

Trail Feminino (12)

19,0 km 470 m 2 C

PI	Stno	Name	YB	Club	Cl.	Time	Diff.
1	63	Filipa Casimiro	83	[1] A. C. S. Mamede	TR-F18	2:01:14	0:00
2	13	Glória Serrazina	58	[27] CRP Ribafria	TR-F60	2:08:44	+7:30
3	14	Joana	89	[36] GRF Benedita - Atleti	TR-F18	2:12:15	+11:01
4	39	Carolina Feliz	59	[68] União FCI de Tomar	TR-F50	2:13:14	+12:00
5	55	Fátima Gonçalves	67	[46] O MUNDO DA CORR	TR-F50	2:18:34	+17:20
6	92	M Lourenço	77	[55] Puxa por Ti	TR-F40	2:19:57	+18:43
7	54	Loes Schuren	77	[55] Puxa por Ti	TR-F40	2:19:58	+18:44
8	35	Ilda Botelho	75	[65] TiMim	TR-F40	2:28:34	+27:20
9	58	Helena Marques	77	[47] Os tolinhos	TR-F40	2:50:58	+49:44
	28	ANA PAULA	69	[23] CLUBE VETERANOS	TR-F40	dnf	
	33	Cláudia Simões	78	[1000] Individual	TR-F40	dns	
	34	Brigitte Geria	70	[1000] Individual	TR-F40	dns	

Trail Masculino (85)

19,0 km 470 m 2 C

PI	Stno	Name	YB	Club	Cl.	Time	Diff.
1	65	Dinis Almeida	95	[1] A. C. S. Mamede	TR-M18	1:33:10	0:00
2	66	Nélio Almeida	89	[1] A. C. S. Mamede	TR-M18	1:33:18	+0:08
3	62	Carlos Bárbara	85	[1] A. C. S. Mamede	TR-M18	1:33:22	+0:12
4	44	Fábio Filipe	86	[1000] Individual	TR-M18	1:38:58	+5:48
5	7	André Rosário	88	[1000] Individual	TR-M18	1:42:32	+9:22
6	52	Ricardo Ferreira	81	[66] Trilhos dos Templários	TR-M18	1:45:38	+12:28
7	17	Ricardo Gonçalves	84	[1000] Individual	TR-M18	1:48:00	+14:50
8	15	Luis Silva	86	[36] GRF Benedita - Atleti	TR-M18	1:49:10	+16:00
9	73	César Coelho	76	[36] GRF Benedita - Atleti	TR-M40	1:51:00	+17:50
10	22	Capela	67	[12] CA Barreira	TR-M50	1:51:15	+18:05
11	82	Cordeiro	63	[45] O 'Pastor Arrimalano'	TR-M50	1:51:32	+18:22
12	38	José Fonseca	64	[68] União FCI de Tomar	TR-M50	1:51:45	+18:35
13	76	Pedro Neves	72	[1000] Individual	TR-M40	1:52:38	+19:28
14	47	Pedro Antunes	90	[8] Associação de Toledo	TR-M18	1:52:40	+19:30
15	87	Inacio Serrazina	59	[1000] Individual	TR-M50	1:53:40	+20:30
16	86	Duarte	77	[59] Saca Trilhos - Anadia	TR-M40	1:53:49	+20:39
17	51	Nelson Braz	75	[63] Superfresco Trail Tea	TR-M40	1:55:37	+22:27
18	19	Jorge Vieira	83	[54] Porto de Mós a Corre	TR-M18	1:55:38	+22:28
19	97	Hélder Gonçalves	76	[1000] Individual	TR-M40	1:56:04	+22:54
20	98	João Simão	63	[11] C.r.amieirinhense	TR-M50	1:56:28	+23:18
21	59	Helder Onofre	75	[18] Clube Académico de	TR-M40	1:56:29	+23:19
22	93	Daniel Silva	80	[57] Roodinhas Santos Sil	TR-M18	1:56:36	+23:26
23	43	Telmo Pinto	73	[8] Associação de Toledo	TR-M40	1:56:40	+23:30
24	29	Simão	59	[12] CA Barreira	TR-M50	1:57:00	+23:50
25	3	Rui Perdigão	66	[10] C.A.S.P.A. - Clube An	TR-M50	1:57:24	+24:14
26	78	Marco Maia	77	[1000] Individual	TR-M40	1:57:31	+24:21
27	69	Patrick	90	[2] A.C.R. Casais das Boiç	TR-M18	1:57:39	+24:29
28	50	Samuel Alfaiate	86	[8] Associação de Toledo	TR-M18	1:57:40	+24:30
29	67	Carlos Cunha	77	[1] A. C. S. Mamede	TR-M40	1:57:43	+24:33
30	31	Costa M	93	[69] URDJuncalense	TR-M18	1:57:56	+24:46
31	75	Flávio Ramos	85	[8] Associação de Toledo	TR-M18	1:58:25	+25:15
32	11	João Vieira	79	[43] New evolution doping	TR-M18	1:59:10	+26:00
33	4	José Martins	52	[12] CA Barreira	TR-M60	2:00:01	+26:51
34	2	José Raposo	74	[21] Clube Desportivo em	TR-M40	2:00:09	+26:59
35	41	João Salgueiro	70	[41] Liz runners	TR-M40	2:00:10	+27:00
36	23	Chefe	58	[12] CA Barreira	TR-M60	2:00:19	+27:09

37	70 Rui Pena	81 [24] COA - Clube de Orier	TR-M18	2:00:24	+27:14
38	30 José Lemos	61 [69] URDJuncalense	TR-M50	2:02:55	+29:45
39	21 Edgar veloso	76 [11] C.r.amieirinhense	TR-M40	2:03:03	+29:53
40	61 Luis	71 [52] Pisopedal	TR-M40	2:03:06	+29:56
41	12 David Sebastião	83 [43] New evolution doping	TR-M18	2:03:07	+29:57
42	1 Hélder Abreu	77 [1000] Individual	TR-M40	2:06:49	+33:39
43	84 Jose Fialho	77 [54] Porto de Mós a Corre	TR-M40	2:07:05	+33:55
44	74 Cristiano	80 [54] Porto de Mós a Corre	TR-M18	2:07:22	+34:12
45	10 Manuel	49 [15] CCD ALVITEJO	TR-M60	2:08:45	+35:35
46	49 FILIPE MOREIRA	77 [40] Juventude Vidigalens	TR-M40	2:09:11	+36:01
47	90 Ludovino	86 [8] Associação de Toledo	TR-M18	2:09:35	+36:25
48	24 Filipe Santos	79 [25] CP CMP	TR-M18	2:10:41	+37:31
49	32 Daniel Matias	94 [69] URDJuncalense	TR-M18	2:11:32	+38:22
50	16 Coelho	82 [1000] Individual	TR-M18	2:11:33	+38:23
51	71 Manuel Silva	73 [24] COA - Clube de Orier	TR-M40	2:12:31	+39:21
52	42 ilidio	67 [50] Pé na Pinha	TR-M50	2:13:13	+40:03
53	99 Pedro Oliveira	83 [1000] Individual	TR-M18	2:14:35	+41:25
54	27 JOSE MARTINS	65 [23] CLUBE VETERANOS	TR-M50	2:15:26	+42:16
55	40 Manuel Martins	53 [68] União FCI de Tomar	TR-M60	2:17:33	+44:23
56	95 ALEXANDRE BLANCO	76 [1000] Individual	TR-M40	2:17:57	+44:47
57	72 Nuno Barata	73 [24] COA - Clube de Orier	TR-M40	2:18:08	+44:58
58	53 Beto	63 [40] Juventude Vidigalens	TR-M50	2:19:33	+46:23
59	56 António Gonçalves	61 [46] O MUNDO DA CORRE	TR-M50	2:19:40	+46:30
60	57 Fernando Luz	64 [1000] Individual	TR-M50	2:20:37	+47:27
61	9 Miguel Martinho	70 [1000] Individual	TR-M40	2:22:24	+49:14
62	46 Rui Monteiro	66 [1000] Individual	TR-M50	2:23:22	+50:12
63	77 César Viola	70 [50] Pé na Pinha	TR-M40	2:23:55	+50:45
64	8 Francisco Julião	58 [29] Dolce Furadouro	TR-M50	2:25:03	+51:53
65	64 Hugo Carreira Brasana	82 [1] A. C. S. Mamede	TR-M18	2:27:55	+54:45
66	36 Paulo Botelho	74 [65] TiMim	TR-M40	2:28:36	+55:26
67	45 Telmo Oliveira	78 [54] Porto de Mós a Corre	TR-M40	2:28:40	+55:30
68	79 David Catela	63 [7] Associação Académica	TR-M50	2:34:22	+1:01:12
69	89 MÁRCIO MADEIRA	78 [41] Liz runners	TR-M18	2:35:25	+1:02:15
70	6 fernandes	82 [1000] Individual	TR-M18	2:35:27	+1:02:17
71	91 Henrique Narciso	67 [5] Ao ritmo das 200 ppm	TR-M50	2:37:11	+1:04:01
72	26 Joao Gomes	62 [50] Pé na Pinha	TR-M50	2:39:18	+1:06:08
73	48 filipe Estanislau	66 [8] Associação de Toledo	TR-M50	2:39:39	+1:06:29
74	60 Fábio Jorge	87 [1000] Individual	TR-M18	2:42:26	+1:09:16
75	18 costa	69 [1000] Individual	TR-M40	2:43:45	+1:10:35
76	37 Pedro Bonita	68 [50] Pé na Pinha	TR-M50	2:51:04	+1:17:54
77	88 Nelson Cruz	73 [1000] Individual	TR-M40	2:53:26	+1:20:16
78	81 Daniel Sousa	88 [33] FitOs	TR-M18	2:55:14	+1:22:04
79	80 Mário Leão	69 [33] FitOs	TR-M40	2:55:19	+1:22:09
	68 Rui Prazeres	78 [1] A. C. S. Mamede	TR-M40	mp	
	94 Sérgio Machado	77 [51] Pirilampos Team	TR-M40	mp	
	83 Hugo Almeida	80 [1000] Individual	TR-M18	dnf	
	25 Jose Cordeiro	63 [50] Pé na Pinha	TR-M50	dns	
	5 joao faustino	52 [1000] Individual	TR-M60	dns	
	96 Luís Duarte	88 [70] COC	TR-M18	dns	

MiniTrail Feminino (36)

13,0 km 290 m 1 C

PI	Stno	Name	YB	Club	Cl.	Time	Diff.
	1	300 Cláudia	81	[16] CCRD Burinhosa	MT-F18	1:32:02	0:00
	2	288 Thais Freitas	87	[44] Ninho team porto de r	MT-F18	1:34:29	+2:27
	3	244 Clélia Conceição	73	[28] Desgastam Montanhã	MT-F40	1:35:44	+3:42
	4	235 Cristiana	82	[1000] Individual	MT-F18	1:38:25	+6:23
	5	228 Rosario	70	[1000] Individual	MT-F40	1:40:08	+8:06
	6	291 Silvina Baptista	74	[65] TiMim	MT-F40	1:42:49	+10:47

7	237 Ferreira	85 [9] Borinhas	MT-F18	1:46:33	+14:31
8	296 Teresa Rosa	80 [22] Clube Desportivo Moi	MT-F18	1:46:51	+14:49
9	277 Rafaela Paterno	98 [1000] Individual	MT-F18	1:49:17	+17:15
10	233 Carolina Santos	78 [47] Os tolinhos	MT-F18	1:51:26	+19:24
11	313 Rosália Rosa	63 [40] Juventude Vidigalens	MT-F50	1:53:58	+21:56
12	295 Joana Frazão	83 [54] Porto de Mós a Corre	MT-F18	1:55:36	+23:34
13	271 Flo	64 [1000] Individual	MT-F50	1:55:37	+23:35
14	230 Débora Sousa	83 [56] RecordePessoal	MT-F18	1:56:00	+23:58
15	302 Vera Constâncio	84 [1000] Individual	MT-F18	1:57:57	+25:55
16	290 Carla Beato	76 [1000] Individual	MT-F40	1:59:08	+27:06
17	301 Guida Anjo	76 [56] RecordePessoal	MT-F40	2:00:54	+28:52
18	224 Susana Bértolo	71 [47] Os tolinhos	MT-F40	2:01:54	+29:52
19	254 Silvia	81 [1] A. C. S. Mamede	MT-F18	2:02:01	+29:59
20	215 Ana Afonso	80 [12] CA Barreira	MT-F18	2:04:12	+32:10
21	258 Andreia Batista	83 [24] COA - Clube de Orier	MT-F18	2:04:23	+32:21
22	206 Milene Silva	82 [1000] Individual	MT-F18	2:04:24	+32:22
23	209 Sonia Saramago	73 [1000] Individual	MT-F40	2:08:40	+36:38
24	265 Nélia Pedrosa	77 [34] Free Runners	MT-F40	2:09:59	+37:57
25	282 Nicole	02 [57] Roodinhas Santos Sil	MT-F15	2:12:38	+40:36
26	203 Neusa Fernandes	74 [32] Fiteam	MT-F40	2:16:05	+44:03
26	205 Carla Duarte	74 [32] Fiteam	MT-F40	2:16:05	+44:03
28	256 Cristina	69 [1000] Individual	MT-F40	2:16:53	+44:51
29	306 Mónica Rosa	78 [13] CAMR	MT-F40	2:22:23	+50:21
30	310 Verónica Santos	82 [13] CAMR	MT-F18	2:22:25	+50:23
31	304 Carla Leitão	81 [13] CAMR	MT-F18	2:30:26	+58:24
32	307 Inês Pereira	01 [13] CAMR	MT-F15	2:30:38	+58:36
33	246 Isabel Simoes	61 [9] Borinhas	MT-F50	2:31:55	+59:53
34	263 Carlinha	81 [1000] Individual	MT-F18	2:41:18	+1:09:16
216 Mariana		91 [12] CA Barreira	MT-F18	dnf	
284 Sandrine Oliveira		77 [60] São Mamede Ativo	MT-F40	dns	

MiniTrail Masculino (74)

13,0 km 290 m 1 C

PI	Stno	Name	YB	Club	Cl.	Time	Diff.
1	293	Bruno Filipe	81	[1000] Individual	MT-M18	1:03:40	0:00
2	226	Fábio	96	[23] CLUBE VETERANOS	MT-M18	1:04:00	+0:20
3	286	Tiago Ferreira	91	[23] CLUBE VETERANOS	MT-M18	1:06:37	+2:57
4	227	gonsalo lopes	80	[23] CLUBE VETERANOS	MT-M18	1:08:01	+4:21
5	261	Ricardo Mordomo	86	[20] Clube Desportivo de I	MT-M18	1:08:54	+5:14
6	285	Leandro Santos	82	[23] CLUBE VETERANOS	MT-M18	1:12:53	+9:13
7	240	José Pereira	77	[59] Saca Trilhos - Anadia	MT-M40	1:13:22	+9:42
8	260	Micael Costa	90	[20] Clube Desportivo de I	MT-M18	1:14:01	+10:21
9	262	Vítor Chagas	74	[17] CF Belenenses	MT-M40	1:14:02	+10:22
10	308	CASIMIRO GOMES	77	[3] ACBATALHA	MT-M40	1:15:14	+11:34
11	303	Carvalho	71	[1000] Individual	MT-M40	1:17:27	+13:47
12	292	Gil Sousa	67	[39] Industrial Desportivo '	MT-M50	1:18:32	+14:52
13	269	Jorge Fernandes	55	[6] ARSM - Associação R	MT-M60	1:18:51	+15:11
14	231	Rui Ferreira	89	[56] RecordePessoal	MT-M18	1:19:19	+15:39
15	257	David Filipe	99	[31] falsos rápidos	MT-M18	1:20:30	+16:50
16	211	Rui Pereira	57	[1000] Individual	MT-M60	1:21:27	+17:47
17	294	ZOCA	71	[27] CRP Ribafria	MT-M40	1:23:05	+19:25
18	220	Daniel Delgado	96	[67] TWOPIKAS	MT-M18	1:27:57	+24:17
19	222	Rui Mourato	68	[67] TWOPIKAS	MT-M40	1:28:06	+24:26
20	279	Dinis Santos	86	[20] Clube Desportivo de I	MT-M18	1:29:55	+26:15
21	299	Maurício	79	[16] CCRD Burinhosa	MT-M18	1:31:24	+27:44
22	298	Nuno Jorge	75	[22] Clube Desportivo Moi	MT-M40	1:31:29	+27:49
23	243	Carlos Miguel	73	[28] Desgastam Montanh	MT-M40	1:31:41	+28:01
24	217	Nelson Santos	73	[25] CP CMP	MT-M40	1:32:58	+29:18
25	208	Aguiar	75	[62] SFLUR (Sociedade F	MT-M40	1:33:11	+29:31

26	219	Luís Bernardo	73	[67]	TWOPIKAS	MT-M40	1:33:26	+29:46
27	239	Nelson Alves	73	[1000]	Individual	MT-M40	1:33:37	+29:57
28	210	Nuno Belo	82	[37]	HCT Running	MT-M18	1:34:01	+30:21
29	309	A. Guerra	73	[52]	Pisopedal	MT-M40	1:34:06	+30:26
30	278	EVANGELINO CERDEIRA	55	[3]	ACBATALHA	MT-M60	1:35:03	+31:23
31	214	Sandro Vilela	76	[4]	Amigos do descanso	MT-M40	1:35:04	+31:24
32	267	Antonio Agostinho	54	[54]	Porto de Mós a Corre	MT-M60	1:35:13	+31:33
33	249	Renato	79	[31]	falsos rápidos	MT-M18	1:35:56	+32:16
34	312	PAXIM	67	[26]	Cross Laminha	MT-M50	1:37:34	+33:54
35	251	Délio	79	[31]	falsos rápidos	MT-M18	1:38:31	+34:51
36	287	Miguel vazão	77	[44]	Ninho team porto de r	MT-M40	1:40:54	+37:14
37	221	Carlos Coelho	80	[67]	TWOPIKAS	MT-M18	1:43:07	+39:27
38	248	Nuno	78	[1000]	Individual	MT-M40	1:43:08	+39:28
39	236	Tristão	79	[9]	Borinhas	MT-M18	1:43:58	+40:18
40	201	Pedro Joaquim	76	[41]	Liz runners	MT-M40	1:44:18	+40:38
41	305	Carlos Leitão	83	[13]	CAMR	MT-M18	1:44:32	+40:52
42	276	João Santos	89	[61]	sem nome	MT-M18	1:44:43	+41:03
43	202	Miguel Fazenda	78	[1000]	Individual	MT-M40	1:45:38	+41:58
44	232	Amílcar Romão	51	[35]	G. D. R. S. Francisco	MT-M60	1:46:59	+43:19
45	234	JP Santos	78	[2]	A.C.R. Casais das Boiç	MT-M40	1:48:24	+44:44
46	242	Orfão	81	[14]	Cansados	MT-M18	1:51:03	+47:23
47	273	Luciano	60	[19]	Clube de Atletismo 'O	MT-M50	1:51:29	+47:49
48	241	Salgueiro	81	[14]	Cansados	MT-M18	1:53:41	+50:01
49	247	Rui Bagagem	72	[1000]	Individual	MT-M40	1:54:54	+51:14
50	274	Valdemar	82	[1000]	Individual	MT-M18	1:55:29	+51:49
51	270	Paulo Dias	83	[42]	NEL.Pédatleta	MT-M18	1:57:59	+54:19
52	275	Vitor santos	66	[42]	NEL.Pédatleta	MT-M50	1:59:09	+55:29
53	225	Francisco Ferreira	65	[47]	Os tolinhos	MT-M50	2:01:57	+58:17
54	280	Gustavo Carvalho	68	[1000]	Individual	MT-M50	2:02:57	+59:17
55	289	Franco sani	75	[44]	Ninho team porto de r	MT-M40	2:04:30	+1:00:50
56	264	Rui Neto	78	[34]	Free Runners	MT-M18	2:10:00	+1:06:20
57	281	Miguelinho	74	[57]	Roodinhas Santos Sil	MT-M40	2:12:40	+1:09:00
58	245	Anibal Luis	57	[9]	Borinhas	MT-M60	2:14:46	+1:11:06
59	250	Bruno Rosa	79	[31]	falsos rápidos	MT-M18	2:15:13	+1:11:33
60	204	Paulo Rodrigues	70	[32]	Fiteam	MT-M40	2:16:06	+1:12:26
61	223	Pedro Matias	83	[69]	URDJuncalense	MT-M18	2:16:20	+1:12:40
62	253	Edgar	86	[1000]	Individual	MT-M18	2:16:46	+1:13:06
63	255	Saboga	67	[1000]	Individual	MT-M50	2:16:59	+1:13:19
64	266	Fábio Padero	86	[20]	Clube Desportivo de I	MT-M18	2:33:18	+1:29:38
65	283	José Góis	63	[1000]	Individual	MT-M50	2:41:19	+1:37:39
66	229	André Portugal	92	[1000]	Individual	MT-M18	2:57:23	+1:53:43
	207	Joaquim Carreira	63	[29]	Dolce Furadouro	MT-M50	disq	
	252	Lisandro Alves	81	[59]	Saca Trilhos - Anadia	MT-M18	dnf	
	238	Renato	77	[1000]	Individual	MT-M40	dns	
	218	Rafa	73	[1000]	Individual	MT-M40	dns	
	311	Tiago Miguel	85	[1000]	Individual	MT-M18	dns	
	272	JOSE JORGE	49	[19]	Clube de Atletismo 'O	MT-M60	dns	
	268	Gonçalo Pedro	80	[1000]	Individual	MT-M18	dns	
	297	Edgar Rosa	74	[22]	Clube Desportivo Moi	MT-M40	dns	