

Pos.	Nome	Dorsal	Escalão	Equipa	Monte de Vez	HD Duecitânia	Tempo
1	Rui Rodrigues	1133	M40	CDCR dos CTT COIMBRA	00:30:29	00:55:13	01:09:47
2	José Sequeira	1103	SEN M	Montanha Clube Trail Running/Runners	00:33:26	01:01:44	01:14:24
3	Rodrigo Rosa	1120	SEN M	A.D.R.Águas Belas	00:33:56	00:59:18	01:16:22
4	Miguel Melo	1159	SEN M	Coimbra Trail Running	00:35:02	01:03:05	01:19:42
5	Diogo Pimenta	1137	SEN M	DCI / CCDRPedrulha - Mealhada	00:35:52	01:04:41	01:20:39
6	Sérgio Gonçalo	1113	SEN M	BTTRAIN	00:37:29	01:05:26	01:21:33
7	Dmytro Denysyuk	1175	SEN M		00:37:54	01:05:47	01:22:26
8	Vitor Fonseca	1165	SEN M	Coimbra Trail Running	00:37:21	01:06:27	01:22:29
9	Fausto Pimentel	1160	M40	Coimbra Trail Running	00:37:23	01:06:29	01:22:44
10	Joaquim Paiva	1084	SEN M	Fire Team BVMC	00:38:47	01:06:12	01:22:59
11	Carlos Duro	1123	M50	A.D.R.Águas Belas	00:37:52	01:05:49	01:23:06
12	Pedro Sequeira	1181	SEN M	Montanha Clube Trail Running / Runners	00:37:12	01:06:03	01:23:20
13	David Jesus	1194	SEN M	Pascoalitos	00:37:35	01:05:58	01:23:50
14	Pedro Mendes	1269	SEN M		00:38:36	01:07:31	01:24:07
15	Arnaldo Ferreira	1085	SEN M	BTTRAIN	00:37:26	01:07:31	01:24:26
16	Bruno Paiva	1052	SEN M	Team33	00:37:56	01:07:06	01:24:42
17	Jorge Primo	1060	M40	Bikeonelas	00:38:00	01:06:31	01:25:48
18	Diogo Alves	1153	Sub 23 M	Ourique RuNNers	00:39:23	01:11:05	01:27:32
19	Luis Nobre	1192	SEN M		00:38:51	01:09:34	01:27:32
20	Acílio Noro	1008	M40		00:40:47	01:09:33	01:28:09
21	Carlos Sousa	1032	Sub 23 M	ouriqueRunners	00:39:18	01:11:03	01:29:30
22	Luís Caridade	1178	M40	Vila Seca Run Team	00:40:51	01:11:52	01:30:27
23	Allan Almeida	1251	SEN M	DECATHLON	00:39:45	01:12:30	01:31:22
24	Nelson Correia	1213	SEN M	ARCD Venda da Luísa	00:40:52	01:12:17	01:31:43
25	Toze Almeida	1042	M40	Bttrain	00:41:24	01:12:20	01:31:47
26	Pedro Magano	1233	SEN M			01:12:16	01:33:37
27	Rui Dias	1174	SEN M	Vikings Trail Runners	00:40:56	01:12:28	01:33:40
28	Telmo Carvalho	1266	SEN M	ARSM - Associação Recreativa de S. Miguel	00:43:12	01:13:55	01:34:00
29	Luís Maia	1089	M40	Bttrain	00:43:54	01:14:47	01:34:22
30	Luis Vilela	1038	SEN M		00:42:03	01:14:49	01:34:33
31	Telmo Ribeiro	1130	SEN M	Ansibikers	00:44:51	01:19:02	01:37:07
32	Rui Cortesão	1256	Sub 23 M		00:44:17	01:17:56	01:37:13
33	Ricardo Henriques	1237	SEN M	Amigos da Corrida	00:43:28	01:18:45	01:37:39
34	Cláudia Torres	1190	SEN F	SR Jardoeira/Runcrosstrail.com	00:42:10	01:18:10	01:37:42
35	António Major	1020	M50	Tomar Runners	00:44:32	01:18:00	01:37:59
36	André Paiva	1185	SEN M	Farmácia Luciano e Matos	00:42:59	01:16:18	01:38:25
37	Carlos Dias	1258	SEN M		00:43:05	01:18:14	01:38:53
38	Ricardo Fontes	1260	SEN M		00:44:36	01:18:58	01:38:57
39	Rui Magano	1261	M40		00:43:08	01:19:00	01:39:29
40	Luis Lopes	1101	M40	Abutres Running Team	00:44:22	01:20:01	01:39:40
41	António Rufino	1226	SEN M		00:42:12	01:17:22	01:39:52
42	Andre Ferreira	1025	SEN M	Ourique Runners		01:19:32	01:40:05
43	José Canário	1202	M40	Individual	00:46:12	01:20:18	01:40:13
44	Augusto Silva	1176	M50	Vila Seca Run Team	00:45:53	01:19:04	01:40:19
45	Gonçalo Gonçalves	1173	SEN M	Montanha Clube Trail Running/Runners	00:42:14	01:19:11	01:40:26

Pos.	Nome	Dorsal	Escalão	Equipa	Monte de Vez	HD Duecitânia	Tempo
46	José Vieira	1132	M40	Con_dores do Choupal		01:21:01	01:40:29
47	Ruben Dias	1110	SEN M	Vikings Trail Runners	00:43:57	01:19:45	01:40:45
48	Jorge Mendes	1215	M40	CUMIBROA BIKES RUNNING TEAM	00:45:11	01:21:01	01:41:10
49	Carlos Mendes	1214	SEN M	CUMIBROA BIKES RUNNING TEAM	00:45:15	01:21:07	01:41:14
50	Eduardo Bento	1076	SEN M	Fire Team BVMC	00:47:23	01:19:42	01:41:36
51	Ricardo Madureira	1053	M50	Jogging Lovers Coimbra	00:47:42	01:22:10	01:42:09
52	José Fernandes	1244	SEN M	Diário As Beiras	00:44:04	01:20:20	01:42:28
53	Luis Brasio	1263	M50			01:22:11	01:42:46
54	Roberto Duarte	1044	SEN M	TEAM VACA BRAVA	00:44:10	01:19:19	01:43:03
55	Toni Amado	1036	SEN M	AlmaTrail	00:46:26	01:23:39	01:44:27
56	Ricardo Brásio	1208	SEN M		00:46:48	01:23:13	01:44:42
57	Mário Ferreira	1207	SEN M		00:46:37	01:23:11	01:44:48
58	Arnaldo Tomas	1193	M40	Con_dores do choupal	00:46:19	01:23:08	01:45:05
59	João Alves	1102	SEN M		00:45:37	01:23:08	01:45:15
60	Joana Ferreira	1064	SEN F	VAINDO	00:46:46	01:23:50	01:45:19
61	João Mendes	1021	-	Nenhum	00:48:23	01:25:13	01:46:10
62	Henrique Pinto	1164	SEN M	Coimbra Trail Running	00:47:38	01:25:15	01:46:10
63	Luís Rodrigues	1014	SEN M	Kondores Trail Running	00:48:21	01:25:29	01:46:19
64	Bruno Rodrigues	1079	SEN M	Fire Team BVMC	00:56:38	01:28:45	01:46:45
65	Célia Santos	1136	F40	ARCD Venda da Luisa	00:47:47	01:25:46	01:47:11
66	Luis Martins	1169	M40	O MUNDO DA CORRIDA	00:47:45	01:25:41	01:47:16
67	Pedro Mendes	1250	SEN M	AnsiBikers	00:48:44	01:25:32	01:48:05
68	Mário Moita	1073	SEN M	TEAM VACA BRAVA	00:46:29	01:24:19	01:48:21
69	André Castelhana	1067	SEN M	estoira trails	00:48:04	01:25:29	01:48:24
70	Carlos Silva	1122	M50	A.D.R.Águas Belas	00:48:01	01:25:25	01:48:27
71	Maria Fernandes	1252	SEN F	DECATHLON	00:50:17	01:26:22	01:48:32
72	Alvaro Lopes	1264	SEN M		00:49:07	01:25:44	01:49:19
73	Rui Ramos	1002	Sub 23 M		00:48:42	01:27:50	01:49:39
74	Carlos Canais	1262	M40		00:49:14	01:25:49	01:49:50
75	Pedro Silva	1022	SEN M	individual	00:49:27	01:27:13	01:50:32
76	Carlos Lobo	1111	M50		00:49:29	01:26:56	01:50:34
77	Tiago Freitas	1131	SEN M	FC Porto	00:50:42	01:28:32	01:50:52
78	Joaquim Branquinho	1161	M60	Coimbra Trail Running	00:47:34	01:27:06	01:50:58
79	MÁRIO CARVALHO	1087	M50	Individual	00:47:00	01:27:26	01:51:14
80	Cristiana Lopes	1003	SEN F		00:47:16	01:26:44	01:51:23
81	Paulo Duarte	1172	SEN M		00:47:40	01:26:41	01:51:35
82	Bernardo Lourenço	1223	SEN M	bombeiros de ansiao	00:50:47	01:28:35	01:51:51
83	Pedro Ferreira	1222	M40	Abutres Running Team	00:50:56	01:28:50	01:52:05
84	Hilton Oliveira	1227	M40	Abutres Running Team	00:50:54	01:28:47	01:52:07
85	João Neves	1201	SEN M		00:53:41	01:31:30	01:52:11
86	Sérgio Louros	1114	SEN M	Coimbra MMA - Churrasqueira Veloso	00:50:44	01:28:53	01:52:11
87	Carlos Lopes	1148	SEN M		00:51:32	01:32:17	01:53:28
88	Mário Pedroso	1104	M40	Con_Dores do Choupal	00:50:36	01:26:49	01:53:35
89	Martinho LOPes	1278	SEN M		00:49:32	01:26:28	01:53:50
90	Bruno Marques	1279	SEN M		00:49:37	01:26:19	01:53:53

Pos.	Nome	Dorsal	Escalão	Equipa	Monte de Vez	HD Duecitânia	Tempo
91	Dora Serra	1150	F40	Tarahumara	00:52:20	01:31:27	01:55:33
92	Sérgio Santos	1156	SEN M		00:51:44	01:32:53	01:55:36
93	Paulo Abrantes	1072	SEN M	BARC	00:51:40	01:34:32	01:55:47
94	Celso Ferreira	1061	M40	out 2 run	00:51:48	01:29:21	01:55:56
95	Miguel Joaquim	1125	-	A.D.R.Águas Belas	00:53:37	01:35:02	01:56:31
96	Hugo Santos	1093	SEN M	Vikings Trail Runners	00:54:44	01:32:15	01:56:41
97	Marco Freire	1147	SEN M		00:51:34	01:32:25	01:56:43
98	Pedro Figueiredo	1218	SEN M	Bio Team Run	00:55:35	01:32:20	01:56:52
99	Valter Rainho	1197	M40	BIO TEAM RUN	00:55:39	01:33:34	01:56:58
100	Magda Vieira	1187	F40	Jogging lovers Coimbra	00:52:41	01:32:41	01:57:05
101	João Castelhana	1066	SEN M	estoira trails	00:54:02	01:31:36	01:57:07
102	Filipa Pires	1128	SEN F	Os Pires	00:52:29	01:34:42	01:57:12
103	João Pires	1129	Sub 23 M	Os Pires	00:52:31	01:34:46	01:57:14
104	Carlos Castanheira	1028	F40	AERGois trail running	00:50:07	01:30:18	01:57:54
105	João Pires	1127	M50	Os Pires	00:52:24	01:34:51	01:58:02
106	Beatriz Pires	1126	Sub 23 F	Os Pires	00:52:26	01:34:49	01:58:04
107	Mari Rodrigues	1241	SEN F	TEAM FULL TYRE	00:50:14	01:34:38	01:58:32
108	Henrique Fernandes	1146	M40	Bio Team Run	00:54:57	01:33:58	01:58:37
109	Rui Carvalho	1040	SEN M		00:53:08	01:34:20	01:59:38
110	Pedro Pardal	1033	SEN M		00:52:48	01:35:20	02:02:26
111	Henrique Soares	1199	SEN M	Atletas e Bichos	00:50:09	01:38:02	02:02:32
112	Christine Higgins	1109	F50		00:54:17	01:38:43	02:03:01
113	Ricardo Páscoa	1142	SEN M		01:01:58	01:43:35	02:03:47
114	Joao Gomes	1157	SEN M	os cabaças	00:54:53	01:36:24	02:03:50
115	Marcio Moreira	1162	SEN M		00:54:55	01:36:26	02:03:55
116	Maria Mesquita	1041	SEN F	COIMBRA TRAIL RUNNING	00:57:33	01:38:58	02:04:11
117	Cláudia Isidoro	1016	F40	Coimbra Trail Running	00:57:31	01:38:54	02:04:15
118	Luísa Miranda	1024	SEN F	O Trio	00:52:58	01:37:56	02:04:17
119	Ricardo Silva	1270	SEN M		00:53:56	01:38:33	02:04:35
120	Tiago Carvalho	1166	SEN M	Bike à Cepa	00:59:27	01:42:54	02:05:19
121	Vitor Pereira	1108	SEN M	estoira trails	00:54:47	01:38:37	02:05:43
122	João Bacalhau	1238	SEN M		00:52:45	01:38:47	02:05:44
123	Tiago Simões	1082	SEN M	Fire Team BVMC	00:56:31	01:37:25	02:06:20
124	João Fernandes	1280	SEN M		00:56:34	01:37:28	02:06:22
125	Sandro Moio	1117	SEN M	Coimbra MMA - Churrasqueira Veloso	00:52:53	01:38:08	02:06:25
126	André Araújo	1179	SEN M	Coimbra MMA - Churrasqueira Veloso	00:55:37	01:38:04	02:06:25
127	Edgar Fernandes	1154	SEN M	Flre Team BVMC	00:56:42	01:37:23	02:06:26
128	Ana Botelho	1229	SEN F	Trio Juice Plus	00:52:56	01:39:23	02:06:44
129	Ana Cancela	1063	SEN F		00:52:51	01:39:20	02:06:47
130	Rui Brandao	1151	SEN M	USF Penela	00:51:51	01:38:15	02:06:57
131	Liliana Martins	1069	F40	BARC	00:57:08	01:42:17	02:07:01
132	Francisco Santos	1068	SEN M	BARC	00:57:03	01:42:19	02:07:06
133	Alice Ventura	1019	F40	Individual	00:56:50	01:41:54	02:07:10
134	Nuno Almeida	1099	M40		00:55:28	01:43:22	02:07:14
135	Ricardo Fagulha	1100	M40		00:55:32	01:43:31	02:07:22

Pos.	Nome	Dorsal	Escalão	Equipa	Monte de Vez	HD Duecitânia	Tempo
136	Tiago Matias	1096	SEN M	Vikings Trail Runners	00:59:30	01:43:01	02:08:10
137	Carla Ramos	1029	SEN F	Bike à Cepa	00:59:23	01:43:04	02:08:43
138	JoaO Trindade	1107	M40		00:57:46	01:42:27	02:09:07
139	Sílvia Dias	1245	F40		00:57:15	01:44:02	02:09:23
140	José Dias	1246	M40	919298349	00:57:18	01:43:42	02:09:26
141	Ricardo Peneda	1180	M40		00:58:00	01:42:51	02:09:40
142	Isabel Fonseca	1141	F50		00:54:49	01:44:28	02:10:13
143	Ana Neves	1167	SEN F	SFA Avelarense	00:57:13	01:45:07	02:10:51
144	José Vicente	1119	M40	Lobos da Serra / Grupo Fapricela	01:01:50	01:45:02	02:10:58
145	Rui Colaço	1039	M40	Lobos da Serra / Grupo Fapricela		01:45:11	02:11:03
146	Claudia Rocha	1198	F40	BIO TEAM RUN	00:56:25	01:45:04	02:11:12
147	Ana Sêco	1049	SEN F		00:55:56	01:43:38	02:11:28
148	Zulmira Silva	1121	F40	A.D.R.Águas Belas	00:58:50	01:45:14	02:11:55
149	Manuel Cabete	1054	M50	Moinhos da Gândara Trail	01:01:53	01:47:31	02:12:43
150	Laura Cabete	1055	Sub 23 F	Moinhos da Gândara Trail	00:58:57	01:47:33	02:12:46
151	Natercia Marques	1027	F40	Xanacabeleireiros	00:58:04	01:45:00	02:12:53
152	Cristina Duarte	1009	SEN F		00:58:41	01:49:15	02:13:10
153	António Saraiva	1235	M50	Amigos da Corrida	00:54:21		02:13:14
154	Fernando Ponte	1140	M50		00:54:51	01:46:07	02:13:31
155	António Pratas	1007	M40		00:57:21	01:45:36	02:14:09
156	Filipe Carvalho	1242	M50	Diário As Beiras	00:58:59	01:46:33	02:14:33
157	Carla Carvalho	1243	F40	Diário As Beiras	00:59:11	01:46:31	02:14:35
158	Manuel Jorge	1186	M60	Farmácia Luciano e Matos	01:02:32	01:49:31	02:14:51
159	Diogo Silva	1184	-		01:00:35	01:50:07	02:15:25
160	Olga Felamino	1030	SEN F	Moinhos da Gândara Trail	00:59:14	01:48:42	02:15:36
161	Luís Gaspar	1031	SEN M	Moinhos da Gândara Trail	00:59:39	01:48:33	02:15:40
162	Patricia Ramalheiro	1035	F40		00:56:27	01:46:04	02:16:49
163	Carla Romeiro	1097	F40	Jogging Lovers Coimbra	00:56:44	01:45:15	02:16:52
164	Adélia Pedrosa	1092	SEN F	Jogging Lovers Coimbra	01:02:19	01:49:46	02:16:58
165	Florbela Fernandes	1098	F40		01:00:33	01:50:46	02:17:20
166	Antonio Neves	1249	M50	Credito Agricola	01:00:17	01:50:04	02:18:12
167	Paulo Santos	1088	M40		01:01:36	01:51:51	02:18:14
168	Sílvio Timóteo	1183	SEN M	Farmácia Luciano e Matos	01:02:24	01:50:11	02:19:21
169	João Bernardo	1018	M40	jogging lovers coimbra	01:01:04	01:52:16	02:19:30
170	João Rosado	1078	SEN M	Fire Team BVMC	01:03:53	01:51:15	02:19:33
171	João Mota	1196	SEN M		00:59:35	01:53:40	02:19:44
172	Carla Felamino	1047	F40	Moinhos da Gândara Trail	01:04:20	01:50:26	02:19:58
173	Catarina Lapa	1026	SEN F	Coimbra Trail Running	01:00:13	01:51:49	02:21:00
174	Daniel Pratas	1045	SEN M	TEAM VACA BRAVA	01:00:49	01:51:55	02:21:09
175	Isabel Primo	1158	F40	Coimbra Trail Running	01:00:10	01:51:45	02:21:12
176	Pedro Pinheiro	1138	SEN M	USF Penela	00:57:52	01:49:44	02:21:23
177	Catarina Gomes	1094	SEN F	ARSM - Associação Recreativa de S. Miguel	00:57:27	01:54:14	02:22:46
178	Maria Amado	1182	F50	Farmácia Luciano e Matos	00:59:08	01:51:37	02:22:55
179	Ana Dias	1065	SEN F	estoira trails	01:01:07	01:53:37	02:23:40
180	Raul Santos	1240	M40		00:58:47	01:53:20	02:24:43

Pos.	Nome	Dorsal	Escalão	Equipa	Monte de Vez	HD Duecitânia	Tempo
181	André Antunes	1217	SEN M		01:08:54	02:01:06	02:24:47
182	Célia Sousa	1118	F40	NDAP	01:01:43	01:55:07	02:25:38
183	Carla Almeida	1143	F40	NDAP	01:01:45	01:55:10	02:25:42
184	Nuno Silva	1017	SEN M	F.C.Porto	00:57:11	01:53:11	02:25:47
185	Sofia Mendes	1224	SEN F	Coimbra MMA - Churrasqueira Veloso	01:00:53	01:58:20	02:26:37
186	Lannys Martins	1115	SEN F	Coimbra MMA - Churrasqueira Veloso	01:00:55	01:58:22	02:26:40
187	Gonçalo Ferreira	1081	SEN M	Fire Team BVMC	01:03:58	01:57:05	02:27:11
188	Marco Santos	1254	SEN M		01:02:14	01:58:45	02:27:32
189	Ines Correia	1277	SEN F		01:01:16	01:57:24	02:28:39
190	Patrícia Simões	1170	SEN F		01:01:10	01:57:15	02:29:31
191	Raquel Valente	1221	SEN F	ARCD Venda da Luisa	01:05:20	01:58:29	02:30:15
192	Pedro Coimbra	1275	SEN M		01:02:22	01:54:19	02:30:30
193	Idalina Silva	1247	F40		01:02:11	01:59:06	02:30:35
194	Luis Lopes	1135	M50	CKS Karate FZZ	01:01:20	02:01:45	02:30:40
195	RICARDO PAIS	1204	M40		01:09:19	02:02:37	02:30:48
196	David Rosa	1013	SEN M		01:08:42	02:03:30	02:31:24
197	Paulo Rosa	1012	M40		01:08:40	02:03:33	02:31:26
198	Anabela Amaral	1124	F40		01:04:23	02:02:19	02:31:37
199	Bruna Valada	1074	SEN F	Fire Team BVMC	01:03:51	02:00:21	02:31:51
200	Luís Cascão	1248	M40			02:04:04	02:33:04
201	Maria Rigueiro	1231	F40			02:04:09	02:33:07
202	Juliana Rainho	1191	SEN F	Bio Team Run	01:00:57	02:04:26	02:34:04
203	Adriana Viana	1149	SEN F	BIO TEAM RUN	01:01:01	02:04:31	02:34:30
204	Isaac Gadanha	1276	SEN M		01:02:28	02:00:59	02:34:33
205	Ricardo Aroso	1171	SEN M		01:05:34	02:04:34	02:34:43
206	José Cardoso	1219	M40		00:58:44	02:01:02	02:34:53
207	Maria Mateus)	1062	SEN F	Vila Seca Run Team	01:08:33	02:04:48	02:37:28
208	Marina Caetano	1048	SEN F	Individual	01:08:36	02:04:45	02:37:31
209	Anabela Alves	1057	F40	Lobos da Serra / Grupo Fapricela	01:06:11	02:06:11	02:38:26
210	Ricardo Moreira	1056	SEN M	Lobos da Serra / Grupo Fapricela	01:06:07	02:06:08	02:38:28
211	Luis Matias	1155	SEN M		01:09:25	02:04:39	02:38:31
212	Anibal Luis	1189	M50	Individual	01:06:52	02:06:03	02:39:01
213	Ana Gonçalves	1106	F40	CorreRia	01:09:29	02:12:31	02:43:46
214	Mónica Cunha	1051	SEN F	Farmácia Luciano e Matos	01:09:11	02:11:41	02:48:01
215	Mélanie Duarte	1037	SEN F	Farmácia Luciano e Matos	01:09:08	02:11:29	02:48:03
216	Iúri Tomás	1168	SEN M	Jogging Lovers Coimbra	00:59:32	02:17:33	02:50:31
217	Carolina Rosa	1200	Sub 23 F	Jogging Lovers Coimbra	00:59:20	02:17:36	02:50:52
218	Sílvia Pedro	1152	F40	Individual	01:13:04	02:14:31	02:50:56
219	Isabel Santos	1070	SEN F	BARC	01:11:25	02:18:57	02:51:47
220	Henrique Silva	1043	M40	Pezinhos de Lama	01:08:45	02:17:22	02:53:06
221	Paula Gomes	1046	F40	Pezinhos de Lama	01:08:47	02:17:31	02:53:08
222	Luísa Grilo	1058	SEN F		01:09:57	02:19:22	02:54:07
223	Carla Nunes	1059	F40		01:09:58	02:19:28	02:54:21
224	Sónia Brásio	1050	SEN F		01:10:32	02:19:06	02:54:29
225	Elisabete Cordeiro	1211	F40		01:10:37	02:20:04	02:55:46

Pos.	Nome	Dorsal	Escalão	Equipa	Monte de Vez	HD Duecitânia	Tempo
226	Maria Oliveira	1212	F40		01:10:14	02:20:08	02:55:55
227	Bruno Batista	1267	SEN M	Pascoalitos	01:12:40	02:23:58	02:57:09
228	BRUNO ESTEVES	1209	SEN M		01:14:58	02:20:17	02:58:04
229	Ana Nobre	1071	SEN F	BARC	01:11:27	02:24:02	02:59:23
230	Ana Botelho	1230	SEN F	Trio Juice Plus	01:08:51	02:23:51	03:00:14
231	Vânia Carvalho	1216	SEN F		01:11:45	02:25:25	03:01:26
232	Ana Barbosa	1177	F40	Jogging Lovers Coimbra	01:18:25	02:27:41	03:03:22
233	Tiago Miranda	1271	SEN M		01:18:33	02:27:54	03:03:41
234	Cláudia Afonso	1220	SEN F		01:14:27	02:26:51	03:06:22
235	Mariana Pinto	1228	SEN F	Trio Juice Plus	01:15:46	02:28:33	03:07:04
236	Daniela Antunes	1006	Sub 23 F	INtrilhos	01:16:44	02:28:39	03:07:29
237	Nélia Antunes	1005	SEN F	INtrilhos / Pascoalitos	01:16:42	02:28:31	03:07:40

DESISTÊNCIAS

1236 Ricardo Batista
1234 Ana Canário