

Lugar	Dorsal	Nome	Equipa	Tempo	Diferença
1	527	Paulo Pinto	Aztrail Mercentro	01:35:39.797	00:00:00.000
2	574	Gilberto Costa	Espinho Trail	01:39:45.307	00:04:05.510
3	593	Antonio Amorim	Serviços Sociais Câmara Municipal S M Feira	01:39:47.307	00:04:07.510
4	587	Helder Robalinho	Peraltafil Running	01:41:28.057	00:05:48.260
5	589	Jose Almeida	Peraltafil Running	01:42:48.813	00:07:09.016
6	588	Claudio Costa	Peraltafil Running	01:42:48.817	00:07:09.020
7	590	Diogo Coutinho	Peraltafil Running	01:42:49.060	00:07:09.263
8	535	António Sousa	Ripolins Grijó A Correr	01:45:09.567	00:09:29.770
9	561	Avelino Sá	Bravos E Bravitas Run	01:45:52.067	00:10:12.270
10	515	Ricardo Pereira	#Lobosolitário	01:46:49.820	00:11:10.023
11	560	Bruno Silva	Bravos E Bravitas Run	01:47:35.820	00:11:56.023
12	585	Rui Tavares	Ripolins Grijó A Correr	01:47:38.820	00:11:59.023
13	523	João Moreira	G.D.Ronda	01:52:03.077	00:16:23.280
14	562	Jorge Queirós	Bravos E Bravitas Run	01:52:30.083	00:16:50.286
15	553	Vítor Maia	Espinho Trail	01:52:54.580	00:17:14.783
16	530	Filipe Couto	Espinho Trail	01:55:03.837	00:19:24.040
17	519	Tiago Teles	A.D.Amarante Trail Running	01:55:47.833	00:20:08.036
18	598	Sérgio Oliveira	Argoncilhe	01:56:18.337	00:20:38.540
19	524	Carlos Fazendeiro	G.D.Ronda	01:57:10.583	00:21:30.786
20	576	António Duarte	Espinho Trail	02:00:04.593	00:24:24.796
21	566	Valter Samuel	Bravos E Bravitas Run	02:00:07.340	00:24:27.543
22	516	Leandro Costa	Individual	02:02:07.597	00:26:27.800
23	539	Carlos Ferreira	Sportarc-Running	02:02:16.347	00:26:36.550
24	575	Jorge Duarte	Espinho Trail	02:05:55.357	00:30:15.560
25	599	Carlos Oliveira	Equipa Jn	02:06:01.350	00:30:21.553
26	533	Carlos Ferreira	Individual	02:07:07.603	00:31:27.806
27	600	Telmo Oliveira	Equipa Jn	02:07:36.603	00:31:56.806
28	567	Vitor Dias	Bravos E Bravitas Run	02:07:54.853	00:32:15.056
29	573	Ricardo Carvalho	Ctad - Consumo Zero	02:08:34.107	00:32:54.310
30	597	Paulo Ferreira	Running Espinho	02:09:44.610	00:34:04.813
31	551	João Almeida	Individual	02:10:30.610	00:34:50.813
32	556	Constantino Vieira	Os Falta/Dar	02:10:38.610	00:34:58.813
33	557	António Magalhães	Núcleo De Montanha De Espinho	02:10:41.610	00:35:01.813
34	510	Hugo Pinto	Uikemedo Team	02:10:50.860	00:35:11.063
35	509	Jaime Castro	Running Espinho	02:11:11.113	00:35:31.316
36	606	João Moreira	Individual	02:11:45.863	00:36:06.066
37	529	Jesus Cabeça	S. Felix Da Marinha	02:12:27.863	00:36:48.066
38	601	José Mesquita	Individual	02:12:29.613	00:36:49.816
39	534	Norberto Oliveira	Ripolins Grijó A Correr	02:12:43.113	00:37:03.316
40	563	Rui Teixeira	Bravos E Bravitas Run	02:12:56.367	00:37:16.570
41	155	Bruno Duarte	Espinho Trail	02:14:01.367	00:38:21.570
42	578	Ricardo Duarte	Espinho Trail	02:14:04.617	00:38:24.820
43	572	Pedro Magalhães	Tartarugas Do Asfalto	02:14:21.117	00:38:41.320
44	555	Nelson Reis	Individual	02:15:28.367	00:39:48.570

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45	518	Paulo Campos	Hora Do Lobo Trail / Clube Futebol De Perosinho Atletismo	02:16:11.120	00:40:31.323
46	521	Ricardo Viseu	Bravos E Bravitas Run	02:17:04.380	00:41:24.583
47	506	Paulo Silva	Os Guerreiros Da Luz	02:17:12.123	00:41:32.326
48	507	Ricardo Ferreira	Individual	02:17:55.123	00:42:15.326
49	580	António Paiva	Corre Leça	02:17:59.747	00:42:19.950
50	583	Cristina Passos	Running Espinho	02:18:01.123	00:42:21.326
51	520	Jorge Torrao	Individual	02:18:55.377	00:43:15.580
52	549	Paulo Borges	Clube Efacec	02:19:57.877	00:44:18.080
53	550	Manuel Sampaio	Individual	02:22:10.880	00:46:31.083
54	547	Hugo Guimarães	Limitless	02:22:19.887	00:46:40.090
55	571	Edgar Cunha	Individual	02:22:33.637	00:46:53.840
56	542	Tiago Moreira	Boavista Trail	02:24:16.633	00:48:36.836
57	525	Julia Schiavon	A D Rio Largo C Espinho	02:24:45.383	00:49:05.586
58	564	Daniel Oliveira	Bravos E Bravitas Run	02:26:42.387	00:51:02.590
59	143	Patrícia Santos	Bravos E Bravitas Run	02:26:43.653	00:51:03.856
60	610	Bruno Rocha	Individual	02:26:47.140	00:51:07.343
61	537	Daniel Moreira	Individual	02:26:51.637	00:51:11.840
62	503	Olga Gomes	Sc Espinho - Atletismo / António Leitão	02:27:30.640	00:51:50.843
63	565	Pedro Bastos	Individual	02:29:05.400	00:53:25.603
64	558	Luis Costa	Ripolins Grijó A Correr	02:29:18.643	00:53:38.846
65	582	Valter Sá	Running Espinho	02:29:27.157	00:53:47.360
66	531	Patrícia Gomes	Espinho Trail	02:29:31.143	00:53:51.346
67	546	Manuel Pereira	Individual	02:29:40.893	00:54:01.096
68	559	Paulo Lara	Gondomar	02:30:02.893	00:54:23.096
69	570	Luis Marques	Trilhados	02:32:01.647	00:56:21.850
70	591	Ana Pinho	Progresso Academy	02:32:41.150	00:57:01.353
71	595	Manuel Castro	Progresso Academy	02:32:41.650	00:57:01.853
72	511	Patricia Fernandes	Amigos	02:34:23.150	00:58:43.353
73	512	José Andrade	Anta Espinho	02:34:25.900	00:58:46.103
74	505	Ricardo Barbosa	Individual	02:35:22.903	00:59:43.106
75	528	António Costa	Individual	02:35:59.907	01:00:20.110
76	581	Carlos Lancha	Running Espinho	02:36:07.903	01:00:28.106
77	594	Diogo Melo	Supras	02:39:38.410	01:03:58.613
78	568	Ricardo Almeida	Hora Do Lobo Trail / Clube Futebol De Perosinho Atletismo	02:40:39.913	01:05:00.116
79	513	Sergio Moura	Amigos	02:42:23.917	01:06:44.120
80	538	Ivo Couto	Outlaw Runners	02:42:43.167	01:07:03.370
81	540	Hélder Silva	Cal - Clube Atletismo De Lamas	02:45:09.670	01:09:29.873
82	536	Carlos Taveira	Individual	02:45:13.677	01:09:33.880
83	592	Luis Ferreira	Progresso Academy	02:45:26.423	01:09:46.626
84	579	Marco Couto	Ferreira De Sá Rugs	02:45:31.170	01:09:51.373
85	532	Margarida Neves	Hora Do Lobo Trail / Clube Futebol De Perosinho Atletismo	02:50:03.180	01:14:23.383
86	522	Marcio Silva	Individual	02:50:59.680	01:15:19.883
87	545	Ricardo Pereira	Espinho	02:52:44.433	01:17:04.636
88	577	Nuno Santos	Hora Do Lobo Trail / Clube Futebol De Perosinho Atletismo	02:55:44.187	01:20:04.390

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89	569	André Barros	Hora Do Lobo Trail / Clube Futebol De Perosinho Atletismo	02:55:46.440	01:20:06.643
90	508	Eduardo Bártolo	Espinho	03:04:39.707	01:28:59.910
91	544	José Falcão	Espinho	03:04:41.207	01:29:01.410
92	517	Mariana Costa	Nogueira Da Regedoura	03:07:53.710	01:32:13.913
93	554	Joao Lemos	Espinho	03:18:17.230	01:42:37.433
94	526	Jose Almeida	Espinho	03:35:28.013	01:59:48.216
95	501	Jose Costa	Runners Do Demo	03:35:59.263	02:00:19.466