

TRAIL LONGO - STAGE 1

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	16.4°C	86%
End	14:36	16.4°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	35	Helder Rocha	douroconta gabinete de apoio e contabilidade	Veterano M40	02:45:07		05:10
2	125	Tozé Amorim	serviços sociais camara sm feira	Veterano M40	02:47:38	+02:30	05:14
3	128	José Cabral	sporting clube de espinho / antónio leitão	Veterano M50	02:49:17	+04:10	05:17
4	78	Domingos Gomes	individual	Veterano M40	02:49:19	+04:11	05:17
5	102	Ivan Silva	limitless	Senior Masculino	02:58:11	+13:03	05:34
6	21	Camilo Guedes	clube pessoal aguas gaia	Veterano M40	02:58:25	+13:17	05:35
7	5	Filipe Afonso	ac portalegre / utsm	Senior Masculino	03:00:35	+15:27	05:39
8	54	Hugo Figueiredo	gramidense ifc	Veterano M40	03:01:16	+16:08	05:40
9	39	Heitor Costa	fundiven	Veterano M40	03:01:38	+16:30	05:41
10	10	Antonio fernandes	amigos do trail	Veterano M40	03:02:55	+17:47	05:43
11	123	Sérgio Monteiro	sardonisca runners	Senior Masculino	03:05:04	+19:56	05:47
12	77	António Pinto	individual	Veterano M40	03:10:12	+25:04	05:57
13	63	Sergio Santos	hora do lobo trail	Veterano M40	03:10:53	+25:45	05:58
14	81	João Moreira	individual	Veterano M40	03:10:53	+25:45	05:58
15	19	Bruno Macedo	caga tacos running team	Senior Masculino	03:13:23	+28:16	06:03
16	18	Gaudêncio Lopes	c. b. viseu running team	Veterano M40	03:14:02	+28:55	06:04
17	99	Joaquim Mota	juventude cortegacense	Senior Masculino	03:14:10	+29:02	06:04
18	38	Luis Mesquita	faz fumo	Veterano M40	03:15:37	+30:30	06:07
19	58	Jose Sousa	hora do lobo trail	Senior Masculino	03:15:56	+30:48	06:07
20	46	Ricardo Filipe Leal Araújo Ribeiro	ginásio fit4fun	Senior Masculino	03:17:32	+32:25	06:10
21	124	Alcino Gouveia	sentir escariz running	Veterano M40	03:18:03	+32:55	06:11
22	16	BRUNO BARGE	aztrail/mercentro	Senior Masculino	03:19:32	+34:24	06:14
23	61	César Sousa	hora do lobo trail	Veterano M40	03:19:47	+34:40	06:15
24	107	Paulo Gomes	no tomorrow running team	Veterano M40	03:24:40	+39:32	06:24
25	69	Fábio Almeida	individual	Senior Masculino	03:25:07	+40:00	06:25
26	109	José Pedro Silva	nucleo de montanha de espinho	Veterano M40	03:26:30	+41:22	06:27
27	6	Hélder Melo	ac portalegre / utsm	Senior Masculino	03:28:37	+43:29	06:31
28	70	Francisco Terra	individual	Senior Masculino	03:29:30	+44:22	06:33
29	42	Nelson Marques	gaia trail	Senior Masculino	03:29:46	+44:38	06:33
30	24	José Adelino	clube pessoal aguas gaia	Veterano M50	03:31:54	+46:46	06:37
31	41	Micael Cunha	gaia trail	Senior Masculino	03:33:32	+48:25	06:40
32	129	Manuel Bastos	trail running clube btt sanguedo	Veterano M40	03:35:11	+50:03	06:43
33	116	Fernando Costa	pernetas	Veterano M40	03:35:12	+50:04	06:44
34	100	Rui Miguel Gomes Figueiredo	juventude cortegacense	Senior Masculino	03:35:16	+50:08	06:44
35	97	Alexandre Leite	juventude cortegacense	Senior Masculino	03:35:27	+50:19	06:44
36	66	Adriano Pinto	individual	Senior Masculino	03:37:03	+51:55	06:47
37	98	João Miguel Resende Valente	juventude cortegacense	Senior Masculino	03:37:09	+52:01	06:47
38	23	Silverio Santos	clube pessoal aguas gaia	Veterano M40	03:38:49	+53:42	06:50
39	112	Paulo Silva	olhak3	Veterano M50	03:39:32	+54:24	06:52
40	26	João Oliveira	cmmc vale de cambra	Senior Masculino	03:40:20	+55:12	06:53
41	114	Marco Botelho	os falta d´ar	Veterano M40	03:42:16	+57:08	06:57

TRAIL LONGO - STAGE 1

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
42	68	David Camelo	individual	Senior Masculino	03:43:28	+58:21	06:59
43	59	Rui Gomes	hora do lobo trail	Senior Masculino	03:46:52	+01:01:44	07:05
44	87	Paulo Silva	individual	Veterano M40	03:47:41	+01:02:33	07:07
45	43	CARINA PINHO	ginásio fit4fun	Senior Feminino	03:47:50	+01:02:43	07:07
46	47	ALICE LOPES	ginásio fit4fun	Veterana F40	03:47:51	+01:02:43	07:07
47	57	António Ferreira	hora do lobo trail	Senior Masculino	03:48:01	+01:02:53	07:08
48	71	João André Oliveira	individual	Senior Masculino	03:49:22	+01:04:15	07:10
49	101	Suzana Andrade	juventude cortegacense	Veterana F40	03:52:19	+01:07:11	07:16
50	93	PAULO JOSÉ MOREIRA	individual	Veterano M50	03:53:42	+01:08:34	07:18
51	83	Miguel Santos	individual	Veterano M40	03:54:05	+01:08:57	07:19
52	118	PAULO PIMENTA	pernetas	Veterano M40	03:54:25	+01:09:17	07:20
53	49	Conceição Ferreira	ginásio fit4fun	Veterana F50	03:54:25	+01:09:17	07:20
54	51	IVO ALMEIDA	ginásio fit4fun	Veterano M40	03:54:25	+01:09:17	07:20
55	84	Nuno A Silva	individual	Veterano M40	03:55:56	+01:10:48	07:22
56	50	Angelo Pinho	ginásio fit4fun	Veterano M40	03:56:05	+01:10:58	07:23
57	96	FERNANDO JORGE	invicta runners team	Veterano M40	03:56:20	+01:11:12	07:23
58	75	Sandra Travessas	individual	Veterana F40	03:56:40	+01:11:33	07:24
59	126	Marco Peixoto	sporting clube de espinho / antónio leitão	Senior Masculino	03:57:07	+01:11:59	07:25
60	106	José Faria	no tomorrow running team	Veterano M40	03:57:53	+01:12:45	07:26
61	113	Jorge Silva	os falta d´ar	Veterano M40	03:59:01	+01:13:53	07:28
62	73	Rui Lopo	individual	Senior Masculino	03:59:05	+01:13:58	07:28
63	155	Hélder Silva	individual	Veterano M40	03:59:06	+01:13:58	07:28
64	55	Miguel Santos	grupo desportivo cultural guilhovai	Veterano M40	03:59:07	+01:14:00	07:28
65	92	Artur Soares	individual	Veterano M50	04:01:31	+01:16:23	07:33
66	104	Raquel Vasconcelos	no tomorrow running team	Veterana F40	04:03:44	+01:18:36	07:37
67	79	Gonçalo Valente	individual	Veterano M40	04:04:56	+01:19:49	07:39
68	110	João Figueiredo	olhak3	Senior Masculino	04:05:51	+01:20:43	07:41
69	111	Armando Rocha	olhak3	Veterano M40	04:05:51	+01:20:43	07:41
70	9	Ricardo Barros	amigos do santo ambrósio	Veterano M40	04:07:33	+01:22:25	07:44
71	32	Ricardo Rodrigues	cscd cm feira	Senior Masculino	04:07:52	+01:22:44	07:45
72	36	Mi Couto	edv-viana trail	Senior Feminino	04:08:03	+01:22:55	07:45
73	60	Sergio Moura	hora do lobo trail	Senior Masculino	04:10:30	+01:25:23	07:50
74	29	Severina Almeida	correio de albergaria trail running	Veterana F40	04:12:56	+01:27:48	07:54
75	22	Fernando Santos	clube pessoal aguas gaia	Veterano M40	04:13:03	+01:27:56	07:55
76	88	Paulo Vaz	individual	Veterano M40	04:18:02	+01:32:54	08:04
77	65	Marlene soares	individual	Senior Feminino	04:18:02	+01:32:54	08:04
78	31	Sandra Santos	cscd cm feira	Senior Feminino	04:20:01	+01:34:53	08:08
79	48	Ana Pissarra	ginásio fit4fun	Veterana F40	04:21:12	+01:36:04	08:10
80	53	DURBALINO FERREIRA	ginásio fit4fun	Veterano M50	04:21:15	+01:36:07	08:10
81	115	Susana Canhola	pernetas	Veterana F40	04:22:15	+01:37:07	08:12
82	122	Joaquim lobato	running espinho	Veterano M50	04:22:21	+01:37:13	08:12
83	89	Pedro Oliveira	individual	Veterano M40	04:25:15	+01:40:07	08:17
84	34	Marco Couto	cscd cm feira	Veterano M40	04:27:39	+01:42:31	08:22
85	45	Pedro Magalhães	ginásio fit4fun	Senior Masculino	04:29:16	+01:44:08	08:25
86	52	Luis Guerra	ginásio fit4fun	Veterano M40	04:29:16	+01:44:08	08:25
87	44	Carlos Magalhães	ginásio fit4fun	Senior Masculino	04:29:16	+01:44:09	08:25

32 KM

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
88	8	Paulo Nunes	amigos do elisio	Veterano M40	04:30:58	+01:45:50	08:28
89	7	Claudia Lopes	amigos do elisio	Veterana F40	04:30:59	+01:45:51	08:28
90	56	Liliana Costa	grupo fontes running team	Senior Feminino	04:33:10	+01:48:03	08:32
91	80	Ivo Couto	individual	Veterano M40	04:33:20	+01:48:12	08:33
92	95	Paulo Festa	invicta runners team	Senior Masculino	04:35:59	+01:50:51	08:37
93	15	Bruno Vilaça	atalanta runners	Senior Masculino	04:36:19	+01:51:11	08:38
94	86	Paulo Jorge Romão de Campos	individual	Veterano M40	04:37:25	+01:52:17	08:40
95	85	Paulo António Pereira Duarte	individual	Veterano M40	04:38:11	+01:53:03	08:42
96	25	Márcia Pinho	cmmc vale de cambra	Senior Feminino	04:41:09	+01:56:01	08:47
97	91	Sérgio Almeida	individual	Veterano M40	04:43:39	+01:58:31	08:52
98	121	José Riba	running esmoriz	Veterano M50	04:46:38	+02:01:30	08:57
99	120	António Porrão	running esmoriz	Veterano M50	04:46:38	+02:01:30	08:57
100	74	Cláudia Pinto	individual	Veterana F40	04:50:24	+02:05:16	09:05
101	76	Antonio Franco	individual	Veterano M40	04:50:24	+02:05:16	09:05
102	67	Bruno Silva	individual	Senior Masculino	04:54:46	+02:09:38	09:13
103	12	Sandra Ferreira	arcorun	Veterana F40	04:57:32	+02:12:24	09:18
104	13	José Correia	arcorun	Veterano M40	04:57:32	+02:12:24	09:18
105	14	Paulo Reis	arcorun	Veterano M40	04:57:32	+02:12:24	09:18
106	117	Mário Cardoso	pernetas	Veterano M40	04:58:25	+02:13:17	09:20
107	72	Nuno Cardoso	individual	Senior Masculino	05:00:48	+02:15:40	09:24
108	119	Paulo Oliveira	pupilos do zé tó	Senior Masculino	05:00:48	+02:15:40	09:24
109	127	Paula Oliveira	sporting clube de espinho / antónio leitão	Veterana F40	05:06:48	+02:21:40	09:35
110	105	Paula Andrade	no tomorrow running team	Veterana F50	05:06:49	+02:21:41	09:35
111	108	Fernando Andrade	no tomorrow running team	Veterano M50	05:13:34	+02:28:26	09:48
112	94	Valdemar Almeida	individual	Veterano M50	05:33:56	+02:48:48	10:26
113	11	Daniel Pedroso	anteam	Senior Masculino	05:35:30	+02:50:22	10:29

Trail Longo

32 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	09:00	16.4°C	86%
End	14:36	16.4°C	86%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	43	CARINA PINHO	Ginásio Fit4Fun	Senior Feminino	03:47:50	+01:02:43	07:07:43
2	36	Mi Couto	EDV-VIANA TRAIL	Senior Feminino	04:08:03	+01:22:55	07:45:58
3	65	Marlene soares	Individual	Senior Feminino	04:18:02	+01:32:54	08:04:56
4	31	Sandra Santos	CSCD CM FEIRA	Senior Feminino	04:20:01	+01:34:53	08:08:54
5	56	Liliana Costa	Grupo Fontes Running Team	Senior Feminino	04:33:10	+01:48:03	08:32:03
6	25	Márcia Pinho	CMMC Vale de Cambra	Senior Feminino	04:41:09	+01:56:01	08:47:10

Senior Masculino

1	102	Ivan Silva	Limitless	Senior Masculino	02:58:11	+13:03	05:34
2	5	Filipe Afonso	AC PORTALEGRE / UTSM	Senior Masculino	03:00:35	+15:27	05:39
3	123	Sérgio Monteiro	Sardonisca Runners	Senior Masculino	03:05:04	+19:56	05:47
4	19	Bruno Macedo	Caga Tacos Running Team	Senior Masculino	03:13:23	+28:16	06:03
5	99	Joaquim Mota	Juventude Cortegacense	Senior Masculino	03:14:10	+29:02	06:04
6	58	Jose Sousa	Hora do Lobo Trail	Senior Masculino	03:15:56	+30:48	06:07
7	46	Ricardo Filipe Leal Araújo Ribeiro	Ginásio Fit4Fun	Senior Masculino	03:17:32	+32:25	06:10
8	16	BRUNO BARGE	Aztrail/Mercentro	Senior Masculino	03:19:32	+34:24	06:14
9	69	Fábio Almeida	Individual	Senior Masculino	03:25:07	+40:00	06:25
10	6	Hélder Melo	AC PORTALEGRE / UTSM	Senior Masculino	03:28:37	+43:29	06:31
11	70	Francisco Terra	Individual	Senior Masculino	03:29:30	+44:22	06:33
12	42	Nelson Marques	Gaia Trail	Senior Masculino	03:29:46	+44:38	06:33
13	41	Micael Cunha	Gaia Trail	Senior Masculino	03:33:32	+48:25	06:40
14	100	Rui Miguel Gomes Figueiredo	Juventude Cortegacense	Senior Masculino	03:35:16	+50:08	06:44
15	97	Alexandre Leite	Juventude Cortegacense	Senior Masculino	03:35:27	+50:19	06:44
16	66	Adriano Pinto	Individual	Senior Masculino	03:37:03	+51:55	06:47
17	98	João Miguel Resende Valente	Juventude Cortegacense	Senior Masculino	03:37:09	+52:01	06:47
18	26	João Oliveira	CMMC Vale de Cambra	Senior Masculino	03:40:20	+55:12	06:53
19	68	David Camelo	Individual	Senior Masculino	03:43:28	+58:21	06:59
20	59	Rui Gomes	Hora do Lobo Trail	Senior Masculino	03:46:52	+01:01:44	07:05
21	57	António Ferreira	Hora do Lobo Trail	Senior Masculino	03:48:01	+01:02:53	07:08
22	71	João André Oliveira	Individual	Senior Masculino	03:49:22	+01:04:15	07:10
23	126	Marco Peixoto	Sporting Clube de Espinho / António Leitão	Senior Masculino	03:57:07	+01:11:59	07:25
24	73	Rui Lopo	Individual	Senior Masculino	03:59:05	+01:13:58	07:28
25	110	João Figueiredo	OlhaK3	Senior Masculino	04:05:51	+01:20:43	07:41
26	32	Ricardo Rodrigues	CSCD CM FEIRA	Senior Masculino	04:07:52	+01:22:44	07:45
27	60	Sergio Moura	Hora do Lobo Trail	Senior Masculino	04:10:30	+01:25:23	07:50
28	45	Pedro Magalhães	Ginásio Fit4Fun	Senior Masculino	04:29:16	+01:44:08	08:25
29	44	Carlos Magalhães	Ginásio Fit4Fun	Senior Masculino	04:29:16	+01:44:09	08:25

Trail Longo

32 KM

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OFFICIAL RESULT

[illegible]

30	95	Paulo Festa	Invicta Runners Team	Senior Masculino	04:35:59	+01:50:51	08:37
31	15	Bruno Vilaça	Atalanta runners	Senior Masculino	04:36:19	+01:51:11	08:38
32	67	Bruno Silva	Individual	Senior Masculino	04:54:46	+02:09:38	09:13
33	72	Nuno Cardoso	Individual	Senior Masculino	05:00:48	+02:15:40	09:24
34	119	Paulo Oliveira	Pupilos do Zé Tó	Senior Masculino	05:00:48	+02:15:40	09:24
35	11	Daniel Pedroso	ANTeam	Senior Masculino	05:35:30	+02:50:22	10:29

Veterana F40

1	47	ALICE LOPES	Ginásio Fit4Fun	Veterana F40	03:47:51	+01:02:43	07:07
2	101	Suzana Andrade	Juventude Cortegacense	Veterana F40	03:52:19	+01:07:11	07:16
3	75	Sandra Travessas	Individual	Veterana F40	03:56:40	+01:11:33	07:24
4	104	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	04:03:44	+01:18:36	07:37
5	29	Severina Almeida	Correio de Albergaria Trail Running	Veterana F40	04:12:56	+01:27:48	07:54
6	48	Ana Pissarra	Ginásio Fit4Fun	Veterana F40	04:21:12	+01:36:04	08:10
7	115	Susana Canhola	Pernetas	Veterana F40	04:22:15	+01:37:07	08:12
8	7	Claudia Lopes	Amigos do Elisio	Veterana F40	04:30:59	+01:45:51	08:28
9	74	Cláudia Pinto	Individual	Veterana F40	04:50:24	+02:05:16	09:05
10	12	Sandra Ferreira	ARCORUN	Veterana F40	04:57:32	+02:12:24	09:18
11	127	Paula Oliveira	Sporting Clube de Espinho / António Leitão	Veterana F40	05:06:48	+02:21:40	09:35

Veterana F50

1	49	Conceição Ferreira	Ginásio Fit4Fun	Veterana F50	03:54:25	+01:09:17	07:20
2	105	Paula Andrade	NO TOMORROW RUNNING TEAM	Veterana F50	05:06:49	+02:21:41	09:35

Veterano M40

1	35	Helder Rocha	Douroconta Gabinete de Apoio e Contabilidade	Veterano M40	02:45:07	05:10
2	125	Tozé Amorim	Serviços Sociais Camara SM Feira	Veterano M40	02:47:38	+02:30 05:14
3	78	Domingos Gomes	Individual	Veterano M40	02:49:19	+04:11 05:17
4	21	Camilo Guedes	Clube Pessoal Aguas Gaia	Veterano M40	02:58:25	+13:17 05:35
5	54	Hugo Figueiredo	Gramidense IFC	Veterano M40	03:01:16	+16:08 05:40
6	39	Heitor Costa	FUNDIVEN	Veterano M40	03:01:38	+16:30 05:41
7	10	Antonio fernandes	AMIGOS DO TRAIL	Veterano M40	03:02:55	+17:47 05:43
8	77	António Pinto	Individual	Veterano M40	03:10:12	+25:04 05:57
9	63	Sergio Santos	Hora do Lobo Trail	Veterano M40	03:10:53	+25:45 05:58
10	81	João Moreira	Individual	Veterano M40	03:10:53	+25:45 05:58
11	18	Gaudêncio Lopes	C. B. Viseu Running Team	Veterano M40	03:14:02	+28:55 06:04
12	38	Luis Mesquita	Faz Fumo	Veterano M40	03:15:37	+30:30 06:07
13	124	Alcino Gouveia	Sentir Escariz running	Veterano M40	03:18:03	+32:55 06:11
14	61	César Sousa	Hora do Lobo Trail	Veterano M40	03:19:47	+34:40 06:15

32 KM

OFFICIAL RESULT

15	107	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	03:24:40	+39:32	06:24
16	109	José Pedro Silva	Nucleo de Montanha de Espinho	Veterano M40	03:26:30	+41:22	06:27
17	129	Manuel Bastos	Trail Running Clube Btt Sanguedo	Veterano M40	03:35:11	+50:03	06:43
18	116	Fernando Costa	Pernetas	Veterano M40	03:35:12	+50:04	06:44
19	23	Silverio Santos	Clube Pessoal Aguas Gaia	Veterano M40	03:38:49	+53:42	06:50
20	114	Marco Botelho	OS FALTA D´AR	Veterano M40	03:42:16	+57:08	06:53
21	87	Paulo Silva	Individual	Veterano M40	03:47:41	+01:02:33	07:07
22	83	Miguel Santos	Individual	Veterano M40	03:54:05	+01:08:57	07:19
23	118	PAULO PIMENTA	Pernetas	Veterano M40	03:54:25	+01:09:17	07:20
24	51	IVO ALMEIDA	Ginásio Fit4Fun	Veterano M40	03:54:25	+01:09:17	07:20
25	84	Nuno A Silva	Individual	Veterano M40	03:55:56	+01:10:48	07:22
26	50	Angelo Pinho	Ginásio Fit4Fun	Veterano M40	03:56:05	+01:10:58	07:23
27	96	FERNANDO JORGE	Invicta Runners Team	Veterano M40	03:56:20	+01:11:12	07:23
28	106	José Faria	NO TOMORROW RUNNING TEAM	Veterano M40	03:57:53	+01:12:45	07:26
29	113	Jorge Silva	OS FALTA D´AR	Veterano M40	03:59:01	+01:13:53	07:28
30	155	Hélder Silva	Individual	Veterano M40	03:59:06	+01:13:58	07:28
31	55	Miguel Santos	Grupo Desportivo Cultural Guilhovai	Veterano M40	03:59:07	+01:14:00	07:28
32	79	Gonçalo Valente	Individual	Veterano M40	04:04:56	+01:19:49	07:39
33	111	Armando Rocha	OlhaK3	Veterano M40	04:05:51	+01:20:43	07:41
34	9	Ricardo Barros	Amigos do Santo Ambrósio	Veterano M40	04:07:33	+01:22:25	07:44
35	22	Fernando Santos	Clube Pessoal Aguas Gaia	Veterano M40	04:13:03	+01:27:56	07:55
36	88	Paulo Vaz	Individual	Veterano M40	04:18:02	+01:32:54	08:04
37	89	Pedro Oliveira	Individual	Veterano M40	04:25:15	+01:40:07	08:17
38	34	Marco Couto	CSCD CM FEIRA	Veterano M40	04:27:39	+01:42:31	08:22
39	52	Luis Guerra	Ginásio Fit4Fun	Veterano M40	04:29:16	+01:44:08	08:25
40	8	Paulo Nunes	Amigos do Elisio	Veterano M40	04:30:58	+01:45:50	08:28
41	80	Ivo Couto	Individual	Veterano M40	04:33:20	+01:48:12	08:33
42	86	Paulo Jorge Romão de Campos	Individual	Veterano M40	04:37:25	+01:52:17	08:40
43	85	Paulo António Pereira Duarte	Individual	Veterano M40	04:38:11	+01:53:03	08:42
44	91	Sérgio Almeida	Individual	Veterano M40	04:43:39	+01:58:31	08:52
45	76	Antonio Franco	Individual	Veterano M40	04:50:24	+02:05:16	09:05
46	13	José Correia	ARCORUN	Veterano M40	04:57:32	+02:12:24	09:18
47	14	Paulo Reis	ARCORUN	Veterano M40	04:57:32	+02:12:24	09:18
48	117	Mário Cardoso	Pernetas	Veterano M40	04:58:25	+02:13:17	09:20

1	128	José Cabral	Sporting Clube de Espinho / António Leitão	Veterano M50	02:49:17	+04:10	05:17
2	24	José Adelino	Clube Pessoal Aguas Gaia	Veterano M50	03:31:54	+46:46	06:37
3	112	Paulo Silva	OlhaK3	Veterano M50	03:39:32	+54:24	06:52
4	93	PAULO JOSÉ MOREIRA	Individual	Veterano M50	03:53:42	+01:08:34	07:18
5	92	Artur Soares	Individual	Veterano M50	04:01:31	+01:16:23	07:33
6	53	DURBALINO FERREIRA	Ginásio Fit4Fun	Veterano M50	04:21:15	+01:36:07	08:10

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Official Timekeeper: Lap2Go	1 / 1	generate 01-May-2018 15:04
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