

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
1	673	Daniela Russo	Oralklass-Amigos Do Trail	02:23:59.043	00:00:00.000	F-Seniores
2	601	Lucinda Sousa	Individual	02:28:07.553	00:04:08.510	F-M40
3	725	Juliana Rodrigues	Pernetas	02:28:10.810	00:04:11.767	F-Seniores
4	614	Inês Moreira	Moinhos Run Adrm	02:33:58.567	00:09:59.524	F-Seniores
5	729	Rosália Silva	Team Lantemil	02:40:37.603	00:16:38.560	F-Seniores
6	666	Alexandra Fernandes	Individual	02:41:45.340	00:17:46.297	F-M40
7	797	Mariana Delgado	Ctad - Trilhos De Cinfaes	02:45:02.557	00:21:03.514	F-Seniores
8	728	Elisabete Santos	Team Lantemil	02:46:56.283	00:22:57.240	F-M40
9	625	Cláudia Moreira	Moinhos Run Adrm	02:51:00.603	00:27:01.560	F-Seniores
10	811	Ana Amaral	Individual	02:51:08.247	00:27:09.204	F-M40
11	756	Manuela Faria	Portocargo	02:51:58.607	00:27:59.564	F-M40
12	618	Daniela Ferreira	Individual	03:02:45.630	00:38:46.587	F-Seniores
13	852	Estela Martins	Individual	03:02:51.647	00:38:52.604	F-Seniores
14	786	Fernanda Magalhães	Adsl	03:03:32.397	00:39:33.354	F-M40
15	670	Cristina Saraiva	Individual	03:04:10.640	00:40:11.597	F-M50
16	687	Marta Silva	Lourenço'S Adeventures	03:10:33.153	00:46:34.110	F-M40
17	856	Ana Costa	Individual	03:12:05.910	00:48:06.867	F-Seniores
18	739	Sandra Dias	Team Lantemil	03:15:48.907	00:51:49.864	F-Seniores
19	770	Helena Dias	Budeguita Runners	03:16:34.160	00:52:35.117	F-M40
20	844	Ana Costa	Budeguita Runners	03:16:35.793	00:52:36.750	F-M40
21	720	Lara Santos	Cmc - Uf Custóias, Leça Do Balio E Guifô	03:21:07.927	00:57:08.884	F-M40
22	734	Isabel Martins	Individual	03:29:58.703	01:05:59.660	F-M40
23	644	Sara Soares	Monte Dos Amigis /Juventude Ribeiras	03:34:15.697	01:10:16.654	F-Seniores
24	837	Sandra Matos	Individual	03:36:31.887	01:12:32.844	F-M40
25	789	Neuza Rodrigues	Individual	03:42:24.717	01:18:25.674	F-Seniores
26	792	Sofia Naldinho	Team Lantemil	03:44:39.477	01:20:40.434	F-Seniores
27	647	Paula Guedes	Monte Dos Amigis /Juventude Ribeiras	03:44:39.720	01:20:40.677	F-Seniores
28	776	Liliana Sousa	Uf Custóias, Leça Do Balio E Guifões	03:48:06.993	01:24:07.950	F-Seniores
29	785	Graça Silva	Adsl	03:48:09.550	01:24:10.507	F-M50
30	773	Sara Braga	Uf Custóias, Leça Do Balio E Guifões	03:48:15.980	01:24:16.937	F-Seniores
31	737	Susana Azevedo	Team Lantemil	03:49:31.980	01:25:32.937	F-Seniores
32	806	Isabel Martins	Team Lantemil	03:49:31.987	01:25:32.944	F-Seniores
33	803	Paula Teixeira	Carapaus	03:51:12.740	01:27:13.697	F-M50
34	807	Diana Cancela	Individual	03:51:49.220	01:27:50.177	F-M40
35	742	Sónia Bessa	Individual	04:01:36.257	01:37:37.214	F-M40
36	694	Isabel Araujo	Confraria Dos Maratonistas	04:15:18.290	01:51:19.247	F-M50
37	700	Vera Martins	Secai/Pedalar/Geoinerte	04:28:14.817	02:04:15.774	F-Seniores
38	699	Maia	Individual	04:39:31.337	02:15:32.294	F-Seniores

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
1	840	Fernando Lemos	Gaia Trail	01:55:26.983	00:00:00.000	M-Seniores
2	608	Paulo Costa	A.D.Amarante Trail Running	01:57:23.520	00:01:56.537	M-Seniores
3	755	Bruno Coelho	Satecnosoloutdoor / Lasportiva	01:57:56.493	00:02:29.510	M-Seniores
4	832	Pedro Rocha	Gondomar Futsal Club	02:03:11.497	00:07:44.514	M-Seniores
5	723	Paulo Conde	Oralklass-Amigos Do Trail	02:03:11.750	00:07:44.767	M-Seniores
6	605	Pedro Santos	Fugitivos Urbanos - Clínica Saúde	02:07:15.007	00:11:48.024	M-M40
7	731	Ezequiel Fernandes	Team Lantemil	02:10:29.017	00:15:02.034	M-M40
8	782	Alexandre Rubio	Compressport Team	02:10:29.270	00:15:02.287	M-Seniores
9	841	Bruno Santiago	Gaia Trail	02:11:40.270	00:16:13.287	M-Seniores
10	604	João Borges	Individual	02:15:08.027	00:19:41.044	M-Seniores
11	761	Celso Oliveira	Lion Runners - G. D. Leões Da Guarda	02:15:47.277	00:20:20.294	M-Seniores
12	815	Ivo Peko	Gaia Trail	02:19:17.250	00:23:50.267	M-Seniores
13	639	Francisco Pinheiro	Individual	02:20:43.293	00:25:16.310	M-M40
14	813	Pedro Barbosa	Individual	02:20:45.990	00:25:19.007	M-Seniores
15	691	Adérito Silva	Individual	02:22:00.040	00:26:33.057	M-Seniores
16	643	Amaro Costa	Padela Natural Team - Fisiofreixo	02:22:33.473	00:27:06.490	M-Seniores
17	733	José Faria	Team Lantemil	02:23:18.543	00:27:51.560	M-Seniores
18	735	Rodrigo Silva	Team Lantemil	02:23:49.797	00:28:22.814	M-Seniores
19	617	Luís Sá	Individual	02:26:19.550	00:30:52.567	M-M40
20	847	Paulo Jorge	Matosinhos Mar De Desporto	02:26:20.050	00:30:53.067	M-Seniores
21	715	Sousa	Os Santa Apolónia	02:26:52.550	00:31:25.567	M-Seniores
22	714	Martins	Os Santa Apolónia	02:26:54.557	00:31:27.574	M-M40
23	657	Domingos Nogueira	Moreira Relax Runners	02:26:56.197	00:31:29.214	M-Seniores
24	713	Fernandes	Os Santa Apolónia	02:27:46.683	00:32:19.700	M-Seniores
25	780	Pedro Conde	Beapt	02:28:07.307	00:32:40.324	M-M40
26	606	Nelson Sousa	Paredes Aventura	02:28:08.553	00:32:41.570	M-Seniores
27	772	Filipe Oliveira	Uf Custóias, Leça Do Balio E Guifões	02:28:28.057	00:33:01.074	M-Seniores
28	629	Adelino Silva	Ccd - Siemens	02:29:20.313	00:33:53.330	M-M40
29	730	Jorge Ferreira	Team Lantemil	02:30:10.810	00:34:43.827	M-M40
30	842	Bruno Soares	Gaia Trail	02:30:41.060	00:35:14.077	M-Seniores
30	835	José Paulo	Gondomar Futsal Club	02:30:41.060	00:35:14.077	M-M40
31	839	Paulo Madeira	Gaia Trail	02:31:10.067	00:35:43.084	M-Seniores
32	763	Hugo Silva	Lion Runners - G. D. Leões Da Guarda	02:33:03.567	00:37:36.584	M-Seniores
33	708	Mendes Santos	Individual	02:33:04.313	00:37:37.330	M-Seniores
34	791	Martinho Costa	Individual	02:33:07.027	00:37:40.044	M-M50
35	685	Bruno Ramiro	Casadotear.Pt	02:34:08.567	00:38:41.584	M-Seniores
36	655	Nelson Noval	Individual	02:35:04.567	00:39:37.584	M-M40
37	682	José Regueiras	Ccdfpjp	02:35:43.607	00:40:16.624	M-M40
38	760	José Sá	Lion Runners - G. D. Leões Da Guarda	02:36:00.820	00:40:33.837	M-Seniores
39	676	Nuno Pinto	Individual	02:37:20.073	00:41:53.090	M-Seniores
40	688	Daniel Mota	Maia North Side Tun	02:37:51.823	00:42:24.840	M-M40
41	716	Macedo	Os Santa Apolónia	02:38:09.823	00:42:42.840	M-M40
42	732	Rui Teixeira	Team Lantemil	02:38:45.077	00:43:18.094	M-M40
43	607	Hélder Filipe	Individual	02:39:46.587	00:44:19.604	M-Seniores
44	630	Fernando Remelgado	Ccd - Siemens	02:40:31.840	00:45:04.857	M-M40
45	774	António Gavina	Uf Custóias, Leça Do Balio E Guifões	02:41:19.583	00:45:52.600	M-Seniores
46	675	Pedro Gouveia	Individual	02:41:52.843	00:46:25.860	M-Seniores
47	757	Renato Oliveira	Portocargo	02:42:29.083	00:47:02.100	M-M40
48	796	Francisco Costa	Rosário Extreme	02:42:42.833	00:47:15.850	M-M50
49	845	Paulo Pereira	Individual	02:42:45.087	00:47:18.104	SEscalao
50	622	Alcídio Moreira	Individual	02:42:58.593	00:47:31.610	M-M40
51	879	Jorge Silva	Individual	02:43:12.087	00:47:45.104	M-M50
52	636	Francisco Nogueira	Individual	02:44:06.597	00:48:39.614	M-M50
53	664	Albino Dias	Budeguita Runners	02:44:08.597	00:48:41.614	M-M40
54	855	Luis Sá	Individual	02:44:44.840	00:49:17.857	M-Seniores
55	696	Filipe Pimentel	Estoiira Trails	02:44:46.593	00:49:19.610	M-Seniores
56	697	Roberto Freitas	Individual	02:44:48.840	00:49:21.857	M-Seniores
57	862	Jose Maio	Carapaus	02:44:58.600	00:49:31.617	M-Seniores
58	787	Francisco Fonseca	Equipa João Ferreira	02:46:22.093	00:50:55.110	M-M40
59	827	Humberto Bezerra	Cães D'Avenida	02:46:50.353	00:51:23.370	M-Seniores
60	633	Francisco Barreto	Individual	02:47:01.847	00:51:34.864	M-Seniores
61	623	Bruno Pinho	Castelo	02:47:02.530	00:51:35.547	M-Seniores
62	627	Pedro Pisco	Nice Runners	02:47:53.347	00:52:26.364	M-M40
63	821	José Nunes	Carapaus	02:49:36.100	00:54:09.117	M-M40
64	767	Paulo Brás	Lion Runners - G. D. Leões Da Guarda	02:49:42.107	00:54:15.124	M-M40
65	746	Hugo Moita	Club Zupper	02:50:39.353	00:55:12.370	M-Seniores
66	652	Filipe Machado	Dieselinvicta	02:51:00.363	00:55:33.380	M-Seniores
67	640	Jsilva	Individual	02:51:01.500	00:55:34.517	M-M40
68	850	Tiago Mendes	Individual	02:51:05.103	00:55:38.120	SEscalao
69	651	Nuno Jaime	G D Bairro Dos Pescadores De Mts	02:51:36.107	00:56:09.124	M-M40
70	646	Emanuel Fundo	Monte Dos Amigis /Juventude Ribeiras	02:52:01.613	00:56:34.630	M-Seniores
71	816	Pedro Soares	Individual	02:52:28.607	00:57:01.624	M-Seniores
72	610	José Organista	Individual	02:52:33.857	00:57:06.874	M-M40
73	747	Rodrigo Oliveira	Individual	02:53:11.857	00:57:44.874	M-Seniores
74	701	Vitor Coelho	Clube Desportivo Cepsa	02:53:30.367	00:58:03.384	M-M40
75	823	Vitor Pereira	Individual	02:54:13.860	00:58:46.877	M-Seniores
76	825	José Lima	Individual	02:56:30.367	01:01:03.384	M-Seniores
77	665	Tiago Amorim	Budeguita Runners	02:56:50.117	01:01:23.134	M-M40
78	660	Hendrik Wielinga	Budeguita Runners	02:57:00.367	01:01:33.384	M-M40
79	859	José Morais	Gaia Trail	02:58:18.120	01:02:51.137	M-M50
80	632	Tiago Ferreira	Antonio Fernandes 12-05-1965	02:58:46.623	01:03:19.640	M-Seniores
81	681	José Faria	Individual	03:00:25.373	01:04:58.390	M-Seniores
82	817	Mario	Fantastic5	03:01:21.917	01:05:54.934	M-Seniores
83	865	Diamantino Catarino	Individual	03:02:21.627	01:06:54.644	M-M40

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
84	661	Sergio Couto	Budeguita Runners	03:02:55.900	01:07:28.917	M-M40
85	799	Fernando Reis	Running Team Maia	03:03:37.130	01:08:10.147	M-Seniores
86	851	Miguel Arújo	Team Lantemil	03:03:44.630	01:08:17.647	M-M40
87	703	Fernando Carvalho	Ss Montepio	03:03:56.633	01:08:29.650	M-M50
88	826	Luis Teixeira	Individual	03:04:00.137	01:08:33.154	M-M40
89	820	Monstro Sagrado	Carapaus	03:04:24.397	01:08:57.414	M-M50
90	762	Diogo Ramalhão	Lion Runners - G. D. Leões Da Guarda	03:05:01.383	01:09:34.400	M-Seniores
91	846	Pedro Pereira	Matosinhos Mar De Desporto	03:05:23.897	01:09:56.914	M-M40
92	683	Ricardo Mendonça	Individual	03:05:31.137	01:10:04.154	M-Seniores
93	649	Oscar Ribeiro	Monte Dos Amigis /Juventude Ribeiras	03:06:49.387	01:11:22.404	M-Seniores
94	650	Alfredo Matos	Monte Dos Amigis /Juventude Ribeiras	03:06:50.380	01:11:23.397	M-M40
95	634	Carlos Gonçalves	Moinhos Run Adrm	03:07:22.637	01:11:55.654	M-Seniores
96	628	Nuno Ferreira	Ccd - Siemens	03:07:54.113	01:12:27.130	M-Seniores
97	642	Mário Soares	Imperadores	03:07:56.110	01:12:29.127	M-Seniores
98	766	Luis Ferreira	Lion Runners - G. D. Leões Da Guarda	03:08:18.397	01:12:51.414	M-M40
99	653	Rui Carvalho	Individual	03:08:55.657	01:13:28.674	M-M50
100	753	Jorge Silva	Persistentes	03:08:57.393	01:13:30.410	M-M50
101	843	Rui Teixeira	Individual	03:08:58.390	01:13:31.407	M-M40
102	624	Gustavo André	Lourenço'S Adeventures	03:08:58.607	01:13:31.624	M-Seniores
103	654	Ricardo Ferreira	Individual	03:09:43.113	01:14:16.130	M-M40
104	719	Sérgio Cardoso	Os Santa Apolónia	03:10:06.603	01:14:39.620	M-M40
105	836	Armando Moreira	Clube Zupper	03:10:33.653	01:15:06.670	M-M50
106	705	Francisco Moreira	Ss Montepio	03:10:38.147	01:15:11.164	M-M40
107	706	Rui Carvalho	Ss Montepio	03:10:52.340	01:15:25.357	M-Seniores
108	702	Miguel Ferraz	Clube Desportivo Cepsa	03:10:52.657	01:15:25.674	M-M40
109	854	Antero Cunha	Individual	03:11:34.843	01:16:07.860	M-M40
110	809	Pedro	Individual	03:11:38.847	01:16:11.864	M-M40
111	857	Eduardo Rocha	Individual	03:12:06.160	01:16:39.177	M-M40
112	704	Cardosão	Ss Montepio	03:12:15.650	01:16:48.667	M-M40
113	619	Sérgio	Individual	03:12:17.080	01:16:50.097	M-M40
114	805	João Silva	Carapaus	03:12:37.153	01:17:10.170	M-Seniores
115	692	Jorge Silva	Gd Bpi	03:12:47.903	01:17:20.920	M-M40
116	659	Fábio Santos	Hsantamariart	03:12:48.400	01:17:21.417	M-Seniores
117	830	Sergio Silva	Individual	03:13:08.400	01:17:41.417	M-M40
118	690	Fernando Jorge	Invicta Runners Team	03:15:32.160	01:20:05.177	M-M40
119	819	Paulo Festa	Invicta Runners Team	03:15:32.417	01:20:05.434	M-Seniores
120	680	Tiago Almeida	Budeguita Runners	03:16:35.670	01:21:08.687	M-M40
121	804	João Silva	Carapaus	03:17:38.160	01:22:11.177	M-M50
122	637	José Pereira	Hp Runers Boavista	03:17:48.913	01:22:21.930	M-M50
123	798	Sérgio Oliveira	Running Team Maia	03:20:26.167	01:24:59.184	M-M40
124	748	Mário Ferreira	Moreira Relax Runners	03:21:09.170	01:25:42.187	M-M40
125	750	Valter	Pés De Chumbo	03:21:34.170	01:26:07.187	M-Seniores
126	754	Ricardo M	Pés De Chumbo	03:21:34.670	01:26:07.687	M-Seniores
127	828	António Pereira	Invicta Runners Team	03:21:37.420	01:26:10.437	M-M50
128	751	José Sousa	Os Barriguitas	03:21:38.173	01:26:11.190	M-M50
129	736	Tiago Sousa	Team Lantemil	03:22:13.170	01:26:46.187	M-Seniores
130	834	Manuel Silva	Gondomar Futsal Club	03:23:29.433	01:28:02.450	M-Seniores
131	717	Jesus	Os Santa Apolónia	03:25:56.180	01:30:29.197	M-M50
132	743	Paulo Vilarinho	Gaia Running	03:25:56.183	01:30:29.200	M-M40
133	788	Abel Cardoso	Studio Sun & Beauty	03:30:00.203	01:34:33.220	M-Seniores
134	648	Pedro Anjos	Monte Dos Amigis /Juventude Ribeiras	03:30:07.200	01:34:40.217	M-Seniores
135	749	Rui Dias	Clube Galp Norte	03:30:17.440	01:34:50.457	M-M50
136	698	Rui Ribeiro	Individual	03:30:18.450	01:34:51.467	M-Seniores
137	808	Gonçalo	Individual	03:30:20.460	01:34:53.477	M-Seniores
138	724	Valdemar Almeida	Invicta Runners Team	03:30:50.700	01:35:23.717	M-M50
139	790	Joaquim Santos	Cmc - Uf Custóias, Leça Do Balio E Guifõ	03:30:52.440	01:35:25.457	M-M50
140	738	Tiago Dias	Team Lantemil	03:32:21.450	01:36:54.467	M-Seniores
141	638	Antonio Santos	Individual	03:33:38.407	01:38:11.424	M-Seniores
142	768	Miguel Mendes	Lion Runners - G. D. Leões Da Guarda	03:34:16.207	01:38:49.224	M-Seniores
142	764	Ricardo Freitas	Lion Runners - G. D. Leões Da Guarda	03:34:16.207	01:38:49.224	M-Seniores
143	860	Pedro Neves	Carapaus	03:35:14.707	01:39:47.724	M-Seniores
144	684	Pedro Lourenço	Lourenço'S Adeventures	03:35:59.390	01:40:32.407	M-Seniores
145	784	Artur Silva	Adsl	03:40:07.710	01:44:40.727	M-M50
146	635	João Santos	Individual	03:40:07.963	01:44:40.980	M-M50
147	658	Manuel Barros	Brigada Do Reumático	03:40:08.967	01:44:41.984	M-M40
148	861	Nelson Pereira	Carapaus	03:40:34.713	01:45:07.730	M-M40
149	611	Rui Quinta	Moinhos Run Adrm	03:41:41.463	01:46:14.480	M-M50
150	674	Rodolfo Melo	Budeguita Runners	03:41:55.463	01:46:28.480	M-M40
151	744	Nuno Correia	C&C	03:42:21.217	01:46:54.234	M-Seniores
152	745	Pedro Cardoso	C&C	03:42:21.717	01:46:54.734	M-Seniores
153	783	Rui Pedro	Adsl	03:44:01.217	01:48:34.234	M-M40
154	740	Francisco Bartolomeu	Team Lantemil	03:44:41.473	01:49:14.490	M-M40
155	777	Ricardo Crespo	Uf Custóias, Leça Do Balio E Guifões	03:48:06.993	01:52:40.010	M-Seniores
156	775	José Ferreira	Individual	03:48:09.477	01:52:42.494	SEscalao
157	812	Rui Castro	Individual	03:48:16.477	01:52:49.494	M-Seniores
158	801	Fernando Oliveira	Running Team Maia	03:48:16.727	01:52:49.744	M-Seniores
159	609	Artur Fonseca	Ruptura Total	03:48:17.483	01:52:50.500	M-Seniores
160	613	Márcio	Individual	03:48:23.230	01:52:56.247	M-Seniores
161	769	Norberto Aguiar	Lion Runners - G. D. Leões Da Guarda	03:52:06.770	01:56:39.787	M-Seniores
162	795	Luis Gomes	Equipa Boot	03:52:10.237	01:56:43.254	M-Seniores
163	794	Miguel Barbosa	Equipa Boot	03:52:11.490	01:56:44.507	M-Seniores
164	765	Filipe Pereira	Lion Runners - G. D. Leões Da Guarda	03:52:48.487	01:57:21.504	M-Seniores
165	793	Manuel Moura	Adefacec	03:53:24.987	01:57:58.004	M-M40
166	829	Vitor Silva	Invicta Runners Team	03:56:58.997	02:01:32.014	M-M40

Pos.	Dorsal	Nome	Equipa	Tempo	Diferença	Escalão
167	668	Nuno Medeiros	Individual	03:57:03.747	02:01:36.764	M-Seniores
168	667	Paulo Macedo	Pari Passu	03:58:13.247	02:02:46.264	M-M50
169	672	Miguel Azevedo	Porto Sentido Runners	03:58:36.247	02:03:09.264	M-M40
170	711	Luís Loureiro	Individual	03:59:15.257	02:03:48.274	M-M50
171	863	Amandio Silva	Carcavelos	04:00:06.500	02:04:39.517	M-M50
172	678	António Ribeiro	Individual	04:00:49.373	02:05:22.390	M-Seniores
173	677	Paulo Faria	Porto Runners	04:00:50.757	02:05:23.774	M-M50
174	686	Sergio Carvalho	Duros E Rijos	04:01:39.183	02:06:12.200	M-M40
175	822	Luís Monteiro	Cmc - Uf Custóias, Leça Do Balio E Guifô	04:02:34.507	02:07:07.524	M-M40
176	818	José Rodrigues	Individual	04:03:33.917	02:08:06.934	M-M40
177	800	Nelson Santos	Running Team Maia	04:04:35.760	02:09:08.777	M-M40
178	707	Alcídio Figueiredo	Individual	04:09:15.020	02:13:48.037	M-M50
179	695	José	Maia North Side Tun	04:15:19.033	02:19:52.050	M-M50
180	824	Vitor Pereira	Individual	04:23:02.010	02:27:35.027	M-Seniores
181	663	Luís Rosende	Budeguita Runners	04:24:11.803	02:28:44.820	M-M40

Pos	Equipa	Total	pnt.	pnt.	pnt.	pnt.	pos.	pos.	pos.	pos.	Atleta	Atleta	Atleta	Atleta
====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====	=====
1	Gaia Trail	55	1	9	12	33	1	9	12	33	Fernando Lemos	Bruno Santiago	Ivo Peko	Bruno Soares
2	Team Lantemil	74	7	17	18	32	7	17	18	32	Ezequiel Fernandes	José Faria	Rodrigo Silva	Jorge Ferreira
3	Os Santa Apolónia	115	22	23	25	45	22	23	25	45	Sousa	Martins	Fernandes	Macedo
4	Lion Runners - G. D. Leões Da Guarda	160	11	35	42	72	11	35	42	72	Celso Oliveira	Hugo Silva	José Sá	Paulo Brás
5	Budeguita Runners	333	59	88	89	97	59	88	89	97	Albino Dias	Tiago Amorim	Hendrik Wielinga	Sergio Couto
6	Carapaus	369	63	71	104	131	63	71	104	131	Jose Maio	José Nunes	Monstro Sagrado	João Silva
7	Moinhos Run Adrm	396	38	75	110	173	38	75	110	173	Inês Moreira	Cláudia Moreira	Carlos Gonçalves	Rui Quinta
8	Uf Custóias, Leça Do Balio E Guifões	444	30	50	182	182	30	50	182	182	Filipe Oliveira	António Gavina	Ricardo Crespo	Liliana Sousa
9	Monte Dos Amigos /Juventude Ribeiras	454	81	108	109	156	81	108	109	156	Emanuel Fundo	Oscar Ribeiro	Alfredo Matos	Pedro Anjos
10	Ss Montepio	475	101	122	123	129	101	122	123	129	Fernando Carvalho	Francisco Moreira	Rui Carvalho	Cardoso
11	Invicta Runners Team	579	135	136	148	160	135	136	148	160	Fernando Jorge	Paulo Festa	António Pereira	Valdemar Almeida
12	Adsl	629	98	169	178	184	98	169	178	184	Fernanda Magalhães	Artur Silva	Rui Pedro	Graça Silva
13	Running Team Maia	640	99	143	187	211	99	143	187	211	Fernando Reis	Sérgio Oliveira	Fernando Oliveira	Nelson Santos