

## TRAIL CURTO - STAGE 1

**12 KM**

[illegible][illegible]

## OFFICIAL RESULT

# R

## REVISED

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 16.4°C      | 86%      |
| End   | 12:41 | 16.4°C      | 86%      |

| RANK | BIB  | NAME                          | TEAM                                           | CAT              | RESULT   | DIFF   | T/KM  |
|------|------|-------------------------------|------------------------------------------------|------------------|----------|--------|-------|
| 1    | 1219 | Fábio Correia                 | sporting clube de espinho / antónio leitão     | Senior Masculino | 52:09    |        | 04:21 |
| 2    | 1033 | João Moita                    | associação beat your limit!                    | Senior Masculino | 53:25    | +01:15 | 04:27 |
| 3    | 1061 | Alcino Silva                  | clube independente de atletismo de alpendorada | Veterano M40     | 53:33    | +01:24 | 04:28 |
| 4    | 1134 | Abílio Ribeiro                | sporting clube de espinho / antónio leitão     | Veterano M40     | 58:05    | +05:56 | 04:50 |
| 5    | 1032 | João Laranjeira               | associação beat your limit!                    | Senior Masculino | 58:29    | +06:20 | 04:52 |
| 6    | 1223 | João Barbosa                  | sporting clube de espinho / antónio leitão     | Veterano M40     | 58:39    | +06:29 | 04:53 |
| 7    | 1245 | Asdrubal Freitas              | individual                                     | Veterano M50     | 58:50    | +06:40 | 04:54 |
| 8    | 1031 | Ivo Silva                     | associação beat your limit!                    | Senior Masculino | 59:04    | +06:54 | 04:55 |
| 9    | 1225 | Augusto Aluai                 | sporting clube de espinho / antónio leitão     | Veterano M50     | 59:13    | +07:03 | 04:56 |
| 10   | 1218 | Bruno andret ribeiro da silva | sporting clube de espinho / antónio leitão     | Senior Masculino | 59:19    | +07:09 | 04:57 |
| 11   | 1028 | Carlos Jesus                  | associação beat your limit!                    | Senior Masculino | 59:54    | +07:45 | 05:00 |
| 12   | 1043 | Marcio Melo                   | bravos & bravitas                              | Senior Masculino | 01:02:40 | +10:31 | 05:13 |
| 13   | 1210 | Vitor Rito                    | running espinho                                | Senior Masculino | 01:02:50 | +10:40 | 05:14 |
| 14   | 1113 | Miguel pinto                  | individual                                     | Senior Masculino | 01:03:27 | +11:18 | 05:17 |
| 15   | 1222 | Carlos Ferreira               | sporting clube de espinho / antónio leitão     | Veterano M40     | 01:03:45 | +11:35 | 05:19 |
| 16   | 1117 | Pedro Magalhães               | individual                                     | Senior Masculino | 01:04:02 | +11:52 | 05:20 |
| 17   | 1062 | Fernando Castanheira          | clube pessoal aguas gaia                       | Senior Masculino | 01:04:08 | +11:58 | 05:21 |
| 18   | 711  | Manuel Oliveira               | os falta d´ar                                  | Veterano M50     | 01:04:43 | +12:33 | 05:24 |
| 19   | 1093 | Cristiana Ferreira            | running espinho                                | Senior Feminino  | 01:05:11 | +13:02 | 05:26 |
| 20   | 1049 | Pedro Vieira                  | c.c.recreativo de são martinho                 | Senior Masculino | 01:06:41 | +14:31 | 05:33 |
| 21   | 1029 | Hugo Azevedo                  | associação beat your limit!                    | Senior Masculino | 01:06:59 | +14:50 | 05:35 |
| 22   | 1006 | Ricardo Tato                  | #atechoras                                     | Senior Masculino | 01:07:13 | +15:03 | 05:36 |
| 23   | 1197 | Eduardo Lobo                  | pernetas de a-dos-neves                        | Veterano M40     | 01:08:29 | +16:20 | 05:42 |
| 24   | 1238 | Manuel Silva                  | vila maior em turismo                          | Veterano M40     | 01:08:42 | +16:32 | 05:44 |
| 25   | 1090 | Luis Morais                   | hora do lobo trail                             | Veterano M40     | 01:09:05 | +16:55 | 05:45 |
| 26   | 1056 | Mário João Silva Ibarra       | cgv                                            | Senior Masculino | 01:09:42 | +17:33 | 05:49 |
| 27   | 1034 | Tiago Reitor                  | associação beat your limit!                    | Senior Masculino | 01:09:43 | +17:33 | 05:49 |
| 28   | 1037 | Pedro Conde                   | associação beat your limit!                    | Veterano M40     | 01:09:43 | +17:34 | 05:49 |
| 29   | 1036 | Ivo Morais                    | associação beat your limit!                    | Veterano M40     | 01:09:43 | +17:34 | 05:49 |
| 30   | 1138 | Luis Gomes                    | individual                                     | Veterano M40     | 01:09:44 | +17:35 | 05:49 |
| 31   | 1243 | Sara Cristina                 | individual                                     | Senior Feminino  | 01:09:45 | +17:35 | 05:49 |
| 32   | 1190 | Joao Gomes                    | pernetas                                       | Veterano M40     | 01:09:50 | +17:40 | 05:49 |
| 33   | 1239 | Sergio Silva                  | vila maior em turismo                          | Veterano M40     | 01:09:57 | +17:48 | 05:50 |
| 34   | 1154 | Marta Reis                    | juventude cortegacense                         | Senior Feminino  | 01:10:04 | +17:54 | 05:50 |
| 35   | 1047 | David leite                   | bravos & bravitas                              | Veterano M50     | 01:11:41 | +19:32 | 05:58 |
| 36   | 1060 | Rolando Costa                 | clube pessoal aguas gaia                       | Senior Masculino | 01:11:46 | +19:36 | 05:59 |
| 37   | 1151 | Fernando Duarte Ferreira      | individual                                     | Veterano M50     | 01:11:51 | +19:41 | 05:59 |
| 38   | 1119 | Ricardo Ferrao                | individual                                     | Senior Masculino | 01:13:16 | +21:07 | 06:06 |
| 39   | 1123 | Carla Ribeiro                 | individual                                     | Veterana F40     | 01:13:17 | +21:07 | 06:06 |
| 40   | 1077 | FATIMA PAIS                   | fiães running                                  | Veterana F50     | 01:14:06 | +21:56 | 06:11 |
| 41   | 1121 | Sérgio Santos                 | individual                                     | Senior Masculino | 01:15:11 | +23:02 | 06:16 |

## TRAIL CURTO - STAGE 1

**12 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

# R

## REVISED

| RANK | BIB  | NAME                               | TEAM                                       | CAT              | RESULT   | DIFF   | t/KM  |
|------|------|------------------------------------|--------------------------------------------|------------------|----------|--------|-------|
| 42   | 1143 | Paulo Martins                      | individual                                 | Veterano M40     | 01:15:21 | +23:12 | 06:17 |
| 43   | 1196 | Ricardo Neves                      | pernetas de a-dos-neves                    | Senior Masculino | 01:16:47 | +24:38 | 06:24 |
| 44   | 1244 | Sanda Canelha                      | running espinho                            | Veterana F40     | 01:17:04 | +24:54 | 06:25 |
| 45   | 1242 | Raul Silva                         | individual                                 | Veterano M40     | 01:17:10 | +25:00 | 06:26 |
| 46   | 1063 | Jorge Santos                       | clube pessoal aguas gaia                   | Veterano M50     | 01:17:58 | +25:48 | 06:30 |
| 47   | 1072 | António Machado                    | ei team trail                              | Veterano M40     | 01:18:03 | +25:53 | 06:30 |
| 48   | 1069 | Renata Martins                     | ei team trail                              | Senior Feminino  | 01:19:05 | +26:55 | 06:35 |
| 49   | 1073 | Delfim Nogueira                    | ei team trail                              | Veterano M40     | 01:19:45 | +27:35 | 06:39 |
| 50   | 37   | Vasco Escobar                      | ei team trail                              | Senior Masculino | 01:20:00 | +27:51 | 06:40 |
| 51   | 1054 | Joao Remedios                      | carapaus                                   | Veterano M50     | 01:20:14 | +28:05 | 06:41 |
| 52   | 1153 | José Pereira                       | individual                                 | Veterano M50     | 01:20:36 | +28:26 | 06:43 |
| 53   | 1224 | Nuno Barbosa                       | sporting clube de espinho / antónio leitão | Veterano M40     | 01:22:17 | +30:07 | 06:51 |
| 54   | 1221 | António Albuquerque                | sporting clube de espinho / antónio leitão | Veterano M40     | 01:22:17 | +30:08 | 06:51 |
| 55   | 1137 | Francisco Carvalho                 | individual                                 | Veterano M40     | 01:22:21 | +30:11 | 06:52 |
| 56   | 1148 | Victor Sousa                       | individual                                 | Veterano M40     | 01:22:21 | +30:11 | 06:52 |
| 57   | 1068 | Márcia Coelho                      | ei team trail                              | Senior Feminino  | 01:22:43 | +30:33 | 06:54 |
| 58   | 1040 | Carlos Sousa Pereira               | bio team                                   | Veterano M40     | 01:22:54 | +30:45 | 06:55 |
| 59   | 1195 | Marco Guerreiro                    | pernetas de a-dos-neves                    | Senior Masculino | 01:23:08 | +30:58 | 06:56 |
| 60   | 1198 | João José                          | pernetas de a-dos-neves                    | Veterano M40     | 01:23:08 | +30:58 | 06:56 |
| 61   | 1064 | José Barbosa                       | clube pessoal aguas gaia                   | Veterano M50     | 01:23:43 | +31:34 | 06:59 |
| 62   | 1079 | Zelia Silva                        | fiães running                              | Veterana F50     | 01:23:54 | +31:44 | 07:00 |
| 63   | 1080 | Rui Santos                         | fiães running                              | Veterano M50     | 01:23:54 | +31:44 | 07:00 |
| 64   | 1114 | Nuno Filipe Freitas de Brito Lopes | individual                                 | Senior Masculino | 01:24:14 | +32:04 | 07:01 |
| 65   | 1201 | Humberto Pinho                     | porto sentido runners                      | Veterano M50     | 01:24:23 | +32:14 | 07:02 |
| 66   | 1091 | Jorge Mota                         | hora do lobo trail                         | Veterano M50     | 01:24:38 | +32:28 | 07:03 |
| 67   | 1118 | Ricardo Araujo                     | individual                                 | Senior Masculino | 01:25:22 | +33:12 | 07:07 |
| 68   | 1067 | Liliana Rocha                      | ei team trail                              | Senior Feminino  | 01:25:40 | +33:31 | 07:08 |
| 69   | 1081 | Armandina Silva Torres             | gdct incm                                  | Veterana F40     | 01:25:44 | +33:35 | 07:09 |
| 70   | 1209 | Maribel Oliveira                   | running esmoriz                            | Veterana F40     | 01:26:12 | +34:03 | 07:11 |
| 71   | 1106 | Alberto Rocha                      | individual                                 | Senior Masculino | 01:26:55 | +34:45 | 07:15 |
| 72   | 1086 | Rui Ribeiro                        | ginásio fit4fun                            | Senior Masculino | 01:27:05 | +34:56 | 07:15 |
| 73   | 1174 | Diogo Rocha                        | off work running team                      | Senior Masculino | 01:27:25 | +35:15 | 07:17 |
| 74   | 1042 | Vera Leite                         | bravos & bravitas                          | Senior Feminino  | 01:27:27 | +35:17 | 07:17 |
| 75   | 1122 | vitoe neves                        | individual                                 | Senior Masculino | 01:27:28 | +35:19 | 07:17 |
| 76   | 1038 | António Silva                      | associação beat your limit!                | Veterano M50     | 01:27:39 | +35:30 | 07:18 |
| 77   | 1203 | Eduardo André Cardinal Pinho       | reumatico trail team                       | Senior Masculino | 01:28:42 | +36:33 | 07:24 |
| 78   | 1220 | Margarida Machado                  | sporting clube de espinho / antónio leitão | Veterana F50     | 01:28:56 | +36:46 | 07:25 |
| 79   | 1004 | Hugo Heitor                        | #atechoras                                 | Senior Masculino | 01:29:30 | +37:20 | 07:28 |
| 80   | 1142 | Ricardo Queirós                    | individual                                 | Veterano M40     | 01:29:31 | +37:22 | 07:28 |
| 81   | 1007 | Alvaro Pereira                     | #atechoras                                 | Veterano M40     | 01:29:53 | +37:43 | 07:29 |
| 82   | 1095 | Diana Pinto                        | individual                                 | Senior Feminino  | 01:30:22 | +38:12 | 07:32 |
| 83   | 1041 | Isabel Santos                      | bravos & bravitas                          | Senior Feminino  | 01:30:55 | +38:46 | 07:35 |
| 84   | 1005 | Nuno Craveiro                      | #atechoras                                 | Senior Masculino | 01:30:57 | +38:47 | 07:35 |
| 85   | 1204 | nuno freitas                       | reumatico trail team                       | Senior Masculino | 01:31:46 | +39:37 | 07:39 |
| 86   | 1083 | Paula Almeida                      | geocrosstrail escariz                      | Veterana F40     | 01:32:34 | +40:24 | 07:43 |

## TRAIL CURTO - STAGE 1

**12 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

# R

## REVISED

| RANK | BIB  | NAME                                   | TEAM                        | CAT              | RESULT   | DIFF   | t/KM  |
|------|------|----------------------------------------|-----------------------------|------------------|----------|--------|-------|
| 87   | 1158 | Miguel Matos                           | juventude cortegacense      | Senior Masculino | 01:32:42 | +40:32 | 07:44 |
| 88   | 1215 | Ana Patricia Silva                     | sentir escariz running      | Senior Feminino  | 01:32:52 | +40:42 | 07:44 |
| 89   | 1216 | Flora Santos                           | sentir escariz running      | Veterana F40     | 01:32:52 | +40:42 | 07:44 |
| 90   | 1156 | Helder Rocha                           | juventude cortegacense      | Veterano M40     | 01:33:21 | +41:11 | 07:47 |
| 91   | 1082 | Teresa Capela                          | geocrosstrail escariz       | Senior Feminino  | 01:33:21 | +41:11 | 07:47 |
| 92   | 1159 | Magda Magalhaes                        | juventude cortegacense      | Veterana F40     | 01:33:21 | +41:12 | 07:47 |
| 93   | 1058 | Jorge Manuel Mendes Alves da Costa Vaz | cgv                         | Veterano M40     | 01:33:25 | +41:15 | 07:47 |
| 94   | 1070 | Ana Ferreira                           | ei team trail               | Veterana F40     | 01:34:21 | +42:11 | 07:52 |
| 95   | 1107 | Bruno Fernandes                        | individual                  | Senior Masculino | 01:34:31 | +42:21 | 07:53 |
| 96   | 1246 | Tiago Lopes                            | salta pocinhas              | Senior Masculino | 01:34:49 | +42:39 | 07:54 |
| 97   | 1098 | Fernanda Simoes                        | individual                  | Senior Feminino  | 01:35:03 | +42:54 | 07:55 |
| 98   | 1109 | Eduardo Seabra                         | individual                  | Senior Masculino | 01:35:05 | +42:56 | 07:55 |
| 99   | 1144 | Pedro Abelha                           | individual                  | Veterano M40     | 01:35:25 | +43:15 | 07:57 |
| 100  | 1206 | Gabriel Silva                          | running esmoriz             | Senior Masculino | 01:35:25 | +43:16 | 07:57 |
| 101  | 679  | Anabela dos Santos Marques             | juventude cortegacense      | Veterana F40     | 01:35:27 | +43:17 | 07:57 |
| 102  | 1046 | Sónia brava                            | bravos & bravitas           | Veterana F40     | 01:35:45 | +43:36 | 07:59 |
| 103  | 1016 | Jorge Fialho                           | amigos do americano         | Veterano M40     | 01:35:56 | +43:47 | 08:00 |
| 104  | 1213 | Rosa Castro                            | salta pocinhas              | Veterana F40     | 01:36:04 | +43:54 | 08:00 |
| 105  | 1147 | Rui Taveira                            | individual                  | Veterano M40     | 01:36:54 | +44:45 | 08:05 |
| 106  | 1092 | Catarina Batista                       | individual                  | Senior Feminino  | 01:36:55 | +44:45 | 08:05 |
| 107  | 1163 | Sandro Rilho                           | juventude cortegacense      | Veterano M40     | 01:36:59 | +44:50 | 08:05 |
| 108  | 1035 | Paula Moraes                           | associação beat your limit! | Veterana F40     | 01:37:01 | +44:52 | 08:05 |
| 109  | 1165 | João Paulo Regal de Sousa              | mangueiras - run/walk team  | Senior Masculino | 01:37:52 | +45:43 | 08:09 |
| 110  | 1166 | Rui Jorge de Jesus Queirós             | mangueiras - run/walk team  | Senior Masculino | 01:37:53 | +45:43 | 08:09 |
| 111  | 1110 | Marco Santos                           | individual                  | Senior Masculino | 01:38:08 | +45:59 | 08:11 |
| 112  | 1015 | Joana Melo                             | ac portalegre / utsm        | Senior Feminino  | 01:38:10 | +46:01 | 08:11 |
| 113  | 1071 | Sónia Machado                          | ei team trail               | Veterana F40     | 01:38:31 | +46:22 | 08:13 |
| 114  | 1120 | Ricardo Pires                          | individual                  | Senior Masculino | 01:38:33 | +46:23 | 08:13 |
| 115  | 1145 | Pedro Pinho                            | individual                  | Veterano M40     | 01:39:02 | +46:52 | 08:15 |
| 116  | 1214 | Bruno Pinho                            | saudades do sofá team       | Senior Masculino | 01:39:03 | +46:53 | 08:15 |
| 117  | 1160 | Manuela Castelo                        | juventude cortegacense      | Veterana F50     | 01:39:07 | +46:57 | 08:16 |
| 118  | 1155 | Catarina Rodrigues Sa Ferreira         | juventude cortegacense      | Senior Feminino  | 01:39:07 | +46:57 | 08:16 |
| 119  | 1108 | Bruno Silva                            | individual                  | Senior Masculino | 01:39:49 | +47:39 | 08:19 |
| 120  | 1103 | Susana Santos                          | individual                  | Senior Feminino  | 01:39:49 | +47:39 | 08:19 |
| 121  | 1207 | Mario Fonseca                          | running esmoriz             | Senior Masculino | 01:40:50 | +48:40 | 08:24 |
| 122  | 1237 | Luis Santos                            | vila maior em turismo       | Veterano M40     | 01:41:00 | +48:50 | 08:25 |
| 123  | 1065 | Martinha Silva                         | clube pessoal aguas gaia    | Senior Masculino | 01:41:08 | +48:59 | 08:26 |
| 124  | 1236 | Luis Reis                              | vila maior em turismo       | Veterano M40     | 01:41:14 | +49:05 | 08:26 |
| 125  | 1078 | Maria Alzira Ferreira                  | fiães running               | Veterana F50     | 01:41:40 | +49:30 | 08:28 |
| 126  | 1050 | patricia Gomes                         | cães do trail               | Senior Feminino  | 01:41:43 | +49:33 | 08:29 |
| 127  | 1074 | Celeste Fernandes                      | fiães running               | Veterana F40     | 01:41:53 | +49:44 | 08:29 |
| 128  | 1076 | Regina Paiva                           | fiães running               | Veterana F40     | 01:41:54 | +49:44 | 08:30 |
| 129  | 1008 | Vitor Osório                           | #atechoras                  | Veterano M40     | 01:43:26 | +51:16 | 08:37 |
| 130  | 1127 | Fernanda de Castro                     | individual                  | Veterana F40     | 01:44:10 | +52:01 | 08:41 |
| 131  | 1205 | Heliana Sá                             | running esmoriz             | Senior Feminino  | 01:44:22 | +52:12 | 08:42 |

## TRAIL CURTO - STAGE 1

**12 KM**

[illegible][illegible]

## OFFICIAL RESULT

# R

## REVISED

| RANK | BIB  | NAME                                    | TEAM                        | CAT              | RESULT   | DIFF      | t/KM  |
|------|------|-----------------------------------------|-----------------------------|------------------|----------|-----------|-------|
| 132  | 1208 | Paulo Reis                              | running esmoriz             | Senior Masculino | 01:44:22 | +52:12    | 08:42 |
| 133  | 1135 | Antonio Topa                            | individual                  | Veterano M40     | 01:45:54 | +53:45    | 08:50 |
| 134  | 1075 | Fatima Couto                            | fiães running               | Veterana F40     | 01:45:54 | +53:45    | 08:50 |
| 135  | 1044 | liliana brava                           | bravos & bravitas           | Veterana F40     | 01:45:55 | +53:46    | 08:50 |
| 136  | 1199 | Bruno Vieira                            | porcos do mato              | Senior Masculino | 01:46:53 | +54:43    | 08:54 |
| 137  | 1200 | Paulo Pinto                             | porcos do mato              | Senior Masculino | 01:46:54 | +54:44    | 08:55 |
| 138  | 1162 | Daniel Martins                          | juventude cortegacense      | Veterano M40     | 01:47:09 | +55:00    | 08:56 |
| 139  | 1161 | Maria Elisabete Pinho Pereira Mendonça  | juventude cortegacense      | Veterana F50     | 01:48:09 | +56:00    | 09:01 |
| 140  | 1228 | Nuno Alexandre Da Silva Fernandes       | trepatrihos trail team      | Senior Masculino | 01:48:25 | +56:15    | 09:02 |
| 141  | 1133 | Marília Fernanda de Sá Marques de Paiva | individual                  | Veterana F50     | 01:49:26 | +57:16    | 09:07 |
| 142  | 1100 | Raquel Rondão                           | individual                  | Senior Feminino  | 01:49:32 | +57:23    | 09:08 |
| 143  | 1104 | Vânia                                   | individual                  | Senior Feminino  | 01:49:33 | +57:23    | 09:08 |
| 144  | 1136 | Carlos Cabouco                          | individual                  | Veterano M40     | 01:50:09 | +58:00    | 09:11 |
| 145  | 1173 | Sara Coelho                             | off work running team       | Senior Feminino  | 01:50:12 | +58:02    | 09:11 |
| 146  | 1175 | Fábio Silva                             | off work running team       | Senior Masculino | 01:50:12 | +58:02    | 09:11 |
| 147  | 1176 | Susana Duarte                           | off work running team       | Veterana F40     | 01:50:12 | +58:02    | 09:11 |
| 148  | 1053 | Conceicao Remedios                      | carapaus                    | Veterana F50     | 01:51:00 | +58:50    | 09:15 |
| 149  | 1105 | Vera Sofia Quitério Conde               | individual                  | Senior Feminino  | 01:51:00 | +58:51    | 09:15 |
| 150  | 1057 | Jormar Aynil Gutierrez Sarmiento Vaz    | cgv                         | Veterana F40     | 01:51:45 | +59:35    | 09:19 |
| 151  | 1227 | Susana Margarida Ferreira de Sousa      | teamtrail 3pros15           | Senior Feminino  | 01:51:54 | +59:44    | 09:20 |
| 152  | 1018 | Pedro Filipe Almeida                    | amigos do trail             | Senior Masculino | 01:52:16 | +01:00:06 | 09:21 |
| 153  | 1140 | Manuel Paiva                            | individual                  | Veterano M40     | 01:53:49 | +01:01:39 | 09:29 |
| 154  | 1141 | Miguel Cadilhe                          | individual                  | Veterano M40     | 01:53:49 | +01:01:39 | 09:29 |
| 155  | 1020 | Deibid Moreno                           | arcorun                     | Senior Masculino | 01:55:26 | +01:03:16 | 09:37 |
| 156  | 1019 | Erika Jesus                             | arcorun                     | Senior Feminino  | 01:55:36 | +01:03:27 | 09:38 |
| 157  | 1102 | Renata Reis Cruz                        | individual                  | Senior Feminino  | 01:55:42 | +01:03:33 | 09:39 |
| 158  | 1051 | Rosinda Macedo                          | caga tacos running team     | Veterana F50     | 01:56:58 | +01:04:49 | 09:45 |
| 159  | 1229 | FÁTIMA COSTA                            | trepatrihos trail team      | Veterana F40     | 01:57:15 | +01:05:05 | 09:46 |
| 160  | 1131 | Maria Conceição Ribas                   | individual                  | Veterana F50     | 01:57:23 | +01:05:13 | 09:47 |
| 161  | 1149 | Vitor Monteiro                          | individual                  | Veterano M40     | 01:57:23 | +01:05:13 | 09:47 |
| 162  | 1169 | Ana Sousa                               | nós e eles                  | Senior Feminino  | 01:58:05 | +01:05:55 | 09:50 |
| 163  | 1171 | Nelson Rodrigues                        | nós e eles                  | Senior Masculino | 01:58:05 | +01:05:55 | 09:50 |
| 164  | 1172 | Luciano Pinho                           | nós e eles                  | Veterano M40     | 01:58:09 | +01:05:59 | 09:51 |
| 165  | 1170 | Filomena Sousa                          | nós e eles                  | Senior Feminino  | 01:58:10 | +01:06:00 | 09:51 |
| 166  | 1027 | Tânia Rebelo                            | associação beat your limit! | Senior Feminino  | 01:58:34 | +01:06:24 | 09:53 |
| 167  | 1024 | Cristina Jesus                          | associação beat your limit! | Senior Feminino  | 01:58:34 | +01:06:24 | 09:53 |
| 168  | 1026 | Inês Pires                              | associação beat your limit! | Senior Feminino  | 01:58:35 | +01:06:25 | 09:53 |
| 169  | 1023 | Carla Frasco                            | associação beat your limit! | Senior Feminino  | 01:58:35 | +01:06:25 | 09:53 |
| 170  | 1085 | Rafael Soares                           | ginásio fit4fun             | Senior Masculino | 02:00:04 | +01:07:54 | 10:00 |
| 171  | 1084 | Catarina Almeida                        | ginásio fit4fun             | Senior Feminino  | 02:00:04 | +01:07:54 | 10:00 |
| 172  | 1059 | Luís Rafael Freitas Sargo               | cgv                         | Veterano M40     | 02:00:30 | +01:08:20 | 10:03 |
| 173  | 1177 | CLAUDIA CARVALHO                        | pernetas                    | Senior Feminino  | 02:01:22 | +01:09:12 | 10:07 |

## TRAIL CURTO - STAGE 1

**12 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

# R

## REVISED

| RANK | BIB  | NAME                           | TEAM                     | CAT              | RESULT   | DIFF      | t/KM  |
|------|------|--------------------------------|--------------------------|------------------|----------|-----------|-------|
| 174  | 1187 | LINDA CARVALHO                 | pernetas                 | Veterana F40     | 02:01:22 | +01:09:13 | 10:07 |
| 175  | 1194 | VITOR MOREIRA                  | pernetas                 | Veterano M40     | 02:01:41 | +01:09:31 | 10:08 |
| 176  | 1233 | Ana Rita Rosário               | união da mata f.c.       | Senior Feminino  | 02:02:28 | +01:10:18 | 10:12 |
| 177  | 1132 | MARIA ESTELA FERREIRA DA SILVA | individual               | Veterana F50     | 02:02:28 | +01:10:18 | 10:12 |
| 178  | 1235 | Paulo Oliveira                 | união da mata f.c.       | Veterano M40     | 02:03:00 | +01:10:50 | 10:15 |
| 179  | 1234 | Susana Rey                     | união da mata f.c.       | Veterana F40     | 02:03:00 | +01:10:50 | 10:15 |
| 180  | 1181 | Sofia Cloé Moraes da Silva     | pernetas                 | Senior Feminino  | 02:03:39 | +01:11:29 | 10:18 |
| 181  | 1178 | Maria Pereira                  | pernetas                 | Senior Feminino  | 02:03:45 | +01:11:35 | 10:19 |
| 182  | 1182 | Afonso Bonifácio               | pernetas                 | Senior Masculino | 02:03:45 | +01:11:35 | 10:19 |
| 183  | 1179 | Marta Costa                    | pernetas                 | Senior Feminino  | 02:06:14 | +01:14:04 | 10:31 |
| 184  | 1184 | carla franco                   | pernetas                 | Veterana F40     | 02:06:14 | +01:14:05 | 10:31 |
| 185  | 1232 | ABÍLIO COSTA                   | trepatrihos trail team   | Veterano M50     | 02:06:44 | +01:14:35 | 10:34 |
| 186  | 1230 | GILDA CUNHA                    | trepatrihos trail team   | Veterana F50     | 02:06:48 | +01:14:38 | 10:34 |
| 187  | 1231 | Pedro Sousa                    | trepatrihos trail team   | Veterano M40     | 02:06:49 | +01:14:39 | 10:34 |
| 188  | 1021 | Alexis Bolivar                 | arcorun                  | Veterano M40     | 02:09:21 | +01:17:11 | 10:47 |
| 189  | 1003 | Susana Pereira                 | #atechoras               | Senior Feminino  | 02:09:57 | +01:17:48 | 10:50 |
| 190  | 1001 | Joana Ribeiro                  | #atechoras               | Senior Feminino  | 02:09:58 | +01:17:48 | 10:50 |
| 191  | 1125 | Diana Mota                     | individual               | Veterana F40     | 02:10:28 | +01:18:19 | 10:52 |
| 192  | 1164 | Marco Silva                    | magical mushroom         | Veterano M40     | 02:10:30 | +01:18:20 | 10:53 |
| 193  | 1226 | Vanda Miranda                  | taylors                  | Senior Feminino  | 02:10:30 | +01:18:20 | 10:53 |
| 194  | 1183 | Pedro Pereira                  | pernetas                 | Senior Masculino | 02:10:48 | +01:18:38 | 10:54 |
| 195  | 720  | Manuela Ferreira               | pernetas                 | Veterana F40     | 02:10:48 | +01:18:38 | 10:54 |
| 196  | 1192 | Jose Leite                     | pernetas                 | Veterano M40     | 02:10:48 | +01:18:38 | 10:54 |
| 197  | 607  | Diana Leite                    | individual               | Senior Feminino  | 02:10:53 | +01:18:43 | 10:54 |
| 198  | 606  | Daniela Leite                  | individual               | Senior Feminino  | 02:10:54 | +01:18:45 | 10:55 |
| 199  | 1193 | Paulo Meinedo                  | pernetas                 | Veterano M40     | 02:14:07 | +01:21:58 | 11:11 |
| 200  | 1188 | Mónica Silva                   | pernetas                 | Veterana F40     | 02:14:16 | +01:22:07 | 11:11 |
| 201  | 1017 | Helder Almeida                 | amigos do santo ambrósio | Veterano M40     | 02:16:39 | +01:24:30 | 11:23 |
| 202  | 1211 | Gabriela Veiga                 | running espinho          | Veterana F40     | 02:17:23 | +01:25:14 | 11:27 |
| 203  | 1212 | Rui Soares                     | running espinho          | Veterano M40     | 02:21:31 | +01:29:22 | 11:48 |
| 204  | 1185 | carla saraiva                  | pernetas                 | Veterana F40     | 02:22:40 | +01:30:30 | 11:53 |
| 205  | 1189 | Rute coutinho                  | pernetas                 | Veterana F40     | 02:22:40 | +01:30:31 | 11:53 |
| 206  | 1186 | Joana teixeira                 | pernetas                 | Veterana F40     | 02:22:41 | +01:30:31 | 11:53 |
| 207  | 1088 | Rui Correia                    | giras                    | Senior Masculino | 02:24:15 | +01:32:05 | 12:01 |
| 208  | 1087 | Tânia Lopes                    | giras                    | Senior Feminino  | 02:24:15 | +01:32:05 | 12:01 |
| 209  | 1180 | Sandra Carvalho                | pernetas                 | Senior Feminino  | 02:29:16 | +01:37:06 | 12:26 |
| 210  | 1191 | Jorge Carvalho                 | pernetas                 | Veterano M40     | 02:29:16 | +01:37:07 | 12:26 |
| 211  | 1150 | Américo Rocha Reis             | individual               | Veterano M50     | 02:38:24 | +01:46:14 | 13:12 |
| 212  | 1128 | Maria José Nogueira Mestre     | individual               | Veterana F40     | 02:38:24 | +01:46:14 | 13:12 |
| 213  | 1009 | Marta Magalhães                | a.n.a.                   | Senior Feminino  | 02:40:35 | +01:48:25 | 13:23 |
| 214  | 1011 | Ricardo Gomes                  | a.n.a.                   | Senior Masculino | 02:40:35 | +01:48:25 | 13:23 |
| 215  | 1014 | Marlene Ferreira               | a.n.a.                   | Veterana F40     | 02:40:35 | +01:48:26 | 13:23 |
| 216  | 1013 | Clara Landolt                  | a.n.a.                   | Veterana F40     | 02:40:35 | +01:48:26 | 13:23 |
| 217  | 1010 | Pedro Magalhães                | a.n.a.                   | Senior Masculino | 02:40:36 | +01:48:26 | 13:23 |
| 218  | 1012 | Ana Vaz                        | a.n.a.                   | Veterana F40     | 02:40:36 | +01:48:26 | 13:23 |



## Trail Curto

12 KM

[illegible][illegible]

## OFFICIAL RESULT

# R

## REVISED

|       | Time  | Temperature | Humidity |
|-------|-------|-------------|----------|
| Start | 10:00 | 16.4°C      | 86%      |
| End   | 12:41 | 16.4°C      | 86%      |

| RANK | BIB | NAME | TEAM | CAT | RESULT | DIFF | 1/KM |
|------|-----|------|------|-----|--------|------|------|
|------|-----|------|------|-----|--------|------|------|

## Senior Feminino

|    |      |                                    |                             |                 |          |           |       |
|----|------|------------------------------------|-----------------------------|-----------------|----------|-----------|-------|
| 1  | 1093 | Cristiana Ferreira                 | RUNNING ESPINHO             | Senior Feminino | 01:05:11 | +13:02    | 05:26 |
| 2  | 1243 | Sara Cristina                      | Individual                  | Senior Feminino | 01:09:45 | +17:35    | 05:49 |
| 3  | 1154 | Marta Reis                         | Juventude Cortegacense      | Senior Feminino | 01:10:04 | +17:54    | 05:50 |
| 4  | 1069 | Renata Martins                     | El Team Trail               | Senior Feminino | 01:19:05 | +26:55    | 06:35 |
| 5  | 1068 | Márcia Coelho                      | El Team Trail               | Senior Feminino | 01:22:43 | +30:33    | 06:54 |
| 6  | 1067 | Liliana Rocha                      | El Team Trail               | Senior Feminino | 01:25:40 | +33:31    | 07:08 |
| 7  | 1042 | Vera Leite                         | Bravos & Bravitas           | Senior Feminino | 01:27:27 | +35:17    | 07:17 |
| 8  | 1095 | Diana Pinto                        | Individual                  | Senior Feminino | 01:30:22 | +38:12    | 07:32 |
| 9  | 1041 | Isabel Santos                      | Bravos & Bravitas           | Senior Feminino | 01:30:55 | +38:46    | 07:35 |
| 10 | 1215 | Ana Patricia Silva                 | Sentir Escariz running      | Senior Feminino | 01:32:52 | +40:42    | 07:44 |
| 11 | 1082 | Teresa Capela                      | GEOCROSSTRAIL ESCARIZ       | Senior Feminino | 01:33:21 | +41:11    | 07:47 |
| 12 | 1098 | Fernanda Simoes                    | Individual                  | Senior Feminino | 01:35:03 | +42:54    | 07:55 |
| 13 | 1092 | Catarina Batista                   | Individual                  | Senior Feminino | 01:36:55 | +44:45    | 08:05 |
| 14 | 1015 | Joana Melo                         | AC PORTALEGRE / UTSM        | Senior Feminino | 01:38:10 | +46:01    | 08:11 |
| 15 | 1155 | Catarina Rodrigues Sa Ferreira     | Juventude Cortegacense      | Senior Feminino | 01:39:07 | +46:57    | 08:16 |
| 16 | 1103 | Susana Santos                      | Individual                  | Senior Feminino | 01:39:49 | +47:39    | 08:19 |
| 17 | 1050 | patricia Gomes                     | Cães do trail               | Senior Feminino | 01:41:43 | +49:33    | 08:29 |
| 18 | 1205 | Heliana Sá                         | Running Esmoriz             | Senior Feminino | 01:44:22 | +52:12    | 08:42 |
| 19 | 1100 | Raquel Rondão                      | Individual                  | Senior Feminino | 01:49:32 | +57:23    | 09:08 |
| 20 | 1104 | Vânia                              | Individual                  | Senior Feminino | 01:49:33 | +57:23    | 09:08 |
| 21 | 1173 | Sara Coelho                        | Off Work Running Team       | Senior Feminino | 01:50:12 | +58:02    | 09:11 |
| 22 | 1105 | Vera Sofia Quitério Conde          | Individual                  | Senior Feminino | 01:51:00 | +58:51    | 09:15 |
| 23 | 1227 | Susana Margarida Ferreira de Sousa | teamtrail 3pros15           | Senior Feminino | 01:51:54 | +59:44    | 09:20 |
| 24 | 1019 | Erika Jesus                        | ARCORUN                     | Senior Feminino | 01:55:36 | +01:03:27 | 09:38 |
| 25 | 1102 | Renata Reis Cruz                   | Individual                  | Senior Feminino | 01:55:42 | +01:03:33 | 09:39 |
| 26 | 1169 | Ana Sousa                          | Nós e Eles                  | Senior Feminino | 01:58:05 | +01:05:55 | 09:50 |
| 27 | 1170 | Filomena Sousa                     | Nós e Eles                  | Senior Feminino | 01:58:10 | +01:06:00 | 09:51 |
| 28 | 1027 | Tânia Rebelo                       | Associação Beat Your Limit! | Senior Feminino | 01:58:34 | +01:06:24 | 09:53 |
| 29 | 1024 | Cristina Jesus                     | Associação Beat Your Limit! | Senior Feminino | 01:58:34 | +01:06:24 | 09:53 |
| 30 | 1026 | Inês Pires                         | Associação Beat Your Limit! | Senior Feminino | 01:58:35 | +01:06:25 | 09:53 |
| 31 | 1023 | Carla Frasco                       | Associação Beat Your Limit! | Senior Feminino | 01:58:35 | +01:06:25 | 09:53 |
| 32 | 1084 | Catarina Almeida                   | Ginásio Fit4Fun             | Senior Feminino | 02:00:04 | +01:07:54 | 10:00 |
| 33 | 1177 | CLAUDIA CARVALHO                   | Pernetas                    | Senior Feminino | 02:01:22 | +01:09:12 | 10:07 |
| 34 | 1233 | Ana Rita Rosário                   | União da Mata F.C.          | Senior Feminino | 02:02:28 | +01:10:18 | 10:12 |
| 35 | 1181 | Sofia Cloé Moraes da Silva         | Pernetas                    | Senior Feminino | 02:03:39 | +01:11:29 | 10:18 |
| 36 | 1178 | Maria Pereira                      | Pernetas                    | Senior Feminino | 02:03:45 | +01:11:35 | 10:19 |
| 37 | 1179 | Marta Costa                        | Pernetas                    | Senior Feminino | 02:06:14 | +01:14:04 | 10:31 |
| 38 | 1003 | Susana Pereira                     | #atechoras                  | Senior Feminino | 02:09:57 | +01:17:48 | 10:50 |
| 39 | 1001 | Joana Ribeiro                      | #atechoras                  | Senior Feminino | 02:09:58 | +01:17:48 | 10:50 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 6 | generate 02-May-2018 14:17 |
|-----------------------------|-------|----------------------------|

## Trail Curto

12 KM

[illegible]

# OFFICIAL RESULT

[illegible]

# R

## REVISED

|    |      |                 |            |                 |          |           |       |
|----|------|-----------------|------------|-----------------|----------|-----------|-------|
| 40 | 1226 | Vanda Miranda   | Taylors    | Senior Feminino | 02:10:30 | +01:18:20 | 10:53 |
| 41 | 607  | Diana Leite     | Individual | Senior Feminino | 02:10:53 | +01:18:43 | 10:54 |
| 42 | 606  | Daniela Leite   | Individual | Senior Feminino | 02:10:54 | +01:18:45 | 10:55 |
| 43 | 1087 | Tânia Lopes     | Giras      | Senior Feminino | 02:24:15 | +01:32:05 | 12:01 |
| 44 | 1180 | Sandra Carvalho | Pernetas   | Senior Feminino | 02:29:16 | +01:37:06 | 12:26 |
| 45 | 1009 | Marta Magalhães | A.N.A.     | Senior Feminino | 02:40:35 | +01:48:25 | 13:23 |

## Senior Masculino

|    |      |                                    |                                            |                  |          |              |
|----|------|------------------------------------|--------------------------------------------|------------------|----------|--------------|
| 1  | 1219 | Fábio Correia                      | Sporting Clube de Espinho / António Leitão | Senior Masculino | 52:09    | 04:21        |
| 2  | 1033 | João Moita                         | Associação Beat Your Limit!                | Senior Masculino | 53:25    | +01:15 04:27 |
| 3  | 1032 | João Laranjeira                    | Associação Beat Your Limit!                | Senior Masculino | 58:29    | +06:20 04:52 |
| 4  | 1031 | Ivo Silva                          | Associação Beat Your Limit!                | Senior Masculino | 59:04    | +06:54 04:55 |
| 5  | 1218 | Bruno andret ribeiro da silva      | Sporting Clube de Espinho / António Leitão | Senior Masculino | 59:19    | +07:09 04:57 |
| 6  | 1028 | Carlos Jesus                       | Associação Beat Your Limit!                | Senior Masculino | 59:54    | +07:45 05:00 |
| 7  | 1043 | Marcio Melo                        | Bravos & Bravitas                          | Senior Masculino | 01:02:40 | +10:31 05:13 |
| 8  | 1210 | Vitor Rito                         | RUNNING ESPINHO                            | Senior Masculino | 01:02:50 | +10:40 05:14 |
| 9  | 1113 | Miguel pinto                       | Individual                                 | Senior Masculino | 01:03:27 | +11:18 05:17 |
| 10 | 1117 | Pedro Magalhães                    | Individual                                 | Senior Masculino | 01:04:02 | +11:52 05:20 |
| 11 | 1062 | Fernando Castanheira               | Clube Pessoal Aguas Gaia                   | Senior Masculino | 01:04:08 | +11:58 05:21 |
| 12 | 1049 | Pedro Vieira                       | C.C.Recreativo de São Martinho             | Senior Masculino | 01:06:41 | +14:31 05:33 |
| 13 | 1029 | Hugo Azevedo                       | Associação Beat Your Limit!                | Senior Masculino | 01:06:59 | +14:50 05:35 |
| 14 | 1006 | Ricardo Tato                       | #atechoras                                 | Senior Masculino | 01:07:13 | +15:03 05:36 |
| 15 | 1056 | Mário João Silva Ibarra            | CGV                                        | Senior Masculino | 01:09:42 | +17:33 05:49 |
| 16 | 1034 | Tiago Reitor                       | Associação Beat Your Limit!                | Senior Masculino | 01:09:43 | +17:33 05:49 |
| 17 | 1060 | Rolando Costa                      | Clube Pessoal Aguas Gaia                   | Senior Masculino | 01:11:46 | +19:36 05:59 |
| 18 | 1119 | Ricardo Ferrao                     | Individual                                 | Senior Masculino | 01:13:16 | +21:07 06:06 |
| 19 | 1121 | Sérgio Santos                      | Individual                                 | Senior Masculino | 01:15:11 | +23:02 06:16 |
| 20 | 1196 | Ricardo Neves                      | Pernetas de A-dos-Neves                    | Senior Masculino | 01:16:47 | +24:38 06:24 |
| 21 | 37   | Vasco Escobar                      | El Team Trail                              | Senior Masculino | 01:20:00 | +27:51 06:40 |
| 22 | 1195 | Marco Guerreiro                    | Pernetas de A-dos-Neves                    | Senior Masculino | 01:23:08 | +30:58 06:56 |
| 23 | 1114 | Nuno Filipe Freitas de Brito Lopes | Individual                                 | Senior Masculino | 01:24:14 | +32:04 07:01 |
| 24 | 1118 | Ricardo Araujo                     | Individual                                 | Senior Masculino | 01:25:22 | +33:12 07:07 |
| 25 | 1106 | Alberto Rocha                      | Individual                                 | Senior Masculino | 01:26:55 | +34:45 07:15 |
| 26 | 1086 | Rui Ribeiro                        | Ginásio Fit4Fun                            | Senior Masculino | 01:27:05 | +34:56 07:15 |
| 27 | 1174 | Diogo Rocha                        | Off Work Running Team                      | Senior Masculino | 01:27:25 | +35:15 07:17 |
| 28 | 1122 | vitoe neves                        | Individual                                 | Senior Masculino | 01:27:28 | +35:19 07:17 |
| 29 | 1203 | Eduardo André Cardinal Pinho       | reumatico trail team                       | Senior Masculino | 01:28:42 | +36:33 07:24 |
| 30 | 1004 | Hugo Heitor                        | #atechoras                                 | Senior Masculino | 01:29:30 | +37:20 07:28 |
| 31 | 1005 | Nuno Craveiro                      | #atechoras                                 | Senior Masculino | 01:30:57 | +38:47 07:35 |
| 32 | 1204 | nuno freitas                       | reumatico trail team                       | Senior Masculino | 01:31:46 | +39:37 07:39 |
| 33 | 1158 | Miguel Matos                       | Juventude Cortegacense                     | Senior Masculino | 01:32:42 | +40:32 07:44 |
| 34 | 1107 | Bruno Fernandes                    | Individual                                 | Senior Masculino | 01:34:31 | +42:21 07:53 |
| 35 | 1246 | Tiago Lopes                        | Salta Pocinhas                             | Senior Masculino | 01:34:49 | +42:39 07:54 |
| 36 | 1109 | Eduardo Seabra                     | Individual                                 | Senior Masculino | 01:35:05 | +42:56 07:55 |

## Trail Curto

12 KM

# R

## REVISED

[illegible]

## OFFICIAL RESULT

[illegible]

|    |      |                                   |                            |                  |          |           |       |
|----|------|-----------------------------------|----------------------------|------------------|----------|-----------|-------|
| 37 | 1206 | Gabriel Silva                     | Running Esmoriz            | Senior Masculino | 01:35:25 | +43:16    | 07:57 |
| 38 | 1165 | João Paulo Regal de Sousa         | Mangueiras - Run/Walk TEAM | Senior Masculino | 01:37:52 | +45:43    | 08:09 |
| 39 | 1166 | Rui Jorge de Jesus Queirós        | Mangueiras - Run/Walk TEAM | Senior Masculino | 01:37:53 | +45:43    | 08:09 |
| 40 | 1110 | Marco Santos                      | Individual                 | Senior Masculino | 01:38:08 | +45:59    | 08:11 |
| 41 | 1120 | Ricardo Pires                     | Individual                 | Senior Masculino | 01:38:33 | +46:23    | 08:13 |
| 42 | 1214 | Bruno Pinho                       | Saudades do Sofá Team      | Senior Masculino | 01:39:03 | +46:53    | 08:15 |
| 43 | 1108 | Bruno Silva                       | Individual                 | Senior Masculino | 01:39:49 | +47:39    | 08:19 |
| 44 | 1207 | Mario Fonseca                     | Running Esmoriz            | Senior Masculino | 01:40:50 | +48:40    | 08:24 |
| 45 | 1065 | Martinha Silva                    | Clube Pessoal Aguas Gaia   | Senior Masculino | 01:41:08 | +48:59    | 08:26 |
| 46 | 1208 | Paulo Reis                        | Running Esmoriz            | Senior Masculino | 01:44:22 | +52:12    | 08:42 |
| 47 | 1199 | Bruno Vieira                      | Porcos do Mato             | Senior Masculino | 01:46:53 | +54:43    | 08:54 |
| 48 | 1200 | Paulo Pinto                       | Porcos do Mato             | Senior Masculino | 01:46:54 | +54:44    | 08:55 |
| 49 | 1228 | Nuno Alexandre Da Silva Fernandes | TrepaTrilhos Trail Team    | Senior Masculino | 01:48:25 | +56:15    | 09:02 |
| 50 | 1175 | Fábio Silva                       | Off Work Running Team      | Senior Masculino | 01:50:12 | +58:02    | 09:11 |
| 51 | 1018 | Pedro Filipe Almeida              | AMIGOS DO TRAIL            | Senior Masculino | 01:52:16 | +01:00:06 | 09:21 |
| 52 | 1020 | Deibid Moreno                     | ARCORUN                    | Senior Masculino | 01:55:26 | +01:03:16 | 09:37 |
| 53 | 1171 | Nelson Rodrigues                  | Nós e Eles                 | Senior Masculino | 01:58:05 | +01:05:55 | 09:50 |
| 54 | 1085 | Rafael Soares                     | Ginásio Fit4Fun            | Senior Masculino | 02:00:04 | +01:07:54 | 10:00 |
| 55 | 1182 | Afonso Bonifácio                  | Pernetas                   | Senior Masculino | 02:03:45 | +01:11:35 | 10:19 |
| 56 | 1183 | Pedro Pereira                     | Pernetas                   | Senior Masculino | 02:10:48 | +01:18:38 | 10:54 |
| 57 | 1088 | Rui Correia                       | Giras                      | Senior Masculino | 02:24:15 | +01:32:05 | 12:01 |
| 58 | 1011 | Ricardo Gomes                     | A.N.A.                     | Senior Masculino | 02:40:35 | +01:48:25 | 13:23 |
| 59 | 1010 | Pedro Magalhães                   | A.N.A.                     | Senior Masculino | 02:40:36 | +01:48:26 | 13:23 |

## Veterana F40

|    |      |                                      |                             |              |          |        |       |
|----|------|--------------------------------------|-----------------------------|--------------|----------|--------|-------|
| 1  | 1123 | Carla Ribeiro                        | Individual                  | Veterana F40 | 01:13:17 | +21:07 | 06:06 |
| 2  | 1244 | Sanda Canelha                        | RUNNING ESPINHO             | Veterana F40 | 01:17:04 | +24:54 | 06:25 |
| 3  | 1081 | Armandina Silva Torres               | GDCT INCM                   | Veterana F40 | 01:25:44 | +33:35 | 07:09 |
| 4  | 1209 | Maribel Oliveira                     | Running Esmoriz             | Veterana F40 | 01:26:12 | +34:03 | 07:11 |
| 5  | 1083 | Paula Almeida                        | GEOCROSSTRAIL ESCARIZ       | Veterana F40 | 01:32:34 | +40:24 | 07:43 |
| 6  | 1216 | Flora Santos                         | Sentir Escariz running      | Veterana F40 | 01:32:52 | +40:42 | 07:44 |
| 7  | 1159 | Magda Magalhaes                      | Juventude Cortegacense      | Veterana F40 | 01:33:21 | +41:12 | 07:47 |
| 8  | 1070 | Ana Ferreira                         | El Team Trail               | Veterana F40 | 01:34:21 | +42:11 | 07:52 |
| 9  | 679  | Anabela dos Santos Marques           | Juventude Cortegacense      | Veterana F40 | 01:35:27 | +43:17 | 07:57 |
| 10 | 1046 | Sónia brava                          | Bravos & Bravitas           | Veterana F40 | 01:35:45 | +43:36 | 07:59 |
| 11 | 1213 | Rosa Castro                          | Salta Pocinhas              | Veterana F40 | 01:36:04 | +43:54 | 08:00 |
| 12 | 1035 | Paula Morais                         | Associação Beat Your Limit! | Veterana F40 | 01:37:01 | +44:52 | 08:05 |
| 13 | 1071 | Sónia Machado                        | El Team Trail               | Veterana F40 | 01:38:31 | +46:22 | 08:13 |
| 14 | 1074 | Celeste Fernandes                    | Fiães Running               | Veterana F40 | 01:41:53 | +49:44 | 08:29 |
| 15 | 1076 | Regina Paiva                         | Fiães Running               | Veterana F40 | 01:41:54 | +49:44 | 08:30 |
| 16 | 1127 | Fernanda de Castro                   | Individual                  | Veterana F40 | 01:44:10 | +52:01 | 08:41 |
| 17 | 1075 | Fatima Couto                         | Fiães Running               | Veterana F40 | 01:45:54 | +53:45 | 08:50 |
| 18 | 1044 | Ililiana brava                       | Bravos & Bravitas           | Veterana F40 | 01:45:55 | +53:46 | 08:50 |
| 19 | 1176 | Susana Duarte                        | Off Work Running Team       | Veterana F40 | 01:50:12 | +58:02 | 09:11 |
| 20 | 1057 | Jormar Aynil Gutierrez Sarmiento Vaz | CGV                         | Veterana F40 | 01:51:45 | +59:35 | 09:19 |

## Trail Curto

12 KM

[illegible]

# OFFICIAL RESULT

[illegible]

# R

## REVISED

|    |      |                            |                         |              |          |           |       |
|----|------|----------------------------|-------------------------|--------------|----------|-----------|-------|
| 21 | 1229 | FÁTIMA COSTA               | TrepaTrilhos Trail Team | Veterana F40 | 01:57:15 | +01:05:05 | 09:46 |
| 22 | 1187 | LINDA CARVALHO             | Pernetas                | Veterana F40 | 02:01:22 | +01:09:13 | 10:07 |
| 23 | 1234 | Susana Rey                 | União da Mata F.C.      | Veterana F40 | 02:03:00 | +01:10:50 | 10:15 |
| 24 | 1184 | carla franco               | Pernetas                | Veterana F40 | 02:06:14 | +01:14:05 | 10:31 |
| 25 | 1125 | Diana Mota                 | Individual              | Veterana F40 | 02:10:28 | +01:18:19 | 10:52 |
| 26 | 720  | Manuela Ferreira           | Pernetas                | Veterana F40 | 02:10:48 | +01:18:38 | 10:54 |
| 27 | 1188 | Mónica Silva               | Pernetas                | Veterana F40 | 02:14:16 | +01:22:07 | 11:11 |
| 28 | 1211 | Gabriela Veiga             | RUNNING ESPINHO         | Veterana F40 | 02:17:23 | +01:25:14 | 11:27 |
| 29 | 1185 | carla saraiva              | Pernetas                | Veterana F40 | 02:22:40 | +01:30:30 | 11:53 |
| 30 | 1189 | Rute coutinho              | Pernetas                | Veterana F40 | 02:22:40 | +01:30:31 | 11:53 |
| 31 | 1186 | Joana teixeira             | Pernetas                | Veterana F40 | 02:22:41 | +01:30:31 | 11:53 |
| 32 | 1128 | Maria José Nogueira Mestre | Individual              | Veterana F40 | 02:38:24 | +01:46:14 | 13:12 |
| 33 | 1014 | Marlene Ferreira           | A.N.A.                  | Veterana F40 | 02:40:35 | +01:48:26 | 13:23 |
| 34 | 1013 | Clara Landolt              | A.N.A.                  | Veterana F40 | 02:40:35 | +01:48:26 | 13:23 |
| 35 | 1012 | Ana Vaz                    | A.N.A.                  | Veterana F40 | 02:40:36 | +01:48:26 | 13:23 |

## Veterana F50

|    |      |                                            |                                               |              |          |           |       |
|----|------|--------------------------------------------|-----------------------------------------------|--------------|----------|-----------|-------|
| 1  | 1077 | FATIMA PAIS                                | Fiães Running                                 | Veterana F50 | 01:14:06 | +21:56    | 06:11 |
| 2  | 1079 | Zelia Silva                                | Fiães Running                                 | Veterana F50 | 01:23:54 | +31:44    | 07:00 |
| 3  | 1220 | Margarida Machado                          | Sporting Clube de Espinho /<br>António Leitão | Veterana F50 | 01:28:56 | +36:46    | 07:25 |
| 4  | 1160 | Manuela Castelo                            | Juventude Cortegacense                        | Veterana F50 | 01:39:07 | +46:57    | 08:16 |
| 5  | 1078 | Maria Alzira Ferreira                      | Fiães Running                                 | Veterana F50 | 01:41:40 | +49:30    | 08:28 |
| 6  | 1161 | Maria Elisabete Pinho Pereira<br>Mendonça  | Juventude Cortegacense                        | Veterana F50 | 01:48:09 | +56:00    | 09:01 |
| 7  | 1133 | Marília Fernanda de Sá Marques de<br>Paiva | Individual                                    | Veterana F50 | 01:49:26 | +57:16    | 09:07 |
| 8  | 1053 | Conceicao Remedios                         | Carapaus                                      | Veterana F50 | 01:51:00 | +58:50    | 09:15 |
| 9  | 1051 | Rosinda Macedo                             | Caga Tacos Running Team                       | Veterana F50 | 01:56:58 | +01:04:49 | 09:45 |
| 10 | 1131 | Maria Conceição Ribas                      | Individual                                    | Veterana F50 | 01:57:23 | +01:05:13 | 09:47 |
| 11 | 1132 | MARIA ESTELA FERREIRA DA SILVA             | Individual                                    | Veterana F50 | 02:02:28 | +01:10:18 | 10:12 |
| 12 | 1230 | GILDA CUNHA                                | TrepaTrilhos Trail Team                       | Veterana F50 | 02:06:48 | +01:14:38 | 10:34 |

## Veterano M40

|   |      |                 |                                                |              |          |        |       |
|---|------|-----------------|------------------------------------------------|--------------|----------|--------|-------|
| 1 | 1061 | Alcino Silva    | Clube Independente de Atletismo de Alpendorada | Veterano M40 | 53:33    | +01:24 | 04:28 |
| 2 | 1134 | Abílio Ribeiro  | Sporting Clube de Espinho / António Leitão     | Veterano M40 | 58:05    | +05:56 | 04:50 |
| 3 | 1223 | João Barbosa    | Sporting Clube de Espinho / António Leitão     | Veterano M40 | 58:39    | +06:29 | 04:53 |
| 4 | 1222 | Carlos Ferreira | Sporting Clube de Espinho / António Leitão     | Veterano M40 | 01:03:45 | +11:35 | 05:19 |
| 5 | 1197 | Eduardo Lobo    | Pernetas de A-dos-Neves                        | Veterano M40 | 01:08:29 | +16:20 | 05:42 |
| 6 | 1238 | Manuel Silva    | Vila Maior em Turismo                          | Veterano M40 | 01:08:42 | +16:32 | 05:44 |
| 7 | 1090 | Luis Morais     | Hora do Lobo Trail                             | Veterano M40 | 01:09:05 | +16:55 | 05:45 |
| 8 | 1037 | Pedro Conde     | Associação Beat Your Limit!                    | Veterano M40 | 01:09:43 | +17:34 | 05:49 |

## Trail Curto

12 KM

[illegible]

# OFFICIAL RESULT

[illegible]

# R

## REVISED

|    |      |                                        |                                            |              |          |           |       |
|----|------|----------------------------------------|--------------------------------------------|--------------|----------|-----------|-------|
| 9  | 1036 | Ivo Morais                             | Associação Beat Your Limit!                | Veterano M40 | 01:09:43 | +17:34    | 05:49 |
| 10 | 1138 | Luis Gomes                             | Individual                                 | Veterano M40 | 01:09:44 | +17:35    | 05:49 |
| 11 | 1190 | Joao Gomes                             | Pernetas                                   | Veterano M40 | 01:09:50 | +17:40    | 05:49 |
| 12 | 1239 | Sergio Silva                           | Vila Maior em Turismo                      | Veterano M40 | 01:09:57 | +17:48    | 05:50 |
| 13 | 1143 | Paulo Martins                          | Individual                                 | Veterano M40 | 01:15:21 | +23:12    | 06:17 |
| 14 | 1242 | Raul Silva                             | Individual                                 | Veterano M40 | 01:17:10 | +25:00    | 06:26 |
| 15 | 1072 | António Machado                        | El Team Trail                              | Veterano M40 | 01:18:03 | +25:53    | 06:30 |
| 16 | 1073 | Delfim Nogueira                        | El Team Trail                              | Veterano M40 | 01:19:45 | +27:35    | 06:39 |
| 17 | 1224 | Nuno Barbosa                           | Sporting Clube de Espinho / António Leitão | Veterano M40 | 01:22:17 | +30:07    | 06:51 |
| 18 | 1221 | António Albuquerque                    | Sporting Clube de Espinho / António Leitão | Veterano M40 | 01:22:17 | +30:08    | 06:51 |
| 19 | 1137 | Francisco Carvalho                     | Individual                                 | Veterano M40 | 01:22:21 | +30:11    | 06:52 |
| 20 | 1148 | Victor Sousa                           | Individual                                 | Veterano M40 | 01:22:21 | +30:11    | 06:52 |
| 21 | 1040 | Carlos Sousa Pereira                   | Bio Team                                   | Veterano M40 | 01:22:54 | +30:45    | 06:55 |
| 22 | 1198 | João José                              | Pernetas de A-dos-Neves                    | Veterano M40 | 01:23:08 | +30:58    | 06:56 |
| 23 | 1142 | Ricardo Queirós                        | Individual                                 | Veterano M40 | 01:29:31 | +37:22    | 07:28 |
| 24 | 1007 | Alvaro Pereira                         | #atechoras                                 | Veterano M40 | 01:29:53 | +37:43    | 07:29 |
| 25 | 1156 | Helder Rocha                           | Juventude Cortegacense                     | Veterano M40 | 01:33:21 | +41:11    | 07:47 |
| 26 | 1058 | Jorge Manuel Mendes Alves da Costa Vaz | CGV                                        | Veterano M40 | 01:33:25 | +41:15    | 07:47 |
| 27 | 1144 | Pedro Abelha                           | Individual                                 | Veterano M40 | 01:35:25 | +43:15    | 07:57 |
| 28 | 1016 | Jorge Fialho                           | Amigos do Americo                          | Veterano M40 | 01:35:56 | +43:47    | 08:00 |
| 29 | 1147 | Rui Taveira                            | Individual                                 | Veterano M40 | 01:36:54 | +44:45    | 08:05 |
| 30 | 1163 | Sandro Rilho                           | Juventude Cortegacense                     | Veterano M40 | 01:36:59 | +44:50    | 08:05 |
| 31 | 1145 | Pedro Pinho                            | Individual                                 | Veterano M40 | 01:39:02 | +46:52    | 08:15 |
| 32 | 1237 | Luis Santos                            | Vila Maior em Turismo                      | Veterano M40 | 01:41:00 | +48:50    | 08:25 |
| 33 | 1236 | Luis Reis                              | Vila Maior em Turismo                      | Veterano M40 | 01:41:14 | +49:05    | 08:26 |
| 34 | 1008 | Vitor Osório                           | #atechoras                                 | Veterano M40 | 01:43:26 | +51:16    | 08:37 |
| 35 | 1135 | Antonio Topa                           | Individual                                 | Veterano M40 | 01:45:54 | +53:45    | 08:50 |
| 36 | 1162 | Daniel Martins                         | Juventude Cortegacense                     | Veterano M40 | 01:47:09 | +55:00    | 08:56 |
| 37 | 1136 | Carlos Cabouco                         | Individual                                 | Veterano M40 | 01:50:09 | +58:00    | 09:11 |
| 38 | 1140 | Manuel Paiva                           | Individual                                 | Veterano M40 | 01:53:49 | +01:01:39 | 09:29 |
| 39 | 1141 | Miguel Cadilhe                         | Individual                                 | Veterano M40 | 01:53:49 | +01:01:39 | 09:29 |
| 40 | 1149 | Vitor Monteiro                         | Individual                                 | Veterano M40 | 01:57:23 | +01:05:13 | 09:47 |
| 41 | 1172 | Luciano Pinho                          | Nós e Eles                                 | Veterano M40 | 01:58:09 | +01:05:59 | 09:51 |
| 42 | 1059 | Luís Rafael Freitas Sargo              | CGV                                        | Veterano M40 | 02:00:30 | +01:08:20 | 10:03 |
| 43 | 1194 | VITOR MOREIRA                          | Pernetas                                   | Veterano M40 | 02:01:41 | +01:09:31 | 10:08 |
| 44 | 1235 | Paulo Oliveira                         | União da Mata F.C.                         | Veterano M40 | 02:03:00 | +01:10:50 | 10:15 |
| 45 | 1231 | Pedro Sousa                            | TrepaTrilhos Trail Team                    | Veterano M40 | 02:06:49 | +01:14:39 | 10:34 |
| 46 | 1021 | Alexis Bolivar                         | ARCORUN                                    | Veterano M40 | 02:09:21 | +01:17:11 | 10:47 |
| 47 | 1164 | Marco Silva                            | Magical Mushroom                           | Veterano M40 | 02:10:30 | +01:18:20 | 10:53 |
| 48 | 1192 | Jose Leite                             | Pernetas                                   | Veterano M40 | 02:10:48 | +01:18:38 | 10:54 |
| 49 | 1193 | Paulo Meinedo                          | Pernetas                                   | Veterano M40 | 02:14:07 | +01:21:58 | 11:11 |
| 50 | 1017 | Helder Almeida                         | Amigos do Santo Ambrósio                   | Veterano M40 | 02:16:39 | +01:24:30 | 11:23 |
| 51 | 1212 | Rui Soares                             | RUNNING ESPINHO                            | Veterano M40 | 02:21:31 | +01:29:22 | 11:48 |
| 52 | 1191 | Jorge Carvalho                         | Pernetas                                   | Veterano M40 | 02:29:16 | +01:37:07 | 12:28 |

|                             |       |                            |
|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 5 / 6 | generate 02-May-2018 14:17 |
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## Trail Curto

**12 KM**

[illegible]

## OFFICIAL RESULT

[illegible]

# R

## REVISED

## Veterano M50

|    |      |                          |                                               |              |          |           |       |
|----|------|--------------------------|-----------------------------------------------|--------------|----------|-----------|-------|
| 1  | 1245 | Asdrubal Freitas         | Individual                                    | Veterano M50 | 58:50    | +06:40    | 04:54 |
| 2  | 1225 | Augusto Aluai            | Sporting Clube de Espinho /<br>António Leitão | Veterano M50 | 59:13    | +07:03    | 04:56 |
| 3  | 711  | Manuel Oliveira          | OS FALTA D´AR                                 | Veterano M50 | 01:04:43 | +12:33    | 05:24 |
| 4  | 1047 | David leite              | Bravos & Bravitas                             | Veterano M50 | 01:11:41 | +19:32    | 05:58 |
| 5  | 1151 | Fernando Duarte Ferreira | Individual                                    | Veterano M50 | 01:11:51 | +19:41    | 05:59 |
| 6  | 1063 | Jorge Santos             | Clube Pessoal Aguas Gaia                      | Veterano M50 | 01:17:58 | +25:48    | 06:30 |
| 7  | 1054 | Joao Remedios            | Carapaus                                      | Veterano M50 | 01:20:14 | +28:05    | 06:41 |
| 8  | 1153 | José Pereira             | Individual                                    | Veterano M50 | 01:20:36 | +28:26    | 06:43 |
| 9  | 1064 | José Barbosa             | Clube Pessoal Aguas Gaia                      | Veterano M50 | 01:23:43 | +31:34    | 06:59 |
| 10 | 1080 | Rui Santos               | Fiães Running                                 | Veterano M50 | 01:23:54 | +31:44    | 07:00 |
| 11 | 1201 | Humberto Pinho           | PORTO SENTIDO RUNNERS                         | Veterano M50 | 01:24:23 | +32:14    | 07:02 |
| 12 | 1091 | Jorge Mota               | Hora do Lobo Trail                            | Veterano M50 | 01:24:38 | +32:28    | 07:03 |
| 13 | 1038 | António Silva            | Associação Beat Your Limit!                   | Veterano M50 | 01:27:39 | +35:30    | 07:18 |
| 14 | 1232 | ABÍLIO COSTA             | TrepaTrilhos Trail Team                       | Veterano M50 | 02:06:44 | +01:14:35 | 10:34 |
| 15 | 1150 | Américo Rocha Reis       | Individual                                    | Veterano M50 | 02:38:24 | +01:46:14 | 13:12 |

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|-----------------------------|-------|----------------------------|
| Official Timekeeper: Lap2Go | 1 / 1 | generate 02-May-2018 11:09 |
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