

I TRAIL DOS NEGALHOS POR TERRAS DE ALMALAGUÊS

Mini-Trail (15 km) Geral

#	NOME	DORSAL	EQUIPA	CHEGADA	TEMPO
1	Nuno Gravito	450	Pinhal Total Oleiros	11:15:37	01:08:25
2	Nelson Costa	415		11:15:47	01:08:35
3	Paulo Antunes	369	CDCR dos CTT Coimbra	11:15:50	01:08:38
4	André Simes	301		11:18:02	01:10:50
5	Carlos M. F. H. Simes	428	A.R.S.M - Poiares	11:19:11	01:11:59
6	Luis Rodrigues	340	CPT Sobral de Ceira	11:23:19	01:16:07
7	PEDRO MIGUEL F. H. SIMES	323	ARSM - Associao Recreativa De S. Miguel	11:24:00	01:16:48
8	José Feteira	424	A.R.S.M - Poiares	11:24:02	01:16:50
9	Sérgio Miguel Simes Gonalo	329	BTTRAIN	11:26:22	01:19:10
10	José Simoes	315	A.R.S.M - Poiares	11:27:00	01:19:48
11	Rui Mendes	431	Abutres running team	11:27:39	01:20:27
12	Arnaldo Oliveira Ferreira	420	BTTRAIN	11:27:49	01:20:37
13	Jorge Manuel Fonseca Primo	313	CCD Sapadores	11:28:48	01:21:36
14	Paulo Pereira	371	CDCR dos CTT Coimbra	11:30:10	01:22:58
15	Luis Manuel Silva	317	O Mundo da Corrida	11:30:16	01:23:04

16	Fábio Gomes	436	O Mundo da Corrida	11:30:35	01:23:23
17	Tozé Almeida	331	BTTRAIN	11:31:44	01:24:32
18	Francisco Amado	403	Leonel Rodrigues Amado	11:32:40	01:25:28
19	José Correia	392		11:33:37	01:26:25
20	Reis Carvalho	375		11:33:41	01:26:29
21	fidel conde	408	Os cabaas	11:33:49	01:26:37
22	Cristina Couceiro	449	ARSM- Associao Recreativa de S. Miguel	11:33:52	01:26:40
23	Celso Pereira	360	BTTRAIN	11:34:20	01:27:08
24	João Fachada	391		11:36:28	01:29:16
25	José Pedro Laranjeira	364		11:36:32	01:29:20
26	PEDRO VARELA	374	A.A.C.	11:36:41	01:29:29
27	Silvio Oliveira	413	CCD Sapadores	11:36:56	01:29:44
28	Nuno Gonçalves	342		11:37:03	01:29:51
29	Vera Bizarro	448	O Mundo da Corrida	11:37:21	01:30:09
30	Paulo Jorge da Costa Pinto	412	CCD Sapadores	11:39:01	01:31:49
31	Samuel Martinho	327		11:39:03	01:31:51
32	Miguel Aguilar	341		11:39:06	01:31:54
33	Luis Carlos Rodrigues	365	Kondores Trail Running	11:39:32	01:32:20

34	Filipe dos Santos	335	Coimbra Trail Running	11:40:03	01:32:51
35	Simões Lopes	441		11:42:13	01:35:01
36	Rui Santos	380		11:42:57	01:35:45
37	Rui Fachada	325		11:43:45	01:36:33
38	Nuno Bernardo	394		11:43:48	01:36:36
39	Pedro de Brito	447	Ps Troikados - GTL'15	11:44:29	01:37:17
40	Tiago Pimenta	442		11:44:35	01:37:23
41	Rui Filipe Cardoso Baptista	433		11:44:38	01:37:26
42	Duarte Santos	355		11:46:09	01:38:57
43	Antonio Caetano	422	GDM runners	11:46:24	01:39:12
44	Lusa Mesquita	366	Coimbra Trail Running	11:46:50	01:39:38
45	Renato Santos	397		11:46:56	01:39:44
46	Bruno Febra	399		11:49:26	01:42:14
47	Marcos Andre Rodrigues Pinto	438	Formobike	11:49:55	01:42:43
48	Carlos Machado Simes	401		11:50:02	01:42:50
49	Joaquim Figueira	338	team 33	11:50:10	01:42:58
50	Tiago Santos	330	Clube dos Atletas Tortos	11:50:59	01:43:47
51	Ricardo Romano	324		11:51:07	01:43:55
52	Ricardo Sequeira	377		11:51:54	01:44:42

53	Hugo Rodrigo dos SantosVentura	309		11:52:22	01:45:10
54	David Amado	305		11:52:28	01:45:16
55	Bruno Miguel Oliveira Marques	347	Sport Varonil CC	11:52:32	01:45:20
56	Pedro Luís Monteiro Natrio	373		11:52:48	01:45:36
57	Luis Mendes	416		11:52:50	01:45:38
58	Diogo Silva	434		11:53:46	01:46:34
59	Daniel Carvalho	402		11:54:21	01:47:09
60	Germano Anastcio	390		11:54:23	01:47:11
61	António José P. Valezim	387		11:55:06	01:47:54
62	Augusto Silva	359	Vila Seca Run Team	11:55:08	01:47:56
63	Alice Graça	300	Fernando Fonseca	11:57:12	01:50:00
64	Rodrigo dos Santos	345	Coimbra Trail Running	11:57:24	01:50:12
65	Ulisses santos rosa	445	CCD Sapadores	11:58:08	01:50:56
66	Tiago Neves	358	Os Cabaas	11:58:12	01:51:00
67	Catarina Teixeira	333	Team 33	11:58:16	01:51:04
68	Luis Simes	425		11:58:19	01:51:07
69	Lina Francisco	404	barreira leiria	11:58:57	01:51:45
70	Hugo	383		11:59:32	01:52:20

71	Rita Dias	378	Kondores Trail Running	12:01:55	01:54:43
72	Pedro Correia	372	Kondores Trail Running	12:01:58	01:54:46
73	Susete da Conceio Neto	381		12:02:33	01:55:21
74	André Pires	406		12:03:45	01:56:33
75	André Dias	405		12:04:10	01:56:58
76	Joel Maravilha	312	Fire Team BVMC	12:04:23	01:57:11
77	Tiago Jorge Maia Fernandes	382	Kondores Trail Running	12:04:59	01:57:47
78	Ana Lusa Melo	385		12:05:16	01:58:04
79	Igor Bentes	437	O Mundo da Corrida	12:05:42	01:58:30
80	Mariana Fonseca	440	O Mundo da Corrida	12:05:44	01:58:32
81	Ana Botelho	348		12:05:56	01:58:44
82	Ana Cancela	349		12:05:58	01:58:46
83	GUSTAVO PANCAS	336	G&S LUV TEAM	12:07:46	02:00:34
84	Guilherme Pedreiro	429		12:08:42	02:01:30
85	Beatriz	302	Abutres Trail Running School	12:10:14	02:03:02
86	Antonio Patricio	350		12:11:28	02:04:16
87	João Marco Domingues Gomes	423	Cabaas	12:12:09	02:04:57
88	Isadora Alexandra Machado da Silva	311	Clube dos Atletas Tortos	12:12:19	02:05:07
89	Lus Carlos da Costa Coelho	316		12:12:26	02:05:14

90	Bruno Bento	419		12:13:21	02:06:09
91	Paulo Toms	396		12:13:58	02:06:46
92	Carlos Carvalho	304		12:14:09	02:06:57
93	ISABEL PRIMO	310	A D C A - TRAIL DOS NEGALHOS	12:14:13	02:07:01
94	André Mendes	332	Andreware	12:14:19	02:07:07
95	Carla Patricia Santos	351		12:15:14	02:08:02
96	Pedro Almeida	321	Clube dos Atletas Tortos	12:15:22	02:08:10
97	Margarida Carvalho	430		12:16:45	02:09:33
98	Sofia Ferreira	443		12:17:10	02:09:58
99	maria luisa	410	Os Cabaas	12:17:45	02:10:33
100	henrique longo	409	Os cabaas	12:17:48	02:10:36
101	Carla Romeiro	352		12:17:57	02:10:45
102	Paulo Jorge Francisco Antunes	370		12:18:02	02:10:50
103	Carina Rodrigues	421	Coimbra Trail Running	12:18:21	02:11:09
104	Sandra Gonçalves	328	CPT Sobral de Ceira	12:18:25	02:11:13
105	Patrcia Isabel Costa Simões	368		12:18:57	02:11:45
106	Manuel Graça	319		12:23:00	02:15:48
107	Mlanie Duarte	417	Farmcia Luciano e Matos	12:23:09	02:15:57

108	Maria Helena Amado	439	Farmcia Luciano e Matos	12:23:34	02:16:22
109	João Martinho	337		12:23:47	02:16:35
110	Martinho Paiva	411		12:25:33	02:18:21
111	Liliana Ribeiro Cortez	339		12:28:03	02:20:51
112	Ricardo Santos	376	USBATKU	12:29:19	02:22:07
113	Maria João Silva	367	USBATKU	12:29:20	02:22:08
114	Jorge Oliveira	363	USBATKU	12:29:22	02:22:10
115	Pedro Marques	322	RX510 BTT-TRAIL	12:29:25	02:22:13
116	Carlos Oliveira	353	RX510 BTT-TRAIL	12:29:28	02:22:16
117	Maria Sousa	320	RX510 BTT-TRAIL	12:29:29	02:22:17
118	Mário Martins	356	Vila Seca Run Team	12:30:27	02:23:15
119	Brigite da Silva Palhais	427	Os Cabaas	12:32:54	02:25:42
120	Marta de Almeida Marques	426	Kondores Trail Running	12:34:47	02:27:35
121	Carla Lopes	303	Kondores trail running	12:34:49	02:27:37
122	SUSANA RAJADO	346	G&S LUV TEAM	12:35:53	02:28:41
123	Mariana Sofia Nunes Nascimento Horta Pinto	432		12:35:55	02:28:43
124	Sara Frana	357	Fire Team BVMC	12:36:24	02:29:12
125	Cludio Pereira	354	Abutres Running Team	12:36:26	02:29:14
126	João Rodrigues	362	Kondores Trail Running	12:37:46	02:30:34

127	Euritse Diana Neto	389	Kondores Trail Running	12:37:50	02:30:38
128	Patricia Alexandra Carvalho Rodrigues	343		12:45:27	02:38:15
