

Lugar	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Jose Francisco Ramalho Banha	Beja atletico clube	105	00:52:16.491	----
2	paulo ferreira	pinhal novo a correr	174	00:52:22.244	00:00:05.753
3	Nuno Filipe Pereira	-----	87	00:52:49.775	00:00:33.284
4	Pedro Vieira	Estrela Futebol Clube	311	00:53:26.664	00:01:10.173
5	luis miguel santos cruz	Escola de Atletismo do Montijo-A.F.D.D	62	00:53:31.680	00:01:15.189
6	joao filipe da silva recto	Escola de Atletismo do Montijo-A.F.D.D	55	00:53:39.685	00:01:23.194
7	Joaquim Manuel Prates Santos	C.C.D matriz Borba trail	179	00:56:30.242	00:04:13.751
8	Rafael Moutinho Carvalho	Escola de Atletismo do Montijo - A.F.D.D.	183	00:56:53.107	00:04:36.616
9	Carlos Francisco Pedrosa Ferreira da Silva	Estrela Futebol Clube	316	00:57:02.223	00:04:45.732
10	Filipe Pedrosa Carvalheiro	Gau Bajouca	119	00:57:07.688	00:04:51.197
11	Ricardo Isabel Silva	-----	205	00:57:28.688	00:05:12.197
12	Vitor Manuel Pica Candeias	Escola de Atletismo do Montijo-A.F.D.D	61	00:57:59.588	00:05:43.097
13	Carlos Caldeira	Café avenida—Cacela Algarve	185	00:58:15.032	00:05:58.541
14	Vasco Agostinho	-----	133	00:58:20.544	00:06:04.053
15	Paulo Nuno Semedo Viegas	Estrela Futebol Clube	315	00:58:41.486	00:06:24.995
16	Fernando Ferreira	Clube Desportivo Recreativo Ribeirinho da Baixa da Banheira	37	00:59:20.136	00:07:03.645
17	Pedro Stevens	Clube Desportivo Recreativo Ribeirinho da Baixa da Banheira	39	00:59:23.553	00:07:07.062
18	Lúcio Monteiro	G.D.S.Sebastião de Canha	176	00:59:26.816	00:07:10.325
19	josé canoa	gafanhori	153	00:59:37.272	00:07:20.781
20	Ezequiel Alves Fernandes	Palmelense Futebol Clube	43	01:00:17.152	00:08:00.661
21	António Augusto Rosado	Estrela Futebol Clube	110	01:00:27.915	00:08:11.424
22	João Cruz	Escola de Atletismo do Montijo-A.F.D.D	60	01:01:21.951	00:09:05.460
23	José Carlos	Clube Desportivo Recreativo Ribeirinho da Baixa da Banheira	36	01:01:30.611	00:09:14.120
24	Francisco ferro	-----	77	01:01:47.903	00:09:31.412
25	Raúl Carvalho	Escola de Atletismo do Montijo-A.F.D.D	57	01:02:24.633	00:10:08.142
26	Joaquim José da Costa costa	Falcões Selvagens	310	01:03:39.607	00:11:23.116
27	João Paulo Miranda	Individual	116	01:04:15.075	00:11:58.584
28	José Pires	Clube Desportivo Recreativo Ribeirinho da Baixa da Banheira	38	01:04:23.439	00:12:06.948
29	Mário Moita	Pinhal Novo a Correr	126	01:04:49.240	00:12:32.749
30	José Rodrigues	Pernas Tortas	12	01:05:49.204	00:13:32.713
31	Antonio José guerra Ferreira	Centro Marcha Corrida Alenquer	100	01:06:00.086	00:13:43.595
32	Jorge Sobrinho	Cartoon	34	01:06:33.356	00:14:16.865
33	Luis Filipe Silva Martins	Lavre running	111	01:07:06.648	00:14:50.157
34	Paulo Gaudêncio	Árbitros de Vendas Novas	97	01:07:10.124	00:14:53.633
35	José Manuel dos Santos Carvalho	Estrela Futebol Clube	317	01:07:12.913	00:14:56.422
36	Andriy Tkachenko	-----	164	01:08:44.824	00:16:28.333
37	Pedro Ribeiro	G.D.S.Sebastião de Canha	251	01:08:50.073	00:16:33.582
38	João Sousa	Tálenos Team	308	01:09:40.748	00:17:24.257
39	João Pinto	Não tenho	99	01:10:45.890	00:18:29.399
40	Paulo Jorge Guerreiro	Arrábida Obstacle Runners	148	01:11:38.153	00:19:21.662
41	José Gamito	Associação de Atletismo Lebres do Sado	32	01:13:20.929	00:21:04.438
42	Paulo Forca	Árbitros de Vendas Novas	64	01:14:49.256	00:22:32.765
43	Nelson António Briando Piteira	arbitros de vendas novas	158	01:14:51.449	00:22:34.958

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44	Toninho Espadinha	Escola de Atletismo do Montijo-A.F.D.D	216	01:17:23.017	00:25:06.526
45	Carlos Valente	piscina Montijo	273	01:17:49.215	00:25:32.724
46	Aníbal Matos	NAO	104	01:23:03.604	00:30:47.113
47	André Almeida Batista	G.D.S.Sebastião de Canha	211	01:26:15.474	00:33:58.983
48	Helder Jorge das Dores Garcês	não tenho	286	01:29:44.148	00:37:27.657
49	Diamantino Costa	Árbitros de vendas novas	76	01:30:35.073	00:38:18.582
50	João Ezequiel	Árbitros de Vendas Novas	18	01:32:19.802	00:40:03.311
51	José Pedro Rocha Figueiredo	No Limits	168	01:32:39.906	00:40:23.415
52	Paulo Nunes	Tálenos Team	177	01:38:00.869	00:45:44.378
53	Carlos Fernandes	Tálenos Team	202	01:38:13.949	00:45:57.458
54	Tiago Rosa	Os nés	136	01:40:05.563	00:47:49.072
55	Pedro Durães	Pinhal Novo a Correr	101	01:47:22.574	00:55:06.083
56	Ricardo Sá	4Run	134	01:58:00.588	01:05:44.097
57	Maria Angélica Xavier Cardoso	Tálenos Team	186	02:12:03.527	01:19:47.036
58	MÁRIO EMÍDIO	TÁLENOS TEAM	69	02:12:26.019	01:20:09.528
FEMININO					
1	Maria Fernandes	Tálenos Team	201	01:05:12.784	----
2	CRISTINA MARIA FROTA	-----	150	01:07:15.545	00:02:02.761
3	Zélia Pedro	Moita Running	79	01:11:32.936	00:06:20.152
4	Sílvia Galveia	Escola de Atletismo do Montijo-A.F.D.D	51	01:14:13.104	00:09:00.320
5	Ana teixeira	Arrábida obstacle runners	189	01:15:32.985	00:10:20.201
6	Sónia Rijo	Tálenos Team	305	01:17:14.863	00:12:02.079
7	Sandra Pereira	Arrábida Obstacle Runners	163	01:18:12.592	00:12:59.808
8	Célia Afonso	Tálenos team	89	01:19:34.892	00:14:22.108
9	Antónia Furtado	Pernas Tortas	13	01:22:05.551	00:16:52.767
10	Patrícia Pinto	Os nés	135	01:22:36.272	00:17:23.488
11	Alexandra Carinhas Carvalhão	G.D.S.Sebastião de Canha	103	01:23:10.724	00:17:57.940
12	MARIA JOÃO EMÍDIO	TÁLENOS TEAM	5	01:23:18.236	00:18:05.452
13	Rosa Oliveira	G.D.S. Sebastião de Canha	212	01:23:32.194	00:18:19.410
14	maria emília	Tálenos Team	138	01:24:16.741	00:19:03.957
15	Daniela Carinhas Carvalhão	G.D.S.Sebastião de Canha	209	01:25:00.015	00:19:47.231
16	Olga Zagalo	tálenos team	302	01:26:21.116	00:21:08.332
17	cremilde raposo	Tálenos Team	28	01:28:41.145	00:23:28.361
18	Armanda	Armanda	124	01:29:00.326	00:23:47.542
19	Elisabete Ramos Lourenço	Tálenos Team	23	01:32:14.595	00:27:01.811
20	Helena Pedradas	-----	30	01:32:16.247	00:27:03.463
21	Linda Lavado Ribeiro	G.D.S.Sebastião de Canha	252	01:34:13.182	00:29:00.398
22	Beatriz Maria da Silva e Sousa	Tálenos Team	6	01:34:28.729	00:29:15.945
23	FERNANDA Maria VIEIRA	Tálenos Team	11	01:35:13.050	00:30:00.266
24	marines campos de oliveira	Évora Night Runners	300	01:37:54.010	00:32:41.226
25	Isabel Nunes	Tálenos Team	178	01:38:08.542	00:32:55.758
26	Helena Maria Dores	Tálenos team	4	01:40:21.265	00:35:08.481
27	Olinda Rosa Serrador	Domingueira vendas novas	24	01:42:38.438	00:37:25.654
28	Amélia Pereira	Individual	75	01:42:54.791	00:37:42.007

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29	Dina Claudia Baeta Alegria	Pinhal novo a correr	44	01:43:28.749	00:38:15.965
30	deolinda	pinhal novo a correr	40	01:43:32.444	00:38:19.660
31	Sissi Costa	OCR Portugal	294	01:49:31.564	00:44:18.780
32	Linda Mendonça	OCR Portugal	292	01:49:36.343	00:44:23.559
33	Cláudia Gaspar	Escola de Atletismo do Montijo-A.F.D.D	48	01:50:34.721	00:45:21.937
34	Tania Azevedo	Lavre Running	72	01:58:12.126	00:52:59.342
35	Olívia cachapa	Évora Night Runners	299	02:12:05.340	01:06:52.556
36	Maria Luisa Silva Antunes Viriato	Tálenos Team	180	02:12:15.487	01:07:02.703
37	Maria Fernanda Condinho	Tálenos—team	3	02:12:21.158	01:07:08.374
38	Catarina Alves	Falck Sci Portugal	63	02:12:42.729	01:07:29.945