

TRAIL NOCTURNO - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	19:45	9.6°C	76%
End	22:42	9.6°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	1157	Marcelo Pereira	jobra-assoc.jovens da branca	Senior Masculino	58:50		04:32
2	1115	André Daniel da Costa Miranda	individual	Senior Masculino	58:50	+00:00	04:32
3	5	Pedro Santos	oralklass- amigos do trail	Veterano M40	59:01	+00:10	04:32
4	7	Paulo pinto	aztrail/mercentro	Veterano M40	59:04	+00:14	04:33
5	10	Ricardo Almeida	morcegos trail	Senior Masculino	01:01:49	+02:59	04:45
6	1075	Fábio Reis	vale dos duros	Senior Masculino	01:02:32	+03:41	04:49
7	1178	Germano Cardoso	vcbikebtt	Senior Masculino	01:02:54	+04:04	04:50
8	1011	Bruno silva	bravos&bravitas	Senior Masculino	01:03:50	+05:00	04:55
9	9	Tozé Amorim	serviços sociais câmara municipal da feira	Veterano M40	01:03:51	+05:01	04:55
10	1076	João Oliveira	vale dos duros	Senior Masculino	01:07:05	+08:15	05:10
11	1138	Abílio Ribeiro	individual	Veterano M40	01:07:39	+08:48	05:12
12	1184	Rogério Magalhães	vcbikebtt	Veterano M40	01:08:09	+09:18	05:15
13	1079	João	vale dos duros	Veterano M50	01:08:44	+09:54	05:17
14	1040	Márcio André	individual	Senior Masculino	01:09:47	+10:57	05:22
15	1020	Paulo gomes	bravos&bravitas	Veterano M40	01:12:18	+13:27	05:34
16	585	Manuel Oliveira	sc espinho - atletismo / antónio leitão	Veterano M50	01:12:34	+13:44	05:35
17	1044	Ricardo Silva	individual	Senior Masculino	01:12:58	+14:08	05:37
18	1077	Roni Gomes	vale dos duros	Senior Masculino	01:14:10	+15:20	05:42
19	1160	Adriano Oliveira	lusitanos	Veterano M40	01:14:27	+15:37	05:44
20	584	Jorge Silva	sc espinho - atletismo / antónio leitão	Veterano M40	01:14:28	+15:38	05:44
21	1190	Henrique António Pinho Silva	vitalplace - clínica dentária	Veterano M40	01:14:40	+15:49	05:45
22	1117	Bruno Moura	individual	Senior Masculino	01:14:47	+15:57	05:45
23	1112	Raquel Andrade	individual	Senior Feminino	01:14:48	+15:57	05:45
24	1024	Ramiro Silva	caldas de s.jorge sport clube	Veterano M50	01:15:04	+16:14	05:46
25	1010	Andre	bravos&bravitas	Senior Masculino	01:15:13	+16:23	05:47
26	1170	Raul Silva	núcleo de montanha de espinho	Veterano M40	01:15:14	+16:24	05:47
27	1169	Jorge Queirós	nome da equipa...	Veterano M40	01:15:14	+16:24	05:47
28	4	Sara cristina	fitness team	Senior Feminino	01:17:44	+18:54	05:59
29	1144	Ricardo Alexandre Carvalho Trigo	individual	Veterano M40	01:18:22	+19:32	06:02
30	1181	Alfredo Tavares	vcbikebtt	Veterano M40	01:18:32	+19:42	06:03
31	1074	Márcia Pinho	vale dos duros	Senior Feminino	01:19:32	+20:41	06:07
32	1149	Manuel Sampaio	individual	Veterano M50	01:20:09	+21:18	06:10
33	1088	Silvério Oliveira dos Santos	clube pessoal águas gaia	Veterano M40	01:20:39	+21:49	06:12
34	1156	Ana Aleixo	jobra-assoc.jovens da branca	Senior Feminino	01:21:06	+22:16	06:14
35	1158	Carlos Marques	jobra-assoc.jovens da branca	Veterano M40	01:21:07	+22:16	06:14
36	1014	Nuno teixeira	bravos&bravitas	Senior Masculino	01:22:04	+23:14	06:19
37	1060	João Paulo Regal de Sousa	manguelas - run/walk team	Senior Masculino	01:22:18	+23:28	06:20
38	1108	Vitor Barros	i9 team	Veterano M40	01:22:29	+23:38	06:21
39	1019	Mike	bravos&bravitas	Veterano M40	01:22:55	+24:04	06:23
40	1132	Tony Lopes	individual	Senior Masculino	01:23:13	+24:23	06:24
41	1059	Fabio Emanuel Silva	manguelas - run/walk team	Senior Masculino	01:23:34	+24:44	06:26

TRAIL NOCTURNO - STAGE 1

13 KM

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OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	1061	Pedro Almeida	manguelas - run/walk team	Senior Masculino	01:23:37	+24:47	06:26
43	1124	Helder Costa	individual	Senior Masculino	01:23:42	+24:52	06:26
44	1012	Daniel oliveira	bravos&bravitas	Senior Masculino	01:23:48	+24:58	06:27
45	1015	Rui teixeira	bravos&bravitas	Senior Masculino	01:23:48	+24:58	06:27
46	1045	Rui Silva	individual	Senior Masculino	01:24:08	+25:18	06:28
47	1052	Luis Santos	individual	Veterano M40	01:25:33	+26:43	06:35
48	1150	Vitor Almeida	individual	Veterano M50	01:26:45	+27:54	06:40
49	1183	Manuel Migueis	vcbikebtt	Veterano M40	01:28:51	+30:00	06:50
50	1127	Jorge Fonseca	individual	Senior Masculino	01:31:22	+32:32	07:02
51	1165	João Pereira	nome da equipa...	Senior Masculino	01:32:42	+33:52	07:08
52	1131	Tiago Filipe Moreira Sousa	individual	Senior Masculino	01:32:43	+33:53	07:08
53	1029	fatima pais	fiaes running	Veterana F50	01:34:08	+35:18	07:15
54	1018	Herdeiro jose	bravos&bravitas	Veterano M40	01:34:39	+35:49	07:17
55	1087	Carlos silva	bravos&bravitas	Veterano M40	01:34:40	+35:49	07:17
56	1033	Anabela Ferreira Jorge	individual	Senior Feminino	01:35:20	+36:30	07:20
57	1042	Nuno Miguel Ferreira Gonçalves	individual	Senior Masculino	01:35:21	+36:31	07:20
58	1032	Liliana Costa	grupo fontes running team	Senior Feminino	01:35:23	+36:33	07:20
59	1123	Frederico Santos	individual	Senior Masculino	01:35:24	+36:34	07:20
60	1048	Carla Maria Reis de Sá Cardoso	individual	Veterana F40	01:35:28	+36:38	07:21
61	1006	Dinis Esteves	asdrej	Veterano M40	01:35:50	+36:59	07:22
62	1102	GILBERTO COSTA	espinho trail	Veterano M40	01:35:51	+37:01	07:22
63	1095	JORGE DUARTE	espinho trail	Senior Masculino	01:35:51	+37:01	07:22
64	1093	ANTONIO DUARTE	espinho trail	Senior Masculino	01:35:52	+37:02	07:23
65	1017	Dorinda Gomes	bravos&bravitas	Veterana F40	01:36:06	+37:16	07:24
66	1021	Pedro Bastos	bravos&bravitas	Veterano M40	01:36:10	+37:20	07:24
67	1022	Manuel Gomes	bravos&bravitas	Veterano M50	01:36:13	+37:23	07:24
68	1038	João Sousa	individual	Senior Masculino	01:36:44	+37:54	07:26
69	1035	Maria Beirão	individual	Senior Feminino	01:36:44	+37:54	07:26
70	1107	Hugo Sá	i9 team	Veterano M40	01:37:10	+38:20	07:28
71	1007	Ana anjos	bravos&bravitas	Senior Feminino	01:37:18	+38:27	07:29
72	1016	Terror Bravo	bravos&bravitas	Senior Masculino	01:37:18	+38:28	07:29
73	1027	Rogério Eusebio Fernandes	f. c. estrelas susanenses	Veterano M40	01:38:22	+39:32	07:34
74	1097	RICARDO DUARTE	espinho trail	Senior Masculino	01:38:24	+39:34	07:34
75	1098	VÍTOR MAIA	espinho trail	Senior Masculino	01:38:24	+39:34	07:34
76	1094	BRUNO DUARTE	espinho trail	Senior Masculino	01:38:25	+39:35	07:34
77	1119	Diogo Figueiredo	individual	Senior Masculino	01:38:40	+39:50	07:35
78	1120	Fernando Carvalho	individual	Senior Masculino	01:38:42	+39:52	07:36
79	1070	Márcio Santos	traquinas do conga	Senior Masculino	01:38:53	+40:03	07:36
80	1009	Sonia tavares	bravos&bravitas	Senior Feminino	01:38:57	+40:07	07:37
81	1125	Helder da Cruz Pais	individual	Senior Masculino	01:39:13	+40:23	07:38
82	1096	MÁRCIO MOREIRA	espinho trail	Senior Masculino	01:40:00	+41:09	07:42
83	1041	Nuno José Pereira Reis dos Santos	individual	Senior Masculino	01:40:13	+41:23	07:43
84	1053	Mário Araújo	individual	Veterano M40	01:41:15	+42:24	07:47
85	1028	JOSE Lino Ferreira MOURA	f. c. estrelas susanenses	Veterano M50	01:41:15	+42:25	07:47

TRAIL NOCTURNO - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
86	1164	Fábio io Santos	nome da equipa...	Senior Masculino	01:41:15	+42:25	07:47
87	1062	Rui Queirós	mangueiras - run/walk team	Senior Masculino	01:41:20	+42:30	07:48
88	1056	Hugo Soares	love tiles	Senior Masculino	01:41:31	+42:40	07:49
89	1168	Ricardo Santos	nome da equipa...	Senior Masculino	01:42:04	+43:14	07:51
90	1080	Pedro Freire Rodrigues	vilaventura trail running team	Veterano M40	01:42:39	+43:49	07:54
91	1005	Jorge Francisco	acail gas, s.a:	Veterano M40	01:43:19	+44:28	07:57
92	1003	Roberto Dias	acail gas, s.a:	Senior Masculino	01:43:19	+44:28	07:57
93	1002	João Leite	acail gas, s.a:	Senior Masculino	01:43:19	+44:28	07:57
94	1166	Nelson Santos	nome da equipa...	Senior Masculino	01:43:19	+44:29	07:57
95	1180	Paulo Rocha	vcbikebt	Senior Masculino	01:46:10	+47:20	08:10
96	1177	Carlos Barbosa	vcbikebt	Senior Masculino	01:46:10	+47:20	08:10
97	1182	Joaquim Carneiro	vcbikebt	Veterano M40	01:46:11	+47:21	08:10
98	1110	Joana Marinho	individual	Senior Feminino	01:46:19	+47:28	08:11
99	1122	Filipe Sousa Alves da Silva	individual	Senior Masculino	01:46:19	+47:29	08:11
100	1126	Jorge Acúrcio	individual	Senior Masculino	01:47:00	+48:10	08:14
101	1146	Alcídio Figueiredo	individual	Veterano M50	01:48:36	+49:46	08:21
102	1191	Cláudio Tavares	individual	Senior Masculino	01:50:13	+51:23	08:29
103	1039	Luís Themudo	individual	Senior Masculino	01:50:15	+51:25	08:29
104	1133	Elisabete Cunha	individual	Veterana F40	01:50:17	+51:27	08:29
105	1049	Orquídea Gomes	individual	Veterana F40	01:50:31	+51:41	08:30
106	1071	Bruno Amaro	traquinas do conga	Veterano M40	01:51:59	+53:09	08:37
107	1085	Sonia Raquel	bravos&bravitas	Veterana F40	01:55:05	+56:15	08:51
108	1043	Pedro Oliveira	individual	Senior Masculino	01:55:08	+56:18	08:51
109	1090	Ricardo Coelho	clube trilheiros & amigos	Senior Masculino	01:56:23	+57:33	08:57
110	1001	Carlos Gomes	acail gas, s.a:	Senior Masculino	01:56:23	+57:33	08:57
111	1004	Domingos Novo	acail gas, s.a:	Veterano M40	01:56:23	+57:33	08:57
112	1047	Antónia Tomaz	individual	Veterana F40	02:00:51	+01:02:00	09:18
113	1026	Sérgio costa	dragões de ovar	Veterano M40	02:04:15	+01:05:24	09:33
114	1025	Márcio costa	dragões de ovar	Senior Masculino	02:04:15	+01:05:25	09:34
115	1069	Leonardo Santos	traquinas do conga	Senior Masculino	02:07:38	+01:08:48	09:49
116	1086	Virginia	bravos&bravitas	Veterana F40	02:08:44	+01:09:54	09:54
117	1073	Serafim Maia	traquinas do conga	Veterano M40	02:12:33	+01:13:43	10:12
118	1113	Sandra Silva	individual	Senior Feminino	02:12:52	+01:14:02	10:13
119	1118	Bruno Nunes	individual	Senior Masculino	02:12:53	+01:14:02	10:13
120	1046	Vitor Bruno da Silva Correia	individual	Senior Masculino	02:13:35	+01:14:45	10:17
121	1187	Anita Almeida	3race challenge	Senior Feminino	02:13:44	+01:14:54	10:17
122	1105	Paulo Martins	farmácia araújo	Veterano M40	02:13:45	+01:14:55	10:17
123	1104	Susana Rocha	farmácia araújo	Veterana F40	02:13:45	+01:14:55	10:17
124	1100	PAULA CRUZ	espinho trail	Veterana F40	02:14:28	+01:15:38	10:21
125	1099	CRISTINA DUARTE	espinho trail	Veterana F40	02:14:28	+01:15:38	10:21
126	1092	Patrícia Gomes	espinho trail	Senior Feminino	02:14:29	+01:15:39	10:21
127	1101	ANA DUARTE	espinho trail	Veterana F50	02:15:57	+01:17:07	10:28
128	1091	CARLA PEREIRA	espinho trail	Senior Feminino	02:17:07	+01:18:17	10:33
129	1063	Anabela Morais Borges	mangueiras - run/walk team	Veterana F40	02:20:28	+01:21:38	10:48
130	1064	Fátima Carvalho	mangueiras - run/walk team	Veterana F50	02:20:28	+01:21:38	10:48
131	1050	Sandra Torres	individual	Veterana F40	02:25:49	+01:26:59	11:13

13 KM

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
132	1036	FÁBIO MAGALHÃES	individual	Senior Masculino	02:25:50	+01:27:00	11:13
133	1139	Hugo Fernandes	individual	Veterano M40	02:47:57	+01:49:07	12:55
134	1109	Joana Fernandes	individual	Senior Feminino	02:47:57	+01:49:07	12:55
135	1129	Ricardo Cardoso	individual	Senior Masculino	02:47:57	+01:49:07	12:55
136	1148	jose rodrigues costa	individual	Veterano M50	02:48:01	+01:49:11	12:55

Trail Nocturno

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	19:45	9.6°C	76%
End	22:42	9.6°C	76%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1112	Raquel Andrade	Individual	Senior Feminino	01:14:48	+15:57	05:45:48
2	4	Sara cristina	Fitness Team	Senior Feminino	01:17:44	+18:54	05:59:48
3	1074	Márcia Pinho	vale dos duros	Senior Feminino	01:19:32	+20:41	06:07:48
4	1156	Ana Aleixo	JOBRA-Assoc.Jovens da Branca	Senior Feminino	01:21:06	+22:16	06:14:48
5	1033	Anabela Ferreira Jorge	Individual	Senior Feminino	01:35:20	+36:30	07:20:48
6	1032	Liliana Costa	Grupo Fontes Running Team	Senior Feminino	01:35:23	+36:33	07:20:48
7	1035	Maria Beirão	Individual	Senior Feminino	01:36:44	+37:54	07:26:48
8	1007	Ana anjos	BRAVOS&BRAVITAS	Senior Feminino	01:37:18	+38:27	07:29:48
9	1009	Sonia tavares	BRAVOS&BRAVITAS	Senior Feminino	01:38:57	+40:07	07:37:48
10	1110	Joana Marinho	Individual	Senior Feminino	01:46:19	+47:28	08:11:48
11	1113	Sandra Silva	Individual	Senior Feminino	02:12:52	+01:14:02	10:13:48
12	1187	Anita Almeida	3RACE CHALLENGE	Senior Feminino	02:13:44	+01:14:54	10:17:48
13	1092	Patrícia Gomes	ESPINHO TRAIL	Senior Feminino	02:14:29	+01:15:39	10:21:48
14	1091	CARLA PEREIRA	ESPINHO TRAIL	Senior Feminino	02:17:07	+01:18:17	10:33:48
15	1109	Joana Fernandes	Individual	Senior Feminino	02:47:57	+01:49:07	12:55:48

Senior Masculino

1	1157	Marcelo Pereira	JOBRA-Assoc.Jovens da Branca	Senior Masculino	58:50	04:32
2	1115	André Daniel da Costa Miranda	Individual	Senior Masculino	58:50	+00:00 04:32
3	10	Ricardo Almeida	Morcegos Trail	Senior Masculino	01:01:49	+02:59 04:45
4	1075	Fábio Reis	vale dos duros	Senior Masculino	01:02:32	+03:41 04:49
5	1178	Germano Cardoso	VcbikeBtt	Senior Masculino	01:02:54	+04:04 04:50
6	1011	Bruno silva	BRAVOS&BRAVITAS	Senior Masculino	01:03:50	+05:00 04:55
7	1076	João Oliveira	vale dos duros	Senior Masculino	01:07:05	+08:15 05:10
8	1040	Márcio André	Individual	Senior Masculino	01:09:47	+10:57 05:22
9	1044	Ricardo Silva	Individual	Senior Masculino	01:12:58	+14:08 05:37
10	1077	Roni Gomes	vale dos duros	Senior Masculino	01:14:10	+15:20 05:42
11	1117	Bruno Moura	Individual	Senior Masculino	01:14:47	+15:57 05:45
12	1010	Andre	BRAVOS&BRAVITAS	Senior Masculino	01:15:13	+16:23 05:47
13	1014	Nuno teixeira	BRAVOS&BRAVITAS	Senior Masculino	01:22:04	+23:14 06:19
14	1060	João Paulo Regal de Sousa	Manguelas - Run/Walk TEAM	Senior Masculino	01:22:18	+23:28 06:20
15	1132	Tony Lopes	Individual	Senior Masculino	01:23:13	+24:23 06:24
16	1059	Fabio Emanuel Silva	Manguelas - Run/Walk TEAM	Senior Masculino	01:23:34	+24:44 06:26
17	1061	Pedro Almeida	Manguelas - Run/Walk TEAM	Senior Masculino	01:23:37	+24:47 06:26
18	1124	Helder Costa	Individual	Senior Masculino	01:23:42	+24:52 06:26
19	1012	Daniel oliveira	BRAVOS&BRAVITAS	Senior Masculino	01:23:48	+24:58 06:27
20	1015	Rui teixeira	BRAVOS&BRAVITAS	Senior Masculino	01:23:48	+24:58 06:27
21	1045	Rui Silva	Individual	Senior Masculino	01:24:08	+25:18 06:28

Trail Nocturno

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

22	1127	Jorge Fonseca	Individual	Senior Masculino	01:31:22	+32:32	07:02
23	1165	João Pereira	Nome da equipa...	Senior Masculino	01:32:42	+33:52	07:08
24	1131	Tiago Filipe Moreira Sousa	Individual	Senior Masculino	01:32:43	+33:53	07:08
25	1042	Nuno Miguel Ferreira Gonçalves	Individual	Senior Masculino	01:35:21	+36:31	07:20
26	1123	Frederico Santos	Individual	Senior Masculino	01:35:24	+36:34	07:20
27	1095	JORGE DUARTE	ESPINHO TRAIL	Senior Masculino	01:35:51	+37:01	07:22
28	1093	ANTONIO DUARTE	ESPINHO TRAIL	Senior Masculino	01:35:52	+37:02	07:23
29	1038	João Sousa	Individual	Senior Masculino	01:36:44	+37:54	07:26
30	1016	Terror Bravo	BRAVOS&BRAVITAS	Senior Masculino	01:37:18	+38:28	07:29
31	1097	RICARDO DUARTE	ESPINHO TRAIL	Senior Masculino	01:38:24	+39:34	07:34
32	1098	VÍTOR MAIA	ESPINHO TRAIL	Senior Masculino	01:38:24	+39:34	07:34
33	1094	BRUNO DUARTE	ESPINHO TRAIL	Senior Masculino	01:38:25	+39:35	07:34
34	1119	Diogo Figueiredo	Individual	Senior Masculino	01:38:40	+39:50	07:35
35	1120	Fernando Carvalho	Individual	Senior Masculino	01:38:42	+39:52	07:36
36	1070	Márcio Santos	Traquinas do Conga	Senior Masculino	01:38:53	+40:03	07:36
37	1125	Helder da Cruz Pais	Individual	Senior Masculino	01:39:13	+40:23	07:38
38	1096	MÁRCIO MOREIRA	ESPINHO TRAIL	Senior Masculino	01:40:00	+41:09	07:42
39	1041	Nuno José Pereira Reis dos Santos	Individual	Senior Masculino	01:40:13	+41:23	07:43
40	1164	Fábio io Santos	Nome da equipa...	Senior Masculino	01:41:15	+42:25	07:47
41	1062	Rui Queirós	Mangueiras - Run/Walk TEAM	Senior Masculino	01:41:20	+42:30	07:48
42	1056	Hugo Soares	LOVE TILES	Senior Masculino	01:41:31	+42:40	07:49
43	1168	Ricardo Santos	Nome da equipa...	Senior Masculino	01:42:04	+43:14	07:51
44	1003	Roberto Dias	Acail Gas, S.A:	Senior Masculino	01:43:19	+44:28	07:57
45	1002	João Leite	Acail Gas, S.A:	Senior Masculino	01:43:19	+44:28	07:57
46	1166	Nelson Santos	Nome da equipa...	Senior Masculino	01:43:19	+44:29	07:57
47	1180	Paulo Rocha	VcbikeBtt	Senior Masculino	01:46:10	+47:20	08:10
48	1177	Carlos Barbosa	VcbikeBtt	Senior Masculino	01:46:10	+47:20	08:10
49	1122	Filipe Sousa Alves da Silva	Individual	Senior Masculino	01:46:19	+47:29	08:11
50	1126	Jorge Acúrcio	Individual	Senior Masculino	01:47:00	+48:10	08:14
51	1191	Cláudio Tavares	Individual	Senior Masculino	01:50:13	+51:23	08:29
52	1039	Luís Themudo	Individual	Senior Masculino	01:50:15	+51:25	08:29
53	1043	Pedro Oliveira	Individual	Senior Masculino	01:55:08	+56:18	08:51
54	1090	Ricardo Coelho	Clube Trilheiros & Amigos	Senior Masculino	01:56:23	+57:33	08:57
55	1001	Carlos Gomes	Acail Gas, S.A:	Senior Masculino	01:56:23	+57:33	08:57
56	1025	Márcio costa	Dragões de Ovar	Senior Masculino	02:04:15	+01:05:25	09:34
57	1069	Leonardo Santos	Traquinas do Conga	Senior Masculino	02:07:38	+01:08:48	09:49
58	1118	Bruno Nunes	Individual	Senior Masculino	02:12:53	+01:14:02	10:13
59	1046	Vitor Bruno da Silva Correia	Individual	Senior Masculino	02:13:35	+01:14:45	10:17
60	1036	FÁBIO MAGALHÃES	Individual	Senior Masculino	02:25:50	+01:27:00	11:13
61	1129	Ricardo Cardoso	Individual	Senior Masculino	02:47:57	+01:49:07	12:55

Veterana F40

1	1048	Carla Maria Reis de Sá Cardoso	Individual	Veterana F40	01:35:28	+36:38	07:21
2	1017	Dorinda Gomes	BRAVOS&BRAVITAS	Veterana F40	01:36:06	+37:16	07:24
3	1133	Elisabete Cunha	Individual	Veterana F40	01:50:17	+51:27	08:29

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Trail Nocturno

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4	1049	Orquídea Gomes	Individual	Veterana F40	01:50:31	+51:41	08:30
5	1085	Sonia Raquel	BRAVOS&BRAVITAS	Veterana F40	01:55:05	+56:15	08:51
6	1047	Antónia Tomaz	Individual	Veterana F40	02:00:51	+01:02:00	09:18
7	1086	Virginia	BRAVOS&BRAVITAS	Veterana F40	02:08:44	+01:09:54	09:54
8	1104	Susana Rocha	Farmácia Araújo	Veterana F40	02:13:45	+01:14:55	10:17
9	1100	PAULA CRUZ	ESPINHO TRAIL	Veterana F40	02:14:28	+01:15:38	10:21
10	1099	CRISTINA DUARTE	ESPINHO TRAIL	Veterana F40	02:14:28	+01:15:38	10:21
11	1063	Anabela Morais Borges	Mangueiras - Run/Walk TEAM	Veterana F40	02:20:28	+01:21:38	10:48
12	1050	Sandra Torres	Individual	Veterana F40	02:25:49	+01:26:59	11:13

Veterana F50

1	1029	fatima pais	Fiaes running	Veterana F50	01:34:08	+35:18	07:15
2	1101	ANA DUARTE	ESPINHO TRAIL	Veterana F50	02:15:57	+01:17:07	10:28
3	1064	Fátima Carvalho	Manguelas - Run/Walk TEAM	Veterana F50	02:20:28	+01:21:38	10:48

Veterano M40

1	5	Pedro Santos	Oralklass- Amigos do Trail	Veterano M40	59:01	+00:10	04:32
2	7	Paulo pinto	Aztrail/Mercentro	Veterano M40	59:04	+00:14	04:33
3	9	Tozé Amorim	Serviços Sociais Câmara Municipal da Feira	Veterano M40	01:03:51	+05:01	04:55
4	1138	Abílio Ribeiro	Individual	Veterano M40	01:07:39	+08:48	05:12
5	1184	Rogério Magalhães	VcbikeBtt	Veterano M40	01:08:09	+09:18	05:15
6	1020	Paulo gomes	BRAVOS&BRAVITAS	Veterano M40	01:12:18	+13:27	05:34
7	1160	Adriano Oliveira	Lusitanos	Veterano M40	01:14:27	+15:37	05:44
8	584	Jorge Silva	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Veterano M40	01:14:28	+15:38	05:44
9	1190	Henrique António Pinho Silva	VitalPlace - Clínica Dentária	Veterano M40	01:14:40	+15:49	05:45
10	1170	Raul Silva	Núcleo de Montanha de Espinho	Veterano M40	01:15:14	+16:24	05:47
11	1169	Jorge Queirós	Nome da equipa...	Veterano M40	01:15:14	+16:24	05:47
12	1144	Ricardo Alexandre Carvalho Trigo	Individual	Veterano M40	01:18:22	+19:32	06:02
13	1181	Alfredo Tavares	VcbikeBtt	Veterano M40	01:18:32	+19:42	06:03
14	1088	Silvério Oliveira dos Santos	Clube Pessoal Águas Gaia	Veterano M40	01:20:39	+21:49	06:12
15	1158	Carlos Marques	JOBRA-Assoc.Jovens da Branca	Veterano M40	01:21:07	+22:16	06:14
16	1108	Vitor Barros	I9 team	Veterano M40	01:22:29	+23:38	06:21
17	1019	Mike	BRAVOS&BRAVITAS	Veterano M40	01:22:55	+24:04	06:23
18	1052	Luis Santos	Individual	Veterano M40	01:25:33	+26:43	06:35
19	1183	Manuel Migueis	VcbikeBtt	Veterano M40	01:28:51	+30:00	06:50
20	1018	Herdeiro jose	BRAVOS&BRAVITAS	Veterano M40	01:34:39	+35:49	07:17
21	1087	Carlos silva	BRAVOS&BRAVITAS	Veterano M40	01:34:40	+35:49	07:17
22	1006	Dinis Esteves	ASDREQ	Veterano M40	01:35:50	+36:59	07:22
23	1102	GILBERTO COSTA	ESPINHO TRAIL	Veterano M40	01:35:51	+37:01	07:22
24	1021	Pedro Bastos	BRAVOS&BRAVITAS	Veterano M40	01:36:10	+37:20	07:24
25	1107	Hugo Sá	I9 team	Veterano M40	01:37:10	+38:20	07:28
26	1027	Rogério Eusebio Fernandes	F. C. Estrelas Susanenses	Veterano M40	01:38:22	+39:32	07:34

Trail Nocturno

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27	1053	Mário Araújo	Individual	Veterano M40	01:41:15	+42:24	07:47
28	1080	Pedro Freire Rodrigues	Vilaventura Trail Running Team	Veterano M40	01:42:39	+43:49	07:54
29	1005	Jorge Francisco	Acail Gas, S.A:	Veterano M40	01:43:19	+44:28	07:57
30	1182	Joaquim Carneiro	VcbikeBtt	Veterano M40	01:46:11	+47:21	08:10
31	1071	Bruno Amaro	Traquinas do Conga	Veterano M40	01:51:59	+53:09	08:37
32	1004	Domingos Novo	Acail Gas, S.A:	Veterano M40	01:56:23	+57:33	08:57
33	1026	Sérgio costa	Dragões de Ovar	Veterano M40	02:04:15	+01:05:24	09:33
34	1073	Serafim Maia	Traquinas do Conga	Veterano M40	02:12:33	+01:13:43	10:12
35	1105	Paulo Martins	Farmácia Araújo	Veterano M40	02:13:45	+01:14:55	10:17
36	1139	Hugo Fernandes	Individual	Veterano M40	02:47:57	+01:49:07	12:55

Veterano M50

1	1079	João	vale dos duros	Veterano M50	01:08:44	+09:54	05:17
2	585	Manuel Oliveira	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Veterano M50	01:12:34	+13:44	05:35
3	1024	Ramiro Silva	Caldas de S.Jorge Sport Clube	Veterano M50	01:15:04	+16:14	05:46
4	1149	Manuel Sampaio	Individual	Veterano M50	01:20:09	+21:18	06:10
5	1150	Vitor Almeida	Individual	Veterano M50	01:26:45	+27:54	06:40
6	1022	Manuel Gomes	BRAVOS&BRAVITAS	Veterano M50	01:36:13	+37:23	07:24
7	1028	JOSE Lino Ferreira MOURA	F. C. Estrelas Susanenses	Veterano M50	01:41:15	+42:25	07:47
8	1146	Alcídio Figueiredo	Individual	Veterano M50	01:48:36	+49:46	08:21
9	1148	jose rodrigues costa	Individual	Veterano M50	02:48:01	+01:49:11	12:55

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