

Trilhos do Almourol - Trail Curto

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
1	755	LUIS CONTRERAS MACAU	VITÓRIA FC TRAIL RUNNING	M: 1	Trail Curto	01:53:26.93	04:32	13.2kph	MSen: 1
2	820	PEDRO VENÂNCIO	CLUBE DESPORTIVO EM MOVIMENTO	M: 2	Trail Curto	01:55:55.62	04:38	12.9kph	MSen: 2
3	208	LUIZ MOTA	CASA DO BENFICA EM ABRANTES	M: 3	Trail Curto	01:56:43.88	04:40	12.9kph	M45: 1
4	704	IVO INÁCIO	INDIVIDUAL	M: 4	Trail Curto	01:57:23.43	04:41	12.8kph	MSen: 3
5	728	FÁBIO MARTINS	C.C.D. O ALVITEJO	M: 5	Trail Curto	02:01:03.75	04:50	12.4kph	MSen: 4
6	599	NUNO COELHO	MONTANHA CLUBE TRAIL RUNNING/EFAPEL	M: 6	Trail Curto	02:01:22.63	04:51	12.4kph	MSen: 5
7	711	JOSÉ MESTRE	CLUBE DE ATLETISMO DE VIANA DO ALENTEJO	M: 7	Trail Curto	02:02:12.94	04:53	12.3kph	MSen: 6
8	642	RAFAEL MARTINHO	TRILHOS DOS TEMPLÁRIOS / XPORFIT	M: 8	Trail Curto	02:02:20.78	04:53	12.3kph	MSen: 7
9	632	PAULO FERREIRA	PORTO DE MÓS A CORRER	M: 9	Trail Curto	02:02:48.55	04:54	12.2kph	MSen: 8
10	822	MANUEL NOGUEIRA	CASA DO BENFICA EM ABRANTES	M: 10	Trail Curto	02:05:12.24	05:00	12.0kph	M40: 1
11	813	MARCO FRANCO	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M: 11	Trail Curto	02:06:42.76	05:04	11.8kph	MSen: 9
12	671	RUI LOPES	CORK TRAIL TEAM - CORTT	M: 12	Trail Curto	02:08:20.92	05:08	11.7kph	MSen: 10
13	164	HUGO CONDE	TRILHOS DOS TEMPLÁRIOS / XPORFIT	M: 13	Trail Curto	02:08:53.31	05:09	11.6kph	MSen: 11
14	838	RICARDO MOTA	ZONA ALTA TRAIL	M: 14	Trail Curto	02:09:02.07	05:09	11.6kph	MSen: 12
15	801	FRANCISCO GAIO	CARACOL TRAIL TEAM	M: 15	Trail Curto	02:09:11.00	05:10	11.6kph	M55: 1
16	821	LUÍS RUFINO	CLUBE DESPORTIVO EM MOVIMENTO	M: 16	Trail Curto	02:09:49.44	05:11	11.6kph	MSen: 13
17	834	ARTUR PAIS	CASA DO BENFICA EM ABRANTES	M: 17	Trail Curto	02:10:07.96	05:12	11.5kph	M45: 2
18	780	JOSÉ DAVID	INDIVIDUAL	M: 18	Trail Curto	02:10:39.36	05:13	11.5kph	M40: 2
19	525	GONÇALO CARREGUEIRO	DOLCE FURADOURO	M: 19	Trail Curto	02:11:49.08	05:16	11.4kph	MSen: 14
20	806	HUGO GABRIEL	TRILHOS DOS TEMPLÁRIOS / XPORFIT	M: 20	Trail Curto	02:12:22.06	05:17	11.3kph	M40: 3
21	828	LUÍS MENDES	PINHAL TOTAL - OLEIROS AVENTURA	M: 21	Trail Curto	02:12:30.50	05:18	11.3kph	MSen: 15
22	731	ROGÉRIO PRONTO	TOMAR RUNNERS	M: 22	Trail Curto	02:13:17.61	05:19	11.3kph	MSen: 16
23	708	NÉLIO FREIXO	FURÕES DO ALENTEJO	M: 23	Trail Curto	02:13:25.66	05:20	11.2kph	MSen: 17
24	707	MANUEL MACAU	FURÕES DO ALENTEJO	M: 24	Trail Curto	02:13:26.47	05:20	11.2kph	M55: 2
25	817	JOSÉ SILVA	CASA DO BENFICA EM ABRANTES	M: 25	Trail Curto	02:15:29.21	05:25	11.1kph	M55: 3
26	790	RAUL JORGE	C.D. OS ÁGUIAS DE ALPIARÇA	M: 26	Trail Curto	02:17:50.44	05:30	10.9kph	M45: 3
27	535	PEDRO MOURÃO	CARACOL TRAIL TEAM	M: 27	Trail Curto	02:18:50.96	05:33	10.8kph	M45: 4
28	561	MIGUEL SERRA	COA / CORVUS TRAIL TEAM	M: 28	Trail Curto	02:19:57.95	05:35	10.7kph	MSen: 18
29	793	PEDRO REIS	OS TOLINHOS	M: 29	Trail Curto	02:20:38.03	05:37	10.7kph	M40: 4
30	555	PAULO SILVA	TRILHO PERDIDO EVENTOS / IMPORLUX	M: 30	Trail Curto	02:20:46.03	05:37	10.7kph	MSen: 19
31	781	DIOGO VIANA	INDIVIDUAL	M: 31	Trail Curto	02:20:52.77	05:38	10.6kph	MSen: 20
32	815	ANDRÉ SANTOS	TEAM SANTOS TRAIL RUNNING	M: 32	Trail Curto	02:21:29.97	05:39	10.6kph	MSub23: 1
33	623	DIOGO ALVES	DÁ-LHE GÁS TEAM	M: 33	Trail Curto	02:21:45.10	05:40	10.6kph	MSub23: 2
34	568	LUÍS NEVES	MARINHAIS AC	M: 34	Trail Curto	02:21:54.53	05:40	10.6kph	M40: 5
35	615	RAÚL VIEIRA	RX RUNNERS	M: 35	Trail Curto	02:22:59.05	05:43	10.5kph	M50: 1
36	802	JOSÉ BROEGA	AP MOITA	M: 36	Trail Curto	02:23:25.45	05:44	10.5kph	MSen: 21
37	765	RUI FRESCO	VESPINGA SAUDÁVEL - FET	M: 37	Trail Curto	02:23:35.58	05:44	10.4kph	M45: 5
38	523	PAULO GAIÃO	ALCANENA TRAIL	M: 38	Trail Curto	02:23:59.67	05:45	10.4kph	M45: 6
39	613	RAFAL PIETRZAKOWSKI	VEGE RUNNERS	M: 39	Trail Curto	02:24:16.95	05:46	10.4kph	M40: 6
40	761	ANTÓNIO REIS	FILIPPE NEVES	M: 40	Trail Curto	02:24:29.39	05:46	10.4kph	M55: 4
41	558	ANTÓNIO ABREU	TRILHO PERDIDO EVENTOS / IMPORLUX	M: 41	Trail Curto	02:25:00.64	05:48	10.3kph	MSen: 22
42	738	BERNARDINO RIBEIRO	INDIVIDUAL	M: 42	Trail Curto	02:25:07.65	05:48	10.3kph	M50: 2
43	768	NUNO REIS	VESPINGA SAUDÁVEL - FET	M: 43	Trail Curto	02:25:08.93	05:48	10.3kph	M40: 7
44	773	CARLOS CUNHA	A. C. S. MAMEDE	M: 44	Trail Curto	02:25:55.42	05:50	10.3kph	M40: 8
45	756	JOÃO ROSA	MATILHA RUNNING	M: 45	Trail Curto	02:25:55.49	05:50	10.3kph	M40: 9
46	40	ALCIDES BARBOSA	AZTRAIL/MERCENTRO	M: 46	Trail Curto	02:26:45.35	05:52	10.2kph	MSen: 23
47	688	LUIS MANUEL BOINO	INDIVIDUAL	M: 47	Trail Curto	02:27:02.71	05:52	10.2kph	MSen: 24
48	771	CHARLES CUSTÓDIO	A. C. S. MAMEDE	M: 48	Trail Curto	02:27:36.12	05:54	10.2kph	MSen: 25
49	739	NUNO MENDES	XPORFIT	M: 49	Trail Curto	02:27:51.01	05:54	10.1kph	MSen: 26
50	725	SAMUEL MARGARIDO	OCR PORTUGAL LAB	M: 50	Trail Curto	02:27:58.33	05:55	10.1kph	MSen: 27
51	584	ANÍBAL GODINHO	CARACOL TRAIL TEAM	M: 51	Trail Curto	02:27:59.83	05:55	10.1kph	M55: 5
52	723	LUÍS LOPES	VESPINGA SAUDÁVEL - FET	M: 52	Trail Curto	02:28:44.81	05:56	10.1kph	M40: 10
53	764	THIERRY PEREIRA	VESPINGA SAUDÁVEL - FET	M: 53	Trail Curto	02:28:45.93	05:57	10.1kph	M45: 7
54	640	JOÃO PROENÇA	TRILHOS DOS TEMPLÁRIOS / XPORFIT	M: 54	Trail Curto	02:29:22.78	05:58	10.0kph	MSen: 28
55	526	RICARDO JORGE	INDIVIDUAL	M: 55	Trail Curto	02:29:28.55	05:58	10.0kph	MSen: 29
56	814	TIAGO RIBEIRO	CLUBE DE ATLETISMO DE FERREIRA DO ZÊZERE	M: 56	Trail Curto	02:29:37.30	05:59	10.0kph	MSen: 30

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Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
57	686	ANDRÉ SISMEIRO	CLUBE DESPORTIVO DE ESPITE	M: 57	Trail Curto	02:30:09.66	06:00	10.0kph	MSen: 31
58	695	CARLOS ANDRADE	CABARÉ DOS COXOS	M: 58	Trail Curto	02:30:12.19	06:00	10.0kph	MSen: 32
59	536	MARCO ALEXANDRE	INDIVIDUAL	M: 59	Trail Curto	02:30:23.96	06:00	10.0kph	M40: 11
60	110	RODNEY DE WITTE		M: 60	Trail Curto	02:30:36.24	06:01	10.0kph	M40: 12
61	798	JORGE ROSA	OURÉM VIDA TEAM	M: 61	Trail Curto	02:30:40.79	06:01	10.0kph	M40: 13
62	760	VITOR NEVES	FILIFE NEVES	M: 62	Trail Curto	02:31:12.26	06:02	9.9kph	M50: 3
63	808	MANUEL SILVA	OS MATRECOS	M: 63	Trail Curto	02:31:17.04	06:03	9.9kph	M50: 4
64	529	PEDRO SÁ PEREIRA	INDIVIDUAL	M: 64	Trail Curto	02:31:23.81	06:03	9.9kph	MSen: 33
65	772	PEDRO VALE DA SERRA	A. C. S. MAMEDE	M: 65	Trail Curto	02:31:36.42	06:03	9.9kph	MSen: 34
66	527	NUNO RAMOS	INDIVIDUAL	M: 66	Trail Curto	02:32:17.97	06:05	9.8kph	MSen: 35
67	648	FLÁVIO GRAÇA	OS MATRECOS	M: 67	Trail Curto	02:32:25.73	06:05	9.8kph	MSen: 36
68	633	JOÃO PRATAS	COA / CORVUS TRAIL TEAM	M: 68	Trail Curto	02:33:32.05	06:08	9.8kph	M50: 5
69	769	SAÚL PEREIRA	VESPINGA SAUDÁVEL - FET	M: 69	Trail Curto	02:35:20.14	06:12	9.7kph	MSen: 37
70	839	ANDREIA CORREIA	VESPINGA SAUDÁVEL - FET	F: 1	Trail Curto	02:35:40.98	06:13	9.6kph	FSen: 1
71	574	FILIFE RITO	CABARÉ DOS COXOS	M: 70	Trail Curto	02:36:32.07	06:15	9.6kph	MSen: 38
72	597	JOÃO PEDRO RIBEIRO ALVES	INDIVIDUAL	M: 71	Trail Curto	02:36:33.76	06:15	9.6kph	MSen: 39
73	588	NELSON LOURENÇO	INDIVIDUAL	M: 72	Trail Curto	02:37:13.51	06:17	9.5kph	M45: 8
74	643	JORGE MAURÍCIO	RX RUNNERS	M: 73	Trail Curto	02:37:28.40	06:17	9.5kph	M45: 9
75	677	ESMERALDO PRUDENCIO	LIZ RUNNERS	M: 74	Trail Curto	02:37:38.50	06:18	9.5kph	M40: 14
76	569	JOSÉ LEAL	MARINHAIS AC	M: 75	Trail Curto	02:38:14.60	06:19	9.5kph	M40: 15
77	501	RUI BRILHANTE	TRILHO PERDIDO EVENTOS / IMPORLUX	M: 76	Trail Curto	02:38:14.72	06:19	9.5kph	M40: 16
78	566	CARLOS MIGUEL	DESGASTAM MONTANHAS	M: 77	Trail Curto	02:38:16.93	06:19	9.5kph	M45: 10
79	732	BRUNO MOÇO	GRUPO DESPORTIVO DA PARREIRA	M: 78	Trail Curto	02:38:24.70	06:20	9.5kph	MSen: 40
80	831	MÁRIO SANTOS	INDIVIDUAL	M: 79	Trail Curto	02:38:45.34	06:21	9.4kph	MSen: 41
81	825	ARMINDO SANTOS	INDIVIDUAL	M: 80	Trail Curto	02:38:49.41	06:21	9.4kph	M45: 11
82	734	PEDRO VITORINO	INDIVIDUAL	M: 81	Trail Curto	02:39:19.46	06:22	9.4kph	M40: 17
83	575	PAULA BRANCO	UNIÃO FCI DE TOMAR	F: 2	Trail Curto	02:39:23.53	06:22	9.4kph	F45: 1
84	69	JAIME COSTA	INDIVIDUAL	M: 82	Trail Curto	02:39:44.79	06:23	9.4kph	M45: 12
85	636	OCTÁVIO LOPES	VESPINGA SAUDÁVEL - FET	M: 83	Trail Curto	02:39:51.97	06:23	9.4kph	M40: 18
86	506	GONÇALO ALMEIDA	INDIVIDUAL	M: 84	Trail Curto	02:40:12.60	06:24	9.4kph	MSen: 42
87	595	MÁRIO ROSA	VITÓRIA CLUBE SANTARÉM/DOUROGÁS GNV	M: 85	Trail Curto	02:41:51.74	06:28	9.3kph	M45: 13
88	724	FERNANDO ALMEIDA	#LETSRUNAZORES	M: 86	Trail Curto	02:41:59.85	06:28	9.3kph	M45: 14
89	503	NUNO FRADE	NOTEAM	M: 87	Trail Curto	02:42:04.03	06:28	9.3kph	MSen: 43
90	616	CAROLINA FELIZ	UNIÃO FCI DE TOMAR	F: 3	Trail Curto	02:42:53.56	06:30	9.2kph	F60: 1
91	735	HERNÂNI RAFANÃO	INDIVIDUAL	M: 88	Trail Curto	02:43:44.87	06:32	9.2kph	M40: 19
92	840	HUGO MARQUES	AMIGOS VALE DO SILÊNCIO	M: 89	Trail Curto	02:44:27.79	06:34	9.1kph	M40: 20
93	652	SOFIA NUNES	CORK TRAIL TEAM - CORTT	F: 4	Trail Curto	02:44:30.82	06:34	9.1kph	FSen: 2
94	759	FILIFE NEVES	FILIFE NEVES	M: 90	Trail Curto	02:44:31.37	06:34	9.1kph	M50: 6
95	784	SOFIA RAMALHO	CLUBE MILLENNIUM BCP	F: 5	Trail Curto	02:44:46.48	06:35	9.1kph	FSen: 3
96	783	RUI RAMALHO	CLUBE MILLENNIUM BCP	M: 91	Trail Curto	02:44:46.52	06:35	9.1kph	M50: 7
97	307	CARLOS ESTEVES	INDIVIDUAL	M: 92	Trail Curto	02:44:48.37	06:35	9.1kph	MSen: 44
98	717	PATRICIA RIBEIRO	MOUNTAIN RUNNERS	F: 6	Trail Curto	02:45:27.53	06:37	9.1kph	FSen: 4
99	746	PAULO ROSADO	GRANHO RUNNERS	M: 93	Trail Curto	02:45:53.67	06:38	9.0kph	M40: 21
100	77	FAUSTO SÁ	INDIVIDUAL	M: 94	Trail Curto	02:45:59.33	06:38	9.0kph	M40: 22
101	565	JORGE DE SOUSA	INDIVIDUAL	M: 95	Trail Curto	02:46:10.74	06:38	9.0kph	M40: 23
102	727	NELSON GODINHO	INDIVIDUAL	M: 96	Trail Curto	02:46:24.16	06:39	9.0kph	MSen: 45
103	586	ANÍBAL SILVA	INDIVIDUAL	M: 97	Trail Curto	02:46:40.69	06:40	9.0kph	M50: 8
104	826	FILIFE DOMINGUES	PINHAL TOTAL - OLEIROS AVENTURA	M: 98	Trail Curto	02:46:52.46	06:40	9.0kph	M40: 24
105	567	CLÉLIA CONCEIÇÃO	DESGASTAM MONTANHAS	F: 7	Trail Curto	02:47:07.39	06:41	9.0kph	F45: 2
106	684	SUSE LUCAS	OS GALGOS DE TANCOS	F: 8	Trail Curto	02:47:16.52	06:41	9.0kph	FSen: 5
107	741	ELIANA RAIMUNDO	DÁ-LHE GÁS TEAM	F: 9	Trail Curto	02:47:22.01	06:41	9.0kph	FSen: 6
108	600	JOSÉ DIAS	DÁ-LHE GÁS TEAM	M: 99	Trail Curto	02:47:26.10	06:41	9.0kph	M45: 15
109	552	CARLOS MENDES	INDIVIDUAL	M: 100	Trail Curto	02:47:39.58	06:42	8.9kph	M45: 16
110	767	PAULO SILVA	VESPINGA SAUDÁVEL - FET	M: 101	Trail Curto	02:48:05.65	06:43	8.9kph	M50: 9
111	82	JOAQUIM LIMA	MATILHA RUNNING	M: 102	Trail Curto	02:48:32.53	06:44	8.9kph	M55: 6
112	554	LÉNIA SILVA	TRILHO PERDIDO EVENTOS / IMPORLUX	F: 10	Trail Curto	02:48:46.07	06:45	8.9kph	F40: 1
113	672	JOÃO PAULINO	RX RUNNERS	M: 103	Trail Curto	02:48:48.17	06:45	8.9kph	MSen: 46
114	507	JOÃO COSTA	C.D. OS ÁGUIAS DE ALPIARÇA	M: 104	Trail Curto	02:48:49.13	06:45	8.9kph	M40: 25
115	606	JOÃO MENDES	INDIVIDUAL	M: 105	Trail Curto	02:48:54.71	06:45	8.9kph	M50: 10

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116	646	JOÃO LOBATO	INDIVIDUAL	M: 106	Trail Curto	02:49:00.89	06:45	8.9kph	MSen: 47
117	666	MONICA FERREIRA	FISICOLOCURA	F: 11	Trail Curto	02:49:07.01	06:45	8.9kph	FSen: 7
118	830	RUI DIAS	INDIVIDUAL	M: 107	Trail Curto	02:49:18.31	06:46	8.9kph	M45: 17
119	511	ANTÓNIO PIRES	COA / CORVUS TRAIL TEAM	M: 108	Trail Curto	02:49:19.53	06:46	8.9kph	M45: 18
120	560	NUNO CARVALHO	TRILHO PERDIDO EVENTOS / IMPORLUX	M: 109	Trail Curto	02:49:51.42	06:47	8.8kph	MSen: 48
121	545	EDGAR CONCEIÇÃO	CBRUNNING TEAM	M: 110	Trail Curto	02:50:19.40	06:48	8.8kph	M40: 26
122	508	PEDRO LOURENÇO	MATILHA RUNNING	M: 111	Trail Curto	02:50:32.12	06:49	8.8kph	M50: 11
123	836	PAULO COSTA	INDIVIDUAL	M: 112	Trail Curto	02:50:43.06	06:49	8.8kph	M45: 19
124	605	FLAVIO FRANCISCO	INDIVIDUAL	M: 113	Trail Curto	02:51:15.26	06:51	8.8kph	MSen: 49
125	718	ERNESTO PARENTE	UNIÃO FCI DE TOMAR	M: 114	Trail Curto	02:51:19.50	06:51	8.8kph	M50: 12
126	627	RICARDO TRIÃES	RX RUNNERS	M: 115	Trail Curto	02:51:42.53	06:52	8.7kph	M40: 27
127	740	CARLOS RODRIGUES	XPORFIT	M: 116	Trail Curto	02:52:00.64	06:52	8.7kph	MSen: 50
128	715	PAULO PEREIRA	OCS STRENDURE RUNNING TEAM	M: 117	Trail Curto	02:52:21.81	06:53	8.7kph	M40: 28
129	818	NUNO LUCAS	OPRATICANTE.PT	M: 118	Trail Curto	02:52:22.94	06:53	8.7kph	M45: 20
130	580	GONÇALO ÁGUAS	INDIVIDUAL	M: 119	Trail Curto	02:52:26.97	06:53	8.7kph	MSen: 51
131	559	LAURA PAULOS	TRILHO PERDIDO EVENTOS / IMPORLUX	F: 12	Trail Curto	02:52:52.86	06:54	8.7kph	FSen: 8
132	752	MARCO OLIVEIRA	INDIVIDUAL	M: 120	Trail Curto	02:53:26.61	06:56	8.6kph	MSen: 52
133	543	JORGE ANTUNES	OS GALGOS DE TANCOS	M: 121	Trail Curto	02:53:30.24	06:56	8.6kph	M45: 21
134	800	JOSÉ TEIXEIRA	INDIVIDUAL	M: 122	Trail Curto	02:53:35.03	06:56	8.6kph	M45: 22
135	706	JOÃO DOMINGUES	OS GALGOS DE TANCOS	M: 123	Trail Curto	02:53:43.09	06:56	8.6kph	MSen: 53
136	618	LISETE ANTUNES	DÁ-LHE GÁS TEAM	F: 13	Trail Curto	02:53:59.71	06:57	8.6kph	FSen: 9
137	742	NUNO DIAS	INDIVIDUAL	M: 124	Trail Curto	02:55:07.93	07:00	8.6kph	M40: 29
138	587	GONÇALO QUITÉRIO	INDIVIDUAL	M: 125	Trail Curto	02:55:08.06	07:00	8.6kph	MSen: 54
139	216	EMMANUEL DOMINGOS	INDIVIDUAL	M: 126	Trail Curto	02:55:48.94	07:01	8.5kph	MSen: 55
140	622	NELSON AGUIAR	SFLUR(SOCIEDADE FILÁRMONICA LEALDADE UNIÃO RIBEIRENSE)	M: 127	Trail Curto	02:55:51.43	07:02	8.5kph	M40: 30
141	137	RUI GONÇALVES	EQUIPA DAVID VAZ	M: 128	Trail Curto	02:56:51.08	07:04	8.5kph	M45: 23
142	517	CARLA FERNANDES	ASAS	F: 14	Trail Curto	02:57:13.85	07:05	8.5kph	F40: 2
143	832	MÁRCIA SILVA	COA / CORVUS TRAIL TEAM	F: 15	Trail Curto	02:57:26.06	07:05	8.5kph	FSen: 10
144	722	JOÃO VENÂNCIO	INDIVIDUAL	M: 129	Trail Curto	02:57:27.75	07:05	8.5kph	M50: 13
145	551	RUI MATEUS	INDIVIDUAL	M: 130	Trail Curto	02:57:52.92	07:06	8.4kph	M55: 7
146	712	GAËL CHILOU	INDIVIDUAL	M: 131	Trail Curto	02:57:57.27	07:07	8.4kph	M40: 31
147	532	RUI ABREU	DÁ-LHE GÁS TEAM	M: 132	Trail Curto	02:58:00.73	07:07	8.4kph	M40: 32
148	823	CLÁUDIA RIBEIRO	C.D. OS ÁGUAS DE ALPIARÇA	F: 16	Trail Curto	02:58:03.10	07:07	8.4kph	FSen: 11
149	576	ANTÓNIO PEREIRA	PACE.MAKERS	M: 133	Trail Curto	02:59:17.67	07:10	8.4kph	M60: 1
150	651	CARLA BARBOSA	OS MATRECOS	F: 17	Trail Curto	02:59:45.31	07:11	8.3kph	F45: 3
151	505	RITA RIJO	INDIVIDUAL	F: 18	Trail Curto	02:59:50.37	07:11	8.3kph	F40: 3
152	794	NÉLIO FONSECA	INDIVIDUAL	M: 134	Trail Curto	03:00:56.12	07:14	8.3kph	M40: 33
153	709	RUTE PEREIRA	RÓÓDINHAS - SANTOS SILVA /OXYGEN - GYM & FITNESS	F: 19	Trail Curto	03:01:08.48	07:14	8.3kph	F45: 4
154	668	RAFAEL MENDONÇA	OS PACHICHOS	M: 135	Trail Curto	03:01:10.53	07:14	8.3kph	MSen: 56
155	674	SARA PEDRO	RÓÓDINHAS - SANTOS SILVA /OXYGEN - GYM & FITNESS	F: 20	Trail Curto	03:01:13.88	07:14	8.3kph	F50: 1
156	837	JOEL MARTINS	CASA DO BENFICA EM ABRANTES	M: 136	Trail Curto	03:01:19.14	07:15	8.3kph	M40: 34
157	682	CARLOS GRÁCIO	OS GALGOS DE TANCOS	M: 137	Trail Curto	03:01:54.73	07:16	8.2kph	M55: 8
158	590	NUNO GOMES	INDIVIDUAL	M: 138	Trail Curto	03:02:02.93	07:16	8.2kph	MSen: 57
159	726	JOÃO CALADO	INDIVIDUAL	M: 139	Trail Curto	03:02:43.22	07:18	8.2kph	M40: 35
160	582	JORGE RODRIGUES	JDS FIXES	M: 140	Trail Curto	03:02:48.83	07:18	8.2kph	M45: 24
161	592	CARLOS CORREIA	INDIVIDUAL	M: 141	Trail Curto	03:03:09.32	07:19	8.2kph	M40: 36
162	778	JOSÉ ALEIXO	UNIÃO FCI DE TOMAR	M: 142	Trail Curto	03:03:20.63	07:20	8.2kph	M60: 2
163	657	PATRICIA LOPES	INDIVIDUAL	F: 21	Trail Curto	03:03:22.90	07:20	8.2kph	FSen: 12
164	634	RICARDO RODRIGUES	G.D.M. TRAIL TEAM	M: 143	Trail Curto	03:03:52.20	07:21	8.2kph	M40: 37
165	631	NUNO CASEIRO	INDIVIDUAL	M: 144	Trail Curto	03:03:52.50	07:21	8.2kph	M45: 25
166	777	MIGUEL ALVES	CENTRO TRAIL CARLOS SÁ PENACOVA TEAM	M: 145	Trail Curto	03:04:12.25	07:22	8.1kph	M40: 38
167	607	PEDRO VASCONCELOS	INDIVIDUAL	M: 146	Trail Curto	03:04:19.61	07:22	8.1kph	M40: 39
168	835	RUI VINHAS DA SILVA	DARTACÃO + 3 MOSCÃOITEIRAS	M: 147	Trail Curto	03:05:02.33	07:24	8.1kph	M55: 9
169	562	RUI ALMEIDA	CORRIDA NOTURNA PARQUE DAS NAÇÕES	M: 148	Trail Curto	03:05:13.30	07:24	8.1kph	M45: 26
170	528	BRUNO CHEN	INDIVIDUAL	M: 149	Trail Curto	03:05:13.52	07:24	8.1kph	M45: 27

Trilhos do Almourol - Trail Curto

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
171	531	DAVID CATELA	ASSOCIAÇÃO ACADÉMICA DE SANTARÉM	M: 150	Trail Curto	03:05:17.43	07:24	8.1kph	M55: 10
172	774	MANUEL ANTUNES	A. C. S. MAMEDE	M: 151	Trail Curto	03:05:28.90	07:25	8.1kph	M40: 40
173	556	PEDRO MENDES	TRILHO PERDIDO EVENTOS / IMPORLUX	M: 152	Trail Curto	03:06:28.03	07:27	8.0kph	M45: 28
174	770	ANDRE QUINTINO	GDC FIDELIDADE	M: 153	Trail Curto	03:06:32.88	07:27	8.0kph	M45: 29
175	641	PEDRO SILVA	TRILHOS DOS TEMPLÁRIOS / XPORFIT	M: 154	Trail Curto	03:07:13.88	07:29	8.0kph	MSen: 58
176	548	ALEXANDRA SIMÃO	100TRAVÕES TRAIL TEAM	F: 22	Trail Curto	03:08:04.69	07:31	8.0kph	FSen: 13
177	720	PAULO CASTRO	INDIVIDUAL	M: 155	Trail Curto	03:08:04.96	07:31	8.0kph	M45: 30
178	549	JOÃO ALEXANDRE	100TRAVÕES TRAIL TEAM	M: 156	Trail Curto	03:08:05.25	07:31	8.0kph	MSen: 59
179	577	ZÉ PAULO	PACE.MAKERS	M: 157	Trail Curto	03:08:08.81	07:31	8.0kph	M55: 11
180	571	ANA PIPIO	TEORIADONOS	F: 23	Trail Curto	03:08:18.83	07:31	8.0kph	F40: 4
181	661	CARLOS MARCHÃO	CLAC ENTRONCAMENTO / ONDATRILHOS	M: 158	Trail Curto	03:08:24.91	07:32	8.0kph	M50: 14
182	537	JOÃO JACINTO	CEM QUEDAS	M: 159	Trail Curto	03:09:30.97	07:34	7.9kph	M50: 15
183	602	PAULA CORDEIRO	OS TRINCA ESPINHAS	F: 24	Trail Curto	03:10:58.25	07:38	7.9kph	F45: 5
184	689	ANTÓNIO MATIAS	CLAC ENTRONCAMENTO / ONDATRILHOS	M: 160	Trail Curto	03:11:08.02	07:38	7.8kph	M60: 3
185	681	JOÃO BAPTISTA	OS GALGOS DE TANCOS	M: 161	Trail Curto	03:11:09.06	07:38	7.8kph	M50: 16
186	608	VITOR SANTOS	DÁ-LHE GÁS TEAM	M: 162	Trail Curto	03:11:46.31	07:40	7.8kph	M45: 31
187	534	SUSANA GOMES	DÁ-LHE GÁS TEAM	F: 25	Trail Curto	03:11:50.07	07:40	7.8kph	FSen: 14
188	611	ANTÓNIO BAPTISTA	INDIVIDUAL	M: 163	Trail Curto	03:13:57.88	07:45	7.7kph	M50: 17
189	797	MARCOS ROLDÃO	BOMBEIROS VOLUNTÁRIOS DE CANEÇAS	M: 164	Trail Curto	03:14:15.63	07:46	7.7kph	MSub23: 3
190	703	VITOR FRANCO	PACE.MAKERS	M: 165	Trail Curto	03:14:56.11	07:47	7.7kph	M55: 12
191	748	RUI MARQUES	INDIVIDUAL	M: 166	Trail Curto	03:15:26.95	07:49	7.7kph	MSen: 60
192	803	DIOGO NUNES MAGRIÇO	MARINHAIS AC	M: 167	Trail Curto	03:15:33.95	07:49	7.7kph	MSen: 61
193	824	DIOGO RAMOS	MARINHAIS AC	M: 168	Trail Curto	03:15:34.26	07:49	7.7kph	MSub23: 4
194	650	ANTÓNIO RAMOS	OS MATRECOS	M: 169	Trail Curto	03:16:09.75	07:50	7.6kph	M45: 32
195	510	SUSANA PIRES	COA / CORVUS TRAIL TEAM	F: 26	Trail Curto	03:16:57.06	07:52	7.6kph	F40: 5
196	710	INÊS DIAS	CLUBE DE ATLETISMO DE VIANA DO ALENTEJO	F: 27	Trail Curto	03:17:10.05	07:53	7.6kph	FSen: 15
197	827	JOÃO SANTOS	PINHAL TOTAL - OLEIROS AVENTURA	M: 170	Trail Curto	03:17:36.61	07:54	7.6kph	MSen: 62
198	620	RAQUEL CORREIA	CEM QUEDAS	F: 28	Trail Curto	03:18:07.26	07:55	7.6kph	F45: 6
199	589	LUDOVICO CAPITO	CARACOL TRAIL TEAM	M: 171	Trail Curto	03:18:17.08	07:55	7.6kph	M50: 18
200	544	LUÍS LEITÃO	COA / CORVUS TRAIL TEAM	M: 172	Trail Curto	03:18:25.81	07:56	7.6kph	M45: 33
201	89	PAULO ALVES	MATILHA RUNNING	M: 173	Trail Curto	03:18:34.71	07:56	7.6kph	M45: 34
202	509	MANUEL VIEIRA	INDIVIDUAL	M: 174	Trail Curto	03:18:44.59	07:56	7.5kph	MSen: 63
203	653	CARLOS FIGUEIREDO	SS CGD	M: 175	Trail Curto	03:19:25.42	07:58	7.5kph	M45: 35
204	581	NELSON NUNES	INDIVIDUAL	M: 176	Trail Curto	03:19:25.61	07:58	7.5kph	M40: 41
205	775	SÓNIA DE JESUS	INDIVIDUAL	F: 29	Trail Curto	03:19:25.99	07:58	7.5kph	F40: 6
206	792	LILIANA RODRIGUES	CABARÉ DOS COXOS	F: 30	Trail Curto	03:19:56.37	07:59	7.5kph	F40: 7
207	721	TIAGO MIGUEL	INDIVIDUAL	M: 177	Trail Curto	03:19:56.93	07:59	7.5kph	MSen: 64
208	655	MÁRCIA VILARINHO	INDIVIDUAL	F: 31	Trail Curto	03:20:01.47	08:00	7.5kph	F45: 7
209	663	JOÃO CUSTÓDIO	AL-MOÇA-GEME	M: 178	Trail Curto	03:20:38.15	08:01	7.5kph	MSen: 65
210	654	MARCO SANTOS	INDIVIDUAL	M: 179	Trail Curto	03:21:45.22	08:04	7.4kph	M40: 42
211	99	GABRIEL NUNES	INDIVIDUAL	M: 180	Trail Curto	03:21:57.03	08:04	7.4kph	MSen: 66
212	812	HUGO FERREIRA	INDIVIDUAL	M: 181	Trail Curto	03:23:16.76	08:07	7.4kph	M40: 43
213	591	ANA HENRIQUE	BRRNIGHTRUNNERS	F: 32	Trail Curto	03:24:09.00	08:09	7.3kph	F45: 8
214	782	ANTÓNIO FERREIRA	CLUBE MILLENNIUM BCP	M: 182	Trail Curto	03:24:31.03	08:10	7.3kph	M45: 36
215	680	JOÃO ALMEIDA	SS CGD	M: 183	Trail Curto	03:24:39.02	08:11	7.3kph	M45: 37
216	776	URÂNIA CHUVA	FIGUEIRA KAYAK CLUBE	F: 33	Trail Curto	03:24:53.12	08:11	7.3kph	F40: 8
217	196	PAULO BAPTISTA	ATLETISMO CLUB DA TOCHA	M: 184	Trail Curto	03:24:54.60	08:11	7.3kph	M45: 38
218	744	CARLOS GONÇALVES	LEBRES E TARTARUGAS	M: 185	Trail Curto	03:25:05.10	08:12	7.3kph	M60: 4
219	699	MAURO FERREIRA	FUTEBOL CLUBE ESTRELAS LISBOA	M: 186	Trail Curto	03:25:09.82	08:12	7.3kph	M40: 44
220	593	HENRIQUE SANTANA	C.D. OS ÁGUIAS DE ALPIARÇA	M: 187	Trail Curto	03:25:16.48	08:12	7.3kph	M40: 45
221	745	FREDERICO SOUSA	LEBRES E TARTARUGAS	M: 188	Trail Curto	03:25:58.22	08:14	7.3kph	M55: 13
222	601	#VALUE! #VALUE!	AC BATALHA	F: 34	Trail Curto	03:26:51.69	08:16	7.3kph	FSen: 16
223	692	JORGE DOMINGUES	TINTOL RUNNERS	M: 189	Trail Curto	03:26:55.13	08:16	7.2kph	MSen: 67
224	630	TIAGO NASCIMENTO	TINTOL RUNNERS	M: 190	Trail Curto	03:26:55.72	08:16	7.2kph	MSen: 68
225	819	ZINA FERNANDES	OPRATICANTE.PT	F: 35	Trail Curto	03:29:06.38	08:21	7.2kph	F40: 9
226	585	ANA BARROSO	SCD GLÓRIA DO RIBATEJO	F: 36	Trail Curto	03:29:08.96	08:21	7.2kph	FSen: 17

Trilhos do Almourol - Trail Curto

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
227	546	DINA BARROSO	SCD GLÓRIA DO RIBATEJO	F: 37	Trail Curto	03:29:10.16	08:22	7.2kph	F45: 9
228	691	CLAUDIA MACARA	CABARÉ DOS COXOS	F: 38	Trail Curto	03:29:28.61	08:22	7.2kph	F45: 10
229	749	CARLOS RODRIGUES	INDIVIDUAL	M: 191	Trail Curto	03:30:47.99	08:25	7.1kph	MSen: 69
230	750	NUNO ABRUNHOSA	INDIVIDUAL	M: 192	Trail Curto	03:32:02.55	08:28	7.1kph	MSen: 70
231	714	PAULO NUNES	FUTEBOL CLUBE ESTRELAS LISBOA	M: 193	Trail Curto	03:32:07.61	08:29	7.1kph	M40: 46
232	799	ÁLVARO FERREIRA	TRILHOS DO COSTUME	M: 194	Trail Curto	03:32:31.17	08:30	7.1kph	M50: 19
233	533	PAULO SIMÃO	100TRAVÕES TRAIL TEAM	M: 195	Trail Curto	03:32:31.28	08:30	7.1kph	M55: 14
234	564	ANA BANITO	RX RUNNERS	F: 39	Trail Curto	03:32:47.34	08:30	7.0kph	F40: 10
235	621	SÓNIA CARDOSO	MARCHA E CORRIDA CASAIS CASTELOS	F: 40	Trail Curto	03:32:47.43	08:30	7.0kph	FSen: 18
236	619	GINA OLIVEIRA	INDIVIDUAL	F: 41	Trail Curto	03:33:00.97	08:31	7.0kph	F50: 2
237	538	MÁRIO ATILHO	SANTANA FUTEBOL CLUBE - TRAIL TEAM	M: 196	Trail Curto	03:34:49.20	08:35	7.0kph	M45: 39
238	705	NUNO OTERO	INDIVIDUAL	M: 197	Trail Curto	03:36:07.87	08:38	6.9kph	M50: 20
239	520	CARLOS MAGALHÃES	ASAS	M: 198	Trail Curto	03:36:41.35	08:40	6.9kph	M50: 21
240	521	LIDIA SANTOS	ASAS	F: 42	Trail Curto	03:36:43.16	08:40	6.9kph	F55: 1
241	779	TERESA ROSA	CLUBE DESPORTIVO MOITENSE	F: 43	Trail Curto	03:36:59.70	08:40	6.9kph	FSen: 19
242	660	FERNANDA PRATAS	CEM QUEDAS	F: 44	Trail Curto	03:37:53.83	08:42	6.9kph	F60: 2
243	604	NUNO DIAS	CASA DO BENFICA EM CASTELO BRANCO	M: 199	Trail Curto	03:39:05.45	08:45	6.8kph	M45: 40
244	614	ANA RODRIGUES	INDIVIDUAL	F: 45	Trail Curto	03:41:11.75	08:50	6.8kph	FSen: 20
245	805	MANUEL CORDEIRO	INDIVIDUAL	M: 200	Trail Curto	03:41:13.94	08:50	6.8kph	M60: 5
246	513	JOAQUIM SANTOS RIBEIRO	RUN CREW TRAIL MONTIJO	M: 201	Trail Curto	03:41:20.95	08:51	6.8kph	MSen: 71
247	635	SOFIA JESUS	BRRNIGHTRUNNERS	F: 46	Trail Curto	03:42:22.74	08:53	6.7kph	F40: 11
248	542	DAVID SANTOS	INDIVIDUAL	M: 202	Trail Curto	03:46:28.81	09:03	6.6kph	MSub23: 5
249	694	FILIFE MADEIRA	INDIVIDUAL	M: 203	Trail Curto	03:46:57.44	09:04	6.6kph	M45: 41
250	594	MONICA PEREIRA	INDIVIDUAL	F: 47	Trail Curto	03:47:05.32	09:05	6.6kph	F40: 12
251	637	NUNO BOTELHO	INDIVIDUAL	M: 204	Trail Curto	03:47:06.99	09:05	6.6kph	M45: 42
252	730	SALOMÉ REIS	INDIVIDUAL	F: 48	Trail Curto	03:49:48.33	09:11	6.5kph	FSen: 21
253	514	FILIPA FEIJÃO	INDIVIDUAL	F: 49	Trail Curto	03:50:02.88	09:12	6.5kph	FSen: 22
254	669	TATIANA ILDEFONSO	HOSA	F: 50	Trail Curto	03:50:11.92	09:12	6.5kph	FSen: 23
255	624	LUÍS COSTA	AL-MOÇA-GEME	M: 205	Trail Curto	03:50:55.26	09:14	6.5kph	MSen: 72
256	804	RICARDO MORAIS	INDIVIDUAL	M: 206	Trail Curto	03:51:06.09	09:14	6.5kph	M40: 47
257	516	GUIDA MACEDO	INDIVIDUAL	F: 51	Trail Curto	03:51:12.33	09:14	6.5kph	F45: 11
258	519	SERAFIM MARQUES	ASAS	M: 207	Trail Curto	03:51:14.39	09:14	6.5kph	M60: 6
259	518	HELENA CUNHA	ASAS	F: 52	Trail Curto	03:51:15.54	09:15	6.5kph	F60: 3
260	598	CARLA DIAS	PACE.MAKERS	F: 53	Trail Curto	03:55:56.26	09:26	6.4kph	FSen: 24
261	787	CARLA COUTINHO	CLUBE MILLENNIUM BCP	F: 54	Trail Curto	03:56:54.16	09:28	6.3kph	F45: 12
262	786	PAULO COUTINHO	CLUBE MILLENNIUM BCP	M: 208	Trail Curto	03:56:54.34	09:28	6.3kph	M50: 22
263	664	HENRIQUE OLIVEIRA	C.C.D. O ALVITEJO	M: 209	Trail Curto	03:56:59.46	09:28	6.3kph	M40: 48
264	645	RUI RAPOSEIRA	C.C.D. O ALVITEJO	M: 210	Trail Curto	03:57:00.53	09:28	6.3kph	M50: 23
265	638	JOSÉ SILVA	INDIVIDUAL	M: 211	Trail Curto	03:57:22.42	09:29	6.3kph	M60: 7
266	539	CARLA ATILHO	SANTANA FUTEBOL CLUBE - TRAIL TEAM	F: 55	Trail Curto	03:57:49.52	09:30	6.3kph	F45: 13
267	573	ANTÓNIO ALVES	INDIVIDUAL	M: 212	Trail Curto	03:57:50.60	09:30	6.3kph	M60: 8
268	833	ANA MARQUES	INDIVIDUAL	F: 56	Trail Curto	03:57:57.12	09:31	6.3kph	F40: 13
269	540	SOFIA ATILHO	SANTANA FUTEBOL CLUBE - TRAIL TEAM	F: 57	Trail Curto	03:58:25.26	09:32	6.3kph	F40: 14
270	524	ANTÓNIO GONÇALVES	SANTANA FUTEBOL CLUBE - TRAIL TEAM	M: 213	Trail Curto	03:58:26.66	09:32	6.3kph	M50: 24
271	656	JOSÉ LUÍS SILVA	INDIVIDUAL	M: 214	Trail Curto	03:58:30.27	09:32	6.3kph	M45: 43
272	807	LURDES OLAS	SOMAS1KM	F: 58	Trail Curto	03:58:30.77	09:32	6.3kph	F45: 14
273	697	ISABEL COSTA	INDIVIDUAL	F: 59	Trail Curto	03:58:31.31	09:32	6.3kph	F45: 15
274	716	FERNANDA TAVARES	COA / CORVUS TRAIL TEAM	F: 60	Trail Curto	03:59:06.65	09:33	6.3kph	FSen: 25
275	629	RUI ALMEIDA	ADRC MATA DE BENFICA	M: 215	Trail Curto	04:00:22.35	09:36	6.2kph	M45: 44
276	628	SÉRGIO PATRÍCIO	ADRC MATA DE BENFICA	M: 216	Trail Curto	04:02:03.11	09:40	6.2kph	M45: 45
277	603	LUCINDA TAVARES	BRT - BEER RUN TEAM	F: 61	Trail Curto	04:03:20.96	09:44	6.2kph	F40: 15
278	639	TÂNIA PEREIRA	SANTANA FUTEBOL CLUBE - TRAIL TEAM	F: 62	Trail Curto	04:04:11.72	09:46	6.1kph	FSen: 26
279	683	JOSÉ OLIVEIRA	OS GALGOS DE TANCOS	M: 217	Trail Curto	04:04:12.94	09:46	6.1kph	M50: 25
280	679	PEDRO MONTEIRO	TRAILLERS	M: 218	Trail Curto	04:05:11.98	09:48	6.1kph	M55: 15
281	647	MANUEL MACHADO	OS MATRECOS	M: 219	Trail Curto	04:05:44.44	09:49	6.1kph	M55: 16
282	659	ANA MOTA	INDIVIDUAL	F: 63	Trail Curto	04:05:47.03	09:49	6.1kph	F45: 16
283	547	GI RIBEIRO	SANTANA FUTEBOL CLUBE - TRAIL TEAM	F: 64	Trail Curto	04:06:36.08	09:51	6.1kph	F50: 3
284	515	MARIA ALEGRIA	INDIVIDUAL	F: 65	Trail Curto	04:09:25.93	09:58	6.0kph	F50: 4
285	570	PAULA S. SANTOS	PACE.MAKERS	F: 66	Trail Curto	04:09:58.33	09:59	6.0kph	F40: 16

Trilhos do Almourol - Trail Curto

Classificação Geral

Pos	Dorsal	Nome	Equipa	Sexo	Type	Tempo	T/Km	Km/h	Cat/Pos
286	579	PAULO MARQUES	INDIVIDUAL	M: 220	Trail Curto	04:11:36.88	10:03	6.0kph	M40: 49
287	670	RODRIGO MOTA	HOSA	M: 221	Trail Curto	04:11:37.59	10:03	6.0kph	M40: 50
288	754	LUIS BELBUTE	INDIVIDUAL	M: 222	Trail Curto	04:12:34.09	10:06	5.9kph	M50: 26
289	753	CRISTINA BARBOSA	INDIVIDUAL	F: 67	Trail Curto	04:12:37.08	10:06	5.9kph	F45: 17
290	578	ANA PIRES	AD IALBAX	F: 68	Trail Curto	04:14:10.48	10:10	5.9kph	FSen: 27
291	502	EMILIA GALINHA	TRILHO PERDIDO EVENTOS / IMPORLUX	F: 69	Trail Curto	04:17:44.26	10:18	5.8kph	F55: 2
292	541	MARIANA ANTUNES	INDIVIDUAL	F: 70	Trail Curto	04:18:40.14	10:20	5.8kph	FSen: 28
293	596	ANDRÉ CARLOS	INDIVIDUAL	M: 223	Trail Curto	04:25:57.51	10:38	5.6kph	MSen: 73
294	736	ANA FERNANDES	HOSA	F: 71	Trail Curto	04:30:35.77	10:49	5.5kph	FSen: 29
295	583	PEDRO MANSO	TÁLENTOS TEAM	M: 224	Trail Curto	04:32:22.87	10:53	5.5kph	M40: 51
296	729	MARIO RAMALHO	INDIVIDUAL	M: 225	Trail Curto	04:32:23.58	10:53	5.5kph	MSen: 74
297	789	MAURO MAGALHÃES	CLUBE MILLENNIUM BCP	M: 226	Trail Curto	04:32:24.12	10:53	5.5kph	MSen: 75
298	676	NÉLIA POMBO	CEREAL KILLERS	F: 72	Trail Curto	04:39:51.32	11:11	5.4kph	F40: 17
299	675	ANA BAPTISTA	INDIVIDUAL	F: 73	Trail Curto	04:40:16.48	11:12	5.4kph	F55: 3
300	702	TELMA MARQUES	FUTEBOL CLUBE ESTRELAS LISBOA	F: 74	Trail Curto	04:41:39.66	11:15	5.3kph	F45: 18
301	701	PAULA LEITÃO	FUTEBOL CLUBE ESTRELAS LISBOA	F: 75	Trail Curto	04:41:40.44	11:16	5.3kph	F40: 18
302	713	FÁTIMA FERREIRA	FUTEBOL CLUBE ESTRELAS LISBOA	F: 76	Trail Curto	04:46:24.64	11:27	5.2kph	F40: 19
303	698	HUGO CERQUEIRA	FUTEBOL CLUBE ESTRELAS LISBOA	M: 227	Trail Curto	04:46:25.09	11:27	5.2kph	M40: 52
304	700	MÓNICA CERQUEIRA	FUTEBOL CLUBE ESTRELAS LISBOA	F: 77	Trail Curto	04:46:25.80	11:27	5.2kph	F40: 20
305	690	GABRIELA MARQUES	AMIGOS VALE DO SILÊNCIO	F: 78	Trail Curto	04:47:23.59	11:29	5.2kph	F40: 21
306	796	MARIA PINTO	CORRIDA NOTURNA	F: 79	Trail Curto	04:47:35.77	11:30	5.2kph	F50: 5
307	747	ANA GONÇALVES	CORRIDA NOTURNA PARQUE DAS NAÇÕES	F: 80	Trail Curto	04:47:35.84	11:30	5.2kph	F50: 6
308	678	LURDES SANTOS	AMIGOS VALE DO SILÊNCIO	F: 81	Trail Curto	04:47:36.38	11:30	5.2kph	FSen: 30
309	795	JOÃO PINTO	CORRIDA NOTURNA	M: 228	Trail Curto	04:47:38.64	11:30	5.2kph	M55: 17
310	685	NUNO FONSECA	CORRIDA NOTURNA PARQUE DAS NAÇÕES	M: 229	Trail Curto	04:47:38.72	11:30	5.2kph	M45: 46
311	572	FERNANDO SERRANO	CORRIDA NOTURNA PARQUE DAS NAÇÕES	M: 230	Trail Curto	04:47:45.83	11:30	5.2kph	M50: 27
312	644	PAULA JOAQUIM	CLAC ENTRONCAMENTO / ONDATRILHOS	F: 82	Trail Curto	04:48:06.11	11:31	5.2kph	F60: 4
313	763	PEDRO PIMENTA	ESTACA ZERO	M: 231	Trail Curto	04:53:47.65	11:45	5.1kph	M50: 28
314	522	CARLOS FERREIRA	CARACOL TRAIL TEAM	M: 232	Trail Curto	02:18:19.24	05:31	10.8kph	:
315	762	NUNO MENDES	ESTACA ZERO	M: 233	Trail Curto	04:06:57.23	09:52	6.1kph	:
316	512	ANDREIA BATISTA	COA / CORVUS TRAIL TEAM	F: 83	Trail Curto	04:08:03.94	09:55	6.0kph	:



Classificação por Equipas

14-04-2019

Trilhos do Almourol - Trail Curto

17:19:08

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta																
1	Casa Do Benfica Em Ab	30	3	17																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>3</td><td>208</td><td>Luiz</td><td>Mota</td></tr><tr><td>10</td><td>822</td><td>Manuel</td><td>Nogueira</td></tr><tr><td>17</td><td>834</td><td>Artur</td><td>Pais</td></tr></table>	Pos	Dorsal	Nome		3	208	Luiz	Mota	10	822	Manuel	Nogueira	17	834	Artur	Pais			
Pos	Dorsal	Nome																		
3	208	Luiz	Mota																	
10	822	Manuel	Nogueira																	
17	834	Artur	Pais																	
2	Trilhos Dos Templário	41	3	20																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>8</td><td>642</td><td>Rafael</td><td>Martinho</td></tr><tr><td>13</td><td>164</td><td>Hugo</td><td>Conde</td></tr><tr><td>20</td><td>806</td><td>Hugo</td><td>Gabriel</td></tr></table>	Pos	Dorsal	Nome		8	642	Rafael	Martinho	13	164	Hugo	Conde	20	806	Hugo	Gabriel			
Pos	Dorsal	Nome																		
8	642	Rafael	Martinho																	
13	164	Hugo	Conde																	
20	806	Hugo	Gabriel																	
3	Caracol Trail Team	93	3	51																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>15</td><td>801</td><td>Francisco</td><td>Gaio</td></tr><tr><td>27</td><td>535</td><td>Pedro</td><td>Mourão</td></tr><tr><td>51</td><td>584</td><td>Aníbal</td><td>Godinho</td></tr></table>	Pos	Dorsal	Nome		15	801	Francisco	Gaio	27	535	Pedro	Mourão	51	584	Aníbal	Godinho			
Pos	Dorsal	Nome																		
15	801	Francisco	Gaio																	
27	535	Pedro	Mourão																	
51	584	Aníbal	Godinho																	
4	Vespinga Saudável - F	132	3	52																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>37</td><td>765</td><td>Rui</td><td>Fresco</td></tr><tr><td>43</td><td>768</td><td>Nuno</td><td>Reis</td></tr><tr><td>52</td><td>723</td><td>Luís</td><td>Lopes</td></tr></table>	Pos	Dorsal	Nome		37	765	Rui	Fresco	43	768	Nuno	Reis	52	723	Luís	Lopes			
Pos	Dorsal	Nome																		
37	765	Rui	Fresco																	
43	768	Nuno	Reis																	
52	723	Luís	Lopes																	
5	Trilho Perdido Evento	147	3	76																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>30</td><td>555</td><td>Paulo</td><td>Silva</td></tr><tr><td>41</td><td>558</td><td>António</td><td>Abreu</td></tr><tr><td>76</td><td>501</td><td>Rui</td><td>Brilhante</td></tr></table>	Pos	Dorsal	Nome		30	555	Paulo	Silva	41	558	António	Abreu	76	501	Rui	Brilhante			
Pos	Dorsal	Nome																		
30	555	Paulo	Silva																	
41	558	António	Abreu																	
76	501	Rui	Brilhante																	
6	A. C. S. Mamede	156	3	64																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>44</td><td>773</td><td>Carlos</td><td>Cunha</td></tr><tr><td>48</td><td>771</td><td>Charles</td><td>Custódio</td></tr><tr><td>64</td><td>772</td><td>Pedro</td><td>Vale Da Serra</td></tr></table>	Pos	Dorsal	Nome		44	773	Carlos	Cunha	48	771	Charles	Custódio	64	772	Pedro	Vale Da Serra			
Pos	Dorsal	Nome																		
44	773	Carlos	Cunha																	
48	771	Charles	Custódio																	
64	772	Pedro	Vale Da Serra																	
7	Filipe Neves	194	3	93																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>40</td><td>761</td><td>António</td><td>Reis</td></tr><tr><td>61</td><td>760</td><td>Vitor</td><td>Neves</td></tr><tr><td>93</td><td>759</td><td>Filipe</td><td>Neves</td></tr></table>	Pos	Dorsal	Nome		40	761	António	Reis	61	760	Vitor	Neves	93	759	Filipe	Neves			
Pos	Dorsal	Nome																		
40	761	António	Reis																	
61	760	Vitor	Neves																	
93	759	Filipe	Neves																	

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta																
8	Coa / Corvus Trail Te	213	3	118																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>28</td><td>561</td><td>Miguel</td><td>Serra</td></tr><tr><td>67</td><td>633</td><td>João</td><td>Pratas</td></tr><tr><td>118</td><td>511</td><td>António</td><td>Pires</td></tr></table>					Pos	Dorsal	Nome		28	561	Miguel	Serra	67	633	João	Pratas	118	511	António	Pires
Pos	Dorsal	Nome																		
28	561	Miguel	Serra																	
67	633	João	Pratas																	
118	511	António	Pires																	
9	Rx Runners	220	3	112																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>35</td><td>615</td><td>Raúl</td><td>Vieira</td></tr><tr><td>73</td><td>643</td><td>Jorge</td><td>Maurício</td></tr><tr><td>112</td><td>672</td><td>João</td><td>Paulino</td></tr></table>					Pos	Dorsal	Nome		35	615	Raúl	Vieira	73	643	Jorge	Maurício	112	672	João	Paulino
Pos	Dorsal	Nome																		
35	615	Raúl	Vieira																	
73	643	Jorge	Maurício																	
112	672	João	Paulino																	
10	Dá-Lhe Gás Team	246	3	107																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>33</td><td>623</td><td>Diogo</td><td>Alves</td></tr><tr><td>106</td><td>741</td><td>Eliana</td><td>Raimundo</td></tr><tr><td>107</td><td>600</td><td>José</td><td>Dias</td></tr></table>					Pos	Dorsal	Nome		33	623	Diogo	Alves	106	741	Eliana	Raimundo	107	600	José	Dias
Pos	Dorsal	Nome																		
33	623	Diogo	Alves																	
106	741	Eliana	Raimundo																	
107	600	José	Dias																	
11	Matilha Running	276	3	121																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>45</td><td>756</td><td>João</td><td>Rosa</td></tr><tr><td>110</td><td>82</td><td>Joaquim</td><td>Lima</td></tr><tr><td>121</td><td>508</td><td>Pedro</td><td>Lourenço</td></tr></table>					Pos	Dorsal	Nome		45	756	João	Rosa	110	82	Joaquim	Lima	121	508	Pedro	Lourenço
Pos	Dorsal	Nome																		
45	756	João	Rosa																	
110	82	Joaquim	Lima																	
121	508	Pedro	Lourenço																	
12	Os Matrecos	277	3	149																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>62</td><td>808</td><td>Manuel</td><td>Silva</td></tr><tr><td>66</td><td>648</td><td>Flávio</td><td>Graça</td></tr><tr><td>149</td><td>651</td><td>Carla</td><td>Barbosa</td></tr></table>					Pos	Dorsal	Nome		62	808	Manuel	Silva	66	648	Flávio	Graça	149	651	Carla	Barbosa
Pos	Dorsal	Nome																		
62	808	Manuel	Silva																	
66	648	Flávio	Graça																	
149	651	Carla	Barbosa																	
13	C.D. Os Águias De Alp	286	3	147																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>26</td><td>790</td><td>Raul</td><td>Jorge</td></tr><tr><td>113</td><td>507</td><td>João</td><td>Costa</td></tr><tr><td>147</td><td>823</td><td>Cláudia</td><td>Ribeiro</td></tr></table>					Pos	Dorsal	Nome		26	790	Raul	Jorge	113	507	João	Costa	147	823	Cláudia	Ribeiro
Pos	Dorsal	Nome																		
26	790	Raul	Jorge																	
113	507	João	Costa																	
147	823	Cláudia	Ribeiro																	
14	União Fci De Tomar	295	3	124																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>82</td><td>575</td><td>Paula</td><td>Branco</td></tr><tr><td>89</td><td>616</td><td>Carolina</td><td>Feliz</td></tr><tr><td>124</td><td>718</td><td>Ernesto</td><td>Parente</td></tr></table>					Pos	Dorsal	Nome		82	575	Paula	Branco	89	616	Carolina	Feliz	124	718	Ernesto	Parente
Pos	Dorsal	Nome																		
82	575	Paula	Branco																	
89	616	Carolina	Feliz																	
124	718	Ernesto	Parente																	
15	Marinhais Ac	300	3	191																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>34</td><td>568</td><td>Luís</td><td>Neves</td></tr><tr><td>75</td><td>569</td><td>José</td><td>Leal</td></tr><tr><td>191</td><td>803</td><td>Diogo</td><td>Nunes Magriço</td></tr></table>					Pos	Dorsal	Nome		34	568	Luís	Neves	75	569	José	Leal	191	803	Diogo	Nunes Magriço
Pos	Dorsal	Nome																		
34	568	Luís	Neves																	
75	569	José	Leal																	
191	803	Diogo	Nunes Magriço																	

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta																
16	Pinhal Total - Oleiro	320	3	196																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>21</td><td>828</td><td>Luís</td><td>Mendes</td></tr><tr><td>103</td><td>826</td><td>Filipe</td><td>Domingues</td></tr><tr><td>196</td><td>827</td><td>João</td><td>Santos</td></tr></table>					Pos	Dorsal	Nome		21	828	Luís	Mendes	103	826	Filipe	Domingues	196	827	João	Santos
Pos	Dorsal	Nome																		
21	828	Luís	Mendes																	
103	826	Filipe	Domingues																	
196	827	João	Santos																	
17	Cabaré Dos Coxos	333	3	205																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>58</td><td>695</td><td>Carlos</td><td>Andrade</td></tr><tr><td>70</td><td>574</td><td>Filipe</td><td>Rito</td></tr><tr><td>205</td><td>792</td><td>Liliana</td><td>Rodrigues</td></tr></table>					Pos	Dorsal	Nome		58	695	Carlos	Andrade	70	574	Filipe	Rito	205	792	Liliana	Rodrigues
Pos	Dorsal	Nome																		
58	695	Carlos	Andrade																	
70	574	Filipe	Rito																	
205	792	Liliana	Rodrigues																	
18	Os Galgos De Tancos	371	3	134																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>105</td><td>684</td><td>Suse</td><td>Lucas</td></tr><tr><td>132</td><td>543</td><td>Jorge</td><td>Antunes</td></tr><tr><td>134</td><td>706</td><td>João</td><td>Domingues</td></tr></table>					Pos	Dorsal	Nome		105	684	Suse	Lucas	132	543	Jorge	Antunes	134	706	João	Domingues
Pos	Dorsal	Nome																		
105	684	Suse	Lucas																	
132	543	Jorge	Antunes																	
134	706	João	Domingues																	
19	Clube Millennium Bcp	402	3	213																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>94</td><td>784</td><td>Sofia</td><td>Ramalho</td></tr><tr><td>95</td><td>783</td><td>Rui</td><td>Ramalho</td></tr><tr><td>213</td><td>782</td><td>António</td><td>Ferreira</td></tr></table>					Pos	Dorsal	Nome		94	784	Sofia	Ramalho	95	783	Rui	Ramalho	213	782	António	Ferreira
Pos	Dorsal	Nome																		
94	784	Sofia	Ramalho																	
95	783	Rui	Ramalho																	
213	782	António	Ferreira																	
20	Pace.Makers	515	3	189																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>148</td><td>576</td><td>António</td><td>Pereira</td></tr><tr><td>178</td><td>577</td><td>Zé</td><td>Paulo</td></tr><tr><td>189</td><td>703</td><td>Vitor</td><td>Franco</td></tr></table>					Pos	Dorsal	Nome		148	576	António	Pereira	178	577	Zé	Paulo	189	703	Vitor	Franco
Pos	Dorsal	Nome																		
148	576	António	Pereira																	
178	577	Zé	Paulo																	
189	703	Vitor	Franco																	
21	C.C.D. O Alvitejo	530	3	263																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>5</td><td>728</td><td>Fábio</td><td>Martins</td></tr><tr><td>262</td><td>664</td><td>Henrique</td><td>Oliveira</td></tr><tr><td>263</td><td>645</td><td>Rui</td><td>Raposeira</td></tr></table>					Pos	Dorsal	Nome		5	728	Fábio	Martins	262	664	Henrique	Oliveira	263	645	Rui	Raposeira
Pos	Dorsal	Nome																		
5	728	Fábio	Martins																	
262	664	Henrique	Oliveira																	
263	645	Rui	Raposeira																	
22	100Travões Trail Team	584	3	232																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>175</td><td>548</td><td>Alexandra</td><td>Simão</td></tr><tr><td>177</td><td>549</td><td>João</td><td>Alexandre</td></tr><tr><td>232</td><td>533</td><td>Paulo</td><td>Simão</td></tr></table>					Pos	Dorsal	Nome		175	548	Alexandra	Simão	177	549	João	Alexandre	232	533	Paulo	Simão
Pos	Dorsal	Nome																		
175	548	Alexandra	Simão																	
177	549	João	Alexandre																	
232	533	Paulo	Simão																	
23	Asas	618	3	239																
<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>141</td><td>517</td><td>Carla</td><td>Fernandes</td></tr><tr><td>238</td><td>520</td><td>Carlos</td><td>Magalhães</td></tr><tr><td>239</td><td>521</td><td>Lidia</td><td>Santos</td></tr></table>					Pos	Dorsal	Nome		141	517	Carla	Fernandes	238	520	Carlos	Magalhães	239	521	Lidia	Santos
Pos	Dorsal	Nome																		
141	517	Carla	Fernandes																	
238	520	Carlos	Magalhães																	
239	521	Lidia	Santos																	

Pos	Equipa	Pontuação	QtdAtletas	Ult. Atleta																
24	Cem Quedas	619	3	241																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>181</td><td>537</td><td>João</td><td>Jacinto</td></tr><tr><td>197</td><td>620</td><td>Raquel</td><td>Correia</td></tr><tr><td>241</td><td>660</td><td>Fernanda</td><td>Pratas</td></tr></table>	Pos	Dorsal	Nome		181	537	João	Jacinto	197	620	Raquel	Correia	241	660	Fernanda	Pratas			
Pos	Dorsal	Nome																		
181	537	João	Jacinto																	
197	620	Raquel	Correia																	
241	660	Fernanda	Pratas																	
25	Clac Entroncamento /	674	3	311																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>180</td><td>661</td><td>Carlos</td><td>Marchão</td></tr><tr><td>183</td><td>689</td><td>António</td><td>Matias</td></tr><tr><td>311</td><td>644</td><td>Paula</td><td>Joaquim</td></tr></table>	Pos	Dorsal	Nome		180	661	Carlos	Marchão	183	689	António	Matias	311	644	Paula	Joaquim			
Pos	Dorsal	Nome																		
180	661	Carlos	Marchão																	
183	689	António	Matias																	
311	644	Paula	Joaquim																	
26	Amigos Vale Do Silênc	702	3	307																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>91</td><td>840</td><td>Hugo</td><td>Marques</td></tr><tr><td>304</td><td>690</td><td>Gabriela</td><td>Marques</td></tr><tr><td>307</td><td>678</td><td>Lurdes</td><td>Santos</td></tr></table>	Pos	Dorsal	Nome		91	840	Hugo	Marques	304	690	Gabriela	Marques	307	678	Lurdes	Santos			
Pos	Dorsal	Nome																		
91	840	Hugo	Marques																	
304	690	Gabriela	Marques																	
307	678	Lurdes	Santos																	
27	Futebol Clube Estrela	747	3	299																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>218</td><td>699</td><td>Mauro</td><td>Ferreira</td></tr><tr><td>230</td><td>714</td><td>Paulo</td><td>Nunes</td></tr><tr><td>299</td><td>702</td><td>Telma</td><td>Marques</td></tr></table>	Pos	Dorsal	Nome		218	699	Mauro	Ferreira	230	714	Paulo	Nunes	299	702	Telma	Marques			
Pos	Dorsal	Nome																		
218	699	Mauro	Ferreira																	
230	714	Paulo	Nunes																	
299	702	Telma	Marques																	
28	Santana Futebol Clube	769	3	268																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>236</td><td>538</td><td>Mário</td><td>Atilho</td></tr><tr><td>265</td><td>539</td><td>Carla</td><td>Atilho</td></tr><tr><td>268</td><td>540</td><td>Sofia</td><td>Atilho</td></tr></table>	Pos	Dorsal	Nome		236	538	Mário	Atilho	265	539	Carla	Atilho	268	540	Sofia	Atilho			
Pos	Dorsal	Nome																		
236	538	Mário	Atilho																	
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29	Corrida Noturna Parqu	783	3	309																
	<table><tr><th>Pos</th><th>Dorsal</th><th colspan="2">Nome</th></tr><tr><td>168</td><td>562</td><td>Rui</td><td>Almeida</td></tr><tr><td>306</td><td>747</td><td>Ana</td><td>Gonçalves</td></tr><tr><td>309</td><td>685</td><td>Nuno</td><td>Fonseca</td></tr></table>	Pos	Dorsal	Nome		168	562	Rui	Almeida	306	747	Ana	Gonçalves	309	685	Nuno	Fonseca			
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