

HIGHT RUN 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	08:00	16.7°C	86%
End	16:48	16.7°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	1325	ARMANDINO TABORDA	sactecnosol outdoor lasportiva	Veterano M40	03:13:06		07:43
2	1173	Mauro Filipe Reis Coelho	individual	Senior Masculino	03:19:17	+06:10	07:58
3	1125	Luís Pedro Ferreira de Sousa Martins	gtt-armazém do caffè	Senior Masculino	03:22:40	+09:33	08:06
4	1025	Manuel Barbosa	amigo	Veterano M40	03:24:54	+11:47	08:12
5	1300	jose rosario	porto de mos a correr	Veterano M40	03:28:49	+15:43	08:21
6	1290	Tiago Bastos	oralklass-amigos do trail	Senior Masculino	03:33:13	+20:07	08:32
7	1096	José Rodrigues	experienciar/barceltécnica/sportsonfire	Senior Masculino	03:35:50	+22:43	08:38
8	1344	Paulo Vaz	xl&s trail	Senior Masculino	03:35:55	+22:49	08:38
9	1054	JOSÉ MOTA	ciclistas cósmicos - gislótica	Veterano M50	03:37:55	+24:49	08:43
10	1185	Pedro Martins	individual	Senior Masculino	03:39:01	+25:55	08:46
11	1313	Paulo Pires	runners do demo	Senior Masculino	03:40:16	+27:09	08:49
12	1294	Filipe Pinto	os lobos do saibro	Senior Masculino	03:40:57	+27:50	08:50
13	1282	Fernando Alves	olimpico vianense trail/nd sport	Senior Masculino	03:41:16	+28:10	08:51
14	1295	Marco Brochado	os lobos do saibro	Senior Masculino	03:41:17	+28:11	08:51
15	1193	Rui Pedro Pinto	individual	Senior Masculino	03:46:41	+33:34	09:04
16	1040	Carlos Fernandes	as belas e eles	Veterano M40	03:46:43	+33:36	09:04
17	1346	luís Magalhães	xl&s trail	Veterano M40	03:47:32	+34:26	09:06
18	1321	Vitor Rio	s. s. montepio	Senior Masculino	03:49:25	+36:19	09:11
19	1071	João Cardoso	ctad - trilhos de cinfães	Senior Masculino	03:51:27	+38:20	09:15
20	1015	Luis Miranda	aergois trail running	Senior Masculino	03:53:52	+40:45	09:21
21	1345	José Carlos Roque da Costa	xl&s trail	Veterano M40	03:53:59	+40:53	09:22
22	1292	Daniela Russo	oralklass-amigos do trail	Senior Feminino	03:54:14	+41:08	09:22
23	1286	Francisco Figueiredo	oralklass-amigos do trail	Senior Masculino	03:54:15	+41:08	09:22
24	1285	Andre Nogueira	oralklass-amigos do trail	Senior Masculino	03:54:23	+41:17	09:23
25	17	Emanuel Alexandre Custodio Machado	centro vicentino da serra	Senior Masculino	03:54:44	+41:38	09:23
26	1270	Hugo Romano	moinhos run adrm	Veterano M40	03:54:57	+41:50	09:24
27	1014	João Carlos Rodrigues Miranda	aergois trail running	Senior Masculino	03:58:28	+45:22	09:32
28	1291	Rui Pereira	oralklass-amigos do trail	Senior Masculino	04:06:00	+52:54	09:50
29	1296	Duarte Gil Barbosa	all about spirit team	Veterano M40	04:09:22	+56:16	09:59
30	1242	Fernando Alberto Da Silva Ramos	individual	Veterano M50	04:11:27	+58:21	10:04
31	1190	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	04:14:55	+01:01:48	10:12
32	1006	Rui Teixeira	a.d sebolido trail boneca d´ouro	Senior Masculino	04:17:12	+01:04:05	10:17
33	1031	JORGE GOMES	arcorun	Veterano M40	04:17:33	+01:04:27	10:18
34	1265	José Sá	lion runners - g. d. leões da guarda	Senior Masculino	04:18:28	+01:05:21	10:20
35	2282	Luis Lopes	oralklass-amigos do trail	Senior Masculino	04:19:06	+01:06:00	10:22
36	1314	JOSE SILVA FERNANDES	runners do demo	Veterano M40	04:19:33	+01:06:26	10:23
37	1062	Carla Cristina Leite	clube sem	Veterana F40	04:19:56	+01:06:49	10:24
38	1336	António Reis	taylor's	Veterano M40	04:21:15	+01:08:08	10:27
39	1180	Nuno Miguel Conceição Coelho	individual	Senior Masculino	04:21:56	+01:08:50	10:29
40	1080	Viriato Dias	ctad - trilhos de cinfães	Veterano M40	04:22:13	+01:09:06	10:29

HIGHT RUN 25K - STAGE 1

25 KM

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	1198	Vítor Paulo Duarte Caldeira	individual	Senior Masculino	04:22:15	+01:09:08	10:29
42	1323	Jose Nuno Costa	s. s. montepio	Veterano M40	04:22:38	+01:09:31	10:30
43	1021	Nelson Nascimento	amigo	Senior Masculino	04:22:40	+01:09:34	10:30
44	1020	José Madureira	amigo	Senior Masculino	04:22:40	+01:09:34	10:30
45	1110	Luís Miguel Brás Pinto	fridão sem limites	Senior Masculino	04:23:18	+01:10:11	10:32
46	1283	MARCO MACIEL	olimpico vianense trail/nd sport	Senior Masculino	04:23:54	+01:10:47	10:33
47	1008	Tiago Sousa	a.d sebolido trail boneca d´ouro	Senior Masculino	04:24:52	+01:11:45	10:36
48	1139	Hortense Tenda	individual	Senior Feminino	04:26:46	+01:13:40	10:40
49	1274	Renato Barros	montanha clube trail running/runners	Veterano M50	04:26:47	+01:13:40	10:40
50	1111	Manuel Avelino Reis Pinheiro	fridão sem limites	Veterano M40	04:26:56	+01:13:50	10:41
51	1268	Jorge Manuel Santos Henriques	lourival bike team	Senior Masculino	04:27:16	+01:14:09	10:41
52	1260	Joao Miguel Gomes da Silva	limitless	Senior Masculino	04:27:31	+01:14:25	10:42
53	1167	Jorge Miguel Abreu Barbosa	individual	Senior Masculino	04:27:38	+01:14:32	10:42
54	1061	Daniel Mendes Pinto	clube sem	Senior Masculino	04:27:49	+01:14:43	10:43
55	1077	António Correia	ctad - trilhos de cinfães	Veterano M40	04:29:37	+01:16:30	10:47
56	1333	Renato Ferreira	spotcriativo viseu running team	Veterano M40	04:29:39	+01:16:32	10:47
57	1221	João Martinho de Azevedo Sousa	individual	Veterano M40	04:29:39	+01:16:32	10:47
58	1225	José Luís Pinto	individual	Veterano M40	04:29:45	+01:16:38	10:47
59	1123	Manuel silva	gondomar futsal clube	Senior Masculino	04:30:02	+01:16:55	10:48
60	1122	Andreia Amorim	gondomar futsal clube	Senior Feminino	04:30:22	+01:17:16	10:49
61	1124	PEDRO MATOS	gondomar futsal clube	Senior Masculino	04:34:23	+01:21:16	10:59
62	1182	Patrick Sousa	individual	Senior Masculino	04:35:40	+01:22:34	11:02
63	1279	Paulo Colaço	nocturnos de paredes	Senior Masculino	04:36:27	+01:23:20	11:03
64	1178	Norberto Fernandes	individual	Senior Masculino	04:36:36	+01:23:29	11:04
65	1328	Rodolfo Orfão	sinmetro	Senior Masculino	04:37:06	+01:23:59	11:05
66	1029	AMILCAR FERREIRA	arcorun	Veterano M40	04:37:26	+01:24:20	11:06
67	1322	João Nuno Cardoso	s. s. montepio	Veterano M40	04:38:31	+01:25:25	11:08
68	1271	Pedro Vieira	moinhos run admr	Veterano M40	04:38:49	+01:25:43	11:09
69	1287	David Morais	oralklass-amigos do trail	Senior Masculino	04:39:27	+01:26:21	11:11
70	1181	Nuno Ricardo santos Alves lage oliveira	individual	Senior Masculino	04:41:49	+01:28:43	11:16
71	1351	Mario Ferreira	individual	Veterano M40	04:42:16	+01:29:10	11:17
72	1243	Flávio Rebelo	individual	Veterano M50	04:42:35	+01:29:29	11:18
73	1347	Ricardo Miguelote	individual	Senior Masculino	04:44:50	+01:31:43	11:24
74	1196	Tiago Brandão	individual	Senior Masculino	04:45:30	+01:32:24	11:25
75	1219	helder Rodrigues	individual	Veterano M40	04:45:31	+01:32:25	11:25
76	1105	Pedro Oliveira	flash machine runners	Senior Masculino	04:46:51	+01:33:45	11:28
77	1023	Goreti Correia	amigo	Veterana F40	04:47:06	+01:33:59	11:29
78	1146	Sergia Ariana Pinto	individual	Senior Feminino	04:48:52	+01:35:46	11:33
79	1035	VITOR FOLGADO	arcorun	Veterano M40	04:49:45	+01:36:39	11:35
80	1074	Pedro Mouta	ctad - trilhos de cinfães	Senior Masculino	04:50:37	+01:37:31	11:38
81	1093	Francisco Fonseca	equipa joao ferreira	Veterano M40	04:50:44	+01:37:37	11:38
82	1157	Diego Todescato	individual	Senior Masculino	04:50:48	+01:37:41	11:38
83	1249	João Ferreira	inquipa trail sorriso	Veterano M40	04:51:47	+01:38:40	11:40
84	1318	Hugo Lopes	s. s. montepio	Senior Masculino	04:52:28	+01:39:22	11:42
85	1236	Pedro Brandão Gomes	individual	Veterano M40	04:53:00	+01:39:53	11:43

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1311	José Maria leal	rosário extreme	Veterano M40	04:53:25	+01:40:19	11:44
87	1158	Filipe Daniel Carvalho Pereira Feijó Amorim	individual	Senior Masculino	04:54:06	+01:40:59	11:46
88	1266	Pedro Gaio	lion runners - g. d. leões da guarda	Senior Masculino	04:56:27	+01:43:21	11:52
89	1150	António Fonseca	individual	Senior Masculino	04:56:31	+01:43:24	11:52
90	1156	David Camelo	individual	Senior Masculino	04:58:42	+01:45:36	11:57
91	1232	Oscar silva	individual	Veterano M40	04:59:56	+01:46:50	12:00
92	1165	Hugo André Couto	individual	Senior Masculino	05:00:03	+01:46:57	12:00
93	1289	José Santos	oraklass-amigos do trail	Senior Masculino	05:00:38	+01:47:32	12:02
94	1317	Emanuel Almeida	s. s. montepio	Senior Masculino	05:03:12	+01:50:05	12:08
95	1106	Ricardo Monteiro	flash machine runners	Senior Masculino	05:07:15	+01:54:09	12:17
96	1001	Sandra Arribança	100fôlego	Veterana F40	05:07:15	+01:54:09	12:17
97	1227	Lúcio Simão Moraes Ferreira da Cunha	individual	Veterano M40	05:08:59	+01:55:52	12:22
98	1175	Miguel Pimenta	individual	Senior Masculino	05:09:36	+01:56:29	12:23
99	1164	Hélder Viegas	individual	Senior Masculino	05:10:00	+01:56:53	12:24
100	1038	Ricardo Magalhães	as belas e eles	Senior Masculino	05:10:24	+01:57:18	12:25
101	1036	Carlos Magalhães	as belas e eles	Senior Masculino	05:10:24	+01:57:18	12:25
102	1037	Hugo Valqueresma	as belas e eles	Senior Masculino	05:10:25	+01:57:18	12:25
103	1039	Ricardo Tavares	as belas e eles	Senior Masculino	05:10:25	+01:57:18	12:25
104	1095	Rui Filipe Fernandes de Vasconcelos Rocha	eu+ run	Senior Masculino	05:10:36	+01:57:30	12:25
105	1203	helenia gomes	individual	Veterana F40	05:10:57	+01:57:51	12:26
106	1053	JOSE MIGUEL CRUZ PINTO	ciclistas cósmicos - gislótica	Veterano M50	05:11:04	+01:57:57	12:27
107	1102	Fernando Jorge Oliveira	ffit gaia trail	Veterano M40	05:11:15	+01:58:09	12:27
108	1005	Martinho	30over30.org	Veterano M40	05:13:13	+02:00:07	12:32
109	1010	André Silva	ad quinta - atletismo	Senior Masculino	05:14:30	+02:01:23	12:35
110	1033	JORGE SANTOS SILVA	arcorun	Veterano M40	05:14:45	+02:01:38	12:35
111	1306	Hugo Costa	rainhaclub	Senior Masculino	05:17:54	+02:04:48	12:43
112	1309	Dulce Bastos	rainhaclub	Veterana F40	05:17:55	+02:04:48	12:43
113	1305	Claudia Silva	rainhaclub	Senior Feminino	05:17:55	+02:04:48	12:43
114	1308	Pedro Henriques	rainhaclub	Senior Masculino	05:17:55	+02:04:48	12:43
115	1237	Pedro Martins	individual	Veterano M40	05:18:04	+02:04:58	12:43
116	1329	Cristina Barros	sinmetro	Veterana F40	05:19:11	+02:06:04	12:46
117	1172	Marcos Silva	individual	Senior Masculino	05:20:03	+02:06:57	12:48
118	1048	Fernando Barbosa	bootseals	Veterano M50	05:20:49	+02:07:42	12:50
119	1166	Jorge Carneiro	individual	Senior Masculino	05:21:07	+02:08:01	12:51
120	1081	Inês Pinto	dimp	Senior Feminino	05:21:39	+02:08:33	12:52
121	1082	Domingos Martins	dimp	Senior Masculino	05:21:39	+02:08:33	12:52
122	1076	Isabel Almeida	ctad - trilhos de cinfães	Veterana F40	05:21:43	+02:08:36	12:52
123	1262	Renato Lino Ribeiro	limitless	Senior Masculino	05:23:33	+02:10:27	12:57
124	1276	VitorManuel Henriques Pereira Santos	nel-pédatléta	Veterano M50	05:23:59	+02:10:53	12:58
125	1338	NELSON DUARTE	the outsiders running trail team	Veterano M40	05:24:30	+02:11:23	12:59
126	1224	JOSE CARVALHO	individual	Veterano M40	05:25:02	+02:11:55	13:00
127	1207	Palmira Gouveia	individual	Veterana F40	05:25:21	+02:12:15	13:01
128	1241	Carlos Correia	individual	Veterano M50	05:25:21	+02:12:15	13:01

HIGHT RUN 25K - STAGE 1

25 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
129	1272	Rui Quinta	moinhos run adm	Veterano M50	05:27:29	+02:14:22	13:06
130	1301	Sara Velho	proaventuras	Veterana F40	05:27:55	+02:14:49	13:07
131	1140	Mafalda Luís	individual	Senior Feminino	05:27:58	+02:14:52	13:07
132	1200	Elisabete Carreira	individual	Veterana F40	05:28:00	+02:14:54	13:07
133	1109	Gustavo Bento	fridão sem limites	Senior Masculino	05:28:06	+02:14:59	13:07
134	1028	NUNO FILIPE FERNANDES	arcorun	Senior Masculino	05:29:09	+02:16:03	13:10
135	1149	André Micael Carrasqueira António	individual	Senior Masculino	05:29:31	+02:16:24	13:11
136	1310	Porfírio Pereira	rainhaclub	Veterano M40	05:29:53	+02:16:47	13:11
137	1094	Orlando Costa	equipa joao ferreira	Veterano M40	05:29:53	+02:16:47	13:12
138	1032	JORGE LEITE	arcorun	Veterano M40	05:31:17	+02:18:10	13:15
139	1107	Amílcar Lopes	flechas runners	Senior Masculino	05:32:27	+02:19:20	13:18
140	1065	Artur José Pinto Mendes da Costa	companhia do bazófias	Senior Masculino	05:33:00	+02:19:53	13:19
141	1018	Fábio Miranda	amigo	Senior Masculino	05:33:06	+02:19:59	13:19
142	1234	Paulo Martins	individual	Veterano M40	05:35:45	+02:22:38	13:26
143	1216	Duarte Paulo Ribeiro	individual	Veterano M40	05:35:46	+02:22:40	13:26
144	1204	Isabel Carvalho	individual	Veterana F40	05:35:47	+02:22:40	13:26
145	1238	Pedro Quadrio	individual	Veterano M40	05:35:53	+02:22:47	13:26
146	1267	Luis Almeida	lion runners - g. d. leões da guarda	Veterano M50	05:35:55	+02:22:48	13:26
147	1174	Miguel Mendes	individual	Senior Masculino	05:38:41	+02:25:34	13:33
148	1026	ANTONIO BATISTA	arcorun	Senior Masculino	05:39:54	+02:26:48	13:36
149	1278	Rui Jorge Moreira Freitas	nice runners	Veterano M40	05:40:06	+02:27:00	13:36
150	1226	JOSE RODRIGUES COSTA	individual	Veterano M40	05:40:37	+02:27:31	13:38
151	1003	André Rodrigues	30over30.org	Senior Masculino	05:41:12	+02:28:05	13:39
152	1332	Hugo Costa	spotcriativo viseu running team	Senior Masculino	05:42:38	+02:29:32	13:42
153	1331	Ana Rodrigues	spotcriativo viseu running team	Senior Feminino	05:42:39	+02:29:32	13:42
154	1069	Severina Almeida	ctad - trilhos de cinfães	Senior Feminino	05:44:03	+02:30:56	13:46
155	1070	Bruno Costa	ctad - trilhos de cinfães	Senior Masculino	05:44:03	+02:30:57	13:46
156	1159	Filipe Nascimento	individual	Senior Masculino	05:44:14	+02:31:07	13:46
157	1233	Paolo Pozzan	individual	Veterano M40	05:44:26	+02:31:20	13:47
158	1240	Rui Gandra	individual	Veterano M40	05:44:34	+02:31:28	13:47
159	751	André Riscado	salamandrecos	Senior Masculino	05:45:21	+02:32:15	13:49
160	1326	Sonia Dickmeyer	salamandrecos	Senior Feminino	05:45:22	+02:32:15	13:49
161	753	Bruno Mesquita	salamandrecos	Veterano M40	05:45:22	+02:32:15	13:49
162	1327	Magda Barbosa	salamandrecos	Veterana F40	05:45:22	+02:32:16	13:49
163	1179	Nuno Cardoso	individual	Senior Masculino	05:45:59	+02:32:53	13:50
164	1127	Marco Guerra	gydarun	Senior Masculino	05:46:22	+02:33:16	13:51
165	1004	Eduardo Rodrigues	30over30.org	Veterano M40	05:46:23	+02:33:16	13:51
166	1248	Carla Maria Gil	inquipa trail sorriso	Veterana F50	05:47:22	+02:34:16	13:54
167	1312	Francisco Costa	rosário extreme	Veterano M50	05:47:24	+02:34:17	13:54
168	1215	David Paulo Vieira Costa	individual	Veterano M40	05:47:36	+02:34:29	13:54
169	2324	Jose Lima	o mundo da corrida	Veterano M50	05:47:43	+02:34:37	13:55
170	721	Helder Fernando Silva	moreira relax runners	Veterano M40	05:48:25	+02:35:18	13:56
171	719	Paulo Pires	moreira relax runners	Senior Masculino	05:48:26	+02:35:19	13:56
172	1208	Paula Anjos	individual	Veterana F40	05:49:50	+02:36:43	14:00
173	1256	Eugénia Teixeira	keepmoving	Veterana F40	05:49:50	+02:36:43	14:00
174	1277	Pedro Alves	nice runners	Veterano M40	05:52:10	+02:39:03	14:05

HIGHT RUN 25K - STAGE 1

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	1148	Sofia Réis	individual	Senior Feminino	05:53:00	+02:39:53	14:07
176	614	jose andrade	individual	Senior Masculino	05:53:00	+02:39:54	14:07
177	1078	Humberto Almeida	ctad - trilhos de cinfães	Veterano M40	05:53:03	+02:39:57	14:07
178	1011	Nelson	ad quinta - atletismo	Senior Masculino	05:53:25	+02:40:19	14:08
179	1257	Daniel Pinto	komokunomato	Senior Masculino	05:56:29	+02:43:23	14:16
180	1209	Paula Silva	individual	Veterana F40	05:56:29	+02:43:23	14:16
181	1197	Vítor Manuel Dias Gonçalves	individual	Senior Masculino	05:58:37	+02:45:31	14:21
182	1135	Elisabete Alves	individual	Senior Feminino	05:58:38	+02:45:31	14:21
183	1057	NUNO FERNANDO ANDRADE MENDES	clube millennium bcp	Veterano M40	05:59:54	+02:46:47	14:24
184	1108	Inês Carlos Cardoso	fridão sem limites	Senior Feminino	06:00:10	+02:47:04	14:24
185	1250	Paulo Costa	inquipa trail sorriso	Veterano M40	06:00:24	+02:47:17	14:25
186	34	Afonso Goncalves	individual	Senior Masculino	06:00:36	+02:47:30	14:25
187	1151	António José Ferreira	individual	Senior Masculino	06:00:53	+02:47:47	14:26
188	1017	Elisabete Araujo	all about spirit team	Senior Feminino	06:01:22	+02:48:16	14:27
189	1016	Daniela Marques	all about spirit team	Senior Feminino	06:01:24	+02:48:17	14:27
190	1100	MARLENE PINTO	ffit gaia trail	Senior Feminino	06:03:16	+02:50:09	14:32
191	1350	Nuno Henrique	individual	Veterano M40	06:03:16	+02:50:09	14:32
192	1188	Ricardo Dias	individual	Senior Masculino	06:06:13	+02:53:07	14:39
193	1217	Eduardo Pinto	individual	Veterano M40	06:06:30	+02:53:24	14:40
194	1142	Patrícia Alexandra Batista Silva	individual	Senior Feminino	06:09:26	+02:56:20	14:47
195	1131	Carla Mendes	individual	Senior Feminino	06:09:26	+02:56:20	14:47
196	1130	Andreia Costa	individual	Senior Feminino	06:09:26	+02:56:20	14:47
197	1168	José Manuel Pinto	individual	Senior Masculino	06:09:34	+02:56:28	14:47
198	1319	João Pedro Barbosa	s. s. montepio	Senior Masculino	06:10:17	+02:57:10	14:49
199	1184	Paulo pinto	individual	Senior Masculino	06:11:14	+02:58:07	14:51
200	1192	Rui Pedro Dias Botelho	individual	Senior Masculino	06:11:48	+02:58:41	14:52
201	1254	Rita Carreira Pedrosa	juventude vidigalense	Veterana F40	06:14:28	+03:01:22	14:59
202	1349	Gabriel Oliveira Rodrigues	gaia-running	Senior Masculino	06:14:28	+03:01:22	14:59
203	1235	Paulo Ribeiro de Sousa	individual	Veterano M40	06:16:38	+03:03:32	15:04
204	1103	RUI SÁ	ffit gaia trail	Veterano M50	06:16:51	+03:03:45	15:04
205	1002	Carlos Vilaça	100fôlego	Veterano M40	06:17:00	+03:03:54	15:05
206	1275	António Pereira	mulas da cooperativa	Senior Masculino	06:18:23	+03:05:17	15:08
207	1064	Vera Manuela Cardoso da Silva	companhia do bazófias	Senior Feminino	06:20:24	+03:07:17	15:13
208	1129	Paulo Nicolau	gydarun	Veterano M40	06:21:58	+03:08:51	15:17
209	1126	Carla Silva	gydarun	Veterana F40	06:21:58	+03:08:51	15:17
210	1128	Paulo Aparício	gydarun	Veterano M40	06:21:58	+03:08:52	15:17
211	1091	sonia moreira	equipa joao ferreira	Senior Feminino	06:24:16	+03:11:10	15:22
212	1252	Paulo Ribeiro	inquipa trail sorriso	Veterano M50	06:25:13	+03:12:07	15:25
213	1086	Susana Silva	edv-viana trail	Senior Feminino	06:26:29	+03:13:23	15:28
214	630	Pedro Lobo	individual	Senior Masculino	06:29:04	+03:15:58	15:34
215	1059	Carlos Martins	clube nortada - murtosa night runners	Senior Masculino	06:29:04	+03:15:58	15:34
216	1092	Goreti Varela	equipa joao ferreira	Veterana F40	06:29:22	+03:16:15	15:34
217	2253	Paulo Ferreira	minions	Veterano M50	06:35:08	+03:22:01	15:48
218	1220	J.Henrique Matos	individual	Veterano M40	06:36:02	+03:22:56	15:51
219	1083	Helena Maia	duros vl	Veterana F50	06:37:31	+03:24:24	15:54

HIGH RUN 25K - STAGE 1

25 KM

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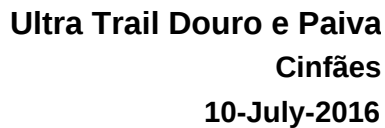
OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
220	1084	João Manuel Ferreira Marafona	duros vl	Veterano M40	06:37:31	+03:24:24	15:54
221	1152	Bruno Melo	individual	Senior Masculino	06:39:21	+03:26:14	15:58
222	1075	Cristina Dias	ctad - trilhos de cinfães	Veterana F40	06:39:54	+03:26:48	16:00
223	1273	Luciano Mendes da Costa	montanha clube trail running/runners	Senior Masculino	06:44:49	+03:31:42	16:12
224	1231	nuno morgado	individual	Veterano M40	06:46:22	+03:33:15	16:15
225	593	Soraia Vitoriano	individual	Senior Feminino	06:47:37	+03:34:31	16:18
226	1255	Rita Garcia Dias	juventude vidigalense	Veterana F40	06:48:24	+03:35:17	16:20
227	1297	Ana Trigo	os mariolas	Veterana F40	06:52:59	+03:39:53	16:31
228	1183	Paulo Mártires	individual	Senior Masculino	06:54:21	+03:41:14	16:34
229	1050	Cláudia Pinto	budeguita runners	Veterana F40	07:00:56	+03:47:50	16:50
230	1112	Fernando Vieira	gaia-running	Veterano M60	07:01:21	+03:48:14	16:51
231	1144	Sara Brandao	individual	Senior Feminino	07:02:50	+03:49:44	16:55
232	1284	NUNO PEREIRA	olimpico vianense trail/nd sport	Senior Masculino	07:02:52	+03:49:46	16:55
233	1009	Diana Tavares	ad quinta - atletismo	Senior Feminino	07:03:22	+03:50:16	16:56
234	1253	Célia Silva	juventude vidigalense	Veterana F40	07:03:56	+03:50:50	16:57
235	1334	Carla Barbosa	tai runners	Senior Feminino	07:14:08	+04:01:02	17:22
236	1141	Mónica Maria Ferreira Sá Costa Barbosa	individual	Senior Feminino	07:15:36	+04:02:30	17:25
237	2204	jorge caria	individual	Veterano M40	07:15:36	+04:02:30	17:25
238	652	Avelino Pereira de Sousa	individual	Veterano M40	07:16:04	+04:02:57	17:27
239	1162	Guilherme Oliveira	individual	Senior Masculino	07:17:12	+04:04:06	17:29
240	1169	Luís Feliciano	individual	Senior Masculino	07:31:53	+04:18:46	18:05
241	1222	Jorge Pinheiro	individual	Veterano M40	07:35:38	+04:22:32	18:14
242	1213	Graça Silva	individual	Veterana F50	07:36:50	+04:23:44	18:16
243	1264	Susana Faria	lion runners - g. d. leões da guarda	Senior Feminino	07:36:51	+04:23:44	18:16
244	1047	Paula Cristina	bootseals	Veterana F50	07:51:29	+04:38:22	18:52
245	723	Jorge Rocha	nascidos para correr	Senior Masculino	07:59:42	+04:46:35	19:11
246	1145	Sara Rocha	individual	Senior Feminino	08:00:37	+04:47:30	19:13
247	1058	ARTUR CARLOS MOREIRA SILVA	clube millennium bcp	Veterano M50	08:00:37	+04:47:31	19:14
248	1120	Walter Palma	ginásio clube português	Veterano M50	08:09:28	+04:56:21	19:35
249	1119	João Monge	ginásio clube português	Veterano M40	08:09:32	+04:56:25	19:35
250	1043	Diva Freitas	bootseals	Senior Feminino	08:20:00	+05:06:53	20:00
251	1045	Susana Ferreira	bootseals	Senior Feminino	08:20:01	+05:06:54	20:00
252	1042	Cláudia Madureira	bootseals	Senior Feminino	08:20:01	+05:06:54	20:00
253	1044	Marta Moutinho	bootseals	Senior Feminino	08:20:01	+05:06:55	20:00
254	1171	Márcio Pereira	individual	Senior Masculino	08:28:03	+05:14:56	20:19
255	1304	Oriana Moreira	pupis	Senior Feminino	08:31:42	+05:18:35	20:28
256	1303	Georgina Santos	pupis	Senior Feminino	08:31:42	+05:18:35	20:28
257	1354	Henrique Matos	individual	Veterano M40	08:43:46	+05:30:40	20:57
258	1239	Rui Vicente	individual	Veterano M40	08:43:50	+05:30:43	20:57
259	1212	Alice Viveiros	individual	Veterana F50	08:43:52	+05:30:45	20:57
260	1161	Francisco Gomes	individual	Senior Masculino	08:43:52	+05:30:46	20:57
261	1088	candida ines soares	equipa joao ferreira	Senior Feminino	08:44:03	+05:30:57	20:58
262	1315	Ana Rita Silva	s&h	Senior Feminino	08:48:09	+05:35:02	21:08
263	1316	Ricardo Heleno	s&h	Senior Masculino	08:48:09	+05:35:02	21:08
264	1299	Paulo Jorge Sousa Magalhães	ou vai ou racha	Veterano M40	08:48:53	+05:35:47	21:09



25 KM

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
265	1298	jose gentil almeida ferreira	ou vai ou racha	Veterano M40	08:48:53	+05:35:47	21:09
266	1113	Elisabete Repas	gaia-running	Veterana F40	08:48:58	+05:35:51	21:10

High Run 25K

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25 KM

OFFICIAL RESULT

[illegible]

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REVISED

	Time	Temperature	Humidity
Start	08:00	16.7°C	86%
End	16:48	16.7°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	1292	Daniela Russo	Oralklass-Amigos do Trail	Senior Feminino	03:54:15	09:22
2	1139	Hortense Tenda	Individual	Senior Feminino	04:26:47	+32:32 10:40
3	1122	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	04:30:23	+36:08 10:49
4	1146	Sergia Ariana Pinto	Individual	Senior Feminino	04:48:53	+54:38 11:33
5	1305	Claudia Silva	RAINHACLUB	Senior Feminino	05:17:55	+01:23:40 12:43
6	1081	Inês Pinto	DIMP	Senior Feminino	05:21:40	+01:27:25 12:52
7	1140	Mafalda Luís	Individual	Senior Feminino	05:27:59	+01:33:44 13:01
8	1331	Ana Rodrigues	Spotcriativo Viseu Running Team	Senior Feminino	05:42:39	+01:48:24 13:42
9	1069	Severina Almeida	CTAD - Trilhos de Cinfães	Senior Feminino	05:44:03	+01:49:48 13:46
10	1326	Sonia Dickmeyer	Salamandrecos	Senior Feminino	05:45:22	+01:51:07 13:49
11	1148	Sofia Réis	Individual	Senior Feminino	05:53:00	+01:58:45 14:07
12	1135	Elisabete Alves	Individual	Senior Feminino	05:58:38	+02:04:23 14:21
13	1108	Inês Carlos Cardoso	Fridão Sem Limites	Senior Feminino	06:00:11	+02:05:56 14:24
14	1017	Elisabete Araujo	All About Spirit Team	Senior Feminino	06:01:23	+02:07:08 14:27
15	1016	Daniela Marques	All About Spirit Team	Senior Feminino	06:01:24	+02:07:09 14:27
16	1100	MARLENE PINTO	FFit Gaia Trail	Senior Feminino	06:03:16	+02:09:01 14:32
17	1142	Patrícia Alexandra Batista Silva	Individual	Senior Feminino	06:09:27	+02:15:12 14:47
18	1131	Carla Mendes	Individual	Senior Feminino	06:09:27	+02:15:12 14:47
19	1130	Andreia Costa	Individual	Senior Feminino	06:09:27	+02:15:12 14:47
20	1064	Vera Manuela Cardoso da Silva	Companhia do Bazófiás	Senior Feminino	06:20:24	+02:26:09 15:13
21	1091	sonia moreira	EQUIPA JOAO FERREIRA	Senior Feminino	06:24:17	+02:30:02 15:22
22	1086	Susana Silva	EDV-VIANA TRAIL	Senior Feminino	06:26:30	+02:32:15 15:28
23	593	Soraia Vitoriano	Individual	Senior Feminino	06:47:38	+02:53:23 16:18
24	1144	Sara Brandao	Individual	Senior Feminino	07:02:51	+03:08:36 16:55
25	1009	Diana Tavares	AD Quinta - Atletismo	Senior Feminino	07:03:23	+03:09:08 16:56
26	1334	Carla Barbosa	Tai Runners	Senior Feminino	07:14:09	+03:19:54 17:22
27	1141	Mónica Maria Ferreira Sá Costa Barbosa	Individual	Senior Feminino	07:15:37	+03:21:22 17:25
28	1264	Susana Faria	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Feminino	07:36:51	+03:42:36 18:16
29	1145	Sara Rocha	Individual	Senior Feminino	08:00:37	+04:06:22 19:13
30	1043	Diva Freitas	BootSeals	Senior Feminino	08:20:00	+04:25:45 20:00
31	1045	Susana Ferreira	BootSeals	Senior Feminino	08:20:01	+04:25:46 20:00
32	1042	Cláudia Madureira	BootSeals	Senior Feminino	08:20:01	+04:25:46 20:00
33	1044	Marta Moutinho	BootSeals	Senior Feminino	08:20:02	+04:25:47 20:00
34	1304	Oriana Moreira	Pupis	Senior Feminino	08:31:42	+04:37:27 20:28
35	1303	Georgina Santos	Pupis	Senior Feminino	08:31:42	+04:37:27 20:28
36	1088	candida ines soares	EQUIPA JOAO FERREIRA	Senior Feminino	08:44:04	+04:49:49 20:58
37	1315	Ana Rita Silva	S&H	Senior Feminino	08:48:09	+04:53:54 21:08

Official Timekeeper: Lap2Go	1 / 7	generate 15-Jul-2016 12:31
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High Run 25K

25 KM

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Senior Masculino

1	1173	Mauro Filipe Reis Coelho	Individual	Senior Masculino	03:19:17	07:58
2	1125	Luís Pedro Ferreira de Sousa Martins	GTT-Armazém do Caffè	Senior Masculino	03:22:40	+03:23 08:06
3	1290	Tiago Bastos	Oralklass-Amigos do Trail	Senior Masculino	03:33:14	+13:57 08:32
4	1096	José Rodrigues	Experienciar/Barceltécnica/Sportso nfire	Senior Masculino	03:35:50	+16:33 08:38
5	1344	Paulo Vaz	XL&S TRAIL	Senior Masculino	03:35:56	+16:39 08:38
6	1185	Pedro Martins	Individual	Senior Masculino	03:39:02	+19:45 08:46
7	1313	Paulo Pires	Runners do Demo	Senior Masculino	03:40:16	+20:59 08:49
8	1294	Filipe Pinto	Os Lobos do Saibro	Senior Masculino	03:40:57	+21:40 08:50
9	1282	Fernando Alves	Olimpico Vianense Trail/ND Sport	Senior Masculino	03:41:17	+22:00 08:51
10	1295	Marco Brochado	Os Lobos do Saibro	Senior Masculino	03:41:18	+22:01 08:51
11	1193	Rui Pedro Pinto	Individual	Senior Masculino	03:46:41	+27:24 09:04
12	1321	Vitor Rio	S. S. Montepio	Senior Masculino	03:49:26	+30:09 09:11
13	1071	João Cardoso	CTAD - Trilhos de Cinfães	Senior Masculino	03:51:27	+32:10 09:15
14	1015	Luis Miranda	AERGois Trail Running	Senior Masculino	03:53:52	+34:35 09:21
15	1286	Francisco Figueiredo	Oralklass-Amigos do Trail	Senior Masculino	03:54:15	+34:58 09:22
16	1285	Andre Nogueira	Oralklass-Amigos do Trail	Senior Masculino	03:54:24	+35:07 09:23
17	17	Emanuel Alexandre Custodio Machado	Centro Vicentino da Serra	Senior Masculino	03:54:45	+35:28 09:23
18	1014	João Carlos Rodrigues Miranda	AERGois Trail Running	Senior Masculino	03:58:29	+39:12 09:32
19	1291	Rui Pereira	Oralklass-Amigos do Trail	Senior Masculino	04:06:01	+46:44 09:50
20	1190	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	04:14:55	+55:38 10:12
21	1006	Rui Teixeira	A.D Sebolido Trail boneca D´ouro	Senior Masculino	04:17:12	+57:55 10:17
22	1265	José Sá	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:18:28	+59:11 10:20
23	2282	Luis Lopes	Oralklass-Amigos do Trail	Senior Masculino	04:19:07	+59:50 10:22
24	1180	Nuno Miguel Conceição Coelho	Individual	Senior Masculino	04:21:57	+01:02:40 10:29
25	1198	Vítor Paulo Duarte Caldeira	Individual	Senior Masculino	04:22:15	+01:02:58 10:29
26	1021	Nelson Nascimento	Amigo	Senior Masculino	04:22:41	+01:03:24 10:30
27	1020	José Madureira	Amigo	Senior Masculino	04:22:41	+01:03:24 10:30
28	1110	Luís Miguel Brás Pinto	Fridão Sem Limites	Senior Masculino	04:23:18	+01:04:01 10:32
29	1283	MARCO MACIEL	Olimpico Vianense Trail/ND Sport	Senior Masculino	04:23:54	+01:04:37 10:33
30	1008	Tiago Sousa	A.D Sebolido Trail boneca D´ouro	Senior Masculino	04:24:52	+01:05:35 10:36
31	1268	Jorge Manuel Santos Henriques	Lourival Bike Team	Senior Masculino	04:27:16	+01:07:59 10:41
32	1260	Joao Miguel Gomes da Silva	Limitless	Senior Masculino	04:27:32	+01:08:15 10:42
33	1167	Jorge Miguel Abreu Barbosa	Individual	Senior Masculino	04:27:39	+01:08:22 10:42
34	1061	Daniel Mendes Pinto	Clube SEM	Senior Masculino	04:27:50	+01:08:33 10:43
35	1123	Manuel silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	04:30:02	+01:10:45 10:48
36	1124	PEDRO MATOS	GONDOMAR FUTSAL CLUBE	Senior Masculino	04:34:23	+01:15:06 10:59
37	1182	Patrick Sousa	Individual	Senior Masculino	04:35:41	+01:16:24 11:02
38	1279	Paulo Colaço	NOCTURNOS DE PAREDES	Senior Masculino	04:36:27	+01:17:10 11:03
39	1178	Norberto Fernandes	Individual	Senior Masculino	04:36:36	+01:17:19 11:04
40	1328	Rodolfo Orfão	Sinmetro	Senior Masculino	04:37:06	+01:17:49 11:05
41	1287	David Morais	Oralklass-Amigos do Trail	Senior Masculino	04:39:28	+01:20:11 11:11
42	1181	Nuno Ricardo santos Alves lage oliveira	Individual	Senior Masculino	04:41:50	+01:22:33 11:16
43	1347	Ricardo Miguelote	Individual	Senior Masculino	04:44:50	+01:25:33 11:24

Official Timekeeper: Lap2Go	2 / 7	generate 15-Jul-2016 12:31
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High Run 25K

25 KM

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OFFICIAL RESULT

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44	1196	Tiago Brandão	Individual	Senior Masculino	04:45:31	+01:26:14	11:25
45	1105	Pedro Oliveira	Flash Machine Runners	Senior Masculino	04:46:52	+01:27:35	11:28
46	1074	Pedro Mouta	CTAD - Trilhos de Cinfães	Senior Masculino	04:50:38	+01:31:21	11:38
47	1157	Diego Todescato	Individual	Senior Masculino	04:50:48	+01:31:31	11:38
48	1318	Hugo Lopes	S. S. Montepio	Senior Masculino	04:52:29	+01:33:12	11:42
49	1158	Filipe Daniel Carvalho Pereira Feijó Amorim	Individual	Senior Masculino	04:54:06	+01:34:49	11:46
50	1266	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	04:56:28	+01:37:11	11:52
51	1150	António Fonseca	Individual	Senior Masculino	04:56:31	+01:37:14	11:52
52	1156	David Camelo	Individual	Senior Masculino	04:58:43	+01:39:26	11:57
53	1165	Hugo André Couto	Individual	Senior Masculino	05:00:04	+01:40:47	12:00
54	1289	José Santos	Oralklass-Amigos do Trail	Senior Masculino	05:00:39	+01:41:22	12:02
55	1317	Emanuel Almeida	S. S. Montepio	Senior Masculino	05:03:12	+01:43:55	12:08
56	1106	Ricardo Monteiro	Flash Machine Runners	Senior Masculino	05:07:16	+01:47:59	12:17
57	1175	Miguel Pimenta	Individual	Senior Masculino	05:09:36	+01:50:19	12:23
58	1164	Hélder Viegas	Individual	Senior Masculino	05:10:00	+01:50:43	12:24
59	1038	Ricardo Magalhães	As Belas e Eles	Senior Masculino	05:10:25	+01:51:08	12:25
60	1036	Carlos Magalhães	As Belas e Eles	Senior Masculino	05:10:25	+01:51:08	12:25
61	1037	Hugo Valqueresma	As Belas e Eles	Senior Masculino	05:10:25	+01:51:08	12:25
62	1039	Ricardo Tavares	As Belas e Eles	Senior Masculino	05:10:25	+01:51:08	12:25
63	1095	Rui Filipe Fernandes de Vasconcelos Rocha	EU+ Run	Senior Masculino	05:10:37	+01:51:20	12:25
64	1010	André Silva	AD Quinta - Atletismo	Senior Masculino	05:14:30	+01:55:13	12:35
65	1306	Hugo Costa	RAINHACLUB	Senior Masculino	05:17:55	+01:58:38	12:43
66	1308	Pedro Henriques	RAINHACLUB	Senior Masculino	05:17:55	+01:58:38	12:43
67	1172	Marcos Silva	Individual	Senior Masculino	05:20:04	+02:00:47	12:48
68	1166	Jorge Carneiro	Individual	Senior Masculino	05:21:08	+02:01:51	12:51
69	1082	Domingos Martins	DIMP	Senior Masculino	05:21:40	+02:02:23	12:52
70	1262	Renato Lino Ribeiro	Limitless	Senior Masculino	05:23:34	+02:04:17	12:57
71	1109	Gustavo Bento	Fridão Sem Limites	Senior Masculino	05:28:06	+02:08:49	13:07
72	1028	NUNO FILIPE FERNANDES	ARCORUN	Senior Masculino	05:29:10	+02:09:53	13:10
73	1149	André Micael Carrasqueira António	Individual	Senior Masculino	05:29:31	+02:10:14	13:11
74	1107	Amilcar Lopes	FLECHAS RUNNERS	Senior Masculino	05:32:27	+02:13:10	13:18
75	1065	Artur José Pinto Mendes da Costa	Companhia do Bazófiás	Senior Masculino	05:33:00	+02:13:43	13:19
76	1018	Fábio Miranda	Amigo	Senior Masculino	05:33:06	+02:13:49	13:19
77	1174	Miguel Mendes	Individual	Senior Masculino	05:38:41	+02:19:24	13:33
78	1026	ANTONIO BATISTA	ARCORUN	Senior Masculino	05:39:55	+02:20:38	13:36
79	1003	André Rodrigues	30OVER30.ORG	Senior Masculino	05:41:12	+02:21:55	13:39
80	1332	Hugo Costa	Spotcriativo Viseu Running Team	Senior Masculino	05:42:39	+02:23:22	13:42
81	1070	Bruno Costa	CTAD - Trilhos de Cinfães	Senior Masculino	05:44:04	+02:24:47	13:46
82	1159	Filipe Nascimento	Individual	Senior Masculino	05:44:14	+02:24:57	13:46
83	751	André Riscado	Salamandrecos	Senior Masculino	05:45:22	+02:26:05	13:49
84	1179	Nuno Cardoso	Individual	Senior Masculino	05:46:00	+02:26:43	13:50
85	1127	Marco Guerra	GyDArun	Senior Masculino	05:46:23	+02:27:06	13:51
86	719	Paulo Pires	Moreira Relax Runners	Senior Masculino	05:48:26	+02:29:09	13:56
87	614	jose andrade	Individual	Senior Masculino	05:53:01	+02:33:44	14:02

Official Timekeeper: Lap2Go	3 / 7	generate 15-Jul-2016 12:31
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High Run 25K

25 KM

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OFFICIAL RESULT

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88	1011	Nelson	AD Quinta - Atletismo	Senior Masculino	05:53:26	+02:34:09	14:08
89	1257	Daniel Pinto	KOMOKUNOMATO	Senior Masculino	05:56:30	+02:37:13	14:16
90	1197	Vítor Manuel Dias Gonçalves	Individual	Senior Masculino	05:58:38	+02:39:21	14:21
91	34	Afonso Goncalves	Individual	Senior Masculino	06:00:37	+02:41:20	14:25
92	1151	António José Ferreira	Individual	Senior Masculino	06:00:54	+02:41:37	14:26
93	1188	Ricardo Dias	Individual	Senior Masculino	06:06:14	+02:46:57	14:39
94	1168	José Manuel Pinto	Individual	Senior Masculino	06:09:35	+02:50:18	14:47
95	1319	João Pedro Barbosa	S. S. Montepio	Senior Masculino	06:10:17	+02:51:00	14:49
96	1184	Paulo pinto	Individual	Senior Masculino	06:11:14	+02:51:57	14:51
97	1192	Rui Pedro Dias Botelho	Individual	Senior Masculino	06:11:48	+02:52:31	14:52
98	1349	Gabriel Oliveira Rodrigues	GAIA-RUNNING	Senior Masculino	06:14:29	+02:55:12	14:59
99	1275	António Pereira	MULAS DA COOPERATIVA	Senior Masculino	06:18:24	+02:59:07	15:08
100	630	Pedro Lobo	Individual	Senior Masculino	06:29:05	+03:09:48	15:34
101	1059	Carlos Martins	Clube Nortada - Murtosa Night Runners	Senior Masculino	06:29:05	+03:09:48	15:34
102	1152	Bruno Melo	Individual	Senior Masculino	06:39:21	+03:20:04	15:58
103	1273	Luciano Mendes da Costa	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Senior Masculino	06:44:49	+03:25:32	16:12
104	1183	Paulo Mártires	Individual	Senior Masculino	06:54:21	+03:35:04	16:34
105	1284	NUNO PEREIRA	Olimpico Vianense Trail/ND Sport	Senior Masculino	07:02:53	+03:43:36	16:55
106	1162	Guilherme Oliveira	Individual	Senior Masculino	07:17:13	+03:57:56	17:29
107	1169	Luís Feliciano	Individual	Senior Masculino	07:31:53	+04:12:36	18:05
108	723	Jorge Rocha	Nascidos para correr	Senior Masculino	07:59:42	+04:40:25	19:11
109	1171	Márcio Pereira	Individual	Senior Masculino	08:28:03	+05:08:46	20:19
110	1161	Francisco Gomes	Individual	Senior Masculino	08:43:53	+05:24:36	20:57
111	1316	Ricardo Heleno	S&H	Senior Masculino	08:48:09	+05:28:52	21:08

Veterana F40

1	1062	Carla Cristina Leite	Clube SEM	Veterana F40	04:19:56	10:24
2	1023	Goreti Correia	Amigo	Veterana F40	04:47:06	+27:10 11:29
3	1001	Sandra Arribança	100Fôlego	Veterana F40	05:07:16	+47:20 12:17
4	1203	helen a gomes	Individual	Veterana F40	05:10:58	+51:02 12:26
5	1309	Dulce Bastos	RAINHACLUB	Veterana F40	05:17:55	+57:59 12:43
6	1329	Cristina Barros	Sinmetro	Veterana F40	05:19:11	+59:15 12:46
7	1076	Isabel Almeida	CTAD - Trilhos de Cinfães	Veterana F40	05:21:43	+01:01:47 12:52
8	1207	Palmira Gouveia	Individual	Veterana F40	05:25:22	+01:05:26 13:01
9	1301	Sara Velho	PROAVENTURAS	Veterana F40	05:27:56	+01:08:00 13:07
10	1200	Elisabete Carreira	Individual	Veterana F40	05:28:01	+01:08:05 13:07
11	1204	Isabel Carvalho	Individual	Veterana F40	05:35:47	+01:15:51 13:26
12	1327	Magda Barbosa	Salamandrecos	Veterana F40	05:45:23	+01:25:27 13:49
13	1208	Paula Anjos	Individual	Veterana F40	05:49:50	+01:29:54 14:00
14	1256	Eugénia Teixeira	keepmoving	Veterana F40	05:49:50	+01:29:54 14:00
15	1209	Paula Silva	Individual	Veterana F40	05:56:30	+01:36:34 14:16
16	1254	Rita Carreira Pedrosa	Juventude Vidigalense	Veterana F40	06:14:29	+01:54:33 14:59
17	1126	Carla Silva	GyDARun	Veterana F40	06:21:58	+02:02:02 15:17
18	1092	Goreti Varela	EQUIPA JOAO FERREIRA	Veterana F40	06:29:22	+02:09:26 15:34

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High Run 25K

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25 KM

OFFICIAL RESULT

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19	1075	Cristina Dias	CTAD - Trilhos de Cinfães	Veterana F40	06:39:55	+02:19:59	16:00
20	1255	Rita Garcia Dias	Juventude Vidigalense	Veterana F40	06:48:24	+02:28:28	16:20
21	1297	Ana Trigo	Os Mariolas	Veterana F40	06:53:00	+02:33:04	16:31
22	1050	Cláudia Pinto	BUDEGUITA RUNNERS	Veterana F40	07:00:57	+02:41:01	16:50
23	1253	Célia Silva	Juventude Vidigalense	Veterana F40	07:03:57	+02:44:01	16:57
24	1113	Elisabete Repas	GAIA-RUNNING	Veterana F40	08:48:58	+04:29:02	21:10

Veterana F50

1	1248	Carla Maria Gil	INQUIPA TRAIL SORRISO	Veterana F50	05:47:23	13:54
2	1083	Helena Maia	DUROS VL	Veterana F50	06:37:31	+50:08 15:54
3	1213	Graça Silva	Individual	Veterana F50	07:36:51	+01:49:28 18:16
4	1047	Paula Cristina	BootSeals	Veterana F50	07:51:29	+02:04:06 18:52
5	1212	Alice Viveiros	Individual	Veterana F50	08:43:52	+02:56:29 20:57

Veterano M40

1	1325	ARMANDINO TABORDA	SACTECNOSOL Outdoor LaSportiva	Veterano M40	03:13:07	07:43
2	1025	Manuel Barbosa	Amigo	Veterano M40	03:24:54	+11:47 08:12
3	1300	jose rosario	porto de mos a correr	Veterano M40	03:28:50	+15:43 08:21
4	1040	Carlos Fernandes	As Belas e Eles	Veterano M40	03:46:43	+33:36 09:04
5	1346	luis Magalhães	XL&S TRAIL	Veterano M40	03:47:33	+34:26 09:06
6	1345	José Carlos Roque da Costa	XL&S TRAIL	Veterano M40	03:54:00	+40:53 09:22
7	1270	Hugo Romano	Moinhos Run ADRM	Veterano M40	03:54:57	+41:50 09:24
8	1296	Duarte Gil Barbosa	All About Spirit Team	Veterano M40	04:09:23	+56:16 09:59
9	1031	JORGE GOMES	ARCORUN	Veterano M40	04:17:34	+01:04:27 10:18
10	1314	JOSE SILVA FERNANDES	Runners do Demo	Veterano M40	04:19:33	+01:06:26 10:23
11	1336	António Reis	Taylor's	Veterano M40	04:21:15	+01:08:08 10:27
12	1080	Viriato Dias	CTAD - Trilhos de Cinfães	Veterano M40	04:22:13	+01:09:06 10:29
13	1323	Jose Nuno Costa	S. S. Montepio	Veterano M40	04:22:38	+01:09:31 10:30
14	1111	Manuel Avelino Reis Pinheiro	Fridão Sem Limites	Veterano M40	04:26:57	+01:13:50 10:41
15	1077	António Correia	CTAD - Trilhos de Cinfães	Veterano M40	04:29:37	+01:16:30 10:47
16	1333	Renato Ferreira	Spotcriativo Viseu Running Team	Veterano M40	04:29:39	+01:16:32 10:47
17	1221	João Martinho de Azevedo Sousa	Individual	Veterano M40	04:29:39	+01:16:32 10:47
18	1225	José Luís Pinto	Individual	Veterano M40	04:29:45	+01:16:38 10:47
19	1029	AMILCAR FERREIRA	ARCORUN	Veterano M40	04:37:27	+01:24:20 11:06
20	1322	João Nuno Cardoso	S. S. Montepio	Veterano M40	04:38:32	+01:25:25 11:08
21	1271	Pedro Vieira	Moinhos Run ADRM	Veterano M40	04:38:50	+01:25:43 11:09
22	1351	Mario Ferreira	Individual	Veterano M40	04:42:17	+01:29:10 11:17
23	1219	helder Rodrigues	Individual	Veterano M40	04:45:32	+01:32:25 11:25
24	1035	VITOR FOLGADO	ARCORUN	Veterano M40	04:49:46	+01:36:39 11:35
25	1093	Francisco Fonseca	EQUIPA JOAO FERREIRA	Veterano M40	04:50:44	+01:37:37 11:38
26	1249	João Ferreira	INQUIPA TRAIL SORRISO	Veterano M40	04:51:47	+01:38:40 11:40
27	1236	Pedro Brandão Gomes	Individual	Veterano M40	04:53:00	+01:39:53 11:43
28	1311	José Maria leal	ROSÁRIO EXTREME	Veterano M40	04:53:26	+01:40:19 11:44

High Run 25K

25 KM

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OFFICIAL RESULT

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29	1232	Oscar silva	Individual	Veterano M40	04:59:57	+01:46:50	12:00
30	1227	Lúcio Simão Morais Ferreira da Cunha	Individual	Veterano M40	05:08:59	+01:55:52	12:22
31	1102	Fernando Jorge Oliveira	FFit Gaia Trail	Veterano M40	05:11:16	+01:58:09	12:27
32	1005	Martinho	30OVER30.ORG	Veterano M40	05:13:14	+02:00:07	12:32
33	1033	JORGE SANTOS SILVA	ARCORUN	Veterano M40	05:14:45	+02:01:38	12:35
34	1237	Pedro Martins	Individual	Veterano M40	05:18:05	+02:04:58	12:43
35	1338	NELSON DUARTE	THE OUTSIDERS RUNNING TRAIL TEAM	Veterano M40	05:24:30	+02:11:23	12:59
36	1224	JOSE CARVALHO	Individual	Veterano M40	05:25:02	+02:11:55	13:00
37	1310	Porfírio Pereira	RAINHACLUB	Veterano M40	05:29:54	+02:16:47	13:12
38	1094	Orlando Costa	EQUIPA JOAO FERREIRA	Veterano M40	05:29:54	+02:16:47	13:12
39	1032	JORGE LEITE	ARCORUN	Veterano M40	05:31:17	+02:18:10	13:15
40	1234	Paulo Martins	Individual	Veterano M40	05:35:45	+02:22:38	13:26
41	1216	Duarte Paulo Ribeiro	Individual	Veterano M40	05:35:47	+02:22:40	13:26
42	1238	Pedro Quadrio	Individual	Veterano M40	05:35:54	+02:22:47	13:26
43	1278	Rui Jorge Moreira Freitas	Nice Runners	Veterano M40	05:40:07	+02:27:00	13:36
44	1226	JOSE RODRIGUES COSTA	Individual	Veterano M40	05:40:38	+02:27:31	13:38
45	1233	Paolo Pozzan	Individual	Veterano M40	05:44:27	+02:31:20	13:47
46	1240	Rui Gandra	Individual	Veterano M40	05:44:35	+02:31:28	13:47
47	753	Bruno Mesquita	Salamandrecos	Veterano M40	05:45:22	+02:32:15	13:49
48	1004	Eduardo Rodrigues	30OVER30.ORG	Veterano M40	05:46:23	+02:33:16	13:51
49	1215	David Paulo Vieira Costa	Individual	Veterano M40	05:47:36	+02:34:29	13:54
50	721	Helder Fernando Silva	Moreira Relax Runners	Veterano M40	05:48:25	+02:35:18	13:56
51	1277	Pedro Alves	Nice Runners	Veterano M40	05:52:10	+02:39:03	14:05
52	1078	Humberto Almeida	CTAD - Trilhos de Cinfães	Veterano M40	05:53:04	+02:39:57	14:07
53	1057	NUNO FERNANDO ANDRADE MENDES	Clube Millennium BCP	Veterano M40	05:59:54	+02:46:47	14:24
54	1250	Paulo Costa	INQUIPA TRAIL SORRISO	Veterano M40	06:00:24	+02:47:17	14:25
55	1350	Nuno Henrique	Individual	Veterano M40	06:03:16	+02:50:09	14:32
56	1217	Eduardo Pinto	Individual	Veterano M40	06:06:31	+02:53:24	14:40
57	1235	Paulo Ribeiro de Sousa	Individual	Veterano M40	06:16:39	+03:03:32	15:04
58	1002	Carlos Vilaça	100Fôlego	Veterano M40	06:17:01	+03:03:54	15:05
59	1129	Paulo Nicolau	GyDARun	Veterano M40	06:21:58	+03:08:51	15:17
60	1128	Paulo Aparício	GyDARun	Veterano M40	06:21:59	+03:08:52	15:17
61	1220	J.Henrique Matos	Individual	Veterano M40	06:36:03	+03:22:56	15:51
62	1084	João Manuel Ferreira Marafona	DUROS VL	Veterano M40	06:37:31	+03:24:24	15:54
63	1231	nuno morgado	Individual	Veterano M40	06:46:22	+03:33:15	16:15
64	2204	jorge caria	Individual	Veterano M40	07:15:37	+04:02:30	17:25
65	652	Avelino Pereira de Sousa	Individual	Veterano M40	07:16:04	+04:02:57	17:27
66	1222	Jorge Pinheiro	Individual	Veterano M40	07:35:39	+04:22:32	18:14
67	1119	João Monge	Ginásio Clube Português	Veterano M40	08:09:32	+04:56:25	19:35
68	1354	Henrique Matos	Individual	Veterano M40	08:43:47	+05:30:40	20:57
69	1239	Rui Vicente	Individual	Veterano M40	08:43:50	+05:30:43	20:57
70	1299	Paulo Jorge Sousa Magalhães	Ou vai ou racha	Veterano M40	08:48:54	+05:35:47	21:09
71	1298	jose gentil almeida ferreira	Ou vai ou racha	Veterano M40	08:48:54	+05:35:47	21:09

High Run 25K

25 KM

LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION - LAP2G0 - TIMING SOLUTION

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OFFICIAL RESULT

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Veterano M50

1	1054	JOSÉ MOTA	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M50	03:37:56	08:43
2	1242	Fernando Alberto Da Silva Ramos	Individual	Veterano M50	04:11:28	+33:32 10:04
3	1274	Renato Barros	MONTANHA CLUBE TRAIL RUNNING/RUNNERS	Veterano M50	04:26:47	+48:51 10:40
4	1243	Flávio Rebelo	Individual	Veterano M50	04:42:36	+01:04:40 11:18
5	1053	JOSE MIGUEL CRUZ PINTO	CICLISTAS CÓSMICOS - GISLÓTICA	Veterano M50	05:11:04	+01:33:08 12:27
6	1048	Fernando Barbosa	BootSeals	Veterano M50	05:20:49	+01:42:53 12:50
7	1276	VitorManuel Henriques Pereira Santos	Nel-Pédatléta	Veterano M50	05:24:00	+01:46:04 12:58
8	1241	Carlos Correia	Individual	Veterano M50	05:25:22	+01:47:26 13:01
9	1272	Rui Quinta	Moinhos Run ADRM	Veterano M50	05:27:29	+01:49:33 13:06
10	1267	Luis Almeida	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M50	05:35:55	+01:57:59 13:26
11	1312	Francisco Costa	ROSÁRIO EXTREME	Veterano M50	05:47:24	+02:09:28 13:54
12	2324	Jose Lima	O Mundo da Corrida	Veterano M50	05:47:44	+02:09:48 13:55
13	1103	RUI SÁ	FFit Gaia Trail	Veterano M50	06:16:52	+02:38:56 15:04
14	1252	Paulo Ribeiro	INQUIPA TRAIL SORRISO	Veterano M50	06:25:14	+02:47:18 15:25
15	2253	Paulo Ferreira	Minions	Veterano M50	06:35:08	+02:57:12 15:48
16	1058	ARTUR CARLOS MOREIRA SILVA	Clube Millennium BCP	Veterano M50	08:00:38	+04:22:42 19:14
17	1120	Walter Palma	Ginásio Clube Português	Veterano M50	08:09:28	+04:31:32 19:35

Veterano M60

1	1112	Fernando Vieira	GAIA-RUNNING	Veterano M60	07:01:21	16:51
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Official Timekeeper: Lap2Go	1 / 1	generate 15-Jul-2016 12:33
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