



IV TRAIL TRILHOS DO CEIREIRO - TL e MT



Classificação Geral e Escalão

Mini Trail

19/5/2019

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P_Esc	Tempo	Diferenca
1	670	Filipe Manuel Almeida Ferreira Costa Coelho	Tartarugas Runners	M	S	1	00:45:44	00:00:00
2	376	João Silva	Soares e Silva	M	M40	1	00:46:48	00:01:04
3	619	Tiago Alexandre Mendes Carreira	Viriathvs Runners Viseu	M	S	2	00:47:16	00:01:32
4	689	António José Ferreira Almeida	Terra da Castanha	M	M40	2	00:49:08	00:03:24
5	611	José Abílio Nunes	Lamego Parente	M	M50	1	00:49:14	00:03:30
6	642	Paulo Jorge pereira Oliveira	Tartarugas Runners	M	S	3	00:50:13	00:04:29
7	701	Luís Miguel Faria	GDR Granja - Trutas do Mau	M	M40	3	00:50:45	00:05:01
8	637	Mário Rodrigues	GDR Granja - Trutas do Mau	M	M40	4	00:50:46	00:05:02
9	723	Aníbal Manuel Melo Pereira	Individual	M	S	4	00:50:49	00:05:05
10	691	Rosa Maria de Almeida Silva	Clube Desportivo de Leomil	F	F40	1	00:52:07	00:06:23
11	657	MICAEL SILVA LOPES	Ss Cgd	M	S	5	00:52:17	00:06:33
12	646	Nuno Miguel Ferreira Carvalho Martins	Viseu 360	M	M40	5	00:52:18	00:06:34
13	618	Igor do Carmo de Nora	COOPENELA	M	S	6	00:52:22	00:06:38
14	673	Ricardo Jorge Carvalho Ferreira	Javalis Amizade & Gloria	M	S	7	00:53:09	00:07:25
15	659	José Carlos dos Santos Lourenço	Individual	M	S	8	00:54:09	00:08:25
16	663	José Manuel de Campos Esteves	Brigada da Ginginha	M	M50	2	00:56:03	00:10:19
17	699	Ricardo Jorge Alves Gomes	A.R.D. Os Povoenses	M	S	9	00:56:20	00:10:36
18	638	Severino Santos	GDR Granja - Trutas do Mau	M	M60	1	00:56:26	00:10:42
19	690	Patricia Filomena Almeida Antunes	Clube Desportivo de Leomil	F	F40	2	00:56:47	00:11:03
20	617	António Fernando Lopes Oliveira	Tartarugas Runners	M	S	10	00:56:49	00:11:05
21	684	Sofia Romão	Viseu 360	F	F50	1	00:57:20	00:11:36
22	706	Luis Miguel da Silva Teixeira	Alvite	M	M40	6	00:57:45	00:12:01
23	724	Jorge Manuel Sanches	F4L	M	M40	7	00:59:43	00:13:59
24	676	José Manuel da Silva Ferreira	Runners Do Demo	M	M40	8	01:00:02	00:14:18
25	674	Sérgio Francisco de Carvalho Fernandes	Mangueiras	M	M40	9	01:00:02	00:14:18
26	610	André Martins	Viseu 360	M	S	11	01:01:10	00:15:26
27	721	Paulo Tolda	Poça do Lobo	M	S	12	01:01:32	00:15:48
28	686	José Dias Dantas	Master60	M	M60	2	01:02:19	00:16:35
29	709	António Fernando Santos Mesquita	Os Magriços	M	M40	10	01:03:32	00:17:48
30	630	João Almeida	Viriathvs Runners Viseu	M	M50	3	01:03:54	00:18:10
31	603	Ricardo Homem	0	M	S	13	01:04:02	00:18:18
32	604	Nuno Rodrigues	0	M	S	14	01:04:22	00:18:38
33	632	Tomás Silva Dias	100limites	M	M23	1	01:06:20	00:20:36
34	631	Leonel Dias	100limites	M	M40	11	01:06:21	00:20:37
35	371	Gilberto Afonso Ramos	Runners Do Demo	M	M50	4	01:07:12	00:21:28
36	722	Gabriel Ansiães	Poça do Lobo	M	S	15	01:08:39	00:22:55
37	720	Carolina Rafaela Marques Viçoso Saraiva	Esgalhada Trail Team	F	SF	1	01:08:42	00:22:58
38	605	José Miguel dos Reis Ferreira	Leões de Tardariz Trail	M	S	16	01:08:48	00:23:04
39	601	Sónia Patrícia Azevedo Nogueira	Clube Terras do Coa- Sabugal	F	SF	2	01:08:55	00:23:11

Pos	Dorsal	Nome	Clube	Sexo	Escalao	P	Esc	Tempo	Diferenca
40	626	Bruno Figueiredo	Figueiredo	M	S		17	01:09:06	00:23:22
41	623	Sandra Teresa Ferreira Chaves	Runners Do Demo	F	F40		3	01:09:14	00:23:30
42	694	António Rodrigues Pereira	RunningPrábjeca	M	M60		3	01:09:26	00:23:42
43	606	Rita André	Runners Sernancelhe Terra da Castanha	F	SF		3	01:09:49	00:24:05
44	654	Luís Pereira Melfe	Os Magriços	M	M50		5	01:12:00	00:26:16
45	669	Ana Rita Cruz Cunha	0	F	SF		4	01:12:04	00:26:20
46	635	Acácio Fonseca	GDR Granja - Trutas do Mau	M	M60		4	01:12:07	00:26:23
47	688	Hélder Manuel Gomes Ferreira	2 Fit Runners	M	S		18	01:13:46	00:28:02
48	675	Nuno Miguel Matos Castro	Os Magriços	M	M23		2	01:14:03	00:28:19
49	692	Isabel Nascimento Loureiro	Nós Dois	F	SF		5	01:14:22	00:28:38
50	712	Manuel Figueiredo	Individual	M	M50		6	01:14:30	00:28:46
51	705	fernando gouveia	Viriathvs Runners Viseu	M	M60		5	01:14:40	00:28:56
52	693	Catarina Pereira Cardoso	RunningPrábjeca	F	F23		1	01:14:48	00:29:04
53	645	Cátia Farinha	Gelcentro	F	SF		6	01:14:49	00:29:05
54	613	João Manuel Lisboa Antunes	BOTA LAMBRA	M	M40		12	01:15:25	00:29:41
55	614	Susana Mota Roboredo Amante	BOTA LAMBRA	F	SF		7	01:15:25	00:29:41
56	660	BRUNO EMANUEL RODRIGUES DOS SANTOS	DESNORTEADOS	M	S		19	01:15:55	00:30:11
57	687	André Joaquim	100limites	M	S		20	01:15:55	00:30:11
58	672	Ivo Melicio	DESNORTEADOS	M	S		21	01:15:57	00:30:13
59	671	André Filipe Salgueiro Pereira	2 Fit Runners	M	S		22	01:15:58	00:30:14
60	655	Paulo Soares	2 Fit Runners	M	M40		13	01:15:59	00:30:15
61	640	Joaquim Jorge de Jesus Mendes	2 Fit Runners	M	M40		14	01:15:59	00:30:15
62	653	Alexandre Sousa	2 Fit Runners	M	S		23	01:15:59	00:30:15
63	685	Tiago Fernandes Silva	2 Fit Runners	M	S		24	01:16:00	00:30:16
64	643	Sandrina Malhada	Runners Do Demo	F	F40		4	01:16:17	00:30:33
65	629	Edgar Henriques	0	M	S		25	01:16:26	00:30:42
66	602	Dulce Silva	CATR Correio de Albergaria Trail Running	F	F40		5	01:18:03	00:32:19
67	620	Pascal Ramos Nascimento	Individual	M	M40		15	01:18:42	00:32:58
68	715	Arminda Cabral	Individual	F	SF		8	01:18:42	00:32:58
69	628	Rodrigo Figueiredo	Figueiredo	M	M23		3	01:19:13	00:33:29
70	696	Verónica Santana Silva	Team Contagiante	F	F40		6	01:19:16	00:33:32
71	698	Bruno M Costa	Team Contagiante	M	S		26	01:19:16	00:33:32
72	680	Francisco José Abrunhosa Martins	Os Magriços	M	M40		16	01:20:46	00:35:02
73	658	SUSANA AMARAL FERREIRA	Ss Cgd	F	SF		9	01:21:00	00:35:16
74	710	Rosa Cristina Sobral Filipe	rosita	F	F40		7	01:21:27	00:35:43
75	650	Sónia Maria Lopes Duarte Sanches	F4L	F	SF		10	01:21:27	00:35:43
76	702	Filipa Almeida	Runners Do Demo	F	SF		11	01:21:28	00:35:44
77	656	Ana Bela Domingues Lopes Morgado	MC Fitness	F	F40		8	01:21:49	00:36:05
78	661	Dalila Isabel Duarte de Sousa	MC Fitness	F	SF		12	01:21:50	00:36:06
79	639	Helena Isabel Marques Botelho	ALVA	F	F40		9	01:23:29	00:37:45
80	679	João Pedro Gonçalves	Sacnor	M	M50		7	01:24:07	00:38:23
81	649	Paula Cristina Andrade Mendes	Viseu 360	F	SF		13	01:24:08	00:38:24
82	600	Luísa Matos	Riodades a Correr	F	F60		1	01:24:37	00:38:53
83	664	IVONE CARVALHO	HMC CAIXILHARIAS TRAIL	F	F40		10	01:24:39	00:38:55
84	615	IRENE MELO	Viriathvs Runners Viseu	F	F40		11	01:25:42	00:39:58
85	616	ISABEL MELO	Viriathvs Runners Viseu	F	F40		12	01:25:44	00:40:00

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86	668	Catarina Oliveira	Viriathvs Runners Viseu	F	SF		14	01:25:44	00:40:00
87	625	Teresa Filipe	Viriathvs Runners Viseu	F	F60		2	01:25:45	00:40:01
88	612	Rui Miguel Costa Droga	COOPENELA	M	M40		17	01:25:49	00:40:05
89	652	Sara Carolina Costa Carvalho	Tartarugas Runners	F	SF		15	01:25:55	00:40:11
90	714	CANDIDO MANUEL LOPES DE AZEVEDO	RUNNERS	M	M60		6	01:26:06	00:40:22
91	713	LIDIA LURDES SANTIAGO NOBRE	RUNNERS	F	F50		2	01:26:07	00:40:23
92	678	Tânia Vanessa Marques Fragoso	2 Fit Runners	F	SF		16	01:26:07	00:40:23
93	644	Rita Neto	2 Fit Runners	F	SF		17	01:26:09	00:40:25
94	667	Pedro Almeida Oliveira	Viriathvs Runners Viseu	M	M60		7	01:26:09	00:40:25
95	608	Rosária Silva	Viseu 360	F	F40		13	01:26:30	00:40:46
96	624	José Alberto	Viriathvs Runners Viseu	M	M60		8	01:27:13	00:41:29
97	622	Susana Filipa Lopes	ASDREQ	F	SF		18	01:28:02	00:42:18
98	707	Joana Carvalho	HMC CAIXILHARIAS TRAIL	F	SF		19	01:28:53	00:43:09
99	666	Osvaldo Cardoso	F4L	M	S		27	01:29:04	00:43:20
100	682	António Faria	Individual	M	M50		8	01:29:51	00:44:07
101	651	Adelino Jorge Lopes Ferreira	Brigada da Ginginha	M	M50		9	01:30:09	00:44:25
102	633	Gina Maria da Cruz Bernardo	Brigada da Ginginha	F	F40		14	01:30:10	00:44:26
103	634	Carla Cristina Cruz Bernardo	Brigada da Ginginha	F	F40		15	01:30:10	00:44:26
104	716	Carla Carragoso	Viseu 360	F	SF		20	01:30:52	00:45:08
105	677	Fátima Troca de Souza	Runners Do Demo	F	F40		16	01:33:13	00:47:29
106	627	Mónica Figueiredo	Figueiredo	F	SF		21	01:36:17	00:50:33
107	662	Isabel Maria Pereira Duarte	Brigada da Ginginha	F	F50		3	01:36:27	00:50:43
108	683	Jorge Sá	Individual	M	M50		10	01:36:29	00:50:45
109	607	Elisabethe Lopes	Runners Sernancelhe Terra da Castanha	F	F40		17	01:40:46	00:55:02
110	665	Carlos Esteves de Carvalho	Os Magriços - Penedono	M	M60		9	01:41:11	00:55:27
111	681	Sandra Baptista	Anders Team	F	F40		18	01:45:26	00:59:42
112	609	Patricia Isabel Murtinheira Pires	Viseu 360	F	SF		22	01:46:04	01:00:20
113	21	Filipe Cardoso Sousa	Viseu 360	M	M40		18	01:46:06	01:00:22
114	641	Eva Cristina Justino dos Santos Valmouro	Lamego Tribo Runners	F	F40		19	01:55:57	01:10:13