

Dorsal	Nome	M/F	Nome do Clube	Tempo	T/Km	Dif.	Posição
41	Emanuel Simões	M	Run Crew Trail Montijo	0:47:04	4:17		1
42	João Rebelo	M	UFCI Atletismo	0:48:40	4:03	1:36	2
61	Samuel Guedes	M	SPALD Ginasio	0:48:51	4:04	1:47	3
18	Rui Canelas	M	SPALD Ginasio	0:49:18	4:07	2:14	4
38	Vitor Santos	M	Juventude Atlético Clube	0:49:43	4:09	2:39	5
20	Diogo Santos	M	Texugos da Brita	0:52:08	4:21	5:04	6
39	Flávio Pinela	M	Juventude Atlético Clube	0:53:32	4:28	6:28	7
62	Jorge Gonçalves	M	Broca Ferragens	0:54:25	4:32	7:21	8
31	Artur Vinhais	M	Individual	0:54:41	4:33	7:37	9
4	Nuno Oliveira	M	Individual	0:55:16	4:36	8:12	10
55	Manuel Silva	M	Lebres do Sado	0:56:52	4:44	9:48	11
22	Nuno Lopes	M	Individual	0:54:01	4:30	6:57	12
54	Inês Marques	F	99 Provas Gratuitas	0:57:25	4:47	10:21	13
5	Jorge Pé - Curto	M	Os Coxos e o Miguel	0:57:48	4:49	10:44	14
34	Artur Silva	M	Pardais	0:58:05	4:50	11:01	15
40	Vasco Rodrigues	M	Juventude Atlético Clube	0:59:34	4:58	12:30	16
30	João Oliveira	M	Zimba Fox Runners	1:00:18	5:01	13:14	17
11	Bruno Viegas	M	Individual	1:01:16	5:06	14:12	18
25	Paulo Rebelo	M	Remo Clube Lusitano	1:01:51	5:09	14:47	19
9	Rogério Silva	M	Pardais	1:02:22	5:12	15:18	20
35	Marco Silva	M	Individual	1:02:29	5:12	15:25	21
49	Carla Pereira	F	Individual	1:02:31	5:13	15:27	22
50	Sérgio Casal	M	OCS Proaventuras	1:05:59	5:30	18:55	23
10	Manuel Domingos	M	Pardais	1:06:00	5:30	18:56	24
6	Jorge Leão	M	Lebres do Sado	1:06:53	5:34	19:49	25
28	Hugo Ferreira	M	Individual	1:06:53	5:34	19:49	26
23	Júlio Barão	M	Individual	1:07:05	5:35	20:01	27
33	Hélder Nunes	M	Individual	1:07:14	5:36	20:10	28
57	Paulo Soares	M	CCR Alto do Moinho	1:07:16	5:36	0:20:12	29
45	Fernando Carvalho	M	Lebres do Sado	1:07:21	5:37	0:20:17	30
19	Pedro Gouveia	M	Individual	1:07:23	5:37	0:20:19	31
46	Mário Coelho	M	Lebres do Sado	1:07:38	5:38	0:20:34	32

29	Paulo Batista	M	Individual	1:08:07	5:41	0:21:03	33
13	Hugo Bernardino	M	Individual	1:08:22	5:42	0:21:18	34
15	Carlos Soares	M	Individual	1:08:56	5:45	0:21:52	35
53	Miguel Lopes	M	99 Provas Gratuitas	1:09:04	5:45	0:22:00	36
43	João Santos	M	Lebres do Sado	1:09:17	5:46	0:22:13	37
12	Valter Amadinho	M	Individual	1:09:27	5:47	0:22:23	38
44	Possidônio Constantino	M	Lebres do Sado	1:10:31	5:53	0:23:27	39
26	Francisco Rebelo	M	EDP Runners	1:11:18	5:56	0:24:14	40
60	Luis Piadade	M	ACDR PJ	1:11:20	5:57	0:24:16	41
37	Pedro Inverno	M	Individual	1:13:53	6:09	0:26:49	42
36	Ana Garcia	F	Individual	1:14:11	6:11	0:27:07	43
16	Rui Água Boa	M	Individual	1:14:34	6:13	0:27:30	44
17	André Alves	M	Individual	1:14:43	6:14	0:27:39	45
47	Cláudia Bento	F	Lebres do Sado	1:15:00	6:15	0:27:56	46
32	Dora Reis	F	Talentos Team	1:17:44	6:29	0:30:40	47
7	Henrique Martins	M	Individual	1:25:08	7:06	0:38:04	48
8	Ricardo Freitas	M	Individual	1:25:09	7:06	0:38:05	49
27	Paulo Soares	M	Individual	1:27:26	7:17	0:40:22	50
52	Sofia Gonçalves	F	Individual	1:28:46	7:24	0:41:42	51