

MINI TRAIL - STAGE 1

10 KM

OFFICIAL RESULT

R

REVISED

	Time	Temperature	Humidity
Start	19:00	14°C	67%
End	22:11	10°C	81%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	652	paulo jorge soares pereira	grupo desportivo cultural de guilhovai	Senior Masculino	43:57		04:24
2	591	Camilo Guedes	clube do pessoal aguas de gaia	Senior Masculino	46:27	+02:30	04:39
3	573	Renato Silva	caldas s. jorge sport clube	Senior Masculino	46:49	+02:52	04:41
4	909	FÁBIO CORREIA	trail running clube btt sanguedo	Senior Masculino	47:09	+03:12	04:43
5	727	eduardo camilo	individual	Senior Masculino	49:21	+05:23	04:56
6	928	Rui Olliveira	vila maior turismo	Senior Masculino	49:27	+05:30	04:57
7	746	José António R. Sousa	individual	Senior Masculino	50:01	+06:04	05:00
8	589	Marco Silva	clube de montanha alto trilho (javalis)	Senior Masculino	50:42	+06:45	05:04
9	641	Pedro José Mendes Lobão Tavares Justo	grupo 46	Senior Masculino	51:16	+07:19	05:08
10	719	bruno andret ribeiro da silva	individual	Senior Masculino	51:22	+07:25	05:08
11	572	José Luís Carvalho	caldas s. jorge sport clube	Senior Masculino	51:25	+07:28	05:09
12	919	Antonio Marques	vila maior turismo	Senior Masculino	51:33	+07:36	05:09
13	574	Ricardo Alexandre	caldas s. jorge sport clube	Senior Masculino	51:48	+07:50	05:11
14	571	Eduardo Martins	caldas s. jorge sport clube	Senior Masculino	52:04	+08:07	05:12
15	506	Paulo Reis Oliveira	afis/ovar	Senior Masculino	52:11	+08:14	05:13
16	922	Julio Oliveira	vila maior turismo	Senior Masculino	52:49	+08:51	05:17
17	927	Ricardo Topa	vila maior turismo	Senior Masculino	53:14	+09:16	05:19
18	920	Filipe Neves	vila maior turismo	Senior Masculino	53:43	+09:45	05:22
19	570	António Silva	caldas s. jorge sport clube	Senior Masculino	54:00	+10:02	05:24
20	736	H.HORTA	individual	Senior Masculino	54:00	+10:02	05:24
21	749	MARCO LISBOA	individual	Senior Masculino	55:31	+11:33	05:33
22	771	Ricardo Marinho Alves Ruivo	individual	Senior Masculino	55:32	+11:35	05:33
23	885	Luís Rafael Lima Coutinho	team workout 48/cam	Senior Masculino	55:47	+11:49	05:35
24	715	André Filipe Fernandes dos Santos	individual	Senior Masculino	55:51	+11:53	05:35
25	748	Marco André da Silva Almeida	individual	Senior Masculino	56:03	+12:05	05:36
26	778	Vasco Alexandre Resende Amorim	individual	Senior Masculino	56:07	+12:09	05:37
27	575	Víctor Marques	caldas s. jorge sport clube	Senior Masculino	57:03	+13:05	05:42
28	925	Manuel Silva	vila maior turismo	Senior Masculino	57:09	+13:12	05:43
29	933	Manuel António Migueis	if	Senior Masculino	57:10	+13:12	05:43
30	732	FERNANDO DA SILVA CASTANHEIRA	individual	Senior Masculino	57:59	+14:01	05:48
31	96	Paulo Alex. F. Santos	individual	Senior Masculino	58:22	+14:25	05:50
32	505	Pedro Vieira	a.d.sebolido trail boneca d'ouro	Senior Masculino	58:35	+14:37	05:52
33	532	Jorge Ramos	arcorun	Senior Masculino	58:51	+14:53	05:53
34	522	José Manuel Rocha	amigosdobtt	Senior Masculino	58:55	+14:58	05:54
35	764	Paulo Reis	individual	Senior Masculino	58:59	+15:02	05:54
36	902	Ricardo Silva	termas s. jorge	Senior Masculino	59:05	+15:08	05:55
37	931	Daniel Castro	if	Senior Masculino	59:37	+15:40	05:58
38	139	Joao Manuel Santos Silva	juões	Senior Masculino	59:56	+15:58	06:00
39	540	David Ferreira da Silva	baila muchacha	Senior Masculino	01:00:31	+16:33	06:03
40	621	José Manuel	fugitivos urbanos - clínica + saúde	Senior Masculino	01:00:47	+16:49	06:05

MINI TRAIL - STAGE 1

10 KM

OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
41	647	António Prata	grupo de corrida de argoncilhe	Senior Masculino	01:00:52	+16:55	06:05
42	735	Gonçalo Oliveira Brandão	individual	Senior Masculino	01:00:52	+16:55	06:05
43	521	Carlos Rocha Costa	amigosdobtt	Senior Masculino	01:00:54	+16:56	06:05
44	615	Rui Silva	feira viva	Senior Masculino	01:00:57	+16:59	06:06
45	650	carla alexandra fernandes de sousa	grupo desportivo cultural de guilhovai	Senior Feminino	01:01:00	+17:02	06:06
46	720	Carlos André Queirós Madureira	individual	Senior Masculino	01:01:08	+17:11	06:07
47	663	Hélder Silva	individual	Senior Masculino	01:01:14	+17:17	06:07
48	741	João Paulo Amorim Patrício	individual	Senior Masculino	01:01:45	+17:47	06:11
49	759	Nuno Miguel Gomes Silva	individual	Senior Masculino	01:01:46	+17:49	06:11
50	661	Sergio Filipe da Costa Brandão	hst car	Senior Masculino	01:01:54	+17:56	06:11
51	908	ANDRÉ SOUSA	trail running clube btt sanguedo	Senior Masculino	01:01:54	+17:57	06:11
52	780	ALBERTO SÁ	insanos	Senior Masculino	01:01:57	+18:00	06:12
53	673	Claudiab Fernandes	individual	Senior Feminino	01:02:17	+18:19	06:14
54	803	MARA CELIA	mc	Senior Feminino	01:02:17	+18:19	06:14
55	753	Miguel Ferreira	individual	Senior Masculino	01:02:19	+18:21	06:14
56	807	ARMANDO LEITE	mc	Senior Masculino	01:02:20	+18:22	06:14
57	523	Manuel Almeida Fernandes	amigosdobtt	Senior Masculino	01:02:28	+18:31	06:15
58	504	CARLOS A,MACEDO	a d a amarante atletismo	Senior Masculino	01:02:57	+18:59	06:18
59	921	Ivo Couto	vila maior turismo	Senior Masculino	01:03:23	+19:25	06:20
60	775	Sérgio Manuel Oliveira da Rocha	individual	Senior Masculino	01:03:38	+19:41	06:22
61	587	António Brandão	cgd-ovar	Senior Masculino	01:03:41	+19:44	06:22
62	745	José Almeida	individual	Senior Masculino	01:03:42	+19:44	06:22
63	138	Joao Miguel Almeida da Silva	juões	Senior Masculino	01:03:43	+19:45	06:22
64	544	Jorge pinto	banana runners	Senior Masculino	01:04:01	+20:04	06:24
65	766	Pedro Costa	individual	Senior Masculino	01:04:03	+20:06	06:24
66	606	André Filipe dos Santos Rebelo	eduart-componentes de calçado .	Senior Masculino	01:04:04	+20:06	06:24
67	871	Nuno Santos	saniluz	Senior Masculino	01:04:07	+20:09	06:25
68	638	José Manuel da Silva Pereira	grupo 46	Senior Masculino	01:04:09	+20:11	06:25
69	580	Nelson Rodrigues	centro municipal marcha e corrida vale de cambra	Senior Masculino	01:04:10	+20:13	06:25
70	762	Paulo Alexandre Barros Casais	individual	Senior Masculino	01:04:12	+20:15	06:25
71	608	Luís Filipe Martins Soares	eduart-componentes de calçado .	Senior Masculino	01:04:28	+20:31	06:27
72	578	Antonio Oliveira	centro municipal marcha e corrida vale de cambra	Senior Masculino	01:04:37	+20:39	06:28
73	777	Telmo rui aguiar leite	individual	Senior Masculino	01:04:38	+20:40	06:28
74	539	Cristovão Helder Ferreira Rocha	baila muchacha	Senior Masculino	01:04:43	+20:46	06:28
75	770	Ricardo Lourenço Jorge	individual	Senior Masculino	01:04:45	+20:47	06:29
76	852	pedro brizado	pipb	Senior Masculino	01:04:49	+20:52	06:29
77	718	Bruno André Fontes Coelho	individual	Senior Masculino	01:05:03	+21:05	06:30
78	722	david antónio rendeiro carapinha	individual	Senior Masculino	01:05:14	+21:16	06:31
79	808	JORGE LAGAREIRO	mc	Senior Masculino	01:05:19	+21:21	06:32
80	655	Henrique Silva	haxas	Senior Masculino	01:05:29	+21:31	06:33
81	607	Eduardo Tavares Rebelo	eduart-componentes de calçado .	Senior Masculino	01:05:34	+21:36	06:33
82	507	RENATO ARAÚJO	agdcr_feira runners	Senior Masculino	01:05:55	+21:57	06:36
83	581	Rafael Oliveira	centro municipal marcha e corrida vale de cambra	Senior Masculino	01:06:07	+22:09	06:37
84	794	André Coimbra	manquinhos	Senior Masculino	01:06:28	+22:31	06:39

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10 KM

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
85	600	Ricardo Godinho	cross training escariz	Senior Masculino	01:06:53	+22:55	06:41
86	872	ANA DIAS	sousa sport	Senior Feminino	01:07:03	+23:05	06:42
87	569	Alexandre Tavares	caldas s. jorge sport clube	Senior Masculino	01:07:09	+23:12	06:43
88	796	Manuel Teixeira	manquinhos	Senior Masculino	01:07:37	+23:40	06:46
89	737	Helder Bernardo	individual	Senior Masculino	01:07:48	+23:51	06:47
90	835	Sérgio Alves	os leoes	Senior Masculino	01:07:52	+23:54	06:47
91	763	Paulo Maia	individual	Senior Masculino	01:08:15	+24:18	06:50
92	784	JÚLIO FERREIRA	insanos	Senior Masculino	01:08:20	+24:22	06:50
93	620	HUGO OLIVEIRA	fugitivos urbanos - clínica + saúde	Senior Masculino	01:08:25	+24:28	06:51
94	169	João Bastos	nurses runners	Senior Masculino	01:08:27	+24:29	06:51
95	776	SERGIO MIGUEL OLIVEIRA CAMPOS ALVES	individual	Senior Masculino	01:08:31	+24:34	06:51
96	923	Luis Padeira	vila maior turismo	Senior Masculino	01:08:48	+24:51	06:53
97	577	Maria Filomena Silva Santos	centro municipal marcha e corrida vale de cambra	Senior Feminino	01:08:48	+24:51	06:53
98	579	Joaquim Oliveira	centro municipal marcha e corrida vale de cambra	Senior Masculino	01:08:49	+24:52	06:53
99	545	PAULO RIBEIRO	bombeiros v. s. mamede infesta	Senior Masculino	01:08:50	+24:52	06:53
100	658	JOAQUIM HUGO DA SILVA TEIXEIRA	hst car	Senior Masculino	01:08:54	+24:56	06:53
101	863	Bruno Sousa de Guimarães	run 2 eat	Senior Masculino	01:10:00	+26:02	07:00
102	734	FERNANDO PAIS	individual	Senior Masculino	01:10:09	+26:12	07:01
103	702	Sandra Cristina oliveira ferreira	individual	Senior Feminino	01:10:35	+26:38	07:04
104	585	ALBINO SANTOS	cf runners	Senior Masculino	01:10:39	+26:42	07:04
105	566	Tony Mendes	btt alegria // tubani	Senior Masculino	01:10:47	+26:49	07:05
106	816	Cristina Gomes	núcleo de montanha de espinho	Senior Feminino	01:10:53	+26:55	07:05
107	814	Carla Monteiro	núcleo de montanha de espinho	Senior Feminino	01:10:53	+26:56	07:05
108	679	Elisabete Cunha	individual	Senior Feminino	01:11:09	+27:12	07:07
109	918	Vitor Manuel Santos Silva	turbo_lentos	Senior Masculino	01:11:10	+27:13	07:07
110	754	Miguel Jorge Soeiro de Carvalho Furtado	individual	Senior Masculino	01:11:20	+27:23	07:08
111	874	ADRIANO RAMOS PEREIRA	sousa sport	Senior Masculino	01:11:21	+27:23	07:08
112	632	Claudio Tavares	ginasius	Senior Masculino	01:11:41	+27:44	07:10
113	721	Carlos Roberto Marques Gomes	individual	Senior Masculino	01:11:47	+27:49	07:11
114	898	pedro custodio	termas s. jorge	Senior Masculino	01:11:48	+27:50	07:11
115	888	Paula Ferreira	termas s. jorge	Senior Feminino	01:11:56	+27:58	07:12
116	170	Pedro Sousa	nurses runners	Senior Masculino	01:12:18	+28:20	07:14
117	854	Sergio Miguel Oliveira Correia	piscinas municipais de santa maria da feira	Senior Masculino	01:12:30	+28:32	07:15
118	932	Sónia Correia	individual	Senior Feminino	01:12:30	+28:32	07:15
119	543	Adriana pinho	banana runners	Senior Feminino	01:12:30	+28:32	07:15
120	798	GABRIELA SOUSA	mc	Senior Feminino	01:12:30	+28:32	07:15
121	609	ANDRE FERREIRA	energia ginasio	Senior Masculino	01:12:47	+28:49	07:17
122	541	Micael Setêfano da Costa Santos	baila muchacha	Senior Masculino	01:12:47	+28:50	07:17
123	613	RUI CASANOVA	energia ginasio	Senior Masculino	01:12:48	+28:50	07:17
124	811	Patrícia Moreira	mocidade sangemil ac	Senior Feminino	01:13:02	+29:04	07:18
125	633	Vasco Sá	ginasius	Senior Masculino	01:13:24	+29:26	07:20
126	847	NUNO VIEIRA	outsiders running trail team	Senior Masculino	01:13:24	+29:26	07:20
127	513	Marco Pacheco	amigos dos semáforos, bamulá	Senior Masculino	01:13:25	+29:28	07:21

MINI TRAIL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
128	509	Cristina Amaral	amigos dos semáforos, bamulá	Senior Feminino	01:13:26	+29:28	07:21
129	866	Igor Cunha	run 2 eat	Senior Masculino	01:13:33	+29:36	07:21
130	531	Jorge Oliveira	arcorun	Senior Masculino	01:13:38	+29:41	07:22
131	911	JOSÉ CONCEIÇÃO	trail running clube btt sanguedo	Senior Masculino	01:13:47	+29:50	07:23
132	648	José Santos	grupo de corrida de argoncilhe	Senior Masculino	01:13:48	+29:51	07:23
133	601	Rui Moreira	cross training escariz	Senior Masculino	01:14:00	+30:02	07:24
134	542	Tiago Gomes Rodrigues	baila muchacha	Senior Masculino	01:14:09	+30:12	07:25
135	554	Luis Mota	bootseals	Senior Masculino	01:14:13	+30:15	07:25
136	846	DANIEL PEROLA	outsiders running trail team	Senior Masculino	01:14:16	+30:19	07:26
137	795	Fernando Teixeira	manquinhos	Senior Masculino	01:14:17	+30:19	07:26
138	900	Ricardo Ferreira	termas s. jorge	Senior Masculino	01:14:43	+30:45	07:28
139	893	Carlos Gomes	termas s. jorge	Senior Masculino	01:14:43	+30:46	07:28
140	677	Diana Leite	individual	Senior Feminino	01:14:58	+31:00	07:30
141	223	José Manuel Almeida Pinho Pinto	trail running greci gaia	Senior Masculino	01:15:30	+31:32	07:33
142	689	maria isabel da silva rodrigues	individual	Senior Feminino	01:15:38	+31:41	07:34
143	789	Daniel rola França	juventude cortegacense	Senior Masculino	01:15:45	+31:47	07:35
144	642	Peter Pan	grupo 46	Senior Masculino	01:15:51	+31:54	07:35
145	755	Miguel Magalhães	individual	Senior Masculino	01:15:53	+31:55	07:35
146	530	Joaquim José da Silva Sousa	arcorun	Senior Masculino	01:16:00	+32:02	07:36
147	887	maria celeste fermandes	termas s. jorge	Senior Feminino	01:16:06	+32:09	07:37
148	576	Ana Oliveira	centro municipal marcha e corrida vale de cambra	Senior Feminino	01:16:24	+32:26	07:38
149	594	Mafalda Valente	cross training escariz	Senior Feminino	01:16:52	+32:54	07:41
150	783	JOSÉ GRAÇA	insanos	Senior Masculino	01:16:55	+32:58	07:42
151	939	FERNANDO MARINHO	insanos	Senior Masculino	01:16:55	+32:58	07:42
152	787	Augusto Santos Silva	juventude cortegacense	Senior Masculino	01:16:58	+33:00	07:42
153	586	MIGUEL BRANCO	cf runners	Senior Masculino	01:17:17	+33:20	07:44
154	884	Carlos Eduardo Martins Campainha	team workout 48/cam	Senior Masculino	01:17:18	+33:21	07:44
155	849	maria jose silva	pipb	Senior Feminino	01:17:19	+33:21	07:44
156	833	Rui Edgar Santos	os falta d´ar	Senior Masculino	01:17:27	+33:30	07:45
157	649	Rui Oliveira	grupo de corrida de argoncilhe	Senior Masculino	01:17:37	+33:40	07:46
158	688	Maria Gabriela Guimarães Abreu	individual	Senior Feminino	01:17:38	+33:40	07:46
159	797	EMA COSTA	mc	Senior Feminino	01:17:45	+33:48	07:47
160	593	João Miguel Tavares Garrido	clube nortada - murtosa night runners	Senior Masculino	01:17:47	+33:50	07:47
161	549	Paula Estrela	bootseals	Senior Feminino	01:17:50	+33:52	07:47
162	537	Isabelle da Conceição Almeida	baila muchacha	Senior Feminino	01:18:02	+34:05	07:48
163	878	Silvana Maria Santos Jordão	sportarc.running	Senior Feminino	01:18:28	+34:30	07:51
164	535	Claudia Sofia Moreira Da Silva Azevedo Calçada	baila muchacha	Senior Feminino	01:18:33	+34:35	07:51
165	132	Fátima Costa	iron girls	Senior Feminino	01:19:22	+35:24	07:56
166	631	Zélia Costa	ginasius	Senior Feminino	01:19:42	+35:44	07:58
167	528	Glória Santos	arcorun	Senior Feminino	01:19:45	+35:47	07:59
168	890	Susana Duarte	termas s. jorge	Senior Feminino	01:19:46	+35:49	07:59
169	503	JOSÉ COUTINHO	100limites	Senior Masculino	01:19:47	+35:49	07:59
170	502	ZEKINHA	100limites	Senior Feminino	01:19:47	+35:50	07:59
171	869	Nuno Ferreira	running team maia	Senior Masculino	01:19:57	+35:59	08:00
172	28	Paula Cristina	bootseals	Senior Feminino	01:20:01	+36:03	08:00

MINI TRAIL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
173	773	Rui Miguel Russa Ferreira da Silva	individual	Senior Masculino	01:20:23	+36:26	08:02
174	683	Isabel Silva	individual	Senior Feminino	01:20:24	+36:26	08:02
175	899	Pedro Prata	termas s. jorge	Senior Masculino	01:20:27	+36:30	08:03
176	767	Pedro Santiago	individual	Senior Masculino	01:20:27	+36:30	08:03
177	791	Sandro Manuel Marques Rilho	juventude cortegacense	Senior Masculino	01:20:30	+36:32	08:03
178	818	Maria Alice Ferreira Valente Santos	núcleo de montanha de espinho	Senior Feminino	01:20:30	+36:33	08:03
179	851	isidro silva	pipb	Senior Masculino	01:20:48	+36:50	08:05
180	897	joaquim caldas	termas s. jorge	Senior Masculino	01:20:58	+37:00	08:06
181	901	Ricardo Pereira	termas s. jorge	Senior Masculino	01:21:00	+37:03	08:06
182	733	Fernando Miguel Rocha	individual	Senior Masculino	01:21:08	+37:10	08:07
183	665	Ana Pestana	individual	Senior Feminino	01:21:08	+37:10	08:07
184	527	PAULO MIRANDA	amotinados trail	Senior Masculino	01:21:16	+37:19	08:08
185	526	JOEL COSTA	amotinados trail	Senior Masculino	01:21:16	+37:19	08:08
186	525	ELSA COSTA	amotinados trail	Senior Feminino	01:21:17	+37:19	08:08
187	501	PAIVINHA	100limites	Senior Feminino	01:21:18	+37:20	08:08
188	924	Luis Santos	vila maior turismo	Senior Masculino	01:21:18	+37:20	08:08
189	588	Sandra Patrícia Pereira Monteiro	clube de montanha alto trilho (javalis)	Senior Feminino	01:21:41	+37:44	08:10
190	758	Nuno Cardoso	individual	Senior Masculino	01:21:41	+37:44	08:10
191	772	Ricardo Ribeiro	individual	Senior Masculino	01:21:42	+37:44	08:10
192	590	Nuno Alexandre Carvalho Oliveira	clube de montanha alto trilho (javalis)	Senior Masculino	01:21:42	+37:44	08:10
193	582	Rui Pinho	centro municipal marcha e corrida vale de cambra	Senior Masculino	01:22:02	+38:05	08:12
194	712	Alberto Lopes	individual	Senior Masculino	01:22:16	+38:18	08:14
195	774	Rui Miuél Silva Oliveira	individual	Senior Masculino	01:22:17	+38:19	08:14
196	873	ISABEL DIA	sousa sport	Senior Feminino	01:22:32	+38:34	08:15
197	876	JOAO DIAS	sousa sport	Senior Masculino	01:22:32	+38:34	08:15
198	804	PAULA LEITE	mc	Senior Feminino	01:22:33	+38:36	08:15
199	930	Hugo Manuel Ribeiro Homem Silva Rocha	individual	Senior Masculino	01:22:56	+38:59	08:18
200	675	Cristina Maria da Silva Veloso	individual	Senior Feminino	01:22:57	+38:59	08:18
201	792	Ricardo Costa	lobos do mar	Senior Masculino	01:23:06	+39:08	08:19
202	870	Vera Nogueira	saniluz	Senior Feminino	01:23:07	+39:10	08:19
203	676	Daniela Leite	individual	Senior Feminino	01:23:08	+39:11	08:19
204	695	Patricia Rodrigues Ferreira	individual	Senior Feminino	01:23:16	+39:19	08:20
205	717	António José Carvalho Ferreira	individual	Senior Masculino	01:23:16	+39:19	08:20
206	639	Nuno Patrício	grupo 46	Senior Masculino	01:25:07	+41:09	08:31
207	628	Monica Oliveira	ginasius	Senior Feminino	01:25:24	+41:26	08:32
208	725	Diogo José Magalhães Araújo	individual	Senior Masculino	01:25:31	+41:34	08:33
209	875	AVELINO SOUSA DIAS	sousa sport	Senior Masculino	01:25:32	+41:34	08:33
210	536	Cristina da Conceição Almeida	balla muchacha	Senior Feminino	01:25:38	+41:41	08:34
211	724	Diogo de Sousa Baptista	individual	Senior Masculino	01:25:39	+41:41	08:34
212	879	Jorge Rodrigues	sportarc.running	Senior Masculino	01:26:38	+42:41	08:40
213	877	Marta Sousa	sportarc.running	Senior Feminino	01:26:38	+42:41	08:40
214	813	Carla Magalhães	núcleo de montanha de espinho	Senior Feminino	01:26:42	+42:45	08:40
215	781	JOÃO MARQUES	insanos	Senior Masculino	01:26:44	+42:46	08:40
216	782	JOSÉ CARNEIRO	insanos	Senior Masculino	01:26:45	+42:48	08:41
217	599	Domingos Ventura	cross training escariz	Senior Masculino	01:26:52	+42:55	08:41

MINI TRAIL - STAGE 1

10 KM

[illegible]

OFFICIAL RESULT

[illegible]

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
218	598	Teresa Capela	cross training escariz	Senior Feminino	01:26:53	+42:56	08:41
219	548	Diva Freitas	bootseals	Senior Feminino	01:26:56	+42:58	08:42
220	710	Tatiana luisa Macedo Pinto	individual	Senior Feminino	01:26:59	+43:02	08:42
221	761	Nuno Sérgio Neto Capela	individual	Senior Masculino	01:26:59	+43:02	08:42
222	597	Susana Santos	cross training escariz	Senior Feminino	01:27:00	+43:02	08:42
223	605	Raul Cunha	cunhax	Senior Masculino	01:27:10	+43:12	08:43
224	625	sandra oliveira	fun people	Senior Feminino	01:27:24	+43:27	08:44
225	519	Sérgio Emanuel da Costa Dias	amigos futsal e atletismo	Senior Masculino	01:27:25	+43:27	08:45
226	518	Ricardo Crasto	amigos futsal e atletismo	Senior Masculino	01:27:26	+43:29	08:45
227	653	Susana Leal	haxas	Senior Feminino	01:27:33	+43:35	08:45
228	623	anabela barata	fun people	Senior Feminino	01:27:51	+43:53	08:47
229	889	Sara Coelho	termas s. jorge	Senior Feminino	01:28:04	+44:06	08:48
230	841	RAQUEL GAMA	outsiders running trail team	Senior Feminino	01:28:19	+44:21	08:50
231	844	SONIA MELO	outsiders running trail team	Senior Feminino	01:28:19	+44:22	08:50
232	845	VERA DIAS	outsiders running trail team	Senior Feminino	01:28:20	+44:23	08:50
233	799	HELENA COELHO	mc	Senior Feminino	01:28:30	+44:32	08:51
234	681	Érica Cristina Lino Pereira	individual	Senior Feminino	01:28:36	+44:39	08:52
235	669	Carina Sofia Oliveira Correia	individual	Senior Feminino	01:28:42	+44:44	08:52
236	662	ADÉLIA SILVA	individual	Senior Feminino	01:28:45	+44:47	08:53
237	935	Paula Maia	if	Senior Feminino	01:28:45	+44:48	08:53
238	853	Bruno Gil da Silva fernandes	piscinas municipais de santa maria da feira	Senior Masculino	01:29:07	+45:09	08:55
239	529	Marta Carvalho	arcorun	Senior Feminino	01:29:08	+45:11	08:55
240	801	ISABEL SANTOS	mc	Senior Feminino	01:29:20	+45:23	08:56
241	750	Marco Silva	individual	Senior Masculino	01:29:22	+45:24	08:56
242	701	Sandra Cristina costa Almeida	individual	Senior Feminino	01:29:23	+45:25	08:56
243	643	Anabela Sousa	grupo de corrida de argoncilhe	Senior Feminino	01:29:26	+45:28	08:57
244	685	Manuela Batista	individual	Senior Feminino	01:29:29	+45:31	08:57
245	726	Eduardo Batista	individual	Senior Masculino	01:29:29	+45:31	08:57
246	910	Jorge Armando de Almeida Caldeira	trail running clube btt sanguedo	Senior Masculino	01:29:33	+45:36	08:57
247	596	Paula Almeida	cross training escariz	Senior Feminino	01:29:35	+45:37	08:58
248	567	Paulo Melo	cal - clube atletismo de lamas	Senior Masculino	01:29:53	+45:55	08:59
249	940	Eduardo Falcão	termas s. jorge	Senior Masculino	01:29:56	+45:58	09:00
250	629	Silvia Pinto	ginasius	Senior Feminino	01:29:56	+45:58	09:00
251	894	Daniel Pereira	termas s. jorge	Senior Masculino	01:29:56	+45:59	09:00
252	520	Tiago Almeida	amigos futsal e atletismo	Senior Masculino	01:30:42	+46:45	09:04
253	516	Paulo Alexandre	amigos futsal e atletismo	Senior Masculino	01:30:42	+46:45	09:04
254	617	MARINHA MOREIRA	fugitivos urbanos - clínica + saúde	Senior Feminino	01:30:44	+46:47	09:04
255	699	Sabrina Oliveira	individual	Senior Feminino	01:30:50	+46:52	09:05
256	555	Ana Cláudia Costa	borabora, vamos lá!	Senior Feminino	01:31:01	+47:03	09:06
257	622	RUI COELHO	fugitivos urbanos - clínica + saúde	Senior Masculino	01:31:07	+47:10	09:07
258	858	Aurelie Palma	run 2 eat	Senior Feminino	01:31:10	+47:13	09:07
259	800	ISABEL ASSUNÇÃO	mc	Senior Feminino	01:31:14	+47:16	09:07
260	592	Marta Alexandra Esteves Carmo	clube nortada - murtosa night runners	Senior Feminino	01:31:20	+47:22	09:08
261	698	Rosa de Fátima Conceição Bispo da Silva	individual	Senior Feminino	01:31:20	+47:22	09:08
262	891	Teresa Campos Amorim	termas s. jorge	Senior Feminino	01:31:32	+47:35	09:09

MINI TRAIL - STAGE 1

10 KM

OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
263	892	Virgínia da Rocha e Silva	termas s. jorge	Senior Feminino	01:31:33	+47:35	09:09
264	630	Susana Fernandes	ginasius	Senior Feminino	01:32:38	+48:40	09:16
265	646	Sonia Santos	grupo de corrida de argoncilhe	Senior Feminino	01:32:40	+48:42	09:16
266	703	Sandra Santos	individual	Senior Feminino	01:32:49	+48:52	09:17
267	714	andre filipe baptista da silva	individual	Senior Masculino	01:32:57	+49:00	09:18
268	666	Ana Resende	individual	Senior Feminino	01:32:57	+49:00	09:18
269	742	João Sousa	individual	Senior Masculino	01:32:58	+49:01	09:18
270	552	Vera Ferreira	bootseals	Senior Feminino	01:33:13	+49:16	09:19
271	707	Silvia Isabel Nunes	individual	Senior Feminino	01:33:17	+49:19	09:20
272	769	Ricardo Hugo Sá Santos	individual	Senior Masculino	01:33:17	+49:19	09:20
273	704	Sara Brandrao Fernandes de Sousa	individual	Senior Feminino	01:33:23	+49:25	09:20
274	595	Patricia Rocha	cross training escariz	Senior Feminino	01:33:39	+49:41	09:22
275	173	Sylvia dos Santos Perdigão	os brancos do trail	Senior Feminino	01:33:43	+49:46	09:22
276	831	César Augusto Graça Costa Valente	os brancos do trail	Senior Masculino	01:33:48	+49:50	09:23
277	583	HELOISE RODRIGUES	cf runners	Senior Feminino	01:33:52	+49:54	09:23
278	557	Cláudia Peralta	borabora, vamos lá!	Senior Feminino	01:34:03	+50:05	09:24
279	558	Edite Fernandes	borabora, vamos lá!	Senior Feminino	01:34:03	+50:05	09:24
280	559	António MATOS	borabora, vamos lá!	Senior Masculino	01:34:05	+50:08	09:25
281	823	Pedro Alfonso Neves da Silva	núcleo de montanha de espinho	Senior Masculino	01:34:25	+50:27	09:27
282	820	Sandra Marina Machado Pacheco	núcleo de montanha de espinho	Senior Feminino	01:34:25	+50:27	09:27
283	832	PAULO DA SILVA MATOS	os brancos do trail	Senior Masculino	01:34:28	+50:30	09:27
284	556	Catarina Albuquerque	borabora, vamos lá!	Senior Feminino	01:34:48	+50:50	09:29
285	857	Ana Rita Cunha	run 2 eat	Senior Feminino	01:34:48	+50:51	09:29
286	740	João Carlos Marques Higino de Oliveira	individual	Senior Masculino	01:34:49	+50:52	09:29
287	785	Gabriela França Rola	juventude cortegacense	Senior Feminino	01:34:53	+50:55	09:29
288	687	Maria Correia	individual	Senior Feminino	01:35:04	+51:07	09:30
289	668	Bia Maia	individual	Senior Feminino	01:35:04	+51:07	09:30
290	739	João barbosa	individual	Senior Masculino	01:35:05	+51:08	09:31
291	743	Jorge Amorim	individual	Senior Masculino	01:35:05	+51:08	09:31
292	694	Patrícia Dias	individual	Senior Feminino	01:35:08	+51:11	09:31
293	672	Céu Benchimol	individual	Senior Feminino	01:35:08	+51:11	09:31
294	644	Carla Sousa	grupo de corrida de argoncilhe	Senior Feminino	01:35:11	+51:13	09:31
295	645	Celeste Costa	grupo de corrida de argoncilhe	Senior Feminino	01:35:11	+51:13	09:31
296	654	Abílio Silva	haxas	Senior Masculino	01:35:15	+51:18	09:32
297	859	Catarina Cunha	run 2 eat	Senior Feminino	01:35:44	+51:47	09:34
298	860	Filipa Cunha	run 2 eat	Senior Feminino	01:35:46	+51:49	09:35
299	862	Sandra Bastos	run 2 eat	Senior Feminino	01:35:47	+51:50	09:35
300	656	SARA FILIPA CORREIA DE OLIVEIRA	hst car	Senior Feminino	01:35:53	+51:56	09:35
301	907	SÓNIA ROCHA	trail running clube btt sanguedo	Senior Feminino	01:35:53	+51:56	09:35
302	936	Inês Gonçalves	if	Senior Feminino	01:36:29	+52:32	09:39
303	913	Vanessa Costa	trail running greci gaia	Senior Feminino	01:38:16	+54:18	09:50
304	914	Vânia Moura	trail running greci gaia	Senior Feminino	01:38:16	+54:19	09:50
305	861	Julie Barzellino	run 2 eat	Senior Feminino	01:38:56	+54:58	09:54

MINI TRAIL - STAGE 1

10 KM

OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
306	635	Maria Inês Almeida da Silva Pereira	grupo 46	Senior Feminino	01:40:07	+56:10	10:01
307	821	Susana Tamagnini B. S. Castro	núcleo de montanha de espinho	Senior Feminino	01:40:10	+56:12	10:01
308	684	Liliana Josefina de Oliveira Sabença	individual	Senior Feminino	01:40:10	+56:12	10:01
309	693	Mónica Clara Ferreira Martins	individual	Senior Feminino	01:40:10	+56:12	10:01
310	822	Vanessa Tavares	núcleo de montanha de espinho	Senior Feminino	01:41:27	+57:30	10:09
311	817	Diolinda Tavares	núcleo de montanha de espinho	Senior Feminino	01:41:28	+57:30	10:09
312	815	Cláudia Sofia Cepeda Costa Magalhães	núcleo de montanha de espinho	Senior Feminino	01:41:28	+57:31	10:09
313	690	Marília Paiva	individual	Senior Feminino	01:41:32	+57:34	10:09
314	515	Marco Pinto	amigos futsal e atletismo	Senior Masculino	01:41:32	+57:35	10:09
315	514	Marta Teixeira	amigos futsal e atletismo	Senior Feminino	01:41:32	+57:35	10:09
316	839	JOANA AMORIM	outsiders running trail team	Senior Feminino	01:41:44	+57:47	10:10
317	840	MARTA DUARTE	outsiders running trail team	Senior Feminino	01:41:44	+57:47	10:10
318	618	SANDRA SILVA	fugitivos urbanos - clínica + saúde	Senior Feminino	01:41:47	+57:49	10:11
319	619	SOFIA COELHO	fugitivos urbanos - clínica + saúde	Senior Feminino	01:41:47	+57:50	10:11
320	640	Paulo Ferreira	grupo 46	Senior Masculino	01:42:15	+58:18	10:14
321	637	Fernando Lopes	grupo 46	Senior Masculino	01:42:16	+58:18	10:14
322	636	Patrícia Lopes	grupo 46	Senior Feminino	01:42:16	+58:18	10:14
323	634	Manuela Viterbo	grupo 46	Senior Feminino	01:42:17	+58:19	10:14
324	692	Monica barros30	individual	Senior Feminino	01:42:17	+58:20	10:14
325	843	SELMA SOEIRO	outsiders running trail team	Senior Feminino	01:43:31	+59:34	10:21
326	546	Angela Regal	bootseals	Senior Feminino	01:43:32	+59:34	10:21
327	691	Marisa Silva	individual	Senior Feminino	01:43:34	+59:36	10:21
328	830	Sérgio José Rego Vinhas	os apressados	Senior Masculino	01:45:28	+01:01:31	10:33
329	829	Carlos Manuel Ferreira Silva	os apressados	Senior Masculino	01:45:28	+01:01:31	10:33
330	686	Maria Alves	individual	Senior Feminino	01:45:32	+01:01:34	10:33
331	697	paula salgado	individual	Senior Feminino	01:45:32	+01:01:35	10:33
332	561	Cristina Neves	btt alegria // tubani	Senior Feminino	01:46:20	+01:02:23	10:38
333	563	Fernanda Soares	btt alegria // tubani	Senior Feminino	01:46:36	+01:02:39	10:40
334	584	SONIA MORAIS	cf runners	Senior Feminino	01:46:38	+01:02:40	10:40
335	709	Susana Sousa	individual	Senior Feminino	01:47:49	+01:03:52	10:47
336	700	Salvina Ferreira	individual	Senior Feminino	01:47:49	+01:03:52	10:47
337	564	Paula Silva	btt alegria // tubani	Senior Feminino	01:48:38	+01:04:41	10:52
338	757	Nuno	individual	Senior Masculino	01:51:52	+01:07:55	11:11
339	678	Elisabete Catarino	individual	Senior Feminino	01:51:53	+01:07:55	11:11
340	551	Tatiana Gomes	bootseals	Senior Feminino	01:54:21	+01:10:23	11:26
341	827	Rosa Maria de Oliveira Moraes	os apressados	Senior Feminino	01:54:55	+01:10:57	11:30
342	826	Raquel Carvalho Lopes Silva	os apressados	Senior Feminino	01:54:55	+01:10:58	11:30
343	824	Nicole Bastos Ferreira Oliveira	o regresso dos que nunca foram	Senior Feminino	01:55:40	+01:11:43	11:34
344	825	Sara da Costa Dias	o regresso dos que nunca foram	Senior Feminino	01:55:41	+01:11:43	11:34
345	553	Carlos Paiva	bootseals	Senior Masculino	01:56:54	+01:12:56	11:41
346	547	Diana Coelho	bootseals	Senior Feminino	01:56:55	+01:12:58	11:42
347	730	Eugénio André Silva Araújo	individual	Senior Masculino	01:59:06	+01:15:09	11:55
348	729	Eugénio André Magalhães Araújo	individual	Senior Masculino	01:59:07	+01:15:09	11:55
349	834	Carla Reis	os leoes	Senior Feminino	02:02:20	+01:18:23	12:14
350	667	Andreia Duarte	individual	Senior Feminino	02:02:40	+01:18:43	12:16

10 KM

OFFICIAL RESULT

R

REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
351	682	Inês Lopes	individual	Senior Feminino	02:02:40	+01:18:43	12:16
352	680	Elsa Rodrigues	individual	Senior Feminino	02:05:52	+01:21:55	12:35
353	711	Zélia Leal	individual	Senior Feminino	02:05:54	+01:21:57	12:35
354	708	Sonia silva	individual	Senior Feminino	02:05:55	+01:21:58	12:36
355	837	ANA NEVES	outsiders running trail team	Senior Feminino	02:06:13	+01:22:15	12:37
356	508	Catarina Ribeiro	amigos dos semáforos, bamulá	Senior Feminino	02:06:49	+01:22:52	12:41
357	511	Teresa Amaral	amigos dos semáforos, bamulá	Senior Feminino	02:06:49	+01:22:52	12:41
358	512	Henrique Melo	amigos dos semáforos, bamulá	Senior Masculino	02:06:50	+01:22:52	12:41
359	510	Elisabete Tigre	amigos dos semáforos, bamulá	Senior Feminino	02:06:59	+01:23:01	12:42
360	848	PEDRO COELHO	outsiders running trail team	Senior Masculino	02:08:14	+01:24:17	12:49
361	842	SARAH PONTES	outsiders running trail team	Senior Feminino	02:08:15	+01:24:17	12:50
362	819	Paula Duarte	núcleo de montanha de espinho	Senior Feminino	03:11:48	+02:27:51	19:11

Mini Trail

10 KM

[illegible]

R

REVISED

	Time	Temperature	Humidity
Start	19:00	14°C	67%
End	22:11	10°C	81%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	650	carla alexandra fernandes de sousa	Grupo desportivo cultural de guilhovai	Senior Feminino	01:01:00	06:06
2	673	Claudiab Fernandes	Individual	Senior Feminino	01:02:17	+01:17 06:14
3	803	MARA CELIA	MC	Senior Feminino	01:02:17	+01:17 06:14
4	872	ANA DIAS	SOUSA SPORT	Senior Feminino	01:07:03	+06:03 06:42
5	577	Maria Filomena Silva Santos	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Feminino	01:08:49	+07:49 06:53
6	702	Sandra Cristina oliveira ferreira	Individual	Senior Feminino	01:10:36	+09:36 07:04
7	816	Cristina Gomes	Núcleo de Montanha de Espinho	Senior Feminino	01:10:53	+09:53 07:05
8	814	Carla Monteiro	Núcleo de Montanha de Espinho	Senior Feminino	01:10:54	+09:54 07:05
9	679	Elisabete Cunha	Individual	Senior Feminino	01:11:10	+10:10 07:07
10	888	Paula Ferreira	TERMAS S. JORGE	Senior Feminino	01:11:56	+10:56 07:12
11	932	Sónia Correia	Individual	Senior Feminino	01:12:30	+11:30 07:15
12	543	Adriana pinho	Banana Runners	Senior Feminino	01:12:30	+11:30 07:15
13	798	GABRIELA SOUSA	MC	Senior Feminino	01:12:30	+11:30 07:15
14	811	Patrícia Moreira	Mocidade Sangemil AC	Senior Feminino	01:13:02	+12:02 07:18
15	509	Cristina Amaral	Amigos dos semáforos, bamulá	Senior Feminino	01:13:26	+12:26 07:21
16	677	Diana Leite	Individual	Senior Feminino	01:14:58	+13:58 07:30
17	689	maria isabel da silva rodrigues	Individual	Senior Feminino	01:15:39	+14:39 07:34
18	887	maria celeste fermandes	TERMAS S. JORGE	Senior Feminino	01:16:07	+15:07 07:37
19	576	Ana Oliveira	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Feminino	01:16:24	+15:24 07:38
20	594	Mafalda Valente	Cross Training Escariz	Senior Feminino	01:16:52	+15:52 07:41
21	849	maria jose silva	pipb	Senior Feminino	01:17:19	+16:19 07:44
22	688	Maria Gabriela Guimarães Abreu	Individual	Senior Feminino	01:17:38	+16:38 07:46
23	797	EMA COSTA	MC	Senior Feminino	01:17:46	+16:46 07:47
24	549	Paula Estrela	BootSeals	Senior Feminino	01:17:50	+16:50 07:47
25	537	Isabelle da Conceição Almeida	Baila Muchacha	Senior Feminino	01:18:03	+17:03 07:48
26	878	Silvana Maria Santos Jordão	Sportarc.Running	Senior Feminino	01:18:28	+17:28 07:51
27	535	Claudia Sofia Moreira Da Silva Azevedo Calçada	Baila Muchacha	Senior Feminino	01:18:33	+17:33 07:51
28	132	Fátima Costa	iron girls	Senior Feminino	01:19:22	+18:22 07:56
29	631	Zélia Costa	GINASIUS	Senior Feminino	01:19:42	+18:42 07:58
30	528	Glória Santos	ARCORUN	Senior Feminino	01:19:45	+18:45 07:59
31	890	Susana Duarte	TERMAS S. JORGE	Senior Feminino	01:19:47	+18:47 07:59
32	502	ZEKINHA	100Limites	Senior Feminino	01:19:48	+18:48 07:59
33	28	Paula Cristina	BootSeals	Senior Feminino	01:20:01	+19:01 08:00
34	683	Isabel Silva	Individual	Senior Feminino	01:20:24	+19:24 08:02
35	818	Maria Alice Ferreira Valente Santos	Núcleo de Montanha de Espinho	Senior Feminino	01:20:31	+19:31 08:03
36	665	Ana Pestana	Individual	Senior Feminino	01:21:08	+20:08 08:07
37	525	ELSA COSTA	AMOTINADOS TRAIL	Senior Feminino	01:21:17	+20:17 08:08

Official Timekeeper: Lap2Go	1 / 9	generate 03-Apr-2017 17:46
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Mini Trail

10 KM



OFFICIAL RESULT

38	501	PAIVINHA	100Limites	Senior Feminino	01:21:18	+20:18	08:08
39	588	Sandra Patrícia Pereira Monteiro	Clube de Montanha Alto Trilho (Javalis)	Senior Feminino	01:21:42	+20:42	08:10
40	873	ISABEL DIA	SOUSA SPORT	Senior Feminino	01:22:32	+21:32	08:15
41	804	PAULA LEITE	MC	Senior Feminino	01:22:34	+21:34	08:15
42	675	Cristina Maria da Silva Veloso	Individual	Senior Feminino	01:22:57	+21:57	08:18
43	870	Vera Nogueira	Saniluz	Senior Feminino	01:23:08	+22:08	08:19
44	676	Daniela Leite	Individual	Senior Feminino	01:23:09	+22:09	08:19
45	695	Patricia Rodrigues Ferreira	Individual	Senior Feminino	01:23:17	+22:17	08:20
46	628	Monica Oliveira	GINASIU	Senior Feminino	01:25:24	+24:24	08:32
47	536	Cristina da Conceição Almeida	Baila Muchacha	Senior Feminino	01:25:39	+24:39	08:34
48	877	Marta Sousa	Sportarc.Running	Senior Feminino	01:26:39	+25:39	08:40
49	813	Carla Magalhães	Núcleo de Montanha de Espinho	Senior Feminino	01:26:43	+25:43	08:40
50	598	Teresa Capela	Cross Training Escariz	Senior Feminino	01:26:54	+25:54	08:41
51	548	Diva Freitas	BootSeals	Senior Feminino	01:26:56	+25:56	08:42
52	710	Tatiana luisa Macedo Pinto	Individual	Senior Feminino	01:27:00	+26:00	08:42
53	597	Susana Santos	Cross Training Escariz	Senior Feminino	01:27:00	+26:00	08:42
54	625	sandra oliveira	fun people	Senior Feminino	01:27:25	+26:25	08:44
55	653	Susana Leal	HAXAS	Senior Feminino	01:27:33	+26:33	08:45
56	623	anabela barata	fun people	Senior Feminino	01:27:51	+26:51	08:47
57	889	Sara Coelho	TERMAS S. JORGE	Senior Feminino	01:28:04	+27:04	08:48
58	841	RAQUEL GAMA	Outsiders running trail team	Senior Feminino	01:28:19	+27:19	08:50
59	844	SONIA MELO	Outsiders running trail team	Senior Feminino	01:28:20	+27:20	08:50
60	845	VERA DIAS	Outsiders running trail team	Senior Feminino	01:28:21	+27:21	08:50
61	799	HELENA COELHO	MC	Senior Feminino	01:28:30	+27:30	08:51
62	681	Érica Cristina Lino Pereira	Individual	Senior Feminino	01:28:37	+27:37	08:52
63	669	Carina Sofia Oliveira Correia	Individual	Senior Feminino	01:28:42	+27:42	08:52
64	662	ADÉLIA SILVA	Individual	Senior Feminino	01:28:45	+27:45	08:53
65	935	Paula Maia	IF	Senior Feminino	01:28:46	+27:46	08:53
66	529	Marta Carvalho	ARCORUN	Senior Feminino	01:29:09	+28:09	08:55
67	801	ISABEL SANTOS	MC	Senior Feminino	01:29:21	+28:21	08:56
68	701	Sandra Cristina costa Almeida	Individual	Senior Feminino	01:29:23	+28:23	08:56
69	643	Anabela Sousa	Grupo de Corrida de Argoncilhe	Senior Feminino	01:29:26	+28:26	08:57
70	685	Manuela Batista	Individual	Senior Feminino	01:29:29	+28:29	08:57
71	596	Paula Almeida	Cross Training Escariz	Senior Feminino	01:29:35	+28:35	08:58
72	629	Silvia Pinto	GINASIU	Senior Feminino	01:29:56	+28:56	09:00
73	617	MARINHA MOREIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Feminino	01:30:45	+29:45	09:04
74	699	Sabrina Oliveira	Individual	Senior Feminino	01:30:50	+29:50	09:05
75	555	Ana Cláudia Costa	BoraBora, Vamos Lá!	Senior Feminino	01:31:01	+30:01	09:06
76	858	Aurelie Palma	Run 2 Eat	Senior Feminino	01:31:11	+30:11	09:07
77	800	ISABEL ASSUNÇÃO	MC	Senior Feminino	01:31:14	+30:14	09:07
78	592	Marta Alexandra Esteves Carmo	Clube Nortada - Murtosa Night Runners	Senior Feminino	01:31:20	+30:20	09:08
79	698	Rosa de Fátima Conceição Bispo da Silva	Individual	Senior Feminino	01:31:20	+30:20	09:08
80	891	Teresa Campos Amorim	TERMAS S. JORGE	Senior Feminino	01:31:33	+30:33	09:09
81	892	Virgínia da Rocha e Silva	TERMAS S. JORGE	Senior Feminino	01:31:33	+30:33	09:09

Mini Trail

10 KM



OFFICIAL RESULT

82	630	Susana Fernandes	GINASIOUS	Senior Feminino	01:32:38	+31:38	09:16
83	646	Sonia Santos	Grupo de Corrida de Argoncilhe	Senior Feminino	01:32:40	+31:40	09:16
84	703	Sandra Santos	Individual	Senior Feminino	01:32:50	+31:50	09:17
85	666	Ana Resende	Individual	Senior Feminino	01:32:58	+31:58	09:18
86	552	Vera Ferreira	BootSeals	Senior Feminino	01:33:14	+32:14	09:19
87	707	Silvia Isabel Nunes	Individual	Senior Feminino	01:33:17	+32:17	09:20
88	704	Sara Brandrao Fernandes de Sousa	Individual	Senior Feminino	01:33:23	+32:23	09:20
89	595	Patricia Rocha	Cross Training Escariz	Senior Feminino	01:33:39	+32:39	09:22
90	173	Sylvia dos Santos Perdigão	OS BRANCOS DO TRAIL	Senior Feminino	01:33:44	+32:44	09:22
91	583	HELOISE RODRIGUES	CF RUNNERS	Senior Feminino	01:33:52	+32:52	09:23
92	557	Cláudia Peralta	BoraBora, Vamos Lá!	Senior Feminino	01:34:03	+33:03	09:24
93	558	Edite Fernandes	BoraBora, Vamos Lá!	Senior Feminino	01:34:03	+33:03	09:24
94	820	Sandra Marina Machado Pacheco	Núcleo de Montanha de Espinho	Senior Feminino	01:34:25	+33:25	09:27
95	556	Catarina Albuquerque	BoraBora, Vamos Lá!	Senior Feminino	01:34:48	+33:48	09:29
96	857	Ana Rita Cunha	Run 2 Eat	Senior Feminino	01:34:49	+33:49	09:29
97	785	Gabriela França Rola	Juventude Cortegacense	Senior Feminino	01:34:53	+33:53	09:29
98	687	Maria Correia	Individual	Senior Feminino	01:35:05	+34:05	09:30
99	668	Bia Maia	Individual	Senior Feminino	01:35:05	+34:05	09:30
100	694	Patrícia Dias	Individual	Senior Feminino	01:35:09	+34:09	09:31
101	672	Céu Benchimol	Individual	Senior Feminino	01:35:09	+34:09	09:31
102	644	Carla Sousa	Grupo de Corrida de Argoncilhe	Senior Feminino	01:35:11	+34:11	09:31
103	645	Celeste Costa	Grupo de Corrida de Argoncilhe	Senior Feminino	01:35:11	+34:11	09:31
104	859	Catarina Cunha	Run 2 Eat	Senior Feminino	01:35:45	+34:45	09:34
105	860	Filipa Cunha	Run 2 Eat	Senior Feminino	01:35:47	+34:47	09:35
106	862	Sandra Bastos	Run 2 Eat	Senior Feminino	01:35:48	+34:48	09:35
107	656	SARA FILIPA CORREIA DE OLIVEIRA	HST CAR	Senior Feminino	01:35:54	+34:54	09:35
108	907	SÓNIA ROCHA	Trail Running Clube Btt Sanguedo	Senior Feminino	01:35:54	+34:54	09:35
109	936	Inês Gonçalves	IF	Senior Feminino	01:36:30	+35:30	09:39
110	913	Vanessa Costa	Trail Running Greci Gaia	Senior Feminino	01:38:16	+37:16	09:50
111	914	Vânia Moura	Trail Running Greci Gaia	Senior Feminino	01:38:17	+37:17	09:50
112	861	Julie Barzellino	Run 2 Eat	Senior Feminino	01:38:56	+37:56	09:54
113	635	Maria Inês Almeida da Silva Pereira	Grupo 46	Senior Feminino	01:40:08	+39:08	10:01
114	821	Susana Tamagnini B. S. Castro	Núcleo de Montanha de Espinho	Senior Feminino	01:40:10	+39:10	10:01
115	684	Liliana Josefina de Oliveira Sabença	Individual	Senior Feminino	01:40:10	+39:10	10:01
116	693	Mónica Clara Ferreira Martins	Individual	Senior Feminino	01:40:10	+39:10	10:01
117	822	Vanessa Tavares	Núcleo de Montanha de Espinho	Senior Feminino	01:41:28	+40:28	10:09
118	817	Diolinda Tavares	Núcleo de Montanha de Espinho	Senior Feminino	01:41:28	+40:28	10:09
119	815	Cláudia Sofia Cepeda Costa Magalhães	Núcleo de Montanha de Espinho	Senior Feminino	01:41:29	+40:29	10:09
120	690	Marília Paiva	Individual	Senior Feminino	01:41:32	+40:32	10:09
121	514	Marta Teixeira	Amigos Futsal e Atletismo	Senior Feminino	01:41:33	+40:33	10:09
122	839	JOANA AMORIM	Outsiders running trail team	Senior Feminino	01:41:45	+40:45	10:10
123	840	MARTA DUARTE	Outsiders running trail team	Senior Feminino	01:41:45	+40:45	10:10
124	618	SANDRA SILVA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Feminino	01:41:47	+40:47	10:11
125	619	SOFIA COELHO	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Feminino	01:41:48	+40:48	10:11
126	636	Patrícia Lopes	Grupo 46	Senior Feminino	01:42:16	+41:16	10:14

Mini Trail

10 KM



OFFICIAL RESULT

127	634	Manuela Viterbo	Grupo 46	Senior Feminino	01:42:17	+41:17	10:14
128	692	Monica barros30	Individual	Senior Feminino	01:42:18	+41:18	10:14
129	843	SELMA SOEIRO	Outsiders running trail team	Senior Feminino	01:43:32	+42:32	10:21
130	546	Angela Regal	BootSeals	Senior Feminino	01:43:32	+42:32	10:21
131	691	Marisa Silva	Individual	Senior Feminino	01:43:34	+42:34	10:21
132	686	Maria Alves	Individual	Senior Feminino	01:45:32	+44:32	10:33
133	697	paula salgado	Individual	Senior Feminino	01:45:33	+44:33	10:33
134	561	Cristina Neves	BTT Alegria // TUBANI	Senior Feminino	01:46:21	+45:21	10:38
135	563	Fernanda Soares	BTT Alegria // TUBANI	Senior Feminino	01:46:37	+45:37	10:40
136	584	SONIA MORAIS	CF RUNNERS	Senior Feminino	01:46:38	+45:38	10:40
137	709	Susana Sousa	Individual	Senior Feminino	01:47:50	+46:50	10:47
138	700	Salvina Ferreira	Individual	Senior Feminino	01:47:50	+46:50	10:47
139	564	Paula Silva	BTT Alegria // TUBANI	Senior Feminino	01:48:39	+47:39	10:52
140	678	Elisabete Catarino	Individual	Senior Feminino	01:51:53	+50:53	11:11
141	551	Tatiana Gomes	BootSeals	Senior Feminino	01:54:21	+53:21	11:26
142	827	Rosa Maria de Oliveira Morais	Os apressados	Senior Feminino	01:54:55	+53:55	11:30
143	826	Raquel Carvalho Lopes Silva	Os apressados	Senior Feminino	01:54:56	+53:56	11:30
144	824	Nicole Bastos Ferreira Oliveira	O Regresso dos que Nunca Foram	Senior Feminino	01:55:41	+54:41	11:34
145	825	Sara da Costa Dias	O Regresso dos que Nunca Foram	Senior Feminino	01:55:41	+54:41	11:34
146	547	Diana Coelho	BootSeals	Senior Feminino	01:56:56	+55:56	11:42
147	834	Carla Reis	Os Leoes	Senior Feminino	02:02:21	+01:01:21	12:14
148	667	Andreia Duarte	Individual	Senior Feminino	02:02:41	+01:01:41	12:16
149	682	Inês Lopes	Individual	Senior Feminino	02:02:41	+01:01:41	12:16
150	680	Elsa Rodrigues	Individual	Senior Feminino	02:05:53	+01:04:53	12:35
151	711	Zélia Leal	Individual	Senior Feminino	02:05:55	+01:04:55	12:35
152	708	Sonia silva	Individual	Senior Feminino	02:05:56	+01:04:56	12:36
153	837	ANA NEVES	Outsiders running trail team	Senior Feminino	02:06:13	+01:05:13	12:37
154	508	Catarina Ribeiro	Amigos dos semáforos, bamulá	Senior Feminino	02:06:50	+01:05:50	12:41
155	511	Teresa Amaral	Amigos dos semáforos, bamulá	Senior Feminino	02:06:50	+01:05:50	12:41
156	510	Elisabete Tigre	Amigos dos semáforos, bamulá	Senior Feminino	02:06:59	+01:05:59	12:42
157	842	SARAH PONTES	Outsiders running trail team	Senior Feminino	02:08:15	+01:07:15	12:50
158	819	Paula Duarte	Núcleo de Montanha de Espinho	Senior Feminino	03:11:49	+02:10:49	19:11

Senior Masculino

1	652	paulo jorge soares pereira	Grupo desportivo cultural de guilhovai	Senior Masculino	43:58		04:24
2	591	Camilo Guedes	Clube do Pessoal Aguas de Gaia	Senior Masculino	46:28	+02:30	04:39
3	573	Renato Silva	Caldas S. Jorge Sport Clube	Senior Masculino	46:50	+02:52	04:41
4	909	FÁBIO CORREIA	Trail Running Clube Btt Sanguedo	Senior Masculino	47:10	+03:12	04:43
5	727	eduardo camilo	Individual	Senior Masculino	49:21	+05:23	04:56
6	928	Rui Olliveira	Vila Maior Turismo	Senior Masculino	49:28	+05:30	04:57
7	746	José António R. Sousa	Individual	Senior Masculino	50:02	+06:04	05:00
8	589	Marco Silva	Clube de Montanha Alto Trilho (Javalis)	Senior Masculino	50:43	+06:45	05:04
9	641	Pedro José Mendes Lobão Tavares Justo	Grupo 46	Senior Masculino	51:17	+07:19	05:08

Mini Trail

10 KM



OFFICIAL RESULT

10	719	bruno andret ribeiro da silva	Individual	Senior Masculino	51:23	+07:25	05:08
11	572	José Luís Carvalho	Caldas S. Jorge Sport Clube	Senior Masculino	51:26	+07:28	05:09
12	919	Antonio Marques	Vila Maior Turismo	Senior Masculino	51:34	+07:36	05:09
13	574	Ricardo Alexandre	Caldas S. Jorge Sport Clube	Senior Masculino	51:48	+07:50	05:11
14	571	Eduardo Martins	Caldas S. Jorge Sport Clube	Senior Masculino	52:05	+08:07	05:12
15	506	Paulo Reis Oliveira	AFIS/OVAR	Senior Masculino	52:12	+08:14	05:13
16	922	Julio Oliveira	Vila Maior Turismo	Senior Masculino	52:49	+08:51	05:17
17	927	Ricardo Topa	Vila Maior Turismo	Senior Masculino	53:14	+09:16	05:19
18	920	Filipe Neves	Vila Maior Turismo	Senior Masculino	53:43	+09:45	05:22
19	570	António Silva	Caldas S. Jorge Sport Clube	Senior Masculino	54:00	+10:02	05:24
20	736	H.HORTA	Individual	Senior Masculino	54:00	+10:02	05:24
21	749	MARCO LISBOA	Individual	Senior Masculino	55:31	+11:33	05:33
22	771	Ricardo Marinho Alves Ruivo	Individual	Senior Masculino	55:33	+11:35	05:33
23	885	Luís Rafael Lima Coutinho	Team Workout 48/CAM	Senior Masculino	55:47	+11:49	05:35
24	715	André Filipe Fernandes dos Santos	Individual	Senior Masculino	55:51	+11:53	05:35
25	748	Marco André da Silva Almeida	Individual	Senior Masculino	56:03	+12:05	05:36
26	778	Vasco Alexandre Resende Amorim	Individual	Senior Masculino	56:07	+12:09	05:37
27	575	Víctor Marques	Caldas S. Jorge Sport Clube	Senior Masculino	57:03	+13:05	05:42
28	925	Manuel Silva	Vila Maior Turismo	Senior Masculino	57:10	+13:12	05:43
29	933	Manuel António Migueis	IF	Senior Masculino	57:10	+13:12	05:43
30	732	FERNANDO DA SILVA CASTANHEIRA	Individual	Senior Masculino	57:59	+14:01	05:48
31	96	Paulo Alex. F. Santos	Individual	Senior Masculino	58:23	+14:25	05:50
32	505	Pedro Vieira	A.D.Sebolido Trail Boneca D'Ouro	Senior Masculino	58:35	+14:37	05:52
33	532	Jorge Ramos	ARCORUN	Senior Masculino	58:51	+14:53	05:53
34	522	José Manuel Rocha	AMIGOSDOBT	Senior Masculino	58:56	+14:58	05:54
35	764	Paulo Reis	Individual	Senior Masculino	59:00	+15:02	05:54
36	902	Ricardo Silva	TERMAS S. JORGE	Senior Masculino	59:06	+15:08	05:55
37	931	Daniel Castro	IF	Senior Masculino	59:38	+15:40	05:58
38	139	Joao Manuel Santos Silva	JUÕES	Senior Masculino	59:56	+15:58	06:00
39	540	David Ferreira da Silva	Baila Muchacha	Senior Masculino	01:00:31	+16:33	06:03
40	621	José Manuel	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	01:00:47	+16:49	06:05
41	647	António Prata	Grupo de Corrida de Argoncilhe	Senior Masculino	01:00:53	+16:55	06:05
42	735	Gonçalo Oliveira Brandão	Individual	Senior Masculino	01:00:53	+16:55	06:05
43	521	Carlos Rocha Costa	AMIGOSDOBT	Senior Masculino	01:00:54	+16:56	06:05
44	615	Rui Silva	Feira Viva	Senior Masculino	01:00:57	+16:59	06:06
45	720	Carlos André Queirós Madureira	Individual	Senior Masculino	01:01:09	+17:11	06:07
46	663	Hélder Silva	Individual	Senior Masculino	01:01:15	+17:17	06:07
47	741	João Paulo Amorim Patrício	Individual	Senior Masculino	01:01:45	+17:47	06:11
48	759	Nuno Miguel Gomes Silva	Individual	Senior Masculino	01:01:47	+17:49	06:11
49	661	Sergio Filipe da Costa Brandão	HST CAR	Senior Masculino	01:01:54	+17:56	06:11
50	908	ANDRÉ SOUSA	Trail Running Clube Btt Sanguedo	Senior Masculino	01:01:55	+17:57	06:11
51	780	ALBERTO SÁ	InsanOs	Senior Masculino	01:01:58	+18:00	06:12
52	753	Miguel Ferreira	Individual	Senior Masculino	01:02:19	+18:21	06:14
53	807	ARMANDO LEITE	MC	Senior Masculino	01:02:20	+18:22	06:14
54	523	Manuel Almeida Fernandes	AMIGOSDOBT	Senior Masculino	01:02:29	+18:31	06:15
55	504	CARLOS A,MACEDO	A D A AMARANTE ATLETISMO	Senior Masculino	01:02:57	+18:59	06:18

Mini Trail

10 KM



OFFICIAL RESULT

56	921	Ivo Couto	Vila Maior Turismo	Senior Masculino	01:03:23	+19:25	06:20
57	775	Sérgio Manuel Oliveira da Rocha	Individual	Senior Masculino	01:03:39	+19:41	06:22
58	587	António Brandão	CGD-Ovar	Senior Masculino	01:03:42	+19:44	06:22
59	745	José Almeida	Individual	Senior Masculino	01:03:42	+19:44	06:22
60	138	Joao Miguel Almeida da Silva	JUÕES	Senior Masculino	01:03:43	+19:45	06:22
61	544	Jorge pinto	Banana Runners	Senior Masculino	01:04:02	+20:04	06:24
62	766	Pedro Costa	Individual	Senior Masculino	01:04:04	+20:06	06:24
63	606	André Filipe dos Santos Rebelo	EDUART-COMPONENTES DE CALÇADO .	Senior Masculino	01:04:04	+20:06	06:24
64	871	Nuno Santos	Saniluz	Senior Masculino	01:04:07	+20:09	06:25
65	638	José Manuel da Silva Pereira	Grupo 46	Senior Masculino	01:04:09	+20:11	06:25
66	580	Nelson Rodrigues	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Masculino	01:04:11	+20:13	06:25
67	762	Paulo Alexandre Barros Casais	Individual	Senior Masculino	01:04:13	+20:15	06:25
68	608	Luís Filipe Martins Soares	EDUART-COMPONENTES DE CALÇADO .	Senior Masculino	01:04:29	+20:31	06:27
69	578	Antonio Oliveira	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Masculino	01:04:37	+20:39	06:28
70	777	Telmo rui aguiar leite	Individual	Senior Masculino	01:04:38	+20:40	06:28
71	539	Cristovão Helder Ferreira Rocha	Baila Muchacha	Senior Masculino	01:04:44	+20:46	06:28
72	770	Ricardo Lourenço Jorge	Individual	Senior Masculino	01:04:45	+20:47	06:29
73	852	pedro brizado	pipb	Senior Masculino	01:04:50	+20:52	06:29
74	718	Bruno André Fontes Coelho	Individual	Senior Masculino	01:05:03	+21:05	06:30
75	722	david antónio rendeiro carapinha	Individual	Senior Masculino	01:05:14	+21:16	06:31
76	808	JORGE LAGAREIRO	MC	Senior Masculino	01:05:19	+21:21	06:32
77	655	Henrique Silva	HAXAS	Senior Masculino	01:05:29	+21:31	06:33
78	607	Eduardo Tavares Rebelo	EDUART-COMPONENTES DE CALÇADO .	Senior Masculino	01:05:34	+21:36	06:33
79	507	RENATO ARAÚJO	AGDCR_Feira Runners	Senior Masculino	01:05:55	+21:57	06:36
80	581	Rafael Oliveira	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Masculino	01:06:07	+22:09	06:37
81	794	André Coimbra	Manquinhos	Senior Masculino	01:06:29	+22:31	06:39
82	600	Ricardo Godinho	Cross Training Escariz	Senior Masculino	01:06:53	+22:55	06:41
83	569	Alexandre Tavares	Caldas S. Jorge Sport Clube	Senior Masculino	01:07:10	+23:12	06:43
84	796	Manuel Teixeira	Manquinhos	Senior Masculino	01:07:38	+23:40	06:46
85	737	Helder Bernardo	Individual	Senior Masculino	01:07:49	+23:51	06:47
86	835	Sérgio Alves	Os Leoes	Senior Masculino	01:07:52	+23:54	06:47
87	763	Paulo Maia	Individual	Senior Masculino	01:08:16	+24:18	06:50
88	784	JÚLIO FERREIRA	InsanOs	Senior Masculino	01:08:20	+24:22	06:50
89	620	HUGO OLIVEIRA	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	01:08:26	+24:28	06:51
90	169	João Bastos	Nurses Runners	Senior Masculino	01:08:27	+24:29	06:51
91	776	SERGIO MIGUEL OLIVEIRA CAMPOS ALVES	Individual	Senior Masculino	01:08:32	+24:34	06:51
92	923	Luis Padeira	Vila Maior Turismo	Senior Masculino	01:08:49	+24:51	06:53
93	579	Joaquim Oliveira	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Masculino	01:08:50	+24:52	06:53
94	545	PAULO RIBEIRO	BOMBEIROS V. S. MAMEDE INFESTA	Senior Masculino	01:08:50	+24:52	06:53
95	658	JOAQUIM HUGO DA SILVA TEIXEIRA	HST CAR	Senior Masculino	01:08:54	+24:56	06:53

Official Timekeeper: Lap2Go	6 / 9	generate 03-Apr-2017 17:46
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Mini Trail

10 KM



OFFICIAL RESULT

96	863	Bruno Sousa de Guimarães	Run 2 Eat	Senior Masculino	01:10:00	+26:02	07:00
97	734	FERNANDO PAIS	Individual	Senior Masculino	01:10:10	+26:12	07:01
98	585	ALBINO SANTOS	CF RUNNERS	Senior Masculino	01:10:40	+26:42	07:04
99	566	Tony Mendes	BTT Alegria // TUBANI	Senior Masculino	01:10:47	+26:49	07:05
100	918	Vitor Manuel Santos Silva	TURBO_LENTOS	Senior Masculino	01:11:11	+27:13	07:07
101	754	Miguel Jorge Soeiro de Carvalho Furtado	Individual	Senior Masculino	01:11:21	+27:23	07:08
102	874	ADRIANO RAMOS PEREIRA	SOUSA SPORT	Senior Masculino	01:11:21	+27:23	07:08
103	632	Claudio Tavares	GINASIU	Senior Masculino	01:11:42	+27:44	07:10
104	721	Carlos Roberto Marques Gomes	Individual	Senior Masculino	01:11:47	+27:49	07:11
105	898	pedro custodio	TERMAS S. JORGE	Senior Masculino	01:11:48	+27:50	07:11
106	170	Pedro Sousa	Nurses Runners	Senior Masculino	01:12:18	+28:20	07:14
107	854	Sergio Miguel Oliveira Correia	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:12:30	+28:32	07:15
108	609	ANDRE FERREIRA	ENERGIA GINASIO	Senior Masculino	01:12:47	+28:49	07:17
109	541	Micael Setéfano da Costa Santos	Baila Muchacha	Senior Masculino	01:12:48	+28:50	07:17
110	613	RUI CASANOVA	ENERGIA GINASIO	Senior Masculino	01:12:48	+28:50	07:17
111	633	Vasco Sá	GINASIU	Senior Masculino	01:13:24	+29:26	07:20
112	847	NUNO VIEIRA	Outsiders running trail team	Senior Masculino	01:13:24	+29:26	07:20
113	513	Marco Pacheco	Amigos dos semáforos, bamulá	Senior Masculino	01:13:26	+29:28	07:21
114	866	Igor Cunha	Run 2 Eat	Senior Masculino	01:13:34	+29:36	07:21
115	531	Jorge Oliveira	ARCORUN	Senior Masculino	01:13:39	+29:41	07:22
116	911	JOSÉ CONCEIÇÃO	Trail Running Clube Btt Sanguedo	Senior Masculino	01:13:48	+29:50	07:23
117	648	José Santos	Grupo de Corrida de Argoncilhe	Senior Masculino	01:13:49	+29:51	07:23
118	601	Rui Moreira	Cross Training Escariz	Senior Masculino	01:14:00	+30:02	07:24
119	542	Tiago Gomes Rodrigues	Baila Muchacha	Senior Masculino	01:14:10	+30:12	07:25
120	554	Luis Mota	BootSeals	Senior Masculino	01:14:13	+30:15	07:25
121	846	DANIEL PEROLA	Outsiders running trail team	Senior Masculino	01:14:17	+30:19	07:26
122	795	Fernando Teixeira	Manquinhos	Senior Masculino	01:14:17	+30:19	07:26
123	900	Ricardo Ferreira	TERMAS S. JORGE	Senior Masculino	01:14:43	+30:45	07:28
124	893	Carlos Gomes	TERMAS S. JORGE	Senior Masculino	01:14:44	+30:46	07:28
125	223	José Manuel Almeida Pinho Pinto	Trail Running Greci Gaia	Senior Masculino	01:15:30	+31:32	07:33
126	789	Daniel rola França	Juventude Cortegacense	Senior Masculino	01:15:45	+31:47	07:35
127	642	Peter Pan	Grupo 46	Senior Masculino	01:15:52	+31:54	07:35
128	755	Miguel Magalhães	Individual	Senior Masculino	01:15:53	+31:55	07:35
129	530	Joaquim José da Silva Sousa	ARCORUN	Senior Masculino	01:16:00	+32:02	07:36
130	783	JOSÉ GRAÇA	InsanOs	Senior Masculino	01:16:56	+32:58	07:42
131	939	FERNANDO MARINHO	InsanOs	Senior Masculino	01:16:56	+32:58	07:42
132	787	Augusto Santos Silva	Juventude Cortegacense	Senior Masculino	01:16:58	+33:00	07:42
133	586	MIGUEL BRANCO	CF RUNNERS	Senior Masculino	01:17:18	+33:20	07:44
134	884	Carlos Eduardo Martins Campainha	Team Workout 48/CAM	Senior Masculino	01:17:19	+33:21	07:44
135	833	Rui Edgar Santos	OS FALTA D'AR	Senior Masculino	01:17:28	+33:30	07:45
136	649	Rui Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	01:17:38	+33:40	07:46
137	593	João Miguel Tavares Garrido	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:17:48	+33:50	07:47
138	503	JOSÉ COUTINHO	100Limites	Senior Masculino	01:19:47	+35:49	07:59
139	869	Nuno Ferreira	RUNNING TEAM MAIA	Senior Masculino	01:19:57	+35:59	08:00

Mini Trail

10 KM



OFFICIAL RESULT

140	773	Rui Miguel Russa Ferreira da Silva	Individual	Senior Masculino	01:20:24	+36:26	08:02
141	899	Pedro Prata	TERMAS S. JORGE	Senior Masculino	01:20:28	+36:30	08:03
142	767	Pedro Santiago	Individual	Senior Masculino	01:20:28	+36:30	08:03
143	791	Sandro Manuel Marques Rilho	Juventude Cortegacense	Senior Masculino	01:20:30	+36:32	08:03
144	851	isidro silva	pipb	Senior Masculino	01:20:48	+36:50	08:05
145	897	joaquim caldas	TERMAS S. JORGE	Senior Masculino	01:20:58	+37:00	08:06
146	901	Ricardo Pereira	TERMAS S. JORGE	Senior Masculino	01:21:01	+37:03	08:06
147	733	Fernando Miguel Rocha	Individual	Senior Masculino	01:21:08	+37:10	08:07
148	527	PAULO MIRANDA	AMOTINADOS TRAIL	Senior Masculino	01:21:17	+37:19	08:08
149	526	JOEL COSTA	AMOTINADOS TRAIL	Senior Masculino	01:21:17	+37:19	08:08
150	924	Luis Santos	Vila Maior Turismo	Senior Masculino	01:21:18	+37:20	08:08
151	758	Nuno Cardoso	Individual	Senior Masculino	01:21:42	+37:44	08:10
152	772	Ricardo Ribeiro	Individual	Senior Masculino	01:21:42	+37:44	08:10
153	590	Nuno Alexandre Carvalho Oliveira	Clube de Montanha Alto Trilho (Javalis)	Senior Masculino	01:21:42	+37:44	08:10
154	582	Rui Pinho	Centro Municipal Marcha e Corrida Vale de Cambra	Senior Masculino	01:22:03	+38:05	08:12
155	712	Alberto Lopes	Individual	Senior Masculino	01:22:16	+38:18	08:14
156	774	Rui Muel Silva Oliveira	Individual	Senior Masculino	01:22:17	+38:19	08:14
157	876	JOAO DIAS	SOUSA SPORT	Senior Masculino	01:22:32	+38:34	08:15
158	930	Hugo Manuel Ribeiro Homem Silva Rocha	Individual	Senior Masculino	01:22:57	+38:59	08:18
159	792	Ricardo Costa	Lobos do Mar	Senior Masculino	01:23:06	+39:08	08:19
160	717	António José Carvalho Ferreira	Individual	Senior Masculino	01:23:17	+39:19	08:20
161	639	Nuno Patrício	Grupo 46	Senior Masculino	01:25:07	+41:09	08:31
162	725	Diogo José Magalhães Araújo	Individual	Senior Masculino	01:25:32	+41:34	08:33
163	875	AVELINO SOUSA DIAS	SOUSA SPORT	Senior Masculino	01:25:32	+41:34	08:33
164	724	Diogo de Sousa Baptista	Individual	Senior Masculino	01:25:39	+41:41	08:34
165	879	Jorge Rodrigues	Sportarc.Running	Senior Masculino	01:26:39	+42:41	08:40
166	781	JOÃO MARQUES	InsanOs	Senior Masculino	01:26:44	+42:46	08:40
167	782	JOSÉ CARNEIRO	InsanOs	Senior Masculino	01:26:46	+42:48	08:41
168	599	Domingos Ventura	Cross Training Escariz	Senior Masculino	01:26:53	+42:55	08:41
169	761	Nuno Sérgio Neto Capela	Individual	Senior Masculino	01:27:00	+43:02	08:42
170	605	Raul Cunha	cUnHaX	Senior Masculino	01:27:10	+43:12	08:43
171	519	Sérgio Emanuel da Costa Dias	Amigos Futsal e Atletismo	Senior Masculino	01:27:25	+43:27	08:45
172	518	Ricardo Crasto	Amigos Futsal e Atletismo	Senior Masculino	01:27:27	+43:29	08:45
173	853	Bruno Gil da Silva fernandes	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:29:07	+45:09	08:55
174	750	Marco Silva	Individual	Senior Masculino	01:29:22	+45:24	08:56
175	726	Eduardo Batista	Individual	Senior Masculino	01:29:29	+45:31	08:57
176	910	Jorge Armando de Almeida Caldeira	Trail Running Clube Btt Sanguedo	Senior Masculino	01:29:34	+45:36	08:57
177	567	Paulo Melo	CAL - Clube Atletismo de Lamas	Senior Masculino	01:29:53	+45:55	08:59
178	940	Eduardo Falcão	TERMAS S. JORGE	Senior Masculino	01:29:56	+45:58	09:00
179	894	Daniel Pereira	TERMAS S. JORGE	Senior Masculino	01:29:57	+45:59	09:00
180	520	Tiago Almeida	Amigos Futsal e Atletismo	Senior Masculino	01:30:43	+46:45	09:04
181	516	Paulo Alexandre	Amigos Futsal e Atletismo	Senior Masculino	01:30:43	+46:45	09:04
182	622	RUI COELHO	FUGITIVOS URBANOS - CLÍNICA + SAÚDE	Senior Masculino	01:31:08	+47:10	09:07

Mini Trail

10 KM

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OFFICIAL RESULT

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183	714	andre filipe baptista da silva	Individual	Senior Masculino	01:32:58	+49:00	09:18
184	742	João Sousa	Individual	Senior Masculino	01:32:59	+49:01	09:18
185	769	Ricardo Hugo Sá Santos	Individual	Senior Masculino	01:33:17	+49:19	09:20
186	831	César Augusto Graça Costa Valente	OS BRANCOS DO TRAIL	Senior Masculino	01:33:48	+49:50	09:23
187	559	António MATOS	BoraBora, Vamos Lá!	Senior Masculino	01:34:06	+50:08	09:25
188	823	Pedro Alfonso Neves da Silva	Núcleo de Montanha de Espinho	Senior Masculino	01:34:25	+50:27	09:27
189	832	PAULO DA SILVA MATOS	OS BRANCOS DO TRAIL	Senior Masculino	01:34:28	+50:30	09:27
190	740	João Carlos Marques Higino de Oliveira	Individual	Senior Masculino	01:34:50	+50:52	09:29
191	739	João barbosa	Individual	Senior Masculino	01:35:06	+51:08	09:31
192	743	Jorge Amorim	Individual	Senior Masculino	01:35:06	+51:08	09:31
193	654	Abílio Silva	HAXAS	Senior Masculino	01:35:16	+51:18	09:32
194	515	Marco Pinto	Amigos Futsal e Atletismo	Senior Masculino	01:41:33	+57:35	10:09
195	640	Paulo Ferreira	Grupo 46	Senior Masculino	01:42:16	+58:18	10:14
196	637	Fernando Lopes	Grupo 46	Senior Masculino	01:42:16	+58:18	10:14
197	830	Sérgio José Rego Vinhas	Os apressados	Senior Masculino	01:45:29	+01:01:31	10:33
198	829	Carlos Manuel Ferreira Silva	Os apressados	Senior Masculino	01:45:29	+01:01:31	10:33
199	757	Nuno	Individual	Senior Masculino	01:51:53	+01:07:55	11:11
200	553	Carlos Paiva	BootSeals	Senior Masculino	01:56:54	+01:12:56	11:41
201	730	Eugénio André Silva Araújo	Individual	Senior Masculino	01:59:07	+01:15:09	11:55
202	729	Eugénio André Magalhães Araújo	Individual	Senior Masculino	01:59:07	+01:15:09	11:55
203	512	Henrique Melo	Amigos dos semáforos, bamulá	Senior Masculino	02:06:50	+01:22:52	12:41
204	848	PEDRO COELHO	Outsiders running trail team	Senior Masculino	02:08:15	+01:24:17	12:49