

TRAIL CURTO

18 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	08:05	20,1°C	77%
End	14:15	20,1°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
1	699	João Machado	oralklass-amigos do trail	Veterano M40	02:29:48	02:29:35	08:19
2	1000	Asdrubal Freitas	gondomar futsal clube	Veterano M40	02:29:50	02:29:49	08:19
3	663	Fernando Pinheiro Mendes	individual	Veterano M40	02:38:44	02:38:37	08:49
4	589	Maria Isabel Areias	oralklass-amigos do trail	Senior Feminino	02:39:03	02:39:01	08:50
5	610	Filipe Pinto	individual	Senior Masculino	02:40:23	02:40:05	08:55
6	552	Vitor Manuel Dias Magalhães	extreme academy	Senior Masculino	02:44:36	02:44:07	09:09
7	608	Fernando Jorge	individual	Senior Masculino	02:46:46	02:46:36	09:16
8	644	Vitor Santos	individual	Senior Masculino	02:48:25	02:48:17	09:21
9	525	Mauro Ricardo da Silva Cardoso	bullshit	Senior Masculino	02:50:45	02:50:39	09:29
10	665	José Francisco Magalhães Tomás Costa	individual	Veterano M40	02:53:33	02:53:13	09:39
11	615	João Daniel Gaioso Fernandes	individual	Senior Masculino	02:53:34	02:53:23	09:39
12	720	Hugo Ferreira	runners monte aventino	Senior Masculino	02:55:40	02:55:35	09:46
13	638	Ruben Buj	individual	Senior Masculino	02:58:24	02:58:22	09:55
14	619	José Carlos Gomes Brito	individual	Senior Masculino	02:58:24	02:58:15	09:55
15	672	António Ferreira	individual	Veterano M50	03:00:43	03:00:42	10:02
16	685	Cristina Isabel Mendes Oliveira Dias	multipower	Senior Feminino	03:00:52	03:00:50	10:03
17	539	Leandro Freitas	edv/viana trail	Veterano M40	03:01:50	03:01:27	10:06
18	637	Ricardo Carvalho	individual	Senior Masculino	03:02:25	03:02:20	10:08
19	560	Sandra Dias	free trail vilar de perdizes 6 setembro 2014	Senior Feminino	03:05:15	03:05:13	10:18
20	704	Daniel Teixeira dos Santos	os lobos do saibro	Senior Masculino	03:05:20	03:05:01	10:18
21	612	Hugo Andre Fernandes de Lemos	individual	Senior Masculino	03:06:20	03:06:09	10:21
22	294	Gabriel Vieira	individual	Senior Masculino	03:08:27	03:08:25	10:28
23	507	Telmo Mendonça	bikes & friends	Senior Masculino	03:08:52	03:08:30	10:30
24	605	César Fernandes	individual	Senior Masculino	03:08:55	03:08:25	10:30
25	505	Cláudia Medeiros	atletico clube são mamede	Veterana F40	03:09:28	03:09:25	10:32
26	503	Marco Antonio Silva Rodrigues Lourenço	asociação desportiva da efaced	Senior Masculino	03:09:30	03:09:07	10:32
27	667	Manuel Arcanjo Freitas Ferreira	individual	Veterano M40	03:09:49	03:09:48	10:33
28	590	marina campos	individual	Senior Feminino	03:12:33	03:12:13	10:42
29	268	Jaime Sousa	gondomar futsal	Veterano M40	03:13:01	03:12:59	10:43
30	320	Rúben Guedes e Silva	individual	Senior Masculino	03:13:46	03:13:44	10:46
31	676	JOSE DUARTE	individual	Veterano M50	03:13:48	03:13:35	10:46
32	725	Raquel Campos	shots international runners	Senior Feminino	03:15:31	03:15:27	10:52
33	625	Miguel Alves	individual	Senior Masculino	03:15:31	03:15:19	10:52
34	501	Fábio Silva	asociação desportiva da efaced	Senior Masculino	03:16:05	03:15:43	10:54
35	573	Anabela Cordeiro	individual	Senior Feminino	03:16:33	03:16:28	10:55
36	630	Norberto Fernando Sampaio Teixeira Fernandes	individual	Senior Masculino	03:16:56	03:16:37	10:56
37	700	Paulo Pacheco	oralklass-amigos do trail	Veterano M40	03:16:56	03:16:43	10:56
38	500	Domingos Nogueira	asociação desportiva da efaced	Senior Masculino	03:17:16	03:16:53	10:58
39	591	Marta Regina Queirós Couto	individual	Senior Feminino	03:17:18	03:17:13	10:58

Official Timekeeper: Lap2Go	1 / 5	generate 17-jul-2014 12:18
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TRAIL CURTO

18 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
40	651	Jenny Martins Martins	individual	Veterana F40	03:18:47	03:18:40	11:03
41	247	Sérgio Anunciação	extreme academy	Veterano M40	03:19:35	03:19:05	11:05
42	633	Pedro FR Pereira	individual	Senior Masculino	03:19:56	03:19:39	11:06
43	688	Ricardo Moniz	nel - pédatleta	Senior Masculino	03:22:36	03:22:20	11:15
44	600	André Silva	individual	Senior Masculino	03:25:06	03:25:05	11:24
45	635	Raul Curva	individual	Senior Masculino	03:25:46	03:25:23	11:26
46	502	Jorge Pereira	asociação desportiva da efaced	Senior Masculino	03:26:41	03:26:19	11:29
47	504	Miguel Cruz	asociação desportiva da efaced	Senior Masculino	03:26:41	03:26:18	11:29
48	613	Hugo Costa	individual	Senior Masculino	03:26:49	03:26:37	11:29
49	620	José Carlos Teixeira Rodrigues	individual	Senior Masculino	03:29:01	03:28:31	11:37
50	559	Cândido Rocha	fast ao km	Veterano M50	03:29:27	03:29:21	11:38
51	279	Joana Rodrigues Sousa	individual	Senior Feminino	03:30:37	03:30:35	11:42
52	530	Maria de Lá Salette Sousa e Silva	bullshit	Veterana F40	03:30:44	03:30:39	11:42
53	694	Rosa Pereira	oralklass-amigos do trail	Senior Feminino	03:30:56	03:30:53	11:43
54	533	Virgílio Carção	clubes portugal telecom - zona norte	Veterano M40	03:30:57	03:30:50	11:43
55	666	José Pedro Pinto Silva	individual	Veterano M40	03:36:00	03:35:41	12:00
56	1001	Cristina Teixeira	individual	Veterana F40	03:36:00	03:35:41	12:00
57	703	jose moura de sousa	os barriguitas	Veterano M50	03:36:04	03:35:56	12:00
58	691	Rui Calado	offtel runners	Veterano M40	03:36:08	03:35:56	12:00
59	670	Paulo Fernando Ramos Cavaco	individual	Veterano M40	03:36:11	03:35:49	12:01
60	686	Maria Jesus	nao	Senior Feminino	03:36:17	03:36:12	12:01
61	721	ANDRÉ COELHO	running team lantemil	Senior Masculino	03:36:23	03:36:11	12:01
62	509	MARIO COSTA	bluepack	Veterano M40	03:36:36	03:36:34	12:02
63	643	Tiago Guedes	individual	Senior Masculino	03:38:09	03:37:50	12:07
64	654	Maria Isabel Araújo Martins	individual	Veterana F40	03:39:35	03:39:12	12:12
65	660	Basilio Queiroz	individual	Veterano M40	03:39:39	03:39:16	12:12
66	692	Sara Rei	oralklass-amigos do trail	Senior Feminino	03:40:02	03:39:49	12:13
67	319	Pedro Serra	individual	Senior Masculino	03:40:12	03:39:56	12:14
68	710	Vitor Cruz	playlife	Senior Masculino	03:40:22	03:40:12	12:15
69	708	Cristiano Moutinho	playlife	Senior Masculino	03:40:22	03:40:12	12:15
70	707	Vânia Santos	playlife	Senior Feminino	03:40:22	03:40:12	12:15
71	588	Liliana Sousa	individual	Senior Feminino	03:40:46	03:40:34	12:16
72	598	Vânia Rodrigues	individual	Senior Feminino	03:40:46	03:40:34	12:16
73	572	Ana Sousa	individual	Senior Feminino	03:41:06	03:41:02	12:17
74	618	jorge vivas	individual	Senior Masculino	03:41:24	03:41:04	12:18
75	557	Joel Marques	fast ao km	Senior Masculino	03:43:28	03:43:21	12:25
76	1005	Mariana Brandão	individual	Senior Feminino	03:43:35	03:43:24	12:25
77	709	Pedro Reis	playlife	Senior Masculino	03:43:36	03:43:25	12:25
78	711	Eugénia Teixeira	playlife	Veterana F40	03:43:36	03:43:27	12:25
79	603	Carlos Carvalho	individual	Senior Masculino	03:43:36	03:43:28	12:25
80	528	Rui Manuel Dias Martins	bullshit	Senior Masculino	03:45:17	03:44:51	12:31
81	520	Deolinda Cristina Dias Martins	bullshit	Senior Feminino	03:45:18	03:44:53	12:31
82	659	Artur Ferreira	individual	Veterano M40	03:45:52	03:45:46	12:33
83	626	Miguel Moreira	individual	Senior Masculino	03:46:05	03:46:04	12:34
84	634	Pedro Tavares	individual	Senior Masculino	03:46:06	03:45:48	12:34
85	684	Nelson Santos	liketomove.com	Senior Masculino	03:46:06	03:45:59	12:34

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	T/KM
86	757	Helena Antunes	individual	Senior Feminino	03:46:31	03:46:09	12:35
87	756	Roberto Nogueira	individual	Senior Masculino	03:46:31	03:46:09	12:35
88	515	Helena Isabel Moreira Dias	budeguita runners	Veterana F40	03:46:41	03:46:37	12:36
89	510	Ana Dias	budeguita runners	Senior Feminino	03:46:41	03:46:39	12:36
90	518	Nuno Dias	budeguita runners	Veterano M40	03:46:42	03:46:38	12:36
91	214	Tiago Almeida	budeguita runners	Veterano M40	03:46:42	03:46:40	12:36
92	519	PAULO LAGOA	budeguita runners	Veterano M40	03:46:43	03:46:41	12:36
93	514	Tiago P. Almeida	budeguita runners	Senior Masculino	03:46:45	03:46:42	12:36
94	750	Mário André Marques Luís	xtrail bolas running team	Senior Masculino	03:47:53	03:47:36	12:40
95	567	António Afonso	grupo maravilha	Veterano M40	03:47:54	03:47:38	12:40
96	715	Luis Miguel Brochado Costa	ripolins.com	Senior Masculino	03:51:29	03:51:21	12:52
97	717	Pedro Martins	rpb	Senior Masculino	03:52:05	03:51:41	12:54
98	718	Ricardo Brito	rpb	Senior Masculino	03:52:13	03:51:49	12:54
99	716	Bruno André	rpb	Senior Masculino	03:52:13	03:51:50	12:54
100	548	Filipe Alexandre Leal da Silva Cordeiro	extreme academy	Senior Masculino	03:53:18	03:52:48	12:58
101	727	Pedro Ramos	shots international runners	Veterano M40	03:54:04	03:53:57	13:00
102	695	Sandra Moreira	oralklass-amigos do trail	Senior Feminino	03:54:34	03:54:31	13:02
103	693	Ricardo Lima	oralklass-amigos do trail	Senior Feminino	03:54:34	03:54:30	13:02
104	671	Vitor Silva	individual	Veterano M40	03:54:49	03:54:43	13:03
105	735	Mário Araújo	solmaia runners	Veterano M40	03:54:54	03:54:27	13:03
106	729	João Ferreira	solmaia runners	Senior Masculino	03:54:55	03:54:26	13:03
107	732	Rui Salgado	solmaia runners	Senior Masculino	03:54:55	03:54:27	13:03
108	734	Vitor Zenha	solmaia runners	Senior Masculino	03:54:55	03:54:27	13:03
109	730	Manuel Mota	solmaia runners	Senior Masculino	03:54:55	03:54:27	13:03
110	752	Ricardo Jorge Vidigal Campos Alheiro	xtrail bolas running team	Senior Masculino	03:56:20	03:56:03	13:08
111	753	Rodrigo Alex da Silva Rodrigues	xtrail bolas running team	Senior Masculino	03:56:37	03:56:20	13:09
112	678	Manuel Cunha Lima	individual	Veterano M50	03:57:06	03:56:45	13:10
113	690	Manuela Pinto	o mundo da corrida	Veterana F50	03:58:08	03:58:00	13:14
114	563	Nuno Rocha	funky runners	Senior Masculino	03:58:08	03:58:03	13:14
115	649	Filomena Neto	individual	Veterana F40	03:58:09	03:57:47	13:14
116	664	Hugo Costa	individual	Veterano M40	03:58:12	03:58:05	13:14
117	655	Marta Vasconcelos	individual	Veterana F40	03:58:45	03:58:39	13:16
118	736	António Cardoso	solmaia runners	Veterano M50	04:04:28	04:04:01	13:35
119	723	Ricardo Heleno	s&h	Senior Masculino	04:04:31	04:04:09	13:35
120	722	Ana Rita Silva	s&h	Senior Feminino	04:04:33	04:04:12	13:35
121	565	Vitor Ribeiro	gondomar futsal	Veterano M40	04:05:49	04:05:42	13:39
122	595	SOFIA MOURA	individual	Senior Feminino	04:08:01	04:07:53	13:47
123	696	André Nogueira	oralklass-amigos do trail	Senior Masculino	04:09:26	04:09:24	13:51
124	508	Albertina Machado	bilarrunners	Veterana F40	04:10:42	04:10:40	13:56
125	582	Isabel Marisa Teixeira Pinto	individual	Senior Feminino	04:10:43	04:10:21	13:56
126	433	Helder Couto	vavavoom	Veterano M40	04:10:54	04:10:50	13:56
127	747	Andre Figueiredo	vavavoom	Veterano M40	04:10:55	04:10:50	13:56
128	513	Bruno Brandao	budeguita runners	Senior Masculino	04:11:18	04:11:14	13:58
129	542	Ricardo Barroso Ribeiro	extreme academy	Senior Masculino	04:13:24	04:12:53	14:05
130	743	Rita Chaves Rebelo	terrores do asfalto	Senior Feminino	04:14:53	04:14:33	14:11

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18 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
131	742	Isabel Maria da Silva Henriques	terrores do asfalto	Senior Feminino	04:15:00	04:14:40	14:10
132	653	Maria da Luz Olivença	individual	Veterana F40	04:15:21	04:15:07	14:11
133	602	Bruno Miguel Silva	individual	Senior Masculino	04:15:46	04:15:26	14:13
134	669	Miguel Amado	individual	Veterano M40	04:15:46	04:15:26	14:13
135	679	Manuel Moura	individual	Veterano M50	04:15:53	04:15:44	14:13
136	1002	Cátia Santos	correr lisboa	Senior Feminino	04:15:56	04:15:38	14:13
137	636	Ricardo Beja	individual	Senior Masculino	04:15:56	04:15:38	14:13
138	535	António Cerejo	correr lisboa	Veterano M40	04:15:56	04:15:38	14:13
139	687	Rita Garcia Dias	nel - pédátleta	Senior Feminino	04:16:09	04:15:51	14:14
140	516	André Ferreira Pedro Lopes de Amorim	budeguita runners	Veterano M40	04:16:32	04:16:29	14:15
141	517	HELDER SOUSA	budeguita runners	Veterano M40	04:16:33	04:16:29	14:15
142	511	Isabel Lima	budeguita runners	Senior Feminino	04:16:35	04:16:32	14:15
143	512	Sandra Oliveira	budeguita runners	Senior Feminino	04:16:36	04:16:31	14:15
144	611	Helder de Oliveira Barbosa	individual	Senior Masculino	04:17:28	04:17:22	14:18
145	706	Pedro Antunes	p&a team	Senior Masculino	04:17:51	04:17:37	14:20
146	705	Susana Fonseca	p&a team	Senior Feminino	04:17:51	04:17:37	14:20
147	726	Francisco Gomes	shots international runners	Senior Masculino	04:20:25	04:20:16	14:28
148	668	Marco Alexandre Resende Lopes	individual	Veterano M40	04:20:36	04:20:34	14:29
149	674	ESTEVENY Louis	individual	Veterano M50	04:20:44	04:20:31	14:29
150	656	ESTEVENY Genevieve	individual	Veterana F50	04:20:44	04:20:31	14:29
151	616	João Manuel Mendonça Lopes	individual	Senior Masculino	04:21:34	04:21:10	14:32
152	538	Julieta Fontes	duros vl	Veterana F40	04:25:03	04:24:48	14:43
153	733	Tiago Gonçalves	solmaia runners	Senior Masculino	04:25:09	04:24:40	14:44
154	523	Raquel Correia Soares Ribeiro	bullshit	Senior Feminino	04:26:16	04:25:50	14:48
155	594	Sandra Pinto	individual	Senior Feminino	04:27:07	04:26:56	14:50
156	569	Ana Arriscado	individual	Senior Feminino	04:27:07	04:26:56	14:50
157	682	paula botelho	kaninos	Veterana F40	04:35:26	04:35:01	15:18
158	681	candida almeida	kaninos	Veterana F40	04:35:26	04:35:01	15:18
159	537	Helena Maia	duros vl	Veterana F40	04:36:39	04:36:24	15:22
160	592	Rita Gaspar	individual	Senior Feminino	04:36:40	04:36:33	15:22
161	731	Miguel Moreira	solmaia runners	Senior Masculino	04:37:02	04:36:33	15:23
162	583	isabel ribeiro	individual	Senior Feminino	04:38:13	04:37:52	15:27
163	536	Elisabete Rodrigues	duros vl	Veterana F40	04:38:55	04:38:41	15:30
164	596	Susana Ferreira	individual	Senior Feminino	04:39:29	04:39:18	15:32
165	1007	Paula Pereira	individual	Veterana F40	04:39:29	04:39:17	15:32
166	677	José Manuel Valente de Meireles Pereira	individual	Veterano M50	04:39:34	04:39:23	15:32
167	579	Cristiana Sofia Gomes de Sá	individual	Senior Feminino	04:42:51	04:42:47	15:43
168	606	Daniel Pinto	individual	Senior Masculino	04:44:06	04:43:53	15:47
169	578	Cláudia Amaral	individual	Senior Feminino	04:44:12	04:44:07	15:47
170	597	Susana Rocha	individual	Senior Feminino	04:44:23	04:44:00	15:48
171	587	Lídia Alves	individual	Senior Feminino	04:47:29	04:47:08	15:58
172	741	Márcio Castro	tenros strike again	Senior Masculino	04:47:29	04:47:08	15:58
173	614	Luis Alves	individual	Senior Masculino	04:47:29	04:47:08	15:58
174	652	Maria Azevedo Martins	individual	Veterana F40	04:49:37	04:49:28	16:05
175	581	Diana mata	individual	Senior Feminino	04:50:41	04:50:31	16:09

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	CHIP TIME	t/KM
176	645	Anabela Alves	individual	Veterana F40	04:50:47	04:50:38	16:09
177	561	Claudia Coelho	funky runners	Senior Feminino	04:51:33	04:51:28	16:12
178	562	Rosa Mendonça	funky runners	Senior Feminino	04:51:34	04:51:28	16:12
179	755	Nelson Cruz	xtrail bolas running team	Senior Masculino	04:53:12	04:52:55	16:17
180	657	Lurdes Monteiro	individual	Veterana F50	04:54:59	04:54:53	16:23
181	586	julliane cristina dias	individual	Senior Feminino	04:55:05	04:55:00	16:24
182	599	André Ribeiro	individual	Senior Masculino	04:55:23	04:55:13	16:25
183	584	Joana Ribeiro	individual	Senior Feminino	04:55:23	04:55:14	16:25
184	641	Tiago Adrega	individual	Senior Masculino	04:55:23	04:55:13	16:25
185	553	Ana Paula Costa Oliveira	extreme academy	Veterana F40	04:55:47	04:55:17	16:26
186	724	Helena Lobao	shots international runners	Senior Feminino	04:56:31	04:56:23	16:28
187	648	DULCE MOREDA	individual	Veterana F40	04:57:48	04:57:42	16:33
188	661	Carlos Pedro Ribeiro Peixoto	individual	Veterano M40	05:00:13	04:59:56	16:41
189	719	Pedro Machado	run 4 fun	Veterano M50	05:04:39	05:04:36	16:56
190	680	marco botelho	kaninos	Senior Masculino	05:08:51	05:08:27	17:09
191	689	Ana Preto de Almeida	norteface	Senior Feminino	05:13:06	05:12:59	17:24
192	714	SANDRA ALMENDRA	reumáticos do trail	Senior Feminino	05:13:06	05:12:58	17:24
193	522	Maria João Perreira Martins Ferreira	bullshit	Senior Feminino	05:17:27	05:16:57	17:38
194	524	Rita Pereira Martins Ferreira	bullshit	Senior Feminino	05:17:27	05:16:58	17:38
195	531	Maria Rosa Ferreira Jesus	bullshit	Veterana F40	05:17:28	05:16:59	17:38
196	737	Débora Azevedo	team running eu e os miúdos	Senior Feminino	05:18:01	05:17:54	17:40
197	683	Sandra Amorim	ligeirinhos	Veterana F40	05:18:44	05:18:19	17:42
198	580	Daniela Lopes	individual	Senior Feminino	05:20:04	05:19:45	17:47
199	702	Filipe Silva	os aventureiros	Senior Masculino	05:26:59	05:26:34	18:10
200	701	Cátia Francisco	os aventureiros	Senior Feminino	05:27:02	05:26:37	18:10
201	748	Ana Luisa Ferreira Patricio	xtrail bolas running team	Senior Feminino	05:30:35	05:30:18	18:22
202	749	Fernando Carlos Moreira Ramos	xtrail bolas running team	Senior Masculino	05:30:35	05:30:17	18:22
203	639	rui jorge carvalho	individual	Senior Masculino	05:30:36	05:30:20	18:22
204	566	Alexandre Pinto Rodrigues Galiza Sousa	grupo maravilha	Senior Masculino	05:30:36	05:30:21	18:22
205	540	José Augusto Pires Lima	em`força	Veterano M50	05:39:22	05:39:02	18:51
206	650	Graça Casal	individual	Veterana F40	05:51:56	05:51:42	19:33
207	601	Antonio Mamuel Valente do Carmo	individual	Senior Masculino	05:51:56	05:51:42	19:33

Trail Curto

18 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:05	20,1°C	77%
End	14:15	20.1°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	589	Maria Isabel Areias	Oralklass-Amigos do Trail	Senior Feminino	02:39:03	08:50
2	685	Cristina Isabel Mendes Oliveira Dias	MULTIPOWER	Senior Feminino	03:00:52	+21:49 10:03
3	560	Sandra Dias	Free Trail Vilar de Perdizes 6 Setembro 2014	Senior Feminino	03:05:15	+26:12 10:18
4	590	marina campos	Individual	Senior Feminino	03:12:33	+33:30 10:42
5	725	Raquel Campos	Shots International Runners	Senior Feminino	03:15:31	+36:28 10:52
6	573	Anabela Cordeiro	Individual	Senior Feminino	03:16:33	+37:30 10:55
7	591	Marta Regina Queirós Couto	Individual	Senior Feminino	03:17:18	+38:15 10:58
8	279	Joana Rodrigues Sousa	Individual	Senior Feminino	03:30:37	+51:34 11:42
9	694	Rosa Pereira	Oralklass-Amigos do Trail	Senior Feminino	03:30:56	+51:53 11:43
10	686	Maria Jesus	Nao	Senior Feminino	03:36:17	+57:14 12:01
11	692	Sara Rei	Oralklass-Amigos do Trail	Senior Feminino	03:40:02	+01:00:59 12:13
12	707	Vânia Santos	PlayLife	Senior Feminino	03:40:22	+01:01:19 12:15
13	588	Liliana Sousa	Individual	Senior Feminino	03:40:46	+01:01:43 12:16
14	598	Vânia Rodrigues	Individual	Senior Feminino	03:40:46	+01:01:43 12:16
15	572	Ana Sousa	Individual	Senior Feminino	03:41:06	+01:02:03 12:17
16	1005	Mariana Brandão	Individual	Senior Feminino	03:43:35	+01:04:32 12:25
17	520	Deolinda Cristina Dias Martins	Bullshit	Senior Feminino	03:45:18	+01:06:15 12:31
18	757	Helena Antunes	Individual	Senior Feminino	03:46:31	+01:07:28 12:35
19	510	Ana Dias	BUDEGUITA RUNNERS	Senior Feminino	03:46:41	+01:07:38 12:36
20	695	Sandra Moreira	Oralklass-Amigos do Trail	Senior Feminino	03:54:34	+01:15:31 13:02
21	693	Ricardo Lima	Oralklass-Amigos do Trail	Senior Feminino	03:54:34	+01:15:31 13:02
22	722	Ana Rita Silva	S&H	Senior Feminino	04:04:33	+01:25:30 13:35
23	595	SOFIA MOURA	Individual	Senior Feminino	04:08:01	+01:28:58 13:47
24	582	Isabel Marisa Teixeira Pinto	Individual	Senior Feminino	04:10:43	+01:31:40 13:56
25	743	Rita Chaves Rebelo	Terroros do Asfalto	Senior Feminino	04:14:53	+01:35:50 14:10
26	742	Isabel Maria da Silva Henriques	Terroros do Asfalto	Senior Feminino	04:15:00	+01:35:57 14:10
27	1002	Cátia Santos	CORRER LISBOA	Senior Feminino	04:15:56	+01:36:53 14:13
28	687	Rita Garcia Dias	NEL - Pédatleta	Senior Feminino	04:16:09	+01:37:06 14:14
29	511	Isabel Lima	BUDEGUITA RUNNERS	Senior Feminino	04:16:35	+01:37:32 14:15
30	512	Sandra Oliveira	BUDEGUITA RUNNERS	Senior Feminino	04:16:36	+01:37:33 14:15
31	705	Susana Fonseca	P&A Team	Senior Feminino	04:17:51	+01:38:48 14:20
32	523	Raquel Correia Soares Ribeiro	Bullshit	Senior Feminino	04:26:16	+01:47:13 14:48
33	594	Sandra Pinto	Individual	Senior Feminino	04:27:07	+01:48:04 14:50
34	569	Ana Arriscado	Individual	Senior Feminino	04:27:07	+01:48:04 14:50
35	592	Rita Gaspar	Individual	Senior Feminino	04:36:40	+01:57:37 15:22
36	583	isabel ribeiro	Individual	Senior Feminino	04:38:13	+01:59:10 15:27
37	596	Susana Ferreira	Individual	Senior Feminino	04:39:29	+02:00:26 15:32
38	579	Cristiana Sofia Gomes de Sá	Individual	Senior Feminino	04:42:51	+02:03:48 15:43
39	578	Cláudia Amaral	Individual	Senior Feminino	04:44:12	+02:05:09 15:47

Official Timekeeper: Lap2Go	1 / 6	generate 17-jul-2014 12:19
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Trail Curto

18 KM

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OFFICIAL RESULT

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REVISED

40	597	Susana Rocha	Individual	Senior Feminino	04:44:23	+02:05:20	15:48
41	587	Lidia Alves	Individual	Senior Feminino	04:47:29	+02:08:26	15:58
42	581	Diana mata	Individual	Senior Feminino	04:50:41	+02:11:38	16:09
43	561	Claudia Coelho	Funky Runners	Senior Feminino	04:51:33	+02:12:30	16:12
44	562	Rosa Mendonça	Funky Runners	Senior Feminino	04:51:34	+02:12:31	16:12
45	586	julliane cristina dias	Individual	Senior Feminino	04:55:05	+02:16:02	16:24
46	584	Joana Ribeiro	Individual	Senior Feminino	04:55:23	+02:16:20	16:25
47	724	Helena Lobao	Shots International Runners	Senior Feminino	04:56:31	+02:17:28	16:28
48	689	Ana Preto de Almeida	NorteFace	Senior Feminino	05:13:06	+02:34:03	17:24
49	714	SANDRA ALMENDRA	REUMÁTICOS DO TRAIL	Senior Feminino	05:13:06	+02:34:03	17:24
50	522	Maria João Perreira Martins Ferreira	Bullshit	Senior Feminino	05:17:27	+02:38:24	17:38
51	524	Rita Pereira Martins Ferreira	Bullshit	Senior Feminino	05:17:27	+02:38:24	17:38
52	737	Débora Azevedo	Team Running Eu e os Miúdos	Senior Feminino	05:18:01	+02:38:58	17:40
53	580	Daniela Lopes	Individual	Senior Feminino	05:20:04	+02:41:01	17:47
54	701	Cátia Francisco	os aventureiros	Senior Feminino	05:27:02	+02:47:59	18:10
55	748	Ana Luisa Ferreira Patricio	Xtrail Bolas Running Team	Senior Feminino	05:30:35	+02:51:32	18:22

Senior Masculino

1	610	Filipe Pinto	Individual	Senior Masculino	02:40:23	08:55
2	552	Vitor Manuel Dias Magalhães	Extreme Academy	Senior Masculino	02:44:36	+04:13 09:09
3	608	Fernando Jorge	Individual	Senior Masculino	02:46:46	+06:23 09:16
4	644	Vitor Santos	Individual	Senior Masculino	02:48:25	+08:02 09:21
5	525	Mauro Ricardo da Silva Cardoso	Bullshit	Senior Masculino	02:50:45	+10:22 09:29
6	615	João Daniel Gaioso Fernandes	Individual	Senior Masculino	02:53:34	+13:11 09:39
7	720	Hugo Ferreira	RUNNERS MONTE AVENTINO	Senior Masculino	02:55:40	+15:17 09:46
8	638	Ruben Buj	Individual	Senior Masculino	02:58:24	+18:01 09:55
9	619	José Carlos Gomes Brito	Individual	Senior Masculino	02:58:24	+18:01 09:55
10	637	Ricardo Carvalho	Individual	Senior Masculino	03:02:25	+22:02 10:08
11	704	Daniel Teixeira dos Santos	Os Lobos do Saibro	Senior Masculino	03:05:20	+24:57 10:18
12	612	Hugo Andre Fernandes de Lemos	Individual	Senior Masculino	03:06:20	+25:57 10:21
13	294	Gabriel Vieira	Individual	Senior Masculino	03:08:27	+28:04 10:28
14	507	Telmo Mendonça	Bikes & Friends	Senior Masculino	03:08:52	+28:29 10:30
15	605	César Fernandes	Individual	Senior Masculino	03:08:55	+28:32 10:30
16	503	Marco Antonio Silva Rodrigues Lourenço	Associação Desportiva da Efacec	Senior Masculino	03:09:30	+29:07 10:32
17	320	Rúben Guedes e Silva	Individual	Senior Masculino	03:13:46	+33:23 10:46
18	625	Miguel Alves	Individual	Senior Masculino	03:15:31	+35:08 10:52
19	501	Fábio Silva	Associação Desportiva da Efacec	Senior Masculino	03:16:05	+35:42 10:54
20	630	Norberto Fernando Sampaio Teixeira Fernandes	Individual	Senior Masculino	03:16:56	+36:33 10:56
21	500	Domingos Nogueira	Associação Desportiva da Efacec	Senior Masculino	03:17:16	+36:53 10:58
22	633	Pedro FR Pereira	Individual	Senior Masculino	03:19:56	+39:33 11:06
23	688	Ricardo Moniz	NEL - Pédatleta	Senior Masculino	03:22:36	+42:13 11:15
24	600	André Silva	Individual	Senior Masculino	03:25:06	+44:43 11:24
25	635	Raul Curva	Individual	Senior Masculino	03:25:46	+45:23 11:26
26	502	Jorge Pereira	Associação Desportiva da Efacec	Senior Masculino	03:26:41	+46:18 11:29

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Trail Curto

18 KM

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OFFICIAL RESULT

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REVISED

27	504	Miguel Cruz	Associação Desportiva da Efaced	Senior Masculino	03:26:41	+46:18	11:29
28	613	Hugo Costa	Individual	Senior Masculino	03:26:49	+46:26	11:29
29	620	José Carlos Teixeira Rodrigues	Individual	Senior Masculino	03:29:01	+48:38	11:37
30	721	ANDRÉ COELHO	Running Team Lantemil	Senior Masculino	03:36:23	+56:00	12:01
31	643	Tiago Guedes	Individual	Senior Masculino	03:38:09	+57:46	12:07
32	319	Pedro Serra	Individual	Senior Masculino	03:40:12	+59:49	12:14
33	710	Vitor Cruz	PlayLife	Senior Masculino	03:40:22	+59:59	12:15
34	708	Cristiano Moutinho	PlayLife	Senior Masculino	03:40:22	+59:59	12:15
35	618	jorge vivas	Individual	Senior Masculino	03:41:24	+01:01:01	12:18
36	557	Joel Marques	FAST AO KM	Senior Masculino	03:43:28	+01:03:05	12:25
37	709	Pedro Reis	PlayLife	Senior Masculino	03:43:36	+01:03:13	12:25
38	603	Carlos Carvalho	Individual	Senior Masculino	03:43:36	+01:03:13	12:25
39	528	Rui Manuel Dias Martins	Bullshit	Senior Masculino	03:45:17	+01:04:54	12:31
40	626	Miguel Moreira	Individual	Senior Masculino	03:46:05	+01:05:42	12:34
41	634	Pedro Tavares	Individual	Senior Masculino	03:46:06	+01:05:43	12:34
42	684	Nelson Santos	liketomove.com	Senior Masculino	03:46:06	+01:05:43	12:34
43	756	Roberto Nogueira	Individual	Senior Masculino	03:46:31	+01:06:08	12:35
44	514	Tiago P. Almeida	BUDEGUITA RUNNERS	Senior Masculino	03:46:45	+01:06:22	12:36
45	750	Mário André Marques Luís	Xtrail Bolas Running Team	Senior Masculino	03:47:53	+01:07:30	12:40
46	715	Luis Miguel Brochado Costa	RIPOLINS.COM	Senior Masculino	03:51:29	+01:11:06	12:52
47	717	Pedro Martins	RPB	Senior Masculino	03:52:05	+01:11:42	12:54
48	718	Ricardo Brito	RPB	Senior Masculino	03:52:13	+01:11:50	12:54
49	716	Bruno André	RPB	Senior Masculino	03:52:13	+01:11:50	12:54
50	548	Filipe Alexandre Leal da Silva Cordeiro	Extreme Academy	Senior Masculino	03:53:18	+01:12:55	12:58
51	729	João Ferreira	Solmaia Runners	Senior Masculino	03:54:55	+01:14:32	13:03
52	732	Rui Salgado	Solmaia Runners	Senior Masculino	03:54:55	+01:14:32	13:03
53	734	Vitor Zenha	Solmaia Runners	Senior Masculino	03:54:55	+01:14:32	13:03
54	730	Manuel Mota	Solmaia Runners	Senior Masculino	03:54:55	+01:14:32	13:03
55	752	Ricardo Jorge Vidigal Campos Alheiro	Xtrail Bolas Running Team	Senior Masculino	03:56:20	+01:15:57	13:08
56	753	Rodrigo Alex da Silva Rodrigues	Xtrail Bolas Running Team	Senior Masculino	03:56:37	+01:16:14	13:09
57	563	Nuno Rocha	Funky Runners	Senior Masculino	03:58:08	+01:17:45	13:14
58	723	Ricardo Heleno	S&H	Senior Masculino	04:04:31	+01:24:08	13:35
59	696	André Nogueira	Oralklass-Amigos do Trail	Senior Masculino	04:09:26	+01:29:03	13:51
60	513	Bruno Brandao	BUDEGUITA RUNNERS	Senior Masculino	04:11:18	+01:30:55	13:58
61	542	Ricardo Barroso Ribeiro	Extreme Academy	Senior Masculino	04:13:24	+01:33:01	14:05
62	602	Bruno Miguel Silva	Individual	Senior Masculino	04:15:46	+01:35:23	14:13
63	636	Ricardo Beja	Individual	Senior Masculino	04:15:56	+01:35:33	14:13
64	611	Helder de Oliveira Barbosa	Individual	Senior Masculino	04:17:28	+01:37:05	14:18
65	706	Pedro Antunes	P&A Team	Senior Masculino	04:17:51	+01:37:28	14:20
66	726	Francisco Gomes	Shots International Runners	Senior Masculino	04:20:25	+01:40:02	14:28
67	616	João Manuel Mendonça Lopes	Individual	Senior Masculino	04:21:34	+01:41:11	14:32
68	733	Tiago Gonçalves	Solmaia Runners	Senior Masculino	04:25:09	+01:44:46	14:44
69	731	Miguel Moreira	Solmaia Runners	Senior Masculino	04:37:02	+01:56:39	15:23
70	606	Daniel Pinto	Individual	Senior Masculino	04:44:06	+02:03:43	15:47
71	741	Márcio Castro	Tenros Strike Again	Senior Masculino	04:47:29	+02:07:06	15:58
72	614	Luis Alves	Individual	Senior Masculino	04:47:29	+02:07:06	15:58

Official Timekeeper: Lap2Go	3 / 6	generate 17-jul-2014 12:19
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Trail Curto

18 KM

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OFFICIAL RESULT

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REVISED

73	755	Nelson Cruz	Xtrail Bolas Running Team	Senior Masculino	04:53:12	+02:12:49	16:17
74	599	André Ribeiro	Individual	Senior Masculino	04:55:23	+02:15:00	16:25
75	641	Tiago Adrega	Individual	Senior Masculino	04:55:23	+02:15:00	16:25
76	680	marco botelho	Kaninos	Senior Masculino	05:08:51	+02:28:28	17:09
77	702	Filipe Silva	os aventureiros	Senior Masculino	05:26:59	+02:46:36	18:10
78	749	Fernando Carlos Moreira Ramos	Xtrail Bolas Running Team	Senior Masculino	05:30:35	+02:50:12	18:22
79	639	rui jorge carvalho	Individual	Senior Masculino	05:30:36	+02:50:13	18:22
80	566	Alexandre Pinto Rodrigues Galiza Sousa	Grupo Maravilha	Senior Masculino	05:30:36	+02:50:13	18:22
81	601	Antonio Mamuel Valente do Carmo	Individual	Senior Masculino	05:51:56	+03:11:33	19:33

Veterana F40

1	505	Cláudia Medeiros	ATLÉTICO CLUBE SÃO MAMEDE	Veterana F40	03:09:28	10:32
2	651	Jenny Martins Martins	Individual	Veterana F40	03:18:47	+09:19 11:03
3	530	Maria de Lá Salette Sousa e Silva	Bullshit	Veterana F40	03:30:44	+21:16 11:42
4	1001	Cristina Teixeira	Individual	Veterana F40	03:36:00	+26:32 12:00
5	654	Maria Isabel Araújo Martins	Individual	Veterana F40	03:39:35	+30:07 12:12
6	711	Eugénia Teixeira	PlayLife	Veterana F40	03:43:36	+34:08 12:25
7	515	Helena Isabel Moreira Dias	BUDEGUITA RUNNERS	Veterana F40	03:46:41	+37:13 12:36
8	649	Filomena Neto	Individual	Veterana F40	03:58:09	+48:41 13:14
9	655	Marta Vasconcelos	Individual	Veterana F40	03:58:45	+49:17 13:16
10	508	Albertina Machado	BilaRunners	Veterana F40	04:10:42	+01:01:14 13:56
11	653	Maria da Luz Olivença	Individual	Veterana F40	04:15:21	+01:05:53 14:11
12	538	Julieta Fontes	DUROS VL	Veterana F40	04:25:03	+01:15:35 14:43
13	682	paula botelho	Kaninos	Veterana F40	04:35:26	+01:25:58 15:18
14	681	candida almeida	Kaninos	Veterana F40	04:35:26	+01:25:58 15:18
15	537	Helena Maia	DUROS VL	Veterana F40	04:36:39	+01:27:11 15:22
16	536	Elisabete Rodrigues	DUROS VL	Veterana F40	04:38:55	+01:29:27 15:30
17	1007	Paula Pereira	Individual	Veterana F40	04:39:29	+01:30:01 15:32
18	652	Maria Azevedo Martins	Individual	Veterana F40	04:49:37	+01:40:09 16:05
19	645	Anabela Alves	Individual	Veterana F40	04:50:47	+01:41:19 16:09
20	553	Ana Paula Costa Oliveira	Extreme Academy	Veterana F40	04:55:47	+01:46:19 16:26
21	648	DULCE MOREDA	Individual	Veterana F40	04:57:48	+01:48:20 16:33
22	531	Maria Rosa Ferreira Jesus	Bullshit	Veterana F40	05:17:28	+02:08:00 17:38
23	683	Sandra Amorim	Ligeirinhos	Veterana F40	05:18:44	+02:09:16 17:42
24	650	Graça Casal	Individual	Veterana F40	05:51:56	+02:42:28 19:33

Veterana F50

1	690	Manuela Pinto	O Mundo da Corrida	Veterana F50	03:58:08	13:14
2	656	ESTEVENY Genevieve	Individual	Veterana F50	04:20:44	+22:36 14:29
3	657	Lurdes Monteiro	Individual	Veterana F50	04:54:59	+56:51 16:23

Trail Curto

18 KM



OFFICIAL RESULT

Veterano M40

1	699	João Machado	Oralklass-Amigos do Trail	Veterano M40	02:29:48		08:19
2	1000	Asdrubal Freitas	GONDOMAR FUTSAL CLUBE	Veterano M40	02:29:50	+00:02	08:19
3	663	Fernando Pinheiro Mendes	Individual	Veterano M40	02:38:44	+08:56	08:49
4	665	José Francisco Magalhães Tomás Costa	Individual	Veterano M40	02:53:33	+23:45	09:39
5	539	Leandro Freitas	EDV/Viana Trail	Veterano M40	03:01:50	+32:02	10:06
6	667	Manuel Arcanjo Freitas Ferreira	Individual	Veterano M40	03:09:49	+40:01	10:33
7	268	Jaime Sousa	Gondomar Futsal	Veterano M40	03:13:01	+43:13	10:43
8	700	Paulo Pacheco	Oralklass-Amigos do Trail	Veterano M40	03:16:56	+47:08	10:56
9	247	Sérgio Anunciação	Extreme Academy	Veterano M40	03:19:35	+49:47	11:05
10	533	Virgílio Carção	CLUBE PORTUGAL TELECOM - ZONA NORTE	Veterano M40	03:30:57	+01:01:09	11:43
11	666	José Pedro Pinto Silva	Individual	Veterano M40	03:36:00	+01:06:12	12:00
12	691	Rui Calado	OFFtel Runners	Veterano M40	03:36:08	+01:06:20	12:00
13	670	Paulo Fernando Ramos Cavaco	Individual	Veterano M40	03:36:11	+01:06:23	12:01
14	509	MARIO COSTA	BLUEPACK	Veterano M40	03:36:36	+01:06:48	12:02
15	660	Basilio Queiroz	Individual	Veterano M40	03:39:39	+01:09:51	12:12
16	659	Artur Ferreira	Individual	Veterano M40	03:45:52	+01:16:04	12:33
17	518	Nuno Dias	BUDEGUITA RUNNERS	Veterano M40	03:46:42	+01:16:54	12:36
18	214	Tiago Almeida	BUDEGUITA RUNNERS	Veterano M40	03:46:42	+01:16:54	12:36
19	519	PAULO LAGOA	BUDEGUITA RUNNERS	Veterano M40	03:46:43	+01:16:55	12:36
20	567	António Afonso	Grupo Maravilha	Veterano M40	03:47:54	+01:18:06	12:40
21	727	Pedro Ramos	Shots International Runners	Veterano M40	03:54:04	+01:24:16	13:00
22	671	Vitor Silva	Individual	Veterano M40	03:54:49	+01:25:01	13:03
23	735	Mário Araújo	Solmaia Runners	Veterano M40	03:54:54	+01:25:06	13:03
24	664	Hugo Costa	Individual	Veterano M40	03:58:12	+01:28:24	13:14
25	565	Vitor Ribeiro	Gondomar Futsal	Veterano M40	04:05:49	+01:36:01	13:39
26	433	Helder Couto	VaVaVoom	Veterano M40	04:10:54	+01:41:06	13:56
27	747	Andre Figueiredo	VaVaVooM	Veterano M40	04:10:55	+01:41:07	13:56
28	669	Miguel Amado	Individual	Veterano M40	04:15:46	+01:45:58	14:13
29	535	António Cerejo	CORRER LISBOA	Veterano M40	04:15:56	+01:46:08	14:13
30	516	André Ferreira Pedro Lopes de Amorim	BUDEGUITA RUNNERS	Veterano M40	04:16:32	+01:46:44	14:15
31	517	HELDER SOUSA	BUDEGUITA RUNNERS	Veterano M40	04:16:33	+01:46:45	14:15
32	668	Marco Alexandre Resende Lopes	Individual	Veterano M40	04:20:36	+01:50:48	14:29
33	661	Carlos Pedro Ribeiro Peixoto	Individual	Veterano M40	05:00:13	+02:30:25	16:41

Veterano M50

1	672	António Ferreira	Individual	Veterano M50	03:00:43		10:02
2	676	JOSE DUARTE	Individual	Veterano M50	03:13:48	+13:05	10:46
3	559	Cândido Rocha	FAST AO KM	Veterano M50	03:29:27	+28:44	11:38
4	703	jose moura de sousa	OS BARRIGUITAS	Veterano M50	03:36:04	+35:21	12:00
5	678	Manuel Cunha Lima	Individual	Veterano M50	03:57:06	+56:23	13:10
6	736	António Cardoso	Solmaia Runners	Veterano M50	04:04:28	+01:03:45	13:35

18 KM

OFFICIAL RESULT

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REVISED

7	679	Manuel Moura	Individual	Veterano M50	04:15:53	+01:15:10	14:13
8	674	ESTEVENY Louis	Individual	Veterano M50	04:20:44	+01:20:01	14:29
9	677	José Manuel Valente de Meireles Pereira	Individual	Veterano M50	04:39:34	+01:38:51	15:32
10	719	Pedro Machado	RUN 4 FUN	Veterano M50	05:04:39	+02:03:56	16:56
11	540	José Augusto Pires Lima	EM Força	Veterano M50	05:39:22	+02:38:39	18:51