

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
1.	76	Alexandre Blasques		M	Sub23 M	01:19:36,544	05:19	1
2.	420	Joao Oliveira	GO!Runners / Outpro Store	M	M40	01:25:09,760	05:41	1
3.	158	Ricardo Parada	Zimbra Fox Runners	M	Sen M	01:25:47,586	05:43	1
4.	120	Gonçalo Pais		M	M40	01:25:55,515	05:44	2
5.	403	Francisco Carvalho	Escaravelhos Team	M	Sen M	01:26:15,305	05:45	2
6.	389	Simão Seïça	Crash&Run	M	Sen M	01:29:52,622	05:59	3
7.	102	Carlos Taveira	Aminhacorrída/Myprotein	M	M40	01:30:05,890	06:01	3
8.	114	Romeu Colaço	Gin. Qta do Valbom - AAAlcochete	M	Sen M	01:31:27,263	06:06	4
9.	421	Nuno Gomes	GO!Runners / Outpro Store	M	Sen M	01:32:14,690	06:09	5
10.	167	Paulo Raposo	Os Coxos e o Miguel	M	M40	01:33:11,805	06:13	4
11.	109	Renato Marques	Gin. Qta do Valbom - AAAlcochete	M	Sen M	01:33:31,972	06:14	6
12.	111	Hugo Henriques	Galhardos Runners	M	Sen M	01:33:33,064	06:14	7
13.	419	Diogo Sousa	GO!Runners / Outpro Store	M	Sen M	01:33:37,215	06:14	8
14.	307	Fernando Santos	Clube de Praças da Armada	M	M50	01:34:09,529	06:17	1
15.	131	João Silva	3ª Companhia	M	Sub23 M	01:35:31,859	06:22	2
16.	185	Antonio Soares	OPraticante.pt	M	M50	01:36:27,277	06:26	2
17.	335	José Serrano	Monsanto Running Team	M	M45	01:40:23,526	06:41	1
18.	112	Filipe Pimenta		M	Sen M	01:40:59,380	06:44	9
19.	155	Nuno Oliveira	Os Coxos e o Miguel	M	M40	01:41:00,368	06:44	5
20.	221	Alexis Pedrosa	Gin. Qta do Valbom - AAAlcochete	M	Sen M	01:41:06,849	06:44	10
21.	384	Fábio Jesus	Sines Crosstraining	M	Sen M	01:42:03,351	06:48	11
22.	8	Paulo Romão	Sines Crosstraining	M	Sen M	01:42:04,356	06:48	12
23.	385	Luís Pereira	Clube Corrida REN	M	Sen M	01:42:05,465	06:49	13
24.	16	Tiago Silva	Zimbra Fox Runners	M	M40	01:42:18,277	06:49	6
25.	238	Alipio Trigo	Escola de Atletismo do Montijo-A.F.D.D	M	M40	01:42:58,480	06:52	7
26.	273	Pedro Borregana	Grupo Desportivo Fisipe	M	M40	01:43:07,668	06:52	8
27.	117	Rui Silva	Salamandrecos	M	M40	01:43:18,749	06:53	9
28.	14	Daniel Simões	4x4	M	Sen M	01:43:19,657	06:53	14
29.	299	Jorge Pé-Curto	OCS-ProAventuras	M	M40	01:43:47,483	06:55	10
30.	413	Paulo Santos	Housemartins Belas	M	M40	01:44:57,081	07:00	11
31.	213	André Martins	Tálenos Team	M	Sen M	01:45:02,177	07:00	15
32.	123	Rui Carvalho		M	M45	01:45:59,926	07:04	2
33.	40	Ricardo Rodrigues		M	Sen M	01:47:09,173	07:08	16
34.	141	Henrique Pereira	Os Coxos e o Miguel	M	Sen M	01:47:25,668	07:10	17
35.	433	Teresa Afonso		F	F40	01:47:42,351	07:11	1
36.	236	Vitor Bragança	Os Coxos e o Miguel	M	M45	01:47:44,437	07:11	3
37.	93	Vitor Lebre		M	M40	01:48:10,484	07:13	12
38.	352	Nuno Lagrange		M	M40	01:49:11,813	07:17	13
39.	69	Rui Miguel	Run crew trail Montijo	M	M45	01:49:18,712	07:17	4
40.	134	Pedro Palminha	MTF-HCS	M	M40	01:50:03,309	07:20	14
41.	65	Tiago Sameiro	Duros da Lentidão	M	M45	01:50:08,988	07:20	5
42.	137	Paulo Henriques		M	M40	01:50:40,559	07:23	15
43.	291	Miguel Lino	OCS-ProAventuras	M	M45	01:50:48,616	07:23	6
44.	144	Carlos Graça	MMRunners	M	Sen M	01:51:00,537	07:24	18

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
45.	13	Sérgio Sebastião	4x4	M	Sen M	01:51:08,475	07:25	19
46.	30	João Oliveira	Zimbra Fox Runners	M	M45	01:51:45,406	07:27	7
47.	165	Luís Lopes	Tálenos Team	M	M40	01:51:53,677	07:28	16
48.	92	João Paulino	Volkswagen Autoeuropa	M	M55	01:51:57,395	07:28	1
49.	206	Carlos Fernandes	Tálenos Team	M	M45	01:52:04,430	07:28	8
50.	312	Pedro Pinheiro		M	M40	01:52:06,989	07:28	17
51.	407	Marco Ribeiro	MazeRunners	M	Sen M	01:54:40,014	07:38	20
52.	369	Tiago Fernandes		M	Sen M	01:55:21,563	07:41	21
53.	125	Flavio Monteiro		M	M45	01:55:26,200	07:42	9
54.	43	Joao Perneco		M	M45	01:55:36,431	07:43	10
55.	368	André Marques		M	Sen M	01:56:06,223	07:44	22
56.	370	Ruben Batista		M	Sen M	01:56:18,558	07:45	23
57.	15	Telmo Macarrão	Sines Crosstraining	M	M40	01:58:24,420	07:53	18
58.	153	Jorge Pires	Os Coxos e o Miguel	M	M40	01:59:04,953	07:56	19
59.	350	Ivone Ferreira	Trilho Perdido Eventos / Importlux	F	F45	01:59:05,441	07:56	1
60.	33	Pedro Calado	OCS-ProAventuras	M	M40	01:59:50,508	07:59	20
61.	154	Sergio Soares	Os Coxos e o Miguel	M	M40	02:00:19,658	08:01	21
62.	95	Marco Lourenço		M	Sen M	02:00:29,939	08:02	24
63.	318	Marco Silva		M	M40	02:01:13,263	08:05	22
64.	268	Alberto Silva	Grupo Desportivo Santa Cruz	M	M40	02:01:26,424	08:06	23
65.	168	Pedro Almeida	Arrasta a Cota	M	M40	02:01:46,733	08:07	24
66.	121	Carla Garrett	Gin. Qta do Valbom - AAAlcochete	F	Sen F	02:01:48,964	08:07	1
67.	405	Carlos Vigário	Quarto 85	M	Sen M	02:02:15,435	08:09	25
68.	406	Tiago Pinto	Quarto 85	M	Sen M	02:02:18,072	08:09	26
69.	135	Vitor Reis	AROO	M	M40	02:02:30,147	08:10	25
70.	270	João Dias	CCD Siemens	M	Sen M	02:02:48,075	08:11	27
71.	281	João Fernandes	CCD Siemens	M	Sen M	02:02:50,911	08:11	28
72.	355	Fátima Cruzeiro	AROO	F	F40	02:02:53,547	08:11	2
73.	382	Raul Neto	Tamos juntos	M	Sen M	02:03:54,314	08:16	29
74.	383	Ricardo Cunha	Tamos juntos	M	Sen M	02:03:56,545	08:16	30
75.	184	Miguel Torres	RPT	M	Sen M	02:03:57,079	08:16	31
76.	423	Patrícia Lourenço	GO!Runners / Outpro Store	F	Sen F	02:03:58,126	08:16	2
77.	74	Fernando Silva	A natureza ensina	M	Sen M	02:04:18,552	08:17	32
78.	147	Marco Matos	AROO	M	M40	02:05:13,193	08:21	26
79.	63	Nuno Francisco		M	M40	02:05:44,050	08:23	27
80.	199	Carlos Albino		M	M40	02:05:45,259	08:23	28
81.	305	Helder Pereira	Running Crew	M	Sen M	02:07:10,675	08:29	33
82.	106	Rui Pereira	Os Coxos e o Miguel	M	M45	02:07:24,571	08:29	11
83.	41	Hugo Evaristo		M	Sen M	02:08:46,912	08:35	34
84.	66	Rui Leal	Duros da Lentidão	M	Sen M	02:08:49,222	08:35	35
85.	398	Orlando Alves		M	M45	02:09:30,513	08:38	12
86.	29	Miguel Cruz	Tálenos Team	M	M40	02:09:35,900	08:38	29
87.	35	Luis Cruz		M	M40	02:09:45,979	08:39	30
88.	395	Casimiro Silva	GRCD Leão - Cobras Trailistas	M	M40	02:09:47,309	08:39	31

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
89.	84	Luís Gonçalves	G.D.R. São Francisco da Serra	M	M40	02:09:50,193	08:40	32
90.	354	Tito Pereira	G.D.R. São Francisco da Serra	M	Sen M	02:09:50,567	08:40	36
91.	159	Ricardo Luís	Spuro Running	M	M40	02:09:57,136	08:40	33
92.	351	Ana Correia	Trilho Perdido Eventos / Imporlux	F	F40	02:10:11,863	08:41	3
93.	45	Vitor Duarte	LáChegarei	M	Sen M	02:10:48,240	08:43	37
94.	46	Hugo Queimado	LáChegarei	M	M40	02:10:48,504	08:43	34
95.	182	Sílvio Patrício	adatrailrunning	M	Sen M	02:11:18,001	08:45	38
96.	157	Bruno Perdigão	Os Coxos e o Miguel	M	M40	02:11:43,384	08:47	35
97.	261	Nuno Batista	MazeRunners	M	M40	02:11:45,228	08:47	36
98.	255	Fábio Pereira	MazeRunners	M	Sen M	02:11:45,414	08:47	39
99.	36	Mário Filipe	Salamandrecos	M	M50	02:11:58,870	08:48	3
100.	414	André Reis	MultiRunners	M	M40	02:12:53,562	08:52	37
101.	243	Tiago Delgado		M	Sen M	02:13:01,415	08:52	40
102.	156	Pedro Afonso		M	Sub23 M	02:13:10,889	08:53	3
103.	133	Sérgio Lopes		M	M40	02:13:46,186	08:55	38
104.	272	Florianio Silva	Aminhacorrída/Myprotein	M	Sen M	02:13:46,554	08:55	41
105.	21	Ricardo Martins	MTF-HCS	M	M45	02:13:52,559	08:55	13
106.	284	José Raposo	Grupo Desportivo Santander Totta	M	M45	02:14:18,369	08:57	14
107.	180	Olga Caiado	Domingeira	F	F45	02:14:29,731	08:58	2
108.	220	Rui Soares		M	Sen M	02:14:31,503	08:58	42
109.	390	Jorge Gomes		M	Sen M	02:14:54,237	08:59	43
110.	143	Miguel Marques	Atletadesofa.com	M	Sen M	02:15:32,344	09:02	44
111.	204	Carlos Brito	Tálenos Team	M	M40	02:15:39,920	09:02	39
112.	173	Adolfo Ameixa	Bikers do Pior	M	M40	02:15:43,002	09:03	40
113.	190	Nuno Nunes		M	M40	02:15:43,021	09:03	41
114.	58	Alexandra Silva	Tálenos Team	F	F40	02:16:01,196	09:04	4
115.	57	André Silva	Tálenos Team	M	Sen M	02:16:01,326	09:04	45
116.	401	Rui Lóio	Volkswagen Autoeuropa	M	M50	02:16:10,668	09:05	4
117.	110	Joao Gameiro		M	Sen M	02:16:20,439	09:05	46
118.	362	Sofia Coelho	Arrábida Obstacle Runners	F	Sen F	02:17:02,211	09:08	3
119.	211	Miguel Oliveira	Tálenos Team	M	M45	02:17:45,229	09:11	15
120.	294	João Marques	OCS-ProAventuras	M	M55	02:18:07,252	09:13	2
121.	296	Jennifer Oliveira	OCS-ProAventuras	F	Sen F	02:18:07,623	09:13	4
122.	293	Amélia Costa	OCS-ProAventuras	F	F50	02:18:07,950	09:13	1
123.	203	Jaime Lamego	MultiRunners	M	M55	02:18:10,138	09:13	3
124.	132	Dário Nobre		M	Sen M	02:18:30,797	09:14	47
125.	415	Filipe Luís		M	Sen M	02:18:49,533	09:15	48
126.	7	Saúl Abdula		M	Sen M	02:18:57,448	09:16	49
127.	18	Bruno Faneca		M	Sen M	02:18:57,646	09:16	50
128.	124	Patrícia Geraldés		F	F45	02:19:01,066	09:16	3
129.	428	Rafael Lopes		M	Jun M	02:19:02,741	09:16	1
130.	267	Crina Oltean	Tartarugas Furiosas	F	Sen F	02:19:02,873	09:16	5
131.	391	Inês Mateus		F	Sub23 F	02:19:07,731	09:16	1
132.	388	Edgar Guerreiro		M	Sen M	02:19:08,489	09:17	51

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
133.	170	Luis Pereira	Os Coxos e o Miguel	M	M40	02:19:15,814	09:17	42
134.	145	Ricardo Dias	Team Pernetas	M	M40	02:19:37,188	09:19	43
135.	122	Hélder Monteiro	Team Pernetas	M	M45	02:19:37,466	09:19	16
136.	214	Fernando Nascimento	Tálenos Team	M	M50	02:19:46,179	09:19	5
137.	271	Carla Fernandes	Aminhacorrída/Myprotein	F	Sen F	02:21:00,726	09:24	6
138.	393	Joaquim Carrilho	SSCGD	M	M50	02:21:09,787	09:25	6
139.	247	Martinho Dias	Correr Lisboa	M	M40	02:21:17,310	09:25	44
140.	275	Ana Mesquita		F	Sen F	02:21:21,584	09:25	7
141.	276	Joao Santo		M	Sen M	02:21:26,459	09:26	52
142.	432	Caeiro JOAQUIM	Alenminho	M	M45	02:22:06,161	09:28	17
143.	208	Dora Reis	Tálenos Team	F	F45	02:22:32,819	09:30	4
144.	337	Carlos Rodrigues	NEPN	M	M40	02:22:49,755	09:31	45
145.	260	João Perneco		M	M40	02:22:55,437	09:32	46
146.	358	Paula Silva	AROO	F	F45	02:23:08,499	09:32	5
147.	280	Humberto Rodrigues	Pascoalitos	M	Sen M	02:24:10,278	09:37	53
148.	331	Cândido Alves	CCD Crédito Agrícola Mútuo	M	M45	02:25:06,075	09:40	18
149.	334	João Tobias	CCD Crédito Agrícola Mútuo	M	Sen M	02:25:06,411	09:40	54
150.	402	Carlos Filipe		M	M50	02:25:21,234	09:41	7
151.	279	Avelino Rodrigues	Pascoalitos	M	M40	02:25:28,459	09:42	47
152.	130	Sonia Santos	Dolce Furadouro	F	Sen F	02:27:18,063	09:49	8
153.	313	Filipe Martins		M	Sen M	02:27:18,501	09:49	55
154.	317	Rui Rosado		M	M40	02:27:31,018	09:50	48
155.	34	Bruno Silva	Crossift Montijo	M	Sen M	02:27:41,963	09:51	56
156.	85	Luis Vilhena	Crossift Montijo	M	Sen M	02:27:43,503	09:51	57
157.	254	Carlos Abreu	Associação da Juventude Vidense	M	Sen M	02:28:11,190	09:53	58
158.	1	Rui Botas	MTF-HCS	M	M45	02:28:27,122	09:54	19
159.	308	Luís Simão	boom trail team	M	Sen M	02:29:16,422	09:57	59
160.	269	Ana Henrique	boom trail team	F	F40	02:29:17,052	09:57	5
161.	262	Luís Costa	AL-MOÇA-GEME	M	Sen M	02:29:55,003	09:59	60
162.	277	André Barroso		M	Sen M	02:30:12,942	10:01	61
163.	22	Alexandra Jose	Os Coxos e o Miguel	F	Sen F	02:31:01,844	10:04	9
164.	44	Marco Cachinho	Kaninos	M	Sen M	02:31:10,037	10:05	62
165.	181	Mario Santiago	Kaninos	M	M50	02:31:11,301	10:05	8
166.	77	Carlos Nogueira	Cabaré dos Coxos	M	M45	02:31:13,194	10:05	20
167.	88	João Vieira	Centro de Marcha e Corrida de Alenquer	M	M55	02:31:13,936	10:05	4
168.	346	Eduardo Pinto		M	M40	02:32:05,633	10:08	49
169.	116	Marco Loura		M	Sen M	02:32:06,992	10:08	63
170.	32	Telmo Cardoso		M	Sen M	02:32:07,043	10:08	64
171.	265	Pedro Silva	AL-MOÇA-GEME	M	Sen M	02:32:45,182	10:11	65
172.	256	Pedro Fernandes	MazeRunners	M	Sen M	02:32:50,949	10:11	66
173.	87	Ana Mourato	So vamos pelo Moscatel	F	F40	02:33:26,712	10:14	6
174.	146	Filipa Reis	Manas Sier	F	Sub23 F	02:34:45,060	10:19	2
175.	245	Joao Almeida	Kaninos	M	M50	02:34:47,288	10:19	9
176.	104	Catia Zurga	Super atletas	F	Sen F	02:35:04,211	10:20	10

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177.	38	Paulo Pardal	R.F.F.-Run For Fun	M	M40	02:35:55,077	10:23	50
178.	60	Nuno Goncalves	Fraquinhosteam	M	M45	02:36:20,714	10:25	21
179.	59	Miguel Pedro	Fraquinhosteam	M	M45	02:36:21,365	10:25	22
180.	62	Francisco Vale	Fraquinhosteam	M	M40	02:36:22,155	10:25	51
181.	48	Isabel Dias	Cabaré dos Coxos	F	F50	02:37:23,503	10:29	2
182.	24	Carlos Andrade	Cabaré dos Coxos	M	Sen M	02:37:25,070	10:29	67
183.	248	Natasha Planas	Salamandreco	F	F45	02:38:08,138	10:32	6
184.	249	Miguel Baptista	Salamandreco	M	M50	02:38:08,217	10:32	10
185.	219	Pedro Águas	O Covil	M	Sen M	02:38:11,756	10:33	68
186.	359	Nuno Abreu		M	Sen M	02:38:12,287	10:33	69
187.	218	Telmo Clemente	O Covil	M	Sen M	02:38:12,390	10:33	70
188.	177	Julia Andrade		F	Sen F	02:38:30,498	10:34	11
189.	176	Rui Salvador		M	M40	02:38:32,237	10:34	52
190.	282	Tiago Pires	MTF-HCS	M	Juv M	02:38:58,625	10:36	1
191.	228	Gilberto Silva		M	M50	02:39:32,287	10:38	11
192.	64	Tiago Rodrigues	Duros da Lentidão	M	Sen M	02:39:37,600	10:38	71
193.	12	Luís Moiteiro	Atletadesofa.com	M	Sen M	02:40:03,773	10:40	72
194.	160	Márcio Lemos	MazeRunners	M	Sen M	02:40:14,680	10:41	73
195.	246	Isabel Barra	Gafanhori	F	F45	02:40:19,119	10:41	7
196.	80	Inês Jacob	Sines Crosstraining	F	Sen F	02:40:26,473	10:42	12
197.	81	Carlos Guerrinha	Sines Crosstraining	M	Sen M	02:40:28,574	10:42	74
198.	379	Carlos Claro	Claro	M	Sen M	02:40:38,613	10:43	75
199.	71	José Rodrigues	Pernas Tortas	M	M45	02:41:45,605	10:47	23
200.	72	Antonia Furtado	Pernas Tortas	F	F45	02:41:46,335	10:47	8
201.	115	Bruno Viegas	Viegas	M	M40	02:43:45,538	10:55	53
202.	150	Mário Moraes		M	M40	02:43:45,767	10:55	54
203.	436	Fernando Teixeira	Correr Lisboa	M	M55	02:44:06,603	10:56	5
204.	9	Joao Martins	MultiRunners	M	Sen M	02:44:37,737	10:58	76
205.	234	Sérgio Silva	Ratazanais do mato	M	Sen M	02:45:08,300	11:01	77
206.	233	Álvaro Silva	Ratazanais do mato	M	Sen M	02:45:08,491	11:01	78
207.	99	Antonio Cardoso	Runners da Frente Ribeirinha Póvoa Santa Iria	M	M40	02:45:25,467	11:02	55
208.	311	Orlando Custodio	gartors	M	M40	02:45:25,500	11:02	56
209.	94	Pedro Cardoso	Runners da Frente Ribeirinha Póvoa Santa Iria	M	Sen M	02:45:31,072	11:02	79
210.	107	Carlos Canelas		M	M45	02:45:31,280	11:02	24
211.	304	Sofia Rodrigues		F	Sen F	02:45:37,367	11:02	13
212.	47	Sónia Domingos	Cabaré dos Coxos	F	F40	02:46:12,991	11:05	7
213.	3	Bruno Neves		M	Sen M	02:48:04,146	11:12	80
214.	215	Pedro Nobre	Tálenos Team	M	Sen M	02:50:57,632	11:24	81
215.	6	João Antunes	#tiraorabodosofa	M	Sen M	02:51:09,398	11:25	82
216.	11	Paula Jorge	Casal Maravilha	F	F40	02:51:13,491	11:25	8
217.	10	Hugo Pereira	Casal Maravilha	M	M40	02:51:15,752	11:25	57
218.	283	Carlos Alexandre		M	M40	02:51:23,631	11:26	58
219.	404	Inês Pereira	AROO	F	Sen F	02:51:58,055	11:28	14
220.	427	Maria De Lurdes	LINK	F	F45	02:52:46,868	11:31	9

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
221.	357	Henrique Cola	AROO	M	M40	02:54:12,700	11:37	59
222.	356	Rogério Becho	AROO	M	M40	02:54:12,954	11:37	60
223.	237	Ricardo Silvestre	BRRnightRUNNERS	M	Sen M	02:55:02,394	11:40	83
224.	242	Mario Caneira	Jobrinde montes saloios	M	M45	02:56:13,052	11:45	25
225.	437	Nuno Cruz		M	Sen M	02:57:05,867	11:49	84
226.	31	Luis Morgado		M	Sen M	02:57:06,378	11:49	85
227.	20	José Pereira		M	M45	02:57:07,589	11:49	26
228.	96	Hélder Abrantes		M	M50	02:58:56,698	11:56	12
229.	322	Ana Fernandes		F	Sen F	02:59:48,777	11:59	15
230.	250	Andreia Belo	MazeRunners	F	Sen F	02:59:51,999	11:59	16
231.	89	Marta Reis	Manas Sier	F	Sen F	02:59:54,650	11:59	17
232.	325	João Pardal		M	Sen M	02:59:54,810	11:59	86
233.	91	Vera Ramos		F	Sen F	03:00:01,881	12:00	18
234.	380	Luis Claro	Claro	M	Sen M	03:00:03,003	12:00	87
235.	67	Jorge Zambujo	Atletadesofa.com	M	M45	03:00:09,384	12:01	27
236.	259	José Ramalho		M	M40	03:02:44,375	12:11	61
237.	82	Tânia Figueiredo	Crossift Montijo	F	Sen F	03:03:07,846	12:13	19
238.	83	Carlos Trindade	Crossift Montijo	M	M45	03:03:08,683	12:13	28
239.	266	Joao Galveia	Tartarugas Furiosas	M	M40	03:08:01,600	12:32	62
240.	127	Amadeu Paulino	R.F.F.-Run For Fun	M	M40	03:09:21,544	12:37	63
241.	252	Carla Laranjo	MazeRunners	F	Sen F	03:09:38,176	12:38	20
242.	251	Paulo Correia	MazeRunners	M	Sen M	03:09:38,864	12:38	88
243.	394	Ricardo Sarmento	R.F.F.-Run For Fun	M	M40	03:11:32,283	12:46	64
244.	416	Paula Neves	Gáfete Runnerss	F	F45	03:11:57,333	12:48	10
245.	417	Ana Santinho	Gáfete Runnerss	F	Sen F	03:11:58,379	12:48	21
246.	434	Simões GONÇALO	O javali esta mais magro	M	Sen M	03:12:06,574	12:49	89
247.	364	Gonçalo Reduto	O javali esta mais magro	M	Sen M	03:12:06,670	12:49	90
248.	435	Teixeira DIOGO	O javali esta mais magro	M	Sen M	03:12:08,808	12:49	91
249.	363	Tiago Valente	O javali esta mais magro	M	Sen M	03:12:09,659	12:49	92
250.	378	Pedro Barroso	O javali esta mais magro	M	Sen M	03:12:10,149	12:49	93
251.	341	Sónia Baião	Crossift Montijo	F	Sen F	03:12:11,173	12:49	22
252.	347	Filipe Coelho	O javali esta mais magro	M	Sen M	03:12:12,323	12:49	94
253.	174	Paulo Cecilio	Crossift Montijo	M	M40	03:12:13,855	12:49	65
254.	4	Carmen Cuna		F	F40	03:13:50,852	12:55	9
255.	287	Nuno Pereira	OCR Panthers	M	Sen M	03:16:05,370	13:04	95
256.	288	Pedro Neves	OCR Panthers	M	Sen M	03:16:07,931	13:04	96
257.	285	Frederico Monteiro	OCR Panthers	M	Sen M	03:16:12,748	13:05	97
258.	193	Bruno Candeias	Vai andando que ja te apanho	M	Sen M	03:16:59,231	13:08	98
259.	320	João Eufémio	Crossift Montijo	M	Sen M	03:17:24,069	13:10	99
260.	409	Nuno Monteiro		M	Sen M	03:17:24,574	13:10	100
261.	336	José Apolinário	Crossift Montijo	M	Sen M	03:17:25,070	13:10	101
262.	408	Joana Santos		F	Sen F	03:17:25,811	13:10	23
263.	345	Susana Apolinário	Crossift Montijo	F	Sen F	03:17:27,123	13:10	24
264.	54	Helena Sanches	Cabaré dos Coxos	F	F45	03:18:32,184	13:14	11

Col	Num	Nome	Equipa	Sx	Cat	Tempo	Média	Cat.
265.	323	Carlos Goncalves		M	M60	03:18:32,313	13:14	1
266.	101	José Neto	Cabaré dos Coxos	M	M40	03:18:32,972	13:14	66
267.	324	Anabela Silva		F	F45	03:18:33,510	13:14	12
268.	25	Alexandra Fernandes	Cabaré dos Coxos	F	Sen F	03:21:02,709	13:24	25
269.	56	Catarina Pontes	Cabaré dos Coxos	F	F40	03:21:02,926	13:24	10
270.	50	Cláudia Macara	Cabaré dos Coxos	F	F40	03:21:03,944	13:24	11
271.	319	Pedro Lucas		M	Sen M	03:24:00,905	13:36	102
272.	194	Leila Lopes	Vai andando que ja te apanho	F	Sen F	03:24:01,500	13:36	26
273.	195	Carlos Martins	Vai andando que ja te apanho	M	Sen M	03:24:01,912	13:36	103
274.	316	Noemi Cruz	Gin. Qta do Valbom - AAAIcochete	F	Sen F	03:26:40,484	13:47	27
275.	314	Mário Dias	Gin. Qta do Valbom - AAAIcochete	M	M50	03:26:40,665	13:47	13
276.	315	Susana Cruz		F	Sen F	03:26:47,720	13:47	28
277.	27	João Costa	H2SO4	M	M40	03:28:02,123	13:52	67
278.	28	Claudia Gaspar	H2SO4	F	Sen F	03:28:03,423	13:52	29
279.	431	Arminda Basília	OPraticante.pt	F	F40	03:28:38,020	13:55	12
280.	49	Angela Silva	Cabaré dos Coxos	F	Sen F	03:29:34,847	13:58	30
281.	26	Eunice Lourenço	Cabaré dos Coxos	F	F40	03:29:36,457	13:58	13
282.	264	Joaquim Simao		M	M55	03:29:47,827	13:59	6
283.	263	Daniel Been		M	M45	03:29:50,742	13:59	29
284.	412	Miguel Leal		M	M55	03:35:02,151	14:20	7
285.	196	Luis Silva	Vai andando que ja te apanho	M	Sen M	03:36:03,288	14:24	104
286.	197	Ligia Antunes	Vai andando que ja te apanho	F	Sen F	03:36:03,670	14:24	31
287.	328	Ana Paiva		F	Sen F	03:40:43,945	14:43	32
288.	105	Pedro Caretas	Super atletas	M	Sen M	03:40:46,578	14:43	105
289.	327	Ana Leitao		F	Sen F	03:41:09,719	14:44	33
290.	39	Rita Cerqueira	R.F.F.-Run For Fun	F	Sen F	03:41:21,911	14:46	34
291.	400	Carla Ribeiro		F	F40	03:41:55,431	14:47	14
292.	399	Marta Ferreira		F	Sen F	03:41:55,787	14:47	35
293.	418	Ana Rodrigues		F	F55	03:41:56,511	14:48	1
294.	37	Armindo Maria	R.F.F.-Run For Fun	M	M45	03:43:03,512	14:52	30
295.	178	Luís Rosário	R.F.F.-Run For Fun	M	M40	03:43:22,838	14:53	68
296.	75	Nuno Mondas		M	M40	03:43:54,508	14:56	69
297.	410	Alexandra Candeias	Candeias	F	F40	03:51:10,650	15:25	15
-	210	Luis Batista	Tálenos Team	M	M50	Desclassificados		
-	302	João Fonseca	OCS-ProAventuras	M	M50	Desclassificado		