

Classificação Geral e Escalão

Trail Curto

9/11/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Ritmo	Diferenca
1	292	André Tiago Ribeiro	ABCansado Trail	M	S	1	02:01:42	4.87	00:00:00
2	285	José Lopes	Caça KM	M	S	2	02:03:28	4.94	00:01:46
3	277	Nelson Rodrigues	Galhardos runners	M	S	3	02:08:37	5.14	00:06:55
4	257	Emanuel Biscaia Lucas	Caça KM	M	S	4	02:18:54	5.56	00:17:12
5	255	Ricardo Simão	Polis Fitness Club	M	S	5	02:24:52	5.79	00:23:10
6	296	Pedro Morgado	GDCR LAGES	M	S	6	02:26:29	5.86	00:24:47
7	289	Ivo Morais	Associação Beat Your Limit!	M	M40	1	02:26:49	5.87	00:25:07
8	254	André Martins		M	S	7	02:26:50	5.87	00:25:08
9	250	Fábio Mendes	303	M	S	8	02:27:16	5.89	00:25:34
10	280	Daniel Paiva	Galhardos runners	M	S	9	02:28:22	5.93	00:26:40
11	282	Bruno Abreu	Guarda Runners	M	M40	2	02:28:58	5.96	00:27:16
12	252	Nuno Barbosa	Os Tolinhos	M	S	10	02:30:22	6.01	00:28:40
13	263	David José Pestana	Bombeiros de Mêda	M	M40	3	02:32:45	6.11	00:31:03
14	265	Vitor Pereira	BeApt	M	S	11	02:37:52	6.31	00:36:10
15	266	maria martins	BeApt	F	F50	1	02:37:52	6.31	00:36:10
16	290	Miguel Costa	Clube de Montanhismo da Guarda	M	M40	4	02:40:49	6.43	00:39:07
17	274	Alfredo Ribeiro	Linces do Marão	M	S	12	02:40:49	6.43	00:39:07
18	273	Ana Rita Balsemão Moreira	Clube de Montanhismo da Guarda	F	SF	1	02:41:29	6.46	00:39:47
19	288	Hugo Antunes	CCDR Colmeal da Torre	M	S	13	02:41:47	6.47	00:40:05
20	264	Rui Freitas	Esgalhada Trail Team	M	M40	5	02:42:49	6.51	00:41:07
21	291	Lídia Calado		F	SF	2	02:46:39	6.67	00:44:57
22	271	Filipe Neves		M	S	14	02:46:40	6.67	00:44:58
23	298	Rui Martins	CARAVELA SEGUROS Trail Running Team	M	M40	6	02:51:03	6.84	00:49:21
24	256	Filipe Afonso	Clube de Montanhismo da Guarda	M	M40	7	02:52:40	6.91	00:50:58
25	294	Tiago Lages	Clube de Montanhismo da Guarda	M	M40	8	03:03:01	7.32	01:01:19
26	295	Rogério Emanuel Palmeiro	SHFIT TRAIL TEAM	M	M40	9	03:04:16	7.37	01:02:34
27	286	Paulo Ferreira		M	M40	10	03:08:51	7.55	01:07:09
28	268	Carlos Teixeira	SHFIT TRAIL TEAM	M	M40	11	03:12:10	7.69	01:10:28
29	279	Diogo Santos	Galhardos runners	M	S	15	03:19:43	7.99	01:18:01
30	281	Cristina Sanches	ALLcainsRUN	F	F40	1	03:21:27	8.06	01:19:45
31	293	Nuno Dias		M	M40	12	03:21:30	8.06	01:19:48
32	278	César Nogueira	BAKARUS SAD	M	M40	13	03:26:53	8.28	01:25:11
33	261	Diogo Batista	Strix Running	M	S	16	03:26:54	8.28	01:25:12
34	283	Isidro Marques	BAKARUS SAD	M	M40	14	03:27:51	8.31	01:26:09
35	275	Maria Frias	Clube de Montanhismo da Guarda	F	F50	2	03:32:20	8.49	01:30:38
36	251	Raquel Teixeira	Clube de Montanhismo da Guarda	F	SF	3	03:32:22	8.49	01:30:40
37	276	Joel Luis	ADM TRAIL TEAM	M	S	17	03:40:49	8.83	01:39:07
38	287	Bruno Henrique Albino		M	M40	15	03:40:52	8.83	01:39:10
39	253	Carla Nascimento	Viriathvs runners Vielpeças Trail	F	F40	2	03:51:40	9.27	01:49:58
40	284	Flávio Cunha	BAKARUS SAD	M	M40	16	03:51:46	9.27	01:50:04