

MINI TRILHOS 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	12°C	100%
End	13:24	15°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
1	2231	VITOR BARBOSA	gdr retorta	Senior Masculino	52:35		04:23
2	2229	Henrique Dias	gdr retorta	Senior Masculino	52:38	+00:02	04:23
3	2855	TIAGO PINTO	gdr retorta	Senior Masculino	53:49	+01:14	04:29
4	2230	JOAQUIM ROCHA	gdr retorta	Senior Masculino	54:00	+01:24	04:30
5	2208	André Almeida	factor x / s4l / medensefc	Senior Masculino	55:37	+03:01	04:38
6	2370	Abilio Martins Almeida	individual	Senior Masculino	56:44	+04:09	04:44
7	2197	Sérgio Santos	engomadoria l&a	Senior Masculino	57:28	+04:53	04:44
8	2810	Miguel Purificação	trinca orelhas de gato	Senior Masculino	57:52	+05:17	04:49
9	2398	Fernando oliveira	individual	Senior Masculino	59:00	+06:25	04:55
10	2114	João Laranjeira	beat your limit!	Senior Masculino	59:10	+06:34	04:56
11	2222	Paulo Sousa	fridão sem limites	Senior Masculino	01:00:39	+08:04	05:03
12	2221	Paulo Matos	fridão sem limites	Senior Masculino	01:00:44	+08:08	05:04
13	2400	Flávio Azevedo	individual	Senior Masculino	01:00:51	+08:15	05:04
14	2177	Carlos Prudêncio	dá-lhe gás	Senior Masculino	01:01:56	+09:21	05:10
15	2065	Miguel Ângelo de Oliveira Pinto	amigos do pedal trailagares	Sub 23 Masculino	01:02:32	+09:56	05:13
16	2175	CRISTIANO SANTOS	correr por um sorriso	Senior Masculino	01:02:34	+09:59	05:13
17	2060	Rui Lopes	amigos do pedal trailagares	Senior Masculino	01:03:17	+10:42	05:17
18	2580	Ibrahim Sousa	mss contabilidade	Senior Masculino	01:03:31	+10:55	05:18
19	2605	Carlos Vinhas	nocturnos de paredes	Senior Masculino	01:04:05	+11:29	05:20
20	2018	Manuel Lopes	a. d. sebolido trail boneca douro	Senior Masculino	01:04:16	+11:41	05:21
21	2020	Rafael Silva	a. d. sebolido trail boneca douro	Senior Masculino	01:04:18	+11:43	05:22
22	2116	Carlos Cardoso	bitrunners	Senior Masculino	01:04:54	+12:18	05:25
23	2190	Rui Tavares	ddt runners	Senior Masculino	01:05:24	+12:49	05:27
24	2578	António Fernandes	mss contabilidade	Senior Masculino	01:05:31	+12:56	05:28
25	2705	Laurindo Gomes	porto sentido runners	Senior Masculino	01:05:40	+13:05	05:28
26	2479	Vasco Amaral	individual	Senior Masculino	01:05:49	+13:14	05:29
27	2582	José Pires	mss contabilidade	Senior Masculino	01:06:19	+13:44	05:32
28	2842	João Coelho	é pro cumbibiu	Senior Masculino	01:06:22	+13:47	05:32
29	2013	Valter Gouveia	10temidos	Senior Masculino	01:07:02	+14:26	05:35
30	2043	Hélder Moreira	aliança de gandra	Senior Masculino	01:07:02	+14:27	05:35
31	2588	Vitor Azevedo	mss contabilidade	Senior Masculino	01:07:24	+14:49	05:37
32	2019	Pedro Vieira	a. d. sebolido trail boneca douro	Senior Masculino	01:08:09	+15:33	05:41
33	2706	Miguel Silva	porto sentido runners	Senior Masculino	01:08:09	+15:33	05:41
34	2859	Ricardo Silva	individual	Senior Masculino	01:08:09	+15:33	05:41
35	2376	Andre Oliveira	individual	Senior Masculino	01:08:14	+15:38	05:41
36	2533	Filipe Rocha	marco runners	Senior Masculino	01:08:18	+15:42	05:42
37	2491	Hugo Fernandes	into the wild	Senior Masculino	01:08:18	+15:42	05:42
38	2176	MIGUEL LEAL	correr por um sorriso	Senior Masculino	01:08:19	+15:44	05:42
39	2858	Conceição Tenda	gaia trail	Senior Feminino	01:08:32	+15:56	05:43
40	2557	Rui Rodrigues	mountain runners	Senior Masculino	01:08:37	+16:01	05:43
41	2021	Roberto Daniel Alves Freitas	a. d. sebolido trail boneca douro	Senior Masculino	01:08:51	+16:16	05:44
42	2356	Sonia felix	individual	Senior Feminino	01:09:01	+16:25	05:45

Official Timekeeper: Lap2Go	1 / 17	generate 19-Mar-2017 17:17
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12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	2375	Amilcar Lopes	individual	Senior Masculino	01:09:03	+16:27	05:45
44	2857	Andreia Amorim	gondomar futsal clube	Senior Feminino	01:09:09	+16:34	05:46
45	2091	Jose Amorim	amotinados trail	Senior Masculino	01:09:26	+16:51	05:47
46	2278	Cristiana Raquel de Sousa Ferreira	individual	Senior Feminino	01:09:38	+17:03	05:48
47	2161	Daniela Alves	clube zipper / spineclinic	Senior Feminino	01:10:42	+18:06	05:54
48	2227	Miguel Furtado	gaia trail	Senior Masculino	01:10:53	+18:17	05:54
49	2220	americo frança	frança	Senior Masculino	01:11:00	+18:25	05:55
50	2839	Miguel Maia Dias	é pro cumbibiu	Senior Masculino	01:11:18	+18:43	05:57
51	2584	Ricardo Carvalho	mss contabilidade	Senior Masculino	01:11:25	+18:50	05:57
52	2581	Jorge Carvalho	mss contabilidade	Senior Masculino	01:11:25	+18:50	05:57
53	238	Rui Pinto	team lantemil	Senior Masculino	01:11:35	+19:00	05:58
54	2165	António Barborsa	clube zipper / spineclinic	Senior Masculino	01:11:44	+19:08	05:59
55	2647	Amilcar Dias Vinagre Simões	ozxtreme/rda	Senior Masculino	01:11:48	+19:12	05:59
56	2108	Diana Ferreira	as zumbásticas	Senior Feminino	01:11:51	+19:15	05:59
57	2591	Céline Gomes	nascidos para correr	Senior Feminino	01:12:00	+19:25	06:00
58	2183	carlos barbosa	danados	Senior Masculino	01:12:04	+19:29	06:00
59	2012	Tiago Castro	10temidos	Senior Masculino	01:12:22	+19:47	06:02
60	2427	José Pinto	individual	Senior Masculino	01:12:27	+19:51	06:02
61	2534	Luisa Cruz	moinhos run - adrm	Senior Feminino	01:12:28	+19:53	06:02
62	2732	Vasco Amador	ptc	Senior Masculino	01:12:53	+20:17	06:04
63	2391	César Lopes	individual	Senior Masculino	01:12:54	+20:19	06:05
64	2677	pedro brizado	pipb	Senior Masculino	01:13:08	+20:33	06:06
65	2113	Hugo Azevedo	beat your limit!	Senior Masculino	01:13:20	+20:44	06:07
66	2482	vítor Teixeira	individual	Senior Masculino	01:13:33	+20:57	06:08
67	2851	RENATO OLIVEIRA	portocargo	Senior Masculino	01:13:35	+20:59	06:08
68	2817	Jorge Beliago	trinca orelhas de gato	Sub 23 Masculino	01:13:39	+21:04	06:08
69	2523	Olga Branquinho	maisfit runners	Senior Feminino	01:13:54	+21:19	06:10
70	2675	Paulo Henriques	pes de chumbo	Senior Masculino	01:13:56	+21:20	06:10
71	2411	Ivan Silva	individual	Senior Masculino	01:14:07	+21:31	06:11
72	2853	Rui Miguel Sousa	mountain runners	Senior Masculino	01:14:23	+21:48	06:12
73	2109	Gloria Pinto	as zumbásticas	Senior Feminino	01:14:39	+22:03	06:13
74	2463	Rui Dias	individual	Senior Masculino	01:15:37	+23:02	06:18
75	2644	Agostinho Silva	osfazconta	Senior Masculino	01:15:46	+23:10	06:19
76	2180	andrea cunha	danados	Senior Feminino	01:15:49	+23:14	06:19
77	2405	GERSON ALVES	individual	Senior Masculino	01:16:02	+23:26	06:20
78	2838	Pedro Silva	é pro cumbibiu	Senior Masculino	01:16:05	+23:30	06:20
79	2509	João Vieira	leões de tardariz trail	Senior Masculino	01:16:05	+23:30	06:20
80	2648	Renata Vinagre	ozxtreme/rda	Sub 23 Feminino	01:16:08	+23:32	06:21
81	2435	Miguel Ferreira	individual	Senior Masculino	01:16:44	+24:09	06:24
82	2307	Joana Azevedo	individual	Senior Feminino	01:16:45	+24:10	06:24
83	2125	Daniel Sousa	btt alegria / tubani	Senior Masculino	01:16:47	+24:11	06:24
84	2436	Miguel Oliveira	individual	Senior Masculino	01:17:01	+24:26	06:25
85	2243	José Mendes	gondomar futsal clube	Senior Masculino	01:17:11	+24:35	06:26
86	2667	Patrick Mendonça	pavanca	Senior Masculino	01:17:24	+24:48	06:27
87	2383	Bruno rocha	individual	Senior Masculino	01:17:32	+24:56	06:28
88	2164	Marisa Pereira	clube zipper / spineclinic	Senior Feminino	01:17:58	+25:22	06:30

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
89	2086	Claudia Fernandes	amotinados trail	Senior Feminino	01:17:59	+25:23	06:30
90	2063	Bruno Filipe da Costa Mendes	amigos do pedal trailagares	Senior Masculino	01:18:06	+25:31	06:31
91	2778	Amílcar Teixeira	team shark	Senior Masculino	01:18:06	+25:31	06:31
92	2010	Pedro Victoriano	10temidos	Senior Masculino	01:18:14	+25:38	06:31
93	2339	Patrícia Santos	oralklass-amigos do trail	Senior Feminino	01:18:17	+25:41	06:31
94	2460	Rogério de Almeida Pacheco	individual	Senior Masculino	01:18:21	+25:46	06:32
95	2812	Pedro Gomes	trinca orelhas de gato	Senior Masculino	01:18:40	+26:04	06:33
96	2527	João Gonçalves	maisfit runners	Senior Masculino	01:18:42	+26:06	06:33
97	2045	Paulo Sousa	aliança de gandra	Senior Masculino	01:18:49	+26:13	06:34
98	2666	David Nogueira	pavanca	Senior Masculino	01:18:52	+26:16	06:34
99	2174	ANTONIO MIRANDA	correr por um sorriso	Senior Masculino	01:18:59	+26:23	06:35
100	2158	Diogo Gorra Moreira	clube do pessoal edp - delegação de gaia	Senior Masculino	01:19:06	+26:31	06:36
101	2552	Patrícia Ribeiro	mountain runners	Senior Feminino	01:19:13	+26:37	06:36
102	2740	Rui Ferreira	run4wellness	Senior Masculino	01:19:28	+26:52	06:37
103	2487	Vitor Yang	individual	Sub 23 Masculino	01:19:29	+26:54	06:37
104	2494	EUGENIA TEIXEIRA	keepmoving	Senior Feminino	01:19:31	+26:55	06:38
105	2703	José Ricardo	porto sentido runners	Senior Masculino	01:19:47	+27:11	06:39
106	2696	Carlos Martins	porto sentido runners	Senior Masculino	01:19:47	+27:12	06:39
107	2701	João Pinheiro	porto sentido runners	Senior Masculino	01:19:47	+27:12	06:39
108	2131	Paulo Marques	budeguita runners	Senior Masculino	01:19:48	+27:12	06:39
109	2807	Helder Monteiro	trinca orelhas de gato	Senior Masculino	01:19:53	+27:17	06:39
110	2244	Manuel Rocha	gondomar futsal clube	Senior Masculino	01:19:56	+27:21	06:40
111	2112	sergio sousa	baltar trailrunners	Senior Masculino	01:19:56	+27:21	06:40
112	2828	Sergio Santos	usf ts	Senior Masculino	01:20:00	+27:24	06:40
113	2047	Álvaro Santos	aliança de gandra	Sub 23 Masculino	01:20:08	+27:32	06:41
114	2742	Fábio Almeida	sai da frente	Senior Masculino	01:20:19	+27:43	06:42
115	2191	Alice Sousa	dr. merino/4moove	Senior Feminino	01:20:19	+27:43	06:42
116	2431	Manuel Ferreira	individual	Senior Masculino	01:20:25	+27:50	06:42
117	2620	Ricardo Couto	obra abc	Senior Masculino	01:20:26	+27:50	06:42
118	1134	Vasco Ortigão de Oliveira	club vespas salamoia	Senior Masculino	01:20:27	+27:51	06:42
119	2084	Tó Faria	amigos sem limites	Senior Masculino	01:20:27	+27:52	06:42
120	2589	Vitor Pinto	mss contabilidade	Senior Masculino	01:20:29	+27:54	06:42
121	2539	Patricia Ferraz	monte dos amigos/juventude ribeiras	Senior Feminino	01:20:41	+28:05	06:43
122	2630	Vanessa Santos	os aventureiros	Senior Feminino	01:20:45	+28:10	06:44
123	2631	António Moreira	os aventureiros	Senior Masculino	01:20:46	+28:10	06:44
124	2601	Rui Santos	nascidos para correr	Senior Masculino	01:20:48	+28:12	06:44
125	2594	Sandra Pereira	nascidos para correr	Senior Feminino	01:20:48	+28:12	06:44
126	2459	Ricardo Silva	individual	Senior Masculino	01:20:49	+28:13	06:44
127	2513	José Santos	leões de tardariz trail	Senior Masculino	01:21:00	+28:24	06:45
128	1715	Paulo Freitas	pt jr Sousa team	Senior Masculino	01:21:06	+28:31	06:46
129	2649	Catarina Cerqueira	palmeira runners	Sub 23 Feminino	01:21:07	+28:32	06:46
130	2624	Emanuel Dias	one more mile	Senior Masculino	01:21:11	+28:35	06:46
131	2195	Fernando Oliveira	engomadoria l&a	Senior Masculino	01:21:21	+28:45	06:47
132	2342	Raquel Samguedo	individual	Senior Feminino	01:21:29	+28:53	06:47
133	2715	MARCO OLIVEIRA	portocargo	Senior Masculino	01:21:36	+29:00	06:48
134	2806	Fernando Pereira	trinca orelhas de gato	Senior Masculino	01:21:38	+29:03	06:48

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
135	2801	Alcino Tavares	trinca orelhas de gato	Senior Masculino	01:21:38	+29:03	06:48
136	2563	Luís Machado	mozelos runners	Senior Masculino	01:21:46	+29:10	06:49
137	2267	Ana Santos	individual	Senior Feminino	01:21:51	+29:15	06:49
138	2042	Marco Moreira	aliança de gandra	Senior Masculino	01:22:00	+29:24	06:50
139	2414	João Carlos da Silva Gomes	individual	Senior Masculino	01:22:02	+29:26	06:50
140	2456	Pedro SILVA	individual	Senior Masculino	01:22:05	+29:30	06:50
141	2017	Fábio Correia	a. d. sebolido trail boneca douro	Senior Masculino	01:22:06	+29:30	06:51
142	2447	paulo henriques	individual	Senior Masculino	01:22:08	+29:32	06:51
143	2467	Rui Pedro Ramos da Silva	individual	Senior Masculino	01:22:16	+29:40	06:51
144	2674	Carlos Monteiro	pes de chumbo	Senior Masculino	01:22:20	+29:45	06:52
145	2774	Isabel Santos	team shark	Senior Feminino	01:22:27	+29:51	06:52
146	2770	Mariana Silva Ferreira	team lanthemil	Senior Feminino	01:22:28	+29:52	06:52
147	2846	Diana Fernandes	all about	Senior Feminino	01:22:42	+30:07	06:54
148	2196	Filipe Lopes	engomadoria l&a	Senior Masculino	01:22:44	+30:08	06:54
149	2022	Carina Pereira	a.d.amarante trail running	Senior Feminino	01:22:44	+30:09	06:54
150	2424	José Mário Magalhães de Pereira	individual	Senior Masculino	01:22:51	+30:16	06:54
151	2752	Fernando Coelho	somos nós team	Senior Masculino	01:22:51	+30:16	06:54
152	2815	Silvio Dias	trinca orelhas de gato	Senior Masculino	01:22:52	+30:17	06:54
153	2551	Liliana Magalhães	mountain runners	Senior Feminino	01:22:54	+30:18	06:55
154	2469	Sergio Alves	individual	Senior Masculino	01:23:01	+30:25	06:55
155	2387	Carlos Manuel da Costa Pereira	individual	Senior Masculino	01:23:17	+30:41	06:56
156	2416	João Manuel Nunes da Rocha	individual	Senior Masculino	01:23:21	+30:45	06:57
157	2545	Pedro Anjos	monte dos amigos/juventude ribeiras	Senior Masculino	01:23:33	+30:57	06:58
158	2661	Luís Marques	paripassu	Senior Masculino	01:23:34	+30:59	06:58
159	2639	Nuno Marques	os turbomula	Senior Masculino	01:23:39	+31:03	06:58
160	2597	António Rebocho	nascidos para correr	Senior Masculino	01:23:39	+31:04	06:58
161	2415	João Filipe Fernandes	individual	Senior Masculino	01:23:40	+31:04	06:58
162	2156	Nuno Tiago Almeida	ciclotainadas	Senior Masculino	01:24:04	+31:29	07:00
163	2157	Pedro Leite	ciclotainadas	Senior Masculino	01:24:04	+31:29	07:00
164	2461	Ruben Moreira	individual	Senior Masculino	01:24:29	+31:53	07:02
165	2023	Rui Gabriel	acma running team - viagens360 gaia	Senior Masculino	01:24:30	+31:54	07:03
166	2026	Carlos Alago	alago's team	Senior Masculino	01:24:35	+31:59	07:03
167	2779	José Pereira	team shark	Senior Masculino	01:24:35	+32:00	07:03
168	2309	Liliana Vieira	individual	Senior Feminino	01:24:42	+32:07	07:04
169	2455	PEDRO RIBEIRO	individual	Senior Masculino	01:24:47	+32:11	07:04
170	2396	Duarte Nuno Dias	individual	Senior Masculino	01:24:47	+32:12	07:04
171	2083	Sérgio Moreira	amigos sem limites	Senior Masculino	01:24:59	+32:23	07:05
172	2808	Luis Morata	trinca orelhas de gato	Senior Masculino	01:25:00	+32:24	07:05
173	2816	Emanuel Morata	trinca orelhas de gato	Sub 23 Masculino	01:25:00	+32:25	07:05
174	2625	Helder Magalhães	one more mile	Senior Masculino	01:25:00	+32:25	07:05
175	2228	Armandina da Silva Torres	gdct incm	Senior Feminino	01:25:04	+32:28	07:05
176	2850	Nina Silva	paredes running	Senior Feminino	01:25:04	+32:28	07:05
177	2194	António João da rocha machado	ei team trail	Senior Masculino	01:25:04	+32:28	07:05
178	2486	cristiana do vale correia	individual	Sub 23 Feminino	01:25:04	+32:29	07:05
179	2425	José Pedro Marques Quelhas	individual	Senior Masculino	01:25:05	+32:30	07:05
180	2246	Nelson Silva	gondomar futsal clube	Senior Masculino	01:25:06	+32:30	07:05

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
181	2792	Paulo Tavares	trepatrihos trail team	Senior Masculino	01:25:09	+32:34	07:06
182	2242	Ilídio Freitas	gondomar futsal clube	Senior Masculino	01:25:14	+32:39	07:06
183	2432	Manuel Paiva	individual	Senior Masculino	01:25:25	+32:50	07:07
184	2495	Paula Anjos	keepmoving	Senior Feminino	01:25:30	+32:54	07:08
185	2632	Bruno Castelo	os aventureiros	Senior Masculino	01:25:42	+33:06	07:09
186	2504	Agostinho Cardoso	leões de tardariz trail	Senior Masculino	01:25:47	+33:12	07:09
187	2369	Abel Filipe Lameiras Cardoso	individual	Senior Masculino	01:25:49	+33:13	07:09
188	2554	António Rodrigues	mountain runners	Senior Masculino	01:26:07	+33:31	07:10
189	2727	João Falcão	ptc	Senior Masculino	01:26:21	+33:46	07:12
190	2465	Rui Manuel Cardoso Carril	individual	Senior Masculino	01:26:22	+33:47	07:12
191	2700	João Barbosa	porto sentido runners	Senior Masculino	01:26:27	+33:52	07:12
192	2687	Paula Coutinho	porto sentido runners	Senior Feminino	01:26:27	+33:52	07:12
193	2802	Altino Silva	trinca orelhas de gato	Senior Masculino	01:26:29	+33:53	07:12
194	2813	Ricardo Costa	trinca orelhas de gato	Senior Masculino	01:26:29	+33:54	07:12
195	2029	Carla Pereira	aliança de gandra	Senior Feminino	01:26:34	+33:58	07:13
196	2441	Nuno Miguel Cabral	individual	Senior Masculino	01:26:48	+34:12	07:14
197	2151	Marlene Martins	centro ciclista de gondomar	Senior Feminino	01:26:50	+34:15	07:14
198	2568	Lucia Carvalho	mss contabilidade	Senior Feminino	01:26:52	+34:16	07:14
199	2188	Paulo Ferreira	ddt runners	Senior Masculino	01:26:57	+34:22	07:15
200	2517	Sérgio Oliveira	leões de tardariz trail	Senior Masculino	01:27:02	+34:26	07:15
201	2179	Pedro Rocha	dá-lhe gás	Senior Masculino	01:27:27	+34:51	07:17
202	2178	José Gonçalves	dá-lhe gás	Senior Masculino	01:27:27	+34:52	07:17
203	2270	Ashlyn Remillard	individual	Senior Feminino	01:27:30	+34:54	07:18
204	2856	Rosária Sousa	nocturnos de paredes	Senior Feminino	01:27:48	+35:13	07:19
205	2775	Manuela Monteiro	team shark	Senior Feminino	01:27:49	+35:13	07:19
206	2433	Manuel Reis	individual	Senior Masculino	01:27:50	+35:14	07:19
207	2603	Tania Cardoso	nocturnos de paredes	Senior Feminino	01:27:51	+35:16	07:19
208	2606	João Leite	nocturnos de paredes	Senior Masculino	01:27:52	+35:17	07:19
209	2664	Armando Dias	pavanca	Senior Masculino	01:28:04	+35:29	07:20
210	2468	Saul Correia	individual	Senior Masculino	01:28:08	+35:32	07:21
211	2417	João Santos	individual	Senior Masculino	01:28:12	+35:36	07:21
212	2531	Daniel Ferreira Magalhães Correia	marco runners	Senior Masculino	01:28:13	+35:37	07:21
213	2204	Edgar Saraiva	equipa joão ferreira	Senior Masculino	01:28:17	+35:41	07:21
214	2111	Antonio Joaquim Teixeira magalhaes	autistic runners	Senior Masculino	01:28:17	+35:42	07:21
215	2683	Cidália Soares	porto sentido runners	Senior Feminino	01:28:21	+35:46	07:22
216	2385	carlos figueiredo	individual	Senior Masculino	01:28:22	+35:47	07:22
217	2386	Carlos Guedes	individual	Senior Masculino	01:28:25	+35:50	07:22
218	2304	Isabel Maria Cruz Dias	individual	Senior Feminino	01:28:26	+35:51	07:22
219	2821	Fatima Nunes	usf ts	Senior Feminino	01:28:32	+35:56	07:23
220	2754	Joana Maia	spine clinic	Senior Feminino	01:28:32	+35:57	07:23
221	2255	Ricardo Filipe Figueiredo Ferreira	gtt - armazém do caffè	Senior Masculino	01:28:33	+35:57	07:23
222	2390	César Aureliano Vigário da Rocha	individual	Senior Masculino	01:28:35	+35:59	07:23
223	2694	António Sousa	porto sentido runners	Senior Masculino	01:28:37	+36:02	07:23
224	2470	Sergio Andrade	individual	Senior Masculino	01:28:48	+36:13	07:24
225	2481	Vitor Manuel Alves dos Santos	individual	Senior Masculino	01:29:11	+36:36	07:26

MINI TRILHOS 12KM - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
226	2434	Mário Estêvão	individual	Senior Masculino	01:29:19	+36:44	07:27
227	2560	António Rodrigues	mozelos runners	Senior Masculino	01:29:31	+36:55	07:28
228	2475	Sergio Miguel da Costa Alves	individual	Senior Masculino	01:29:33	+36:57	07:28
229	2512	José Ribeiro	leões de tardariz trail	Senior Masculino	01:29:33	+36:58	07:28
230	2272	Cacilda Ramos	individual	Senior Feminino	01:29:39	+37:04	07:28
231	2407	Hugo Alexandre Alves	individual	Senior Masculino	01:29:40	+37:05	07:28
232	2388	Carlos Rocha	individual	Senior Masculino	01:29:42	+37:07	07:29
233	2753	José Teixeira	somos nós team	Senior Masculino	01:29:46	+37:10	07:29
234	2685	Elisabete Loureiro	porto sentido runners	Senior Feminino	01:29:46	+37:10	07:29
235	2699	Filipe Maria	porto sentido runners	Senior Masculino	01:30:06	+37:30	07:31
236	2795	Ana Rocha	trinca orelhas de gato	Senior Feminino	01:30:07	+37:31	07:31
237	2550	Claudia Sousa	mountain runners	Senior Feminino	01:30:07	+37:31	07:31
238	2544	jose Moura	monte dos amigos/juventude ribeiras	Senior Masculino	01:30:14	+37:39	07:31
239	2726	David Costa	ptc	Senior Masculino	01:30:22	+37:47	07:32
240	2791	Helder Rodrigues	trepatrihos trail team	Senior Masculino	01:30:24	+37:49	07:32
241	2418	joaquim torres	individual	Senior Masculino	01:30:29	+37:53	07:32
242	2124	Carlos Vieira	btt alegria / tubani	Senior Masculino	01:30:37	+38:02	07:33
243	2409	HUGO FILIPE LOPES DE JESUS	individual	Senior Masculino	01:30:38	+38:02	07:33
244	2599	Marco Carvalho	nascidos para correr	Senior Masculino	01:30:51	+38:15	07:34
245	2127	Ana Moreira	budeguita runners	Senior Feminino	01:31:09	+38:33	07:36
246	2378	António Fernandes	individual	Senior Masculino	01:31:17	+38:41	07:36
247	2080	Diogo Barbosa	amigos sem limites	Senior Masculino	01:31:18	+38:42	07:37
248	2421	Jorge Moutinho	individual	Senior Masculino	01:31:27	+38:52	07:37
249	2717	CECILIA MARTINS	pt jrsousa team	Senior Feminino	01:31:31	+38:56	07:38
250	2192	Liliana Rocha	ei team trail	Senior Feminino	01:31:43	+39:07	07:39
251	2322	Manuela Sousa	individual	Senior Feminino	01:31:47	+39:12	07:39
252	2205	Fernando Almeida	equipa João Ferreira	Senior Masculino	01:31:49	+39:14	07:39
253	2093	Paulo Miranda	amotinados trail	Senior Masculino	01:31:51	+39:16	07:39
254	2115	Rosa Carneiro	bitrunners	Senior Feminino	01:31:56	+39:20	07:40
255	2602	Graça Ribeiro	nocturnos de paredes	Senior Feminino	01:31:56	+39:20	07:40
256	2044	Marco Moreira	aliança de Gandra	Senior Masculino	01:31:56	+39:20	07:40
257	2831	João Moreira	Villa de Basto trail	Senior Masculino	01:31:59	+39:24	07:40
258	2698	Filipe Cardoso	porto sentido runners	Senior Masculino	01:32:03	+39:28	07:40
259	2784	BRUNO VALE	todos ao monte	Senior Masculino	01:32:06	+39:30	07:41
260	2785	DANIEL LOPES	todos ao monte	Senior Masculino	01:32:07	+39:31	07:41
261	2248	Pedro Rodrigues	Gondomar Futsal Clube	Senior Masculino	01:32:10	+39:34	07:41
262	1817	Jorge Armindo Silva	GDR Retorta	Senior Masculino	01:32:17	+39:42	07:41
263	2193	Márcia Coelho	ei team trail	Senior Feminino	01:32:18	+39:43	07:42
264	2291	Ester Pires Soares	individual	Senior Feminino	01:32:20	+39:45	07:42
265	2681	Tiago Silva	pm	Senior Masculino	01:32:22	+39:47	07:42
266	2146	Hélder Bruno Alves Amorim	Carros de Mato do Asfalto	Senior Masculino	01:32:23	+39:48	07:42
267	2373	Alfredo da Rocha Astorga Viana	individual	Senior Masculino	01:32:31	+39:56	07:43
268	2100	Adélia Costa	as trailers	Senior Feminino	01:32:37	+40:01	07:43
269	2723	Rosa Castro	ptc	Senior Feminino	01:32:53	+40:17	07:44
270	2809	Miguel Costa	trinca orelhas de gato	Senior Masculino	01:33:08	+40:32	07:46
271	2805	Carlos Conde	trinca orelhas de gato	Senior Masculino	01:33:08	+40:33	07:46

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
272	2804	Carlos Anjos	trinca orelhas de gato	Senior Masculino	01:33:08	+40:33	07:46
273	2379	ANTÓNIO JORGE RODRIGUES MOREIRA PINTO	individual	Senior Masculino	01:33:23	+40:47	07:47
274	2558	Joana Machado	mozelos runners	Senior Feminino	01:33:29	+40:54	07:47
275	2559	Sónia Santiago	mozelos runners	Senior Feminino	01:33:31	+40:55	07:48
276	2110	Diogo Ferreira	associação desportiva da efaced	Sub 23 Masculino	01:33:34	+40:59	07:48
277	2011	Rui Sá	10temidos	Senior Masculino	01:33:49	+41:14	07:49
278	2394	Daniel Jorge Rodrigues Amaral	individual	Senior Masculino	01:33:50	+41:15	07:49
279	2123	Sofia Ferreira	btt alegria / tubani	Senior Feminino	01:33:58	+41:23	07:50
280	2608	Luís Tiago Vieira	not fast just furious	Senior Masculino	01:34:09	+41:33	07:51
281	2471	Sérgio Coelho	individual	Senior Masculino	01:34:12	+41:37	07:51
282	2529	Salvador Santos	maisfit runners	Senior Masculino	01:34:15	+41:40	07:51
283	2160	Luís Augusto Alves de Sousa Leite	clube sem	Senior Masculino	01:34:30	+41:54	07:53
284	2102	Célia Alves	as trailers	Senior Feminino	01:34:31	+41:56	07:53
285	2046	Roberto Moreira	aliança de gandra	Senior Masculino	01:34:35	+41:59	07:53
286	2799	Abel Martins	trinca orelhas de gato	Senior Masculino	01:34:38	+42:02	07:53
287	2311	Laetitia Paulina Quiala	individual	Senior Feminino	01:34:39	+42:04	07:53
288	2440	Nuno Lamas	individual	Senior Masculino	01:34:42	+42:06	07:54
289	2678	Fabio marques	pm	Senior Masculino	01:34:45	+42:09	07:54
290	2763	Vania Alvitano	team fivami	Senior Feminino	01:34:48	+42:12	07:54
291	2721	NUNO SANTOS	pt jrsousa team	Senior Masculino	01:34:50	+42:14	07:54
292	2720	NATALIA SANTOS	pt jrsousa team	Senior Feminino	01:34:50	+42:15	07:54
293	2665	Daniel Pereira	pavanca	Senior Masculino	01:34:54	+42:18	07:55
294	2245	Mário Ribeiro	gondomar futsal clube	Senior Masculino	01:35:02	+42:26	07:55
295	2741	António Pinto	sai da frente	Senior Masculino	01:35:05	+42:29	07:55
296	2499	Pedro Duarte	kemedo team	Senior Masculino	01:35:10	+42:35	07:56
297	2445	Paulo Areal Sousa	individual	Senior Masculino	01:35:24	+42:49	07:57
298	2238	MARGARIDA SOUSA	ginasio fit4fun	Senior Feminino	01:35:29	+42:54	07:57
299	2496	Lúcia Nunes	kemedo team	Senior Feminino	01:35:38	+43:03	07:58
300	2493	Augusto Santos Silva	juventude cortegacense	Senior Masculino	01:35:52	+43:17	07:59
301	2153	Sara Barradas	challenge force	Senior Feminino	01:35:54	+43:19	08:00
302	2663	Adérito Videira	pavanca	Senior Masculino	01:36:02	+43:26	08:00
303	2098	Lurdes Moreira	as belas e eles	Senior Feminino	01:36:02	+43:27	08:00
304	2623	Cristiana Nogueira	one more mile	Senior Feminino	01:36:02	+43:27	08:00
305	2037	Natalia Moreira	aliança de gandra	Senior Feminino	01:36:08	+43:32	08:01
306	2094	Telmo Costa	amotinados trail	Senior Masculino	01:36:10	+43:34	08:01
307	2452	Pedro Nuno Nunes	individual	Senior Masculino	01:36:11	+43:36	08:01
308	2682	Berta Ferreira	porto sentido runners	Senior Feminino	01:36:12	+43:36	08:01
309	2254	Monica Borges	gtt - armazém do caffè	Senior Feminino	01:36:32	+43:56	08:03
310	2609	Pedro Torres	not fast just furious	Senior Masculino	01:36:36	+44:01	08:03
311	2187	Nuno Silva	ddt runners	Senior Masculino	01:36:45	+44:10	08:04
312	2837	Jorge Silva	é pro cumbibiu	Senior Masculino	01:36:46	+44:11	08:04
313	2476	Sérgio Pereira	individual	Senior Masculino	01:36:55	+44:19	08:05
314	2203	SANDRA CUNHA	equipa joão ferreira	Senior Feminino	01:37:07	+44:32	08:06
315	2357	Sónia Pereira	individual	Senior Feminino	01:37:20	+44:44	08:07
316	2450	Pedro Faria	individual	Senior Masculino	01:37:37	+45:02	08:08

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12 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
317	2355	Sónia Correia	individual	Senior Feminino	01:37:47	+45:11	08:09
318	1186	CLAÚDIA CUNHA	equipa João Ferreira	Senior Feminino	01:37:50	+45:15	08:09
319	1188	ISABEL PINTO	equipa João Ferreira	Senior Feminino	01:37:51	+45:15	08:09
320	2032	Fernada Leal	aliança de Gandra	Senior Feminino	01:37:57	+45:22	08:10
321	2719	Ligia Freitas	pt jr Sousa team	Senior Feminino	01:38:05	+45:30	08:10
322	2731	Samuel Nogueira	ptc	Senior Masculino	01:38:13	+45:37	08:11
323	2453	Pedro Pereira	individual	Senior Masculino	01:38:20	+45:45	08:12
324	2443	Patricia Moreira	individual	Senior Masculino	01:38:24	+45:48	08:12
325	2259	Ana Cristina da Silva Pinto	individual	Senior Feminino	01:38:25	+45:50	08:12
326	2076	Patrícia Conceição	amigos sem limites	Senior Feminino	01:38:26	+45:50	08:12
327	2318	Mafalda Luís	individual	Senior Feminino	01:38:29	+45:53	08:12
328	2260	Ana Ferreira	individual	Senior Feminino	01:38:29	+45:53	08:12
329	2310	Joana Pinheiro	individual	Senior Feminino	01:38:30	+45:55	08:13
330	2860	Paulo Fernandes	Gondomar Futsal Clube	Senior Masculino	01:38:31	+45:55	08:13
331	2241	Fábio Silva	Gondomar Futsal Clube	Senior Masculino	01:38:31	+45:55	08:13
332	2555	César Pumpinho	mountain runners	Senior Masculino	01:38:34	+45:58	08:13
333	2214	Manuel Rocha	fast ao km	Senior Masculino	01:38:38	+46:02	08:13
334	2446	Paulo Ferreira	individual	Senior Masculino	01:38:38	+46:03	08:13
335	2622	Manuel Moreira	ofrunning	Senior Masculino	01:38:41	+46:05	08:13
336	2528	José Nunes	Maisfit Runners	Senior Masculino	01:38:49	+46:13	08:14
337	2264	Ana Paula Teixeira	individual	Senior Feminino	01:38:54	+46:18	08:15
338	1189	MARIA FONSECA	equipa João Ferreira	Senior Feminino	01:38:57	+46:21	08:15
339	2542	Sonia Gilvaz	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	01:38:58	+46:23	08:15
340	2832	Branca Marques	Gondomar Futsal Clube	Senior Feminino	01:39:28	+46:53	08:17
341	2852	Veronica Vieira	reumatico	Senior Feminino	01:39:36	+47:01	08:18
342	2692	Vera Lúcia Sousa	Porto Sentido Runners	Senior Feminino	01:39:44	+47:08	08:19
343	2071	Clara Teixeira	amigos sem limites	Senior Feminino	01:39:50	+47:15	08:19
344	2079	Alcino Silva	amigos sem limites	Senior Masculino	01:39:51	+47:16	08:19
345	2437	Miguel Rufino	individual	Senior Masculino	01:39:52	+47:16	08:19
346	2025	Sandra Alago	Alago's team	Senior Feminino	01:40:07	+47:31	08:21
347	2629	Fernanda Castelo	os aventureiros	Senior Feminino	01:40:08	+47:33	08:21
348	2346	Sandra Mendes	individual	Senior Feminino	01:40:11	+47:35	08:21
349	2089	Iolanda Machado	Amotinados Trail	Senior Feminino	01:40:28	+47:52	08:22
350	2830	Mafalda Alves	USF TS	Sub 23 Feminino	01:41:02	+48:26	08:25
351	2823	Monica Magalhaes	USF TS	Senior Feminino	01:41:03	+48:27	08:25
352	2152	Adriana Neves	challenge force	Senior Feminino	01:41:04	+48:28	08:25
353	2359	Susana Latourrette	individual	Senior Feminino	01:41:05	+48:30	08:25
354	2135	Sandra Soares	butterfly	Senior Feminino	01:41:09	+48:34	08:26
355	2364	TERESA MAIAS	individual	Senior Feminino	01:41:13	+48:38	08:26
356	2236	Natercia Teixeira	generosos runners	Senior Feminino	01:41:24	+48:48	08:27
357	2334	Marta Mota	individual	Senior Feminino	01:41:27	+48:51	08:27
358	2478	Valdemar Mota	individual	Senior Masculino	01:41:27	+48:52	08:27
359	2283	Daniela Queirós	individual	Senior Feminino	01:41:29	+48:54	08:27
360	2776	Maria Alves	team shark	Senior Feminino	01:41:36	+49:00	08:28
361	2834	Alice Coelho	é pro cumbibiu	Senior Feminino	01:41:37	+49:01	08:28
362	2646	Marta Duarte	outsiders trail team	Senior Feminino	01:41:38	+49:03	08:28

MINI TRILHOS 12KM - STAGE 1

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
363	2854	Sofia Naldinho	team lantemil	Senior Feminino	01:41:46	+49:11	08:29
364	2521	Diana Pinto	maisfit runners	Senior Feminino	01:42:07	+49:32	08:31
365	2526	João Costa	maisfit runners	Senior Masculino	01:42:07	+49:32	08:31
366	2154	CARLOS CASTRO	ciclotainadas	Senior Masculino	01:42:09	+49:33	08:31
367	2155	Domingos Bastos	ciclotainadas	Senior Masculino	01:42:09	+49:33	08:31
368	2122	Patrícia Pinto	btt alegria / tubani	Senior Feminino	01:42:11	+49:36	08:31
369	2836	Mafalda Rodrigues	é pro cumbibiu	Senior Feminino	01:42:15	+49:39	08:31
370	2399	Fernando Tavares	individual	Senior Masculino	01:42:24	+49:49	08:32
371	2384	Bruno Rodrigues	individual	Senior Masculino	01:42:32	+49:57	08:33
372	2064	Carina Gonçalves Ferreira	amigos do pedal trailagares	Sub 23 Feminino	01:42:33	+49:58	08:33
373	2225	sandra oliveira	fun people	Senior Feminino	01:42:36	+50:01	08:33
374	2633	Manuel Moura	os barriguitas	Senior Masculino	01:42:40	+50:04	08:33
375	2368	verónica maia	individual	Senior Feminino	01:42:41	+50:05	08:33
376	2006	José Saraiva	10temidos	Senior Masculino	01:42:47	+50:12	08:34
377	2004	Diana Gonçalves	10temidos	Senior Feminino	01:42:48	+50:12	08:34
378	2422	Jose Eduardo Ferreira Moreira	individual	Senior Masculino	01:42:51	+50:15	08:34
379	2849	João Moreira	individual	Senior Masculino	01:42:51	+50:16	08:34
380	2317	Luisa Pinelo	individual	Senior Feminino	01:42:53	+50:18	08:34
381	2676	Isidro Silva	pipb	Senior Masculino	01:42:57	+50:22	08:35
382	2338	Patricia Ferreira	individual	Senior Feminino	01:43:20	+50:45	08:37
383	2148	Ricardo Manuel Oliveira	carros de mato do asfalto	Senior Masculino	01:43:27	+50:52	08:37
384	2143	Elisabete AlvesSilva	carros de mato do asfalto	Senior Feminino	01:43:27	+50:52	08:37
385	2707	Vitor Martins	porto sentido runners	Senior Masculino	01:43:33	+50:58	08:38
386	2695	Bruno Ricardo Marques Guedes	porto sentido runners	Senior Masculino	01:43:34	+50:58	08:38
387	2380	ARMINDO SERRA MARTINS DOS SANTOS	individual	Senior Masculino	01:43:34	+50:58	08:38
388	2095	Cláudia Ribeiro	arejarocapacete	Senior Feminino	01:43:45	+51:09	08:39
389	2088	Helena Pinto	amotinados trail	Senior Feminino	01:43:46	+51:11	08:39
390	2430	Luís Pedro Pereira Teixeira	individual	Senior Masculino	01:43:51	+51:16	08:39
391	2689	Sandra Mascarenhas	porto sentido runners	Senior Feminino	01:43:52	+51:16	08:39
392	2814	Sergio Rocha	trinca orelhas de gato	Senior Masculino	01:43:52	+51:16	08:39
393	2290	Elisabete Susana da Silva Monteiro	individual	Senior Feminino	01:43:56	+51:20	08:40
394	2092	Miguel Edmundo	amotinados trail	Senior Masculino	01:43:59	+51:24	08:40
395	2658	Sonia Silva	paredes running	Senior Feminino	01:44:04	+51:29	08:40
396	2354	Sónia Bastos	individual	Senior Feminino	01:44:05	+51:30	08:40
397	2275	Carla Teixeira	individual	Senior Feminino	01:44:10	+51:35	08:41
398	2200	INÊS RIBEIRO	equipa João Ferreira	Senior Feminino	01:44:11	+51:35	08:41
399	2562	Joaquim Pereira	mozelos runners	Senior Masculino	01:44:13	+51:37	08:41
400	2069	Diogo Oliveira	amigos do santo ambrósio	Senior Masculino	01:44:21	+51:45	08:42
401	2034	Fernanda Oliveira	aliança de gandra	Senior Feminino	01:44:26	+51:50	08:42
402	2096	Natália Ribeiro	arejarocapacete	Senior Feminino	01:44:29	+51:53	08:42
403	2372	Alexandre Filipe Vieira Valente	individual	Senior Masculino	01:44:30	+51:54	08:43
404	2097	Raquel Moura	arejarocapacete	Senior Feminino	01:44:36	+52:01	08:43
405	2136	Cátia Francisco	caderneta de cromos	Senior Feminino	01:44:45	+52:09	08:44
406	2362	Susana Vidal Pereira	individual	Senior Feminino	01:45:05	+52:30	08:45
407	2209	Pedro Torres Ferreira	factor x / s4l / medensefc	Senior Masculino	01:45:18	+52:42	08:47

MINI TRILHOS 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
408	2252	Aida Linhares	glt - armazém do caffè	Senior Feminino	01:45:42	+53:07	08:49
409	2576	Alvaro Silva	mss contabilidade	Senior Masculino	01:45:44	+53:08	08:49
410	2139	Elisabete Mota Silva	camir	Senior Feminino	01:45:44	+53:09	08:49
411	2367	Vera Monica Mendes Carvalho	individual	Senior Feminino	01:45:46	+53:10	08:49
412	2256	Ana Alexandra Azeredo e Vasconcelos	individual	Senior Feminino	01:45:46	+53:10	08:49
413	2819	Ana Alves	usf ts	Senior Feminino	01:45:50	+53:14	08:49
414	2673	Pedro Monteiro	pedro miguel	Senior Masculino	01:46:00	+53:24	08:50
415	2537	Isabel Cristina Silva Manadas	monte dos amigos/juventude ribeiras	Senior Feminino	01:46:03	+53:28	08:50
416	2166	Ana Duarte	correr leça	Senior Feminino	01:46:32	+53:56	08:53
417	2015	Gisela Almeida	8.2 team	Senior Feminino	01:46:43	+54:08	08:54
418	2014	Ana Álvares	8.2 team	Senior Feminino	01:46:43	+54:08	08:54
419	2016	Carlos Pereira	8.2 team	Senior Masculino	01:46:44	+54:08	08:54
420	2773	Alice Magalhães	team shark	Senior Feminino	01:47:00	+54:25	08:55
421	2768	Cristiana Machado Martins	team lanthemil	Senior Feminino	01:47:12	+54:36	08:56
422	2618	Pedro Caliano	obra abc	Senior Masculino	01:47:16	+54:41	08:56
423	2524	Patrícia Silva	maisfit runners	Senior Feminino	01:47:29	+54:54	08:57
424	2520	Catarina Saraiva	maisfit runners	Senior Feminino	01:47:29	+54:54	08:57
425	2212	Silvia Castelo	fordetas	Senior Feminino	01:47:36	+55:00	08:58
426	2213	José Neves Castelo	fordetas	Senior Masculino	01:47:36	+55:00	08:58
427	2314	Liliana Marisa Gonçalves Pereira	individual	Senior Feminino	01:47:39	+55:04	08:58
428	2061	Susana Marisa da Cunha Melo Leal	amigos do pedal trailagares	Senior Feminino	01:47:43	+55:07	08:59
429	2055	Ana Rita Nogueira Coelho	amigos do pedal trailagares	Senior Feminino	01:47:44	+55:09	08:59
430	2062	Telma Filipa Teixeira Rocha	amigos do pedal trailagares	Senior Feminino	01:47:45	+55:09	08:59
431	2401	francisco mendes	individual	Senior Masculino	01:47:50	+55:15	08:59
432	2572	Rute Moreira	mss contabilidade	Senior Feminino	01:47:52	+55:17	08:59
433	2628	Angelo Fernandes	os atrasados	Senior Masculino	01:47:59	+55:23	09:00
434	2587	Valter Ramos	mss contabilidade	Senior Masculino	01:47:59	+55:24	09:00
435	2423	José Eduardo Fonseca de Sousa	individual	Senior Masculino	01:48:00	+55:25	09:00
436	2294	Fátima Teixeira	individual	Senior Feminino	01:48:01	+55:25	09:00
437	2223	anabela barata	fun people	Senior Feminino	01:48:01	+55:25	09:00
438	2638	marisa carla reis marques correia de sousa	os turbomula	Senior Feminino	01:48:14	+55:39	09:01
439	2426	jose pereira pinto	individual	Senior Masculino	01:48:24	+55:49	09:02
440	2286	edite de matos vilar	individual	Senior Feminino	01:48:25	+55:49	09:02
441	2641	Brigida Duarte	osfazconta	Senior Feminino	01:48:26	+55:50	09:02
442	2074	Liliana Loreiro	amigos sem limites	Senior Feminino	01:48:28	+55:53	09:02
443	2073	Joana Oliveira	amigos sem limites	Senior Feminino	01:48:28	+55:53	09:02
444	2325	Maria Fernanda Jorge Baltarejo	individual	Senior Feminino	01:48:43	+56:07	09:04
445	2024	Elisabete Pereira	alago's team	Senior Feminino	01:48:43	+56:08	09:04
446	2714	MANUEL PEREIRA	portocargo	Senior Masculino	01:48:50	+56:15	09:04
447	2662	paulo cunha	patas negras	Senior Masculino	01:48:56	+56:20	09:05
448	2794	Sérgio Pereira	trepatrihos trail team	Senior Masculino	01:48:57	+56:21	09:05
449	2793	Pedro Sousa	trepatrihos trail team	Senior Masculino	01:48:57	+56:22	09:05
450	2406	Guilherme Teixeira	individual	Senior Masculino	01:49:06	+56:31	09:06
451	2404	Germano Moura	individual	Senior Masculino	01:49:07	+56:31	09:06
452	2298	Filipa Namora	individual	Senior Feminino	01:49:11	+56:36	09:06

MINI TRILHOS 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
453	2659	Antero Bessa	paredes running	Senior Masculino	01:49:17	+56:42	09:06
454	2147	Paulo Alexandre Vieira Pinto	carros de mato do asfalto	Senior Masculino	01:49:18	+56:42	09:07
455	2651	Celeste Lopes	paredes running	Senior Feminino	01:49:18	+56:42	09:07
456	2145	Fábio André Dias da Rocha	carros de mato do asfalto	Senior Masculino	01:49:18	+56:43	09:07
457	2144	Bruno Vieira Pinto	carros de mato do asfalto	Senior Masculino	01:49:19	+56:43	09:07
458	2457	Ricardo Amaral	individual	Senior Masculino	01:49:25	+56:50	09:07
459	2382	Bruno Pereira	individual	Senior Masculino	01:49:27	+56:52	09:07
460	2449	Paulo Santos	individual	Senior Masculino	01:49:27	+56:52	09:07
461	2826	Jose ALves	usf ts	Senior Masculino	01:49:28	+56:52	09:07
462	2235	Maria Pinto	generosos runners	Senior Feminino	01:49:59	+57:23	09:10
463	2237	Rodrigo Ferraz	generosos runners	Senior Masculino	01:49:59	+57:23	09:10
464	2159	PEdro Oliveira	clube galp energia norte	Senior Masculino	01:50:00	+57:24	09:10
465	2302	ines nogueira	individual	Senior Feminino	01:50:16	+57:40	09:11
466	2586	Sérgio Ferreira	mss contabilidade	Senior Masculino	01:50:16	+57:40	09:11
467	2553	Sandra Carvalho	mountain runners	Senior Feminino	01:50:43	+58:08	09:14
468	2002	claudia moura	10temidos	Senior Feminino	01:50:55	+58:19	09:15
469	2182	susana almeida	danados	Senior Feminino	01:50:56	+58:20	09:15
470	2199	INES ALMEIDA	equipa joão ferreira	Senior Feminino	01:50:59	+58:24	09:15
471	2610	Rogério Oliveira	not fast just furious	Senior Masculino	01:51:04	+58:28	09:15
472	2068	Paula Barros	amigos do santo ambrósio	Senior Feminino	01:51:05	+58:29	09:15
473	1057	Marta Liliana Duarte Carvalho	arcorun	Senior Feminino	01:51:06	+58:30	09:16
474	2759	Maria Cândida Rodrigues	taylors325	Senior Feminino	01:51:07	+58:31	09:16
475	2477	Tiago André Moreira Carneiro	individual	Senior Masculino	01:51:16	+58:41	09:16
476	2761	Vanda Miranda	taylors325	Senior Feminino	01:51:19	+58:43	09:17
477	2473	Sérgio Filipe Pereira	individual	Senior Masculino	01:51:20	+58:44	09:17
478	2712	LAURA VIEIRA	portocargo	Senior Feminino	01:51:26	+58:51	09:17
479	2312	Leonilde Macedo	individual	Senior Feminino	01:51:28	+58:52	09:17
480	2686	Helena Moreira	porto sentido runners	Senior Feminino	01:51:39	+59:04	09:18
481	2090	Sandra Tomas	amotinados trail	Senior Feminino	01:51:43	+59:07	09:19
482	2827	Rui Coelho	usf ts	Senior Masculino	01:51:44	+59:08	09:19
483	2316	Luísa Nogueira	individual	Senior Feminino	01:51:53	+59:17	09:19
484	2363	Tânia Sofia Cardoso Ribeiro Rebelo	individual	Senior Feminino	01:51:58	+59:23	09:20
485	2253	Ana Paula Varela	glt - armazém do caffè	Senior Feminino	01:52:02	+59:26	09:20
486	2120	Cristina Pinto	btt alegria / tubani	Senior Feminino	01:52:09	+59:33	09:21
487	2466	Rui Manuel Mota Fontes Rebelo	individual	Senior Masculino	01:52:21	+59:45	09:22
488	2767	Catalina Badeo Rebelo	team lanthemil	Senior Feminino	01:52:24	+59:48	09:22
489	2766	Carla Sofia Araújo	team lanthemil	Senior Feminino	01:52:24	+59:48	09:22
490	2764	Ana Martins	team lanthemil	Senior Feminino	01:52:24	+59:49	09:22
491	2519	Branca Arrobas	maisfit runners	Senior Feminino	01:52:34	+59:58	09:23
492	2522	Filipa Pinto	maisfit runners	Senior Feminino	01:52:34	+59:58	09:23
493	2150	Branca Nabais	ccdfpjp	Senior Feminino	01:52:36	+01:00:00	09:23
494	2105	Sara Rocha	as trailers	Senior Feminino	01:52:43	+01:00:07	09:24
495	2820	Estela Oliveira	usf ts	Senior Feminino	01:52:45	+01:00:09	09:24
496	2360	Susana Moreira	individual	Senior Feminino	01:52:50	+01:00:15	09:24
497	2371	Alberto Barros	individual	Senior Masculino	01:52:56	+01:00:20	09:25

MINI TRILHOS 12KM - STAGE 1

12 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
498	2502	Maria Jesus	leões de tardariz trail	Senior Feminino	01:53:14	+01:00:39	09:26
499	2510	José Castro	leões de tardariz trail	Senior Masculino	01:53:14	+01:00:39	09:26
500	2617	José Guilherme Gouveia	obra abc	Senior Masculino	01:53:32	+01:00:57	09:28
501	2611	Ana Raquel Cruz	obra abc	Senior Feminino	01:53:33	+01:00:58	09:28
502	2650	Ana Ferreira	paredes running	Senior Feminino	01:53:35	+01:01:00	09:28
503	2710	DULCE RESENDE	portocargo	Senior Feminino	01:53:50	+01:01:15	09:29
504	2082	Ricardo Lascasas	amigos sem limites	Senior Masculino	01:53:59	+01:01:23	09:30
505	2448	Paulo Manuel Monteiro de carvalho	individual	Senior Masculino	01:54:07	+01:01:31	09:3
506	2320	Manuela Costa Barros	individual	Senior Feminino	01:54:08	+01:01:33	09:31
507	2056	Carmen Moreira	amigos do pedal trailagares	Senior Feminino	01:54:15	+01:01:39	09:31
508	2288	Elisabete Estrela	individual	Senior Feminino	01:54:36	+01:02:00	09:33
509	2352	Sílvia Pires	individual	Senior Feminino	01:54:36	+01:02:01	09:33
510	2030	Carla Sousa	aliança de gandra	Senior Feminino	01:54:39	+01:02:04	09:33
511	2410	Isaac Batista Pereira	individual	Senior Masculino	01:54:43	+01:02:07	09:34
512	2232	Ana Paula Ferreira	generosos runners	Senior Feminino	01:54:45	+01:02:10	09:34
513	2429	Luís Alves	individual	Senior Masculino	01:55:04	+01:02:28	09:35
514	2202	RITA GONÇALVES	equipa joão ferreira	Senior Feminino	01:55:09	+01:02:33	09:36
515	2829	Vitor Teixeira	usf ts	Senior Masculino	01:55:14	+01:02:39	09:36
516	2185	Marina Ramalho	ddt runners	Senior Feminino	01:55:15	+01:02:40	09:36
517	2340	Paula Alexandra Pinto	individual	Senior Feminino	01:55:33	+01:02:58	09:38
518	2301	Francisca Martins	individual	Senior Feminino	01:55:40	+01:03:05	09:38
519	2755	Lénio Fernando Nogueira Marinho	tartarugas do asfalto	Senior Masculino	01:55:41	+01:03:05	09:38
520	2031	Fátima Ramos	aliança de gandra	Senior Feminino	01:55:46	+01:03:11	09:39
521	2708	Rui Moreira	porto sentido runners	Sub 23 Masculino	01:55:46	+01:03:11	09:39
522	2702	Joaquim Moreira	porto sentido runners	Senior Masculino	01:55:46	+01:03:11	09:39
523	2345	Sandra Cristina Lourenço Lopes	individual	Senior Feminino	01:55:47	+01:03:12	09:39
524	2035	Joana Soares	aliança de gandra	Senior Feminino	01:55:49	+01:03:13	09:39
525	1135	Elsa Ribeiro	clube galp energia norte	Senior Feminino	01:56:10	+01:03:34	09:41
526	1136	Rui Sequeira	clube galp energia norte	Senior Masculino	01:56:10	+01:03:35	09:41
527	2201	INÊS SOARES	equipa joão ferreira	Senior Feminino	01:56:22	+01:03:47	09:42
528	2103	Paula Afonso	as trailers	Senior Feminino	01:56:27	+01:03:51	09:42
529	2104	Paula Santos	as trailers	Senior Feminino	01:56:27	+01:03:51	09:42
530	2397	fernando ferraz	individual	Senior Masculino	01:56:32	+01:03:56	09:43
531	2258	Ana Carvalho	individual	Senior Feminino	01:56:46	+01:04:11	09:44
532	2535	Angela Dias	monte dos amigos/juventude ribeiras	Senior Feminino	01:56:56	+01:04:21	09:45
533	2543	Angelo Faustino	monte dos amigos/juventude ribeiras	Senior Masculino	01:56:57	+01:04:22	09:45
534	2419	JORGE CALDAS	individual	Senior Masculino	01:56:59	+01:04:24	09:45
535	2420	Jorge Lima	individual	Senior Masculino	01:57:12	+01:04:37	09:46
536	2343	Rosa Casimiro	individual	Senior Feminino	01:57:12	+01:04:37	09:46
537	2353	Sílvia Portugal	individual	Senior Feminino	01:57:20	+01:04:44	09:47
538	2117	Raquel Claudino	bruno sempre	Senior Feminino	01:57:23	+01:04:47	09:47
539	2549	ROSA COSTA	moreira relax runners	Senior Feminino	01:57:39	+01:05:03	09:48
540	2679	José Pereira	pm	Senior Masculino	01:58:27	+01:05:51	09:52
541	2746	Carlos Cunha	só descidas!!	Senior Masculino	01:58:29	+01:05:54	09:52
542	2315	Liliana Marques	individual	Senior Feminino	01:58:48	+01:06:13	09:54
543	2285	Diana Ribeiro	individual	Senior Feminino	01:58:58	+01:06:23	09:55

MINI TRILHOS 12KM - STAGE 1

12 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
544	2515	Marco Oliveira	leões de tardariz trail	Senior Masculino	01:59:17	+01:06:42	09:56
545	2003	Cristina Cabeda	10temidos	Senior Feminino	01:59:34	+01:06:59	09:58
546	2007	Manuel Gonçalves	10temidos	Senior Masculino	01:59:34	+01:06:59	09:58
547	2059	Madalena Amélia Soares Nogueira	amigos do pedal trailagares	Senior Feminino	01:59:42	+01:07:06	09:59
548	2057	Cátia Sofia Rodrigues Oliveira	amigos do pedal trailagares	Senior Feminino	01:59:42	+01:07:07	09:59
549	2058	Guilhermina Maria Vieira Pinto Rocha	amigos do pedal trailagares	Senior Feminino	01:59:44	+01:07:09	09:59
550	2313	LILIANA LEAL	individual	Senior Feminino	01:59:54	+01:07:18	10:00
551	2181	anita silva	danados	Senior Feminino	02:00:01	+01:07:25	10:00
552	2134	Fátima Santos	butterfly	Senior Feminino	02:00:01	+01:07:25	10:00
553	2835	Paulo Correia	é pro cumbibiu	Senior Masculino	02:00:18	+01:07:42	10:02
554	1422	DÚLIA REIS	individual	Senior Feminino	02:00:25	+01:07:49	10:02
555	2769	Liliana Escudeiro	team lantemil	Senior Feminino	02:00:30	+01:07:54	10:03
556	2771	Raquel Neiva	team lantemil	Senior Feminino	02:00:30	+01:07:54	10:03
557	2500	Andreia Carvalho	la zinco	Senior Feminino	02:00:31	+01:07:55	10:03
558	2751	Paulo Barbosa	só descidas!!	Senior Masculino	02:00:38	+01:08:02	10:03
559	2747	César Coelho	só descidas!!	Senior Masculino	02:00:38	+01:08:02	10:03
560	1110	Joaquim Pereira	btt alegria / tubani	Senior Masculino	02:00:39	+01:08:04	10:03
561	2745	Marta Oliveira	só descidas!!	Senior Feminino	02:00:44	+01:08:08	10:04
562	2748	Isolino Coelho	só descidas!!	Senior Masculino	02:00:45	+01:08:09	10:04
563	2744	Liliana Lopes	só descidas!!	Senior Feminino	02:00:45	+01:08:10	10:04
564	2743	Carla Alves	só descidas!!	Senior Feminino	02:00:46	+01:08:10	10:04
565	2640	Adriana Duarte	osfazconta	Senior Feminino	02:00:48	+01:08:12	10:04
566	2501	Joana Ferreira	la zinco	Sub 23 Feminino	02:00:51	+01:08:15	10:04
567	2299	Filomena Ferreira	individual	Senior Feminino	02:01:04	+01:08:29	10:05
568	2655	Luisa Pacheco	paredes running	Senior Feminino	02:01:16	+01:08:40	10:06
569	2078	Vera Silva	amigos sem limites	Senior Feminino	02:01:17	+01:08:41	10:06
570	2505	Álpio Silva	leões de tardariz trail	Senior Masculino	02:01:22	+01:08:47	10:07
571	2503	Rute	leões de tardariz trail	Senior Feminino	02:01:22	+01:08:47	10:07
572	2219	fernanda frança	frança	Senior Feminino	02:01:35	+01:08:59	10:08
573	2347	Sandra Quintas	individual	Senior Feminino	02:02:11	+01:09:36	10:11
574	2498	Luis Gomes	kemedo team	Senior Masculino	02:02:27	+01:09:51	10:12
575	2365	Teresa Montenegro	individual	Senior Feminino	02:02:30	+01:09:54	10:13
576	2787	Ana Chaves	trailistas "eu é que sei!"	Senior Feminino	02:02:40	+01:10:05	10:13
577	2506	Damião Pontes	leões de tardariz trail	Senior Masculino	02:02:49	+01:10:14	10:14
578	2381	Bruno Daniel da Silva Sousa	individual	Senior Masculino	02:03:01	+01:10:25	10:15
579	2218	Ricardo A. Silva Sousa	ffit gaia trail	Senior Masculino	02:03:02	+01:10:26	10:15
580	2656	Manuela Costa	paredes running	Senior Feminino	02:03:33	+01:10:57	10:18
581	2652	Liliana Sousa	paredes running	Senior Feminino	02:03:34	+01:10:58	10:18
582	2326	Maria Filomena Venâncio Lopes Marcelo	individual	Senior Feminino	02:04:04	+01:11:29	10:20
583	2329	Marília Paiva	individual	Senior Feminino	02:04:07	+01:11:32	10:21
584	2119	Claudia Carmo	btt alegria / tubani	Senior Feminino	02:04:20	+01:11:45	10:22
585	2215	Carla Manuela Mendes Ferreira	ffit gaia trail	Senior Feminino	02:04:23	+01:11:47	10:22
586	2217	Bruno Miguel Santos Rocha	ffit gaia trail	Senior Masculino	02:04:23	+01:11:47	10:22
587	2403	Gabriel dos Anjos Pires	individual	Senior Masculino	02:04:23	+01:11:48	10:22
588	2216	Sara Pereira	ffit gaia trail	Senior Feminino	02:04:24	+01:11:48	10:22

MINI TRILHOS 12KM - STAGE 1

12 KM

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OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
589	2725	Andrei Damiean	ptc	Senior Masculino	02:04:25	+01:11:50	10:22
590	2583	Luís Santos	mss contabilidade	Senior Masculino	02:04:31	+01:11:55	10:23
591	2273	Carina Monteiro	individual	Senior Feminino	02:04:41	+01:12:05	10:23
592	2690	Suzete Correia	porto sentido runners	Senior Feminino	02:04:52	+01:12:16	10:24
593	2688	Raquel Martins	porto sentido runners	Senior Feminino	02:04:52	+01:12:16	10:24
594	2788	Margarida Faria	trailistas "eu é que sei!"	Senior Feminino	02:04:53	+01:12:18	10:24
595	2361	Susana Recarei	individual	Senior Feminino	02:04:58	+01:12:23	10:25
596	2324	Maria Alice Carvalho	individual	Senior Feminino	02:05:10	+01:12:35	10:26
597	2833	Patrícia Santos	gondomar futsal clube	Senior Feminino	02:05:13	+01:12:38	10:26
598	2412	Ivo Almeida	individual	Senior Masculino	02:05:29	+01:12:54	10:27
599	2331	MARLENE ALEXANDRA TELES ANDRADE RODRIGUES	individual	Senior Feminino	02:05:29	+01:12:54	10:27
600	2008	Paulo Ribeiro	10temidos	Senior Masculino	02:05:37	+01:13:02	10:28
601	2693	Angelo Vidal	porto sentido runners	Senior Masculino	02:05:37	+01:13:02	10:28
602	2684	Cristina Silva	porto sentido runners	Senior Feminino	02:05:38	+01:13:02	10:28
603	2691	Teresa Moreira	porto sentido runners	Senior Feminino	02:05:38	+01:13:03	10:28
604	2567	Inês Santos	mss contabilidade	Senior Feminino	02:05:42	+01:13:06	10:29
605	2336	Mónica Sequeira Jesus	individual	Senior Feminino	02:05:47	+01:13:12	10:29
606	2341	Paula Pinto	individual	Senior Feminino	02:05:47	+01:13:12	10:29
607	2106	Silvana Pereira	as trailers	Senior Feminino	02:05:51	+01:13:16	10:29
608	2167	Ana Rocha	correr leça	Senior Feminino	02:05:55	+01:13:20	10:30
609	2087	Guilhermina Temporão	amotinados trail	Senior Feminino	02:06:01	+01:13:26	10:30
610	2169	Luisa Pereira	correr leça	Senior Feminino	02:06:14	+01:13:39	10:31
611	2170	Marisa Silva	correr leça	Senior Feminino	02:06:29	+01:13:54	10:32
612	2054	Alice Silva	amigos do pedal trailagares	Senior Feminino	02:07:24	+01:14:48	10:37
613	2627	Paulo Santos	os aceleras	Senior Masculino	02:07:51	+01:15:16	10:39
614	2279	Cristina Almeida	individual	Senior Feminino	02:07:56	+01:15:20	10:40
615	2626	Camila Pinto	os aceleras	Senior Feminino	02:07:56	+01:15:21	10:40
616	2590	Igor Rocha	mss contabilidade	Sub 23 Masculino	02:08:06	+01:15:31	10:41
617	2036	Luísa Rocha	aliança de gandra	Senior Feminino	02:08:13	+01:15:37	10:41
618	2038	Rosa Soares	aliança de gandra	Senior Feminino	02:08:14	+01:15:39	10:41
619	2186	Bruno Cardoso	ddt runners	Senior Masculino	02:08:23	+01:15:48	10:42
620	2226	jorge oliveira	fun people	Senior Masculino	02:08:49	+01:16:14	10:44
621	2811	Nuno Barros	trinca orelhas de gato	Senior Masculino	02:08:56	+01:16:20	10:45
622	2571	Raquel Marques	mss contabilidade	Senior Feminino	02:08:59	+01:16:23	10:45
623	2786	Vânia Santos	trail sra do salto	Senior Feminino	02:09:01	+01:16:26	10:45
624	2716	Candida Amorim	pt jrsousa team	Senior Feminino	02:09:14	+01:16:39	10:46
625	2718	HELENA CARDOSO	pt jrsousa team	Senior Feminino	02:09:15	+01:16:40	10:46
626	2782	SUSANA FERNANDES	todos ao monte	Senior Feminino	02:09:21	+01:16:45	10:47
627	2207	Nuno Tavares Marques	espaço saúde	Sub 23 Masculino	02:09:21	+01:16:46	10:47
628	2171	João Tomé	correr leça	Senior Masculino	02:09:24	+01:16:49	10:47
629	2168	Laura Neves	correr leça	Senior Feminino	02:09:24	+01:16:49	10:47
630	2653	Lucia Cunha	paredes running	Senior Feminino	02:09:37	+01:17:02	10:48
631	2660	Luis Ribeiro	paredes running	Senior Masculino	02:09:38	+01:17:02	10:48
632	2654	Lucinda Marques	paredes running	Senior Feminino	02:09:39	+01:17:03	10:48
633	2133	Cristina Soares	butterfly	Senior Feminino	02:09:39	+01:17:04	10:48

MINI TRILHOS 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
634	2224	Carla Oliveira	fun people	Senior Feminino	02:09:41	+01:17:06	10:48
635	2635	Rosinda Macedo	os caga tacos running team	Senior Feminino	02:09:47	+01:17:11	10:49
636	2636	António Macedo	os caga tacos running team	Senior Masculino	02:09:47	+01:17:11	10:49
637	2757	Tiago Aguiar	tascumpressa	Senior Masculino	02:10:18	+01:17:43	10:52
638	2756	Regina Sá	tascumpressa	Senior Feminino	02:10:19	+01:17:43	10:52
639	2265	Ana Rita Duarte	individual	Senior Feminino	02:10:29	+01:17:53	10:52
640	2293	Fatima Sousa	individual	Senior Feminino	02:10:37	+01:18:02	10:53
641	2132	Ana Mendes	butterfly	Senior Feminino	02:10:44	+01:18:08	10:54
642	2296	Fernanda Maria Moreira Leal	individual	Senior Feminino	02:10:51	+01:18:16	10:54
643	2511	José Ferreira	leões de tardariz trail	Senior Masculino	02:11:27	+01:18:52	10:57
644	2507	Gualter Castro	leões de tardariz trail	Senior Masculino	02:11:28	+01:18:53	10:57
645	2516	Sandro Oliveira	leões de tardariz trail	Senior Masculino	02:11:28	+01:18:53	10:57
646	2736	Carla Silva	reumáticos dos trilhos	Senior Feminino	02:11:32	+01:18:57	10:58
647	2645	Jorge Silva	osfazconta	Senior Masculino	02:11:36	+01:19:00	10:58
648	2711	ISABEL VIEIRA	portocargo	Senior Feminino	02:11:37	+01:19:01	10:58
649	2713	MANUEL ALMEIDA	portocargo	Senior Masculino	02:11:38	+01:19:02	10:58
650	2818	Carla Leal	uh lá lá	Senior Feminino	02:12:28	+01:19:52	11:02
651	2142	Carla Brinco	carla daniela de sousa	Senior Feminino	02:12:28	+01:19:52	11:02
652	2126	Fanny Silva	btt alegria / tubani	Sub 23 Feminino	02:12:37	+01:20:02	11:03
653	2121	Luisa Soares	btt alegria / tubani	Senior Feminino	02:12:37	+01:20:02	11:03
654	2762	Luis Couto	taylors325	Senior Masculino	02:12:52	+01:20:17	11:04
655	2039	Sara Barbosa	aliança de gandra	Senior Feminino	02:13:00	+01:20:24	11:05
656	2284	Diana Poças	individual	Senior Feminino	02:14:56	+01:22:20	11:15
657	2327	Maria sousa	individual	Senior Feminino	02:14:57	+01:22:21	11:15
658	2619	Raul Martins	obra abc	Senior Masculino	02:14:58	+01:22:22	11:15
659	2067	Gracinda Sousa	amigos do santo ambrósio	Senior Feminino	02:15:01	+01:22:25	11:15
660	2540	Paula Almeida	monte dos amigos/juventude ribeiras	Senior Feminino	02:15:32	+01:22:56	11:18
661	2541	Paula Coutinho	monte dos amigos/juventude ribeiras	Senior Feminino	02:15:32	+01:22:56	11:18
662	2565	Catia Silva	mss contabilidade	Senior Feminino	02:15:39	+01:23:03	11:18
663	2642	Catarina Silva	osfazconta	Senior Feminino	02:15:47	+01:23:11	11:19
664	2643	Vania Soares	osfazconta	Senior Feminino	02:15:47	+01:23:11	11:19
665	2492	Ivo Vale Neves	junta freguesia valongo	Senior Masculino	02:15:50	+01:23:15	11:19
666	2847	Marco Santos	individual	Senior Masculino	02:15:51	+01:23:15	11:19
667	2210	Manuella Neves	famalicenses	Senior Feminino	02:15:57	+01:23:22	11:20
668	2211	Ricardo Lima	famalicenses	Senior Masculino	02:15:58	+01:23:22	11:20
669	2547	EMILIA ARAUJO	moreira relax runners	Senior Feminino	02:16:02	+01:23:27	11:20
670	2335	MÓNICA LÍDIA FERNANDES MONTEIRO	individual	Senior Feminino	02:16:04	+01:23:29	11:20
671	2330	Marisa Silva	individual	Senior Feminino	02:16:39	+01:24:03	11:23
672	2670	Clara Costa	pé na rota	Senior Feminino	02:16:40	+01:24:04	11:23
673	2668	Ana Bella	pé na rota	Senior Feminino	02:16:40	+01:24:05	11:23
674	2669	Ana Quaresma	pé na rota	Senior Feminino	02:16:40	+01:24:05	11:23
675	2573	Vanessa Ramos	mss contabilidade	Senior Feminino	02:17:05	+01:24:29	11:25
676	2790	Luísa Gomes	trepatrihos trail team	Senior Feminino	02:17:11	+01:24:35	11:26
677	2789	Hermenegilda Silva	trepatrihos trail team	Senior Feminino	02:17:11	+01:24:35	11:26
678	2050	Susana Rito	all about	Senior Feminino	02:17:29	+01:24:53	11:27

MINI TRILHOS 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
679	2233	Carla Gomes	generosos runners	Senior Feminino	02:17:29	+01:24:53	11:27
680	2634	Maria Fátima Lopes	os caga tacos running team	Senior Feminino	02:17:34	+01:24:58	11:28
681	2149	Paulo neves	casa dos trabalhadores - aguas do porto	Senior Masculino	02:17:42	+01:25:07	11:29
682	2730	Pedro Vieira	ptc	Senior Masculino	02:17:59	+01:25:23	11:30
683	2657	Paula Ribeiro	paredes running	Senior Feminino	02:18:10	+01:25:35	11:31
684	2349	Sara Diva Coelho da Rocha.	individual	Senior Feminino	02:18:30	+01:25:54	11:33
685	2081	Pedro Silva	amigos sem limites	Senior Masculino	02:18:30	+01:25:55	11:33
686	2005	Lília Sá	10temidos	Senior Feminino	02:19:00	+01:26:25	11:33
687	2001	Ana Cabeda	10temidos	Senior Feminino	02:19:01	+01:26:25	11:35
688	2374	Almerindo Freitas	individual	Senior Masculino	02:19:29	+01:26:54	11:37
689	2536	Elsa Fernandes	monte dos amigos/juventude ribeiras	Senior Feminino	02:19:45	+01:27:10	11:39
690	2538	Maria lopes	monte dos amigos/juventude ribeiras	Senior Feminino	02:19:45	+01:27:10	11:39
691	2070	Hélder Almeida	amigos do santo ambrósio	Senior Masculino	02:20:28	+01:27:52	11:42
692	2408	Hugo Costa	individual	Senior Masculino	02:21:21	+01:28:46	11:47
693	2704	José Rocha	porto sentido runners	Senior Masculino	02:21:29	+01:28:54	11:47
694	2130	Sandra Soares	budeguita runners	Senior Feminino	02:21:34	+01:28:58	11:48
695	2129	Marta Leite	budeguita runners	Senior Feminino	02:21:34	+01:28:58	11:48
696	2128	Isabel Marques	budeguita runners	Senior Feminino	02:21:34	+01:28:59	11:48
697	2141	Joana Inês Fontes	camir	Senior Feminino	02:21:39	+01:29:03	11:48
698	2140	Emília Morais Lago	camir	Senior Feminino	02:21:39	+01:29:04	11:48
699	2758	Aurora Carvalho	taylors325	Senior Feminino	02:21:42	+01:29:07	11:49
700	2760	Maria João Oliveira	taylors325	Senior Feminino	02:21:43	+01:29:07	11:49
701	2344	rosa santos	individual	Senior Feminino	02:22:43	+01:30:08	11:54
702	2348	Sara azevedo	individual	Senior Feminino	02:22:49	+01:30:13	11:54
703	2739	Ivania Monteiro	run4wellness	Senior Feminino	02:23:18	+01:30:42	11:57
704	2300	Francisca Maria Alves Pereira	individual	Senior Feminino	02:23:25	+01:30:49	11:57
705	2052	Rui Santos	all about	Senior Masculino	02:23:25	+01:30:50	11:57
706	2637	Ana Moreira	os turbomula	Senior Feminino	02:24:19	+01:31:43	12:02
707	2321	Manuela Lisete Sousa Ramos	individual	Senior Feminino	02:24:50	+01:32:14	12:04
708	2308	Joana Cunha	individual	Senior Feminino	02:24:50	+01:32:15	12:04
709	2366	Vânia Sousa	individual	Senior Feminino	02:24:50	+01:32:15	12:04
710	2783	TANIA ROCHA	todos ao monte	Senior Feminino	02:24:51	+01:32:15	12:04
711	2350	Sara silva	individual	Senior Feminino	02:24:51	+01:32:16	12:04
712	2392	Claudio Meneses	individual	Senior Masculino	02:24:52	+01:32:17	12:04
713	2781	IRINA VALE	todos ao monte	Senior Feminino	02:24:55	+01:32:19	12:05
714	2566	Eulália Azevedo	mss contabilidade	Senior Feminino	02:25:08	+01:32:32	12:06
715	2075	Mi Ferreira	amigos sem limites	Senior Feminino	02:26:25	+01:33:50	12:12
716	2271	Barbara Feio	individual	Senior Feminino	02:26:26	+01:33:50	12:12
717	2077	Rosa Costa	amigos sem limites	Senior Feminino	02:26:26	+01:33:51	12:12
718	2206	Edna Fernandes Tavares Marques	espaço saúde	Senior Feminino	02:26:52	+01:34:17	12:14
719	2844	Margarida Loureiro	é pro cumbibiu	Senior Feminino	02:27:07	+01:34:31	12:16
720	2843	António Loureiro	é pro cumbibiu	Senior Masculino	02:27:32	+01:34:57	12:18
721	2546	CRIS SANTIAGO	moreira relax runners	Senior Feminino	02:27:57	+01:35:22	12:20
722	1145	Rui Neves	clube zipper / spineclinic	Senior Masculino	02:28:14	+01:35:38	12:21
723	2049	Maria Peres	all about	Senior Feminino	02:28:21	+01:35:45	12:22
724	2051	Susana Silva	all about	Senior Feminino	02:28:21	+01:35:45	12:22

MINI TRILHOS 12KM - STAGE 1

12 KM

[illegible]

OFFICIAL RESULT

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
725	2048	Ana Reis	all about	Senior Feminino	02:28:27	+01:35:52	12:22
726	2614	Joana Lucas	obra abc	Senior Feminino	02:28:28	+01:35:52	12:22
727	2615	Maria José Oliveira	obra abc	Senior Feminino	02:28:28	+01:35:53	12:22
728	2612	Andreia Moutinho	obra abc	Senior Feminino	02:28:28	+01:35:53	12:22
729	2613	Anita Patricio	obra abc	Senior Feminino	02:28:29	+01:35:53	12:22
730	2138	Claudia France Vilarinho	camir	Senior Feminino	02:28:58	+01:36:23	12:25
731	2337	Patrícia Carolina Silva	individual	Senior Feminino	02:29:37	+01:37:01	12:28
732	2276	Catia Vanessa da Silva Faria	individual	Senior Feminino	02:29:37	+01:37:02	12:28
733	2289	Elisabete Machado	individual	Senior Feminino	02:29:41	+01:37:05	12:28
734	2489	joana lemos	into the wild	Senior Feminino	02:32:13	+01:39:37	12:41
735	2490	teresa lachado	into the wild	Senior Feminino	02:32:13	+01:39:38	12:41
736	2488	carla pinheiro	into the wild	Senior Feminino	02:32:14	+01:39:39	12:41
737	2604	A.Martins	nocturnos de paredes	Senior Masculino	02:32:29	+01:39:53	12:42
738	2729	Jorge Carneiro	ptc	Senior Masculino	02:33:15	+01:40:40	12:46
739	2728	João Ramos	ptc	Senior Masculino	02:33:17	+01:40:41	12:46
740	2724	Sara Alves	ptc	Senior Feminino	02:33:18	+01:40:42	12:47
741	2733	Vasco Leite	ptc	Senior Masculino	02:33:18	+01:40:42	12:47
742	2824	Sonia Marcelo	usf ts	Senior Feminino	02:33:27	+01:40:52	12:47
743	2822	Lidia Mota	usf ts	Senior Feminino	02:33:28	+01:40:52	12:47
744	2825	Bruno Martins	usf ts	Senior Masculino	02:33:28	+01:40:53	12:47
745	2281	Cristina Sofia Tavares	individual	Senior Feminino	02:34:06	+01:41:31	12:51
746	2306	Ivone Brito	individual	Senior Feminino	02:34:39	+01:42:04	12:53
747	2598	José Andrade	nascidos para correr	Senior Masculino	02:43:20	+01:50:45	13:37
748	2592	Cristina Moreira	nascidos para correr	Senior Feminino	02:43:21	+01:50:45	13:37
749	2595	Sophie Reis	nascidos para correr	Senior Feminino	02:43:21	+01:50:45	13:37
750	2323	Manuela Veloso	individual	Senior Feminino	02:48:39	+01:56:04	14:03
751	2518	Adriana Almeida	leões de tardariz trail	Sub 23 Feminino	03:01:28	+02:08:52	15:07
752	2072	Cláudia Silva	amigos sem limites	Senior Feminino	03:02:58	+02:10:23	15:15
753	2564	Barbara Nunes	mss contabilidade	Senior Feminino	03:24:12	+02:31:36	17:01
754	2577	André Santos	mss contabilidade	Senior Masculino	03:24:12	+02:31:37	17:01

Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

	Time	Temperature	Humidity
Start	10:00	12°C	100%
End	13:24	15°C	77%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	2858	Conceição Tenda	Gaia Trail	Senior Feminino	01:08:32	05:43
2	2356	Sonia felix	Individual	Senior Feminino	01:09:01	+00:29 05:45
3	2857	Andreia Amorim	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:09:09	+00:38 05:46
4	2278	Cristiana Raquel de Sousa Ferreira	Individual	Senior Feminino	01:09:38	+01:07 05:48
5	2161	Daniela Alves	Clube Zupper / Spineclinic	Senior Feminino	01:10:42	+02:10 05:54
6	2108	Diana Ferreira	As Zumbásticas	Senior Feminino	01:11:51	+03:19 05:59
7	2591	Céline Gomes	Nascidos para Correr	Senior Feminino	01:12:00	+03:29 06:00
8	2534	Luisa Cruz	Moinhos Run - ADRM	Senior Feminino	01:12:28	+03:57 06:02
9	2523	Olga Branquinho	Maisfit Runners	Senior Feminino	01:13:54	+05:23 06:10
10	2109	Gloria Pinto	As Zumbásticas	Senior Feminino	01:14:39	+06:07 06:13
11	2180	andrea cunha	danados	Senior Feminino	01:15:49	+07:18 06:19
12	2307	Joana Azevedo	Individual	Senior Feminino	01:16:45	+08:14 06:24
13	2164	Marisa Pereira	Clube Zupper / Spineclinic	Senior Feminino	01:17:58	+09:26 06:30
14	2086	Claudia Fernandes	AMOTINADOS TRAIL	Senior Feminino	01:17:59	+09:27 06:30
15	2339	Patrícia Santos	Oralklass-Amigos do Trail	Senior Feminino	01:18:17	+09:45 06:31
16	2552	Patrícia Ribeiro	Mountain Runners	Senior Feminino	01:19:13	+10:41 06:36
17	2494	EUGENIA TEIXEIRA	keepmoving	Senior Feminino	01:19:31	+10:59 06:38
18	2191	Alice Sousa	Dr. Merino/4moove	Senior Feminino	01:20:19	+11:47 06:42
19	2539	Patricia Ferraz	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	01:20:41	+12:09 06:43
20	2630	Vanessa Santos	os aventureiros	Senior Feminino	01:20:45	+12:14 06:44
21	2594	Sandra Pereira	Nascidos para Correr	Senior Feminino	01:20:48	+12:16 06:44
22	2342	Raquel Samgado	Individual	Senior Feminino	01:21:29	+12:57 06:47
23	2267	Ana Santos	Individual	Senior Feminino	01:21:51	+13:19 06:49
24	2774	Isabel Santos	TEAM SHARK	Senior Feminino	01:22:27	+13:55 06:52
25	2770	Mariana Silva Ferreira	TEAM LANTEMIL	Senior Feminino	01:22:28	+13:56 06:52
26	2846	Diana Fernandes	All About	Senior Feminino	01:22:42	+14:11 06:54
27	2022	Carina Pereira	A.D.Amarante trail running	Senior Feminino	01:22:44	+14:13 06:54
28	2551	Liliana Magalhães	Mountain Runners	Senior Feminino	01:22:54	+14:22 06:55
29	2309	Liliana Vieira	Individual	Senior Feminino	01:24:42	+16:11 07:04
30	2228	Armandina da Silva Torres	GDCT INCM	Senior Feminino	01:25:04	+16:32 07:05
31	2850	Nina Silva	Paredes Running	Senior Feminino	01:25:04	+16:32 07:05
32	2495	Paula Anjos	keepmoving	Senior Feminino	01:25:30	+16:58 07:08
33	2687	Paula Coutinho	PORTO SENTIDO RUNNERS	Senior Feminino	01:26:27	+17:56 07:12
34	2029	Carla Pereira	ALIANÇA DE GANDRA	Senior Feminino	01:26:34	+18:02 07:13
35	2151	Marlene Martins	CENTRO CICLISTA DE GONDOMAR	Senior Feminino	01:26:50	+18:19 07:14
36	2568	Lucia Carvalho	MSS CONTABILIDADE	Senior Feminino	01:26:52	+18:20 07:14
37	2270	Ashlyn Remillard	Individual	Senior Feminino	01:27:30	+18:58 07:18
38	2856	Rosária Sousa	NOCTURNOS DE PAREDES	Senior Feminino	01:27:48	+19:17 07:19

Official Timekeeper: Lap2Go	1 / 18	generate 19-Mar-2017 17:17
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Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

39	2775	Manuela Monteiro	TEAM SHARK	Senior Feminino	01:27:49	+19:17	07:19
40	2603	Tania Cardoso	NOCTURNOS DE PAREDES	Senior Feminino	01:27:51	+19:20	07:19
41	2683	Cidália Soares	PORTO SENTIDO RUNNERS	Senior Feminino	01:28:21	+19:50	07:22
42	2304	Isabel Maria Cruz Dias	Individual	Senior Feminino	01:28:26	+19:55	07:22
43	2821	Fatima Nunes	USF TS	Senior Feminino	01:28:32	+20:00	07:23
44	2754	Joana Maia	Spine Clinic	Senior Feminino	01:28:32	+20:01	07:23
45	2272	Cacilda Ramos	Individual	Senior Feminino	01:29:39	+21:08	07:28
46	2685	Elisabete Loureiro	PORTO SENTIDO RUNNERS	Senior Feminino	01:29:46	+21:14	07:29
47	2795	Ana Rocha	Trinca Orelhas de Gato	Senior Feminino	01:30:07	+21:35	07:30
48	2550	Claudia Sousa	Mountain Runners	Senior Feminino	01:30:07	+21:35	07:31
49	2127	Ana Moreira	BUDEGUITA RUNNERS	Senior Feminino	01:31:09	+22:37	07:36
50	2717	CECILIA MARTINS	PT JRSOUSA TEAM	Senior Feminino	01:31:31	+23:00	07:38
51	2192	Liliana Rocha	EI Team Trail	Senior Feminino	01:31:43	+23:11	07:39
52	2322	Manuela Sousa	Individual	Senior Feminino	01:31:47	+23:16	07:39
53	2115	Rosa carneiro	BitRunners	Senior Feminino	01:31:56	+23:24	07:40
54	2602	Graça Ribeiro	NOCTURNOS DE PAREDES	Senior Feminino	01:31:56	+23:24	07:40
55	2193	Márcia Coelho	EI Team Trail	Senior Feminino	01:32:18	+23:47	07:42
56	2291	Ester Pires Soares	Individual	Senior Feminino	01:32:20	+23:49	07:42
57	2100	Adélia Costa	As Trailers	Senior Feminino	01:32:37	+24:05	07:43
58	2723	Rosa Castro	PTC	Senior Feminino	01:32:53	+24:21	07:44
59	2558	Joana Machado	Mozelos Runners	Senior Feminino	01:33:29	+24:58	07:47
60	2559	Sónia Santiago	Mozelos Runners	Senior Feminino	01:33:31	+24:59	07:48
61	2123	Sofia Ferreira	BTT Alegria / TUBANI	Senior Feminino	01:33:58	+25:27	07:50
62	2102	Célia Alves	As Trailers	Senior Feminino	01:34:31	+26:00	07:53
63	2311	Laetitia Paulina Quiala	Individual	Senior Feminino	01:34:39	+26:08	07:53
64	2763	Vania Alvitano	Team Fivami	Senior Feminino	01:34:48	+26:16	07:54
65	2720	NATALIA SANTOS	PT JRSOUSA TEAM	Senior Feminino	01:34:50	+26:19	07:54
66	2238	MARGARIDA SOUSA	Ginasio Fit4Fun	Senior Feminino	01:35:29	+26:58	07:57
67	2496	Lúcia Nunes	KeMedo Team	Senior Feminino	01:35:38	+27:07	07:58
68	2153	Sara Barradas	CHALLENGE FORCE	Senior Feminino	01:35:54	+27:23	08:00
69	2098	Lurdes Moreira	As Belas e Eles	Senior Feminino	01:36:02	+27:31	08:00
70	2623	Cristiana Nogueira	ONE MORE MILE	Senior Feminino	01:36:02	+27:31	08:00
71	2037	Natalia Moreira	ALIANÇA DE GANDRA	Senior Feminino	01:36:08	+27:36	08:01
72	2682	Berta Ferreira	PORTO SENTIDO RUNNERS	Senior Feminino	01:36:12	+27:40	08:01
73	2254	Monica Borges	GTT - Armazém do Caffè	Senior Feminino	01:36:32	+28:00	08:03
74	2203	SANDRA CUNHA	Equipa João Ferreira	Senior Feminino	01:37:07	+28:36	08:06
75	2357	Sónia Pereira	Individual	Senior Feminino	01:37:20	+28:48	08:07
76	2355	Sónia Correia	Individual	Senior Feminino	01:37:47	+29:15	08:09
77	1186	CLAÚDIA CUNHA	Equipa João Ferreira	Senior Feminino	01:37:50	+29:19	08:09
78	1188	ISABEL PINTO	Equipa João Ferreira	Senior Feminino	01:37:51	+29:19	08:09
79	2032	Fernada Leal	ALIANÇA DE GANDRA	Senior Feminino	01:37:57	+29:26	08:10
80	2719	Ligia Freitas	PT JRSOUSA TEAM	Senior Feminino	01:38:05	+29:34	08:10
81	2259	Ana Cristina da Silva Pinto	Individual	Senior Feminino	01:38:25	+29:54	08:12
82	2076	Patrícia Conceição	Amigos Sem Limites	Senior Feminino	01:38:26	+29:54	08:12
83	2318	Mafalda Luís	Individual	Senior Feminino	01:38:29	+29:57	08:12
84	2260	Ana Ferreira	Individual	Senior Feminino	01:38:29	+29:57	08:12

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Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

85	2310	Joana Pinheiro	Individual	Senior Feminino	01:38:30	+29:59	08:13
86	2264	Ana paula teixeira	Individual	Senior Feminino	01:38:54	+30:22	08:15
87	1189	MARIA FONSECA	Equipa João Ferreira	Senior Feminino	01:38:57	+30:25	08:15
88	2542	sonia Gilvaz	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	01:38:58	+30:27	08:15
89	2832	Branca Marques	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:39:28	+30:57	08:17
90	2852	veronica vieira	reumatico	Senior Feminino	01:39:36	+31:05	08:18
91	2692	Vera Lúcia Sousa	PORTO SENTIDO RUNNERS	Senior Feminino	01:39:44	+31:12	08:19
92	2071	Clara Teixeira	Amigos Sem Limites	Senior Feminino	01:39:50	+31:19	08:19
93	2025	Sandra Alago	Alago's Team	Senior Feminino	01:40:07	+31:35	08:21
94	2629	Fernanda Castelo	os aventureiros	Senior Feminino	01:40:08	+31:37	08:21
95	2346	Sandra mendes	Individual	Senior Feminino	01:40:11	+31:39	08:21
96	2089	Iolanda Machado	AMOTINADOS TRAIL	Senior Feminino	01:40:28	+31:56	08:22
97	2823	Monica Magalhaes	USF TS	Senior Feminino	01:41:03	+32:31	08:25
98	2152	Adriana Neves	CHALLENGE FORCE	Senior Feminino	01:41:04	+32:32	08:25
99	2359	Susana Latourrette	Individual	Senior Feminino	01:41:05	+32:34	08:25
100	2135	Sandra Soares	butterfly	Senior Feminino	01:41:09	+32:38	08:26
101	2364	TERESA MAIAS	Individual	Senior Feminino	01:41:13	+32:42	08:26
102	2236	Natercia Teixeira	GENEROSOS RUNNERS	Senior Feminino	01:41:24	+32:52	08:27
103	2334	Marta Mota	Individual	Senior Feminino	01:41:27	+32:55	08:27
104	2283	Daniela Queirós	Individual	Senior Feminino	01:41:29	+32:58	08:27
105	2776	Maria Alves	TEAM SHARK	Senior Feminino	01:41:36	+33:04	08:28
106	2834	Alice Coelho	É pro cumbibiu	Senior Feminino	01:41:37	+33:05	08:28
107	2646	Marta Duarte	Outsiders trail team	Senior Feminino	01:41:38	+33:07	08:28
108	2854	Sofia Naldinho	TEAM LANTEMIL	Senior Feminino	01:41:46	+33:15	08:29
109	2521	Diana Pinto	Maisfit Runners	Senior Feminino	01:42:07	+33:36	08:31
110	2122	Patrícia Pinto	BTT Alegria / TUBANI	Senior Feminino	01:42:11	+33:40	08:31
111	2836	Mafalda Rodrigues	É pro cumbibiu	Senior Feminino	01:42:15	+33:43	08:31
112	2225	sandra oliveira	fun people	Senior Feminino	01:42:36	+34:05	08:33
113	2368	verónica maia	Individual	Senior Feminino	01:42:41	+34:09	08:33
114	2004	Diana Gonçalves	10TEMIDOS	Senior Feminino	01:42:48	+34:16	08:34
115	2317	Luisa Pinelo	Individual	Senior Feminino	01:42:53	+34:22	08:34
116	2338	Patricia Ferreira	Individual	Senior Feminino	01:43:20	+34:49	08:37
117	2143	Elisabete AlvesSilva	Carros de Mato do Asfalto	Senior Feminino	01:43:27	+34:56	08:37
118	2095	Cláudia Ribeiro	ArejarOcapacete	Senior Feminino	01:43:45	+35:13	08:39
119	2088	Helena Pinto	AMOTINADOS TRAIL	Senior Feminino	01:43:46	+35:15	08:39
120	2689	Sandra Mascarenhas	PORTO SENTIDO RUNNERS	Senior Feminino	01:43:52	+35:20	08:39
121	2290	Elisabete Susana da Silva Monteiro	Individual	Senior Feminino	01:43:56	+35:24	08:40
122	2658	Sonia Silva	Paredes Running	Senior Feminino	01:44:04	+35:33	08:40
123	2354	Sónia Bastos	Individual	Senior Feminino	01:44:05	+35:34	08:40
124	2275	Carla Teixeira	Individual	Senior Feminino	01:44:10	+35:39	08:41
125	2200	INÊS RIBEIRO	Equipa João Ferreira	Senior Feminino	01:44:11	+35:39	08:41
126	2034	Fernanda Oliveira	ALIANÇA DE GANDRA	Senior Feminino	01:44:26	+35:54	08:42
127	2096	Natália Ribeiro	ArejarOcapacete	Senior Feminino	01:44:29	+35:57	08:42
128	2097	Raquel Moura	ArejarOcapacete	Senior Feminino	01:44:36	+36:05	08:43
129	2136	Cátia Francisco	caderneta de cromos	Senior Feminino	01:44:45	+36:13	08:44
130	2362	Susana Vidal Pereira	Individual	Senior Feminino	01:45:05	+36:34	08:45

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Mini Trilhos 12km

12 KM

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131	2252	Aida Linhares	GTT - Armazém do Caffé	Senior Feminino	01:45:42	+37:11	08:49
132	2139	Elisabete Mota Silva	CAMIR	Senior Feminino	01:45:44	+37:13	08:49
133	2367	Vera Monica Mendes Carvalho	Individual	Senior Feminino	01:45:46	+37:14	08:49
134	2256	Ana Alexandra Azeredo e Vasconcelos	Individual	Senior Feminino	01:45:46	+37:14	08:49
135	2819	Ana Alves	USF TS	Senior Feminino	01:45:50	+37:18	08:49
136	2537	Isabel Cristina Silva Manadas	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	01:46:03	+37:32	08:50
137	2166	Ana Duarte	CORRER LEÇA	Senior Feminino	01:46:32	+38:00	08:53
138	2015	Gisela Almeida	8.2 Team	Senior Feminino	01:46:43	+38:12	08:54
139	2014	Ana Álvares	8.2 Team	Senior Feminino	01:46:43	+38:12	08:54
140	2773	Alice Magalhães	TEAM SHARK	Senior Feminino	01:47:00	+38:29	08:55
141	2768	Cristiana Machado Martins	TEAM LANTEMIL	Senior Feminino	01:47:12	+38:40	08:56
142	2524	Patrícia Silva	Maisfit Runners	Senior Feminino	01:47:29	+38:58	08:57
143	2520	Catarina Saraiva	Maisfit Runners	Senior Feminino	01:47:29	+38:58	08:57
144	2212	Silvia Castelo	Fardetas	Senior Feminino	01:47:36	+39:04	08:58
145	2314	Liliana Marisa Gonçalves Pereira	Individual	Senior Feminino	01:47:39	+39:08	08:58
146	2061	Susana Marisa da Cunha Melo Leal	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:47:43	+39:11	08:59
147	2055	Ana Rita Nogueira Coelho	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:47:44	+39:13	08:59
148	2062	Telma Filipa Teixeira Rocha	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:47:45	+39:13	08:59
149	2572	Rute Moreira	MSS CONTABILIDADE	Senior Feminino	01:47:52	+39:21	08:59
150	2294	Fátima Teixeira	Individual	Senior Feminino	01:48:01	+39:29	09:00
151	2223	anabela barata	fun people	Senior Feminino	01:48:01	+39:29	09:00
152	2638	marisa carla reis marques correia de sousa	Os TurboMula	Senior Feminino	01:48:14	+39:43	09:01
153	2286	edite de matos vilar	Individual	Senior Feminino	01:48:25	+39:53	09:02
154	2641	Brigida Duarte	OsFazConta	Senior Feminino	01:48:26	+39:54	09:02
155	2074	Liliana Loreiro	Amigos Sem Limites	Senior Feminino	01:48:28	+39:57	09:02
156	2073	Joana Oliveira	Amigos Sem Limites	Senior Feminino	01:48:28	+39:57	09:02
157	2325	Maria Fernanda Jorge Baltarejo	Individual	Senior Feminino	01:48:43	+40:11	09:04
158	2024	Elisabete Pereira	Alago's Team	Senior Feminino	01:48:43	+40:12	09:04
159	2298	Filipa Namora	Individual	Senior Feminino	01:49:11	+40:40	09:06
160	2651	Celeste Lopes	Paredes Running	Senior Feminino	01:49:18	+40:46	09:07
161	2235	Maria Pinto	GENEROSOS RUNNERS	Senior Feminino	01:49:59	+41:27	09:10
162	2302	ines nogueira	Individual	Senior Feminino	01:50:16	+41:44	09:11
163	2553	Sandra Carvalho	Mountain Runners	Senior Feminino	01:50:43	+42:12	09:14
164	2002	claudia moura	10TEMIDOS	Senior Feminino	01:50:55	+42:23	09:15
165	2182	susana almeida	danados	Senior Feminino	01:50:56	+42:24	09:15
166	2199	INES ALMEIDA	Equipa João Ferreira	Senior Feminino	01:50:59	+42:28	09:15
167	2068	Paula Barros	Amigos do Santo Ambrósio	Senior Feminino	01:51:05	+42:33	09:15
168	1057	Marta Liliana Duarte Carvalho	ARCORUN	Senior Feminino	01:51:06	+42:34	09:16
169	2759	Maria Cândida Rodrigues	Taylors325	Senior Feminino	01:51:07	+42:35	09:16
170	2761	Vanda Miranda	Taylors325	Senior Feminino	01:51:19	+42:47	09:17
171	2712	LAURA VIEIRA	PORTOCARGO	Senior Feminino	01:51:26	+42:55	09:17
172	2312	Leonilde Macedo	Individual	Senior Feminino	01:51:28	+42:56	09:17
173	2686	Helena Moreira	PORTO SENTIDO RUNNERS	Senior Feminino	01:51:39	+43:08	09:18

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Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

174	2090	Sandra Tomas	AMOTINADOS TRAIL	Senior Feminino	01:51:43	+43:11	09:19
175	2316	Luísa Nogueira	Individual	Senior Feminino	01:51:53	+43:21	09:19
176	2363	Tânia Sofia Cardoso Ribeiro Rebelo	Individual	Senior Feminino	01:51:58	+43:27	09:20
177	2253	Ana Paula Varela	GTT - Armazém do Caffè	Senior Feminino	01:52:02	+43:30	09:20
178	2120	Cristina Pinto	BTT Alegria / TUBANI	Senior Feminino	01:52:09	+43:37	09:21
179	2767	Catalina Badeo Rebelo	TEAM LANTEMIL	Senior Feminino	01:52:24	+43:52	09:22
180	2766	Carla Sofia Araújo	TEAM LANTEMIL	Senior Feminino	01:52:24	+43:52	09:22
181	2764	Ana Martins	TEAM LANTEMIL	Senior Feminino	01:52:24	+43:53	09:22
182	2519	Branca Arrobas	Maisfit Runners	Senior Feminino	01:52:34	+44:02	09:23
183	2522	Filipa Pinto	Maisfit Runners	Senior Feminino	01:52:34	+44:02	09:23
184	2150	Branca Nabais	CCDFPJP	Senior Feminino	01:52:36	+44:04	09:23
185	2105	Sara Rocha	As Trailers	Senior Feminino	01:52:43	+44:11	09:24
186	2820	Estela Oliveira	USF TS	Senior Feminino	01:52:45	+44:13	09:24
187	2360	Susana Moreira	Individual	Senior Feminino	01:52:50	+44:19	09:24
188	2502	Maria Jesus	Leões de Tardariz Trail	Senior Feminino	01:53:14	+44:43	09:26
189	2611	Ana Raquel Cruz	Obra ABC	Senior Feminino	01:53:33	+45:02	09:28
190	2650	Ana Ferreira	Paredes Running	Senior Feminino	01:53:35	+45:04	09:28
191	2710	DULCE RESENDE	PORTOCARGO	Senior Feminino	01:53:50	+45:19	09:29
192	2320	Manuela Costa Barros	Individual	Senior Feminino	01:54:08	+45:37	09:31
193	2056	Carmen Moreira	AMIGOS DO PEDAL TRAILAGARES	Senior Feminino	01:54:15	+45:43	09:31
194	2288	Elisabete Estrela	Individual	Senior Feminino	01:54:36	+46:04	09:33
195	2352	Sílvia Pires	Individual	Senior Feminino	01:54:36	+46:05	09:33
196	2030	Carla Sousa	ALIANÇA DE GANDRA	Senior Feminino	01:54:39	+46:08	09:33
197	2232	Ana Paula Ferreira	GENEROSOS RUNNERS	Senior Feminino	01:54:45	+46:14	09:34
198	2202	RITA GONÇALVES	Equipa João Ferreira	Senior Feminino	01:55:09	+46:37	09:36
199	2185	Marina Ramalho	DDT Runners	Senior Feminino	01:55:15	+46:44	09:36
200	2340	Paula Alexandra Pinto	Individual	Senior Feminino	01:55:33	+47:02	09:38
201	2301	Francisca Martins	Individual	Senior Feminino	01:55:40	+47:09	09:38
202	2031	Fátima Ramos	ALIANÇA DE GANDRA	Senior Feminino	01:55:46	+47:15	09:39
203	2345	Sandra Cristina Lourenço Lopes	Individual	Senior Feminino	01:55:47	+47:16	09:39
204	2035	Joana Soares	ALIANÇA DE GANDRA	Senior Feminino	01:55:49	+47:17	09:39
205	1135	Elsa Ribeiro	Clube Galp Energia Norte	Senior Feminino	01:56:10	+47:38	09:41
206	2201	INÊS SOARES	Equipa João Ferreira	Senior Feminino	01:56:22	+47:51	09:42
207	2103	Paula Afonso	As Trailers	Senior Feminino	01:56:27	+47:55	09:42
208	2104	Paula Santos	As Trailers	Senior Feminino	01:56:27	+47:55	09:42
209	2258	Ana Carvalho	Individual	Senior Feminino	01:56:46	+48:15	09:44
210	2535	Angela Dias	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	01:56:56	+48:25	09:45
211	2343	Rosa Casimiro	Individual	Senior Feminino	01:57:12	+48:41	09:46
212	2353	Sílvia Portugal	Individual	Senior Feminino	01:57:20	+48:48	09:47
213	2117	Raquel Claudino	Bruno Sempre	Senior Feminino	01:57:23	+48:51	09:47
214	2549	ROSA COSTA	Moreira Relax Runners	Senior Feminino	01:57:39	+49:07	09:48
215	2315	Liliana Marques	Individual	Senior Feminino	01:58:48	+50:17	09:54
216	2285	Diana Ribeiro	Individual	Senior Feminino	01:58:58	+50:27	09:55
217	2003	Cristina Cabeda	10TEMIDOS	Senior Feminino	01:59:34	+51:03	09:58

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Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

218	2059	Madalena Amélia Soares Nogueira	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	01:59:42	+51:10	09:59
219	2057	Cátia Sofia Rodrigues Oliveira	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	01:59:42	+51:11	09:59
220	2058	Guilhermina Maria Vieira Pinto Rocha	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	01:59:44	+51:13	09:59
221	2313	LILIANA LEAL	Individual	Senior Feminino	01:59:54	+51:22	10:00
222	2181	anita silva	danados	Senior Feminino	02:00:01	+51:29	10:00
223	2134	Fátima Santos	butterfly	Senior Feminino	02:00:01	+51:29	10:00
224	1422	DÚLIA REIS	Individual	Senior Feminino	02:00:25	+51:53	10:02
225	2769	Liliana Escudeiro	TEAM LANTEMIL	Senior Feminino	02:00:30	+51:58	10:03
226	2771	Raquel Neiva	TEAM LANTEMIL	Senior Feminino	02:00:30	+51:58	10:03
227	2500	Andreia Carvalho	LA Zinco	Senior Feminino	02:00:31	+51:59	10:03
228	2745	Marta Oliveira	Só Descidas!!	Senior Feminino	02:00:44	+52:12	10:04
229	2744	Liliana Lopes	Só Descidas!!	Senior Feminino	02:00:45	+52:14	10:04
230	2743	Carla Alves	Só Descidas!!	Senior Feminino	02:00:46	+52:14	10:04
231	2640	Adriana Duarte	OsFazConta	Senior Feminino	02:00:48	+52:16	10:04
232	2299	Filomena Ferreira	Individual	Senior Feminino	02:01:04	+52:33	10:05
233	2655	Luisa Pacheco	Paredes Running	Senior Feminino	02:01:16	+52:44	10:06
234	2078	Vera Silva	Amigos Sem Limites	Senior Feminino	02:01:17	+52:45	10:06
235	2503	Rute	Leões de Tardariz Trail	Senior Feminino	02:01:22	+52:51	10:07
236	2219	fernanda frança	frança	Senior Feminino	02:01:35	+53:03	10:08
237	2347	Sandra Quintas	Individual	Senior Feminino	02:02:11	+53:40	10:11
238	2365	Teresa Montenegro	Individual	Senior Feminino	02:02:30	+53:58	10:13
239	2787	Ana Chaves	Trailistas "Eu é que sei!"	Senior Feminino	02:02:40	+54:09	10:13
240	2656	Manuela Costa	Paredes Running	Senior Feminino	02:03:33	+55:01	10:18
241	2652	Liliana Sousa	Paredes Running	Senior Feminino	02:03:34	+55:02	10:18
242	2326	Maria Filomena Venâncio Lopes Marcelo	Individual	Senior Feminino	02:04:04	+55:33	10:20
243	2329	Marília Paiva	Individual	Senior Feminino	02:04:07	+55:36	10:21
244	2119	Claudia Carmo	BTT Alegria / TUBANI	Senior Feminino	02:04:20	+55:49	10:22
245	2215	Carla Manuela Mendes Ferreira	FFit Gaia Trail	Senior Feminino	02:04:23	+55:51	10:22
246	2216	Sara Pereira	FFit Gaia Trail	Senior Feminino	02:04:24	+55:52	10:22
247	2273	Carina Monteiro	Individual	Senior Feminino	02:04:41	+56:09	10:23
248	2690	Suzete Correia	PORTO SENTIDO RUNNERS	Senior Feminino	02:04:52	+56:20	10:24
249	2688	Raquel Martins	PORTO SENTIDO RUNNERS	Senior Feminino	02:04:52	+56:20	10:24
250	2788	Margarida Faria	Trailistas "Eu é que sei!"	Senior Feminino	02:04:53	+56:22	10:24
251	2361	Susana Recarei	Individual	Senior Feminino	02:04:58	+56:27	10:25
252	2324	Maria Alice Carvalho	Individual	Senior Feminino	02:05:10	+56:39	10:26
253	2833	Patrícia Santos	GONDOMAR FUTSAL CLUBE	Senior Feminino	02:05:13	+56:42	10:26
254	2331	MARLENE ALEXANDRA TELES ANDRADE RODRIGUES	Individual	Senior Feminino	02:05:29	+56:58	10:27
255	2684	Cristina Silva	PORTO SENTIDO RUNNERS	Senior Feminino	02:05:38	+57:06	10:28
256	2691	Teresa Moreira	PORTO SENTIDO RUNNERS	Senior Feminino	02:05:38	+57:07	10:28
257	2567	Inês Santos	MSS CONTABILIDADE	Senior Feminino	02:05:42	+57:10	10:29
258	2336	Mónica Sequeira Jesus	Individual	Senior Feminino	02:05:47	+57:16	10:29
259	2341	Paula Pinto	Individual	Senior Feminino	02:05:47	+57:16	10:29
260	2106	Silvana Pereira	As Trailers	Senior Feminino	02:05:51	+57:20	10:29

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Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

261	2167	Ana Rocha	CORRER LEÇA	Senior Feminino	02:05:55	+57:24	10:30
262	2087	Guilhermina Temporão	AMOTINADOS TRAIL	Senior Feminino	02:06:01	+57:30	10:30
263	2169	Luisa Pereira	CORRER LEÇA	Senior Feminino	02:06:14	+57:43	10:31
264	2170	Marisa Silva	CORRER LEÇA	Senior Feminino	02:06:29	+57:58	10:32
265	2054	Alice Silva	AMIGOS DO PEDAL TRILAGARES	Senior Feminino	02:07:24	+58:52	10:37
266	2279	Cristina Almeida	Individual	Senior Feminino	02:07:56	+59:24	10:40
267	2626	Camila Pinto	Os Aceleras	Senior Feminino	02:07:56	+59:25	10:40
268	2036	Luísa Rocha	ALIANÇA DE GANDRA	Senior Feminino	02:08:13	+59:41	10:41
269	2038	Rosa Soares	ALIANÇA DE GANDRA	Senior Feminino	02:08:14	+59:43	10:41
270	2571	Raquel Marques	MSS CONTABILIDADE	Senior Feminino	02:08:59	+01:00:27	10:45
271	2786	Vânia Santos	Trail Sra do Salto	Senior Feminino	02:09:01	+01:00:30	10:45
272	2716	Candida Amorim	PT JRSOUSA TEAM	Senior Feminino	02:09:14	+01:00:43	10:46
273	2718	HELENA CARDOSO	PT JRSOUSA TEAM	Senior Feminino	02:09:15	+01:00:44	10:46
274	2782	SUSANA FERNANDES	TODOS AO MONTE	Senior Feminino	02:09:21	+01:00:49	10:47
275	2168	Laura Neves	CORRER LEÇA	Senior Feminino	02:09:24	+01:00:53	10:47
276	2653	Lucia Cunha	Paredes Running	Senior Feminino	02:09:37	+01:01:06	10:48
277	2654	Lucinda Marques	Paredes Running	Senior Feminino	02:09:39	+01:01:07	10:48
278	2133	Cristina Soares	butterfly	Senior Feminino	02:09:39	+01:01:08	10:48
279	2224	Carla Oliveira	fun people	Senior Feminino	02:09:41	+01:01:10	10:48
280	2635	Rosinda Macedo	os caga tacos running team	Senior Feminino	02:09:47	+01:01:15	10:49
281	2756	Regina Sá	Tascumpressa	Senior Feminino	02:10:19	+01:01:47	10:52
282	2265	Ana Rita Duarte	Individual	Senior Feminino	02:10:29	+01:01:57	10:52
283	2293	Fatima Sousa	Individual	Senior Feminino	02:10:37	+01:02:06	10:53
284	2132	Ana Mendes	butterfly	Senior Feminino	02:10:44	+01:02:12	10:54
285	2296	Fernanda Maria Moreira Leal	Individual	Senior Feminino	02:10:51	+01:02:20	10:54
286	2736	Carla Silva	Reumáticos dos Trilhos	Senior Feminino	02:11:32	+01:03:01	10:58
287	2711	ISABEL VIEIRA	PORTOCARGO	Senior Feminino	02:11:37	+01:03:05	10:58
288	2818	Carla Leal	Uh Lá Lá	Senior Feminino	02:12:28	+01:03:56	11:02
289	2142	Carla Brinco	Carla Daniela de Sousa	Senior Feminino	02:12:28	+01:03:56	11:02
290	2121	Luisa Soares	BTT Alegria / TUBANI	Senior Feminino	02:12:37	+01:04:06	11:03
291	2039	Sara Barbosa	ALIANÇA DE GANDRA	Senior Feminino	02:13:00	+01:04:28	11:05
292	2284	Diana Poças	Individual	Senior Feminino	02:14:56	+01:06:24	11:15
293	2327	Maria sousa	Individual	Senior Feminino	02:14:57	+01:06:25	11:15
294	2067	Gracinda Sousa	Amigos do Santo Ambrósio	Senior Feminino	02:15:01	+01:06:29	11:15
295	2540	Paula Almeida	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	02:15:32	+01:07:00	11:18
296	2541	Paula Coutinho	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	02:15:32	+01:07:00	11:18
297	2565	Catia Silva	MSS CONTABILIDADE	Senior Feminino	02:15:39	+01:07:07	11:18
298	2642	Catarina Silva	OsFazConta	Senior Feminino	02:15:47	+01:07:15	11:19
299	2643	Vania Soares	OsFazConta	Senior Feminino	02:15:47	+01:07:15	11:19
300	2210	Manuella Neves	Famalicense	Senior Feminino	02:15:57	+01:07:26	11:20
301	2547	EMILIA ARAUJO	Moreira Relax Runners	Senior Feminino	02:16:02	+01:07:31	11:20
302	2335	MÓNICA LÍDIA FERNANDES MONTEIRO	Individual	Senior Feminino	02:16:04	+01:07:33	11:20
303	2330	Marisa Silva	Individual	Senior Feminino	02:16:39	+01:08:07	11:23
304	2670	Clara Costa	Pé na Rota	Senior Feminino	02:16:40	+01:08:08	11:23

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Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

305	2668	Ana Bella	Pé na Rota	Senior Feminino	02:16:40	+01:08:09	11:23
306	2669	Ana Quaresma	Pé na Rota	Senior Feminino	02:16:40	+01:08:09	11:23
307	2573	Vanessa Ramos	MSS CONTABILIDADE	Senior Feminino	02:17:05	+01:08:33	11:25
308	2790	Luísa Gomes	TrepaTrilhos Trail Team	Senior Feminino	02:17:11	+01:08:39	11:26
309	2789	Hermenegilda Silva	TrepaTrilhos Trail Team	Senior Feminino	02:17:11	+01:08:39	11:26
310	2050	Susana Rito	All About	Senior Feminino	02:17:29	+01:08:57	11:27
311	2233	Carla Gomes	GENEROSOS RUNNERS	Senior Feminino	02:17:29	+01:08:57	11:27
312	2634	Maria Fátima Lopes	os caga tacos running team	Senior Feminino	02:17:34	+01:09:02	11:28
313	2657	Paula Ribeiro	Paredes Running	Senior Feminino	02:18:10	+01:09:39	11:31
314	2349	Sara Diva Coelho da Rocha.	Individual	Senior Feminino	02:18:30	+01:09:58	11:33
315	2005	Lília Sá	10TEMIDOS	Senior Feminino	02:19:00	+01:10:29	11:35
316	2001	Ana Cabeda	10TEMIDOS	Senior Feminino	02:19:01	+01:10:29	11:35
317	2536	Elsa Fernandes	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	02:19:45	+01:11:14	11:39
318	2538	Maria lopes	Monte dos Amigos/Juventude Ribeiras	Senior Feminino	02:19:45	+01:11:14	11:39
319	2130	Sandra Soares	BUDEGUITA RUNNERS	Senior Feminino	02:21:34	+01:13:02	11:48
320	2129	Marta Leite	BUDEGUITA RUNNERS	Senior Feminino	02:21:34	+01:13:02	11:48
321	2128	Isabel Marques	BUDEGUITA RUNNERS	Senior Feminino	02:21:34	+01:13:03	11:48
322	2141	Joana Inês Fontes	CAMIR	Senior Feminino	02:21:39	+01:13:07	11:48
323	2140	Emília Morais Lago	CAMIR	Senior Feminino	02:21:39	+01:13:08	11:48
324	2758	Aurora Carvalho	Taylors325	Senior Feminino	02:21:42	+01:13:11	11:49
325	2760	Maria João Oliveira	Taylors325	Senior Feminino	02:21:43	+01:13:11	11:49
326	2344	rosa santos	Individual	Senior Feminino	02:22:43	+01:14:12	11:54
327	2348	Sara azevedo	Individual	Senior Feminino	02:22:49	+01:14:17	11:54
328	2739	Ivania Monteiro	Run4Wellness	Senior Feminino	02:23:18	+01:14:46	11:57
329	2300	Francisca Maria Alves Pereira	Individual	Senior Feminino	02:23:25	+01:14:53	11:57
330	2637	Ana Moreira	Os TurboMula	Senior Feminino	02:24:19	+01:15:47	12:02
331	2321	Manuela Lisete Sousa Ramos	Individual	Senior Feminino	02:24:50	+01:16:18	12:04
332	2308	Joana Cunha	Individual	Senior Feminino	02:24:50	+01:16:19	12:04
333	2366	Vânia Sousa	Individual	Senior Feminino	02:24:50	+01:16:19	12:04
334	2783	TANIA ROCHA	TODOS AO MONTE	Senior Feminino	02:24:51	+01:16:19	12:04
335	2350	Sara silva	Individual	Senior Feminino	02:24:51	+01:16:20	12:04
336	2781	IRINA VALE	TODOS AO MONTE	Senior Feminino	02:24:55	+01:16:23	12:05
337	2566	Eulália Azevedo	MSS CONTABILIDADE	Senior Feminino	02:25:08	+01:16:36	12:06
338	2075	Mi Ferreira	Amigos Sem Limites	Senior Feminino	02:26:25	+01:17:54	12:12
339	2271	Barbara Feio	Individual	Senior Feminino	02:26:26	+01:17:54	12:12
340	2077	Rosa Costa	Amigos Sem Limites	Senior Feminino	02:26:26	+01:17:55	12:12
341	2206	Edna Fernandes Tavares Marques	ESPAÇO SAÚDE	Senior Feminino	02:26:52	+01:18:21	12:14
342	2844	Margarida Loureiro	É pro cumbibiu	Senior Feminino	02:27:07	+01:18:35	12:16
343	2546	CRIS SANTIAGO	Moreira Relax Runners	Senior Feminino	02:27:57	+01:19:26	12:20
344	2049	Maria Peres	All About	Senior Feminino	02:28:21	+01:19:49	12:22
345	2051	Susana Silva	All About	Senior Feminino	02:28:21	+01:19:49	12:22
346	2048	Ana Reis	All About	Senior Feminino	02:28:27	+01:19:56	12:22
347	2614	Joana Lucas	Obra ABC	Senior Feminino	02:28:28	+01:19:56	12:22
348	2615	Maria José Oliveira	Obra ABC	Senior Feminino	02:28:28	+01:19:57	12:22
349	2612	Andreia Moutinho	Obra ABC	Senior Feminino	02:28:28	+01:19:57	12:22

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Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

350	2613	Anita Patricio	Obra ABC	Senior Feminino	02:28:29	+01:19:57	12:22
351	2138	Claudia France Vilarinho	CAMIR	Senior Feminino	02:28:58	+01:20:27	12:25
352	2337	Patrícia Carolina Silva	Individual	Senior Feminino	02:29:37	+01:21:05	12:28
353	2276	Catia Vanessa da Silva Faria	Individual	Senior Feminino	02:29:37	+01:21:06	12:28
354	2289	Elisabete Machado	Individual	Senior Feminino	02:29:41	+01:21:09	12:28
355	2489	joana lemos	Into the wild	Senior Feminino	02:32:13	+01:23:41	12:41
356	2490	teresa lachado	Into the wild	Senior Feminino	02:32:13	+01:23:42	12:41
357	2488	carla pinheiro	Into the wild	Senior Feminino	02:32:14	+01:23:43	12:41
358	2724	Sara Alves	PTC	Senior Feminino	02:33:18	+01:24:46	12:47
359	2824	Sonia Marcelo	USF TS	Senior Feminino	02:33:27	+01:24:56	12:47
360	2822	Lidia Mota	USF TS	Senior Feminino	02:33:28	+01:24:56	12:47
361	2281	Cristina Sofia Tavares	Individual	Senior Feminino	02:34:06	+01:25:35	12:51
362	2306	Ivone Brito	Individual	Senior Feminino	02:34:39	+01:26:08	12:53
363	2592	Cristina Moreira	Nascidos para Correr	Senior Feminino	02:43:21	+01:34:49	13:37
364	2595	Sophie Reis	Nascidos para Correr	Senior Feminino	02:43:21	+01:34:49	13:37
365	2323	Manuela Veloso	Individual	Senior Feminino	02:48:39	+01:40:08	14:03
366	2072	Cláudia Silva	Amigos Sem Limites	Senior Feminino	03:02:58	+01:54:27	15:15
367	2564	Barbara Nunes	MSS CONTABILIDADE	Senior Feminino	03:24:12	+02:15:40	17:01

Senior Masculino

1	2231	VITOR BARBOSA	GDR RETORTA	Senior Masculino	52:35		04:23
2	2229	Henrique Dias	GDR RETORTA	Senior Masculino	52:38	+00:02	04:23
3	2855	TIAGO PINTO	GDR RETORTA	Senior Masculino	53:49	+01:14	04:29
4	2230	JOAQUIM ROCHA	GDR RETORTA	Senior Masculino	54:00	+01:24	04:30
5	2208	André Almeida	Factor X / S4L / MedenseFC	Senior Masculino	55:37	+03:01	04:38
6	2370	Abilio Martins Almeida	Individual	Senior Masculino	56:44	+04:09	04:44
7	2197	Sérgio Santos	ENGOMADORIA L&A	Senior Masculino	57:28	+04:53	04:47
8	2810	Miguel Purificação	Trinca Orelhas de Gato	Senior Masculino	57:52	+05:17	04:49
9	2398	Fernando oliveira	Individual	Senior Masculino	59:00	+06:25	04:55
10	2114	João Laranjeira	Beat Your Limit!	Senior Masculino	59:10	+06:34	04:56
11	2222	Paulo Sousa	Fridão Sem Limites	Senior Masculino	01:00:39	+08:04	05:03
12	2221	Paulo Matos	Fridão Sem Limites	Senior Masculino	01:00:44	+08:08	05:04
13	2400	Flávio Azevedo	Individual	Senior Masculino	01:00:51	+08:15	05:04
14	2177	Carlos Prudêncio	Dá-Lhe Gás	Senior Masculino	01:01:56	+09:21	05:10
15	2175	CRISTIANO SANTOS	CORRER POR UM SORRISO	Senior Masculino	01:02:34	+09:59	05:13
16	2060	Rui Lopes	AMIGOS DO PEDAL TRAILAGARES	Senior Masculino	01:03:17	+10:42	05:17
17	2580	Ibraim Sousa	MSS CONTABILIDADE	Senior Masculino	01:03:31	+10:55	05:18
18	2605	Carlos Vinhas	NOCTURNOS DE PAREDES	Senior Masculino	01:04:05	+11:29	05:20
19	2018	Manuel Lopes	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:04:16	+11:41	05:21
20	2020	Rafael Silva	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:04:18	+11:43	05:22
21	2116	Carlos Cardoso	BitRunners	Senior Masculino	01:04:54	+12:18	05:25
22	2190	Rui Tavares	DDT Runners	Senior Masculino	01:05:24	+12:49	05:27
23	2578	António Fernandes	MSS CONTABILIDADE	Senior Masculino	01:05:31	+12:56	05:28
24	2705	Laurindo Gomes	PORTO SENTIDO RUNNERS	Senior Masculino	01:05:40	+13:05	05:28

Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

25	2479	Vasco Amaral	Individual	Senior Masculino	01:05:49	+13:14	05:29
26	2582	José Pires	MSS CONTABILIDADE	Senior Masculino	01:06:19	+13:44	05:32
27	2842	João Coelho	É pro cumbibiu	Senior Masculino	01:06:22	+13:47	05:32
28	2013	Valter Gouveia	10TEMIDOS	Senior Masculino	01:07:02	+14:26	05:35
29	2043	Hélder Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:07:02	+14:27	05:35
30	2588	Vitor Azevedo	MSS CONTABILIDADE	Senior Masculino	01:07:24	+14:49	05:37
31	2019	Pedro Vieira	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:08:09	+15:33	05:41
32	2706	Miguel Silva	PORTO SENTIDO RUNNERS	Senior Masculino	01:08:09	+15:33	05:41
33	2859	Ricardo Silva	Individual	Senior Masculino	01:08:09	+15:33	05:41
34	2376	Andre Oliveira	Individual	Senior Masculino	01:08:14	+15:38	05:41
35	2533	Filipe Rocha	Marco Runners	Senior Masculino	01:08:18	+15:42	05:42
36	2491	Hugo Fernandes	Into the wild	Senior Masculino	01:08:18	+15:42	05:42
37	2176	MIGUEL LEAL	CORRER POR UM SORRISO	Senior Masculino	01:08:19	+15:44	05:42
38	2557	Rui Rodrigues	Mountain Runners	Senior Masculino	01:08:37	+16:01	05:43
39	2021	Roberto Daniel Alves Freitas	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:08:51	+16:16	05:44
40	2375	Amilcar Lopes	Individual	Senior Masculino	01:09:03	+16:27	05:45
41	2091	Jose Amorim	AMOTINADOS TRAIL	Senior Masculino	01:09:26	+16:51	05:47
42	2227	Miguel Furtado	Gaia Trail	Senior Masculino	01:10:53	+18:17	05:54
43	2220	americo frança	frança	Senior Masculino	01:11:00	+18:25	05:55
44	2839	Miguel Maia Dias	É pro cumbibiu	Senior Masculino	01:11:18	+18:43	05:57
45	2584	Ricardo Carvalho	MSS CONTABILIDADE	Senior Masculino	01:11:25	+18:50	05:57
46	2581	Jorge Carvalho	MSS CONTABILIDADE	Senior Masculino	01:11:25	+18:50	05:57
47	238	Rui Pinto	TEAM LANTEMIL	Senior Masculino	01:11:35	+19:00	05:58
48	2165	António Barborsa	Clube Zupper / Spineclinic	Senior Masculino	01:11:44	+19:08	05:59
49	2647	Amilcar Dias Vinagre Simões	ozxtreme/RDA	Senior Masculino	01:11:48	+19:12	05:59
50	2183	carlos barbosa	danados	Senior Masculino	01:12:04	+19:29	06:00
51	2012	Tiago Castro	10TEMIDOS	Senior Masculino	01:12:22	+19:47	06:02
52	2427	José Pinto	Individual	Senior Masculino	01:12:27	+19:51	06:02
53	2732	Vasco Amador	PTC	Senior Masculino	01:12:53	+20:17	06:04
54	2391	César Lopes	Individual	Senior Masculino	01:12:54	+20:19	06:05
55	2677	pedro brizado	pipb	Senior Masculino	01:13:08	+20:33	06:06
56	2113	Hugo Azevedo	Beat Your Limit!	Senior Masculino	01:13:20	+20:44	06:07
57	2482	vit0r Teixeira	Individual	Senior Masculino	01:13:33	+20:57	06:08
58	2851	RENATO OLIVEIRA	PORTOCARGO	Senior Masculino	01:13:35	+20:59	06:08
59	2675	Paulo Henriques	Pes de chumbo	Senior Masculino	01:13:56	+21:20	06:10
60	2411	Ivan Silva	Individual	Senior Masculino	01:14:07	+21:31	06:11
61	2853	Rui Miguel Sousa	Mountain Runners	Senior Masculino	01:14:23	+21:48	06:12
62	2463	Rui Dias	Individual	Senior Masculino	01:15:37	+23:02	06:18
63	2644	Agostinho Silva	OsFazConta	Senior Masculino	01:15:46	+23:10	06:19
64	2405	GERSON ALVES	Individual	Senior Masculino	01:16:02	+23:26	06:20
65	2838	Pedro Silva	É pro cumbibiu	Senior Masculino	01:16:05	+23:30	06:20
66	2509	João Vieira	Leões de Tardariz Trail	Senior Masculino	01:16:05	+23:30	06:20
67	2435	Miguel Ferreira	Individual	Senior Masculino	01:16:44	+24:09	06:24
68	2125	Daniel Sousa	BTT Alegria / TUBANI	Senior Masculino	01:16:47	+24:11	06:24
69	2436	Miguel Oliveira	Individual	Senior Masculino	01:17:01	+24:26	06:25
70	2243	José Mendes	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:17:11	+24:35	06:26

Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

71	2667	Patrick Mendonça	PAVANCA	Senior Masculino	01:17:24	+24:48	06:27
72	2383	Bruno rocha	Individual	Senior Masculino	01:17:32	+24:56	06:28
73	2063	Bruno Filipe da Costa Mendes	AMIGOS DO PEDAL TRILAGARES	Senior Masculino	01:18:06	+25:31	06:31
74	2778	Amílcar Teixeira	TEAM SHARK	Senior Masculino	01:18:06	+25:31	06:31
75	2010	Pedro Victoriano	10TEMIDOS	Senior Masculino	01:18:14	+25:38	06:31
76	2460	Rogério de Almeida Pacheco	Individual	Senior Masculino	01:18:21	+25:46	06:32
77	2812	Pedro Gomes	Trinca Orelhas de Gato	Senior Masculino	01:18:40	+26:04	06:33
78	2527	João Gonçalves	Maisfit Runners	Senior Masculino	01:18:42	+26:06	06:34
79	2045	Paulo Sousa	ALIANÇA DE GANDRA	Senior Masculino	01:18:49	+26:13	06:34
80	2666	David Nogueira	PAVANCA	Senior Masculino	01:18:52	+26:16	06:34
81	2174	ANTONIO MIRANDA	CORRER POR UM SORRISO	Senior Masculino	01:18:59	+26:23	06:35
82	2158	Diogo Gorra Moreira	Clube do Pessoal EDP - Delegação de Gaia	Senior Masculino	01:19:06	+26:31	06:36
83	2740	Rui Ferreira	Run4Wellness	Senior Masculino	01:19:28	+26:52	06:37
84	2703	José Ricardo	PORTO SENTIDO RUNNERS	Senior Masculino	01:19:47	+27:11	06:39
85	2696	Carlos Martins	PORTO SENTIDO RUNNERS	Senior Masculino	01:19:47	+27:12	06:39
86	2701	João Pinheiro	PORTO SENTIDO RUNNERS	Senior Masculino	01:19:47	+27:12	06:39
87	2131	Paulo Marques	BUDEGUITA RUNNERS	Senior Masculino	01:19:48	+27:12	06:39
88	2807	Helder Monteiro	Trinca Orelhas de Gato	Senior Masculino	01:19:53	+27:17	06:39
89	2244	Manuel Rocha	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:19:56	+27:21	06:40
90	2112	sergio sousa	Baltar TrailRunners	Senior Masculino	01:19:56	+27:21	06:40
91	2828	Sergio Santos	USF TS	Senior Masculino	01:20:00	+27:24	06:40
92	2742	Fábio Almeida	SAI DA FRENTE	Senior Masculino	01:20:19	+27:43	06:42
93	2431	Manuel Ferreira	Individual	Senior Masculino	01:20:25	+27:50	06:42
94	2620	Ricardo Couto	Obra ABC	Senior Masculino	01:20:26	+27:50	06:42
95	1134	Vasco Ortigão de Oliveira	Club Vespas Salamoia	Senior Masculino	01:20:27	+27:51	06:42
96	2084	Tó Faria	Amigos Sem Limites	Senior Masculino	01:20:27	+27:52	06:42
97	2589	Vitor Pinto	MSS CONTABILIDADE	Senior Masculino	01:20:29	+27:54	06:42
98	2631	António Moreira	os aventureiros	Senior Masculino	01:20:46	+28:10	06:44
99	2601	Rui Santos	Nascidos para Correr	Senior Masculino	01:20:48	+28:12	06:44
100	2459	Ricardo Silva	Individual	Senior Masculino	01:20:49	+28:13	06:44
101	2513	José Santos	Leões de Tardariz Trail	Senior Masculino	01:21:00	+28:24	06:45
102	1715	Paulo Freitas	PT JRSOUSA TEAM	Senior Masculino	01:21:06	+28:31	06:46
103	2624	Emanuel Dias	ONE MORE MILE	Senior Masculino	01:21:11	+28:35	06:46
104	2195	Fernando Oliveira	ENGOMADORIA L&A	Senior Masculino	01:21:21	+28:45	06:47
105	2715	MARCO OLIVEIRA	PORTOCARGO	Senior Masculino	01:21:36	+29:00	06:48
106	2806	Fernando Pereira	Trinca Orelhas de Gato	Senior Masculino	01:21:38	+29:03	06:48
107	2801	Alcino Tavares	Trinca Orelhas de Gato	Senior Masculino	01:21:38	+29:03	06:48
108	2563	Luís Machado	Mozelos Runners	Senior Masculino	01:21:46	+29:10	06:49
109	2042	Marco Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:22:00	+29:24	06:50
110	2414	João Carlos da Silva Gomes	Individual	Senior Masculino	01:22:02	+29:26	06:50
111	2456	Pedro SILVA	Individual	Senior Masculino	01:22:05	+29:30	06:50
112	2017	Fábio Correia	A. D. Sebolido Trail Boneca Douro	Senior Masculino	01:22:06	+29:30	06:51
113	2447	paulo henriques	Individual	Senior Masculino	01:22:08	+29:32	06:51
114	2467	Rui Pedro Ramos da Silva	Individual	Senior Masculino	01:22:16	+29:40	06:51
115	2674	Carlos Monteiro	Pes de chumbo	Senior Masculino	01:22:20	+29:45	06:52

Mini Trilhos 12km

12 KM

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116	2196	Filipe Lopes	ENGOMADORIA L&A	Senior Masculino	01:22:44	+30:08	06:54
117	2424	José Mário Magalhães de Pereira	Individual	Senior Masculino	01:22:51	+30:16	06:54
118	2752	Fernando Coelho	Somos Nós Team	Senior Masculino	01:22:51	+30:16	06:54
119	2815	Silvio Dias	Trinca Orelhas de Gato	Senior Masculino	01:22:52	+30:17	06:54
120	2469	Sergio Alves	Individual	Senior Masculino	01:23:01	+30:25	06:55
121	2387	Carlos Manuel da Costa Pereira	Individual	Senior Masculino	01:23:17	+30:41	06:56
122	2416	João Manuel Nunes da Rocha	Individual	Senior Masculino	01:23:21	+30:45	06:57
123	2545	Pedro Anjos	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	01:23:33	+30:57	06:58
124	2661	Luís Marques	PariPassu	Senior Masculino	01:23:34	+30:59	06:58
125	2639	Nuno Marques	Os TurboMula	Senior Masculino	01:23:39	+31:03	06:58
126	2597	António Rebocho	Nascidos para Correr	Senior Masculino	01:23:39	+31:04	06:58
127	2415	João Filipe Fernandes	Individual	Senior Masculino	01:23:40	+31:04	06:58
128	2156	Nuno Tiago Almeida	CicloTainadas	Senior Masculino	01:24:04	+31:29	07:00
129	2157	Pedro Leite	CicloTainadas	Senior Masculino	01:24:04	+31:29	07:00
130	2461	Ruben Moreira	Individual	Senior Masculino	01:24:29	+31:53	07:02
131	2023	Rui Gabriel	ACMA RUNNING TEAM - VIAGENS360 GAIA	Senior Masculino	01:24:30	+31:54	07:03
132	2026	Carlos Alago	Alago's Team	Senior Masculino	01:24:35	+31:59	07:03
133	2779	José Pereira	TEAM SHARK	Senior Masculino	01:24:35	+32:00	07:03
134	2455	PEDRO RIBEIRO	Individual	Senior Masculino	01:24:47	+32:11	07:04
135	2396	Duarte Nuno Dias	Individual	Senior Masculino	01:24:47	+32:12	07:04
136	2083	Sérgio Moreira	Amigos Sem Limites	Senior Masculino	01:24:59	+32:23	07:05
137	2808	Luis Morata	Trinca Orelhas de Gato	Senior Masculino	01:25:00	+32:24	07:05
138	2625	Helder Magalhães	ONE MORE MILE	Senior Masculino	01:25:00	+32:25	07:05
139	2194	António João da rocha machado	EI Team Trail	Senior Masculino	01:25:04	+32:28	07:05
140	2425	José Pedro Marques Quelhas	Individual	Senior Masculino	01:25:05	+32:30	07:05
141	2246	Nelson Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:25:06	+32:30	07:06
142	2792	Paulo Tavares	TrepaTrilhos Trail Team	Senior Masculino	01:25:09	+32:34	07:06
143	2242	Ilídio Freitas	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:25:14	+32:39	07:06
144	2432	Manuel Paiva	Individual	Senior Masculino	01:25:25	+32:50	07:07
145	2632	Bruno Castelo	os aventureiros	Senior Masculino	01:25:42	+33:06	07:09
146	2504	Agostinho Cardoso	Leões de Tardariz Trail	Senior Masculino	01:25:47	+33:12	07:09
147	2369	Abel Filipe Lameiras Cardoso	Individual	Senior Masculino	01:25:49	+33:13	07:09
148	2554	António Rodrigues	Mountain Runners	Senior Masculino	01:26:07	+33:31	07:11
149	2727	João Falcão	PTC	Senior Masculino	01:26:21	+33:46	07:12
150	2465	Rui Manuel Cardoso Carril	Individual	Senior Masculino	01:26:22	+33:47	07:12
151	2700	João Barbosa	PORTO SENTIDO RUNNERS	Senior Masculino	01:26:27	+33:52	07:12
152	2802	Altino Silva	Trinca Orelhas de Gato	Senior Masculino	01:26:29	+33:53	07:12
153	2813	Ricardo Costa	Trinca Orelhas de Gato	Senior Masculino	01:26:29	+33:54	07:12
154	2441	Nuno Miguel Cabral	Individual	Senior Masculino	01:26:48	+34:12	07:14
155	2188	Paulo Ferreira	DDT Runners	Senior Masculino	01:26:57	+34:22	07:15
156	2517	Sérgio Oliveira	Leões de Tardariz Trail	Senior Masculino	01:27:02	+34:26	07:15
157	2179	Pedro Rocha	Dá-Lhe Gás	Senior Masculino	01:27:27	+34:51	07:17
158	2178	José Gonçalves	Dá-Lhe Gás	Senior Masculino	01:27:27	+34:52	07:17
159	2433	Manuel Reis	Individual	Senior Masculino	01:27:50	+35:14	07:19
160	2606	João Leite	NOCTURNOS DE PAREDES	Senior Masculino	01:27:52	+35:17	07:19

Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

161	2664	Armando Dias	PAVANCA	Senior Masculino	01:28:04	+35:29	07:20
162	2468	Saul Correia	Individual	Senior Masculino	01:28:08	+35:32	07:21
163	2417	João Santos	Individual	Senior Masculino	01:28:12	+35:36	07:21
164	2531	Daniel Ferreira Magalhães Correia	Marco Runners	Senior Masculino	01:28:13	+35:37	07:21
165	2204	Edgar Saraiva	Equipa João Ferreira	Senior Masculino	01:28:17	+35:41	07:21
166	2111	Antonio Joaquim Teixeira magalhaes	Autistic Runners	Senior Masculino	01:28:17	+35:42	07:21
167	2385	carlos figueiredo	Individual	Senior Masculino	01:28:22	+35:47	07:22
168	2386	Carlos Guedes	Individual	Senior Masculino	01:28:25	+35:50	07:22
169	2255	Ricardo Filipe Figueiredo Ferreira	GTT - Armazém do Caffè	Senior Masculino	01:28:33	+35:57	07:23
170	2390	César Aureliano Vigário da Rocha	Individual	Senior Masculino	01:28:35	+35:59	07:23
171	2694	António Sousa	PORTO SENTIDO RUNNERS	Senior Masculino	01:28:37	+36:02	07:23
172	2470	Sergio Andrade	Individual	Senior Masculino	01:28:48	+36:13	07:24
173	2481	Vitor Manuel Alves dos Santos	Individual	Senior Masculino	01:29:11	+36:36	07:26
174	2434	Mário Estêvão	Individual	Senior Masculino	01:29:19	+36:44	07:27
175	2560	António Rodrigues	Mozelos Runners	Senior Masculino	01:29:31	+36:55	07:28
176	2475	Sergio Miguel da Costa Alves	Individual	Senior Masculino	01:29:33	+36:57	07:28
177	2512	José Ribeiro	Leões de Tardariz Trail	Senior Masculino	01:29:33	+36:58	07:28
178	2407	Hugo Alexandre Alves	Individual	Senior Masculino	01:29:40	+37:05	07:28
179	2388	Carlos Rocha	Individual	Senior Masculino	01:29:42	+37:07	07:29
180	2753	José Teixeira	Somos Nós Team	Senior Masculino	01:29:46	+37:10	07:29
181	2699	Filipe Maria	PORTO SENTIDO RUNNERS	Senior Masculino	01:30:06	+37:30	07:31
182	2544	jose Moura	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	01:30:14	+37:39	07:31
183	2726	David Costa	PTC	Senior Masculino	01:30:22	+37:47	07:32
184	2791	Helder Rodrigues	TrepaTrilhos Trail Team	Senior Masculino	01:30:24	+37:49	07:32
185	2418	joaquim torres	Individual	Senior Masculino	01:30:29	+37:53	07:32
186	2124	Carlos Vieira	BTT Alegria / TUBANI	Senior Masculino	01:30:37	+38:02	07:33
187	2409	HUGO FILIPE LOPES DE JESUS	Individual	Senior Masculino	01:30:38	+38:02	07:33
188	2599	Marco Carvalho	Nascidos para Correr	Senior Masculino	01:30:51	+38:15	07:34
189	2378	António Fernandes	Individual	Senior Masculino	01:31:17	+38:41	07:36
190	2080	Diogo Barbosa	Amigos Sem Limites	Senior Masculino	01:31:18	+38:42	07:37
191	2421	Jorge Moutinho	Individual	Senior Masculino	01:31:27	+38:52	07:37
192	2205	Fernando Almeida	Equipa João Ferreira	Senior Masculino	01:31:49	+39:14	07:39
193	2093	Paulo Miranda	AMOTINADOS TRAIL	Senior Masculino	01:31:51	+39:16	07:39
194	2044	Marco Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:31:56	+39:20	07:40
195	2831	João Moreira	Villa de Basto Trail	Senior Masculino	01:31:59	+39:24	07:40
196	2698	Filipe Cardoso	PORTO SENTIDO RUNNERS	Senior Masculino	01:32:03	+39:28	07:40
197	2784	BRUNO VALE	TODOS AO MONTE	Senior Masculino	01:32:06	+39:30	07:41
198	2785	DANIEL LOPES	TODOS AO MONTE	Senior Masculino	01:32:07	+39:31	07:41
199	2248	Pedro Rodrigues	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:32:10	+39:34	07:41
200	1817	Jorge Armindo Silva	GDR RETORTA	Senior Masculino	01:32:17	+39:42	07:41
201	2681	Tiago Silva	PM	Senior Masculino	01:32:22	+39:47	07:42
202	2146	Hélder Bruno Alves Amorim	Carros de Mato do Asfalto	Senior Masculino	01:32:23	+39:48	07:42
203	2373	Alfredo da Rocha Astorga Viana	Individual	Senior Masculino	01:32:31	+39:56	07:43
204	2809	Miguel Costa	Trinca Orelhas de Gato	Senior Masculino	01:33:08	+40:32	07:46
205	2805	Carlos Conde	Trinca Orelhas de Gato	Senior Masculino	01:33:08	+40:33	07:46
206	2804	Carlos Anjos	Trinca Orelhas de Gato	Senior Masculino	01:33:08	+40:33	07:46

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Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

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207	2379	ANTÓNIO JORGE RODRIGUES MOREIRA PINTO	Individual	Senior Masculino	01:33:23	+40:47	07:47
208	2011	Rui Sá	10TEMIDOS	Senior Masculino	01:33:49	+41:14	07:49
209	2394	Daniel Jorge Rodrigues Amaral	Individual	Senior Masculino	01:33:50	+41:15	07:49
210	2608	Luís Tiago Vieira	Not Fast Just Furious	Senior Masculino	01:34:09	+41:33	07:51
211	2471	Sérgio Coelho	Individual	Senior Masculino	01:34:12	+41:37	07:51
212	2529	Salvador Santos	Maisfit Runners	Senior Masculino	01:34:15	+41:40	07:51
213	2160	Luís Augusto Alves de Sousa Leite	Clube SEM	Senior Masculino	01:34:30	+41:54	07:53
214	2046	Roberto Moreira	ALIANÇA DE GANDRA	Senior Masculino	01:34:35	+41:59	07:53
215	2799	Abel Martins	Trinca Orelhas de Gato	Senior Masculino	01:34:38	+42:02	07:53
216	2440	Nuno Lamas	Individual	Senior Masculino	01:34:42	+42:06	07:54
217	2678	Fabio marques	PM	Senior Masculino	01:34:45	+42:09	07:54
218	2721	NUNO SANTOS	PT JRSOUSA TEAM	Senior Masculino	01:34:50	+42:14	07:54
219	2665	Daniel Pereira	PAVANCA	Senior Masculino	01:34:54	+42:18	07:55
220	2245	Mário Ribeiro	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:35:02	+42:26	07:55
221	2741	António Pinto	SAI DA FRENTE	Senior Masculino	01:35:05	+42:29	07:55
222	2499	Pedro Duarte	KeMedo Team	Senior Masculino	01:35:10	+42:35	07:56
223	2445	Paulo Areal Sousa	Individual	Senior Masculino	01:35:24	+42:49	07:57
224	2493	Augusto Santos Silva	Juventude Cortegacense	Senior Masculino	01:35:52	+43:17	07:59
225	2663	Adérito Videira	PAVANCA	Senior Masculino	01:36:02	+43:26	08:00
226	2094	Telmo Costa	AMOTINADOS TRAIL	Senior Masculino	01:36:10	+43:34	08:01
227	2452	Pedro Nuno Nunes	Individual	Senior Masculino	01:36:11	+43:36	08:01
228	2609	Pedro Torres	Not Fast Just Furious	Senior Masculino	01:36:36	+44:01	08:03
229	2187	Nuno Silva	DDT Runners	Senior Masculino	01:36:45	+44:10	08:04
230	2837	Jorge Silva	É pro cumbibiu	Senior Masculino	01:36:46	+44:11	08:04
231	2476	Sérgio Pereira	Individual	Senior Masculino	01:36:55	+44:19	08:05
232	2450	Pedro Faria	Individual	Senior Masculino	01:37:37	+45:02	08:08
233	2731	Samuel Nogueira	PTC	Senior Masculino	01:38:13	+45:37	08:11
234	2453	Pedro Pereira	Individual	Senior Masculino	01:38:20	+45:45	08:12
235	2443	Patricia Moreira	Individual	Senior Masculino	01:38:24	+45:48	08:12
236	2860	Paulo Fernandes	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:38:31	+45:55	08:13
237	2241	Fábio Silva	GONDOMAR FUTSAL CLUBE	Senior Masculino	01:38:31	+45:55	08:13
238	2555	César Pumpinho	Mountain Runners	Senior Masculino	01:38:34	+45:58	08:13
239	2214	Manuel Rocha	FAST AO KM	Senior Masculino	01:38:38	+46:02	08:13
240	2446	Paulo Ferreira	Individual	Senior Masculino	01:38:38	+46:03	08:13
241	2622	Manuel moreira	OFRunning	Senior Masculino	01:38:41	+46:05	08:13
242	2528	José Nunes	Maisfit Runners	Senior Masculino	01:38:49	+46:13	08:14
243	2079	Alcino Silva	Amigos Sem Limites	Senior Masculino	01:39:51	+47:16	08:19
244	2437	Miguel Rufino	Individual	Senior Masculino	01:39:52	+47:16	08:19
245	2478	Valdemar Mota	Individual	Senior Masculino	01:41:27	+48:52	08:27
246	2526	João Costa	Maisfit Runners	Senior Masculino	01:42:07	+49:32	08:31
247	2154	CARLOS CASTRO	CicloTainadas	Senior Masculino	01:42:09	+49:33	08:31
248	2155	Domingos Bastos	CicloTainadas	Senior Masculino	01:42:09	+49:33	08:31
249	2399	Fernando Tavares	Individual	Senior Masculino	01:42:24	+49:49	08:32
250	2384	Bruno Rodrigues	Individual	Senior Masculino	01:42:32	+49:57	08:33
251	2633	Manuel Moura	OS BARRIGUITAS	Senior Masculino	01:42:40	+50:04	08:33
252	2006	José Saraiva	10TEMIDOS	Senior Masculino	01:42:47	+50:12	08:34

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Mini Trilhos 12km

12 KM

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OFFICIAL RESULT

253	2422	Jose Eduardo Ferreira Moreira	Individual	Senior Masculino	01:42:51	+50:15	08:34
254	2849	João Moreira	Individual	Senior Masculino	01:42:51	+50:16	08:34
255	2676	Isidro Silva	pipb	Senior Masculino	01:42:57	+50:22	08:35
256	2148	Ricardo Manuel Oliveira	Carros de Mato do Asfalto	Senior Masculino	01:43:27	+50:52	08:37
257	2707	Vitor Martins	PORTO SENTIDO RUNNERS	Senior Masculino	01:43:33	+50:58	08:38
258	2695	Bruno Ricardo Marques Guedes	PORTO SENTIDO RUNNERS	Senior Masculino	01:43:34	+50:58	08:38
259	2380	ARMINDO SERRA MARTINS DOS SANTOS	Individual	Senior Masculino	01:43:34	+50:58	08:38
260	2430	Luís Pedro Pereira Teixeira	Individual	Senior Masculino	01:43:51	+51:16	08:39
261	2814	Sergio Rocha	Trinca Orelhas de Gato	Senior Masculino	01:43:52	+51:16	08:39
262	2092	Miguel Edmundo	AMOTINADOS TRAIL	Senior Masculino	01:43:59	+51:24	08:40
263	2562	Joaquim Pereira	Mozelos Runners	Senior Masculino	01:44:13	+51:37	08:41
264	2069	Diogo Oliveira	Amigos do Santo Ambrósio	Senior Masculino	01:44:21	+51:45	08:42
265	2372	Alexandre Filipe Vieira Valente	Individual	Senior Masculino	01:44:30	+51:54	08:43
266	2209	Pedro Torres Ferreira	Factor X / S4L / MedenseFC	Senior Masculino	01:45:18	+52:42	08:47
267	2576	Alvaro Silva	MSS CONTABILIDADE	Senior Masculino	01:45:44	+53:08	08:49
268	2673	Pedro Monteiro	Pedro Miguel	Senior Masculino	01:46:00	+53:24	08:50
269	2016	Carlos Pereira	8.2 Team	Senior Masculino	01:46:44	+54:08	08:54
270	2618	Pedro Caliano	Obra ABC	Senior Masculino	01:47:16	+54:41	08:56
271	2213	José Neves Castelo	Fardetas	Senior Masculino	01:47:36	+55:00	08:58
272	2401	francisco mendes	Individual	Senior Masculino	01:47:50	+55:15	08:59
273	2628	Angelo Fernandes	Os Atrasados	Senior Masculino	01:47:59	+55:23	09:00
274	2587	Valter Ramos	MSS CONTABILIDADE	Senior Masculino	01:47:59	+55:24	09:00
275	2423	José Eduardo Fonseca de Sousa	Individual	Senior Masculino	01:48:00	+55:25	09:00
276	2426	jose pereira pinto	Individual	Senior Masculino	01:48:24	+55:49	09:02
277	2714	MANUEL PEREIRA	PORTOCARGO	Senior Masculino	01:48:50	+56:15	09:04
278	2662	paulo cunha	Patás Negras	Senior Masculino	01:48:56	+56:20	09:05
279	2794	Sérgio Pereira	TrepaTrilhos Trail Team	Senior Masculino	01:48:57	+56:21	09:05
280	2793	Pedro Sousa	TrepaTrilhos Trail Team	Senior Masculino	01:48:57	+56:22	09:05
281	2406	Guilherme Teixeira	Individual	Senior Masculino	01:49:06	+56:31	09:06
282	2404	Germano Moura	Individual	Senior Masculino	01:49:07	+56:31	09:06
283	2659	Antero Bessa	Paredes Running	Senior Masculino	01:49:17	+56:42	09:06
284	2147	Paulo Alexandre Vieira Pinto	Carros de Mato do Asfalto	Senior Masculino	01:49:18	+56:42	09:07
285	2145	Fábio André Dias da Rocha	Carros de Mato do Asfalto	Senior Masculino	01:49:18	+56:43	09:07
286	2144	Bruno Vieira Pinto	Carros de Mato do Asfalto	Senior Masculino	01:49:19	+56:43	09:07
287	2457	Ricardo Amaral	Individual	Senior Masculino	01:49:25	+56:50	09:07
288	2382	Bruno Pereira	Individual	Senior Masculino	01:49:27	+56:52	09:07
289	2449	Paulo Santos	Individual	Senior Masculino	01:49:27	+56:52	09:07
290	2826	Jose ALves	USF TS	Senior Masculino	01:49:28	+56:52	09:07
291	2237	Rodrigo Ferraz	GENEROSOS RUNNERS	Senior Masculino	01:49:59	+57:23	09:10
292	2159	PEdro Oliveira	Clube Galp Energia Norte	Senior Masculino	01:50:00	+57:24	09:10
293	2586	Sérgio Ferreira	MSS CONTABILIDADE	Senior Masculino	01:50:16	+57:40	09:11
294	2610	Rogério Oliveira	Not Fast Just Furious	Senior Masculino	01:51:04	+58:28	09:15
295	2477	Tiago André Moreira Carneiro	Individual	Senior Masculino	01:51:16	+58:41	09:16
296	2473	Sérgio Filipe Pereira	Individual	Senior Masculino	01:51:20	+58:44	09:17
297	2827	Rui Coelho	USF TS	Senior Masculino	01:51:44	+59:08	09:19
298	2466	Rui Manuel Mota Fontes Rebelo	Individual	Senior Masculino	01:52:21	+59:45	09:22

Official Timekeeper: Lap2Go	15 / 18	generate 19-Mar-2017 17:17
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Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

299	2371	Alberto Barros	Individual	Senior Masculino	01:52:56	+01:00:20	09:25
300	2510	José Castro	Leões de Tardariz Trail	Senior Masculino	01:53:14	+01:00:39	09:26
301	2617	José Guilherme Gouveia	Obra ABC	Senior Masculino	01:53:32	+01:00:57	09:28
302	2082	Ricardo Lascasas	Amigos Sem Limites	Senior Masculino	01:53:59	+01:01:23	09:30
303	2448	Paulo Manuel Monteiro de carvalho	Individual	Senior Masculino	01:54:07	+01:01:31	09:31
304	2410	Isaac Batista Pereira	Individual	Senior Masculino	01:54:43	+01:02:07	09:34
305	2429	Luís Alves	Individual	Senior Masculino	01:55:04	+01:02:28	09:35
306	2829	Vitor Teixeira	USF TS	Senior Masculino	01:55:14	+01:02:39	09:36
307	2755	Lénio Fernando Nogueira Marinho	Tartarugas do Asfalto	Senior Masculino	01:55:41	+01:03:05	09:38
308	2702	Joaquim Moreira	PORTO SENTIDO RUNNERS	Senior Masculino	01:55:46	+01:03:11	09:39
309	1136	Rui Sequeira	Clube Galp Energia Norte	Senior Masculino	01:56:10	+01:03:35	09:41
310	2397	fernando ferraz	Individual	Senior Masculino	01:56:32	+01:03:56	09:43
311	2543	Angelo Faustino	Monte dos Amigos/Juventude Ribeiras	Senior Masculino	01:56:57	+01:04:22	09:45
312	2419	JORGE CALDAS	Individual	Senior Masculino	01:56:59	+01:04:24	09:45
313	2420	Jorge Lima	Individual	Senior Masculino	01:57:12	+01:04:37	09:46
314	2679	José Pereira	PM	Senior Masculino	01:58:27	+01:05:51	09:52
315	2746	Carlos Cunha	Só Descidas!!	Senior Masculino	01:58:29	+01:05:54	09:52
316	2515	Marco Oliveira	Leões de Tardariz Trail	Senior Masculino	01:59:17	+01:06:42	09:56
317	2007	Manuel Gonçalves	10TEMIDOS	Senior Masculino	01:59:34	+01:06:59	09:58
318	2835	Paulo Correia	É pro cumbibiu	Senior Masculino	02:00:18	+01:07:42	10:02
319	2751	Paulo Barbosa	Só Descidas!!	Senior Masculino	02:00:38	+01:08:02	10:03
320	2747	César Coelho	Só Descidas!!	Senior Masculino	02:00:38	+01:08:02	10:03
321	1110	Joaquim Pereira	BTT Alegria / TUBANI	Senior Masculino	02:00:39	+01:08:04	10:03
322	2748	Isolino Coelho	Só Descidas!!	Senior Masculino	02:00:45	+01:08:09	10:04
323	2505	Alípio Silva	Leões de Tardariz Trail	Senior Masculino	02:01:22	+01:08:47	10:07
324	2498	Luis Gomes	KeMedo Team	Senior Masculino	02:02:27	+01:09:51	10:12
325	2506	Damião Pontes	Leões de Tardariz Trail	Senior Masculino	02:02:49	+01:10:14	10:14
326	2381	Bruno Daniel da Silva Sousa	Individual	Senior Masculino	02:03:01	+01:10:25	10:15
327	2218	Ricardo A. Silva Sousa	FFit Gaia Trail	Senior Masculino	02:03:02	+01:10:26	10:15
328	2217	Bruno Miguel Santos Rocha	FFit Gaia Trail	Senior Masculino	02:04:23	+01:11:47	10:22
329	2403	Gabriel dos Anjos Pires	Individual	Senior Masculino	02:04:23	+01:11:48	10:22
330	2725	Andrei Damiean	PTC	Senior Masculino	02:04:25	+01:11:50	10:22
331	2583	Luís Santos	MSS CONTABILIDADE	Senior Masculino	02:04:31	+01:11:55	10:23
332	2412	Ivo Almeida	Individual	Senior Masculino	02:05:29	+01:12:54	10:27
333	2008	Paulo Ribeiro	10TEMIDOS	Senior Masculino	02:05:37	+01:13:02	10:28
334	2693	Angelo Vidal	PORTO SENTIDO RUNNERS	Senior Masculino	02:05:37	+01:13:02	10:28
335	2627	Paulo Santos	Os Aceleras	Senior Masculino	02:07:51	+01:15:16	10:39
336	2186	Bruno Cardoso	DDT Runners	Senior Masculino	02:08:23	+01:15:48	10:42
337	2226	jorge oliveira	fun people	Senior Masculino	02:08:49	+01:16:14	10:44
338	2811	Nuno Barros	Trinca Orelhas de Gato	Senior Masculino	02:08:56	+01:16:20	10:45
339	2171	João Tomé	CORRER LEÇA	Senior Masculino	02:09:24	+01:16:49	10:47
340	2660	Luis Ribeiro	Paredes Running	Senior Masculino	02:09:38	+01:17:02	10:48
341	2636	António Macedo	os caga tacos running team	Senior Masculino	02:09:47	+01:17:11	10:49
342	2757	Tiago Aguiar	Tascumpressa	Senior Masculino	02:10:18	+01:17:43	10:52
343	2511	José Ferreira	Leões de Tardariz Trail	Senior Masculino	02:11:27	+01:18:52	10:57
344	2507	Gualter Castro	Leões de Tardariz Trail	Senior Masculino	02:11:28	+01:18:53	10:57

Official Timekeeper: Lap2Go	16 / 18	generate 19-Mar-2017 17:17
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Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

345	2516	Sandro Oliveira	Leões de Tardariz Trail	Senior Masculino	02:11:28	+01:18:53	10:57
346	2645	Jorge Silva	OsFazConta	Senior Masculino	02:11:36	+01:19:00	10:58
347	2713	MANUEL ALMEIDA	PORTOCARGO	Senior Masculino	02:11:38	+01:19:02	10:58
348	2762	Luis Couto	Taylors325	Senior Masculino	02:12:52	+01:20:17	11:04
349	2619	Raul Martins	Obra ABC	Senior Masculino	02:14:58	+01:22:22	11:11
350	2492	Ivo Vale Neves	Junta Freguesia Valongo	Senior Masculino	02:15:50	+01:23:15	11:19
351	2847	Marco Santos	Individual	Senior Masculino	02:15:51	+01:23:15	11:19
352	2211	Ricardo Lima	Famalicense	Senior Masculino	02:15:58	+01:23:22	11:20
353	2149	Paulo neves	Casa dos Trabalhadores - Aguas do Porto	Senior Masculino	02:17:42	+01:25:07	11:29
354	2730	Pedro Vieira	PTC	Senior Masculino	02:17:59	+01:25:23	11:30
355	2081	Pedro Silva	Amigos Sem Limites	Senior Masculino	02:18:30	+01:25:55	11:33
356	2374	Almerindo Freitas	Individual	Senior Masculino	02:19:29	+01:26:54	11:37
357	2070	Hélder Almeida	Amigos do Santo Ambrósio	Senior Masculino	02:20:28	+01:27:52	11:42
358	2408	Hugo Costa	Individual	Senior Masculino	02:21:21	+01:28:46	11:47
359	2704	José Rocha	PORTO SENTIDO RUNNERS	Senior Masculino	02:21:29	+01:28:54	11:47
360	2052	Rui Santos	All About	Senior Masculino	02:23:25	+01:30:50	11:57
361	2392	Claudio Meneses	Individual	Senior Masculino	02:24:52	+01:32:17	12:04
362	2843	António Loureiro	É pro cumbibiu	Senior Masculino	02:27:32	+01:34:57	12:18
363	1145	Rui Neves	Clube Zupper / Spineclinic	Senior Masculino	02:28:14	+01:35:38	12:21
364	2604	A.Martins	NOCTURNOS DE PAREDES	Senior Masculino	02:32:29	+01:39:53	12:42
365	2729	Jorge Carneiro	PTC	Senior Masculino	02:33:15	+01:40:40	12:46
366	2728	João Ramos	PTC	Senior Masculino	02:33:17	+01:40:41	12:46
367	2733	Vasco Leite	PTC	Senior Masculino	02:33:18	+01:40:42	12:47
368	2825	Bruno Martins	USF TS	Senior Masculino	02:33:28	+01:40:53	12:47
369	2598	José Andrade	Nascidos para Correr	Senior Masculino	02:43:20	+01:50:45	13:37
370	2577	André Santos	MSS CONTABILIDADE	Senior Masculino	03:24:12	+02:31:37	17:01

Sub 23 Feminino

1	2648	Renata Vinagre	ozxtreme/RDA	Sub 23 Feminino	01:16:08		06:21
2	2649	Catarina Cerqueira	Palmeira Runners	Sub 23 Feminino	01:21:07	+05:00	06:46
3	2486	cristiana do vale correia	Individual	Sub 23 Feminino	01:25:04	+08:57	07:05
4	2830	Mafalda Alves	USF TS	Sub 23 Feminino	01:41:02	+24:54	08:25
5	2064	Carina Gonçalves Ferreira	AMIGOS DO PEDAL TRAILAGARES	Sub 23 Feminino	01:42:33	+26:26	08:33
6	2501	Joana Ferreira	LA Zinco	Sub 23 Feminino	02:00:51	+44:43	10:04
7	2126	Fanny Silva	BTT Alegria / TUBANI	Sub 23 Feminino	02:12:37	+56:30	11:03
8	2518	Adriana Almeida	Leões de Tardariz Trail	Sub 23 Feminino	03:01:28	+01:45:20	15:07

Sub 23 Masculino

1	2065	Miguel Ângelo de Oliveira Pinto	AMIGOS DO PEDAL TRILAGARES	Sub 23 Masculino	01:02:32	05:13
2	2817	Jorge Beliago	Trinca Orelhas de Gato	Sub 23 Masculino	01:13:39	+11:08 06:08
3	2487	Vitor Yang	Individual	Sub 23 Masculino	01:19:29	+16:58 06:37

Mini Trilhos 12km

12 KM

[illegible]

OFFICIAL RESULT

[illegible]

4	2047	Álvaro Santos	ALIANÇA DE GANDRA	Sub 23 Masculino	01:20:08	+17:36	06:41
5	2816	Emanuel Morata	Trinca Orelhas de Gato	Sub 23 Masculino	01:25:00	+22:29	07:05
6	2110	Diogo Ferreira	Associação Desportiva da Efaced	Sub 23 Masculino	01:33:34	+31:03	07:48
7	2708	Rui Moreira	PORTO SENTIDO RUNNERS	Sub 23 Masculino	01:55:46	+53:15	09:39
8	2590	Igor Rocha	MSS CONTABILIDADE	Sub 23 Masculino	02:08:06	+01:05:35	10:41
9	2207	Nuno Tavares Marques	ESPAÇO SAÚDE	Sub 23 Masculino	02:09:21	+01:06:50	10:47

12KM COLETIVA

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	GDR RETORTA	02:39:03 [1 + 2 + 3]	0
2	MSS CONTABILIDADE	03:15:22 [18 + 24 + 27]	0
3	A. D. Sebolido Trail Boneca Douro	03:16:44 [20 + 21 + 32]	0
4	AMIGOS DO PEDAL TRAILAGARES	03:23:56 [15 + 17 + 90]	0
5	CORRER POR UM SORRISO	03:29:53 [16 + 38 + 99]	0
6	Trinca Orelhas de Gato	03:30:12 [8 + 68 + 95]	0
7	PORTO SENTIDO RUNNERS	03:33:37 [25 + 33 + 105]	0
8	É pro cumbibiu	03:33:47 [28 + 50 + 78]	0
9	10TEMIDOS	03:37:39 [29 + 59 + 92]	0
10	Clube Zupper / Spineclinic	03:40:24 [47 + 54 + 88]	0
11	ENGOMADORIA L&A	03:41:34 [7 + 131 + 148]	0
12	Mountain Runners	03:42:14 [40 + 72 + 101]	0
13	ALIANÇA DE GANDRA	03:46:00 [30 + 97 + 113]	0
14	GONDOMAR FUTSAL CLUBE	03:46:17 [44 + 85 + 110]	0
15	Nascidos para Correr	03:53:37 [57 + 124 + 125]	0
16	Dá-Lhe Gás	03:56:51 [14 + 201 + 202]	0
17	AMOTINADOS TRAIL	03:59:17 [45 + 89 + 253]	0
18	NOCTURNOS DE PAREDES	03:59:46 [19 + 204 + 207]	0
19	Leões de Tardariz Trail	04:02:54 [79 + 127 + 186]	0
20	PAVANCA	04:04:21 [86 + 98 + 209]	0
21	TEAM SHARK	04:05:10 [91 + 145 + 167]	0
22	Maisfit Runners	04:06:52 [69 + 96 + 282]	0
23	os aventureiros	04:07:14 [122 + 123 + 185]	0
24	DDT Runners	04:09:08 [23 + 199 + 311]	0
25	PTC	04:09:37 [62 + 189 + 239]	0
26	Monte dos Amigos/Juventude Ribeiras	04:14:29 [121 + 157 + 238]	0
27	TEAM LANTEMIL	04:15:50 [53 + 146 + 363]	0
28	Amigos Sem Limites	04:16:45 [119 + 171 + 247]	0
29	danados	04:18:50 [58 + 76 + 469]	0
30	BTT Alegria / TUBANI	04:21:23 [83 + 242 + 279]	0
31	ONE MORE MILE	04:22:14 [130 + 174 + 304]	0
32	PORTOCARGO	04:24:02 [67 + 133 + 446]	0
33	Mozelos Runners	04:24:47 [136 + 227 + 274]	0
34	PT JRSOUSA TEAM	04:27:29 [128 + 249 + 291]	0
35	EI Team Trail	04:29:05 [177 + 250 + 263]	0
36	USF TS	04:29:34 [112 + 219 + 350]	0
37	CicloTainadas	04:30:18 [162 + 163 + 366]	0
38	Equipa João Ferreira	04:37:14 [213 + 252 + 314]	0

12KM COLETIVA

[illegible]

39	TrepaTrilhos Trail Team	04:44:31 [181 + 240 + 448]	0
40	GTT - Armazém do Caffè	04:50:48 [221 + 309 + 408]	0
41	Alago's Team	04:53:26 [166 + 346 + 445]	0
42	Paredes Running	04:58:26 [176 + 395 + 453]	0
43	Carros de Mato do Asfalto	04:59:19 [266 + 383 + 384]	0
44	As Trailers	04:59:52 [268 + 284 + 494]	0
45	Obra ABC	05:01:15 [117 + 422 + 500]	0
46	Not Fast Just Furious	05:01:49 [280 + 310 + 471]	0
47	OsFazConta	05:05:00 [75 + 441 + 565]	0
48	PM	05:05:35 [265 + 289 + 540]	0
49	BUDEGUITA RUNNERS	05:12:31 [108 + 245 + 694]	0
50	ArejarOcapacete	05:12:51 [388 + 402 + 404]	0
51	KeMedo Team	05:13:16 [296 + 299 + 574]	0
52	TODOS AO MONTE	05:13:34 [259 + 260 + 626]	0
53	8.2 Team	05:20:11 [417 + 418 + 419]	0
54	GENEROSOS RUNNERS	05:21:22 [356 + 462 + 463]	0
55	Os TurboMula	05:36:13 [159 + 438 + 706]	0
56	fun people	05:39:27 [373 + 437 + 620]	0
57	Clube Galp Energia Norte	05:42:21 [464 + 525 + 526]	0
58	Amigos do Santo Ambrósio	05:50:27 [400 + 472 + 659]	0
59	butterfly	05:50:50 [354 + 552 + 633]	0
60	Taylors325	05:55:19 [474 + 476 + 654]	0
61	CORRER LEÇA	05:58:42 [416 + 608 + 610]	0
62	Só Descidas!!	05:59:46 [541 + 558 + 559]	0
63	All About	06:03:38 [147 + 678 + 705]	0
64	FFit Gaia Trail	06:11:48 [579 + 585 + 586]	0
65	Into the wild	06:12:45 [37 + 734 + 735]	0
66	CAMIR	06:29:03 [410 + 697 + 698]	0
67	os caga tacos running team	06:37:09 [635 + 636 + 680]	0
68	Moreira Relax Runners	06:41:39 [539 + 669 + 721]	0
69	Pé na Rota	06:50:02 [672 + 673 + 674]	0