



2º Trilho das Cruzes - Edição 2018

23 de Setembro, 2018

<https://werun.pt/resultados/2-trilho-das-cruzes/>

Pos.	Dorsal	Nome	Tempo Bruto	Tempo Líquido	Escalão	Equipa	Pos. Escalão
1	103	João Jesus	00:57:02	00:57:02	M2339	AMICICLO GRÂNDOLA	1
2	15	Francisco Morgado	00:57:56	00:57:56	M2339	ARRÁBIDA OBSTACLE RUNNERS	2
3	83	Rui Santos	00:59:11	00:59:11	M2339	OCS PROAVENTURAS	3
4	112	LUIS TRINDADE	01:00:07	01:00:07	M4049	AMCF - ARRÁBIDA TRAIL TEAM	1
5	52	Cláudio Cruz	01:01:26	01:01:26	M2339	ARRÁBIDA OBSTACLE RUNNERS	4
6	108	Rogério Costa	01:01:27	01:01:10	M2339	U. F. COMÉRCIO E INDÚSTRIA ATLETISMO	5
7	68	Fernando Santos	01:03:25	01:03:25	M5059	CLUBE DE PRAÇAS DA ARMADA	1
8	97	Jose Seabra	01:05:01	01:05:01	M5059	VITÓRIA FUTEBOL CLUBE	2
9	17	José Lopes	01:05:44	01:05:38	M4049	CCD SIEMENS	2
10	86	Guilherme Hora	01:05:59	01:05:59	M4049	INDIVIDUAL	3
11	115	JORGE GONÇALVES	01:06:30	01:06:25	M5059	DROGARIA A BROCA	3
12	137	LUIS MIGUEL SILVA	01:06:55	01:06:55	M2339	CPA/MARINHA	6
13	114	MANUEL SILVA	01:07:02	01:07:02	M4049	AMCF - ARRÁBIDA TRAIL TEAM	4
14	40	Ricardo Machado	01:07:36	01:07:33	M2339	LEBRES DE DOMINGO	7
15	20	Tomás Tapum	01:08:02	01:08:01	M2339	ARRÁBIDA OBSTACLE RUNNERS	8
16	120	PEDRO AGUSTINHO	01:11:10	01:11:10	M5059		4
17	92	Nuno Paisana	01:11:12	01:11:12	M4049	AMBOS OS 2	5
18	73	Estela Sao Martinho	01:12:05	01:12:05	F2339	ARRÁBIDA OBSTACLE RUNNERS	1

19	110	NUNO MIGUEL CORREIA	01:12:06	01:12:06	M5059	GDINE	5
20	10	Elisander Rocha	01:13:16	01:13:16	M2339	ARRÁBIDA OBSTACLE RUNNERS	9
21	119	ANTONIO PEREIRA	01:13:19	01:13:18	M6099	CCR ALTO DO MOINHO	1
22	61	Filipe Pereira	01:13:31	01:13:31	M2339	LEBRES DE DOMINGO	10
23	65	Luis Carraquico	01:13:33	01:13:30	M2339	LEBRES DE DOMINGO	11
24	106	Nuno Rodrigues	01:14:15	01:14:12	M4049		6
25	75	Vera Reis	01:14:32	01:14:32	F4049	MORCEGOS TRAIL	1
26	105	Nuno Simões	01:16:06	01:15:56	M2339		12
27	35	Ana Caramelo	01:16:25	01:16:18	F2339		2
28	8	José Carlos Amaral	01:16:28	01:16:22	M4049		7
29	29	Chantal Xhervelle	01:16:48	01:16:48	F5059		1
30	47	João Silva	01:18:11	01:18:11	M0022	ACADEMIA MILITAR	1
31	107	Jorge Vaz	01:18:22	01:18:22	M4049	BRRNIGHTRUNNERS	8
32	13	Inês Oliveira	01:18:58	01:18:58	F2339	ARRÁBIDA OBSTACLE RUNNERS	3
33	113	NUNO ABÍLIO	01:18:58	01:18:58	M2339	AMCF - ARRÁBIDA TRAIL TEAM	13
34	74	DANIEL ZEFERINO	01:19:20	01:19:08	M2339		14
35	28	Jaime Lamego	01:20:04	01:20:04	M5059		6
36	71	Sergio Rebelo Das Dores	01:20:29	01:20:29	M4049	OS COXOS E O MIGUEL	9
37	39	Luis Gomes	01:21:34	01:21:32	M4049	FITRUNNERS	10
38	59	HELDER NUNES	01:21:48	01:21:35	M2339	PINHAL NOVO A CORRER	15
39	109	Carla Pereira	01:21:49	01:21:49	F2339	INDIVIDUAL	4
40	67	João Santos	01:21:51	01:21:51	M5059	CLUBE DE PRAÇAS DA ARMADA	7
41	30	Paulo Domingues	01:22:09	01:22:03	M4049		11

42	9	JULIANA CAMPOS	01:22:33	01:22:33	F2339	ARRÁBIDA OBSTACLE RUNNERS	5
43	101	Cristina Frota	01:22:54	01:22:45	F2339		6
44	102	Joaquim Espanhol	01:25:25	01:25:23	M5059	INDIVIDUAL	8
45	37	Hugo Bernardino	01:25:54	01:25:50	M4049	LEBRES DE DOMINGO	12
46	63	Carmen Viegas	01:25:54	01:25:51	F2339	LEBRES DE DOMINGO	7
47	100	Humberto Ferreira	01:26:00	01:25:50	M4049	DEIXEM PASSAR OS COXOS	13
48	70	Sérgio Manuel Machado Casal	01:26:09	01:26:03	M5059	OCS - PROAVENTURAS	9
49	133	MARIA JOÃO	01:26:09	01:25:55	F5059	LEBRES DO SADO	2
50	66	Possidonio Constantino	01:26:46	01:26:39	M6099	CLUBE DE PRAÇAS DA ARMADA	2
51	138	PAULO CONCEIÇÃO	01:27:13	01:26:59	M4049	LEBRES DO SADO	14
52	98	Paulo Batista	01:27:22	01:27:22	M4049		15
53	1	Carlos Manuel Augusto De Jesus	01:28:27	01:28:24	M5059	FITRUNNERS	10
54	36	Nuno Gomes	01:28:30	01:28:22	M4049	INDIVIDUAL	16
55	80	Alexandre Santana	01:29:09	01:28:57	M4049		17
56	51	Susana Jeremias	01:29:14	01:29:12	F4049	FITRUNNERS	2
57	24	Alexandre Jorge	01:29:28	01:29:14	M4049		18
58	14	Manuel Janeiro	01:29:30	01:29:30	M2339	ARRÁBIDA OBSTACLE RUNNERS	16
59	91	PAULO SOARES	01:29:34	01:29:17	M4049	CCR ALTO DO MOINHO	19
60	89	PATRICIA MARUJO	01:29:36	01:29:29	F2339	CCR ALTO MOINHO	8
61	34	Lino Maia	01:29:38	01:29:23	M2339		17
62	116	RUI MARQUES	01:29:40	01:29:35	M4049		20
63	58	Paula Jorge	01:30:23	01:30:22	F4049	CASAL MARAVILHA	3
64	57	Hugo Pereira	01:30:24	01:30:21	M4049	CASAL MARAVILHA	21

65	93	Pedro Nunes	01:30:26	01:30:22	M4049	AMBOS OS 2	22
66	49	Carlos Aragonez	01:30:37	01:30:32	M4049	CLUBE ATLETISMO AMIGOS PARQUE DA PAZ	23
67	48	Ana Aragonez	01:30:37	01:30:32	F4049	CLUBE ATLETISMO AMIGOS PARQUE DA PAZ	4
68	23	Fernando Cortez	01:31:26	01:31:15	M4049		24
69	60	Francisco Costa	01:31:50	01:31:42	M4049		25
70	7	Maria de Jesus Leão	01:31:54	01:31:53	F5059	FITRUNNERS	3
71	79	Jorge Lopes	01:31:57	01:31:48	M2339	ALGARVIOS TRAIL TEAM	18
72	136	ANA GARCIA	01:32:07	01:32:07	F4049	LEBRES DO SADO	5
73	11	Ana Silva	01:33:20	01:33:19	F2339	ARRÁBIDA OBSTACLE RUNNERS	9
74	134	CÉLIA ANACLETO	01:34:04	01:33:59	F4049	LEBRES DO SADO	6
75	56	João Henriques	01:34:32	01:34:29	M4049	SS CGD	26
76	85	José Valente	01:35:04	01:34:58	M2339		19
77	135	MAFALDA NUNES	01:35:35	01:35:29	F5059	LEBRES DO SADO	4
78	104	Anabela Martins	01:35:50	01:35:38	F2339	INDIVIDUAL	10
79	90	ISAURA PEREIRA	01:36:09	01:36:03	F6099	CCR ALTO MOINHO	1
80	26	Luis Mateus	01:36:21	01:36:11	M2339		20
81	6	Hugo Filipe Da Costa Morais Calado	01:36:32	01:36:20	M2339		21
82	25	ANDRE VILHENA	01:36:35	01:36:23	M2339	RUNNERS PUMP BPLANET	22
83	76	Sara Rute	01:36:37	01:36:25	F4049	RUNNERS PUMP BPLANET	7
84	118	PEDRO GONÇALVES	01:36:50	01:36:50	M4049		27
85	41	Vera Gomes	01:37:27	01:37:24	F2339	LEBRES DE DOMINGO	11
86	87	Luis Agostinho	01:37:28	01:37:22	M2339	LEBRES DE DOMINGO	23
87	99	Luísa Ferreira	01:39:01	01:38:51	F4049	DEIXEM PASSAR OS COXOS	8

88	43	Alexandre Rosa	01:39:17	01:39:02	M2339		24
89	44	António Oliveira	01:39:31	01:39:17	M5059		11
90	82	Ana Madeira	01:39:54	01:39:54	F2339		12
91	2	Paulo Soares	01:41:03	01:41:03	M4049	AMC TRAIL	28
92	88	Rosa Afonso	01:41:56	01:41:49	F5059	CCR ALTO DO MOINHO	5
93	53	Joana Grilo	01:42:35	01:42:27	F2339	LAS CUCARATCHAS	13
94	96	Bruno Martins	01:42:35	01:42:27	M4049	OS LOUCOS	29
95	81	Vasco Agostinho	01:42:43	01:42:43	M5059		12
96	95	Ana Ramos	01:43:32	01:43:25	F4049	ACPORTALEGRE / UTSM	9
97	84	Sérgio Ribeiro	01:43:58	01:43:51	M2339		25
98	64	Ricardo Gomes	01:45:22	01:45:17	M2339	LEBRES DE DOMINGO	26
99	5	Antonio Caiado	01:48:40	01:48:30	M4049	BE FUNS	30
100	3	Joao Cortegano	01:48:41	01:48:30	M2339	CHS	27
101	16	Sérgio Reinho	01:49:11	01:49:11	M4049		31
102	50	Sónia Rijo	01:50:15	01:50:07	F4049	NATUREZA ENSINA	10
103	46	CÉLIA AFONSO	01:50:18	01:50:11	F5059	NATUREZA ENSINA	6
104	77	Rui Baptista	01:50:18	01:50:10	M5059	CLUBE MILLENNIUM BCP	13
105	78	Ângelo Marcos	01:52:25	01:52:16	M2339	ALGARVIOS TRAIL TEAM	28
106	72	João Alves	01:53:09	01:52:58	M2339		29
107	45	Elsa Rodrigues	01:53:09	01:52:58	F2339	RUNNERS PUMP BPLANET	14
108	94	Paulo Gandum	01:54:53	01:54:44	M4049	ACPORTALEGRE / UTSM	32
109	38	Teresa Pratas	01:54:54	01:54:49	F4049	LEBRES DE DOMINGO	11
110	27	António Pereira	01:56:48	01:56:36	M2339		30

111	54	Maria João Alves	02:04:06	02:03:57	F4049	GRUPETA RUNNING TEAM	12
112	19	Silvia Ferreira	02:04:38	02:04:26	F4049	RUNNERS BPLANET	13
113	18	Ivo Ferreira	02:04:38	02:04:25	M4049	RUNNERS BPLANET	33
114	42	Teresa Gonçalves	02:04:38	02:04:26	F4049	RUNNERS PUMP BPLANET	14
115	69	Vania Pinela	02:10:23	02:10:18	F2339	LEBRES DE DOMINGO	15
116	111	Helena Santos	02:15:45	02:15:45	F4049	DEIXEM PASSAR OS COXOS	15
117	31	Ana Costa	02:20:04	02:19:50	F2339		16