

Trail 25K

Veterana F40

Trail 25K

25 KM

[illegible]

OFFICIAL RESULT

[illegible]

4	49	Mónica Matos	Individual	Veterana F40	04:18:31	+02:25:40	10:20
---	----	--------------	------------	--------------	----------	-----------	-------

Veterana F50

1	51	Graça Silva	Individual	Veterana F50	04:16:34	+02:23:43	10:16
---	----	-------------	------------	--------------	----------	-----------	-------

Veterano M40

1	63	Paulo Ferreira	Nocturnos de Paredes	Veterano M40	02:08:11	+15:21	05:08
2	52	Alfredo da Silva Moreira	Moinhos Run ADRM	Veterano M40	02:13:13	+20:22	05:20
3	67	Agostinho costa	Paços runners	Veterano M40	02:14:31	+21:41	05:23
4	11	Adolfo Gomes	Andatrilhos Freamunde	Veterano M40	02:16:55	+24:05	05:29
5	56	Telmo Silva	Individual	Veterano M40	02:28:06	+35:15	05:55
6	24	Jose gomes	Clube Trilheiros & amigos	Veterano M40	02:30:22	+37:31	06:01
7	54	João Miguel Lopes	Individual	Veterano M40	02:47:55	+55:04	06:43
8	71	Sérgio Cunha	Sucupira F.c	Veterano M40	02:47:59	+55:09	06:43
9	23	António Gomes da Silva	Clube Trilheiros & amigos	Veterano M40	02:49:45	+56:55	06:47
10	75	Paulo Tavares	TrepaTrilhos Team	Veterano M40	03:06:04	+01:13:13	07:27
11	53	David Martins	Individual	Veterano M40	03:32:21	+01:39:30	08:30

Veterano M50

1	7	Jorge Manuel Barbosa Moreira	Amigos do Pedal TrailLagares	Veterano M50	02:10:08	+17:17	05:12
2	17	Jorge Maia	BUDEGUITA RUNNERS	Veterano M50	02:29:59	+37:08	06:00
3	58	Henrique Santos	Individual	Veterano M50	02:42:46	+49:55	06:31
4	57	Artur Silva	Individual	Veterano M50	03:32:20	+01:39:29	08:30

Veterano M60

1	59	AGOSTINHO SOUSA	Kunalama Runners	Veterano M60	02:26:36	+33:46	05:52
---	----	-----------------	------------------	--------------	----------	--------	-------