

I TRAIL DOS NEGALHOS POR TERRAS DE ALMALAGUÊS

Trail (25 km) Geral

#	NOME	DORSAL	EQUIPA	CHEGADA	TEMPO
1	Paulo J D Serra	083	CCD Sapadores	11:44:26	02:08:10
2	Nuno Dias	074	Clube de Atletismo da Barreira	11:45:53	02:09:37
3	Márcio Filipe Simes Pereira	064	Escola de Atletismo de Coimbra	11:47:04	02:10:48
4	Jorge Aires	073	barreira leiria	11:48:24	02:12:08
5	Bruno Martins	051	O Mundo da Corrida	11:50:13	02:13:57
6	Francisco Gaio	055	A20KM	11:52:07	02:15:51
7	Paulo Marreiros	062	Coimbra Trail Running	11:52:24	02:16:08
8	Edgar Filipe da Silva Faria	011	OzXtreme	11:58:45	02:22:29
9	José Carlos Leal	020	BTTRAIN	11:59:24	02:23:08
10	Marco Carlos Correia de Carvalho	086	Fire Team BVMC	12:00:04	02:23:48
11	Jorge Carvalho	044	Abutres Running Team	12:00:06	02:23:50
12	Jorge Justo	045	O Mundo da Corrida	12:08:14	02:31:58
13	Ricardo Filipe Tavares Fernandes	103	Coimbra Trail Running	12:08:59	02:32:43
14	Pedro Mendes	030	JUICE PLUS+ Natural Team	12:10:04	02:33:48
15	André Magalhes	052	A Lebre e a Tartaruga	12:10:11	02:33:55

16	Hugo Conde	056	Kondores Trail Running	12:14:00	02:37:44
17	Fernando Carvalho	014	O Mundo da Corrida	12:15:26	02:39:10
18	Mário Madeira	071	ADR Loureiro / Fapricela	12:16:05	02:39:49
19	David Silva	084	Farmcia Luciano e Matos	12:16:41	02:40:25
20	Jorge Manuel Vieira Brites	110		12:17:59	02:41:43
21	Rodrigo Quintal	032	O Mundo da Corrida	12:18:19	02:42:03
22	Ricardo Jorge Marques	080	CCD Sapadores	12:20:36	02:44:20
23	Miguel Joo Ribeiro	079	CCD Sapadores	12:21:16	02:45:00
24	Pedro Miguel Fonseca Reis	111	CCD Sapadores	12:22:25	02:46:09
25	Tiago Mateus	081	O Mundo da Corrida	12:23:45	02:47:29
26	Pedro A.Ramos	095	ARSSSo Miguel	12:24:45	02:48:29
27	Fausto Pimentel	013	Coimbra Trail Running	12:26:47	02:50:31
28	Tiago Santos Silva	066	Coimbra Trail Running	12:26:49	02:50:33
29	Romeu Fernandes	033	TARAHUMARA	12:28:01	02:51:45
30	Renato carvalho	065	ADCR POLCIA JUDICIRIA	12:30:05	02:53:49
31	Laurentino Martins	097	Xanacabeleireiros	12:30:12	02:53:56
32	Fernando Fonseca	001	O Mundo da Corrida	12:30:31	02:54:15
33	Renato Ferreira	093		12:32:31	02:56:15
34	Huao Bera	072	Coimbra Trail Running	12:33:08	02:56:52

Rank	Name	Club	Time	Time
35	Joo Fábio Franco Salvador		12:33:59	02:57:43
36	Nelson Oliveira		12:34:00	02:57:44
37	Ramiro Alves	Vila Seca Run Team	12:34:01	02:57:45
38	Paulo Marques	Sport Varonil CC	12:34:30	02:58:14
39	Gonçalo Padilha	Coimbra Trail Running	12:35:46	02:59:30
40	Maria Antonieta	A20KM	12:36:56	03:00:40
41	Tania Batista	Coimbra Trail Running	12:43:54	03:07:38
42	Rui Costa	Lgrimas Team	12:44:15	03:07:59
43	António Geraldo	O Mundo da Corrida	12:44:16	03:08:00
44	PAULO LUCAS	GDM Runners	12:44:27	03:08:11
45	Tiago Batista	OzXtreme	12:44:52	03:08:36
46	José Coelho	Abutres Running Team	12:45:21	03:09:05
47	Ricardo Silva	TARAHUMARA	12:47:34	03:11:18
48	Marco Santos	Tarahumara	12:47:36	03:11:20
49	Sérgio Marques	O Mundo da Corrida	12:48:27	03:12:11
50	Dina Maria da Costa de Pinho Rocha	Coimbra Trail Running	12:48:47	03:12:31
51	Óscar Pinto	Coimbra TrailRunning	12:48:50	03:12:34
52	António Manuel Santos Carvalho	Coimbra Trail Running	12:48:52	03:12:36

53	Ricardo Silva	088	Vila Seca Run Team	12:50:15	03:13:59
54	PAULO CARVALHO CEREJA	029	A D C A - TRAIL DOS NEGALHOS	12:50:20	03:14:04
55	luis miguel	024	ARSM - Associacao Recreativa De S. Miguel	12:51:44	03:15:28
56	André Paiva	068	Farmcia Luiano e Matos	12:51:45	03:15:29
57	João Sacramento	043	Os Cabaas	12:53:01	03:16:45
58	Alexandre Apostolo	076		12:53:32	03:17:16
59	Tiago Carvalho	035		12:56:14	03:19:58
60	Diogo Ferreira	054	Lobos da Serra / Grupo Fapricela	12:56:35	03:20:19
61	Ricardo António Leal Fontes	104	Kondores	12:56:37	03:20:21
62	vasco paulo morais escobar	036		12:56:51	03:20:35
63	Fernando Machado	039		12:57:36	03:21:20
64	João Domingues	077	GTL'15	12:57:41	03:21:25
65	Edgar Semedo	012	Coimbra Trail Running	13:01:04	03:24:48
66	Paulo Jorge Jordo	087		13:02:31	03:26:15
67	Joaquim Donrio	017	Vila Seca Run Team	13:02:33	03:26:17
68	Nuno Daniel Rodrigues Fernandes	026	Abutres Running Team	13:03:12	03:26:56
69	Luis Lopes	078	Abutres Running Team	13:03:51	03:27:35
70	Bruno Gonçalo Fidalgo Martelo	098	Coimbra Trail Running	13:03:56	03:27:40

71	Diana Duarte	085	Coimbra Trail Running	13:03:59	03:27:43
72	Francisco Santos	042	Sport Varonil CC	13:11:37	03:35:21
73	Francisco Alves	041	Vila Seca Run Team	13:12:31	03:36:15
74	José Manuel Figueiredo	022	O Mundo da Corrida	13:13:32	03:37:16
75	Jorge Lestro	018	O Mundo da Corrida	13:13:33	03:37:17
76	Pedro Soares	082		13:23:43	03:47:27
77	Carla Marina Ribeiro Rodrigues da Silva	050		13:25:43	03:49:27
78	Paulo Jorge Cardoso Gonçalves	100	Abutres running team	13:34:52	03:58:36
79	Anselmo Maia	053		13:36:39	04:00:23
80	Lucia Martins	023	O Mundo da Corrida	13:40:15	04:03:59
81	Céu Santos	037	O Mundo da Corrida	13:40:17	04:04:01
82	Dulce Carvalho	010		13:40:19	04:04:03
83	José	019	Abutres Running Team	13:43:27	04:07:11
84	João Pais	090	elephant gun - beirut	13:58:27	04:22:11
85	CLÁUDIA SOFIA GONALVES	099		14:17:44	04:41:28