

TRAIL SUNSET - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	19:15	10.6°C	71%
End	22:20	10.6°C	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	625	paulo pereira	g d c guilhovai	Veterano M40	55:26		04:16
2	2	Tiago pinho	individual	Senior Masculino	57:55	+02:29	04:27
3	6	Pedro Rocha	gdr retora	Senior Masculino	58:07	+02:41	04:28
4	11	Marcelo Araújo	focoteam24	Senior Masculino	59:46	+04:19	04:36
5	294	Edgar Resende	sim summit	Senior Masculino	01:02:39	+07:12	04:49
6	19	José Gaspar	aliança de gandra	Senior Masculino	01:02:41	+07:15	04:49
7	291	bruno silva	sc espinho - atletismo / antónio leitão	Senior Masculino	01:02:43	+07:17	04:50
8	36	Carlos Simões	arsm - associação recreativa de s. miguel	Veterano M50	01:02:51	+07:25	04:50
9	324	Bruno Pereira	amigos 100 limites	Senior Masculino	01:03:05	+07:39	04:51
10	20	Luís Silva	aliança de gandra	Senior Masculino	01:05:47	+10:20	05:04
11	8	Humberto Silva	aztrail/mercentro	Veterano M40	01:05:50	+10:23	05:04
12	475	Tiago Leal	individual	Senior Masculino	01:05:57	+10:31	05:04
13	35	PEDRO Manos Simocas	arsm - associação recreativa de s. miguel	Veterano M40	01:06:55	+11:29	05:09
14	197	José Peixoto	individual	Veterano M40	01:07:10	+11:44	05:10
15	621	Luis Teixeira	individual	Senior Masculino	01:07:18	+11:52	05:11
16	553	Agostinho Costa	nac trail	Veterano M50	01:07:28	+12:01	05:11
17	464	Marco Paulo Godinho da Silva	individual	Senior Masculino	01:08:00	+12:34	05:14
18	15	Samuel Silva	a.d. amarante	Senior Masculino	01:08:24	+12:57	05:16
19	581	Filipe Santos	sc espinho - atletismo / antónio leitão	Senior Masculino	01:08:31	+13:05	05:16
20	474	Tiago André Vieira Magalhães	individual	Senior Masculino	01:09:02	+13:35	05:19
21	153	Bruno Miguel Pereira Ribeiro	individual	Senior Masculino	01:09:13	+13:47	05:20
22	121	Sérgio Oliveira	grupo de corrida de argoncilhe	Veterano M40	01:09:19	+13:53	05:20
23	582	Pedro Magalhães	sc espinho - atletismo / antónio leitão	Senior Masculino	01:09:55	+14:29	05:23
24	335	Carlos Fernandes	aztrail/mercentro	Veterano M40	01:10:01	+14:35	05:23
25	37	Jose Simões	arsm - associação recreativa de s. miguel	Veterano M50	01:10:10	+14:44	05:24
26	477	Tiago Oliveira	individual	Senior Masculino	01:10:37	+15:11	05:26
27	22	Sérgio Rodrigues	aliança de gandra	Senior Masculino	01:10:40	+15:13	05:26
28	406	Bruno Tavares	grupo de corrida de argoncilhe	Veterano M40	01:10:41	+15:14	05:26
29	53	Bruno Vidinha	caldas de s.jorge sport clube	Senior Masculino	01:10:59	+15:33	05:28
30	556	Rui Martins	núcleo de montanha de espinho	Senior Masculino	01:11:02	+15:36	05:28
31	578	Joaquim Lobato	running espinho	Veterano M50	01:11:09	+15:43	05:28
32	210	António Silva	individual	Veterano M50	01:11:38	+16:12	05:31
33	283	VALTER CORREIA	ovarrun	Veterano M40	01:12:42	+17:15	05:36
34	1081	MANUEL OLIVEIRA	aztrail/mercentro	Veterano M40	01:13:17	+17:50	05:38
35	450	Fabio Marques	individual	Senior Masculino	01:13:27	+18:01	05:39
36	66	Nuno Santos	ccd renault cacia	Veterano M40	01:13:34	+18:08	05:40
37	560	José Pedro Silva	núcleo de montanha de espinho	Veterano M40	01:13:39	+18:12	05:40
38	340	Ricardo Silva	borabora, vamos lá!	Senior Masculino	01:14:28	+19:01	05:44
39	605	António Jorge	trilobites	Veterano M40	01:14:28	+19:02	05:44
40	446	Carlos Magalhães	individual	Senior Masculino	01:14:46	+19:19	05:45
41	327	Nélson Silva	amigos 100 limites	Senior Masculino	01:15:00	+19:33	05:46
42	107	Mónica Oliveira	geocrosstrail	Veterana F40	01:15:04	+19:37	05:46

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
43	27	Paulo Jorge Inverneiro Pereira	alpharunning	Senior Masculino	01:15:04	+19:38	05:47
44	30	Marco António Alves Miranda	alpharunning	Veterano M40	01:15:48	+20:22	05:50
45	527	Carlos Alberto Ferreira	individual	Veterano M50	01:15:51	+20:24	05:50
46	329	Tó Luís	amigos 100 limites	Senior Masculino	01:15:53	+20:27	05:50
47	183	Aurégio Luís Bessa Saúde	individual	Veterano M40	01:15:54	+20:28	05:50
48	1	MARA CELIA	mc	Senior Feminino	01:16:08	+20:41	05:51
49	250	HELDER MOTA	mc	Senior Masculino	01:16:08	+20:42	05:51
50	501	Hugo Miguel Lopes Silva Pinto	individual	Veterano M40	01:17:29	+22:02	05:58
51	408	Nuno Pereira	grupo de corrida de argoncilhe	Veterano M40	01:17:30	+22:03	05:58
52	586	César Sousa	sc espinho - atletismo / antónio leitão	Veterano M40	01:17:34	+22:07	05:58
53	385	José Manuel Leite	fa fit	Veterano M50	01:17:36	+22:10	05:58
54	106	Helder Samuel	geocrosstrail	Senior Masculino	01:18:00	+22:33	06:00
55	524	Alcino Ferreira dos Santos	individual	Veterano M50	01:18:05	+22:39	06:00
56	456	Helder moreira	individual	Senior Masculino	01:18:10	+22:43	06:01
57	71	António Carlos Tavares de Paiva	correr leça	Senior Masculino	01:18:11	+22:45	06:01
58	18	Fernanda Machado	aliança de gandra	Senior Feminino	01:18:18	+22:51	06:01
59	533	José Manuel da Silva Pereira	individual	Veterano M50	01:18:43	+23:17	06:03
60	384	Marco Aurélio Ferreira Pinto	fa fit	Veterano M40	01:18:52	+23:25	06:04
61	213	Rui Ferreira	individual	Veterano M40	01:19:12	+23:45	06:06
62	289	Ruben Emanuel Xavier Silva	run forrest run	Senior Masculino	01:19:17	+23:51	06:06
63	370	Joana Durão	clube desportivo operário de lagoa	Senior Feminino	01:19:17	+23:51	06:06
64	330	Tó Faria	amigos 100 limites	Veterano M40	01:19:26	+24:00	06:07
65	159	Fernando Miguel Pedro Duarte	individual	Senior Masculino	01:19:28	+24:02	06:07
66	258	Cláudio Resende	mini fundistas	Senior Masculino	01:19:47	+24:20	06:08
67	193	Joaquim Baptista	individual	Veterano M40	01:20:20	+24:54	06:11
68	63	Miguel Conde	ccd renault cacia	Senior Masculino	01:20:23	+24:57	06:11
69	225	Sandra Ferreira	jufacc	Senior Feminino	01:20:23	+24:57	06:11
70	458	Hugo Lima	individual	Senior Masculino	01:20:24	+24:57	06:11
71	286	Danny Mateus	run forrest run	Senior Masculino	01:20:31	+25:05	06:12
72	120	Tiago Oliveira	grupo de corrida de argoncilhe	Senior Masculino	01:20:53	+25:27	06:13
73	65	Ricardo Gama	ccd renault cacia	Senior Masculino	01:21:12	+25:45	06:15
74	303	Marcos Soares	vale dos duros	Senior Masculino	01:21:12	+25:46	06:15
75	410	Rui Pena	grupo desportivo de trancoso	Veterano M40	01:21:24	+25:58	06:16
76	218	Baltazar Ferreira	individual	Veterano M50	01:21:29	+26:03	06:16
77	164	Hugo José Ferreira da Silva	individual	Senior Masculino	01:21:30	+26:04	06:16
78	64	Miguel Félix	ccd renault cacia	Senior Masculino	01:21:36	+26:09	06:17
79	548	Paulo Oliveira	mc	Senior Masculino	01:21:41	+26:15	06:17
80	158	Fábio Almeida	individual	Senior Masculino	01:21:47	+26:20	06:17
81	31	rui teixeira	amigos das sapatilhas	Senior Masculino	01:21:55	+26:29	06:18
82	580	Liliana Cardoso	sc espinho - atletismo / antónio leitão	Senior Feminino	01:22:01	+26:34	06:19
83	522	vitor almeida	individual	Veterano M40	01:22:12	+26:46	06:19
84	39	Carlos Freitas	bravos&bravitas	Senior Masculino	01:22:30	+27:04	06:21
85	494	Carlos Daniel Marques Oliveira	individual	Veterano M40	01:22:45	+27:19	06:22
86	203	Miguel Rego	individual	Veterano M40	01:22:47	+27:21	06:22
87	41	Ricardo oliveira	bravos&bravitas	Senior Masculino	01:22:58	+27:32	06:23

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
88	371	Fábio Barbosa	clube desportivo operário de lagoa	Senior Masculino	01:23:07	+27:41	06:24
89	558	António Magalhães	núcleo de montanha de espinho	Veterano M40	01:23:07	+27:41	06:24
90	47	Tony Mendes	btt alegria // tubani	Veterano M40	01:23:09	+27:42	06:24
91	280	Maia Vieira	ovarrun	Veterano M40	01:23:13	+27:47	06:24
92	619	Nuno Seabra	individual	Veterano M40	01:23:14	+27:48	06:24
93	496	Carlos Santos	individual	Veterano M40	01:23:17	+27:50	06:24
94	497	Constantino Mota	individual	Veterano M40	01:23:17	+27:51	06:24
95	596	Rui Paiva	speedy gonzalez	Senior Masculino	01:23:17	+27:51	06:24
96	187	Filipe pinho	individual	Veterano M40	01:23:23	+27:57	06:25
97	198	José Salgueiro	individual	Veterano M40	01:23:24	+27:58	06:25
98	200	Luis Manuel da Silva morais	individual	Veterano M40	01:23:25	+27:59	06:25
99	55	Miguel Almeida	caldas de s.jorge sport clube	Veterano M40	01:23:40	+28:13	06:26
100	476	Tiago Magalhães	individual	Senior Masculino	01:24:01	+28:35	06:28
101	25	Sérgio Pereira	aliança de gandra	Veterano M40	01:24:13	+28:46	06:29
102	232	Nelson Ferreira	kiquipa	Senior Masculino	01:24:18	+28:52	06:29
103	231	Luís Barreiro	kiquipa	Senior Masculino	01:24:18	+28:52	06:29
104	552	Filipe Mota	motas running	Senior Masculino	01:24:23	+28:56	06:29
105	85	Márcio Mendes	equipa boot	Senior Masculino	01:24:47	+29:21	06:31
106	447	Carlos Ribeiro	individual	Senior Masculino	01:24:53	+29:27	06:32
107	279	Filipe Pereira	ovarrun	Veterano M40	01:25:08	+29:42	06:33
108	110	Ricardo Godinho	geocrosstrail	Veterano M40	01:25:20	+29:54	06:34
109	216	Vitor Paulino	individual	Veterano M40	01:25:25	+29:59	06:34
110	96	Mafalda Valente	geocrosstrail	Senior Feminino	01:25:28	+30:02	06:34
111	146	Susana Flores	individual	Senior Feminino	01:25:28	+30:02	06:34
112	518	Rogério Tavares Pereira	individual	Veterano M40	01:25:38	+30:11	06:35
113	369	Mauricio Rodrigues	ccrd burinhosa	Senior Masculino	01:25:40	+30:13	06:35
114	113	Bruno Matos	geração paramos	Senior Masculino	01:25:44	+30:18	06:36
115	473	Ricardo Silva	individual	Senior Masculino	01:25:48	+30:22	06:36
116	84	Jorge Barbosa	equipa boot	Senior Masculino	01:25:54	+30:27	06:36
117	83	Ivo Nascimento	equipa boot	Senior Masculino	01:25:54	+30:28	06:36
118	349	Augusto Costa	borabora, vamos lá!	Veterano M50	01:25:55	+30:29	06:37
119	559	João Graça	núcleo de montanha de espinho	Veterano M40	01:25:55	+30:29	06:37
120	170	Miguel Cunha	individual	Senior Masculino	01:26:19	+30:53	06:38
121	28	Carlos Alberto Soares Moreira	alpharunning	Veterano M40	01:26:21	+30:55	06:39
122	617	Jorge Silva	geocrosstrail	Veterano M40	01:26:25	+30:59	06:39
123	46	Sergio Coelho	btt alegria // tubani	Senior Masculino	01:26:31	+31:04	06:39
124	172	Paulo Rocha	individual	Senior Masculino	01:26:32	+31:05	06:39
125	51	NUNO PEREIRA	cal - clube atletismo de lamas	Veterano M40	01:26:33	+31:06	06:39
126	88	Cláudia Sofia Moreira Da Silva Azevedo Calçada	fit arena	Senior Feminino	01:26:59	+31:33	06:42
127	561	Nuno Raposo	núcleo de montanha de espinho	Veterano M40	01:27:29	+32:03	06:44
128	445	Bruno goncalves	individual	Senior Masculino	01:27:39	+32:13	06:45
129	602	Bruno Rodrigues	team workout 48	Senior Masculino	01:27:41	+32:14	06:45
130	603	Florinda Fernandes	team workout 48	Veterana F40	01:27:41	+32:15	06:45
131	226	João Bastos	jufacc	Senior Masculino	01:27:42	+32:15	06:45
132	409	Daniel Silva	grupo desportivo banco de portugal	Senior Masculino	01:27:47	+32:20	06:45

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
133	616	Ricardo Filipe Marques Vaz	zequinhas	Senior Masculino	01:27:58	+32:32	06:46
134	131	Arlindo Tavares Rodrigues	happy runners vlc	Veterano M50	01:27:59	+32:32	06:46
135	91	David Ferreira Da Silva	fit arena	Senior Masculino	01:28:04	+32:37	06:46
136	21	Ricardo Rocha	aliança de gandra	Senior Masculino	01:28:07	+32:40	06:47
137	265	Jorge Augusto Oliveira Guerra	os falta d ar	Veterano M40	01:28:09	+32:43	06:47
138	214	Tiago Almeida	individual	Veterano M40	01:28:10	+32:44	06:47
139	182	Armando Almeida	individual	Veterano M40	01:28:11	+32:44	06:47
140	54	Carlos Sousa	caldas de s.jorge sport clube	Veterano M40	01:28:30	+33:04	06:49
141	212	Ricardo Seromenho	individual	Veterano M40	01:28:44	+33:18	06:50
142	403	Mário Ibarra	grupo de corrida de argoncilhe	Senior Masculino	01:28:56	+33:29	06:50
143	589	Rui Silva	sc espinho - atletismo / antónio leitão	Veterano M40	01:29:08	+33:42	06:51
144	331	Eduardo Batista	arrastópé	Senior Masculino	01:29:24	+33:58	06:53
145	128	Jacinto de Almeida	happy runners vlc	Veterano M40	01:29:25	+33:59	06:53
146	157	Daniel Moreira	individual	Senior Masculino	01:29:30	+34:03	06:53
147	132	Manuel Oliveira	happy runners vlc	Veterano M50	01:29:33	+34:06	06:53
148	540	Miguel Matos	juventude cortegacense	Senior Masculino	01:29:39	+34:13	06:54
149	230	Bruno Carvalho	kiquipa	Senior Masculino	01:29:41	+34:15	06:54
150	326	Mauro Silva	amigos 100 limites	Senior Masculino	01:29:43	+34:17	06:54
151	325	Flávio Teixeira	amigos 100 limites	Senior Masculino	01:29:43	+34:17	06:54
152	154	Bruno Santos	individual	Senior Masculino	01:29:48	+34:22	06:55
153	260	Manuel Martins	opraticante.pt	Veterano M40	01:29:54	+34:28	06:55
154	413	Telmo Oliveira	i9 team	Veterano M40	01:29:55	+34:29	06:55
155	323	Alcino Silva	amigos 100 limites	Senior Masculino	01:29:56	+34:30	06:55
156	192	João Paulo de Sousa e Silva	individual	Veterano M40	01:30:06	+34:40	06:56
157	118	Bruno Andrade	grupo de corrida de argoncilhe	Senior Masculino	01:30:10	+34:44	06:56
158	111	Rui Moreira	geocrosstrail	Veterano M40	01:30:14	+34:48	06:57
159	457	Hugo Guimarães	individual	Senior Masculino	01:30:35	+35:09	06:58
160	93	Nuno Lopes	gdrc alto avilho	Veterano M40	01:30:54	+35:28	07:00
161	194	Jorge Rodrigues	individual	Veterano M40	01:30:55	+35:29	07:00
162	223	TONY MATIAS	insígnia mobiliario	Veterano M40	01:30:55	+35:29	07:00
163	155	Bruno Silva	individual	Senior Masculino	01:31:02	+35:36	07:00
164	26	Mário Carvalho	aliança de gandra	Veterano M50	01:31:18	+35:51	07:01
165	252	FATIMA OLIVEIRA	mc	Veterana F40	01:31:27	+36:01	07:02
166	95	Liliana Azevedo	geocrosstrail	Senior Feminino	01:31:32	+36:06	07:03
167	17	Carla Pereira	aliança de gandra	Senior Feminino	01:32:09	+36:43	07:05
168	375	Eduardo Xavier	devasta trilhos	Senior Masculino	01:32:10	+36:44	07:05
169	615	Nuno Correia	vamos e vinhos	Veterano M40	01:32:16	+36:50	07:06
170	610	Elisabete Pinto	vamos e vinhos	Veterana F40	01:32:16	+36:50	07:06
171	50	Nuno Teixeira	bva	Veterano M40	01:32:24	+36:58	07:07
172	49	Ricardo Teixeira	bva	Senior Masculino	01:32:24	+36:58	07:07
173	468	Ricardo barbosa	individual	Senior Masculino	01:32:29	+37:03	07:07
174	105	Enrique Oliveira	geocrosstrail	Senior Masculino	01:32:35	+37:09	07:07
175	399	Pedro Cirne	geocrosstrail	Veterano M40	01:32:37	+37:11	07:07
176	607	Miguel Silva	trilobites	Veterano M40	01:33:00	+37:34	07:09
177	266	Ivo couto	outlaw runners	Veterano M40	01:33:10	+37:44	07:10
178	611	Susana Tavares	vamos e vinhos	Veterana F40	01:33:14	+37:47	07:10

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
179	201	Manuel António Prazeres Ribeiro	individual	Veterano M40	01:33:36	+38:10	07:12
180	168	Luís Carlos Fernandes Marques	individual	Senior Masculino	01:33:42	+38:16	07:13
181	228	David Aguiar	jufacc	Veterano M40	01:33:42	+38:16	07:13
182	165	Joel Filipe Oliveira Marques	individual	Senior Masculino	01:33:44	+38:18	07:13
183	43	Valter pinho	bravos&bravitas	Senior Masculino	01:33:47	+38:21	07:13
184	38	Vera leite	bravos&bravitas	Senior Feminino	01:33:47	+38:21	07:13
185	358	Catia Alves	bravos&bravitas	Senior Feminino	01:33:48	+38:22	07:13
186	423	Diana Sequeira	individual	Senior Feminino	01:33:49	+38:22	07:13
187	449	Fábio Campos	individual	Senior Masculino	01:33:49	+38:23	07:13
188	401	Mário Mendes	goodfellaswiseguys	Senior Masculino	01:34:03	+38:37	07:14
189	70	Flávio Soares	clube atletismo de lamas	Veterano M40	01:34:12	+38:46	07:15
190	411	Hugo de Sá	grupo dos grandes atletas	Veterano M40	01:34:13	+38:47	07:15
191	176	Rui Manuel Lopes Silva	individual	Senior Masculino	01:34:13	+38:47	07:15
192	103	Diogo Moreira	geocrosstrail	Senior Masculino	01:34:24	+38:58	07:16
193	16	Paulo Almeida	afis/ovar	Veterano M50	01:34:26	+39:00	07:16
194	469	Ricardo Correia	individual	Senior Masculino	01:34:29	+39:03	07:16
195	167	Lucas Leitão	individual	Senior Masculino	01:34:30	+39:04	07:16
196	506	julio costa	individual	Veterano M40	01:34:36	+39:09	07:17
197	462	Jorge Rafael Anjos Vieira	individual	Senior Masculino	01:34:37	+39:10	07:17
198	595	Nuno Paiva	speedy gonzalez	Senior Masculino	01:34:50	+39:24	07:18
199	166	Joni Costa	individual	Senior Masculino	01:34:51	+39:25	07:18
200	52	PEDRO SANTOS	cal - clube atletismo de lamas	Veterano M40	01:35:02	+39:36	07:19
201	534	José Paula	individual	Veterano M50	01:35:07	+39:41	07:19
202	526	António Ribeiro	individual	Veterano M50	01:35:08	+39:42	07:19
203	356	Rui Magalhães	bosch - trail team	Veterano M40	01:35:10	+39:43	07:19
204	40	Pedro Custódio	bravos&bravitas	Senior Masculino	01:35:15	+39:49	07:20
205	490	Alcindo Silva	individual	Veterano M40	01:35:22	+39:55	07:20
206	185	Eduardo Loureiro	individual	Veterano M40	01:35:25	+39:59	07:20
207	503	João Esteves	individual	Veterano M40	01:35:28	+40:02	07:21
208	500	Floriberto Castro	individual	Veterano M40	01:35:29	+40:03	07:21
209	495	Carlos Pinto	individual	Veterano M40	01:35:49	+40:23	07:22
210	507	Luis Gomes	individual	Veterano M40	01:35:51	+40:25	07:22
211	270	Edmundo Rilho	ovarrun	Senior Masculino	01:35:52	+40:26	07:23
212	202	Marco Brito	individual	Veterano M40	01:36:02	+40:36	07:23
213	505	José Filipe Pinto	individual	Veterano M40	01:36:22	+40:56	07:25
214	402	Carlos Campos	grc telhadela	Senior Masculino	01:36:32	+41:06	07:26
215	233	Nelson Reis	kiquipa	Senior Masculino	01:36:34	+41:08	07:26
216	498	DAVID ALBERTO DA SILVA OLIVEIRA	individual	Veterano M40	01:36:35	+41:08	07:26
217	177	RUI RODRIGUES	individual	Senior Masculino	01:36:44	+41:18	07:27
218	465	Nelson Miranda	individual	Senior Masculino	01:36:45	+41:19	07:27
219	353	João Baldaia	bosch - trail team	Senior Masculino	01:37:19	+41:53	07:29
220	352	Bruno Aires	bosch - trail team	Senior Masculino	01:37:20	+41:53	07:29
221	114	Bruno Pereira	geração paramos	Senior Masculino	01:37:30	+42:04	07:30
222	211	Ricardo Nordeste	individual	Veterano M40	01:37:34	+42:08	07:30

TRAIL SUNSET - STAGE 1

13 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
223	419	Carla Sofia Neves Monteiro	individual	Senior Feminino	01:37:35	+42:08	07:30
224	564	pedro brizado	pipb	Veterano M40	01:37:43	+42:17	07:31
225	264	Mario Neves	os alminhas	Veterano M40	01:38:00	+42:34	07:32
226	263	Raul Leite	os alminhas	Senior Masculino	01:38:01	+42:34	07:32
227	1084	Fernando Pais	bravos&bravitas	Veterano M50	01:38:01	+42:35	07:32
228	487	Tania Patinha	individual	Veterana F40	01:38:01	+42:35	07:32
229	244	Liliana Soares	marcha dos pinguis	Senior Feminino	01:38:02	+42:36	07:33
230	390	Victor António da Costa e Sousa	fit arena	Veterano M40	01:38:14	+42:47	07:33
231	89	Anthony Da Costa Da Silva	fit arena	Senior Masculino	01:38:14	+42:47	07:33
232	525	Antero Cunha	individual	Veterano M50	01:38:42	+43:16	07:36
233	104	Domingos ventura	geocrosstrail	Senior Masculino	01:38:49	+43:23	07:36
234	344	Cristina Silva	borabora, vamos lá!	Veterana F40	01:38:56	+43:29	07:37
235	545	Helder Teixeira	maretas	Senior Masculino	01:39:00	+43:33	07:37
236	509	Manuel Teixeira	individual	Veterano M40	01:39:05	+43:39	07:37
237	448	Diogo Oliveira da Costa	individual	Senior Masculino	01:39:05	+43:39	07:37
238	188	Filipe Ribeiro	individual	Veterano M40	01:39:22	+43:55	07:39
239	343	Cristina Silva	borabora, vamos lá!	Veterana F40	01:39:23	+43:57	07:39
240	196	Jose Pedro Silva	individual	Veterano M40	01:39:24	+43:58	07:39
241	298	Mário Valinho Dias	tarzan&jane	Senior Masculino	01:39:55	+44:29	07:41
242	207	Paulo Oliveira	individual	Veterano M40	01:39:58	+44:31	07:41
243	310	Carla Rodrigues	100 limites	Senior Feminino	01:40:03	+44:36	07:42
244	311	Carlos Venâncio	100 limites	Senior Masculino	01:40:03	+44:37	07:42
245	152	Bruno Matos	individual	Senior Masculino	01:40:03	+44:37	07:42
246	169	Marco André Magalhães Abreu	individual	Senior Masculino	01:40:03	+44:37	07:42
247	297	Sara Petiz Santos	tarzan&jane	Senior Feminino	01:40:26	+44:59	07:44
248	173	Pedro Bean	individual	Senior Masculino	01:40:28	+45:02	07:44
249	24	Roberto Moreira	aliança de gandra	Veterano M40	01:40:49	+45:23	07:45
250	453	Freddy Vieira Ramos	individual	Senior Masculino	01:40:51	+45:24	07:45
251	404	Anabela Sousa	grupo de corrida de argoncilhe	Veterana F40	01:41:07	+45:41	07:47
252	362	Graça Ribeiro	bravos&bravitas	Veterana F50	01:41:48	+46:21	07:50
253	171	Nuno Bastos	individual	Senior Masculino	01:41:48	+46:21	07:50
254	551	Sofia Santos	motas running	Senior Feminino	01:41:54	+46:28	07:50
255	523	ADERITO VIDEIRA	individual	Veterano M50	01:41:55	+46:29	07:50
256	478	Vitor Miguel	individual	Senior Masculino	01:42:34	+47:08	07:53
257	463	Marco Landeira	individual	Senior Masculino	01:42:55	+47:29	07:55
258	295	Daniela Patrícia Santiago Soares	soares e silva	Senior Feminino	01:43:03	+47:37	07:56
259	296	João Carlos Figueiredo da Silva	soares e silva	Veterano M40	01:43:03	+47:37	07:56
260	229	Miguel Ferreira	jufacc	Veterano M40	01:43:11	+47:44	07:56
261	427	Lúcia Soares	individual	Senior Feminino	01:43:28	+48:01	07:58
262	112	Paula Lopes	geração paramos	Senior Feminino	01:43:30	+48:04	07:58
263	117	Eusebio Lopes	geração paramos	Veterano M40	01:43:30	+48:04	07:58
264	92	Sérgio Miguel Ferreira Rocha	fit arena	Veterano M40	01:43:32	+48:05	07:58
265	90	Cristóvão Helder Ferreira Rocha	fit arena	Senior Masculino	01:43:32	+48:06	07:58

TRAIL SUNSET - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
266	336	Filipe Cunha	aztrail/mercentro	Veterano M40	01:43:34	+48:08	07:58
267	338	Júlio Terra	aztrail/mercentro	Veterano M50	01:43:34	+48:08	07:58
268	321	Maria Augusta Maciel Martins	acra running	Veterana F40	01:43:36	+48:10	07:58
269	100	Vânia Santos	geocrosstrail	Senior Feminino	01:43:39	+48:13	07:58
270	504	José Carlos Soares Amaral	individual	Veterano M40	01:43:40	+48:14	07:59
271	569	Isabel Costa	rompezolas	Veterana F40	01:43:45	+48:19	07:59
272	620	José António de Oliveira Lopes	até ao top	Veterano M50	01:43:45	+48:19	07:59
273	471	Ricardo Melindra	individual	Senior Masculino	01:43:55	+48:28	08:00
274	122	Fernando Couto	grupo de corrida de argoncilhe	Veterano M50	01:43:58	+48:32	08:00
275	141	lucia mulher leite	individual	Senior Feminino	01:44:00	+48:34	08:00
276	199	lucia aurora leite	individual	Veterana F40	01:44:00	+48:34	08:00
277	137	Bárbara Freitas	individual	Senior Feminino	01:44:05	+48:39	08:00
278	508	Luís Sargo	individual	Veterano M40	01:44:14	+48:48	08:01
279	125	Ricardo Silva	happy runners vlc	Senior Masculino	01:44:22	+48:56	08:02
280	115	Diogo fereira	geração paramos	Senior Masculino	01:44:41	+49:15	08:03
281	549	Sandra Almeida	mc	Senior Feminino	01:44:48	+49:22	08:04
282	249	ARMANDO LEITE	mc	Senior Masculino	01:44:48	+49:22	08:04
283	360	Sónia Pereira	bravos&bravitas	Veterana F40	01:44:54	+49:28	08:04
284	557	Alice Santos	núcleo de montanha de espinho	Veterana F40	01:44:55	+49:29	08:04
285	415	Ana Raquel Machado Costa	individual	Senior Feminino	01:44:58	+49:32	08:04
286	416	Ana Rita Oliveira	individual	Senior Feminino	01:45:07	+49:40	08:05
287	277	Sandra Pereira	ovarrun	Veterana F40	01:45:22	+49:55	08:06
288	278	António Gonçalves	ovarrun	Veterano M40	01:45:30	+50:04	08:07
289	282	Tiago Almeida	ovarrun	Veterano M40	01:45:48	+50:22	08:08
290	245	Ricardo Silva	marcha dos pinguis	Senior Masculino	01:45:48	+50:22	08:08
291	242	Andreia Oliveira	marcha dos pinguis	Senior Feminino	01:45:51	+50:24	08:09
292	433	Marisa Raimundo	individual	Senior Feminino	01:45:56	+50:30	08:09
293	236	MIGUEL MENDES	lion runners - g.d. leões da guarda	Senior Masculino	01:46:04	+50:38	08:10
294	308	Balbina Moreira Leite	"ai de ti que não apareças"	Veterana F40	01:46:05	+50:38	08:10
295	328	Ricardo Leal	amigos 100 limites	Senior Masculino	01:46:12	+50:46	08:10
296	33	Serafim fonseca	amigos s.pedro da cova	Veterano M50	01:46:50	+51:24	08:13
297	32	João fonseca	amigos s.pedro da cova	Senior Masculino	01:46:50	+51:24	08:13
298	420	Catarina Silva	individual	Senior Feminino	01:47:08	+51:42	08:14
299	467	Paulo Vidinha	individual	Senior Masculino	01:47:08	+51:42	08:14
300	272	João Pinheiro	ovarrun	Senior Masculino	01:47:52	+52:26	08:18
301	274	Nelson Castro	ovarrun	Senior Masculino	01:48:06	+52:40	08:19
302	148	Vânia Costa	individual	Senior Feminino	01:48:22	+52:56	08:20
303	372	Alessandra Moscato	correr leça	Senior Feminino	01:48:36	+53:10	08:21
304	565	isidro silva	pipb	Veterano M50	01:49:03	+53:37	08:23
305	273	JOÃO TAVARES	ovarrun	Senior Masculino	01:49:16	+53:49	08:24
306	267	Isabel Correia	ovarrun	Senior Feminino	01:49:16	+53:49	08:24
307	271	Filipe Gonçalves	ovarrun	Senior Masculino	01:49:18	+53:52	08:25
308	124	Rui Oliveira	grupo de corrida de argoncilhe	Veterano M50	01:49:32	+54:05	08:26
309	544	andre tavares	maretas	Senior Masculino	01:49:39	+54:13	08:26
310	99	Tania Santos	geocrosstrail	Senior Feminino	01:49:47	+54:21	08:27
311	268	Maria Monteiro	ovarrun	Senior Feminino	01:49:56	+54:29	08:27

TRAIL SUNSET - STAGE 1

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
312	130	Vitor Salgado	happy runners vlc	Veterano M40	01:50:12	+54:46	08:29
313	217	Adriano Oliveira	individual	Veterano M50	01:50:16	+54:50	08:29
314	149	Vera Abreu	individual	Senior Feminino	01:50:30	+55:03	08:30
315	204	Nelson Adrego	individual	Veterano M40	01:50:30	+55:03	08:30
316	573	Elisabete Costa	running espinho	Senior Feminino	01:50:31	+55:05	08:30
317	574	Hélder Costa	running espinho	Senior Masculino	01:50:31	+55:05	08:30
318	42	Ricardo santos	bravos&bravitas	Senior Masculino	01:50:38	+55:12	08:31
319	174	Pedro Pinho	individual	Senior Masculino	01:50:41	+55:14	08:31
320	175	Romulo Ferreira	individual	Senior Masculino	01:50:43	+55:17	08:31
321	618	Ana Patricia Fernandes	individual	Senior Feminino	01:50:52	+55:26	08:32
322	97	patricia rocha	geocrosstrail	Senior Feminino	01:50:52	+55:26	08:32
323	136	Andreia Braga	individual	Senior Feminino	01:50:53	+55:27	08:32
324	34	Elson	andré carvalho	Senior Masculino	01:51:18	+55:52	08:34
325	451	Fausto Reis	individual	Senior Masculino	01:51:23	+55:57	08:34
326	394	Virginia Pinho	geocrosstrail	Senior Feminino	01:51:24	+55:58	08:34
327	363	Tony Serralva	bravos&bravitas	Veterano M40	01:51:27	+56:00	08:34
328	612	Cristina Caetano	vamos e vinhos	Veterana F50	01:51:48	+56:22	08:36
329	14	Ricardo Bastos	a a lebres do sado	Veterano M50	01:52:09	+56:43	08:38
330	354	Paula Monteiro	bosch - trail team	Veterana F40	01:52:09	+56:43	08:38
331	239	SUSANA LUIS	lion runners - g.d. leões da guarda	Veterana F40	01:52:10	+56:44	08:38
332	608	Augusto Santos Silva	trilobites	Veterano M50	01:52:16	+56:50	08:38
333	227	Alberto Ferreira	jufacc	Veterano M40	01:52:27	+57:01	08:39
334	521	Valter Caseiro	individual	Veterano M40	01:52:50	+57:24	08:41
335	184	Cristóvão Flores	individual	Veterano M40	01:52:51	+57:24	08:41
336	606	Manuela Pedrosa Castelo	trilobites	Veterana F50	01:52:55	+57:29	08:41
337	609	Paulo Castelo	trilobites	Veterano M50	01:52:56	+57:29	08:41
338	135	Ana Novo de Almeida	individual	Senior Feminino	01:53:22	+57:56	08:43
339	206	Paulo Jorge	individual	Veterano M40	01:53:22	+57:56	08:43
340	388	Juliana Marques Melo	fit arena	Senior Feminino	01:53:44	+58:18	08:45
341	389	Olávo Simão Marques Silva	fit arena	Senior Masculino	01:53:47	+58:21	08:45
342	554	Tânia Lino	ninguém nos pára :-)	Senior Feminino	01:54:05	+58:39	08:47
343	398	Teresa Gonçalves	geocrosstrail	Veterana F40	01:54:06	+58:39	08:47
344	555	Filipe Pádua	ninguém nos pára :-)	Senior Masculino	01:54:06	+58:40	08:47
345	224	Cláudio Castro	jalm, run and walking team	Senior Masculino	01:54:10	+58:43	08:47
346	539	Ricardo Oliveira	jalm, run and walking team	Senior Masculino	01:54:11	+58:45	08:47
347	57	Tiago Pinto	caledial runners	Senior Masculino	01:55:22	+59:56	08:53
348	59	João Alves	caledial runners	Veterano M50	01:55:22	+59:56	08:53
349	60	Paulo Pinheiro	caledial runners	Veterano M50	01:55:23	+59:56	08:53
350	56	André Ferraz	caledial runners	Senior Masculino	01:55:23	+59:57	08:53
351	58	Sandra Pavão	caledial runners	Veterana F40	01:55:23	+59:57	08:53
352	319	Hilário Manuel Maciel Martins	acra running	Senior Masculino	01:55:25	+59:59	08:53
353	493	Cândido Faria	individual	Veterano M40	01:56:30	+01:01:03	08:58
354	234	Rui Neves	kiquipa	Veterano M40	01:56:38	+01:01:11	08:58
355	346	Paula Juliets	borabora, vamos lá!	Veterana F40	01:57:19	+01:01:53	09:01
356	119	Rogério Henriques	grupo de corrida de argoncilhe	Senior Masculino	01:57:26	+01:02:00	09:02
357	62	Marco Lopes	câmara santa maria da feira	Veterano M40	01:57:47	+01:02:21	09:04

TRAIL SUNSET - STAGE 1

13 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
358	61	sandra santos	câmara santa maria da feira	Veterana F40	01:58:13	+01:02:46	09:06
359	138	Cristina Maria da Silva Veloso	individual	Senior Feminino	01:58:14	+01:02:48	09:06
360	163	Hugo Homem Rocha	individual	Senior Masculino	01:58:15	+01:02:48	09:06
361	23	Fátima Ramos	aliança de gandra	Veterana F40	01:58:25	+01:02:59	09:07
362	357	José Ferreira	bosch - trail team	Veterano M50	01:58:29	+01:03:02	09:07
363	594	Jorge Quaresma	speedy gonzalez	Senior Masculino	01:58:36	+01:03:10	09:07
364	386	Cristina Da Conceição Almeida	fit arena	Senior Feminino	01:59:07	+01:03:41	09:10
365	387	Fabiana Coelho Pais	fit arena	Senior Feminino	01:59:07	+01:03:41	09:10
366	215	Tiago silva	individual	Veterano M40	01:59:09	+01:03:43	09:10
367	73	Cláudio Guarda	dói-me quase tudo...	Veterano M40	01:59:32	+01:04:06	09:12
368	181	Silvia Vilar	individual	Veterana F40	01:59:36	+01:04:10	09:12
369	285	Paulo Correia	reabilitação integrada	Senior Masculino	01:59:37	+01:04:10	09:12
370	441	Verónica Couto	individual	Senior Feminino	01:59:37	+01:04:10	09:12
371	74	Nuno Ribeiro	dói-me quase tudo...	Veterano M40	01:59:54	+01:04:27	09:13
372	492	Bernardo Santos	individual	Veterano M40	02:00:17	+01:04:50	09:15
373	156	Claudio Macedo	individual	Senior Masculino	02:00:31	+01:05:05	09:16
374	567	Ana Amorim	rompezolas	Senior Feminino	02:00:39	+01:05:13	09:17
375	570	Maria Amorim	rompezolas	Veterana F50	02:00:39	+01:05:13	09:17
376	322	Marina Moreira	amigos 100 limites	Senior Feminino	02:00:45	+01:05:19	09:17
377	511	Marco Santos	individual	Veterano M40	02:01:48	+01:06:22	09:22
378	407	Jorge Vaz	grupo de corrida de argoncilhe	Veterano M40	02:01:56	+01:06:29	09:23
379	101	brito pinho	geocrosstrail	Senior Masculino	02:02:04	+01:06:37	09:23
380	563	Sara Rodrigues	ovarrun	Veterana F40	02:02:04	+01:06:38	09:23
381	516	Pedro Dinis	individual	Veterano M40	02:02:15	+01:06:49	09:24
382	147	Tânia Dias	individual	Senior Feminino	02:02:15	+01:06:49	09:24
383	482	Elisabete de Carvalho Moreira	individual	Veterana F40	02:02:22	+01:06:55	09:25
384	443	André Eduardo Couto Pinto	individual	Senior Masculino	02:02:22	+01:06:56	09:25
385	512	Mário Martins	individual	Veterano M40	02:02:44	+01:07:18	09:27
386	479	Ana Pestana	individual	Veterana F40	02:02:48	+01:07:22	09:27
387	499	Fernando Rocha	individual	Veterano M40	02:02:48	+01:07:22	09:27
388	320	Carla Patricia Maciel Martins	acra running	Veterana F40	02:02:58	+01:07:31	09:28
389	452	Fernando Azevedo	individual	Senior Masculino	02:03:03	+01:07:36	09:28
390	421	Dália Costa	individual	Senior Feminino	02:03:03	+01:07:37	09:28
391	425	Juliana Andrade Costa	individual	Senior Feminino	02:03:30	+01:08:04	09:30
392	520	Rui Miguel Costa	individual	Veterano M40	02:03:31	+01:08:04	09:30
393	480	Carla almeida	individual	Veterana F40	02:03:56	+01:08:30	09:32
394	414	Ana Maria da Silva Silva	individual	Senior Feminino	02:03:57	+01:08:30	09:32
395	123	Fernando Silva	grupo de corrida de argoncilhe	Veterano M50	02:04:42	+01:09:16	09:36
396	205	Paulo Ferreira	individual	Veterano M40	02:04:54	+01:09:28	09:37
397	180	Silvia Costa	individual	Veterana F40	02:04:55	+01:09:28	09:37
398	256	Cátia Coelho	mini fundistas	Senior Feminino	02:05:06	+01:09:40	09:37
399	257	Gabriela Almeida	mini fundistas	Senior Feminino	02:05:06	+01:09:40	09:37
400	144	Paula Pinto	individual	Senior Feminino	02:06:11	+01:10:44	09:42
401	143	Nuno Pinto	individual	Senior Masculino	02:06:11	+01:10:44	09:42
402	300	Sofia Oliveira	the sloths	Senior Feminino	02:06:12	+01:10:46	09:43
403	301	Pedro Lopes	the sloths	Senior Masculino	02:06:12	+01:10:46	09:43

TRAIL SUNSET - STAGE 1

13 KM

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OFFICIAL RESULT

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RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
404	546	ANA LOPES	mc	Senior Feminino	02:07:03	+01:11:37	09:46
405	547	ANA RESENDE	mc	Senior Feminino	02:07:06	+01:11:40	09:47
406	126	Isabel Fernandes	happy runners vlc	Senior Feminino	02:07:13	+01:11:47	09:47
407	127	Carlos Tavares da Silva	happy runners vlc	Veterano M40	02:07:14	+01:11:48	09:47
408	195	José Pereira	individual	Veterano M40	02:07:38	+01:12:11	09:49
409	44	Carlos Carneiro	bravos&bravitas	Veterano M40	02:08:09	+01:12:43	09:52
410	519	Maria José Faria	individual	Veterana F40	02:09:05	+01:13:39	09:56
411	626	Paulo Nogueira	individual	Veterano M40	02:09:06	+01:13:39	09:56
412	550	Clara Costa	morcegos trail	Senior Feminino	02:09:06	+01:13:40	09:56
413	134	Vitor Gomes	i9 team	Senior Masculino	02:09:26	+01:14:00	09:57
414	133	Carlos Teixeira	i9 team	Senior Masculino	02:09:27	+01:14:00	09:57
415	259	Ingrid Rocha	no tomorrow	Senior Feminino	02:09:41	+01:14:15	09:59
416	317	Sofia Borges	3race challenge	Senior Feminino	02:09:59	+01:14:33	10:00
417	318	Francisco Castro	3race challenge	Senior Masculino	02:10:00	+01:14:33	10:00
418	190	Helder Silva	individual	Veterano M40	02:11:02	+01:15:35	10:05
419	284	Francisco Gonçalves	ovarrun	Veterano M50	02:12:30	+01:17:04	10:12
420	347	António Matos	borabora, vamos lá!	Veterano M40	02:12:54	+01:17:28	10:13
421	345	Edite Fernandes	borabora, vamos lá!	Veterana F40	02:12:54	+01:17:28	10:13
422	342	Ana Ribeiro	borabora, vamos lá!	Veterana F40	02:12:55	+01:17:28	10:13
423	365	DIOGO ROCHA	cal - clube atletismo de lamas	Senior Masculino	02:13:53	+01:18:27	10:18
424	368	PAULO MELO	cal - clube atletismo de lamas	Veterano M40	02:13:53	+01:18:27	10:18
425	364	SARA COELHO	cal - clube atletismo de lamas	Senior Feminino	02:13:53	+01:18:27	10:18
426	367	SUSANA DUARTE	cal - clube atletismo de lamas	Veterana F40	02:13:54	+01:18:28	10:18
427	275	Nuno Eça	ovarrun	Senior Masculino	02:14:20	+01:18:54	10:20
428	269	Sofia Castro	ovarrun	Senior Feminino	02:14:20	+01:18:54	10:20
429	262	Pedro Lopes	os alminhas	Senior Masculino	02:14:29	+01:19:03	10:21
430	261	Jaime Azevedo	os alminhas	Senior Masculino	02:14:29	+01:19:03	10:21
431	350	Sara Ferreira	bosch - trail team	Senior Feminino	02:14:37	+01:19:11	10:21
432	351	Susana Rodrigues	bosch - trail team	Senior Feminino	02:14:37	+01:19:11	10:21
433	247	JESSICA CORREIA	mc	Senior Feminino	02:14:50	+01:19:24	10:22
434	248	OLEKSANDRA SIDLOVSKA	mc	Senior Feminino	02:14:51	+01:19:25	10:22
435	142	Monica isabel oliveira morais	individual	Senior Feminino	02:16:07	+01:20:41	10:28
436	82	Liliana Barbosa	equipa boot	Senior Feminino	02:16:53	+01:21:27	10:32
437	87	Miguel Barbosa	equipa boot	Veterano M40	02:16:53	+01:21:27	10:32
438	1161	SUELI GOMES	mc	Senior Feminino	02:17:39	+01:22:13	10:35
439	435	Marta Pereira	individual	Senior Feminino	02:17:43	+01:22:17	10:36
440	486	Silvia Arnelas	individual	Veterana F40	02:17:43	+01:22:17	10:36
441	13	Amílcar Teixeira	100meta	Veterano M40	02:17:49	+01:22:22	10:36
442	240	LUIS SA	lion runners - g.d. leões da guarda	Veterano M40	02:17:49	+01:22:22	10:36
443	235	RAQUEL SANTOS	lion runners - g.d. leões da guarda	Senior Feminino	02:17:49	+01:22:23	10:36
444	238	JOANA MARTINS	lion runners - g.d. leões da guarda	Veterana F40	02:17:49	+01:22:23	10:36
445	80	Cláudia Santos	equipa boot	Senior Feminino	02:18:06	+01:22:40	10:37
446	79	Bárbara Gonçalves	equipa boot	Senior Feminino	02:18:10	+01:22:43	10:38
447	81	Ivânia Esteves	equipa boot	Senior Feminino	02:18:10	+01:22:44	10:38
448	86	Pedro Barbosa	equipa boot	Senior Masculino	02:18:11	+01:22:45	10:38
449	208	Pedro Pereira	individual	Veterano M40	02:19:12	+01:23:46	10:42

Official Timekeeper: Lap2Go	10 / 11	generate 09-Apr-2019 12:01
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TRAIL SUNSET - STAGE 1

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
450	333	Carla Costa	as mafiosas	Veterana F40	02:19:18	+01:23:52	10:43
451	334	Natalina Videira	as mafiosas	Veterana F50	02:19:19	+01:23:52	10:43
452	359	Sofia Leal	bravos&bravitas	Senior Feminino	02:19:54	+01:24:27	10:46
453	485	Marisa Dias Ribeiro	individual	Veterana F40	02:22:08	+01:26:41	10:56
454	246	FILIPA SANCHES	mc	Senior Feminino	02:25:04	+01:29:38	11:10
455	255	JULIO MAIA	mc	Veterano M40	02:26:54	+01:31:28	11:18
456	68	Olívia Brandão	cgd-ovar	Veterana F50	02:27:06	+01:31:39	11:19
457	69	António Brandão	cgd-ovar	Veterano M50	02:27:06	+01:31:40	11:19
458	45	Paula Silva	btt alegria // tubani	Senior Feminino	02:28:12	+01:32:46	11:24
459	361	Susana gomes	bravos&bravitas	Veterana F40	02:28:12	+01:32:46	11:24
460	243	Juliana Soares	marcha dos pinguis	Senior Feminino	02:28:13	+01:32:47	11:24
461	489	Maria Aurora Ferreira Mendes Lemos	individual	Veterana F50	02:28:33	+01:33:07	11:26
462	430	Mariana Cardoso graça	individual	Senior Feminino	02:28:33	+01:33:07	11:26
463	145	Sonia Morais	individual	Senior Feminino	02:30:04	+01:34:38	11:33
464	529	Fernando Ferreira	individual	Veterano M50	02:33:31	+01:38:04	11:49
465	566	Ricardo Braga	rechonchudos trail runners	Senior Masculino	02:33:32	+01:38:06	11:49
466	161	Hélder José Oliveira Lopes	individual	Senior Masculino	02:34:13	+01:38:47	11:52
467	292	Andreia Sofia Fonseca e Silva	sempr andar	Senior Feminino	02:34:14	+01:38:48	11:52
468	293	João Afonso Silva Conceição	sempr andar	Senior Masculino	02:34:15	+01:38:49	11:52
469	583	Dora Rocha	sc espinho - atletismo / antónio leitão	Veterana F40	02:36:09	+01:40:43	12:01
470	572	Cátia maia	running espinho	Senior Feminino	02:36:09	+01:40:43	12:01
471	575	Ana Ribeiro	running espinho	Veterana F40	02:36:09	+01:40:43	12:01
472	437	Nicole Bastos Ferreira Oliveira	individual	Senior Feminino	02:36:24	+01:40:57	12:02
473	439	Sofia Gomes Henriques	individual	Senior Feminino	02:36:24	+01:40:57	12:02
474	536	Manuel Alcides Pêgo Leonardo	individual	Veterano M50	02:43:27	+01:48:01	12:34
475	139	Érica Mello	individual	Senior Feminino	02:50:06	+01:54:40	13:05
476	253	INES BORGES	mc	Veterana F40	02:50:06	+01:54:40	13:05
477	418	Andreia Duarte	individual	Senior Feminino	03:05:18	+02:09:52	14:15
478	488	Inês Lopes	individual	Veterana F50	03:05:19	+02:09:52	14:15
479	444	António Sousa	individual	Senior Masculino	03:05:19	+02:09:53	14:15

Trail Sunset

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

	Time	Temperature	Humidity
Start	19:15	10.6°C	71%
End	22:20	10.6°C	71%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	1/KM
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Senior Feminino

1	1	MARA CELIA	MC	Senior Feminino	01:16:08	+20:41	05:51
2	18	Fernanda Machado	ALIANÇA DE GANDRA	Senior Feminino	01:18:18	+22:51	06:01
3	370	Joana Durão	Clube Desportivo Operário de Lagoa	Senior Feminino	01:19:17	+23:51	06:06
4	225	Sandra Ferreira	JUFacc	Senior Feminino	01:20:23	+24:57	06:11
5	580	Liliana Cardoso	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Senior Feminino	01:22:01	+26:34	06:19
6	96	Mafalda Valente	Geocrosstrail	Senior Feminino	01:25:28	+30:02	06:34
7	146	Susana Flores	Individual	Senior Feminino	01:25:28	+30:02	06:34
8	88	Cláudia Sofia Moreira Da Silva Azevedo Calçada	Fit Arena	Senior Feminino	01:26:59	+31:33	06:42
9	95	Liliana Azevedo	Geocrosstrail	Senior Feminino	01:31:32	+36:06	07:03
10	17	Carla Pereira	ALIANÇA DE GANDRA	Senior Feminino	01:32:09	+36:43	07:05
11	38	Vera leite	BRAVOS&BRAVITAS	Senior Feminino	01:33:47	+38:21	07:13
12	358	Catia Alves	BRAVOS&BRAVITAS	Senior Feminino	01:33:48	+38:22	07:13
13	423	Diana Sequeira	Individual	Senior Feminino	01:33:49	+38:22	07:13
14	419	Carla Sofia Neves Monteiro	Individual	Senior Feminino	01:37:35	+42:08	07:30
15	244	Liliana Soares	Marcha dos Pinguis	Senior Feminino	01:38:02	+42:36	07:33
16	310	Carla Rodrigues	100 Limites	Senior Feminino	01:40:03	+44:36	07:42
17	297	Sara Petiz Santos	Tarzan&Jane	Senior Feminino	01:40:26	+44:59	07:44
18	551	Sofia Santos	MOTAS RUNNING	Senior Feminino	01:41:54	+46:28	07:50
19	295	Daniela Patrícia Santiago Soares	Soares e Silva	Senior Feminino	01:43:03	+47:37	07:56
20	427	Lúcia Soares	Individual	Senior Feminino	01:43:28	+48:01	07:58
21	112	Paula Lopes	Geração Paramos	Senior Feminino	01:43:30	+48:04	07:58
22	100	Vânia Santos	Geocrosstrail	Senior Feminino	01:43:39	+48:13	07:58
23	141	lucia mulher leite	Individual	Senior Feminino	01:44:00	+48:34	08:00
24	137	Bárbara Freitas	Individual	Senior Feminino	01:44:05	+48:39	08:00
25	549	Sandra Almeida	MC	Senior Feminino	01:44:48	+49:22	08:04
26	415	Ana Raquel Machado Costa	Individual	Senior Feminino	01:44:58	+49:32	08:04
27	416	Ana Rita Oliveira	Individual	Senior Feminino	01:45:07	+49:40	08:05
28	242	Andreia Oliveira	Marcha dos Pinguis	Senior Feminino	01:45:51	+50:24	08:09
29	433	Marisa Raimundo	Individual	Senior Feminino	01:45:56	+50:30	08:09
30	420	Catarina Silva	Individual	Senior Feminino	01:47:08	+51:42	08:14
31	148	Vânia Costa	Individual	Senior Feminino	01:48:22	+52:56	08:20
32	372	Alessandra Moscato	CORRER LEÇA	Senior Feminino	01:48:36	+53:10	08:21
33	267	Isabel Correia	OvarRun	Senior Feminino	01:49:16	+53:49	08:24
34	99	Tania Santos	Geocrosstrail	Senior Feminino	01:49:47	+54:21	08:27
35	268	Maria Monteiro	OvarRun	Senior Feminino	01:49:56	+54:29	08:27
36	149	Vera Abreu	Individual	Senior Feminino	01:50:30	+55:03	08:30
37	573	Elisabete Costa	RUNNING ESPINHO	Senior Feminino	01:50:31	+55:05	08:30

Official Timekeeper: Lap2Go	1 / 12	generate 09-Apr-2019 12:01
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Trail Sunset

13 KM

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OFFICIAL RESULT

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38	618	Ana Patricia Fernandes	Individual	Senior Feminino	01:50:52	+55:26	08:32
39	97	patricia rocha	Geocrosstrail	Senior Feminino	01:50:52	+55:26	08:32
40	136	Andreia Braga	Individual	Senior Feminino	01:50:53	+55:27	08:32
41	394	Virginia Pinho	Geocrosstrail	Senior Feminino	01:51:24	+55:58	08:34
42	135	Ana Novo de Almeida	Individual	Senior Feminino	01:53:22	+57:56	08:43
43	388	Juliana Marques Melo	Fit Arena	Senior Feminino	01:53:44	+58:18	08:45
44	554	Tânia Lino	Ninguém nos pára :-)	Senior Feminino	01:54:05	+58:39	08:47
45	138	Cristina Maria da Silva Veloso	Individual	Senior Feminino	01:58:14	+01:02:48	09:06
46	386	Cristina Da Conceição Almeida	Fit Arena	Senior Feminino	01:59:07	+01:03:41	09:10
47	387	Fabiana Coelho Pais	Fit Arena	Senior Feminino	01:59:07	+01:03:41	09:10
48	441	Verónica Couto	Individual	Senior Feminino	01:59:37	+01:04:10	09:12
49	567	Ana Amorim	Rompezolas	Senior Feminino	02:00:39	+01:05:13	09:17
50	322	Marina Moreira	Amigos 100 Limites	Senior Feminino	02:00:45	+01:05:19	09:17
51	147	Tânia Dias	Individual	Senior Feminino	02:02:15	+01:06:49	09:24
52	421	Dália Costa	Individual	Senior Feminino	02:03:03	+01:07:37	09:28
53	425	Juliana Andrade Costa	Individual	Senior Feminino	02:03:30	+01:08:04	09:30
54	414	Ana Maria da Silva Silva	Individual	Senior Feminino	02:03:57	+01:08:30	09:32
55	256	Cátia Coelho	Mini Fundistas	Senior Feminino	02:05:06	+01:09:40	09:37
56	257	Gabriela Almeida	Mini Fundistas	Senior Feminino	02:05:06	+01:09:40	09:37
57	144	Paula Pinto	Individual	Senior Feminino	02:06:11	+01:10:44	09:42
58	300	Sofia Oliveira	The Sloths	Senior Feminino	02:06:12	+01:10:46	09:43
59	546	ANA LOPES	MC	Senior Feminino	02:07:03	+01:11:37	09:46
60	547	ANA RESENDE	MC	Senior Feminino	02:07:06	+01:11:40	09:47
61	126	Isabel Fernandes	HAPPY RUNNERS VLC	Senior Feminino	02:07:13	+01:11:47	09:47
62	550	Clara Costa	Morcegos Trail	Senior Feminino	02:09:06	+01:13:40	09:56
63	259	Ingrid Rocha	NO TOMORROW	Senior Feminino	02:09:41	+01:14:15	09:59
64	317	Sofia Borges	3RACE CHALLENGE	Senior Feminino	02:09:59	+01:14:33	10:00
65	364	SARA COELHO	CAL - Clube Atletismo de Lamas	Senior Feminino	02:13:53	+01:18:27	10:18
66	269	Sofia Castro	OvarRun	Senior Feminino	02:14:20	+01:18:54	10:20
67	350	Sara Ferreira	Bosch - Trail Team	Senior Feminino	02:14:37	+01:19:11	10:21
68	351	Susana Rodrigues	Bosch - Trail Team	Senior Feminino	02:14:37	+01:19:11	10:21
69	247	JESSICA CORREIA	MC	Senior Feminino	02:14:50	+01:19:24	10:22
70	248	OLEKSANDRA SIDLOVSKA	MC	Senior Feminino	02:14:51	+01:19:25	10:22
71	142	Monica isabel oliveira morais	Individual	Senior Feminino	02:16:07	+01:20:41	10:28
72	82	Liliana Barbosa	Equipa Boot	Senior Feminino	02:16:53	+01:21:27	10:32
73	1161	SUELI GOMES	MC	Senior Feminino	02:17:39	+01:22:13	10:35
74	435	Marta Pereira	Individual	Senior Feminino	02:17:43	+01:22:17	10:36
75	235	RAQUEL SANTOS	LION RUNNERS - G.D. Leões da Guarda	Senior Feminino	02:17:49	+01:22:23	10:36
76	80	Cláudia Santos	Equipa Boot	Senior Feminino	02:18:06	+01:22:40	10:37
77	79	Bárbara Gonçalves	Equipa Boot	Senior Feminino	02:18:10	+01:22:43	10:38
78	81	Ivânia Esteves	Equipa Boot	Senior Feminino	02:18:10	+01:22:44	10:38
79	359	Sofia Leal	BRAVOS&BRAVITAS	Senior Feminino	02:19:54	+01:24:27	10:46
80	246	FILIPA SANCHES	MC	Senior Feminino	02:25:04	+01:29:38	11:10
81	45	Paula Silva	BTT Alegria // TUBANI	Senior Feminino	02:28:12	+01:32:46	11:24
82	243	Juliana Soares	Marcha dos Pinguís	Senior Feminino	02:28:13	+01:32:47	11:24
83	430	Mariana Cardoso graça	Individual	Senior Feminino	02:28:33	+01:33:07	11:26

Official Timekeeper: Lap2Go	2 / 12	generate 09-Apr-2019 12:01
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Trail Sunset

13 KM

[illegible]

OFFICIAL RESULT

[illegible]

84	145	Sonia Morais	Individual	Senior Feminino	02:30:04	+01:34:38	11:33
85	292	Andreia Sofia Fonseca e Silva	Sempr andar	Senior Feminino	02:34:14	+01:38:48	11:52
86	572	Cátia maia	RUNNING ESPINHO	Senior Feminino	02:36:09	+01:40:43	12:01
87	437	Nicole Bastos Ferreira Oliveira	Individual	Senior Feminino	02:36:24	+01:40:57	12:02
88	439	Sofia Gomes Henriques	Individual	Senior Feminino	02:36:24	+01:40:57	12:02
89	139	Érica Mello	Individual	Senior Feminino	02:50:06	+01:54:40	13:05
90	418	Andreia Duarte	Individual	Senior Feminino	03:05:18	+02:09:52	14:15

Senior Masculino

1	2	Tiago pinho	Individual	Senior Masculino	57:55	+02:29	04:27
2	6	Pedro Rocha	GDR Retora	Senior Masculino	58:07	+02:41	04:28
3	11	Marcelo Araújo	Focoteam24	Senior Masculino	59:46	+04:19	04:36
4	294	Edgar Resende	SiM Summit	Senior Masculino	01:02:39	+07:12	04:49
5	19	José Gaspar	ALIANÇA DE GANDRA	Senior Masculino	01:02:41	+07:15	04:49
6	291	bruno silva	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Senior Masculino	01:02:43	+07:17	04:50
7	324	Bruno Pereira	Amigos 100 Limites	Senior Masculino	01:03:05	+07:39	04:51
8	20	Luís Silva	ALIANÇA DE GANDRA	Senior Masculino	01:05:47	+10:20	05:04
9	475	Tiago Leal	Individual	Senior Masculino	01:05:57	+10:31	05:04
10	621	Luís Teixeira	Individual	Senior Masculino	01:07:18	+11:52	05:11
11	464	Marco Paulo Godinho da Silva	Individual	Senior Masculino	01:08:00	+12:34	05:14
12	15	Samuel Silva	A.D. AMARANTE	Senior Masculino	01:08:24	+12:57	05:16
13	581	Filipe Santos	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Senior Masculino	01:08:31	+13:05	05:16
14	474	Tiago André Vieira Magalhães	Individual	Senior Masculino	01:09:02	+13:35	05:19
15	153	Bruno Miguel Pereira Ribeiro	Individual	Senior Masculino	01:09:13	+13:47	05:20
16	582	Pedro Magalhães	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Senior Masculino	01:09:55	+14:29	05:23
17	477	Tiago Oliveira	Individual	Senior Masculino	01:10:37	+15:11	05:26
18	22	Sérgio Rodrigues	ALIANÇA DE GANDRA	Senior Masculino	01:10:40	+15:13	05:26
19	53	Bruno Vidinha	Caldas de S.Jorge Sport Clube	Senior Masculino	01:10:59	+15:33	05:28
20	556	Rui Martins	Núcleo de Montanha de Espinho	Senior Masculino	01:11:02	+15:36	05:28
21	450	Fabio Marques	Individual	Senior Masculino	01:13:27	+18:01	05:39
22	340	Ricardo Silva	BoraBora, Vamos Lá!	Senior Masculino	01:14:28	+19:01	05:44
23	446	Carlos Magalhães	Individual	Senior Masculino	01:14:46	+19:19	05:45
24	327	Nélson Silva	Amigos 100 Limites	Senior Masculino	01:15:00	+19:33	05:46
25	27	Paulo Jorge Inverneiro Pereira	AlphaRunning	Senior Masculino	01:15:04	+19:38	05:47
26	329	Tó Luís	Amigos 100 Limites	Senior Masculino	01:15:53	+20:27	05:50
27	250	HELDER MOTA	MC	Senior Masculino	01:16:08	+20:42	05:51
28	106	Helder Samuel	Geocrosstrail	Senior Masculino	01:18:00	+22:33	06:00
29	456	Helder moreira	Individual	Senior Masculino	01:18:10	+22:43	06:01
30	71	António Carlos Tavares de Paiva	CORRER LEÇA	Senior Masculino	01:18:11	+22:45	06:01
31	289	Ruben Emanuel Xavier Silva	RUN FORREST RUN	Senior Masculino	01:19:17	+23:51	06:06
32	159	Fernando Miguel Pedro Duarte	Individual	Senior Masculino	01:19:28	+24:02	06:07
33	258	Cláudio Resende	Mini Fundistas	Senior Masculino	01:19:47	+24:20	06:08
34	63	Miguel Conde	CCD RENAULT CACIA	Senior Masculino	01:20:23	+24:57	06:11

Official Timekeeper: Lap2Go	3 / 12	generate 09-Apr-2019 12:01
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Trail Sunset

13 KM

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OFFICIAL RESULT

[illegible]

35	458	Hugo Lima	Individual	Senior Masculino	01:20:24	+24:57	06:11
36	286	Danny Mateus	RUN FORREST RUN	Senior Masculino	01:20:31	+25:05	06:12
37	120	Tiago Oliveira	Grupo de Corrida de Argoncilhe	Senior Masculino	01:20:53	+25:27	06:13
38	65	Ricardo Gama	CCD RENAULT CACIA	Senior Masculino	01:21:12	+25:45	06:15
39	303	Marcos Soares	vale dos duros	Senior Masculino	01:21:12	+25:46	06:15
40	164	Hugo José Ferreira da Silva	Individual	Senior Masculino	01:21:30	+26:04	06:16
41	64	Miguel Félix	CCD RENAULT CACIA	Senior Masculino	01:21:36	+26:09	06:17
42	548	Paulo Oliveira	MC	Senior Masculino	01:21:41	+26:15	06:17
43	158	Fábio Almeida	Individual	Senior Masculino	01:21:47	+26:20	06:17
44	31	rui teixeira	Amigos das Sapatilhas	Senior Masculino	01:21:55	+26:29	06:18
45	39	Carlos Freitas	BRAVOS&BRAVITAS	Senior Masculino	01:22:30	+27:04	06:21
46	41	Ricardo oliveira	BRAVOS&BRAVITAS	Senior Masculino	01:22:58	+27:32	06:23
47	371	Fábio Barbosa	Clube Desportivo Operário de Lagoa	Senior Masculino	01:23:07	+27:41	06:24
48	596	Rui Paiva	Speedy Gonzalez	Senior Masculino	01:23:17	+27:51	06:24
49	476	Tiago Magalhães	Individual	Senior Masculino	01:24:01	+28:35	06:28
50	232	Nelson Ferreira	Kiquipa	Senior Masculino	01:24:18	+28:52	06:29
51	231	Luís Barreiro	Kiquipa	Senior Masculino	01:24:18	+28:52	06:29
52	552	Filipe Mota	MOTAS RUNNING	Senior Masculino	01:24:23	+28:56	06:29
53	85	Márcio Mendes	Equipa Boot	Senior Masculino	01:24:47	+29:21	06:31
54	447	Carlos Ribeiro	Individual	Senior Masculino	01:24:53	+29:27	06:32
55	369	Maurício Rodrigues	CCRD Burinhosa	Senior Masculino	01:25:40	+30:13	06:35
56	113	Bruno Matos	Geração Paramos	Senior Masculino	01:25:44	+30:18	06:36
57	473	Ricardo Silva	Individual	Senior Masculino	01:25:48	+30:22	06:36
58	84	Jorge Barbosa	Equipa Boot	Senior Masculino	01:25:54	+30:27	06:36
59	83	Ivo Nascimento	Equipa Boot	Senior Masculino	01:25:54	+30:28	06:36
60	170	Miguel Cunha	Individual	Senior Masculino	01:26:19	+30:53	06:38
61	46	Sergio Coelho	BTT Alegria // TUBANI	Senior Masculino	01:26:31	+31:04	06:39
62	172	Paulo Rocha	Individual	Senior Masculino	01:26:32	+31:05	06:39
63	445	Bruno gonalves	Individual	Senior Masculino	01:27:39	+32:13	06:45
64	602	Bruno Rodrigues	Team Workout 48	Senior Masculino	01:27:41	+32:14	06:45
65	226	João Bastos	JUFacc	Senior Masculino	01:27:42	+32:15	06:45
66	409	Daniel Silva	Grupo Desportivo Banco de Portugal	Senior Masculino	01:27:47	+32:20	06:45
67	616	Ricardo Filipe Marques Vaz	Zequinhas	Senior Masculino	01:27:58	+32:32	06:46
68	91	David Ferreira Da Silva	Fit Arena	Senior Masculino	01:28:04	+32:37	06:46
69	21	Ricardo Rocha	ALIANÇA DE GANDRA	Senior Masculino	01:28:07	+32:40	06:47
70	403	Mário Ibarra	Grupo de Corrida de Argoncilhe	Senior Masculino	01:28:56	+33:29	06:50
71	331	Eduardo Batista	Arrastópé	Senior Masculino	01:29:24	+33:58	06:53
72	157	Daniel Moreira	Individual	Senior Masculino	01:29:30	+34:03	06:53
73	540	Miguel Matos	Juventude Cortegacense	Senior Masculino	01:29:39	+34:13	06:54
74	230	Bruno Carvalho	Kiquipa	Senior Masculino	01:29:41	+34:15	06:54
75	326	Mauro Silva	Amigos 100 Limites	Senior Masculino	01:29:43	+34:17	06:54
76	325	Flávio Teixeira	Amigos 100 Limites	Senior Masculino	01:29:43	+34:17	06:54
77	154	Bruno Santos	Individual	Senior Masculino	01:29:48	+34:22	06:55
78	323	Alcino Silva	Amigos 100 Limites	Senior Masculino	01:29:56	+34:30	06:55
79	118	Bruno Andrade	Grupo de Corrida de Argoncilhe	Senior Masculino	01:30:10	+34:44	06:56

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Trail Sunset

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OFFICIAL RESULT

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80	457	Hugo Guimarães	Individual	Senior Masculino	01:30:35	+35:09	06:58
81	155	Bruno Silva	Individual	Senior Masculino	01:31:02	+35:36	07:00
82	375	Eduardo Xavier	Devasta Trilhos	Senior Masculino	01:32:10	+36:44	07:05
83	49	Ricardo Teixeira	BVA	Senior Masculino	01:32:24	+36:58	07:07
84	468	Ricardo barbosa	Individual	Senior Masculino	01:32:29	+37:03	07:07
85	105	Enrique Oliveira	Geocrosstrail	Senior Masculino	01:32:35	+37:09	07:07
86	168	Luís Carlos Fernandes Marques	Individual	Senior Masculino	01:33:42	+38:16	07:13
87	165	Joel Filipe Oliveira Marques	Individual	Senior Masculino	01:33:44	+38:18	07:13
88	43	Valter pinho	BRAVOS&BRAVITAS	Senior Masculino	01:33:47	+38:21	07:13
89	449	Fábio Campos	Individual	Senior Masculino	01:33:49	+38:23	07:13
90	401	Mário Mendes	GOODFELLASWISEGUYS	Senior Masculino	01:34:03	+38:37	07:14
91	176	Rui Manuel Lopes Silva	Individual	Senior Masculino	01:34:13	+38:47	07:15
92	103	Diogo Moreira	Geocrosstrail	Senior Masculino	01:34:24	+38:58	07:16
93	469	Ricardo Correia	Individual	Senior Masculino	01:34:29	+39:03	07:16
94	167	Lucas Leitão	Individual	Senior Masculino	01:34:30	+39:04	07:16
95	462	Jorge Rafael Anjos Vieira	Individual	Senior Masculino	01:34:37	+39:10	07:17
96	595	Nuno Paiva	Speedy Gonzalez	Senior Masculino	01:34:50	+39:24	07:18
97	166	Joni Costa	Individual	Senior Masculino	01:34:51	+39:25	07:18
98	40	Pedro Custódio	BRAVOS&BRAVITAS	Senior Masculino	01:35:15	+39:49	07:20
99	270	Edmundo Rilho	OvarRun	Senior Masculino	01:35:52	+40:26	07:23
100	402	Carlos Campos	GRC Telhadela	Senior Masculino	01:36:32	+41:06	07:26
101	233	Nelson Reis	Kiquipa	Senior Masculino	01:36:34	+41:08	07:26
102	177	RUI RODRIGUES	Individual	Senior Masculino	01:36:44	+41:18	07:27
103	465	Nelson Miranda	Individual	Senior Masculino	01:36:45	+41:19	07:27
104	353	João Baldaia	Bosch - Trail Team	Senior Masculino	01:37:19	+41:53	07:29
105	352	Bruno Aires	Bosch - Trail Team	Senior Masculino	01:37:20	+41:53	07:29
106	114	Bruno Pereira	Geração Paramos	Senior Masculino	01:37:30	+42:04	07:30
107	263	Raul Leite	Os Alminhas	Senior Masculino	01:38:01	+42:34	07:32
108	89	Anthony Da Costa Da Silva	Fit Arena	Senior Masculino	01:38:14	+42:47	07:33
109	104	Domingos ventura	Geocrosstrail	Senior Masculino	01:38:49	+43:23	07:36
110	545	Helder Teixeira	MaReTaS	Senior Masculino	01:39:00	+43:33	07:37
111	448	Diogo Oliveira da Costa	Individual	Senior Masculino	01:39:05	+43:39	07:37
112	298	Mário Valinho Dias	Tarzan&Jane	Senior Masculino	01:39:55	+44:29	07:41
113	311	Carlos Venâncio	100 Limites	Senior Masculino	01:40:03	+44:37	07:42
114	152	Bruno Matos	Individual	Senior Masculino	01:40:03	+44:37	07:42
115	169	Marco André Magalhães Abreu	Individual	Senior Masculino	01:40:03	+44:37	07:42
116	173	Pedro Bean	Individual	Senior Masculino	01:40:28	+45:02	07:44
117	453	Freddy Vieira Ramos	Individual	Senior Masculino	01:40:51	+45:24	07:45
118	171	Nuno Bastos	Individual	Senior Masculino	01:41:48	+46:21	07:50
119	478	Vitor Miguel	Individual	Senior Masculino	01:42:34	+47:08	07:53
120	463	Marco Landeira	Individual	Senior Masculino	01:42:55	+47:29	07:55
121	90	Cristóvão Helder Ferreira Rocha	Fit Arena	Senior Masculino	01:43:32	+48:06	07:58
122	471	Ricardo Melindra	Individual	Senior Masculino	01:43:55	+48:28	08:00
123	125	Ricardo Silva	HAPPY RUNNERS VLC	Senior Masculino	01:44:22	+48:56	08:02
124	115	Diogo fereira	Geração Paramos	Senior Masculino	01:44:41	+49:15	08:03
125	249	ARMANDO LEITE	MC	Senior Masculino	01:44:48	+49:22	08:04

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Trail Sunset

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OFFICIAL RESULT

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126	245	Ricardo Silva	Marcha dos Pinguis	Senior Masculino	01:45:48	+50:22	08:08
127	236	MIGUEL MENDES	LION RUNNERS - G.D. Leões da Guarda	Senior Masculino	01:46:04	+50:38	08:10
128	328	Ricardo Leal	Amigos 100 Limites	Senior Masculino	01:46:12	+50:46	08:10
129	32	João fonsaca	amigos s.pedro da cova	Senior Masculino	01:46:50	+51:24	08:13
130	467	Paulo Vidinha	Individual	Senior Masculino	01:47:08	+51:42	08:14
131	272	João Pinheiro	OvarRun	Senior Masculino	01:47:52	+52:26	08:18
132	274	Nelson Castro	OvarRun	Senior Masculino	01:48:06	+52:40	08:19
133	273	JOÃO TAVARES	OvarRun	Senior Masculino	01:49:16	+53:49	08:24
134	271	Filipe Gonçalves	OvarRun	Senior Masculino	01:49:18	+53:52	08:25
135	544	andre tavares	MaReTaS	Senior Masculino	01:49:39	+54:13	08:26
136	574	Hélder Costa	RUNNING ESPINHO	Senior Masculino	01:50:31	+55:05	08:30
137	42	Ricardo santos	BRAVOS&BRAVITAS	Senior Masculino	01:50:38	+55:12	08:31
138	174	Pedro Pinho	Individual	Senior Masculino	01:50:41	+55:14	08:31
139	175	Romulo Ferreira	Individual	Senior Masculino	01:50:43	+55:17	08:31
140	34	Elson	André Carvalho	Senior Masculino	01:51:18	+55:52	08:34
141	451	Fausto Reis	Individual	Senior Masculino	01:51:23	+55:57	08:34
142	389	Olávo Simão Marques Silva	Fit Arena	Senior Masculino	01:53:47	+58:21	08:45
143	555	Filipe Pádua	Ninguém nos pára :-)	Senior Masculino	01:54:06	+58:40	08:47
144	224	Cláudio Castro	JALM, Run and Walking Team	Senior Masculino	01:54:10	+58:43	08:47
145	539	Ricardo Oliveira	JALM, Run and Walking Team	Senior Masculino	01:54:11	+58:45	08:47
146	57	Tiago Pinto	Caledial Runners	Senior Masculino	01:55:22	+59:56	08:53
147	56	André Ferraz	Caledial Runners	Senior Masculino	01:55:23	+59:57	08:53
148	319	Hilário Manuel Maciel Martins	ACRA running	Senior Masculino	01:55:25	+59:59	08:53
149	119	Rogério Henriques	Grupo de Corrida de Argoncilhe	Senior Masculino	01:57:26	+01:02:00	09:02
150	163	Hugo Homem Rocha	Individual	Senior Masculino	01:58:15	+01:02:48	09:06
151	594	Jorge Quaresma	Speedy Gonzalez	Senior Masculino	01:58:36	+01:03:10	09:07
152	285	Paulo Correia	Reabilitação Integrada	Senior Masculino	01:59:37	+01:04:10	09:12
153	156	Claudio Macedo	Individual	Senior Masculino	02:00:31	+01:05:05	09:16
154	101	brito pinho	Geocrosstrail	Senior Masculino	02:02:04	+01:06:37	09:23
155	443	André Eduardo Couto Pinto	Individual	Senior Masculino	02:02:22	+01:06:56	09:25
156	452	Fernando Azevedo	Individual	Senior Masculino	02:03:03	+01:07:36	09:28
157	143	Nuno Pinto	Individual	Senior Masculino	02:06:11	+01:10:44	09:42
158	301	Pedro Lopes	The Sloths	Senior Masculino	02:06:12	+01:10:46	09:43
159	134	Vitor Gomes	I9 team	Senior Masculino	02:09:26	+01:14:00	09:57
160	133	Carlos Teixeira	I9 team	Senior Masculino	02:09:27	+01:14:00	09:57
161	318	Francisco Castro	3RACE CHALLENGE	Senior Masculino	02:10:00	+01:14:33	10:00
162	365	DIOGO ROCHA	CAL - Clube Atletismo de Lamas	Senior Masculino	02:13:53	+01:18:27	10:18
163	275	Nuno Eça	OvarRun	Senior Masculino	02:14:20	+01:18:54	10:20
164	262	Pedro Lopes	Os Alminhas	Senior Masculino	02:14:29	+01:19:03	10:21
165	261	Jaime Azevedo	Os Alminhas	Senior Masculino	02:14:29	+01:19:03	10:21
166	86	Pedro Barbosa	Equipa Boot	Senior Masculino	02:18:11	+01:22:45	10:38
167	566	Ricardo Braga	Rechonchudos Trail Runners	Senior Masculino	02:33:32	+01:38:06	11:49
168	161	Hélder José Oliveira Lopes	Individual	Senior Masculino	02:34:13	+01:38:47	11:52
169	293	João Afonso Silva Conceição	Sempr andar	Senior Masculino	02:34:15	+01:38:49	11:52

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Trail Sunset

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170	444	António Sousa	Individual	Senior Masculino	03:05:19	+02:09:53	14:15
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Veterana F40

1	107	Mónica Oliveira	Geocrosstrail	Veterana F40	01:15:04	+19:37	05:46
2	603	Florinda Fernandes	Team Workout 48	Veterana F40	01:27:41	+32:15	06:45
3	252	FATIMA OLIVEIRA	MC	Veterana F40	01:31:27	+36:01	07:02
4	610	Elisabete Pinto	Vamos e vinhos	Veterana F40	01:32:16	+36:50	07:06
5	611	Susana Tavares	Vamos e vinhos	Veterana F40	01:33:14	+37:47	07:10
6	487	Tania Patinha	Individual	Veterana F40	01:38:01	+42:35	07:32
7	344	Cristina Silva	BoraBora, Vamos Lá!	Veterana F40	01:38:56	+43:29	07:37
8	343	Cristina Silva	BoraBora, Vamos Lá!	Veterana F40	01:39:23	+43:57	07:39
9	404	Anabela Sousa	Grupo de Corrida de Argoncilhe	Veterana F40	01:41:07	+45:41	07:47
10	321	Maria Augusta Maciel Martins	ACRA running	Veterana F40	01:43:36	+48:10	07:58
11	569	Isabel Costa	Rompezolas	Veterana F40	01:43:45	+48:19	07:59
12	199	lucia aurora leite	Individual	Veterana F40	01:44:00	+48:34	08:00
13	360	Sónia Pereira	BRAVOS&BRAVITAS	Veterana F40	01:44:54	+49:28	08:04
14	557	Alice Santos	Núcleo de Montanha de Espinho	Veterana F40	01:44:55	+49:29	08:04
15	277	Sandra Pereira	OvarRun	Veterana F40	01:45:22	+49:55	08:06
16	308	Balbina Moreira Leite	"Ai de ti que não apareças"	Veterana F40	01:46:05	+50:38	08:10
17	354	Paula Monteiro	Bosch - Trail Team	Veterana F40	01:52:09	+56:43	08:38
18	239	SUSANA LUIS	LION RUNNERS - G.D. Leões da Guarda	Veterana F40	01:52:10	+56:44	08:38
19	398	Teresa Gonçalves	Geocrosstrail	Veterana F40	01:54:06	+58:39	08:47
20	58	Sandra Pavão	Caledial Runners	Veterana F40	01:55:23	+59:57	08:53
21	346	Paula Juliets	BoraBora, Vamos Lá!	Veterana F40	01:57:19	+01:01:53	09:01
22	61	sandra santos	Câmara santa maria da Feira	Veterana F40	01:58:13	+01:02:46	09:06
23	23	Fátima Ramos	ALIANÇA DE GANDRA	Veterana F40	01:58:25	+01:02:59	09:07
24	181	Silvia Vilar	Individual	Veterana F40	01:59:36	+01:04:10	09:12
25	563	Sara Rodrigues	OvarRun	Veterana F40	02:02:04	+01:06:38	09:23
26	482	Elisabete de Carvalho Moreira	Individual	Veterana F40	02:02:22	+01:06:55	09:25
27	479	Ana Pestana	Individual	Veterana F40	02:02:48	+01:07:22	09:27
28	320	Carla Patricia Maciel Martins	ACRA running	Veterana F40	02:02:58	+01:07:31	09:28
29	480	Carla almeida	Individual	Veterana F40	02:03:56	+01:08:30	09:32
30	180	Silvia Costa	Individual	Veterana F40	02:04:55	+01:09:28	09:37
31	519	Maria José Faria	Individual	Veterana F40	02:09:05	+01:13:39	09:56
32	345	Edite Fernandes	BoraBora, Vamos Lá!	Veterana F40	02:12:54	+01:17:28	10:13
33	342	Ana Ribeiro	BoraBora, Vamos Lá!	Veterana F40	02:12:55	+01:17:28	10:13
34	367	SUSANA DUARTE	CAL - Clube Atletismo de Lamas	Veterana F40	02:13:54	+01:18:28	10:18
35	486	Silvia Arnelas	Individual	Veterana F40	02:17:43	+01:22:17	10:36
36	238	JOANA MARTINS	LION RUNNERS - G.D. Leões da Guarda	Veterana F40	02:17:49	+01:22:23	10:36
37	333	Carla Costa	As Mafiosas	Veterana F40	02:19:18	+01:23:52	10:43
38	485	Marisa Dias Ribeiro	Individual	Veterana F40	02:22:08	+01:26:41	10:56
39	361	Susana gomes	BRAVOS&BRAVITAS	Veterana F40	02:28:12	+01:32:46	11:24

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40	583	Dora Rocha	SC ESPINHO - ATLETISMO / ANTÔNIO LEITÃO	Veterana F40	02:36:09	+01:40:43	12:01
41	575	Ana Ribeiro	RUNNING ESPINHO	Veterana F40	02:36:09	+01:40:43	12:01
42	253	INES BORGES	MC	Veterana F40	02:50:06	+01:54:40	13:05

Veterana F50

1	362	Graça Ribeiro	BRAVOS&BRAVITAS	Veterana F50	01:41:48	+46:21	07:50
2	612	Cristina Caetano	Vamos e vinhos	Veterana F50	01:51:48	+56:22	08:36
3	606	Manuela Pedrosa Castelo	Trilobites	Veterana F50	01:52:55	+57:29	08:41
4	570	Maria Amorim	Rompezolas	Veterana F50	02:00:39	+01:05:13	09:17
5	334	Natalina Videira	As Mafiosas	Veterana F50	02:19:19	+01:23:52	10:43
6	68	Olívia Brandão	CGD-Ovar	Veterana F50	02:27:06	+01:31:39	11:19
7	489	Maria Aurora Ferreira Mendes Lemos	Individual	Veterana F50	02:28:33	+01:33:07	11:26
8	488	Inês Lopes	Individual	Veterana F50	03:05:19	+02:09:52	14:15

Veterano M40

1	625	paulo pereira	G D C GUILHOVAI	Veterano M40	55:26	04:16
2	8	Humberto Silva	Aztrail/Mercentro	Veterano M40	01:05:50	+10:23 05:04
3	35	PEDRO Manos Simocas	ARSM - Associação Recreativa de S. Miguel	Veterano M40	01:06:55	+11:29 05:09
4	197	José Peixoto	Individual	Veterano M40	01:07:10	+11:44 05:10
5	121	Sérgio Oliveira	Grupo de Corrida de Argoncilhe	Veterano M40	01:09:19	+13:53 05:20
6	335	Carlos Fernandes	Aztrail/Mercentro	Veterano M40	01:10:01	+14:35 05:23
7	406	Bruno Tavares	Grupo de Corrida de Argoncilhe	Veterano M40	01:10:41	+15:14 05:26
8	283	VALTER CORREIA	OvarRun	Veterano M40	01:12:42	+17:15 05:36
9	1081	MANUEL OLIVEIRA	Aztrail/Mercentro	Veterano M40	01:13:17	+17:50 05:38
10	66	Nuno Santos	CCD RENAULT CACIA	Veterano M40	01:13:34	+18:08 05:40
11	560	José Pedro Silva	Núcleo de Montanha de Espinho	Veterano M40	01:13:39	+18:12 05:40
12	605	António Jorge	Trilobites	Veterano M40	01:14:28	+19:02 05:44
13	30	Marco António Alves Miranda	AlphaRunning	Veterano M40	01:15:48	+20:22 05:50
14	183	Aurélio Luís Bessa Saúde	Individual	Veterano M40	01:15:54	+20:28 05:50
15	501	Hugo Miguel Lopes Silva Pinto	Individual	Veterano M40	01:17:29	+22:02 05:58
16	408	Nuno Pereira	Grupo de Corrida de Argoncilhe	Veterano M40	01:17:30	+22:03 05:58
17	586	César Sousa	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Veterano M40	01:17:34	+22:07 05:58
18	384	Marco Aurélio Ferreira Pinto	FA Fit	Veterano M40	01:18:52	+23:25 06:04
19	213	Rui Ferreira	Individual	Veterano M40	01:19:12	+23:45 06:06
20	330	Tó Faria	Amigos 100 Limites	Veterano M40	01:19:26	+24:00 06:07
21	193	Joaquim Baptista	Individual	Veterano M40	01:20:20	+24:54 06:11
22	410	Rui Pena	Grupo Desportivo de Trancoso	Veterano M40	01:21:24	+25:58 06:16
23	522	vítor almeida	Individual	Veterano M40	01:22:12	+26:46 06:19
24	494	Carlos Daniel Marques Oliveira	Individual	Veterano M40	01:22:45	+27:19 06:22
25	203	Miguel Rego	Individual	Veterano M40	01:22:47	+27:21 06:22
26	558	António Magalhães	Núcleo de Montanha de Espinho	Veterano M40	01:23:07	+27:41 06:24

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OFFICIAL RESULT

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27	47	Tony Mendes	BTT Alegria // TUBANI	Veterano M40	01:23:09	+27:42	06:24
28	280	Maia Vieira	OvarRun	Veterano M40	01:23:13	+27:47	06:24
29	619	Nuno Seabra	Individual	Veterano M40	01:23:14	+27:48	06:24
30	496	Carlos Santos	Individual	Veterano M40	01:23:17	+27:50	06:24
31	497	Constantino Mota	Individual	Veterano M40	01:23:17	+27:51	06:24
32	187	Filipe pinho	Individual	Veterano M40	01:23:23	+27:57	06:25
33	198	José Salgueiro	Individual	Veterano M40	01:23:24	+27:58	06:25
34	200	Luis Manuel da Silva morais	Individual	Veterano M40	01:23:25	+27:59	06:25
35	55	Miguel Almeida	Caldas de S.Jorge Sport Clube	Veterano M40	01:23:40	+28:13	06:26
36	25	Sérgio Pereira	ALIANÇA DE GANDRA	Veterano M40	01:24:13	+28:46	06:29
37	279	Filipe Pereira	OvarRun	Veterano M40	01:25:08	+29:42	06:33
38	110	Ricardo Godinho	Geocrosstrail	Veterano M40	01:25:20	+29:54	06:34
39	216	Vitor Paulino	Individual	Veterano M40	01:25:25	+29:59	06:34
40	518	Rogério Tavares Pereira	Individual	Veterano M40	01:25:38	+30:11	06:35
41	559	João Graça	Núcleo de Montanha de Espinho	Veterano M40	01:25:55	+30:29	06:37
42	28	Carlos Alberto Soares Moreira	AlphaRunning	Veterano M40	01:26:21	+30:55	06:39
43	617	Jorge Silva	Geocrosstrail	Veterano M40	01:26:25	+30:59	06:39
44	51	NUNO PEREIRA	CAL - Clube Atletismo de Lamas	Veterano M40	01:26:33	+31:06	06:39
45	561	Nuno Raposo	Núcleo de Montanha de Espinho	Veterano M40	01:27:29	+32:03	06:44
46	265	Jorge Augusto Oliveira Guerra	OS FALTA D AR	Veterano M40	01:28:09	+32:43	06:47
47	214	Tiago Almeida	Individual	Veterano M40	01:28:10	+32:44	06:47
48	182	Armando Almeida	Individual	Veterano M40	01:28:11	+32:44	06:47
49	54	Carlos Sousa	Caldas de S.Jorge Sport Clube	Veterano M40	01:28:30	+33:04	06:49
50	212	Ricardo Seromenho	Individual	Veterano M40	01:28:44	+33:18	06:50
51	589	Rui Silva	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	Veterano M40	01:29:08	+33:42	06:51
52	128	Jacinto de Almeida	HAPPY RUNNERS VLC	Veterano M40	01:29:25	+33:59	06:53
53	260	Manuel Martins	opraticante.pt	Veterano M40	01:29:54	+34:28	06:55
54	413	Telmo Oliveira	I9 team	Veterano M40	01:29:55	+34:29	06:55
55	192	João Paulo de Sousa e Silva	Individual	Veterano M40	01:30:06	+34:40	06:56
56	111	Rui Moreira	Geocrosstrail	Veterano M40	01:30:14	+34:48	06:57
57	93	Nuno Lopes	GDRC ALTO AVILHO	Veterano M40	01:30:54	+35:28	07:00
58	194	Jorge Rodrigues	Individual	Veterano M40	01:30:55	+35:29	07:00
59	223	TONY MATIAS	INSÍGNIA MOBILIARIO	Veterano M40	01:30:55	+35:29	07:00
60	615	Nuno Correia	Vamos e vinhos	Veterano M40	01:32:16	+36:50	07:06
61	50	Nuno Teixeira	BVA	Veterano M40	01:32:24	+36:58	07:07
62	399	Pedro Cirne	Geocrosstrail	Veterano M40	01:32:37	+37:11	07:07
63	607	Miguel Silva	Trilobites	Veterano M40	01:33:00	+37:34	07:09
64	266	Ivo couto	Outlaw runners	Veterano M40	01:33:10	+37:44	07:10
65	201	Manuel António Prazeres Ribeiro	Individual	Veterano M40	01:33:36	+38:10	07:12
66	228	David Aguiar	JUFacc	Veterano M40	01:33:42	+38:16	07:13
67	70	Flávio Soares	CLUBE ATLETISMO DE LAMAS	Veterano M40	01:34:12	+38:46	07:15
68	411	Hugo de Sá	Grupo dos Grandes Atletas	Veterano M40	01:34:13	+38:47	07:15
69	506	julio costa	Individual	Veterano M40	01:34:36	+39:09	07:17
70	52	PEDRO SANTOS	CAL - Clube Atletismo de Lamas	Veterano M40	01:35:02	+39:36	07:19
71	356	Rui Magalhães	Bosch - Trail Team	Veterano M40	01:35:10	+39:43	07:19
72	490	Alcindo Silva	Individual	Veterano M40	01:35:22	+39:55	07:20

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Trail Sunset

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73	185	Eduardo Loureiro	Individual	Veterano M40	01:35:25	+39:59	07:20
74	503	João Esteves	Individual	Veterano M40	01:35:28	+40:02	07:21
75	500	Floriberto Castro	Individual	Veterano M40	01:35:29	+40:03	07:21
76	495	Carlos Pinto	Individual	Veterano M40	01:35:49	+40:23	07:22
77	507	Luis Gomes	Individual	Veterano M40	01:35:51	+40:25	07:22
78	202	Marco Brito	Individual	Veterano M40	01:36:02	+40:36	07:23
79	505	José Filipe Pinto	Individual	Veterano M40	01:36:22	+40:56	07:25
80	498	DAVID ALBERTO DA SILVA OLIVEIRA	Individual	Veterano M40	01:36:35	+41:08	07:26
81	211	Ricardo Nordeste	Individual	Veterano M40	01:37:34	+42:08	07:30
82	564	pedro brizado	pipb	Veterano M40	01:37:43	+42:17	07:31
83	264	Mario Neves	Os Alminhas	Veterano M40	01:38:00	+42:34	07:32
84	390	Víctor António da Costa e Sousa	Fit Arena	Veterano M40	01:38:14	+42:47	07:33
85	509	Manuel Teixeira	Individual	Veterano M40	01:39:05	+43:39	07:37
86	188	Filipe Ribeiro	Individual	Veterano M40	01:39:22	+43:55	07:39
87	196	Jose Pedro Silva	Individual	Veterano M40	01:39:24	+43:58	07:39
88	207	Paulo Oliveira	Individual	Veterano M40	01:39:58	+44:31	07:41
89	24	Roberto Moreira	ALIANÇA DE GANDRA	Veterano M40	01:40:49	+45:23	07:45
90	296	João Carlos Figueiredo da Silva	Soares e Silva	Veterano M40	01:43:03	+47:37	07:56
91	229	Miguel Ferreira	JUFacc	Veterano M40	01:43:11	+47:44	07:56
92	117	Eusebio Lopes	Geração Paramos	Veterano M40	01:43:30	+48:04	07:58
93	92	Sérgio Miguel Ferreira Rocha	Fit Arena	Veterano M40	01:43:32	+48:05	07:58
94	336	Filipe Cunha	Aztrail/Mercentro	Veterano M40	01:43:34	+48:08	07:58
95	504	José Carlos Soares Amaral	Individual	Veterano M40	01:43:40	+48:14	07:59
96	508	Luís Sargo	Individual	Veterano M40	01:44:14	+48:48	08:01
97	278	António Gonçalves	OvarRun	Veterano M40	01:45:30	+50:04	08:07
98	282	Tiago Almeida	OvarRun	Veterano M40	01:45:48	+50:22	08:08
99	130	Vitor Salgado	HAPPY RUNNERS VLC	Veterano M40	01:50:12	+54:46	08:29
100	204	Nelson Adrego	Individual	Veterano M40	01:50:30	+55:03	08:30
101	363	Tony Serralva	BRAVOS&BRAVITAS	Veterano M40	01:51:27	+56:00	08:34
102	227	Alberto Ferreira	JUFacc	Veterano M40	01:52:27	+57:01	08:39
103	521	Valter Caseiro	Individual	Veterano M40	01:52:50	+57:24	08:41
104	184	Cristóvão Flores	Individual	Veterano M40	01:52:51	+57:24	08:41
105	206	Paulo Jorge	Individual	Veterano M40	01:53:22	+57:56	08:43
106	493	Cândido Faria	Individual	Veterano M40	01:56:30	+01:01:03	08:58
107	234	Rui Neves	Kiquipa	Veterano M40	01:56:38	+01:01:11	08:58
108	62	Marco Lopes	Câmara santa maria da Feira	Veterano M40	01:57:47	+01:02:21	09:04
109	215	Tiago Silva	Individual	Veterano M40	01:59:09	+01:03:43	09:10
110	73	Cláudio Guarda	Dói-me quase tudo...	Veterano M40	01:59:32	+01:04:06	09:12
111	74	Nuno Ribeiro	Dói-me quase tudo...	Veterano M40	01:59:54	+01:04:27	09:13
112	492	Bernardo Santos	Individual	Veterano M40	02:00:17	+01:04:50	09:15
113	511	Marco Santos	Individual	Veterano M40	02:01:48	+01:06:22	09:22
114	407	Jorge Vaz	Grupo de Corrida de Argoncilhe	Veterano M40	02:01:56	+01:06:29	09:23
115	516	Pedro Dinis	Individual	Veterano M40	02:02:15	+01:06:49	09:24
116	512	Mário Martins	Individual	Veterano M40	02:02:44	+01:07:18	09:27
117	499	Fernando Rocha	Individual	Veterano M40	02:02:48	+01:07:22	09:27
118	520	Rui Miguel Costa	Individual	Veterano M40	02:03:31	+01:08:04	09:30

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Trail Sunset

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OFFICIAL RESULT

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119	205	Paulo Ferreira	Individual	Veterano M40	02:04:54	+01:09:28	09:37
120	127	Carlos Tavares da Silva	HAPPY RUNNERS VLC	Veterano M40	02:07:14	+01:11:48	09:47
121	195	José Pereira	Individual	Veterano M40	02:07:38	+01:12:11	09:49
122	44	Carlos Carneiro	BRAVOS&BRAVITAS	Veterano M40	02:08:09	+01:12:43	09:52
123	626	Paulo Nogueira	Individual	Veterano M40	02:09:06	+01:13:39	09:56
124	190	Helder Silva	Individual	Veterano M40	02:11:02	+01:15:35	10:05
125	347	António Matos	BoraBora, Vamos Lá!	Veterano M40	02:12:54	+01:17:28	10:13
126	368	PAULO MELO	CAL - Clube Atletismo de Lamas	Veterano M40	02:13:53	+01:18:27	10:18
127	87	Miguel Barbosa	Equipa Boot	Veterano M40	02:16:53	+01:21:27	10:32
128	13	Amílcar Teixeira	100meta	Veterano M40	02:17:49	+01:22:22	10:36
129	240	LUIS SA	LION RUNNERS - G.D. Leões da Guarda	Veterano M40	02:17:49	+01:22:22	10:36
130	208	Pedro Pereira	Individual	Veterano M40	02:19:12	+01:23:46	10:42
131	255	JULIO MAIA	MC	Veterano M40	02:26:54	+01:31:28	11:18

Veterano M50

1	36	Carlos Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M50	01:02:51	+07:25	04:50
2	553	Agostinho Costa	NAC TRAIL	Veterano M50	01:07:28	+12:01	05:11
3	37	Jose Simões	ARSM - Associação Recreativa de S. Miguel	Veterano M50	01:10:10	+14:44	05:24
4	578	Joaquim Lobato	RUNNING ESPINHO	Veterano M50	01:11:09	+15:43	05:28
5	210	António Silva	Individual	Veterano M50	01:11:38	+16:12	05:31
6	527	Carlos Alberto Ferreira	Individual	Veterano M50	01:15:51	+20:24	05:50
7	385	José Manuel Leite	FA Fit	Veterano M50	01:17:36	+22:10	05:58
8	524	Alcino Ferreira dos Santos	Individual	Veterano M50	01:18:05	+22:39	06:00
9	533	José Manuel da Silva Pereira	Individual	Veterano M50	01:18:43	+23:17	06:03
10	218	Baltazar Ferreira	Individual	Veterano M50	01:21:29	+26:03	06:16
11	349	Augusto Costa	BoraBora, Vamos Lá!	Veterano M50	01:25:55	+30:29	06:37
12	131	Arlindo Tavares Rodrigues	HAPPY RUNNERS VLC	Veterano M50	01:27:59	+32:32	06:46
13	132	Manuel Oliveira	HAPPY RUNNERS VLC	Veterano M50	01:29:33	+34:06	06:53
14	26	Mário Carvalho	ALIANÇA DE GANDRA	Veterano M50	01:31:18	+35:51	07:01
15	16	Paulo Almeida	AFIS/OVAR	Veterano M50	01:34:26	+39:00	07:16
16	534	José Paula	Individual	Veterano M50	01:35:07	+39:41	07:19
17	526	António Ribeiro	Individual	Veterano M50	01:35:08	+39:42	07:19
18	1084	Fernando Pais	BRAVOS&BRAVITAS	Veterano M50	01:38:01	+42:35	07:32
19	525	Antero Cunha	Individual	Veterano M50	01:38:42	+43:16	07:36
20	523	ADERITO VIDEIRA	Individual	Veterano M50	01:41:55	+46:29	07:50
21	338	Júlio Terra	Aztrail/Mercentro	Veterano M50	01:43:34	+48:08	07:58
22	620	José António de Oliveira Lopes	Até ao TOP	Veterano M50	01:43:45	+48:19	07:59
23	122	Fernando Couto	Grupo de Corrida de Argoncilhe	Veterano M50	01:43:58	+48:32	08:00
24	33	Serafim fonseca	amigos s.pedro da cova	Veterano M50	01:46:50	+51:24	08:13
25	565	isidro silva	pipb	Veterano M50	01:49:03	+53:37	08:23
26	124	Rui Oliveira	Grupo de Corrida de Argoncilhe	Veterano M50	01:49:32	+54:05	08:26
27	217	Adriano Oliveira	Individual	Veterano M50	01:50:16	+54:50	08:29
28	14	Ricardo Bastos	A A Lebres do Sado	Veterano M50	01:52:09	+56:43	08:38

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29	608	Augusto Santos Silva	Trilobites	Veterano M50	01:52:16	+56:50	08:38
30	609	Paulo Castelo	Trilobites	Veterano M50	01:52:56	+57:29	08:41
31	59	João Alves	Caledial Runners	Veterano M50	01:55:22	+59:56	08:53
32	60	Paulo Pinheiro	Caledial Runners	Veterano M50	01:55:23	+59:56	08:53
33	357	José Ferreira	Bosch - Trail Team	Veterano M50	01:58:29	+01:03:02	09:07
34	123	Fernando Silva	Grupo de Corrida de Argoncilhe	Veterano M50	02:04:42	+01:09:16	09:36
35	284	Francisco Gonçalves	OvarRun	Veterano M50	02:12:30	+01:17:04	10:12
36	69	António Brandão	CGD-Ovar	Veterano M50	02:27:06	+01:31:40	11:19
37	529	Fernando Ferreira	Individual	Veterano M50	02:33:31	+01:38:04	11:49
38	536	Manuel Alcides Pêgo Leonardo	Individual	Veterano M50	02:43:27	+01:48:01	12:34

COLETIVO - TRAIL SUNSET

[illegible]

RANK	TEAM	DESCRIPTION	POINTS
1	ALIANÇA DE GANDRA	6 + 10 + 27	43
2	ARSM - ASSOCIAÇÃO RECREATIVA DE S. MIGUEL	8 + 13 + 25	46
3	SC ESPINHO - ATLETISMO / ANTÓNIO LEITÃO	7 + 19 + 23	49
4	AZTRAIL/MERCENTRO	11 + 24 + 34	69
5	AMIGOS 100 LIMITES	9 + 41 + 46	96
6	GRUPO DE CORRIDA DE ARGONCILHE	22 + 28 + 50	100
7	NÚCLEO DE MONTANHA DE ESPINHO	30 + 37 + 85	152
8	CCD RENAULT CACIA	36 + 64 + 69	169
9	MC	48 + 49 + 75	172
10	GEOCROSSTRAIL	42 + 52 + 104	198
11	ALPHARUNNING	43 + 44 + 117	204
12	OVARRUN	33 + 87 + 103	223
13	CALDAS DE S.JORGE SPORT CLUBE	29 + 95 + 135	259
14	EQUIPA BOOT	101 + 112 + 113	326
15	KIQUIPA	98 + 99 + 144	341
16	BRAVOS&BRAVITAS	80 + 83 + 178	341
17	JUFACC	65 + 126 + 176	367
18	BORABORA, VAMOS LÁ!	38 + 114 + 229	381
19	HAPPY RUNNERS VLC	129 + 140 + 142	411
20	FIT ARENA	121 + 130 + 225	476
21	VAMOS E VINHOS	164 + 165 + 173	502
22	TRILOBITES	39 + 171 + 325	535
23	GERAÇÃO PARAMOS	110 + 216 + 257	583
24	BOSCH - TRAIL TEAM	198 + 214 + 215	627
25	SPEEDY GONZALEZ	91 + 193 + 356	640
26	RUNNING ESPINHO	31 + 309 + 310	650
27	BTT ALEGRIA // TUBANI	86 + 119 + 451	656
28	CAL - CLUBE ATLETISMO DE LAMAS	120 + 195 + 416	731
29	MARCHA DOS PINGUIS	224 + 285 + 286	795
30	OS ALMINHAS	220 + 221 + 422	863
31	I9 TEAM	149 + 406 + 407	962
32	ACRA RUNNING	263 + 345 + 381	989
33	ROMPEZOLAS	266 + 367 + 368	1001
34	CALEDIAL RUNNERS	340 + 341 + 342	1023
35	LION RUNNERS - G.D. LEÕES DA GUARDA	288 + 324 + 435	1047