

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

	Time	Temperature	Humidity
Start	10:00	8.2°C	87%
End	13:22	13°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	2816	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	53:11		04:26
2	2559	Marco Faria	dá-lhe gás	Senior Masculino	53:38	+00:26	04:28
3	2817	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	54:28	+01:17	04:32
4	2818	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	55:29	+02:17	04:37
5	2199	João Laranjeira	beat your limit!	Senior Masculino	56:14	+03:02	04:41
6	2436	Márcio Pinto	trinca orelhas de gato	Senior Masculino	56:41	+03:29	04:43
7	2200	João Moita	beat your limit!	Senior Masculino	57:15	+04:03	04:46
8	2349	Marco Oliveira	leões de tardariz trail	Senior Masculino	58:04	+04:52	04:50
9	2905	Bruno Santos	a.d.amarante trail running	Senior Masculino	58:13	+05:01	04:51
10	2292	André Pinto	andatrilhos freamunde	Senior Masculino	58:22	+05:10	04:52
11	2198	Ivo Silva	beat your limit!	Senior Masculino	58:40	+05:28	04:53
12	2565	Abílio Almeida	dá-lhe gás	Senior Masculino	58:57	+05:45	04:55
13	2769	Adérito Oliveira	dá-lhe gás	Senior Masculino	59:09	+05:57	04:56
14	2885	Joaquim Rocha	grupo dramatico e recreativo da retorta	Senior Masculino	59:10	+05:58	04:56
15	2177	Fernando Oliveira	moura & dias	Senior Masculino	59:54	+06:42	05:00
16	2814	ADELINO SILVA	grupo dramatico e recreativo da retorta	Senior Masculino	01:00:10	+06:58	05:01
17	2573	Nuno Gonçalves	dive into the mountains	Senior Masculino	01:00:56	+07:44	05:05
18	2770	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:01:19	+08:07	05:07
19	2445	Sergio Rodrigues	trinca orelhas de gato	Senior Masculino	01:02:16	+09:04	05:11
20	2761	RUI TAVARES	ddt runners	Senior Masculino	01:02:51	+09:39	05:14
21	2055	José Mota	nascidos para correr	Senior Masculino	01:02:54	+09:42	05:14
22	2057	Ivo Barbosa	individual	Senior Masculino	01:03:25	+10:13	05:17
23	2253	João Jaques	olímpico vianense trail	Senior Masculino	01:03:30	+10:18	05:18
24	2026	André Silva	individual	Senior Masculino	01:03:57	+10:45	05:20
25	2442	Adelino Guimarães	trinca orelhas de gato	Senior Masculino	01:04:17	+11:05	05:21
26	2129	Joao Paulo Oliveira	juventude cortegacense	Senior Masculino	01:04:46	+11:34	05:24
27	2555	Fernando Coelho	caracois do monte	Senior Masculino	01:04:59	+11:47	05:25
28	2091	Filipe Carril	fridão sem limites	Senior Masculino	01:05:15	+12:03	05:26
29	2663	Carlos Barbosa	running penafiel trail	Senior Masculino	01:05:23	+12:11	05:27
30	2085	Rúben Rocha	brincalhões	Sub 23 Masculino	01:05:38	+12:26	05:28
31	2784	Carlos Vinha Lopes	running penafiel trail	Senior Masculino	01:06:25	+13:13	05:32
32	2560	Paulo Silva	dá-lhe gás	Senior Masculino	01:07:41	+14:29	05:38
33	2653	Sérgio Pereira	magical mushrooms	Senior Masculino	01:08:13	+15:01	05:41
34	2801	Jose Vaz	lentinhos	Senior Masculino	01:08:29	+15:18	05:42
35	2778	Sérgio Costa	lusos xxi	Senior Masculino	01:08:52	+15:40	05:44
36	2379	Manuel Teixeira	fridão sem limites	Senior Masculino	01:09:26	+16:14	05:47
37	2100	Pedro Ferreira	factor x / s4l / medense fc	Senior Masculino	01:09:30	+16:19	05:48
38	2417	Hugo Moita	clube zipper	Senior Masculino	01:10:14	+17:02	05:51
39	2617	Julio Teixeira	tricotar trails	Senior Masculino	01:10:16	+17:05	05:51
40	2446	Vicente Sousa	trinca orelhas de gato	Senior Masculino	01:10:26	+17:14	05:52
41	2853	RICARDO PEREIRA	#atechoras!	Senior Masculino	01:10:42	+17:30	05:53
42	2287	Ivo Oliveira	factor x / s4l / medense fc	Senior Masculino	01:10:49	+17:37	05:54

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2487	Jorge Beliago	gansos	Sub 23 Masculino	01:11:37	+18:25	05:58
44	2872	Mario Ferreira	adefacec - associação desportiva da efacec	Senior Masculino	01:12:00	+18:48	06:00
45	2210	Rui Dias	#correratenumdarmais	Senior Masculino	01:12:08	+18:56	06:01
46	2206	Albertina Cunha	nocturnos de paredes	Senior Feminino	01:12:22	+19:10	06:02
47	2372	Nuno Cunha	tristes mas duros	Senior Masculino	01:12:36	+19:24	06:03
48	2737	Paulo Sousa	aliança de gandra	Senior Masculino	01:13:00	+19:48	06:05
49	2006	Pedro Victoriano	individual	Senior Masculino	01:13:46	+20:34	06:09
50	2416	Marco Vieira	clube zupper	Senior Masculino	01:13:55	+20:43	06:10
51	2698	Miguel Silva	carapaus	Senior Masculino	01:13:58	+20:46	06:10
52	2185	Mario Lima	aves runners	Senior Masculino	01:14:07	+20:55	06:11
53	2780	Márcio Sousa	a. d. sebolido trail boneca douro	Senior Masculino	01:14:19	+21:07	06:12
54	2056	CÉLINE GOMES	nascidos para correr	Senior Feminino	01:14:20	+21:08	06:12
55	2748	José Paulo Cardoso	individual	Senior Masculino	01:14:33	+21:21	06:13
56	2382	Amilcar Amilcar Dias Vinagre Simões	ozxtreme/adcrpereira	Senior Masculino	01:15:01	+21:49	06:15
57	2856	Carlos Sá	individual	Senior Masculino	01:15:03	+21:51	06:15
58	2503	Carlos Oliveira	individual	Senior Masculino	01:15:06	+21:54	06:15
59	2771	José Alves	a. d. sebolido trail boneca douro	Senior Masculino	01:15:06	+21:54	06:15
60	2896	Mario Coelho	individual	Senior Masculino	01:15:10	+21:58	06:16
61	2420	Pedro Gomes	trinca orelhas de gato	Senior Masculino	01:15:13	+22:01	06:16
62	2495	Ricardo Botelho	gansos	Senior Masculino	01:15:13	+22:02	06:16
63	2141	José Martins	individual	Senior Masculino	01:15:17	+22:05	06:16
64	2553	Manuel Lopes	a. d. sebolido trail boneca douro	Senior Masculino	01:15:21	+22:10	06:17
65	2394	António Pereira	individual	Senior Masculino	01:15:39	+22:27	06:18
66	2561	Miguel Oliveira	individual	Senior Masculino	01:15:40	+22:28	06:18
67	2005	Mauro Oliveira	individual	Senior Masculino	01:15:43	+22:31	06:19
68	2095	Sonia Félix	a.r. luz vida gondomarense	Senior Feminino	01:15:50	+22:38	06:19
69	2897	Ana Rita Domingues	olímpico vianense trail	Sub 23 Feminino	01:16:01	+22:49	06:20
70	2733	Hélder Moreira	aliança de gandra	Senior Masculino	01:16:04	+22:52	06:20
71	2835	Patrícia Santos	oralklass - amigos do trail	Senior Feminino	01:16:05	+22:53	06:20
72	2164	Helio Ferreira	grupo 46	Senior Masculino	01:16:17	+23:05	06:21
73	2166	Rui Carril	2 trail	Senior Masculino	01:16:23	+23:11	06:22
74	2767	Mia Pinto	mss contabilidade trail team	Senior Feminino	01:16:42	+23:30	06:23
75	2023	Luís Ferreira	individual	Senior Masculino	01:16:54	+23:42	06:24
76	2010	Miguel Barros	individual	Senior Masculino	01:16:54	+23:43	06:25
77	2089	Marcos Santos	factor x / s4l / medense fc	Senior Masculino	01:17:09	+23:57	06:26
78	2735	Roberto Moreira	aliança de gandra	Senior Masculino	01:17:45	+24:33	06:29
79	2777	Paulo Moura	elite corpus	Senior Masculino	01:17:45	+24:33	06:29
80	1573	Miguel ferreira	fiaes running	Senior Masculino	01:17:49	+24:37	06:29
81	2192	Paulo Dias	individual	Senior Masculino	01:18:02	+24:51	06:30
82	2723	Sérgio Santos	os pachones	Senior Masculino	01:18:22	+25:10	06:32
83	2069	Duarte Dias	individual	Senior Masculino	01:18:22	+25:10	06:32
84	2165	Tiago Monteiro	individual	Senior Masculino	01:18:23	+25:11	06:32
85	2338	Marisa Pereira	kalenji maia	Senior Feminino	01:18:31	+25:19	06:33
86	2228	Filipe Rocha	marco runners	Senior Masculino	01:18:31	+25:19	06:33
87	2330	Manuel Silva	individual	Senior Masculino	01:18:51	+25:39	06:34

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	2609	Sérgio Silva	amigos do pedal trailagares	Sub 23 Masculino	01:18:55	+25:43	06:35
89	2538	Hugo Guimarães	individual	Senior Masculino	01:18:58	+25:46	06:35
90	2717	Pedro Rocha	btt alegria // tubani	Sub 23 Masculino	01:19:03	+25:51	06:35
91	2443	José Júnior	trinca orelhas de gato	Senior Masculino	01:19:29	+26:17	06:37
92	2574	Paulo Carneiro	dive into the mountains	Senior Masculino	01:19:31	+26:19	06:38
93	2558	Diogo Resende	caracois do monte	Sub 23 Masculino	01:19:35	+26:23	06:38
94	2768	Joaquim Alves	individual	Senior Masculino	01:19:46	+26:34	06:39
95	2130	Julio Silva	juventude cortegacense	Senior Masculino	01:19:52	+26:41	06:39
96	2020	Márcio Mendes	individual	Senior Masculino	01:19:53	+26:41	06:39
97	2766	Rui Correia	mss contabilidade trail team	Senior Masculino	01:19:56	+26:45	06:40
98	2251	Paulo Camboa	individual	Senior Masculino	01:20:05	+26:53	06:40
99	2492	Alcino Tavares	gansos	Senior Masculino	01:20:05	+26:53	06:40
100	2173	Gaspar Oliveira	atib finabraga running	Senior Masculino	01:20:14	+27:02	06:41
101	2887	Nina Silva	grupo dramatico e recreativo da retorta	Senior Feminino	01:20:20	+27:08	06:42
102	2444	José Jesus	trinca orelhas de gato	Senior Masculino	01:20:22	+27:10	06:42
103	2304	Álvaro Vale	ade trail running	Senior Masculino	01:20:25	+27:13	06:42
104	1094	Tânia Mendes	factor x / s4l / medense fc	Senior Feminino	01:20:29	+27:17	06:42
105	2396	Liliana Felgueiras	douroconta - gabinete de apoio e contabilidade, lda	Senior Feminino	01:20:37	+27:25	06:43
106	2064	Agostinho Silva	osfazconta	Senior Masculino	01:20:50	+27:38	06:44
107	2195	Nuno Miguel Silva Barros	factor x / s4l / medense fc	Senior Masculino	01:20:54	+27:42	06:45
108	2404	JOAQUIM TEIXEIRA	equipa joao ferreira	Senior Masculino	01:20:59	+27:47	06:45
109	1228	Manuel Barros	trinca orelhas de gato	Senior Masculino	01:21:08	+27:56	06:46
110	2237	António Faria	amigos 100 limites	Senior Masculino	01:21:09	+27:57	06:46
111	2863	Bruno Rocha	trinca orelhas de gato	Senior Masculino	01:21:11	+27:59	06:46
112	2638	Herder Barros	paredes running	Senior Masculino	01:21:22	+28:10	06:47
113	2246	Vitor Martins	leões de tardariz trail	Senior Masculino	01:21:24	+28:12	06:47
114	2285	Susana Silva	factor x / s4l / medense fc	Senior Feminino	01:21:26	+28:14	06:47
115	2881	Fábio Pinto	elite corpus	Senior Masculino	01:21:32	+28:20	06:48
116	2732	Álvaro Santos	aliança de gandra	Sub 23 Masculino	01:21:45	+28:33	06:49
117	2103	Pedro Rodrigues	atalanta runners	Senior Masculino	01:21:45	+28:33	06:49
118	1527	Jorge Santos	arcorun	Senior Masculino	01:21:46	+28:34	06:49
119	2261	Paulo Silva	cmds	Senior Masculino	01:21:53	+28:41	06:49
120	2851	HUGO HEITOR	#atechoras!	Senior Masculino	01:22:04	+28:52	06:50
121	2832	Mariana Lemos	runners hp	Senior Feminino	01:22:04	+28:52	06:50
122	2018	Ricardo Carvalho	mss contabilidade trail team	Senior Masculino	01:22:08	+28:56	06:51
123	2097	Luis Dos Santos	individual	Senior Masculino	01:22:14	+29:02	06:51
124	2008	João Teles	factor x / s4l / medense fc	Senior Masculino	01:22:28	+29:16	06:52
125	2283	Paulo Lopes	pm	Senior Masculino	01:22:29	+29:18	06:52
126	2460	Elisabete Leal	brincalhões	Senior Feminino	01:22:42	+29:30	06:53
127	2762	JOÃO CAMPOS	ddt runners	Senior Masculino	01:22:43	+29:31	06:54
128	2812	Filipe ferreira	porto sentido	Senior Masculino	01:23:02	+29:50	06:55
129	2804	Pedro Ferreira	porto sentido	Senior Masculino	01:23:02	+29:51	06:55
130	2380	Eleiana Teixeira	fridão sem limites	Senior Feminino	01:23:08	+29:57	06:56
131	2448	Fernando Ferreira	trinca orelhas de gato	Senior Masculino	01:23:49	+30:37	06:59
132	2699	João Silva	carapaus	Senior Masculino	01:23:51	+30:39	06:59

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12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	2509	Daniel Ribeiro	generosos runners	Senior Masculino	01:23:52	+30:40	06:59
134	2527	Ruben Moreira	studio sun beauty	Senior Masculino	01:23:53	+30:41	06:59
135	2276	Pedro Martins	nortrail	Senior Masculino	01:23:53	+30:41	06:59
136	2722	Ricardo Teixeira	a20's javalis trail team	Senior Masculino	01:24:03	+30:51	07:00
137	2544	Floriberto Castro	individual	Senior Masculino	01:24:06	+30:55	07:01
138	2532	Carlos Sérgio	amigos do pedal trailagares	Senior Masculino	01:24:18	+31:06	07:02
139	2399	Laura Mendes	kemedo team	Senior Feminino	01:24:40	+31:28	07:03
140	2112	Sérgio Moura	eu e elas	Senior Masculino	01:24:42	+31:31	07:04
141	2213	André Carneiro	porto sentido runners	Senior Masculino	01:24:50	+31:38	07:04
142	2840	ANDREA COELHO	tecla 3 runners	Senior Feminino	01:24:51	+31:39	07:04
143	2670	Paulo Carvalho	jptc	Senior Masculino	01:24:57	+31:45	07:05
144	2034	Daniel Amaral	studio sun beauty	Senior Masculino	01:25:05	+31:53	07:05
145	2493	Miguel Costa	gansos	Senior Masculino	01:25:25	+32:13	07:07
146	2120	Filipe Moreira	individual	Senior Masculino	01:25:27	+32:15	07:07
147	2086	Rui Rocha	brincalhões	Senior Masculino	01:25:28	+32:16	07:07
148	2876	Manuel Carneiro	os cachos	Senior Masculino	01:25:31	+32:19	07:08
149	2709	Liliana Rocha	ei team trail	Senior Feminino	01:25:33	+32:21	07:08
150	2871	Manuel Moura	adefacec - associação desportiva da efacec	Senior Masculino	01:25:49	+32:37	07:09
151	2038	Hugo Couto	clube novo banco	Senior Masculino	01:26:02	+32:50	07:10
152	2719	Leonel Teixeira Teixeira	btt alegria // tubani	Senior Masculino	01:26:02	+32:51	07:10
153	2033	Joaquim Teixeira	individual	Senior Masculino	01:26:06	+32:54	07:10
154	2439	Nuno Marques	os turbomula	Senior Masculino	01:26:14	+33:02	07:11
155	2786	Susana Veloso	individual	Senior Feminino	01:26:22	+33:10	07:12
156	2457	Antonio Fidalgo	kemedo team	Senior Masculino	01:26:23	+33:11	07:12
157	2373	Rui Rocha	tristes mas duros	Senior Masculino	01:26:38	+33:26	07:13
158	2054	Amandio Sousa	kinkipa	Senior Masculino	01:26:56	+33:45	07:15
159	2813	Vasco luxo	porto sentido	Senior Masculino	01:27:00	+33:48	07:15
160	2118	JOSÉ PEREIRA	100meta	Senior Masculino	01:27:00	+33:48	07:15
161	2286	Carla Guimarães	factor x / s4l / medense fc	Senior Feminino	01:27:06	+33:54	07:15
162	2524	Abel Cardoso	studio sun beauty	Senior Masculino	01:27:13	+34:01	07:16
163	2093	Joao Oliveira	os imparaveis	Senior Masculino	01:27:13	+34:01	07:16
164	2238	João Vieira	leões de tardariz trail	Senior Masculino	01:27:13	+34:01	07:16
165	2806	Cristina madureira	individual	Senior Feminino	01:27:26	+34:14	07:17
166	2045	Marlene Martins	mss contabilidade trail team	Senior Feminino	01:27:54	+34:43	07:20
167	1397	Inês Cardoso	fridão sem limites	Sub 23 Feminino	01:27:55	+34:43	07:20
168	1020	José Ferreira	individual	Senior Masculino	01:27:58	+34:46	07:20
169	2374	Bruno Gonçalves	tristes mas duros	Senior Masculino	01:28:01	+34:49	07:20
170	2724	André Silva	os pachones	Senior Masculino	01:28:06	+34:54	07:20
171	2633	Pedro Marques	individual	Senior Masculino	01:28:09	+34:57	07:21
172	2305	Ana Carolina Pereira	ade trail running	Senior Feminino	01:28:11	+34:59	07:21
173	2514	Antonio Pereira	individual	Senior Masculino	01:28:24	+35:13	07:22
174	2750	João Moura	fit gaia trail	Senior Masculino	01:28:25	+35:13	07:22
175	2898	Rui Moura	individual	Senior Masculino	01:28:27	+35:15	07:22
176	1309	Jorge Rebelo Rebelo	nem que chova	Senior Masculino	01:28:30	+35:18	07:22
177	2706	Tania Cardoso	nocturnos de paredes	Senior Feminino	01:28:51	+35:39	07:24

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12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
178	2324	Glória Santos	arcorun	Senior Feminino	01:29:00	+35:48	07:25
179	2392	Eduardo Pinho	reumático trail team	Senior Masculino	01:29:05	+35:53	07:25
180	2837	Eliana Silva	individual	Senior Feminino	01:29:21	+36:09	07:27
181	2427	António Lima	trinca orelhas de gato	Senior Masculino	01:29:21	+36:09	07:27
182	2087	Nuno Cabral	individual	Senior Masculino	01:29:22	+36:10	07:27
183	2230	Clara Teixeira	amigos 100 limites	Senior Feminino	01:29:26	+36:14	07:27
184	2903	Carla Pereira	aliança de gandra	Senior Feminino	01:29:34	+36:23	07:28
185	2589	Cesar Sousa	os tranquilos	Senior Masculino	01:29:43	+36:31	07:29
186	2627	Angelo Carneiro	os 3 pastorinhos	Senior Masculino	01:29:51	+36:40	07:29
187	2811	Pedro Silva	individual	Senior Masculino	01:29:54	+36:42	07:30
188	2458	Bernardo Gomes	kemedo team	Sub 23 Masculino	01:30:01	+36:50	07:30
189	2533	Alex Valente	individual	Senior Masculino	01:30:03	+36:51	07:30
190	2526	Hugo Silva	individual	Senior Masculino	01:30:04	+36:52	07:30
191	2704	Daniel Pereira	nocturnos de paredes	Senior Masculino	01:30:06	+36:55	07:31
192	2788	Luisa Teixeira	tricotar trails	Senior Feminino	01:30:14	+37:02	07:31
193	2347	Maria Cunha	a.d.amarante trail running	Senior Feminino	01:30:15	+37:03	07:31
194	2376	Carlos Rocha	tristes mas duros	Senior Masculino	01:30:25	+37:13	07:32
195	2378	Jorge Almeida	soplabifana runners	Senior Masculino	01:30:26	+37:14	07:32
196	2371	Sousa Henrique	soplabifana runners	Senior Masculino	01:30:26	+37:14	07:32
197	1112	VITOR COELHO	individual	Senior Masculino	01:30:28	+37:16	07:32
198	2657	Francisco Mendes	individual	Senior Masculino	01:30:28	+37:16	07:32
199	2400	Antonio Barbosa	individual	Senior Masculino	01:30:39	+37:27	07:33
200	2646	Ana Bessa	individual	Senior Feminino	01:30:40	+37:28	07:33
201	2160	Rui Santos	correr leça	Senior Masculino	01:30:40	+37:29	07:33
202	2398	Rosa Gama	individual	Senior Feminino	01:30:43	+37:31	07:34
203	2521	José Machado	individual	Sub 23 Masculino	01:30:44	+37:32	07:34
204	2601	Miguel tronco	clube amador de mirandela	Senior Masculino	01:30:47	+37:35	07:34
205	2654	António De Jesus Pires	individual	Senior Masculino	01:31:19	+38:07	07:37
206	2099	Márcia Coelho	ei team trail	Senior Feminino	01:31:23	+38:11	07:37
207	2590	Paulo Vaz	os tranquilos	Senior Masculino	01:31:25	+38:13	07:37
208	1308	Ivo Pereira Pereira	nem que chova	Senior Masculino	01:31:27	+38:15	07:37
209	2030	Ana Cristina Santos	fisiojoaocarneiro	Senior Feminino	01:31:33	+38:21	07:38
210	2031	João Carneiro	fisiojoaocarneiro	Senior Masculino	01:31:33	+38:21	07:38
211	2474	António Rocha	mss contabilidade trail team	Senior Masculino	01:31:34	+38:22	07:38
212	2626	Tiago Carneiro	os 3 pastorinhos	Senior Masculino	01:31:36	+38:24	07:38
213	2628	Luciano Rocha	altos&baixos	Senior Masculino	01:31:36	+38:24	07:38
214	2082	Fátima Silva	brincalhões	Senior Feminino	01:31:40	+38:29	07:38
215	2049	João Ricardo Grilo Teixeira	individual	Senior Masculino	01:31:43	+38:31	07:39
216	1572	Pedro bastos	fiaes running	Senior Masculino	01:31:48	+38:36	07:39
217	2395	Ana Carvalho	att	Senior Feminino	01:31:49	+38:37	07:39
218	2441	António Ribeiro	trinca orelhas de gato	Senior Masculino	01:31:51	+38:39	07:39
219	2886	Goretti Silva	grupo dramatico e recreativo da retorta	Senior Feminino	01:32:02	+38:50	07:40
220	2703	Jose Silva	nocturnos de paredes	Senior Masculino	01:32:02	+38:51	07:40
221	2212	Vitor Martins	porto sentido runners	Senior Masculino	01:32:05	+38:53	07:40
222	2019	Paulo Melo	individual	Senior Masculino	01:32:14	+39:02	07:41

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	2882	José Santos	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	01:32:16	+39:04	07:41
224	2215	Fábio Marques	pm	Senior Masculino	01:32:22	+39:10	07:42
225	2012	Ricardo Marques	individual	Senior Masculino	01:32:24	+39:12	07:42
226	2841	ANDREIA PACHECO	tecla 3 runners	Senior Feminino	01:32:31	+39:19	07:43
227	2839	CRISTINA COUTO	tecla 3 runners	Senior Feminino	01:32:31	+39:19	07:43
228	2013	Rui Pereira	individual	Senior Masculino	01:32:33	+39:21	07:43
229	2823	Artur Mário Carvalho Morais	individual	Senior Masculino	01:32:57	+39:45	07:45
230	2293	Ivo Couto	a20's javalis trail team	Senior Masculino	01:32:59	+39:47	07:45
231	2299	Graça Dias Ribeiro	individual	Senior Feminino	01:33:06	+39:54	07:45
232	2515	Ana Virgínia Lírio	ad amarante trail running	Senior Feminino	01:33:08	+39:56	07:46
233	2729	Flora Santos	sentir escariz	Senior Feminino	01:33:09	+39:57	07:46
234	2229	Alcino Silva	amigos 100 limites	Senior Masculino	01:33:18	+40:06	07:46
235	2674	António Ribeiro	individual	Senior Masculino	01:33:19	+40:07	07:47
236	2669	João Falcão	jptc	Senior Masculino	01:33:19	+40:07	07:47
237	2419	Silvio Dias	trinca orelhas de gato	Senior Masculino	01:33:22	+40:10	07:47
238	2405	ARTUR CARDOSO	equipa joao ferreira	Senior Masculino	01:33:29	+40:17	07:47
239	2353	Daniela Queirós	a.d.amarante trail running	Senior Feminino	01:33:33	+40:21	07:48
240	2591	Rogério Rocha	os tranquilos	Senior Masculino	01:33:33	+40:21	07:48
241	2255	Suzete de Sousa	fridão sem limites	Senior Feminino	01:33:35	+40:24	07:48
242	2710	Alcindo Silva	individual	Senior Masculino	01:33:39	+40:27	07:48
243	2222	Joaquim Rocha	jrsousa team	Senior Masculino	01:33:39	+40:27	07:48
244	2239	Agostinho Cardoso	leões de tardariz trail	Senior Masculino	01:33:42	+40:30	07:49
245	2461	Lucília Pereira	amigos 100 limites	Senior Feminino	01:33:43	+40:31	07:49
246	2451	Sérgio Moreira	amigos 100 limites	Senior Masculino	01:33:43	+40:31	07:49
247	2211	Bruno Guedes	porto sentido runners	Senior Masculino	01:33:44	+40:32	07:49
248	2775	Miguel Azevedo	porto sentido runners	Senior Masculino	01:33:44	+40:32	07:49
249	2727	Sofia Silva	os pachones	Senior Feminino	01:33:45	+40:33	07:49
250	2354	Ana Del Pino Alves	individual	Senior Feminino	01:33:59	+40:47	07:50
251	2411	EDGAR SARAIVA	equipa joao ferreira	Senior Masculino	01:34:03	+40:51	07:50
252	2501	Joaquim Cardoso	individual	Senior Masculino	01:34:03	+40:51	07:50
253	2884	Paulo Silva	grupo dramatico e recreativo da retorta	Senior Masculino	01:34:11	+40:59	07:51
254	2499	Leandro Rocha	juventude cortegacense	Senior Masculino	01:34:30	+41:18	07:53
255	2494	Paulo Ferreira	gansos	Senior Masculino	01:34:35	+41:23	07:53
256	2225	Filipe Lopes	individual	Senior Masculino	01:34:39	+41:27	07:53
257	2779	Raquel Costa	lusos xxi	Senior Feminino	01:34:42	+41:30	07:53
258	2836	Eugénio Soares	factor x / s4l / medense fc	Senior Masculino	01:35:11	+41:59	07:56
259	2634	Cristina Meireles	umelga runners	Senior Feminino	01:35:16	+42:04	07:56
260	2600	Luis cepeda	clube amator de mirandela	Sub 23 Masculino	01:35:18	+42:06	07:57
261	2668	David Costa	jptc	Senior Masculino	01:35:22	+42:11	07:57
262	2234	Ricardo Lascasas	amigos 100 limites	Senior Masculino	01:35:27	+42:15	07:57
263	2730	Sara Moreira	sentir escariz	Senior Feminino	01:35:32	+42:20	07:58
264	2301	Hugo Pereira	individual	Senior Masculino	01:35:37	+42:25	07:58
265	2274	Cecília Martins	jrsousa team	Senior Feminino	01:35:39	+42:28	07:58
266	2870	Sergio Rocha	mss contabilidade trail team	Senior Masculino	01:35:44	+42:32	07:59
267	2584	MARLENE SOARES	espaço saúde	Senior Feminino	01:35:52	+42:40	07:59

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
268	2525	Delfina Rodrigues	espaço saúde	Senior Feminino	01:35:52	+42:41	07:59
269	1676	Carlos Gonçalves	individual	Senior Masculino	01:36:00	+42:48	08:00
270	2131	Anabela Marques	juventude cortegacense	Senior Feminino	01:36:00	+42:48	08:00
271	2522	Ismael Duarte	ondatrail	Senior Masculino	01:36:12	+43:00	08:01
272	2848	Tiago Alexandre	panda os amigos	Senior Masculino	01:36:15	+43:04	08:01
273	2782	Paulo Pinto	junqueira	Senior Masculino	01:36:26	+43:14	08:02
274	2540	Paula Afonso	trailers	Senior Feminino	01:36:40	+43:28	08:03
275	2377	Carla Teixeira	fridão sem limites	Senior Feminino	01:36:48	+43:36	08:04
276	2728	Filipa Cruz	individual	Senior Feminino	01:36:52	+43:40	08:04
277	2290	José Neto	individual	Senior Masculino	01:37:17	+44:06	08:06
278	2188	Joni Rocha	tainadas run team	Senior Masculino	01:37:25	+44:13	08:07
279	2189	Joni Regalado	tainadas run team	Senior Masculino	01:37:25	+44:13	08:07
280	2867	Luis Silva	mss contabilidade trail team	Senior Masculino	01:37:30	+44:18	08:07
281	2092	Diana Dias	clube trilheiros & amigos	Senior Feminino	01:37:33	+44:22	08:08
282	2650	Eduardo Xavier	batedores	Senior Masculino	01:37:34	+44:22	08:08
283	2721	Vitor Magalhaes	a20's javalis trail team	Senior Masculino	01:37:35	+44:23	08:08
284	2138	João Pedro Brito	individual	Senior Masculino	01:37:38	+44:26	08:08
285	2671	Tiago Lopes	jptc	Senior Masculino	01:37:48	+44:36	08:09
286	2543	Catarina Santos	trailers	Senior Feminino	01:37:49	+44:37	08:09
287	2568	MARIANA BAPTISTA	espaço saúde	Senior Feminino	01:37:51	+44:39	08:09
288	2587	Cindy Soares	espaço saúde	Senior Feminino	01:37:51	+44:39	08:09
289	2075	Vitor Neves	individual	Senior Masculino	01:37:56	+44:44	08:10
290	2606	Vânia Cristina Silveira Luis	individual	Senior Feminino	01:37:56	+44:45	08:10
291	2655	Fábio Miguel Rodrigues	cmc carapaus	Senior Masculino	01:37:58	+44:46	08:10
292	2847	Daniel Silva	panda os amigos	Senior Masculino	01:37:58	+44:46	08:10
293	2207	João Gonçalves	mss contabilidade trail team	Senior Masculino	01:37:58	+44:46	08:10
294	2830	Eva Moreira	nocturnos de paredes	Senior Feminino	01:37:58	+44:47	08:10
295	2866	José Silva	mss contabilidade trail team	Senior Masculino	01:38:13	+45:01	08:11
296	2157	Nuno Lopes	correr leça	Senior Masculino	01:38:24	+45:12	08:12
297	2159	Pedro Rocha	correr leça	Senior Masculino	01:38:26	+45:14	08:12
298	2143	Horacio Ferreira	generosos runners	Senior Masculino	01:38:27	+45:15	08:12
299	2235	Ricardo Leal	amigos 100 limites	Senior Masculino	01:38:30	+45:18	08:12
300	2904	Sara Capilupi	individual	Senior Feminino	01:38:31	+45:19	08:13
301	2161	Rui Silva	correr leça	Senior Masculino	01:38:36	+45:24	08:13
302	2083	Inês Silva	brincalhões	Sub 23 Feminino	01:38:36	+45:25	08:13
303	2632	Carlos Maia	airão trail team	Senior Masculino	01:38:40	+45:28	08:13
304	2743	Sérgio Pereira	gondomar futsal clube	Senior Masculino	01:38:42	+45:30	08:14
305	1207	Silvana Rocha	juventude cortegacense	Senior Feminino	01:38:49	+45:37	08:14
306	2747	Andreia Cardoso	individual	Senior Feminino	01:38:54	+45:42	08:14
307	2344	Paulo Henriques	a20's javalis trail team	Senior Masculino	01:39:06	+45:54	08:16
308	2883	Carlos	portocargo	Senior Masculino	01:39:15	+46:03	08:16
309	2303	Fátima Moraes	mss contabilidade trail team	Senior Feminino	01:39:18	+46:06	08:17
310	2899	Monica Fonseca	kemedo team	Senior Feminino	01:39:19	+46:07	08:17
311	1168	José Miguel Cruz Pinto	ciclistas cósmicos - gislótica	Senior Masculino	01:39:22	+46:11	08:17
312	2124	Maria Calado	coa - clube de orientação e aventura	Senior Feminino	01:39:25	+46:13	08:17
313	2726	Bruno Fernandes	os pachones	Senior Masculino	01:39:40	+46:28	08:18

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
314	2351	Fernando Maduro	paredes running	Senior Masculino	01:39:42	+46:30	08:18
315	2128	Joao Remedios	carapaus	Senior Masculino	01:39:44	+46:32	08:19
316	2754	João Sousa	individual	Senior Masculino	01:39:46	+46:34	08:19
317	2712	Luis Vieira	not fast just furious	Senior Masculino	01:40:04	+46:52	08:20
318	2765	Fernando Lopes	arcorun	Senior Masculino	01:40:30	+47:18	08:23
319	2367	Nuno Santos	jrsousa team	Senior Masculino	01:40:35	+47:23	08:23
320	2262	Joana Silva	cmds	Sub 23 Feminino	01:40:40	+47:28	08:23
321	2725	Fernanda Simões	os pachones	Senior Feminino	01:40:43	+47:31	08:24
322	2346	Fernanda Oliveira	a.d.amarante trail running	Senior Feminino	01:40:59	+47:47	08:25
323	2713	Rogério Oliveira	not fast just furious	Senior Masculino	01:41:03	+47:51	08:25
324	2245	Ligia Freitas	jrsousa team	Senior Feminino	01:41:04	+47:52	08:25
325	2403	Maria Fonseca	equipa joao ferreira	Senior Feminino	01:41:20	+48:08	08:27
326	2810	Nuno Vigário	individual	Senior Masculino	01:41:33	+48:21	08:28
327	2583	Ema Guerra	palmeira runners	Senior Feminino	01:41:35	+48:24	08:28
328	2202	Maria De Fatima Oliveira	sporting clube de espinho	Senior Feminino	01:41:38	+48:27	08:28
329	2833	Manuela Arantes	individual	Senior Feminino	01:41:46	+48:34	08:29
330	2547	Sónia Pereira	individual	Senior Feminino	01:41:46	+48:34	08:29
331	2822	Alice Sousa	dr. merino/4moove	Senior Feminino	01:41:50	+48:38	08:29
332	2024	Madalena Fontes	individual	Senior Feminino	01:41:56	+48:44	08:30
333	2572	Berta Ferreira	porto sentido runners	Senior Feminino	01:41:56	+48:44	08:30
334	2571	Joao Pinheiro	porto sentido runners	Senior Masculino	01:41:56	+48:45	08:30
335	2386	José Leal	no stress	Senior Masculino	01:42:07	+48:55	08:31
336	2397	Vania Alvitano	douroconta - gabinete de apoio e contabilidade, lda	Senior Feminino	01:42:07	+48:55	08:31
337	2123	Susana moreira	coa - clube de orientação e aventura	Senior Feminino	01:42:08	+48:56	08:31
338	2288	Américo Guedes	factor x / s4l / medense fc	Senior Masculino	01:42:12	+49:00	08:31
339	2564	David Nogueira	caracois do monte	Senior Masculino	01:42:45	+49:33	08:34
340	2467	Celso Camboa	juventude cortegacense	Senior Masculino	01:42:51	+49:39	08:34
341	2642	Maria Jesus	nocturnos de paredes	Senior Feminino	01:42:54	+49:42	08:34
342	2641	Rui Silva	nocturnos de paredes	Senior Masculino	01:42:54	+49:42	08:34
343	2096	Vera Carvalho	2 trail	Senior Feminino	01:42:54	+49:43	08:35
344	2115	Ana Vasconcelos	individual	Senior Feminino	01:42:55	+49:43	08:35
345	2167	Ana Pinto	2 trail	Senior Feminino	01:43:00	+49:48	08:35
346	2776	Carla Ferreira	fit gaia trail	Senior Feminino	01:43:25	+50:14	08:37
347	2297	Rui Matos	individual	Senior Masculino	01:43:38	+50:27	08:38
348	2275	João Sousa	individual	Senior Masculino	01:43:39	+50:27	08:38
349	2176	RUI CUSTODIO	individual	Sub 23 Masculino	01:43:45	+50:33	08:39
350	2861	Eduardo Oliveira	trinca orelhas de gato	Senior Masculino	01:43:47	+50:35	08:39
351	2174	Salvador Santos	individual	Senior Masculino	01:43:51	+50:39	08:39
352	2424	Rui Rocha	trinca orelhas de gato	Sub 23 Masculino	01:43:52	+50:40	08:39
353	2107	Manuel Moura	os barriguitas	Senior Masculino	01:44:01	+50:49	08:40
354	2857	Paula Sousa	sentir escariz	Senior Feminino	01:44:06	+50:54	08:40
355	2795	Ricardo Silva	mountain runners	Senior Masculino	01:44:12	+51:01	08:41
356	2163	Tiago Santos	correr leça	Senior Masculino	01:44:15	+51:04	08:41
357	2496	Ana Cristina Rocha	gansos	Senior Feminino	01:44:18	+51:06	08:42
358	2490	Florinda Carvalho	gansos	Senior Feminino	01:44:18	+51:06	08:42

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM



OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
359	2702	Telmo Mota	nocturnos de paredes	Senior Masculino	01:44:19	+51:07	08:42
360	2570	João Sousa	100pernas	Senior Masculino	01:44:20	+51:08	08:42
361	2364	Vitor Leorne	maisquecorridas	Senior Masculino	01:44:21	+51:10	08:42
362	2644	Bárbara Feio	individual	Senior Feminino	01:44:29	+51:17	08:42
363	2175	JOSÉ ALVES	individual	Senior Masculino	01:44:31	+51:19	08:43
364	2480	ISABEL VIEIRA	portocargo	Senior Feminino	01:44:36	+51:24	08:43
365	2530	Susana Vidal	palmeira runners	Senior Feminino	01:44:56	+51:44	08:45
366	2631	Anabela Sousa	grupo de corrida de argoncilhe	Senior Feminino	01:44:57	+51:45	08:45
367	2802	Ana Oliveira	lentinhos	Senior Feminino	01:45:00	+51:48	08:45
368	2360	Mariana coimbra	a-team	Senior Feminino	01:45:27	+52:15	08:47
369	2497	Cristina Fonseca	gansos	Senior Feminino	01:45:43	+52:32	08:49
370	2425	Patrícia Silva	trinca orelhas de gato	Senior Feminino	01:46:03	+52:51	08:50
371	2554	Diana Paiva	a. d. sebolido trail boneca douro	Senior Feminino	01:46:04	+52:53	08:50
372	2074	Claudia Coelho	generosos runners	Senior Feminino	01:46:13	+53:01	08:51
373	2233	Maria Ferreira	amigos 100 limites	Senior Feminino	01:46:37	+53:26	08:53
374	1447	Elsa Santos	mss contabilidade trail team	Senior Feminino	01:46:38	+53:26	08:53
375	2456	Patricia Neto	kemedo team	Senior Feminino	01:46:41	+53:29	08:53
376	2242	Miguel Silva	infecto team	Senior Masculino	01:47:21	+54:09	08:57
377	2534	Jose Moura	nocturnos de paredes	Senior Masculino	01:47:21	+54:09	08:57
378	2079	Marta Freitas	don't need prep team	Senior Feminino	01:47:23	+54:11	08:57
379	2362	Vitor Oliveira	maisquecorridas	Senior Masculino	01:47:23	+54:11	08:57
380	2078	Gil Rodrigues	don't need prep team	Senior Masculino	01:47:23	+54:11	08:57
381	2348	Jesus Castro	leões de tardariz trail	Senior Feminino	01:47:23	+54:12	08:57
382	2277	Marta Leite	budeguita runners	Senior Feminino	01:47:25	+54:14	08:57
383	2475	Marco Vigário	mss contabilidade trail team	Senior Masculino	01:47:31	+54:19	08:58
384	2191	Sonia Silva	paredes running	Senior Feminino	01:47:51	+54:39	08:59
385	2257	Carla Pimentel	generosos runners	Senior Feminino	01:48:04	+54:52	09:00
386	2258	Ricardo Pacheco	generosos runners	Senior Masculino	01:48:04	+54:52	09:00
387	2582	Nuno Magalhaes	caracois do monte	Senior Masculino	01:48:05	+54:53	09:00
388	2549	João Moreira	ss montepio geral	Senior Masculino	01:48:07	+54:55	09:01
389	2708	Jose Moreira	individual	Senior Masculino	01:48:07	+54:55	09:01
390	2550	Manuel Costa	nelcila	Senior Masculino	01:48:40	+55:28	09:03
391	2551	Ercilia Costa	nelcila	Senior Feminino	01:48:40	+55:28	09:03
392	2408	LUIS SILVA	equipa joao ferreira	Senior Masculino	01:48:50	+55:39	09:04
393	2760	RICARDO MARTINS	ddt runners	Senior Masculino	01:48:53	+55:41	09:04
394	2219	Jose Gentil Almeida Ferreira	ou vai ou racha	Senior Masculino	01:48:57	+55:45	09:05
395	2879	Raquel Santos	kemedo team	Senior Feminino	01:49:01	+55:49	09:05
396	2280	Alexandra Alão	movol	Senior Feminino	01:49:03	+55:51	09:05
397	2569	Nuno Silva	100pernas	Senior Masculino	01:49:05	+55:53	09:05
398	2339	Carla Teixeira	individual	Senior Feminino	01:49:10	+55:58	09:06
399	2270	Andreia Silva	somos 4	Senior Feminino	01:49:17	+56:05	09:06
400	2003	José Saraiva	individual	Senior Masculino	01:49:21	+56:09	09:07
401	2004	Diana Gonçalves	individual	Senior Feminino	01:49:21	+56:10	09:07
402	2282	José Ferreira	leões de tardariz trail	Senior Masculino	01:49:32	+56:21	09:08
403	2791	Daniel Reis	lusos xxi	Sub 23 Masculino	01:49:35	+56:23	09:08
404	2751	António Moreira	lusos xxi	Senior Masculino	01:49:35	+56:23	09:08

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
405	2745	João Paulo Carvalho	lusos xxi	Senior Masculino	01:49:36	+56:24	09:08
406	2604	Germano Moura	os barriguitas	Senior Masculino	01:49:39	+56:27	09:08
407	2335	Andreia Ruela	pé na rota	Senior Feminino	01:49:48	+56:36	09:09
408	2025	Isabel Oliveira	individual	Senior Feminino	01:49:52	+56:40	09:09
409	2410	SANDRA CUNHA	equipa joao ferreira	Senior Feminino	01:49:53	+56:41	09:09
410	2170	Rogério Gomes	a20's javalis trail team	Senior Masculino	01:50:05	+56:53	09:10
411	2736	Natália Moreira	aliança de gandra	Senior Feminino	01:50:11	+56:59	09:11
412	2438	Rita Morais	trinca orelhas de gato	Senior Feminino	01:50:15	+57:03	09:11
413	2244	José Ferreira	jrsousa team	Senior Masculino	01:50:22	+57:10	09:12
414	2623	Diana Beatriz Barbosa	individual	Senior Feminino	01:50:33	+57:21	09:13
415	2369	Manuela Rosas	generosos runners	Senior Feminino	01:50:34	+57:22	09:13
416	2652	Pedro Costa	individual	Senior Masculino	01:50:43	+57:31	09:14
417	2136	Veronica vieira	reumático trail team	Senior Feminino	01:50:51	+57:39	09:14
418	2137	Nuno freitas	reumático trail team	Senior Masculino	01:50:51	+57:39	09:14
419	2720	Filipa Namora	individual	Senior Feminino	01:50:52	+57:40	09:14
420	2579	Carlos Russo	individual	Senior Masculino	01:51:25	+58:13	09:17
421	2647	Sandra Martins	kemedo team	Senior Feminino	01:51:30	+58:18	09:17
422	2263	Jorge Magalhães	cmds	Senior Masculino	01:51:32	+58:20	09:18
423	2575	Jose castelo	fardetas	Senior Masculino	01:51:39	+58:27	09:18
424	2576	Silvia Castelo	fardetas	Senior Feminino	01:51:39	+58:27	09:18
425	2409	SUSANA COSTA	equipa joao ferreira	Senior Feminino	01:51:43	+58:31	09:19
426	2799	Isa Pinto	individual	Senior Feminino	01:51:43	+58:31	09:19
427	2800	Vasco Loureiro	individual	Senior Masculino	01:51:43	+58:31	09:19
428	2368	Sara Pimenta	individual	Senior Feminino	01:51:44	+58:32	09:19
429	2481	Dulce Resende	portocargo	Senior Feminino	01:52:05	+58:53	09:20
430	2482	MANUEL PEREIRA	portocargo	Senior Masculino	01:52:06	+58:54	09:20
431	2486	Carlos Anjos	gansos	Senior Masculino	01:52:15	+59:03	09:21
432	2489	Helena Alvarenga	gansos	Senior Feminino	01:52:15	+59:03	09:21
433	2660	Claudia Sousa	mountain runners	Senior Feminino	01:52:21	+59:09	09:22
434	2044	Marina Sousa	mss contabilidade trail team	Senior Feminino	01:52:29	+59:17	09:22
435	2473	Silvina Barbosa	mss contabilidade trail team	Senior Feminino	01:52:29	+59:17	09:22
436	2479	Elisabete Brazeta	mss contabilidade trail team	Senior Feminino	01:52:29	+59:17	09:22
437	2665	Ana Pestana	individual	Senior Feminino	01:52:31	+59:19	09:23
438	2805	Margarida Sousa	porto sentido	Senior Feminino	01:52:33	+59:22	09:23
439	2385	Ricardo Carvalho	individual	Senior Masculino	01:52:36	+59:24	09:23
440	2081	Paula Ferreira	generosos runners	Senior Feminino	01:52:39	+59:28	09:23
441	2366	Natália Santos	jrsousa team	Senior Feminino	01:52:50	+59:38	09:24
442	2101	Rafaela Ribeiro	generosos runners	Senior Feminino	01:52:56	+59:44	09:25
443	2142	Susana Latourrette	individual	Senior Feminino	01:52:58	+59:46	09:25
444	2612	Teresa Sequeira	individual	Senior Feminino	01:52:58	+59:46	09:25
445	2556	Andreia Faria	individual	Senior Feminino	01:52:58	+59:47	09:25
446	2108	Filipe Morais	mss contabilidade trail team	Senior Masculino	01:53:03	+59:51	09:25
447	2539	José Loureiro	mss contabilidade trail team	Senior Masculino	01:53:03	+59:51	09:25
448	2317	Clemente Meireles Meireles	nem que chova	Senior Masculino	01:53:07	+59:55	09:26
449	2232	Liliana Gomes	amigos 100 limites	Senior Feminino	01:53:10	+59:58	09:26
450	2831	Pedro Pinheiro	individual	Senior Masculino	01:53:22	+01:00:11	09:27

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
451	2073	Sofia Tadeu	generosos runners	Senior Feminino	01:53:36	+01:00:24	09:28
452	2072	Rodrigo Ferraz	generosos runners	Senior Masculino	01:53:38	+01:00:26	09:28
453	2772	Ana Carvalho	individual	Senior Feminino	01:53:38	+01:00:26	09:28
454	2149	Edite Gonçalves	correr leça	Senior Feminino	01:53:56	+01:00:44	09:30
455	2687	Ana Raquel Dias	factor x / s4l / medense fc	Senior Feminino	01:53:56	+01:00:45	09:30
456	2691	Cora Vieira	factor x / s4l / medense fc	Senior Feminino	01:53:57	+01:00:45	09:30
457	2430	Estrela Soares	trinca orelhas de gato	Senior Feminino	01:54:00	+01:00:48	09:30
458	2061	Brigida Duarte	osfazconta	Senior Feminino	01:54:16	+01:01:04	09:31
459	2557	José Neiva	individual	Senior Masculino	01:54:31	+01:01:19	09:33
460	2868	Joana Ferreira	mss contabilidade trail team	Senior Feminino	01:54:51	+01:01:39	09:34
461	2435	Paula Moreira	trinca orelhas de gato	Senior Feminino	01:54:53	+01:01:41	09:34
462	2196	Cláudia Moura	individual	Senior Feminino	01:54:54	+01:01:42	09:34
463	2209	Alexandra Azevedo	clínica médica da foz	Senior Feminino	01:55:15	+01:02:03	09:36
464	2098	MARTA AMARO	cmc carapaus	Senior Feminino	01:55:24	+01:02:12	09:37
465	2656	Sara Carvalho	cmc carapaus	Senior Feminino	01:55:24	+01:02:12	09:37
466	2829	Bruno Couto	individual	Senior Masculino	01:55:24	+01:02:12	09:37
467	2828	Sónia Pereira	individual	Senior Feminino	01:55:25	+01:02:13	09:37
468	2878	Rui Vitória	individual	Senior Masculino	01:55:27	+01:02:15	09:37
469	2311	Maria João	arcorun	Senior Feminino	01:55:35	+01:02:23	09:38
470	2323	Rosina Couto	arcorun	Senior Feminino	01:55:35	+01:02:23	09:38
471	2447	Carlos Mota	trinca orelhas de gato	Senior Masculino	01:55:40	+01:02:28	09:38
472	2011	Beatriz Loureiro	individual	Senior Feminino	01:55:40	+01:02:28	09:38
473	2214	José Pereira	pm	Senior Masculino	01:55:46	+01:02:34	09:39
474	2824	João Oliveira	porto sentido	Senior Masculino	01:56:08	+01:02:56	09:41
475	2825	Sonia Oliveira	porto sentido	Senior Feminino	01:56:08	+01:02:56	09:41
476	2267	Renata Vieira	lion runners - g. d. leões da guarda	Senior Feminino	01:56:11	+01:02:59	09:41
477	2809	Rosa Soares	fridão sem limites	Senior Feminino	01:56:19	+01:03:07	09:42
478	1736	Rui Santos	individual	Senior Masculino	01:56:23	+01:03:11	09:42
479	2148	Ana Rocha	correr leça	Senior Feminino	01:56:28	+01:03:16	09:42
480	2714	Pedro Torres	not fast just furious	Senior Masculino	01:56:28	+01:03:16	09:42
481	2854	VÍTOR OSÓRIO	#atechoras!	Senior Masculino	01:56:41	+01:03:29	09:43
482	2418	Daniela Gomes	trinca orelhas de gato	Senior Feminino	01:56:55	+01:03:43	09:45
483	2187	Claudia Costa	trepatrihos trail team	Senior Feminino	01:56:55	+01:03:43	09:45
484	2186	Henrique Santiago	trepatrihos trail team	Senior Masculino	01:56:55	+01:03:43	09:45
485	2846	Sandra Paiva	individual	Senior Feminino	01:57:10	+01:03:58	09:46
486	2125	Alberto Reis	passarinhos do monte	Senior Masculino	01:57:11	+01:03:59	09:46
487	2894	Carolina Martins	individual	Senior Feminino	01:57:11	+01:03:59	09:46
488	2032	Ana Paula Teixeira	individual	Senior Feminino	01:57:32	+01:04:20	09:48
489	2797	Bruno Ribeiro	individual	Senior Masculino	01:57:34	+01:04:22	09:48
490	2798	Rui Castro	individual	Senior Masculino	01:57:34	+01:04:22	09:48
491	2690	Patricia Martins	correr leça	Senior Feminino	01:57:55	+01:04:43	09:50
492	2158	Patrícia Rocha	correr leça	Senior Feminino	01:57:55	+01:04:43	09:50
493	2269	Pedro Justo	correr leça	Senior Masculino	01:57:55	+01:04:44	09:50
494	2694	Cidalia Silva	#correratenumdarmais	Senior Feminino	01:57:59	+01:04:48	09:50
495	2763	Susana Santos	crocodilos/misterpc	Senior Feminino	01:58:00	+01:04:48	09:50
496	2685	Alberta Carvalho	individual	Senior Feminino	01:58:38	+01:05:26	09:53

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
497	2682	Vera Ribeiro	btt alegria // tubani	Senior Feminino	01:58:44	+01:05:32	09:54
498	2681	Miguel Ferreira	btt alegria // tubani	Senior Masculino	01:58:44	+01:05:32	09:54
499	2734	Fátima Ramos	aliança de gandra	Senior Feminino	01:58:59	+01:05:47	09:55
500	2428	Virgínia Ferreira	trinca orelhas de gato	Senior Feminino	01:58:59	+01:05:48	09:55
501	2162	Sandra Morgado	correr leça	Senior Feminino	01:59:05	+01:05:53	09:55
502	2739	Rute Ramos	aliança de gandra	Senior Feminino	01:59:11	+01:05:59	09:56
503	2625	Maria José Alves	ou vai ou racha	Senior Feminino	01:59:17	+01:06:06	09:56
504	2194	Raquel Pinto	individual	Senior Feminino	01:59:19	+01:06:07	09:57
505	2088	Joana Rocha	generosos runners	Senior Feminino	01:59:24	+01:06:12	09:57
506	2291	Sergio Reis	generosos runners	Senior Masculino	01:59:24	+01:06:12	09:57
507	2629	Ana Luiza	porto de mós a correr	Senior Feminino	01:59:24	+01:06:12	09:57
508	2808	Amélia Cardoso	fridão sem limites	Senior Feminino	01:59:42	+01:06:30	09:59
509	2785	Carla Ventura	individual	Senior Feminino	01:59:54	+01:06:42	09:59
510	2692	Vanda Miranda	taylors	Senior Feminino	01:59:54	+01:06:42	09:59
511	2630	Claudia Ribas	oralklass - amigos do trail	Senior Feminino	01:59:54	+01:06:43	10:00
512	2672	Bruno Ferreira	jptc	Senior Masculino	02:00:01	+01:06:49	10:00
513	2358	Wiliana ferreira	a-team	Senior Feminino	02:00:07	+01:06:55	10:01
514	2667	Rosa Castro	jptc	Senior Feminino	02:00:11	+01:06:59	10:01
515	2485	Marília Fernanda De Sá M. De Paiva	individual	Senior Feminino	02:00:17	+01:07:05	10:01
516	2740	Rosa Soares	aliança de gandra	Senior Feminino	02:00:17	+01:07:05	10:01
517	2117	Alice Magalhães	100meta	Senior Feminino	02:00:31	+01:07:20	10:03
518	2781	Sónia Oliveira	individual	Senior Feminino	02:00:35	+01:07:23	10:03
519	2197	Micaela Brito	trilheiros e amigos	Senior Feminino	02:01:29	+01:08:17	10:07
520	2250	Graça Magalhaes	nocturnos de paredes	Senior Feminino	02:01:32	+01:08:21	10:08
521	2639	Antonio Carvalho	nocturnos de paredes	Senior Masculino	02:01:33	+01:08:21	10:08
522	2421	Fernando Vital	trinca orelhas de gato	Senior Masculino	02:01:56	+01:08:44	10:10
523	2240	Gisélia Braga	infecto team	Senior Feminino	02:02:15	+01:09:03	10:11
524	2241	José Pinto	infecto team	Senior Masculino	02:02:15	+01:09:03	10:11
525	2387	Isabel Santos	no stress	Senior Feminino	02:02:17	+01:09:05	10:11
526	2651	Filipe Pinto	nocturnos de paredes	Senior Masculino	02:02:35	+01:09:23	10:13
527	2852	SUSANA PEREIRA	#atechoras!	Senior Feminino	02:02:48	+01:09:36	10:14
528	2850	SANDRA SILVA	#atechoras!	Senior Feminino	02:02:48	+01:09:37	10:14
529	2048	Ana Moreira	individual	Senior Feminino	02:03:00	+01:09:48	10:15
530	2796	Joana Gonçalves	individual	Senior Feminino	02:03:01	+01:09:49	10:15
531	2278	Márcio Ferreira	grandes, fortes e grossos	Senior Masculino	02:03:03	+01:09:51	10:15
532	2279	Liliana Ferreira	grandes, fortes e grossos	Senior Feminino	02:03:03	+01:09:51	10:15
533	2862	Nadia Silva	trinca orelhas de gato	Sub 23 Feminino	02:03:07	+01:09:55	10:16
534	2015	Paula Cardoso	factor x / s4l / medense fc	Senior Feminino	02:03:25	+01:10:13	10:17
535	2523	Cláudia Novais	att	Senior Feminino	02:03:27	+01:10:15	10:17
536	2500	Ana Rocha	juventude cortegacense	Senior Feminino	02:03:27	+01:10:15	10:17
537	2127	Conceicao allen	carapaus	Senior Feminino	02:03:45	+01:10:33	10:19
538	2531	Natália Ferreira	amigos do pedal trailagares	Senior Feminino	02:03:52	+01:10:40	10:19
539	2586	Manuel Silva	douroconta - gabinete de apoio e contabilidade, lda	Senior Masculino	02:04:36	+01:11:24	10:23
540	2156	Marisa Silva	correr leça	Senior Feminino	02:04:39	+01:11:27	10:23
541	2094	José Teixeira	juventude desportiva de gondomar	Senior Masculino	02:04:47	+01:11:35	10:24

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
542	2675	Joaquim Oliveira	juventude desportiva de gondomar	Senior Masculino	02:04:47	+01:11:35	10:24
543	2106	Jorge Teixeira	juventude desportiva de gondomar	Senior Masculino	02:04:47	+01:11:35	10:24
544	2491	Laurinda Tavares	gansos	Senior Feminino	02:05:03	+01:11:51	10:25
545	2356	Ana Alves	a.d.amarante trail running	Senior Feminino	02:05:24	+01:12:12	10:27
546	2684	Paula Silva	btt alegria // tubani	Senior Feminino	02:05:34	+01:12:23	10:28
547	2683	Tony Mendes	btt alegria // tubani	Senior Masculino	02:05:35	+01:12:23	10:28
548	2155	Luisa Pereira	correr leça	Senior Feminino	02:05:37	+01:12:25	10:28
549	2152	João Rocha	correr leça	Senior Masculino	02:05:37	+01:12:25	10:28
550	2022	Raquel Marques	mss contabilidade trail team	Senior Feminino	02:05:50	+01:12:38	10:29
551	2027	Soraia Póvoas	mss contabilidade trail team	Senior Feminino	02:05:50	+01:12:38	10:29
552	2742	Patrícia Santos	gondomar futsal clube	Senior Feminino	02:05:54	+01:12:42	10:29
553	2243	Justa Ferreira	jrsousa team	Senior Feminino	02:05:58	+01:12:46	10:30
554	2221	Isabel Nogueira	jrsousa team	Senior Feminino	02:05:58	+01:12:46	10:30
555	2865	Cristina Neves	trinca orelhas de gato	Senior Feminino	02:06:11	+01:12:59	10:31
556	2507	Luis Ribeiro	paredes running	Senior Masculino	02:06:33	+01:13:21	10:33
557	2391	Antero Bessa	paredes running	Senior Masculino	02:06:35	+01:13:23	10:33
558	2021	Vanessa Ramos	mss contabilidade trail team	Senior Feminino	02:06:40	+01:13:28	10:33
559	2567	Sandra Amorim	sa	Senior Feminino	02:07:31	+01:14:19	10:38
560	2528	Luis Carlos Estevao	individual	Senior Masculino	02:07:38	+01:14:26	10:38
561	2701	Joana Silva	nocturnos de paredes	Senior Feminino	02:07:59	+01:14:47	10:40
562	2700	Paulo Amorim	nocturnos de paredes	Senior Masculino	02:07:59	+01:14:47	10:40
563	2028	Andreia Ribeiro	sapatilhas pensadoras	Senior Feminino	02:08:13	+01:15:01	10:41
564	2345	Rui Moreira	papatrails	Senior Masculino	02:08:22	+01:15:10	10:42
565	2664	Mafalda Alves	papatrails	Senior Feminino	02:08:22	+01:15:10	10:42
566	2738	Joana Soares	aliança de gandra	Senior Feminino	02:08:31	+01:15:20	10:43
567	2661	Vanda Costa	individual	Senior Feminino	02:08:36	+01:15:24	10:43
568	2318	António Santos	os tartarugas	Senior Masculino	02:08:43	+01:15:31	10:44
569	2172	Sofia Nunes	a20's javalis trail team	Senior Feminino	02:08:43	+01:15:31	10:44
570	2826	Aurea Cardoso	individual	Senior Feminino	02:08:51	+01:15:39	10:44
571	2715	Lurdes Monteiro	individual	Senior Feminino	02:08:52	+01:15:40	10:44
572	2827	Julliane Dias	individual	Senior Feminino	02:08:54	+01:15:43	10:45
573	2838	Cátia Teixeira	individual	Senior Feminino	02:08:59	+01:15:47	10:45
574	2901	Susana Serra	team lantermil	Senior Feminino	02:09:01	+01:15:49	10:45
575	2902	Sofia Pereira	team lantermil	Senior Feminino	02:09:01	+01:15:49	10:45
576	2900	Vítor Horácio Correia	team lantermil	Senior Masculino	02:09:01	+01:15:50	10:45
577	2313	Claudia Dias	arcorun	Senior Feminino	02:09:06	+01:15:54	10:45
578	2402	Sonia Silva	equipa mountain runners	Senior Feminino	02:09:40	+01:16:28	10:48
579	2296	Sandra carvalho	mountain runners	Senior Feminino	02:09:40	+01:16:28	10:48
580	2314	Ana Rocha	arcorun	Senior Feminino	02:09:53	+01:16:41	10:49
581	2764	Patrícia Lopes	arcorun	Senior Feminino	02:09:53	+01:16:41	10:49
582	2309	Nuno Fernandes	arcorun	Senior Masculino	02:09:53	+01:16:41	10:49
583	2716	Sara Rocha	btt alegria // tubani	Senior Feminino	02:10:36	+01:17:24	10:53
584	2359	Ana azevedo	a-team	Senior Feminino	02:10:36	+01:17:24	10:53
585	2150	Elsa Sousa	correr leça	Senior Feminino	02:10:37	+01:17:25	10:53
586	2310	Carla Leite	arcorun	Senior Feminino	02:10:42	+01:17:30	10:53
587	2090	Maria Pinto	generosos runners	Senior Feminino	02:10:44	+01:17:32	10:54

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
588	2295	David Silva	gundemarus	Senior Masculino	02:10:59	+01:17:47	10:55
589	2873	Joana Couto	individual	Senior Feminino	02:11:11	+01:17:59	10:56
590	2581	Catia Costa	caracois do monte	Senior Feminino	02:11:31	+01:18:19	10:58
591	2178	Helena Cardoso	jrsousa team	Senior Feminino	02:11:41	+01:18:29	10:58
592	2332	Clara Costa	pé na rota	Senior Feminino	02:12:04	+01:18:52	11:00
593	2331	Manuel Dias Noites	pé na rota	Senior Masculino	02:12:04	+01:18:53	11:00
594	2437	Isilda Silva	trinca orelhas de gato	Senior Feminino	02:12:07	+01:18:55	11:01
595	2577	Cláudio Silva	wolves run trail	Senior Masculino	02:12:08	+01:18:56	11:01
596	2455	Daniel Fernandes	wolves run trail	Sub 23 Masculino	02:12:08	+01:18:56	11:01
597	2578	Antonio Fernandes	wolves run trail	Senior Masculino	02:12:08	+01:18:56	11:01
598	2864	Sergio Sousa	trinca orelhas de gato	Senior Masculino	02:12:13	+01:19:01	11:01
599	2355	Sandra Soares	budeguita runners	Senior Feminino	02:12:22	+01:19:11	11:02
600	2256	Marlene Marques	budeguita runners	Senior Feminino	02:12:23	+01:19:11	11:02
601	2468	Susana Ferreira	individual	Senior Feminino	02:12:48	+01:19:36	11:04
602	2469	Fatima Ribeiro	individual	Senior Feminino	02:12:48	+01:19:36	11:04
603	2264	Daniela Silva	lion runners - g. d. leões da guarda	Senior Feminino	02:12:54	+01:19:42	11:04
604	2060	Adriana Duarte	osfazconta	Senior Feminino	02:13:12	+01:20:00	11:06
605	2265	Paulo Ribeiro	lion runners - g. d. leões da guarda	Senior Masculino	02:13:15	+01:20:03	11:06
606	2042	Natalia Carvalho	mss contabilidade trail team	Senior Feminino	02:13:21	+01:20:09	11:07
607	2673	José Silva	jptc	Senior Masculino	02:13:46	+01:20:34	11:09
608	2452	Ana Pinto	rapidinhos	Senior Feminino	02:13:53	+01:20:41	11:09
609	2132	Filomena Marcelo	alto relevo-clube de montanhismo	Senior Feminino	02:14:00	+01:20:48	11:10
610	2383	Filipe Ribeiro	att	Senior Masculino	02:14:02	+01:20:50	11:10
611	2384	Teresa Carvalho	individual	Senior Feminino	02:14:02	+01:20:50	11:10
612	2680	Claudia Carmo	btt alegria // tubani	Senior Feminino	02:14:22	+01:21:10	11:12
613	2145	Ana Assunção	individual	Senior Feminino	02:14:30	+01:21:18	11:12
614	2144	Luis Duarte	individual	Senior Masculino	02:14:30	+01:21:18	11:12
615	2035	Ricardo Amaral	studio sun beauty	Senior Masculino	02:15:12	+01:22:00	11:16
616	2308	Deibid Moreno	arcorun	Sub 23 Masculino	02:15:39	+01:22:27	11:18
617	2307	Alexis Bolivar	arcorun	Senior Masculino	02:15:39	+01:22:28	11:18
618	2462	RITA GONÇALVES	equipa joao ferreira	Senior Feminino	02:15:48	+01:22:36	11:19
619	2465	JOAO FERREIRA	equipa joao ferreira	Senior Masculino	02:15:48	+01:22:36	11:19
620	2546	Yessica Magalhães	caracois do monte	Senior Feminino	02:16:01	+01:22:49	11:20
621	2599	Emília Iago	clube amador de mirandela	Senior Feminino	02:16:06	+01:22:54	11:21
622	2598	Joana fontes	clube amador de mirandela	Senior Feminino	02:16:06	+01:22:54	11:21
623	2357	Ana Moreira	budeguita runners	Senior Feminino	02:16:07	+01:22:55	11:21
624	2774	Marta Silva	individual	Senior Feminino	02:16:07	+01:22:55	11:21
625	2645	Sandra Ferreira	individual	Senior Feminino	02:16:08	+01:22:56	11:21
626	2502	Alfredo Faria	compincha	Senior Masculino	02:16:17	+01:23:05	11:21
627	2659	Ana Rita Moreira	uh lá lá	Senior Feminino	02:16:17	+01:23:05	11:21
628	2615	Carmelita Marques	uh lá lá	Senior Feminino	02:16:17	+01:23:05	11:21
629	2614	Carla Leal	uh lá lá	Senior Feminino	02:16:17	+01:23:06	11:21
630	2545	Juana Silva	individual	Senior Feminino	02:16:45	+01:23:33	11:24
631	2281	Sandro Oliveira	leões de tardariz trail	Senior Masculino	02:16:47	+01:23:35	11:24
632	2254	Damião Pontes	leões de tardariz trail	Senior Masculino	02:16:47	+01:23:35	11:24
633	2350	Pedro Oliveira	leões de tardariz trail	Sub 23 Masculino	02:16:47	+01:23:36	11:24

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
634	2259	Sara Silva	cmds	Senior Feminino	02:17:08	+01:23:57	11:26
635	2260	Maria Cabral	cmds	Senior Feminino	02:17:09	+01:23:57	11:26
636	2820	Raquel Campos	grupo dramatico e recreativo da retorta	Senior Feminino	02:17:26	+01:24:14	11:27
637	2845	Sónia Carvalho	individual	Senior Feminino	02:17:33	+01:24:21	11:28
638	2678	Rosinda Macedo	caga tacos running team	Senior Feminino	02:17:38	+01:24:26	11:28
639	2677	António Macedo	caga tacos running team	Senior Masculino	02:17:39	+01:24:27	11:28
640	2393	Celeste Lopes	paredes running	Senior Feminino	02:17:53	+01:24:41	11:29
641	2249	Madalena Oliveira	nocturnos de paredes	Senior Feminino	02:18:41	+01:25:29	11:33
642	2758	ANABELA VEIGA	ddt runners	Senior Feminino	02:19:19	+01:26:07	11:37
643	2059	Jorge Silva	osfazconta	Senior Masculino	02:19:21	+01:26:09	11:37
644	2792	Sofia Dias	individual	Senior Feminino	02:19:56	+01:26:44	11:40
645	2793	Hugo Coimbra	individual	Senior Masculino	02:19:56	+01:26:44	11:40
646	2147	Ana Duarte	correr leça	Senior Feminino	02:19:56	+01:26:44	11:40
647	2759	MARINA RAMALHO	ddt runners	Senior Feminino	02:20:00	+01:26:48	11:40
648	2431	Deolinda Campanhã	trinca orelhas de gato	Senior Feminino	02:20:44	+01:27:32	11:44
649	2433	Goreti Rocha	trinca orelhas de gato	Senior Feminino	02:20:49	+01:27:37	11:44
650	2440	Sónia Boucinha	trinca orelhas de gato	Senior Feminino	02:20:51	+01:27:39	11:44
651	2755	BRUNO CARDOSO	ddt runners	Senior Masculino	02:20:54	+01:27:42	11:44
652	2320	Alexandra Rodrigues	os tartarugas	Senior Feminino	02:20:58	+01:27:46	11:45
653	2319	Afonso Santos	os tartarugas	Senior Masculino	02:20:58	+01:27:46	11:45
654	2676	Ricardo Braga	rechonchudos trail runners	Senior Masculino	02:21:15	+01:28:03	11:46
655	2607	Paula Morais	éjáli...clube de amigos trailrunners	Senior Feminino	02:21:25	+01:28:13	11:47
656	2236	Rosa Costa	amigos 100 limites	Senior Feminino	02:21:25	+01:28:13	11:47
657	2271	Tânia Batista	somos 4	Senior Feminino	02:21:26	+01:28:14	11:47
658	2114	Manuela Castelo	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
659	2116	Catarina Ferreira	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
660	2520	Maria Mendonça	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
661	2498	Miguel Matos	juventude cortegacense	Senior Masculino	02:21:37	+01:28:25	11:48
662	2122	Gabriela Rola	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
663	2119	Isabel Pereira	juventude cortegacense	Senior Feminino	02:21:37	+01:28:25	11:48
664	2110	Rute Costa	eu e elas	Senior Feminino	02:22:29	+01:29:17	11:52
665	2065	Elisa Pereira	individual	Senior Feminino	02:22:44	+01:29:32	11:54
666	2109	Analisa Teixeira	eu e elas	Senior Feminino	02:23:05	+01:29:53	11:55
667	2217	Isabel Mendes	individual	Senior Feminino	02:23:30	+01:30:18	11:57
668	2536	Bruna Silva	nocturnos de paredes	Senior Feminino	02:23:30	+01:30:18	11:57
669	2111	Patrícia Bastos	eu e elas	Senior Feminino	02:24:31	+01:31:19	12:03
670	2478	Carla Alice Reis	mss contabilidade trail team	Senior Feminino	02:24:32	+01:31:20	12:03
671	2052	Rui Monteiro	mss contabilidade trail team	Senior Masculino	02:24:33	+01:31:21	12:03
672	2067	Laura Eira	moviteknika	Sub 23 Feminino	02:24:44	+01:31:32	12:04
673	2890	SUSANA PEREIRA	individual	Senior Feminino	02:24:46	+01:31:34	12:04
674	2002	Rosa Bispo	em força - corremos pela esclerose múltipla	Sub 23 Feminino	02:24:46	+01:31:35	12:04
675	2154	Laura Neves	correr leça	Senior Feminino	02:25:05	+01:31:53	12:05
676	2084	Armando Silva	brincalhões	Senior Masculino	02:25:07	+01:31:55	12:06
677	2266	Claudia Cunha	lion runners - g. d. leões da guarda	Senior Feminino	02:25:20	+01:32:08	12:07
678	2063	Catarina Silva	osfazconta	Senior Feminino	02:25:56	+01:32:44	12:10

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
679	2483	MANUEL ALMEIDA	portocargo	Senior Masculino	02:26:28	+01:33:16	12:12
680	2753	Lili Silva	individual	Senior Feminino	02:27:09	+01:33:57	12:16
681	2787	Liliana Escudeiro	team lantemil	Senior Feminino	02:27:17	+01:34:05	12:16
682	2168	Ana Oliveira	team lantemil	Senior Feminino	02:27:17	+01:34:05	12:16
683	2169	Hugo Azevedo	team lantemil	Senior Masculino	02:27:18	+01:34:06	12:16
684	2602	Claudia alexandra Vilarinho	clube amador de mirandela	Senior Feminino	02:28:05	+01:34:53	12:20
685	2693	Ema Morais	clube amador de mirandela	Senior Feminino	02:28:05	+01:34:53	12:20
686	2203	Maria sousa	individual	Senior Feminino	02:28:58	+01:35:46	12:25
687	2204	Sara azevedo	individual	Senior Feminino	02:28:58	+01:35:47	12:25
688	2205	Sandra gonçalves	individual	Senior Feminino	02:28:59	+01:35:47	12:25
689	2121	Paula Salgado	mss contabilidade trail team	Senior Feminino	02:29:08	+01:35:56	12:26
690	2508	Lucinda Marques	paredes running	Senior Feminino	02:29:40	+01:36:28	12:28
691	2718	Fernanda Soares	btt alegria // tubani	Senior Feminino	02:29:44	+01:36:32	12:29
692	2179	Susana Fernandes	trilhados	Senior Feminino	02:29:52	+01:36:40	12:29
693	2874	Lúcia Gomes	individual	Senior Feminino	02:29:52	+01:36:40	12:29
694	2506	Marta Pimenta	os goguinhos	Senior Feminino	02:30:08	+01:36:57	12:31
695	2505	Diogo Pimenta	os goguinhos	Senior Masculino	02:30:08	+01:36:57	12:31
696	2426	Ismael Silva	trinca orelhas de gato	Senior Masculino	02:30:13	+01:37:01	12:31
697	2341	Ana Moreira	os turbomula	Senior Feminino	02:31:28	+01:38:16	12:37
698	2749	Diana Poças	fit gaia trail	Senior Feminino	02:31:31	+01:38:19	12:38
699	2401	Sonia Bastos	a.d.amarante trail running	Senior Feminino	02:31:35	+01:38:23	12:38
700	2302	Liliana Cardoso	individual	Senior Feminino	02:31:35	+01:38:23	12:38
701	2058	Susana Rito	edv-vianatrail	Senior Feminino	02:31:53	+01:38:41	12:39
702	2476	Pedro Oliveira	mss contabilidade trail team	Senior Masculino	02:31:53	+01:38:41	12:39
703	2434	Filipe Terra	trinca orelhas de gato	Senior Masculino	02:32:40	+01:39:28	12:43
704	2432	Carlos Conde	trinca orelhas de gato	Senior Masculino	02:32:40	+01:39:28	12:43
705	2535	Albertina Moura	nocturnos de paredes	Senior Feminino	02:33:22	+01:40:10	12:47
706	2105	Natalina Videira	mss contabilidade trail team	Senior Feminino	02:33:39	+01:40:27	12:48
707	2895	Gene Torres	individual	Senior Masculino	02:35:33	+01:42:21	12:58
708	2893	Maria Reis	individual	Senior Feminino	02:35:33	+01:42:22	12:58
709	2216	Celia Moreira	individual	Senior Feminino	02:35:48	+01:42:36	12:59
710	2618	Clemência Guimarães Ferreira	individual	Senior Feminino	02:35:48	+01:42:36	12:59
711	2208	Albertina Lopes	mss contabilidade trail team	Senior Feminino	02:37:08	+01:43:56	13:06
712	2477	Anabela Reis	mss contabilidade trail team	Senior Feminino	02:37:08	+01:43:56	13:06
713	2807	Paula Ferraz	individual	Senior Feminino	02:38:03	+01:44:51	13:10
714	2552	Sílvia Garcia	individual	Senior Feminino	02:38:46	+01:45:34	13:14
715	2707	Vitor Barbosa	baltar trail runners	Senior Masculino	02:39:27	+01:46:15	13:17
716	2342	Jose freitas	ou vai ou racha	Senior Masculino	02:40:26	+01:47:14	13:22
717	2220	Jose Gentil Almeida Ferreira	ou vai ou racha	Senior Masculino	02:40:37	+01:47:25	13:23
718	2223	Paula sousa	ou vai ou racha	Senior Feminino	02:40:37	+01:47:25	13:23
719	2819	Cátia Saraiva	rechonchudos trail runners	Senior Feminino	02:42:02	+01:48:50	13:30
720	2821	Debora Correia	rechonchudos trail runners	Senior Feminino	02:42:02	+01:48:50	13:30
721	2746	Cláudia Marlene Gonçalves Soares	individual	Senior Feminino	02:43:07	+01:49:56	13:36
722	2014	Lurdes Sanguedo	individual	Senior Feminino	02:44:23	+01:51:11	13:42
723	2017	Sandra Ferreira	individual	Senior Feminino	02:44:23	+01:51:11	13:42

MINI TRILHOS PALEOZÓICO 12K - STAGE 1

12 KM

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OFFICIAL RESULT

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R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
724	2312	Claudia Costa	arcorun	Senior Feminino	02:44:39	+01:51:27	13:43
725	2640	Rafaela Cortez Marques	nocturnos de paredes	Senior Feminino	02:45:33	+01:52:22	13:48
726	2077	Carla Gomes	generosos runners	Senior Feminino	02:45:33	+01:52:22	13:48
727	2695	Sonia Sacras	arcorun	Sub 23 Feminino	02:46:14	+01:53:02	13:51
728	2001	Carla Teixeira	bota brita	Senior Feminino	02:47:33	+01:54:21	13:58
729	2849	Cristiana Leite	bota brita	Senior Feminino	02:47:33	+01:54:21	13:58
730	2306	Erika Jesus	arcorun	Senior Feminino	02:48:04	+01:54:52	14:00
731	2696	Cláudia Bastos	individual	Senior Feminino	02:48:45	+01:55:33	14:04
732	2697	Jorge Bastos	individual	Senior Masculino	02:48:45	+01:55:34	14:04
733	2593	Carolina Violas	juventude cortegacense	Senior Feminino	02:48:53	+01:55:42	14:04
734	2133	Cristiana Carvalho	juventude cortegacense	Senior Feminino	02:48:54	+01:55:42	14:04
735	2756	PAULO FERREIRA	ddt runners	Senior Masculino	02:49:06	+01:55:54	14:06
736	2757	ANABELA CARDOSO	ddt runners	Senior Feminino	02:49:06	+01:55:54	14:06
737	2315	Alcina Moura	arcorun	Senior Feminino	02:50:22	+01:57:10	14:12
738	2711	Marcia Pinto	metralhas runners	Senior Feminino	02:53:11	+01:59:59	14:26
739	2611	Sonia Sampaio	metralhas runners	Senior Feminino	02:53:11	+02:00:00	14:26
740	2616	Geraldine Teixeira	tricotar trails	Senior Feminino	02:53:11	+02:00:00	14:26
741	2231	Cláudia Silva	amigos 100 limites	Senior Feminino	02:54:05	+02:00:53	14:30
742	2390	Paula Ribeiro	paredes running	Senior Feminino	02:54:24	+02:01:12	14:32
743	2298	Ana Ferreira	paredes running	Senior Feminino	02:54:25	+02:01:13	14:32
744	2190	Sandra Silva	paredes running	Senior Feminino	02:54:25	+02:01:13	14:32
745	2608	Helder Moraes	tartarugas sprinters	Senior Masculino	02:55:00	+02:01:48	14:35
746	1565	João Paulo De Sousa	manguelas - run/walk team	Senior Masculino	02:55:30	+02:02:18	14:37
747	2637	Ricardo Matos	manguelas - run/walk team	Senior Masculino	02:55:30	+02:02:18	14:37
748	2636	Diana Moreira	manguelas - run/walk team	Senior Feminino	02:55:30	+02:02:18	14:37
749	2635	Marisa Silva	manguelas - run/walk team	Senior Feminino	02:55:30	+02:02:18	14:38
750	2352	Natalia Oliveira	paredes running	Senior Feminino	02:55:46	+02:02:34	14:39
751	2624	Manuela Santos	paredes running	Senior Feminino	02:55:46	+02:02:34	14:39
752	2679	Liliana Garcês	btt alegria // tubani	Senior Feminino	02:58:35	+02:05:23	14:53
753	2834	Vanda costa	individual	Senior Feminino	03:06:27	+02:13:15	15:32
754	2040	Cristiana Filipa Machado da Silva	airão trail team	Senior Feminino	03:17:36	+02:24:24	16:28
755	2041	Maria Manuela da Silva Machado	airão trail team	Senior Feminino	03:17:37	+02:24:25	16:28
756	2051	Ana Machado	mss contabilidade trail team	Senior Feminino	03:22:40	+02:29:28	16:53
757	2043	Rosa Maria Castro	mss contabilidade trail team	Senior Feminino	03:22:40	+02:29:28	16:53
758	2046	Irene Bastos	mss contabilidade trail team	Senior Feminino	03:22:40	+02:29:29	16:53

Mini Trilhos Paleozóico 12K

12 KM

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OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	10:00	8.2°C	87%
End	13:22	13°C	62%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2206	Albertina Cunha	Nocturnos de Paredes	Senior Feminino	01:12:22	+19:10	06:02
2	2056	CÉLINE GOMES	Nascidos Para Correr	Senior Feminino	01:14:20	+21:08	06:12
3	2095	Sonia Félix	A.R. LUZ VIDA GONDOMARENSE	Senior Feminino	01:15:50	+22:38	06:19
4	2835	Patrícia Santos	Oralklass - Amigos Do Trail	Senior Feminino	01:16:05	+22:53	06:20
5	2767	Mia Pinto	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:16:42	+23:30	06:23
6	2338	Marisa Pereira	Kalenji Maia	Senior Feminino	01:18:31	+25:19	06:33
7	2887	Nina Silva	grupo dramatico e recreativo da retorta	Senior Feminino	01:20:20	+27:08	06:42
8	1094	Tânia Mendes	Factor X / S4L / Medense FC	Senior Feminino	01:20:29	+27:17	06:42
9	2396	Liliana Felgueiras	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Feminino	01:20:37	+27:25	06:43
10	2285	Susana Silva	Factor X / S4L / Medense FC	Senior Feminino	01:21:26	+28:14	06:47
11	2832	Mariana Lemos	Runners HP	Senior Feminino	01:22:04	+28:52	06:50
12	2460	Elisabete Leal	Brincalhões	Senior Feminino	01:22:42	+29:30	06:53
13	2380	Eleiana Teixeira	Fridão Sem Limites	Senior Feminino	01:23:08	+29:57	06:56
14	2399	Laura Mendes	KeMedo Team	Senior Feminino	01:24:40	+31:28	07:03
15	2840	ANDREA COELHO	TECLA 3 RUNNERS	Senior Feminino	01:24:51	+31:39	07:04
16	2709	Liliana Rocha	Ei Team Trail	Senior Feminino	01:25:33	+32:21	07:08
17	2786	Susana Veloso	Individual	Senior Feminino	01:26:22	+33:10	07:12
18	2286	Carla Guimarães	Factor X / S4L / Medense FC	Senior Feminino	01:27:06	+33:54	07:15
19	2806	Cristina madureira	Individual	Senior Feminino	01:27:26	+34:14	07:17
20	2045	Marlene Martins	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:27:54	+34:43	07:20
21	2305	Ana Carolina Pereira	ADE Trail Running	Senior Feminino	01:28:11	+34:59	07:21
22	2706	Tania Cardoso	Nocturnos de Paredes	Senior Feminino	01:28:51	+35:39	07:24
23	2324	Glória Santos	ARCORUN	Senior Feminino	01:29:00	+35:48	07:25
24	2837	Eliana Silva	Individual	Senior Feminino	01:29:21	+36:09	07:27
25	2230	Clara Teixeira	Amigos 100 Limites	Senior Feminino	01:29:26	+36:14	07:27
26	2903	Carla Pereira	Aliança de Gandra	Senior Feminino	01:29:34	+36:23	07:28
27	2788	Luisa Teixeira	Tricotar Trails	Senior Feminino	01:30:14	+37:02	07:31
28	2347	Maria Cunha	A.D.Amarante trail running	Senior Feminino	01:30:15	+37:03	07:31
29	2646	Ana Bessa	Individual	Senior Feminino	01:30:40	+37:28	07:33
30	2398	Rosa Gama	Individual	Senior Feminino	01:30:43	+37:31	07:34
31	2099	Márcia Coelho	Ei Team Trail	Senior Feminino	01:31:23	+38:11	07:37
32	2030	Ana Cristina Santos	FisioJoaoCarneiro	Senior Feminino	01:31:33	+38:21	07:38
33	2082	Fátima Silva	Brincalhões	Senior Feminino	01:31:40	+38:29	07:38
34	2395	Ana Carvalho	Att	Senior Feminino	01:31:49	+38:37	07:39
35	2886	Goretti Silva	grupo dramatico e recreativo da retorta	Senior Feminino	01:32:02	+38:50	07:40
36	2841	ANDREIA PACHECO	TECLA 3 RUNNERS	Senior Feminino	01:32:31	+39:19	07:43

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37	2839	CRISTINA COUTO	TECLA 3 RUNNERS	Senior Feminino	01:32:31	+39:19	07:43
38	2299	Graça Dias Ribeiro	Individual	Senior Feminino	01:33:06	+39:54	07:45
39	2515	Ana Virgínia Lirio	AD AMARANTE TRAIL RUNNING	Senior Feminino	01:33:08	+39:56	07:46
40	2729	Flora Santos	Sentir Escariz	Senior Feminino	01:33:09	+39:57	07:46
41	2353	Daniela Queirós	A.D.Amarante trail running	Senior Feminino	01:33:33	+40:21	07:48
42	2255	Suzete de Sousa	Fridão Sem Limites	Senior Feminino	01:33:35	+40:24	07:48
43	2461	Lucília Pereira	Amigos 100 Limites	Senior Feminino	01:33:43	+40:31	07:49
44	2727	Sofia Silva	Os Pachones	Senior Feminino	01:33:45	+40:33	07:49
45	2354	Ana Del Pino Alves	Individual	Senior Feminino	01:33:59	+40:47	07:50
46	2779	Raquel Costa	LUSOS XXI	Senior Feminino	01:34:42	+41:30	07:53
47	2634	Cristina Meireles	Umelga Runners	Senior Feminino	01:35:16	+42:04	07:56
48	2730	Sara Moreira	Sentir Escariz	Senior Feminino	01:35:32	+42:20	07:58
49	2274	Cecilia Martins	JRSOUSA TEAM	Senior Feminino	01:35:39	+42:28	07:58
50	2584	MARLENE SOARES	ESPAÇO SAÚDE	Senior Feminino	01:35:52	+42:40	07:59
51	2525	Delfina Rodrigues	ESPAÇO SAÚDE	Senior Feminino	01:35:52	+42:41	07:59
52	2131	Anabela Marques	JUVENTUDE CORTEGACENSE	Senior Feminino	01:36:00	+42:48	08:00
53	2540	Paula Afonso	Trailers	Senior Feminino	01:36:40	+43:28	08:03
54	2377	Carla Teixeira	Fridão Sem Limites	Senior Feminino	01:36:48	+43:36	08:04
55	2728	Filipa Cruz	Individual	Senior Feminino	01:36:52	+43:40	08:04
56	2092	Diana Dias	Clube Trilheiros & amigos	Senior Feminino	01:37:33	+44:22	08:08
57	2543	Catarina Santos	Trailers	Senior Feminino	01:37:49	+44:37	08:09
58	2568	MARIANA BAPTISTA	ESPAÇO SAÚDE	Senior Feminino	01:37:51	+44:39	08:09
59	2587	Cindy Soares	ESPAÇO SAÚDE	Senior Feminino	01:37:51	+44:39	08:09
60	2606	Vânia Cristina Silveira Luis	Individual	Senior Feminino	01:37:56	+44:45	08:10
61	2830	Eva Moreira	Nocturnos de Paredes	Senior Feminino	01:37:58	+44:47	08:10
62	2904	Sara Capilupi	Individual	Senior Feminino	01:38:31	+45:19	08:13
63	1207	Silvana Rocha	JUVENTUDE CORTEGACENSE	Senior Feminino	01:38:49	+45:37	08:14
64	2747	Andreia Cardoso	Individual	Senior Feminino	01:38:54	+45:42	08:14
65	2303	Fátima Morais	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:39:18	+46:06	08:17
66	2899	Monica Fonseca	KeMedo Team	Senior Feminino	01:39:19	+46:07	08:17
67	2124	Maria Calado	COA - Clube de Orientação e Aventura	Senior Feminino	01:39:25	+46:13	08:17
68	2725	Fernanda Simões	Os Pachones	Senior Feminino	01:40:43	+47:31	08:24
69	2346	Fernanda Oliveira	A.D.Amarante trail running	Senior Feminino	01:40:59	+47:47	08:25
70	2245	Ligia Freitas	JRSOUSA TEAM	Senior Feminino	01:41:04	+47:52	08:25
71	2403	Maria Fonseca	EQUIPA JOAO FERREIRA	Senior Feminino	01:41:20	+48:08	08:27
72	2583	Ema Guerra	Palmeira Runners	Senior Feminino	01:41:35	+48:24	08:28
73	2202	Maria De Fatima Oliveira	Sporting Clube de Espinho	Senior Feminino	01:41:38	+48:27	08:28
74	2833	Manuela Arantes	Individual	Senior Feminino	01:41:46	+48:34	08:29
75	2547	Sónia Pereira	Individual	Senior Feminino	01:41:46	+48:34	08:29
76	2822	Alice Sousa	Dr. Merino/4moove	Senior Feminino	01:41:50	+48:38	08:29
77	2024	Madalena Fontes	Individual	Senior Feminino	01:41:56	+48:44	08:30
78	2572	Berta Ferreira	Porto Sentido Runners	Senior Feminino	01:41:56	+48:44	08:30
79	2397	Vania Alvitano	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Feminino	01:42:07	+48:55	08:31
80	2123	Susana moreira	COA - Clube de Orientação e Aventura	Senior Feminino	01:42:08	+48:56	08:31

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81	2642	Maria Jesus	Nocturnos de Paredes	Senior Feminino	01:42:54	+49:42	08:34
82	2096	Vera Carvalho	2 TRAIL	Senior Feminino	01:42:54	+49:43	08:35
83	2115	Ana Vasconcelos	Individual	Senior Feminino	01:42:55	+49:43	08:35
84	2167	Ana Pinto	2 TRAIL	Senior Feminino	01:43:00	+49:48	08:35
85	2776	Carla Ferreira	Fit Gaia Trail	Senior Feminino	01:43:25	+50:14	08:37
86	2857	Paula Sousa	Sentir Escariz	Senior Feminino	01:44:06	+50:54	08:40
87	2496	Ana Cristina Rocha	Gansos	Senior Feminino	01:44:18	+51:06	08:42
88	2490	Florinda Carvalho	Gansos	Senior Feminino	01:44:18	+51:06	08:42
89	2644	Bárbara Feio	Individual	Senior Feminino	01:44:29	+51:17	08:42
90	2480	ISABEL VIEIRA	PORTOCARGO	Senior Feminino	01:44:36	+51:24	08:43
91	2530	Susana Vidal	Palmeira Runners	Senior Feminino	01:44:56	+51:44	08:45
92	2631	Anabela Sousa	Grupo de Corrida de Argoncilhe	Senior Feminino	01:44:57	+51:45	08:45
93	2802	Ana Oliveira	Lentinhos	Senior Feminino	01:45:00	+51:48	08:45
94	2360	Mariana coimbra	A-Team	Senior Feminino	01:45:27	+52:15	08:47
95	2497	Cristina Fonseca	Gansos	Senior Feminino	01:45:43	+52:32	08:49
96	2425	Patrícia Silva	Trinca Orelhas de Gato	Senior Feminino	01:46:03	+52:51	08:50
97	2554	Diana Paiva	A. D. Sebolido Trail Boneca Douro	Senior Feminino	01:46:04	+52:53	08:50
98	2074	Claudia Coelho	GENEROSOS RUNNERS	Senior Feminino	01:46:13	+53:01	08:51
99	2233	Maria Ferreira	Amigos 100 Limites	Senior Feminino	01:46:37	+53:26	08:53
100	1447	Elsa Santos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:46:38	+53:26	08:53
101	2456	Patricia Neto	KeMedo Team	Senior Feminino	01:46:41	+53:29	08:53
102	2079	Marta Freitas	Don't need prep TEAM	Senior Feminino	01:47:23	+54:11	08:57
103	2348	Jesus Castro	LEÕES DE TARDARIZ TRAIL	Senior Feminino	01:47:23	+54:12	08:57
104	2277	Marta Leite	BUDEGUITA RUNNERS	Senior Feminino	01:47:25	+54:14	08:57
105	2191	Sonia Silva	Paredes Running	Senior Feminino	01:47:51	+54:39	08:59
106	2257	Carla Pimentel	GENEROSOS RUNNERS	Senior Feminino	01:48:04	+54:52	09:00
107	2551	Ercília Costa	Nelcila	Senior Feminino	01:48:40	+55:28	09:03
108	2879	Raquel Santos	KeMedo Team	Senior Feminino	01:49:01	+55:49	09:05
109	2280	Alexandra Alão	Movol	Senior Feminino	01:49:03	+55:51	09:05
110	2339	Carla Teixeira	Individual	Senior Feminino	01:49:10	+55:58	09:06
111	2270	Andreia Silva	SOMOS 4	Senior Feminino	01:49:17	+56:05	09:06
112	2004	Diana Gonçalves	Individual	Senior Feminino	01:49:21	+56:10	09:07
113	2335	Andreia Ruela	Pé na Rota	Senior Feminino	01:49:48	+56:36	09:09
114	2025	Isabel Oliveira	Individual	Senior Feminino	01:49:52	+56:40	09:09
115	2410	SANDRA CUNHA	EQUIPA JOAO FERREIRA	Senior Feminino	01:49:53	+56:41	09:09
116	2736	Natália Moreira	Aliança de Gandra	Senior Feminino	01:50:11	+56:59	09:11
117	2438	Rita Morais	Trinca Orelhas de Gato	Senior Feminino	01:50:15	+57:03	09:11
118	2623	Diana Beatriz Barbosa	Individual	Senior Feminino	01:50:33	+57:21	09:13
119	2369	Manuela Rosas	GENEROSOS RUNNERS	Senior Feminino	01:50:34	+57:22	09:13
120	2136	Veronica vieira	reumático trail team	Senior Feminino	01:50:51	+57:39	09:14
121	2720	Filipa Namora	Individual	Senior Feminino	01:50:52	+57:40	09:14
122	2647	Sandra Martins	KeMedo Team	Senior Feminino	01:51:30	+58:18	09:17
123	2576	Silvia Castelo	Fardetas	Senior Feminino	01:51:39	+58:27	09:18
124	2409	SUSANA COSTA	EQUIPA JOAO FERREIRA	Senior Feminino	01:51:43	+58:31	09:19
125	2799	Isa Pinto	Individual	Senior Feminino	01:51:43	+58:31	09:19
126	2368	Sara Pimenta	Individual	Senior Feminino	01:51:44	+58:32	09:19

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127	2481	Dulce Resende	PORTOCARGO	Senior Feminino	01:52:05	+58:53	09:20
128	2489	Helena Alvarenga	Gansos	Senior Feminino	01:52:15	+59:03	09:21
129	2660	Claudia Sousa	Mountain Runners	Senior Feminino	01:52:21	+59:09	09:22
130	2044	Marina Sousa	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:52:29	+59:17	09:22
131	2473	Silvina Barbosa	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:52:29	+59:17	09:22
132	2479	Elisabete Brazeta	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:52:29	+59:17	09:22
133	2665	Ana Pestana	Individual	Senior Feminino	01:52:31	+59:19	09:23
134	2805	Margarida Sousa	porto sentido	Senior Feminino	01:52:33	+59:22	09:23
135	2081	Paula Ferreira	GENEROSOS RUNNERS	Senior Feminino	01:52:39	+59:28	09:23
136	2366	Natália Santos	JRSOUSA TEAM	Senior Feminino	01:52:50	+59:38	09:24
137	2101	Rafaela Ribeiro	GENEROSOS RUNNERS	Senior Feminino	01:52:56	+59:44	09:25
138	2142	Susana Latourrette	Individual	Senior Feminino	01:52:58	+59:46	09:25
139	2612	Teresa Sequeira	Individual	Senior Feminino	01:52:58	+59:46	09:25
140	2556	Andreia Faria	Individual	Senior Feminino	01:52:58	+59:47	09:25
141	2232	Liliana Gomes	Amigos 100 Limites	Senior Feminino	01:53:10	+59:58	09:26
142	2073	Sofia Tadeu	GENEROSOS RUNNERS	Senior Feminino	01:53:36	+01:00:24	09:28
143	2772	Ana Carvalho	Individual	Senior Feminino	01:53:38	+01:00:26	09:28
144	2149	Edite Gonçalves	CORRER LEÇA	Senior Feminino	01:53:56	+01:00:44	09:30
145	2687	Ana Raquel Dias	Factor X / S4L / Medense FC	Senior Feminino	01:53:56	+01:00:45	09:30
146	2691	Cora Vieira	Factor X / S4L / Medense FC	Senior Feminino	01:53:57	+01:00:45	09:30
147	2430	Estrela Soares	Trinca Orelhas de Gato	Senior Feminino	01:54:00	+01:00:48	09:30
148	2061	Brigida Duarte	OsFazConta	Senior Feminino	01:54:16	+01:01:04	09:31
149	2868	Joana Ferreira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	01:54:51	+01:01:39	09:34
150	2435	Paula Moreira	Trinca Orelhas de Gato	Senior Feminino	01:54:53	+01:01:41	09:34
151	2196	Cláudia Moura	Individual	Senior Feminino	01:54:54	+01:01:42	09:34
152	2209	Alexandra Azevedo	Clínica Médica da Foz	Senior Feminino	01:55:15	+01:02:03	09:36
153	2098	MARTA AMARO	CMC CARAPAU	Senior Feminino	01:55:24	+01:02:12	09:37
154	2656	Sara Carvalho	CMC Carapaus	Senior Feminino	01:55:24	+01:02:12	09:37
155	2828	Sónia Pereira	Individual	Senior Feminino	01:55:25	+01:02:13	09:37
156	2311	Maria João	ARCORUN	Senior Feminino	01:55:35	+01:02:23	09:38
157	2323	Rosina Couto	ARCORUN	Senior Feminino	01:55:35	+01:02:23	09:38
158	2011	Beatriz Loureiro	Individual	Senior Feminino	01:55:40	+01:02:28	09:38
159	2825	Sonia Oliveira	porto sentido	Senior Feminino	01:56:08	+01:02:56	09:41
160	2267	Renata Vieira	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	01:56:11	+01:02:59	09:41
161	2809	Rosa Soares	Fridão Sem Limites	Senior Feminino	01:56:19	+01:03:07	09:42
162	2148	Ana Rocha	CORRER LEÇA	Senior Feminino	01:56:28	+01:03:16	09:42
163	2418	Daniela Gomes	Trinca Orelhas de Gato	Senior Feminino	01:56:55	+01:03:43	09:45
164	2187	Claudia Costa	TrepaTrilhos Trail Team	Senior Feminino	01:56:55	+01:03:43	09:45
165	2846	Sandra Paiva	Individual	Senior Feminino	01:57:10	+01:03:58	09:46
166	2894	Carolina Martins	Individual	Senior Feminino	01:57:11	+01:03:59	09:46
167	2032	Ana Paula Teixeira	Individual	Senior Feminino	01:57:32	+01:04:20	09:48
168	2690	Patricia Martins	CORRER LEÇA	Senior Feminino	01:57:55	+01:04:43	09:50
169	2158	Patrícia Rocha	CORRER LEÇA	Senior Feminino	01:57:55	+01:04:43	09:50

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170	2694	Cidalia Silva	#correratenumdarmais	Senior Feminino	01:57:59	+01:04:48	09:50
171	2763	Susana Santos	CROCODILOS/MISTERPC	Senior Feminino	01:58:00	+01:04:48	09:50
172	2685	Alberta Carvalho	Individual	Senior Feminino	01:58:38	+01:05:26	09:53
173	2682	Vera Ribeiro	BTT Alegria // TUBANI	Senior Feminino	01:58:44	+01:05:32	09:54
174	2734	Fátima Ramos	Aliança de Gandra	Senior Feminino	01:58:59	+01:05:47	09:55
175	2428	Virgínia Ferreira	Trinca Orelhas de Gato	Senior Feminino	01:58:59	+01:05:48	09:55
176	2162	Sandra Morgado	CORRER LEÇA	Senior Feminino	01:59:05	+01:05:53	09:55
177	2739	Rute Ramos	Aliança de Gandra	Senior Feminino	01:59:11	+01:05:59	09:56
178	2625	Maria José Alves	Ou Vai ou Racha	Senior Feminino	01:59:17	+01:06:06	09:56
179	2194	Raquel Pinto	Individual	Senior Feminino	01:59:19	+01:06:07	09:57
180	2088	Joana Rocha	GENEROSOS RUNNERS	Senior Feminino	01:59:24	+01:06:12	09:57
181	2629	Ana Luiza	Porto de Mós a Correr	Senior Feminino	01:59:24	+01:06:12	09:57
182	2808	Amélia Cardoso	Fridão Sem Limites	Senior Feminino	01:59:42	+01:06:30	09:59
183	2785	Carla Ventura	Individual	Senior Feminino	01:59:54	+01:06:42	09:59
184	2692	Vanda Miranda	TAYLORS	Senior Feminino	01:59:54	+01:06:42	09:59
185	2630	Claudia Ribas	Oralklass - Amigos Do Trail	Senior Feminino	01:59:54	+01:06:43	10:00
186	2358	Wiliana ferreira	A-Team	Senior Feminino	02:00:07	+01:06:55	10:01
187	2667	Rosa Castro	JPTC	Senior Feminino	02:00:11	+01:06:59	10:01
188	2485	Marília Fernanda De Sá M. De Paiva	Individual	Senior Feminino	02:00:17	+01:07:05	10:01
189	2740	Rosa Soares	Aliança de Gandra	Senior Feminino	02:00:17	+01:07:05	10:01
190	2117	Alice Magalhães	100Meta	Senior Feminino	02:00:31	+01:07:20	10:03
191	2781	Sónia Oliveira	Individual	Senior Feminino	02:00:35	+01:07:23	10:03
192	2197	Micaela Brito	Trilheiros e amigos	Senior Feminino	02:01:29	+01:08:17	10:07
193	2250	Graça Magalhaes	Nocturnos de Paredes	Senior Feminino	02:01:32	+01:08:21	10:08
194	2240	Gisélia Braga	Infecto team	Senior Feminino	02:02:15	+01:09:03	10:11
195	2387	Isabel Santos	No stress	Senior Feminino	02:02:17	+01:09:05	10:11
196	2852	SUSANA PEREIRA	#atechoras!	Senior Feminino	02:02:48	+01:09:36	10:14
197	2850	SANDRA SILVA	#atechoras!	Senior Feminino	02:02:48	+01:09:37	10:14
198	2048	Ana Moreira	Individual	Senior Feminino	02:03:00	+01:09:48	10:15
199	2796	Joana Gonçalves	Individual	Senior Feminino	02:03:01	+01:09:49	10:15
200	2279	Liliana Ferreira	Grandes, Fortes e Grossos	Senior Feminino	02:03:03	+01:09:51	10:15
201	2015	Paula Cardoso	Factor X / S4L / Medense FC	Senior Feminino	02:03:25	+01:10:13	10:17
202	2523	Cláudia Novais	Att	Senior Feminino	02:03:27	+01:10:15	10:17
203	2500	Ana Rocha	JUVENTUDE CORTEGACENSE	Senior Feminino	02:03:27	+01:10:15	10:17
204	2127	Conceicao allen	Carapaus	Senior Feminino	02:03:45	+01:10:33	10:19
205	2531	Natália Ferreira	Amigos do Pedal TrailLagares	Senior Feminino	02:03:52	+01:10:40	10:19
206	2156	Marisa Silva	CORRER LEÇA	Senior Feminino	02:04:39	+01:11:27	10:23
207	2491	Laurinda Tavares	Gansos	Senior Feminino	02:05:03	+01:11:51	10:25
208	2356	Ana Alves	A.D.Amarante trail running	Senior Feminino	02:05:24	+01:12:12	10:27
209	2684	Paula Silva	BTT Alegria // TUBANI	Senior Feminino	02:05:34	+01:12:23	10:28
210	2155	Luisa Pereira	CORRER LEÇA	Senior Feminino	02:05:37	+01:12:25	10:28
211	2022	Raquel Marques	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:05:50	+01:12:38	10:29
212	2027	Soraia Póvoas	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:05:50	+01:12:38	10:29
213	2742	Patrícia Santos	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:05:54	+01:12:42	10:29
214	2243	Justa Ferreira	JRSOUSA TEAM	Senior Feminino	02:05:58	+01:12:46	10:30

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215	2221	Isabel Nogueira	JRSOUSA TEAM	Senior Feminino	02:05:58	+01:12:46	10:30
216	2865	Cristina Neves	Trinca Orelhas de Gato	Senior Feminino	02:06:11	+01:12:59	10:31
217	2021	Vanessa Ramos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:06:40	+01:13:28	10:33
218	2567	Sandra Amorim	SA	Senior Feminino	02:07:31	+01:14:19	10:38
219	2701	Joana Silva	Nocturnos de Paredes	Senior Feminino	02:07:59	+01:14:47	10:40
220	2028	Andreia Ribeiro	Sapatilhas pensadoras	Senior Feminino	02:08:13	+01:15:01	10:41
221	2664	Mafalda Alves	PAPATRAILS	Senior Feminino	02:08:22	+01:15:10	10:42
222	2738	Joana Soares	Aliança de Gandra	Senior Feminino	02:08:31	+01:15:20	10:43
223	2661	Vanda Costa	Individual	Senior Feminino	02:08:36	+01:15:24	10:43
224	2172	Sofia Nunes	A20's Javalis Trail Team	Senior Feminino	02:08:43	+01:15:31	10:44
225	2826	Aurea Cardoso	Individual	Senior Feminino	02:08:51	+01:15:39	10:44
226	2715	Lurdes Monteiro	Individual	Senior Feminino	02:08:52	+01:15:40	10:44
227	2827	Julliane Dias	Individual	Senior Feminino	02:08:54	+01:15:43	10:45
228	2838	Cátia Teixeira	Individual	Senior Feminino	02:08:59	+01:15:47	10:45
229	2901	Susana Serra	Team Lantermil	Senior Feminino	02:09:01	+01:15:49	10:45
230	2902	Sofia Pereira	Team Lantermil	Senior Feminino	02:09:01	+01:15:49	10:45
231	2313	Claudia Dias	ARCORUN	Senior Feminino	02:09:06	+01:15:54	10:45
232	2402	Sonia Silva	Equipa mountain runners	Senior Feminino	02:09:40	+01:16:28	10:48
233	2296	Sandra carvalho	Mountain Runners	Senior Feminino	02:09:40	+01:16:28	10:48
234	2314	Ana Rocha	ARCORUN	Senior Feminino	02:09:53	+01:16:41	10:49
235	2764	Patrícia Lopes	ARCORUN	Senior Feminino	02:09:53	+01:16:41	10:49
236	2716	Sara Rocha	BTT Alegria // TUBANI	Senior Feminino	02:10:36	+01:17:24	10:53
237	2359	Ana azevedo	A-Team	Senior Feminino	02:10:36	+01:17:24	10:53
238	2150	Elsa Sousa	CORRER LEÇA	Senior Feminino	02:10:37	+01:17:25	10:53
239	2310	Carla Leite	ARCORUN	Senior Feminino	02:10:42	+01:17:30	10:53
240	2090	Maria Pinto	GENEROSOS RUNNERS	Senior Feminino	02:10:44	+01:17:32	10:54
241	2873	Joana Couto	Individual	Senior Feminino	02:11:11	+01:17:59	10:56
242	2581	Catia Costa	Caracois do Monte	Senior Feminino	02:11:31	+01:18:19	10:58
243	2178	Helena Cardoso	JRSOUSA TEAM	Senior Feminino	02:11:41	+01:18:29	10:58
244	2332	Clara Costa	Pé na Rota	Senior Feminino	02:12:04	+01:18:52	11:00
245	2437	Isilda Silva	Trinca Orelhas de Gato	Senior Feminino	02:12:07	+01:18:55	11:01
246	2355	Sandra Soares	BUDEGUITA RUNNERS	Senior Feminino	02:12:22	+01:19:11	11:02
247	2256	Marlene Marques	BUDEGUITA RUNNERS	Senior Feminino	02:12:23	+01:19:11	11:02
248	2468	Susana Ferreira	Individual	Senior Feminino	02:12:48	+01:19:36	11:04
249	2469	Fatima Ribeiro	Individual	Senior Feminino	02:12:48	+01:19:36	11:04
250	2264	Daniela Silva	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:12:54	+01:19:42	11:04
251	2060	Adriana Duarte	OsFazConta	Senior Feminino	02:13:12	+01:20:00	11:06
252	2042	Natalia Carvalho	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:13:21	+01:20:09	11:07
253	2452	Ana Pinto	Rapidinhos	Senior Feminino	02:13:53	+01:20:41	11:09
254	2132	Filomena Marcelo	Alto Relevo-Clube de Montanhismo	Senior Feminino	02:14:00	+01:20:48	11:10
255	2384	Teresa Carvalho	Individual	Senior Feminino	02:14:02	+01:20:50	11:10
256	2680	Claudia Carmo	BTT Alegria // TUBANI	Senior Feminino	02:14:22	+01:21:10	11:12
257	2145	Ana Assunção	Individual	Senior Feminino	02:14:30	+01:21:18	11:12
258	2462	RITA GONÇALVES	EQUIPA JOAO FERREIRA	Senior Feminino	02:15:48	+01:22:36	11:19

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259	2546	Yessica Magalhães	Caracois do Monte	Senior Feminino	02:16:01	+01:22:49	11:20
260	2599	Emilia Iago	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:16:06	+01:22:54	11:21
261	2598	Joana fontes	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:16:06	+01:22:54	11:21
262	2357	Ana Moreira	BUDEGUITA RUNNERS	Senior Feminino	02:16:07	+01:22:55	11:21
263	2774	Marta Silva	Individual	Senior Feminino	02:16:07	+01:22:55	11:21
264	2645	Sandra Ferreira	Individual	Senior Feminino	02:16:08	+01:22:56	11:21
265	2659	Ana Rita Moreira	Uh Lá Lá	Senior Feminino	02:16:17	+01:23:05	11:21
266	2615	Carmelita Marques	Uh Lá Lá	Senior Feminino	02:16:17	+01:23:05	11:21
267	2614	Carla Leal	Uh Lá Lá	Senior Feminino	02:16:17	+01:23:06	11:21
268	2545	Juana Silva	Individual	Senior Feminino	02:16:45	+01:23:33	11:24
269	2259	Sara Silva	CMDS	Senior Feminino	02:17:08	+01:23:57	11:26
270	2260	Maria Cabral	CMDS	Senior Feminino	02:17:09	+01:23:57	11:26
271	2820	Raquel Campos	grupo dramático e recreativo da retorta	Senior Feminino	02:17:26	+01:24:14	11:27
272	2845	Sónia Carvalho	Individual	Senior Feminino	02:17:33	+01:24:21	11:28
273	2678	Rosinda Macedo	Caga Tacos Running Team	Senior Feminino	02:17:38	+01:24:26	11:28
274	2393	Celeste Lopes	Paredes Running	Senior Feminino	02:17:53	+01:24:41	11:29
275	2249	Madalena Oliveira	Nocturnos de Paredes	Senior Feminino	02:18:41	+01:25:29	11:33
276	2758	ANABELA VEIGA	DDT Runners	Senior Feminino	02:19:19	+01:26:07	11:37
277	2792	Sofia Dias	Individual	Senior Feminino	02:19:56	+01:26:44	11:40
278	2147	Ana Duarte	CORRER LEÇA	Senior Feminino	02:19:56	+01:26:44	11:40
279	2759	MARINA RAMALHO	DDT Runners	Senior Feminino	02:20:00	+01:26:48	11:40
280	2431	Deolinda Campanhã	Trinca Orelhas de Gato	Senior Feminino	02:20:44	+01:27:32	11:44
281	2433	Goreti Rocha	Trinca Orelhas de Gato	Senior Feminino	02:20:49	+01:27:37	11:44
282	2440	Sónia Boucinha	Trinca Orelhas de Gato	Senior Feminino	02:20:51	+01:27:39	11:44
283	2320	Alexandra Rodrigues	os tartarugas	Senior Feminino	02:20:58	+01:27:46	11:45
284	2607	Paula Morais	éjáli...clube de amigos trailrunners	Senior Feminino	02:21:25	+01:28:13	11:47
285	2236	Rosa Costa	Amigos 100 Limites	Senior Feminino	02:21:25	+01:28:13	11:47
286	2271	Tânia Batista	SOMOS 4	Senior Feminino	02:21:26	+01:28:14	11:47
287	2114	Manuela Castelo	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
288	2116	Catarina Ferreira	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
289	2520	Maria Mendonça	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
290	2122	Gabriela Rola	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
291	2119	Isabel Pereira	JUVENTUDE CORTEGACENSE	Senior Feminino	02:21:37	+01:28:25	11:48
292	2110	Rute Costa	Eu e elas	Senior Feminino	02:22:29	+01:29:17	11:52
293	2065	Elisa Pereira	Individual	Senior Feminino	02:22:44	+01:29:32	11:54
294	2109	Analisa Teixeira	Eu e elas	Senior Feminino	02:23:05	+01:29:53	11:55
295	2217	Isabel Mendes	Individual	Senior Feminino	02:23:30	+01:30:18	11:57
296	2536	Bruna Silva	Nocturnos de Paredes	Senior Feminino	02:23:30	+01:30:18	11:57
297	2111	Patrícia Bastos	Eu e elas	Senior Feminino	02:24:31	+01:31:19	12:03
298	2478	Carla Alice Reis	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:24:32	+01:31:20	12:03
299	2890	SUSANA PEREIRA	Individual	Senior Feminino	02:24:46	+01:31:34	12:04
300	2154	Laura Neves	CORRER LEÇA	Senior Feminino	02:25:05	+01:31:53	12:05
301	2266	Claudia Cunha	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:25:20	+01:32:08	12:07
302	2063	Catarina Silva	OsFazConta	Senior Feminino	02:25:56	+01:32:44	12:11

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303	2753	Lili Silva	Individual	Senior Feminino	02:27:09	+01:33:57	12:16
304	2787	Liliana Escudeiro	Team Lantemil	Senior Feminino	02:27:17	+01:34:05	12:16
305	2168	Ana Oliveira	Team Lantemil	Senior Feminino	02:27:17	+01:34:05	12:16
306	2602	Claudia alexandra Vilarinho	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:28:05	+01:34:53	12:20
307	2693	Ema Morais	CLUBE AMADOR DE MIRANDELA	Senior Feminino	02:28:05	+01:34:53	12:20
308	2203	Maria sousa	Individual	Senior Feminino	02:28:58	+01:35:46	12:25
309	2204	Sara azevedo	Individual	Senior Feminino	02:28:58	+01:35:47	12:25
310	2205	Sandra gonçalves	Individual	Senior Feminino	02:28:59	+01:35:47	12:25
311	2121	Paula Salgado	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:29:08	+01:35:56	12:26
312	2508	Lucinda Marques	Paredes Running	Senior Feminino	02:29:40	+01:36:28	12:28
313	2718	Fernanda Soares	BTT Alegria // TUBANI	Senior Feminino	02:29:44	+01:36:32	12:29
314	2179	Susana Fernandes	Trilhados	Senior Feminino	02:29:52	+01:36:40	12:29
315	2874	Lúcia Gomes	Individual	Senior Feminino	02:29:52	+01:36:40	12:29
316	2506	Marta Pimenta	Os Goguinhos	Senior Feminino	02:30:08	+01:36:57	12:31
317	2341	Ana Moreira	Os TurboMula	Senior Feminino	02:31:28	+01:38:16	12:37
318	2749	Diana Poças	Fit Gaia Trail	Senior Feminino	02:31:31	+01:38:19	12:38
319	2401	Sonia Bastos	A.D.Amarante trail running	Senior Feminino	02:31:35	+01:38:23	12:38
320	2302	Liliana Cardoso	Individual	Senior Feminino	02:31:35	+01:38:23	12:38
321	2058	Susana Rito	EDV-VIANATRAIL	Senior Feminino	02:31:53	+01:38:41	12:39
322	2535	Albertina Moura	Nocturnos de Paredes	Senior Feminino	02:33:22	+01:40:10	12:47
323	2105	Natalina Videira	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:33:39	+01:40:27	12:48
324	2893	Maria Reis	Individual	Senior Feminino	02:35:33	+01:42:22	12:58
325	2216	Celia Moreira	Individual	Senior Feminino	02:35:48	+01:42:36	12:59
326	2618	Clemência Guimarães Ferreira	Individual	Senior Feminino	02:35:48	+01:42:36	12:59
327	2208	Albertina Lopes	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:37:08	+01:43:56	13:06
328	2477	Anabela Reis	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	02:37:08	+01:43:56	13:06
329	2807	Paula Ferraz	Individual	Senior Feminino	02:38:03	+01:44:51	13:10
330	2552	Sílvia Garcia	Individual	Senior Feminino	02:38:46	+01:45:34	13:14
331	2223	Paula sousa	Ou Vai ou Racha	Senior Feminino	02:40:37	+01:47:25	13:23
332	2819	Cátia Saraiva	Rechonchudos Trail Runners	Senior Feminino	02:42:02	+01:48:50	13:30
333	2821	Debora Correia	rechonchudos trail runners	Senior Feminino	02:42:02	+01:48:50	13:30
334	2746	Cláudia Marlene Gonçalves Soares	Individual	Senior Feminino	02:43:07	+01:49:56	13:36
335	2014	Lurdes Sanguedo	Individual	Senior Feminino	02:44:23	+01:51:11	13:42
336	2017	Sandra Ferreira	Individual	Senior Feminino	02:44:23	+01:51:11	13:42
337	2312	Claudia Costa	ARCORUN	Senior Feminino	02:44:39	+01:51:27	13:43
338	2640	Rafaela Cortez Marques	Nocturnos de Paredes	Senior Feminino	02:45:33	+01:52:22	13:48
339	2077	Carla Gomes	GENEROSOS RUNNERS	Senior Feminino	02:45:33	+01:52:22	13:48
340	2001	Carla Teixeira	Bota brita	Senior Feminino	02:47:33	+01:54:21	13:58
341	2849	Cristiana Leite	Bota Brita	Senior Feminino	02:47:33	+01:54:21	13:58
342	2306	Erika Jesus	ARCORUN	Senior Feminino	02:48:04	+01:54:52	14:00
343	2696	Cláudia Bastos	Individual	Senior Feminino	02:48:45	+01:55:33	14:04
344	2593	Carolina Violas	JUVENTUDE CORTEGACENSE	Senior Feminino	02:48:53	+01:55:42	14:04
345	2133	Cristiana Carvalho	JUVENTUDE CORTEGACENSE	Senior Feminino	02:48:54	+01:55:42	14:04
346	2757	ANABELA CARDOSO	DDT Runners	Senior Feminino	02:49:06	+01:55:54	14:06

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347	2315	Alcina Moura	ARCORUN	Senior Feminino	02:50:22	+01:57:10	14:12
348	2711	Marcia Pinto	Metralhas Runners	Senior Feminino	02:53:11	+01:59:59	14:26
349	2611	Sonia Sampaio	Metralhas Runners	Senior Feminino	02:53:11	+02:00:00	14:26
350	2616	Geraldine Teixeira	tricotar trails	Senior Feminino	02:53:11	+02:00:00	14:26
351	2231	Cláudia Silva	Amigos 100 Limites	Senior Feminino	02:54:05	+02:00:53	14:30
352	2390	Paula Ribeiro	Paredes Running	Senior Feminino	02:54:24	+02:01:12	14:32
353	2298	Ana Ferreira	Paredes Running	Senior Feminino	02:54:25	+02:01:13	14:32
354	2190	Sandra Silva	Paredes Running	Senior Feminino	02:54:25	+02:01:13	14:32
355	2636	Diana Moreira	Manguelas - Run/Walk TEAM	Senior Feminino	02:55:30	+02:02:18	14:37
356	2635	Marisa Silva	Manguelas - Run/Walk TEAM	Senior Feminino	02:55:30	+02:02:18	14:38
357	2352	Natalia Oliveira	Paredes Running	Senior Feminino	02:55:46	+02:02:34	14:39
358	2624	Manuela Santos	Paredes Running	Senior Feminino	02:55:46	+02:02:34	14:39
359	2679	Liliana Garcês	BTT Alegria // TUBANI	Senior Feminino	02:58:35	+02:05:23	14:53
360	2834	Vanda costa	Individual	Senior Feminino	03:06:27	+02:13:15	15:32
361	2040	Cristiana Filipa Machado da Silva	Airão Trail Team	Senior Feminino	03:17:36	+02:24:24	16:28
362	2041	Maria Manuela da Silva Machado	Airão Trail Team	Senior Feminino	03:17:37	+02:24:25	16:28
363	2051	Ana Machado	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	03:22:40	+02:29:28	16:53
364	2043	Rosa Maria Castro	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	03:22:40	+02:29:28	16:53
365	2046	Irene Bastos	MSS CONTABILIDADE TRAIL TEAM	Senior Feminino	03:22:40	+02:29:29	16:53

Senior Masculino

1	2816	VITOR BARBOSA	grupo dramatico e recreativo da retorta	Senior Masculino	53:11	04:26
2	2559	Marco Faria	Dá-lhe Gás	Senior Masculino	53:38	+00:26 04:28
3	2817	HENRIQUE DIAS	grupo dramatico e recreativo da retorta	Senior Masculino	54:28	+01:17 04:32
4	2818	TIAGO PINTO	grupo dramatico e recreativo da retorta	Senior Masculino	55:29	+02:17 04:37
5	2199	João Laranjeira	Beat Your Limit!	Senior Masculino	56:14	+03:02 04:41
6	2436	Márcio Pinto	Trinca Orelhas de Gato	Senior Masculino	56:41	+03:29 04:43
7	2200	João Moita	Beat Your Limit!	Senior Masculino	57:15	+04:03 04:46
8	2349	Marco Oliveira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	58:04	+04:52 04:50
9	2905	Bruno Santos	A.D.Amarante trail running	Senior Masculino	58:13	+05:01 04:51
10	2292	André Pinto	Andatrilhos Freamunde	Senior Masculino	58:22	+05:10 04:52
11	2198	Ivo Silva	Beat Your Limit!	Senior Masculino	58:40	+05:28 04:53
12	2565	Abílio Almeida	Dá-lhe Gás	Senior Masculino	58:57	+05:45 04:55
13	2769	Adérito Oliveira	Dá-lhe Gás	Senior Masculino	59:09	+05:57 04:56
14	2885	Joaquim Rocha	grupo dramatico e recreativo da retorta	Senior Masculino	59:10	+05:58 04:56
15	2177	Fernando Oliveira	Moura & Dias	Senior Masculino	59:54	+06:42 05:00
16	2814	ADELINO SILVA	grupo dramatico e recreativo da retorta	Senior Masculino	01:00:10	+06:58 05:01
17	2573	Nuno Gonçalves	DiVE Into The Mountains	Senior Masculino	01:00:56	+07:44 05:05
18	2770	Carlos Prudêncio	Dá-lhe Gás	Senior Masculino	01:01:19	+08:07 05:07

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19	2445	Sergio Rodrigues	Trinca Orelhas de Gato	Senior Masculino	01:02:16	+09:04	05:11
20	2761	RUI TAVARES	DDT Runners	Senior Masculino	01:02:51	+09:39	05:14
21	2055	José Mota	Nascidos Para Correr	Senior Masculino	01:02:54	+09:42	05:14
22	2057	Ivo Barbosa	Individual	Senior Masculino	01:03:25	+10:13	05:17
23	2253	João Jaques	Olímpico Vianense Trail	Senior Masculino	01:03:30	+10:18	05:18
24	2026	André Silva	Individual	Senior Masculino	01:03:57	+10:45	05:20
25	2442	Adelino Guimarães	Trinca Orelhas de Gato	Senior Masculino	01:04:17	+11:05	05:21
26	2129	Joao Paulo Oliveira	JUVENTUDE CORTEGACENSE	Senior Masculino	01:04:46	+11:34	05:24
27	2555	Fernando Coelho	Caracois do monte	Senior Masculino	01:04:59	+11:47	05:25
28	2091	Filipe Carril	Fridão Sem Limites	Senior Masculino	01:05:15	+12:03	05:26
29	2663	Carlos Barbosa	Running Penafiel Trail	Senior Masculino	01:05:23	+12:11	05:27
30	2784	Carlos Vinha Lopes	Running Penafiel Trail	Senior Masculino	01:06:25	+13:13	05:32
31	2560	Paulo Silva	Dá-lhe Gás	Senior Masculino	01:07:41	+14:29	05:38
32	2653	Sérgio Pereira	Magical Mushrooms	Senior Masculino	01:08:13	+15:01	05:41
33	2801	Jose Vaz	Lentinhos	Senior Masculino	01:08:29	+15:18	05:42
34	2778	Sérgio Costa	LUSOS XXI	Senior Masculino	01:08:52	+15:40	05:44
35	2379	Manuel Teixeira	Fridão Sem Limites	Senior Masculino	01:09:26	+16:14	05:47
36	2100	Pedro Ferreira	Factor X / S4L / Medense FC	Senior Masculino	01:09:30	+16:19	05:48
37	2417	Hugo Moita	Clube Zupper	Senior Masculino	01:10:14	+17:02	05:51
38	2617	Julio Teixeira	tricotar trails	Senior Masculino	01:10:16	+17:05	05:51
39	2446	Vicente Sousa	Trinca Orelhas de Gato	Senior Masculino	01:10:26	+17:14	05:52
40	2853	RICARDO PEREIRA	#atechoras!	Senior Masculino	01:10:42	+17:30	05:53
41	2287	Ivo Oliveira	Factor X / S4L / Medense FC	Senior Masculino	01:10:49	+17:37	05:54
42	2872	Mario Ferreira	ADEFACEC - Associação Desportiva da Efacec	Senior Masculino	01:12:00	+18:48	06:00
43	2210	Rui Dias	#correratenumdarmais	Senior Masculino	01:12:08	+18:56	06:01
44	2372	Nuno Cunha	Tristes Mas Duros	Senior Masculino	01:12:36	+19:24	06:03
45	2737	Paulo Sousa	Aliança de Gandra	Senior Masculino	01:13:00	+19:48	06:05
46	2006	Pedro Victoriano	Individual	Senior Masculino	01:13:46	+20:34	06:09
47	2416	Marco Vieira	Clube Zupper	Senior Masculino	01:13:55	+20:43	06:10
48	2698	Miguel Silva	Carapaus	Senior Masculino	01:13:58	+20:46	06:10
49	2185	Mario Lima	Aves Runners	Senior Masculino	01:14:07	+20:55	06:11
50	2780	Márcio Sousa	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:14:19	+21:07	06:12
51	2748	José Paulo Cardoso	Individual	Senior Masculino	01:14:33	+21:21	06:13
52	2382	Amilcar Amilcar Dias Vinagre Simões	Ozxtreme/ADCRPereira	Senior Masculino	01:15:01	+21:49	06:15
53	2856	Carlos Sá	Individual	Senior Masculino	01:15:03	+21:51	06:15
54	2503	Carlos Oliveira	Individual	Senior Masculino	01:15:06	+21:54	06:15
55	2771	José Alves	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:15:06	+21:54	06:15
56	2896	Mario Coelho	Individual	Senior Masculino	01:15:10	+21:58	06:16
57	2420	Pedro Gomes	Trinca Orelhas de Gato	Senior Masculino	01:15:13	+22:01	06:16
58	2495	Ricardo Botelho	Gansos	Senior Masculino	01:15:13	+22:02	06:16
59	2141	José Martins	Individual	Senior Masculino	01:15:17	+22:05	06:16
60	2553	Manuel Lopes	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:15:21	+22:10	06:17
61	2394	António Pereira	Individual	Senior Masculino	01:15:39	+22:27	06:18
62	2561	Miguel Oliveira	Individual	Senior Masculino	01:15:40	+22:28	06:18
63	2005	Mauro Oliveira	Individual	Senior Masculino	01:15:43	+22:31	06:19
64	2733	Hélder Moreira	Aliança de Gandra	Senior Masculino	01:16:04	+22:52	06:20

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65	2164	Helio Ferreira	Grupo 46	Senior Masculino	01:16:17	+23:05	06:21
66	2166	Rui Carril	2 TRAIL	Senior Masculino	01:16:23	+23:11	06:22
67	2023	Luís Ferreira	Individual	Senior Masculino	01:16:54	+23:42	06:24
68	2010	Miguel Barros	Individual	Senior Masculino	01:16:54	+23:43	06:25
69	2089	Marcos Santos	Factor X / S4L / Medense FC	Senior Masculino	01:17:09	+23:57	06:26
70	2735	Roberto Moreira	Aliança de Gandra	Senior Masculino	01:17:45	+24:33	06:29
71	2777	Paulo Moura	Elite Corpus	Senior Masculino	01:17:45	+24:33	06:29
72	1573	Miguel ferreira	Fiaes running	Senior Masculino	01:17:49	+24:37	06:29
73	2192	Paulo Dias	Individual	Senior Masculino	01:18:02	+24:51	06:30
74	2723	Sérgio Santos	Os Pachones	Senior Masculino	01:18:22	+25:10	06:32
75	2069	Duarte Dias	Individual	Senior Masculino	01:18:22	+25:10	06:32
76	2165	Tiago Monteiro	Individual	Senior Masculino	01:18:23	+25:11	06:32
77	2228	Filipe Rocha	Marco Runners	Senior Masculino	01:18:31	+25:19	06:33
78	2330	Manuel Silva	Individual	Senior Masculino	01:18:51	+25:39	06:34
79	2538	Hugo Guimarães	Individual	Senior Masculino	01:18:58	+25:46	06:35
80	2443	José Júnior	Trinca Orelhas de Gato	Senior Masculino	01:19:29	+26:17	06:37
81	2574	Paulo Carneiro	DIVE Into The Mountains	Senior Masculino	01:19:31	+26:19	06:38
82	2768	Joaquim Alves	Individual	Senior Masculino	01:19:46	+26:34	06:39
83	2130	Julio Silva	JUVENTUDE CORTEGACENSE	Senior Masculino	01:19:52	+26:41	06:39
84	2020	Márcio Mendes	Individual	Senior Masculino	01:19:53	+26:41	06:39
85	2766	Rui Correia	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:19:56	+26:45	06:40
86	2251	Paulo Camboa	Individual	Senior Masculino	01:20:05	+26:53	06:40
87	2492	Alcino Tavares	Gansos	Senior Masculino	01:20:05	+26:53	06:40
88	2173	Gaspar Oliveira	ATIB Finabraga Running	Senior Masculino	01:20:14	+27:02	06:41
89	2444	José Jesus	Trinca Orelhas de Gato	Senior Masculino	01:20:22	+27:10	06:42
90	2304	Álvaro Vale	ADE Trail Running	Senior Masculino	01:20:25	+27:13	06:42
91	2064	Agostinho Silva	OsFazConta	Senior Masculino	01:20:50	+27:38	06:44
92	2195	Nuno Miguel Silva Barros	Factor X / S4L / Medense FC	Senior Masculino	01:20:54	+27:42	06:45
93	2404	JOAQUIM TEIXEIRA	EQUIPA JOAO FERREIRA	Senior Masculino	01:20:59	+27:47	06:45
94	1228	Manuel Barros	Trinca Orelhas de Gato	Senior Masculino	01:21:08	+27:56	06:46
95	2237	António Faria	Amigos 100 Limites	Senior Masculino	01:21:09	+27:57	06:46
96	2863	Bruno Rocha	Trinca Orelhas de Gato	Senior Masculino	01:21:11	+27:59	06:46
97	2638	Herder Barros	Paredes Running	Senior Masculino	01:21:22	+28:10	06:47
98	2246	Vitor Martins	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:21:24	+28:12	06:47
99	2881	Fábio Pinto	Elite Corpus	Senior Masculino	01:21:32	+28:20	06:48
100	2103	Pedro Rodrigues	ATALANTA runners	Senior Masculino	01:21:45	+28:33	06:49
101	1527	Jorge Santos	ARCORUN	Senior Masculino	01:21:46	+28:34	06:49
102	2261	Paulo Silva	CMDS	Senior Masculino	01:21:53	+28:41	06:49
103	2851	HUGO HEITOR	#atechoras!	Senior Masculino	01:22:04	+28:52	06:50
104	2018	Ricardo Carvalho	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:22:08	+28:56	06:51
105	2097	Luis Dos Santos	Individual	Senior Masculino	01:22:14	+29:02	06:51
106	2008	João Teles	Factor X / S4L / Medense FC	Senior Masculino	01:22:28	+29:16	06:52
107	2283	Paulo Lopes	PM	Senior Masculino	01:22:29	+29:18	06:52
108	2762	JOÃO CAMPOS	DDT Runners	Senior Masculino	01:22:43	+29:31	06:54
109	2812	Filipe ferreira	porto sentido	Senior Masculino	01:23:02	+29:50	06:55

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110	2804	Pedro Ferreira	porto sentido	Senior Masculino	01:23:02	+29:51	06:55
111	2448	Fernando Ferreira	Trinca Orelhas de Gato	Senior Masculino	01:23:49	+30:37	06:59
112	2699	João Silva	Carapaus	Senior Masculino	01:23:51	+30:39	06:59
113	2509	Daniel Ribeiro	GENEROSOS RUNNERS	Senior Masculino	01:23:52	+30:40	06:59
114	2527	Ruben Moreira	Studio Sun Beauty	Senior Masculino	01:23:53	+30:41	06:59
115	2276	Pedro Martins	NorTrail	Senior Masculino	01:23:53	+30:41	06:59
116	2722	Ricardo Teixeira	A20's Javalis Trail Team	Senior Masculino	01:24:03	+30:51	07:00
117	2544	Floriberto Castro	Individual	Senior Masculino	01:24:06	+30:55	07:01
118	2532	Carlos Sérgio	Amigos do Pedal TraiLagares	Senior Masculino	01:24:18	+31:06	07:02
119	2112	Sérgio Moura	Eu e elas	Senior Masculino	01:24:42	+31:31	07:04
120	2213	André Carneiro	Porto Sentido Runners	Senior Masculino	01:24:50	+31:38	07:04
121	2670	Paulo Carvalho	JPTC	Senior Masculino	01:24:57	+31:45	07:05
122	2034	Daniel Amaral	Studio Sun Beauty	Senior Masculino	01:25:05	+31:53	07:05
123	2493	Miguel Costa	Gansos	Senior Masculino	01:25:25	+32:13	07:07
124	2120	Filipe Moreira	Individual	Senior Masculino	01:25:27	+32:15	07:07
125	2086	Rui Rocha	Brincalhões	Senior Masculino	01:25:28	+32:16	07:07
126	2876	Manuel Carneiro	OS CACHOS	Senior Masculino	01:25:31	+32:19	07:08
127	2871	Manuel Moura	ADEFACEC - Associação Desportiva da Efacec	Senior Masculino	01:25:49	+32:37	07:09
128	2038	Hugo Couto	CLUBE NOVO BANCO	Senior Masculino	01:26:02	+32:50	07:10
129	2719	Leonel Teixeira Teixeira	BTT Alegria // TUBANI	Senior Masculino	01:26:02	+32:51	07:10
130	2033	Joaquim Teixeira	Individual	Senior Masculino	01:26:06	+32:54	07:10
131	2439	Nuno Marques	Os TurboMula	Senior Masculino	01:26:14	+33:02	07:11
132	2457	Antonio Fidalgo	KeMedo Team	Senior Masculino	01:26:23	+33:11	07:12
133	2373	Rui Rocha	Tristes Mas Duros	Senior Masculino	01:26:38	+33:26	07:13
134	2054	Amandio Sousa	KinKipa	Senior Masculino	01:26:56	+33:45	07:15
135	2813	Vasco luxo	porto sentido	Senior Masculino	01:27:00	+33:48	07:15
136	2118	JOSÉ PEREIRA	100Meta	Senior Masculino	01:27:00	+33:48	07:15
137	2524	Abel Cardoso	Studio Sun Beauty	Senior Masculino	01:27:13	+34:01	07:16
138	2093	Joao Oliveira	Os Imparaveis	Senior Masculino	01:27:13	+34:01	07:16
139	2238	João Vieira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:27:13	+34:01	07:16
140	1020	José Ferreira	Individual	Senior Masculino	01:27:58	+34:46	07:20
141	2374	Bruno Gonçalves	Tristes Mas Duros	Senior Masculino	01:28:01	+34:49	07:20
142	2724	André Silva	Os Pachones	Senior Masculino	01:28:06	+34:54	07:20
143	2633	Pedro Marques	Individual	Senior Masculino	01:28:09	+34:57	07:21
144	2514	Antonio Pereira	Individual	Senior Masculino	01:28:24	+35:13	07:22
145	2750	João Moura	Fit Gaia Trail	Senior Masculino	01:28:25	+35:13	07:22
146	2898	Rui Moura	Individual	Senior Masculino	01:28:27	+35:15	07:22
147	1309	Jorge Rebelo Rebelo	Nem que chova	Senior Masculino	01:28:30	+35:18	07:22
148	2392	Eduardo Pinho	reumático trail team	Senior Masculino	01:29:05	+35:53	07:25
149	2427	António Lima	Trinca Orelhas de Gato	Senior Masculino	01:29:21	+36:09	07:27
150	2087	Nuno Cabral	Individual	Senior Masculino	01:29:22	+36:10	07:27
151	2589	Cesar Sousa	Os Tranquilos	Senior Masculino	01:29:43	+36:31	07:29
152	2627	Angelo Carneiro	Os 3 pastorinhos	Senior Masculino	01:29:51	+36:40	07:29
153	2811	Pedro Silva	Individual	Senior Masculino	01:29:54	+36:42	07:30
154	2533	Alex Valente	Individual	Senior Masculino	01:30:03	+36:51	07:30
155	2526	Hugo Silva	Individual	Senior Masculino	01:30:04	+36:52	07:30

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156	2704	Daniel Pereira	Nocturnos de Paredes	Senior Masculino	01:30:06	+36:55	07:31
157	2376	Carlos Rocha	Tristes Mas Duros	Senior Masculino	01:30:25	+37:13	07:32
158	2378	Jorge Almeida	Soplabifana Runners	Senior Masculino	01:30:26	+37:14	07:32
159	2371	Sousa Henrique	Soplabifana runners	Senior Masculino	01:30:26	+37:14	07:32
160	1112	VITOR COELHO	Individual	Senior Masculino	01:30:28	+37:16	07:32
161	2657	Francisco Mendes	Individual	Senior Masculino	01:30:28	+37:16	07:32
162	2400	Antonio Barbosa	Individual	Senior Masculino	01:30:39	+37:27	07:33
163	2160	Rui Santos	CORRER LEÇA	Senior Masculino	01:30:40	+37:29	07:33
164	2601	Miguel tronco	CLUBE AMADOR DE MIRANDELA	Senior Masculino	01:30:47	+37:35	07:34
165	2654	Antônio De Jesus Pires	Individual	Senior Masculino	01:31:19	+38:07	07:37
166	2590	Paulo Vaz	Os Tranquilos	Senior Masculino	01:31:25	+38:13	07:37
167	1308	Ivo Pereira Pereira	Nem que chova	Senior Masculino	01:31:27	+38:15	07:37
168	2031	João Carneiro	FisioJoaoCarneiro	Senior Masculino	01:31:33	+38:21	07:38
169	2474	António Rocha	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:31:34	+38:22	07:38
170	2626	Tiago Carneiro	Os 3 pastorinhos	Senior Masculino	01:31:36	+38:24	07:38
171	2628	Luciano Rocha	Altos&Baixos	Senior Masculino	01:31:36	+38:24	07:38
172	2049	João Ricardo Grilo Teixeira	Individual	Senior Masculino	01:31:43	+38:31	07:39
173	1572	Pedro bastos	Fiaes running	Senior Masculino	01:31:48	+38:36	07:39
174	2441	António Ribeiro	Trinca Orelhas de Gato	Senior Masculino	01:31:51	+38:39	07:39
175	2703	Jose Silva	Nocturnos de Paredes	Senior Masculino	01:32:02	+38:51	07:40
176	2212	Vitor Martins	Porto Sentido Runners	Senior Masculino	01:32:05	+38:53	07:40
177	2019	Paulo Melo	Individual	Senior Masculino	01:32:14	+39:02	07:41
178	2882	José Santos	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	01:32:16	+39:04	07:41
179	2215	Fábio Marques	PM	Senior Masculino	01:32:22	+39:10	07:42
180	2012	Ricardo Marques	Individual	Senior Masculino	01:32:24	+39:12	07:42
181	2013	Rui Pereira	Individual	Senior Masculino	01:32:33	+39:21	07:43
182	2823	Artur Mário Carvalho Morais	Individual	Senior Masculino	01:32:57	+39:45	07:45
183	2293	Ivo Couto	A20's Javalis Trail Team	Senior Masculino	01:32:59	+39:47	07:45
184	2229	Alcino Silva	Amigos 100 Limites	Senior Masculino	01:33:18	+40:06	07:46
185	2674	António Ribeiro	Individual	Senior Masculino	01:33:19	+40:07	07:47
186	2669	João Falcão	JPTC	Senior Masculino	01:33:19	+40:07	07:47
187	2419	Silvio Dias	Trinca Orelhas de Gato	Senior Masculino	01:33:22	+40:10	07:47
188	2405	ARTUR CARDOSO	EQUIPA JOAO FERREIRA	Senior Masculino	01:33:29	+40:17	07:47
189	2591	Rogério Rocha	Os Tranquilos	Senior Masculino	01:33:33	+40:21	07:48
190	2710	Alcindo Silva	Individual	Senior Masculino	01:33:39	+40:27	07:48
191	2222	Joaquim Rocha	JRSOUSA TEAM	Senior Masculino	01:33:39	+40:27	07:48
192	2239	Agostinho Cardoso	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:33:42	+40:30	07:49
193	2451	Sérgio Moreira	Amigos 100 Limites	Senior Masculino	01:33:43	+40:31	07:49
194	2211	Bruno Guedes	Porto Sentido Runners	Senior Masculino	01:33:44	+40:32	07:49
195	2775	Miguel Azevedo	Porto Sentido Runners	Senior Masculino	01:33:44	+40:32	07:49
196	2411	EDGAR SARAIVA	EQUIPA JOAO FERREIRA	Senior Masculino	01:34:03	+40:51	07:50
197	2501	Joaquim Cardoso	Individual	Senior Masculino	01:34:03	+40:51	07:50
198	2884	Paulo Silva	grupo dramatico e recreativo da retorta	Senior Masculino	01:34:11	+40:59	07:51
199	2499	Leandro Rocha	JUVENTUDE CORTEGACENSE	Senior Masculino	01:34:30	+41:18	07:53

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200	2494	Paulo Ferreira	Gansos	Senior Masculino	01:34:35	+41:23	07:53
201	2225	Filipe Lopes	Individual	Senior Masculino	01:34:39	+41:27	07:53
202	2836	Eugénio Soares	Factor X / S4L / Medense FC	Senior Masculino	01:35:11	+41:59	07:56
203	2668	David Costa	JPTC	Senior Masculino	01:35:22	+42:11	07:57
204	2234	Ricardo Lascasas	Amigos 100 Limites	Senior Masculino	01:35:27	+42:15	07:57
205	2301	Hugo Pereira	Individual	Senior Masculino	01:35:37	+42:25	07:58
206	2870	Sergio Rocha	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:35:44	+42:32	07:59
207	1676	Carlos Gonçalves	Individual	Senior Masculino	01:36:00	+42:48	08:00
208	2522	Ismael Duarte	OndaTrail	Senior Masculino	01:36:12	+43:00	08:01
209	2848	Tiago Alexandre	Panda os Amigos	Senior Masculino	01:36:15	+43:04	08:01
210	2782	Paulo Pinto	Junqueira	Senior Masculino	01:36:26	+43:14	08:02
211	2290	José Neto	Individual	Senior Masculino	01:37:17	+44:06	08:06
212	2188	Joni Rocha	Tainadas Run Team	Senior Masculino	01:37:25	+44:13	08:07
213	2189	Joni Regalado	Tainadas Run Team	Senior Masculino	01:37:25	+44:13	08:07
214	2867	Luis Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:37:30	+44:18	08:07
215	2650	Eduardo Xavier	Batedores	Senior Masculino	01:37:34	+44:22	08:08
216	2721	Vitor Magalhaes	A20's Javalis Trail Team	Senior Masculino	01:37:35	+44:23	08:08
217	2138	João Pedro Brito	Individual	Senior Masculino	01:37:38	+44:26	08:08
218	2671	Tiago Lopes	JPTC	Senior Masculino	01:37:48	+44:36	08:09
219	2075	Vitor Neves	Individual	Senior Masculino	01:37:56	+44:44	08:10
220	2655	Fábio Miguel Rodrigues	CMC Carapaus	Senior Masculino	01:37:58	+44:46	08:10
221	2847	Daniel Silva	Panda os Amigos	Senior Masculino	01:37:58	+44:46	08:10
222	2207	João Gonçalves	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:37:58	+44:46	08:10
223	2866	José Silva	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:38:13	+45:01	08:11
224	2157	Nuno Lopes	CORRER LEÇA	Senior Masculino	01:38:24	+45:12	08:12
225	2159	Pedro Rocha	CORRER LEÇA	Senior Masculino	01:38:26	+45:14	08:12
226	2143	Horacio Ferreira	GENEROSOS RUNNERS	Senior Masculino	01:38:27	+45:15	08:12
227	2235	Ricardo Leal	Amigos 100 Limites	Senior Masculino	01:38:30	+45:18	08:12
228	2161	Rui Silva	CORRER LEÇA	Senior Masculino	01:38:36	+45:24	08:13
229	2632	Carlos Maia	Airão Trail Team	Senior Masculino	01:38:40	+45:28	08:13
230	2743	Sérgio Pereira	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:38:42	+45:30	08:14
231	2344	Paulo Henriques	A20's Javalis Trail Team	Senior Masculino	01:39:06	+45:54	08:16
232	2883	Carlos	PORTOCARGO	Senior Masculino	01:39:15	+46:03	08:16
233	1168	José Miguel Cruz Pinto	CICLISTAS CÓSMICOS - GISLÓTICA	Senior Masculino	01:39:22	+46:11	08:17
234	2726	Bruno Fernandes	Os Pachones	Senior Masculino	01:39:40	+46:28	08:18
235	2351	Fernando Maduro	Paredes Running	Senior Masculino	01:39:42	+46:30	08:18
236	2128	Joao Remedios	Carapaus	Senior Masculino	01:39:44	+46:32	08:19
237	2754	João Sousa	Individual	Senior Masculino	01:39:46	+46:34	08:19
238	2712	Luis Vieira	Not Fast Just Furious	Senior Masculino	01:40:04	+46:52	08:20
239	2765	Fernando Lopes	ARCORUN	Senior Masculino	01:40:30	+47:18	08:23
240	2367	Nuno Santos	JRSOUSA TEAM	Senior Masculino	01:40:35	+47:23	08:23
241	2713	Rogério Oliveira	Not Fast Just Furious	Senior Masculino	01:41:03	+47:51	08:25
242	2810	Nuno Vigário	Individual	Senior Masculino	01:41:33	+48:21	08:28

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243	2571	Joao Pinheiro	Porto Sentido Runners	Senior Masculino	01:41:56	+48:45	08:30
244	2386	José Leal	No stress	Senior Masculino	01:42:07	+48:55	08:31
245	2288	Américo Guedes	Factor X / S4L / Medense FC	Senior Masculino	01:42:12	+49:00	08:31
246	2564	David Nogueira	Caracois do monte	Senior Masculino	01:42:45	+49:33	08:34
247	2467	Celso Camboa	JUVENTUDE CORTEGACENSE	Senior Masculino	01:42:51	+49:39	08:34
248	2641	Rui Silva	Nocturnos de Paredes	Senior Masculino	01:42:54	+49:42	08:34
249	2297	Rui Matos	Individual	Senior Masculino	01:43:38	+50:27	08:38
250	2275	João Sousa	Individual	Senior Masculino	01:43:39	+50:27	08:38
251	2861	Eduardo Oliveira	Trinca Orelhas de Gato	Senior Masculino	01:43:47	+50:35	08:39
252	2174	Salvador Santos	Individual	Senior Masculino	01:43:51	+50:39	08:39
253	2107	Manuel Moura	OS BARRIGUITAS	Senior Masculino	01:44:01	+50:49	08:40
254	2795	Ricardo Silva	Mountain Runners	Senior Masculino	01:44:12	+51:01	08:41
255	2163	Tiago Santos	CORRER LEÇA	Senior Masculino	01:44:15	+51:04	08:41
256	2702	Telmo Mota	Nocturnos de Paredes	Senior Masculino	01:44:19	+51:07	08:42
257	2570	João Sousa	100Pernas	Senior Masculino	01:44:20	+51:08	08:42
258	2364	Vitor Leorne	Maisquecorridas	Senior Masculino	01:44:21	+51:10	08:42
259	2175	JOSÉ ALVES	Individual	Senior Masculino	01:44:31	+51:19	08:43
260	2242	Miguel Silva	Infecto Team	Senior Masculino	01:47:21	+54:09	08:57
261	2534	Jose Moura	Nocturnos de Paredes	Senior Masculino	01:47:21	+54:09	08:57
262	2362	Vitor Oliveira	Maisquecorridas	Senior Masculino	01:47:23	+54:11	08:57
263	2078	Gil Rodrigues	Don't need prep TEAM	Senior Masculino	01:47:23	+54:11	08:57
264	2475	Marco Vigário	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:47:31	+54:19	08:58
265	2258	Ricardo Pacheco	GENEROSOS RUNNERS	Senior Masculino	01:48:04	+54:52	09:00
266	2582	Nuno Magalhaes	Caracois do monte	Senior Masculino	01:48:05	+54:53	09:00
267	2549	João Moreira	SS MONTEPIO GERAL	Senior Masculino	01:48:07	+54:55	09:01
268	2708	Jose Moreira	Individual	Senior Masculino	01:48:07	+54:55	09:01
269	2550	Manuel Costa	Nelcila	Senior Masculino	01:48:40	+55:28	09:03
270	2408	LUIS SILVA	EQUIPA JOAO FERREIRA	Senior Masculino	01:48:50	+55:39	09:04
271	2760	RICARDO MARTINS	DDT Runners	Senior Masculino	01:48:53	+55:41	09:04
272	2219	Jose Gentil Almeida Ferreira	Ou Vai ou Racha	Senior Masculino	01:48:57	+55:45	09:05
273	2569	Nuno Silva	100Pernas	Senior Masculino	01:49:05	+55:53	09:05
274	2003	José Saraiva	Individual	Senior Masculino	01:49:21	+56:09	09:07
275	2282	José Ferreira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	01:49:32	+56:21	09:08
276	2751	António Moreira	LUSOS XXI	Senior Masculino	01:49:35	+56:23	09:08
277	2745	João Paulo Carvalho	LUSOS XXI	Senior Masculino	01:49:36	+56:24	09:08
278	2604	Germano Moura	OS BARRIGUITAS	Senior Masculino	01:49:39	+56:27	09:08
279	2170	Rogério Gomes	A20's Javalis Trail Team	Senior Masculino	01:50:05	+56:53	09:10
280	2244	José Ferreira	JRSOUSA TEAM	Senior Masculino	01:50:22	+57:10	09:12
281	2652	Pedro Costa	Individual	Senior Masculino	01:50:43	+57:31	09:14
282	2137	Nuno freitas	reumático trail team	Senior Masculino	01:50:51	+57:39	09:14
283	2579	Carlos Russo	Individual	Senior Masculino	01:51:25	+58:13	09:17
284	2263	Jorge Magalhães	CMDS	Senior Masculino	01:51:32	+58:20	09:18
285	2575	Jose castelo	Fardetas	Senior Masculino	01:51:39	+58:27	09:18
286	2800	Vasco Loureiro	Individual	Senior Masculino	01:51:43	+58:31	09:19
287	2482	MANUEL PEREIRA	PORTOCARGO	Senior Masculino	01:52:06	+58:54	09:20
288	2486	Carlos Anjos	Gansos	Senior Masculino	01:52:15	+59:03	09:21

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289	2385	Ricardo Carvalho	Individual	Senior Masculino	01:52:36	+59:24	09:23
290	2108	Filipe Morais	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:53:03	+59:51	09:25
291	2539	José Loureiro	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	01:53:03	+59:51	09:25
292	2317	Clemente Meireles Meireles	Nem que chova	Senior Masculino	01:53:07	+59:55	09:26
293	2831	Pedro Pinheiro	Individual	Senior Masculino	01:53:22	+01:00:11	09:27
294	2072	Rodrigo Ferraz	GENEROSOS RUNNERS	Senior Masculino	01:53:38	+01:00:26	09:28
295	2557	José Neiva	Individual	Senior Masculino	01:54:31	+01:01:19	09:33
296	2829	Bruno Couto	Individual	Senior Masculino	01:55:24	+01:02:12	09:37
297	2878	Rui Vitória	Individual	Senior Masculino	01:55:27	+01:02:15	09:37
298	2447	Carlos Mota	Trinca Orelhas de Gato	Senior Masculino	01:55:40	+01:02:28	09:38
299	2214	José Pereira	PM	Senior Masculino	01:55:46	+01:02:34	09:39
300	2824	João Oliveira	porto sentido	Senior Masculino	01:56:08	+01:02:56	09:41
301	1736	Rui Santos	Individual	Senior Masculino	01:56:23	+01:03:11	09:42
302	2714	Pedro Torres	Not Fast Just Furious	Senior Masculino	01:56:28	+01:03:16	09:42
303	2854	VÍTOR OSÓRIO	#atechoras!	Senior Masculino	01:56:41	+01:03:29	09:43
304	2186	Henrique Santiago	TrepaTrilhos Trail Team	Senior Masculino	01:56:55	+01:03:43	09:45
305	2125	Alberto Reis	Passarinhos do Monte	Senior Masculino	01:57:11	+01:03:59	09:46
306	2797	Bruno Ribeiro	Individual	Senior Masculino	01:57:34	+01:04:22	09:48
307	2798	Rui Castro	Individual	Senior Masculino	01:57:34	+01:04:22	09:48
308	2269	Pedro Justo	CORRER LEÇA	Senior Masculino	01:57:55	+01:04:44	09:50
309	2681	Miguel Ferreira	BTT Alegria // TUBANI	Senior Masculino	01:58:44	+01:05:32	09:54
310	2291	Sergio Reis	GENEROSOS RUNNERS	Senior Masculino	01:59:24	+01:06:12	09:57
311	2672	Bruno Ferreira	JPTC	Senior Masculino	02:00:01	+01:06:49	10:00
312	2639	Antonio Carvalho	Nocturnos de Paredes	Senior Masculino	02:01:33	+01:08:21	10:08
313	2421	Fernando Vital	Trinca Orelhas de Gato	Senior Masculino	02:01:56	+01:08:44	10:10
314	2241	José Pinto	Infecto Team	Senior Masculino	02:02:15	+01:09:03	10:11
315	2651	Filipe Pinto	Nocturnos de Paredes	Senior Masculino	02:02:35	+01:09:23	10:13
316	2278	Márcio Ferreira	Grandes, Fortes e Grossos	Senior Masculino	02:03:03	+01:09:51	10:15
317	2586	Manuel Silva	Douroconta - Gabinete de Apoio e Contabilidade, Lda	Senior Masculino	02:04:36	+01:11:24	10:23
318	2094	José Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:04:47	+01:11:35	10:24
319	2675	Joaquim Oliveira	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:04:47	+01:11:35	10:24
320	2106	Jorge Teixeira	JUVENTUDE DESPORTIVA DE GONDOMAR	Senior Masculino	02:04:47	+01:11:35	10:24
321	2683	Tony Mendes	BTT Alegria // TUBANI	Senior Masculino	02:05:35	+01:12:23	10:28
322	2152	João Rocha	CORRER LEÇA	Senior Masculino	02:05:37	+01:12:25	10:28
323	2507	Luis Ribeiro	Paredes Running	Senior Masculino	02:06:33	+01:13:21	10:33
324	2391	Antero Bessa	Paredes Running	Senior Masculino	02:06:35	+01:13:23	10:33
325	2528	Luis Carlos Estevao	Individual	Senior Masculino	02:07:38	+01:14:26	10:38
326	2700	Paulo Amorim	Nocturnos de Paredes	Senior Masculino	02:07:59	+01:14:47	10:40
327	2345	Rui Moreira	PAPATRAILS	Senior Masculino	02:08:22	+01:15:10	10:42
328	2318	António Santos	os tartarugas	Senior Masculino	02:08:43	+01:15:31	10:44
329	2900	Vítor Horácio Correia	Team Lantemil	Senior Masculino	02:09:01	+01:15:50	10:45
330	2309	Nuno Fernandes	ARCORUN	Senior Masculino	02:09:53	+01:16:41	10:49

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331	2295	David Silva	Gundemarus	Senior Masculino	02:10:59	+01:17:47	10:55
332	2331	Manuel Dias Noites	Pé na Rota	Senior Masculino	02:12:04	+01:18:53	11:00
333	2577	Cláudio Silva	Wolves Run Trail	Senior Masculino	02:12:08	+01:18:56	11:01
334	2578	Antonio Fernandes	Wolves Run Trail	Senior Masculino	02:12:08	+01:18:56	11:01
335	2864	Sergio Sousa	Trinca Orelhas de Gato	Senior Masculino	02:12:13	+01:19:01	11:01
336	2265	Paulo Ribeiro	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:13:15	+01:20:03	11:06
337	2673	José Silva	JPTC	Senior Masculino	02:13:46	+01:20:34	11:07
338	2383	Filipe Ribeiro	Att	Senior Masculino	02:14:02	+01:20:50	11:10
339	2144	Luis Duarte	Individual	Senior Masculino	02:14:30	+01:21:18	11:12
340	2035	Ricardo Amaral	Studio Sun Beauty	Senior Masculino	02:15:12	+01:22:00	11:16
341	2307	Alexis Bolivar	ARCORUN	Senior Masculino	02:15:39	+01:22:28	11:18
342	2465	JOAO FERREIRA	EQUIPA JOAO FERREIRA	Senior Masculino	02:15:48	+01:22:36	11:19
343	2502	Alfredo Faria	Compincha	Senior Masculino	02:16:17	+01:23:05	11:21
344	2281	Sandro Oliveira	LEÕES DE TARDARIZ TRAIL	Senior Masculino	02:16:47	+01:23:35	11:24
345	2254	Damião Pontes	LEÕES DE TARDARIZ TRAIL	Senior Masculino	02:16:47	+01:23:35	11:24
346	2677	António Macedo	Caga Tacos Running Team	Senior Masculino	02:17:39	+01:24:27	11:28
347	2059	Jorge Silva	OsFazConta	Senior Masculino	02:19:21	+01:26:09	11:37
348	2793	Hugo Coimbra	Individual	Senior Masculino	02:19:56	+01:26:44	11:40
349	2755	BRUNO CARDOSO	DDT Runners	Senior Masculino	02:20:54	+01:27:42	11:44
350	2319	Afonso Santos	os tartarugas	Senior Masculino	02:20:58	+01:27:46	11:45
351	2676	Ricardo Braga	Rechonchudos Trail Runners	Senior Masculino	02:21:15	+01:28:03	11:46
352	2498	Miguel Matos	JUVENTUDE CORTEGACENSE	Senior Masculino	02:21:37	+01:28:25	11:48
353	2052	Rui Monteiro	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:24:33	+01:31:21	12:03
354	2084	Armando Silva	Brincalhões	Senior Masculino	02:25:07	+01:31:55	12:06
355	2483	MANUEL ALMEIDA	PORTOCARGO	Senior Masculino	02:26:28	+01:33:16	12:12
356	2169	Hugo Azevedo	Team Lantemil	Senior Masculino	02:27:18	+01:34:06	12:16
357	2505	Diogo Pimenta	Os Goguinhos	Senior Masculino	02:30:08	+01:36:57	12:31
358	2426	Ismael Silva	Trinca Orelhas de Gato	Senior Masculino	02:30:13	+01:37:01	12:31
359	2476	Pedro Oliveira	MSS CONTABILIDADE TRAIL TEAM	Senior Masculino	02:31:53	+01:38:41	12:39
360	2434	Filipe Terra	Trinca Orelhas de Gato	Senior Masculino	02:32:40	+01:39:28	12:43
361	2432	Carlos Conde	Trinca Orelhas de Gato	Senior Masculino	02:32:40	+01:39:28	12:43
362	2895	Gene Torres	Individual	Senior Masculino	02:35:33	+01:42:21	12:58
363	2707	Vitor Barbosa	baltar trail runners	Senior Masculino	02:39:27	+01:46:15	13:17
364	2342	Jose freitas	Ou Vai ou Racha	Senior Masculino	02:40:26	+01:47:14	13:22
365	2220	Jose Gentil Almeida Ferreira	Ou Vai ou Racha	Senior Masculino	02:40:37	+01:47:25	13:23
366	2697	Jorge Bastos	Individual	Senior Masculino	02:48:45	+01:55:34	14:04
367	2756	PAULO FERREIRA	DDT Runners	Senior Masculino	02:49:06	+01:55:54	14:06
368	2608	Helder Moraes	Tartarugas sprinters	Senior Masculino	02:55:00	+02:01:48	14:35
369	1565	João Paulo De Sousa	Manguelas - Run/Walk TEAM	Senior Masculino	02:55:30	+02:02:18	14:37
370	2637	Ricardo Matos	Manguelas - Run/Walk TEAM	Senior Masculino	02:55:30	+02:02:18	14:37

Sub 23 Feminino

1	2897	Ana Rita Domingues	Olímpico Vianense Trail	Sub 23 Feminino	01:16:01	+22:49	06:20
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2	1397	Inês Cardoso	Fridão Sem Limites	Sub 23 Feminino	01:27:55	+34:43	07:20
3	2083	Inês Silva	Brincalhões	Sub 23 Feminino	01:38:36	+45:25	08:13
4	2262	Joana Silva	CMDS	Sub 23 Feminino	01:40:40	+47:28	08:23
5	2862	Nadia Silva	Trinca Orelhas de Gato	Sub 23 Feminino	02:03:07	+01:09:55	10:16
6	2067	Laura Eira	Moviteknika	Sub 23 Feminino	02:24:44	+01:31:32	12:04
7	2002	Rosa Bispo	Em Força - Corremos Pela Esclerose Múltipla	Sub 23 Feminino	02:24:46	+01:31:35	12:04
8	2695	Sonia Sacras	ARCORUN	Sub 23 Feminino	02:46:14	+01:53:02	13:51

Sub 23 Masculino

1	2085	Rúben Rocha	Brincalhões	Sub 23 Masculino	01:05:38	+12:26	05:28
2	2487	Jorge Beliago	Gansos	Sub 23 Masculino	01:11:37	+18:25	05:58
3	2609	Sérgio Silva	Amigos do Pedal TrailLagares	Sub 23 Masculino	01:18:55	+25:43	06:35
4	2717	Pedro Rocha	BTT Alegria // TUBANI	Sub 23 Masculino	01:19:03	+25:51	06:35
5	2558	Diogo Resende	Caracois do monte	Sub 23 Masculino	01:19:35	+26:23	06:38
6	2732	Álvaro Santos	Aliança de Gandra	Sub 23 Masculino	01:21:45	+28:33	06:49
7	2458	Bernardo Gomes	KeMedo Team	Sub 23 Masculino	01:30:01	+36:50	07:30
8	2521	José Machado	Individual	Sub 23 Masculino	01:30:44	+37:32	07:34
9	2600	Luis cepeda	CLUBE AMADOR DE MIRANDELA	Sub 23 Masculino	01:35:18	+42:06	07:57
10	2176	RUI CUSTODIO	Individual	Sub 23 Masculino	01:43:45	+50:33	08:39
11	2424	Rui Rocha	Trinca Orelhas de Gato	Sub 23 Masculino	01:43:52	+50:40	08:39
12	2791	Daniel Reis	LUSOS XXI	Sub 23 Masculino	01:49:35	+56:23	09:08
13	2455	Daniel Fernandes	Wolves Run Trail	Sub 23 Masculino	02:12:08	+01:18:56	11:01
14	2308	Deibid Moreno	ARCORUN	Sub 23 Masculino	02:15:39	+01:22:27	11:18
15	2350	Pedro Oliveira	LEÕES DE TARDARIZ TRAIL	Sub 23 Masculino	02:16:47	+01:23:36	11:24

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