

Lugar	Nome	Equipa A	Tempo	Escalão	Dorsal
1	ALEX TONDELA	Montanha Clube Trail Running / Efapel	01:37:36.094	M40	1 1032
2	AVELINO MACEDO	Vila Verde A Correr	01:40:30.060	M40	2 1116
3	JOÃO MARTINS	Vila Verde A Correr	01:43:46.080	M40	3 1114
4	JOAO AFONSO	Academia Desportiva De Arcos De Valdevez	01:44:18.044	M40	4 1091
5	ANDRÉ COSTA	Nast- Núcleo Associativo De Santo Tirso	01:44:28.018	MSEN	1 1069
6	BRUNO NARCISO	Minho E Lima Trail	01:44:35.040	MSEN	2 1105
7	LUIS DANTAS	Tartarugas	01:46:30.066	MSEN	3 1125
8	FILIPE LIMA	Tartarugas	01:51:13.032	M40	5 1073
9	VASCO SOUSA	Coimbra Trail Running	01:51:38.024	M50	1 1107
10	ROBERTO FREITAS	Boavista Trail	01:51:49.087	MSEN	4 1119
11	ROGERIO VICENTE	Gtt - Armazém Do Café	01:52:25.080	M40	6 1100
12	MANUEL FERREIRA	Gd Airão Curviã	01:52:44.098	M50	2 1087
13	VÍTOR MELO	Trail Timeout	01:53:39.034	MSEN	5 1121
14	FERNANDO SEABRA	Daproduções	01:53:54.054	M50	3 1063
15	BRUNO RODRIGUES	Trail Timeout	01:54:37.098	MSEN	6 1096
16	TIAGO SANTOS	Vila Verde A Correr	01:56:04.073	MSEN	7 1126
17	PAULO SOUSA	Tartarugas	01:56:19.020	M40	7 1075
18	JORGE FERREIRA	Gd Airão Curviã	01:57:12.073	M40	8 1086
19	OCTÁVIO RODRIGUES	Vila Verde A Correr	01:57:43.065	MSEN	8 1115
20	LEANDRO PACHECO	Monte Dos Amigos	01:59:02.070	M40	9 1097
21	ADELINO PINTO	OpraticantE.Pt / Daproduções	01:59:02.075	MSEN	9 1066
22	JOAQUIM BARBOSA	Os Isabelinhas	02:00:35.055	M50	4 1092
23	PAULO FERREIRA	Clube Edp Lisboa	02:01:28.093	MSEN	10 1049
24	VITOR MENDES	Tesco Team	02:02:44.065	M40	10 2020
25	MICAEL MARTINS	Edl	02:03:54.056	MSEN	11 1058
26	AGOSTINHO TEIXEIRA	Gd Airão Curviã	02:03:54.065	MSEN	12 1088
27	MARCO DANTAS		02:05:02.039	MSEN	13 1070
28	HÉLDER FRANCO	Lethes Trail Team	02:09:08.049	MSEN	14 1108
29	ABEL FRANCO	Pirâmide Radical Clube	02:09:08.062	M40	11 1118
30	JOSÉ ANDRADE		02:09:50.032	MSEN	15 1043
31	ANABELA FERNANDES		02:10:32.044	FSEN	1 1117
32	RICARDO FERNANDES	Vila Verde A Correr	02:10:42.084	M40	12 1127
33	ANDRÉ FELGUEIRAS	Amigos Do Desporto	02:11:33.055	MSEN	16 1036
34	JOSÉ FERNANDES	Academia Desportiva De Arcos De Valdevez	02:12:00.030	M40	13 1111
35	SÉRGIO SILVA	Runforest	02:12:38.072	M40	14 1077
36	ANDRE MAGALHAES		02:14:15.048	MSEN	17 1112
37	PAULA COSTA	Academia Desportiva De Arcos De Valdevez	02:16:52.087	F40	1 1120
38	RUI SENDÃO		02:16:53.031	MSEN	18 1071
39	EDUARDO BARREIRO	Ker Sport Trail Running	02:16:54.086	M40	15 1079
40	NUNO SÁ		02:17:57.093	MSEN	19 1113
41	ANTÓNIO BARBOSA		02:18:03.068	MSEN	20 1022
42	ELISABETE MINISTRO	Palmeira Runners	02:19:01.062	F40	2 1037
43	JOSÉ GONÇALVES		02:19:03.043	MSEN	21 1053
44	JOSÉ SANTOS	Daproduções	02:19:09.067	M50	5 1072
45	MARCO FERNANDES		02:20:21.090	M40	16 1101
46	DIANA COSTA	Academia Desportiva De Arcos De Valdevez	02:20:27.089	FSEN	2 1039
47	ROBERTO MACHADO	Gd Airão Curviã	02:20:57.059	MSEN	22 1089
48	CARLOS TAVEIRA	Trogloditas Runners	02:21:05.088	MSEN	23 1128
49	TIAGO VILAÇA		02:25:07.031	MSEN	24 1017
50	JOSE PINHO	Xspartan	02:26:24.046	MSEN	25 1061
51	HELENA CASTRO	Nast- Núcleo Associativo De Santo Tirso	02:27:39.025	FSEN	3 1068
52	MANUEL VITAL		02:28:05.051	M50	6 1080
53	FRUTUOSO SOUSA	Amc Trail	02:28:16.067	MSEN	26 1011
54	DIEGO ABRIL	Trail Running Nigran	02:29:16.018	M40	17 1110
55	ADEMAR CONCEIÇÃO		02:32:22.099	MSEN	27 1122
56	LUIS IGLÉSIAS	Bigwinners	02:32:50.027	M50	7 1123
57	JOSÉ OLIVEIRA	20 Ver Correr	02:32:53.042	M40	18 1026
58	JOÃO MATOS		02:32:56.068	MSEN	28 1078
59	RICARDO GONÇALVES	Quarteto Fantástico	02:37:15.091	M40	19 1055
60	CARLA ROSA	Quarteto Fantástico	02:37:15.092	F40	3 1056
61	JOSE CRUZ	20 Kms Almeirim - Dsportos Montanha	02:37:47.035	M50	8 1007
62	ANA ÁGUAS	Mag	02:39:13.093	FSEN	4 1021
63	DIOGO BELO		02:39:43.079	MSEN	29 1095
64	MIGUEL RÊGO	Ecobarcaventura	02:43:23.089	M40	20 1129

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65	MAURICIO SOUSA	Ecobarcaventura	02:43:24.015	MSEN 30	1132
66	NUNO FREITAS	Ecobarcaventura	02:43:29.078	MSEN 31	1130
67	JOSE CAMPOS	Trail Running Nigran	02:44:10.083	M40 21	1081
68	JOÃO MINISTRO	Palmeira Runners	02:44:32.052	M50 9	1038
69	PATRÍCIA GOMES	Espinho Trail	02:44:40.002	FSEN 5	1076
70	SÉRGIO VIDEIRA		02:45:47.014	MSEN 32	1099
71	CARLA SILVA	Ker Sport Trail Running	02:51:50.070	F40 4	1023
72	ANTÓNIO MIRANDA	Ker Sport Trail Running	02:51:50.070	M50 10	1031
73	LIBÂNIA LOPES	Ker Sport Trail Running	02:51:50.071	FSEN 6	1024
74	JOSÉ LOPES		02:51:50.082	M50 11	1093
75	PEDRO CARDOSO	Xspartan	02:53:01.061	M40 22	1106
76	SÉRGIO PEREIRA	Smp-produtos Alimentares	02:55:11.088	M50 12	1012
77	ANTÓNIO LOUREIRO	Trepatrihos Trail Team	02:55:11.092	M50 13	1028
78	VITOR SILVA	Grupo Desportivo Limpeza Urbana - Cmp	02:59:04.025	M50 14	1041
79	HELDER GONÇALVES		02:59:20.059	MSEN 33	1067
80	FERNANDO PEREIRA		03:02:08.068	MSEN 34	1010
81	MÁRIO ARAÚJO	Equipa A	03:02:48.015	M40 23	1005
82	ANTÓNIA TOMAZ		03:02:48.031	F40 5	1006
83	LUIS DILVA	Espinho Trail	03:04:32.047	MSEN 35	1085
84	ANTONIO BILBAO		03:04:39.072	M50 15	1134
85	ANA MAGALHAES	Santarem	03:06:08.070	F40 6	1008
86	YOLANDA VALVERDE	Trail Running Nigran	03:09:52.041	FSEN 7	1082
87	JORGE SOUSA	Lethes Trail Team	03:11:08.079	M50 16	1045
88	FILIPE LEITÃO		03:12:06.082	M40 24	1046
89	JOÃO PAIS		03:12:06.094	M40 25	1047
90	CRISTINA DUARTE	Espinho Trail	03:14:25.031	F40 7	1098
91	MANUEL PEIXOTO		03:18:26.079	M40 26	1042
92	ANDRÉS ALDANA		03:19:36.021	MSEN 36	1025
93	SÉRGIO GANDARELA		03:22:42.044	MSEN 37	1033
94	TÂNIA SOUSA		03:25:22.005	FSEN 8	1034
95	SOFIA CARVALHIDO		03:25:22.016	FSEN 9	1124
96	LETICIA OLIVEIRA	Espinho Trail	03:27:52.028	FSEN 10	1104
97	ANDREIA RIBEIRO	OpraticantE.Pt / Boavista Trail	03:34:52.040	F40 8	1065
98	DAVID SILVA	OpraticantE.Pt	03:38:06.049	M50 17	1064
99	MONICA SANTOS		03:39:31.033	F40 9	1133
100	DINIS FREITAS	Xspartan	03:48:52.047	M40 27	1059
101	RUI LOPES	Xspartan	03:48:53.049	MSEN 38	1060
102	TONY BARBOSA	Espinho Trail	03:53:03.012	M40 28	1102
103	CARLA PEREIRA	Espinho Trail	03:53:03.033	FSEN 11	1103
104	ANA DUARTE	Espinho Trail	03:53:04.026	F50 1	1084
105	GARCIA SILVA	Ecobarcaventura	04:27:57.072	M50 18	1054