxtreme	Veterana F30	04:31:04	+02:29:28	15:04
340	1064	RICARDO MENDES	barejo team	Veterano M30	04:32:32	+02:30:55	15:08
341	1340	Pedro Loureiro	individual	Veterano M30	04:33:10	+02:31:33	15:11
342	1242	Ana	individual	Veterana F30	04:33:10	+02:31:33	15:11
343	1168	Rafael Sousa	dirtrunners	Senior Masculino	04:33:26	+02:31:49	15:11
344	1361	Carlos Alberto Faria Correia	individual	Veterano M40	04:33:46	+02:32:10	15:13
345	1436	jorge manuel ramos	individual	Veterano M60	04:33:55	+02:32:19	15:13
346	1653	Carlos Silva	the newbies	Senior Masculino	04:34:00	+02:32:23	15:13
347	1443	João Ribeiro	j a moreira runners	Senior Masculino	04:34:12	+02:32:36	15:14
348	1109	Maria José Fernandes	cerveira team running	Veterana F40	04:34:16	+02:32:40	15:14
349	1285	Maria Jacinta de Jesus Rodrigues Almeida	individual	Veterana F50	04:34:26	+02:32:49	15:15
350	1254	liliana maria santos cardoso	individual	Veterana F30	04:34:54	+02:33:18	15:16
351	1588	Ana Alves	papatrails	Veterana F40	04:34:59	+02:33:22	15:17
352	1283	Ana Paula Teixeira	individual	Veterana F50	04:34:59	+02:33:23	15:17
353	1344	Ricardo Figueiredo	individual	Veterano M30	04:35:12	+02:33:36	15:17
354	1433	Rui Carvalho	individual	Veterano M50	04:35:30	+02:33:54	15:18

TRAIL CURTO - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
355	1505	Alcídio Moreira	mata elefantes	Veterano M40	04:35:39	+02:34:03	15:19
356	1375	João Filipe Meneses Espinheira Rio	individual	Veterano M40	04:36:18	+02:34:42	15:21
357	1582	Marta Duarte	outsiders trail team	Veterana F30	04:36:20	+02:34:44	15:21
358	1333	Luís Peralta	individual	Veterano M30	04:36:21	+02:34:45	15:21
359	1305	Fernando Sousa	individual	Veterano M30	04:36:51	+02:35:15	15:23
360	1460	Daniel Martins	juventude cortegacense	Veterano M40	04:37:02	+02:35:26	15:23
361	1033	Cidália Canais	arcd venda da luisa	Veterana F40	04:37:48	+02:36:12	15:26
362	1386	Luis Silva	individual	Veterano M40	04:38:57	+02:37:21	15:30
363	1416	Rui Vilaça	individual	Veterano M40	04:38:57	+02:37:21	15:30
364	1230	Bruno Fernandes	individual	Senior Masculino	04:39:05	+02:37:28	15:30
365	1412	Ricardo Castro	individual	Veterano M40	04:39:10	+02:37:34	15:31
366	1334	Luis Rodrigues	individual	Veterano M30	04:39:11	+02:37:35	15:31
367	1035	Suzana Santo	arcd venda da luisa	Veterana F40	04:39:15	+02:37:39	15:31
368	1627	Susana Fontes	s. s. montepio	Veterana F40	04:39:20	+02:37:44	15:31
369	1629	Francisco Moreira	s. s. montepio	Veterano M40	04:39:20	+02:37:44	15:31
370	1625	Carlos Barbosa	running penafiel trail	Veterano M40	04:39:40	+02:38:03	15:32
371	1624	Cláudia Moura	running penafiel trail	Veterana F30	04:39:40	+02:38:03	15:32
372	1483	João Vieira	leões de tardariz trail	Veterano M40	04:40:12	+02:38:35	15:34
373	1075	FERNANDO BARBOSA	bootseals	Veterano M50	04:40:18	+02:38:42	15:34
374	1248	Daniela Cunha	individual	Veterana F30	04:41:26	+02:39:49	15:38
375	1342	Pedro Santos	individual	Veterano M30	04:41:26	+02:39:50	15:38
376	1272	Carla Reis	individual	Veterana F40	04:41:35	+02:39:59	15:39
377	1685	Paulo Fernandes	gnt	Veterano M50	04:41:42	+02:40:05	15:39
378	1680	Andre Martins	viseu 360	Veterano M30	04:42:33	+02:40:57	15:42
379	1276	IRENE MARTINS	individual	Veterana F40	04:42:33	+02:40:57	15:42
380	1262	Sónia Figueiredo	individual	Veterana F30	04:42:34	+02:40:58	15:42
381	1056	Henrique Cola	aroo	Veterano M40	04:43:41	+02:42:05	15:46
382	1602	CARLOS OLIVEIRA	portocargo runners	Veterano M40	04:44:03	+02:42:27	15:47
383	1468	António Augusto Oliveira Santos	juventude cortegacense	Veterano M50	04:44:22	+02:42:45	15:48
384	1406	Pedro José Oliveira da Silva	individual	Veterano M40	04:45:07	+02:43:31	15:50
385	1044	Sandra Ferreira	arcorun	Veterana F40	04:45:45	+02:44:09	15:53
386	1050	Paulo Reis	arcorun	Veterano M40	04:45:45	+02:44:09	15:53
387	1504	Hélder Moreira	mata elefantes	Veterano M30	04:46:05	+02:44:29	15:54
388	1294	António Rodrigues	individual	Veterano M30	04:46:06	+02:44:30	15:54
389	1690	António Ferreira	hora do lobo trail - cf perosinho atletismo	Veterano M30	04:46:27	+02:44:50	15:55
390	1692	Sónia Guimarães	hora do lobo trail - cf perosinho atletismo	Veterana F40	04:46:27	+02:44:50	15:55
391	1259	Manuela Monteiro	100meta	Veterana F40	04:46:27	+02:44:51	15:55
392	1005	Nuno Neves	100meta	Senior Masculino	04:46:27	+02:44:51	15:55
393	1080	Patrícia Pinto	btt alegria // tubani	Veterana F30	04:46:27	+02:44:51	15:55
394	1407	Pedro Miguel Pereira Domingues	individual	Veterano M40	04:46:27	+02:44:51	15:55
395	1691	Sergio Guimaraes	hora do lobo trail - cf perosinho atletismo	Veterano M40	04:46:28	+02:44:51	15:55
396	1641	Avelino Pereira de Sousa	tartarugas do asfalto	Veterano M50	04:46:35	+02:44:59	15:55
397	1464	Joao Oliveira	juventude cortegacense	Veterano M40	04:49:02	+02:47:26	16:03
398	1024	joaquim seca	alto relevo - clube de montanhismo	Veterano M50	04:49:24	+02:47:47	16:05

TRAIL CURTO - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
399	1701	Rui Oliveira	factor x / s4l / medense fc	Veterano M30	04:49:26	+02:47:49	16:05
400	1100	Marta Sousa	caracois do monte	Veterana F30	04:50:31	+02:48:54	16:08
401	1704	atleta 1704	individual	Veterano M30	04:50:38	+02:49:02	16:09
402	1706	atleta 1706	individual	Veterano M30	04:50:38	+02:49:02	16:09
403	1705	atleta 1705	individual	Veterano M30	04:50:38	+02:49:02	16:09
404	1502	Rui Jorge de Jesus Queirós	manguelas - run/walk team	Veterano M30	04:50:50	+02:49:14	16:09
405	1552	SARA RODRIGUES	olimpico vianense trail	Veterana F30	04:50:54	+02:49:17	16:10
406	1125	Rui Oliveira	comdor runners	Veterano M40	04:51:36	+02:50:00	16:12
407	1350	Sidónio Gonçalves	individual	Veterano M30	04:51:47	+02:50:11	16:13
408	1457	Joel Sequeira	juventude cortegacense	Veterano M30	04:53:14	+02:51:38	16:17
409	1371	Filipe Rodrigues	individual	Veterano M40	04:53:34	+02:51:57	16:19
410	1689	Marlene dos Santos Batista	gnt	Veterana F30	04:54:39	+02:53:03	16:22
411	1688	Mário André Patrício Teixeira Júlio	gnt	Veterano M30	04:54:40	+02:53:04	16:22
412	1066	Carlos Fernando Marques	bdm runners	Veterano M50	04:54:57	+02:53:20	16:23
413	1426	jorge oliveira	individual	Veterano M50	04:55:47	+02:54:10	16:26
414	1605	Celia Simoes	psp viseu runners	Veterana F30	04:56:10	+02:54:34	16:27
415	1606	Patricia Ribeiro	psp viseu runners	Veterana F30	04:56:12	+02:54:36	16:27
416	1132	Carla Teixeira	ctad - trilhos de cinfães	Senior Feminino	04:56:25	+02:54:49	16:28
417	1295	atleta 1295	individual	Veterano M30	04:56:29	+02:54:53	16:28
418	1512	Ricardo Moreira	mccb clínica médica ldª	Veterano M30	04:56:50	+02:55:14	16:29
419	1497	Joana Martins	lion runners - g. d. leões da guarda	Veterana F40	04:57:12	+02:55:36	16:31
420	1286	Ema Teixeira	individual	Veterana F60	04:57:30	+02:55:53	16:32
421	1006	Amílcar Teixeira	100meta	Veterano M40	04:57:49	+02:56:13	16:33
422	1496	Cristina Gonçalves	lion runners - g. d. leões da guarda	Veterana F40	04:57:52	+02:56:16	16:33
423	1114	PAULO JORGE GONÇALVES SOARES	ciclistas cósmicos - gislótica	Veterano M40	04:59:04	+02:57:27	16:37
424	1115	JOSÉ MIGUEL CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M50	04:59:04	+02:57:28	16:37
425	1353	Alcindo Silva	individual	Veterano M40	04:59:19	+02:57:43	16:38
426	1677	Fernando gouveia	viriahtvs runners viseu	Veterano M50	05:01:45	+03:00:09	16:46
427	1710	atleta 1710	individual	Veterano M30	05:03:17	+03:01:41	16:51
428	1003	António Fernandes	#correratenumdarmais	Veterano M60	05:03:41	+03:02:05	16:52
429	1499	Miguel Fonseca	lion runners - g. d. leões da guarda	Veterano M40	05:04:44	+03:03:08	16:56
430	1485	Marco Oliveira	leões de tardariz trail	Veterano M40	05:06:43	+03:05:07	17:02
431	1341	Pedro Ricardo Coelho Gonçalves	individual	Veterano M30	05:06:52	+03:05:15	17:03
432	1501	João Paulo Regal de Sousa	manguelas - run/walk team	Veterano M30	05:08:43	+03:07:07	17:09
433	1631	Luis Ribeiro	s. s. montepio	Veterano M40	05:11:15	+03:09:39	17:18
434	1250	Elsa Soares	individual	Veterana F30	05:12:08	+03:10:32	17:20
435	1227	Mariana Brandão	individual	Senior Feminino	05:12:56	+03:11:20	17:23
436	1427	jorge oliveira	individual	Veterano M50	05:13:37	+03:12:00	17:25
437	1526	Silvina Barbosa	mss contabilidade trail team	Veterana F40	05:13:47	+03:12:10	17:26
438	1523	David Sousa	mss contabilidade trail team	Veterano M30	05:13:48	+03:12:12	17:26
439	1400	Paulo António Ribeiro de Sousa	individual	Veterano M40	05:15:31	+03:13:55	17:32
440	1522	Isabel Santos	mountain climbers	Veterana F40	05:16:22	+03:14:46	17:35
441	1630	Julio Santos	s. s. montepio	Veterano M40	05:18:47	+03:17:11	17:43

TRAIL CURTO - STAGE 1

18 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
442	1513	Rui Moreira	mccb clínica médica Id ^a	Veterano M30	05:19:07	+03:17:30	17:44
443	1096	Telma Guedes	caracois do monte	Senior Feminino	05:19:17	+03:17:40	17:44
444	1078	Cristina Neves	btt alegria // tubani	Veterana F30	05:19:26	+03:17:50	17:45
445	1068	Jonas Maia	bigodes de tinto	Veterano M30	05:20:17	+03:18:41	17:48
446	1061	wiliana Ferreira	a-team	Veterana F30	05:20:19	+03:18:42	17:48
447	1360	Bruno Rocha	individual	Veterano M40	05:20:19	+03:18:42	17:48
448	1531	Paula Lopes	no tomorrow running team	Veterana F40	05:21:37	+03:20:01	17:52
449	1530	Ana Isabel Barroso	no tomorrow running team	Veterana F40	05:21:37	+03:20:01	17:52
450	1532	Ricardo Oliveira	no tomorrow running team	Veterano M40	05:21:38	+03:20:01	17:52
451	1442	Carlos PAulino	j a moreira runners	Senior Masculino	05:23:12	+03:21:36	17:57
452	1396	Miguel Nuno Olim Marote Henriques	individual	Veterano M40	05:23:43	+03:22:06	17:59
453	1358	Artur Fonseca	individual	Veterano M40	05:24:24	+03:22:48	18:01
454	1498	Susana Luis	lion runners - g. d. leões da guarda	Veterana F40	05:24:24	+03:22:48	18:01
455	1495	Susana Faria	lion runners - g. d. leões da guarda	Veterana F30	05:24:24	+03:22:48	18:01
456	742	Bruno Monteiro	lion runners - g. d. leões da guarda	Veterano M30	05:24:24	+03:22:48	18:01
457	1479	Nuno Pereira	leões de tardariz trail	Senior Masculino	05:25:43	+03:24:07	18:06
458	1128	Cândida Bento	correr leça	Veterana F30	05:26:45	+03:25:09	18:09
459	1555	MARINA SALGUEIRO	olimpico vianense trail	Veterana F40	05:27:46	+03:26:10	18:13
460	1565	MARCO MACIEL	olimpico vianense trail	Veterano M40	05:27:47	+03:26:11	18:13
461	1187	Elisabete Nogueira	fridão sem limites	Veterana F40	05:28:36	+03:27:00	18:15
462	1188	Rosa Soares	fridão sem limites	Veterana F40	05:28:36	+03:27:00	18:15
463	1042	José Correia	arcd venda da luisa	Veterano M50	05:30:32	+03:28:55	18:22
464	1623	José Manuel Valente de Meireles Pereira	rosário extreme	Veterano M50	05:30:37	+03:29:01	18:22
465	1422	GRAÇA RICARDO	individual	Veterano M50	05:31:39	+03:30:02	18:26
466	1060	Mariana Coimbra	a-team	Veterana F30	05:33:02	+03:31:25	18:30
467	1107	Sofia Venade	cerveira team running	Veterana F30	05:33:29	+03:31:52	18:32
468	1106	Sandra Araújo	cerveira team running	Veterana F30	05:33:29	+03:31:53	18:32
469	1105	Dora Guerreiro	cerveira team running	Veterana F30	05:33:29	+03:31:53	18:32
470	1719	Rosario Gomes	cerveira team running	Veterana F50	05:33:29	+03:31:53	18:32
471	1108	Eliza Gonçalves	cerveira team running	Veterana F40	05:33:29	+03:31:53	18:32
472	750	Armindo Ferreira	mirandela a correr	Veterano M40	05:34:00	+03:32:24	18:33
473	1587	Monica Magalhaes	papatrails	Veterana F30	05:34:58	+03:33:22	18:37
474	1366	Daniel Gomes	individual	Veterano M40	05:35:01	+03:33:25	18:37
475	1673	Helena Xavier 2	vale do silencio	Veterana F50	05:35:14	+03:33:37	18:37
476	1255	Lurdes Santos	individual	Veterana F30	05:35:14	+03:33:38	18:37
477	1528	Luis Sousa	mss contabilidade trail team	Veterano M40	05:35:19	+03:33:42	18:38
478	1397	Nelson Noval	individual	Veterano M40	05:35:30	+03:33:54	18:38
479	1067	Bruno Marante	bigodes de tinto	Veterano M30	05:36:28	+03:34:52	18:42
480	1554	ISABEL GONÇALVES	olimpico vianense trail	Veterana F40	05:36:45	+03:35:09	18:43
481	1408	atleta 1408	individual	Senior Masculino	05:36:53	+03:35:16	18:43
482	1256	Mariana Magalhães	individual	Veterana F30	05:37:10	+03:35:33	18:44
483	1023	Célia Vieira	alto relevo - clube de montanhismo	Veterana F40	05:38:23	+03:36:46	18:48
484	1141	Lurdes Monteiro	ctad - trilhos de cinfães	Veterana F50	05:39:03	+03:37:27	18:50
485	1439	Antonio Oliveira	invicta runners team	Veterano M50	05:39:08	+03:37:32	18:50
486	1438	Carla Barbosa	invicta runners team	Veterana F40	05:39:09	+03:37:32	18:51

Official Timekeeper: Lap2Go	11 / 13	generate 08-Jul-2018 18:57
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TRAIL CURTO - STAGE 1

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
487	1352	Alberto Fernandes	individual	Veterano M40	05:39:09	+03:37:33	18:51
488	1073	PAULA CRISTINA	bootseals	Veterana F50	05:40:18	+03:38:41	18:54
489	1074	PAULA ESTRELA	bootseals	Veterana F50	05:40:18	+03:38:42	18:54
490	1071	DIVA FREITAS	bootseals	Veterana F30	05:40:18	+03:38:42	18:54
491	1257	Rita Alexandra Alves Moreira	individual	Veterana F30	05:40:31	+03:38:55	18:55
492	1057	Rogério de Matos Penalva Becho	aroo	Veterano M40	05:43:40	+03:42:04	19:06
493	669	Nuno Monteiro	individual	Veterano M60	05:44:11	+03:42:35	19:07
494	1081	Paula Silva	btt alegria // tubani	Veterana F30	05:45:31	+03:43:55	19:12
495	1288	André Santos	individual	Veterano M30	05:45:47	+03:44:11	19:13
496	1589	Sandra Oliveira	papatrails	Veterana F40	05:47:44	+03:46:08	19:19
497	1570	JOÃO PASSOS	olimpico vianense trail	Veterano M50	05:48:09	+03:46:33	19:21
498	1593	André Carneiro	porto sentido runners	Senior Masculino	05:49:48	+03:48:12	19:26
499	1675	Paulo Silva	viriathvs runners viseu	Veterano M40	05:51:59	+03:50:23	19:33
500	1538	Madalena Oliveira	nocturnos de paredes	Veterana F60	05:52:16	+03:50:40	19:34
501	1590	Jose Alves	papatrails	Veterano M40	05:55:03	+03:53:26	19:44
502	1586	Estela Oliveira	papatrails	Veterana F30	05:56:31	+03:54:55	19:48
503	1166	Magda Araújo	desliza team/ ozxtreme	Veterana F30	05:57:05	+03:55:29	19:50
504	1040	João Manuel Pinão Monteiro	arcd venda da luisa	Veterano M40	05:57:44	+03:56:07	19:52
505	1715	Nelson Neves	individual	Veterano M40	06:00:09	+03:58:33	20:01
506	1717	Marta Monteiro	individual	Veterana F40	06:00:12	+03:58:35	20:01
507	1716	Augusto Rodrigues	individual	Veterano M40	06:00:12	+03:58:36	20:01
508	1129	Elsa Sousa	correr leça	Veterana F30	06:02:36	+04:01:00	20:09
509	1347	Rui Pedro Vieira Alves De Jesus	individual	Veterano M30	06:02:38	+04:01:01	20:09
510	1709	atleta 1709	individual	Veterano M30	06:03:18	+04:01:41	20:11
511	1490	Benoit Dumais	les amoureux québécois	Veterano M30	06:03:26	+04:01:49	20:11
512	1489	Karine Soucy	les amoureux québécois	Veterana F30	06:03:26	+04:01:50	20:11
513	1233	Miguel Paiva	individual	Senior Masculino	06:07:09	+04:05:33	20:24
514	1273	Carla Santos	individual	Veterana F40	06:07:10	+04:05:33	20:24
515	1274	Eduarda Freitas	individual	Veterana F40	06:07:20	+04:05:44	20:24
516	1399	Nuno Pereira	individual	Veterano M40	06:07:42	+04:06:06	20:26
517	1201	José Lopes	gaia-running	Veterano M40	06:08:28	+04:06:51	20:28
518	1059	Ana Azevedo	a-team	Veterana F30	06:08:50	+04:07:14	20:29
519	1235	Pedro Amorim	individual	Senior Masculino	06:12:58	+04:11:21	20:43
520	1265	Vanessa Dias	individual	Veterana F30	06:14:23	+04:12:46	20:48
521	1160	Helena Santos	deixem passar os coxos	Veterana F40	06:15:44	+04:14:08	20:52
522	1159	Luciana Moreira	deixem passar os coxos	Veterana F30	06:15:44	+04:14:08	20:52
523	1318	JOAO COSTA	individual	Veterano M30	06:18:02	+04:16:26	21:00
524	1409	Pedro Semblano	individual	Veterano M40	06:19:18	+04:17:42	21:04
525	1253	Joana Isabel Lage Monteiro	individual	Veterana F30	06:22:22	+04:20:46	21:15
526	1441	Inês Carvalho	j a moreira runners	Senior Feminino	06:26:29	+04:24:52	21:28
527	1369	Fernando Sampaio	individual	Veterano M40	06:26:33	+04:24:57	21:29
528	1628	Rui Carvalho	s. s. montepio	Veterano M30	06:39:20	+04:37:44	22:11
529	1640	Luisa Almeida	tartarugas do asfalto	Veterana F50	06:45:59	+04:44:22	22:33
530	1281	Sandra Batista	individual	Veterana F40	06:47:30	+04:45:53	22:38
531	1282	Verónica Simões	individual	Veterana F40	06:48:11	+04:46:35	22:41

18 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
532	1130	Vera Lima	correr lisboa	Veterana F40	06:48:32	+04:46:55	22:42
533	1269	Ana Trindade	individual	Veterana F40	06:48:32	+04:46:55	22:42
534	1270	Anabela Reis	individual	Veterana F40	06:49:59	+04:48:22	22:47
535	1268	Ana Rita Duarte	individual	Veterana F40	06:51:27	+04:49:51	22:52
536	1215	Mónica Borges	gtt - armazém do caffè	Veterana F40	06:59:19	+04:57:42	23:18
537	1357	António Soares	individual	Veterano M40	07:07:20	+05:05:44	23:44
538	1378	José Carlos Castro Resse Lascasas	individual	Veterano M40	07:14:22	+05:12:45	24:08
539	1303	Daniel Pereira	individual	Veterano M30	07:19:17	+05:17:41	24:24
540	1362	Carlos Bateira	individual	Veterano M40	07:19:19	+05:17:42	24:24
541	1392	Mário Noronha	individual	Veterano M40	07:19:22	+05:17:46	24:25
542	1537	Tania Cardoso	nocturnos de paredes	Veterana F30	07:23:10	+05:21:34	24:37
543	1280	Patrícia Couto	individual	Veterana F40	07:24:50	+05:23:13	24:43
544	1509	Carla Viegas	matilha running	Veterana F40	07:48:02	+05:46:26	26:00
545	1179	Susana Rito	edv-viana trail	Veterana F40	07:59:18	+05:57:42	26:38
546	1714	Teresa Gonçalves	individual	Veterana F40	08:00:10	+05:58:33	26:41
547	1671	Cristina Costa	utdp vassoura	Veterana F40	08:04:50	+06:03:13	26:56
548	1670	Ana Trigo	utdp vassoura	Veterana F40	08:04:50	+06:03:14	26:56
549	1575	Sónia Cruz	os primos	Veterana F30	08:43:56	+06:42:20	29:06
550	1578	Sérgio Moreira	os primos	Veterano M30	08:43:58	+06:42:21	29:07
551	1707	atleta 1707	individual	Veterano M30	08:59:18	+06:57:42	29:58
552	1576	Vera Moreira	os primos	Veterana F30	09:43:54	+07:42:18	32:26
553	1577	Alexandre Quintas	os primos	Veterano M30	09:43:57	+07:42:21	32:27

[illegible]

Official Timekeeper: Lap2Go	1 / 2	generate 08-Jul-2018 18:58
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[illegible]

Official Timekeeper: Lap2Go	2 / 2	generate 08-Jul-2018 18:58
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Trail Curto

18 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:40	18°C	93%
End	18:30	18°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1225	Elisabete Maria Soutulho Coelho Alves	Individual	Senior Feminino	02:35:08	+33:32	08:37:40
2	1229	Sandrina Cardoso	Individual	Senior Feminino	02:48:47	+47:11	09:23:51
3	1573	Ana Branco	Os Marretas	Senior Feminino	03:53:21	+01:51:45	12:58:06
4	1076	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	04:17:15	+02:15:39	14:18:00
5	1228	Raquel Filipe	Individual	Senior Feminino	04:23:58	+02:22:22	14:40:00
6	1476	Tânia Gonçalves	Leões de Tardariz Trail	Senior Feminino	04:25:45	+02:24:08	14:46:00
7	1133	Julliane Dias	CTAD - Trilhos de Cinfães	Senior Feminino	04:26:02	+02:24:26	14:47:00
8	1132	Carla Teixeira	CTAD - Trilhos de Cinfães	Senior Feminino	04:56:25	+02:54:49	16:28:00
9	1227	Mariana Brandão	Individual	Senior Feminino	05:12:56	+03:11:20	17:23:00
10	1096	Telma Guedes	Caracois do Monte	Senior Feminino	05:19:17	+03:17:40	17:44:00
11	1441	Inês Carvalho	J A Moreira Runners	Senior Feminino	06:26:29	+04:24:52	21:28:00

Senior Masculino

1	1521	Duarte Cruz	Montanha Clube Trail Running/Efapel	Senior Masculino	02:11:32	+09:56	07:18
2	1223	Hélio Dias	HSantaMariaRT	Senior Masculino	02:20:50	+19:14	07:49
3	1712	José Lopes	Individual	Senior Masculino	02:39:20	+37:44	08:51
4	1548	Nuno Castel-Branco	OLIMPICO VIANENSE TRAIL	Senior Masculino	02:40:22	+38:45	08:55
5	1232	João Ribeiro Dias	Individual	Senior Masculino	02:43:28	+41:52	09:05
6	1648	Ricardo Joaquim Monteiro Fernandes	Team Trail Bem Viver	Senior Masculino	02:47:25	+45:49	09:18
7	1684	Ruben Marques	Trínca Orelhas Gato	Senior Masculino	02:56:57	+55:20	09:50
8	1032	Francisco Calhındro	ARCD Venda da Luisa	Senior Masculino	02:57:28	+55:52	09:52
9	1507	Diogo Mesquita	Matilha Running	Senior Masculino	03:01:41	+01:00:04	10:06
10	1534	Eduardo Vieira	NOCTURNOS DE PAREDES	Senior Masculino	03:13:12	+01:11:36	10:44
11	1514	Francisco Esteves	MELGAÇO ALVARINHO TRAIL	Senior Masculino	03:30:09	+01:28:33	11:41
12	1650	David Nogueira Moreira	TERRORES DO MONTE	Senior Masculino	03:39:00	+01:37:24	12:10
13	1120	João Miguel Almeida da Silva	CMC-CARAPAU	Senior Masculino	03:43:03	+01:41:27	12:24
14	1237	Rafael Mota	Individual	Senior Masculino	03:47:07	+01:45:31	12:37
15	1098	Diogo Sousa	Caracois do Monte	Senior Masculino	04:00:52	+01:59:16	13:23
16	1241	Tiago Faria	Individual	Senior Masculino	04:03:21	+02:01:44	13:31
17	1703	Pedro Alves	FACTOR X / S4L / MEDENSE FC	Senior Masculino	04:03:21	+02:01:44	13:31
18	1654	Hugo Faria	The Newbies	Senior Masculino	04:08:27	+02:06:51	13:48
19	1113	Tiago Carneiro	CeT	Senior Masculino	04:13:42	+02:12:06	14:06
20	1182	Joao Oliveira	Facort running team	Senior Masculino	04:17:46	+02:16:10	14:19
21	1478	Manuel Fernandes	Leões de Tardariz Trail	Senior Masculino	04:25:45	+02:24:09	14:46
22	1168	Rafael Sousa	DirtRunners	Senior Masculino	04:33:26	+02:31:49	15:11
23	1653	Carlos Silva	The Newbies	Senior Masculino	04:34:00	+02:32:23	15:13
24	1443	João Ribeiro	J A Moreira Runners	Senior Masculino	04:34:12	+02:32:36	15:14

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Trail Curto

18 KM

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OFFICIAL RESULT

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25	1230	Bruno Fernandes	Individual	Senior Masculino	04:39:05	+02:37:28	15:30
26	1005	Nuno Neves	100meta	Senior Masculino	04:46:27	+02:44:51	15:55
27	1442	Carlos PAulino	J A Moreira Runners	Senior Masculino	05:23:12	+03:21:36	17:57
28	1479	Nuno Pereira	Leões de Tardariz Trail	Senior Masculino	05:25:43	+03:24:07	18:06
29	1408	atleta 1408	Individual	Senior Masculino	05:36:53	+03:35:16	18:43
30	1593	André Carneiro	PORTO SENTIDO RUNNERS	Senior Masculino	05:49:48	+03:48:12	19:26
31	1233	Miguel Paiva	Individual	Senior Masculino	06:07:09	+04:05:33	20:24
32	1235	Pedro Amorim	Individual	Senior Masculino	06:12:58	+04:11:21	20:43

Veterana F30

1	1545	Vera Barbosa	Nova Linha Trail Runners	Veterana F30	02:43:09	+41:33	09:04
2	1094	ADRIANA SOUSA	CANDOSO	Veterana F30	02:57:29	+55:53	09:52
3	1550	Daniela Barreto	OLIMPICO VIANENSE TRAIL	Veterana F30	03:03:48	+01:02:12	10:13
4	1063	SILVIA PEREIRA	BAREJO TEAM	Veterana F30	03:11:15	+01:09:39	10:38
5	1260	Sandra Araújo	Individual	Veterana F30	03:16:27	+01:14:51	10:55
6	1196	Catarina Figueiredo	GAIA-RUNNING	Veterana F30	03:35:47	+01:34:11	11:59
7	1474	Marisa Bregieiro	Lama Solta	Veterana F30	03:47:06	+01:45:30	12:37
8	1267	Virgínia Santos	Individual	Veterana F30	03:51:41	+01:50:05	12:52
9	1258	Rosalba Leão	Individual	Veterana F30	03:51:42	+01:50:06	12:52
10	1266	Vânia Amaral	Individual	Veterana F30	03:52:05	+01:50:29	12:54
11	1251	Gisela Sousa	Individual	Veterana F30	03:52:07	+01:50:31	12:54
12	1607	Sonia Barbosa	PSP VISEU RUNNERS	Veterana F30	03:54:28	+01:52:52	13:02
13	1170	Andreia Ferreira	Doctor Runners Team	Veterana F30	03:58:12	+01:56:36	13:14
14	1246	Cláudia Gonçalves Marques	Individual	Veterana F30	03:58:21	+01:56:44	13:15
15	1252	Helena Madeira	Individual	Veterana F30	04:01:25	+01:59:49	13:25
16	1475	Mónica Domingues	LEBRES MINHOTAS	Veterana F30	04:08:00	+02:06:23	13:47
17	1264	Tânia Filipa Barbosa Dias Carneiro	Individual	Veterana F30	04:08:57	+02:07:20	13:50
18	1249	Dulce Lopes	Individual	Veterana F30	04:14:19	+02:12:43	14:08
19	1666	Patrícia Rodrigues	TROLLS	Veterana F30	04:14:19	+02:12:43	14:08
20	1263	Sophie Duarte	Individual	Veterana F30	04:16:27	+02:14:51	14:15
21	1659	Paula Pereira	TrailLovers	Veterana F30	04:18:37	+02:17:01	14:22
22	1247	Dalila Teixeira	Individual	Veterana F30	04:23:58	+02:22:22	14:40
23	1549	Ana Pereira	ADE Trail Running	Veterana F30	04:27:45	+02:26:09	14:53
24	1519	Luisa cruz	Moinhos Run ADRM	Veterana F30	04:27:45	+02:26:09	14:53
25	1693	Gisela Costa	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F30	04:28:05	+02:26:29	14:54
26	1165	Inês Peres	Desliza Team/ Ozxtreme	Veterana F30	04:31:03	+02:29:27	15:04
27	1164	Inês Mendonça	Desliza Team/ Ozxtreme	Veterana F30	04:31:04	+02:29:28	15:04
28	1242	Ana	Individual	Veterana F30	04:33:10	+02:31:33	15:11
29	1254	liliana maria santos cardoso	Individual	Veterana F30	04:34:54	+02:33:18	15:16
30	1582	Marta Duarte	Outsiders trail team	Veterana F30	04:36:20	+02:34:44	15:21
31	1624	Cláudia Moura	Running Penafiel Trail	Veterana F30	04:39:40	+02:38:03	15:32
32	1248	Daniela Cunha	Individual	Veterana F30	04:41:26	+02:39:49	15:38
33	1262	Sónia Figueiredo	Individual	Veterana F30	04:42:34	+02:40:58	15:42
34	1080	Patrícia Pinto	BTT Alegria // TUBANI	Veterana F30	04:46:27	+02:44:51	15:55

Trail Curto

18 KM

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OFFICIAL RESULT

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35	1100	Marta Sousa	Caracois do Monte	Veterana F30	04:50:31	+02:48:54	16:08
36	1552	SARA RODRIGUES	OLIMPICO VIANENSE TRAIL	Veterana F30	04:50:54	+02:49:17	16:10
37	1689	Marlene dos Santos Batista	GNT	Veterana F30	04:54:39	+02:53:03	16:22
38	1605	Celia Simoes	PSP VISEU RUNNERS	Veterana F30	04:56:10	+02:54:34	16:27
39	1606	Patricia Ribeiro	PSP VISEU RUNNERS	Veterana F30	04:56:12	+02:54:36	16:27
40	1250	Elsa Soares	Individual	Veterana F30	05:12:08	+03:10:32	17:21
41	1078	Cristina Neves	BTT Alegria // TUBANI	Veterana F30	05:19:26	+03:17:50	17:45
42	1061	wiliana Ferreira	A-Team	Veterana F30	05:20:19	+03:18:42	17:48
43	1495	Susana Faria	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F30	05:24:24	+03:22:48	18:01
44	1128	Cândida Bento	CORRER LEÇA	Veterana F30	05:26:45	+03:25:09	18:09
45	1060	Mariana Coimbra	A-Team	Veterana F30	05:33:02	+03:31:25	18:30
46	1107	Sofia Venade	Cerveira Team Running	Veterana F30	05:33:29	+03:31:52	18:32
47	1106	Sandra Araújo	Cerveira Team Running	Veterana F30	05:33:29	+03:31:53	18:32
48	1105	Dora Guerreiro	Cerveira Team Running	Veterana F30	05:33:29	+03:31:53	18:32
49	1587	Monica Magalhaes	PAPATRAILS	Veterana F30	05:34:58	+03:33:22	18:37
50	1255	Lurdes Santos	Individual	Veterana F30	05:35:14	+03:33:38	18:37
51	1256	Mariana Magalhães	Individual	Veterana F30	05:37:10	+03:35:33	18:44
52	1071	DIVA FREITAS	BootSeals	Veterana F30	05:40:18	+03:38:42	18:54
53	1257	Rita Alexandra Alves Moreira	Individual	Veterana F30	05:40:31	+03:38:55	18:55
54	1081	Paula Silva	BTT Alegria // TUBANI	Veterana F30	05:45:31	+03:43:55	19:12
55	1586	Estela Oliveira	PAPATRAILS	Veterana F30	05:56:31	+03:54:55	19:48
56	1166	Magda Araújo	Desliza Team/ Ozxtreme	Veterana F30	05:57:05	+03:55:29	19:50
57	1129	Elsa Sousa	CORRER LEÇA	Veterana F30	06:02:36	+04:01:00	20:09
58	1489	Karine Soucy	les amoureux québécois	Veterana F30	06:03:26	+04:01:50	20:11
59	1059	Ana Azevedo	A-Team	Veterana F30	06:08:50	+04:07:14	20:29
60	1265	Vanessa Dias	Individual	Veterana F30	06:14:23	+04:12:46	20:48
61	1159	Luciana Moreira	Deixem Passar os Coxos	Veterana F30	06:15:44	+04:14:08	20:52
62	1253	Joana Isabel Lage Monteiro	Individual	Veterana F30	06:22:22	+04:20:46	21:15
63	1537	Tania Cardoso	NOCTURNOS DE PAREDES	Veterana F30	07:23:10	+05:21:34	24:37
64	1575	Sónia Cruz	Os primos	Veterana F30	08:43:56	+06:42:20	29:06
65	1576	Vera Moreira	Os primos	Veterana F30	09:43:54	+07:42:18	32:26

Veterana F40

1	1139	Marieta Branco	CTAD - Trilhos de Cinfães	Veterana F40	03:00:04	+58:28	10:00
2	1222	Isabel Carvalho	Helena	Veterana F40	03:00:10	+58:33	10:01
3	1137	Anabela Cordeiro	CTAD - Trilhos de Cinfães	Veterana F40	03:02:41	+01:01:04	10:09
4	1452	Lúcia Campos Costa	Juventude Cortegacense	Veterana F40	03:04:29	+01:02:52	10:15
5	1140	Severina almeida	CTAD - Trilhos de Cinfães	Veterana F40	03:16:50	+01:15:14	10:56
6	1683	Paula Gualter	ZUPPER	Veterana F40	03:26:09	+01:24:33	11:27
7	1138	Isabel Almeida	CTAD - Trilhos de Cinfães	Veterana F40	03:33:16	+01:31:39	11:51
8	1055	Paula Maria Esteves Silva	AROO	Veterana F40	03:33:32	+01:31:56	11:52
9	1525	Alzira Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	03:35:17	+01:33:41	11:58
10	1158	Ana Mina	Ctr-cerveira team running	Veterana F40	03:36:46	+01:35:10	12:03
11	1279	Olga	Individual	Veterana F40	03:36:51	+01:35:14	12:03

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Trail Curto

18 KM

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12	1034	Elza Cordeiro	ARCD Venda da Luisa	Veterana F40	03:39:18	+01:37:42	12:11
13	1634	Isabel Cristina Brandão Soares	Sportarc.Running	Veterana F40	03:39:32	+01:37:55	12:12
14	1198	Orlanda Rego	GAIA-RUNNING	Veterana F40	03:40:12	+01:38:36	12:14
15	1667	Benilde Santos	TROLLS	Veterana F40	03:40:56	+01:39:19	12:16
16	1275	Fátima Videira	Individual	Veterana F40	03:48:08	+01:46:32	12:40
17	1088	Sílvia Coelho	C. B. Viseu Running Team	Veterana F40	03:48:09	+01:46:33	12:41
18	1178	salome cequeira	EDV-VIANA TRAIL	Veterana F40	03:49:17	+01:47:40	12:44
19	1278	Margarida Sousa	Individual	Veterana F40	03:53:17	+01:51:40	12:58
20	1453	Marcia Castro Costa	Juventude Cortegacense	Veterana F40	03:56:01	+01:54:24	13:07
21	1595	Paula Coutinho	PORTO SENTIDO RUNNERS	Veterana F40	03:59:19	+01:57:43	13:18
22	1199	Sílvia Peralta	GAIA-RUNNING	Veterana F40	04:03:52	+02:02:16	13:33
23	1594	Elisabete Loureiro	PORTO SENTIDO RUNNERS	Veterana F40	04:08:11	+02:06:34	13:47
24	1118	Sandra mendes	Clube Zupper	Veterana F40	04:10:38	+02:09:02	13:55
25	1610	Rosa Gama	Ribeiras Trail	Veterana F40	04:10:51	+02:09:15	13:56
26	1001	Isabel Dias	#correratenumdarmais	Veterana F40	04:14:00	+02:12:24	14:07
27	1054	Fátima Pacheco do Cruzeiro	AROO	Veterana F40	04:17:47	+02:16:10	14:19
28	1596	Sandra Carvalho	PORTO SENTIDO RUNNERS	Veterana F40	04:18:17	+02:16:41	14:21
29	1609	Rosa Almeida	Ribeiras Trail	Veterana F40	04:18:50	+02:17:13	14:23
30	1608	Eva Ribeiro	Ribeiras Trail	Veterana F40	04:18:50	+02:17:13	14:23
31	1451	Anabela Marques	Juventude Cortegacense	Veterana F40	04:19:20	+02:17:43	14:24
32	583	Anabela Torres	EDV-VIANA TRAIL	Veterana F40	04:24:07	+02:22:30	14:40
33	1135	Ana Pestana	CTAD - Trilhos de Cinfães	Veterana F40	04:26:02	+02:24:26	14:47
34	1136	Ana Sofia Silva	CTAD - Trilhos de Cinfães	Veterana F40	04:27:07	+02:25:31	14:50
35	1611	Sónia Gilvaz	Ribeiras Trail	Veterana F40	04:28:01	+02:26:25	14:53
36	1177	Ligia Fernandes	EDV-VIANA TRAIL	Veterana F40	04:28:23	+02:26:47	14:55
37	1109	Maria José Fernandes	Cerveira Team Running	Veterana F40	04:34:16	+02:32:40	15:14
38	1588	Ana Alves	PAPATRAILS	Veterana F40	04:34:59	+02:33:22	15:17
39	1033	Cidália Canais	ARCD Venda da Luisa	Veterana F40	04:37:48	+02:36:12	15:26
40	1035	Suzana Santo	ARCD Venda da Luisa	Veterana F40	04:39:15	+02:37:39	15:31
41	1627	Susana Fontes	S. S. Montepio	Veterana F40	04:39:20	+02:37:44	15:31
42	1272	Carla Reis	Individual	Veterana F40	04:41:35	+02:39:59	15:39
43	1276	IRENE MARTINS	Individual	Veterana F40	04:42:33	+02:40:57	15:42
44	1044	Sandra Ferreira	ARCORUN	Veterana F40	04:45:45	+02:44:09	15:53
45	1692	Sónia Guimarães	Hora do Lobo Trail - CF Perosinho Atletismo	Veterana F40	04:46:27	+02:44:50	15:55
46	1259	Manuela Monteiro	100meta	Veterana F40	04:46:27	+02:44:51	15:55
47	1497	Joana Martins	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	04:57:12	+02:55:36	16:31
48	1496	Cristina Gonçalves	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	04:57:52	+02:56:16	16:33
49	1526	Silvina Barbosa	MSS CONTABILIDADE TRAIL TEAM	Veterana F40	05:13:47	+03:12:10	17:26
50	1522	Isabel Santos	Mountain Climbers	Veterana F40	05:16:22	+03:14:46	17:35
51	1531	Paula Lopes	NO TOMORROW RUNNING TEAM	Veterana F40	05:21:37	+03:20:01	17:52
52	1530	Ana Isabel Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	05:21:37	+03:20:01	17:52
53	1498	Susana Luis	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterana F40	05:24:24	+03:22:48	18:01

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Trail Curto

18 KM

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54	1555	MARINA SALGUEIRO	OLIMPICO VIANENSE TRAIL	Veterana F40	05:27:46	+03:26:10	18:13
55	1187	Elisabete Nogueira	Fridão Sem Limites	Veterana F40	05:28:36	+03:27:00	18:15
56	1188	Rosa Soares	Fridão Sem Limites	Veterana F40	05:28:36	+03:27:00	18:15
57	1108	Eliza Gonçalves	Cerveira Team Running	Veterana F40	05:33:29	+03:31:53	18:32
58	1554	ISABEL GONÇALVES	OLIMPICO VIANENSE TRAIL	Veterana F40	05:36:45	+03:35:09	18:43
59	1023	Célia Vieira	Alto Relevo - Clube de Montanhismo	Veterana F40	05:38:23	+03:36:46	18:48
60	1438	Carla Barbosa	Invicta Runners Team	Veterana F40	05:39:09	+03:37:32	18:51
61	1589	Sandra Oliveira	PAPATRAILS	Veterana F40	05:47:44	+03:46:08	19:19
62	1717	Marta Monteiro	Individual	Veterana F40	06:00:12	+03:58:35	20:01
63	1273	Carla Santos	Individual	Veterana F40	06:07:10	+04:05:33	20:24
64	1274	Eduarda Freitas	Individual	Veterana F40	06:07:20	+04:05:44	20:24
65	1160	Helena Santos	Deixem Passar os Coxos	Veterana F40	06:15:44	+04:14:08	20:52
66	1281	Sandra Batista	Individual	Veterana F40	06:47:30	+04:45:53	22:38
67	1282	Verónica Simões	Individual	Veterana F40	06:48:11	+04:46:35	22:41
68	1130	Vera Lima	CORRER LISBOA	Veterana F40	06:48:32	+04:46:55	22:42
69	1269	Ana Trindade	Individual	Veterana F40	06:48:32	+04:46:55	22:42
70	1270	Anabela Reis	Individual	Veterana F40	06:49:59	+04:48:22	22:47
71	1268	Ana Rita Duarte	Individual	Veterana F40	06:51:27	+04:49:51	22:52
72	1215	Mónica Borges	GTT - Armazém do Caffè	Veterana F40	06:59:19	+04:57:42	23:18
73	1280	Patrícia Couto	Individual	Veterana F40	07:24:50	+05:23:13	24:43
74	1509	Carla Viegas	Matilha Running	Veterana F40	07:48:02	+05:46:26	26:00
75	1179	Susana Rito	EDV-VIANA TRAIL	Veterana F40	07:59:18	+05:57:42	26:38
76	1714	Teresa Gonçalves	Individual	Veterana F40	08:00:10	+05:58:33	26:41
77	1671	Cristina Costa	UTDP VASSOURA	Veterana F40	08:04:50	+06:03:13	26:56
78	1670	Ana Trigo	UTDP VASSOURA	Veterana F40	08:04:50	+06:03:14	26:56

Veterana F50

1	1207	Carmo Marinho	GONDOMAR FUTSAL CLUBE	Veterana F50	03:18:40	+01:17:03	11:02
2	1083	Maria Teixeira	BTT Alegria // TUBANI	Veterana F50	03:19:49	+01:18:12	11:06
3	1200	Elisabete Repas	GAIA-RUNNING	Veterana F50	03:34:49	+01:33:13	11:56
4	1089	Raquel Mendes	C. B. Viseu Running Team	Veterana F50	03:46:51	+01:45:14	12:36
5	1284	Carla Gil	Individual	Veterana F50	03:58:23	+01:56:46	13:15
6	1612	Albina Vieira	Ribeiras Trail	Veterana F50	04:04:43	+02:03:06	13:36
7	1119	Maria Fátima Marques Ribeiro	Clube Zupper	Veterana F50	04:07:56	+02:06:20	13:46
8	1676	Maria Vale	Viriathvs Runners Viseu	Veterana F50	04:14:35	+02:12:59	14:09
9	1036	Paula Palmeira	ARCD Venda da Luisa	Veterana F50	04:18:42	+02:17:05	14:22
10	1556	Elisabete Pereira	OLIMPICO VIANENSE TRAIL	Veterana F50	04:23:50	+02:22:13	14:39
11	1045	rosina couto	ARCORUN	Veterana F50	04:26:34	+02:24:58	14:49
12	1285	Maria Jacinta de Jesus Rodrigues Almeida	Individual	Veterana F50	04:34:26	+02:32:49	15:15
13	1283	Ana Paula Teixeira	Individual	Veterana F50	04:34:59	+02:33:23	15:17
14	1719	Rosario Gomes	Cerveira Team Running	Veterana F50	05:33:29	+03:31:53	18:32
15	1673	Helena Xavier 2	Vale do silencio	Veterana F50	05:35:14	+03:33:37	18:37
16	1141	Lurdes Monteiro	CTAD - Trilhos de Cinfães	Veterana F50	05:39:03	+03:37:27	18:50
17	1073	PAULA CRISTINA	BootSeals	Veterana F50	05:40:18	+03:38:41	18:54

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Trail Curto

18 KM

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OFFICIAL RESULT

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18	1074	PAULA ESTRELA	BootSeals	Veterana F50	05:40:18	+03:38:42	18:54
19	1640	Luisa Almeida	Tartarugas do Asfalto	Veterana F50	06:45:59	+04:44:22	22:33

Veterana F60

1	1286	Ema Teixeira	Individual	Veterana F60	04:57:30	+02:55:53	16:32
2	1538	Madalena Oliveira	NOCTURNOS DE PAREDES	Veterana F60	05:52:16	+03:50:40	19:34

Veterano M30

1	1480	José Rocha	Leões de Tardariz Trail	Veterano M30	02:01:36	06:45
2	1503	Pedro Silva	Marco Runners	Veterano M30	02:11:33	+09:57 07:19
3	1079	Filipe Pinto	BTT Alegria // TUBANI	Veterano M30	02:14:37	+13:01 07:29
4	1171	Joel Simplicio	Doctor Runners Team	Veterano M30	02:17:31	+15:54 07:38
5	1493	Ivan Silva	Limitless	Veterano M30	02:17:33	+15:57 07:39
6	1583	hugo ventura	Ozxtreme/ADCRPereira	Veterano M30	02:17:52	+16:16 07:40
7	1304	Fabien ROSIER	Individual	Veterano M30	02:25:57	+24:21 08:07
8	1015	Tiago Teles	A.D.Amarante trail running	Veterano M30	02:29:40	+28:04 08:19
9	1180	Vitor Manuel Dias Gonçalves	EDV-VIANA TRAIL	Veterano M30	02:37:13	+35:36 08:44
10	1560	RUI LIMA	OLIMPICO VIANENSE TRAIL	Veterano M30	02:38:46	+37:09 08:49
11	1325	Jorge Resende	Individual	Veterano M30	02:39:14	+37:38 08:51
12	1172	Luis Magalhães	Doctor Runners Team	Veterano M30	02:39:20	+37:44 08:51
13	1047	Jorge Gomes	ARCORUN	Veterano M30	02:39:20	+37:44 08:51
14	1208	Manuel Silva	GONDOMAR FUTSAL CLUBE	Veterano M30	02:39:25	+37:49 08:51
15	1481	Miguel Alves	Leões de Tardariz Trail	Veterano M30	02:40:34	+38:58 08:55
16	1686	António Batista	GNT	Veterano M30	02:44:13	+42:36 09:07
17	1012	Xavier Amorim	A. D. CARVALHAL	Veterano M30	02:44:52	+43:16 09:10
18	1143	João Cardoso	CTAD - Trilhos de Cinfães	Veterano M30	02:45:30	+43:53 09:12
19	1559	Rui Faria	OLIMPICO VIANENSE TRAIL	Veterano M30	02:45:40	+44:03 09:12
20	1131	Cristóvão Chaves	Cristóvão chaves	Veterano M30	02:45:49	+44:13 09:13
21	1217	Nelson Leal	GTT - Armazém do Caffè	Veterano M30	02:48:05	+46:28 09:20
22	1090	Carlos Lopes	C. B. Viseu Running Team	Veterano M30	02:48:46	+47:10 09:23
23	1224	Rui Reis	HSantaMariaRT	Veterano M30	02:50:13	+48:36 09:27
24	1637	Antero Roque	Sporting Club Santacruzense	Veterano M30	02:53:41	+52:04 09:39
25	1312	Hélder Filipe da Silva Mendes	Individual	Veterano M30	02:53:54	+52:18 09:40
26	1191	NUNO FERREIRA	Fugitivos Urbanos	Veterano M30	02:59:13	+57:37 09:57
27	1144	Pedro Ferreirinha	CTAD - Trilhos de Cinfães	Veterano M30	02:59:52	+58:15 10:00
28	1324	Jorge Araujo	Individual	Veterano M30	03:00:19	+58:42 10:01
29	1091	Pedro Rebelo	C. B. Viseu Running Team	Veterano M30	03:01:55	+01:00:18 10:06
30	1019	Marco António Alves Miranda	AlphaRunning	Veterano M30	03:02:00	+01:00:24 10:07
31	1145	Ricardo Carvalho	CTAD - Trilhos de Cinfães	Veterano M30	03:02:40	+01:01:04 10:09
32	1338	Nuno Cruz	Individual	Veterano M30	03:03:41	+01:02:05 10:12
33	1561	Sérgio Martins	OLIMPICO VIANENSE TRAIL	Veterano M30	03:03:48	+01:02:12 10:13
34	1048	Nuno Fernandes	ARCORUN	Veterano M30	03:04:04	+01:02:27 10:14
35	1638	Marco silva	Strendure ranning team	Veterano M30	03:04:53	+01:03:17 10:16
36	1142	Carlos Silva	CTAD - Trilhos de Cinfães	Veterano M30	03:07:15	+01:05:39 10:24

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37	1339	Paulo Ferreira	Individual	Veterano M30	03:07:24	+01:05:48	10:25
38	1085	Sergio Coelho	BTT Alegria // TUBANI	Veterano M30	03:08:03	+01:06:27	10:27
39	1037	Marco Oliveira	ARCD Venda da Luisa	Veterano M30	03:10:19	+01:08:43	10:34
40	1311	Helder Cunha	Individual	Veterano M30	03:10:19	+01:08:43	10:34
41	1345	Rui André Ferreira Monteiro	Individual	Veterano M30	03:10:54	+01:09:18	10:36
42	1296	Bruno Silva	Individual	Veterano M30	03:10:54	+01:09:18	10:36
43	1301	Daniel Costa	Individual	Veterano M30	03:13:12	+01:11:36	10:44
44	1101	Diogo Resende	Caracois do Monte	Veterano M30	03:13:43	+01:12:07	10:46
45	1656	Fernando Leite	TNT - Trilhos Natura Team	Veterano M30	03:14:11	+01:12:34	10:47
46	1351	Vitor mansilhas	Individual	Veterano M30	03:16:27	+01:14:51	10:55
47	1343	Ricardo da Silva Ferreira	A. D. CARVALHAL	Veterano M30	03:17:44	+01:16:08	10:59
48	1574	Rui Ferreira	Os Marretas	Veterano M30	03:19:37	+01:18:01	11:05
49	1337	Nuno Botelho	Individual	Veterano M30	03:20:55	+01:19:18	11:10
50	1702	Júlio André Baptista Sousa	FACTOR X / S4L / MEDENSE FC	Veterano M30	03:22:50	+01:21:14	11:16
51	1708	Bruno Costa	Individual	Veterano M30	03:24:56	+01:23:20	11:23
52	1319	João Duarte	Individual	Veterano M30	03:27:36	+01:26:00	11:32
53	1687	Mário Almeida	GNT	Veterano M30	03:30:45	+01:29:09	11:43
54	1579	Samuel Amaral	out 2 run/Miro	Veterano M30	03:31:59	+01:30:23	11:47
55	1473	Luís Vieira	Kunalama runners	Veterano M30	03:32:19	+01:30:43	11:48
56	1718	José Soares	Gaia Trail	Veterano M30	03:34:19	+01:32:42	11:54
57	1317	joao carlos oliveira	Individual	Veterano M30	03:35:46	+01:34:10	11:59
58	1323	Joaquim Teixeira	Individual	Veterano M30	03:37:08	+01:35:32	12:04
59	1597	Bruno Guedes	PORTO SENTIDO RUNNERS	Veterano M30	03:38:15	+01:36:39	12:08
60	1459	Tiago Padrela Ferreira da silva	Juventude Cortegacense	Veterano M30	03:42:41	+01:41:05	12:22
61	1652	Luís Jorge	TERRORES DO MONTE	Veterano M30	03:46:52	+01:45:16	12:36
62	1307	Filipe José Leal Vicente	Individual	Veterano M30	03:48:11	+01:46:35	12:41
63	1298	Carlos Manuel de Carvalho Teixeira	Individual	Veterano M30	03:51:43	+01:50:07	12:52
64	1302	Daniel Pereira	Individual	Veterano M30	03:53:39	+01:52:02	12:59
65	1620	Pedro Ribeiro	Rompe trilhos	Veterano M30	03:54:29	+01:52:52	13:02
66	1619	Paulo Moura	Rompe trilhos	Veterano M30	03:54:29	+01:52:52	13:02
67	1297	Carlos Filipe Neves dos Santos	Individual	Veterano M30	03:55:01	+01:53:25	13:03
68	1639	Joni Pandeirada Rocha	Tainadas Run Team	Veterano M30	03:55:17	+01:53:41	13:04
69	1663	Tiago Mendonça	TrailLovers	Veterano M30	03:59:55	+01:58:19	13:20
70	1306	Filipe Alpoim Lopes	Individual	Veterano M30	04:00:40	+01:59:03	13:22
71	1167	Carlos Vale	Detrásprafrente running team	Veterano M30	04:03:47	+02:02:11	13:33
72	1651	Horácio Pinto	TERRORES DO MONTE	Veterano M30	04:07:12	+02:05:35	13:44
73	1445	Fábio Pereira	J A Moreira Runners	Veterano M30	04:08:02	+02:06:26	13:47
74	1330	LUIS CARLOS MARTINS	Individual	Veterano M30	04:08:03	+02:06:26	13:47
75	1598	Filipe Maria	PORTO SENTIDO RUNNERS	Veterano M30	04:08:11	+02:06:34	13:47
76	1183	Ismael Nogueira	Facort running team	Veterano M30	04:08:11	+02:06:35	13:47
77	1309	Francisco Fernandes	Individual	Veterano M30	04:10:46	+02:09:10	13:56
78	1699	Daniel Terra	FACTOR X / S4L / MEDENSE FC	Veterano M30	04:16:06	+02:14:30	14:14
79	1332	Luis Miguel Domingues	Individual	Veterano M30	04:16:24	+02:14:48	14:15
80	1313	Hugo Machado	Individual	Veterano M30	04:16:24	+02:14:48	14:15
81	1292	Antonio Leite	Individual	Veterano M30	04:16:24	+02:14:48	14:15
82	1316	Jaime Fernando da Costa Ribeiro	Individual	Veterano M30	04:16:25	+02:14:49	14:15

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83	1713	Márcio Fernando Teixeira da SilvaMeireles	Individual	Veterano M30	04:18:17	+02:16:41	14:21
84	1310	Frederico Gonçalves dos Reis Neto	Individual	Veterano M30	04:18:35	+02:16:58	14:22
85	1293	Antonio Monteiro	Individual	Veterano M30	04:20:14	+02:18:38	14:27
86	1321	João Silva	Individual	Veterano M30	04:21:43	+02:20:07	14:32
87	1557	Nuno Manuel Coelho Paredinha	OLIMPICO VIANENSE TRAIL	Veterano M30	04:23:51	+02:22:14	14:40
88	1655	Nuno Silva	The Newbies	Veterano M30	04:24:46	+02:23:10	14:43
89	1287	Álvaro Vale	ADE Trail Running	Veterano M30	04:27:45	+02:26:09	14:53
90	1613	Tiago Neiva	Ribeiras Trail	Veterano M30	04:28:01	+02:26:25	14:53
91	1127	João Barbosa	Copos e trilhos	Veterano M30	04:28:37	+02:27:01	14:55
92	1444	André Madureira	J A Moreira Runners	Veterano M30	04:29:57	+02:28:21	15:00
93	1064	RICARDO MENDES	BAREJO TEAM	Veterano M30	04:32:32	+02:30:55	15:08
94	1340	Pedro Loureiro	Individual	Veterano M30	04:33:10	+02:31:33	15:11
95	1344	Ricardo Figueiredo	Individual	Veterano M30	04:35:12	+02:33:36	15:17
96	1333	Luís Peralta	Individual	Veterano M30	04:36:21	+02:34:45	15:21
97	1305	Fernando Sousa	Individual	Veterano M30	04:36:51	+02:35:15	15:23
98	1334	Luis Rodrigues	Individual	Veterano M30	04:39:11	+02:37:35	15:31
99	1342	Pedro Santos	Individual	Veterano M30	04:41:26	+02:39:50	15:38
100	1680	Andre Martins	Viseu 360	Veterano M30	04:42:33	+02:40:57	15:42
101	1504	Hélder Moreira	Mata elefantes	Veterano M30	04:46:05	+02:44:29	15:54
102	1294	António Rodrigues	Individual	Veterano M30	04:46:06	+02:44:30	15:54
103	1690	António Ferreira	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M30	04:46:27	+02:44:50	15:55
104	1701	Rui Oliveira	FACTOR X / S4L / MEDENSE FC	Veterano M30	04:49:26	+02:47:49	16:05
105	1704	atleta 1704	Individual	Veterano M30	04:50:38	+02:49:02	16:09
106	1706	atleta 1706	Individual	Veterano M30	04:50:38	+02:49:02	16:09
107	1705	atleta 1705	Individual	Veterano M30	04:50:38	+02:49:02	16:09
108	1502	Rui Jorge de Jesus Queirós	Mangueiras - Run/Walk TEAM	Veterano M30	04:50:50	+02:49:14	16:09
109	1350	Sidónio Gonçalves	Individual	Veterano M30	04:51:47	+02:50:11	16:13
110	1457	Joel Sequeira	Juventude Cortegacense	Veterano M30	04:53:14	+02:51:38	16:17
111	1688	Mário André Patrício Teixeira Júlio	GNT	Veterano M30	04:54:40	+02:53:04	16:22
112	1295	atleta 1295	Individual	Veterano M30	04:56:29	+02:54:53	16:28
113	1512	Ricardo Moreira	MCCB Clínica Médica Ldª	Veterano M30	04:56:50	+02:55:14	16:29
114	1710	atleta 1710	Individual	Veterano M30	05:03:17	+03:01:41	16:51
115	1341	Pedro Ricardo Coelho Gonçalves	Individual	Veterano M30	05:06:52	+03:05:15	17:03
116	1501	João Paulo Regal de Sousa	Mangueiras - Run/Walk TEAM	Veterano M30	05:08:43	+03:07:07	17:09
117	1523	David Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M30	05:13:48	+03:12:12	17:26
118	1513	Rui Moreira	MCCB Clínica Médica Ldª	Veterano M30	05:19:07	+03:17:30	17:44
119	1068	Jonas Maia	Bigodes de Tinto	Veterano M30	05:20:17	+03:18:41	17:48
120	742	Bruno Monteiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M30	05:24:24	+03:22:48	18:01
121	1067	Bruno Marante	Bigodes de Tinto	Veterano M30	05:36:28	+03:34:52	18:42
122	1288	André Santos	Individual	Veterano M30	05:45:47	+03:44:11	19:13
123	1347	Rui Pedro Vieira Alves De Jesus	Individual	Veterano M30	06:02:38	+04:01:01	20:09
124	1709	atleta 1709	Individual	Veterano M30	06:03:18	+04:01:41	20:11
125	1490	Benoit Dumais	les amoureux québécois	Veterano M30	06:03:26	+04:01:49	20:11
126	1318	JOAO COSTA	Individual	Veterano M30	06:18:02	+04:16:26	21:00

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127	1628	Rui Carvalho	S. S. Montepio	Veterano M30	06:39:20	+04:37:44	22:11
128	1303	Daniel Pereira	Individual	Veterano M30	07:19:17	+05:17:41	24:24
129	1578	Sérgio Moreira	Os primos	Veterano M30	08:43:58	+06:42:21	29:07
130	1707	atleta 1707	Individual	Veterano M30	08:59:18	+06:57:42	29:58
131	1577	Alexandre Quintas	Os primos	Veterano M30	09:43:57	+07:42:21	32:27

Veterano M40

1	1515	Igor Moreira	MELGAÇO ALVARINHO TRAIL	Veterano M40	02:06:53	+05:17	07:03
2	1084	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	02:11:43	+10:07	07:19
3	1013	Ciano Ribeiro	A. D. CARVALHAL	Veterano M40	02:17:38	+16:02	07:39
4	1151	Paulo César	CTAD - Trilhos de Cinfães	Veterano M40	02:18:38	+17:02	07:42
5	1615	Pedro Gilvaz	Ribeiras Trail	Veterano M40	02:19:18	+17:42	07:44
6	1413	Rui Pedro Rodrigues Romão	Individual	Veterano M40	02:19:52	+18:16	07:46
7	1148	Francisco Pinheiro	CTAD - Trilhos de Cinfães	Veterano M40	02:23:04	+21:28	07:5
8	1153	Sérgio Louenço	CTAD - Trilhos de Cinfães	Veterano M40	02:25:58	+24:22	08:07
9	1462	Ernesto Marques Alves	Juventude Cortegacense	Veterano M40	02:28:01	+26:25	08:13
10	1209	José Paulo Ribeiro	GONDOMAR FUTSAL CLUBE	Veterano M40	02:28:11	+26:35	08:14
11	1614	Ângelo Faustino	Ribeiras Trail	Veterano M40	02:32:00	+30:24	08:27
12	1014	José Rocha	A. D. CARVALHAL	Veterano M40	02:32:32	+30:56	08:28
13	1600	José Silva	PORTO SENTIDO RUNNERS	Veterano M40	02:33:52	+32:16	08:33
14	1546	Alberto Freitas	Nova Linha Trail Runners	Veterano M40	02:34:04	+32:28	08:34
15	1184	António Coelho	Falta O2	Veterano M40	02:38:40	+37:04	08:49
16	1102	Fernando Coelho	Caracois do Monte	Veterano M40	02:38:40	+37:04	08:49
17	1562	António Borges	OLIMPICO VIANENSE TRAIL	Veterano M40	02:38:42	+37:05	08:49
18	1092	José Gomes	C. B. Viseu Running Team	Veterano M40	02:38:58	+37:21	08:50
19	1491	Nuno Sendao	LETHES TRAIL TEAM	Veterano M40	02:42:41	+41:04	09:02
20	1152	Pedro Sousa Guimarães	CTAD - Trilhos de Cinfães	Veterano M40	02:43:41	+42:04	09:06
21	1580	Joao Pereira	out 2 run/Miro	Veterano M40	02:47:37	+46:01	09:19
22	1004	Luís Aires	100 esTRILHOS	Veterano M40	02:47:55	+46:19	09:20
23	1363	Carlos Chagas	Individual	Veterano M40	02:48:05	+46:28	09:20
24	1206	Paulo Manuel Dantas Rosa	GENERG	Veterano M40	02:48:16	+46:40	09:21
25	1466	Pedro Rola	Juventude Cortegacense	Veterano M40	02:49:08	+47:32	09:24
26	1376	Joaquim José da Silva Oliveira	Individual	Veterano M40	02:50:13	+48:36	09:27
27	1563	HUGO CASAL	OLIMPICO VIANENSE TRAIL	Veterano M40	02:50:47	+49:11	09:29
28	1516	Nuno Nabeiro	MELGAÇO ALVARINHO TRAIL	Veterano M40	02:50:52	+49:16	09:30
29	1482	Dario Cardoso	Leões de Tardariz Trail	Veterano M40	02:50:59	+49:23	09:30
30	1058	Vitor Reis	AROO	Veterano M40	02:51:12	+49:36	09:31
31	1635	Luis Teixeira	Sportarc.Running	Veterano M40	02:53:51	+52:14	09:40
32	1204	Rui Pereira	GAIA-RUNNING	Veterano M40	02:55:07	+53:31	09:44
33	1110	Filipe Alves	Cerveira Team Running	Veterano M40	02:55:15	+53:39	09:44
34	1636	Rubens Soares	Sportarc.Running	Veterano M40	02:55:42	+54:06	09:46
35	1154	Viriato Dias	CTAD - Trilhos de Cinfães	Veterano M40	02:56:24	+54:48	09:48
36	1150	José Carlos Dias	CTAD - Trilhos de Cinfães	Veterano M40	02:56:25	+54:48	09:48
37	1381	José Organista	Individual	Veterano M40	02:57:56	+56:19	09:53
38	1086	Tony Mendes	BTT Alegria // TUBANI	Veterano M40	02:59:13	+57:37	09:57

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39	1121	PAULO RIBEIRO	CMC-CARAPAU	Veterano M40	02:59:20	+57:44	09:58
40	1383	Luis Mesquita	Individual	Veterano M40	03:00:01	+58:25	10:00
41	1467	Sérgio Paulo Ferreira Oliveira	Juventude Cortegacense	Veterano M40	03:03:19	+01:01:43	10:11
42	1492	Pedro Sendao	LETHES TRAIL TEAM	Veterano M40	03:03:29	+01:01:53	10:12
43	1211	Miguel Teixeira	Gramidense I F C	Veterano M40	03:04:07	+01:02:31	10:14
44	1356	António Rodrigues	Individual	Veterano M40	03:04:23	+01:02:47	10:15
45	1465	Julio Paulo Soares da Silva	Juventude Cortegacense	Veterano M40	03:04:29	+01:02:53	10:15
46	1382	Luis Duarte	Individual	Veterano M40	03:07:11	+01:05:35	10:24
47	1051	Vitor Folgado	ARCORUN	Veterano M40	03:09:27	+01:07:51	10:32
48	1364	Carlos Morais	Individual	Veterano M40	03:12:55	+01:11:18	10:43
49	1486	Pedro Ferreira	Leões de Tardariz Trail	Veterano M40	03:13:36	+01:11:59	10:45
50	1062	Carlos Silva Ferreira	Autistic Runners	Veterano M40	03:13:55	+01:12:19	10:46
51	1111	Quim Araujo	Cerveira Team Running	Veterano M40	03:14:18	+01:12:42	10:48
52	1104	Pedro Seixas	Centro Municipal de Marcha e Corrida S.J.Pesqueira	Veterano M40	03:15:36	+01:14:00	10:52
53	1205	António Santos	GDAzambuja - Trail Team	Veterano M40	03:17:31	+01:15:55	10:58
54	1149	Humberto Almeida	CTAD - Trilhos de Cinfães	Veterano M40	03:18:01	+01:16:24	11:00
55	1694	Wilson Fonseca	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	03:22:09	+01:20:33	11:14
56	1022	Miguel Almeida	AlphaRunning	Veterano M40	03:23:15	+01:21:38	11:18
57	1146	Emerson Falcão	CTAD - Trilhos de Cinfães	Veterano M40	03:25:09	+01:23:33	11:24
58	1592	SILVIO FERREIRA	Piratas Running Team	Veterano M40	03:26:10	+01:24:33	11:27
59	1390	Marcos Gandra	Individual	Veterano M40	03:26:46	+01:25:10	11:29
60	1500	Frederico Crasto	LIZ RUNNERS	Veterano M40	03:27:36	+01:26:00	11:32
61	1604	NUNO TEIXEIRA	PORTOCARGO RUNNERS	Veterano M40	03:28:43	+01:27:06	11:36
62	1603	MARCO OLIVEIRA	PORTOCARGO RUNNERS	Veterano M40	03:28:43	+01:27:06	11:36
63	1668	Cristóvão Ginja	TROLLS	Veterano M40	03:30:27	+01:28:51	11:42
64	1103	Fausto Neves	Centro Municipal de Marcha e Corrida S.J.Pesqueira	Veterano M40	03:30:57	+01:29:21	11:43
65	1161	Humberto Ferreira	Deixem Passar os Coxos	Veterano M40	03:31:02	+01:29:26	11:43
66	1049	Carlos Couto	ARCORUN	Veterano M40	03:32:09	+01:30:33	11:47
67	1018	Leonel Neves	Aliança Gandra	Veterano M40	03:32:37	+01:31:01	11:49
68	1665	Victor Cardoso	Trinca Orelhas Gato	Veterano M40	03:35:46	+01:34:10	11:59
69	1186	Ricardo A. Silva Sousa	FIT GAIA TRAIL	Veterano M40	03:36:48	+01:35:11	12:03
70	1711	Luis Rosa	Individual	Veterano M40	03:39:05	+01:37:29	12:10
71	1009	Eduardo Rodrigues	30Over30Marathon	Veterano M40	03:42:26	+01:40:50	12:21
72	1010	Martinho Martins	30Over30Marathon	Veterano M40	03:42:27	+01:40:50	12:22
73	1645	Américo Santos	Taylors	Veterano M40	03:42:40	+01:41:04	12:22
74	1002	César Rocha	#correratenumdarmais	Veterano M40	03:47:39	+01:46:02	12:39
75	1647	Miguel Moura	Taylors	Veterano M40	03:49:25	+01:47:49	12:45
76	1355	António cerejo	Individual	Veterano M40	03:50:12	+01:48:36	12:47
77	1518	José Carlos Pires Rodrigues	Mirandela a Correr	Veterano M40	03:51:03	+01:49:26	12:50
78	1021	Douglas César Oliveira de Pinho	AlphaRunning	Veterano M40	03:51:40	+01:50:03	12:52
79	1020	Carlos Alberto Soares Moreira	AlphaRunning	Veterano M40	03:51:40	+01:50:03	12:52
80	1527	José Carlos Cardoso	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	03:52:11	+01:50:35	12:54
81	1402	Paulo Monteiro	Individual	Veterano M40	03:52:12	+01:50:35	12:54
82	1065	JOSE MENDES	BAREJO TEAM	Veterano M40	03:52:31	+01:50:54	12:55

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83	1697	nelson domingues	Individual	Veterano M40	03:53:54	+01:52:18	13:00
84	1370	Filipe Cunha	Individual	Veterano M40	03:54:20	+01:52:44	13:01
85	1398	Nuno Jesus	Individual	Veterano M40	03:55:17	+01:53:40	13:04
86	1388	Manuel Guedes	Individual	Veterano M40	03:55:31	+01:53:55	13:05
87	1484	Manuel Alvarino	Leões de Tardariz Trail	Veterano M40	03:56:43	+01:55:07	13:09
88	1367	Emílio Carvalho	Individual	Veterano M40	03:57:31	+01:55:54	13:12
89	1664	Paulo Nuno Barbosa Sampaio	TrepaTrihos Trail Team	Veterano M40	03:58:53	+01:57:16	13:16
90	1377	Jorge Manuel Sanches	Individual	Veterano M40	04:03:03	+02:01:26	13:30
91	1193	Luís Figueiredo	Furacões CL	Veterano M40	04:03:05	+02:01:28	13:30
92	743	Fernando Sampaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	04:03:38	+02:02:02	13:32
93	1404	Paulo Sergio correia Costa	Individual	Veterano M40	04:06:49	+02:05:13	13:43
94	1384	Luís Ribeiro	Individual	Veterano M40	04:07:43	+02:06:07	13:46
95	1463	Hélder Fernandes da Rocha	Juventude Cortegacense	Veterano M40	04:14:24	+02:12:48	14:08
96	1380	José Ferreira	Individual	Veterano M40	04:17:13	+02:15:36	14:17
97	1210	Paulo Henriques	GONDOMAR FUTSAL CLUBE	Veterano M40	04:17:32	+02:15:55	14:18
98	1393	Miguel azevedo	Individual	Veterano M40	04:18:18	+02:16:41	14:21
99	1389	Manuel Teixeira	Individual	Veterano M40	04:19:20	+02:17:44	14:24
100	1373	Ismael Carvalho	Individual	Veterano M40	04:20:14	+02:18:37	14:27
101	1169	Nelson Sousa	DirtRunners	Veterano M40	04:21:24	+02:19:48	14:31
102	1395	Miguel Costa	Individual	Veterano M40	04:24:46	+02:23:09	14:43
103	1359	Benigno Azevedo	Individual	Veterano M40	04:24:51	+02:23:15	14:43
104	770	Orlando Nogueira	Oralklass-Amigos do Trail	Veterano M40	04:27:45	+02:26:09	14:53
105	1361	Carlos Alberto Faria Correia	Individual	Veterano M40	04:33:46	+02:32:10	15:13
106	1505	Alcídio Moreira	Mata elefantes	Veterano M40	04:35:39	+02:34:03	15:19
107	1375	João Filipe Meneses Espinheira Rio	Individual	Veterano M40	04:36:18	+02:34:42	15:21
108	1460	Daniel Martins	Juventude Cortegacense	Veterano M40	04:37:02	+02:35:26	15:23
109	1386	Luis Silva	Individual	Veterano M40	04:38:57	+02:37:21	15:30
110	1416	Rui Vilaça	Individual	Veterano M40	04:38:57	+02:37:21	15:30
111	1412	Ricardo Castro	Individual	Veterano M40	04:39:10	+02:37:34	15:31
112	1629	Francisco Moreira	S. S. Montepio	Veterano M40	04:39:20	+02:37:44	15:31
113	1625	Carlos Barbosa	Running Penafiel Trail	Veterano M40	04:39:40	+02:38:03	15:32
114	1483	João Vieira	Leões de Tardariz Trail	Veterano M40	04:40:12	+02:38:35	15:34
115	1056	Henrique Cola	AROO	Veterano M40	04:43:41	+02:42:05	15:46
116	1602	CARLOS OLIVEIRA	PORTOCARGO RUNNERS	Veterano M40	04:44:03	+02:42:27	15:47
117	1406	Pedro José Oliveira da Silva	Individual	Veterano M40	04:45:07	+02:43:31	15:50
118	1050	Paulo Reis	ARCORUN	Veterano M40	04:45:45	+02:44:09	15:53
119	1407	Pedro Miguel Pereira Domingues	Individual	Veterano M40	04:46:27	+02:44:51	15:55
120	1691	Sergio Guimaraes	Hora do Lobo Trail - CF Perosinho Atletismo	Veterano M40	04:46:28	+02:44:51	15:55
121	1464	Joao Oliveira	Juventude Cortegacense	Veterano M40	04:49:02	+02:47:26	16:03
122	1125	Rui Oliveira	ComDor Runners	Veterano M40	04:51:36	+02:50:00	16:12
123	1371	Filipe Rodrigues	Individual	Veterano M40	04:53:34	+02:51:57	16:19
124	1006	Amílcar Teixeira	100meta	Veterano M40	04:57:49	+02:56:13	16:33
125	1114	PAULO JORGE GONÇALVES SOARES	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M40	04:59:04	+02:57:27	16:37
126	1353	Alcindo Silva	Individual	Veterano M40	04:59:19	+02:57:43	16:38

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127	1499	Miguel Fonseca	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	05:04:44	+03:03:08	16:56
128	1485	Marco Oliveira	Leões de Tardariz Trail	Veterano M40	05:06:43	+03:05:07	17:02
129	1631	Luis Ribeiro	S. S. Montepio	Veterano M40	05:11:15	+03:09:39	17:18
130	1400	Paulo António Ribeiro de Sousa	Individual	Veterano M40	05:15:31	+03:13:55	17:32
131	1630	Julio Santos	S. S. Montepio	Veterano M40	05:18:47	+03:17:11	17:43
132	1360	Bruno Rocha	Individual	Veterano M40	05:20:19	+03:18:42	17:48
133	1532	Ricardo Oliveira	NO TOMORROW RUNNING TEAM	Veterano M40	05:21:38	+03:20:01	17:52
134	1396	Miguel Nuno Olim Marote Henriques	Individual	Veterano M40	05:23:43	+03:22:06	17:59
135	1358	Artur Fonseca	Individual	Veterano M40	05:24:24	+03:22:48	18:01
136	1565	MARCO MACIEL	OLIMPICO VIANENSE TRAIL	Veterano M40	05:27:47	+03:26:11	18:13
137	750	Armindo Ferreira	Mirandela a Correr	Veterano M40	05:34:00	+03:32:24	18:33
138	1366	Daniel Gomes	Individual	Veterano M40	05:35:01	+03:33:25	18:37
139	1528	Luis Sousa	MSS CONTABILIDADE TRAIL TEAM	Veterano M40	05:35:19	+03:33:42	18:38
140	1397	Nelson Noval	Individual	Veterano M40	05:35:30	+03:33:54	18:38
141	1352	Alberto Fernandes	Individual	Veterano M40	05:39:09	+03:37:33	18:51
142	1057	Rogério de Matos Penalva Becho	AROO	Veterano M40	05:43:40	+03:42:04	19:06
143	1675	Paulo Silva	Viriathvs Runners Viseu	Veterano M40	05:51:59	+03:50:23	19:33
144	1590	Jose Alves	PAPATRAILS	Veterano M40	05:55:03	+03:53:26	19:44
145	1040	João Manuel Pinão Monteiro	ARCD Venda da Luisa	Veterano M40	05:57:44	+03:56:07	19:52
146	1715	Nelson Neves	Individual	Veterano M40	06:00:09	+03:58:33	20:01
147	1716	Augusto Rodrigues	Individual	Veterano M40	06:00:12	+03:58:36	20:01
148	1399	Nuno Pereira	Individual	Veterano M40	06:07:42	+04:06:06	20:26
149	1201	José Lopes	GAIA-RUNNING	Veterano M40	06:08:28	+04:06:51	20:28
150	1409	Pedro Semblano	Individual	Veterano M40	06:19:18	+04:17:42	21:04
151	1369	Fernando Sampaio	Individual	Veterano M40	06:26:33	+04:24:57	21:29
152	1357	António Soares	Individual	Veterano M40	07:07:20	+05:05:44	23:44
153	1378	José Carlos Castro Resse Lascasas	Individual	Veterano M40	07:14:22	+05:12:45	24:08
154	1362	Carlos Bateira	Individual	Veterano M40	07:19:19	+05:17:42	24:24
155	1392	Mário Noronha	Individual	Veterano M40	07:19:22	+05:17:46	24:25

Veterano M50

1	1431	Paulo Baltasar Martins	Individual	Veterano M50	02:32:36	+31:00	08:29
2	1626	Carlos Vinhas	Running Penafiel Trail	Veterano M50	02:34:05	+32:28	08:34
3	1420	Carlos Cunha	Individual	Veterano M50	02:35:44	+34:08	08:39
4	1052	Jorge Santos	ARCORUN	Veterano M50	02:47:14	+45:38	09:17
5	1176	Cláudio Monteiro	Douroconta - Gabinete de Apoio e Contabilidade	Veterano M50	02:47:22	+45:46	09:18
6	1421	Fernando Alberto Silva Ramos	Individual	Veterano M50	02:54:05	+52:29	09:40
7	1488	Joaquim Leite	Leões de Tardariz Trail	Veterano M50	02:56:56	+55:20	09:50
8	1095	TOMAS PEREIRA GUIMARÃES	CANDOSO	Veterano M50	02:57:29	+55:53	09:52
9	1087	Adão Rocha	BTT Alegria // TUBANI	Veterano M50	02:57:40	+56:03	09:52
10	1682	Francisco Aguiar	Viseu 360	Veterano M50	02:57:53	+56:17	09:53
11	1568	FERNANDO SOUSA ALVES	OLIMPICO VIANENSE TRAIL	Veterano M50	02:59:15	+57:39	09:58

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12	1112	Antonino Gonçalves	Cerveira Team Running	Veterano M50	03:04:19	+01:02:43	10:14
13	1540	Agostinho Moreira	NOCTURNOS DE PAREDES	Veterano M50	03:04:41	+01:03:04	10:16
14	1432	Paulo Dias	Individual	Veterano M50	03:09:26	+01:07:49	10:31
15	1428	Manuel Fernandes	Individual	Veterano M50	03:10:13	+01:08:37	10:34
16	1122	João Manuel Santos Silva	CMC-CARAPAU	Veterano M50	03:19:51	+01:18:15	11:06
17	1617	Domingos Vieira	Ribeiras Trail	Veterano M50	03:22:45	+01:21:09	11:16
18	1657	Armando Moreno	Trailento	Veterano M50	03:29:07	+01:27:31	11:37
19	1581	Victor Silva	out 2 run/Miro	Veterano M50	03:31:59	+01:30:23	11:4
20	1425	Jorge Esteves	Individual	Veterano M50	03:32:24	+01:30:48	11:48
21	1601	Carlos Martins	PORTO SENTIDO RUNNERS	Veterano M50	03:34:40	+01:33:04	11:56
22	1567	Alberto Cunha	OLIMPICO VIANENSE TRAIL	Veterano M50	03:48:04	+01:46:28	12:40
23	1093	José Peres	C. B. Viseu Running Team	Veterano M50	03:48:09	+01:46:33	12:41
24	1430	Paulo	Individual	Veterano M50	03:50:27	+01:48:51	12:48
25	1418	António Manuel da Costa pinto	Individual	Veterano M50	03:51:50	+01:50:14	12:53
26	1520	Rui Quinta	Moinhos Run ADRM	Veterano M50	03:53:08	+01:51:31	12:57
27	1157	Pedro Sousa Ribeiro	CTAD - Trilhos de Cinfães	Veterano M50	03:57:27	+01:55:51	13:12
28	1156	José Mário Pereira	CTAD - Trilhos de Cinfães	Veterano M50	03:59:45	+01:58:09	13:19
29	1423	João Manuel Loureiro Bernardo	Individual	Veterano M50	04:02:51	+02:01:14	13:30
30	1417	Amadeu Carvalho	Individual	Veterano M50	04:07:49	+02:06:13	13:46
31	1028	Joaquim Ferreira	AMIGO Trail Run	Veterano M50	04:10:39	+02:09:03	13:56
32	1163	Jorge Moreira	Deixem Passar os Coxos	Veterano M50	04:14:32	+02:12:55	14:08
33	1031	Armindo Lopes	ARC Vale S. Cosme	Veterano M50	04:15:40	+02:14:03	14:12
34	1633	Fernando Carvalho	S. S. Montepio	Veterano M50	04:16:21	+02:14:44	14:15
35	1419	Carlos Almeida	Individual	Veterano M50	04:16:27	+02:14:51	14:15
36	1569	Jaime Pereira	OLIMPICO VIANENSE TRAIL	Veterano M50	04:23:50	+02:22:13	14:39
37	1487	António Pinto	Leões de Tardariz Trail	Veterano M50	04:26:47	+02:25:11	14:49
38	1433	Rui Carvalho	Individual	Veterano M50	04:35:30	+02:33:54	15:18
39	1075	FERNANDO BARBOSA	BootSeals	Veterano M50	04:40:18	+02:38:42	15:34
40	1685	Paulo Fernandes	GNT	Veterano M50	04:41:42	+02:40:05	15:39
41	1468	António Augusto Oliveira Santos	Juventude Cortegacense	Veterano M50	04:44:22	+02:42:45	15:48
42	1641	Avelino Pereira de Sousa	Tartarugas do Asfalto	Veterano M50	04:46:35	+02:44:59	15:55
43	1024	joaquim seca	Alto Relevo - Clube de Montanhismo	Veterano M50	04:49:24	+02:47:47	16:05
44	1066	Carlos Fernando Marques	BDM Runners	Veterano M50	04:54:57	+02:53:20	16:23
45	1426	jorge oliveira	Individual	Veterano M50	04:55:47	+02:54:10	16:26
46	1115	JOSÉ MIGUEL CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M50	04:59:04	+02:57:28	16:37
47	1677	Fernando gouveia	Viriathvs Runners Viseu	Veterano M50	05:01:45	+03:00:09	16:46
48	1427	jorge oliveira	Individual	Veterano M50	05:13:37	+03:12:00	17:25
49	1042	José Correia	ARCD Venda da Luisa	Veterano M50	05:30:32	+03:28:55	18:22
50	1623	José Manuel Valente de Meireles Pereira	ROSÁRIO EXTREME	Veterano M50	05:30:37	+03:29:01	18:22
51	1422	GRAÇA RICARDO	Individual	Veterano M50	05:31:39	+03:30:02	18:26
52	1439	Antonio Oliveira	Invicta Runners Team	Veterano M50	05:39:08	+03:37:32	18:50
53	1570	JOÃO PASSOS	OLIMPICO VIANENSE TRAIL	Veterano M50	05:48:09	+03:46:33	19:21



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Veterano M60

1	1053	segundo rodrigues	ARCORUN	Veterano M60	02:59:19	+57:42	09:58
2	1025	José Carlos Pereira Gomes	Alto Relevo - Clube de Montanhismo	Veterano M60	03:31:43	+01:30:06	11:46
3	1434	Alfredo Santos	Individual	Veterano M60	04:03:54	+02:02:18	13:33
4	1435	Fernando martins	Individual	Veterano M60	04:17:17	+02:15:40	14:18
5	1436	jorge manuel ramos	Individual	Veterano M60	04:33:55	+02:32:19	15:13
6	1003	António Fernandes	#correratenumdarmais	Veterano M60	05:03:41	+03:02:05	16:52
7	669	Nuno Monteiro	Individual	Veterano M60	05:44:11	+03:42:35	19:07