

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
MÁRCIO PEREIRA	A.R.Casaense/Escola De Atletismo De Coimbra / Intermarché Condeixa	717	1	01:47:55.377	00:00:00.000
PAULO AMARAL	A.R.Casaense/Escola De Atletismo De Coimbra / Intermarché Condeixa	477	2	01:48:11.153	00:00:15.776
ORLANDO PIRES	Formobike Btt & Trail Running	500	3	01:48:26.897	00:00:31.520
FERNANDO CARVALHO	Ozxtreme/Adcrpereira	808	4	01:51:18.553	00:03:23.176
EDGAR FARIA	Ozxtreme/Adcrpereira	836	5	01:51:27.173	00:03:31.796
HÉLDER PIEDADE	Ozxtreme/Adcrpereira	446	6	01:51:32.867	00:03:37.490
CARLOS PIMENTA	Lusoteam	448	7	01:53:36.160	00:05:40.783
MANUEL SILVA	Ozxtreme/Adcrpereira	404	8	01:54:03.173	00:06:07.796
EDUARDO MOREIRA	Sc Povoense - Caracois De Corrida	636	9	01:54:07.873	00:06:12.496
VÍTOR GODINHO	A.R.Casaense/Escola De Atletismo De Coimbra / Intermarché Condeixa	624	10	01:54:48.197	00:06:52.820
VASCO MONTEIRO	Vikings Trail Runners / Ccr Alcabideque	710	11	01:55:08.483	00:07:13.106
JOAQUIM BALTAZAR	Arcd Venda Da Luisa	531	12	01:55:17.210	00:07:21.833
PAULO SANTOS	Grupo Desportivo Ferreirense/Mountain Trails	839	13	01:55:36.787	00:07:41.410
RENATO MELO	Vikings Trail Runners / Ccr Alcabideque	694	14	01:55:49.377	00:07:54.000
RICARDO AGUIAR	Sc Povoense - Caracois De Corrida	641	15	01:56:02.170	00:08:06.793
JOÃO SACRAMENTO	Ozxtreme/Adcrpereira	408	16	01:56:54.057	00:08:58.680
DIOGO SACRAMENTO	Montanha Clube Trail Running/Efapel	643	17	01:57:02.653	00:09:07.276
JOSÉ JESUS	Formobike Btt & Trail Running	818	18	01:57:41.393	00:09:46.016
BRUNO RIBEIRO	Vikings Trail Runners / Ccr Alcabideque	701	19	01:58:26.683	00:10:31.306
MARCO CARVALHO	Fireteambvmc	455	20	01:58:59.460	00:11:04.083
NUNO VELOSO	Montanha Clube Trail Running/Efapel	738	21	01:59:28.347	00:11:32.970
JOSÉ SANTOS	Sc Povoense - Caracois De Corrida	670	22	02:00:22.420	00:12:27.043
DUARTE CRUZ	Montanha Clube Trail Running/Efapel	778	23	02:01:27.917	00:13:32.540
ANDRÉ FONTE	A.R.Casaense/Escola De Atletismo De Coimbra / Intermarché Condeixa	631	24	02:01:40.483	00:13:45.106
MAURO MARTINS	Vikings Trail Runners / Ccr Alcabideque	706	25	02:03:33.830	00:15:38.453
PEDRO OLIVEIRA	Grupo Recreativo Vilaverdense	425	26	02:04:04.663	00:16:09.286
RUI CORTESÃO	Arsm - Associação Recreativa De S. Miguel	508	27	02:04:15.180	00:16:19.803
HUMBERTO GONÇALVES	Individual	676	28	02:04:31.850	00:16:36.473
JOÃO NEPOMUCENO	Dá-Lhe Gás Team	479	29	02:05:14.427	00:17:19.050
MIGUEL RAMOS	Vikings Trail Runners / Ccr Alcabideque	708	30	02:05:24.547	00:17:29.170
LICINIO SILVA	Grupo Alegre Unido Bajouca	763	31	02:05:43.277	00:17:47.900
FERNANDO JORGE	Dá-Lhe Gás Team	829	32	02:05:53.010	00:17:57.633
LUIS PEREIRA	Individual	637	33	02:06:00.537	00:18:05.160
BRUNO SIMOES	Trail Bela Bela	783	34	02:06:16.490	00:18:21.113
FERNANDO BASTOS	Montanha Clube Trail Running/Efapel	418	35	02:06:20.867	00:18:25.490
ARTUR GÂNDARA	Arcd Venda Da Luisa	544	36	02:06:58.820	00:19:03.443
LUIS HENRIQUES	Arsm - Associação Recreativa De S. Miguel	457	37	02:07:07.727	00:19:12.350
PEDRO RAMOS	Arsm - Associação Recreativa De S. Miguel	625	38	02:07:07.733	00:19:12.356
LUIS MARTINS	O Mundo Da Corrida	560	39	02:07:41.553	00:19:46.176
TIAGO DUARTE	Atletismo Clube Da Tocha	423	40	02:08:46.667	00:20:51.290
ANDRÉ FERNANDES	Grupo Alegre Unido Bajouca	812	41	02:10:45.140	00:22:49.763
DIOGO ALVES	Vikings Trail Runners / Ccr Alcabideque	711	42	02:11:04.723	00:23:09.346
ADRIANO TABANEZ	Atletismo Clube Da Tocha	618	43	02:11:10.177	00:23:14.800
NUNO AZUL	Bio Team Run	668	44	02:11:16.090	00:23:20.713

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ MARQUES	Arcd Venda Da Luisa	533	45	02:11:38.650	00:23:43.273
ANDRÉ PAIVA	Farmácia Luciano & Matos	661	46	02:13:10.297	00:25:14.920
BRUNO MARQUES	Atletismo Clube Da Tocha	419	47	02:13:23.537	00:25:28.160
ALEXANDRE CONCHO	Acdrs Quinhendros	688	48	02:13:25.090	00:25:29.713
CARLOS QUINTEIROS	Arcd Venda Da Luisa	476	49	02:13:46.327	00:25:50.950
TIAGO RODRIGUES	Montanha Clube Trail Running/Efapel	736	50	02:13:47.173	00:25:51.796
JOÃO COSTA	Dá-Lhe Gás Team	498	51	02:14:03.387	00:26:08.010
VERA BERNARDO	Arcd Venda Da Luisa	527	52	02:14:12.287	00:26:16.910
DANIEL SANTOS	Ugas Trail Running	564	53	02:14:23.007	00:26:27.630
GILDO SANTOS	Abutres	442	54	02:15:00.577	00:27:05.200
RODRIGO VIEIRA	Dá-Lhe Gás Team	800	55	02:18:48.363	00:30:52.986
ANTONIO MELO	Vikings Trail Runners / Ccr Alcabideque	704	56	02:18:56.533	00:31:01.156
ÁLVARO CENTEIO	Ugas Trail Running	758	57	02:18:58.190	00:31:02.813
FILIPE PINHEIRO	Turbo Mulas	762	58	02:19:12.140	00:31:16.763
TIAGO ALMEIDA	Arcd Venda Da Luisa	522	59	02:19:18.250	00:31:22.873
JOÃO PEREIRA	Out 2 Run Miro	638	60	02:19:25.000	00:31:29.623
LORA PEREIRA	Acdrs Quinhendros	422	61	02:19:35.517	00:31:40.140
VALTER RAINHO	Bio Team Run	720	62	02:19:42.613	00:31:47.236
VITOR GONÇALVES	Vikings Trail Runners / Ccr Alcabideque	712	63	02:20:06.057	00:32:10.680
NÉLIO OLIVEIRA	Atletismo Clube Da Tocha	557	64	02:20:07.300	00:32:11.923
JOAO RASTEIRO	C. B. Viseu Running Team	847	65	02:20:08.067	00:32:12.690
ANDRÉ LAVADO	Acdrs Quinhendros	509	66	02:20:15.487	00:32:20.110
JOÃO REIS	Arcd Venda Da Luisa	538	67	02:20:23.370	00:32:27.993
NUNO RODRIGUES	Grvilaverdense	482	68	02:20:30.183	00:32:34.806
NÉLIO GIRÃO	Formobike Btt & Trail Running	595	69	02:20:51.153	00:32:55.776
BRUNO SERRA	Individual	845	70	02:20:58.873	00:33:03.496
LUÍS MENDES	Abutres	780	71	02:21:12.590	00:33:17.213
JOSÉ SIMÕES	Acdrs Quinhendros	414	72	02:21:15.810	00:33:20.433
MAURO GONÇALVES	Rodadian	461	73	02:21:37.367	00:33:41.990
JOAO COSTA	Montanha Clube Trail Running/Efapel	642	74	02:22:12.583	00:34:17.206
JOÃO PIRES	Individual	465	75	02:22:16.007	00:34:20.630
JOSÉ SANTOS	Arcd Venda Da Luisa	532	76	02:23:19.050	00:35:23.673
RENATO SANTOS	Individual	774	77	02:24:05.900	00:36:10.523
LUIS MOÇO	Vikings Trail Runners / Ccr Alcabideque	849	78	02:24:10.980	00:36:15.603
SARA PEDROSA	Montanha Clube Trail Running/Efapel	617	79	02:24:17.817	00:36:22.440
NUNO CARVALHO	Individual	424	80	02:24:40.017	00:36:44.640
ANTÓNIO SILVA	Acdrs Quinhendros	431	81	02:24:40.490	00:36:45.113
JORGÉ CORDEIRO	Soure Mov	654	82	02:25:24.013	00:37:28.636
TOMÉ LOPES	Dá-Lhe Gás Team	497	83	02:25:59.490	00:38:04.113
ANTÓNIO JORGE	Acdrs Quinhendros	427	84	02:26:20.447	00:38:25.070
CARLOS ANTÓNIO	Não Dá Mais	756	85	02:26:22.050	00:38:26.673
MARCO CUNHA	Individual	802	86	02:26:23.240	00:38:27.863
NUNO GONÇALVES	Individual	731	87	02:26:46.207	00:38:50.830
JOSÉ PINTO	A.R.Casaense/Escola De Atletismo De Coimbra / Intermarché Condeixa	450	88	02:27:06.423	00:39:11.046

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
AUGUSTO SILVA	Vikings Trail Runners / Ccr Alcabideque	695	89	02:27:10.010	00:39:14.633
MÓNICA RIBEIRO	Vikings Trail Runners / Ccr Alcabideque	714	90	02:27:10.257	00:39:14.880
LEONARDO CRUZ	Frijobel	826	91	02:27:27.557	00:39:32.180
JOAQUIM VIEIRA	Individual	581	92	02:27:30.867	00:39:35.490
VÍTOR SANTO	Task Force Das Cofragens	723	93	02:27:31.127	00:39:35.750
RICARDO HENRIQUES	Dá-Lhe Gás Team	814	94	02:27:42.283	00:39:46.906
LUIS FERNANDES	Veteranos Penelense	842	95	02:27:51.640	00:39:56.263
HENRIQUE FERNANDES	Bio Team Run	677	96	02:28:07.380	00:40:12.003
NUNO SIMÕES	Trail Da Ladeia Running Team	819	97	02:28:14.173	00:40:18.796
FERNANDO SANTOS	Grvilaverdense	619	98	02:28:17.497	00:40:22.120
MARCO OLIVEIRA	Arcd Venda Da Luisa	537	99	02:28:19.093	00:40:23.716
PEDRO CARDOSO	Individual	680	100	02:28:43.617	00:40:48.240
NORBERTO ROSA	Jástrada	682	101	02:29:03.900	00:41:08.523
ALEXANDRE TARQUINI	Vikings Trail Runners / Ccr Alcabideque	850	102	02:29:08.843	00:41:13.466
JOÃO MONTEIRO	Vikings Trail Runners / Ccr Alcabideque	713	103	02:29:09.117	00:41:13.740
FRANCISCO CALHINDRO	Arcd Venda Da Luisa	534	104	02:29:25.107	00:41:29.730
DANY GRILO	Grupo Alegre E Unido	402	105	02:30:17.307	00:42:21.930
MIGUEL VIAMONTE	Turbo Mulas	809	106	02:30:23.667	00:42:28.290
SOFIA SIMOES	Grupo Desportivo Ferreirense/Mountain Trails	607	107	02:31:10.183	00:43:14.806
PAULO CARVALHO	Formobike Btt & Trail Running	416	108	02:31:21.157	00:43:25.780
RICARDO PENEDA	Individual	571	109	02:31:26.907	00:43:31.530
CARLOS FERREIRA	Vikings Trail Runners / Ccr Alcabideque	834	110	02:31:43.473	00:43:48.096
RICARDO LUCAS	Caminhar Ao Luar	795	111	02:31:55.607	00:44:00.230
JOÃO RAMOS	Ugas Trail Running	563	112	02:32:16.337	00:44:20.960
MANUEL GASPAR	Jástrada	684	113	02:32:24.257	00:44:28.880
RUI FERREIRA	Individual	726	114	02:32:48.590	00:44:53.213
VIRGÍLIO NETO	Casa Do Benfica Condeixa	415	115	02:32:50.837	00:44:55.460
JOSÉ CORREIA	Arsm - Associação Recreativa De S. Miguel	496	116	02:32:59.213	00:45:03.836
ROMEU CARVALHO	Rodadianteira	506	117	02:33:09.203	00:45:13.826
MICAEL ARROMBA	Besouros.Com	810	118	02:33:15.637	00:45:20.260
SERGIO VILÃO	Gdrc Sebal	493	119	02:33:17.163	00:45:21.786
MARC GANDRA	Róódinhas-Santos Silva /Oxygen-Gym & Fitness	735	120	02:33:30.410	00:45:35.033
PEDRO MENDES	Individual	586	121	02:33:31.280	00:45:35.903
GABRIEL MATOS	Arsm - Associação Recreativa De S. Miguel	556	122	02:34:09.563	00:46:14.186
GONÇALO LOURENÇO	Farmácia Luciano & Matos	651	123	02:34:34.220	00:46:38.843
NUNO PINHEIRO	Soure Mov	616	124	02:34:49.010	00:46:53.633
DÍLIA SANTOS	Arsm - Associação Recreativa De S. Miguel	614	125	02:35:08.187	00:47:12.810
TOME FERNANDES	Grupo Alegre Unido Bajouca	433	126	02:35:39.047	00:47:43.670
JOSE COSTA	Ozxtreme/Adcrpereira	664	127	02:36:21.797	00:48:26.420
URBANO MARQUES	Individual	507	128	02:36:36.317	00:48:40.940
LAO FIGUEIREDO	Individual	505	129	02:36:38.890	00:48:43.513
MARCELO COUTINHO	This Side Up - Run Team	640	130	02:36:47.730	00:48:52.353
JOSÉ FIGUEIREDO	O Mundo Da Corrida	443	131	02:36:59.673	00:49:04.296
JORGE ROCHA	Ansibikers	620	132	02:37:06.440	00:49:11.063

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
JOSÉ ANTUNES	Dá-Lhe Gás Team	480	133	02:37:46.473	00:49:51.096
JOSÉ DIAS	Dá-Lhe Gás Team	510	134	02:37:46.707	00:49:51.330
SILVIA DIAS	Dá-Lhe Gás Team	511	135	02:37:47.333	00:49:51.956
ALEX SILVA	Grvilaverdense	590	136	02:37:52.720	00:49:57.343
PEDRO FIGUEIREDO	Bio Team Run	653	137	02:37:52.720	00:49:57.343
LUÍS CARVALHO	Individual	458	138	02:38:06.653	00:50:11.276
JOSÉ NUNES	Arsm - Associação Recreativa De S. Miguel	485	139	02:38:07.143	00:50:11.766
JOÃO RAINHO	Bio Team Run	734	140	02:38:15.273	00:50:19.896
MARCO FERREIRA	Rodadianteira	513	141	02:38:21.443	00:50:26.066
PEDRO SIMOES	Montanha Clube Trail Running/Efapel	561	142	02:39:48.877	00:51:53.500
CIDÁLIA OLIVEIRA	Acdrs Quinhendros	444	143	02:39:58.377	00:52:03.000
ANTONIO FERREIRA	Formobike Btt & Trail Running	447	144	02:39:59.203	00:52:03.826
NUNO SOARES	Gatinhos Assanhados	671	145	02:40:11.017	00:52:15.640
MÁRIO COELHO	Individual	687	146	02:40:16.393	00:52:21.016
FERNANDO FONSECA	O Mundo Da Corrida	429	147	02:40:32.200	00:52:36.823
PAULA MENDES	Escaravelhos - Cmmouronho Trail Running	626	148	02:40:38.017	00:52:42.640
NUNO COELHO	Formobike Btt & Trail Running	492	149	02:41:11.747	00:53:16.370
PAULA OLIVEIRA	Grvilaverdense	597	150	02:41:38.693	00:53:43.316
JOSÉ BUGALHO	Grvilaverdense	596	151	02:41:39.443	00:53:44.066
ANDRÉ ANTUNES	Arcd Venda Da Luisa	541	152	02:41:52.900	00:53:57.523
JOEL OLIVEIRA	Arcd Venda Da Luisa	539	153	02:41:53.337	00:53:57.960
JOSE MADEIRA	Soure Mov	805	154	02:42:31.910	00:54:36.533
PASCOAL OLIVEIRA	Cscrfc Charneca	781	155	02:42:49.827	00:54:54.450
RICARDO BICA	Individual	813	156	02:42:50.737	00:54:55.360
VLADISLAVS MATOS	Individual	804	157	02:42:52.807	00:54:57.430
GONÇALO DEUS	Arcd Venda Da Luisa	521	158	02:42:57.937	00:55:02.560
JOÃO LAMAS	Vikings Trail Runners / Ccr Alcabideque	696	159	02:43:21.700	00:55:26.323
GONÇALO ALVES	Individual	822	160	02:43:24.187	00:55:28.810
FRANCISCO SILVA	Individual	645	161	02:43:25.193	00:55:29.816
ALICE VENTURA	Vikings Trail Runners / Ccr Alcabideque	700	162	02:43:32.867	00:55:37.490
ROBERTO DUARTE	Vikings Trail Runners / Ccr Alcabideque	699	163	02:44:31.977	00:56:36.600
RICARDO SANTOS	Bio Team Run	652	164	02:44:35.693	00:56:40.316
HUGO MAROUVO	Ccd Crédito Agrícola Mútuo	603	165	02:44:58.227	00:57:02.850
BRUNO LIMA	Cscr	751	166	02:45:07.370	00:57:11.993
RICARDO MOREIRA	Lobos Da Serra - Loureiro	583	167	02:45:22.057	00:57:26.680
RUI LOURENÇO-RUKA	Abutres	573	168	02:45:44.867	00:57:49.490
PATRICIA SIMÕES	Vikings Trail Runners / Ccr Alcabideque	703	169	02:47:00.943	00:59:05.566
NUNO ALMEIDA	Individual	635	170	02:47:06.703	00:59:11.326
SANDRA AGRA	Vikings Trail Runners / Ccr Alcabideque	697	171	02:47:10.027	00:59:14.650
SUSANA CASTRO	Acrd Psp Viseu Runners	743	172	02:47:22.770	00:59:27.393
CLAUDIA MOITA	Boom Trail Team	747	173	02:47:23.400	00:59:28.023
FERNANDO MARQUES	Acrd Psp Viseu Runners	742	174	02:47:25.957	00:59:30.580
JOÃO PIRES	Os Pires	464	175	02:47:39.140	00:59:43.763
HUGO BAETA	Individual	803	176	02:48:00.653	01:00:05.276

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DANIELA GONÇALVES	Vikings Trail Runners / Ccr Alcabideque	715	177	02:48:03.540	01:00:08.163
CÉLIA SANTOS	Arcd Venda Da Luisa	543	178	02:48:31.770	01:00:36.393
TIAGO PIRES	Casa Do Benfica Condeixa	662	179	02:49:27.603	01:01:32.226
FRANCISCO MARTINHO	Caminhar Ao Luar	766	180	02:49:28.317	01:01:32.940
PEDRO BÓIA	Grvilaverdense	730	181	02:49:52.263	01:01:56.886
DUARTE LAPO	Individual	470	182	02:50:40.900	01:02:45.523
SARA FILIPE	Arsm - Associação Recreativa De S. Miguel	576	183	02:50:46.390	01:02:51.013
CATIA LOPES	Ozxtreme/Adcrpereira	666	184	02:51:54.917	01:03:59.540
MARINA CARVALHO	Arsm - Associação Recreativa De S. Miguel	491	185	02:52:25.527	01:04:30.150
FAUSTO CARVALHO	Arsm - Associação Recreativa De S. Miguel	503	186	02:52:25.797	01:04:30.420
NUNO CARVALHO	Caminhar Ao Luar	401	187	02:52:31.250	01:04:35.873
DIOGO MONTEIRO	Rodadianteira	515	188	02:52:31.333	01:04:35.956
PEDRO JORGE	Caminhar Ao Luar	772	189	02:52:34.500	01:04:39.123
PEDRO MARTINS	Vikings Trail Runners / Ccr Alcabideque	499	190	02:53:04.000	01:05:08.623
CARLOS MOITA	Individual	844	191	02:53:47.053	01:05:51.676
JOAQUIM BRANQUINHO	Arsm - Associação Recreativa De S. Miguel	487	192	02:54:31.140	01:06:35.763
MÉLANIE DUARTE	Farmácia Luciano & Matos	647	193	02:54:31.793	01:06:36.416
DAVID SILVA	Farmácia Luciano & Matos	648	194	02:54:33.820	01:06:38.443
LUIS VIEIRA	Ccd Crédito Agrícola Mútuo	604	195	02:54:41.823	01:06:46.446
BERNARDO RAINHO	Flashover	840	196	02:54:59.230	01:07:03.853
GONÇALO GONÇALVES	Vikings Trail Runners / Ccr Alcabideque	709	197	02:55:14.613	01:07:19.236
JOSE ALVES	Caminhar Ao Luar	799	198	02:55:40.187	01:07:44.810
CLAUDIA ROCHA	Bio Team Run	721	199	02:56:08.750	01:08:13.373
ELZA CORDEIRO	Arcd Venda Da Luisa	548	200	02:56:10.680	01:08:15.303
RUI SANTOS	Black Bulls / Clube De Condeixa	725	201	02:56:17.220	01:08:21.843
ALEXANDRA NEVES	Slow Runners	838	202	02:56:17.283	01:08:21.906
TIAGO GASPAR	Amigos Do Descanso	555	203	02:56:47.050	01:08:51.673
TIAGO CARDOSO	Amigos Do Descanso	554	204	02:56:47.470	01:08:52.093
PEDRO ALMEIDA	Individual	755	205	02:57:14.140	01:09:18.763
HUGO PENEDA	Individual	760	206	02:57:14.363	01:09:18.986
FRANCISCO TEIXEIRA	Botico	436	207	02:57:14.450	01:09:19.073
CÂNDIDA GONÇALVES	Dá-Lhe Gás Team	456	208	02:57:27.653	01:09:32.276
VITOR SANTOS	Dá-Lhe Gás Team	481	209	02:57:27.743	01:09:32.366
ANA SANTOS	Botico	435	210	02:58:06.947	01:10:11.570
MÁRIO CARVALHO	Individual	782	211	02:58:08.417	01:10:13.040
JORGE FARIA	Cumibroa Bike`S Running Team	578	212	02:58:15.503	01:10:20.126
PAULA GONCALVES	ARSM - Associação Recreativa de S.Miguel	577	213	02:58:30.130	01:10:34.753
JOÃO BARRADAS	Task Force Das Cofragens	613	214	02:58:33.627	01:10:38.250
ANA FERNANDES	Acm Montemor A Correr	517	215	02:58:47.147	01:10:51.770
JONI ROCHA	Tainadas Run Team	440	216	02:59:02.923	01:11:07.546
EDUARDO FERREIRA	Atletismo Clube Da Tocha	608	217	02:59:06.520	01:11:11.143
FÁBIO MENDES	Dá-Lhe Gás Team	472	218	02:59:23.057	01:11:27.680
SUSANA GOMES	Dá-Lhe Gás Team	473	219	02:59:23.900	01:11:28.523
ISABEL TRINDADE	O Mundo Da Corrida	630	220	02:59:26.627	01:11:31.250

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
PAULA ANDRADE	Vikings Trail Runners / Ccr Alcabideque	707	221	03:00:31.133	01:12:35.756
TIAGO GALVÃO	Castellum Aventura	801	222	03:00:32.223	01:12:36.846
ANDRÉ ANTUNES	Individual	739	223	03:00:38.547	01:12:43.170
FILIPA PIRES	Os Pires	462	224	03:00:49.287	01:12:53.910
RICARDO GRUNHO	SFASC Runners	853	225	03:00:49.533	01:12:54.156
MAURO SILVA	Arcd Venda Da Luisa	524	226	03:01:02.623	01:13:07.246
JOÃO TRINDADE	Clube De Condeixa	817	227	03:01:07.630	01:13:12.253
JOÃO AZEITEIRO	Farmácia Luciano & Matos	589	228	03:01:18.137	01:13:22.760
PEDRO ALMEIDA	Coimbra Trail Running	732	229	03:01:19.403	01:13:24.026
JOSÉ PERES	C. B. Viseu Running Team	489	230	03:01:26.653	01:13:31.276
LUÍSA MIRANDA	Arcd Venda Da Luisa	536	231	03:01:31.677	01:13:36.300
SÍLVIA COELHO	C. B. Viseu Running Team	490	232	03:01:37.940	01:13:42.563
RUI MONTEIRO	Arcd Venda Da Luisa	523	233	03:02:05.527	01:14:10.150
CARLOS MENDES	Cumibroa Bike`S Running Team	579	234	03:02:15.430	01:14:20.053
ALDA CORDEIRO	Individual	851	235	03:02:19.397	01:14:24.020
HUGO SEABRA	Individual	486	236	03:02:29.733	01:14:34.356
DIOGO REIS	Individual	681	237	03:02:43.107	01:14:47.730
IVETE NETO	Farmácia Luciano & Matos	854	238	03:03:17.150	01:15:21.773
NATERCIA BENTO	Caminhar Ao Luar	769	239	03:03:22.363	01:15:26.986
MARA PEREIRA	Caminhar Ao Luar	789	240	03:03:23.340	01:15:27.963
DANIEL MARCOS	Vikings Trail Runners / Ccr Alcabideque	698	241	03:03:38.013	01:15:42.636
JOEL JACINTO	Grupo Recreativo Vilaverdense	475	242	03:04:05.293	01:16:09.916
FRANCISCO MENDES	Bio Team Run	767	243	03:04:09.400	01:16:14.023
LAURA CORREIA	Ugas Trail Running	567	244	03:04:28.057	01:16:32.680
MARCO SANTOS	Rd-Spem	432	245	03:04:34.587	01:16:39.210
MÁRIO LÁZARO	Rad	412	246	03:04:44.163	01:16:48.786
CARLOS AFONSO	Moisés Lourenço - Personal Trainer	656	247	03:05:02.370	01:17:06.993
ANTÓNIO ALVES	Moisés Lourenço - Personal Trainer	658	248	03:05:02.963	01:17:07.586
RAQUEL MENDES	C. B. Viseu Running Team	488	249	03:05:25.057	01:17:29.680
CIDÁLIA CANAIS	Arcd Venda Da Luisa	540	250	03:05:30.773	01:17:35.396
CARLOS CANAIS	Arcd Venda Da Luisa	545	251	03:05:31.140	01:17:35.763
NUNO DIOGO	Individual	660	252	03:05:39.860	01:17:44.483
ANA SABORANO	Atletismo Clube Da Tocha	718	253	03:05:54.483	01:17:59.106
CRISTIANO MALHÃO	Atletismo Clube Da Tocha	719	254	03:05:54.510	01:17:59.133
JOANA FRANCA	Individual	689	255	03:06:27.190	01:18:31.813
PEDRO MONTEIRO	Individual	837	256	03:06:52.417	01:18:57.040
ALEXANDRE ANJOS	Tribo Ast Coimbra	502	257	03:07:56.630	01:20:01.253
FILIPE SIMÕES	Ccd Crédito Agrícola Mútuo	602	258	03:08:02.693	01:20:07.316
DIANA MARTINS	Out 2 Run Miro	692	259	03:08:34.913	01:20:39.536
SAMUEL AMARAL	Out 2 Run Miro	754	260	03:08:35.110	01:20:39.733
LUIS FERNANDES	Individual	833	261	03:09:12.473	01:21:17.096
PAULO DUARTE	Individual	753	262	03:09:13.727	01:21:18.350
RODRIGO MARTINS	Caminhar Ao Luar	771	263	03:09:38.757	01:21:43.380
BRUNO SILVA	Não Dá Mais	741	264	03:10:00.563	01:22:05.186

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
ELISABETE GIRÃO	Arcd Venda Da Luisa	518	265	03:10:25.877	01:22:30.500
PEDRO SILVA	Arcd Venda Da Luisa	519	266	03:10:26.093	01:22:30.716
ANTÓNIO FERREIRA	Lobos Da Serra - Loureiro	611	267	03:11:34.737	01:23:39.360
RUI COLAÇO	Lobos Da Serra - Loureiro	585	268	03:11:35.057	01:23:39.680
VICTOR PONTE	Moisés Lourenço - Personal Trainer	831	269	03:12:25.243	01:24:29.866
MARCO SANTOS	Individual	572	270	03:12:54.553	01:24:59.176
RUI LOPES	Ozxtreme/Adcrpereira	665	271	03:13:05.617	01:25:10.240
ANTÓNIO PEGO	Acdrs Quinhendros	438	272	03:13:21.547	01:25:26.170
DAVID FERNANDES	Individual	775	273	03:13:53.320	01:25:57.943
MARIA SIMÕES	Acdrs Quinhendros	722	274	03:14:07.410	01:26:12.033
JÚLIA LEGKOVA	Bio Team Run	467	275	03:14:09.603	01:26:14.226
CRISTINA MELO	Arcd Venda Da Luisa	547	276	03:14:15.293	01:26:19.916
LUÍS DIOGO	Individual	744	277	03:14:42.953	01:26:47.576
RITA CARVALHO	Arsm - Associação Recreativa De S. Miguel	504	278	03:15:30.570	01:27:35.193
LUIS MENDES	Dream Team	574	279	03:15:47.407	01:27:52.030
MARIA MACHADO	Cpt Coimbra	494	280	03:15:56.797	01:28:01.420
PAULA PALMEIRA	Arcd Venda Da Luisa	529	281	03:16:44.937	01:28:49.560
BRUNO COSTA	Individual	691	282	03:17:19.273	01:29:23.896
FERNANDO SOUSA	Individual	659	283	03:17:19.333	01:29:23.956
PEDRO NATÁRIO	Dream Team	575	284	03:17:32.897	01:29:37.520
CATARINA ESCAROUPA	Ugas Trail Running	566	285	03:17:40.927	01:29:45.550
FLÁVIO SILVA	Fruta Da 5ª	835	286	03:17:49.267	01:29:53.890
CLARA MACHADO	Cpt Coimbra	495	287	03:18:22.817	01:30:27.440
PEDRO FERREIRA	Salgis	606	288	03:18:59.070	01:31:03.693
DIOGO MARTINS	Salgis	605	289	03:18:59.097	01:31:03.720
BRUNO GASPAR	Vikings Trail Runners / Ccr Alcabideque	823	290	03:19:04.083	01:31:08.706
NELSON BORGES	Amigos Do Descanso	553	291	03:19:07.320	01:31:11.943
JOAO MARQUES	Pés Troikados - Cscs	757	292	03:19:08.143	01:31:12.766
FERNANDO MEDEIROS	Individual	841	293	03:19:22.733	01:31:27.356
DINA BARROCA	Casa Do Benfica Condeixa	628	294	03:20:29.997	01:32:34.620
LUÍS AREDE	Lobos Da Serra - Loureiro	615	295	03:20:48.933	01:32:53.556
DANIEL CAIADO	Individual	843	296	03:21:55.783	01:34:00.406
SÓNIA LIMA	Casa Do Benfica Condeixa	403	297	03:22:17.097	01:34:21.720
ANDREIA COSTA	Ozxtreme/Adcrpereira	407	298	03:23:49.547	01:35:54.170
ANABELA MONTEIRO	Cumibroa Bike`S Running Team	580	299	03:23:58.183	01:36:02.806
SAMUEL SANTOS	Caminhar Ao Luar	794	300	03:25:31.320	01:37:35.943
MARIANA FERNANDES	Caminhar Ao Luar	770	301	03:25:31.327	01:37:35.950
PEDRO BRITO	Casa Do Benfica Condeixa	737	302	03:25:32.993	01:37:37.616
ARLINDO OLIVEIRA	Cscrfc Charneca	759	303	03:25:38.070	01:37:42.693
PATRÍCIA ABREU	Individual	483	304	03:26:38.077	01:38:42.700
PEDRO LOPES	C??	474	305	03:27:29.223	01:39:33.846
VITOR ANTUNES	Individual	846	306	03:27:31.500	01:39:36.123
IRACEMA FERREIRA	Individual	777	307	03:30:16.573	01:42:21.196
BRUNO RODRIGUES	Estrela Poiense	824	308	03:30:33.437	01:42:38.060

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
VITOR ALMEIDA	Dá-Lhe Gás Team	441	309	03:30:38.727	01:42:43.350
CHRISTINE HIGGINS	Individual	559	310	03:31:23.650	01:43:28.273
CLAUDIO MACHADO	Individual	828	311	03:32:19.197	01:44:23.820
RAQUEL OLIVEIRA	Individual	639	312	03:33:10.923	01:45:15.546
CÉU SANTOS	O Mundo Da Corrida	428	313	03:33:11.080	01:45:15.703
PAULO PITA	Rodas D'Aço	434	314	03:33:12.150	01:45:16.773
BEATRIZ GRILO	Ugas Trail Running	570	315	03:33:13.250	01:45:17.873
ANGELA ESCAROUPA	Ugas Trail Running	568	316	03:33:13.463	01:45:18.086
GILVANIA GASPAR	Jástrada	685	317	03:34:35.003	01:46:39.626
ELISABETE PEREIRA	Jástrada	683	318	03:34:35.087	01:46:39.710
DAVID SERRANO	Sobeedesce	746	319	03:37:35.873	01:49:40.496
MARTA PAULOS	Individual	582	320	03:37:35.967	01:49:40.590
HENRIQUE SERRANO	Sobeedesce	745	321	03:37:36.260	01:49:40.883
PEDRO MENDES	Tt Amigos Do Natal	459	322	03:37:43.263	01:49:47.886
MARIA PEREIRA	Tt Amigos Do Natal	460	323	03:37:43.287	01:49:47.910
HENRIQUE MARQUES	Caminhar Ao Luar	768	324	03:38:49.660	01:50:54.283
PEDRO BANDEIRA	Arsm - Associação Recreativa De S. Miguel	627	325	03:39:00.243	01:51:04.866
LILIANA SERRA	Bora Lá Team / Cdl	633	326	03:39:00.273	01:51:04.896
NUNO FERNANDES	Opraticante.Pt	820	327	03:39:14.653	01:51:19.276
ZINA FERNANDES	Opraticante.Pt	821	328	03:39:14.657	01:51:19.280
LUÍS BRANDÃO	Individual	779	329	03:39:51.077	01:51:55.700
ROSA CUNHA	Farmácia Luciano & Matos	663	330	03:41:31.950	01:53:36.573
FILIPE FONSECA	Individual	610	331	03:42:44.373	01:54:48.996
SUSANA SANTO	Arcd Venda Da Luisa	520	332	03:42:45.590	01:54:50.213
GRAÇA SIMÕES	Arcd Venda Da Luisa	528	333	03:42:45.593	01:54:50.216
TOMAS MURTA	Caminhar Ao Luar	797	334	03:45:07.667	01:57:12.290
DINA GOUVEIA	Nel- Pédatleta	848	335	03:45:53.057	01:57:57.680
PATRICIA GUERRA	Individual	409	336	03:45:53.497	01:57:58.120
NUNO MOITA	Individual	825	337	03:46:40.913	01:58:45.536
SANDRA RODRIGUES	Bio Team Run	724	338	03:46:42.790	01:58:47.413
BRUNO SIMÕES	Get Up / Ass Simões	623	339	03:47:17.367	01:59:21.990
FRANCISCO MARQUES	Get Up / Ass Simões	621	340	03:47:21.333	01:59:25.956
HUGO MARQUES	Get Up / Ass Simões	622	341	03:47:21.833	01:59:26.456
JORGE ANTUNES	Abutres	634	342	03:47:22.697	01:59:27.320
NUNO ALVES	Casa Do Benfica Condeixa	551	343	03:48:48.253	02:00:52.876
JOSÉ GONÇALVES	Individual	764	344	03:48:48.947	02:00:53.570
TIAGO MARQUES	Out 2 Run Miro	752	345	03:49:08.700	02:01:13.323
FÁBIO DIAS	Out 2 Run Miro	690	346	03:49:14.673	02:01:19.296
DANIELA RIBAU	Individual	667	347	03:49:19.050	02:01:23.673
CLÁUDIA AFONSO	Individual	478	348	03:49:20.280	02:01:24.903
PEDRO ALMEIDA	Ozxtreme/Adcrpereira	405	349	03:49:42.073	02:01:46.696
MARIA MATEUS	Abutres	612	350	03:51:56.353	02:04:00.976
MARIA RODRIGUES	Individual	807	351	03:52:30.327	02:04:34.950
FILIPE COELHO	Gatinhos Assanhados	674	352	03:54:48.147	02:06:52.770

Nome	Equipa	Dorsal	Lugar	Tempo	Diferença
DIOGO FERREIRA	Gatinhos Assanhados	686	353	03:54:50.187	02:06:54.810
NICIA JORGE	Caminhar Ao Luar	790	354	03:54:56.183	02:07:00.806
PILAR CASQUILHO	Boom Trail Team	748	355	03:54:56.643	02:07:01.266
MARINA DOMINGUES	Caminhar Ao Luar	815	356	03:55:46.283	02:07:50.906
DINA FERREIRA	Individual	516	357	03:56:25.367	02:08:29.990
NUNO CARVALHO	Individual	591	358	04:03:43.527	02:15:48.150
JOAO FERNANDES	Individual	552	359	04:03:44.173	02:15:48.796
LUIS CHELINHO	Caminhar Ao Luar	816	360	04:05:54.867	02:17:59.490
PAULA NUJO	Individual	469	361	04:06:34.603	02:18:39.226
MARIA PEREIRA	Cpt Coimbra	466	362	04:06:53.247	02:18:57.870
BRUNO MURTA	Caminhar Ao Luar	785	363	04:07:03.237	02:19:07.860
CIDALIA ABRANTES	Caminhar Ao Luar	784	364	04:07:25.560	02:19:30.183
VALDEMAR SOARES	Caminhar Ao Luar	791	365	04:07:25.693	02:19:30.316
LUIS CARIDADE	Ugas Trail Running	569	366	04:11:59.677	02:24:04.300
CAROLINA RODRIGUES	Caminhar Ao Luar	765	367	04:15:02.950	02:27:07.573
PAULO FACHADA	Caminhar Ao Luar	798	368	04:15:02.977	02:27:07.600
FLAVIA LOPES	Caminhar Ao Luar	788	369	04:22:53.747	02:34:58.370
MARIA AMADO	Farmácia Luciano & Matos	669	370	04:22:55.477	02:35:00.100
MARYLINE PEREIRA	Caminhar Ao Luar	787	371	04:22:55.657	02:35:00.280
SÉRGIO MARQUES	Caminhar Ao Luar	796	372	04:22:56.423	02:35:01.046
LUZIA JORGE	Caminhar Ao Luar	793	373	04:22:56.593	02:35:01.216
RITA FERREIRA	Caminhar Ao Luar	792	374	04:22:57.343	02:35:01.966
JOSÉ DUARTE	Caminhar Ao Luar	786	375	04:22:58.907	02:35:03.530
JOANA PINA	Individual	550	376	04:50:11.180	03:02:15.803
SÓNIA ABRANTES	Individual	558	377	04:50:12.340	03:02:16.963