

TRAIL - STAGE 1

17 KM

[illegible]

OFFICIAL RESULT

[illegible]

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REVISED

	Time	Temperature	Humidity
Start	21:00	12.4°C	96%
End	00:03	12.2°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
1	106	tiago pinho	individual	Senior Masculino	01:10:49		04:10
2	58	Artur Rodrigues	g.d.c.guilhovai	Veterano M40	01:11:00	+00:11	04:11
3	49	Diogo Fernandes	dr merino/nutrifit	Senior Masculino	01:11:08	+00:20	04:11
4	57	paulo jorge soares pereira	g.d.c.guilhovai	Senior Masculino	01:14:04	+03:16	04:21
5	238	Manuel Hurbanp	individual	Veterano M40	01:17:06	+06:17	04:32
6	48	Telmo Veloso	corremos.pt	Veterano M40	01:17:09	+06:21	04:32
7	51	Pedro Santos	fugitivos urbanos	Veterano M40	01:19:45	+08:56	04:41
8	184	OSCAR FERREIRA	os falta d'ar	Veterano M50	01:19:45	+08:57	04:42
9	164	Carlos Ramos	núcleo de montanha de espinho	Senior Masculino	01:20:45	+09:57	04:45
10	96	paulo jorge silva pinto	individual	Senior Masculino	01:22:01	+11:13	04:50
11	20	David Leite	caldas de s.jorge sport clube	Veterano M40	01:23:03	+12:15	04:53
12	42	Pedro Pinho	corremos.pt	Senior Masculino	01:25:47	+14:58	05:03
13	122	João Manuel Sousa Moreira	individual	Veterano M40	01:26:12	+15:23	05:04
14	29	Asdrúbal Freitas	centro ciclista de gondomar	Veterano M40	01:26:23	+15:35	05:05
15	215	Milton César Miranda dos Santos	sport clube beira-mar	Senior Masculino	01:26:35	+15:46	05:06
16	173	Nuno Miguel Faustino Dias Coelho	núcleo de montanha de espinho	Veterano M40	01:26:42	+15:54	05:06
17	19	Alberto Neves	caldas de s.jorge sport clube	Veterano M40	01:26:58	+16:09	05:07
18	239	Fernando Ferreira	individual	Veterano M50	01:27:08	+16:19	05:08
19	224	FILIPE AMORIM	trail running clube btt sanguedo	Senior Masculino	01:28:12	+17:24	05:11
20	226	José Carlos Fontes Pereira	trail running clube btt sanguedo	Veterano M40	01:28:22	+17:34	05:12
21	11	Sergio Silva	body & zen/salão manos running	Senior Masculino	01:28:53	+18:05	05:14
22	213	Sérgio Monteiro	sardonisca runners	Senior Masculino	01:29:43	+18:55	05:17
23	218	Alex Tondela	sport clube beira-mar	Veterano M40	01:29:55	+19:07	05:17
24	214	Sara Carvalho	sc salgueiros 08	Senior Feminino	01:30:20	+19:32	05:19
25	168	Wilmer Pestana Freitas	núcleo de montanha de espinho	Senior Masculino	01:30:23	+19:34	05:19
26	231	Luis Leça	trocopasso runners	Veterano M40	01:30:23	+19:35	05:19
27	22	Manuel Grilo	caldas de s.jorge sport clube	Veterano M40	01:30:36	+19:48	05:20
28	149	Hélder Gomes	kemedo team	Veterano M40	01:31:06	+20:17	05:22
29	9	Alcino Gouveia	ascários de escariz	Veterano M40	01:31:14	+20:25	05:22
30	236	Helder Rocha	g.c.a. (grupo de corrida argoncilhe)	Senior Masculino	01:32:27	+21:39	05:26
31	180	Manuel Oliveira	os falta d'ar	Veterano M50	01:32:45	+21:57	05:27
32	102	Ricardo silva	individual	Senior Masculino	01:33:28	+22:39	05:30
33	8	Paulo Grilo	arcorun	Veterano M40	01:33:32	+22:43	05:30
34	170	António Miguel Araújo Magalhães	núcleo de montanha de espinho	Veterano M40	01:33:37	+22:49	05:30
35	179	Jorge Silva	os falta d'ar	Veterano M40	01:33:42	+22:53	05:31
36	39	Tiago Silva	clube nortada - murtosa night runners	Senior Masculino	01:33:57	+23:08	05:32
37	37	Mário Coutinho	clube nortada - murtosa night runners	Senior Masculino	01:34:00	+23:11	05:32
38	223	FÁBIO FERNANDES CORREIA	trail running clube btt sanguedo	Senior Masculino	01:35:48	+25:00	05:38
39	67	Andre Cunha	individual	Senior Masculino	01:36:01	+25:12	05:39
40	166	João Gabriel Vilares Costa Graça	núcleo de montanha de espinho	Senior Masculino	01:36:11	+25:23	05:40
41	165	Geraldo Miguel Campos dos Santos	núcleo de montanha de espinho	Senior Masculino	01:36:12	+25:23	05:40

Official Timekeeper: Lap2Go	1 / 5	generate 27-May-2016 16:01
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TRAIL - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
42	183	Carlos Fazendeiro	os falta d'ar	Veterano M50	01:37:04	+26:16	05:43
43	227	MANUEL ALMEIDA CORREIA BASTOS	trail running clube btt sanguedo	Veterano M40	01:37:05	+26:16	05:43
44	229	RICHARD GUSTAVO NOGUEIRA DA SILVA	trail running clube btt sanguedo	Veterano M40	01:37:05	+26:16	05:43
45	181	Marco Botelho	os falta d'ar	Veterano M40	01:37:05	+26:16	05:43
46	205	Jose Santos Silva	piscinas municipais de santa maria da feira	Veterano M50	01:37:08	+26:19	05:43
47	100	Ricardo Jorge Teixeira Duarte	individual	Senior Masculino	01:37:11	+26:22	05:43
48	171	José Pedro Conde Pinto da Silva	núcleo de montanha de espinho	Veterano M40	01:37:34	+26:45	05:44
49	30	Américo Gomes	clube atletismo de lamas	Veterano M40	01:37:41	+26:53	05:45
50	195	Manuel Antonio Bastos Migueis	piscinas municipais de santa maria da feira	Senior Masculino	01:38:00	+27:11	05:46
51	44	Rosário Martins	corremos.pt	Veterana F40	01:38:01	+27:13	05:46
52	12	Alcino Santos	body & zen/salão manos running	Veterano M50	01:38:13	+27:24	05:47
53	129	nuno freitas	individual	Veterano M40	01:39:42	+28:54	05:52
54	137	Silvério Oliveira dos Santos	individual	Veterano M40	01:40:19	+29:30	05:54
55	72	Bruno Grilo	individual	Senior Masculino	01:40:23	+29:35	05:54
56	45	Susana Simões	corremos.pt	Veterana F40	01:40:29	+29:40	05:55
57	172	Nuno Álvaro Tamagnini Barbosa Silva Castro	núcleo de montanha de espinho	Veterano M40	01:40:33	+29:45	05:55
58	108	vitor hugo de oliveira martins	individual	Senior Masculino	01:40:46	+29:57	05:56
59	178	Suzana Andrade	os falta d'ar	Veterana F40	01:40:47	+29:59	05:56
60	21	Eduado Martins	caldas de s.jorge sport clube	Veterano M40	01:40:47	+29:59	05:56
61	121	helder silva	individual	Veterano M40	01:41:23	+30:34	05:58
62	76	Daniel Silva Pereira	individual	Senior Masculino	01:41:24	+30:35	05:58
63	34	João Miguel da Silva Dias	clube nortada - murtosa night runners	Senior Masculino	01:42:00	+31:12	06:00
64	212	César Pereira	rufel team	Veterano M40	01:42:07	+31:19	06:00
65	103	Sergio Filipe Sousa	individual	Senior Masculino	01:42:53	+32:04	06:03
66	66	Sergia Ariana Pinto	individual	Senior Feminino	01:42:57	+32:09	06:03
67	133	Pedro Brandão Gomes	individual	Veterano M40	01:42:58	+32:09	06:03
68	91	Marco Silva	individual	Senior Masculino	01:43:00	+32:11	06:04
69	2	Raul Silva	individual	Veterano M40	01:43:14	+32:26	06:04
70	38	Pedro Rafael Tavares Garrido	clube nortada - murtosa night runners	Senior Masculino	01:43:19	+32:31	06:05
71	6	Daniel Soares	adcrpj	Senior Masculino	01:43:24	+32:35	06:05
72	10	José Oliveira	ascários de escaríz	Veterano M40	01:43:31	+32:42	06:05
73	116	António Alves	individual	Veterano M40	01:43:50	+33:02	06:07
74	135	Rui Miguel Silva pinto	individual	Veterano M40	01:43:50	+33:02	06:07
75	148	Pedro Marques	kemedo team	Senior Masculino	01:43:52	+33:04	06:07
76	190	Alcides José da Silva Barbosa	piscinas municipais de santa maria da feira	Senior Masculino	01:44:10	+33:21	06:08
77	235	Romeu Rocha	os falta de ar	Senior Masculino	01:44:14	+33:26	06:08
78	128	Miguel Santos	individual	Veterano M40	01:44:43	+33:55	06:10
79	117	Carlos Augusto Martins da Silva	individual	Veterano M40	01:45:16	+34:28	06:12
80	90	marco Peixoto	individual	Senior Masculino	01:45:55	+35:06	06:14
81	157	Diogo Couto	moreira relax runners	Senior Masculino	01:46:10	+35:22	06:15
82	105	Simão Cardoso	individual	Senior Masculino	01:46:18	+35:29	06:15
83	86	Joao Silva	individual	Senior Masculino	01:46:19	+35:30	06:15
84	154	Diogo Gomes Rodrigues	marta e companhia, lda	Senior Masculino	01:46:39	+35:51	06:16

TRAIL - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	T/KM
85	634	Gonalo Augusto Amorim Nogueira Batista	individual	Senior Masculino	01:46:41	+35:53	06:17
86	59	Lu�s Oliveira	gd santander totta	Veterano M40	01:47:30	+36:41	06:19
87	167	Tiago Costa	n�cleo de montanha de espinho	Senior Masculino	01:47:30	+36:42	06:19
88	217	Cl�udia C�lix	sport clube beira-mar	Veterana F40	01:48:33	+37:44	06:23
89	142	Joaquim Oliveira	insanos	Veterano M40	01:48:34	+37:46	06:23
90	143	Alberto S�	insanos	Veterano M50	01:48:35	+37:47	06:23
91	24	Pedro Silva	caldas de s.jorge sport clube	Veterano M40	01:48:44	+37:56	06:24
92	73	Carlos marcelo dias marques	individual	Senior Masculino	01:49:09	+38:20	06:25
93	60	Sandra Pera	gondomar futsal clube	Senior Feminino	01:49:12	+38:24	06:25
94	228	QUINTINO AMORIM	trail running clube btt sanguedo	Veterano M40	01:49:13	+38:24	06:25
95	230	Ant�nio Celestino Nogueira	trail running clube btt sanguedo	Veterano M50	01:49:13	+38:24	06:25
96	85	Jo�o Paulo Amorim Patr�cio	individual	Senior Masculino	01:50:18	+39:30	06:29
97	93	M�rio Oliveira	individual	Senior Masculino	01:50:19	+39:30	06:29
98	158	Ana Resende	mums run	Senior Feminino	01:50:19	+39:30	06:29
99	187	Jo�o Sousa	peruf race team	Senior Masculino	01:50:19	+39:30	06:29
100	23	Martinho Santos	caldas de s.jorge sport clube	Veterano M40	01:50:33	+39:44	06:30
101	132	Paulo Silva	individual	Veterano M40	01:50:44	+39:55	06:31
102	98	Pedro santos	individual	Senior Masculino	01:50:48	+40:00	06:31
103	146	Pedro Costa	kagados	Senior Masculino	01:50:54	+40:06	06:31
104	41	Pedro Mendona	clube nortada - murtosa night runners	Veterano M40	01:50:59	+40:10	06:32
105	50	Hugo Ricardo Lima	fogaas com malapos	Senior Masculino	01:51:23	+40:35	06:33
106	234	Jos� Couto	individual	Veterano M40	01:52:10	+41:21	06:36
107	185	David Felizardo	ozxtreme/gdcr	Senior Masculino	01:52:34	+41:45	06:37
108	186	Pedro Isabel	ozxtreme/gdcr	Senior Masculino	01:52:34	+41:45	06:37
109	43	Claudia Magalhaes	corremos.pt	Veterana F40	01:52:55	+42:06	06:39
110	47	Pedro Conde	corremos.pt	Veterano M40	01:52:55	+42:06	06:39
111	69	Andr� saraiva	individual	Senior Masculino	01:53:29	+42:40	06:41
112	109	V�tor Manuel de Oliveira Saraiva	individual	Senior Masculino	01:53:50	+43:01	06:42
113	104	S�rgio Vieira	individual	Senior Masculino	01:54:08	+43:20	06:43
114	163	Andr� Fernando Neves	n�cleo de montanha de espinho	Senior Masculino	01:54:34	+43:46	06:44
115	120	Fernando Jose Silva Ferreira	individual	Veterano M40	01:56:16	+45:28	06:50
116	68	Andr� Filipe Rodrigues Gonalves	individual	Senior Masculino	01:56:31	+45:42	06:51
117	40	V�tor Silva	clube nortada - murtosa night runners	Senior Masculino	01:57:11	+46:22	06:54
118	155	Claudia Moreira	moinhos run adrm	Senior Feminino	01:57:12	+46:23	06:54
119	89	Lucas Sabena Leit�o	individual	Senior Masculino	01:57:16	+46:28	06:54
120	99	Ricardo Alexandre Leite Correia	individual	Senior Masculino	01:57:17	+46:28	06:54
121	101	Ricardo pereira	individual	Senior Masculino	01:57:23	+46:35	06:54
122	222	Henrique Silva	ter mais vida	Veterano M40	01:57:43	+46:55	06:56
123	152	M�rio Soares	lion runners - g. d. le�es da guarda	Veterano M50	01:57:50	+47:02	06:56
124	64	Elisabete Cunha	individual	Senior Feminino	01:57:50	+47:02	06:56
125	131	paulo moreira	individual	Veterano M40	01:57:56	+47:07	06:56
126	209	domingos ventura	piscinas municipais escariz	Senior Masculino	01:57:59	+47:11	06:56
127	125	Jorge Nunes	individual	Veterano M40	01:58:53	+48:04	07:00
128	63	Diana Duarte Vieira	individual	Senior Feminino	01:58:53	+48:04	07:00
129	107	Vasco Costa	individual	Senior Masculino	01:58:54	+48:06	07:00

TRAIL - STAGE 1

17 KM

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OFFICIAL RESULT

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REVISED

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
130	31	Ana Sousa	clube nortada - murtosa night runners	Senior Feminino	01:58:59	+48:11	07:00
131	169	Cristina Gomes	núcleo de montanha de espinho	Veterana F40	01:58:59	+48:11	07:00
132	94	Michel Rolo	individual	Senior Masculino	01:59:35	+48:47	07:02
133	189	Viviana Marta Silva Pinho	piscinas municipais de santa maria da feira	Senior Feminino	01:59:46	+48:57	07:03
134	202	Jorge Manuel de Sousa Oliveira	piscinas municipais de santa maria da feira	Veterano M40	01:59:46	+48:58	07:03
135	192	André Filipe Lopes Pinho Barge	piscinas municipais de santa maria da feira	Senior Masculino	01:59:47	+48:59	07:03
136	221	Ivo Almeida	step by step	Veterano M40	02:00:17	+49:29	07:05
137	220	Ricardo Alexandre Carvalho Trigo	step by step	Senior Masculino	02:00:17	+49:29	07:05
138	210	Mónica Oliveira	piscinas municipais escariz	Veterana F40	02:01:15	+50:27	07:08
139	156	Rui Quinta	moinhos run adm	Veterano M50	02:01:20	+50:31	07:08
140	206	Mafalda Valente	piscinas municipais escariz	Senior Feminino	02:01:31	+50:42	07:09
141	198	Paulo Filipe Pereira Moreira	piscinas municipais de santa maria da feira	Senior Masculino	02:02:08	+51:19	07:11
142	196	Mário João Gomes da Silva	piscinas municipais de santa maria da feira	Senior Masculino	02:02:47	+51:59	07:13
143	191	Amadeu Pereira da Silva	piscinas municipais de santa maria da feira	Senior Masculino	02:02:48	+52:00	07:13
144	36	Marcos André Roldão	clube nortada - murtosa night runners	Senior Masculino	02:03:09	+52:20	07:15
145	225	Baltazar Joaquim de Jesus Ferreira	trail running clube btt sanguedo	Veterano M40	02:03:11	+52:23	07:15
146	139	Vítor Neto	individual	Veterano M40	02:03:32	+52:44	07:16
147	35	João Miguel Tavares Garrido	clube nortada - murtosa night runners	Senior Masculino	02:04:14	+53:25	07:18
148	174	Daniela Oliveira	os falta d'ar	Senior Feminino	02:05:08	+54:20	07:22
149	175	Nelson Ferreira	os falta d'ar	Senior Masculino	02:05:09	+54:20	07:22
150	176	Rui Teixeira Pinto	os falta d'ar	Senior Masculino	02:05:11	+54:23	07:22
151	182	Rui Teixeira	os falta d'ar	Veterano M40	02:05:12	+54:23	07:22
152	28	Rui Manuel Lopes Silva	cansados	Senior Masculino	02:06:22	+55:34	07:26
153	25	César Alexandre Barros Afonso	cansados	Senior Masculino	02:06:23	+55:34	07:26
154	27	Pedro Joel Lopes Silva	cansados	Senior Masculino	02:06:23	+55:34	07:26
155	26	Marcelo Ramalho Fernandes	cansados	Senior Masculino	02:06:23	+55:35	07:26
156	126	JOSÉ LUIS DO NASCIMENTO GOUVEIA	individual	Veterano M40	02:06:39	+55:51	07:27
157	207	Ricardo Silva	piscinas municipais escariz	Senior Feminino	02:07:25	+56:37	07:30
158	110	alda cordeiro	individual	Veterana F40	02:07:54	+57:05	07:31
159	118	Cesario Rocha	individual	Veterano M40	02:07:54	+57:05	07:31
160	197	Nuno Filipe Ferreira Moura	piscinas municipais de santa maria da feira	Senior Masculino	02:07:55	+57:07	07:32
161	74	Daniel Filipe da Silva Moreira	individual	Senior Masculino	02:08:38	+57:49	07:34
162	92	Marco Soares	individual	Senior Masculino	02:08:54	+58:05	07:35
163	242	José Carlos Ricardo	individual	Veterano M40	02:09:26	+58:38	07:37
164	193	Fábio Bruno Tavares Sousa	piscinas municipais de santa maria da feira	Senior Masculino	02:10:55	+01:00:06	07:42
165	77	DAVID TEIXEIRA	individual	Senior Masculino	02:11:01	+01:00:12	07:42
166	204	Jose Manuel Dias Gonçalves	piscinas municipais de santa maria da feira	Veterano M40	02:11:10	+01:00:21	07:43
167	5	Carolina Gomes	adcrpj	Senior Feminino	02:11:56	+01:01:07	07:46
168	80	Helder Pinho	individual	Senior Masculino	02:11:57	+01:01:09	07:46
169	123	João Ribeiro	individual	Veterano M40	02:12:54	+01:02:05	07:49
170	112	Célia Sousa	individual	Veterana F40	02:12:54	+01:02:05	07:49
171	15	Tito José Sousa Abreu	born to conquer	Senior Masculino	02:15:47	+01:04:59	07:59
172	14	Ricardo Manuel Nunes Couto	born to conquer	Senior Masculino	02:15:48	+01:04:59	07:59
173	13	Gil Vicente Pinto Rodrigues	born to conquer	Senior Masculino	02:15:48	+01:05:00	07:59
174	232	Antonio Porrão	x5	Veterano M50	02:16:55	+01:06:06	08:03

TRAIL - STAGE 1

17 KM

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REVISED

[illegible]

OFFICIAL RESULT

[illegible]

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
175	233	Jose Riba	x5	Veterano M50	02:16:57	+01:06:08	08:03
176	32	Susana Pereira	clube nortada - murtosa night runners	Senior Feminino	02:17:58	+01:07:10	08:07
177	33	Carlos Martins	clube nortada - murtosa night runners	Senior Masculino	02:17:58	+01:07:10	08:07
178	113	pinto angela	individual	Veterana F40	02:18:09	+01:07:20	08:08
179	115	Susana Maria de Sousa Bastos	individual	Veterana F40	02:20:06	+01:09:18	08:15
180	111	Ana Maria De Sousa Bastos	individual	Veterana F40	02:20:07	+01:09:18	08:15
181	130	Paulo Jorge Madureira Ribeiro	individual	Veterano M40	02:20:08	+01:09:20	08:15
182	145	João Manuel Santos Silva	juões	Veterano M50	02:20:08	+01:09:20	08:15
183	151	Pedro Bernardes	lion runners - g. d. leões da guarda	Senior Masculino	02:20:09	+01:09:20	08:15
184	144	João Miguel Almeida da Silva	juões	Senior Masculino	02:20:09	+01:09:21	08:15
185	150	Ana Oliveira	lion runners - g. d. leões da guarda	Senior Feminino	02:20:09	+01:09:21	08:15
186	159	Fatima Costa	mums run	Senior Feminino	02:35:36	+01:24:48	09:09
187	162	Filomena Lascasas Rocha	nós e eles!	Veterana F40	02:35:37	+01:24:48	09:09
188	161	Maria João Peixoto	mums run	Veterana F40	02:35:37	+01:24:49	09:09
189	138	Vítor Manuel Folhas Redondo	individual	Veterano M40	02:39:32	+01:28:43	09:23
190	114	Salvina Maria Silva Ferreira	individual	Veterana F40	02:42:20	+01:31:32	09:33
191	65	Manuela Batista	individual	Senior Feminino	02:42:20	+01:31:32	09:33
192	78	Eduardo Batista	individual	Senior Masculino	02:42:20	+01:31:32	09:33
193	54	Vitor Teixeira	fyco team	Senior Masculino	03:02:43	+01:51:55	10:45
194	52	Sara Figueiredo	fyco team	Senior Feminino	03:02:44	+01:51:55	10:45
195	160	Josefa Bastos	mums run	Senior Feminino	03:02:48	+01:51:59	10:45

Trail

17 KM



OFFICIAL RESULT

	Time	Temperature	Humidity
Start	21:00	12.4°C	96%
End	00:03	12.2°C	93%

RANK	BIB	NAME	TEAM	CAT	RESULT	DIFF	t/KM
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Senior Feminino

1	214	Sara Carvalho	SC Salgueiros 08	Senior Feminino	01:30:21		05:19
2	66	Sergia Ariana Pinto	Individual	Senior Feminino	01:42:58	+12:37	06:03
3	60	Sandra Pera	GONDOMAR FUTSAL CLUBE	Senior Feminino	01:49:13	+18:52	06:25
4	158	Ana Resende	Mums run	Senior Feminino	01:50:19	+19:58	06:29
5	155	Claudia Moreira	Moinhos Run ADRM	Senior Feminino	01:57:12	+26:51	06:54
6	64	Elisabete Cunha	Individual	Senior Feminino	01:57:51	+27:30	06:56
7	63	Diana Duarte Vieira	Individual	Senior Feminino	01:58:53	+28:32	07:00
8	31	Ana Sousa	Clube Nortada - Murtosa Night Runners	Senior Feminino	01:59:00	+28:39	07:00
9	189	Viviana Marta Silva Pinho	Piscinas Municipais de Santa Maria da Feira	Senior Feminino	01:59:46	+29:25	07:03
10	206	Mafalda Valente	Piscinas Municipais Escariz	Senior Feminino	02:01:31	+31:10	07:09
11	174	Daniela Oliveira	Os Falta D'Ar	Senior Feminino	02:05:09	+34:48	07:22
12	207	Ricardo Silva	Piscinas Municipais Escariz	Senior Feminino	02:07:26	+37:05	07:30
13	5	Carolina Gomes	ADCRPJ	Senior Feminino	02:11:56	+41:35	07:46
14	32	Susana Pereira	Clube Nortada - Murtosa Night Runners	Senior Feminino	02:17:59	+47:38	08:07
15	150	Ana Oliveira	LION RUNNERS - G. D. Leões da Guarda	Senior Feminino	02:20:10	+49:49	08:15
16	159	Fatima Costa	Mums run	Senior Feminino	02:35:37	+01:05:16	09:09
17	65	Manuela Batista	Individual	Senior Feminino	02:42:21	+01:12:00	09:33
18	52	Sara Figueiredo	Fyco Team	Senior Feminino	03:02:44	+01:32:23	10:45
19	160	Josefa Bastos	Mums run	Senior Feminino	03:02:48	+01:32:27	10:45

Senior Masculino

1	106	tiago pinho	Individual	Senior Masculino	01:10:49		04:10
2	49	Diogo Fernandes	Dr Merino/Nutrifit	Senior Masculino	01:11:09	+00:20	04:11
3	57	paulo jorge soares pereira	G.D.C.Guilhovai	Senior Masculino	01:14:05	+03:16	04:21
4	164	Carlos Ramos	Núcleo de Montanha de Espinho	Senior Masculino	01:20:46	+09:57	04:45
5	96	paulo jorge silva pinto	Individual	Senior Masculino	01:22:02	+11:13	04:50
6	42	Pedro Pinho	CORREMOS.PT	Senior Masculino	01:25:47	+14:58	05:03
7	215	Milton César Miranda dos Santos	Sport Clube Beira-Mar	Senior Masculino	01:26:35	+15:46	05:06
8	224	FILIPE AMORIM	Trail Running Clube Btt Sanguedo	Senior Masculino	01:28:13	+17:24	05:11
9	11	Sergio Silva	BODY & ZEN/SALÃO MANOS RUNNING	Senior Masculino	01:28:54	+18:05	05:14
10	213	Sérgio Monteiro	Sardonisca Runners	Senior Masculino	01:29:44	+18:55	05:17
11	168	Wilmer Pestana Freitas	Núcleo de Montanha de Espinho	Senior Masculino	01:30:23	+19:34	05:19
12	236	Helder Rocha	G.C.A. (Grupo de Corrida Argoncilhe)	Senior Masculino	01:32:28	+21:39	05:26
13	102	Ricardo silva	Individual	Senior Masculino	01:33:28	+22:39	05:30

Official Timekeeper: Lap2Go	1 / 6	generate 27-May-2016 16:02
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Trail

17 KM

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14	39	Tiago Silva	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:33:57	+23:08	05:32
15	37	Mário Coutinho	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:34:00	+23:11	05:32
16	223	FÁBIO FERNANDES CORREIA	Trail Running Clube Btt Sanguedo	Senior Masculino	01:35:49	+25:00	05:38
17	67	Andre Cunha	Individual	Senior Masculino	01:36:01	+25:12	05:39
18	166	João Gabriel Vilares Costa Graça	Núcleo de Montanha de Espinho	Senior Masculino	01:36:12	+25:23	05:40
19	165	Geraldo Miguel Campos dos Santos	Núcleo de Montanha de Espinho	Senior Masculino	01:36:12	+25:23	05:40
20	100	Ricardo Jorge Teixeira Duarte	Individual	Senior Masculino	01:37:11	+26:22	05:43
21	195	Manuel Antonio Bastos Migueis	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:38:00	+27:11	05:46
22	72	Bruno Grilo	Individual	Senior Masculino	01:40:24	+29:35	05:54
23	108	vit0r hugo de oliveira martins	Individual	Senior Masculino	01:40:46	+29:57	05:56
24	76	Daniel Silva Pereira	Individual	Senior Masculino	01:41:24	+30:35	05:58
25	34	João Miguel da Silva Dias	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:42:01	+31:12	06:00
26	103	Sergio Filipe Sousa	Individual	Senior Masculino	01:42:53	+32:04	06:03
27	91	Marco Silva	Individual	Senior Masculino	01:43:00	+32:11	06:04
28	38	Pedro Rafael Tavares Garrido	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:43:20	+32:31	06:05
29	6	Daniel Soares	ADCRPJ	Senior Masculino	01:43:24	+32:35	06:05
30	148	Pedro Marques	KeMedo Team	Senior Masculino	01:43:53	+33:04	06:07
31	190	Alcides José da Silva Barbosa	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:44:10	+33:21	06:08
32	235	Romeu Rocha	Os falta de ar	Senior Masculino	01:44:15	+33:26	06:08
33	90	marco Peixoto	Individual	Senior Masculino	01:45:55	+35:06	06:14
34	157	Diogo Couto	Moreira Relax Runners	Senior Masculino	01:46:11	+35:22	06:15
35	105	Simão Cardoso	Individual	Senior Masculino	01:46:18	+35:29	06:15
36	86	Joao Silva	Individual	Senior Masculino	01:46:19	+35:30	06:15
37	154	Diogo Gomes Rodrigues	Marta e Companhia, Lda	Senior Masculino	01:46:40	+35:51	06:16
38	634	Gonçalo Augusto Amorim Nogueira Batista	Individual	Senior Masculino	01:46:42	+35:53	06:17
39	167	Tiago Costa	Núcleo de Montanha de Espinho	Senior Masculino	01:47:31	+36:42	06:19
40	73	Carlos marcelo dias marques	Individual	Senior Masculino	01:49:09	+38:20	06:25
41	85	João Paulo Amorim Patrício	Individual	Senior Masculino	01:50:19	+39:30	06:29
42	93	Mário Oliveira	Individual	Senior Masculino	01:50:19	+39:30	06:29
43	187	João Sousa	PERUF RACE TEAM	Senior Masculino	01:50:19	+39:30	06:29
44	98	Pedro santos	Individual	Senior Masculino	01:50:49	+40:00	06:31
45	146	Pedro Costa	kagados	Senior Masculino	01:50:55	+40:06	06:31
46	50	Hugo Ricardo Lima	Fogaças com Malapos	Senior Masculino	01:51:24	+40:35	06:33
47	185	David Felizardo	OzXtreme/GDCR	Senior Masculino	01:52:34	+41:45	06:37
48	186	Pedro Isabel	OzXtreme/GDCR	Senior Masculino	01:52:34	+41:45	06:37
49	69	André saraiva	Individual	Senior Masculino	01:53:29	+42:40	06:41
50	109	Vitor Manuel de Oliveira Saraiva	Individual	Senior Masculino	01:53:50	+43:01	06:42
51	104	Sérgio Vieira	Individual	Senior Masculino	01:54:09	+43:20	06:43
52	163	André Fernando Neves	Núcleo de Montanha de Espinho	Senior Masculino	01:54:35	+43:46	06:44
53	68	André Filipe Rodrigues Gonçalves	Individual	Senior Masculino	01:56:31	+45:42	06:51
54	40	Vitor Silva	Clube Nortada - Murtosa Night Runners	Senior Masculino	01:57:11	+46:22	06:54

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55	89	Lucas Sabença Leitão	Individual	Senior Masculino	01:57:17	+46:28	06:54
56	99	Ricardo Alexandre Leite Correia	Individual	Senior Masculino	01:57:17	+46:28	06:54
57	101	Ricardo pereira	Individual	Senior Masculino	01:57:24	+46:35	06:54
58	209	domingos ventura	Piscinas Municipais Escariz	Senior Masculino	01:58:00	+47:11	06:56
59	107	Vasco Costa	Individual	Senior Masculino	01:58:55	+48:06	07:00
60	94	Michel Rolo	Individual	Senior Masculino	01:59:36	+48:47	07:02
61	192	André Filipe Lopes Pinho Barge	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	01:59:48	+48:59	07:03
62	220	Ricardo Alexandre Carvalho Trigo	STEP BY STEP	Senior Masculino	02:00:18	+49:29	07:05
63	198	Paulo Filipe Pereira Moreira	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:02:08	+51:19	07:11
64	196	Mário João Gomes da Silva	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:02:48	+51:59	07:13
65	191	Amadeu Pereira da Silva	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:02:49	+52:00	07:13
66	36	Marcos André Roldão	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:03:09	+52:20	07:15
67	35	João Miguel Tavares Garrido	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:04:14	+53:25	07:18
68	175	Nelson Ferreira	Os Falta D'Ar	Senior Masculino	02:05:09	+54:20	07:22
69	176	Rui Teixeira Pinto	Os Falta D'Ar	Senior Masculino	02:05:12	+54:23	07:22
70	28	Rui Manuel Lopes Silva	Cansados	Senior Masculino	02:06:23	+55:34	07:26
71	25	César Alexandre Barros Afonso	Cansados	Senior Masculino	02:06:23	+55:34	07:26
72	27	Pedro Joel Lopes Silva	Cansados	Senior Masculino	02:06:23	+55:34	07:26
73	26	Marcelo Ramalho Fernandes	Cansados	Senior Masculino	02:06:24	+55:35	07:26
74	197	Nuno Filipe Ferreira Moura	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:07:56	+57:07	07:32
75	74	Daniel Filipe da Silva Moreira	Individual	Senior Masculino	02:08:38	+57:49	07:34
76	92	Marco Soares	Individual	Senior Masculino	02:08:54	+58:05	07:35
77	193	Fábio Bruno Tavares Sousa	Piscinas Municipais de Santa Maria da Feira	Senior Masculino	02:10:55	+01:00:06	07:42
78	77	DAVID TEIXEIRA	Individual	Senior Masculino	02:11:01	+01:00:12	07:42
79	80	Helder Pinho	Individual	Senior Masculino	02:11:58	+01:01:09	07:46
80	15	Tito José Sousa Abreu	Born to Conquer	Senior Masculino	02:15:48	+01:04:59	07:59
81	14	Ricardo Manuel Nunes Couto	Born to Conquer	Senior Masculino	02:15:48	+01:04:59	07:59
82	13	Gil Vicente Pinto Rodrigues	Born to Conquer	Senior Masculino	02:15:49	+01:05:00	07:59
83	33	Carlos Martins	Clube Nortada - Murtosa Night Runners	Senior Masculino	02:17:59	+01:07:10	08:07
84	151	Pedro Bernardes	LION RUNNERS - G. D. Leões da Guarda	Senior Masculino	02:20:09	+01:09:20	08:15
85	144	João Miguel Almeida da Silva	Juões	Senior Masculino	02:20:10	+01:09:21	08:15
86	78	Eduardo Batista	Individual	Senior Masculino	02:42:21	+01:31:32	09:33
87	54	Vitor Teixeira	Fyco Team	Senior Masculino	03:02:44	+01:51:55	10:45

Veterana F40

1	44	Rosário Martins	CORREMOS.PT	Veterana F40	01:38:02		05:46
2	45	Susana Simões	CORREMOS.PT	Veterana F40	01:40:29	+02:27	05:55
3	178	Suzana Andrade	Os Falta D'Ar	Veterana F40	01:40:48	+02:46	05:56

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Trail

17 KM

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4	217	Cláudia Cálix	Sport Clube Beira-Mar	Veterana F40	01:48:33	+10:31	06:23
5	43	Claudia Magalhaes	CORREMOS.PT	Veterana F40	01:52:55	+14:53	06:39
6	169	Cristina Gomes	Núcleo de Montanha de Espinho	Veterana F40	01:59:00	+20:58	07:00
7	210	Mónica Oliveira	Piscinas Municipais Escariz	Veterana F40	02:01:16	+23:14	07:08
8	110	alda cordeiro	Individual	Veterana F40	02:07:54	+29:52	07:31
9	112	Célia Sousa	Individual	Veterana F40	02:12:54	+34:52	07:49
10	113	pinto angela	Individual	Veterana F40	02:18:09	+40:07	08:08
11	115	Susana Maria de Sousa Bastos	Individual	Veterana F40	02:20:07	+42:05	08:15
12	111	Ana Maria De Sousa Bastos	Individual	Veterana F40	02:20:07	+42:05	08:15
13	162	Filomena Lascasas Rocha	Nós e eles!	Veterana F40	02:35:37	+57:35	09:09
14	161	Maria João Peixoto	Mums run	Veterana F40	02:35:38	+57:36	09:09
15	114	Salvina Maria Silva Ferreira	Individual	Veterana F40	02:42:21	+01:04:19	09:33

Veterano M40

1	58	Artur Rodrigues	G.D.C.Guilhovai	Veterano M40	01:11:00	04:11
2	238	Manuel Hurbanp	Individual	Veterano M40	01:17:06	+06:06 04:32
3	48	Telmo Veloso	CORREMOS.PT	Veterano M40	01:17:10	+06:10 04:32
4	51	Pedro Santos	FUGITIVOS URBANOS	Veterano M40	01:19:45	+08:45 04:41
5	20	David Leite	Caldas de S.Jorge Sport Clube	Veterano M40	01:23:04	+12:04 04:53
6	122	João Manuel Sousa Moreira	Individual	Veterano M40	01:26:12	+15:12 05:04
7	29	Asdrúbal Freitas	CENTRO CICLISTA DE GONDOMAR	Veterano M40	01:26:24	+15:24 05:05
8	173	Nuno Miguel Faustino Dias Coelho	Núcleo de Montanha de Espinho	Veterano M40	01:26:43	+15:43 05:06
9	19	Alberto Neves	Caldas de S.Jorge Sport Clube	Veterano M40	01:26:58	+15:58 05:07
10	226	José Carlos Fontes Pereira	Trail Running Clube Btt Sanguedo	Veterano M40	01:28:23	+17:23 05:12
11	218	Alex Tondela	Sport Clube Beira-Mar	Veterano M40	01:29:56	+18:56 05:17
12	231	Luis Leça	Trocopasso Runners	Veterano M40	01:30:24	+19:24 05:19
13	22	Manuel Grilo	Caldas de S.Jorge Sport Clube	Veterano M40	01:30:37	+19:37 05:20
14	149	Hélder Gomes	KeMedo Team	Veterano M40	01:31:06	+20:06 05:22
15	9	Alcino Gouveia	Ascários de Escariz	Veterano M40	01:31:14	+20:14 05:22
16	8	Paulo Grilo	ARCORUN	Veterano M40	01:33:32	+22:32 05:30
17	170	António Miguel Araújo Magalhães	Núcleo de Montanha de Espinho	Veterano M40	01:33:38	+22:38 05:30
18	179	Jorge Silva	Os Falta D'Ar	Veterano M40	01:33:42	+22:42 05:31
19	227	MANUEL ALMEIDA CORREIA BASTOS	Trail Running Clube Btt Sanguedo	Veterano M40	01:37:05	+26:05 05:43
20	229	RICHARD GUSTAVO NOGUEIRA DA SILVA	Trail Running Clube Btt Sanguedo	Veterano M40	01:37:05	+26:05 05:43
21	181	Marco Botelho	Os Falta D'Ar	Veterano M40	01:37:05	+26:05 05:43
22	171	José Pedro Conde Pinto da Silva	Núcleo de Montanha de Espinho	Veterano M40	01:37:34	+26:34 05:44
23	30	Américo Gomes	CLUBE ATLETISMO DE LAMAS	Veterano M40	01:37:42	+26:42 05:45
24	129	nuno freitas	Individual	Veterano M40	01:39:43	+28:43 05:52
25	137	Silvério Oliveira dos Santos	Individual	Veterano M40	01:40:19	+29:19 05:54
26	172	Nuno Álvaro Tamagnini Barbosa Silva Castro	Núcleo de Montanha de Espinho	Veterano M40	01:40:34	+29:34 05:55
27	21	Eduado Martins	Caldas de S.Jorge Sport Clube	Veterano M40	01:40:48	+29:48 05:56
28	121	helder silva	Individual	Veterano M40	01:41:23	+30:23 05:58
29	212	César Pereira	RUFEL TEAM	Veterano M40	01:42:08	+31:08 06:00

Trail

17 KM

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OFFICIAL RESULT

30	133	Pedro Brandão Gomes	Individual	Veterano M40	01:42:58	+31:58	06:03
31	2	Raul Silva	Individual	Veterano M40	01:43:15	+32:15	06:04
32	10	José Oliveira	Ascários de Escariz	Veterano M40	01:43:31	+32:31	06:05
33	116	António Alves	Individual	Veterano M40	01:43:51	+32:51	06:07
34	135	Rui Miguel Silva pinto	Individual	Veterano M40	01:43:51	+32:51	06:07
35	128	Miguel Santos	Individual	Veterano M40	01:44:44	+33:44	06:10
36	117	Carlos Augusto Martins da Silva	Individual	Veterano M40	01:45:17	+34:17	06:12
37	59	Luís Oliveira	GD santander totta	Veterano M40	01:47:30	+36:30	06:19
38	142	Joaquim Oliveira	InsanOs	Veterano M40	01:48:35	+37:35	06:23
39	24	Pedro Silva	Caldas de S.Jorge Sport Clube	Veterano M40	01:48:45	+37:45	06:24
40	228	QUINTINO AMORIM	Trail Running Clube Btt Sanguedo	Veterano M40	01:49:13	+38:13	06:25
41	23	Martinho Santos	Caldas de S.Jorge Sport Clube	Veterano M40	01:50:33	+39:33	06:30
42	132	Paulo Silva	Individual	Veterano M40	01:50:44	+39:44	06:31
43	41	Pedro Mendonça	Clube Nortada - Murtosa Night Runners	Veterano M40	01:50:59	+39:59	06:32
44	234	José Couto	Individual	Veterano M40	01:52:10	+41:10	06:36
45	47	Pedro Conde	CORREMOS.PT	Veterano M40	01:52:55	+41:55	06:39
46	120	Fernando Jose Silva Ferreira	Individual	Veterano M40	01:56:17	+45:17	06:50
47	222	Henrique Silva	Ter Mais Vida	Veterano M40	01:57:44	+46:44	06:56
48	131	paulo moreira	Individual	Veterano M40	01:57:56	+46:56	06:56
49	125	Jorge Nunes	Individual	Veterano M40	01:58:53	+47:53	07:00
50	202	Jorge Manuel de Sousa Oliveira	Piscinas Municipais de Santa Maria da Feira	Veterano M40	01:59:47	+48:47	07:03
51	221	Ivo Almeida	STEP BY STEP	Veterano M40	02:00:18	+49:18	07:05
52	225	Baltazar Joaquim de Jesus Ferreira	Trail Running Clube Btt Sanguedo	Veterano M40	02:03:12	+52:12	07:15
53	139	Vítor Neto	Individual	Veterano M40	02:03:33	+52:33	07:16
54	182	Rui Teixeira	Os Falta D'Ar	Veterano M40	02:05:12	+54:12	07:22
55	126	JOSÉ LUIS DO NASCIMENTO GOUVEIA	Individual	Veterano M40	02:06:40	+55:40	07:27
56	118	Cesario Rocha	Individual	Veterano M40	02:07:54	+56:54	07:31
57	242	José Carlos Ricardo	Individual	Veterano M40	02:09:27	+58:27	07:37
58	204	Jose Manuel Dias Gonçalves	Piscinas Municipais de Santa Maria da Feira	Veterano M40	02:11:10	+01:00:10	07:43
59	123	João Ribeiro	Individual	Veterano M40	02:12:54	+01:01:54	07:49
60	130	Paulo Jorge Madureira Ribeiro	Individual	Veterano M40	02:20:09	+01:09:09	08:15
61	138	Vítor Manuel Folhas Redondo	Individual	Veterano M40	02:39:32	+01:28:32	09:23

Veterano M50

1	184	OSCAR FERREIRA	Os Falta D'Ar	Veterano M50	01:19:46		04:42
2	239	Fernando Ferreira	Individual	Veterano M50	01:27:08	+07:22	05:08
3	180	Manuel Oliveira	Os Falta D'Ar	Veterano M50	01:32:46	+13:00	05:27
4	183	Carlos Fazendeiro	Os Falta D'Ar	Veterano M50	01:37:05	+17:19	05:43
5	205	Jose Santos Silva	Piscinas Municipais de Santa Maria da Feira	Veterano M50	01:37:08	+17:22	05:43
6	12	Alcino Santos	BODY & ZEN/SALÃO MANOS RUNNING	Veterano M50	01:38:13	+18:27	05:47
7	143	Alberto Sá	InsanOs	Veterano M50	01:48:36	+28:50	06:23

Trail

17 KM

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OFFICIAL RESULT

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8	230	António Celestino Nogueira	Trail Running Clube Btt Sanguedo	Veterano M50	01:49:13	+29:27	06:25
9	152	Mário Soares	LION RUNNERS - G. D. Leões da Guarda	Veterano M50	01:57:51	+38:05	06:56
10	156	Rui Quinta	Moinhos Run ADRM	Veterano M50	02:01:20	+41:34	07:08
11	232	Antonio Porrão	X5	Veterano M50	02:16:55	+57:09	08:03
12	233	Jose Riba	X5	Veterano M50	02:16:57	+57:11	08:03
13	145	João Manuel Santos Silva	Juões	Veterano M50	02:20:09	+01:00:23	08:15

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