

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:00	10°C	87%
End	17:30	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	403	Bruno Sousa	team trail bifase	Senior Masculino	04:26:46		05:33
2	326	Bruno Silva	oralklass-amigos do trail	Senior Masculino	04:26:46	+00:00	05:33
3	329	Pedro Barros	oralklass-amigos do trail	Senior Masculino	04:31:35	+04:49	05:39
4	26	SERGIO SÁ	águias de alvelos	Senior Masculino	04:32:29	+05:43	05:41
5	31	Miguel Pires	amcf - arrábida trail team	Senior Masculino	04:35:41	+08:55	05:45
6	84	André Duarte	c.d.c. nave / trail runners	Senior Masculino	04:37:19	+10:33	05:47
7	401	Carlos Veloso	team sindeq	Veterano M40	04:42:36	+15:50	05:53
8	146	Emanuel Machado	dap trail team	Senior Masculino	04:45:46	+19:00	05:57
9	22	BRUNO RIBEIRO	águias de alvelos	Senior Masculino	04:45:59	+19:13	05:57
10	333	Luís Martins	oralklass-amigos do trail	Veterano M40	04:46:01	+19:15	05:58
11	406	Leonel Cunha	team trail bifase	Senior Masculino	04:49:10	+22:24	06:01
12	35	Rui Luz	amcf - arrábida trail team	Veterano M40	04:51:45	+24:59	06:05
13	135	Diogo Pinheiro	coimbra trail running	Senior Masculino	04:52:09	+25:23	06:05
14	9	Paulo Costa	a.d.amarante	Senior Masculino	04:52:30	+25:44	06:06
15	24	HUGO ARAUJO	águias de alvelos	Senior Masculino	04:53:36	+26:50	06:07
16	183	Pedro Rocha	gdr retorta - quinta das arcas	Senior Masculino	04:54:05	+27:19	06:08
17	407	Tiago Godinho	team trail bifase	Senior Masculino	04:56:02	+29:16	06:10
18	32	Rodrigo Noivo	amcf - arrábida trail team	Senior Masculino	04:56:24	+29:38	06:11
19	34	Pedro Veríssimo	amcf - arrábida trail team	Veterano M40	04:57:30	+30:44	06:12
20	51	Daniel Batata	atletismo clube da tocha	Senior Masculino	04:58:31	+31:45	06:13
21	91	Luiz Mota	casa do benfica em abranes	Veterano M40	05:00:19	+33:33	06:15
22	404	Hugo Gonçalves	team trail bifase	Senior Masculino	05:01:52	+35:06	06:17
23	41	Pedro Caprichoso	arcozelo das maias	Senior Masculino	05:01:53	+35:07	06:17
24	66	Pablo Freijanes	boavista trail	Senior Masculino	05:03:12	+36:26	06:19
25	267	Marcelo Araújo	focoteam24	Senior Masculino	05:06:00	+39:14	06:23
26	97	João Henrique da Cruz	cb run	Senior Masculino	05:10:07	+43:21	06:28
27	204	Marisa Vieira	individual	Senior Feminino	05:10:12	+43:26	06:28
28	299	Mario Fonseca	nast - nucleo associativo de santo tirso	Senior Masculino	05:10:17	+43:31	06:28
29	161	Gabriel Meira	edv-viana trail	Veterano M40	05:11:16	+44:30	06:29
30	339	Jorge Pereira	ozxtreme/adcrpereira	Senior Masculino	05:13:52	+47:06	06:32
31	71	Carlos Ferreira	btt alegria // tubani	Veterano M40	05:14:05	+47:19	06:33
32	264	Hugo Silva	lion runners - g. d. leões da guarda	Senior Masculino	05:14:26	+47:40	06:33
33	158	Tiago Teixeira	edv-viana trail	Senior Masculino	05:14:33	+47:47	06:33
34	207	Eduardo Fonseca	individual	Senior Masculino	05:14:56	+48:10	06:34
35	85	Carlos Freitas	c.d.c. nave / trail runners	Senior Masculino	05:15:28	+48:42	06:34
36	23	FRANCISCO FERNANDES	águias de alvelos	Senior Masculino	05:21:58	+55:12	06:42
37	166	Victor Correia	edv-viana trail	Veterano M40	05:21:58	+55:12	06:42
38	102	Fernando Benjamim	centro ciclista de gondomar	Veterano M50	05:22:30	+55:44	06:43
39	419	Adolfo Fernandes	individual	Veterano M50	05:24:18	+57:32	06:45
40	87	Bruno Bondoso	c.d.c. nave / trail runners	Veterano M40	05:25:03	+58:17	06:46
41	72	Lino Pinto	btt alegria // tubani	Veterano M40	05:25:36	+58:50	06:47
42	68	Fernando Alvarez Garcia	boavista trail	Veterano M40	05:26:29	+59:43	06:48

Official Timekeeper: Lap2Go	1 / 8	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	157	Helder Rocha	douroconta - gabinete de apoio e contabilidade, lda	Veterano M40	05:28:22	+01:01:36	06:50
44	418	Antonio Amorim	fiães sport clube	Veterano M40	05:29:26	+01:02:40	06:52
45	402	Vitor Coelho	team sindeq	Veterano M40	05:29:44	+01:02:58	06:52
46	249	David Coutinho	jobra - associação jovens da branca	Veterano M40	05:30:25	+01:03:39	06:53
47	340	Jose Pereira	ozxtreme/adcrpereira	Senior Masculino	05:31:52	+01:05:06	06:55
48	33	Luís Trindade	amcf - arrábida trail team	Veterano M40	05:34:11	+01:07:25	06:58
49	399	Nuno Oliveira	team sindeq	Senior Masculino	05:34:31	+01:07:45	06:58
50	230	Elísio Gonçalves	individual	Veterano M40	05:35:09	+01:08:23	06:59
51	306	Paulo Ferreira	nocturnos de paredes	Veterano M40	05:36:20	+01:09:34	07:00
52	245	Jorge Abrantes	individual	Veterano M50	05:38:55	+01:12:09	07:04
53	201	Luís Mendonça	hl runners club	Veterano M50	05:39:06	+01:12:20	07:04
54	324	Nádia Casteleiro	oralklass-amigos do trail	Senior Feminino	05:39:48	+01:13:02	07:05
55	238	José Miguel Nogueira	individual	Veterano M40	05:39:53	+01:13:07	07:05
56	15	Alexandre Mendes	abutres	Veterano M40	05:40:16	+01:13:30	07:05
57	322	Paulo Domingues	olímpico vianense trail	Veterano M50	05:40:53	+01:14:07	07:06
58	48	Ricardo Rodrigues	asdreq	Senior Masculino	05:41:10	+01:14:24	07:06
59	8	César Duarte	a.d.amarante	Senior Masculino	05:41:32	+01:14:46	07:07
60	94	Luis Pereira	casal de cambra	Senior Masculino	05:42:15	+01:15:29	07:08
61	199	Paulo Santos	grupo desportivo ferreirense	Veterano M50	05:42:51	+01:16:05	07:09
62	312	José Vieira	ocs proaventuras	Veterano M50	05:43:27	+01:16:41	07:09
63	55	Vitor Faim	atletismo clube da tocha	Veterano M50	05:44:54	+01:18:08	07:11
64	190	ALICE LOPES	ginásio fit4fun	Veterana F40	05:45:37	+01:18:51	07:12
65	30	Filipe Pinheiro	amcf - arrábida trail team	Senior Masculino	05:46:25	+01:19:39	07:13
66	281	Margarida Madeira	monsanto running team	Senior Feminino	05:46:31	+01:19:45	07:13
67	178	Diogo Simal Santos	g.d.trancoso	Senior Masculino	05:47:35	+01:20:49	07:14
68	109	Daniel Costa	clube atletismo fafe	Senior Masculino	05:48:15	+01:21:29	07:15
69	414	João Antunes	viana running	Veterano M40	05:48:28	+01:21:42	07:16
70	11	Luís Silva	abcansado trail	Senior Masculino	05:49:05	+01:22:19	07:16
71	263	Celso Oliveira	lion runners - g. d. leões da guarda	Senior Masculino	05:49:46	+01:23:00	07:17
72	265	Miguel Ferreira	lion runners - g. d. leões da guarda	Veterano M40	05:49:47	+01:23:01	07:17
73	286	Paulo Nogueira	montanha club trail running / efapel	Veterano M40	05:49:52	+01:23:06	07:17
74	47	Jorge Moita	arsm - associação recreativa de s. miguel	Veterano M40	05:50:39	+01:23:53	07:18
75	185	Joaquim Freitas	gdr retorta - quinta das arcas	Veterano M40	05:50:58	+01:24:12	07:19
76	25	MARCELO MARTINS	águias de alvelos	Senior Masculino	05:51:11	+01:24:25	07:19
77	184	Eurico Moura	gdr retorta - quinta das arcas	Veterano M40	05:51:44	+01:24:58	07:20
78	288	Ricardo Almeida	morcegos trail	Senior Masculino	05:52:59	+01:26:13	07:21
79	359	Paulo Pires	runners do demo	Veterano M40	05:53:10	+01:26:24	07:21
80	268	Nuno Faria	focoteam24	Senior Masculino	05:54:05	+01:27:19	07:23
81	325	Rita Loureiro	oralklass-amigos do trail	Senior Feminino	05:54:33	+01:27:47	07:23
82	290	Carlos Figueiredo	morcegos trail	Veterano M40	05:56:35	+01:29:49	07:26
83	53	António Batata	atletismo clube da tocha	Veterano M40	05:57:15	+01:30:29	07:27
84	345	Nelson Leal	phoenix evorun	Senior Masculino	05:57:39	+01:30:53	07:27
85	28	Paulo Machado	aliados trail running team	Senior Masculino	05:59:01	+01:32:15	07:29
86	118	Américo Caldeira	clube desportivo e cultural do porto moniz	Veterano M40	06:00:45	+01:33:59	07:31
87	175	Mario Rodrigues	federação família para paz mundial e unificação	Veterano M50	06:01:06	+01:34:20	07:31

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	138	Daniel Santos	abcsansado trail	Veterano M40	06:01:21	+01:34:35	07:32
89	173	Nuno Teixeira	factor x / s4l / medense fc	Senior Masculino	06:02:53	+01:36:07	07:34
90	318	Rui Lima	olímpico vianense trail	Senior Masculino	06:02:54	+01:36:08	07:34
91	233	Frank Fritsche	individual	Veterano M40	06:03:39	+01:36:53	07:35
92	328	Nuno Pereira	oralklass-amigos do trail	Senior Masculino	06:03:43	+01:36:57	07:35
93	374	Paulino Abreu	solopisadas team	Veterano M40	06:03:50	+01:37:04	07:35
94	284	Fernando Bastos	montanha club trail running / efapel	Senior Masculino	06:05:08	+01:38:22	07:36
95	227	Arturo Rey	individual	Veterano M40	06:05:31	+01:38:45	07:37
96	332	Júlia Fernandes	oralklass-amigos do trail	Veterana F50	06:06:01	+01:39:15	07:38
97	388	João Silva	team lanthemil	Senior Masculino	06:06:16	+01:39:30	07:38
98	12	Pedro Pires	abcsansado trail	Senior Masculino	06:07:14	+01:40:28	07:39
99	52	Sara Silva	atletismo clube da tocha	Senior Feminino	06:08:11	+01:41:25	07:40
100	164	Sérgio Ramos	edv-viana trail	Veterano M40	06:08:30	+01:41:44	07:41
101	170	VÍTOR MAIA	espinho trail	Senior Masculino	06:08:37	+01:41:51	07:41
102	384	Rosalia Silva	team lanthemil	Senior Feminino	06:09:10	+01:42:24	07:41
103	104	Rui Martins	clac entroncamento/ondatrilhos	Senior Masculino	06:09:15	+01:42:29	07:42
104	307	José Gomes	nocturnos de paredes	Veterano M50	06:10:11	+01:43:25	07:43
105	342	Filipe Fernandes	palmeira runners	Senior Masculino	06:11:05	+01:44:19	07:44
106	37	Jorge Manuel Barbosa Moreira Jorge Barbosa	amigos do pedal trailagares	Veterano M50	06:11:47	+01:45:01	07:45
107	155	Rui Franco	dive into the mountains	Veterano M40	06:12:11	+01:45:25	07:45
108	303	Paulo Gomes	no tomorrow running team	Veterano M40	06:12:57	+01:46:11	07:46
109	305	Fernando Almeida	nocturnos de paredes	Veterano M40	06:13:04	+01:46:18	07:46
110	282	Hélder Lemos	monsanto running team	Senior Masculino	06:13:25	+01:46:39	07:47
111	371	Paula Lage	sim summit	Veterana F40	06:13:32	+01:46:46	07:47
112	106	Pedro Anjos	clac entroncamento/ondatrilhos	Veterano M40	06:14:33	+01:47:47	07:48
113	103	Mário Leal	ciaia	Veterano M40	06:15:28	+01:48:42	07:49
114	101	Ângelo Pereira	centro ciclista de gondomar	Veterano M50	06:15:38	+01:48:52	07:50
115	115	António Madeira	clube de praças da armada	Veterano M50	06:15:53	+01:49:07	07:50
116	377	Mark Macedo	sport events	Senior Masculino	06:16:01	+01:49:15	07:50
117	234	Henrique Barbosa	individual	Veterano M40	06:16:02	+01:49:16	07:50
118	239	Nelson Castro	individual	Veterano M40	06:16:09	+01:49:23	07:50
119	89	Anabela Rainho	cafs atletismo	Senior Feminino	06:16:14	+01:49:28	07:50
120	223	Amélia Costa	individual	Veterana F50	06:16:33	+01:49:47	07:51
121	368	Nuno Coelho Silva	salgueiros running	Veterano M40	06:18:52	+01:52:06	07:54
122	123	Paulo Silva	clube zipper	Senior Masculino	06:19:12	+01:52:26	07:54
123	57	Arménio Rodrigues	aztrail/mercentro	Veterano M40	06:19:47	+01:53:01	07:55
124	304	Filipe Barbosa	nocturnos de paredes	Senior Masculino	06:20:26	+01:53:40	07:56
125	168	Patricio Afonso	equipa a	Veterano M40	06:20:49	+01:54:03	07:56
126	275	Diogo Lino	marujos	Senior Masculino	06:22:05	+01:55:19	07:58
127	156	José Pinto	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	06:22:49	+01:56:03	07:59
128	330	Sérgio Suzano	oralklass-amigos do trail	Senior Masculino	06:24:14	+01:57:28	08:00
129	316	Fernando Rodrigues	olímpico vianense trail	Senior Masculino	06:25:08	+01:58:22	08:01
130	319	Nuno Araujo	olímpico vianense trail	Veterano M40	06:25:08	+01:58:22	08:01
131	376	Ricardo Neto	soure mov	Veterano M40	06:25:14	+01:58:28	08:02
132	17	Tiago Salgueiro	abutres	Veterano M40	06:25:39	+01:58:53	08:02

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
133	349	TANIA BATEIRA	portocargo runners	Senior Feminino	06:25:54	+01:59:08	08:02
134	212	Jorge Fernandes	individual	Senior Masculino	06:26:00	+01:59:14	08:03
135	179	Mario Melo	galhardos runners	Senior Masculino	06:26:15	+01:59:29	08:03
136	393	Manuel Costa	team lantemil	Veterano M40	06:26:55	+02:00:09	08:04
137	95	Filipe Pedro	cavalas velozes	Veterano M40	06:26:57	+02:00:11	08:04
138	398	Rodrigo Silva	team lantemil	Veterano M40	06:27:01	+02:00:15	08:04
139	152	Carlos Ribeiro	dive into the mountains	Senior Masculino	06:27:08	+02:00:22	08:04
140	355	Rui Nogueira	runners do demo	Senior Masculino	06:27:21	+02:00:35	08:04
141	343	Rui Sousa	palmeira runners	Senior Masculino	06:27:41	+02:00:55	08:05
142	260	Luis Teixeira	limitless	Senior Masculino	06:28:15	+02:01:29	08:05
143	172	Carlos Azevedo	factor x / s4l / medense fc	Senior Masculino	06:28:48	+02:02:02	08:06
144	116	Manuel Chantre	clube de trail do alvão	Veterano M50	06:29:03	+02:02:17	08:06
145	165	Stephane Simoes	edv-viana trail	Veterano M40	06:29:27	+02:02:41	08:07
146	163	Pedro caldas caldas	edv-viana trail	Veterano M40	06:29:27	+02:02:41	08:07
147	43	Pedro Freitas	arriba trail runners	Senior Masculino	06:30:26	+02:03:40	08:08
148	415	Francisco Rebelo	vila nova de gaia	Veterano M40	06:31:15	+02:04:29	08:09
149	6	Sérgio Silva	"runner"- escola de atletismo de rio tinto	Veterano M40	06:31:25	+02:04:39	08:09
150	181	Pedro Morgado	gdcr lages	Senior Masculino	06:32:18	+02:05:32	08:10
151	226	Artur Ferreira	individual	Veterano M40	06:33:41	+02:06:55	08:12
152	390	Elisabete Santos	team lantemil	Veterana F40	06:33:46	+02:07:00	08:12
153	90	Fernando Martins	cafz atletismo	Veterano M60	06:33:55	+02:07:09	08:12
154	45	Gonçalo Rodrigues	arsm - associação recreativa de s. miguel	Senior Masculino	06:34:10	+02:07:24	08:13
155	60	Rui Peres	babylon health	Senior Masculino	06:34:24	+02:07:38	08:13
156	280	Francisco Nogueira	millenniumbcp	Veterano M50	06:34:29	+02:07:43	08:13
157	259	Joaquim Leite	leões de tardariz trail	Veterano M50	06:34:35	+02:07:49	08:13
158	70	Nuno Moleiro	brunosempre	Veterano M40	06:34:41	+02:07:55	08:13
159	277	Paulo Miguel Rebelo	marujos	Senior Masculino	06:35:45	+02:08:59	08:15
160	337	Costa Alfredo	oursense	Veterano M50	06:35:50	+02:09:04	08:15
161	65	Luís Magalhães	boavista trail	Senior Masculino	06:35:54	+02:09:08	08:15
162	117	Cátia Fiqueli	clube desportivo e cultural do porto moniz	Senior Feminino	06:35:58	+02:09:12	08:15
163	16	Mario Martins	abutres	Veterano M40	06:36:44	+02:09:58	08:16
164	105	Lina Marques	clac entroncamento/ondatrilhos	Veterana F40	06:36:58	+02:10:12	08:16
165	107	Carlos Antunes	clac entroncamento/ondatrilhos	Veterano M50	06:37:07	+02:10:21	08:16
166	397	Paulo Renato	team lantemil	Veterano M40	06:37:17	+02:10:31	08:17
167	99	Ana Amaral	centro ciclista de gondomar	Veterana F40	06:38:16	+02:11:30	08:18
168	39	André Miguel Monteiro	arcd venda da luisa	Senior Masculino	06:38:22	+02:11:36	08:18
169	258	Vitor Santos	leões de tardariz trail	Veterano M40	06:39:28	+02:12:42	08:19
170	143	Alberto Silva	crocodilos/misterpc	Senior Masculino	06:40:05	+02:13:19	08:20
171	254	Fernando Gomes	kemedo team	Veterano M40	06:40:47	+02:14:01	08:21
172	169	Carneiro Carneiro	esmeriz	Veterano M40	06:40:49	+02:14:03	08:21
173	77	Jorge Novoa Perez	c.a.r. marisqueiro	Senior Masculino	06:40:50	+02:14:04	08:21
174	370	Pedro Nogueira	shots internacional runners	Senior Masculino	06:42:04	+02:15:18	08:23
175	362	Cristiana Ferreira	running espinho	Senior Feminino	06:42:34	+02:15:48	08:23
176	257	Miguel Alves	leões de tardariz trail	Senior Masculino	06:42:37	+02:15:51	08:23
177	352	Andreia Oliveira	runners do demo	Senior Feminino	06:43:40	+02:16:54	08:25
178	130	Jorge Nabais	coa / corvus trail team	Senior Masculino	06:43:58	+02:17:12	08:25

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	232	Francisco Moreira	individual	Veterano M40	06:44:36	+02:17:50	08:26
180	323	Ana Vieira	oralklass-amigos do trail	Senior Feminino	06:44:58	+02:18:12	08:26
181	256	Jorge Bastos	leça do balio	Veterano M40	06:44:59	+02:18:13	08:26
182	381	Marco Pinto	team invictus	Senior Masculino	06:45:04	+02:18:18	08:26
183	177	Antonio Teixeira	fridão sem limites	Veterano M50	06:45:21	+02:18:35	08:27
184	96	Javier Navia Garcia	cazafantasmas	Veterano M40	06:46:18	+02:19:32	08:28
185	217	Paulo Melo	individual	Senior Masculino	06:46:43	+02:19:57	08:28
186	213	Jorge Santos	individual	Senior Masculino	06:47:33	+02:20:47	08:29
187	208	Germano Joaquim Figueira	individual	Senior Masculino	06:47:33	+02:20:47	08:29
188	341	Sónia Túbal	paço de arcos	Veterana F40	06:48:14	+02:21:28	08:30
189	205	André Cardão	individual	Senior Masculino	06:49:18	+02:22:32	08:32
190	129	Rute Martins	coa / corvus trail team	Senior Feminino	06:50:16	+02:23:30	08:33
191	193	Hermenegildo Mendes	gondomar futsal clube	Senior Masculino	06:50:32	+02:23:46	08:33
192	64	Luís Froes	boavista trail	Senior Masculino	06:50:45	+02:23:59	08:33
193	416	Vitor Barroso	vila nova de gaia	Veterano M40	06:50:49	+02:24:03	08:34
194	18	Fábio Silva	acbatalha	Senior Masculino	06:51:15	+02:24:29	08:34
195	372	David Alves	solopisadas team	Veterano M40	06:51:41	+02:24:55	08:35
196	211	João Araújo	individual	Senior Masculino	06:51:44	+02:24:58	08:35
197	300	Rui Carneiro	nast - nucleo associativo de santo tirso	Senior Masculino	06:52:45	+02:25:59	08:36
198	287	Gonçalo Raposo	morcegos trail	Senior Masculino	06:53:17	+02:26:31	08:37
199	291	Ricardo Mendonça	morcegos trail	Veterano M40	06:53:17	+02:26:31	08:37
200	187	Rogério Coelho	gdr retorta - quinta das arcas	Veterano M40	06:54:44	+02:27:58	08:38
201	186	Manuel Costa	gdr retorta - quinta das arcas	Veterano M40	06:54:44	+02:27:58	08:38
202	67	Belén Rodríguez Vidal	boavista trail	Veterana F40	06:57:26	+02:30:40	08:42
203	29	Nelson Carvalho	alvelinhos running	Veterano M40	06:57:38	+02:30:52	08:42
204	83	Michael Granadeiro	c.d."os águias" de alpiarça	Senior Masculino	06:58:11	+02:31:25	08:43
205	27	Miguel De Oliveira	airão trail team	Veterano M40	06:58:40	+02:31:54	08:43
206	69	Fernando Jorge	boavista trail	Veterano M40	06:59:55	+02:33:09	08:45
207	216	Nelson Amaral	individual	Senior Masculino	06:59:55	+02:33:09	08:45
208	321	Fernando Alves	olímpico vianense trail	Veterano M50	07:01:01	+02:34:15	08:46
209	247	Carlos Correia	individual	Veterano M60	07:01:11	+02:34:25	08:46
210	283	Jose Manuel Sena Serrano Serrano	monsanto running team	Veterano M40	07:01:34	+02:34:48	08:47
211	250	Carlos Leal	kemedo team	Senior Masculino	07:02:56	+02:36:10	08:49
212	58	Conceição Ferreira	aztrail/mercentro	Veterana F50	07:03:24	+02:36:38	08:49
213	351	Loes Schuren	puxa por ti	Veterana F40	07:05:37	+02:38:51	08:52
214	75	Fernando Millara	c.a.r. marisqueiro	Senior Masculino	07:06:14	+02:39:28	08:53
215	80	Oscar Manuel Fernandez Perez	c.a.r. marisqueiro	Veterano M40	07:06:14	+02:39:28	08:53
216	81	Alfonso Costas Fernandez	c.a.r. marisqueiro	Veterano M50	07:06:14	+02:39:28	08:53
217	231	Fernando Oliveira Gomes	individual	Veterano M40	07:06:23	+02:39:37	08:53
218	111	Luis Martins	clube de atletismo da barreira	Senior Masculino	07:06:47	+02:40:01	08:53
219	276	João Façôco	marujos	Senior Masculino	07:08:04	+02:41:18	08:55
220	194	Fernando Pereira	gondomar futsal clube	Veterano M50	07:08:52	+02:42:06	08:56
221	313	FLAVIO SILVA	ofrunning	Senior Masculino	07:08:59	+02:42:13	08:56
222	315	RUI PEREIRA	ofrunning	Veterano M40	07:09:00	+02:42:14	08:56
223	132	Lúcio Alves	coa / corvus trail team	Veterano M40	07:10:33	+02:43:47	08:58

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
224	127	Marília Noro	coa / corvus trail team	Senior Feminino	07:10:33	+02:43:47	08:58
225	36	Adelio Gouveia	amigos da montanha	Veterano M40	07:10:36	+02:43:50	08:58
226	14	Pedro Costa	abcansado trail	Veterano M40	07:10:38	+02:43:52	08:58
227	246	Paulo Ferreira	individual	Veterano M50	07:11:19	+02:44:33	08:59
228	220	Maria Fátima Silva Lopes	individual	Veterana F40	07:12:15	+02:45:29	09:00
229	391	Mónica Martins	team lanthemil	Veterana F40	07:12:40	+02:45:54	09:01
230	392	Joaquim Silva	team lanthemil	Veterano M40	07:12:40	+02:45:54	09:01
231	395	Miguel Araújo	team lanthemil	Veterano M40	07:12:40	+02:45:54	09:01
232	10	Paulo Alves	a.d.amarante	Veterano M40	07:12:47	+02:46:01	09:01
233	191	Angelo Pinho	ginásio fit4fun	Veterano M40	07:13:27	+02:46:41	09:02
234	196	José Mendes	gondomar futsal clube	Veterano M50	07:14:06	+02:47:20	09:03
235	210	Hugo Silva	individual	Senior Masculino	07:14:22	+02:47:36	09:03
236	302	Raquel Vasconcelos	no tomorrow running team	Veterana F40	07:14:39	+02:47:53	09:03
237	262	Bruno Monteiro	lion runners - g. d. leões da guarda	Senior Masculino	07:15:32	+02:48:46	09:04
238	266	Pedro Gaio	lion runners - g. d. leões da guarda	Veterano M40	07:15:32	+02:48:46	09:04
239	108	José Marçal	clac entroncamento/ondatrilhos	Veterano M50	07:16:22	+02:49:36	09:05
240	112	Ana Teixeira	clube de atletismo trail runners da ponte	Senior Feminino	07:16:45	+02:49:59	09:06
241	320	Pedro Carvalhido	olímpico vianense trail	Veterano M40	07:17:49	+02:51:03	09:07
242	378	Júlia Conceição	sport events	Veterana F50	07:21:45	+02:54:59	09:12
243	110	Ricardo Gonçalves	clube atletismo fafe	Veterano M40	07:22:55	+02:56:09	09:14
244	278	Francisco Costa	matilha da atalaia	Veterano M50	07:24:17	+02:57:31	09:15
245	412	Artur Ferreira	unidos à fresca	Veterano M40	07:25:34	+02:58:48	09:17
246	411	Daniela Soares	unidos à fresca	Senior Feminino	07:25:34	+02:58:48	09:17
247	215	Luís Teixeira	individual	Senior Masculino	07:27:45	+03:00:59	09:20
248	62	Bruno Fernandes	boavista trail	Senior Masculino	07:27:53	+03:01:07	09:20
249	294	Rita Gabriel	não fazemos nem mais um...km	Senior Feminino	07:29:46	+03:03:00	09:22
250	56	António Martins	aztrail/mercentro	Senior Masculino	07:30:39	+03:03:53	09:23
251	128	Nádia Afonso	coa / corvus trail team	Senior Feminino	07:31:19	+03:04:33	09:24
252	131	Ricardo Salgueiro	coa / corvus trail team	Senior Masculino	07:31:20	+03:04:34	09:24
253	122	Silvério Oliveira Santos	clube pessoal águas gaia	Veterano M40	07:33:02	+03:06:16	09:26
254	153	Carla Antunes	dive into the mountains	Veterana F40	07:33:40	+03:06:54	09:27
255	229	Eduardo Pinto	individual	Veterano M40	07:33:42	+03:06:56	09:27
256	198	Lurdes Gil	grupo desportivo ferreirense	Veterana F40	07:33:45	+03:06:59	09:27
257	365	Bruno Duque	s. s. montepio	Senior Masculino	07:33:45	+03:06:59	09:27
258	79	César Martínez González	c.a.r. marisqueiro	Veterano M40	07:34:24	+03:07:38	09:28
259	353	Joao Neto	runners do demo	Senior Masculino	07:34:57	+03:08:11	09:29
260	357	Jorge Pacheco	runners do demo	Veterano M40	07:35:49	+03:09:03	09:30
261	360	RUI FERNANDES	runners do demo	Veterano M40	07:36:27	+03:09:41	09:31
262	296	Gonçalo Valente	não fazemos nem mais um...km	Veterano M40	07:37:03	+03:10:17	09:31
263	44	Nuno Fontes	arribas	Senior Masculino	07:37:21	+03:10:35	09:32
264	142	Orlando Costa	correr leça	Veterano M50	07:37:40	+03:10:54	09:32
265	137	Ricardo Pimenta	correr leça	Senior Masculino	07:37:40	+03:10:54	09:32
266	138	Tiago Coelho	correr leça	Senior Masculino	07:37:40	+03:10:54	09:32
267	336	Bruno Ferreira	osteo performance 360º	Senior Masculino	07:40:19	+03:13:33	09:35
268	21	Emanuel Martins	afrilanrunners	Veterano M40	07:40:58	+03:14:12	09:36
269	274	Luis Leite	maia runners	Veterano M40	07:41:55	+03:15:09	09:37

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
270	273	Ceu Costa	maia runners	Veterana F40	07:41:55	+03:15:09	09:37
271	113	António Lopes	clube de atletismo trail runners da ponte	Senior Masculino	07:42:10	+03:15:24	09:38
272	126	Marco Vieira	clube zipper	Veterano M40	07:42:42	+03:15:56	09:38
273	124	Pedro Cancelo	clube zipper	Senior Masculino	07:42:42	+03:15:56	09:38
274	367	Miguel Pedro	salamandrecos	Veterano M50	07:43:42	+03:16:56	09:40
275	218	Ricardo Oliveira	individual	Senior Masculino	07:43:54	+03:17:08	09:40
276	5	Oleksandr Peretyatko	individual	Senior Masculino	07:44:43	+03:17:57	09:41
277	136	Emanuel Almeida	comdor runners	Senior Masculino	07:45:28	+03:18:42	09:42
278	167	Mário Fernandes	em'força - corremos com a esclerose múltipla	Veterano M40	07:45:28	+03:18:42	09:42
279	197	Sofia Simões	grupo desportivo ferreirense	Senior Feminino	07:45:46	+03:19:00	09:42
280	134	Simao Petulante	coa / corvus trail team	Veterano M40	07:45:54	+03:19:08	09:42
281	100	Henrique Matos	centro ciclista de gondomar	Veterano M40	07:47:19	+03:20:33	09:44
282	253	Costa Rafael Sara Raquel	kemedo team	Veterana F40	07:48:36	+03:21:50	09:46
283	252	Pedro Marques	kemedo team	Senior Masculino	07:48:36	+03:21:50	09:46
284	46	Luís Silva	arsm - associação recreativa de s. miguel	Senior Masculino	07:48:42	+03:21:56	09:46
285	387	Hélio Borges	team lantermil	Senior Masculino	07:50:44	+03:23:58	09:48
286	394	Marco Moreira	team lantermil	Veterano M40	07:50:44	+03:23:58	09:48
287	180	Jorge Silva	gd bpi	Veterano M40	07:51:26	+03:24:40	09:49
288	214	Luis Braga	individual	Senior Masculino	07:52:20	+03:25:34	09:50
289	366	Orlando Gabriel Da Silva Ferreira	sabores do paço/zatopeques	Veterano M60	07:54:29	+03:27:43	09:53
290	297	Claudino Rebelo	não fazemos nem mais um...km	Veterano M50	07:55:08	+03:28:22	09:54
291	49	Maria Loureiro	associação desportiva de cabroelo	Veterana F40	07:55:12	+03:28:26	09:54
292	195	Paulo Gama	gondomar futsal clube	Veterano M50	07:56:15	+03:29:29	09:55
293	222	Sylvie Duarte	individual	Veterana F40	07:56:15	+03:29:29	09:55
294	225	António Simões	individual	Veterano M40	07:56:35	+03:29:49	09:56
295	373	Jose Cacheda	solopisadas team	Veterano M40	08:00:33	+03:33:47	10:01
296	235	João Oliveira	individual	Veterano M40	08:00:59	+03:34:13	10:01
297	289	Vedor Vedor	morcegos trail	Veterana F40	08:01:48	+03:35:02	10:02
298	88	Filipe Conceição	c.d.c. nave / trail runners	Veterano M40	08:03:40	+03:36:54	10:05
299	335	António Oliveira	os finos	Veterano M40	08:08:48	+03:42:02	10:11
300	334	Filipe Leite	os finos	Senior Masculino	08:08:50	+03:42:04	10:11
301	82	Ramiro Alvarez Nores	c.a.r. marisqueiro	Veterano M50	08:10:48	+03:44:02	10:14
302	76	Ivan Martinez	c.a.r. marisqueiro	Senior Masculino	08:10:48	+03:44:02	10:14
303	133	Nuno Figueiredo	coa / corvus trail team	Veterano M40	08:11:21	+03:44:35	10:14
304	120	Mário Ferreira	clube efacec	Veterano M40	08:12:02	+03:45:16	10:15
305	200	Maria Loureiro	grupo desportivo santander	Veterana F40	08:12:02	+03:45:16	10:15
306	361	Jose Rodrigues Costa	runners do demo	Veterano M50	08:12:03	+03:45:17	10:15
307	202	Andreia Amorim	individual	Senior Feminino	08:12:03	+03:45:17	10:15
308	74	Hendrik Wielinga	budeguita runners	Veterano M50	08:12:22	+03:45:36	10:15
309	295	Teresa Ramalho Conceição	não fazemos nem mais um...km	Veterana F50	08:12:43	+03:45:57	10:16
310	221	Patrícia Lourenço	individual	Veterana F40	08:13:16	+03:46:30	10:17
311	148	Inês Peres	desliza team / ozxtreme	Senior Feminino	08:17:06	+03:50:20	10:21
312	285	Joel José Ginga	montanha club trail running / efapel	Senior Masculino	08:18:12	+03:51:26	10:23
313	139	Maria Ferreira	correr leça	Veterana F40	08:19:05	+03:52:19	10:24
314	344	Pedro Gavina	pg&ag	Veterano M40	08:19:05	+03:52:19	10:24

ULTRA - STAGE 1

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
315	73	Rui Airosa	budeguita runners	Veterano M40	08:19:30	+03:52:44	10:24
316	240	Nuno Fabião	individual	Veterano M40	08:21:06	+03:54:20	10:26
317	63	Bruno Loureiro	boavista trail	Senior Masculino	08:21:20	+03:54:34	10:27
318	121	ARTUR SILVA	clube millennium bcp	Veterano M50	08:21:45	+03:54:59	10:27
319	400	Susana Costa	team sindeq	Veterana F40	08:23:24	+03:56:38	10:29
320	269	Daniel Andrade	lufrei, amarante	Senior Masculino	08:28:50	+04:02:04	10:36
321	270	Paulo Azevedo	lusitanos	Veterano M50	08:29:41	+04:02:55	10:37
322	92	António Paulo	casa jovase	Veterano M50	08:31:11	+04:04:25	10:39
323	301	Ana Barroso	no tomorrow running team	Veterana F40	08:32:21	+04:05:35	10:40
324	125	Susana Neta	clube zipper	Veterana F40	08:36:13	+04:09:27	10:45
325	114	Bruno Marquês	clube de atletismo trail runners da ponte	Veterano M40	08:36:46	+04:10:00	10:46
326	408	Carla Santos	tog associação running team	Veterana F40	08:37:32	+04:10:46	10:47
327	409	Henrique Bruno Santos	tog associação running team	Veterano M40	08:37:32	+04:10:46	10:47
328	348	Luís Poeira	porto sentido runners	Veterano M50	08:37:52	+04:11:06	10:47
329	151	DAVID ANTUNES	desnível positivo	Veterano M50	08:39:53	+04:13:07	10:50
330	244	João Alves	individual	Veterano M50	08:42:20	+04:15:34	10:53
331	188	Vitor Dias	gdr retorta - quinta das arcas	Veterano M50	08:42:20	+04:15:34	10:53
332	385	Andreia Pereira	team lantemil	Senior Feminino	08:42:57	+04:16:11	10:54
333	396	Miguel Teixeira	team lantemil	Veterano M40	08:42:57	+04:16:11	10:54
334	350	Nuno Lopes	prazer em correr - ilha terceira	Veterano M40	08:44:24	+04:17:38	10:56
335	150	João Mota	desnível positivo	Veterano M40	08:49:16	+04:22:30	11:02
336	50	Paulo Loureiro	associação recreativa juventude do muro	Senior Masculino	08:50:08	+04:23:22	11:03
337	237	José Cardoso	individual	Veterano M40	08:51:17	+04:24:31	11:04
338	189	Sandra Cabral	ginásio clube de bragança	Veterana F40	08:51:17	+04:24:31	11:04
339	347	Miguel Azevedo	porto sentido runners	Veterano M40	09:13:57	+04:47:11	11:32
340	338	Eugénio Santos	out 2 run / miro	Senior Masculino	09:16:09	+04:49:23	11:35
341	147	Inês Mendonça	desliza team / ozxtreme	Senior Feminino	09:16:09	+04:49:23	11:35
342	141	Nuno Morgado	correr leça	Veterano M40	09:16:48	+04:50:02	11:36
343	140	António Barros	correr leça	Veterano M40	09:16:49	+04:50:03	11:36
344	241	Paulo Duarte	individual	Veterano M40	09:20:39	+04:53:53	11:41
345	420	José Fernandez	individual	Veterano M60	09:30:53	+05:04:07	11:54
346	363	Ana Costa	running team maia	Senior Feminino	09:30:57	+05:04:11	11:54
347	364	Paulo Pereira	running team maia	Veterano M40	09:30:58	+05:04:12	11:54

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	08:00	10°C	87%
End	17:30	-99°C	-99%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
------	-----	------	------	-----	--------	------	------

Senior Feminino

1	204	Marisa Vieira	Individual	Senior Feminino	05:10:12	+43:26	06:28:41
2	324	Nádia Casteleiro	Oralklass-Amigos do Trail	Senior Feminino	05:39:48	+01:13:02	07:05:50
3	281	Margarida Madeira	Monsanto Running Team	Senior Feminino	05:46:31	+01:19:45	07:13:56
4	325	Rita Loureiro	Oralklass-Amigos do Trail	Senior Feminino	05:54:33	+01:27:47	07:23:59
5	52	Sara Silva	Atletismo Clube da Tocha	Senior Feminino	06:08:11	+01:41:25	07:40:36
6	384	Rosalia Silva	TEAM LANTEMIL	Senior Feminino	06:09:10	+01:42:24	07:41:34
7	89	Anabela Rainho	CAFZ Atletismo	Senior Feminino	06:16:14	+01:49:28	07:50:42
8	349	TANIA BATEIRA	PORTOCARGO RUNNERS	Senior Feminino	06:25:54	+01:59:08	08:02:52
9	117	Cátia Fiqueli	Clube Desportivo e Cultural do Porto Moniz	Senior Feminino	06:35:58	+02:09:12	08:15:56
10	362	Cristiana Ferreira	RUNNING ESPINHO	Senior Feminino	06:42:34	+02:15:48	08:23:52
11	352	Andreia Oliveira	Runners do Demo	Senior Feminino	06:43:40	+02:16:54	08:25:52
12	323	Ana Vieira	Oralklass-Amigos do Trail	Senior Feminino	06:44:58	+02:18:12	08:26:50
13	129	Rute Martins	COA / Corvus Trail Team	Senior Feminino	06:50:16	+02:23:30	08:33:54
14	127	Marília Noro	COA / Corvus Trail Team	Senior Feminino	07:10:33	+02:43:47	08:58:10
15	112	Ana Teixeira	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Senior Feminino	07:16:45	+02:49:59	09:06:10
16	411	Daniela Soares	UNIDOS À FRESCA	Senior Feminino	07:25:34	+02:58:48	09:17:52
17	294	Rita Gabriel	Não Fazemos Nem Mais Um...Km	Senior Feminino	07:29:46	+03:03:00	09:22:54
18	128	Nádia Afonso	COA / Corvus Trail Team	Senior Feminino	07:31:19	+03:04:33	09:24:52
19	197	Sofia Simões	Grupo Desportivo Ferreirense	Senior Feminino	07:45:46	+03:19:00	09:42:50
20	202	Andreia Amorim	Individual	Senior Feminino	08:12:03	+03:45:17	10:15:50
21	148	Inês Peres	Desliza Team / Ozxtreme	Senior Feminino	08:17:06	+03:50:20	10:21:54
22	385	Andreia Pereira	TEAM LANTEMIL	Senior Feminino	08:42:57	+04:16:11	10:54:50
23	147	Inês Mendonça	Desliza Team / Ozxtreme	Senior Feminino	09:16:09	+04:49:23	11:35:50
24	363	Ana Costa	RUNNING TEAM MAIA	Senior Feminino	09:30:57	+05:04:11	11:54:50

Senior Masculino

1	403	Bruno Sousa	Team Trail Bifase	Senior Masculino	04:26:46	05:33
2	326	Bruno Silva	Oralklass-Amigos do Trail	Senior Masculino	04:26:46	+00:00 05:33
3	329	Pedro Barros	Oralklass-Amigos do Trail	Senior Masculino	04:31:35	+04:49 05:39
4	26	SERGIO SÁ	ÁGUIAS DE ALVELOS	Senior Masculino	04:32:29	+05:43 05:41
5	31	Miguel Pires	AMCF - Arrábida Trail Team	Senior Masculino	04:35:41	+08:55 05:45
6	84	André Duarte	C.D.C. Nave / Trail Runners	Senior Masculino	04:37:19	+10:33 05:47
7	146	Emanuel Machado	DAP Trail Team	Senior Masculino	04:45:46	+19:00 05:57
8	22	BRUNO RIBEIRO	ÁGUIAS DE ALVELOS	Senior Masculino	04:45:59	+19:13 05:57
9	406	Leonel Cunha	Team Trail Bifase	Senior Masculino	04:49:10	+22:24 06:01
10	135	Diogo Pinheiro	Coimbra Trail Running	Senior Masculino	04:52:09	+25:23 06:05
11	9	Paulo Costa	A.D.Amarante	Senior Masculino	04:52:30	+25:44 06:06

Official Timekeeper: Lap2Go	1 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

12	24	HUGO ARAUJO	ÁGUIAS DE ALVELOS	Senior Masculino	04:53:36	+26:50	06:07
13	183	Pedro Rocha	GDR Retorta - Quinta das Arcas	Senior Masculino	04:54:05	+27:19	06:08
14	407	Tiago Godinho	Team Trail Bifase	Senior Masculino	04:56:02	+29:16	06:10
15	32	Rodrigo Noivo	AMCF - Arrábida Trail Team	Senior Masculino	04:56:24	+29:38	06:11
16	51	Daniel Batata	Atletismo Clube da Tocha	Senior Masculino	04:58:31	+31:45	06:13
17	404	Hugo Gonçalves	Team Trail Bifase	Senior Masculino	05:01:52	+35:06	06:17
18	41	Pedro Caprichoso	Arcozelo das Maias	Senior Masculino	05:01:53	+35:07	06:17
19	66	Pablo Freijanes	Boavista Trail	Senior Masculino	05:03:12	+36:26	06:19
20	267	Marcelo Araújo	FocoTeam24	Senior Masculino	05:06:00	+39:14	06:23
21	97	João Henrique da Cruz	CB RUN	Senior Masculino	05:10:07	+43:21	06:28
22	299	Mario Fonseca	NAST - Nucleo Associativo de Santo Tirso	Senior Masculino	05:10:17	+43:31	06:28
23	339	Jorge Pereira	Ozxtreme/ADCRPereira	Senior Masculino	05:13:52	+47:06	06:32
24	264	Hugo Silva	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	05:14:26	+47:40	06:33
25	158	Tiago Teixeira	EDV-VIANA TRAIL	Senior Masculino	05:14:33	+47:47	06:33
26	207	Eduardo Fonseca	Individual	Senior Masculino	05:14:56	+48:10	06:34
27	85	Carlos Freitas	C.D.C. Nave / Trail Runners	Senior Masculino	05:15:28	+48:42	06:34
28	23	FRANCISCO FERNANDES	ÁGUIAS DE ALVELOS	Senior Masculino	05:21:58	+55:12	06:42
29	340	Jose Pereira	Ozxtreme/ADCRPereira	Senior Masculino	05:31:52	+01:05:06	06:55
30	399	Nuno Oliveira	Team Sindeq	Senior Masculino	05:34:31	+01:07:45	06:58
31	48	Ricardo Rodrigues	ASDREQ	Senior Masculino	05:41:10	+01:14:24	07:06
32	8	César Duarte	A.D.Amarante	Senior Masculino	05:41:32	+01:14:46	07:07
33	94	Luis Pereira	Casal De Cambra	Senior Masculino	05:42:15	+01:15:29	07:08
34	30	Filipe Pinheiro	AMCF - Arrábida Trail Team	Senior Masculino	05:46:25	+01:19:39	07:13
35	178	Diogo Simal Santos	G.D.Trancoso	Senior Masculino	05:47:35	+01:20:49	07:14
36	109	Daniel Costa	Clube Atletismo Fafe	Senior Masculino	05:48:15	+01:21:29	07:15
37	11	Luís Silva	ABCansado Trail	Senior Masculino	05:49:05	+01:22:19	07:16
38	263	Celso Oliveira	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	05:49:46	+01:23:00	07:17
39	25	MARCELO MARTINS	ÁGUIAS DE ALVELOS	Senior Masculino	05:51:11	+01:24:25	07:19
40	288	Ricardo Almeida	Morcegos Trail	Senior Masculino	05:52:59	+01:26:13	07:21
41	268	Nuno Faria	FocoTeam24	Senior Masculino	05:54:05	+01:27:19	07:23
42	345	Nelson Leal	Phoenix Evorun	Senior Masculino	05:57:39	+01:30:53	07:27
43	28	Paulo Machado	Aliados Trail Running Team	Senior Masculino	05:59:01	+01:32:15	07:29
44	173	Nuno Teixeira	FACTOR X / S4L / MEDENSE FC	Senior Masculino	06:02:53	+01:36:07	07:34
45	318	Rui Lima	OLÍMPICO VIANENSE TRAIL	Senior Masculino	06:02:54	+01:36:08	07:34
46	328	Nuno Pereira	Oralklass-Amigos do Trail	Senior Masculino	06:03:43	+01:36:57	07:35
47	284	Fernando Bastos	Montanha Club Trail Running / EFAPEL	Senior Masculino	06:05:08	+01:38:22	07:36
48	388	João Silva	TEAM LANTEMIL	Senior Masculino	06:06:16	+01:39:30	07:38
49	12	Pedro Pires	ABCansado Trail	Senior Masculino	06:07:14	+01:40:28	07:39
50	170	VÍTOR MAIA	ESPINHO TRAIL	Senior Masculino	06:08:37	+01:41:51	07:41
51	104	Rui Martins	CLAC Entroncamento/OndaTrilhos	Senior Masculino	06:09:15	+01:42:29	07:42
52	342	Filipe Fernandes	Palmeira Runners	Senior Masculino	06:11:05	+01:44:19	07:44
53	282	Hélder Lemos	Monsanto Running Team	Senior Masculino	06:13:25	+01:46:39	07:47
54	377	Mark Macedo	Sport Events	Senior Masculino	06:16:01	+01:49:15	07:50
55	123	Paulo Silva	Clube Zupper	Senior Masculino	06:19:12	+01:52:26	07:54

Official Timekeeper: Lap2Go	2 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

56	304	Filipe Barbosa	NOCTURNOS DE PAREDES	Senior Masculino	06:20:26	+01:53:40	07:56
57	275	Diogo Lino	Marujos	Senior Masculino	06:22:05	+01:55:19	07:58
58	156	José Pinto	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	06:22:49	+01:56:03	07:59
59	330	Sérgio Suzano	Oralklass-Amigos do Trail	Senior Masculino	06:24:14	+01:57:28	08:00
60	316	Fernando Rodrigues	OLÍMPICO VIANENSE TRAIL	Senior Masculino	06:25:08	+01:58:22	08:01
61	212	Jorge Fernandes	Individual	Senior Masculino	06:26:00	+01:59:14	08:03
62	179	Mario Melo	GALHARDOS RUNNERS	Senior Masculino	06:26:15	+01:59:29	08:03
63	152	Carlos Ribeiro	DiVE Into the Mountains	Senior Masculino	06:27:08	+02:00:22	08:04
64	355	Rui Nogueira	Runners do Demo	Senior Masculino	06:27:21	+02:00:35	08:04
65	343	Rui Sousa	Palmeira Runners	Senior Masculino	06:27:41	+02:00:55	08:05
66	260	Luis Teixeira	Limitless	Senior Masculino	06:28:15	+02:01:29	08:05
67	172	Carlos Azevedo	FACTOR X / S4L / MEDENSE FC	Senior Masculino	06:28:48	+02:02:02	08:06
68	43	Pedro Freitas	Arriba Trail Runners	Senior Masculino	06:30:26	+02:03:40	08:08
69	181	Pedro Morgado	GDCR LAGES	Senior Masculino	06:32:18	+02:05:32	08:10
70	45	Gonçalo Rodrigues	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	06:34:10	+02:07:24	08:13
71	60	Rui Peres	babylon health	Senior Masculino	06:34:24	+02:07:38	08:13
72	277	Paulo Miguel Rebelo	Marujos	Senior Masculino	06:35:45	+02:08:59	08:15
73	65	Luís Magalhães	Boavista Trail	Senior Masculino	06:35:54	+02:09:08	08:15
74	39	André Miguel Monteiro	Arcd Venda Da Luísa	Senior Masculino	06:38:22	+02:11:36	08:18
75	143	Alberto Silva	Crocodilos/MisterPC	Senior Masculino	06:40:05	+02:13:19	08:20
76	77	Jorge Novoa Perez	C.A.R. MARISQUEIRO	Senior Masculino	06:40:50	+02:14:04	08:21
77	370	Pedro Nogueira	Shots Internacional Runners	Senior Masculino	06:42:04	+02:15:18	08:23
78	257	Miguel Alves	Leões de Tardariz Trail	Senior Masculino	06:42:37	+02:15:51	08:23
79	130	Jorge Nabais	COA / Corvus Trail Team	Senior Masculino	06:43:58	+02:17:12	08:25
80	381	Marco Pinto	TEAM INVICTUS	Senior Masculino	06:45:04	+02:18:18	08:26
81	217	Paulo Melo	Individual	Senior Masculino	06:46:43	+02:19:57	08:28
82	213	Jorge Santos	Individual	Senior Masculino	06:47:33	+02:20:47	08:29
83	208	Germano Joaquim Figueira	Individual	Senior Masculino	06:47:33	+02:20:47	08:29
84	205	André Cardão	Individual	Senior Masculino	06:49:18	+02:22:32	08:32
85	193	Hermenegildo Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	06:50:32	+02:23:46	08:33
86	64	Luís Froes	Boavista Trail	Senior Masculino	06:50:45	+02:23:59	08:33
87	18	Fábio Silva	ACBATALHA	Senior Masculino	06:51:15	+02:24:29	08:34
88	211	João Araújo	Individual	Senior Masculino	06:51:44	+02:24:58	08:35
89	300	Rui Carneiro	NAST - Nucleo Associativo de Santo Tirso	Senior Masculino	06:52:45	+02:25:59	08:36
90	287	Gonçalo Raposo	Morcegos Trail	Senior Masculino	06:53:17	+02:26:31	08:37
91	83	Michael Granadeiro	C.D."Os Águias" de Alpiarça	Senior Masculino	06:58:11	+02:31:25	08:43
92	216	Nelson Amaral	Individual	Senior Masculino	06:59:55	+02:33:09	08:45
93	250	Carlos Leal	KeMedo Team	Senior Masculino	07:02:56	+02:36:10	08:49
94	75	Fernando Millara	C.A.R. MARISQUEIRO	Senior Masculino	07:06:14	+02:39:28	08:53
95	111	Luis Martins	Clube de Atletismo da Barreira	Senior Masculino	07:06:47	+02:40:01	08:53
96	276	João Façôco	Marujos	Senior Masculino	07:08:04	+02:41:18	08:55
97	313	FLAVIO SILVA	OFRunning	Senior Masculino	07:08:59	+02:42:13	08:56
98	210	Hugo Silva	Individual	Senior Masculino	07:14:22	+02:47:36	09:03
99	262	Bruno Monteiro	LION RUNNERS - G. D. LEÕES DA GUARDA	Senior Masculino	07:15:32	+02:48:46	09:04

Official Timekeeper: Lap2Go	3 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

100	215	Luís Teixeira	Individual	Senior Masculino	07:27:45	+03:00:59	09:20
101	62	Bruno Fernandes	Boavista Trail	Senior Masculino	07:27:53	+03:01:07	09:20
102	56	António Martins	Aztrail/Mercentro	Senior Masculino	07:30:39	+03:03:53	09:23
103	131	Ricardo Salgueiro	COA / Corvus Trail Team	Senior Masculino	07:31:20	+03:04:34	09:24
104	365	Bruno Duque	S. S. Montepio	Senior Masculino	07:33:45	+03:06:59	09:27
105	353	Joao Neto	Runners do Demo	Senior Masculino	07:34:57	+03:08:11	09:29
106	44	Nuno Fontes	Arribas	Senior Masculino	07:37:21	+03:10:35	09:32
107	137	Ricardo Pimenta	CORRER LEÇA	Senior Masculino	07:37:40	+03:10:54	09:32
108	138	Tiago Coelho	CORRER LEÇA	Senior Masculino	07:37:40	+03:10:54	09:32
109	336	Bruno Ferreira	Osteo Performance 360º	Senior Masculino	07:40:19	+03:13:33	09:35
110	113	António Lopes	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Senior Masculino	07:42:10	+03:15:24	09:38
111	124	Pedro Cancelo	Clube Zupper	Senior Masculino	07:42:42	+03:15:56	09:38
112	218	Ricardo Oliveira	Individual	Senior Masculino	07:43:54	+03:17:08	09:40
113	5	Oleksandr Peretyatko	Individual	Senior Masculino	07:44:43	+03:17:57	09:41
114	136	Emanuel Almeida	ComDor Runners	Senior Masculino	07:45:28	+03:18:42	09:42
115	252	Pedro Marques	KeMedo Team	Senior Masculino	07:48:36	+03:21:50	09:46
116	46	Luís Silva	ARSM - Associação Recreativa de S. Miguel	Senior Masculino	07:48:42	+03:21:56	09:46
117	387	Hélio Borges	TEAM LANTEMIL	Senior Masculino	07:50:44	+03:23:58	09:48
118	214	Luis Braga	Individual	Senior Masculino	07:52:20	+03:25:34	09:50
119	334	Filipe Leite	Os Finos	Senior Masculino	08:08:50	+03:42:04	10:11
120	76	Ivan Martinez	C.A.R. MARISQUEIRO	Senior Masculino	08:10:48	+03:44:02	10:14
121	285	Joel José Ginga	Montanha Club Trail Running / EFAPEL	Senior Masculino	08:18:12	+03:51:26	10:23
122	63	Bruno Loureiro	Boavista Trail	Senior Masculino	08:21:20	+03:54:34	10:27
123	269	Daniel Andrade	Lufrei, Amarante	Senior Masculino	08:28:50	+04:02:04	10:36
124	50	Paulo Loureiro	Associação Recreativa Juventude do Muro	Senior Masculino	08:50:08	+04:23:22	11:03
125	338	Eugénio Santos	Out 2 run /Miro	Senior Masculino	09:16:09	+04:49:23	11:35

Veterana F40

1	190	ALICE LOPES	Ginásio Fit4Fun	Veterana F40	05:45:37	+01:18:51	07:12
2	371	Paula Lage	SiM Summit	Veterana F40	06:13:32	+01:46:46	07:47
3	390	Elisabete Santos	TEAM LANTEMIL	Veterana F40	06:33:46	+02:07:00	08:12
4	105	Lina Marques	CLAC Entroncamento/OndaTrilhos	Veterana F40	06:36:58	+02:10:12	08:16
5	99	Ana Amaral	CENTRO CICLISTA DE GONDOMAR	Veterana F40	06:38:16	+02:11:30	08:18
6	341	Sónia Túbal	Paço de arcos	Veterana F40	06:48:14	+02:21:28	08:30
7	67	Belén Rodríguez Vidal	Boavista Trail	Veterana F40	06:57:26	+02:30:40	08:42
8	351	Loes Schuren	PUXA POR TI	Veterana F40	07:05:37	+02:38:51	08:52
9	220	Maria Fátima Silva Lopes	Individual	Veterana F40	07:12:15	+02:45:29	09:00
10	391	Mónica Martins	TEAM LANTEMIL	Veterana F40	07:12:40	+02:45:54	09:01
11	302	Raquel Vasconcelos	NO TOMORROW RUNNING TEAM	Veterana F40	07:14:39	+02:47:53	09:03
12	153	Carla Antunes	DiVE Into the Mountains	Veterana F40	07:33:40	+03:06:54	09:27
13	198	Lurdes Gil	Grupo Desportivo Ferreirense	Veterana F40	07:33:45	+03:06:59	09:27

Official Timekeeper: Lap2Go	4 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

14	273	Ceu Costa	Maia Runners	Veterana F40	07:41:55	+03:15:09	09:37
15	253	Costa Rafael Sara Raquel	KeMedo Team	Veterana F40	07:48:36	+03:21:50	09:46
16	49	Maria Loureiro	Associação Desportiva de Cabroelo	Veterana F40	07:55:12	+03:28:26	09:54
17	222	Sylvie Duarte	Individual	Veterana F40	07:56:15	+03:29:29	09:55
18	289	Vedor Vedor	Morcegos Trail	Veterana F40	08:01:48	+03:35:02	10:02
19	200	Maria Loureiro	Grupo Desportivo Santander	Veterana F40	08:12:02	+03:45:16	10:15
20	221	Patrícia Lourenço	Individual	Veterana F40	08:13:16	+03:46:30	10:17
21	139	Maria Ferreira	CORRER LEÇA	Veterana F40	08:19:05	+03:52:19	10:24
22	400	Susana Costa	Team Sindeq	Veterana F40	08:23:24	+03:56:38	10:29
23	301	Ana Barroso	NO TOMORROW RUNNING TEAM	Veterana F40	08:32:21	+04:05:35	10:40
24	125	Susana Neta	Clube Zupper	Veterana F40	08:36:13	+04:09:27	10:45
25	408	Carla Santos	Tog Associação Running Team	Veterana F40	08:37:32	+04:10:46	10:47
26	189	Sandra Cabral	GINÁSIO CLUBE DE BRAGANÇA	Veterana F40	08:51:17	+04:24:31	11:04

Veterana F50

1	332	Júlia Fernandes	Oralklass-Amigos do Trail	Veterana F50	06:06:01	+01:39:15	07:38
2	223	Amélia Costa	Individual	Veterana F50	06:16:33	+01:49:47	07:51
3	58	Conceição Ferreira	Aztrail/Mercentro	Veterana F50	07:03:24	+02:36:38	08:49
4	378	Júlia Conceição	Sport Events	Veterana F50	07:21:45	+02:54:59	09:12
5	295	Teresa Ramalho Conceição	Não Fazemos Nem Mais Um...Km	Veterana F50	08:12:43	+03:45:57	10:16

Veterano M40

1	401	Carlos Veloso	Team Sindeq	Veterano M40	04:42:36	+15:50	05:53
2	333	Luís Martins	Oralklass-Amigos do Trail	Veterano M40	04:46:01	+19:15	05:58
3	35	Rui Luz	AMCF - Arrábida Trail Team	Veterano M40	04:51:45	+24:59	06:05
4	34	Pedro Veríssimo	AMCF - Arrábida Trail Team	Veterano M40	04:57:30	+30:44	06:12
5	91	Luiz Mota	CASA DO BENFICA EM ABRANTES	Veterano M40	05:00:19	+33:33	06:15
6	161	Gabriel Meira	EDV-VIANA TRAIL	Veterano M40	05:11:16	+44:30	06:29
7	71	Carlos Ferreira	BTT Alegria // TUBANI	Veterano M40	05:14:05	+47:19	06:33
8	166	Victor Correia	EDV-VIANA TRAIL	Veterano M40	05:21:58	+55:12	06:42
9	87	Bruno Bondoso	C.D.C. Nave / Trail Runners	Veterano M40	05:25:03	+58:17	06:46
10	72	Lino Pinto	BTT Alegria // TUBANI	Veterano M40	05:25:36	+58:50	06:47
11	68	Fernando Alvarez Garcia	Boavista Trail	Veterano M40	05:26:29	+59:43	06:48
12	157	Helder Rocha	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Veterano M40	05:28:22	+01:01:36	06:50
13	418	Antonio Amorim	Fiães Sport Clube	Veterano M40	05:29:26	+01:02:40	06:52
14	402	Vitor Coelho	Team Sindeq	Veterano M40	05:29:44	+01:02:58	06:52
15	249	David Coutinho	Jobra - Associação Jovens da Branca	Veterano M40	05:30:25	+01:03:39	06:53
16	33	Luís Trindade	AMCF - Arrábida Trail Team	Veterano M40	05:34:11	+01:07:25	06:58
17	230	Elísio Gonçalves	Individual	Veterano M40	05:35:09	+01:08:23	06:59
18	306	Paulo Ferreira	NOCTURNOS DE PAREDES	Veterano M40	05:36:20	+01:09:34	07:00

Official Timekeeper: Lap2Go	5 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

19	238	José Miguel Nogueira	Individual	Veterano M40	05:39:53	+01:13:07	07:05
20	15	Alexandre Mendes	Abutres	Veterano M40	05:40:16	+01:13:30	07:05
21	414	João Antunes	Viana Running	Veterano M40	05:48:28	+01:21:42	07:16
22	265	Miguel Ferreira	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	05:49:47	+01:23:01	07:17
23	286	Paulo Nogueira	Montanha Club Trail Running / EFAPEL	Veterano M40	05:49:52	+01:23:06	07:17
24	47	Jorge Moita	ARSM - Associação Recreativa de S. Miguel	Veterano M40	05:50:39	+01:23:53	07:18
25	185	Joaquim Freitas	GDR Retorta - Quinta das Arcas	Veterano M40	05:50:58	+01:24:12	07:19
26	184	Eurico Moura	GDR Retorta - Quinta das Arcas	Veterano M40	05:51:44	+01:24:58	07:20
27	359	Paulo Pires	Runners do Demo	Veterano M40	05:53:10	+01:26:24	07:21
28	290	Carlos Figueiredo	Morcegos Trail	Veterano M40	05:56:35	+01:29:49	07:26
29	53	António Batata	Atletismo Clube da Tocha	Veterano M40	05:57:15	+01:30:29	07:27
30	118	Américo Caldeira	Clube Desportivo e Cultural do Porto Moniz	Veterano M40	06:00:45	+01:33:59	07:31
31	13	Daniel Santos	ABCansado Trail	Veterano M40	06:01:21	+01:34:35	07:32
32	233	Frank Fritsche	Individual	Veterano M40	06:03:39	+01:36:53	07:35
33	374	Paulino Abreu	solopisadas team	Veterano M40	06:03:50	+01:37:04	07:35
34	227	Arturo Rey	Individual	Veterano M40	06:05:31	+01:38:45	07:37
35	164	Sérgio Ramos	EDV-VIANA TRAIL	Veterano M40	06:08:30	+01:41:44	07:41
36	155	Rui Franco	DiVE Into the Mountains	Veterano M40	06:12:11	+01:45:25	07:45
37	303	Paulo Gomes	NO TOMORROW RUNNING TEAM	Veterano M40	06:12:57	+01:46:11	07:46
38	305	Fernando Almeida	NOCTURNOS DE PAREDES	Veterano M40	06:13:04	+01:46:18	07:46
39	106	Pedro Anjos	CLAC Entroncamento/OndaTrilhos	Veterano M40	06:14:33	+01:47:47	07:48
40	103	Mário Leal	CIAIA	Veterano M40	06:15:28	+01:48:42	07:49
41	234	Henrique Barbosa	Individual	Veterano M40	06:16:02	+01:49:16	07:50
42	239	Nelson Castro	Individual	Veterano M40	06:16:09	+01:49:23	07:50
43	368	Nuno Coelho Silva	Salgueiros Running	Veterano M40	06:18:52	+01:52:06	07:54
44	57	Arménio Rodrigues	Aztrail/Mercentro	Veterano M40	06:19:47	+01:53:01	07:55
45	168	Patricio Afonso	Equipa A	Veterano M40	06:20:49	+01:54:03	07:56
46	319	Nuno Araujo	OLÍMPICO VIANENSE TRAIL	Veterano M40	06:25:08	+01:58:22	08:01
47	376	Ricardo Neto	Soure Mov	Veterano M40	06:25:14	+01:58:28	08:02
48	17	Tiago Salgueiro	Abutres	Veterano M40	06:25:39	+01:58:53	08:02
49	393	Manuel Costa	TEAM LANTEMIL	Veterano M40	06:26:55	+02:00:09	08:04
50	95	Filipe Pedro	Cavalas Velozes	Veterano M40	06:26:57	+02:00:11	08:04
51	398	Rodrigo Silva	TEAM LANTEMIL	Veterano M40	06:27:01	+02:00:15	08:04
52	165	Stephane Simoes	EDV-VIANA TRAIL	Veterano M40	06:29:27	+02:02:41	08:07
53	163	Pedro caldas caldas	EDV-VIANA TRAIL	Veterano M40	06:29:27	+02:02:41	08:07
54	415	Francisco Rebelo	Vila Nova de Gaia	Veterano M40	06:31:15	+02:04:29	08:09
55	6	Sérgio Silva	"Runriver"- Escola de Atletismo de Rio Tinto	Veterano M40	06:31:25	+02:04:39	08:09
56	226	Artur Ferreira	Individual	Veterano M40	06:33:41	+02:06:55	08:12
57	70	Nuno Moleiro	BrunoSempre	Veterano M40	06:34:41	+02:07:55	08:13
58	16	Mario Martins	Abutres	Veterano M40	06:36:44	+02:09:58	08:16
59	397	Paulo Renato	TEAM LANTEMIL	Veterano M40	06:37:17	+02:10:31	08:17
60	258	Vitor Santos	Leões de Tardariz Trail	Veterano M40	06:39:28	+02:12:42	08:19

Official Timekeeper: Lap2Go	6 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

61	254	Fernando Gomes	KeMedo Team	Veterano M40	06:40:47	+02:14:01	08:21
62	169	Carneiro Carneiro	Esmeriz	Veterano M40	06:40:49	+02:14:03	08:21
63	232	Francisco Moreira	Individual	Veterano M40	06:44:36	+02:17:50	08:26
64	256	Jorge Bastos	Leça do Balio	Veterano M40	06:44:59	+02:18:13	08:26
65	96	Javier Navia Garcia	Cazafantasmas	Veterano M40	06:46:18	+02:19:32	08:28
66	416	Vitor Barroso	Vila Nova de Gaia	Veterano M40	06:50:49	+02:24:03	08:34
67	372	David Alves	solopisadas team	Veterano M40	06:51:41	+02:24:55	08:35
68	291	Ricardo Mendonça	Morcegos Trail	Veterano M40	06:53:17	+02:26:31	08:37
69	187	Rogério Coelho	GDR Retorta - Quinta das Arcas	Veterano M40	06:54:44	+02:27:58	08:38
70	186	Manuel Costa	GDR Retorta - Quinta das Arcas	Veterano M40	06:54:44	+02:27:58	08:38
71	29	Nelson Carvalho	ALVELINHOS RUNNING	Veterano M40	06:57:38	+02:30:52	08:42
72	27	Miguel De Oliveira	Airão trail Team	Veterano M40	06:58:40	+02:31:54	08:43
73	69	Fernando Jorge	Boavista Trail	Veterano M40	06:59:55	+02:33:09	08:45
74	283	Jose Manuel Sena Serrano Serrano	Monsanto Running Team	Veterano M40	07:01:34	+02:34:48	08:47
75	80	Oscar Manuel Fernandez Perez	C.A.R. MARISQUEIRO	Veterano M40	07:06:14	+02:39:28	08:53
76	231	Fernando Oliveira Gomes	Individual	Veterano M40	07:06:23	+02:39:37	08:53
77	315	RUI PEREIRA	OFRunning	Veterano M40	07:09:00	+02:42:14	08:56
78	132	Lúcio Alves	COA / Corvus Trail Team	Veterano M40	07:10:33	+02:43:47	08:58
79	36	Adelio Gouveia	Amigos da Montanha	Veterano M40	07:10:36	+02:43:50	08:58
80	14	Pedro Costa	ABCansado Trail	Veterano M40	07:10:38	+02:43:52	08:58
81	392	Joaquim Silva	TEAM LANTEMIL	Veterano M40	07:12:40	+02:45:54	09:01
82	395	Miguel Araújo	TEAM LANTEMIL	Veterano M40	07:12:40	+02:45:54	09:01
83	10	Paulo Alves	A.D.Amarante	Veterano M40	07:12:47	+02:46:01	09:01
84	191	Angelo Pinho	Ginásio Fit4Fun	Veterano M40	07:13:27	+02:46:41	09:02
85	266	Pedro Gaio	LION RUNNERS - G. D. LEÕES DA GUARDA	Veterano M40	07:15:32	+02:48:46	09:04
86	320	Pedro Carvalhido	OLÍMPICO VIANENSE TRAIL	Veterano M40	07:17:49	+02:51:03	09:07
87	110	Ricardo Gonçalves	Clube Atletismo Fafe	Veterano M40	07:22:55	+02:56:09	09:14
88	412	Artur Ferreira	UNIDOS À FRESCA	Veterano M40	07:25:34	+02:58:48	09:17
89	122	Silvério Oliveira Santos	Clube Pessoal Águas Gaia	Veterano M40	07:33:02	+03:06:16	09:26
90	229	Eduardo Pinto	Individual	Veterano M40	07:33:42	+03:06:56	09:27
91	79	César Martínez González	C.A.R. MARISQUEIRO	Veterano M40	07:34:24	+03:07:38	09:28
92	357	Jorge Pacheco	Runners do Demo	Veterano M40	07:35:49	+03:09:03	09:30
93	360	RUI FERNANDES	Runners do Demo	Veterano M40	07:36:27	+03:09:41	09:31
94	296	Gonçalo Valente	Não Fazemos Nem Mais Um...Km	Veterano M40	07:37:03	+03:10:17	09:31
95	21	Emanuel Martins	AfrilanRunners	Veterano M40	07:40:58	+03:14:12	09:36
96	274	Luis Leite	Maia Runners	Veterano M40	07:41:55	+03:15:09	09:37
97	126	Marco Vieira	Clube Zupper	Veterano M40	07:42:42	+03:15:56	09:38
98	167	Mário Fernandes	EM'Força - Corremos com a Esclerose Multipla	Veterano M40	07:45:28	+03:18:42	09:42
99	134	Simao Petulante	COA / Corvus Trail Team	Veterano M40	07:45:54	+03:19:08	09:42
100	100	Henrique Matos	CENTRO CICLISTA DE GONDOMAR	Veterano M40	07:47:19	+03:20:33	09:44
101	394	Marco Moreira	TEAM LANTEMIL	Veterano M40	07:50:44	+03:23:58	09:48
102	180	Jorge Silva	GD BPI	Veterano M40	07:51:26	+03:24:40	09:49
103	225	António Simões	Individual	Veterano M40	07:56:35	+03:29:49	09:56
104	373	Jose Cacheda	solopisadas team	Veterano M40	08:00:33	+03:33:47	10:00

Official Timekeeper: Lap2Go	7 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

105	235	João Oliveira	Individual	Veterano M40	08:00:59	+03:34:13	10:01
106	88	Filipe Conceição	C.D.C. Nave / Trail Runners	Veterano M40	08:03:40	+03:36:54	10:05
107	335	António Oliveira	Os Finos	Veterano M40	08:08:48	+03:42:02	10:11
108	133	Nuno Figueiredo	COA / Corvus Trail Team	Veterano M40	08:11:21	+03:44:35	10:14
109	120	Mário Ferreira	Clube Efaced	Veterano M40	08:12:02	+03:45:16	10:15
110	344	Pedro Gavina	PG&AG	Veterano M40	08:19:05	+03:52:19	10:24
111	73	Rui Airosa	BUDEGUITA RUNNERS	Veterano M40	08:19:30	+03:52:44	10:24
112	240	Nuno Fabião	Individual	Veterano M40	08:21:06	+03:54:20	10:26
113	114	Bruno Marquês	CLUBE DE ATLETISMO TRAIL RUNNERS DA PONTE	Veterano M40	08:36:46	+04:10:00	10:46
114	409	Henrique Bruno Santos	Tog Associação Running Team	Veterano M40	08:37:32	+04:10:46	10:47
115	396	Miguel Teixeira	TEAM LANTEMIL	Veterano M40	08:42:57	+04:16:11	10:54
116	350	Nuno Lopes	Prazer em Correr - Ilha Terceira	Veterano M40	08:44:24	+04:17:38	10:56
117	150	João Mota	Desnível Positivo	Veterano M40	08:49:16	+04:22:30	11:02
118	237	José Cardoso	Individual	Veterano M40	08:51:17	+04:24:31	11:04
119	347	Miguel Azevedo	PORTO SENTIDO RUNNERS	Veterano M40	09:13:57	+04:47:11	11:32
120	141	Nuno Morgado	CORRER LEÇA	Veterano M40	09:16:48	+04:50:02	11:36
121	140	António Barros	CORRER LEÇA	Veterano M40	09:16:49	+04:50:03	11:36
122	241	Paulo Duarte	Individual	Veterano M40	09:20:39	+04:53:53	11:41
123	364	Paulo Pereira	RUNNING TEAM MAIA	Veterano M40	09:30:58	+05:04:12	11:54

Veterano M50

1	102	Fernando Benjamim	CENTRO CICLISTA DE GONDOMAR	Veterano M50	05:22:30	+55:44	06:43
2	419	Adolfo Fernandes	Individual	Veterano M50	05:24:18	+57:32	06:45
3	245	Jorge Abrantes	Individual	Veterano M50	05:38:55	+01:12:09	07:04
4	201	Luís Mendonça	HL Runners Club	Veterano M50	05:39:06	+01:12:20	07:04
5	322	Paulo Domingues	OLÍMPICO VIANENSE TRAIL	Veterano M50	05:40:53	+01:14:07	07:06
6	199	Paulo Santos	Grupo Desportivo Ferreirense	Veterano M50	05:42:51	+01:16:05	07:09
7	312	José Vieira	OCS PROAVENTURAS	Veterano M50	05:43:27	+01:16:41	07:09
8	55	Vitor Faim	Atletismo Clube da Tocha	Veterano M50	05:44:54	+01:18:08	07:11
9	175	Mario Rodrigues	Federação família para paz mundial e unificação	Veterano M50	06:01:06	+01:34:20	07:31
10	307	José Gomes	NOCTURNOS DE PAREDES	Veterano M50	06:10:11	+01:43:25	07:43
11	37	Jorge Manuel Barbosa Moreira Jorge Barbosa	AMIGOS DO PEDAL TRAILAGARES	Veterano M50	06:11:47	+01:45:01	07:45
12	101	Ângelo Pereira	CENTRO CICLISTA DE GONDOMAR	Veterano M50	06:15:38	+01:48:52	07:50
13	115	António Madeira	Clube de Praças da Armada	Veterano M50	06:15:53	+01:49:07	07:50
14	116	Manuel Chantre	Clube de Trail do Alvão	Veterano M50	06:29:03	+02:02:17	08:06
15	280	Francisco Nogueira	MILLENNIUMBGP	Veterano M50	06:34:29	+02:07:43	08:13
16	259	Joaquim Leite	Leões de Tardariz Trail	Veterano M50	06:34:35	+02:07:49	08:13
17	337	Costa Alfredo	oursense	Veterano M50	06:35:50	+02:09:04	08:15
18	107	Carlos Antunes	CLAC Entroncamento/OndaTrilhos	Veterano M50	06:37:07	+02:10:21	08:16
19	177	Antonio Teixeira	Fridão Sem Limites	Veterano M50	06:45:21	+02:18:35	08:27
20	321	Fernando Alves	OLÍMPICO VIANENSE TRAIL	Veterano M50	07:01:01	+02:34:15	08:46
21	81	Alfonso Costas Fernandez	C.A.R. MARISQUEIRO	Veterano M50	07:06:14	+02:39:28	08:53

Official Timekeeper: Lap2Go	8 / 9	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------

Ultra

48 KM

[illegible]

OFFICIAL RESULT

[illegible]

22	194	Fernando Pereira	GONDOMAR FUTSAL CLUBE	Veterano M50	07:08:52	+02:42:06	08:56
23	246	Paulo Ferreira	Individual	Veterano M50	07:11:19	+02:44:33	08:59
24	196	José Mendes	GONDOMAR FUTSAL CLUBE	Veterano M50	07:14:06	+02:47:20	09:03
25	108	José Marçal	CLAC Entroncamento/OndaTrilhos	Veterano M50	07:16:22	+02:49:36	09:05
26	278	Francisco Costa	Matilha da Atalaia	Veterano M50	07:24:17	+02:57:31	09:15
27	142	Orlando Costa	CORRER LEÇA	Veterano M50	07:37:40	+03:10:54	09:32
28	367	Miguel Pedro	Salamandrecos	Veterano M50	07:43:42	+03:16:56	09:40
29	297	Claudino Rebelo	Não Fazemos Nem Mais Um...Km	Veterano M50	07:55:08	+03:28:22	09:54
30	195	Paulo Gama	GONDOMAR FUTSAL CLUBE	Veterano M50	07:56:15	+03:29:29	09:55
31	82	Ramiro Alvarez Nores	C.A.R. MARISQUEIRO	Veterano M50	08:10:48	+03:44:02	10:14
32	361	Jose Rodrigues Costa	Runners do Demo	Veterano M50	08:12:03	+03:45:17	10:15
33	74	Hendrik Wielinga	BUDEGUITA RUNNERS	Veterano M50	08:12:22	+03:45:36	10:15
34	121	ARTUR SILVA	Clube Millennium BCP	Veterano M50	08:21:45	+03:54:59	10:27
35	270	Paulo Azevedo	Lusitanos	Veterano M50	08:29:41	+04:02:55	10:37
36	92	António Paulo	CASA JOVASE	Veterano M50	08:31:11	+04:04:25	10:39
37	348	Luís Poeira	PORTO SENTIDO RUNNERS	Veterano M50	08:37:52	+04:11:06	10:47
38	151	DAVID ANTUNES	Desnível Positivo	Veterano M50	08:39:53	+04:13:07	10:50
39	244	João Alves	Individual	Veterano M50	08:42:20	+04:15:34	10:53
40	188	Vitor Dias	GDR Retorta - Quinta das Arcas	Veterano M50	08:42:20	+04:15:34	10:53

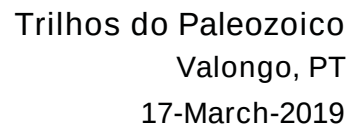
Veterano M60

1	90	Fernando Martins	CAFZ Atletismo	Veterano M60	06:33:55	+02:07:09	08:12
2	247	Carlos Correia	Individual	Veterano M60	07:01:11	+02:34:25	08:46
3	366	Orlando Gabriel Da Silva Ferreira	Sabores do Paço/Zatopeques	Veterano M60	07:54:29	+03:27:43	09:53
4	420	José Fernandez	Individual	Veterano M60	09:30:53	+05:04:07	11:54

COLETIVO - ULTRA

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	ORALKLASS-AMIGOS DO TRAIL	2 + 3 + 10	15
2	ÁGUIAS DE ALVELOS	4 + 9 + 15	28
3	TEAM TRAIL BIFASE	1 + 11 + 17	29
4	AMCF - ARRÁBIDA TRAIL TEAM	5 + 12 + 18	35
5	C.D.C. NAVE / TRAIL RUNNERS	6 + 35 + 40	81
6	EDV-VIANA TRAIL	29 + 33 + 37	99
7	TEAM SINDEQ	7 + 45 + 49	101
8	ATLETISMO CLUBE DA TOCHA	20 + 63 + 83	166
9	GDR RETORTA - QUINTA DAS ARCAS	16 + 75 + 77	168
10	LION RUNNERS - G. D. LEÕES DA GUARDA	32 + 71 + 72	175
11	BOAVISTA TRAIL	24 + 42 + 161	227
12	ABCANSADO TRAIL	70 + 88 + 98	256
13	NOCTURNOS DE PAREDES	51 + 104 + 109	264
14	OLÍMPICO VIANENSE TRAIL	57 + 90 + 129	276
15	A.D.AMARANTE	14 + 59 + 232	305
16	CENTRO CICLISTA DE GONDOMAR	38 + 114 + 167	319
17	TEAM LANTEMIL	97 + 102 + 136	335
18	ABUTRES	56 + 132 + 163	351
19	MORCEGOS TRAIL	78 + 82 + 198	358
20	CLAC ENTRONCAMENTO/ONDATRILHOS	103 + 112 + 164	379
21	MONSANTO RUNNING TEAM	66 + 110 + 210	386
22	RUNNERS DO DEMO	79 + 140 + 177	396
23	MONTANHA CLUB TRAIL RUNNING / EFAPEL	73 + 94 + 312	479
24	DIVE INTO THE MOUNTAINS	107 + 139 + 254	500
25	LEÕES DE TARDARIZ TRAIL	157 + 169 + 176	502
26	MARUJOS	126 + 159 + 219	504
27	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	74 + 154 + 284	512
28	SOLOPISADAS TEAM	93 + 195 + 295	583
29	AZTRAIL/MERCENTRO	123 + 212 + 250	585
30	COA / CORVUS TRAIL TEAM	178 + 190 + 223	591
31	GRUPO DESPORTIVO FERREIRENSE	61 + 256 + 279	596
32	C.A.R. MARISQUEIRO	173 + 214 + 215	602
33	GONDOMAR FUTSAL CLUBE	191 + 220 + 234	645
34	KEMEDO TEAM	171 + 211 + 282	664
35	CLUBE ZUPPER	122 + 272 + 273	667
36	NO TOMORROW RUNNING TEAM	108 + 236 + 323	667
37	CORRER LEÇA	264 + 265 + 266	795
38	NÃO FAZEMOS NEM MAIS UM...KM	249 + 262 + 290	801

[illegible]

Official Timekeeper: Lap2Go	2 / 2	generate 20-Mar-2019 10:13
-----------------------------	-------	----------------------------