

#	Nome	Equipa	Dorsal	Tempo	Diferença
MASCULINO					
1	Francisco Guerreiro	N.D.C.Odemira	202	00:53:01.267	----
2	Nuno Chainho	os kotas	215	00:54:11.085	00:01:09.818
3	Arlindo Dias	----	250	00:54:40.176	00:01:38.909
4	Antonio Branco	----	203	00:55:16.036	00:02:14.769
5	António	GDCT REPSOL POLIMEROS	238	00:56:35.589	00:03:34.322
6	Vitor Santos	Juventude Atlético Clube	62	00:59:02.548	00:06:01.281
7	Bruno Gamito	G.D.R. São Francisco da Serra	199	00:59:41.451	00:06:40.184
8	Ricardo Raposo	----	208	00:59:55.545	00:06:54.278
9	Aurélíio Sobral	----	45	01:00:42.154	00:07:40.887
10	Eduardo Pimenta	Juventude Atlético Clube	227	01:01:01.239	00:07:59.972
11	Ricardo Faria	Juventude Atlético Clube	154	01:01:13.631	00:08:12.364
12	Álvaro Beijinha	-	252	01:02:26.005	00:09:24.738
13	Pedro Sousa	Palmelense F. Clube	182	01:03:02.908	00:10:01.641
14	Filipe Rodrigues	Sporting Futebol Club Abelense	196	01:04:08.800	00:11:07.533
15	Vasco Rodrigues	Juventude Atlético Clube	173	01:04:36.809	00:11:35.542
16	Luis Aleixo	Os kotas	221	01:04:48.099	00:11:46.832
17	Antonio Chainho Pereira Parreira	os kotas	217	01:06:34.365	00:13:33.098
18	Hugo Parreira	VFCE	66	01:06:44.368	00:13:43.101
19	Nuno Ventura	G.D.C. PORTOS DE SINES E DO ALGARVE	27	01:07:30.142	00:14:28.875
20	Luis Chainho	Lc Herbalife Nutrition	230	01:07:34.167	00:14:32.900
21	Rui Manuel Vicente Correia	Juventude Atlético Clube	140	01:07:38.282	00:14:37.015
22	Pedro Raposo	----	119	01:08:51.422	00:15:50.155
23	PEDRO POEIRA SERRALHA	N.D.C . ODEMIRA	10	01:09:09.391	00:16:08.124
24	António Ricardo da Silva Baptista dos Santos	----	17	01:09:42.690	00:16:41.423
25	Leonel Cabrita	----	155	01:10:08.461	00:17:07.194
26	Carlos Parreiro	VFCE	239	01:10:18.809	00:17:17.542
27	Alberto Silva	G. D. Santa Cruz	211	01:11:06.468	00:18:05.201
28	José Rafael Lopes Silva Charrua	Clube ANA Lisboa	231	01:11:08.391	00:18:07.124
29	Valter Pereira	----	73	01:11:27.313	00:18:26.046
30	José Vilhena	os kotas	216	01:12:00.364	00:18:59.097
31	António Rodrigues	Sporting Futebol Club Abelense	89	01:12:29.702	00:19:28.435
32	Vasco Pereira	----	58	01:14:50.308	00:21:49.041
33	Nuno silva	Jac	55	01:15:33.658	00:22:32.391
34	Amílcar Romão	G.D.R. São Francisco da Serra	200	01:16:13.442	00:23:12.175
35	Claudio Pinto	----	152	01:17:27.243	00:24:25.976
36	Rui Simões	GDC DOS PORTOS DE SINES E ALGARVE	3	01:18:07.993	00:25:06.726
37	António Rolo	----	50	01:20:21.673	00:27:20.406
38	Possidónio Constantino	Clube Praças da Armada.	35	01:21:53.688	00:28:52.421
39	Pedro Paulos	----	109	01:24:53.728	00:31:52.461
40	Marco Vargas	MTF-HCS	101	01:25:40.905	00:32:39.638
41	Fernando José Neves Faustino	Sporting Futebol Clube Abelense	242	01:27:38.294	00:34:37.027
42	Florimundo Silva	----	12	01:30:46.049	00:37:44.782
43	Pedro Ponte	----	121	01:33:33.956	00:40:32.689

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44	Nelson Pereira	Sporting futebol Clube ABELENSE	184	01:34:05.630	00:41:04.363
45	Paulo Deus	Os kotas	223	01:35:36.863	00:42:35.596
46	Luís Vinagre	-----	95	01:41:13.028	00:48:11.761
47	António Gonçalves	Os Papa Kms Santiago do Cacém	117	01:48:42.375	00:55:41.108
48	Pedro Machado	Sporting Futebol Club Abelense	181	01:50:05.869	00:57:04.602
49	Gonçalo Silva	Sporting Futebol Club Abelense	180	01:50:11.518	00:57:10.251
50	Carlos Graça	-----	170	02:00:13.158	01:07:11.891
FEMININO					
1	Susana Soares	Grupo Desportivo de Santa Cruz	205	01:09:56.886	----
2	Neuza Silva	-----	243	01:13:34.040	00:03:37.154
3	Marina Pedro	Os Kotas	220	01:15:34.838	00:05:37.952
4	Teresa Silva	-----	204	01:17:25.031	00:07:28.145
5	Sónia Luz	-----	110	01:18:53.384	00:08:56.498
6	Vanda Correia	Box Runners	26	01:20:51.641	00:10:54.755
7	Vânia Margarida Raposo	Box Runners	21	01:20:53.986	00:10:57.100
8	Ana Simeão	MTF	102	01:20:55.574	00:10:58.688
9	Maria da Glória Pereira Andrade Patrício	-----	247	01:21:36.432	00:11:39.546
10	Elisabete Vale	Juventude Atlético Clube	153	01:21:47.958	00:11:51.072
11	Braulia Gamito	-----	251	01:21:50.267	00:11:53.381
12	Maria Ivone Leal	-----	105	01:25:35.839	00:15:38.953
13	Sónia Filomena	MTF	114	01:25:39.182	00:15:42.296
14	Rosa Calado	Saúde de Elite	214	01:26:02.701	00:16:05.815
15	ana filipa borges rodrigues	-----	68	01:27:36.432	00:17:39.546
16	Sara Vilhena	Fisiosines	136	01:29:40.603	00:19:43.717
17	Filipa Santos	Vitória Fubebol Clube Ermidense	9	01:29:57.554	00:20:00.668
18	Cristina Santos	Juventude Atlético Clube	172	01:30:09.586	00:20:12.700
19	Dulce Gomes	-----	11	01:30:43.599	00:20:46.713
20	Carla Pires Santos	MTF-HCS	34	01:31:23.424	00:21:26.538
21	Bruna Manuel	VFCE	72	01:32:07.522	00:22:10.636
22	Sonia Alves	-----	206	01:32:40.811	00:22:43.925
23	Maria Joao Pereira	Sporting Futebol Clube Abelense	33	01:34:03.423	00:24:06.537
24	Patrícia Barros	Juventude Atlético Clube	210	01:34:46.731	00:24:49.845
25	Mizé Franco	Sporting Futebol Clube Abelense	2	01:34:54.540	00:24:57.654
26	Mª Fátima Chainho	os kotas	218	01:35:34.595	00:25:37.709
27	Ariana Salgado Ramos	Fisiosines	137	01:36:43.410	00:26:46.524
28	Liliana Candeias Branco	-----	78	01:37:25.057	00:27:28.171
29	Ana Santos Silva	-----	113	01:42:48.457	00:32:51.571
30	Sofia Margarida Candeias	MTF - HSC	93	01:46:14.270	00:36:17.384
31	Tânia Luz	-----	103	01:46:18.311	00:36:21.425
32	Vânia louricho	Mtf-hcs	44	01:46:19.162	00:36:22.276
33	Telma Sebastião	VFCE	67	01:46:19.925	00:36:23.039
34	Alícia Ventura	-----	143	01:46:30.256	00:36:33.370
35	Olinda Agostinho	Sporting Futebol Club Abelense	29	01:49:26.733	00:39:29.847
36	Maria Margarida Pereira Costa	Sporting Futebol Club Abelense	54	01:54:59.344	00:45:02.458

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37	ZAIDA CRISTINA DA CONCEIÇÃO LEAL ALVES	-----	128	01:55:05.423	00:45:08.537
38	Cleusia Kok	Os kotas	222	01:58:49.648	00:48:52.762
39	Vanda Matias	-----	171	02:00:12.384	00:50:15.498
40	Teresa Vilhena	Mtf-hcs	52	02:18:49.302	01:08:52.416